

THE THE VOICE OF LOGAN COLLEGE TOWER

***Logan's First "Friends and Family" Weekend
Brings Old Friends
and First-Time
Visitors to Campus
(See pages 3-5).***



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On the Cover

Friends and Family Weekend festivities brought members of the Logan community from St. Louis to Canada together. **Clockwise from top left:**

- From left, Logan Community Relations Director Julie Drummond, coordinator of the weekend, is pictured with speakers Joanna Slan, Dr. Cliff Hardick and Charles "Tremendous" Jones;
- Dr. Bob Copp provided musical entertainment at the Saturday evening event;
- Logan students and their guests socialized in the Logan gymnasium between speaker presentations;
- Dr. James Gregg also joined the outstanding speakers' roster for the weekend.

First-Ever "Friends and Family" Weekend Is A Hit With Students and Guests

Logan College began a new tradition the weekend of October 9-10, one that offers a glimpse of life at Logan to students' family members and friends. A variation on "Parents Weekend" festivities sponsored by many undergraduate colleges and universities, Logan's "Friends and Family Weekend" gave Logan students the opportunity to invite their loved ones to see the Logan campus and learn more about student life.

Hosted by the Logan administration, admission to all Friends and Family Weekend activities was free for students and their guests. The 412 attendees included student family members from as far away as Boston and Canada.

"With most of our students ranging from 21 years old to their 40s, we feel that many of their parents have few opportunities to get to know what Logan is about, or even to visit St. Louis until graduation," says Sharon Kehrer, MBA, Vice President of Administrative Affairs. "Even though their children are adults, we're

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The TOWER of Logan College

1851 Schoettler Road, P.O. Box 1065
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Logan Community Relations Director Julie Drummond (3rd from left) is pictured with (from left): Tiffany Peterson (2nd from left), a Logan student, and her parents Caryl and Rolf.



Logan administrator Dr. Allen Parry is pictured with student Marcy Cooper and her mother, Dianna Hachmeister.

certain that they wonder what students experience at Logan.

"With jobs and family commitments, friends and spouses of our students may not have much opportunity to spend time on campus, either," adds Kehrer. "We felt that a large-scale, on-campus event would help those who give our students support in various ways while they are here gain insight into the Logan experience and knowledge of chiropractic."

Julie Drummond, Community Relations Director at Logan, planned and organized Friends and Family Weekend with input and assistance from the Logan administration, staff members and students.

Classes were dismissed on Friday, October 9 for the start of the weekend. After a welcome from Logan President Dr. George A. Goodman, attendees were informed and inspired by two speakers on chiropractic philosophy.



Logan President Dr. George Goodman welcomed Friends and Family Weekend participants to campus.

The first speaker, Dr. R. James Gregg, is a 1971 Logan graduate from Garden City, Mich. and a past president of the International Chiropractors Association. Dr. Gregg was followed by Dr. Cliff Hardick, a 1969 Logan graduate, magna cum laude.

Dr. Hardick practices in London, Ontario, Canada. His professional honors include having been selected as "Chiropractor of the Year" for the Canadian Chiropractic Association. Dr. Hardick also has extensive speaking experience, including serving as keynote speaker for an ICA conven-

tion. His Friends and Family Weekend presentation was titled "Grasping the Message of Our Leaders to Take You to the Practice of Your Dreams."

The Logan chapter of Chi Rho Sigma, national professional chiropractic fraternity, hosted a barbeque luncheon outdoors on campus after the Friday lectures. The remainder of the day was free for students and their families to tour the campus and visit St. Louis-area attractions.

On Saturday morning, speaker presentations began with Dr. Natalie Liesman, a full-time staff physician at Kentuckiana Children's Center in Louisville, Ky. Dr. Liesman graduated summa cum laude from Parker College of Chiropractic, where she was valedictorian of her class. Dr. Liesman discussed the work of Kentuckiana Children's Center. As an alternative to the Kentuckiana Children's Center presentation, attendees could hone their knowledge of financial management during a presentation by Doug Siebert, Certified Financial Planner with Delta Investment Services of St. Louis.

Later in the morning, students and their guests were inspired and entertained by the wisdom and humor offered by noted motivational specialist Charlie "Life Is Tremendous" Jones, author and well-known speaker on the chiropractic circuit.

The Saturday luncheon took place in the Logan gymnasium, with Logan faculty member Dr. Roy Hillgartner serving as speaker. Dr. Hillgartner, who is highly regarded as a speaker by members of the Logan community, discussed the growth of opportunity in chiropractic as the public's concept of what constitutes a desirable approach to health care continues changing to emphasize less dependence on drugs and surgery.

The keynote speech for the weekend took place on Saturday afternoon and featured Joanna Slan, internationally recognized motivational speaker,



The Chi Rho Sigma barbeque satisfied hearty appetites.

author and contributor to the books *Chocolate for a Woman's Soul*, *Chicken Soup for the Soul at Work* and *4th Course of Chicken Soup for the Soul*, among others.



Dr. Roy Hillgartner of the Logan faculty was among the weekend's distinguished speakers.

On Saturday evening, Friends and Family Weekend attendees enjoyed appetizers and beverages in the Logan gymnasium, followed by a dinner hosted by the Logan Canadian Club and the Logan chapter of the World Congress of Chiropractic Students. The theme of the dinner was the Canadian Thanksgiving, traditionally celebrated the weekend of Columbus Day.

Saturday evening's entertainment was provided by Dr. Bob Copp and managed by Dr. Gale Cooney. The doctors are Logan graduates practicing in Panama City, Fla. Dr. Copp is a for-



mer Las Vegas singer and entertainer who has performed at numerous Logan events as a student and since graduating from the college. His vocal talent and on-stage humor, always a hit with Logan alumni, delighted Friends and Family weekend participants.

"All in all, people seemed pleased with their experiences," says Drummond. "We are open to new program ideas to incorporate into next year's weekend. We hope Friends and Family Weekend will become a long-term tradition at Logan."

Members of Chi Rho Sigma took a break at the end of the barbeque they provided for Friends and Family weekend.

Logan Announces Appointees to Key Administrative Posts

Logan College of Chiropractic recently filled three key positions within the college administration and staff.

Ralph Barrale, DC is the new director of Logan's Postgraduate Department, which provides chiropractic license renewal seminars throughout the United States and in Canada and operates postdoctoral educational programs in specialties such as chiropractic sports injury care. Dr. Barrale graduated from Logan College in 1969 and previously was in private practice in the St. Louis suburb of Florissant. He has served on Logan's faculty since 1982.

Allen Parry, DC, FICC is coordinator of chiropractic history and of specific educational and clinical activities. He will update and continue development of Logan's extensive collection of chiropractic historical and educational items. He also administers

the college's residency programs, represents Logan in chiropractic associations at state and national levels and assists Logan's director of clinical services in developing clinical education programs. A 1973 Logan graduate, Dr. Parry has been a Logan administrator since 1984.

Dr. Parry succeeds Dr. Vi Nickson and her late husband, Dr. Arthur Nickson, in leading development of Logan's Archives. The Nicksons, who graduated in Logan's first class in 1939, volunteered their services for many years in organizing and managing the Archives.

Dr. Vi has had health problems during the past year and now resides in a nursing home in St. Louis, where she is frequently visited by Logan employees. Her health has improved enough that she can spend time in her family's

home and can make occasional visits to the Logan campus.

Julie Drummond is the college's new director of community relations. She is responsible for representing Logan College in community and civic organizations and for coordinating events for the general public held on the Logan campus. In recent years, such programs have included the annual Kevin Carter Football Camp, the annual Logan College Easter Egg Hunt and numerous functions for area business professionals.

Drummond joined Logan College in 1997 as an enrollment representative. She previously worked as an education coordinator for the National Multiple Sclerosis Society in St. Louis and completed a Bachelor of Arts degree in communications at the University of Missouri-St. Louis.



Dr. Allen Parry



Dr. Ralph Barrale



Julie Drummond

Elective Technique Class Offers New Option to Students

Logan's traditionally strong range of elective chiropractic techniques has been enhanced by the addition of a new elective technique class: Upper Cervical Adjusting.

The Upper Cervical Adjusting course is taught on weekends by Dr. John Strazewski, Associate Professor and Acting Assistant Chairperson of the Technique Department at Palmer College of Chiropractic in Davenport, Iowa.

Upper cervical methods are based on the belief that "due to cord irritations and distortions, subluxation at the atlas/axis area will alter mental impulses to all tissues and organs of the body," says Dr. Strazewski. "Upper cervical methods work on the assumption that if the cord is free of distortions, the body's innate ability will cor-

rect any spinal misalignment below the area of the axis vertebra by its own means. This may be accomplished by the relaxation or contractions of surrounding musculature and/or alteration of the ligamentous attachments."

Upper Cervical Specific, or Toggle Recoil adjusting, is the focus of Dr. Strazewski's course at Logan. The procedure is a modified version of the side posture/kness chest method that Dr. B.J. Palmer developed and researched from 1935-51.

The technique was modified by the addition of the drop piece mechanism developed by Dr. J. Clay Thompson during the 1940s. Based on the Law of Motion, the drop mechanism is believed to make the adjustment less traumatic for the patient and the doctor.

"Although it is intended as a stand-

alone technique, the upper cervical Toggle Recoil procedure can complement other techniques as long as the proper protocol is followed," says Dr. Strazewski. "The method includes a variety of evaluation methods, including chiropractic instrumentation, leg checks, palpation and evaluation of symptomatology."

A Palmer College graduate, Dr. Strazewski previously practiced in Missouri and Pennsylvania.

All Logan students continue to begin their technique studies with several trimesters of study of two required techniques, the Logan System of Body Mechanics and Diversified. Other elective techniques include Applied Kinesiology, Thompson, Gonstead, Activator Methods, Cox and Sacro-Occipital Technique.

Students Have Fun, Display Athletic Skill at 1998 Chiro Games

The 1998 Chiropractic Games, held September 25-26, attracted chiropractic students from throughout North America, including 125 Logan students. The Games took place on the campus of Palmer College of Chiropractic in Davenport, Iowa and at other locations in Davenport.

The Games began under the leadership of Logan students in 1992, and have continued every year since then, with the location moving from college to college. In addition to Logan and Palmer colleges, participants in this year's games were Canadian Memorial, Cleveland, Los Angeles, Life, Life West, National, Northwestern, Parker and Texas colleges of chiropractic.



Logan placed 3rd in women's soccer at the Chiro Games.

Logan placed 7th overall at the games this year. Logan teams took 2nd place in men's basketball, 3rd place in women's soccer and 3rd place in coed softball. In addition, Logan student Davis Brockenshire won the men's mountain biking competition.

Sean Moran, Logan Student Doctors Council Athletic Director, organized the Logan teams' participation in the games.



Logan Student Doctors Council Athletic Director Sean Moran presented a thank you gift - a collage - to Logan President Dr. George Goodman during Friends and Family Weekend, held after the Chiro Games. Chiro Games participants wished to thank the college administration for supporting their trip to Davenport by covering hotel costs.

◆ ALUMNI ◆

NOTES

Congratulations to . . .

James E. Audleheim, DC (1/74) and his wife, Ronda, on the birth of their son, Luke Alan Audleheim, on August 21. The baby's brother, Seth, is three years old. Dr. Audleheim practices in Osceola, Iowa.



Karl Lamb, DC (1/80) of Evansville, Ind. Dr. Lamb was elected secretary/treasurer of the Southern Indiana Chiropractic Association earlier this year.



Norman Roy, DC (12/83) of Easthampton, Mass. and his wife, Nancy, on the birth of their daughter, Jessica Lynn Roy, on August 10. Jessica's siblings are Christopher, 5, and Jennifer, 2.



Tammy L. Triplett-Kesky, DC (4/93) of Springfield, Ill., and her husband, Richard Kesky, on the birth of their daughter, Megan Alexis Kesky on July 18.



Jane Hormuth, DC (12/94) of Evansville, Ind. Earlier this year, Dr. Hormuth was elected president of the Southern Indiana Chiropractic Association.



Lisa Toon Tack, DC and Brad Tack, DC, (both 12/95), of Calvert City, Ky. on the birth of their son, Travis Andrew Tack on June 3.



Eldon Meeks, DC (4/97) of Parma, Ohio, who recently helped save the life of a patient. As reported in the *Berea News-Sun* (October 15), Marsha Read began experiencing chest pain and shortness of breath

during the summer. She visited an allopathic physician, who diagnosed her symptoms as resulting from pulled chest muscles.

When she began experiencing the same symptoms at work at the end of the summer and was told by a co-worker that she did not look well, Read left her office. With her symptoms worsening, she sought help at Dr. Meeks' nearby office, where she had been a patient. Dr. Meeks took her blood pressure, got a reading of 220/120 and called an ambulance. Although an electrocardiogram showed no abnormalities, on the way to the hospital in the ambulance Read became dizzy, passed out and went into cardiac arrest. Paramedics revived her heart with defibrillator paddles. Tests at the hospital showed Read had a 95 percent blockage in a cardiac artery.

Condolences to . . .

The family of **Louis M. Furlong, DC (2/50)**. Dr. Furlong practiced in St. Paul, Minn. He passed away on October 5.



The family of **Gordon F. Patten, DC (9/57)** of Yakima, Wash. Dr. Patten passed away on October 1. He began practicing in Yakima after graduating from Logan and retired in 1995. His wife, Rosemary, writes that her husband was "a true chiropractor" who considered it his duty to inform people about chiropractic.

Two of Dr. Patten's family members entered chiropractic: his son, Jim Patten, DC of Yakima and his brother, **Robert Patten, DC** of Veradale, Wash. (Logan graduate of 1/71).

Dr. Howard Receives ACA Award for Student Leadership



Logan alumnus Kevin Howard, DC (4/98), at left, received an outstanding service award from the American Chiropractic Association for his work on behalf of the Logan chapter of the Student ACA (SACA), which he served as president. Presenting the award to Dr. Howard are, from left, Allen Parry, DC, FICC, adviser to Logan SACA; Logan President George A. Goodman, DC, FICC, and Brian Bullitt, current president of Logan SACA.

◆ FACULTY ◆

IN THE NEWS

Logan College has appointed three new full-time members of its faculty:

Thomas Hayde, DC, is the new full-time clinician at Logan's Yorkshire Health Center in the St. Louis suburb of Webster Groves. Dr. Hayde comes to Logan with eight years of private practice experience in Little Rock, Ark. He graduated from Logan College, magna cum laude, in 1989.

While in private practice, Dr. Hayde served as central district chairman for the Arkansas Chiropractic Association (1992-94).

Pamela Wakefield, DC, CCSP is a new full-time clinician in Logan's on-campus Montgomery Health Center. Dr. Wakefield graduated from Logan summa cum laude in 1990 and was valedictorian of her class. She joined the college's clinical faculty during the summer trimester, working in the Student Health Center, and recently moved to the outpatient center on campus.

Since graduating from Logan, Dr. Wakefield has practiced in the state of New York. Prior to attending Logan, she worked as a laboratory technician in analytical organic chemistry at the Mearl Corporation in Ossining, N.Y. She studied microbiology for three years at Indiana University.

Duane Grierson, DC has joined the Logan Health centers as a full-time clinician in the Montgomery Health Center.

Dr. Grierson graduated from Logan in August 1967 and brings 30 years of private practice experience to his work in the Health Centers. He operated a practice in Foristell, Mo. prior to joining Logan, hiring additional doctors to help staff two facilities. He has been active in chiropractic professional associations and in Foristell-area service organizations.

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Two part-time faculty members also have joined the college. They are: **Kay Kleinschmidt, DC** and **Daniel Wayne Stewart, DC**.

A 1995 Logan graduate, Dr. Kleinschmidt practices in St. Charles County. She is teaching the Physical Diagnosis II laboratory. She has served as a teaching assistant for physical diagnosis at Logan since 1997.

Dr. Stewart graduated from Logan in 1997 and also practices in the St. Louis area. He is serving as a clinician in the Logan Student Health Center. Prior to accepting that posi-

tion, Dr. Stewart held a staff position in the Health Centers, working as Physiological Therapeutics Supervisor. He previously served in the U.S. Marine Corps and has 10 years of experience as a massage therapist.

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Rosemary Buhr, MALS, Director of Learning Resources, is in her second year of a two-year term as chairperson of the Chiropractic Libraries Section of the Medical Library Association. The Chiropractic Libraries Section includes representatives of most chiropractic colleges accredited by the Council on Chiropractic Education. Members gather for an annual conference and communicate via an on-line discussion group.

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Doris Bell, DC, Associate Professor of Chiropractic Science, has been elected President-Elect of the National Association of Medical Minority Educators. The association, made up of pre-health-profession advisers at undergraduate colleges and universities and representatives of professional schools, works to help expand awareness of health care career opportunities among minority youth.

Dr. Bub Appointed Health Centers Chief of Staff

Glenn Bub, DC, Health Centers Chief of Staff, has been appointed Chief of Staff of the Logan Health Centers. Dr. Bub had been serving as Director of Clinical Services and previously had been Director of Student Health Services and an outpatient health center clinician. A 1979 Logan graduate, he began working for the

college in 1987.

Dr. Bub will be responsible for all clinical education and patient care service operations at Logan's four outpatient, fee-for-service Health Centers, Student Health Center and three free clinics for homeless and indigent people.

Ronald Kelemen, DC, who had

served as Health Centers Chief of Staff since 1996, has been appointed Assistant to the Chief of Staff. Dr. Kelemen came to Logan from Little Rock, Ark., also having practiced in Bismarck, N.D. and DeWitt, Iowa. He is a graduate of Palmer College of Chiropractic.

Student, Alumnus Compete in Worldwide Ironman

Logan student Mary Beth Larsen and Dr. Darrell Day, a 1995 Logan graduate, were among competitors in the 1998 Worldwide Ironman Triathlon, held October 3 on the island of Kona in Hawaii.

The Ironman includes a 2.4-mile swim, a 112-mile bike ride and a 26.2-mile run. Larsen, a long-time pentathlon runner, placed 3rd in her age group (18-24) with a time of 11 hours, 12 minutes and 35 seconds. She placed 59th out of 287 women competing and 565th out of 1,421 competitors.

Despite the rigors of studying at Logan, Larsen maintained a training routine prior to the Ironman of swimming six miles per week, biking 250 miles per week and running 40 to 50 miles per week. In August, she also joined students from Logan and other chiropractic colleges participating in the 1998 Tour de Spine bike ride for the last five days of their ride to Orlando, Fla. to raise money for spinal research.

As it has in past years, the American Chiropractic Association Council on Sports Injuries and Physical Fitness helped provide care of athletes competing in the Ironman, said Larsen.

"I enjoyed seeing members of the Sports Council at the Ironman," says Larsen. "They were very visible, providing adjustments the week before the race and afterwards. It was great to see chiropractic so well-represented and well-known among the athletes."

Dr. Day, who first competed in the race in 1995 while studying at Logan, competed as a professional this year. He placed 13th among American pros and 49th out of all pros in the event. In addition to competing professionally as an athlete, Dr. Day practices in Columbus, Ind.

Dr. Day noted that because this year was the 20th anniversary of the first Ironman, top competitors from all over the world attended. "It was a competitive race from the standpoint of who was there, and the conditions were some of the most challenging ever," he says. "There were wind gusts

up to 50 miles per hour during the bike ride, and intense heat during the run, which has no shade.

"It was great to see Mary Beth do so well," says Dr. Day. "I'm planning to take a few years off from the Ironman, but training for it this year

got me into tremendous shape. Standard Process (nutritional supplement manufacturer) was very helpful as a training sponsor. The company sponsored both Mary Beth and me while we were training. It was a fun race this year."



Mary Beth Larsen is pictured preparing for the Ironman swimming component.



Dr. Day crosses the finish line at the Ironman.

Placement Director JoAnn Hewitt Retires

After 24 years of employment at Logan College, Logan Placement Director JoAnn Hewitt retired on September 17.

Well-known to alumni of many Logan classes for her upbeat personality and thorough services in identifying job opportunities and alumni networking contacts for soon-to-be graduates, Hewitt retired in order to rest for an extended period after experiencing health problems in recent months.

During her tenure at Logan, Hewitt also served as secretary, assistant director and director in the Logan Admissions Office. The college's 1998 Homecoming, held in June, was the first Logan Homecoming in 24 years at which Hewitt did not work. She hopes to return to assisting with registration during next year's Homecoming, as do several retired Logan employees.

Employees of Logan College gathered in the Logan gymnasium on her last day at work to honor her and say good-bye. Hosted by Logan President Dr. George A. Goodman and Vice President of Administrative Affairs Sharon Kehrer, MBA, the event also was attended by Hewitt's four grown children, Jessica, Cindy, Jim and Greg Hewitt.

Also in attendance at the luncheon were Logan alumnus Dr. Gary Ditson of St. Louis, who served as Director of Admissions when Hewitt first began working in the office; former Logan Personnel Director Marge Cune, now retired, and former Logan Financial Aid Director Jean Short, also retired.

Greg Hewitt, disc jockey and host of a morning show on KYKY-FM in St. Louis, spoke briefly, delivering a farewell speech written by his mother. "When I left for my

interview for my first job here, I told my children, 'I'll see how it goes,'" said Hewitt. "When I came home, I said, 'I want this more than I've ever wanted anything.' I'll miss the essence of Logan very much. But I hope to see everyone during visits to campus and at many Logan events in the future."

Hewitt laughingly accepted a certificate for the retirement gift she felt she needed most, a new washing machine and dryer.



Jo Ann Hewitt (center) is pictured at her retirement party with her family (from left, back row): sons Jim and Greg, daughter Jessica and daughter Cindy. Hewitt's grandchildren, Brian and Mallory are at front.

Dr. Wilkerson is Interim Admission Director; Marie Whitcomb Administers Career Development Program

Robyn Wilkerson, DC, is Logan College's Interim Admissions Director, providing leadership in recruitment of prospective students. Bucky Reynolds, MA, who had been Dean of Student Enrollment since 1995, resigned recently with plans to retire.

Dr. Wilkerson has been dividing her time between serving as Associate Dean of Student Services and Enrollment Coordinator. Prior to her work in these two positions, she served as Admissions Director.

"We are very happy that Dr. Wilkerson is available to provide continuity in this critical position," said Logan President Dr. George A.

Goodman. The college is currently conducting a search for Reynolds' successor.

Following on the retirement of JoAnn Hewitt as Director of Placement Services, the placement advising function has been combined with preceptorship coordination in the Health Centers. Under the supervision of Health Centers Chief of Staff Dr. Glenn Bub, Marie Whitcomb, who coordinates the preceptorship program, will administer career development services, including placement.

"Because preceptorship placement is closely related to associateship

placement for so many graduates, we feel that Mrs. Whitcomb's experience and enthusiasm will be very beneficial in helping graduates seek opportunities," says Dr. Bub. "She also will assist students wishing to start their own practices with locating demographic and other needed information on geographic regions that interest them, make contacts with area doctors, etc."

Logan students who have completed all on-campus clinical requirements may spend their 10th trimester on preceptorships in the offices of practicing DCs. For some graduates, these experiences lead to jobs in the hosting doctors' offices.

Charlene Holmes Celebrates 30 Years at Logan

In 1968 Logan College was much smaller and located on a campus northeast of St. Louis, in the suburb of Normandy. That year, Charlene Holmes began what would become a decades-long career at Logan College.

On September 8 of this year, employees of the college gathered at a celebration of Holmes's 30th anniversary at Logan. Now Logan's bursar, Holmes has spent most of her time at Logan working in accounting-related jobs, except for a short stint in what was then the secretarial pool.

Holmes has been at Logan for the greatest number of years of any Logan staff member. The college's longest-term employee overall is Dr. Bert Hanicke, Professor of Chiropractic Science, who began teaching at Logan in 1956.

As bursar of the college, Holmes is in charge of accounts

receivable, including tuition payments. Her position has brought her into frequent contact with many Logan students, among whom she is known for her upbeat personality and interest in them as people.

"Logan has been part of my life for so long that I can't imagine life any other way," says Holmes. "I really enjoy working with the students. It's also great to see alumni at Homecoming. I may not remember all of the names, but I always remember faces."

"Logan has been very fortunate to have so many dedicated, long-term employees like Charlene, working hard every day to help students solve problems they encounter and to ensure that our campus operates smoothly," said Logan President Dr. George A. Goodman. "We congratulate Charlene on her anniversary."



Holmes (center) is pictured with her Accounting Department colleagues (from left): Linda Lawson, Barb Carr, Director of Business Affairs Gary Gross, Michelle Lyons, Jan Naes and Sandy Summers.



Logan President Dr. George Goodman presented a clock to Charlene Holmes in recognition of her 30 years of service to the college.

Logan Contributes to Charities By Sponsoring Haunted House, Sponsoring Players in Golf Tournaments

Chesterfield nursing home Delmar Gardens hosted a haunted house on October 29, with sponsorship from Logan College and the Logan chapter of Pi Kappa Chi, national professional chiropractic fraternity.

The fraternity brothers set up and staffed the haunted house for children up to 12 years old and residents of Delmar Gardens. Because the "haunted" area was wheelchair accessible, elderly residents in wheel-chairs wishing to tour the house could do so. Entertainment included magic tricks performed by Logan student and magician Fred Aaron.

Attendees were charged \$1 each, with all proceeds from the haunted house to be donated to the Alzheimer's Association of St. Louis. Despite rainy weather, the event

raised nearly \$70 for the Alzheimer's Association.

In addition, the college has supported two recent St. Louis-area golf tournaments. The first tournament, held October 12 at Forest Hills Country Club, raised funds for St. Louis' Hosea House, which provides services for the homeless and indigent. Logan sponsored a hole and play by student Jason Permenter.

On October 24 Julie Drummond, Community Relations Director at Logan, played in a tournament at Crystal Springs Quarry Golf Course with sponsorship from the college. The beneficiary of the tournament was the Queen of Peace Center, which is affiliated with Catholic Charities of St. Louis.

Logan Hosts St. Louis Regional Commerce and Growth Association Event

Logan College hosted the St. Louis Regional Commerce and Growth Association (RCGA) "Business After Hours" monthly networking event on September 23. More than 250 St. Louis-area business professionals joined Logan employees and representatives of the RCGA in the

Administration Center on campus.

Logan President Dr. George A. Goodman and Vice President of Institutional Advancement Donald McLain were hosts of the event. Attendees enjoyed appetizers and beverages and the opportunity to see Logan's 112-acre campus.

Also available – through booths set up at the event – was general information about the college and about Logan's outpatient clinical services and employee lecture programs on health topics for companies. These services are provided by the Logan Health Centers.

Multicultural Day Provides Worldwide Cultural Experiences

Logan held a "Multicultural Day" celebration on November 11, filling the college gymnasium with participants. Logan students and employees offered dozens of tasty dishes representing their countries of origin or their heritages.

The Logan chapter of the Student American Black Chiropractors Association

planned the event, with the assistance of the group's adviser, Dr. Doris Bell of the college faculty. Logan Student ABCA president Connie Hayes was master of ceremonies at the event.

Logan College currently enrolls 117 students from foreign countries, including 106 from Canada, and 9.7

percent of Logan students are members of minority groups.

Multicultural Day attendees circulated through the gym, sampling dishes native to Canada, China, Ethiopia, Germany, India, Italy, Mexico and Poland as well as traditional Anglo- and African-American foods. Many of the food tables also had cultural and



Members of the Logan chapter of the Student American Black Chiropractors' Association are pictured at Multicultural Day, with the Unity Art Ensemble and the ensemble's guest dancers.

historical exhibits of books, photos, clothing or other items.

In addition, Dr. Allen Parry, coordinator of chiropractic history and of specific educational and clinical activities, introduced a new exhibit that he developed on the history of Logan College and chiropractic.

Entertainment was provided by the Unity Art Ensemble, a St. Louis-based group specializing in African music and theatre. The musicians use drums and other instruments representing numerous African regions and peoples and Creole culture. Guest dancers performed African dances to the accompaniment of the group's music, with the ensemble providing information about the dances' roots in traditional spirituality and healing.



▲ *Vinod Anand, PhD, of Logan's Basic Science Division, served chicken curry at Multicultural Day, at the Indian culture table. Student Vaishali Parikh served rice to accompany the curry.*



◀ *The Unity Art Ensemble and guest dancers provided entertainment in the form of traditional African music and dance.*

Logan Students Participate in Veterans' Stand Down Program

As it has in most years since 1990, Logan College provided chiropractic screenings and adjusting services at the 1998 St. Louis-Area Homeless Veterans' Stand Down Program. *Stand down* is a military term referring to a soldier's period of rest in a quiet area. The event took place September 26

on the grounds of the Cochran Veterans' Hospital in St. Louis. Dr. Allen Parry, coordinator of chiropractic history and specific educational programs at Logan, organized the college's participation in the event and provided clinical supervision. About 30 Logan Health Center interns pro-

vided services at the event. The Logan students were stationed in a U.S. Air Force medical tent for part of the day.

About 500 homeless veterans attended the stand down, where they received a variety of health care and other services.

Logan Represented at Chiropractic and Educational Meetings

Logan President Dr. George A. Goodman spoke to the Board of Governors of the American Chiropractic Association on September 18 at ACA headquarters in Washington, D.C.

Dr. Goodman was representing the Association of Chiropractic Colleges, of which he serves as president.

During his remarks, Dr. Goodman shared with ACA leaders the ACC's suggestions for the process of implementing a joint workforce survey on chiropractic usage under consideration for cooperative sponsorship by chiropractic organizations, including the ACA and the ACC. He also addressed the ACC's position on educational standards, including its opposition to legislative activity that may be initiated by the profession, to mandate that all students admitted to chiropractic colleges have baccalaureate degrees prior to admission.

In addition, Dr. Goodman provided information about the ACC's strategic plan and desire to work on legislative relations with the two chiropractic national associations. He also noted the effort and subsequent improvement of many chiropractic colleges in recruiting students, employees and trustees from racial and ethnic minority groups, and emphasized the importance of this trend for the future of the profession.

William Ramsey, PhD, Vice President of Academic Affairs, was among participants in a legislative conference held in Washington, D.C. September 17-19. Attendees developed consensus documents to guide legislators on needs existing within the educational sector, from Head Start through higher education, for the next two fiscal years. The conference was sponsored by the U.S. Department of Education, the American Council on Education (ACE), the American Association of School Administrators and the American

Association of Educational Service Agencies.

Dr. Ramsey is a past member of the Board of Directors of the ACE and currently serves on the legislative committee of the American Association of School Administrators. He made several presentations during discussion sessions at the conference, focusing on the areas of student financial aid and funding for health care research, particularly in the chiropractic educational sector.

Dr. Goodman had another speaking engagement in September, giving an address at the National Association of Medical Minority Educators (NAMME) 1998 convention in Chicago on September 25. Also participating in the conference was Doris Bell, DC, Associate Professor of Chiropractic Science at Logan. Dr. Bell recently became president-elect of NAMME (see page 8).

Dr. Goodman told the NAMME convention attendees: "We all realize that under-representation of all

ing of information to the future viability of educational institutions of all types. He shared his long-term vision of such innovations as "interactive simulations teaching clinical skills . . . that could be shared by all institutions electronically."

Dr. Goodman also described to the NAMME membership pre-chiropractic and chiropractic educational requirements and postdoctoral opportunities. He also discussed reports on chiropractic usage, effectiveness and cost-effectiveness and the work of the Association of Chiropractic Colleges in compiling demographic data of use to new chiropractic graduates and encouraging strategic planning for increasing diversity of student populations at chiropractic colleges.

"Doctors of chiropractic are the health care practitioners that are specifically trained in the diagnosis and conservative management of musculoskeletal conditions such as injuries and chronic pain syndrome," Dr. Goodman told NAMME members.

“. . . all health care professionals should have the same goal: to provide the safest and most effective care for each patient.”

- Dr. Goodman

minorities continues in the various health professions. The National Association of Medical Minority Educators plays a significant role in the educational standards, opportunities and development of cultural diversity within the scope of health care education."

Dr. Goodman went on to highlight the importance of educational partnerships, distance learning and shar-

"In conclusion, all health care professionals should have the same goal: to provide the safest and most effective care for each patient. The climate is present for all health care professionals to work together for the benefit of the patients and the economy."

Logan College has been active in NAMME and in intensive nationwide efforts to recruit minority chiropractic students since 1990.

1999 LOGAN COLLEGE ALUMNI HOMECOMING/CLASS REUNIONS

SPECIAL EVENTS

- STUDENT/DOCTOR GOLF TOURNAMENT
- CLASS REUNIONS
- STAR VOTING
- AWARDS LUNCHEON
- CAMPUS EVENT - "PICNIC IN THE PARK"
- DINNER/DANCE - FEATURING BOB COLEMAN'S LEGACY BIG BAND



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JUNE 17-20, 1999
ST. LOUIS AIRPORT MARRIOTT HOTEL
& LOGAN CAMPUS

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- CARL MAKAREWICZ, DC
- JEFFREY HUNTER, DC, DO
- WILLIE EPPS, PhD
- ANTHONY CALANDRO, DC
- CLIFFORD HARDICK, DC
- BRIAN SNYDER, DC
- ROSEANNE FISCHER, RN, DC
- DANIEL J. MURPHY, DC
- D. ROBERT KUHN, DC, DACBR
- RONALD GRABOWSKI, DC
- LEONARD HOROWITZ, DMD
- W. KARL PARKER, DC
- RUTH BIRCH, PhD



THEME: THIS ONE'S FOR YOU

APPLICATION FOR MEMBERSHIP LOGAN ALUMNI ASSOCIATION

January 1 - December 31, 1999

- Dues for 1st Year Graduate \$ 50
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- 65 years or older • Practice less than 15 hrs./wk. in office
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Office Address _____

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Graduation Date _____ College _____

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- Members Only Coupon Book
- Voting Privileges

Health Centers/USA Karate Clubs Program Is a Success

USA Karate Clubs of St. Louis have asked Logan College of Chiropractic Health Centers to provide chiropractic expertise and treatment for five nationally ranked karate competitors and to provide general physical examinations to all 450 local members of USA Karate Clubs. The service and sponsorship agreement was announced by USA Karate Clubs president Jeff Bedard and Dr. Blair Nielsen, Logan faculty member and clinician at the Logan Chiropractic Health Center at Southroads Center in South St. Louis County.

Clinical interns of Logan's Southroads Health Center are supervised by licensed doctors of chiropractic of the college faculty. They provide the karate competitors with physical examinations, individual assessments of range of motion, flexibility, strength and imbalances, therapeutic muscle work, spinal examinations, chiropractic spinal adjustments, nutritional analysis and rehabilitation following injuries. In addition, they offer the athletes specific plyometric training (burst-strength conditioning training for fast movements requiring strength).

USA Karate's National Team has won various awards at recent competitions, including the 1998 AAU (Amateur Athletic Union) National Karate Championships, held in Orlando, Fla.; the 1998 Pan-American Championships, held in Monterrey, Mexico; and the 1998 South American Invitational Championships, held in Caracas, Venezuela.

USA Karate's National Team represents USA National Shito-kai, an athletic association to which the athletes belong. USA National Shito-kai in turn represents the World Shitoryu Federation, headquartered in Osaka, Japan. Shito-ryu is one of four systems recognized by the World Karate Federation, widely held to be the guardian of authentic Japanese karate.

USA Karate's National Team consists of five members, ages 18-34. They compete by weight category. The 1998 team includes: Jeff Bedard (-70 kg); Yan Perez (70 kg); Kenji Sato (75 kg), Dan Garibaldi (-80 kg) and Josh Portell (+85 kg). Head coach is Doug Dennis of Springfield, Ill., a six-time national karate champion. Bedard is the team captain.

"Since Logan College has been working intensively with our team members, we have seen increases in both flexibility and range of motion and a reduction in injuries as a result of the use of dynamic stretching during warm-ups," says Bedard.

"Under chiropractic therapy," adds Bedard, "we also have seen reduced time for recovery from injuries resulting from strains, sprains and impact. We are proud to have Logan as our sponsor and are grateful for the services provided by the college."



As a clinical intern prior to graduating from Logan in August, Dr. Beverly Mayberry helped a USA Karate team member prepare to compete.

Fall Scholarship Recipients



Thad Henkel-Hanke received a \$500 Dr. Paul Cornelius Endowment Scholarship.



Recipients of \$500 Logan-Scharnhorst Scholarships included Scott Vanderleest (left) and Kerry Lazebny. Not pictured: Christian Augustin, Lynne Schmidt-Barlow, Sean Batte, Mary Beth Daniels, Christian Hancuff, Thad Henkel-Hanke, Scott McGregor, Jacquelyn M. Reed, Sean Smith, Chad Stewart and Kandice Wommack.

PRACTICE CONSULTANTS

PRACTICES FOR SALE

Every practice listed for sale below has received an independent appraisal (paid for by the seller) prior to acceptance for listing by Practice Consultants. Practices are listed at fair market value.

Alpharetta, Ga.-based Practice Consultants is operated in conjunction with the Foundation for the Advancement of Chiropractic Education, also of Alpharetta, Ga. FACE has contributed more than \$4 million to chiropractic education.

Practice Consultants is one of the oldest companies in the field of buying and selling practices. Additional services include appraisals for sale, estate and financial planning, divorce settlements or loans.

Information about all listings can be obtained by calling Philip Lester, DC or William Harris, DC toll-free, 888-475-4461. Financing is available for the purchase of each practice listed.

Visit our web site at www.chirolink.com/chirosales.htm.
or send e-mail to chirosales@chirolink.com or chirosales@aol.com.

CLEARWATER, FLORIDA

High-volume, aggressive practice. Exceptional income for a three-day-per-week practice. Many amenities. Beautiful decor.

HOMESTEAD, FLORIDA

Beautifully developed area with high growth and influx of industry and merchandising. diversified and intense practice for doctor interested in holistic care. Staff includes physical and rehabilitation therapists. Excellent professional referral base.

PALATKA, FLORIDA

Attractive, professional office in good location. Reasonably priced. Excellent potential with good patient base. Volume could be increased with minimal effort. Ideal location for production of good income while maintaining family traditions.

TAMPA, FLORIDA

Very successful, high-quality practice with solid base. High six-figure income producer; ideal for multidisciplinary

rehabilitative or energy-minded sole practitioner. Appealing location with excellent parking..

EAST POINT, GEORGIA

Located in a suburb of Atlanta, this practice has a patient base combining personal injury, HMOs and general care. High-income for a three-day-per-week practice makes this an opportunity for excellent growth for a full-time practitioner.

MACON, GEORGIA

Professional office produces good income with relaxed work week. Equipment is well-maintained and is adequate for the diversified practitioner. Growth potential is very high for this reasonably priced but high-quality practice.

SOUTHERN GEORGIA

Successful practice with excellent new patient volume. Close to Florida border. Low overhead, high income. Family community with city amenities, recreation and industry.

Upcoming Postgraduate Seminars

Contact the Logan Postgraduate Department at 1-800-842-3234 for additional information on all seminars. While every attempt is made to offer each program as announced, program faculty, locations, dates and tuition rates are subject to change if unforeseen circumstances arise. Pre-registered participants will be notified of changes. Logan College is not responsible for any expenses incurred as a result of program adjustments or cancellations.

■ Diplomate Chiropractic Neurology

Session 5: Spinal Cord

Instructor: Mark Terry, DC, DABCO, DACNB
1/23-24, Logan College, Chesterfield, MO

Session 6: Reflexogenic Systems

Instructor: Mark Terry, DC, DABCO, DACNB
2/6-7, Logan College, Chesterfield, MO

Session 7: The Brain and Its' Environment

Instructor: Mark Terry, DC, DABCO, DACNB
3/13-14, Logan College, Chesterfield, MO

Session 11: Sensory System

Instructor: Thomas Culleton, DC, DACNB
& Michael Powell, DC, DACNB
1/9-10, S. San Francisco Conference Center,
San Francisco, CA

Session 12: Motor System

Instructor: Thomas Culleton, DC, DACNB &
Michael Powell, DC, DACNB
2/6-7, S. San Francisco Conference Center,
San Francisco, CA

Session 13: Neurological Influences I

Instructor: Thomas Culleton, DC, DACNB
& Michael Powell, DC, DACNB
3/13-14, S. San Francisco Conference Center,
San Francisco, CA

Session 11: Sensory System

Instructor: Robert Melillo, DC, DABCN
1/16-17, Long Island Marriott, Uniondale, NY

Session 12: Motor System

Instructor: Robert Melillo, DABCN
2/20-21, Long Island Marriott, Uniondale, NY

Session 13: Neurological Influences I

Instructor: Robert Melillo, DC, DABCN
3/20-21, Long Island Marriott, Uniondale, NY

Session 4: Autonomic Nervous System

Instructor: Thomas Culleton, DC, DACNB
& Michael Powell, DC, DACNB
1/30-31, University of Toronto, Toronto, Canada

Session 5: Spinal Cord

Instructor: Thomas Culleton, DC, DACNB
& Michael Powell, DC, DACNB
2/27-28, University of Toronto, Toronto, Canada

Session 6: Reflexogenic Systems

Instructor: Thomas Culleton, DC, DACNB &
Michael Powell, DC, DACNB
3/27-28, University of Toronto, Toronto, Canada

Session 18: Neuromuscular Applications

Instructor: Adam Klotzek, DC, DACNB
1/16-17, University of Montreal, Montreal, Canada

Session 19: Pain

Instructor: Adam Klotzek, DC, DACNB
2/20-21, University of Montreal, Montreal, Canada

Session 20: Electrophysiological Applications I

Instructor: Adam Klotzek, DC, DACNB
3/20-21, University of Montreal, Montreal, Canada

Session 3: Peripheral Nervous System

Instructor: Seung Won Lee, MD, PhD, DC, DACNB
1/23-24, Seoul TEMF Hotel, Seoul, Korea

Session 4: Autonomic Nervous System

Instructor: Seung Won Lee, MD, PhD, DC, DACNB
2/20-21, RMIT University, Chiropractic Unit- Japan

Session 5: Spinal Cord

Instructor: Seung Won Lee, MD, PhD, DC, DACNB
3/20-21, Seoul TEMF Hotel, Seoul, Korea

■ Special Seminars

Baseball Specific Sports Seminar

Instructors: Ralph Barrale, DC and Ralph Filson, DC;
Mark O'Neal and Brad Henderson - Cardinal Baseball
Trainers
1/9-10, Logan College, Chesterfield, MO

Pain Management

Instructor: L. James Van Wagoner, DC
1/30-31, Logan College, Chesterfield, MO

Upper Extremity Trauma – 4-Hour X-Ray

Instructor: Norman Kettner, DC, DACBR
1/30, Logan College, Chesterfield, MO

Chiropractic Management of Women's Health

Instructor: Heidi Crocker, DC
2/13-14, Logan College, Chesterfield, MO

Pediatric Seminar

Instructors: Jennifer Krupp, DC and Colleen Tromley, DC
3/6-7, Logan College, Chesterfield, MO

■ Certified Chiropractic Sports Physician

Session 8: Biomechanics, Pediatrics, Geriatrics, Drugs, Medications

Instructor: Robin Hunter, DC, DACBSP
1/16-17, Logan College, Chesterfield, MO

Session 9: On Field Assessment of Injuries/Risk Management

Instructor: Jeff Simpson, DC & Robert Sherman, JD
2/6-7, Logan College, Chesterfield, MO

Session 10: Strapping, Taping, Extremity Adjusting

Instructor: Michael Krasnov, DC, CCSP
3/6-7, Logan College, Chesterfield, MO

Session 8: On Field Assessment of Injuries/Risk Management

Instructor: Peter Viteritti, MSc, DC, DACBSP,
Robert Sherman, JD
1/16-17, Westin Atlanta Airport, Atlanta, GA

Session 9: Shoulder

Instructor: John Danchik, DC, CCSP, FICC
2/20-21, Westin Atlanta Airport, Atlanta, GA

Session 10: The Knee

Thomas Hyde, DC, DACBSP
3/20-21, Westin Atlanta Airport, Atlanta, GA

■ Basic Acupuncture

Session 4: Differential Diagnosis

Instructor: Randy Snyder, DC
1/23-24, Logan College, Chesterfield, MO

Session 5: Auriculotherapy

Instructor: Randy Snyder, DC
2/20-21, Logan College, Chesterfield, MO

Session 6: Diagnostic Instrumentation

& Law of Correspondence
Instructor: Dennis Baker, DC
3/20-21, Logan College, Chesterfield, MO

Session 6: Diagnostic Instrumentation

& Law of Correspondence
Instructor: Jon Sunderlage, DC
1/16-17, Quality Inn & Conference, Springfield, MO

Session 7: Adjunctive Patterns

Instructor: Randy Snyder, DC
2/13-14, Quality Inn & Conference, Springfield, MO

Session 8: Case Management/Final Exam

Instructor: Jon Sunderlage, DC
3/13-14, Quality Inn & Conference, Springfield, MO

■ Manipulation Under Anesthesia

Session 1 & 2

Instructor: Ronald Grant, DC, FICC
2/26-27, Logan College, Chesterfield, MO

■ Diplomate – Chiropractic Orthopedics

Session 31: Central Nervous System II

Instructor: Mark Terry, DC, DABCO, DACBN
1/30-31, Radisson Hotel, Baton Rouge, LA

Session 32: Foot & Ankle

Instructor: TBA
2/21-28, Radisson Hotel, Baton Rouge, LA

Session 33: Knee & Thigh

Instructor: TBA
3/27-28, Radisson Hotel, Baton Rouge, LA

Session 1: Orthopedic Evaluation

Instructor: Gary Casper, DC, DACBR
3/27-28, Radisson Hotel Philadelphia NE,
Philadelphia, PA

■ Advanced Acupuncture

Clinical Acupuncture Made Easy- Part 1

Instructor: Dennis Baker, DC
1/16-17, Logan College, Chesterfield, MO

Clinical Acupuncture Made Easy- Part 2

Instructor: Dennis Baker, DC
2/27-28, Logan College, Chesterfield, MO

Clinical Acupuncture Made Easy - Part 3

3/13-14, Logan College, Chesterfield, MO

■ Forensic Chiropractic

Session 1: Introduction to Forensic Chiropractic

Instructors: Preston Fitzgerald, DC,
Warren Jahn, DC, DABCO, DACBSP
2/6-7, Four Points Sheraton, Philadelphia, PA

Session 2: Federal Rules Applicable to Forensic Chiropractic

Instructors: Preston Fitzgerald, DC,
Warren Jahn, DC, DABCO, DACBSP
3/6-7, Four Points Sheraton, Philadelphia, PA

■ Activator Methods

Activator Methods- Cervical Spine Symposium

Instructors: Arlan Fuhr, DC, Christopher Colloca, DC
1/16-17, Phoenix, AZ

Activator Methods- Cervical Spine Symposium

Instructors: Arlan Fuhr, DC, Christopher Colloca, DC
1/23-24, Orlando, FL

Activator Methods- Cervical Spine Symposium

Instructors: Arlan Fuhr, DC, Christopher Colloca, DC
3/20-21, Columbus, OH

Applied Kinesiology

1999 AK Sports Symposium

Instructors: George Goodheart, DC, DIBAK,
Walter Schmitt, DC, DIBAK, David Leaf, DC, DIBAK
2/26-27, Los Angeles, CA

Colleagues of the College

The Colleagues of the College program recognizes alumni and friends of the college who refer prospective students to Logan. The individuals below were listed by members of the September entering class as having referred them to the college.

A

Dr. Dale Anderson

B

Dr. Dennis Baker
 Dr. Susan Crump-
 Baker
 Dr. Breck Beasley
 Dr. Jeffrey Beasley
 Dr. D. Clark Beckley
 Dr. John Beltz
 Dr. Joan Blonigan-
 Christianson
 Dr. Judd Bronson
 Dr. Julie Brown
 Dr. Laurie Burke

C

Dr. Alan Carnathan
 Dr. Howard Chapel
 Dr. Julian Chipley
 Dr. Jeffrey Clark
 Dr. Michael Collins
 Dr. John Connors
 Dr. Dan Contogiannis
 Dr. Daniel Coogan
 Dr. Coy
 Dr. Cheryl Crawford
 Dr. Donald Crepps

D

Dr. Michael Dalton
 Dr. Roy Dedmon
 Dr. Eric Delorme

E

Dr. Mark Eavenson
 Dr. Thomas Engelsman
 Dr. John Eritreo

F

Dr. Ralph Filson
 Dr. Michael Fiore
 Dr. J.C. Fishel
 Dr. Shari Flanagan
 Dr. Todd Frisch
 Dr. Michael Funk

G

Dr. William Gick
 Dr. Louis Grasso
 Dr. James Green

H

Dr. Michael Hall
 Dr. Thomas Hayde
 Dr. John Heintzkill
 Dr. Paul Henry
 Dr. Dennis Hogan
 Dr. Hoover
 Dr. Bruce Horchak
 Dr. Joseph Huck
 Dr. Rex Huffer
 Dr. Lori Huffman

J

Dr. Brian Johnston

K

Dr. Kenneth Kaeser
 Dr. Douglas Kaul

Dr. Patrick Keogh
 Dr. Mark Kestner
 Dr. Roger Knowks
 Dr. John Korpi

L

Dr. Steve LeMaster
 Dr. Ellen Leone
 Dr. Thomas Locke
 Dr. Dennis Lokmer

M

Dr. Shelly McGath
 Dr. John Melvin
 Dr. Jack Mills
 Dr. Susan Mitchell
 Dr. Susan Myska

N

Dr. K. Shane Neifert
 Dr. Gregg Nielsen
 Dr. Michael Novak
 Dr. Juan Nunez

P

Dr. Soo O. Park
 Dr. Michael Peffer
 Dr. Laura Priebe

R

Dr. S.K. Romesburg
 Dr. Bill Russell

S

Dr. Mary Beth
 Saunders

Dr. W.J. Schatt
 Dr. Shawn Schmidt
 Dr. R. Schoeb
 Dr. Charles Schuster
 Dr. Fred Sermon
 Dr. Michael Sheedy
 Dr. Vincent Shelby
 Dr. Ronald Sheppard
 Dr. N.R. Shoff
 Dr. D.H. Sickmeyer
 Dr. Steven Sitko
 Dr. Rodney Small
 Dr. Eugene Soulsby
 Dr. Robert Sparling
 Dr. Michael St. James
 Dr. Maxine Morris
 Stewart
 Dr. Michael Stratton
 Dr. Jason Strotheide
 Dr. Zoltan Szaraz

T

Dr. David Thomson
 Dr. Rada Todorovich
 Dr. Byron Tomlins

W

Dr. J.L. Whitfield
 Dr. Barry Williamson
 Dr. Dennis Wilson
 Dr. J.F. Winiger

Y

Dr. Eric Yamashiro
 Dr. Deborah Yoos

Z

Dr. G.L. Zumwalt

My Chiropractic Hands

By R. Jerry DeGrado, DC

The following article was reprinted from the July-August 1998 Kansas Chiropractic Association Journal by permission from the Kansas Chiropractic Association and Dr. DeGrado. Dr. DeGrado is in his second year as President of the Kansas Chiropractic Association, having been active in the association in various capacities since 1986. He is the association's 1996 "Doctor of the Year." A 1985 Logan graduate, he practices in Wichita.

As the ringing of my mobile phone echoed from the interior of my car, my thoughts were focused on the many possibilities of who could be calling at this hour. The speaker explained that he was the father of my new, 3-year-old patient from earlier that week.

My heart filled with concern for the content of the rest of his call, but the father explained that he owed me an apology for fighting with his wife about bringing their son to me. As he explained the situation to me, his son now sleeps through the night for the first time in his life and has had no earaches since his treatment. I thanked him for his call. After ending the conversation and folding my phone I gave thanks to the God I serve for allowing me to serve Him as a chiropractic physician.

As I drove along, my mind filled with thoughts of that father's concern for his son and the realization of the care his son had received. It made me think about the enormous responsibility I hold in my hands – my chiropractic hands. Hands used as trained instruments of healing. Hands used to care for others. The same hands that hold my own children.

Later Amanda Joy, my 1-year-old daughter, pulled herself up on the couch and sat down next to me. She took my hand and opened it, placed her little hand in mine and sat for a long minute in a toddler's busy life. As she sat there she looked at my hand,



Dr. DeGrado

opening and closing it, and I wondered exactly what was going through her mind. She understands in her own trusting manner that these hands are the hands of authority in her world. But more than that, they are the hands that care for her, that pick her up when she's hurt, that treat her wounds, that adjust her spine, that wipe her tears.

Without even saying a word, my daughter made me realize how much of life I take for granted. She simply accepts that her parents care for her. She knows within her limited existence the power that her daddy's hands hold. Through her careful examination of hands that can be

tough, yet sensitive, she had innocently shown me that the true gift I had to give not only to her but to others as well.

My chiropractic hands extended loving care to my own children as well as to the patients in my office. The father who called me highlighted the fact that the power of chiropractic had comforted his own child. What greater gift can there be, for me as a chiropractic physician and a father, to know that I can help heal others just through the healing power of my own hands?

Look at your hands and count your blessings!!! God bless!

Drs. Hoffman, Janda Speak on Campus



Dr. Janda, an expert in neurology and rehabilitation, spoke on campus for the second time.

Bob Hoffman, DC of Oyster Bay, N.Y. visited the Logan campus on October 8 as speaker for SICA Day, sponsored by the Logan chapter of the Student International Chiropractors Association.

Currently chairman of the International Chiropractors Association Representative Assembly, Dr. Hoffman is a founding member of the ICA Council on Pediatrics. He was the 1986 "Chiropractor of the Year" for the New York Chiropractic Council.

On October 13, internationally recognized neurology and rehabilitation specialist Vladimir Janda, MD, visited the Logan campus and spoke

to a student assembly on his areas of expertise. Dr. Janda is a professor of neurology and rehabilitative medicine at Charles University in Prague, Czech Republic and director of the Department of Rehabilitative Medicine at the Postgraduate Medical School at Charles University Hospital. A large portion of his scientific work has been devoted to back pain.

Dr. Janda's visit to the Logan campus was arranged by Dr. Clayton Skaggs, Instructor of Chiropractic Science at Logan. He was making his second appearance at Logan, having previously spoken on campus in 1997.

Correction

The September issue of the Tower listed recently elected or re-elected officers and board members of the Logan Alumni Association. Drs. Rodney Small and Ralph Barrale were incorrectly listed as 1st vice president and 2nd vice president, respectively. Dr. Barrale is the association's 1st vice president and Dr. Small is 2nd vice president. Our apologies to Drs. Barrale and Small and to the Alumni Association Board of Directors.

Unique Projects Underway in Logan Research and Ergonomics Division

A study of Instantaneous Helical Axis (IHA) models, a distance learning pilot program, a nutritional study involving diabetic patients and research on foot orthotics and spinal biomechanics are among projects now keeping Logan researchers busy. Nelson Marquina, DC, PhD, Director of Research and Ergonomics, oversees the college's research projects.

Logan is working with Kinex IHA Corporation to study IHA models developed by the company for quantifying biomechanical abnormalities of the cervical spine and predicting abnormal, normal or inconsistent

neck function. Phoenix-based Kinex IHA is a multidisciplinary company that creates provider networks for care of musculoskeletal problems, and developed IHA technology for assessing joint dysfunction.

John Triano, PhD, DC, a Logan alumnus and clinical staff member of the Texas Back Institute of Plano, Tex. also is an employee of Kinex and a co-researcher on the IHA models study.

The Kinex IHA System™ measures routine neck movements performed by a patient that are measured against a directional plane model mounted

on the wall (see photo on opposite page). The patient wears goggles with a precision laser to quantify movement in relation to the model. An electromagnetic capture system gathers data on patient movement on every plane and speed of motion in each direction. Data on patient movements are transmitted to a computer and analyzed by software using IHA models.

Logan's study is designed to cross-correlate radiological findings with IHA models, develop IHA models to compare upper cervical and lower cervical dysfunctions, and develop an

analog model for construction of "footprints" showing unique patterns of particular cervical spine dysfunctions.

"We are studying whiplash patients from the Logan Health Centers," says Dr. Marquina. "We are trying to learn whether there is a unique IHA pattern, or "footprint" for whiplash, monitor patient progress during chiropractic treatment to Maximum Medical Improvement and detect changes beyond MMI.

"I believe this technology has the potential for many applications in ergonomic and trauma assessment," says Dr. Marquina. "The equipment also may detect patient malingering, which will make it of interest to workers' compensation specialists."

The Research and Ergonomics Division also will soon begin examining use of the Kinex equipment to assess biomechanical dysfunction in non-spinal joints under motion, stress and rest conditions and in gait. The division will develop its capabilities in such testing to qualify for research grants and consulting projects.

Distance Learning, Diabetes, Foot Orthotics Studies Underway

Also underway at Logan – in cooperation with the East St. Louis Center of Southern Illinois University-Edwardsville – is a distance learning pilot program. The East St. Louis Center is a community outreach program of SIU, providing job training for disadvantaged people and welfare recipients.

Dr. Marquina is developing a pilot computer system to enable transmission of classes from the Logan campus to the East St. Louis Center. Course work will focus on training for health care office staff members, including chiropractic assistants. He expects to have the pilot system completed by February 1, with course content to be defined early in 1999. A successful experience with the pilot system will help Logan qualify for a U.S. Department of Commerce grant for a distance learning program.

Diabetic patients referred by Logan



Dr. Marquina demonstrates the use of the Kinex system.

alumni from throughout the St. Louis area are participating in a study of whether and how nutritional supplements affect insulin requirements. All subjects in the study have Diabetes Mellitus Type 1. Allen Parry, DC, coordinator of chiropractic history and of specific educational and clinical activities at Logan, works with the subjects and referring doctors. Completion of the study is expected in July 1999.

Gary Guebert, DC, DACBR of the Logan Radiology Department faculty is conducting research on foot orthotics and lumbar spine biomechanics, using orthotic products manufactured by Foot Levelers, Inc. of Roanoke, Va. The project is designed

to assess whether there are benefits of Foot Levelers orthotics on the biomechanics of the lumbar spine, as modeled by the Spinex system. The study is expected to be completed in the Spring of 1999.

Spinex Medical Technologies Inc. of Montreal developed the Spinex system for automated physical examination of the spine and assessment of spinal function as a patient moves with a weighted load. A high-resolution camera system generates data on the patient's functional status, which can be compared against norms in a database for the person's age, sex and load lifted. Testing can be adjusted to duplicate physical loads in specific work situations.

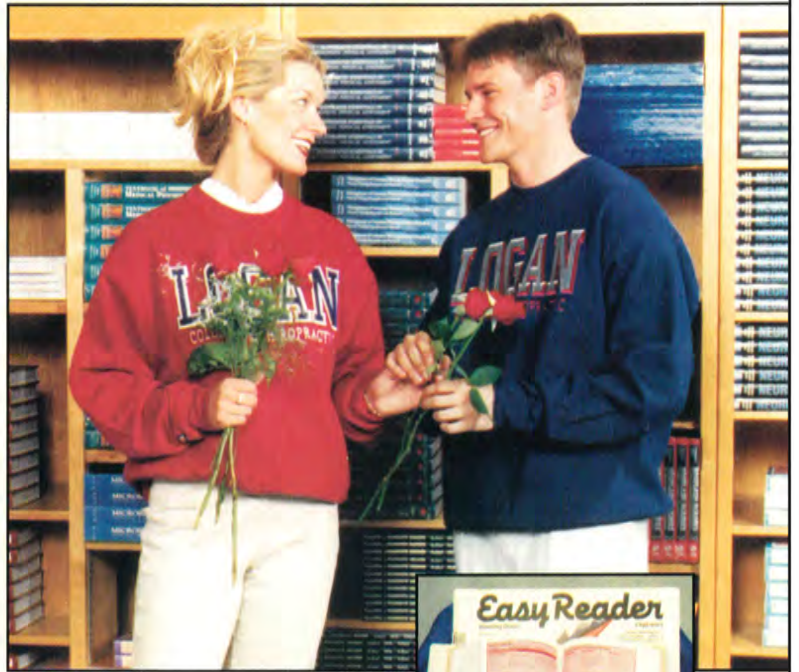
"I believe this technology has the potential for many applications in ergonomic and trauma assessment," says Dr. Marquina.

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