SAFETY WOMEN

During the Gathering, you will notice several women wearing colorful necklaces. This is to identify them as SAFETY WOMEN. Their role is important to the Gathering and is a creation of the planners of the SAFETY WOMEN help keep safe our place and time together. SAFETY WOMEN do this in many ways. If you are having any problems with housing, locations, or need other questions answered, she will help you solve these problems herself or steer you to someone who can. Sometimes telling and listening to our herstories can bring up feelings. Along with the other women in your Home Circle and your facilitator, SAFETY WOMEN can be a resource for talking and listening. Among their roles will be to be aware of what is going on and support each process. SAFETY WOMEN, along with others in your Home Circle, will be able to suggest other support systems in your community. All the women of the Roundtable (planning team) of the Gathering will act as SAFETY Knowing each of them, I know that they are warm, friendly and have great senses of humor. They in turn could use YOUR support. So, if you see a SAFETY WOMAN standing around looking like she needs it, support HER! This Gathering was planned to ensure a wonderful and meaningful time for everyone. So, enjoy. Be free. Celebrate IN PRAISE OF MOUNTAIN WOMEN!!!!!

THE ROUNDTABLE

GROUNDRULES

Whenever we gather in a circle to be with one another, we try to create a safe place. Helpful to this is how we are with one another. The following are <u>suggested</u> GROUNDRULES. Each Home Circle is encouraged to add (at any time) others to this list.

LISTEN TO ONE ANOTHER LISTEN TO THE SILENCES OF WOMEN COOPERATE WITH THE FACILITATOR LET EACH OTHER SPEAK MAKE NO JUDGEMENTS MAINTAIN CONFIDENTIALITY FEEL SAFE TO CHALLENGE DON'T INTERRUPT NO PUTDOWNS CARE FOR THE SPACE FEEL FREE TO TAKE CARE OF YOURSELF MAKE A COMMITMENT TO THE WHOLE NO UNHEALTHY COMPETITION GET CLARIFICATION WHEN YOU NEED IT LEAVE SPACE FOR EVERYBODY (ADD YOUR OWN)