

Shopping Hours for At-Risk Individuals

Many stores are starting to offer special shopping hours for older adults and at-risk individuals. The following stores in the Biddeford area are offering special hours as of April 6:

Shaws - Tuesday and Thursday from 7-9am for seniors, pregnant women and those with compromised immune systems.

Market Basket - Tuesday through Thursday from 6 a.m. - 7 a.m. (60+ only)

Walmart - Stores will open one hour early on Tuesdays for customers 60+ (6 a.m. - 7 a.m. here in Biddeford)

Target - Every Tuesday and Wednesday the first hour of the store opening (7 a.m. - 8 a.m. here in Biddeford). Available for those over 65 years old, pregnant women and those defined by the CDC as vulnerable or at-risk.

New Morning Natural Foods - The first hour of business each day that the store is open (current hours Monday-Saturday 10 a.m. - 4 p.m.) for immunocompromised individuals and 60+ customers.

Walgreens - 8 a.m. - 9 a.m. every Tuesday (ages 55+)

Big Lots - First hour after opening for anyone 65 or older and those with underlying health concerns (9 a.m. to 10 a.m. here in Biddeford).

If you are NOT an at-risk shopper, please honor these special hours. We each can do our part to help limit the spread and ensure that everyone is able to purchase supplies.

You can view this information on the map below. Stores with at-risk shopping hours are shown in **green**.

[Click here](#) to see a full map with legend.



Biddeford Resources Map



This map was created by a user. [Learn how to create your own.](#)

