BRYAN NOTES

JULY, 1969

BRYAN MEMORIAL ALUMNI OFFICERS-1969

President----------Fran Lyon, '65
Vice President----------Dorcas Horner, '63
Secretary----------Donna McCall, '64
Treasurer----------Carol Cooper, '62
Editors - Bryan Notes------Portia Reed, '64
Phyllis Stelling, '65

A NOTE FROM YOUR PRESIDENT

I would like to thank you for having confidence in me and electing me as your president. In the past few months I have found that this is quite a responsibility and I hope I can successfully carry out my responsibilities. I know that with the help and cooperation of the executive board and fellow members this will be a fun and exciting two years.

Many new developments have taken place this year. The hospital is undergoing an expansion program. The School of Nursing has a new policy concerning preclinicals. The alumni organization is changing also. This year we are applying to become a non-profit, tax-exempt organization and along with this, our constitution and by-laws need to be revised. Also, the Bryan Business office will be managing the Alumni Student Loan Fund. This will eliminate one of our officers, Sharon Sievers, the Loan Fund Chairman. Sharon has done an excellent job managing this enormous sum of money.

The executive board and I think our coming year of events will be a lot of fun. The two big events will be the Senior picnic in May and the Alumni Banquet in Aug. I hope to see all of you at these as well as our other meetings during the year.

Again, thank you Executive Board, Alumni, and Karen Dodge, our past president for her guidance.

Fran Lyon '65, President

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BRYAN ALUMNI -- Calendar 1969

Aug. 8 -- Alumni Banquet at East Hills, 70th & Sumner. Social Hour - 5:30 P. M. Dinner - 6:30 P. M.

Aug. 10 -- Graduation at Wesleyan Fine Arts Building, Nebr. Wesleyan Campus. Speaker - Dr. Donald Clifton

Sept. 23 -- 7911 Vine St. Vote on Amendments

Oct. 31 -- Halloween Bake Sale - 7:30 a.m. Bryan Lobby

Nov. 18 -- Bryan Dorm - 7:30 P. M. Tasting Tea - Make and bring your favorite recipe

Jan. 27 -- 872 South 38th St. Election of Officers and Guest Speaker

OUR CHANGING "FACE"

Those of you who have "stopped in" the last few weeks who have not been at the hospital for a year or so, are once again overwhelmed by changes! Finding the Nursing Office is the first problem for many. A few brave souls have searched in every nook and cranny all over the first floor thinking it must be here some place. The information lady then provides the surprising news that the Nursing Service Office and Medical Records are now temporarily on the east end of the 6th floor.

The new southeast wing (one floor only above ground level) is beginning to be completed. The pleasant greatly enlarged nurses lounge and locker area is on the west side of this wing and was opened (without benefit of air conditioning) July 1st. A new doctors lounge and locker area also is now open and occupies part of the west wing of this new floor. The south wing will be the new Pathology Laboratory and the east side will be a Cardio Pulmonary Laboratory. These are almost completed.

As soon as the "Lab" moves, this area at the northeast corner of first floor

(Cont.)

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will be redone and will become the Nursing Office and Medical Records.

As the hospital has grown, increased need for expanded programs for orientation and In Service Education for all departments has become evident. In the west wing of the south end of the basement a face lifting will soon begin also. This will become the education and training center for the hospital. Mr. Ken Stevens has just recently been employed as Director of Personnel Development and Public Information and will coordinate activities in this area. He is also spearheading the publication of the hospital monthly newspaper not yet named.

During August another new department will develop. Our first Social Worker will begin employment. We eagerly anticipate her assistance in many areas of patient placement outside the hospital, counseling about hospital followup and communication with patients and families.

Second West (years ago it was Second South) has now become an Extended Care wing. Along with many other burdens added to our paper work by Medicare developments is the requirement that on paper patients must be dismissed from the hospital and admitted to Extended Care (for billing purposes of course).

Fifth floor was opened in January of 1969 and adds 51 Medical Surgical beds. It is a larger floor than we've had before and we have not yet mastered its management. The nine rooms on the west end of this floor are lovely private, rather plush facilities. Lots of VIPs have been hospitalized in these rooms and they have become our most popular accommodation.

Sixth floor is almost ready to be occupied. As soon as first floor is finished and the offices moved (possibly by Nov.) it will be opened. Rooms are almost identical to fifth and it will increase our bed capacity to about 350 including Extended Care.

Rumors are afoot that more is planned. So keep in touch.

NLN NATIONAL CONVENTION - DETROIT

Mrs. Margaret Pavelka shares with us these thoughts from National NLN Convention:

"The National League for Nursing Convention in Detroit May 19-23 provided much food for thought.

The ferment and revolt prevalent at all levels of society is beginning to reflect on the health care scene. Along with the individuals right to equality is an emphasis upon every American's right to adequate health care. The 'receivers of care' are becoming more articulate, more critical and more demanding.

An interesting feeling was expressed by many speakers representing medicine, education and government. It has become evident in multi-disciplinary groups that the nurse (when and if she speaks at all) usually presents the patients or the public's point of view. Her unique contact with patients places her in a confidential relationship which encourages the patient to express his innermost feelings freely. We consequently are in a vital position to influence the redesigning of health care which the consumer is demanding. Since the primary purpose of the N.L.N. is to insure that the nursing needs of the people will be met, the League role is now interpreted as assisting to insure that all health care needs will be met.

The two highlights emphasized throughout the meeting were that: I. Nurses must become better prepared as leaders; knowledgeable about health care needs and how to meet them. Equally important nurses must develop the willingness and ability to speak out and make themselves heard on the health care team and in health care planning. II. Nurses must become involved in heal care outside the hospital. Nurses must assist in insuring health care before hospitalization and follow up after hospitalization. Communication between health care individuals will be demanded by the consumer. Participating in his own health care plan will be expected. Patients will not tolerate being treated as dependent children without a right to know what is being done and why.

This organization again positively reaffirmed its support of all types of quality nursing education programs.

The nurse who is interested in the future of our health care system and preserving the role of the nurse as an equal partner in the health care team should become active in this organization."

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ATTENTION ALUMNI - Many of you have been wondering how to obtain new caps. You may obtain a new one by contacting the School of Nursing. If you pick up the cap, the cost is $2.00 each and if ordering by mail they are $2.50 each.

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STUDENT NEWS

CONVENTION 1969

Eight bright eyed Bryan nursing students boarded a chartered bus at 5:30 a.m., May [illegible], for Detroit, Michigan and NSNA Convention 1969. Red cowboy hats, NSSNA pins and two National Convention Candidates were identifying points of the Nebraska delegation. Programs included: a look at nursing in the future, films on nursing recruitment, and the establishment of funds for a foundation which will be used for scholarships, loans and projects of NSNA. After walking many miles, seeing many sights and meeting many other student nurses, we returned home with good memories of a new inspiring experience.

Karen Westover SN3

ICN - MONTREAL - '69

Sue Wright, Bryan Senior and President of District III NSSNA, with six other Nebraska nurses, met with nurses from around the world when they attended the 14th Quadrennial Congress of the International Council of Nurses; held June 22-28 in Montreal, Canada.

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SCHOOL OF NURSING CURRICULUM CHANGES

Beginning with September, 1970, freshmen in our School of Nursing will be attending college full time for the first two semesters. They may live on the college campus or at home, but they will not live here at Bryan while attending college.

The program will remain three full years with four weeks vacation each year. The Bryan School of Nursing will continue to grant a diploma. Graduates may continue their work toward a college degree.

Reasons for the major curriculum change are to strengthen the knowledge base of the student nurse in anatomy, physiology, and communications, and to decrease student costs to the hospital, and consequently to the patient.

SENIOR PICNIC

The annual Alumni-Senior picnic was held on May 27 at Antelope Park here in Lincoln. A large group of alumni and students attended. The graduating Seniors, as usual, gave their impromptu skit and Mrs. Martha Maseman spoke on the history and functions of the Bryan Alumni Association.

ALUMNI NEWS

Class of '44

Mrs. Ruth Ringler Peterson is Director of Brattlebora Public Health in Vernon, Vermont 15301.

Class of '48

We extend our sympathy to Mary Sautler Mousel of Juniata, Nebraska who lost her husband last November in a car-truck accident.

Ruth Grone Clayton is in Engelwood, Colorado and works nights at Swedish Hospital.

Jinx Frost Cox will be moving to North Platte, Nebraska from Springfield, Mo. in June.

Lorene Stenson Loop is a school nurse in Hutchinson, Kansas.

Yvonne Snyder Rasmussen has moved to Rushville, Nebraska and works mornings in a doctor's office.

Class of '59

Barbara Griess Siebert writes that she has been corresponding with Elvira Menendez. After several years, Elvira has finally returned to the U. S. from Cuba. She arrived a year ago last March and has been working in New Jersey. She is anxious in hearing from friends. Her address is: 505 57th, Apt. #8, West New York, New Jersey 87093.

Marcia Johnson Dapper is living in Huntsville, Texas. She is working part-time, has a son, Jimmy, and is expecting in May, '69.

Rosalyn Streich Vageir has been working for Dr. Fritch in Lincoln for 9 years. She has two children, Leslie and Loren.

Class of '62

Carol Cooper is engaged to Gary Sherman. They are to be married on July 26th.

Class of '64

Sharon Romick Leonard and husband are being transferred to Longview, Wash. in May.

Sandy Johannes Odgaard is living in Vienna, Virginia where her husband is administrative assistant to Congressman Dave Martin. They have two children.

Diane Stokebrand Heller is working in a urologists office in Denver, Colo.

Sharon Redding Huisman is working on the surgical floor of a 500 bed hospital in Dearborn, Mich. where her husband is working for a PhD. at Wayne State University.

ALUMNI NEWS (Cont.)

Class of '65

Burdella and Bob Hildebrand are in Rochester, Minnesota where Bob is taking anesthesia at St. Mary's Hospital.

Marvin Cords left February 28 for 13 months in Saigon. He is stationed with Military Assistance Command as a nursing advisor to Cong Hoa Hospital, an 1800 bed Viet military hospital and also an advisor to various field hospitals. He is the second person to ever hold this position (military nursing advisor to the Republic of Vietnam). Marv's wife, Sally and their three children are living in Alamo, Calif.

Capt. Kathy Nielson Giles left in April for a one year tour in Vietnam.

Class of '66

Congratulations to Mary Buchnell Moore for having been selected by the Nebraska Federation of Business and Professional Women's Clubs as the "Nebraska Young Career Girl."

She will represent Nebraska in the National Convention at St. Louis, Mo. in July.

Mrs. Moore is living in Beatrice and is employed at the Beatrice Lutheran Hospital where she is Surgery Floor Supervisor.

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MARRIAGES

Nancy Strehlo, '68 to Gerald Peirce, Jr. on November 11, 1968.

Janice Homolka, '68 to Dennis Havarenk on December 7, 1968.

Sharon Eberspacker, '68 to Robert Wusk on December 14, 1968.

Barbara Elmquist, '67 to Douglas Miller on December 14, 1968.

DeAnne Frazier, '66 to Michael Martin on December 28, 1968.

Irvene Weber, '68 to Rollie Hughes on December 28, 1968.

Cheryl Swanson, '66 to Ronald Hildenbrandt on December 29, 1968.

Sheryl Anne Kraatz, '68 to Ronald Ruff on November 19, 1968.

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BIRTHS

SONS

Fran Swanson Lyon, '65 - 11/4/68
Teresa Rennick Gray, '66 - 11/20/68

BIRTHS (Cont.)

Lila Plock Schmidt, '65 - 11/28/68
Sharon Otto Duffy, '64 - 1/18/69
Barb Wiessman Raffert, '63 - 1/13/69
Betty Malchol Riddle, '64 - Twins 2/11/69
Karen Abood Dodge, '65 - 2/21/69
Bonnie Quick Brown, '65 - 3/10/69
Susie Howser Bazata, '65 - 6/12/69
Sheryl Faden Miller, '65 - 6/16/69
Marilyn White Kinney, '65 - 6/19/69

DAUGHTERS

Ellie Hitchcock Bardo, '63 - 11/3/68
Ellen Brown Svoboda, '61 - 10/15/68
Barb Stubbe Moates, '64 - 3/25/69
Marilyn Woodward Wagner, '65 - 6/21/69

EDITORIAL COMMENTS

We're sorry the spring issue of Bryan Notes is a bit late this year. Phyllis and I took over the job of co-editors early this spring and since we're new at this type of work we've been slow to organize. I'm sorry to say I did have a poor response from class correspondents this time. I urge you to be prompt in returning your news to me. Our newsletter goes out in the spring and the fall so collect your news early. I will continue to send reminder cards to class correspondents. If anyone other than correspondents have news of interest (we welcome it) please contact me:

Portia Reed
872 South 38th Street Court
Lincoln, Nebraska 68510

Also, I would like to urge all of you gals to use your graduation year after your name in all of your correspondence to the editors, or any of the officers of the Alumni Association. Most of our records have names listed according to classes and it is very time consuming to thumb through all of the classes to find one name. This is very important in notifying us of a change of address.

I would like to thank Shirleen Way for all her hard work in organizing the Bryan Notes these past few years. It has made our task much easier to say the least. A special thanks to the class correspondents and all who helped us put this issue of the Bryan Notes together.

Don't forget the Alumni Banquet on August 3. Get your reservations in early. I'll look forward to seeing you there.

Portia Reed '64 - Co-Editor

WOMEN TODAY

Today's woman must, above all, be flexible. She must have remarkable agility of heart and mind to cope with the constant and unpredictable changes that will surely come in the course of her life. She must do many jobs well, dividing her time, energy, and interest among her family, herself, and others.

She must be more than willing--she must be determined--to grow, to become the most she can become, and to put the fullness of her abilities to the best possible use.

She must have faith that today is a wonderful day to be a woman and that tomorrow will be an even better one. She must have the vision and the courage to take today and shape it into that tomorrow.

Esther Peterson
As Assistant Secretary of
Labor

THE POWER OF SILENCE

When things are in a turmoil, utilize silence. Silence is more eloquent than writing, more forceful than words. It has never betrayed anybody. If you doubt your own wisdom, remain silent.

In silence we conceal our own shortcomings, and hear the mistakes of others. Even the unwise have been considered wise in their silence. The heart prompts a man to talk, but the head should act as a check valve. Few men have regretted being silent, but many have made statements they wished were unspoken. We cannot reconcile ourselves to being betrayed by our own friends, yet we often betray ourselves by our own tongues.

If a friend, or an enemy, attempts to spite you with wit, remain silent and observe the recoil. Answering a man with words proves he has hit you hard. Your silence, on the other hand, disconcerts him more than argument.

By G. A. Ryder
in Sunshine Magazine

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