

"POSTURAL DIAGNOSIS" OFFERS
BETTER UNDERSTANDING OF HEALTH,
AND OF ABNORMALITY.

"POSTURAL ADJUSTINGS" OFFER POSSI-
BILITIES OF RECOVERY OF HEALTH, NOT
OTHERWISE OBTAINABLE.

DR. FRED J. CARVER

ORIGINATOR OF "THE POSTURAL METHOD OF
CHIROPRACTIC DIAGNOSIS AND ADJUSTING"

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WICHITA, KANSAS

Oct. 17th. 1941

Dr. D.C. Reese, D.C.
1607 North West 10th. St.
Oklahoma City, Okla.

Doctor Reese:- Since I do not know just how you plan to use the "biography" you request in your letter of Oct. 15th., the best I can do is give it to you and let you pick out the part of it that you want to use.

Born April 24th. 1882, near Nassau, now Gibson, Iowa, of pioneer Yankee parents. Just ten miles away was What Cheer, Iowa. A mining town, where one D.D. Palmer kept a grocery store and bought farm produce, and where one Willard Carver, being then a farm boy, hauled the farm produce and sold it to D.D. Palmer.

Chiropractic resulted from the acquaintance thus formed, for the two men discussed many things together during the years. Later D.D. Palmer moved to Davenport and in time discovered Chiropractic. Willard Carver attended Drake University as a law student and became an attorney

My Mother's youngest brother, "Uncle Howard" Nutting to all old time Palmer graduates, was a close neighbor and lasting friend of the Palmers. It was he who spread the news to us on the farm that Chiropractic had been discovered and insisted upon my Mother being one of the first few patients.

Willard Carver was called in as an attorney, when D.D. Palmer had his first legal trouble. He was cleared but lost his school. Then Uncle Howard, helped B.J. to get the school started on a sound financial plan but before they got all arrangements made, Willard Carver had started Carver College, having obtained a State Charter for it, making it the first Chartered school of Chiropractic in the world.

Just over in Missouri a little way, the Osteopaths had established their College, so I often say that I was born in No Man's Land, of the Battle of Techniques. All the time I was growing up I heard many heated arguments on the comparative value of techniques and methods of practice and because I had been constantly under medical care up to the time I was twenty four years of age, continually getting worse with a kidney trouble, finally terminating in acute Bright's disease and the Medical man's final report to the family that I had less than twelve hours to live, I was naturally very skeptical of all doctors and their methods.

Dr. Willard came along, just in time, and started me on the road to recovery. When I was twenty six, in 1908, I began the study of Chiropractic at Carver College, graduated in 1909 but stayed and studied, teaching in the clinic department, all told, five years. Began the development of "The Postural Method of Chiropractic Diagnosis and Adjusting" in the summer of 1911. Taught it to classes, mostly post graduate, while I was developing it. Finally presented it in its completed form in 1934 at the Annual Kansas State Convention. Presented it first in a national way at the Annual National Chiropractic Association Convention, held that year, 1935 at Hollywood California. Published the work in textbook form and copyrighted it in 1938.

Finding a fundamental basic foundation, from which all Chiropractic, and other drugless techniques, could be harmonized, to simply our method of practice, yet make it more uniformly resultful, has always been my hobby. The Postural Method will do just that if the profession will study it, thru the medium of two important phases of our work that has been almost entirely overlooked.

Those two important things are "motion" and "range of movement". We cannot see "motion", when we can "see" what we have always believed to be motion, what we actually see is "range of movement".

If we have in our body, from conception to maturity, "constant normal motion", which can only be produced by a constant and uninterrupted out-flow of life-force, from the brain, to all parts of the body, then we will have perfect health, with all of the bodily functions working normally, including "possible full range of normal movement", of every vertebrae, organ and part.

In order to be normal, and this is where the doctors who diagnose by X Ray will become interested, every vertebra must have normal range of movement, in three distinctly different directions, combined. The X Ray "sees" in only one direction and does not register movement at all and there is where the greatest part of our technique troubles have come from.

It is my hope now, to interest X Ray men in an attempt to make their machines picture the distortions, as they actually occur, which is by abnormality of range of movement. It will require entirely new X Ray technique and methods of taking the pictures, for now they are taking only "stills". If we can get them to accurately picture disturbance of range of movement, by intentionally picturing each of the six extremes of range of each vertebra that is pictured, then the results will indeed make a house-cleaning in the twenty thousand or more techniques, now in use.

I am not fighting anybody but I am sure boosting all I can for practical Chiropractic methods of practice and I am strong for discarding the many unnecessary, useless and dangerous techniques now in use. Let us go back and pick up the fundamentals we should have had forty years ago. The old threadbare story of the blind men who went out to "see" the elephant, applies to our profession as well now as it did forty years ago, but now we have the basic fundamentals of motion and range of movement, that will serve to make each of the five blind men, "see" the entire elephant at once. There is nothing to lose, all to gain.

Sincerely,

Fred J. Carver, D.C.

Dr. Fred J. Carver