

COLONIAL WILLIAMSBURG NEWS **EXTRA**

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Conversations with Mr. Longworth Begin March 22

Later this month you'll be able to share your thoughts and ideas about Colonial Williamsburg, our mission and other related topics during conversations with Mr. Longworth.

These conversations will be strictly informal with no set agenda. They will be an opportunity for employees to get together to share their views and to ask questions about those topics which concern us all.

Conversations with Mr. Longworth will be held on the following dates:

March 22, 2-4 p.m., Lodge Room A

March 25, 3-5 p.m., Cascades II

March 28, 2-4 p.m., Fife and Drum Building

March 31, 10 a.m. to noon, Lodge Rooms D and E

These sessions are voluntary. If you'd like to come, tell your supervisor.

Conversations with other administrative officers are being planned on topics such as our educational mission and programs and on how we market Colonial Williamsburg. Dates and times for these conversations will be announced in upcoming issues of the EXTRA and Colonial Williamsburg News.

**Mark Your Calendars Now For The
Employee Open House
March 18 - 20**

**Check Your March CW News
For Full Details!!!**

Cancer Screening for Women Offered at Reduced Rate

Colonial Williamsburg, in conjunction with Williamsburg Community Hospital and the Wellness Works Wonders program, is offering mammogram x-rays at the reduced rate of \$50. Mammograms normally cost \$82 and are not covered by Blue Cross/Blue Shield health care insurance.

Appointments are available between 9 a.m. and 12 noon on Tuesday, March 22; on Thursday, March 24; on Monday, March 28; and on Friday, April 1. They are also available between 2:30 p.m. and 4 p.m. on Wednesday, March 30.

Call Sue Houser at ext. 7029 to schedule an appointment and/or for more information.

VITA is Here For You!!!

Need help completing your 1987 tax returns? VITA, the Volunteer Income Tax Assistance program, is here for you! Some 19 Colonial Williamsburg employees

or spouses of employees volunteer their time and knowledge to complete 1040EZs, 1040As and simple 1040s.

The VITA site is open by appointment only on Tuesday and Thursday evenings from 5:30 to 7:30 and on Saturdays from 11 a.m. to 2 p.m. Or, you may drop off your return, along with all the necessary information, at Room 132 of the Franklin Street Office Building. If you have any questions, please call the VITA line at ext. 7326.

Food For Thought: March is Nutrition Month!!!

Food alone cannot make you healthy. But good eating habits, based on moderation and variety, can help keep you healthy and even improve your health.

This month's Fitness Bulletin Boards contain a variety of pamphlets relating to eating and good nutrition.

The boards are located in **Accounts Payable**, second floor of the Motor House; **Wallace Gallery** employee break area; **Group Arrivals Building**; and **Greenhow Brick Office**. You can also pick up information from Employee Relations in Room 132 of the Franklin Street Office building.

Sunday Services Offered For Colonial Williamsburg Employees

Ecumenical and non-denominational services for employees assigned to work on Sunday mornings will begin March 20. Anyone who has a Sunday assignment which prevents them from attending their own church is welcome.

The services are held in St. Mary's Chapel, which is attached to the Bruton Parish House, next door to Casey's. Parking is available in Casey's lot.

Each service begins promptly at 8 a.m. and ends at 8:25, allowing time for employees to report anywhere in the Historic Area before 9.

Employees in costume are welcome. These services can be a satisfying way to begin your day. If you'd like more information about the services, please call Helen Phillips at ext. 7601 or 7565.

Cholesterol Screening Scheduled Again!!!

Cholesterol screening has been re-scheduled, due to the terrific response on February 26. The screening will take place on **Friday, March 25** at these locations and times:

Franklin Street Office, Room 147 -
9:30 a.m. to 11:30 a.m.

Commonwealth Hall (Motor House
Cafeteria) - Noon to 2 p.m.

Franklin Street Office, Room 147 -

3:30 p.m. to 4:30 p.m.

There will be three technicians on duty this time to ensure a shorter waiting time.

There is a \$5.00 charge for this testing (cash or check payable to WCH). If you were tested on February 26 and your cholesterol level was 240 or above, you may be tested again for free if you have your lab slip.

If you'd like more information, please call Sue Houser at ext. 7029.

Order Your Hams Now for Easter

Don't have time to cook for Easter? Order a ham that's ready to eat. Pre-cooked Gwaltney hams may be ordered by calling the Grocer's Shop at ext. 2523. Place your order on Wednesday a week in advance for delivery the following Friday.

To have a ham by Easter, be sure and order it by Wednesday, March 23. A variety of other 18th-century food items are also available for entertaining. Stop at the Grocer's Shop and delight your guests with a taste from the past!

A Trip to the National Gallery...

The Colonial Williamsburg Recreation Board is planning a trip to the National Gallery in Washington, D.C. to view the Shelburne Museum Folk Art exhibit.

At least 25 people are needed to make the trip possible. Since the trip is in the planning stages costs are not definite, although they will probably include transportation and a meal.

If you'd like to go, or if you need more information, contact Sue Houser at ext. 7029.

Rec Board Meeting March 17

The next meeting of the Colonial Williamsburg Recreation Board will be held on Thursday, March 17 at 3:30 p.m. in Room 147 of the Franklin Street Office Building. If you have any questions or suggestions, please call Sue Houser at ext. 7029.

Marketplace

For Sale: 1977 Jeep CJ-5; 32" tires, uplifted. Radio and speakers. Good condition. \$3,200. Call 229-8606, evenings.

For Sale: Sears Scholar electric correctable typewriter; lightweight, 12" carriage length, carry case. \$130. Call ext. 7085 or 565-3288.

Townhouse for Rent: 1-1/2 miles from CW. 2 BR, 2 full baths, FP, washer/dryer, microwave, sundeck. \$550/month. Avail. June 1 or Sept. 1. Call Jim at 565-0379 after 6 p.m.

For Sale: 1980 VW Rabbit convertible; mint condition, new top, very clean, 45,000 miles. Call Bill at 220-2695 anytime.

House for Sale: Close to town. 4BR ranch on private 3/4 acre lot. LR, FP, Kit, DR, FR, 2 BA, A/C. \$79,400. Call 703-885-6097 after 5 p.m. for appointment.

Ride Needed: Live in Denbigh area. Pick up between noon and 1 p.m.; return after 10:30 p.m. Willing to help pay for gas. Call Sharon Randall at ext. 7021.

For Sale: 1985 Ford EXP; 52,000 miles, runs like new, 5-speed, AM/FM Jenson stereo. Great gas mileage. \$3,795. Call 253-0623 after 5 p.m.

For Sale: RMI keyboard, \$250. TKO Peavey amplifier, \$175. Call 253-0623 after 5 p.m.

For Sale: 1985 Isuzu I-Mark; AC, PS, 5 speed, low mileage, excellent condition. Call 253-0398.

For Sale: 1975 Olds Cutlass 4 door. Fair condition. \$500; trades considered. Call 966-2808 between 6 and 8 p.m.

Cooking Class: Ann's Petite Maison de Cuisine presents "Easy and Elegant for the Pauper." March 24, 7 to 9 p.m. Class limited, so reserve space early. Call Ann French at 229-5267 after 5:30 p.m.

Moving Sale: BR suites, couch and chair, kitchenware, clothing, TV. Friday, March 11 or call to come by. Call Gina at ext. 4946 or 229-0812 evenings.

Roommate Wanted: Furnished 2 BR, 2 BA apt; W/D, FP, clubhouse. \$262.50/month plus 1/2 utilities. Call Linda at ext. 7588 or 229-1005 after 9 p.m.

For Sale: Apple IIe computer; 128K, 2 disc drives, color monitor, amber monitor, daisywheel printer (3 print styles), ribbon, 4 boxes paper, books and manuals, mouse. Software: Appleworks, Multiscriber, Sideways, Mail Merge, Dictionary, Math Blaster, Flight Simulator 2, Personal Ancestral File, Print Shop, Etc. (forms software). \$1,450 or best offer. Call Susan at ext. 7296.

For Sale: Hospital bed with rails and mattress. Like new, \$450. Call 565-1961 after 6 p.m.

Wanted: Someone to clean a 2 BR house once every 2 weeks. Send work history and references to: PO Box 86, Williamsburg 23187.

For Sale: GE electric range; white, double oven, excellent condition. \$100. Call 229-3183.

The "Extra" is published twice monthly by Human Resources Development. Deadlines are 5 p.m. the first and third Thursdays of each month. Our next deadline is March 17, 1988. Call Heidi Moore at ext. 7121 for assistance. Listings for the Marketplace are free, but you must include your signature. Send announcements and listings for the Marketplace to "CW News Extra", Room 245, FSO. We do not take listings by phone.