

COLONIAL WILLIAMSBURG NEWS **EXTRA**

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Walk for a healthier you!

Do you want to get in shape, feel good, firm up muscles, reduce stress, control your weight, improve posture, strengthen skin, increase mental creativity, avoid varicose veins avoid health problems?

Retirees, employees and spouses are encouraged to come to a meeting on Monday, June 13, at 6:30 p.m. in the Personnel Training Building (PTB) to talk about forming a walking club. People interested in leading groups and coordinating this activity for Colonial Williamsburg's Recreation Committee are needed.

Herb Armstrong, president of the RoadRunners Club in Williamsburg, will be present to provide advice and answer questions.

Join us! Walk for a healthier life and keep that youthful glow!

Make plans to attend the
public ceremonies at the
First Liberty Summit
June 25, 1988
Watch for a special "Extra"
for details!

Softball rosters due June 17

Colonial Williamsburg's softball season begins July 5! Employees may choose to play on either an all men's team or coed team. Spouses may join employees and play on the same team. We play softball on the diamonds at Matthew Whaley School.

Anyone interested in organizing a team may pick up team roster forms from Sue Houser or Linda Scoggins in Room 132 of the Franklin Street Office Building between 9 a.m. and 5 p.m., Monday through Friday. Rosters need to be turned in by June 17.

If you would like to play but aren't on a team, call Sue at ext. 7029. There are always teams looking for more players! Come out and play ball!

Next Colonial Williamsburg
Weight Watchers session
begins Wednesday, July 6
Call Sue Houser
ext. 7029
for more information.

Stress class starts June 22

Stress is the body's reaction to any demand made upon it. The Wellness

Works Wonders Fitness Program is sponsoring an 8-hour class on stress. It will be held on Wednesday evenings, June 22, 29 and July 6 and 13 from 6:30 p.m. to 8:30 p.m. Each employee pays only \$25--Colonial Williamsburg will pay the balance of the \$45 fee.

The class is limited to the first 20 employees who pay. Checks should be made payable to Colonial Williamsburg and be delivered to Sue Houser in Room 132 of the Franklin Street Office Building. Call Sue at ext. 7029 for more information.

Lodge Beauty Shop under new management, offering expanded services

The hair salon located in the Tazewell Club Fitness Center in the Williamsburg Lodge has a new name and image!

"Ganelle", the new name for the salon, will be open Monday through Friday from 7:30 a.m. to 7:30 p.m. and Saturday from 7:30 a.m. to 2:30 p.m.

Membership cards are available for a special discount to those who live and work in the Williamsburg area. In addition, for a limited time only, Ganelle will be offering an additional 20% discount Wednesdays-Fridays to introduce you to our fine salon.

Call ext. 7692 for more information about services offered or an appointment.

Marketplace

For Rent: Need female roommate, non-smoker, to share two bedroom, 1 1/2 bath townhouse at Oakhill, four miles from Historic Area on Jamestown Road. Call Nell Shook at ext. 2167 day, or 253-2486 evenings.

For Rent: Charming two-bedroom townhouse in the old quaint section of Jamestown 1607. This two-story home has 1 1/2 baths; kitchen with all appliances; a shady, private fenced garden with 18th-century herbs and flowers; an interior with designer wallpapers; and colonial motif; pool and clubhouse privileges; \$515/month; available July 1; for more information, call Kathryn, 220-3085.

Moving Sale: Single speed ladies bike with basket, some furniture, lots of odds and ends, assorted clothing (sizes 8-12), call Andrea Smith, ext. 2863 or 229-4762 after 5:30 p.m.

Free Tabby Kittens: Weaned and litter trained, call ext. 2163 days, 220-3814 evenings.

Attention Musicians: Ambitious bass player would like to get together with fellow players to form band for

November Talent Show. Eclectic tastes and abilities--from Arlo Guthrie to Frank Zappa and everything in between. Call Pat at ext. 7120 or 220-2915 after 6 p.m. Let's get together and jam!

For Sale: Nursery overstock now available at Craft House Inn. Call ext. 2682 for more details.

For Sale: 1970 Richardson mobile home, as is. Three bedrooms, new electric baseboard heat, now located in Charles City. Needs some work, \$1700 or best reasonable offer, call Joan, ext. 7235.

Ride Needed: From the Raleigh Square Apartments, Jamestown Road, 8:30-ish a.m. to 5:15 p.m., two or three days a week, varied schedule, call Sally, ext. 2174.

For Sale: Sleeper sofa with double-size foam mattress. Floral pattern in greens, beiges, blues and dark peach. Asking \$35 or negotiable. Must get rid of! Please call after 5:30 p.m. 253-2292 or leave a message.

For Sale: Four Sears Response all-season radial tires, size 185 R13" come with rims and hub caps, \$100, call ext. 2660 and ask for Eric.

For Sale: Piano, Yamaha console, two years old, walnut finish, with bench, recently tuned, excellent condition, \$2500, call 875-0577 after 4 p.m.

For Sale: Mobile home with poolside view; cool it in this centrally air conditioned home under a magnificent magnolia tree. Cool breezes, new chain-link fence, new 10' X 10' aluminum shed, four years old, low payments/down payment, two bedrooms, one bath with garden tub, call 887-0711 for more information.

Free: To the right person, beautiful bird dog, excellent with children, housebroken, five years old, all shots/spayed/wormed, would make an outstanding companion, moving, must give away, call 887-0711.

Needed: Female roommate to share two bedroom, two bathroom apartment, non-smoker, \$247.50 plus 1/2 utilities, available July 1, call 220-9510 after 5 p.m.

Needed: Roommate, male or female to pay 1/3 of all utilities and rent of three bedroom house, located in Denbigh area off Richneck Road. Call Angelo after 6 p.m., 874-0625.

For Sale: Parrots, Cherry head conures, available with cage and stand, price negotiable. Call Kathi at ext. 7089 or 247-7639.

For Sale or Rent: Shellis Square townhouse, three bedrooms, 1 1/2 baths, refrigerator, stove, dishwasher. Selling price is \$63,000; rental price is \$525/month. Call 229-0365.

For Sale: 1981 Lincoln Continental Mark VI, "Cartier" signature series. New engine with less than 10,000 miles, fully loaded, leather interior, AM/FM stereo cassette, silver color, in

excellent condition, \$6500 firm. Call 220-9024 before 8:30 a.m. or after 5:30 p.m. weekdays, anytime on weekends.

For Sale: 1985 300 ZX Turbo Nissan, "T" top, AM/FM stereo cassette, 70,000 miles, excellent condition, \$11,500, call 220-9024 before 8:30 a.m. or after 5:30 p.m. weekdays, anytime on weekends.

The "Extra" is published twice monthly by Human Resources Development. Deadlines are 5 p.m. the first and third Thursdays of each month. Our next deadline is June 16, 1988. Call Heidi Moore at ext. 7121 for assistance. Listings for the Marketplace are free, but you must include your signature. Send announcements and listings for the Marketplace to "CW News Extra", Room 245, FSO. We do not take listings by phone.