

## Express

### December Events

- 12-1 **World Aids Day**, Centaur Memorial 6:30 at the band shell at Lake Eola
- 12-4 **Red Ribbon Ball** at Fashion Square Mall at 10:30 pm for Centaur
- 12-6/7 **Theatre Downtown** performance at 8 pm to benefit the Center and the Hat Box Revue "Need a Little Christmas"
- 12-10 6:00 pm **Unitarian Church 5th annual Christmas of sharing**. Bring a non-perishable gift to benefit PWA food pantries to gain admission to the holiday arty.
- 12-11 **Lesbian and Gay arts & crafts show** at GLCS, noon to 5 pm. Come by and do your holiday shopping! Pottery, jewelry, paintings and more.
- 12-13 **15th anniversary of Gay Skate**. Birthday party will include cake and favors.
- 12-18 1:00 pm at the Club: **Open auditions for the Spectrum Dancers** to perform at Community Service Award. Call GLCS for info.
- 12-18 & 19 **Orlando Gay Chorus Concert**; Rollins College Chapel 7:35 pm, call 645-4866 for more information.

The Lesbian and Gay Jewish community group will be meeting for a special Hannukah celebration on Saturday, December 11th. Call 578-8062 or 365-8838 for more information.

### One of Eight

Write down the name of seven women plus yourself. Of these friends, co-workers and family members, one will develop breast cancer sometime in her life. In fact, nationally, one woman is diagnosed every three minutes with breast cancer: 25% of those will die.

Many of us think that breast cancer happens to other people-- that we are not THE one in eight. Here are some risk factors to consider:

▼Of the women diagnosed with breast cancer, 75% have NO risk factors.

▼The greatest risk is being female.

▼Having a mother, sister or grandmother with breast cancer increases risk factors two to three times.

▼If the cancer occurred in mother or sister before menopause or occurred in both breasts, the risk is even higher.

▼Having your first child after age 30 or not having children increases the risk.

▼So does early menstruation (before age 12) or late menopause (after age 55); a history of ovarian or colon cancer; a high fat, low fiber diet; and obesity, particularly after menopause.

About 90% of the time, cancer occurs as a hard, stony, singular, non-mobile lump that is anchored in surrounding tissues of the breast. It is usually a painless lump that can be felt, found only in one breast and occurs in women over 35 years old. However, often dangerous breast cancer signs are ignored because they have different characteristics than a lump.

Some common misconceptions about breast cancer are:

▼Women under the age of 35 don't develop breast cancer.

▼Breast cancer is not painful. (Although Fibrocystic breast condition is always painful, 11% of women diagnosed with breast cancer describe pain as a symptom.)

▼Mammography is fool-proof. (10% of breast cancers never form a lump that can be felt or seen on mammography.)

Breast self exams should be performed monthly right after your period, when your breasts are not swollen or tender. Mammography is another tool for early detection. It is suggested that you get a baseline mammogram at the age of 35.



# The Bridge

word <sup>up!</sup>

by Jo Wiggins

Here I stand, proof of hip-hop's reaching powers. I'm a child of the suburbs, the granddaughter and great-niece of former Klansmen, Caucasian, bi and gifted. Y'all know I'm also deep into progressive rock-- witness my glowing praise for Sinead and Nirvana. But for a release from my rage or simply something cool to dance to, nothing takes the place of rap. That's why I'm spending some of the column on interesting hip-hop developments.

Me'Shell NdegeOcello is a punk-ass sellout! I read this mini-profile of her in June/July's OUT. I was ready to celebrate. Yes, an openly gay female rapper/singer/bassist! Then about a week ago I bought Plantation Lullabies. She talked about sex with men, dissed other females, sang a song about female competition, and bordered on anti-white racism. (Like anyone chooses their foundation shade, sweetheart!) In her "Dred Loc" video, she got cozy with a man. She had adamantly declared her gayness just a few months ago, now it's as if she's slinking back into a closet. Perhaps I'm misjudging, but I feel she gave up the opportunity to represent for commercial acceptance. She'll probably get it, because she has hellatalent. But at what price? Not just to her, but to us, a group of people who are already either ignored or threatened in so much rap.

The Source, a hip-hop magazine, has a columnist called the "Rap Bandit" who gives smart-aleck answers to reader questions. The Bandit is a great source of gossip. Anyway, s/he let it slip that s/he knows a closeted gay rapper. The clues: He is heavily associated with word "Peace" and "at one point in his career made a song that sampled James Brown." Come on! The hip hop junkies in the house know that doesn't narrow it down hardly at all! I'm stumped. If the Bandit is forthcoming with more clues, I'll pass them on along with my theories. Come out, come out, whoever you are!

It's not a member of A Tribe Called Quest, because I don't remember any James Brown samples in their songs, but they're cool regardless. I mention them because for the first time ever, my kid brother Joey and I are fighting for custody of a rap album. On their newest, Midnight Marauders, rapper Phife Dog goes "When's the last time you heard a funky diabetic?" My brother loves this for reasons you

should know if you paid attention last month. It's a really really brilliant album, and Quest is physically incapable of doing anything that sucks. Along with Boss' Born Gangstaz, Casual's Fear Itself, De La Soul's Buhloone Mind State, and Del Tha Funkee Homosapien's No Need For Alarm, I can wholeheartedly recommend it! Sing hallelujah!

Sort of hiphop related: Remember hearing the words "And you can new jack swing on my nuts!" in some rap songs? Sure you do! The phrase has come to mean, basically, "Leave me alone, punk, or I'll have to hurt you." But what female can say that? My girl T invented an offshoot of that--"You can new jack swing on my clit!" Mo substitutes the word "lips." I use it constantly.

Jean Patteson of the Orlando Sentinel can new jack swing on my clit. Okay, maybe that's harsh, but I wanted to show you the phrase in context. She dissed the model I have a crush on, Eve, who I think I've mentioned before. If you have no idea who I'm talking about, she's hellabeautiful and non-anorexic model who has a dragon tattoo on her shaved head. Patteson wrote, "Her sullen, mannish attitude did little to enhance the feminine clothes." I happen to think her sullen, mannish attitude is great. I don't even think she's all that mannish. (I currently watch Lenny Kravitz' "Is There Any Love In Your Heart" video because she appears in it. Finally he's doing something right!) That tattoo had to really hurt. That other bald tattooed beauty, Katarina Denisovna "Damn, that sounds sexy" Lunacharsky says it indicated mega patience and an ability to withstand pain. She teasingly added that those are qualities anyone who wants to date me needs! (Katie, shall I mention some of your finer eardrum-blowing moments? We're even now. Love you, K!)

Before I go, I'd like to say that anyone who refers to me and bisexual siblings as "ambisexual," "omisexual," or worst of all "sexually confused" can not only new jack swing on the body parts of their choice, but expect a whack upside the head! I think both women and men are awesome. I am perfectly clear on this. Therefore, the word is "bisexual." Sin-e, that's it, thank you very much.

With that attitude of peace established, I'd like to wish y'all a Happy Whatever! Peace out!



# THE PARENT PERSPECTIVE

by Diane P. Kerkhoff

...n't tell my heart, my achy baky  
...rt, I just don't think it'd under-  
stand... Cause if you tell my heart, my  
achy baky heart, it might blow up this  
baking pan.

There's a little musical interlude  
for you longtime readers of this  
column. For you short-time readers, I  
have no sympathy today, so I'm not  
going to explain it.

Yes, a lot of baking has been going  
on here this month. Along with  
everything else, I made these two rich  
chocolaty creations specifically for My  
Dear Friend [MDF], but somehow they  
never made it to her house. I wonder  
where they went. MDF's girlfriend has  
that sad little "you promised us  
chocolate" look on her face.

Memo to my friends: I prefer  
"absent-minded professor" to "clueless."

I miss the good old Phoenix. I go  
crazy when I don't get enough dancing  
in. So, I've made a promise to myself  
to fo to the country bar at 3400 SOBT  
every child-free Friday night and take  
the dance lessons. Lessons are free  
from 8 to 10 pm in case you want to  
join me. I'll be there about every other  
Friday night.

Here's my country music thought  
for the month: *When the sky is the  
limit down on easy street, Rock Bottom  
ain't no place to be. Rock Bottom ain't  
no place for me.*

Did you ever notice that when  
you're just about as down as you can  
be and you just can't get any lower,  
that someone opens a trap door and  
Rock Bottom hits new depths?

Here's some personal parent stuff:  
last week my son's school put on a  
musical program involving all the  
children. My son was the master of  
ceremonies. He was great! (and I'm  
not prejudiced.) Then a few days later  
my son performed with his tap dance  
class at a church festival. He was  
great again! (the whole class was  
great - see, I'm not prejudiced.) Both  
times I was proud enough to bust a  
button. People came up and told me  
how good he was and I just ate it up.  
I'm a terrible failure as a stage mother  
though, I didn't think to bring a  
camera either time. MDF says I'm a  
dope, my girlfriend says I'm clueless.

One Saturday in October about  
100 of us demonstrated in front of  
Channel 6 and then the next day over  
100 of us drove to Tampa to partici-  
pate in the "March for our Lives." Not  
bad for laid-back, conservative,  
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you doing on either of those days that  
was more important than making a  
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- Delta Youth Alliance 425-4527
- GLCS Hotline & Info Line THE-GAYS
- GLADD 236-9499
- GLPCI (Parents' Group) 420-2191
- Gay & Lesbian Center 425-4527
- Family That Cares 365-3762
- FLOLAC (Old Lesbians) (407) 779-4874
- Joy MCC (Orlando) 894-1081
- LCN Express INFORMATION-[Leave your # & time to call] 332-2311
- LCN Express SUBSCRIPTIONS/ADDRESS CHANGES 291-3791
- LCN Express ADVERTISING 648-4154
- Metropolitan Business Assoc. 299-1439
- Orlando PRIDE 236-9480
- Primetimers (Travel Club) 895-1965
- PLAG (Parents & Friends of Lesbians/Gays) 236-9177
- Rape Crisis Center 648-3028
- Runaway Switchboard 1 (800) 621-4000
- Spouse Abuse Hotline 886-2856
- WILLOW (Women in Lake County) (904) 383-2883
- WIT (Women in Brevard County) 1-727-1336
- Women's Health Center 896-2022

## Aids Resources:

- AIDS Hotline/English 1(800)FLA-AIDS
- AIDS Hotline/Haitian/Creole 1(800) AIDS 101
- AIDS Hotline/Spanish 1(800) 545-SIDA
- AIDS Resource Alliance 425-2233
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# LCN Express

## Publication Information

LCN Express is a monthly publication for and by the Central Florida Lesbian community. We invite readers to submit articles, letters, announcements, poems, short stories, and other items of interest.

**Deadline for articles & ads: 15th of each month**

**Length: 300 words**

**By-Line: Anonymity guaranteed if desired (please specify) but telephone number is required**

Editorial policy is as follows: The views expressed in the LCN Express are not necessarily those of the LCN or the newsletter editors. The editorial staff reserves the right to edit all contributions for clarity, conciseness and length. It is strongly recommended that caution be exercised to address an opinion, not to assault the author of an article, letter (or anyone else for that matter).

Thanks! *The LCN Express Editorial Staff:*  
Madeliene Abling, Becky Acuna, Cathy McElhiney, Barb Fallon, Lucy Ford, Rachel Gardiner, Rita Krossber

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Single Medium	5¼" tall x 2¼" wide	\$15
Business Card	2" tall x 3½" wide	\$5
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<u>Classified Ads</u>	Maximum 35 words	\$2

Payment for ads should be submitted in advance, checks payable to LCN. We can do typesetting for you; cost to equal the price of the size ad you are running.

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## STATE & NATIONAL NEWS

In July, a Jacksonville judge ruled that a gay divorced father gave up his rights to share in decisions about his children's upbringing when he moved in with his HIV-positive lover. "To subject the minor children to added conflicts arising from their homosexual father's lifestyle and sexual conduct," wrote Judge A.C. Soud, "is a pound of flesh that this court will not exact from them."

"We're appalled by the judge's decision," said a representative of the American Civil Liberties Union, which immediately contacted the father's lawyer to discuss an appeal; "To say that gays are incompatible with being good parents is just dead wrong."

copied from the New York Native

### Classifieds

I've been disabled & housebound for 2 years with CFIDS/EI/MCS. My SSA disab hearing is Nov. 9, 1pm in Jax.

Please wish me well, in all ways. Thanks, Olivia Stryker, 7175 S AIA, ST. Aug. 32086

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# Happy Hannukah

A bill providing health insurance benefits to domestic partners of Atlanta city employees passed the City Council on August 2.

Sodomy between consenting adults is now legal in the District of Columbia for the first time because Congress allowed the local law barring it to lapse. A repeal law passed by the DC Council and signed by Mayor Sharon Pratt Kelly in May had been subject to a 60 day review period, during which congress could have overturned the measure. But without a word of debate in the House of the Senate, the review period ended the week of September 17. The repeal ends a 12-year battle by gay rights groups and civil libertarians, who called the law a violation of the constitutional right to privacy.

The State Department has quietly modified its personnel policies to make it clear that gays and lesbians will not be discriminated against in applying for or serving in the Foreign Service.

**LCN Express  
Production Schedule**  
Call 831-2971 for more info

**Submission deadline:  
December 15th**  
**Tues., Dec. 15:** Editorial/  
Production Meeting at 7pm.  
**Mon., Jan 3:** 7:00pm Folding  
Party at Faces! If you are  
looking for a way to get  
involved, this is a great help  
and a chance to meet some of  
the community!  
Many thanks to the womyn  
who helped last month!

**Notice:  
LCN  
General  
Meeting  
Thursday  
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# What Color Is Your Triangle?

by Arie Schwartz (excerpted from *Womyn's Words* November 1993)

As sure as there's a difference between men and women, there's a difference between a pink and a black triangle. One represents gay men, the other lesbians. During World War II, every prisoner in the Nazi German concentration camps wore a uniform which bore a symbol, in the form of a triangle or a variation on one, denoting his or her status. It is common knowledge that Jews wore double triangles, yellow on yellow, forming the Star of David. Less commonly known are the other: red for political prisoners, brown for gypsies, blue for emigrants, green for criminals, dark purple or red with black circle below for Jehovah's Witnesses. The uniforms of male homosexuality bore a pink triangle. Lesbians, although few in number, were identified by a black triangle.

Over the years, the inverted pink triangles has evolved as a symbol in the homosexual community, representing the oppression of gays. Many gay men and women wear to in some form to signify our oneness with those who suffered and died in the concentration camps because of sexual preference.

Millions of women in Nazi Germany were prosecuted, persecuted, and tortured. Rape and bodily abuse for so-called medical experimentation were common-

place... Even the word "gay" has become synonymous with homosexual men, although it is a derivative from the Greek Earth Goddess, Gaia. I, for one, refuse to relinquish my right to ownership of the term. If gay men want to call themselves "male lesbians," that's fine with me.

Some might say, "Why the fuss? The significance of the pink triangle is in what it represents for all of us, not just gay men." Or, as one woman I know, who calls herself a feminist, said, "It's not our job to educate others about the black triangle."

Maybe it's not your job, but I'm making it mine. Right here, right now. In your face...

..You want it pink? Fine, I want it pink too--on one side, with the other side black. Better yet, let's go with the rainbow triangle, signifying our opposition to all the oppression--gender, radical, ethnic, religious and sexual preference. That's called compromise. Working together toward a common goal. Or, You wear my triangle, I'll wear yours."

*Arie Schwartz is a syndicated columnist whose articles and feature stories appear regularly in lesbian and gay publications throughout the country.*

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# Momazons

Momazons is a newly formed, national organization for lesbian mothers and for lesbians who want children in their lives.

We provide an opportunity for lesbians and our friends to explore options in bearing, adopting, raising, or being involved with children. Momazons facilitates connections between lesbian mothers seeking camaraderie, information and support. We encourage discussions about the impact of our families on our communities. We support the diversity in the lesbian mothering community and are working to create a group that includes the many different ways lesbians choose and have chosen to include children in our lives.

Momazons produces a bimonthly newsletter, facilitating a national dialogue about lesbians' experiences and opinions about considering children, creating a family, blending

families, child rearing, and other issues of significance to lesbian mothers and their families. We create, with referrals from our membership, an extensive directory of supportive resources for lesbian mothers. We maintain a member directory, and organize a "mom to mom" referral program, connecting lesbian mothers dealing with similar issues. We offer our members the choice to participate in media interviews or academic research projects in order to better educate the public about lesbian motherhood. We offer phone consultations, at a sliding scale, for women who desire immediate information about their options in creating a family.

"We've been organizing here in Central Ohio for more than 5 years, and over 100 local women and their children have been participating in Momazon meetings," says Momazon's founder and director,

Kelly McCormick, Ph.D. "Momazons is all about lesbians connecting to share our collective wisdom about creating families, mothering, and raising children."

One year memberships to Momazons cost \$15-20 sliding scale and includes a subscription to the Momazon newsletter. The interactive style of the newsletter encourages a dialogue among lesbian mothers. "Subscribers can join the discussion and become contributors to the newsletter," McCormick states. Individuals contributing \$100 or more become "founding mothers" and lifetime members.

It is our vision that no lesbian interested in children or mothering should have to feel isolated, suffer homophobic reactions in silence, or search in vain for lesbian-family supportive professionals in her quest to create or nurture family.

## Happy Holidays



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Welcome to The MC Film Festival Home Video Catalogue. Our names are Mark and Carrie, we host a private home film festival. Our selections do not include any XXX films. We are excited to share with you two new gay and lesbian video magazine series, Network Q and Pride Time Travels.

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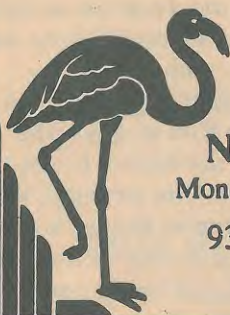
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# FIGHT TO PROTECT OUR RIGHTS FROM THE RADICAL RIGHT

by Le June Perrin

The Radical Right seeks to legislate our rights away, in order that gays and lesbians not receive legal protection under the Florida Constitution. This action will take place in November, 1994 when the American Family Association (AFA) will be lying to Florida citizens as to what constitutes a minority and what it is that gays and lesbians of Florida deserve.

The American Family Association and David Caton will teach that gays and lesbians are child molesters and that we want "special rights." The "special rights" will force employers to hire gays and lesbians. The American Family Association will inform our nature allies (Black, Hispanic and others) that we are trying to equate our struggle to the history of intolerance that have greeted their struggle for inclusion of the "American Dream." This information will be given to our allies through the use of misinformation and out and out lies about what is a minority.

In order to counter these lies by the American Family Association, each of us must be willing to work to preserve our rights. As a method to

alert the citizens of Florida as to the dangers of the Radical Right, The Floridians United Against Discrimination Steering Committee, PAC sponsored a Florida tour of Peggy Norman in November. The Radical Right is having its members run for offices without revealing their true agenda. A member of the Radical Right (Pam Peters) ran for mayor of Winter Park in the November, 1993 elections.

Floridians United Against Discrimination, Steering Committee PAC believes that in order to defeat the AFA, we must coalition build with our natural allies and others who believe that there must be separation of church and state. The local supporting organization who is working to coalition build is Citizens Acting for Rights and Equality (CARE). This organization is different than Central Floridians United Against Discrimination (CFUAD) which supports the goals of Floridians United Against Discrimination, a social welfare organization which seeks to run a media campaign.

We must be willing to realize that there is enough work to keep all of us occupied and that we cannot be united by backbiting and spreading untruths. The next meeting of CARE will be held on December 18, 1993 at GLCS, E Colonial Drive, Orlando at 10:00am.

Each of us must be willing to work to preserve our rights from the intolerance of the Radical Right. We must donate funds, educate the straight, gay and lesbian and communities of color as to our needs for inclusion on the American Dream. We must inform our enemies that we will no longer take the scraps that they leave us. In order to fight the radical right we must "come out" in our own way, and let our co-workers, employees, relatives and neighbors know that as gays and lesbians we are not hiding in the shadows. To win this struggle, we must all be willing to donate our time, talents and money. Please donate to CARE, a Florida non-profit corporation by sending your checks to: CARE, P.O.Box, Orlando, Florida 32853-6624.

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by Pinky



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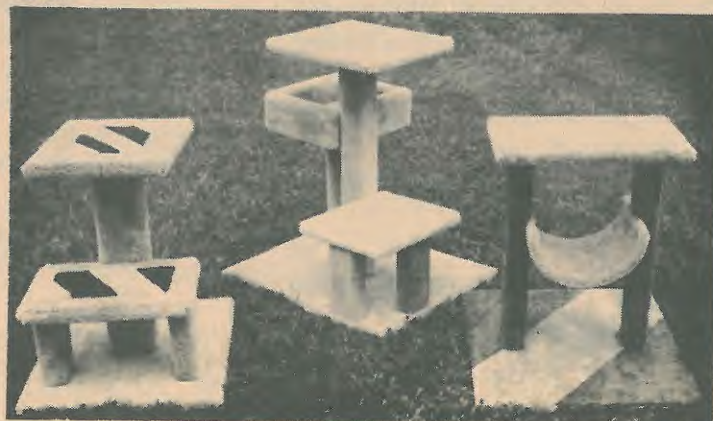
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# Mother Earth Ocean Works Pottery

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Seasons Greetings from Rita & Rachel

## PRESS RELEASE

As the result of a contractual agreement between Judy Shaw and the ownership of radio station WXTO 1600am, OUT LOUD radio is pleased to announce that it will remain on the air despite the fact that former co-host Chris Alexander is no longer with the program. Judy hopes that the community will continue their enthusiastic support. Listeners are encouraged to call Judy at 628-2166, or during program hours at 290-1600.

*Feliz  
Navidad*

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# MBA HOSTS LOCAL MEDIA WRITERS

Orlando, Florida. Approximately 100 people attended the October MBA meeting spotlighting Orlando Sentinel writers Jay Boyar and Greg Dawson. Boyar, a film critic, and Dawson, a television columnist, described the various responsibilities their jobs entail, and in an entertaining manner discussed the positive changes in portrayals of gays and lesbians in their respective fields. There has been a definite improvement in the roles assigned, as well as the type of emphasis placed on them, as apparent in the example of characters played by Sandra Bernhard and Morgan Fairchild in the television sitcom "Roseanne". Not only are traditional stereotypes being cast aside, but gay and lesbian characters are not always the particular focus of a film or television program, but often just a simple part of the plot, conveying and acceptance of them as "a part of regular life." Although Dawson felt "And the Band Played On" covered a lot of ground, Boyar disagreed, stating that for such a controversial issue, he "didn't feel emotionally involved". In answering questions from the floor, both writers expressed their support as well as a genuine pleasure at being asked to address the membership of MBA.

The November meeting of MBA will be a "Night for Networking".

Meetings are held the first Thursday of every month at the Radisson Hotel on Lake Ivanhoe. Networking and social hour is at 6:30 p.m. and the meeting begins at 7:30 p.m. Board meetings are the third Thursday of each month, at 7:00 p.m., at Out & About Books; members and interested parties are welcome to attend and express their opinions and concerns.

# CFUAD Volunteer Picnic

All CFUAD volunteers and any of you interested in fighting for lesbian and gay civil rights are invited to a picnic at Mead Gardens in Winter Park. The picnic will be at 1:00 pm on Sunday, December 5th, and there will be free food, refreshments, entertainment and activities. For directions or more information, call Nan at 628-7096. So if you're interested in helping defeat the religious right's attempt to legalized discrimination, join in and bring a friend! It won't happen here.

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## Lesbian Questionnaire for NOW

The following questionnaire was sent to the LCN for distribution. Our feedback will be used in a presentation being made to Florida NOW. Please send your answers to: Pat Morris, 15600 SE 27th Ave., Summerfield, FL 34491.

1. What is your current relationship status?
2. What would you consider the five most important issues confronting lesbianism.
3. Have you ever had a heterosexual relationship? If so, what determined the reality of your sexuality?
4. What would you consider the most misunderstood ideas concerning lesbianism?
5. What are your personal hopes for the Gay Rights Movement?
6. What are your goals in your personal life?
7. Do you feel the gay male community looks at the lesbian community as different from themselves, or is there unity?
8. Other than Gay Rights, what other issues do you feel are most important?
9. How old were you when you were sure you were gay?

10. How is your relationship with your family?
11. What would your ultimate dream consist of?
12. Do you feel any progress has been made toward Gay Rights? If more needs to be accomplished, where and when does the strongest effort need to be made?
13. If you could speak to the American people, what would you want to say?
14. Are you totally "out" in your life, or do you have to keep it a secret?
15. How does the above affect your life?
16. Do you feel isolated in your lesbianism, or do you have heterosexual friends you are completely comfortable with?
17. Do you feel you have a choice as to your sexuality? Do you feel it's genetic? Hereditary? Environmental?
18. If you knew one open-minded, accepting heterosexual woman, what would you like to talk about with her? Are there any questions you'd like to ask about her life?



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