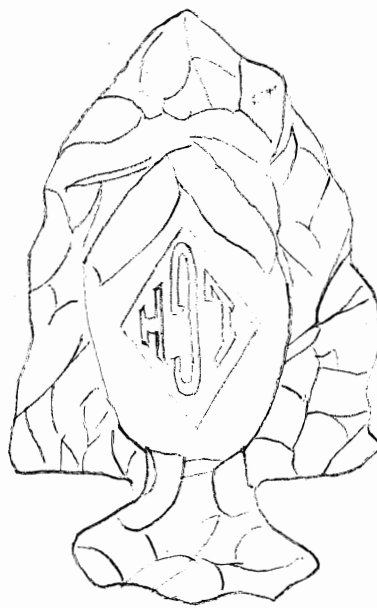




THE '70

# ARROWHEAD



# The Arrowhead

Lincoln General Hospital

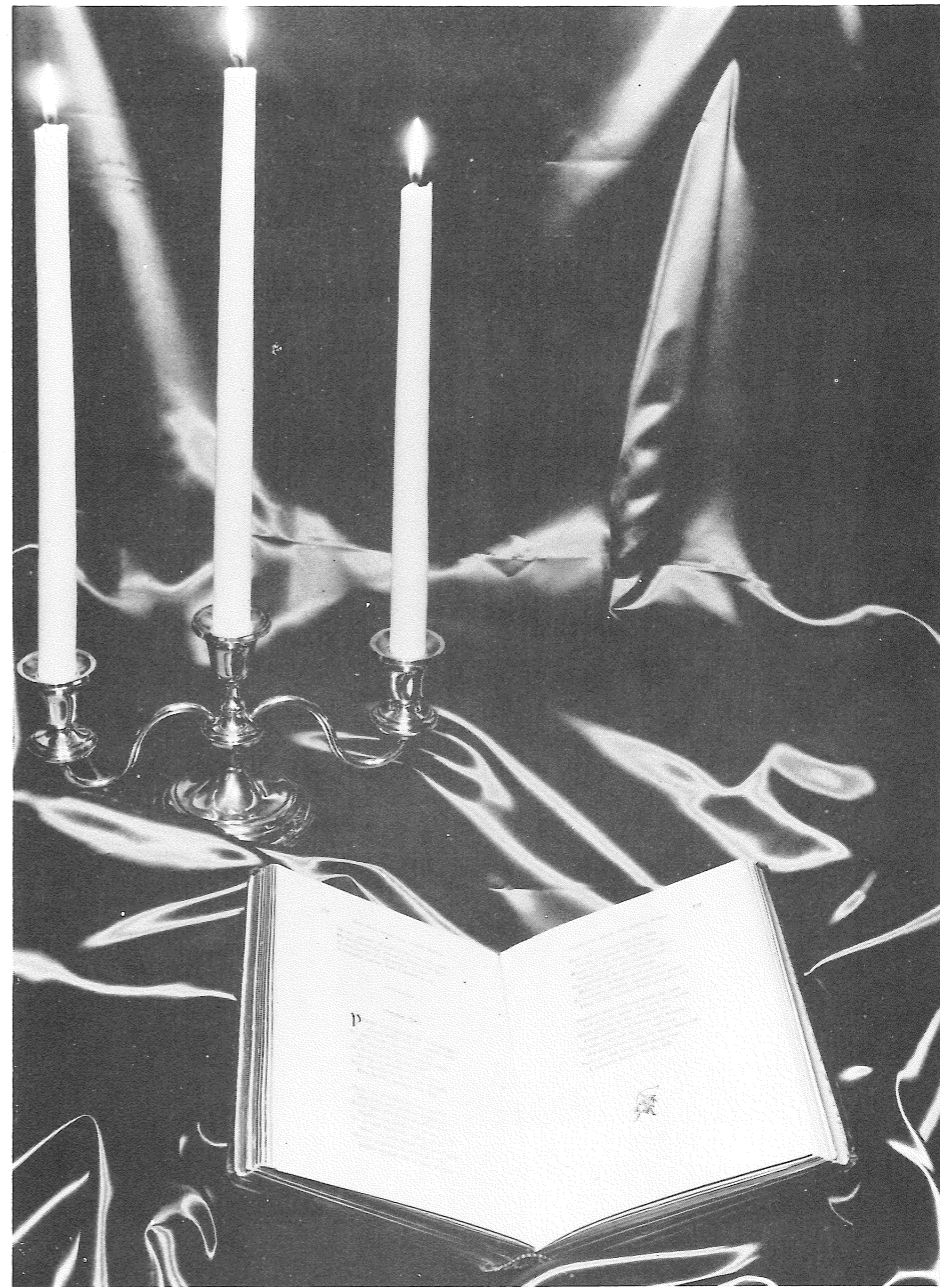
School of Nursing

Lincoln, Nebraska

1969 - 1970



We express our appreciation and thanks to the Medical Staff for their donations which made the publishing of this annual possible.



# SENIORS

# Class Officers - 1970

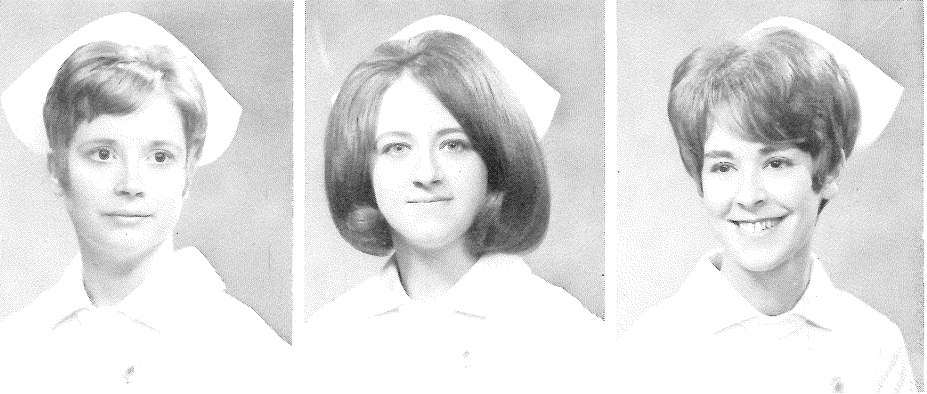
Treasurer: Deborah Grimes  
 President: Cheryl Jurgens  
 Secretary: Gail Wilson  
 Vice-President: Janet Manstedt



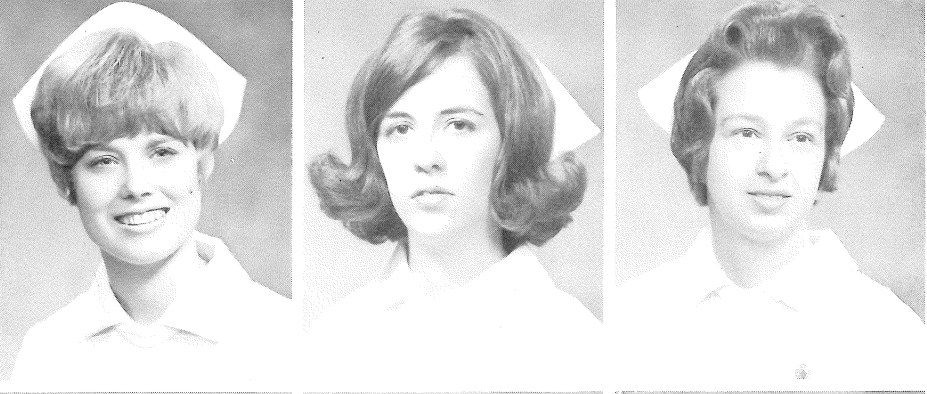
Class Colors - Green and yellow  
 Class Flower - Yellow Rose  
 Class Motto - May we have the courage to try,  
 the strength to preserve, and  
 the ability to succeed.

SPONSORED BY: **KNIGHT'S FAMILY STORES** FOUR LOCATIONS  
 READY TO WEAR FOR THE WHOLE FAMILY

SANDRA CRONIN ASHMAN  
 LINDA BEHREND  
 VIRGINIA ROTHROCK BENSON



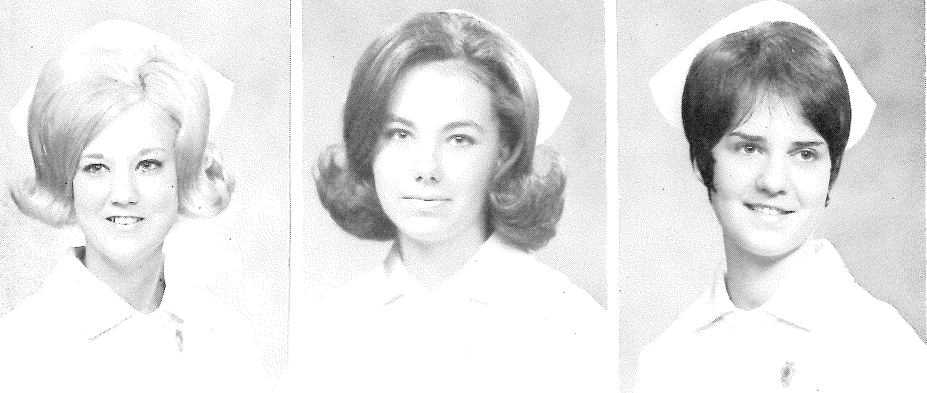
DIANE REMMERS COURTNEY  
 JANE DAVIS  
 BETH JANE DENNIS

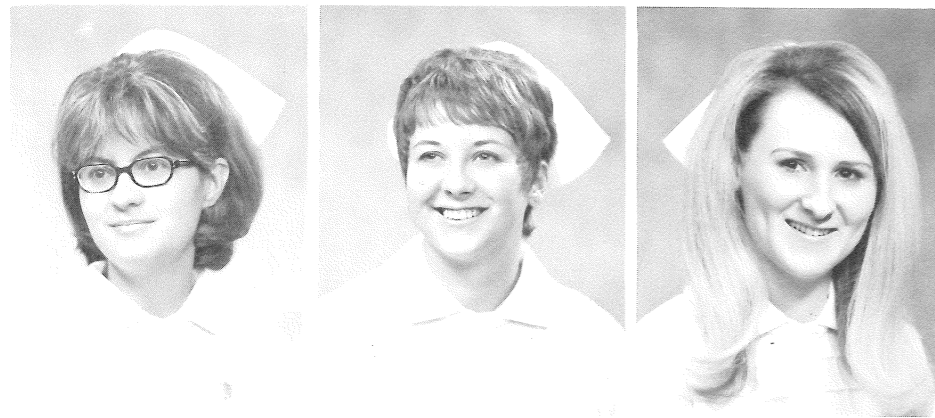


JANICE PIVONKA DETTLEFFS  
 ARLEETA DOEHRING  
 JUDY FISHER FREEMAN



CANDICE GRAY  
 DEBORAH GRIMES  
 SANDRA GUSTAFSON

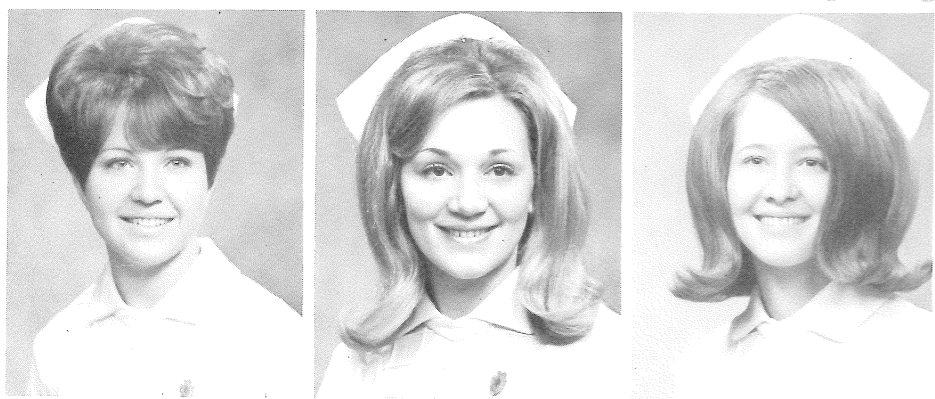




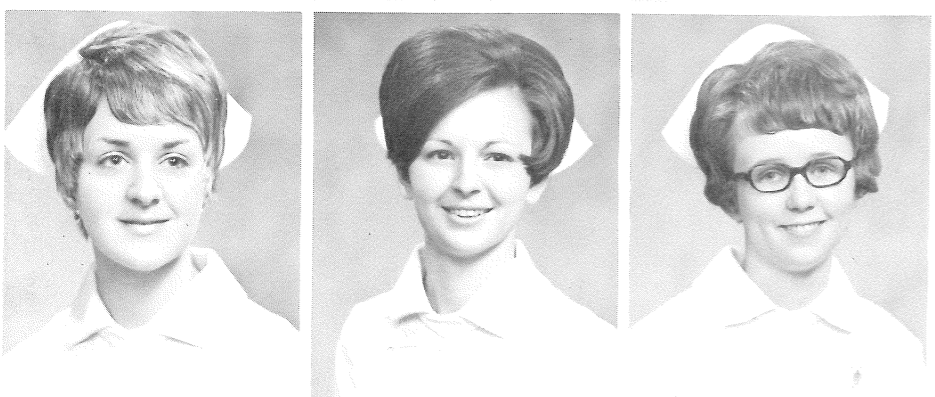
KAREN HANSON  
VIRGINIA HANSEN  
WENDY HAYES



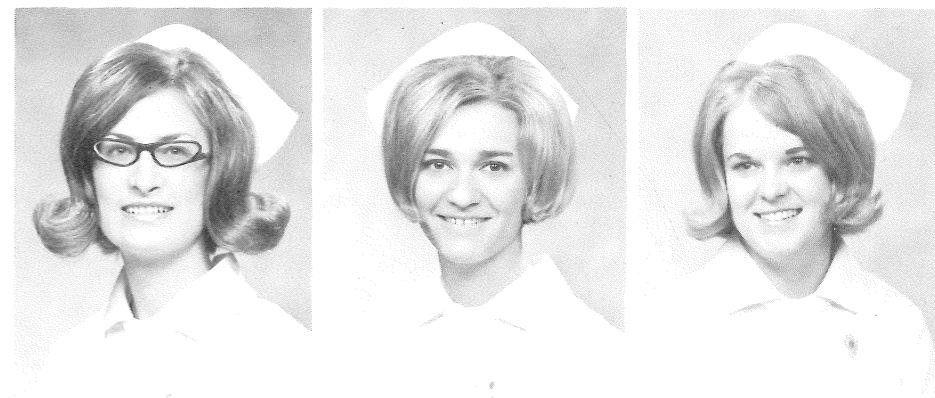
JANE HELVEY  
SHARON WILLET HOFELING  
LINDA HOTHAN



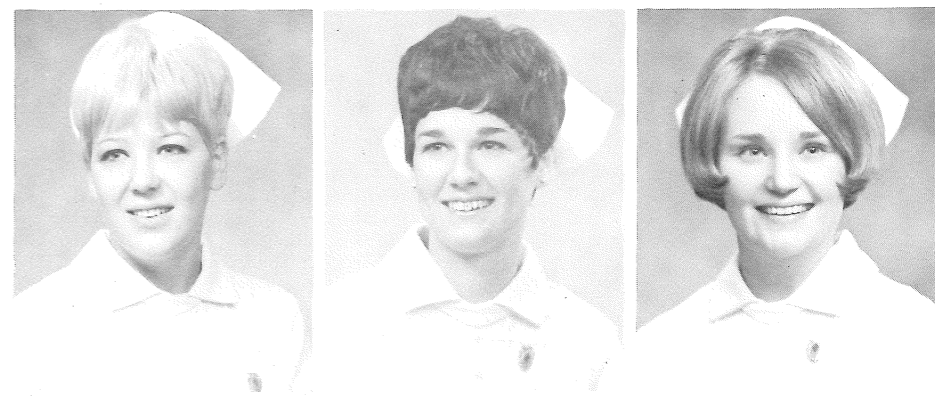
DONNA JANTZI  
GAYLENE WELLS JEFFRIES  
KATHY JELINEK



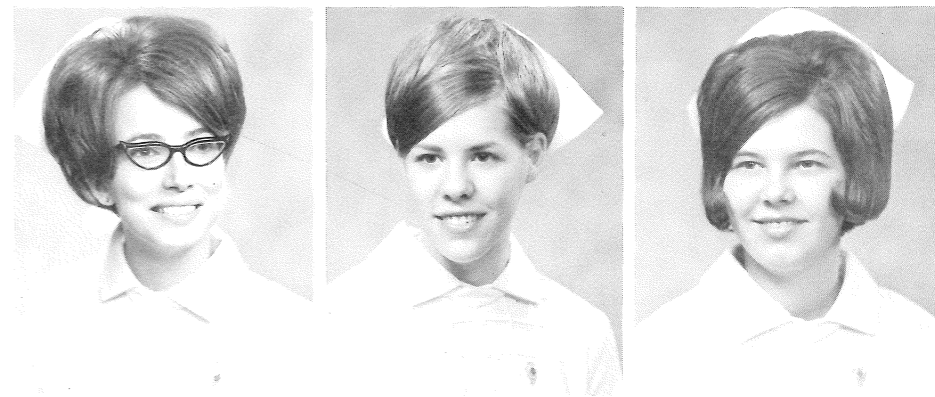
CONNIE JONES  
CHERYL NELSON JURGENS  
LOIS EDWARDS KOINZAN



CLARICE JUNE KORTE  
CONNIE KREPEL  
JANE LARSON



KATHY McKEAG LENZEN  
PATRICIA LOVE  
JANET MANSTEDT



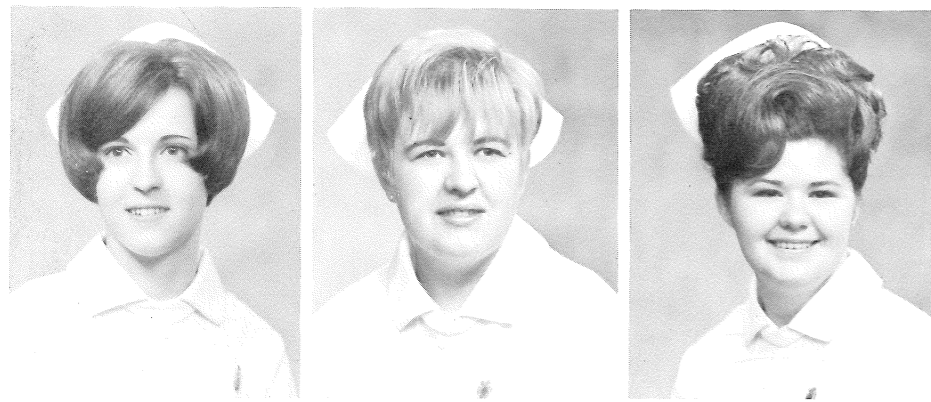
NANCY McALPINE MITCHELL  
LaDONNA OBERING  
SUSAN PROKOP



CLARICE RIGGS  
JUDY WISMER ROWLEY  
SHERRIL SAGEHORN



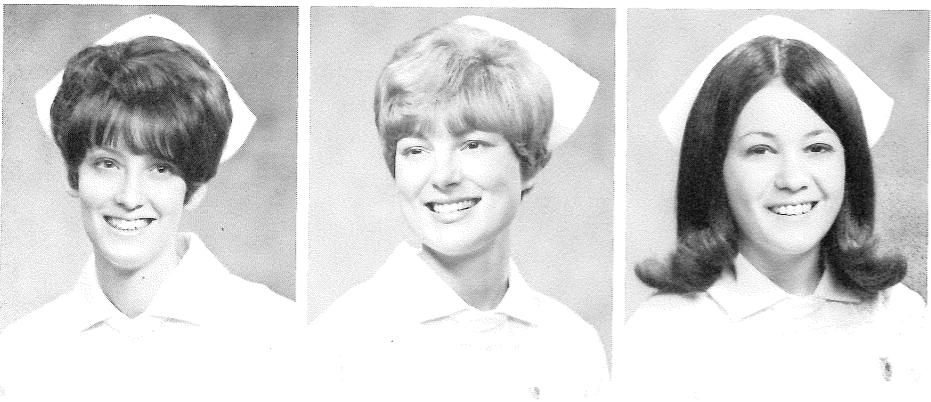
CHRISTINE STEWART SHAFFER  
NANCY SCHAEFER  
LINDA SCHUETTE SCHMITZ



JOAN SCHNEGELBERGER  
JUDY SNYDER  
KATHY STARK



RICK STOLEPART  
SUSZANNA KRENZIEN STOLEPART  
GENELLE STRNAD



SHARON BERGGREN SUNDBERG  
TONI HOLT TORREY  
JANET REGLER WEBER



LADONNA WIDLE  
GAIL WILSON  
MRS. HELLESTED, Sponsor

Jan Manstedt and Ginni Hansen make music.



Seniors always find time and a place to eat and talk.





Sharon Hofeling, Kathy Lenzen, Cheryl Jurgens and Nancy Schaefer are ready to "Trick or Treat".



Jane Davis, Linda Behrends, Debbie Grimes, Clarice Riggs, Nancy Schaefer and Jan Manstedt enjoy the Senior "Half-Way" Party held at Shakey's Pizza Parlor.

# Senior Shenanigans

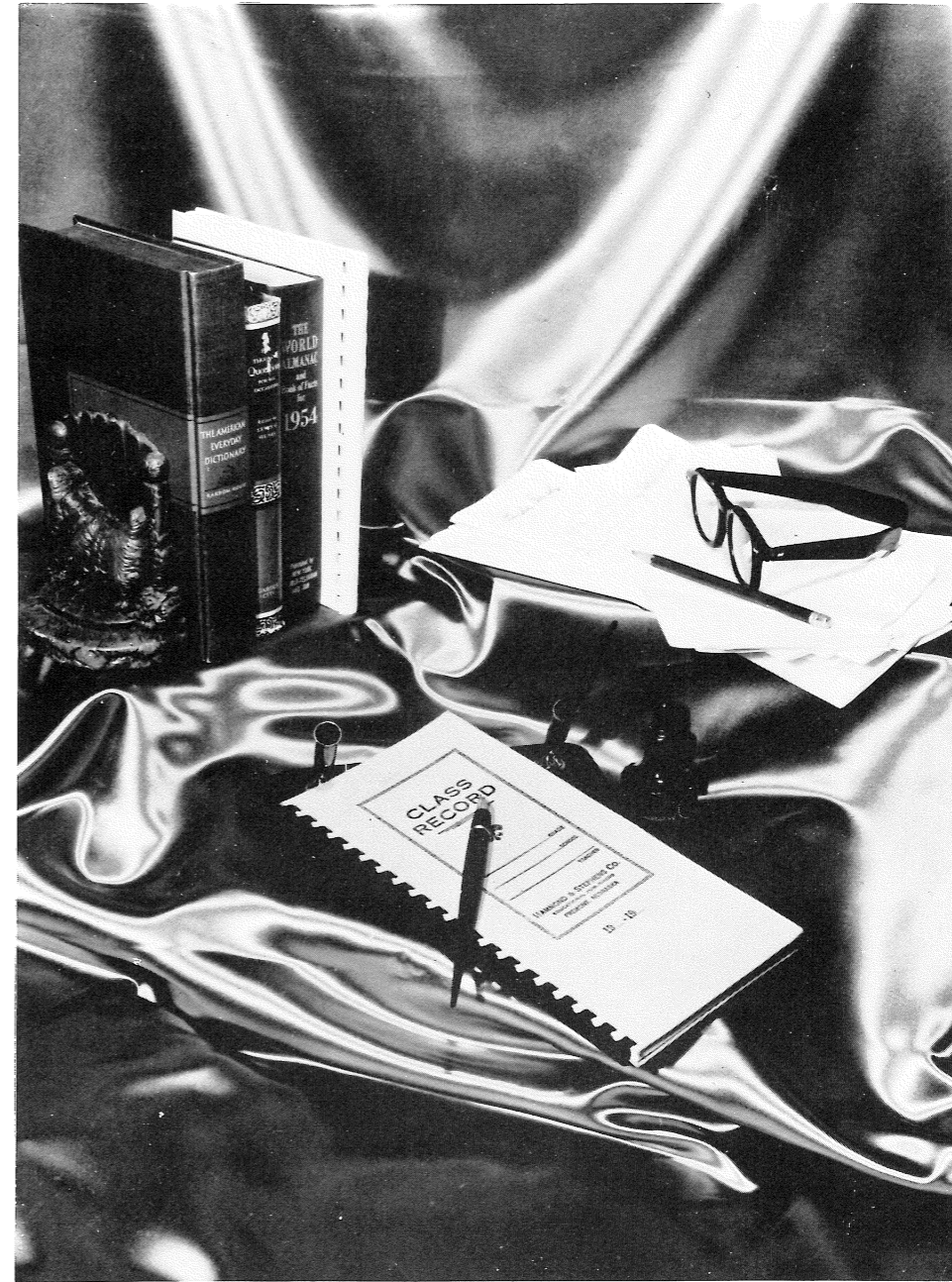
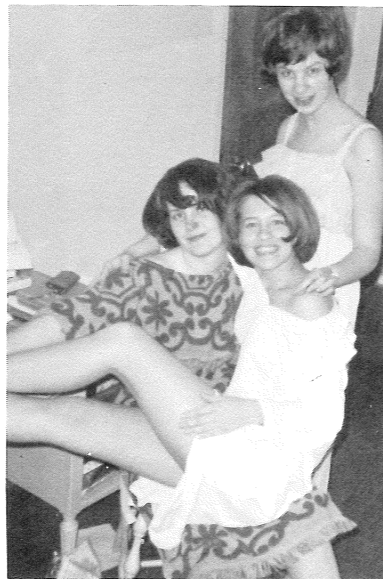


Sterile technique comes in handy!

Super Nurse takes a break!



Jane Helvey, Kathy Jelinek and Linda Hothan take a study-break.



# JUNIORS

# Class Officers



Linda Stevens, Treasurer; Wanda Phillips, President; Shelley Murray, Vice President; Marian Matteson, Secretary.

Class Colors-- Olive green and apricot

Class Flower-- Apricot Rose

Class Motto-- There is no better way to take the burden  
out of work than by putting love into it.

# Juniors In Community Services



Heart fund volunteers were guests of Governor and Mrs. Tiemann at the governors mansion during February, Heart Month. Student volunteers were on hand to register guests. Those pictured are: Barbara Benton, Gayle West, Kris Cook, Mary Dahms, and Judy Stoner.



Barbara Benton, Sara Meeks, Judy Stoner and Pat Nelson receive a citation from Dr. McGreer for their volunteer work this past summer with the Cancer Society.



# Junior



Above: Betty Morris, Linda Stevens, Mary Struthers, Kathy Frevert, Kris Cook, Sue Merrill, Bonnie Gross, Rita Flowerday, Kathy Stewart, Rogene Anderson, and not pictured, Sue Booe.



Doris Hoffman, Cheryl Bailey, Sandi Aeberman, Nancy Sharvin, Shelley Murray, Marian Matteson, Wanda Phillips, Jan Bartlett, and Barbara Lempke.

# Class



Above: Kathy Belz, Don Stewart, Janet Johnson, Terry Butler, Pat Nelson, Bonnie Masur, Kathy Karmazin, Peg Karre, Judy Stoner, Shirley Bollwitt, Roger Miller, Norma Bailey, and not pictured, Karen Stanley.



Sara Meeks, Gayle West, Rhonda Linquist, Shirley Blincow, Mary Pelan, Eloise Poyner, Barbara Benton, Sue Waldman, Carol Uher, Mary Dahms, and Pat Hohnstein.

# Juniors In Action



Above: Up to her usual antics, Sara Meeks is caught by our candid camera.



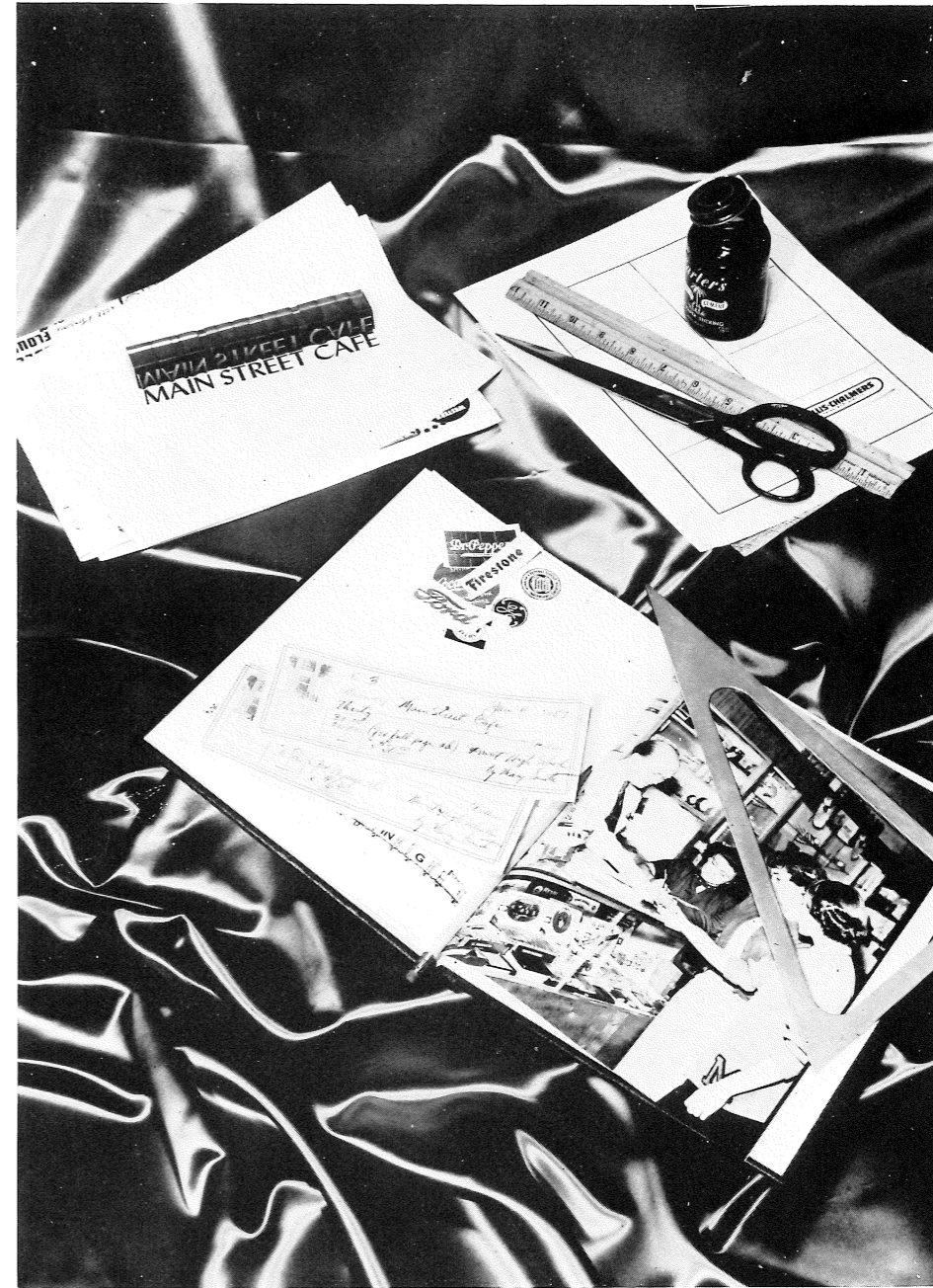
Above: Shelley Murray and Marian Matteson show "how its done."



A cabin served as a setting for a party marking our "halfway" point in training.



Our last fling together before affiliations was held by Mrs. Nelson, our sponsor.



## FRESHMEN

# Freshmen



Y. Wiedel, J. Obermiller, P. Birdsall, C. Fisk, J. Berg, and K. Kantor learn that there's no way out after ten o'clock.



Santa Claus fell down the fourth floor chimney.

September 15th brought the new LGH Freshmen into the halls of the St. Elizabeth dorm. Both hard work and a lot of fun are remembered from our first home. Then, March 6th brought a move into the LGH dorm where more memories began.



Old St. Elizabeth's just ain't what it used to be.



M. Ryan asks B. Ray and S. Rockemann if there's room for one more, while M. Rerucha asks "Who needs it first!"?

# Follies



Two a.m. post-date discussion.



Fattening fun after finals.



L. Miller and N. Schroeder sign out for their first day at work.



C. Jurgens, J. Berg, C. Eggers, K. Hotovy form Frosty.

# Early



C. Fisk, J. Shadle, S. Peterson, B. Hauner, J. Papernik, C. Edstrom, L. Miller, P. Wade, S. Meyer, N. Schroeder, J. Trobough.

# To Rise!



T. Dredla, B. Beccard, L. Collins, J. Berg, K. Hotovy, S. Steenson, V. Avery, L. Endorf, B. Clausen, K. Hatt, P. Bird-sall. Not shown: N. Graupner, M. Eppert, J. Sorrell, J. Kren-zien, R. Collins, and B. Taylor.

S. Dudgeon, C. Eggers, K. Kantor, D. Lovgren, J. Kaldahl, L. Cronk, C. Cronin, P. Anderson, T. Shandera, S. Beck.



K. Flores, P. King, B. Ray, C. Jurgens, S. Rockemann, M. Prosevec, M. Ryan, P. Kaudelka, M. Rerucha.

