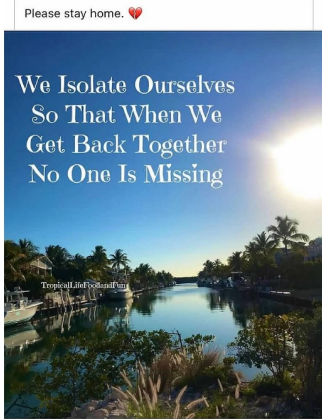


**peace.**  
 it does not mean to be in a place where there is no noise, trouble or hard work. it means to be in the midst of those things and still be calm in your heart.  
 (unknown)

**You can either have a nice day or you can help your child with their math homework. You can't have both.**  
**-Coronalations**  
**03:30**

- PLAYLIST FOR THE TIMES**
1. Don't Stand so Close to Me - The Police
  2. Too Much Time on My Hands - Styx
  3. Dancing With Myself - Billy Idol
  4. Keep Your Hands to Yourself - Georgia Satellites
  5. U Can't Touch This - MC Hammer
  6. I Think We're Alone Now - Tiffany
  7. All By Myself - Eric Carmen
  8. Don't Come Around Here No More - Tom Petty
  9. I Ran So Far Away - Flock of Seagulls
  10. Alone - Heart



New Normal

What's your zoom ID?



Birthday parades of cars instead of parties

#hometogether



Who wants to play this Saturday?



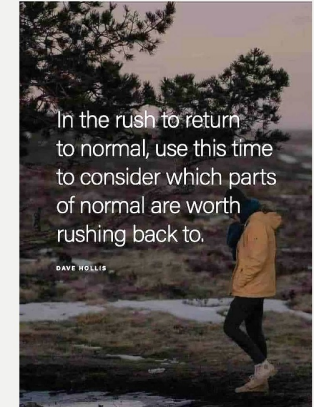


Do your part, stay apart

Stay together... apart



On average, a Panda feeds for approximately 12 hours per day. This is the same as an adult at home under quarantine, which is why we call it a "Pandemic"



In the rush to return to normal, use this time to consider which parts of normal are worth rushing back to.



**F.E.A.R.** has two meanings -  
Forget Everything And Run  
OR  
Face Everything And Rise  
The choice is yours.

We are not in the same shipwreck

Re-opening the economy right now is like not finishing your prescription antibiotic because you're feeling better.



When this is over, let's remember that it wasn't the CEOs and billionaires who saved us. It was the janitors, nurses, grocery, and food workers.

COVID-19 SYMPTOMS vs. Flu, Cold & Allergies

	COVID-19	FLU	COLD	ALLERGIES
COUGH	●	●	●	●
FEVER	●	●	○	○
BREATHLESSNESS	●	○	○	○
BODY ACHES	●	●	●	○
HEADACHE	●	●	○	○
FATIGUE	●	●	○	○
SORE THROAT	●	○	●	○
DIARRHEA	●	○	○	○
RUNNY NOSE	○	○	●	●
SNEEZING	○	○	●	●
WATERY EYES	○	○	○	●

Legend: ● Frequently, ● Sometimes, ● Little, ○ Rarely, ○ None

Source: WHO, CDC | www.cd.ccrver.com.us/cov19-19 | CLAYTON COUNTY Public Health

Covid toes, loss of taste, signs of a stroke





Safer at home



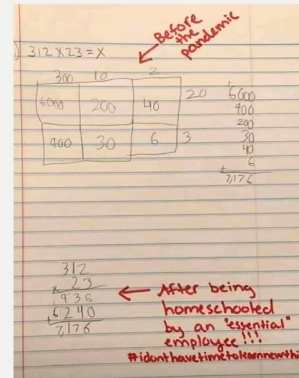
"Why is this night different from all other nights?"

I never expected to give this much up for lent.



Re-Maine strong

Once this is all over with, I'm hugging everybody. Get ready for long, awkward hugs.



Look for the helpers

We all needed this chuckle. My question is - is this mask needed because of an AUTO-immune disease or the CARona virus? 😊

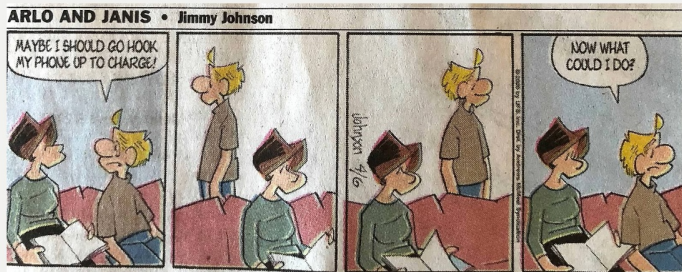


Baby, it's covid outside

No contact delivery



Following all government guidelines



New MONTHLY Budget  
Gas \$0  
Entertainment \$0  
Clothes \$0  
GROCERIES \$1624

## ZOOM FATIGUE

I thought you guys might enjoy good chuckle...

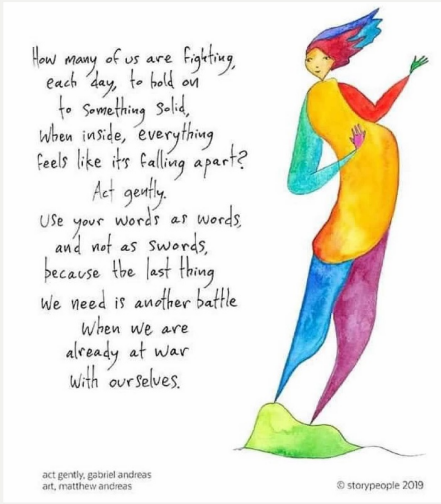
- \* Half of us are going to come out of this quarantine as amazing cooks. The other half will come out with a drinking problem.
- \* I used to spin that toilet paper like I was on Wheel of Fortune. Now I turn it like I'm cracking a safe.
- \* I need to practice social-distancing from the refrigerator.
- \* Still haven't decided where to go for Easter ----- The Living Room or The Bedroom
- \* PSA: every few days try your jeans on just to make sure they fit. Pajamas will have you believe all is well in the kingdom.
- \* Homeschooling is going well. 2 students suspended for fighting and 1 teacher fired for drinking on the job.

- \* I don't think anyone expected that when we changed the clocks we'd go from Standard Time to the Twilight Zone
- \* This morning I saw a neighbor talking to her cat. It was obvious she thought her cat understood her. I came into my house, told my dog..... we laughed a lot.
- \* So, after this quarantine.....will the producers of My 600 Pound Life just find me or do I find them?
- \* Quarantine Day 5: Went to this restaurant called THE KITCHEN. You have to gather all the ingredients and make your own meal. I have no clue how this place is still in business.

- \* My body has absorbed so much soap and disinfectant lately that when I pee it cleans the toilet.
- \* Day 5 of Homeschooling: One of these little monsters called in a bomb threat.
- \* I'm so excited --- it's time to take out the garbage. What should I wear?
- \* I hope the weather is good tomorrow for my trip to Puerto Backyarda. I'm getting tired of Los Livingroom.
- \* Classified Ad: Single man with toilet paper seeks woman with hand sanitizer for good clean fun.
- \* Day 6 of Homeschooling: My child just said "I hope I don't have the same teacher next year".... I'm offended.
- \* Better 6 feet apart than 6 feet under



Safely Social



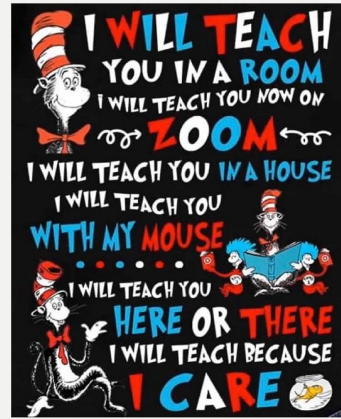
**Do facemasks make sense?** 😊

**Let's explain it for dummies:**

If we all run around naked and someone pees on you, you get wet right away. If you are wearing pants, some pee will get through, but not as much. So you are better protected.

But if the guy who pees also is wearing pants, the pee stays with him and you do not get wet.

**Is that clear enough?**

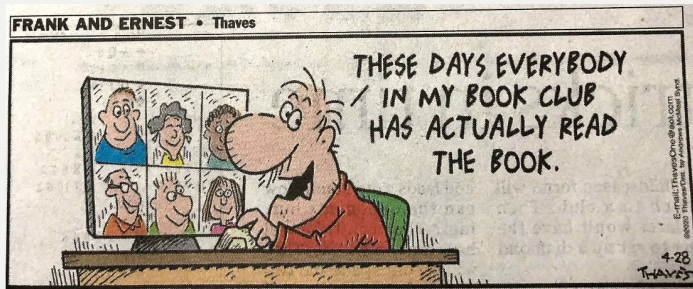


Together we give

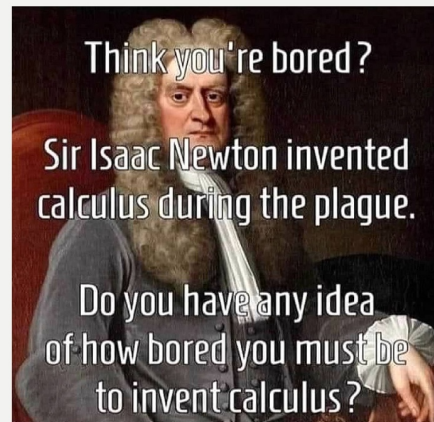
**you can**  
have it together + feel flustered.

**you can**  
be grateful for time inside + go stir crazy

**you can**  
be a light + feel the darkness.



**QUARENTINE FATIGUE**

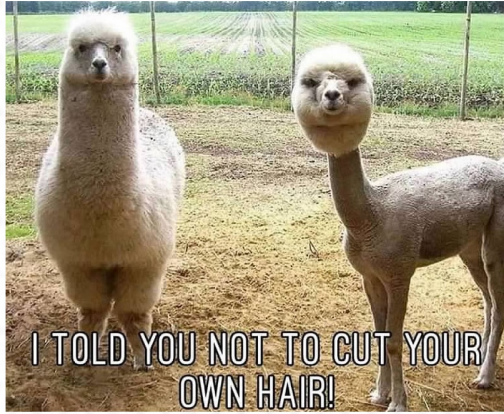


**HOW TO SPEAK TO WOMEN DURING QUARANTINE**

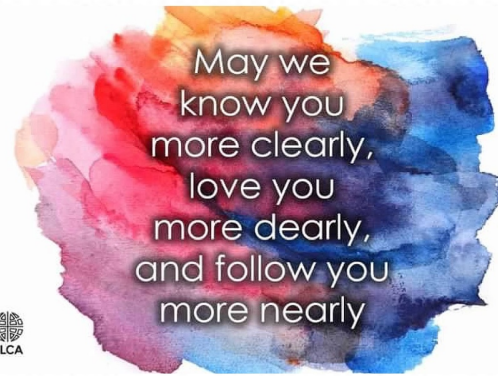
dangerous	safer	safest	ultra safe
What's for dinner?	Can I help you with dinner?	Where would you like delivery from tonight?	Here, have some wine.
Are you wearing that?	You sure look good in brown!	WOW! Look at you!	Here, have some wine.
What are you so worked up about?	Could we be overreacting?	Here's my paycheck.	Here, have some wine.
Should you be eating that?	You know, there are a lot of apples left.	Can I get you a piece of chocolate with that?	Here, have some wine.
What did you DO all day?	I hope you didn't over-do it today.	I've always loved you in that robe!	Here, have some wine.

*We are strong when we adapt*





I TOLD YOU NOT TO CUT YOUR OWN HAIR!




May we know you more clearly, love you more dearly, and follow you more nearly



YOU THOUGHT DOGS WERE HARD TO TRAIN?

LOOK AT ALL THE HUMANS THAT CAN'T SIT AND STAY

**You've never done this before. Give yourself grace.**



Holy Trinity Evangelical Lutheran Church  
www.htelc.com

**ABSOLUTELY NO GLOVES ALLOWED INSIDE THE CLINIC.**

Please read:  
Gloves are meant to avoid cross-contamination. For instance, in a hospital, workers glove up to touch a patient and then DISCARD the gloves before moving to the next task.

If you are wearing the same set of gloves all over town, you are carrying germs everywhere!

Every door you touch, your phone, your face – every surface you touch is spreading germs onto your gloves. It is more effective to wash your hand more frequently.

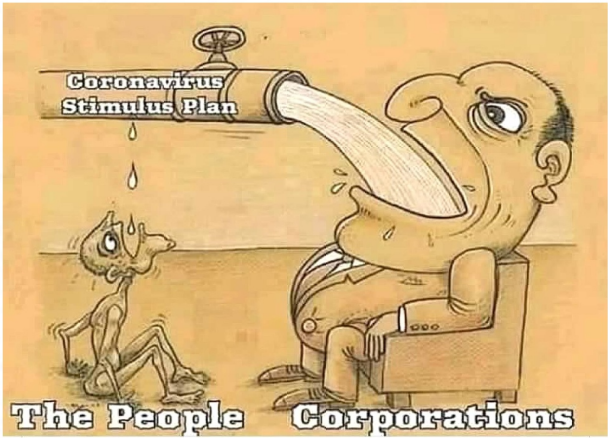
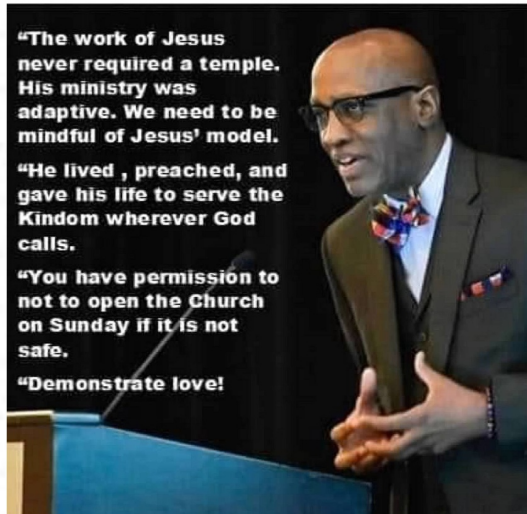
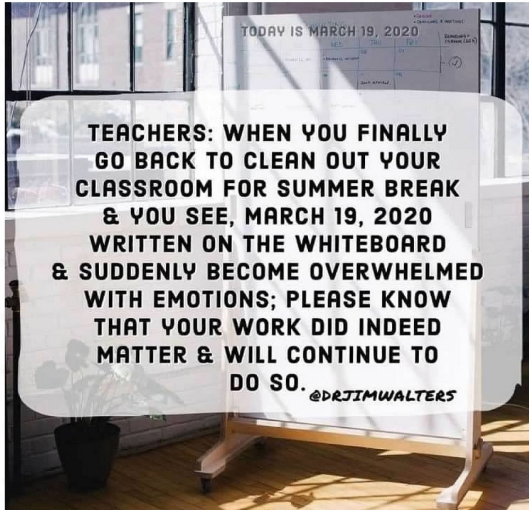
Thank you!

Operation Warp speed- rush to develop vaccine

**IN 20 YEARS WHEN KIDS ASK ABOUT THE 2020 TOILET PAPER SHORTAGE, I'M TELLING THEM WE HAD TO DRAG OUR BUTT'S ACROSS THE LAWN. IN THE SNOW. UPHILL. BOTH WAYS.**



There is something terribly wrong with the theology that we don't need to wear masks because God will protect us... but we still need a gun.



Science will win

