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1968



Lincoln General

School of Nursing



CLASS FLOWER:

Sweetheart Rose



PAMELA CUSHING BESHORE



MRS. SHIRLEY JOHNSON

Class Sponsor

CLASS COLORS:

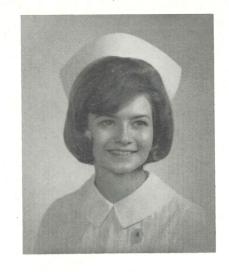
Apricot and White



VICKI WALKER



CAROLYN LARSEN



CONNIE RICE SCHIECK



LINDA KEISS



LINDA SCHNEIDER GASSELING



SIDONIA HAAS



SANDRA LORD



BRENDA WORMS



KATHRYN OHM SNELLING



JANICE WRIGHT



MARY ANGELL BENNETT



JUDITH EHLERS



PETRA SCHLECHTE BAMESBERGER



ELLEN BARTELS



MARYANNE SELL HAMMOND



RENEE STIENIKE



ELAINE EHLERS



KAREN PAULUS



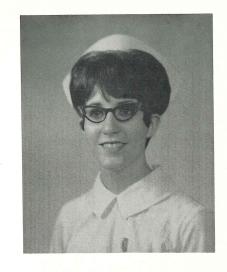
MARILYN ELLERMEIER



MARY FARRAR



ROBERTA WASSON



**DIANA HARRISON MOSER** 



CHERYL FLEER



ELSIE BRAHMSTEDT



SHARYN KOERWITZ



SHARAN RIPPE



EDITH ENSZ



SANDRA ONNEN



MARY ALICE WITZEL



ARLIS HELZER



SALLY GERMAN



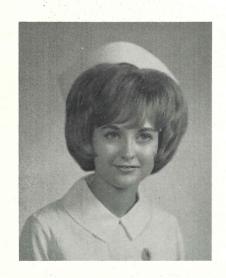
GLORIA GLOE



JOYCE HAWKINS



KATHRYN MEANS BROWN



JAN HUNZEKER



MARGARET DICKENS



DIANNE HANSEN



LEFT TO RIGHT: DENISE VESELY, CAROL HINKLE, GAIL GLIDDEN, SUZY SYPHERD, MICKIE SEEFELD, LINDA SEJKORA, CHERYL WENDELL, LINDA BLISS, DONNA IDEUS.

# A Junior's Work Is Never Done!

#### **BACK ROW:**

JAN HOFFMEYER
CAROL HOOPER
BECKY SCHMEIDING
CAROLYN VESELY
LINDA BLAIR

#### FRONT ROW:

BARB PETERSEN KAY RUNGE JENNIFER EVANS JOYCE ROGGE PAULETTE MIKSCH



#### LEFT TO RIGHT:

SHERRY MEYERS
GLORIA NOBBMAN
KAREN LIND
LA VONDA MEYER
VICKI NICKOLS
MARY NAGENGAST
CHERYL HARKNESS
BARBARA DAGE
SHARON MOLINE
GAIL GEORGE



# Time For Work....

# Time For Fun....



#### BACK ROW:

PEGGY WEHRMAN JAN KRALING MERRIANNE OUGH CAROLYN EYMANN LINDA FELLER

#### FRONT ROW:

PAULETTE SCHARDT ZONA TAYLOR DENISE SCOVILL MARCIA FOLTS SHARON MEYER MOTTO:

"As we think,

So we become,"



OUR JUNIOR GUYS

JIM BROWN JERRY GIBSON

FLOWER:

Mum

COLORS:

White and Burgundy

The Junior Year is an exciting one. Everyone is continually on the move either on affiliation for psychiatric training in Hastings, Nebraska, or studying the Nursing of Children in glamorous Denver, Colorado. Leaving Lincoln General for affiliation gives us a chance to meet girls from other schools and to compare their nursing programs.

September was the beginning of many new experiences, one of which is being a Big Sis. This made our year fun and interesting. Anyone for counseling? Our class was also involved in "money making projects" which included a Chili supper in October, selling candy and supplying the Freshmen with sweatshirts, stationery, linen bags and LGH "t" shirts. With everyone's help — we are almost out of debt again!

Those who remain at home are busy with learning correct surgical techniques or caring for mother and her newest family member. If there is one thing we learn in addition to our studies - its how to pack! Each group ENJOYED a month's vacation at the end of their Medical Surgical rotation.

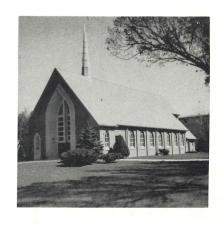
Now the half-way mark is passed and we are all looking forward to becoming SENIORS OF 1969.



**DENVER FROM THE ROOF** 



**HOME SWEET HOME** 



FOCAL POINT AT HASTINGS



TOP ROW: J. Wismer, N. McAlpine, J. Dennis, C. Sagehorn, J. Fisher, D. Grimes; SECOND ROW: J. Korte, J. Davis, M. Saathoff, J. Schnegelberger, C. Nelson, G. Strnad, S. Berggren; THIRD ROW: S. Prokop, C. Riggs, L. Obering, T. Holt, D. Jasa, V. Rothrock, L. Holthan, M. Quinn, J. Pivonka, N. Schaeffer; FOURTH ROW: R. Stolcpart, K. McKeag, J. Regler, S. Willet, S. Widle, J. Manstedt, J. Helvey, S. Krenzien, K. Jelinek, D. Remmers, V. Hanson, W. Hayes, J. Snyder, C. Gray; FIFTH ROW: C. Krepel, L. Behrends, L. Edwards, G. Wilson, G. Wells, A. Doehring, V. Mavis, L. Lane, P. Love, C. Hausman; BOTTOM ROW: S. Gustafson, K. Stark, J. Larsen, C. Jones, C. Stewart, D. Jantzi, L. Shutte, M. Kohtz, K. Hansen, K. Krueger.

### OUR FRESHMAN YEAR

The Freshman year began on September 6th as we moved into our new home and said sad goodbyes to our families. On September 11th began the real work, when classes started at the University. After the first few weeks all you ever heard was "How will I ever make it?" We took Chemistry, Physiology and Anatomy, Sociology and English. About the time finals came we were really worried, studied hard, and made it through!

After semester break we returned for another hard semester of studies plus we were able to work over in the hospital. It was the same old story of worrying about making it. We took Physiology and Anatomy, Microbiology, Educational Psychology and Pharmacology. As finals for this semester rolled around we were all glad to be finished and call our days at the University a thing of the past.

Then a long summer of hard work began. I think that we all really enjoyed it a lot more because it made us feel like real nurses. As the summer came to a close, we were all very glad to get our long awaited two week vacation.

Now we are ready to embark upon our Junior year. Looking back, we would have to say that we really had a lot of fun during our Freshman year having parties and meeting many new friends and making long lasting friendships. It was a lot of hard work, but from what upper classmen say, "there is a lot more to come." So here's wishing everyone "lots of luck!"



F R E S H M A



Left to Right: MRS. NELSON, KIMMONS, DAVIS, LAGERBLADE, FISHER, ZENNER



Left to Right Seated: MRS. STAMM, SCOTT, HELLESTED; Standing: MRS. ABBINK, MISS ROBERTSON, MRS. BROWN



Left to Right: MRS. FOX, GRAY, SLETHAUG, HEMENWAY. Absent: MRS. BROWN

#### AND GLADLY TEACH



ASSOCIATION OFFICERS

Left to Right: D. Ideus, V. Walker, M. Ellermeier,
S. Haas.



Left to Right: Mrs. Brinson, Assistant Director; Mrs. Adkisson, Director of Nursing Education.



Left to Right: Mrs. Danskin, Resident Housemother; Mrs. York, Health Nurse; Mrs. Marsh, Counselor; Mrs. Green, Office Secretary; Mrs. Rosenberg, Librarian. Absent: Mrs. Hayes.



MRS. SPAHR



Left to Right
MRS. EGBERT AND MRS. GETTMAN



MRS. BEAVE



## Capping

On the morning of February 6, 1968, fifty-seven freshmen received their long awaited caps. With candle and Bible in hand and having recited the Florence Nightengale Pledge, they left with the feeling of being "true nurses" at last.

## Student Nurse of the Year

Vicki Walker SN3, receiving her pin and special recognition from Mrs. Atkisson, Director of Nursing. This award is given each year at the striping ceremony.



## District & State Officers

Left to Right are the District III Officers for 1967-68: Linda Keiss and Sharan Rippe (alternate for Jan Hoffmeyer). Mary Farrar served as state president for NSSNA in 1966-67.



## Striping

Each stripe represents a year of progress at LGH. Three stripes is the mark of a Senior, two stripes identifies a Junior, and one stripe singles out the Freshmen. This ceremony is held in September of each year.



## Sweetheart '68 "SHAMGRICA"



Front Row Left to Right are: MARILYN ELLERMEIER, VICKI WALKER, LINDA KEISS. Back Row Left to Right are: MARY FARRAR, SHARYN KOERWITZ, MARY ANN HAMMOND.

The evening of February 9, 1968, was the Social Evening of the year. After private and small dinner parties at many of Lincoln's finer restaurants, the girls and their escorts arrived at the Cornhusker Ballroom for dancing to the music of Bud Holloway. Amidst decorations for the theme "Shangrila", the queen and her court were announced by Mr. Tracy, Assistant Administrator of the hospital.



Left: S. Koerwitz, 1st Attendent; Center: Queen, Vicki Walker; Right: L. Keiss, 2nd Attendent.



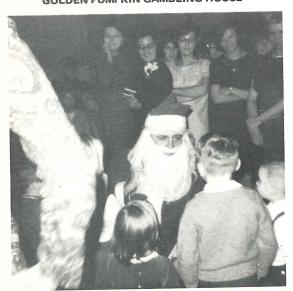
Queen Vicki and Dr. Gogela, her escort, led the dance



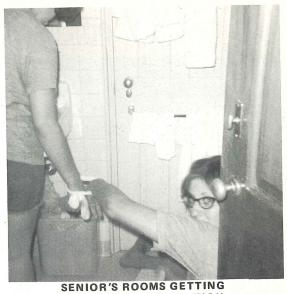
INITIATION BUTTONING



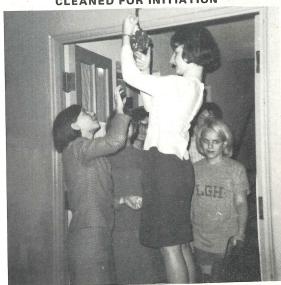
**GOLDEN PUMPKIN GAMBLING HOUSE** 



CHRISTMAS: NOT EVEN NURSES CAN RESIST SANTA CLAUS



SENIOR'S ROOMS GETTING CLEANED FOR INITIATION



HANGING OF THE GREENS



**BIG-LITTLE SIS BREAK DURING FINALS!** 



R



START SPIKING THEM - TEAM

SPOR



BETTER NOT BULLY ME!



BATHING BEAUTIES



WATCH THE WRIST ACTION!!!



THE OBSTACLE COURSE

## CONVENTION FUN



READY AND WAIT'EN



THROW US SOME GRUB, HANSEN!



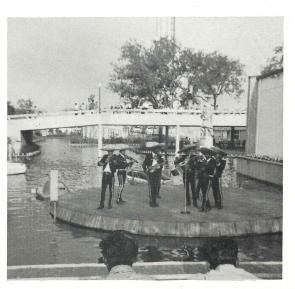
WE REALLY DID GO !



BIG "D" - my oh yes!

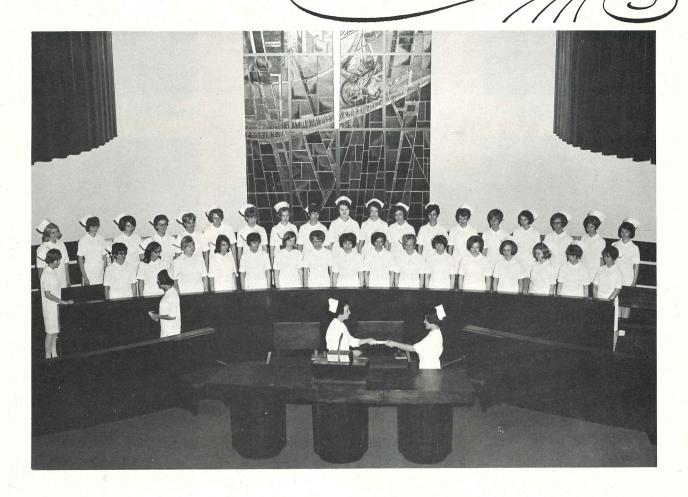


U.S. PAVILION - HEMISFAIR '68



SAN ANTONIO - O'le !!!

Graduation 1968





#### VALUE OF A SMILE!

A smile costs nothing, but creates much. It enriches those who receive without impoverishing those who give. It happens in a flash, and the memory of it sometimes lasts forever. None are so rich they can get along without it, and none so poor but are richer for its benefits.



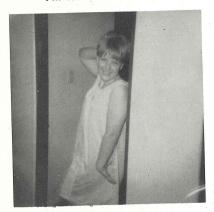
IF YOU DON'T MIND — I'M TRYING TO STUDY



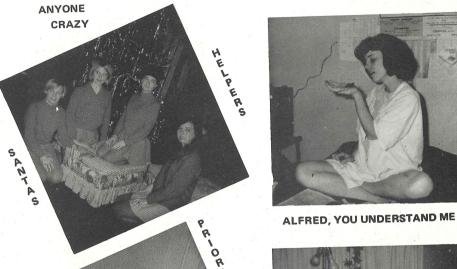
THIS PLACE WILL DRIVE



LET'S GO SALLY!!!



COME ON IN!





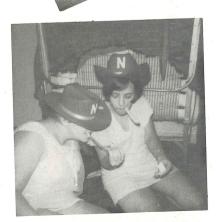
O.K. DUMB DUMBS – TRY IT AGAIN



WORKED TO THE BONE



2'S COMPANY -3'S A CROWD!



SILLY CENTIMETER LONGER!



AH, PLEASE SANTA!



MARILYN - EVER TRY A TOOTHPICK?



FROM THE OLD .....



TO THE NEW!



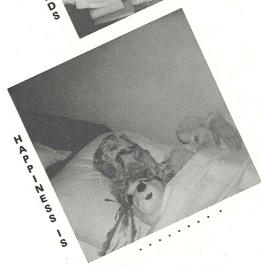
GOOD ORGANIZATION!



SHE DID IT!



MONDAY MORNING BLUES



. ....



A LINK WITH THE OUTSIDE WORLD!



CONVENTION GOERS



**ALWAYS ROOM FOR MORE** 



FIGARO, FIGARO -----

## Would Like to Gell Her Sister

Today my only sister takes the first step on a long road onward and upward as she becomes a student in a school of nursing. There are so many things I would tell her if I were not more than 1,000 miles away.

I would tell her how much I love her and how proud I am to be her sister. I would tell her to hope, to work, and to love. I would tell her of the pain of heavy work loads, endless assignments, the studying and the discipline. But I would also tell her of the peace and satisfaction she will find, of the joy of giving of her own knowledge and self. I would tell her of the triumph she will experience when thru her knowledge and observation a life is saved, of the joy in bringing a new life into the world alone when the need arises, of the faith she will gain when helping someone find the courage to face life's end when all hope of cure has gone.

I would have her know that nursing is not just an occupation but that it becomes a part of the self, not a job, but a way of life. I would tell her the true measure of her success will not be found in the size of her paycheck but in the smiles, eyes, and hearts of not only those in her care, but also from the doctors and surgeons whom she will assist in the years to come.

To this sister I would tell all these things if I were near. Why? Because I have learned and experienced them.

A NURSE

