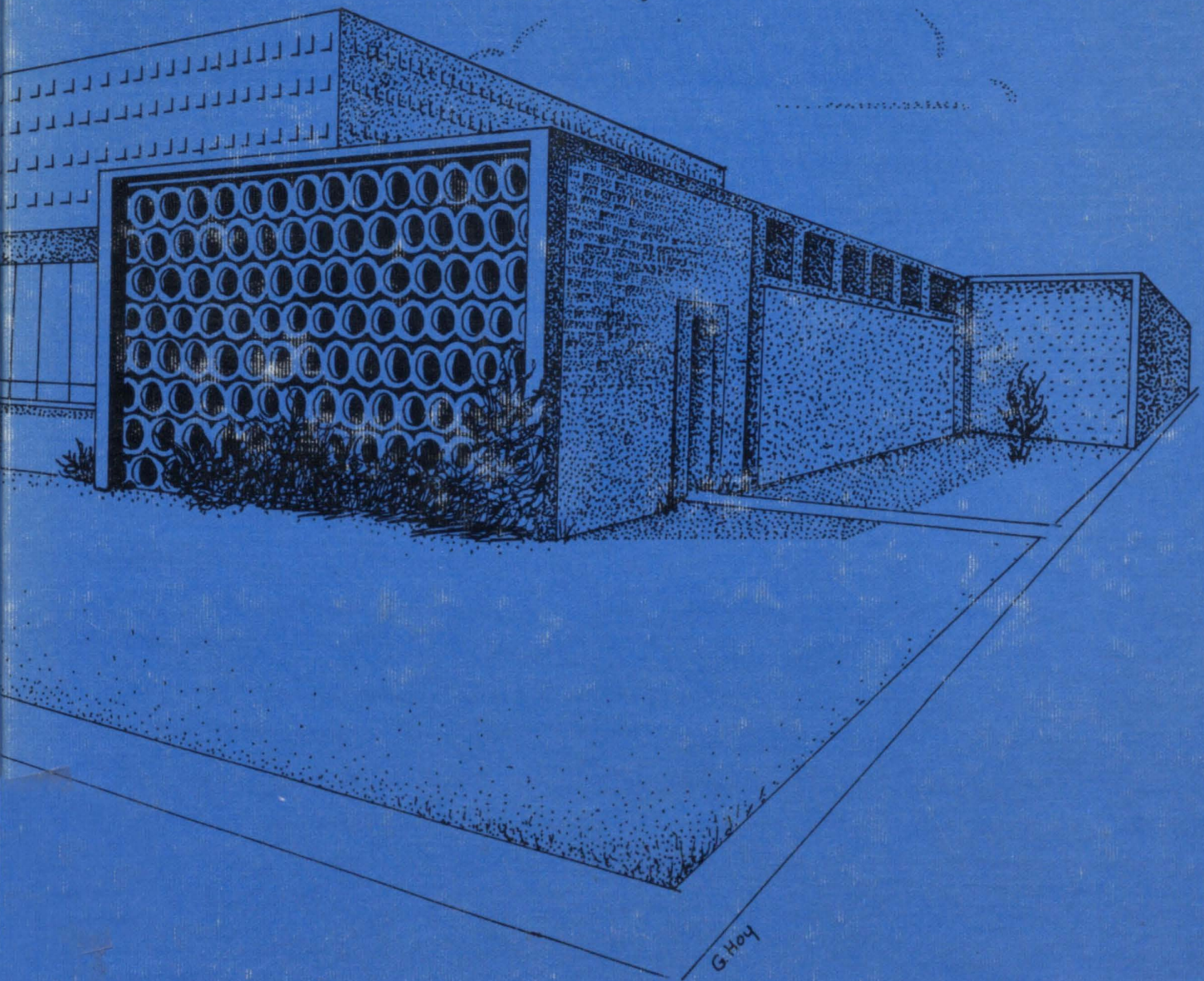
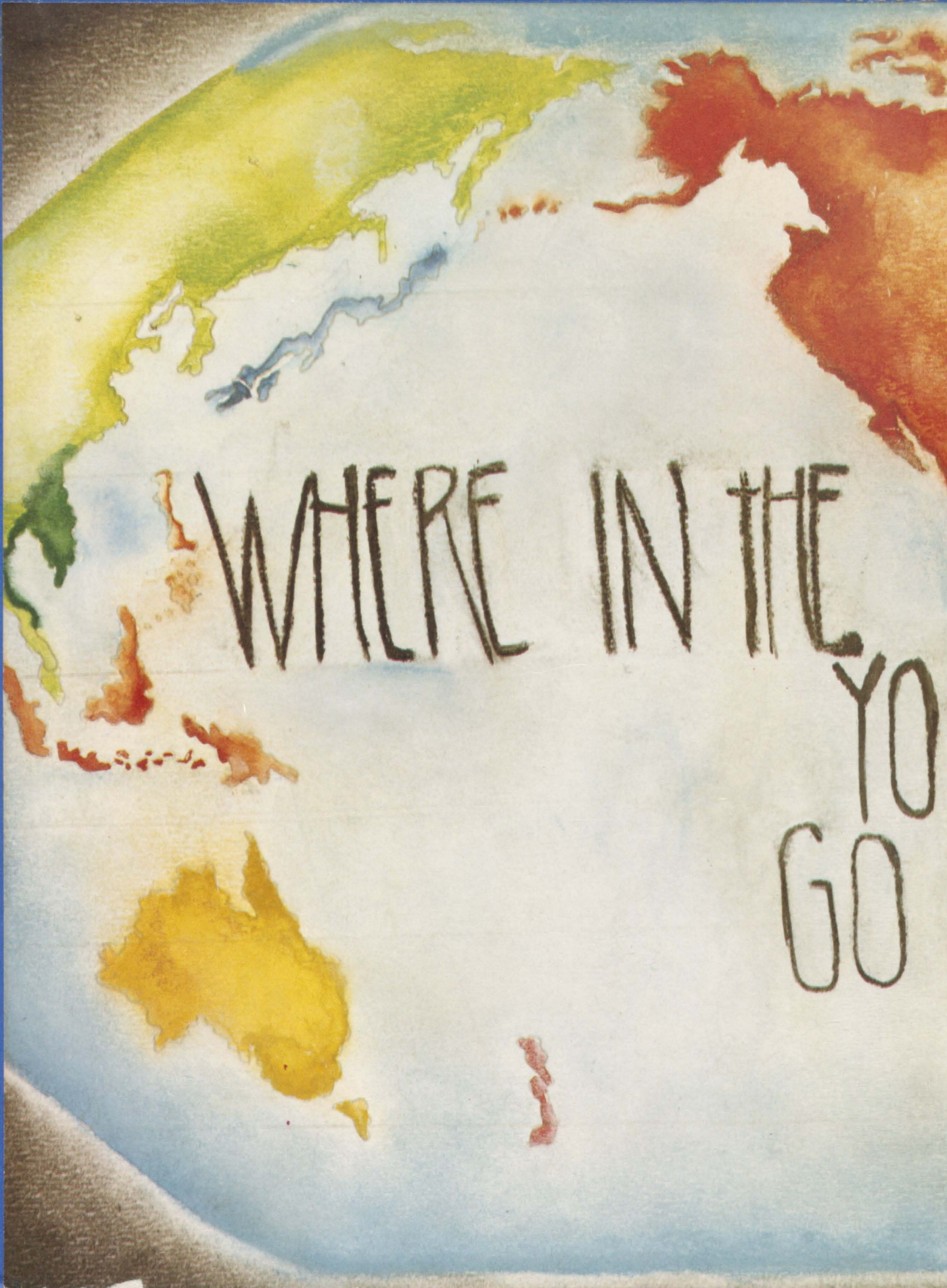


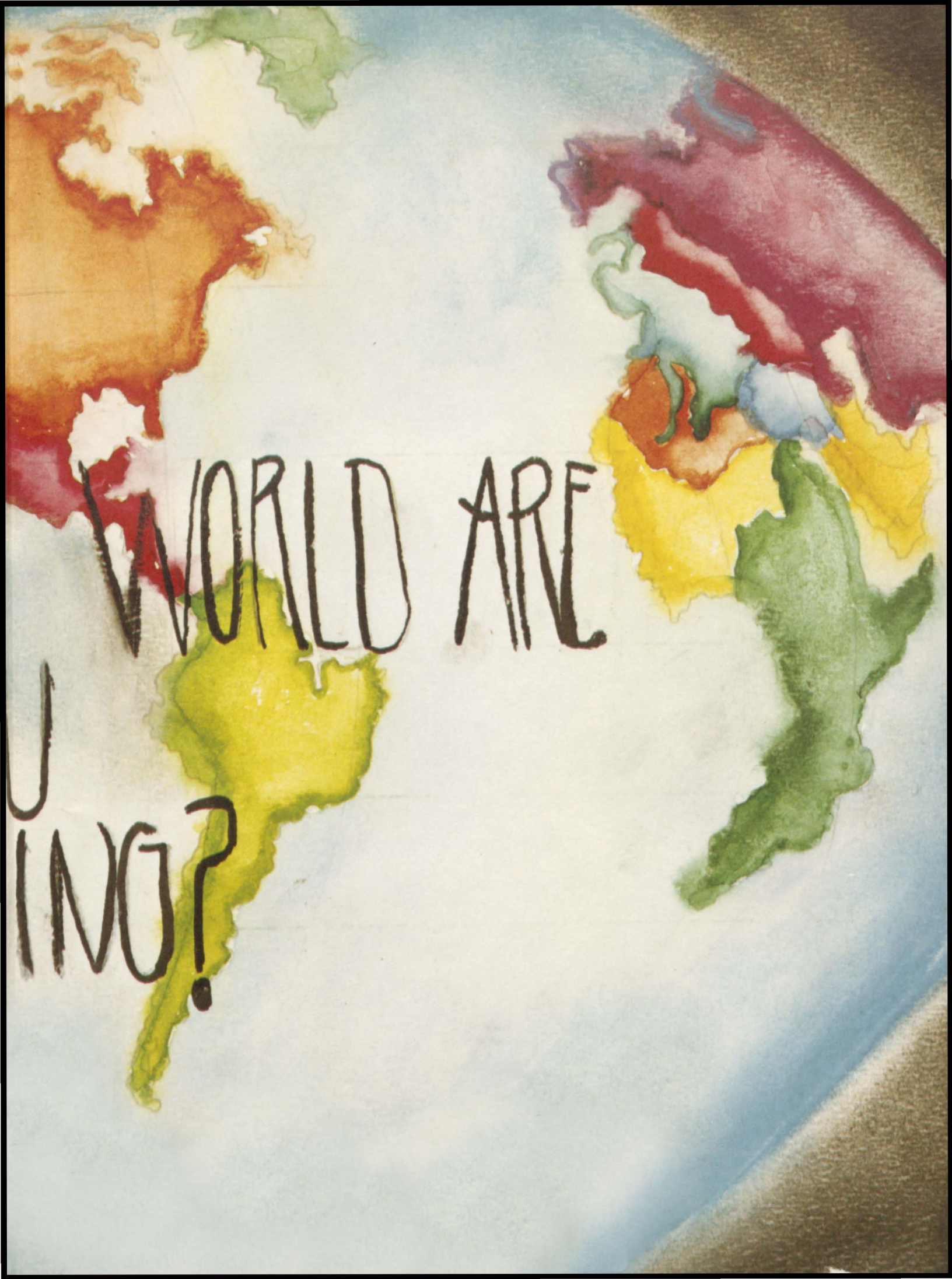
# Wahina 1976





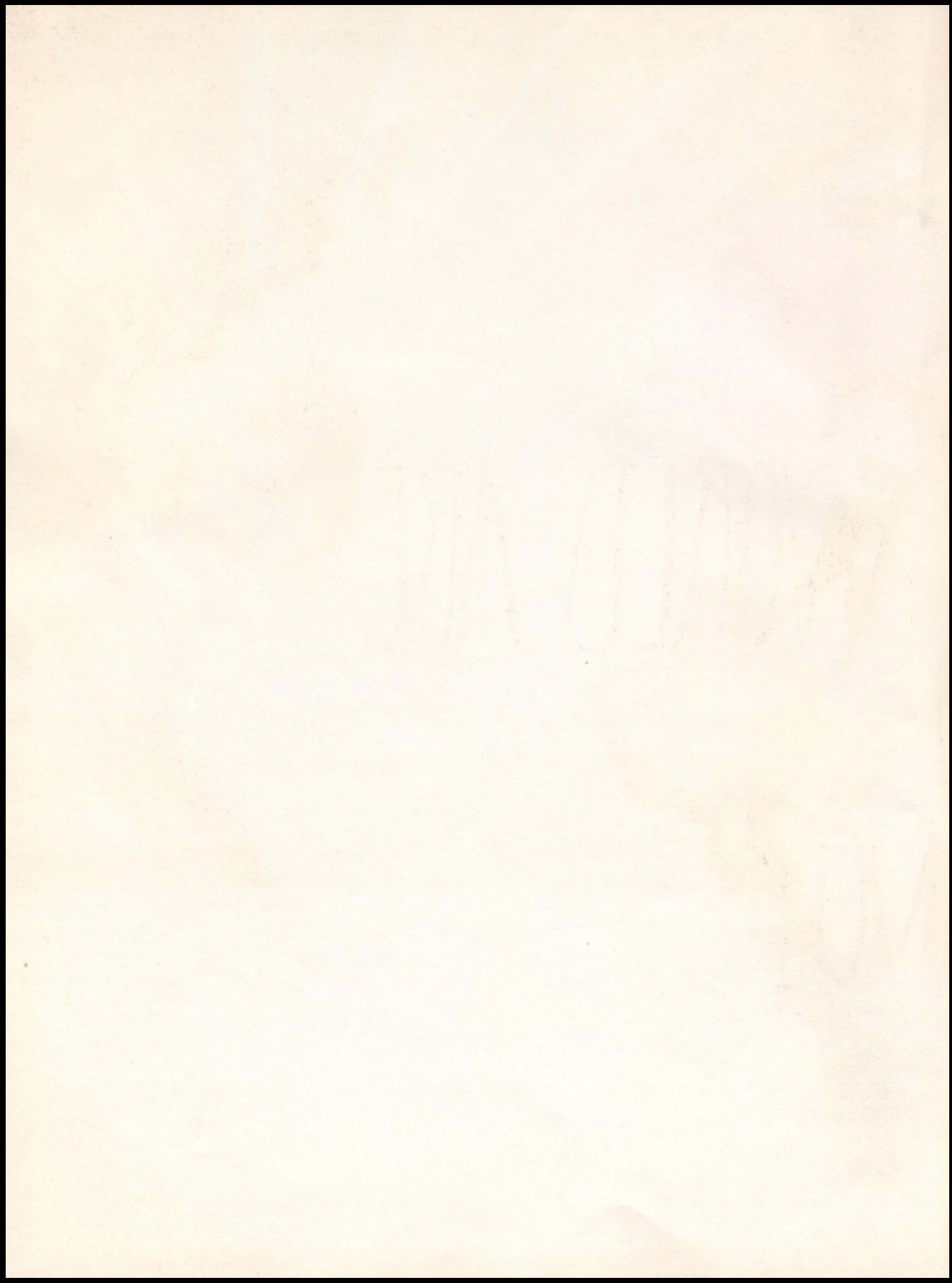
WHERE IN THE

YO  
GO



WORLD ARE

ING?





-WAHINA-

**Cheyenne East High School  
1975-1976**

**EDITOR . . . . Debbie Hinds  
Advisor . . . . Martin Sample**

OPENING  
Sr. Section  
Features  
Jr. Section  
Sports  
Sophomore Section

Clubs  
Faculty  
Ads and Bi-Centennial Section  
Index  
Closing

The East High School Wahina Staff

—PRESENTS—

The 1975-1976 Yearbook

**Bi** (Gr.) -Two

**Bios** (Gr.) -Life

**Centum** (Lat.) -One Hundred

**Annus** (Lat.) -Year

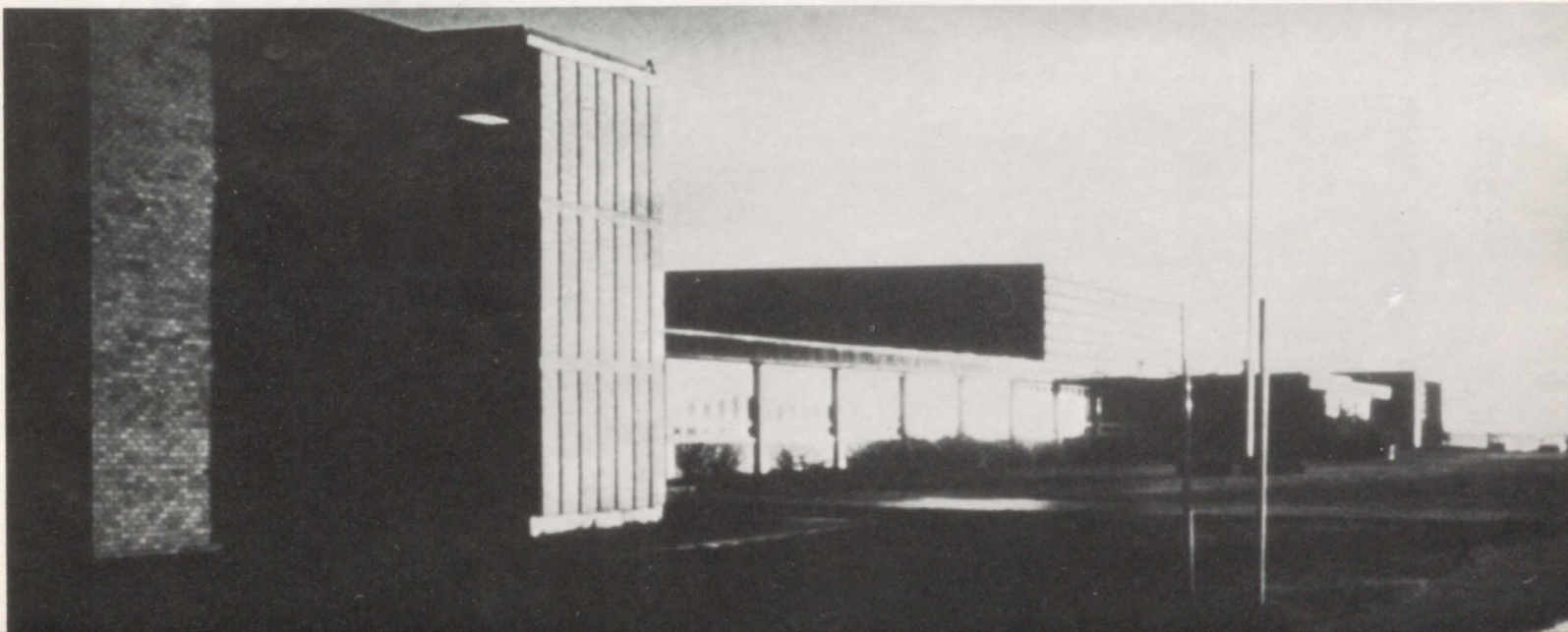
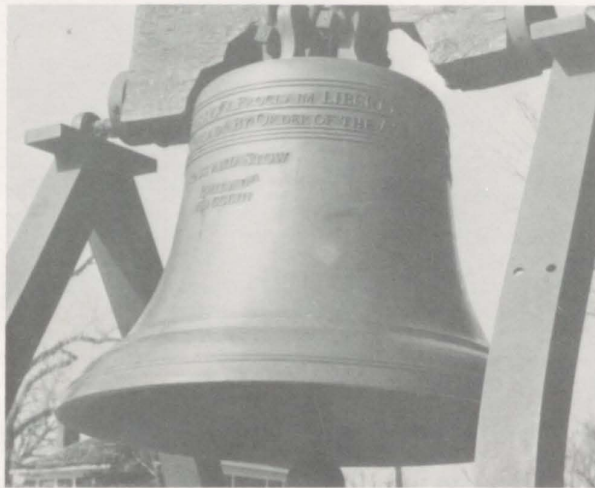
BIO-  
CENTENNIAL



In 1975 we began to look back at our roots, founded 200 years ago in Revolution. Reflection on our language brought us to the elements included in the term *bi-centennial*. The Greek terms *bí* (two) and *bíos* (life) seemed to us a logical pair to match with the Latin terms *centum* (one hundred) and *annus* (year) in the development of a dual celebration; a bi-centennial and a bio-centennial. In the spirit of reflection we proudly dedicate this book to the students of East High School in the year 1975-1976. We hope that this effort is just one of the many attempts to re-establish values in a life style dedicated to freedom. May the next two hundred years be as full of promise as our East High student body implies.

—THUS—

We Bring You  
200 Years of Life



Another year is passing

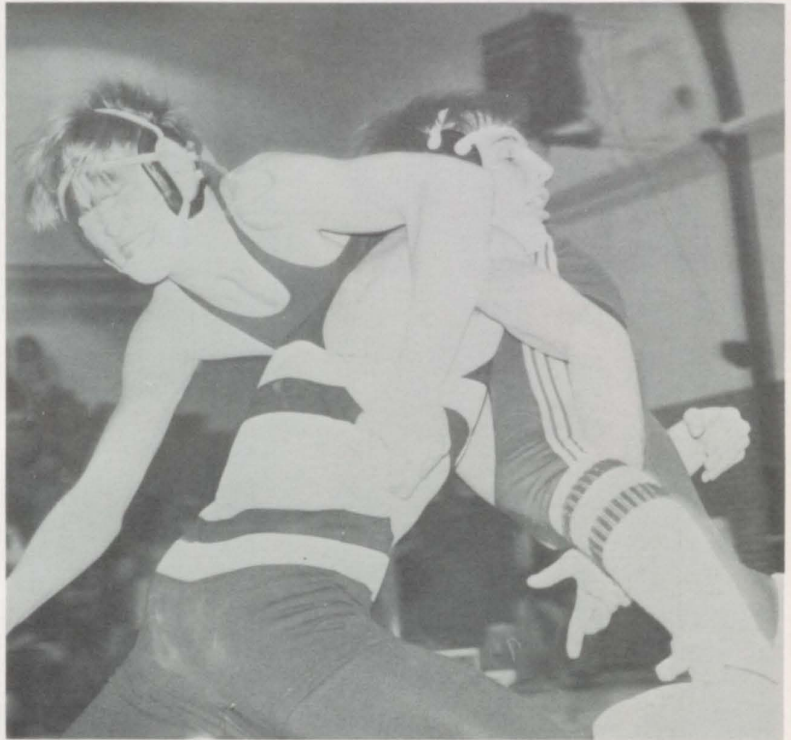
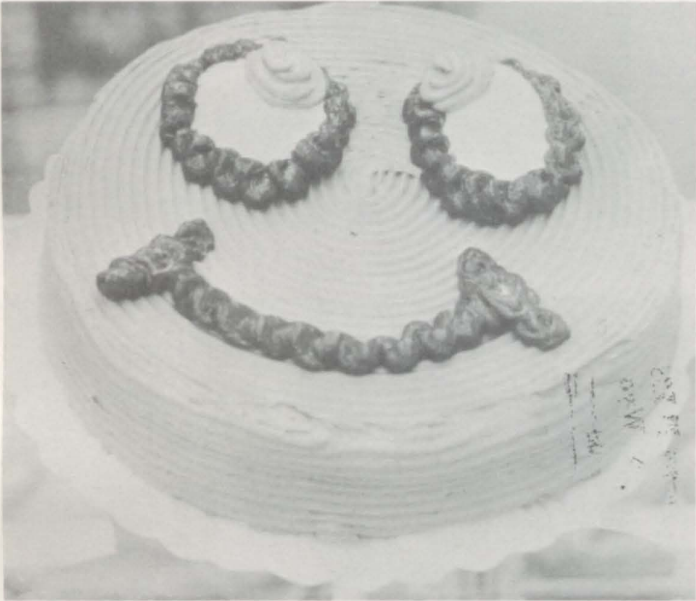




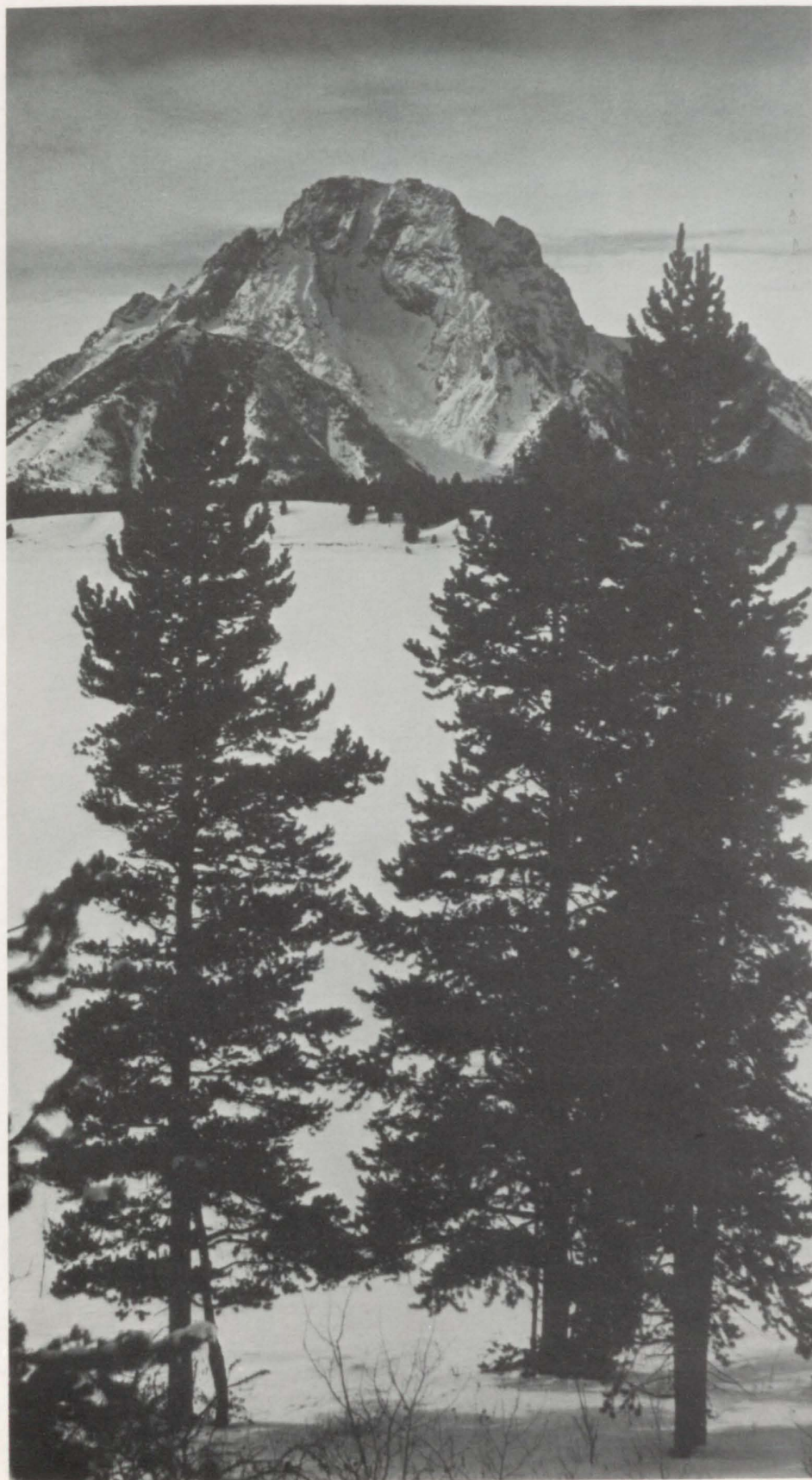
And with the changing seasons



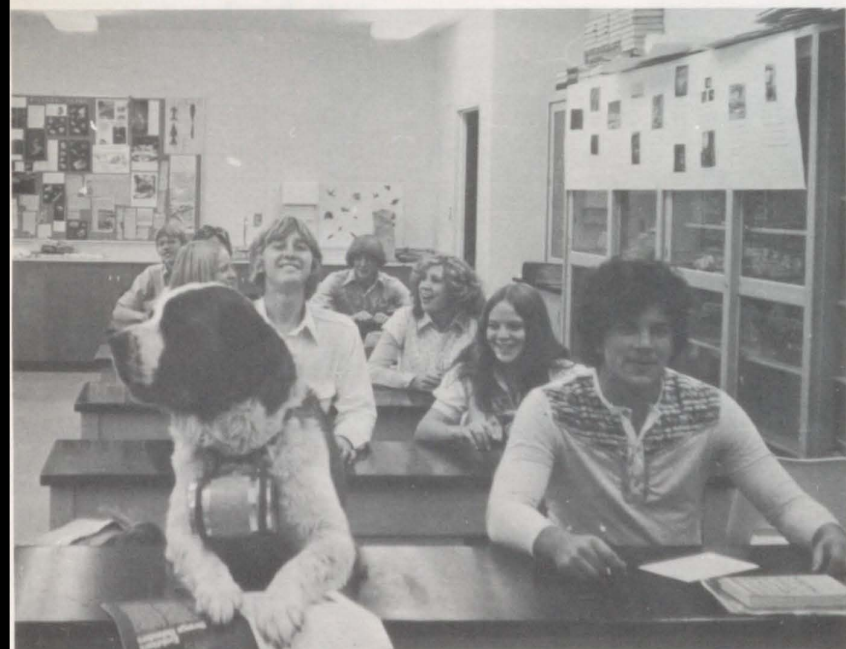
# We Find Ourselves One Year Older



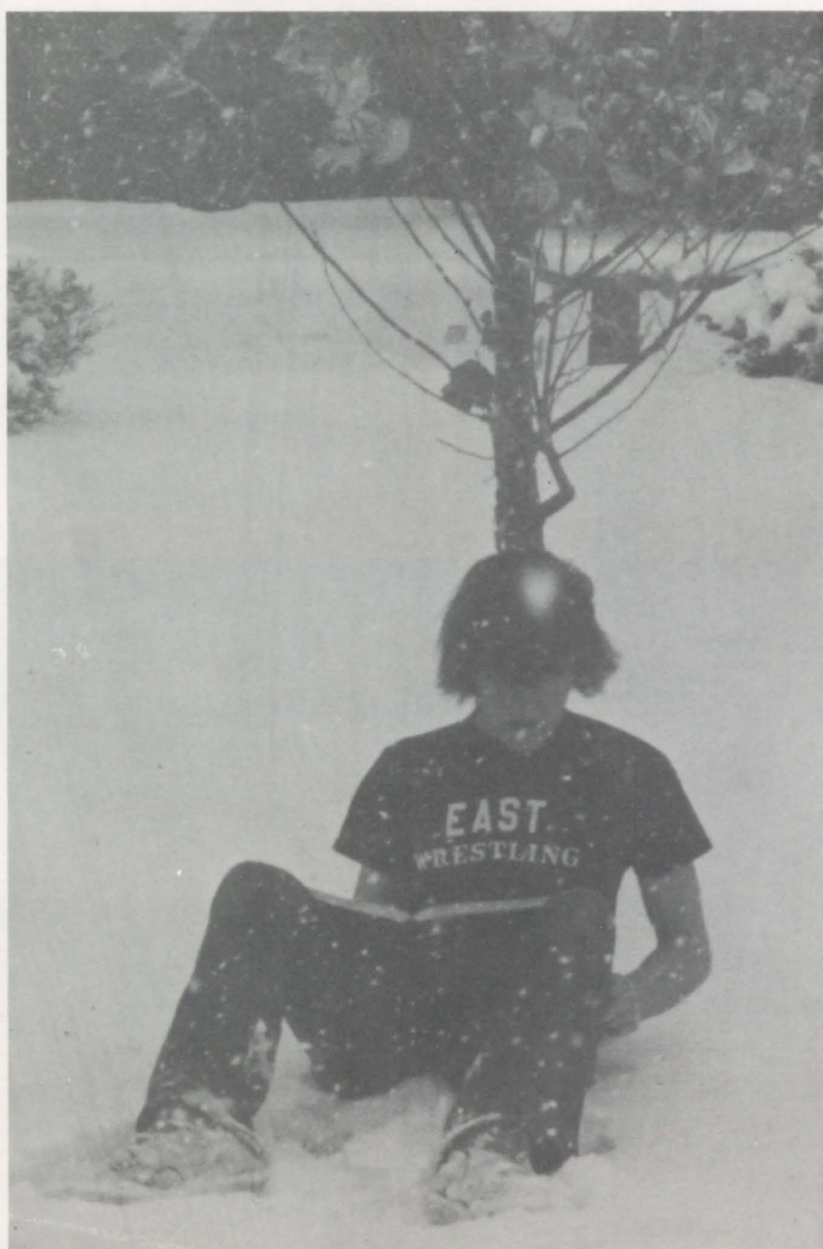
# Like The EARTH We Are Growing Too



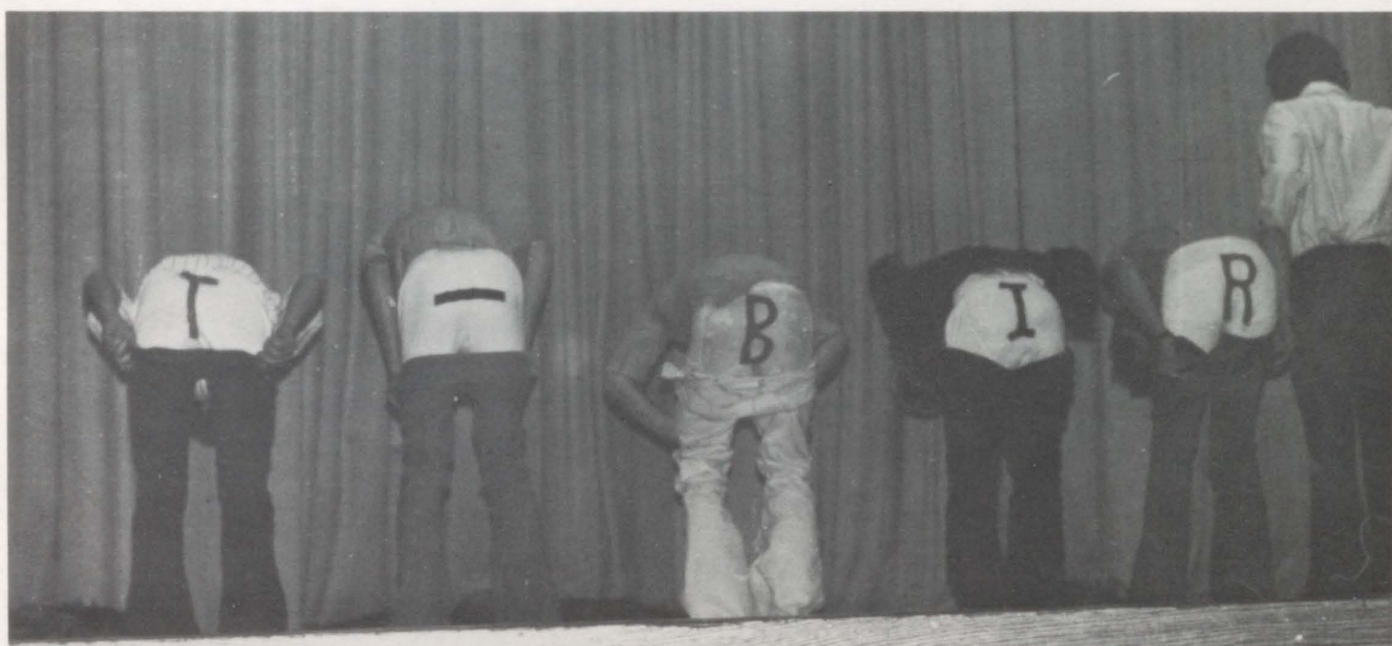
# Slowly, Quietly, And Beautifully We Are Changing



# Just Like The Delicate Crystals Of Ice We Call Snow Flakes



To Melt The Ice,  
We Draw Energy  
From The Sun



We Spread Our Arms To  
Feel Our Design In Life



# Becoming individuals more unique than the rising sun





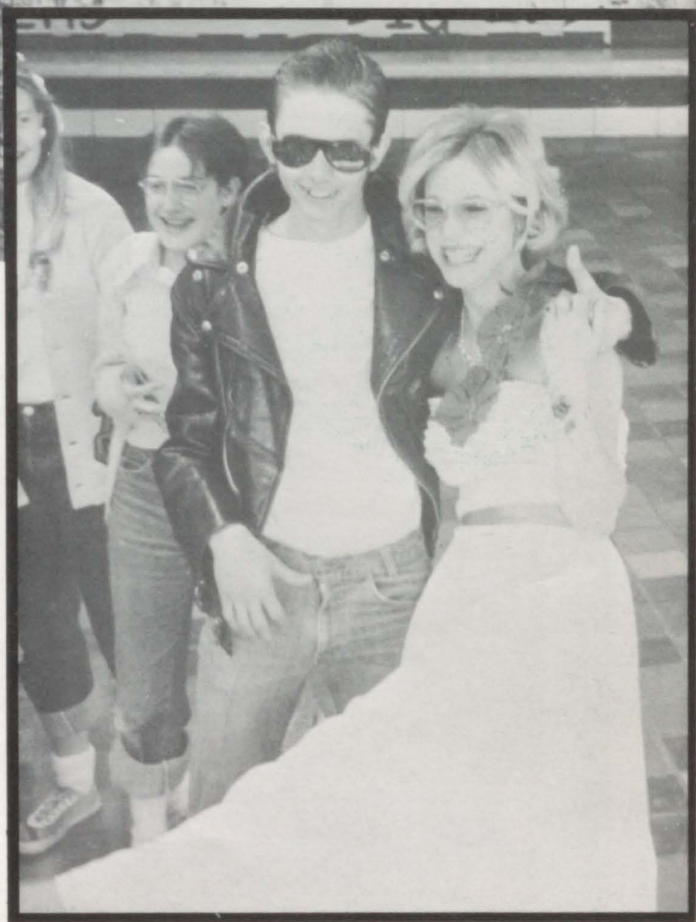
To see,

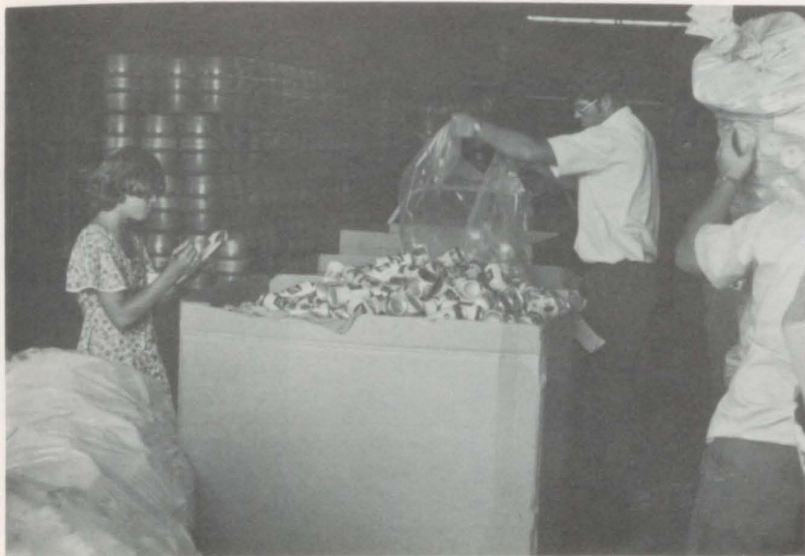
reach out,

and grasp



To Find Out Where We Belong In This World Of Life.





Have you ever seen  
a butterfly fly?  
and said  
"Dear God, why can't I?"  
and he said,  
"Look, you can talk!"  
and I said  
"That's fair enough,"  
"I'd rather walk."



SENIOR CLASS  
OFFICERS: Sandy  
Holmes, Marcene El-  
sasser, Terri Walker,  
Kandy Homles.



In order to save space in our senior section,  
we are abbreviating organizational titles.

- |   |  |
|---|--|
| AC-Art Club                             | IA-Intramural Athletics                      |
| AFS-American Field Service              | KC-Key Club                                  |
| B-Band                                  | MC-Modern Choir                              |
| BS-Boys State                           | NFL-National Forensic League                 |
| BW-Birdwatchers                         | NHS-National Honor Society                   |
| CH-Cheerleader                          | NM-News Magazine                             |
| CW-Creative Writing                     | OR-Orchestra                                 |
| DE-Distributive Education               | PPG-Pom Pon Girl                             |
| DM-Drum Majorette                       | QS-Quill & Scroll                            |
| DT-Band Drill Team                      | ROTC-Reserve Officer Training Corp.          |
| EC-E Club                               | SKI-Ski Club                                 |
| EW-East Wings                           | SC-Spanish Club                              |
| EX-Exchange Club                        | SS-Student Senate                            |
| FBLA-Future Business Leaders of America | T-Taendas                                    |
| FC-French Club                          | TH-Thespians                                 |
| FCA-Fellowship Christian Athletics      | VA-Varsity Athletics                         |
| FFA-Future Farmers of America           | VICA-Vocational & Industrial Club of America |
| GAA-Girls Athletic Ass.                 | "W"-Wahina                                   |
| GC-German Club                          | WC-Wildlife Club                             |
| GS-Girls State                          |  |
| HERO-Hero Club                          |  |

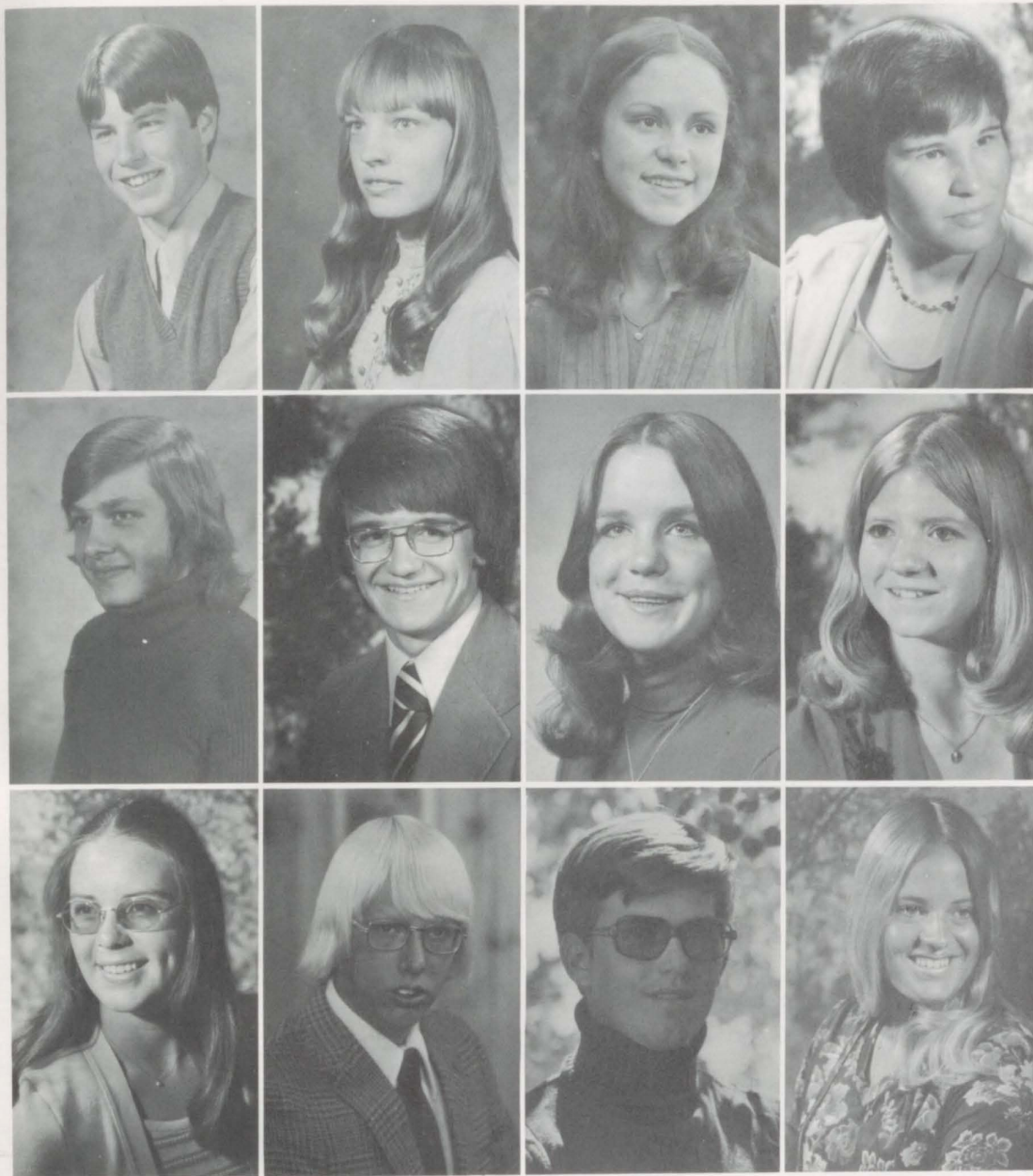


Billie Abbott  
Cynthia Ament

Anne Accardo  
Janice Andersen

Dave Allen  
Deborah Anderson

# we reflect on the past



Jim Arnold  
Pamela Baker  
Vickie Baldauf  
Theresa Bariola

Blaine Barker  
Gregory Barnes  
Danna Beach  
Debbie Bedlan

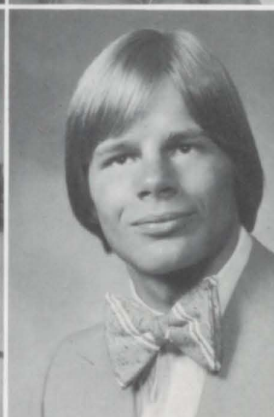
Linda Bellis  
Kevin Best  
Mark Best  
Jodi Billis

ABBOTT, BILLIE: BW 11,12; DE 11; EW 10,11,12; SS 11; T 12.  
ACCARDO, ANNE: BW 10; EW 10,11,12; T 12.  
ALLEN, DAVE: CW 11.  
AMENT, CYNTHIA: VA 10,11; IA 10,11.  
ANDERSEN, JANICE: EW 10,11,12; T 11; IA 10,11,12.  
ANDERSON, DEBORAH: DT 11; BW 11,12; EW 12; GAA 11,12; VA 11.  
ARNOLD, JIM: FFA 10,11,12.  
BAKER, PAMELA: B 10,11,12; GAA 10; GS 11; GC 11,12; NHS 11,12; T 11;  
TH 11; VA 11; IA 10,12; DM 12.

BALDAUF, VICKIE: B 10; FC 12; FHA 10; OR 10.  
BARIOLA, THERESA: EW 12.  
BARKER, BLAINE: AC 10,11; B 10; VA 10,11.  
BARNES, GREGORY: NFL 12; NHS 12.  
BEACH, DANNA: B 10; BW 11; SC 11; SS 10.  
BEDLAN, DEBBIE: DE 10,11,12.  
BELLIS, LINDA: DT 11.  
BEST, KEVIN: VA 10; IA 11,12.  
BEST, MARK: FFA 10,11,12; IA 10,11,12.  
BILLIS, JODI

# And cast aside

BIRLEFFI, LAURIE: BW 10,II,12; EW 10,II,12; GAA 10; NFL 10,II,12; PPG 12; SKI II; SS 12; "W" II,12.  
 BISHOP, KATHRYN: GAA 10,II,12; EW 10; SC 10,II; VA 10,II,12.  
 BISHOP, RICHARD: EC 10,II,12; SS II,12; FCA II,12; VA 10,II,12; IA 10,II,12.  
 BOHANNON, MIKE: VA II,12.  
 BORGAARD, KERI: CH 10; EW 10,II,12; FHA II,12; GS II; MC II,12; NFL II,12; NHS II,12; SS 10,II,12; T II,12; TH II,12; Stu. Body Sec. II; Stu. Body VP 12; All State Choir II; All NW Choir II; Who's Who Among American HS Students; Cheyenne Junior Miss.  
 BOURRET, TED: VA 10,II,12; IA 10,II,12.  
 BOWERS, SUZIE: CW 12; DE 10; GAA 10; GC 10; VA 10,II.  
 BOYER, JAY: CW II; SS II; VA 10,II,12; IA 10,II,12.  
 BRADEN, SHARON: AC 10,II,12; GC II.  
 BRAUNSCHEWIG, GAYLE: DT II,12.  
 BRIDGER, TERRI: FHA 10,II,12; GC 10,II,12.  
 BROOKS, MARJORIE: CW II,12; FC 12.  
 BROWN, KEVIN: EC II,12; VA 10,II,12; IA 10,II,12.  
 BROWN, LES: ROTC 10,II,12; CW II; EC 10,II,12.  
 BROWN, RHONDA: B 10,II,12; EW 12; GAA 12; NHS II,12; SKI 12; SS 12; VA 10,II,12; IA 10,II,12; Student Facilities Chairman.  
 CALL, MARVIN: FFA 12.  
 CAMERON, GARY: EC 10,II,12; KC II,12; NHS II,12; VA 10,II,12; IA 10,II,12.  
 CAMERON, GUY: EC II,12; KC II,12; NHS II,12; IA 10,II,12; VA 10,II,12.  
 CAMERON, SANDY: B 10; DT II; NFL II; OR II.  
 CAMP, LEN  
 CAMPBELL, JOY: FFA 10,II,12.  
 CARTER, MATT: SS II; VA 10,II,12; IA 10.  
 CASE, CARL: B II; EC 10,II,12; KC 10,II; "W" 12; VA 10,II,12; IA 10,II.  
 CATON, CINDIE  
 CAZIER, DALE: VA II,12; IA 10,II,12.  
 CHALSTROM, JOHN: IA 10,II.



Gayle Braunschweig

Terri Bridger

Laurie Birleffi

Kathryn Bishop

Richard Bishop

Mike Bohannon

Keri Borgaard

Ted Bourret

Suzie Bowers

Jay Boyer

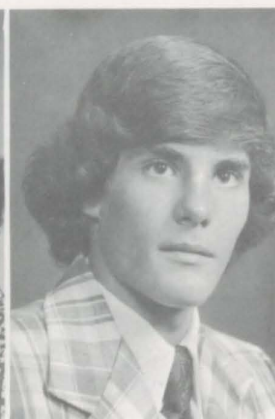
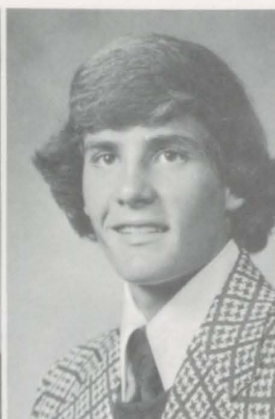
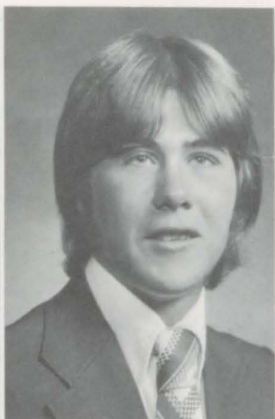
Sharon Braden

Marjorie Brooks

Kevin Brown

Les Brown

# the old familiar ways



Rhonda Brown  
Marvin Call  
Gary Cameron  
Guy Cameron

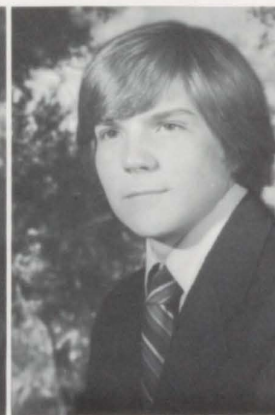


Sandy Cameron  
Len Camp



Joy Campbell  
Matt Carter

YOU! YOU! YOU! LITTERBUG!!



Carl Case  
Cindie Caton  
Dale Cazier  
John Chalstrom

# We are children now

Leslie Chapman



Ron Chavez

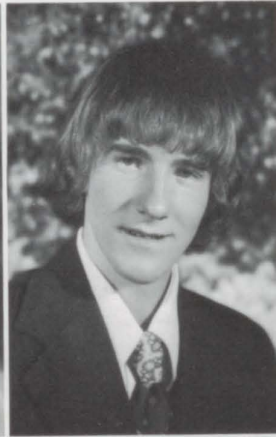


John Ciz

Cindy Clark

Richard Cochran

Don Cole

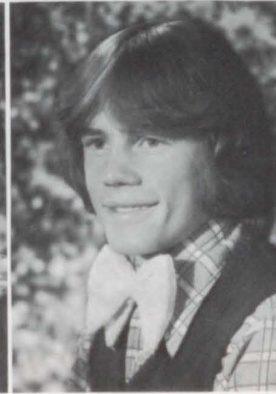


Ron Cole

Caren Collins

Dave Collins

Sherry Collins



Children play in neighboring Brimmer Park.



# only in the eyes of God



Cristy Conroy  
 Mary Cook  
 Ruben Cordova  
 Julie Corklin

Myra Costopoulos  
 Teresa Coulson  
 Jennifer Crawford  
 Danny Crespin

Becky Crittenden  
 Harlan Crosby  
 Cris Cruz  
 Curtis Culver

CHAPMAN, LESLIE  
 CHAVEZ, RON: EC II,12; VA 10,11,12; IA 10,11,12.  
 CIZ, JOHN: IA 10,11,12.  
 CLARK, CINDY: DT II,12; CW II,12; T 12.  
 COCHRON, RICHARD: NFL 10,11.  
 COLE, DON  
 COLE, RON  
 COLLINS, CAREN: OR 10,11,12; SC II,12.  
 COLLINS, DAVE: VA 10; IA 11.  
 COLLINS, SHERRY: FBLA 12.  
 CONROY, CRISTY  
 COOK, MARY: B 10,11; GAA 10,11,12; GC II,12; VA 10,11,12; IA 10,11,12.

CORDOVA, RUBEN: CW 12; NFL 12; QS II; SKI II,12; SC 12; SS 10,11,12; NM 12; VA II,12; IA 10,11,12.  
 CORKLIN, JULIE: FBLA 12.  
 COSTOPOULOS, MYRA: EW 10,11,12; FC 10; NHS II,12; SS II,12; T II,12.  
 COULSON, TERESA: DT II; CW 12.  
 CRAWFORD, JENNIFER: OR 10,11,12.  
 CRESPIN, DAN: EC 10,11,12; WC 12; VA 10,11,12; IA 12.  
 CRITTENDEN, BECKY: DE 10.  
 CROSBY, HARLAN: KC II,12; VICA 12; IA 10,11,12.  
 CRUZ, CRIS  
 CULVER, CURTIS: VICA II,12.

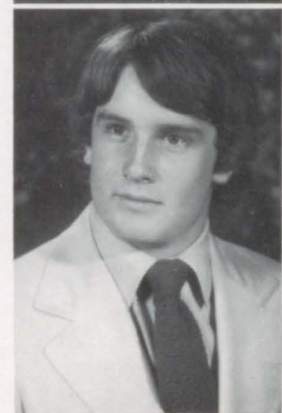
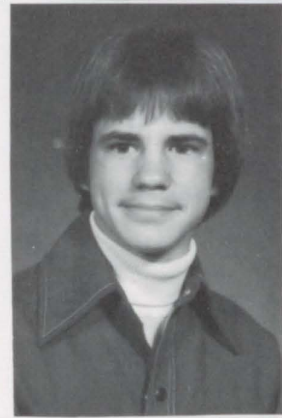
The earth is

Steve Cunningham

John Davis

Susie Dawson

James Day



The better side of life is caught in this picture by Pat Wilson

Jim Decklever

Kellie Decklever

Curtis Deike

Louis Ditzler

Matt Dixon

Moni Dorsey

# opening up to us.



Evan Dowdy  
Mike Edmondson  
Steve Elkins  
Connie Ellerston



Sue Ellis  
Marcene Elsasser  
Dave Erickson



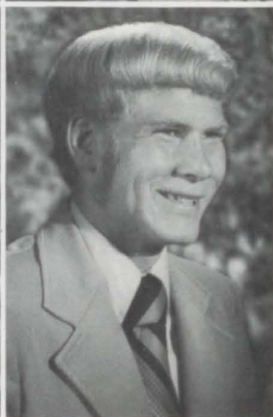
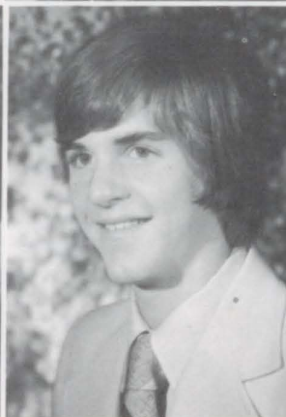
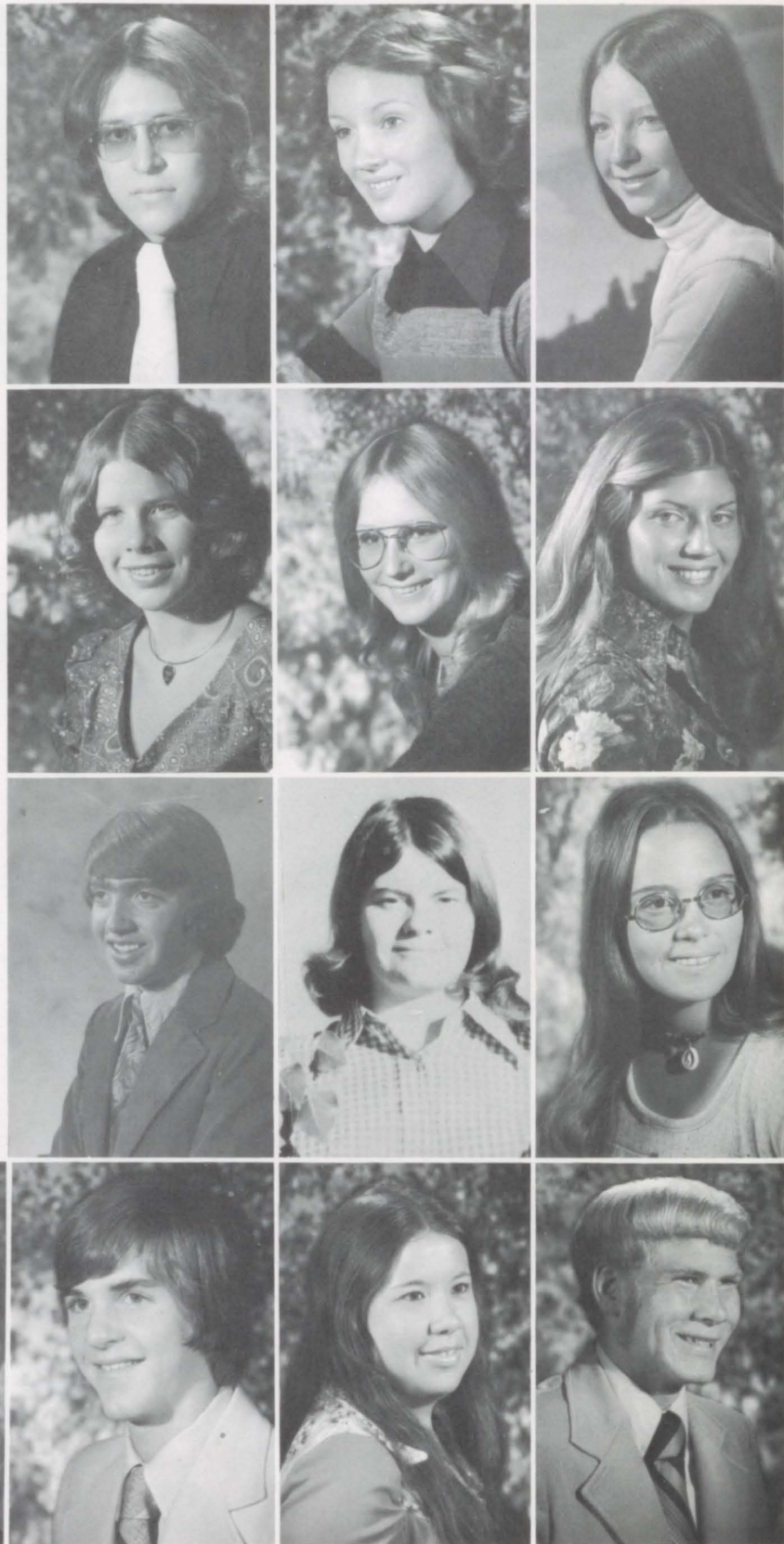
CUNNINGHAM, STEVE: VA 11,12; IA 10,11,12.  
DAVIS, JOHN: EC 10,11,12; KC 12; NHS 11,12; VA 10,11,12; IA 10,11,12.  
DAWSON, SUSIE: AFS 12; AC 10; B 10; BW 10; CH 10,11; EW 10,11,12; GAA 10,11,12; GC 11,12; NHS 11,12; SS 11,12; T 11,12; VA 10,11,12; IA 10,11,12.  
DAY, JAMES: IA 10,11.  
DECKLEVER, JIM: EC 10,11,12; VA 10,11,12; IA 11.  
DECKLEVER, KELLIE: EW 10,11,12; SS 10; "W" 12; IA 11; FBLA 12.  
DEIKE, CURTIS: FFA 10,11; WC 12.  
DITZLER, LOUIS: VA 11,12; IA 10,11,12.  
DIXON, MATT: EC 10,11; VA 10,11,12; IA 10.  
DORSEY, MONI  
DOWDY, EVAN: ROTC 11,12; B 11,12; NHS 11,12; OR 10,11,12.  
EDMONDSON, MICHAEL: ROTC 10; KC 12; IA 10,11,12.  
ELKINS, STEVE  
ELLERSTON, CONNIE: DE 11.  
ELLIS, SUE: AFS 10,12; BW 10; EW 10,11,12; FC 10; GAA 10,11,12; NHS 11,12; PPG 11; SS 10,11,12; T 11,12; VA 10,11,12; IA 10,11,12; AC 10.  
ELSASSER, MARCENE: EW 10,11; SC 10,11,12; SS 10,12; T 11,12.  
ERICKSON, DAVE  
FALES, DOUG: EC 12; VA 10,11,12; IA 10,12.  
FAWCETT, ROSEMARY  
FEDERER, EILEEN  
FINCHER, CHARLES  
FISHER, PATRICIA  
FLEMING, JODY: FFA 10,11,12.



Doug Fales                      Rosemary Fawcett                      Eileen Federer  
Charles Fincher                      Pat Fisher                      Jody Fleming

# With our feet

FONSECA, MARIANO: AC 12; IA 10,11.  
 FORGEY, LAURA: SC 12.  
 FOUST, WENDY: BW 11; EW 10; FBLA 12; SS 11; IA 12.  
 FREEMAN, JO: DT 10,11.  
 FRITCHEL, SUSAN: EW 10,11,12; GC 10,11,12; NHS 11,12; T 11,12.  
 GALLION, WENDY: EW 10,11,12; GAA 10; SS 11,12; VA 10.  
 GARCIA, LAWRENCE  
 GAUNT, MIRA: B 10,11,12; FBLA 12; FHA 12.  
 GERSMEHL, VALIER: DT 11,12.  
 GILLISPIE, ROBIN: DT 11; T 11,12; "W" 12.  
 GILPIN, GLENN: NHS 11,12; IA 10.  
 GLEASON, STEVE: NHS 11,12; IA 10,11,12.  
 GONZALEZ, JOYCE: AC 12; B 10,11,12; FBLA 12; FHA 10,11,12; T 11.  
 GORMLY, JIM  
 GOSS, PATRICIA: AFS 12; FC 10,11,12; NFL 10,11,12.  
 GREGG, CHIPPER: IA 10,11,12.  
 GRIEGO, ANTHONY: VA 11,12.  
 GRIEGO, LIZ: HERO 10,11,12.  
 GRIFFIN, PATRICK: VICA 12; IA 10.  
 GRIGSBY, JAMES: B 10,11,12; EC 12; GC 10,11; SS 11; VA 10,11,12.  
 GRIMM, RONALD: BS 11; GC 11,12; MC 11,12; OR 10,11,12; TH 10,11,12; Who's Who in America HS Students.  
 GRIZZLE, GREGORY



Robin Gillispie

Glenn Gilpin

Mariano Fonseca

Laura Forgey

Wendy Foust

Jo Freeman

Suzan Fritchel

Wendy Gallion

Lawrence Garcia

Mira Gaunt

Valier Gersmehl

Steve Gleason

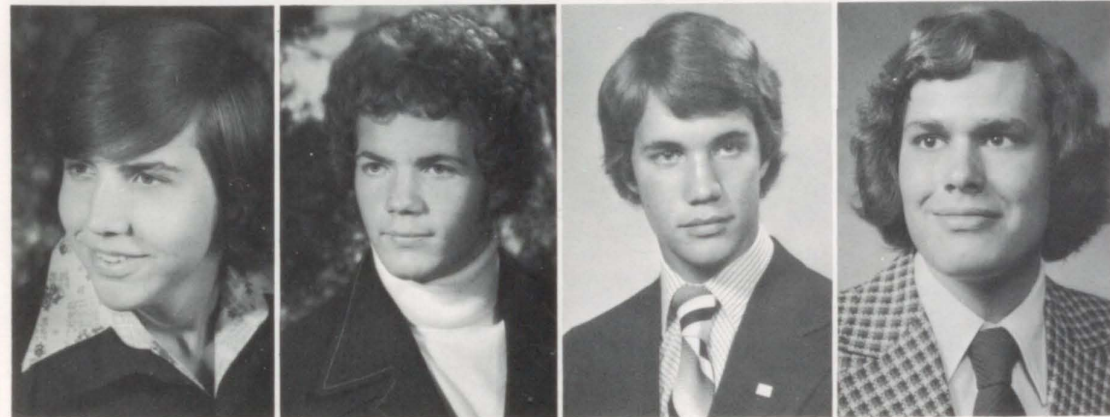
Joyce Gonzalez

Jim Gormly

# on the ground



Patricia Goss  
Chipper Gregg  
Tony Griego  
Liz Griego



Patrick Griffin  
James Grigsby  
Ronald Grimm  
Gregory Grizzle

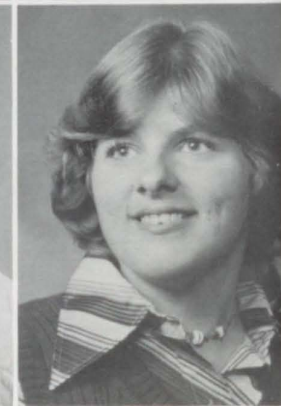
East rooters cheer at the East vs. Central game. (East won)

# And our heads



Bruce Groesbeck

Barb Grunden



GROESBECK, BRUCE: "W" 12.  
 GRUNDEN, BARB: GAA 10,II,12; VA 10,II,12; IA 10,II,12.  
 HAAG, CAROLYN: DT II,12; FC 10.  
 HAAK, LYNDA: FBLA 12; GC 10.  
 HANKEL, LARRY: DE II; SS 10; IA 10,II.  
 HANKIN, RICHARD  
 HANLON, TIMOTHY: EC 10,II,12; KC 10,II; SS 10,II; FCA 10; VA 10,II,12; IA 10,II,12  
 HANSON, CHRISTINE: FFA 10; VA 10,II; IA 10,II.  
 HARMAN, FRED: AC 10,II,12; DE II,12.  
 HARTIGAN, MARGIE: EW 10,II,12; GC II; MC 12; SS II,12, T II,12; All state Music II.  
 HARTMAN, MICHAEL: NHS II; IA 10,II,12.  
 HARTSAW, SARA: GAA 10,II,12; VA 10,II,12; IA 10,II,12.  
 HARVEY, ANDREA: MC 10.  
 HAVENS, RON: WC 10,II,12.  
 HAYGOOD, DEAN  
 HAYNES, TOM: VA 10,II.  
 HEMPHILL, ROBERT: DE 10,II,12; EC 10,II; VA 10,II; IA 10,II,12.  
 HENSON, LISA: B 10; BW 10; EW 10,II,12; SC 12; SS 10,II; T II,12.  
 HERMAN, BRENDA: FHA 10,II,12; NHS II,12.  
 HERT, KAY: SC II,12.  
 HERT, KIM: SC II,12.  
 HETTINGER, KIM: B II,12.  
 HICKMAN, JEAN: BW 10; CH 12; EW 10,II,12; GAA 10,II,12; NHS II,12; PPG II; SKI II,12; SC 12; T II,12; VA 10,II,12; IA 10,12.  
 HILLS, STEVE: B 10; IA 10,12.

Carolyn Haag

Lynda Haak

Larry Hankel

Richard Hankin

Tim Hanlon

Chris Hansen

Fred Harman

Margie Hartigan

in the air



Rick Williams sneaks a peek at the photographers.

Michael Hartman	Sara Hartsaw	Andrea Harvey	Kim Hert
Dean Haygood	Tom Haynes	Todd Hemphill	Steve Hills
Ron Havens	Brenda Herman	Kay Hert	
Lisa Henson	Kim Hettinger	Jean Hickman	

The sky is

Debbie Hinds  
Debra Hirsig  
Dave Hirst  
Ron Hoffer



Marty Hogoboom  
Shelly Hollingsworth  
Brad Holmes  
Kandy Holmes



Sandy Holmes



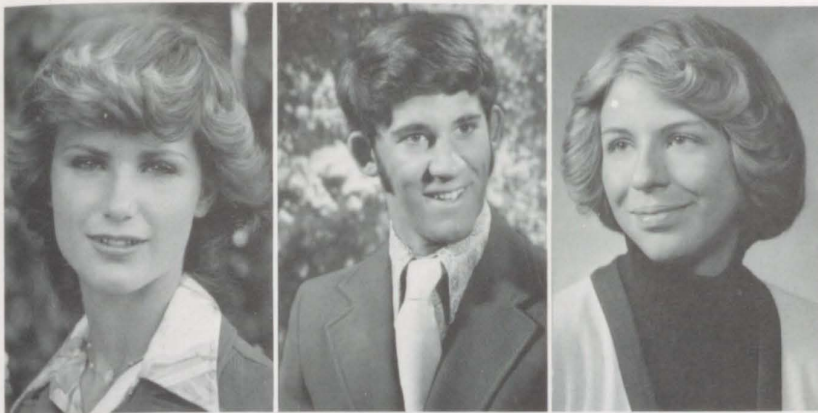
Calvin Hopwood



Winter trees-remember winter? - Reach high as do student goals.



# the limit



HINDS, DEBBIE: BW 10,11; CW 12; FBLA 12; "W" 11,12.  
 HIRSIG, DEBRA: FFA 10.  
 HIRST, DAVE: EC 11; VA 11; IA 10.  
 HOFFER, RON: B 10,11,12; DE 11,12; VA 10; IA 10,11,12  
 HOGOBOOM, MARTY  
 HOLLINGSWORTH, SHELLY: AFS 11,12; B 10,11,12; BW 10;  
 CH 10; EW 10,11,12; GAA 10,11,12; MC 11,12; NHS 11,12;  
 DM 11,12; Student Body President 12.  
 HOLMES, BRAD: VA 10,11,12; IA 10.  
 HOLMES, KANDY: EW 10,11,12; GAA 10,11,12; NHS 11,12;  
 SS 10,11,12; VA 10,11,12; SC 10.  
 HOLMES, SANDY: EW 10,11,12; GAA 10,11,12; NHS 11,12;  
 SC 10; SS 11,12; IA 10,11,12.  
 HOPWOOD, CALVIN: ROTC 12.  
 HOSKINS, DEBRA: BW 10,11,12; DE 11,12; EW 10; GAA 10;  
 QS 11; SKI 11,12; SS 10; TH 12; NM 11,12.  
 HOVEY, BRAD: EC 11,12; VA 10,11,12; IA 10,11,12.  
 HOY, GINA: B 10,11,12; BW 10,11,12; GC 10,11,12; GS 11;  
 NHS 11,12.  
 HUBKA, DENISE: DT 11,12; GC 10,11.  
 HUGHES, SUSIE: BW 10,11; EW 10,12; GAA 10; SKI 11; T  
 11,12; "W" 11,12.  
 HUISMAN, JANET: GAA 10; GC 11; IA 10.  
 HUNTON, JANICE: GC 10,11,12; MC 10,11,12; NHS 11,12;  
 OR 10,11.  
 HUSMAN, SANDI: BW 11; CH 12; EW 10,11,12; GAA 10;  
 PPG 11; SKI 11; SS 10; T 11,12; "W" 11,12; VA 10;  
 HYDE, JILL  
 JESSE, BILL  
 JOERSCHKE, KATHERINE: AC 12; FHA 10,11,12.  
 JOERSCHKE, ELIZABETH: AC 12; FHA 10,11,12.  
 JOHNSON, JENNIFER: HERO 10,11; NM 10.  
 JOHNSON, JONI: BW 11,12; EW 10,11,12; SC 10; SS 11; T  
 12; CH 12.



Debra Hoskins

Brad Hovey

Gina Hoy

Jennifer Johnson

Joni Johnson

Denise Hubka

Susie Hughes

Janet Huisman

Janice Hunton

Sandi Husman

Jill Hyde

Bill Jesse

Elizabeth Joerschke

Katherine Joerschke

We have only

Mike Johnson



Peggy Johnson

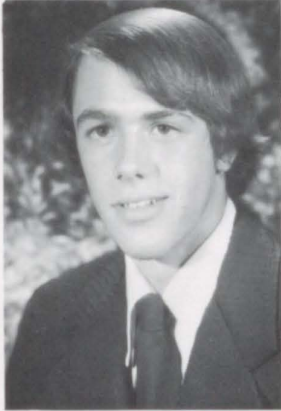


Steve Johnson

Tom Johnson

Debbie Jones

Jean Jones



Mark Jones

Pam Jones

Jeff Koberline

Janice Kassebaum

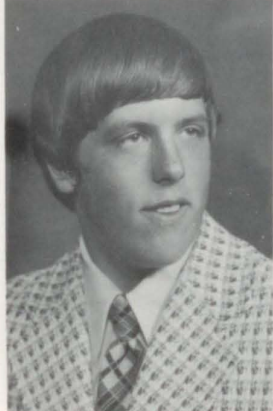


Silverfish hunting is becoming a popular pastime at East.

# to search



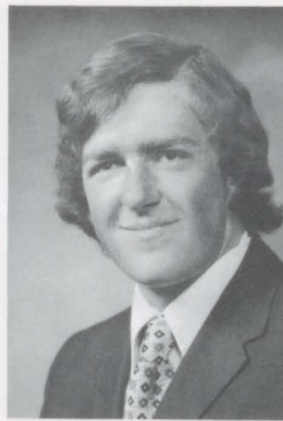
Leslie Kelley  
 Barb Kello  
 Robin Kellow  
 Jerry Kelly



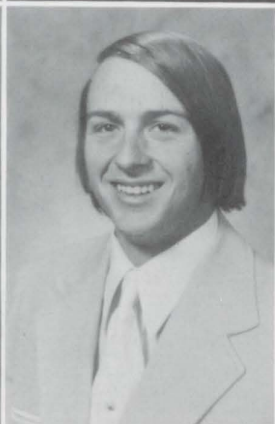
JOHNSON, MIKE: B 10,11; VA 10.  
 JOHNSON, PEGGY: AC 11,12; B 10,11,12; SC 12.  
 JOHNSON, STEVE: VICA 11,12.  
 JOHNSON, TOM: ROTC 10,11,12; IA 10,11,12.  
 JONES, DEBBIE: ROTC 10; FC 10; VA 10.  
 JONES, JEANNIE  
 JONES, MARK  
 JONES, PAM: BW 11,12; EW 10,11,12; FC 10; GAA 10,11,12;  
 PPG 12; SS 11; IA 10,11,12.  
 KABERLINE, JEFF: ROTC 10; FBLA 10,11; VA 10; IA 10.  
 KASSEBAUM, JANICE: DT 11; GAA 10,11,12; GC 10; VA  
 10,11,12.  
 KELLEY, LESLIE: B 10,11; VA 10.  
 KELLO, BARBARA: EW 12; FBLA 12; T 12.  
 KELLOW, ROBIN: DT 10,11; CW 11; DE 11,12.  
 KELLY, JERRY: ROTC 11,12; B 10; FFA 10,11,12.  
 KENYAN, TERRI: EW 10; GAA 10; SKI 11; SS 11,12; IA 10.  
 KEPLEY, SALLY: DT 11; EW 11.  
 KIDD, RICK  
 KIDDIE, MONA  
 KIRK, BRYAN: CW 12; EC 10,11,12; KC 11,12; VA 10,11,12.  
 KLINGFUS, MELANIE  
 KMETZ, MIKE: WC 10,11,12.  
 KOHN, ALICIA  
 KORBER, MICHAEL: EC 12; GC 11,12; KC 11,12; NHS 11,12;  
 VA 10,11,12; IA 10,11,12.

Terri Kenyan      Sally Kepley      Rick Kidd  
 Mona Kiddie      Bryan Kirk      Melanie Klingfus  
 Mike Kmetz      Alicia Kohn      Michael Korber

Kirk Kowalak  
Ellen Kroencke  
Mark Krumm  
Lynn Kunc



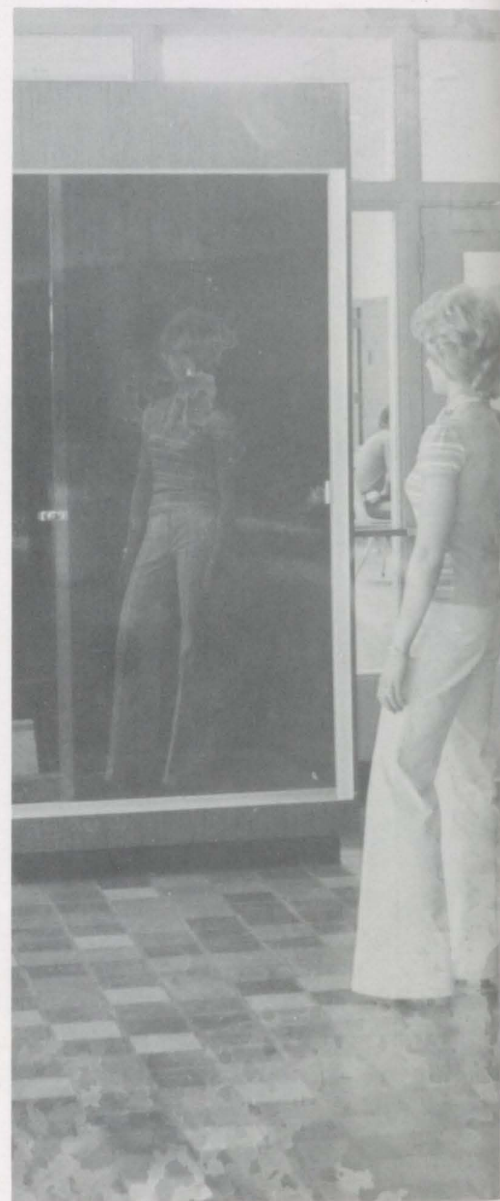
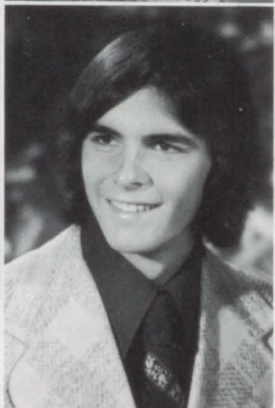
Earleen Kunkel  
Shannon Kupec



Alan Lairscey  
Linda Lambdin



Liz Lamm  
John Lang



Debbie Hinds tries to visualize where she is going in life.

# want to be



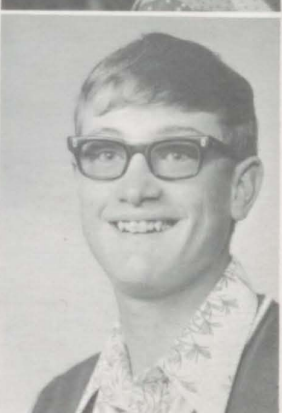
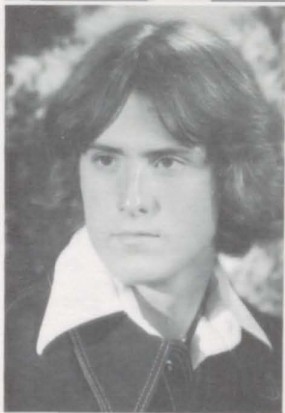
Jon Latta  
Wendell Lawrence  
Sherry Lawson  
Cherie Laymon

KOWALAK, KIRK: VA 10,11; IA 10,12.  
KROENCKE, ELLEN: CH 12; EW 10,11,12; GAA 10,11,12; VA 10,11,12; IA 10,11,12.  
KRUMM, MARK: MC 12; TH 12; IA 10,11,12.  
KUNC, LYNN  
KUNKEL, EARLEEN: FFA 10,11.  
KUPEC, SHANNON: VICA 10,11,12.  
LAIRSCEY, ALAN  
LAMB DIN, LINDA: CH 11; EW 10,11,12; GAA 12; PPG 12.  
LAMM, LIZ: B 10; SC 11,12; "W" 12.  
LANG, JON: B 10; IA 10,11,12.  
LATTA, JON: B 10,11,12; NFL 11,12; OR 10,11,12; SS 10,11.  
LAWRENCE, WENDELL  
LAWSON, SHERRY  
LAYMON, CHERIE: MC 11; EW 11; CH 11; BW 10.  
LEEPER, BRETT: B 12; GC 11,12; VA 10.  
LEPORE, KEVIN: EC 10,11,12; KC 10,11,12; SS 10; VA 10,11,12; IA 10,11,12.  
LEWIS, JAY: VA 10,11; IA 10.  
LEWIS, KRISTIE  
LEY, BRENDA: DE 10,11.  
LOETSCHER, RICHARD: FFA 10,11,12; VICA 12.  
LORENZ, LORI: AC 12; BW 10; CH 12; EW 10,11,12; GAA 10,11,12; GC 11,12; GS 11; NHS 11,12; PPG 11; SKI 11,12; SS 10,11; T 11,12; VA 10,11,12.  
LOSEKE, SCOTT: B 10,11,12; EC 11,12; GC 11,12; SS 10,11,12; VA 10,11,12; IA 10,11,12.  
LOWE, JEFF

Bret Leeper                      Kevin Lepore                      Jay Lewis  
Kristie Lewis                      Brenda Ley                      Richard Loetscher  
Lori Lorenz                      Scott Loseke                      Jeff Lowe

There is a

LUCAS, DEBRA: NHS II,12; T II,12.  
 LUCERO, KATHY: NHS II,12.  
 McCHESNEY, CELESTE: CW II; EW II,12; "W" 12.  
 McCCLURE, MARTY: EC 10,11,12; VA 10,11,12; IA 10,11.  
 McCOLLON, BILL: DE II,12; FFA 10.  
 McCUTCHEON, KATHY: B 10.  
 McLEOD, MIKE: EC 10,11,12; KC II,12; NHS II,12; VA 10,11,12; IA 10,11,12.  
 McLAUGHLIN, BRIDGET: DT II.  
 MADSEN, CONNIE  
 MALMBORG, KENT: VICA 10,11,12.  
 MARES, CAROL: HERO 10,11,12.  
 MARTELLARO, CATHY: BW 10,11; EW 10,11,12; GAA 10; SS 10; T II; VA 10; IA 10.  
 MARTIN, KAREN: B 10; DT 10,11,12; EW 10,11; SS 10,11; T II,12.  
 MARTIN, ROBERT  
 MARTINEZ, HELEN: DE 12; MC II,12; EW 10.  
 MATHEWSON, GLENNA  
 MAURO, GERALD: FC 10,11.  
 MAVES, DANNY: NFL 10,11; SKI 10,11,12; SS 10,11; WC II,12; VA II; IA 10,11.  
 MAYHEW, TERRY: HERO 10,11.  
 MERRELL, CINDY: NHS II,12; EW II; SC 12; VA II.  
 MERRILL, RHONDA  
 MILLER, CHERYL: B 12; FHA 12; T 12.  
 MILLER, KEVIN  
 MILLER, MIKE  
 MILMONT, CHRIS: EC 10,11,12; KC 10,11,12; VA 10,11,12; IA 10,11,12.



Kent Malmborg

Carol Mares

Debra Lucas

Kathy Lucero

Celeste McChesney

Marty McClure

Bill McCollon

Kathy McCutcheon

Mike McLeod

Bridget McLaughlin

Connie Madsen

Cathy Martellaro

Karen Martin

Robert Martin

# long road ahead



Helen Martinez  
Glenna Mathewson  
Gerald Mauro  
Danny Maves

Terry Mayhew  
Cindy Merrell  
Rhonda Merrill  
Cheryl Miller

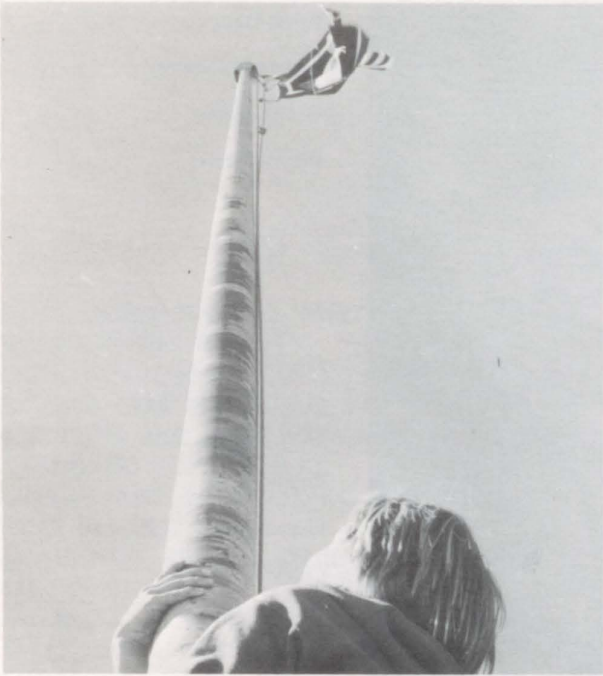
Kevin Miller  
Mike Miller  
Chris Milmont

*lost*

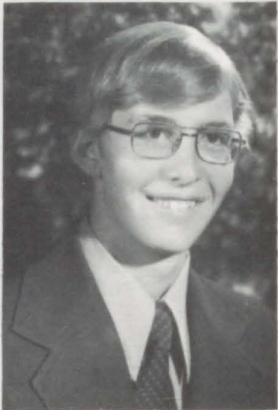
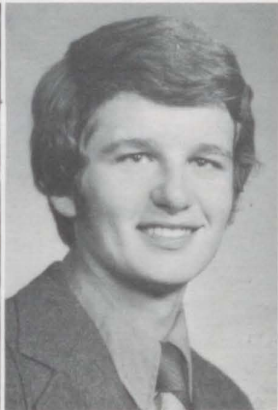
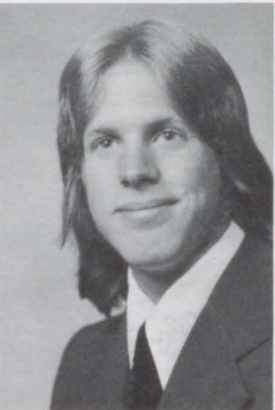
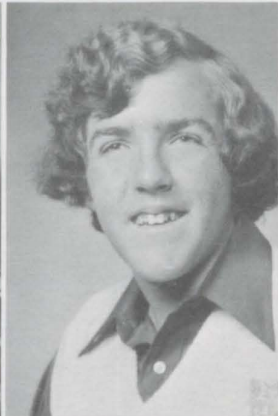
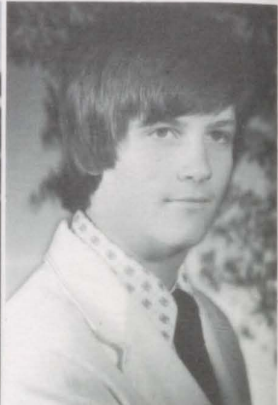
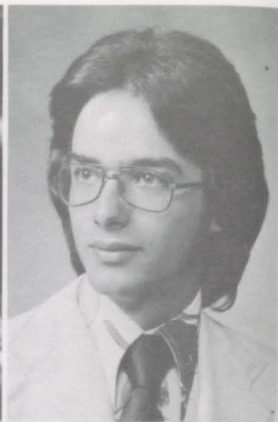
Rick Brundage is getting a jump on a job at the new power plant.



# And choices



Todd Vanover attempts to escape a bomb threat.



Jill Moore

Sidney Moran

Ruthie Mizelle

Jayne Mockler

Tom Montoya

Teddie Mullikin

Marvin Murphy

Carl Moody

Rich Moody

Dave Mooney

Angela Morehouse

Rod Moreford

Pam Mullanix

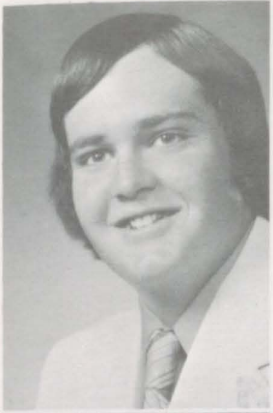
Don Myers

Mick Myers

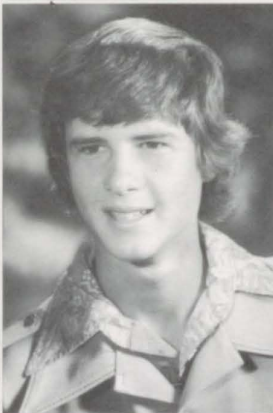
Randy Myers



# and decisions seem endless



Jeff Neemann  
Cindy Nicholas  
Mike Nidelkoff  
Paul Noble



MIZELLE, RUTHIE: BW 10; EW 10,11,12; GAA 12; SS 11; TH 12; "W" 11; CH 12; 1st Att. Homecoming Queen.  
MOCKLER, JAYNE: GC 10,11,12; SC 11,12; T 11,12.  
MONTOYA, THOMAS: DE 11,12.  
MOODY, CARL: FFA 10,11; VICA 10,11,12; WC 12.  
MOODY, RICK: SKI 12; SC 12; VICA 12; IA 10,11.  
MOONEY, DAVE: IA 12.  
MOORE, JILL: BW 10; EW 12; FC 10,11; SS 10; T 12.  
MORAN, SIDNEY: DE 11.  
MOREHOUSE, ANGELA: B 10; CW 10,11; EW 10.  
MOREFORD, ROD: AC 12; B 10; CW 11; VA 10; IA 11.  
MULLANIX, PAM: AC 11,12; FHA 10,11,12.  
MULLIKIN, TEDDIE: CW 11; SS 11; TH 10,11,12.  
MURPHY, MARVIN  
MYERS, DON: ROTC 11,12; B 10,11,12.  
MYERS, MICK: MC 11,12; NFL 12; SS 10,11,12; IA 10,11,12.  
MYERS, RANDY: FFA 10,11,12.  
NEEMANN, JEFF: VA 12; IA 10,11.  
NICHOLAS, CINDY: GC 10,11,12; NFL 10,11,12; NHS 11,12; SS 11; T 11,12; TH 11,12.  
NIDELKOFF, MIKE: B 10; DE 11,12.  
NOBLE, PAUL: NHS 11,12; SKI 11,12; VA 11,12; IA 10,11,12.  
NORD, TONI: AC 12; BW 10,11,12; EW 10,11,12; SKI 11,12; "W" 12.  
NORDBERG, TIM: GC 11; MC 11; SS 10; TH 12.  
NORRIS, JULIE: CH 12; EW 10,11,12; FC 10; NHS 12; PPG 11; SKI 11.

Toni Nord  
Don Occhipinti  
Izabella  
Orla-Bukowski

Tim Nordberg  
Kevin O'Donnell  
Jeanne Osborn

Julie Norris  
Mike Oney  
Melinda Osmer

# But they say getting

Barbara Ovard  
Roxie Pace  
Annette Padilla  
Teresa Palmer



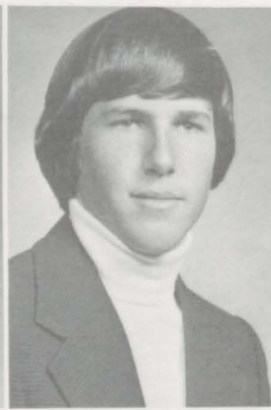
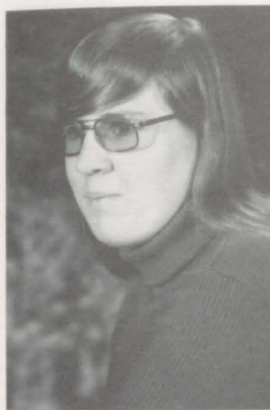
A spring shot in Steamboat should stir memories for EHS students.



Joline Parsonault  
Susan Pascarelli  
Carole Patch  
Sharon Patrick



# there is half the fun



Barbara Payton

Roger Perry

Dave Peterson

Don Phelps



William Philpot

Doug Pilch

Amye Pool

Roger Powers

Gina Price

Vicki Pruter

Susan Przymus

Penelope Purdy

Kevin Ray

OVARD, BARBARA: FBLA II.

PACE, ROXIE: DT 10,11,12.

PADILLA, ANNETTE: DE 10,11,12; GAA II; EW II; SS 10; VA 10,11; IA II.

PALMER, TERESA: FC 10; FHA 12.

PARSONEAULT, JOLINE: AFS 12; CW 11,12; EW 10; FC 10; FHA 10; T 12; IA 10,11,12.

PASCARELLI, SUSAN: EW 10; GAA 10; NFL 10,11,12; SKI 10; SS 12; TH 12.

PATCH, CAROLE: DT II; DE 11,12; FBLA II.

PATRICK, SHARON: GAA 10,11,12; GC 10,11,12; NFL 10,11,12; NHS 11,12; SS II; T II; IA 10,11,12.

PAYTON, BARBARA: ROTC 10; FFA 10,11.

PERRY, ROGER: ROTC 10,11,12; EC 12; GC 10; VA 10,11,12; IA 10,11,12.

PETERSON, DAVE: EC 11,12; SKI 11,12; NM II; VA 10,11,12; IA 10,11,12.

PHELPS, DON: FFA 10,11,12.

PHILPOT, WILLIAM: B 10,11,12; BS II; VA II; IA 10,11,12.

PILCH, DOUG: EC 10,11,12; KC 10,11,12; VA 10,11,12; IA 10,11,12.

POOL, AMYE: B 10.

POWERS, ROGER: VICA II.

PRICE, GINA

PRUTER, VICKI: B 10.

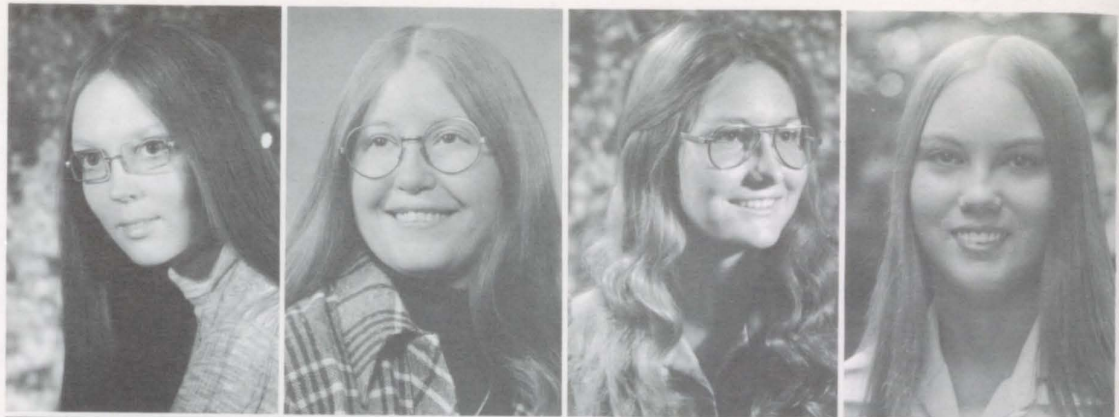
PRZYMUS, SUSAN

PURDY, PENELOPE: AFS 11,12; B 10,11; NFL 11,12; NHS 11,12; OR 10; SS II; TH 12; NM 10.

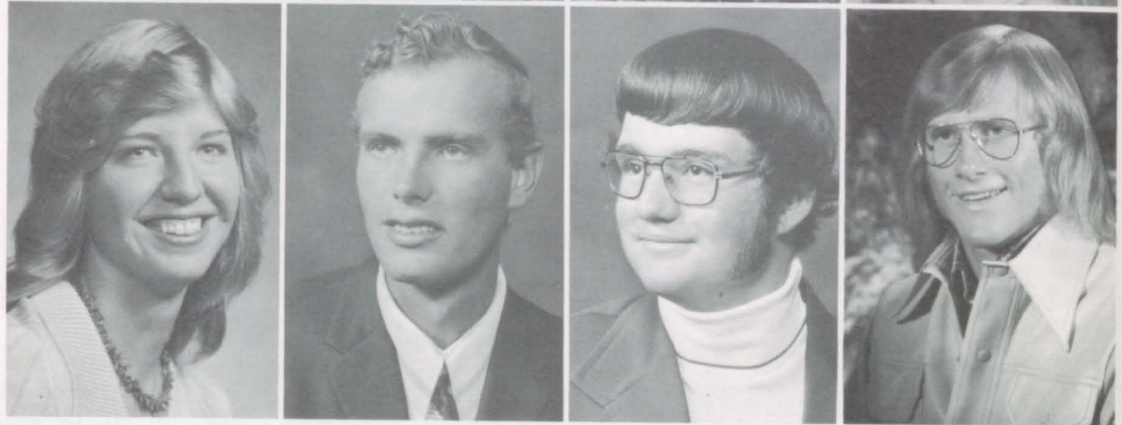
RAY, KEVIN

## And the other half

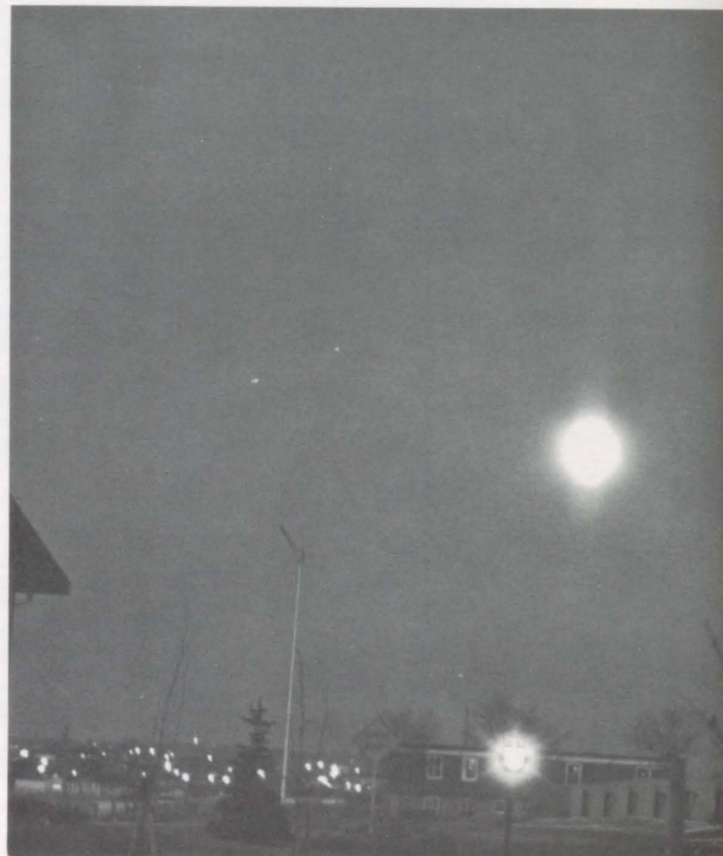
Kim Ray  
Kathy Remster  
Jeannette Renfro  
Tami Rhodes



Helen Rice  
John Richmond  
Dennie Ritts  
Mike Roberson

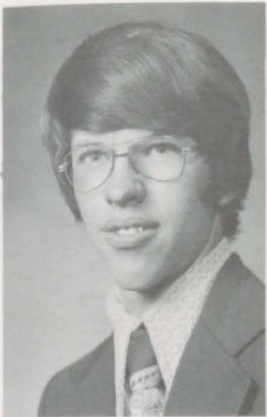


RAY, KIM: CW 12; FBLA 12.  
 REMSTER, KATHY: FBLA 12; OR 10,11,12; TH 10,12.  
 RENFRO, JEANNETTE:  
 RHODES, TAMI: B 10,11,12; FHA 11; T 11,12.  
 RICE, HELEN: B 10,11,12; BW 10,11; CW 10; GAA 10,11; GS 11;  
 SKI 11.  
 RICHMOND, JOHN: IA 10.  
 RITTS, DENNIS: B 10,11,12; FFA 10,11; IA 10,11,12.  
 ROBERSON, MIKE: EC 10,11,12; WC 11,12; VA 10,11,12.  
 ROBERTS, DALE: VICA 12.  
 ROBERTS, LARRY: NHS 11,12; SS 10; IA 10.  
 ROBINS, CHUCK  
 RODEKOH, RICK: EC 10,11,12; VA 10,11,12; IA 10,11,12.  
 ROGERS, SHARON  
 ROSE, MAURICE: EC 12; KC 12; VA 10,11,12; IA 10,11,12.  
 ROSS, VINCENT: BS 11; EC 10,11,12; KC 11,12; SKI 11; SS 12; VA 10,11,12;  
 IA 10,11,12.  
 RUCKER, JEFFREY  
 RYDQUIST, CHERYL: B 12; CH 10; EW 10,11,12; MC 11,12; PPG 11; SKI 11;  
 SS 10,11,12.  
 RYDQUIST, MARK: AC 12; NFL 12; TH 12.  
 SAINZ, PEGGY: DE 10.  
 SALAZAR, GIL: B 10,11,12; BS 11; GC 11,12; NHS 11,12; SS 12; VA 10; IA  
 10,11,12.



The popular speed bumps spread throughout Cheyenne.

we don't know yet.



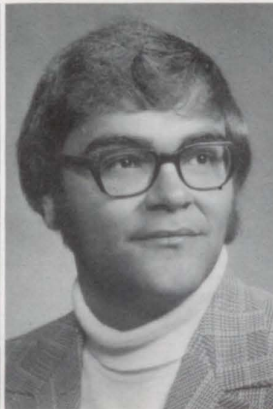
Dale Roberts  
Larry Roberts  
Chuck Robins  
Rick Rodekoer



Sharon Rogers  
Maurice Rose  
Vincent Ross  
Jeffrey Rucker



Cheryl Rydquist  
Mark Rydquist



Peggy Sainz  
Gil Salazar



# With eager anticipation

SALLEE, SUSIE: CH 12; EW 10,11,12; GAA 10,11,12; PPG 11;  
 SC 12; T 11; VA 10,11,12; IA 10,11,12.  
 SAMPSON, RENEE: DE 11,12.  
 SAUELSON, PETE: CW 11.  
 SANCHEZ, PAT: DE 12  
 SAWYER, DEBBIE  
 SCHAEFER, RICHARD: AC 10,11; CW 11; DE 11.  
 SCHAER, ANN: AC 11,12.  
 SCHAIBLE, MARLENE: DT 11; CW 12; EW 12; GAA 10,12;  
 T 12; VA 10,12; IA 10,11,12.  
 SCHAICH, LARRY: ROTC 12.  
 SCHELLER, WILLIAM: WC 10,11,12.  
 SCHERR, JOHN: BS 11; SS 11.  
 SCHUM, LORI: AC 10; BW 11,12; EW 10,12; SS 11; T 12;  
 "W" 12.  
 SCOTT, GARTH: KC 11,12; SKI 11.  
 SENCABAUGH, DAVE  
 SHANOR, TOM: B 10,11,12; EC 10,11,12; NHS 11,12; VA  
 10,11,12; IA 10,11,12.  
 SHERMAN, JOHN  
 SHERRY, LINDA: B 10,11,12; BW 11; GAA 10,11; T 11,12; VA  
 10,11; IA 10.  
 SHIVERS, JAMES: VA 10,11,12; IA 10,11,12.  
 SHRINER, SCOTT: B 10,11; EC 10,11,12; KC 10,11,12; SS 12;  
 VA 10,11,12; IA 10,11,12.  
 SHUPE, PAUL: B 11,12.  
 SIEDOW, AMY  
 SIEGEL, STEVE: CW 12; VA 10,12.  
 SMITH, BARBARA: B 10,11; FBLA 12 "W" 12.  
 SMITH, CATHY: FC 10; FHA 10,11,21; NHS 11,12.  
 SMITH, DEBORAH: GC 10,11,12; T 11,12.  
 SMITH, HEATHER: DT 11; CW 12; EW 10,12; GAA 10,12; T  
 12; VA 10,12; IA 11,12.



William Scheller

John Scherr

Susie Sallee

Renee Sampson

Pete Samuelson

Pat Sanchez

Debbie Sawyer

Ann Schafer

Richard Schaefer

Marlene Schaible

Larry Schaich

Lori Schum

Garth Scott

Dave Sencabaugh

# and open minds



A highlight this year was anticipation of the first State Basketball Championship ever—The girls got it!

Tom Shanor	John Sherman	Linda Sherry
James Shivers	Scott Shriner	Paul Shupe
Amy Siedow	Steve Siegel	Barb Smith
Cathy Smith	Deborah Smith	Heather Smith

# We look to see ourselves

Howard Smith

Bill Smith

Kurt Spackman

Shelley Speck



SMITH, HOWARD: EC II,12; KC 10,11,12; MC 10,11,12; SS II,12; TH 12; VA 10,11,12; IA 10,11,12.

SMITH, BILL: EC II,12; GC II; MC II,12; TH 12; VA 10,11,12; IA 10.

SPACKMAN, KURT: VA 10,11,12.

SPECK, SHELLEY: DE 10,11.

SPIRES, JENELL: CW II.

STANCZYK, DAVID: IA 10.

STEEGE, RON: VA 10,11,12; IA 10,11,12.

STEELE, LEAH: B 10,11,12; FHA 10,11,12; GAA 10,11; EW 10,11; VA 10,11,12.

STEUART, DELORES: HERO II.

STRAW, MIKE

STRICKLAND, MOLLIE: FHA II,12; GAA 10,11; MC II,12; IA 10,11.

STUGART, SHERYL: B 10,11,12; EW 10,11,12; GAA 10; MC II; NHS II,12; SS 10,11; T II; IA 10,11.

SULLIVAN, KIRK: B 10,11,12; VA 10,11,12; IA 10,11,12.

SUNDAN, DUANE

TALAGAN, STACIE: EW 10,11,12; FC 10; GS II; NFL II,12; NHS II,12; SC II,12; SS II,12; T II,12.

TANNER, DARWIN: VA II,12.

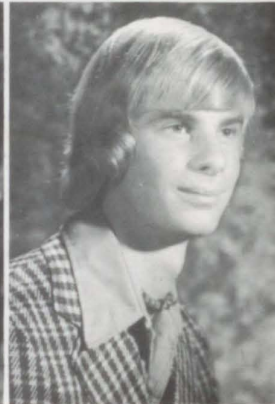
TANNER, TOM: KC II,12; SS 12; ROTC 10; IA 10,11,12.

TATE, STEVE: EC II,12; VA II,12; IA 12; "W" 12.

TATE, TOM: EC II,12; "W" 12; VA 10,11,12.

TAUBLER, KARL

TAYLOR, BILL



Jennell Spires

Leah Steele

Mollie Strickland

David Stanczyk

Delores Steuart

Sheryl Stugart

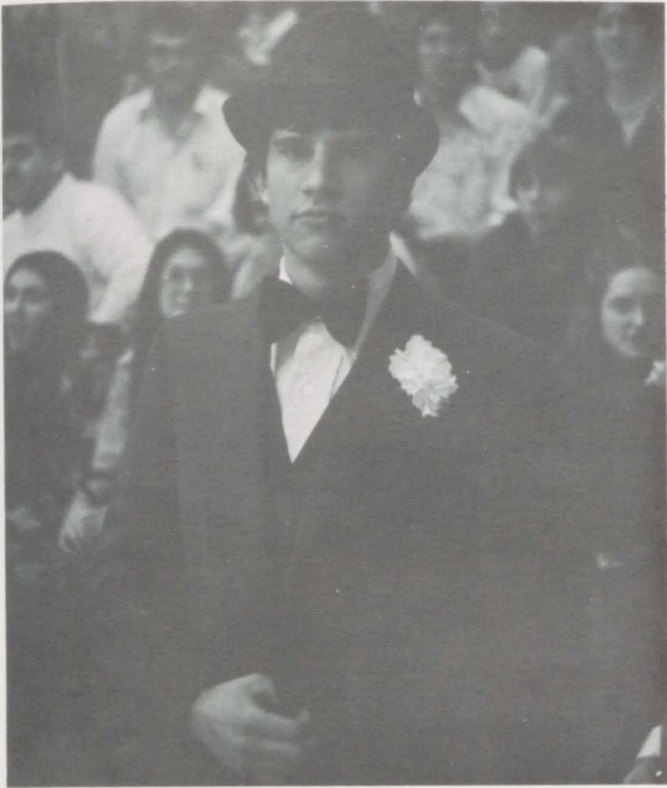
Ron Steege

Mike Straw

Kirk Sullivan



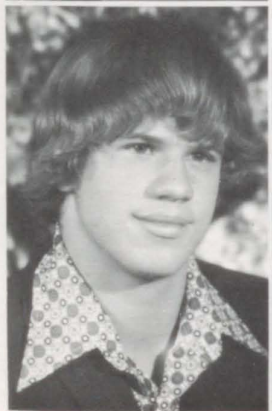
# in the future



Our future mortician in Cheyenne will soon be Don Howe the Undertaker.



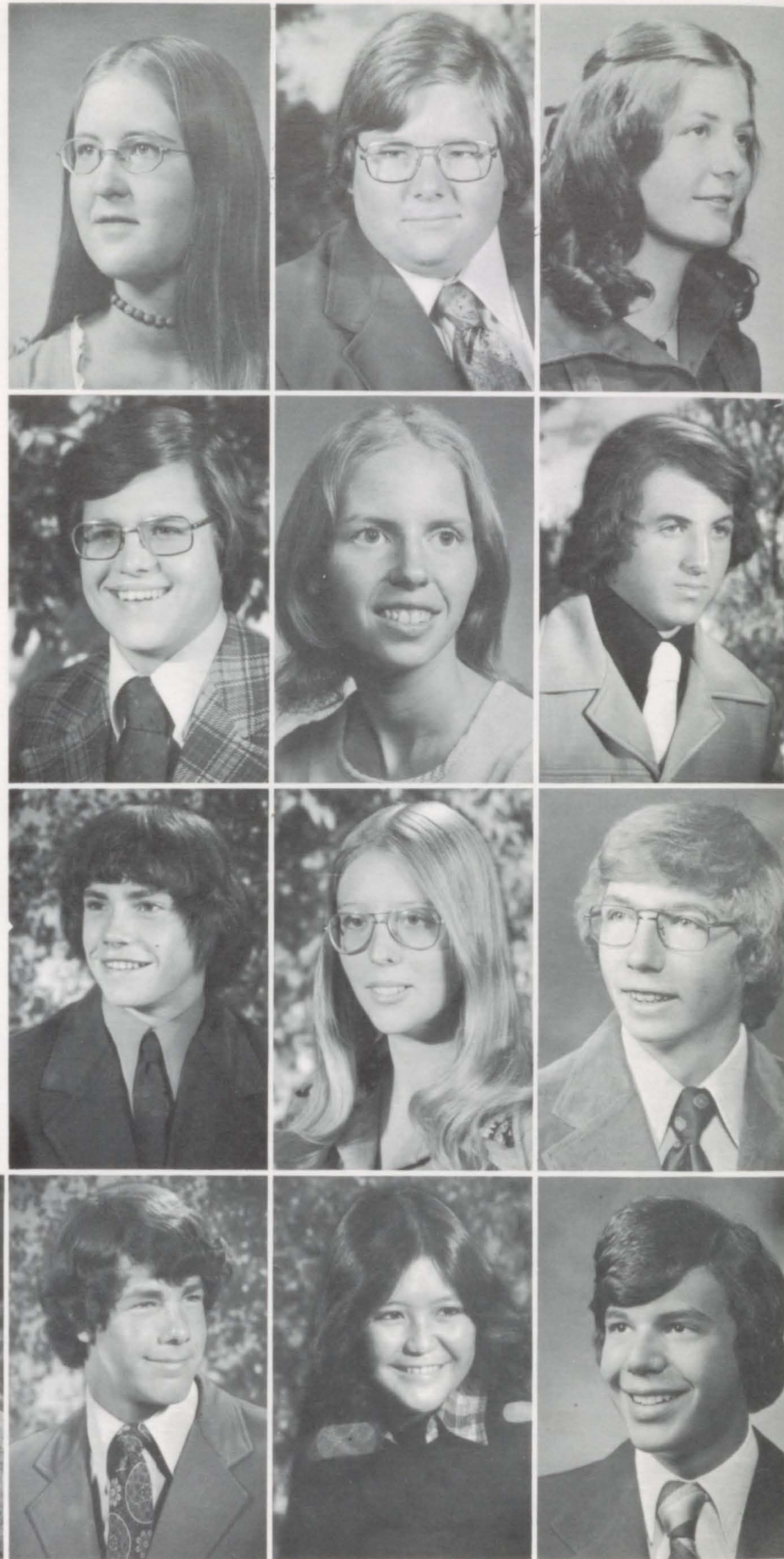
Duane Sundan  
Stacie Talagan  
Darwin Tanner  
Tom Tanner



Steve Tate  
Tom Tate  
Karl Taubler  
Bill Taylor

# The image

TEAKELL, LESLIE: FHA 12.  
 TENNANT, DALE  
 TERRELL, DIANE: B 10,11,12; GAA 10; NHS 11,12; OR 11,12;  
 SKI 11,12; SS 11; WC 12; VA 10.  
 THEESEN, MARK: BS 11.  
 THOMPSON, CHARLENE: DE 12.  
 THOMPSON, STEVE: EC 11,12; VA 11,12; IA 11,12.  
 TOTTENHOFF, BRIAN: EC 11,12; SKI 12; VA 10,11,12; IA  
 10,11,12.  
 TOTTINGHAM, PATRICIA: CW 12.  
 TOULOUSE, ALAN  
 TREFREN, MATTHEW: WC 12.  
 TRIMMER, DENNIS: DE 11,12; IA 10.  
 TROYER, DEBORAH: DT 11,12.  
 TROYER, SCOTT: EC 10,11,12; KC 10,11,12; NHS 11,12; SS 11;  
 WC 11; VA 10,11,12; IA 11.  
 TSUMAGARI, BARB: AFS 10; BW 10; EW 10,11,12; NFL  
 10,11,12; NHS 11,12; SKI 11,12; SS 12; T 11,12. Sec. of Student  
 Body.  
 TYSER, DANIEL: NFL 11,12.  
 VALENTINE, KAREN: DT 11; BW 10; EW 10,11,12; FBLA  
 10,11,12; FHA 12; "W" 11; VA 12; IA 10.  
 VAN KIRK, JAMES: B 10,11,12; IA 10.  
 VANMATRE, NORMA: VA 10,11.  
 VANNETT, TERRI: B 10,11; GAA 10; FBLA 12.  
 VELASQUEZ, CHARLES: DE 10,11,12; SS 10.  
 VINZANT, DALE: CW 11; VICA 12; VA 10.  
 VONDY, LEONA: FHA 10,11,12; GAA 10; GS 11; MC 11,12;  
 NHS 11,12; OR 10,11; T 11,12; TH 12.  
 WAEGENER, DAN: DE 11.  
 WALCKER, DAVID: B 10,11,12; GC 11,12.  
 WALKER, TERRI: B 10,11; DT 10; EW 10,11,12; GC 11,12;  
 PPG 12; SS 11; T 11,12; IA 12.



Matthew Trefren

Deborah Troyer

Leslie Teakell

Dale Tennant

Diane Terrell

Mark Theesen

Charlene Thompson

Steve Thompson

Brian Tottenhoff

Patricia Tottingham

Alan Toulouse

Scott Troyer

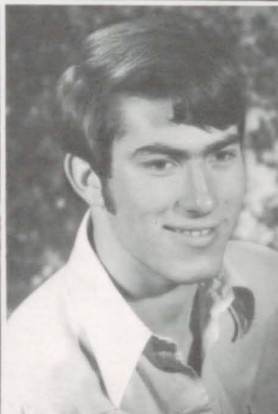
Barb Tsumagari

Daniel Tyser

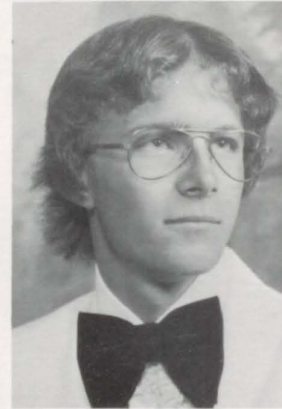
# is foggy now



Karen Valentine  
James Van Kirk  
Norma Vanmatre  
Terri Vannett



Charles Velasquez  
Dale Vinzant  
Leona Vondy  
Dan Waegener



David Walcker

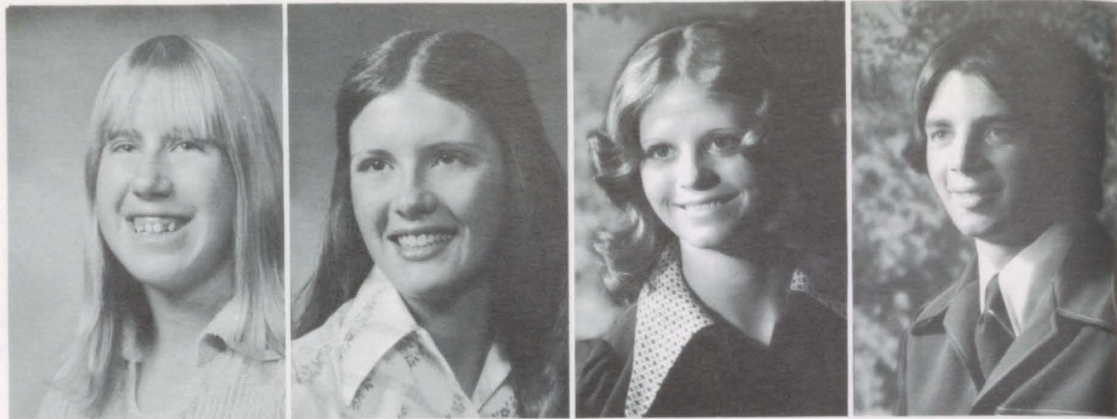


Terri Walker

The sun rising to make the day a better one.

# But time will make it clearer

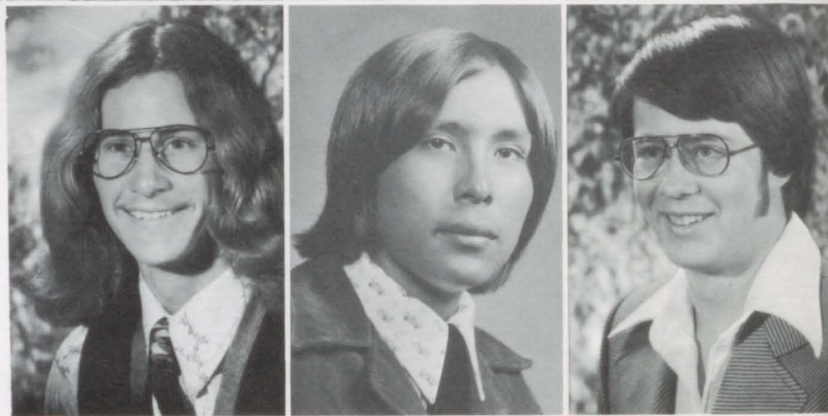
Zeta Walling  
Brenda Warburton  
Sheryl Warfield  
Steve Warfield



Rick Warrington  
Karen Wattles  
Wanda Webb  
George Weihert



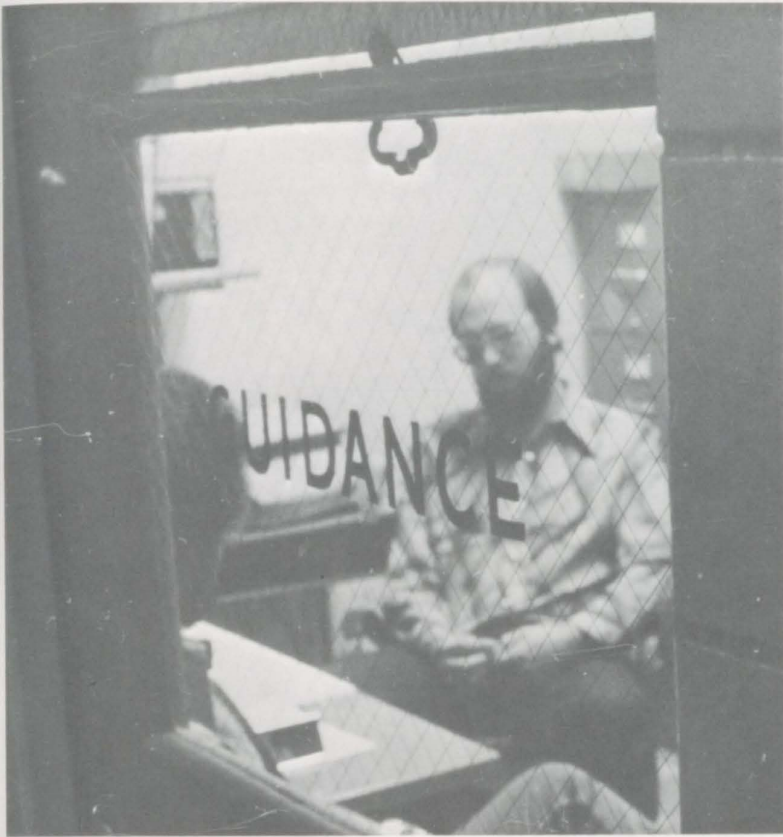
Tom White  
Thomas White  
Chris Whiting



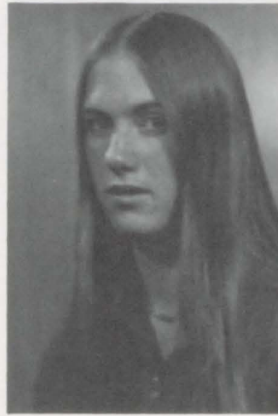
WALLING, ZETA: FFA 10,11; SS 11.  
WARBURTON, BRENDA: BW 10,11,12; EW 10,11,12; GAA 10,11,12; SC 12; VA 10,11,12; IA 10,11,12.  
WARFIELD, SHERYL  
WARFIELD, STEVE: DE 12.  
WARRINGTON, RICK  
WATTLES, KAREN: FBLA 12.  
WEBB, WANDA: EW 10; GAA 10,11,12; EW 10; IA 10,12.  
WEIHERT, GEORGE: IA 11.  
WHITE, TOM: ROTC 10; IA 10,12.  
WHITE, THOMAS: AC 12; FFA 10; SS 11; WC 11,12.

WHITING, CHRIS  
WIGHT, BECKY: NFL 10,11,12; NHS 11,12; TH 10,11,12.  
WILKEY, DEBBIE: CW 11; DE 10,11,12.  
WILKINSON, JIM  
WILLIAMS, REGINA  
WILLIAMS, RICHARD: DE 10,11,12; EC 10,11,12; FCA 11,12; VA 10,11,12; IA 10,11,12.  
WILLIAMS, SHARON: B 10,11; FC 12.  
WILLIAMS, CHERYL (PORTER): FFA 10.  
WILSON, PAULA: AC 12; CW 11,12; QS 11,12; SS 12; NM 11,12.  
WILSON, ROBERT: B 10,11; NHS 11,12; IA 10.  
WILSON, THERESE: FFA 10.

# Just as muddy water settle



Becky Wight



Debbie Wilkey



Jim Wilkinson

Regina Williams

Richard Williams

Sharon Williams



Cheryl Williams Porter

Paula Wilson

Robert Wilson

Therese Wilson

Settling muddy water is what Mr. Foreman did best.

# To reveal the graduation

Vickie Winger

Kelly Winslow

Sherman Wiseman

Cathy Wolf

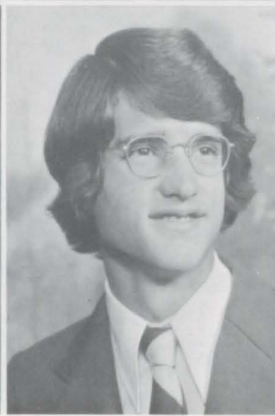


Joanna Wood

Bryan Woods

Bill Yeoman

Cindy Zeman



WININGER, VICKIE

WINSLOW, KELLY: CW II; DE II,12; IA 10.

WISEMAN, SHERMAN: FFA 10,11,12; VA 10.

WOLF, CATHY

WOOD, JOANNA: AFS 12; CW II; EW II; SC II; T II,12.

WOODS, BRYAN: B 10,11,12; FFA 10; NFL II,12; NHS II,12; OR II; IA 10.

YEOMAN, BILL: CW 12; SS 10; IA 10,11,12.

ZEMAN, CINDY: EW II.

ZIMMERMAN, THERESA: FBLA 12.

ZOBELL, ANY: FHA 10,11,12; SC 12; IA 10.

ZOLNOSKI, RUTHIE: NHS II,12; SC II,12.

ANDERSON, JERRY

CHAVEZ, GLEN

COX, JULIE

FLEMING, JUDY

GOLDEN, DAWN

TRIMMER, DENNIS

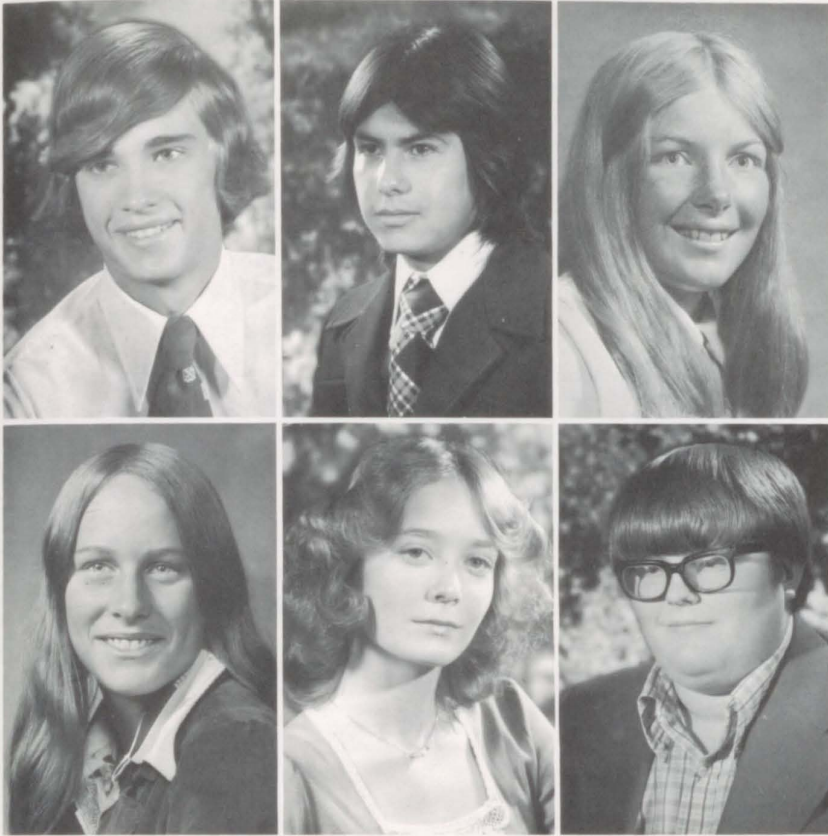


Theresa Zimmerman

Amy Zobell

Ruthie Zolnoski

## Of a fresh new day.



Jerry Anderson

Glen Chavez

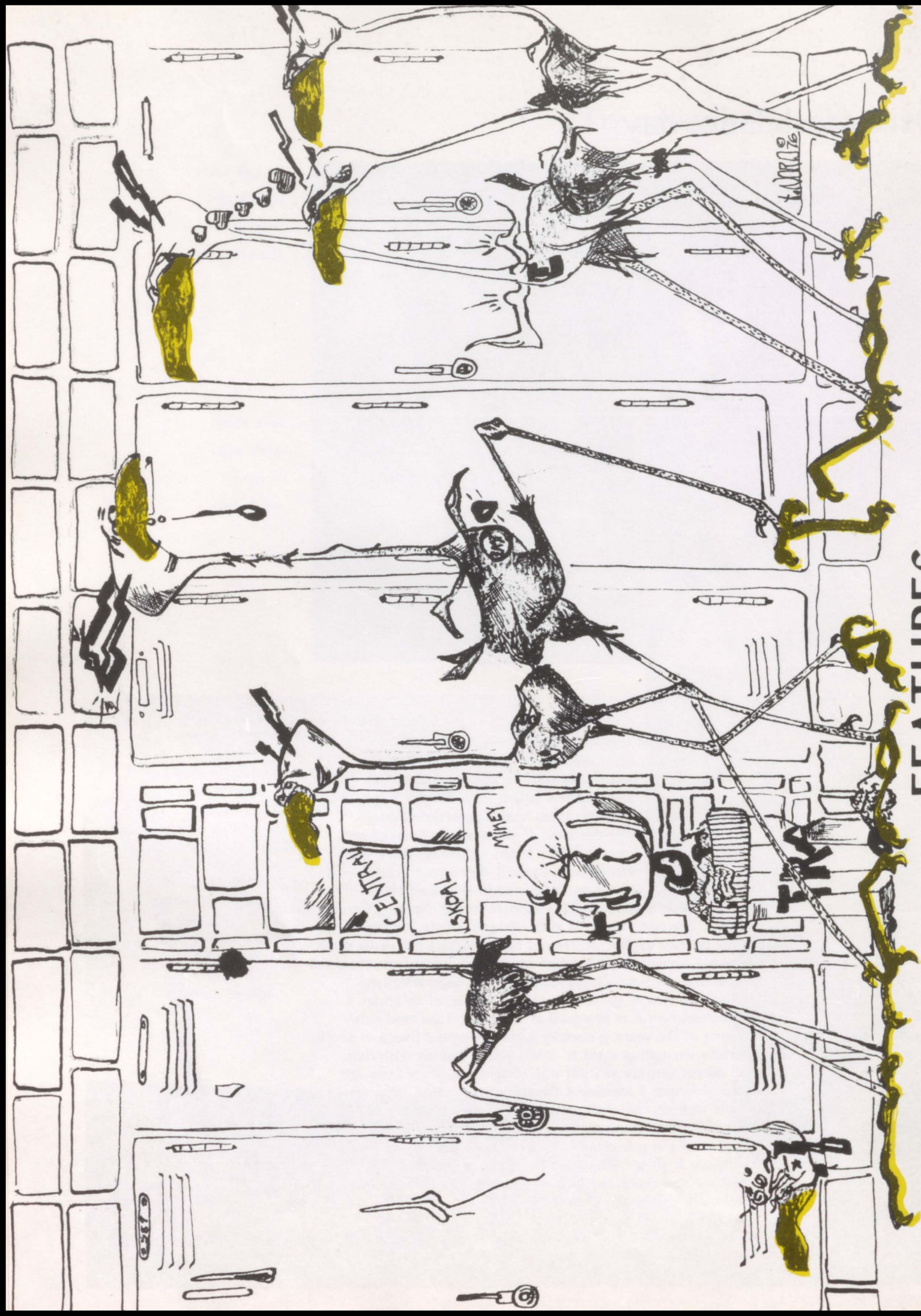
Julie Cox

Judy Fleming

Dawn Golden

Dennis Trimmer

Go placidly amid the noise & haste & remember what peace there may be in silence. As far as possible without surrender be on good terms with all persons. Speak your truth quietly & clearly; and listen to others, even the dull & ignorant; they too have their story. Avoid loud & aggressive persons, they are vexations to the spirit. If you compare yourself with others, you may become vain & bitter; for always there will be greater & lesser persons than yourself. Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals; and everywhere life is full of heroism. Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity & disenchantment it is perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue & loneliness. Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe, no less than the trees & the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors & aspirations, in the noisy confusion of life keep peace with your soul. With all its sham, drudgery & broken dreams, it is still a beautiful world. Be careful. Strive to be happy.



FEATURES



# Autographs

ATTENTION  
EAST HIGH STUDENTS 1976

We have no way of conveying how sorry we are about the Yearbook being so late. The 1976 Yearbook staff tried hard to put together a book we'd all be proud of. Unfortunately pages were lost and re-lost on route to the Publishing Company. We hope the 1975-76 Bi-Centennial Book will make up for the lost pages and inconvenience to you. Thanks for your patience and understanding.

SINCERELY,

Debbie Hinds  
Editor



Giving a special pose for the camera, Gil "Goldilocks" Salazar demonstrates the poise and grace that earned him the honor of being selected as the most recent in an unfortunate string of East Beasts.



Selected as this year's Homecoming Royalty were first attendants, Jim Shivers and Ruthie Mizelle; king and queen, Gil Salazar and Cris Wester; and second attendants, Gary Cameron and Sheryl Stugart.

### "HOMECOMING 76"

Homecoming is . . . . . Homecoming is more than a Friday night football game and dance. It's more than Queens and Kings, and floats and parades. Homecoming is so much more than what most of us see on top. It is a time to remember. It is a time for everyone to come together and mix and exchange with the old and new. It is a time for the past to unite with the future. There really is no definition for Homecoming, but the one thing that is definite, it has always been and will always be.

# "Homecoming 76"



Everyone had fun and plenty of food at the Homecoming wiener roast. Here we caught Mr. Jasperson and Miss Wilson getting their well-deserved share of the action.



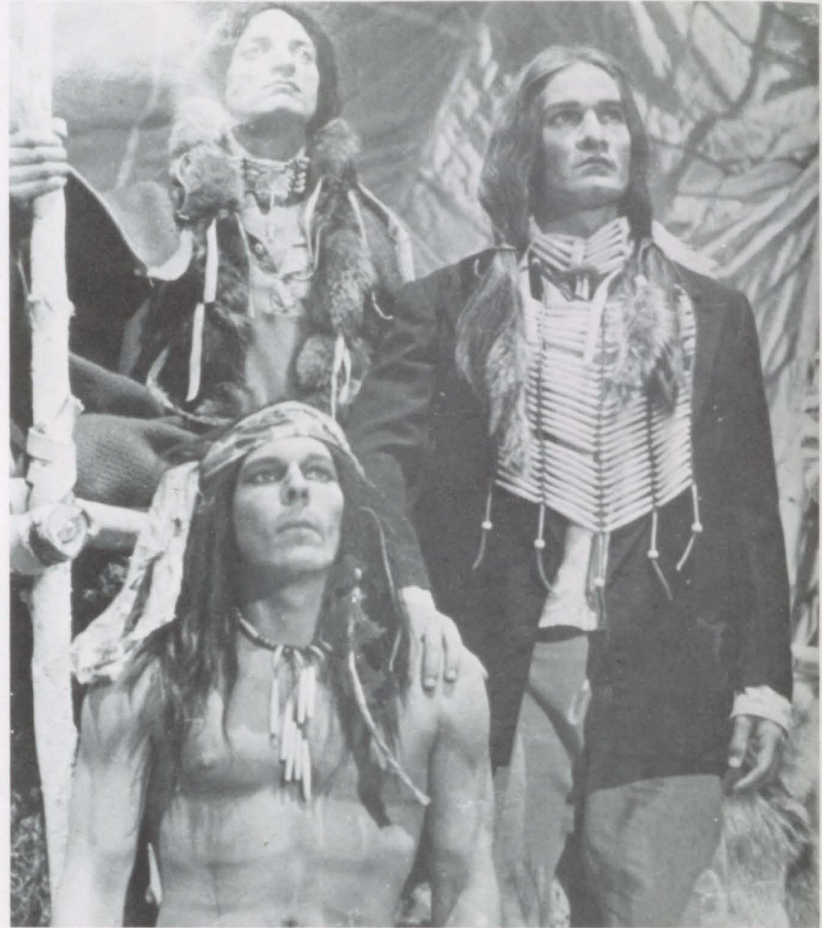
Then there was Shelly "Joey" Hollingsworth doing her thing to promote spirit for our victory against Gillette in an East Beast skit.

A part of the East High band went Bicentennial this year, as our colonial flag team consisting of Kellie Asbury, LuAnn vanDiviner, Lila Bliss, and Julia Bryant stepped forth in the Homecoming Parade in downtown Cheyenne.

## A tribute to our American Heritage

"Indians" is an engrossing play that explores inhumane treatment of the Natives of North America at the hands of white exploiters. It is a fantasy which also traces in part the career of William F. Cody. All of the actors were tremendous, but one especially deserves praise. Gerald Webb played three parts: Sitting Bull, Chief Joesph and "The Voice".

It was sponsored by East High Bicentennial Committee, within the East High Student Senate. The chairman was Keri Borgaard, with Beth Lamberson, Mick Meyers, Cindy Bedont, Stacie Talagan and Bobbi Tsumagari.



# See how they run



- |                 |   |                   |
|-----------------|---|-------------------|
| Becky Wight     | - | Penelope Toop     |
| Ron Grimm       | - | Rev. Lionel Toop  |
| Teddie Mullikin | - | Miss Skillon      |
| Leona Vondy     | - | Ida               |
| Tim Nordberg    | - | Rev. Art Humphrey |
| Bill Smith      | - | Bishop of Lax     |
| Mark Rydquist   | - | Russian Spy       |
| Mark Krumm      | - | Inspector         |
| Mark Wilkenson  | - | Clive Winten      |



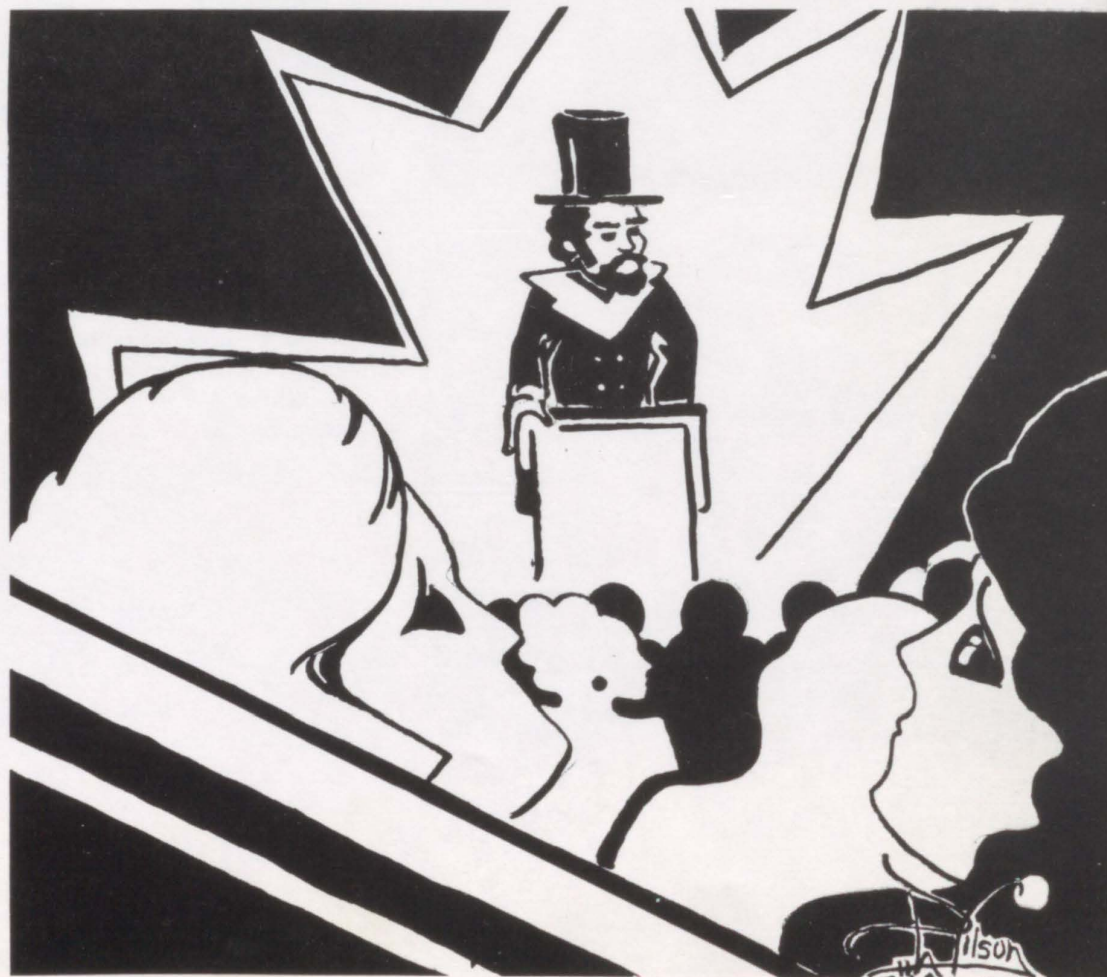
It's a comedy Farce with two USO fellow actors. When the first scene opens, an old boyfriend comes for a visit, and Penelope's husband is out of town. They decide to go to another town to see a play. Clive wears a reverend outfit. Then everything starts to happen.

Camp Cheeley is a National Leadership Training Camp in Estes Park. Represented by East were Shelly Hollingsworth and Keri Borgaard. Student leaders from all over the United States attend, even representing the Philippines.

Trail Lake is also a leadership camp held during June. They learned leadership and how to run a student council. They not only worked and learned but had quite a bit of fun. Pictured, first row, left to right; Susie Dawson, Wendy Gallion, Shelly Hollingsworth, Keri Borgaard; second row, left to right; Scott Loseke, Rhonda Brown, Eugene Morris and Susie Ellis.



Art Work  
By Paula Wilson





Girls' State and Boys' State, sponsored by the American Legion, was, like always, a big success this year. For a week in June this selective group of boys and girls met, to bring a knowledge of the fundamental principles of American Government to the students of Wyoming, through actual practice and control of the government. Left to right; Gina Hoy, Leona Vondy, Lori Lorenz, and Keri Borgaard, who was unable to attend. Second row, Ron Grimm, Scott Troyer, Skipper Ross; not pictured Stacie Talagan, Pam Baker and Gil Salazar.



Success was not measured by the Girls' track team as it was for the other girls' teams this year, however, the season was a good one for those who participated. Seated in front are Sue Bourret, Lisa Hovey, Wanda Webb, Ellen Kroencke; Back row, Vicky Karstoft, Jean Moody, Annette Johnson, Sandy McIlvain, Renee Warrington, Cheryl Bouback, Charlotte Langaas, and Sandy Walkins.

## Tennis Shoes To



Winter Sports was a greater success than ever. This dance was organized, as in the past, by student senate. The theme of the dance, held January 30, was "Tennis Shoes." The music of "Autumn" led to the announcement that Howard

Smith and Cheryl Rydquist were elected to represent the seniors, Don Howe and Missy Whelan the juniors, and Boyd Merklin and Sandy Sallee were chosen as the representative sophomores.



# Disney World

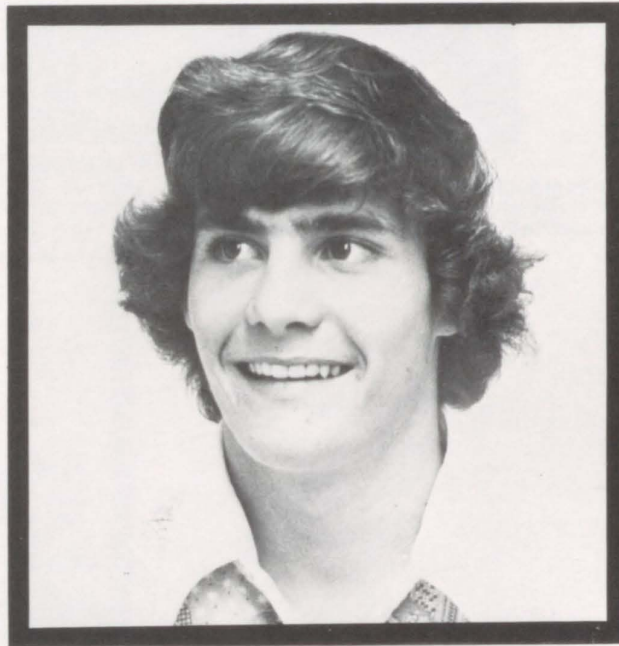


The girls did it again this year. In the only *official* opportunity they get to take control of the circumstances of a date to a formal dance.

Turnabout was held at the Elks Club on March 19th, sponsored by Taendas. The theme was Walt Disney World. The band was great and everyone enjoyed dancing to Labyrinth!

The evening of expensive meals and extensive plans was capped with the announcement that this year's Turnabout Royalty were Chris Milmont, second attendant, Gary Cameron, first attendant, and Turnabout King was Skipper Ross.

Reigning as King of the Disney Fantasy was Skipper Ross.



Chris Milmont and Gary Cameron were the Taenda choices for attendants.

# Fiddler on the Roof

Teyve - Howard Smith  
Golde - Rhonda Brown  
Motel - Bill Smith  
Tzeitel - Janie Hertzler  
Yente (Matchmaker) - Mollie Strickland

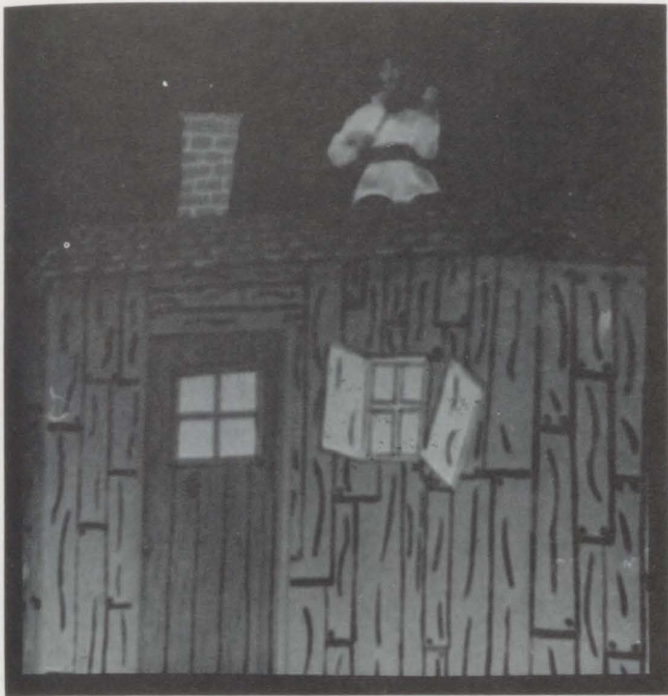
With Mr. Pattan and Mr. Bondurrant leading the musical, it was a great success. The story is about the older times and their traditions and customs.

The picture to the right is the cast.



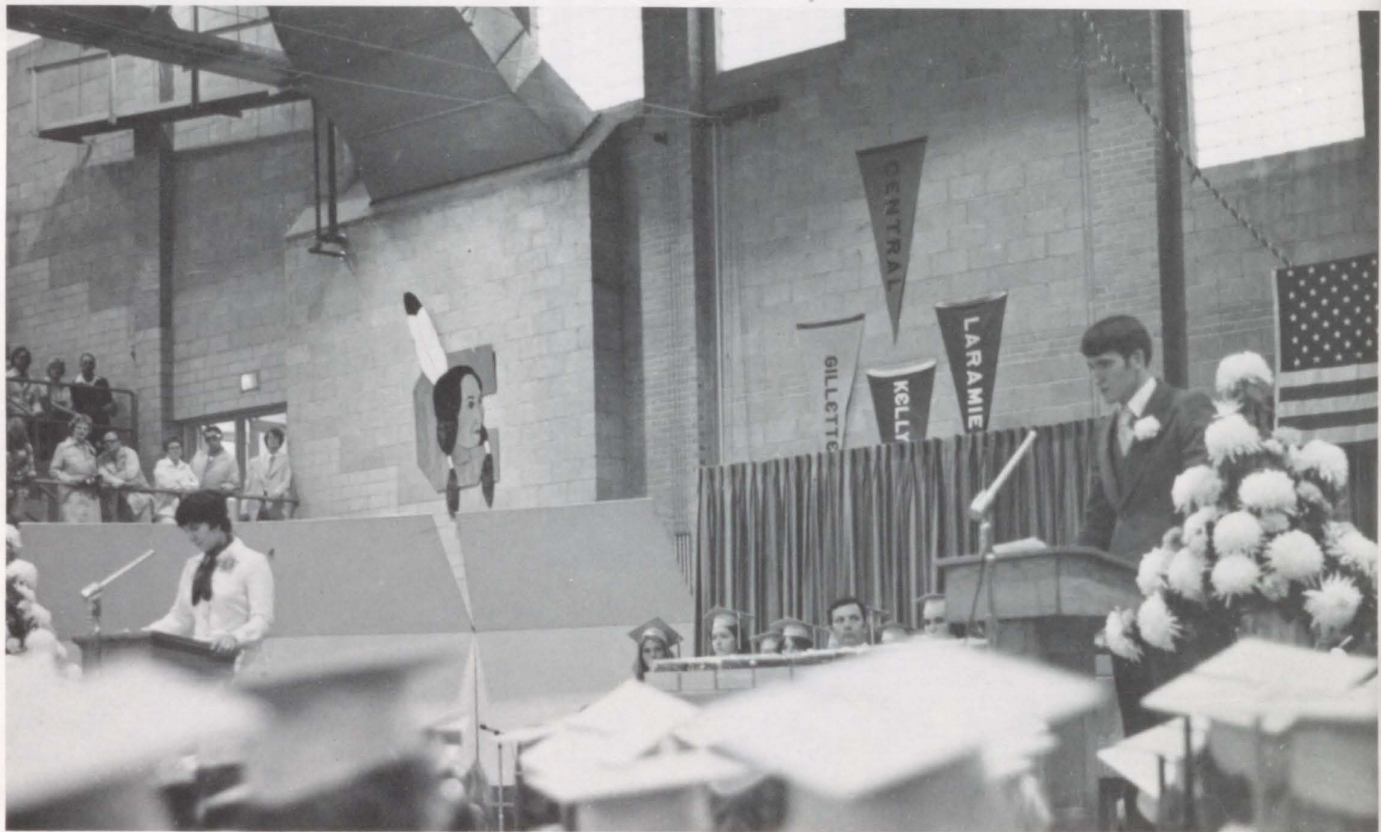
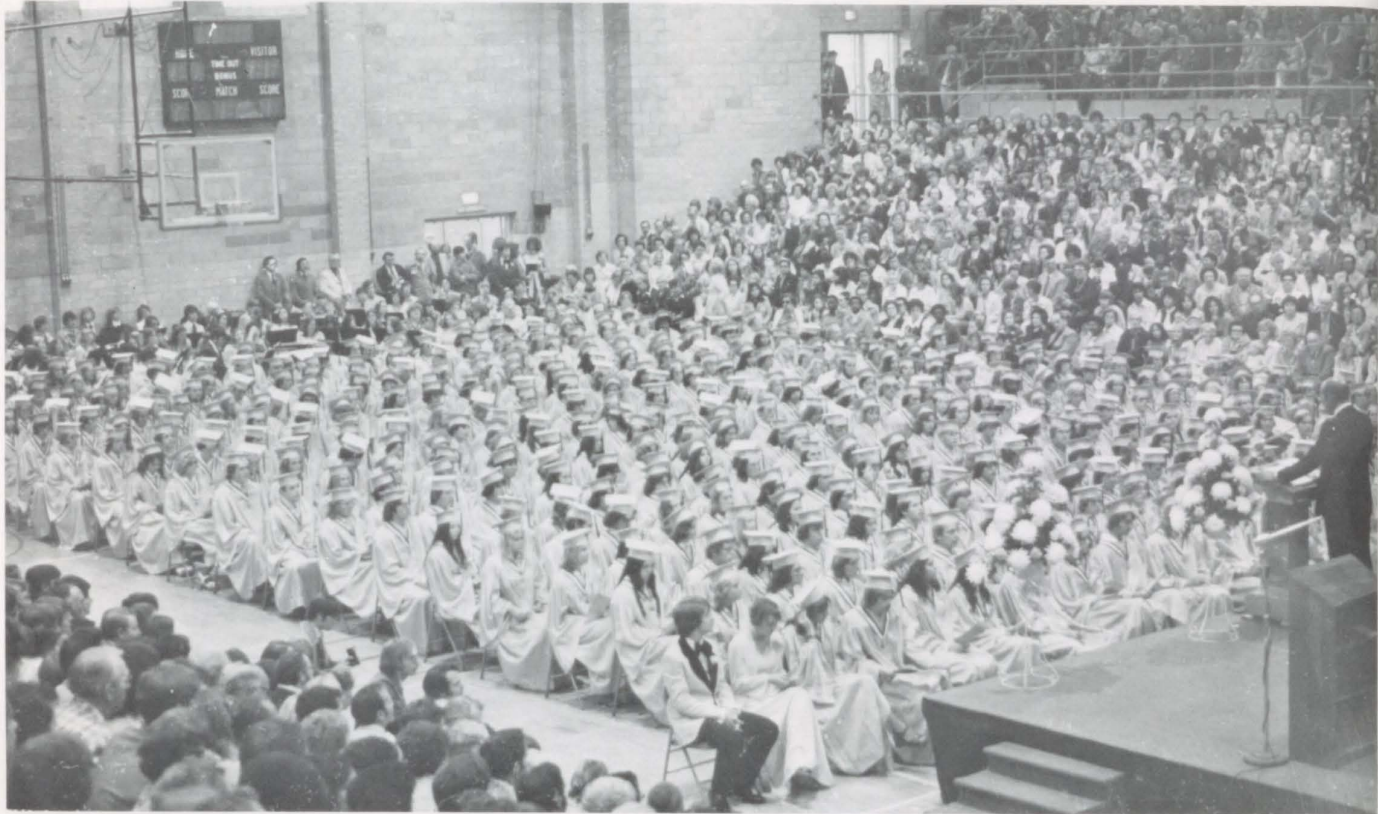
Actors From left to right:  
HOWARD SMITH  
MARK KRUMM  
Mick Myers  
Russ Wagner



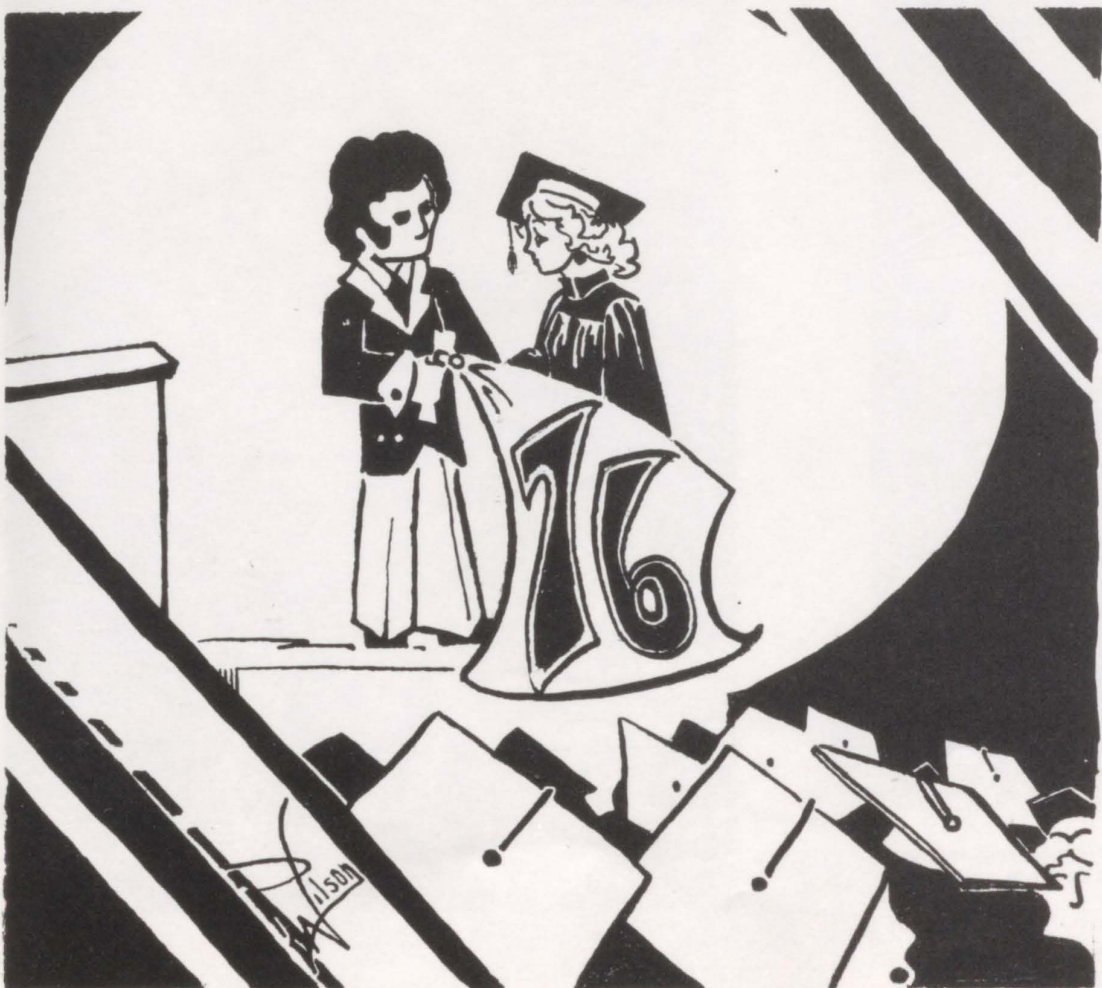
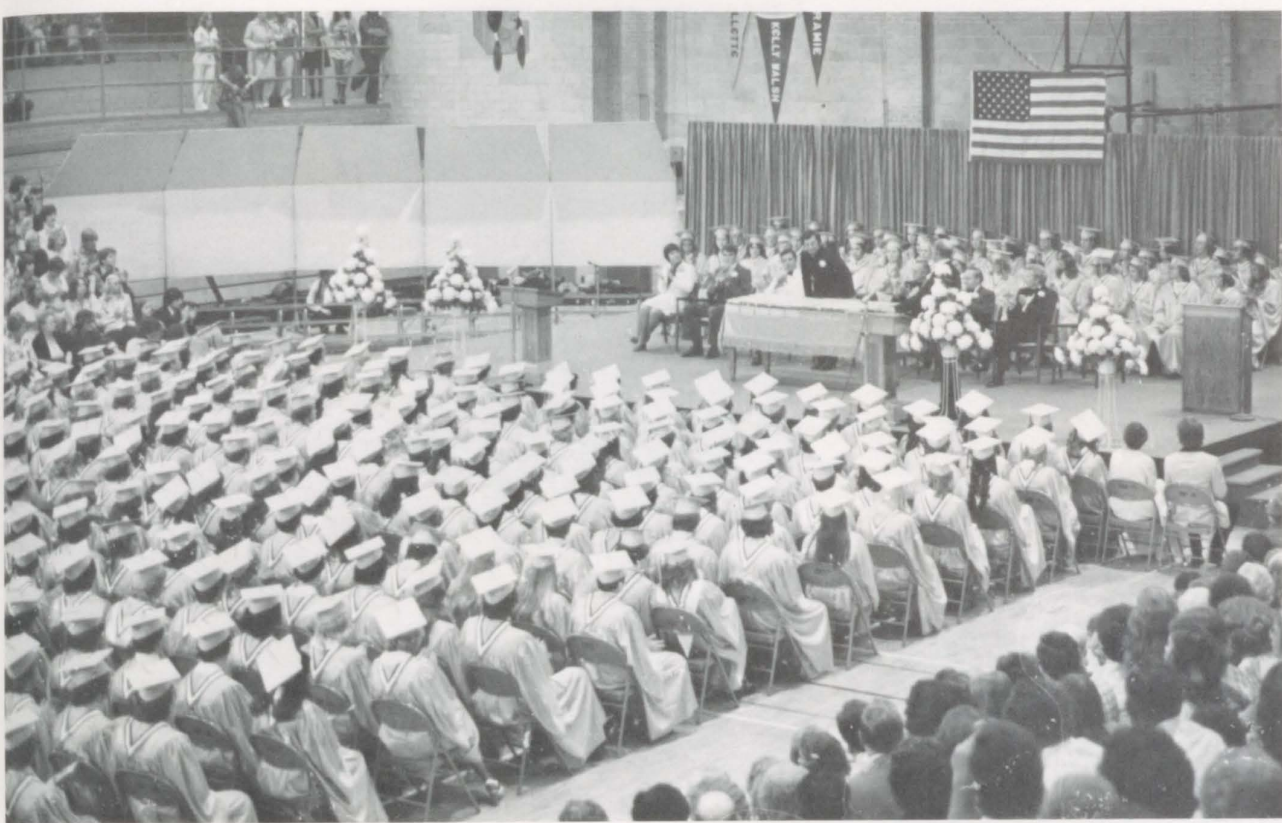


"The Fiddler on the Roof" was Jan Hunton as pictured. Howard Smith is the father of the family in the play. Rhonda Brown played the mother, talking to Mollie Strickland the matchmaker.

Yeah, Seniors!



You've finally made it!



Art By  
Paula Wilson

## Dance to another

Junior Senior Prom was once again off to a big start. It was held May 7, at Little America with the "The New Generation" band. The dinner was held before the dance. The juniors work all year on raising money for it. The juniors changed their minds many times, then decided on the theme "The Spirit of 76."



The King and Queen were Tom Shanor, and Sandy Husmann, Carl Case, and Kerri Boggaard. . .1st attendant, Kevin Brown, and Jean Hickman. . .2nd attendant.

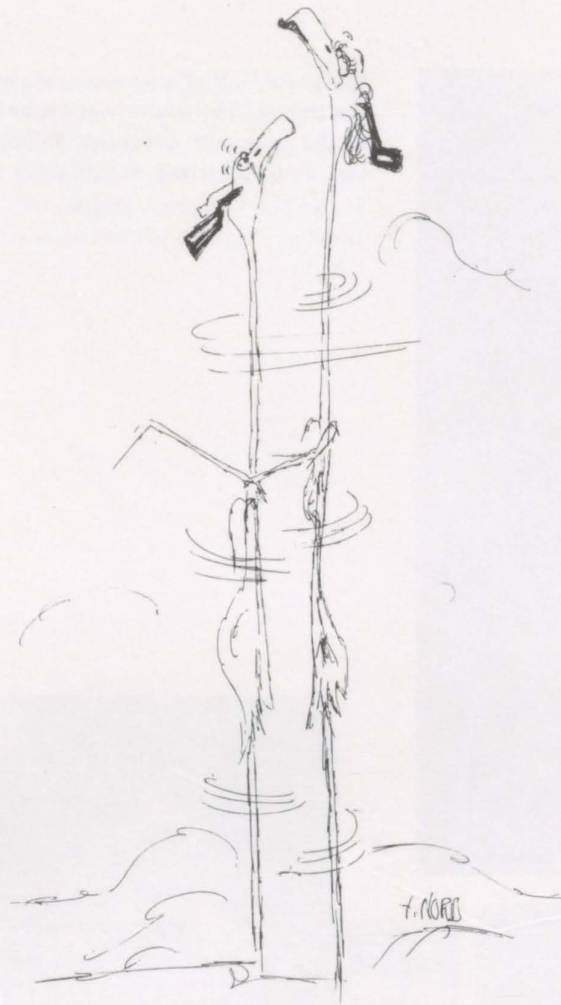
## All Night Party



Senior All Night Party was again held at LCCC with the theme "76." There was swimming and the use of the gym, with breakfast at 3:30 a.m. It was the last time the whole senior class was together.

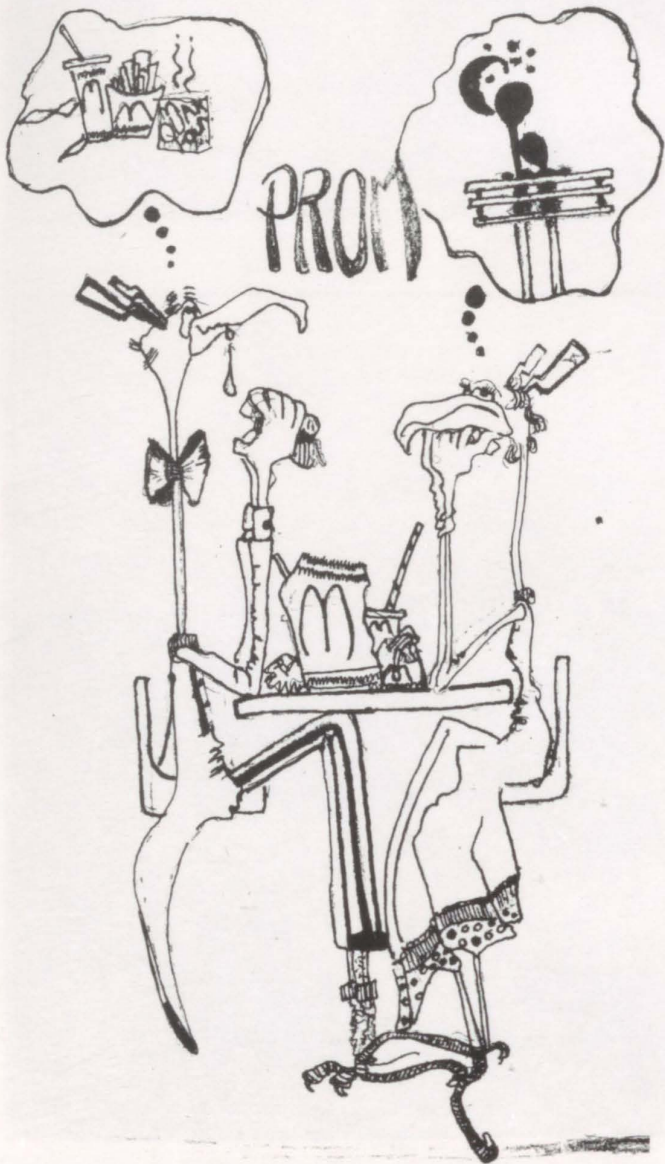


I could have boogied all night,

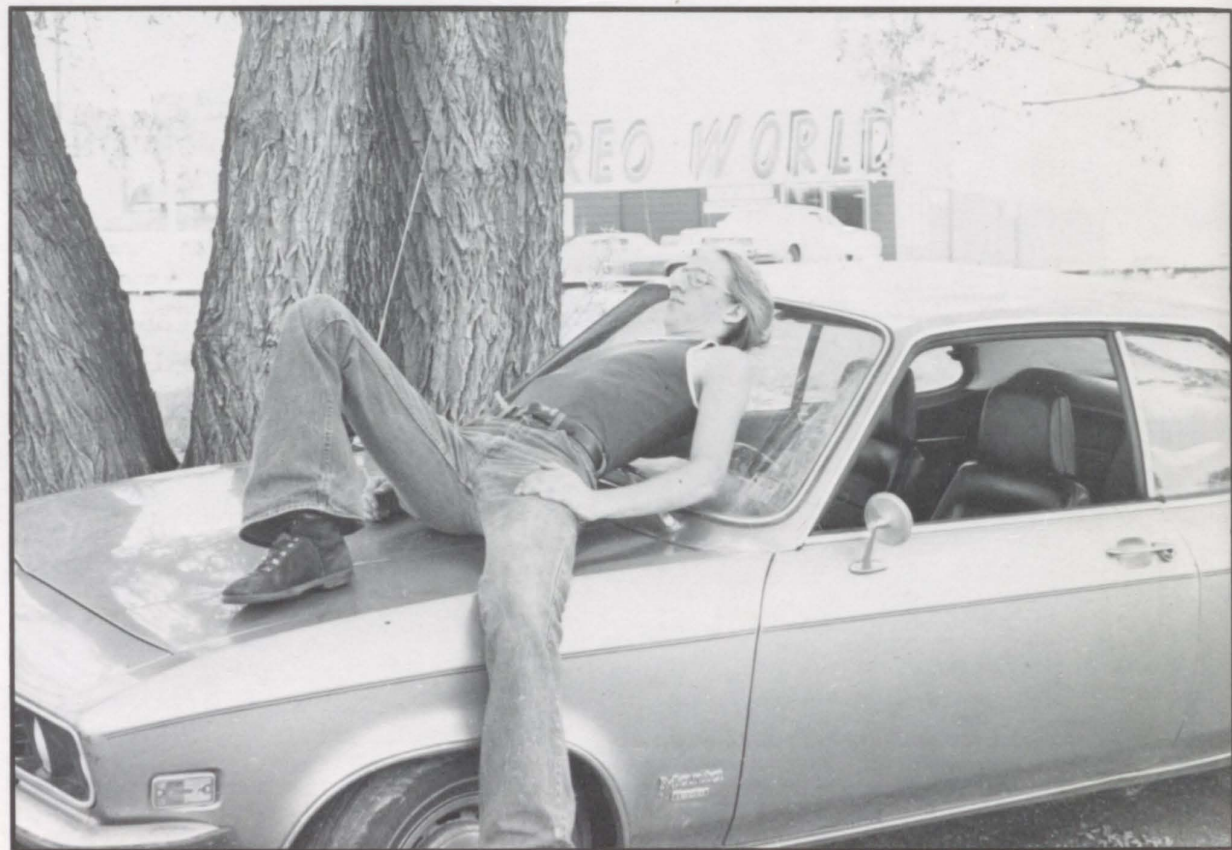




And still have begged for more.



Places to go,



## Places to see,



This year East had an exchange student from Brazil, Brazil. Her name is Suzana V. C.

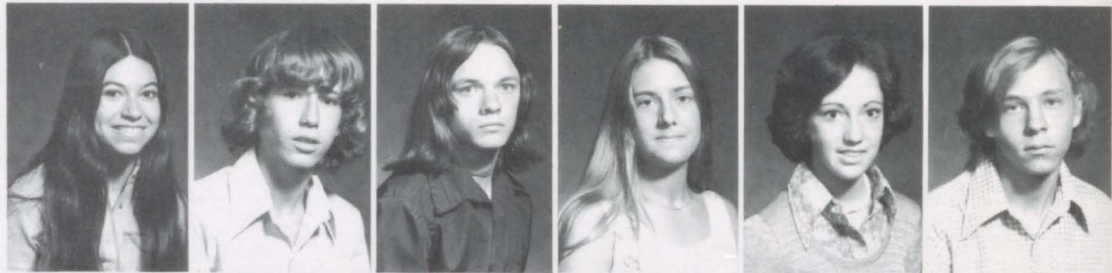
Monteiro. She attended classes here the last 4 months of school and is going back to Brazil in December. Her first impression of East High School was really good. She thought it was the best, big school with friendly people. Suzana is 17 years old and is here through the Rotary Club.



This years Junior-class officers were (from left to right, top to bottom) Dode Hammack, President, Janie Hertzler, Secretary, Gilda Lara, Vice President, and Kim Carlson, Treasurer.



Abeyta, Lorraine  
 Adams, Dwayne  
 Adams, Tim  
 Aldrich, Amy  
 Allen, Angie  
 Allen, John



Anderson, Debbie  
 Anderson, Tami  
 Angle, Pat  
 Archer, Virginia  
 Archuleta, Debbie  
 Asbury, Kelli



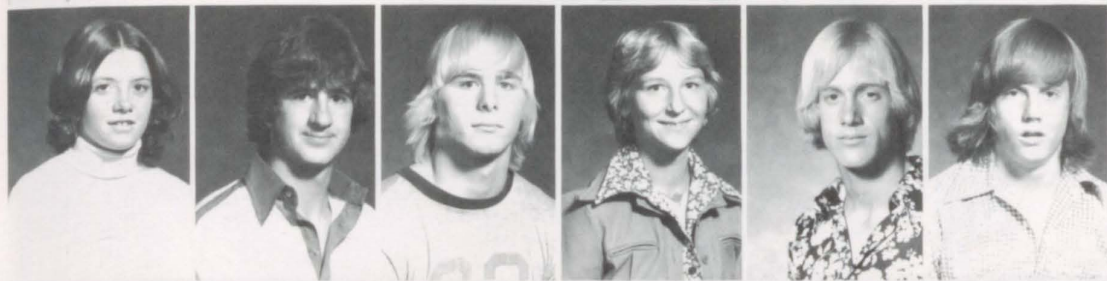
Aughe, Kathie  
 Austin, Tammy  
 Baker, Patti  
 Baldauf, Dan  
 Balling, Dave  
 Banitatibus, Joni



# With just one year to go,



Barela, Darthy  
Barns, Mike  
Bedlan, John  
Bedont, Cindy  
Benskin, Mike  
Bensen, Bret



Bliss, Lila  
Bluemel, Joe  
Boomhower, Dan  
Bouback, Cheryl  
Bowen, Mike  
Boyer, Dale



Breazeale, Mervin  
Breazeale, Patricia  
Brewer, Deana  
Briggs, Jim  
Brown, Debbie  
Brown, Ken



Brundage, Rick  
Bryant, Julie  
Budd, Vicky  
Burt, Dave  
Byers, Randy  
Byrne, Tim



Campbell, Cheryl  
Candelaria, Terri  
Carlson, Kim  
Carmen, George  
Carns, Rocky  
Carrier, Cathy



Carrier, Shari  
Carson, Kay  
Carter, Mike  
Casner, Monty  
Chandler, Tim  
Chocas, Chris

# As we pass from the

Christenson, Kathy  
Christy, Bonnie  
Claypool, Emma  
Comer, Dennise  
Condos, Kathy  
Conner, Debbie



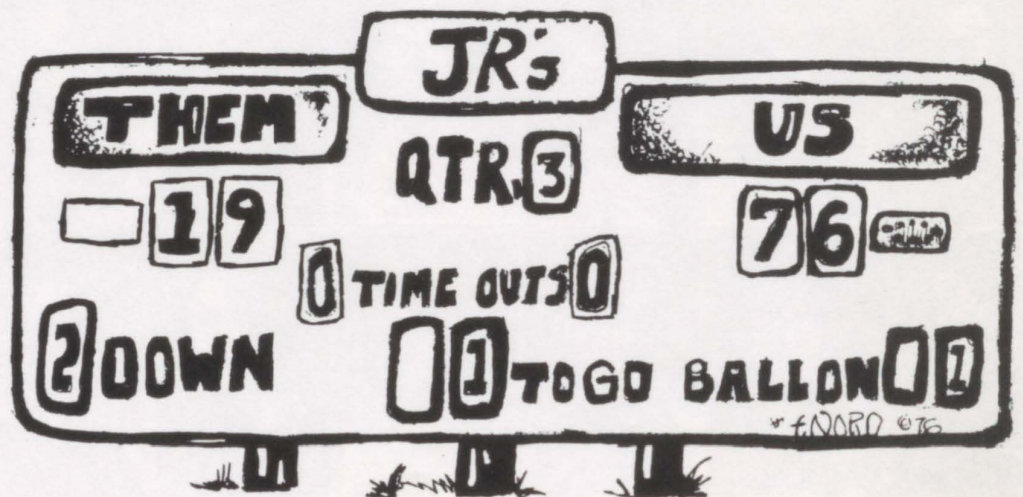
Cook, Becky  
Cook, Kitty  
Cooper, Jody  
Cotton, Candy  
Cousins, Steve  
Cowley, Tracy



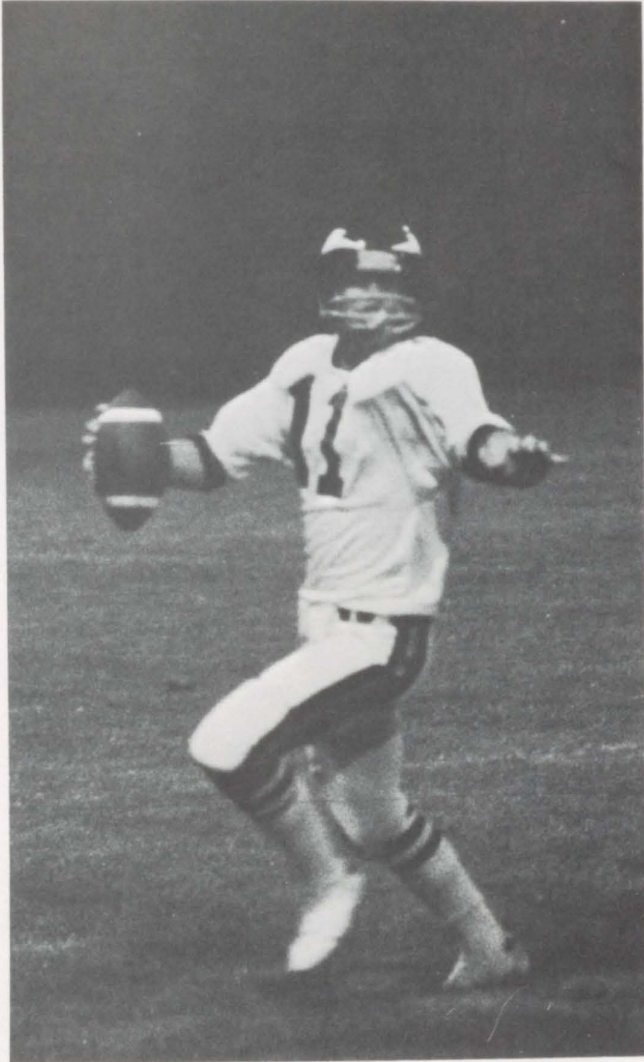
Cranmore, Vickie  
Crawford, Becky  
Creager, Debbie  
Crespin, Sharon  
Crockett, David  
Crombery, Marli



Croy, Sheri  
Cummings, Steve  
Curry, Marrell  
Danner, Peggy  
Davenport, Pat  
Davin, Belinda



# third quarter of our school lives



Davis, Alicia  
Davis, Barb

Decklever, Joni  
DeWyke, Mike

Dietz, Debbie  
Dilman, Greg

Dingwall, Greg  
Dinning, George

Dickson, Molly  
Donaldson, Rick  
Doty, Dave  
Dove, Jeff  
Drobish, Geof  
Droege, Roxanne

Duffy, Cindy  
DuQuoin, Carol  
DeWight, Jim  
Eckhart, Rick  
Edmonds, Barb  
Ehernberger, Karen



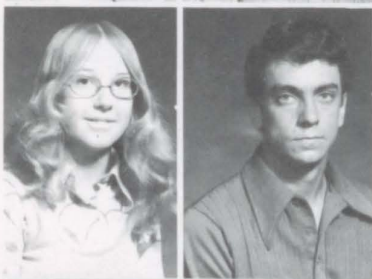
Rolling out for a hopeful completion is the T-Bird's Carl Case.

We must

Eichorn, Theresa  
Elsasser, Jerry



Elson, Sandy  
Epler, Scott



Estes, Norman  
Everitt, Jennifer



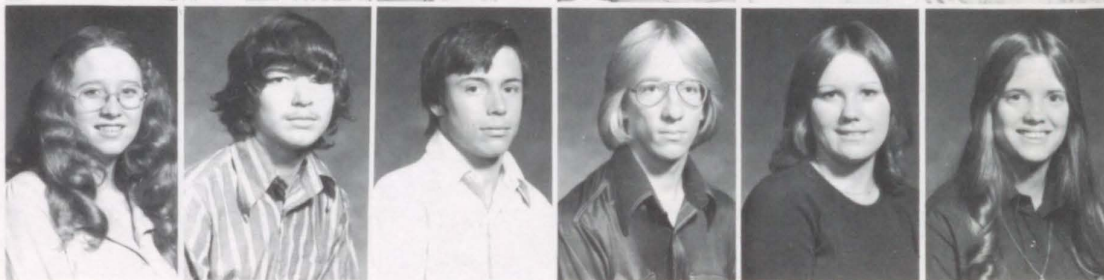
Farrens, Diana  
Fennel, Nancy



Fincher, Kathy  
Fisher, Mike  
Fitsimmons, Diane  
Fogg, Debbie  
Foley, Brian  
Forbis, Bob



Fosdick, Francie  
Foster, Duane  
Foxhoven, Gene  
Friesen, Doug  
Fritchel, Careen  
Gallion, Leslee



Bigfoots' hanging out at E.H.S.



# avoid costly fumbles.



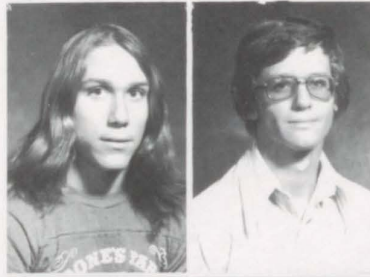
Garner, Debbie  
 Germain, David  
 Gersmel, Craig  
 Giffon, Sherry  
 Gifford, Ed  
 Gillespie, Scot



Glantz, Ed  
 Gooden, John  
 Goodwin, Gary  
 Goodwin, Sandy  
 Gosbee, Pat  
 Griese, Karen



Gonsior, Jackie  
 Gould, Rick  
 Grundell, Charles  
 Gunn, Kim  
 Gurley, Dove  
 Guyot, Cindy



Haag, Allan  
 Hahn, Kevin



Hale, Kathy  
 Hammack, Dode



Hanes, Craig  
 Hanesworth, Norbert

# We must center our goals

Hanlon, Ted  
Hanson, Ross  
Harcourt, Anita  
Hard, Nancy  
Harman, Fiona  
Harnish, Lynne



Harrington, Nanette  
Harris, Dewy  
Harris, Bill  
Harrison, Andrea  
Hart, Mike  
Hartz, Ron



Hassler, Bryan  
Havens, Pam  
Hedrick, Dan  
Hendricks, Blake  
Hennings, Debbie  
Herbert, Brian



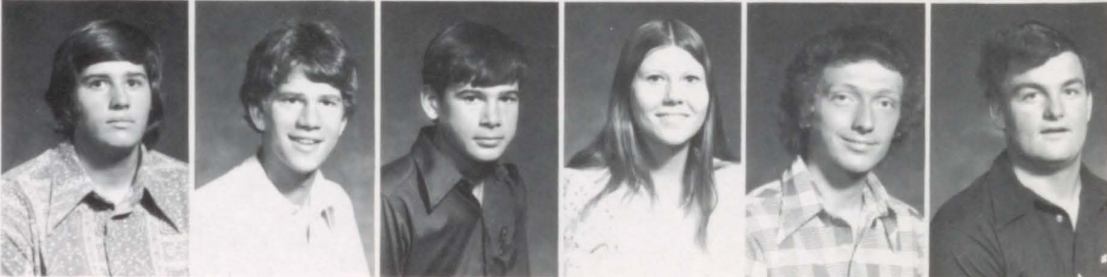
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Heschke, Lynn  
Heschke, Rick  
Hettinger, Beth  
Heyne, Mark



Hibbs, Casey  
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Hodge, Cindy  
Hogoboom, Scott  
Holmes, Shirley  
Hollingsworth, Cindy



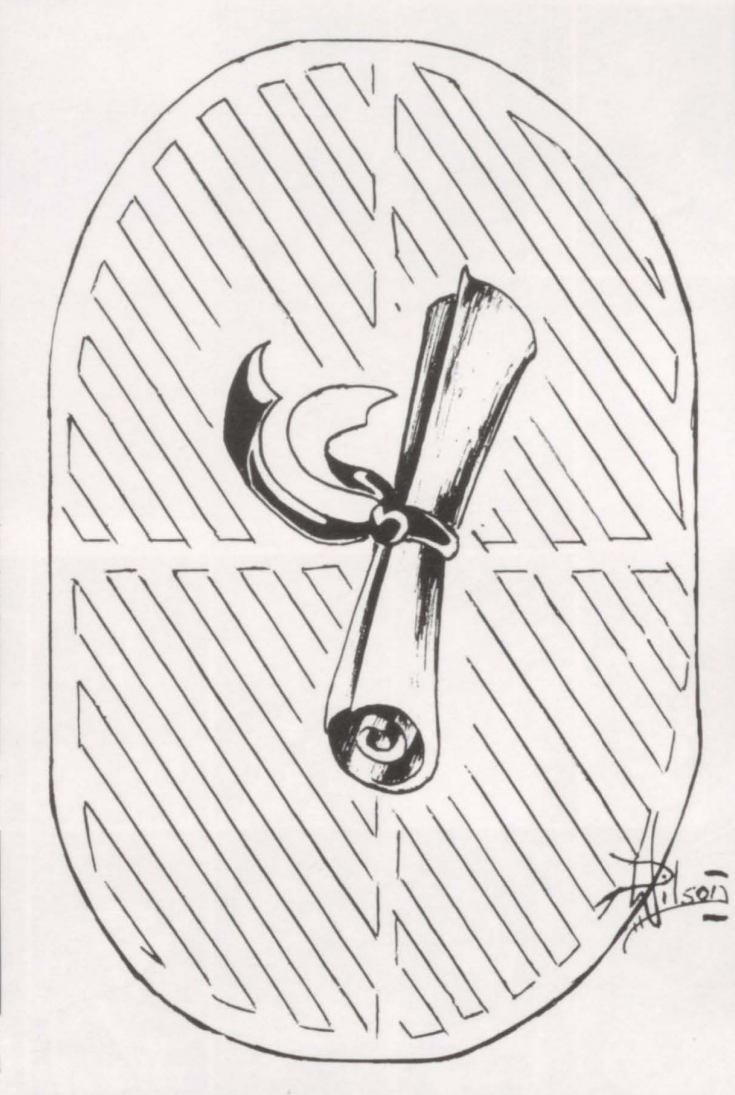
Hovey, Lisa  
Howe, Don  
Howell, Lee  
Huffmyre, Pam  
Humphrey, Jeff  
Hunt, Ed



as we learn to carry the ball.



Hurley, Gary  
 Hurley, Gloria  
 Hutchins, Toban  
 Hyde, Wendy  
 Inman, Chuck  
 Irish, David



Jackson, Robin  
 Johnson, Annette

Johnson, Don  
 Johnson, Debbie

Johnson, Denise  
 Johnson, Eric

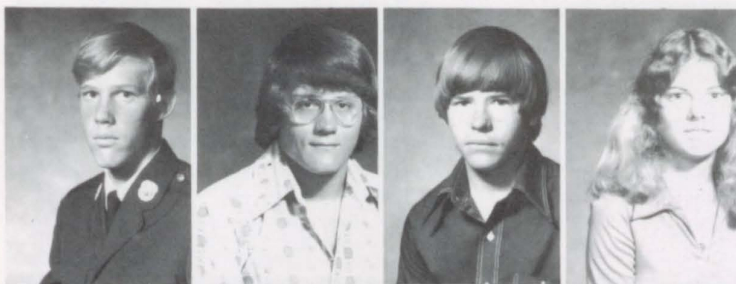
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 Jones, Paul



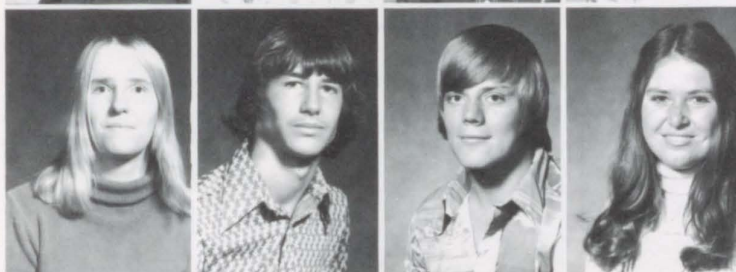
Kaminski, Paul  
 Karstoft, Vicki  
 Kasowla, Paula  
 Keenan, Bill  
 Keenan, Janet  
 Kennedy, Barbara

# Without handing off

Kenyan, Steve  
Ketchum, Kevin  
Kiddie, Neal  
King, Cindy



Koehler, Melodie  
Koritnick, Joe  
Kraft, Chuck  
Krumm, Janet



Kugler, Paul  
Kupec, Cole  
Kurtz, Tom  
LaComb, Danny



LaFalette, Vickie  
Lairscey, Phyllis  
Lamberson, Beth  
Lamm, Georjean  
Lane, Jed  
Lara, Gilda



Latta, Jay  
Lawson, Sherry  
Leff, Lauren  
Levine, Ken  
Lewis, Glenn  
Lewis, Pat

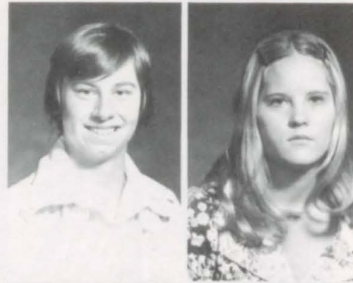


Liakos, Ron  
Lillemoen, Craig  
Lindt, Lona  
Line, Carrie  
Loetscher, Don  
Loghry, Corey



# our responsibilities,

I think I'm getting the shaft!



Loomis, Pam  
Lovelett, Lisa



Lowe, Dianne  
Lowe, Royal



Lowry, Brian  
Lucero, Trish  
Macey, Laura  
Madden, Kevin  
Mancini, Leslie  
Manning, Sandy



Marros, Tom  
Marsh, Sue  
Martin, Raymond  
Mosher, Mark  
Mayhew, Tammy  
McConahay, Lynnette



McConahay, Pam  
McGinnis, Cindy  
McGinnis, Rochelle  
McKee, Lori  
McIlvain, Sandra  
McIrvin, Matt

# We must face our problems

McLaughlin, Jeff  
McNimch, Cherrie  
Meade, Judi  
Meckem, Jerry  
Meckle, Allen  
Menvey, Jeff



Merritt, Julie  
Michaelis, Laurie



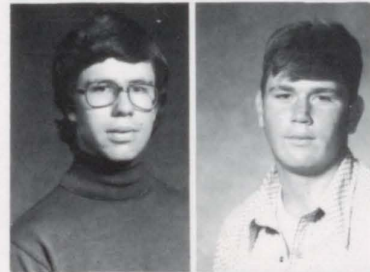
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Miller, Sue



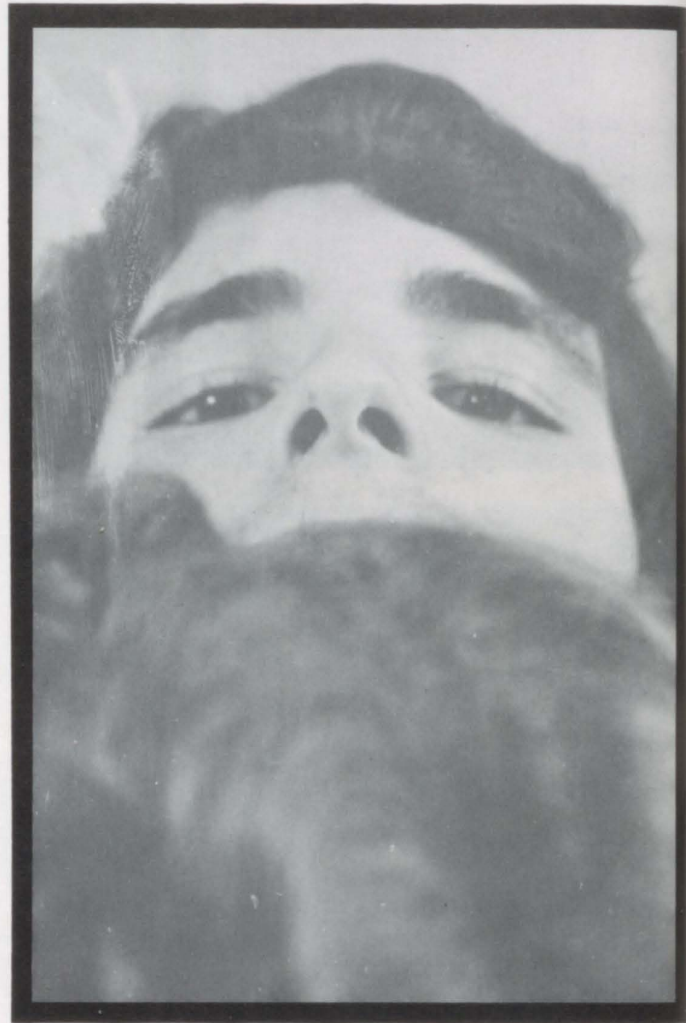
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Mizelle, Nick



Mockler, Steve  
Moneypenny, Thad



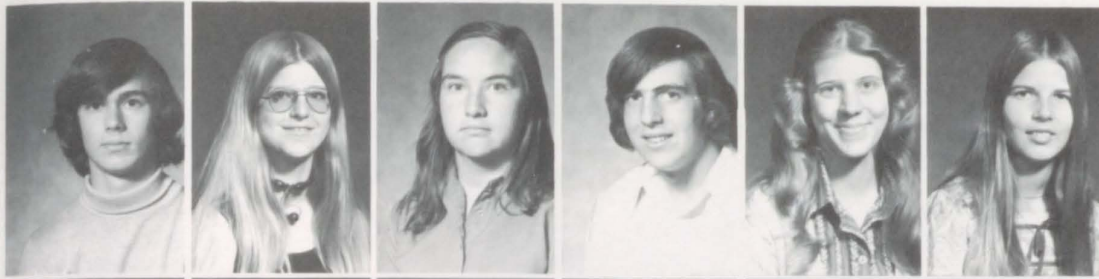
Montgomery, Carol  
Montoya, Ramona  
Moody, Jean  
Morris, David  
Morris, Gene  
Morse, Brenda



I've seen crowds, but this is ridiculous

Tim Hanlon

# head up and tackle them.



Mouriben, Mark  
Moy, Linda  
Moyer, Kay  
Murphy, Ray  
Nash, Debbie  
Nath, Patty



Neely, Dennis  
Nelson, Cindi  
Nemeth, Kay  
Newlin, Ella  
Nickolson, Bob  
Nielson, Debbie



Noel, Bob  
Oberg, April  
Ogle, Vicki  
Ohashi, Allison  
Olmstead, Kathy  
Osterman, Pam



Owen, Robin  
Owings, Jana  
Parkins, Tammy  
Parr, Kevin  
Patch, Jim  
Patton, Tonnie



Pease, Don  
Perrott, Christy  
Perry, Steve  
Pino, Charles  
Pruter, Cathy  
Rauk, Larry



Redman, Steve  
Reed, Betsy  
Reed, Jerry  
Reese, Debbie  
Reeves, Tim  
Reichardt, Kerry

# Strength and desire are needed

Rhodes, Stacey  
Richardson, Alan  
Richmond, Chris  
Rickard, Linda  
Ricketts, Marla  
Rogers, April



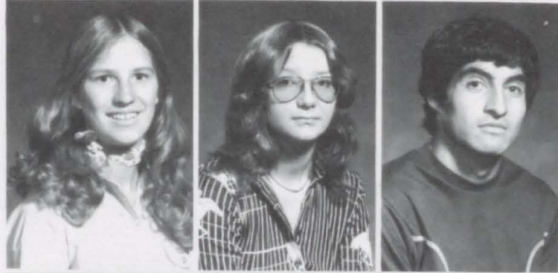
Romero, Annette  
Romero, Jeannette  
Romerz, Anna  
Ross, Brad  
Ross, Kym  
Rothwell, Kym



Rothwell, Rick  
Roybal, Rick  
Roybal, Scott  
Ruiz, Tim  
Ruiz, Tom  
Rulon, Mike



Sahler, Katherine  
Sainz, Patty  
Sanchez, Chuck



Schaich, Holly  
Schalmus, Steve  
Scheid, Dale



Scherr, Jim  
Scherr, Tim  
Scheurman, Kurt



Demonstrating Sophomore tumbling skills



to achieve a victory before time runs out.



Schillings, Mike  
Schum, Rick  
Schrank, Debbie  
Schwindt, Robert  
Scott, Julie  
Scribner, Bill



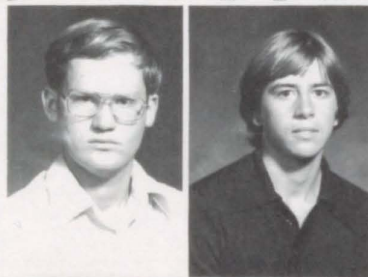
Sells, Linda  
Shadakofsky, Valerie  
Sheets, Sue  
Shockley, Sharon  
Simmons, Steve  
Sitzman, Tim



Sloan, Diane  
Smith, Cheryl  
Smith, Gloria  
Smith, Kathy  
Smith, Kim  
Spire, Tim



Stalker, Todd  
Steele, Dennis



Stevens, Buddy  
Stief, Mike



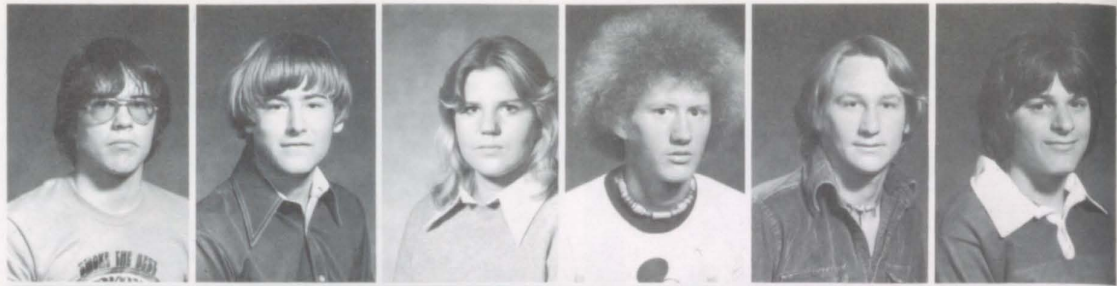
Stoen, Cindy  
Stogstill, Mark



are Gary Christensen and Tab Crozier.

# Our goals for life depend not on

Stogmer, Mike  
Stugart, Brian  
Sybert, Kathy  
Sylvanus, Steve  
Tabor, Dave  
Talagan, Paul



Tate, Gregg  
Taylor, Charla  
Taylor, Mike  
Tenorio, Dave  
Thorne, Mary



Tibbits, Don  
Torney, Dixie  
Toulouse, Anne  
Trammell, Dan  
Troastle, Dave  
Uhlman, Debbie



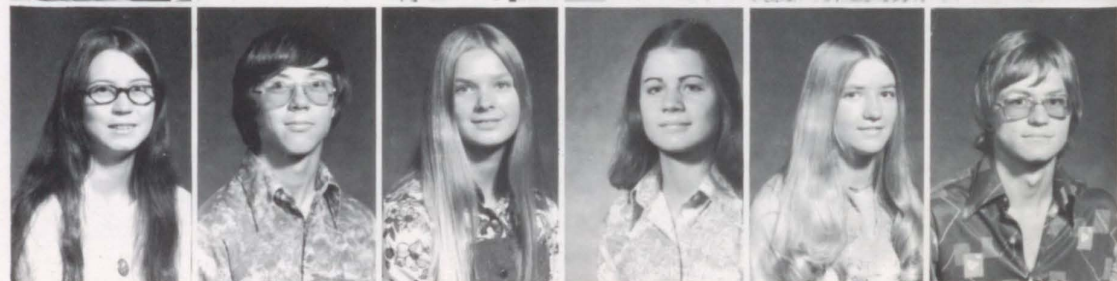
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Vankirk, Jeanne  
Vankirk, Marcy  
Vanover, Mark  
Vanover, Todd  
Vosler, Dottie



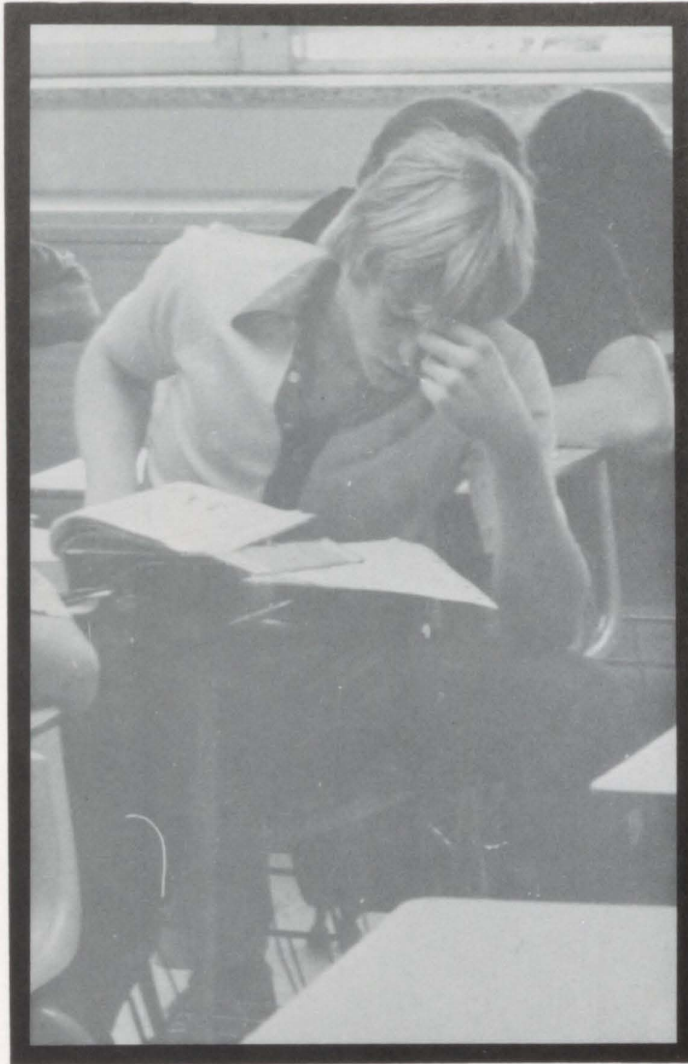
Vosler, Kelli  
Wade, Terri  
Wagner, Kellie  
Wagner, Lisa  
Wagner, Russ  
Wahl, Brent



Wall, Becky  
Wallace, Mike  
Warner, Pat  
Warrington, Renee  
Webber, Teresa  
Wells, Jeff



our desires, but instead on us.



Wells, Renee  
Wescott, Steve

Wheelan, Missy  
Wickham, Sharon

Wilkinson, Mark  
Williams, Brenda

Williams, Kent  
Williams, Tina



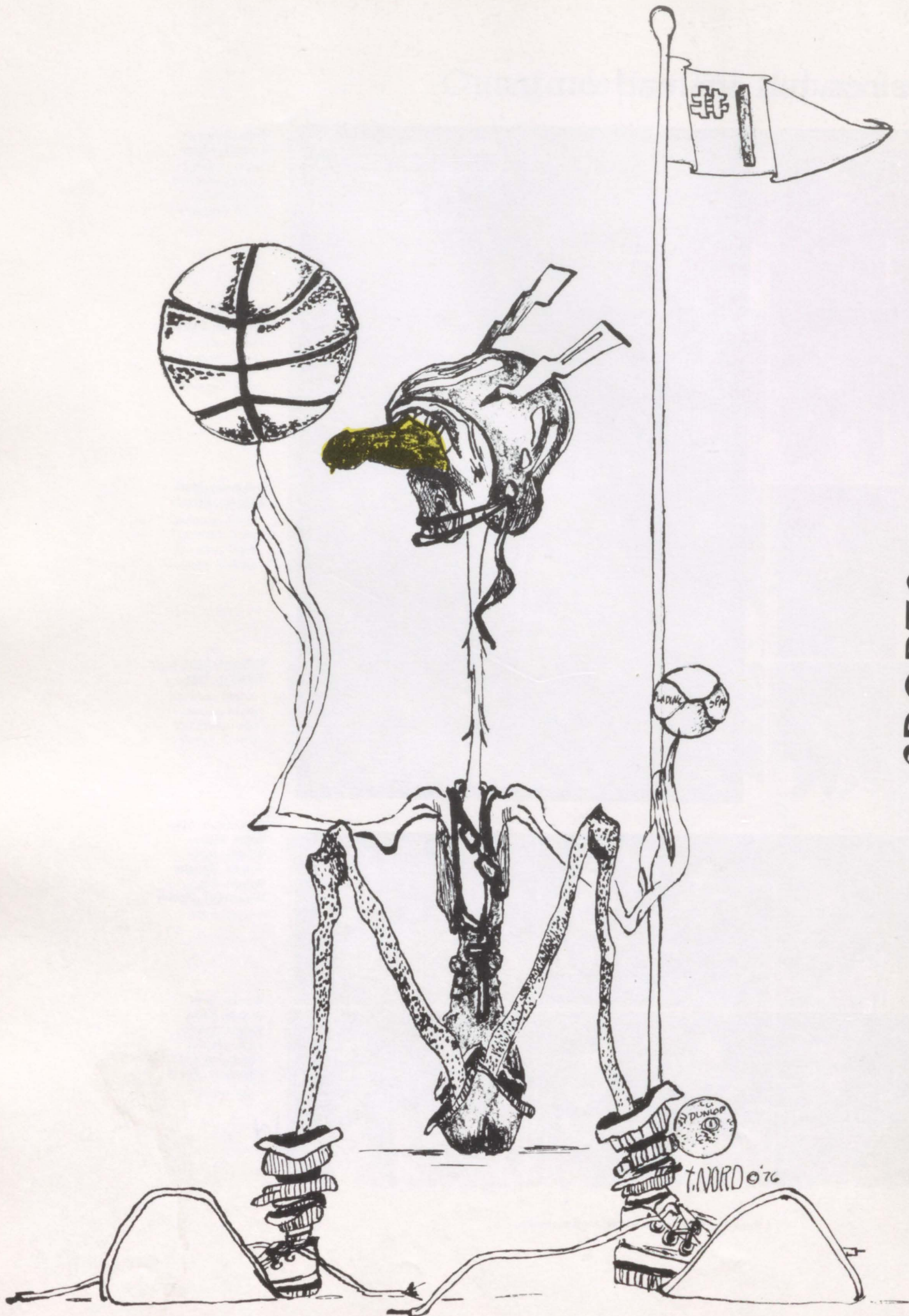
Williamson, Mike  
Willis, Richie  
Wilson, Julie  
Wilson, Nanette  
Wilson, Pat  
Winemiller, Debbie



Wonch, Beth  
Woods, Kathy  
Wright, LaRue  
York, Charles  
Zeiler, Jennifer  
Zwonitzer, Roger

*for*

I think I'm thinking Mark Wilkinson thinks.



# SPORTS

### FOOTBALL

We	They	Result
20	Rawlins	Won 16
13	Scottsbluff	Lost 16
12	Natrona	Lost 20
16	Sheridan	Lost 18
35	Gillette	Won 14
26	Laramie	Won 20
35	Lander	Won 14
26	Casper Kelly Walsh	Won 16
27	Central	Won 7

### BASKETBALL

Score	Opponent
89	Greeley Central
82	Torrington
81	Niwot
63	Torrington
76	Greeley Central
84	Rocky Mountain
44	Natrona
55	Kelly Walsh
71	Gillette
66	Sheridan
55	Central
94	Laramie
62	Natrona
55	Kelly Walsh
71	Gillette
74	Sheridan
76	Central
90	Laramie

### REGIONALS

Score	Opponent
74	Sheridan
67	Natrona
75	Powell
78	Lander
50	Rock Springs

### GOLF

Laramie 2
Douglas 1
Sheridan AA State Meet 2

### TENNIS

Result	Opponent
won	Torrington
lost	Rocky Mountain
lost	Greeley Central
won	Sterling
lost	Natrona
5th	Scottsbluff Invitational
lost	Central
lost	Natrona

### CROSS COUNTRY

Event	Result
Gering Invitational	1st
Sidney Invitational	2nd
Sterling Invitational	4th
Fort Collins Invitational	2nd
Scottsbluff Invitational	1st
Cheyenne Invitational	2nd
Loveland Invitational	1st
Conference	1st
State	1st

### GIRL'S SWIM TEAM

We	They	Result
112	Central	Won 55
106	Glenrock	Won 57
4th	Casper Relays	4th
61	Rock Springs & Laramie	Lost 109
95	NCHS	Won 65
110	Kelly Walsh	Won 55
115	Douglas	Won 53
130	Gillette	Won 41
79	Laramie	Lost 92
4th	Cheyenne Invitational	4th
132	Douglas	Won 37
107	Central	Won 64
3rd	STATE	3rd

### BOY'S SWIM TEAM

Result	Opponent
Lost	Westminster
Won	Greeley Central
Lost	Laramie
Lost	Cherry Creek
Lost	Loveland
Won	Central
Won	Newcastle & Hanna
3rd	14th Annual Cheyenne Invitational
9th	Denver Relays at G.W.H.S.
Won	Glenrock
2nd	Eaton Relays
2nd	Scottsbluff
Won	Hanna Elk Mountain
Lost	Laramie
2nd	E.W.A.C.
2nd	Central
2nd	State Meet

### TRACK

Score	Opponent	Result
85-45	East - Rocky Mountain	1st
85-39	East - Greeley West	1st
77	Scottsbluff Relays	1st
83-53	East - Fort Collins	1st
159	North Platte Invitational	1st
80	Choice City Invitational	1st
133	Wyoming Relays	1st
83	Cheyenne Blanchard Invitational	1st
105	Western Nebraska Invitational	1st
118	Eastern Wyoming Conference	1st
92	Wyoming State Meet	1st

### GIRLS VOLLEYBALL

East WON Burns
East LOST G.W.
East WON Saint Mary's
East WON Rocky Mountain
East LOST Laramie
East WON Central
East LOST Poudre
East WON Wheatland
East WON G. C.
East WON Laramie
East WON Casper Inv. 2nd place
East LOST Torrington
East WON Wheatland
East WPN Burns
Regionals 1st place
State 1st place



Kneeling L-R: Brent Wahl, Bill Keenan, Rocky Carns, Boyd Merklin, Kevin Brown, Doug Pilch, Mike McLeod, Ed Gifford, Brian Tottenhoff, Lee Grigsby, Mitch Davis, John Davis. 2nd Row: Todd Vanover, Bryan Grott, Brian Budd, Tim Mabie, Bill Hicks, Carl Case, Kevin Lepore, Jim Irwin, Brad Holmes, Steve Tate, Skip Ross, Mike Fisher, Charlie Grundell, Doug Sigler. 3rd Row: Larry Christensen, Mike

Benskin, Kevin Hahn, Morrell Curry, Steve Wiscott, Dan Boomhower, Mike Rulon, Matt Carter, Mike Korber, Tom Shanor, Blake Hendricks, Jesse Johnson, Tom Barks, Doug Fales, Mike Bohanon, Scott Hogo-boom, Chris Milmont, Maurie Rose, Steve Siegel, Rick Williams. Not Pictured: Howard Smith, Bill Smith.

Starting the year off right, the T-Birds traveled to Rawlins, and for the second year in a row, beat the Outlaws, 20-0.

Game two was a disappointing game for the T-Birds. That week they traveled to Scottsbluff and found themselves behind after the game was over. A very discouraging loss, the final tally was 16-13.

This game was the first conference game of the year for the T-Birds. Now the games started to count in determining who would go to State. But it looked as if the T-Birds were going to have a long year. We lost to the Casper Natrona Mustangs, 20-12.

The next week the T-Birds traveled to Sheridan. This was another conference game. East wanted to win badly but found out that playing hard couldn't win for us; the final result in a contest with grave questions was an 18-14 victory for the Sheridan Broncs.

Homecoming week for the T-Birds, and as everybody knows, nobody loses on homecoming. The T-Birds were determined to win and did, topping off a great homecoming week, 34-18 over Gillette.

What a game came next for the East High T-Birds. Playing one of the most exciting games ever played at East High School. The T-Birds were behind at half time, 14-0, but the T-Birds did not give up, and came out after half time to beat the Laramie Plainsmen, 26-20.

Another week the T-Birds were on the road. We traveled to Lander. It was a long, tiring trip for the T-Birds, but we still had the winning spirit with us, beating the Lander Tigers in a non conference game, 34-18.

Two weeks remained in the year for the T-Birds. This week we travelled to Casper Kelly Walsh. Snow fell the day before the game was supposed to be played. The snow didn't prevent the T-Bird machine from tromping the undefeated Trojans in the cold weather, 26-15.

It was the last game for the T-Birds in 1975. This week we played the cross town rivals, the Central Indians. Everybody knew it would be a good game; and it was, but in the end, the East High T-Birds came out on top, beating the Central Indians, 25-7.

We often can not reach the goal we strive for

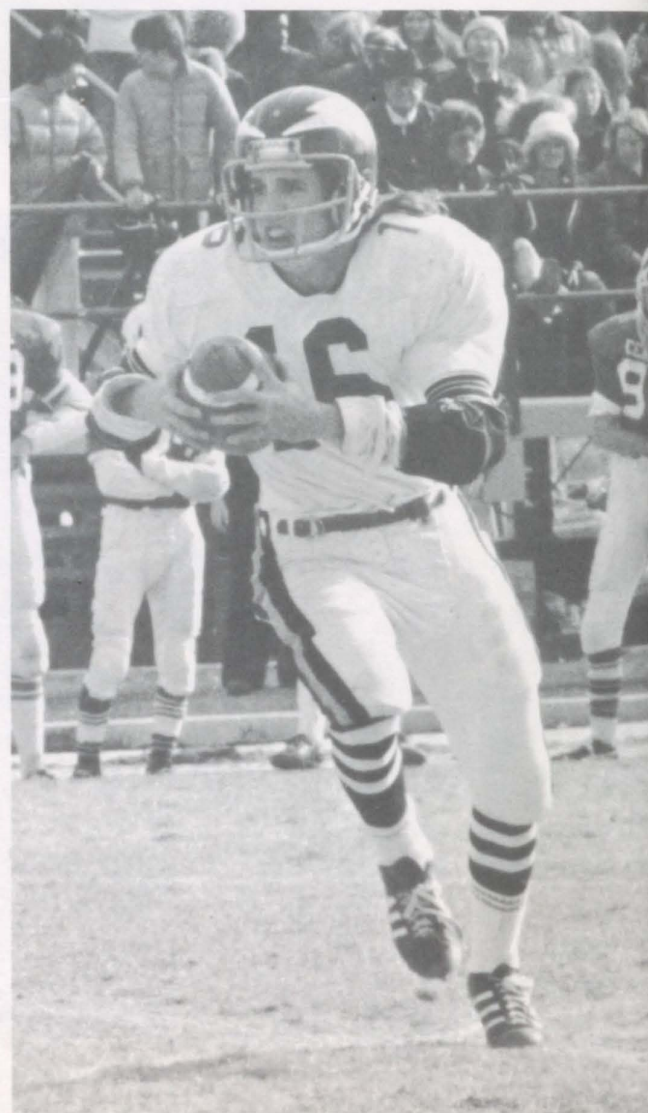


Left, Carl Case and Jim Irwin get set for the snap against Cheyenne Central. Left above, Dan Boomhower plows his way for yardage against Cheyenne Central. Above right, Tom Shanor fights for yardage.

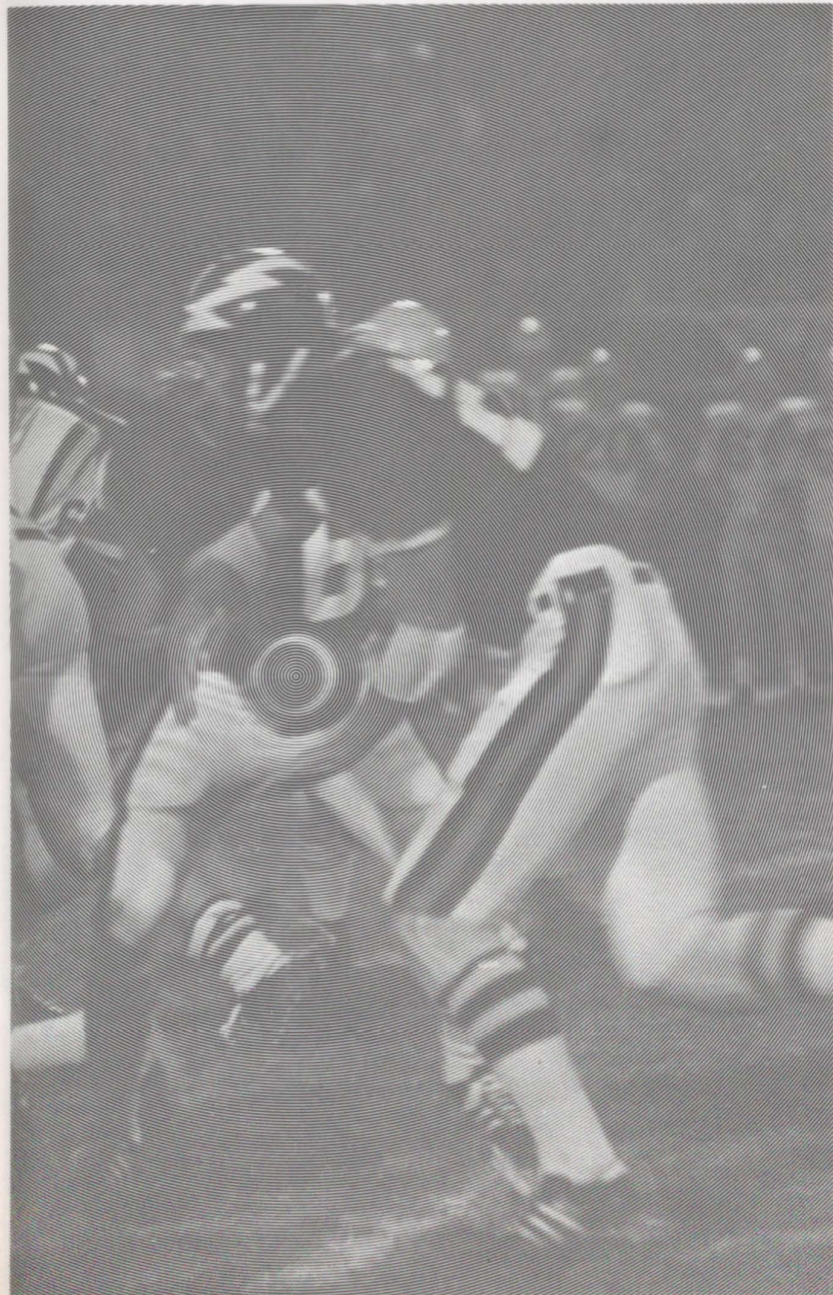
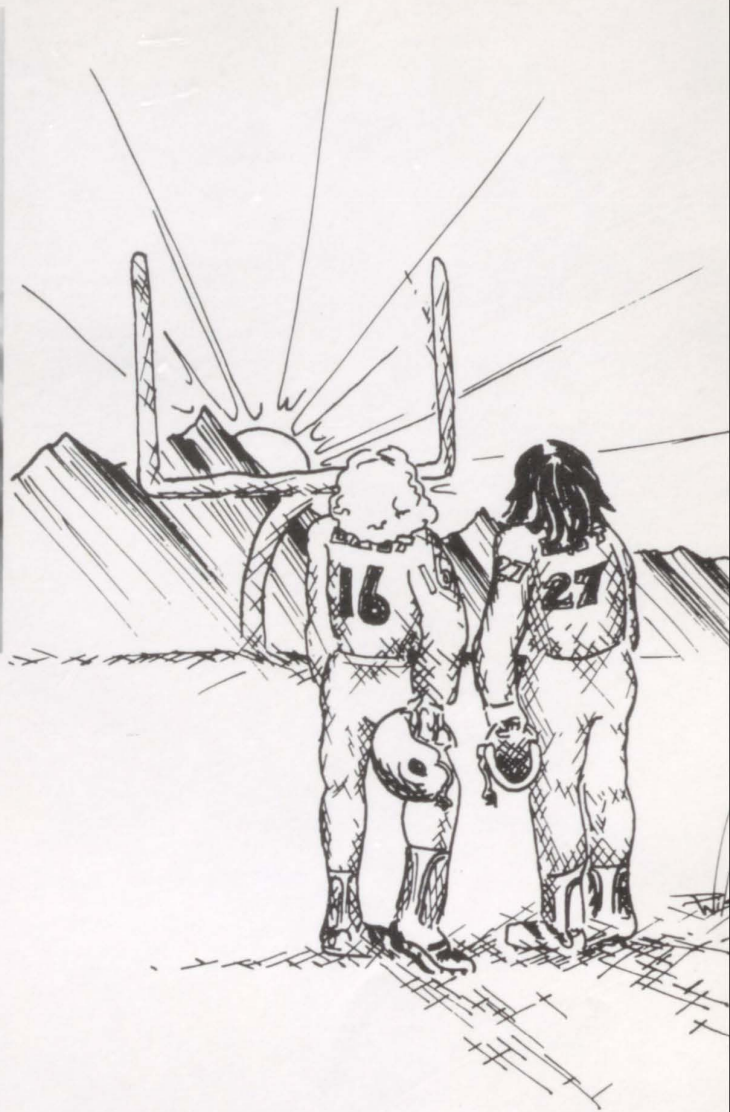
## But we often learn by our mistakes



Above, Tom Shanor, flying through the air with the greatest of ease, makes tough yardage against the Laramie Plainsmen. Above right, East High's defense waits for the snap. Right, Kevin Lepore looks for an opening to score.







Left, Tom Shanor takes the ball from quarterback Kevin Lepore in the first half of the East-Laramie game. Above left, Carl Case talks over strategy with coaches Kissack and Keen.

# Thunderrunners Set

Although the sport of Cross Country doesn't receive all of the fanfare and publicity that some of the other sports do, it requires some of the most rigid training, dedication, determination and physical conditioning of any competitive sport.

East High School's Cross Country team fulfilled a long awaited ambition for Coach Leroy Sprague by capturing the State Cross Country Crown in Casper this year.

Behind the Coach and runners was an apparent all out team effort that carried the champions all the way to the top.

Besides going to meets almost every week the team practiced consistently every night, sometimes running as much as ten miles in one work out.

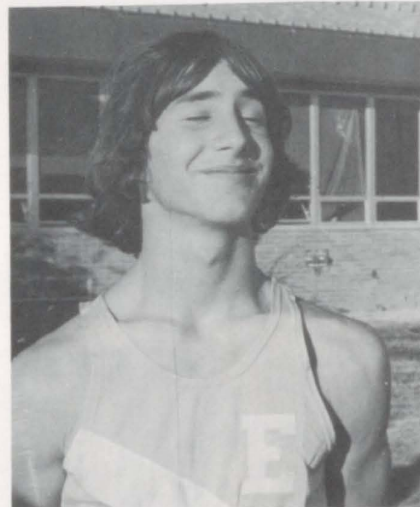
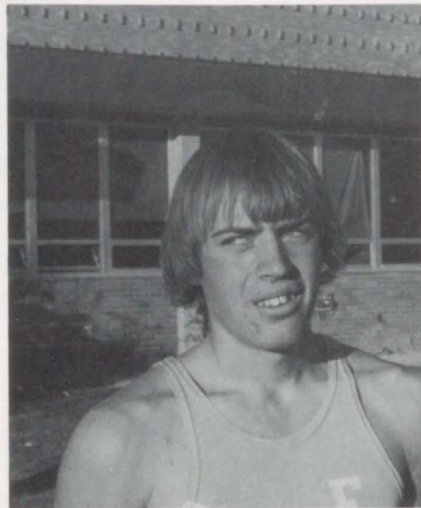
Upper right photo; Richard Bishop is shown running a tough race for a T-Bird victory.



Bottom row left to right: Don Howe, Pat Wilson, Kurt Sherman, Dennis Steele, Joe Koritnik, Mike DeWyke, Rick Brundage, Craig Pyle, Dwite Burke.

Top row: Guy Cameron, Gary Cameron, Louis Ditzler, Jim Shivers, Ted Bourret, Jay Boyer, Les Brown, Brian Kirk, Roger Perry.

# State Record



Great team effort and strong physical durability best describes East High's State Championship Cross Country team this year. Helped by Rick Bishop's victory run, the T-Bird Harriers out ran perennial powerhouse Central Indians to take the State AA Championship in Casper. Also coming on strong at the State meet and placing in the top ten were: Guy Cameron, placing second, Gary Cameron third, Bryan Kirk sixth, and Joe Koritnik tenth. The team scored a total of twenty-two points at State, the lowest ever in state history.

Cross Country runners placing in the top ten positions at State were left to right, top to bottom: Guy Cameron, Gary Cameron, Bryan Kirk, Joe Koritnik and Richard Bishop.

# Tennis Team hard pressed at Season Finale



Tennis Team members are from L to R: Coach Arciniega, Roger Zwonitzer, Tim Reeves, Ron Steege, Steve Cunningham, and Brett Benson; not pictured, Bill Strickland. Shown bottom right: Roger Zwonitzer proved his fine tennis ability by taking third at State.

The 1975 Tennis team coached by John Arciniega, ended up the rather long season with a record of two wins and seven losses.

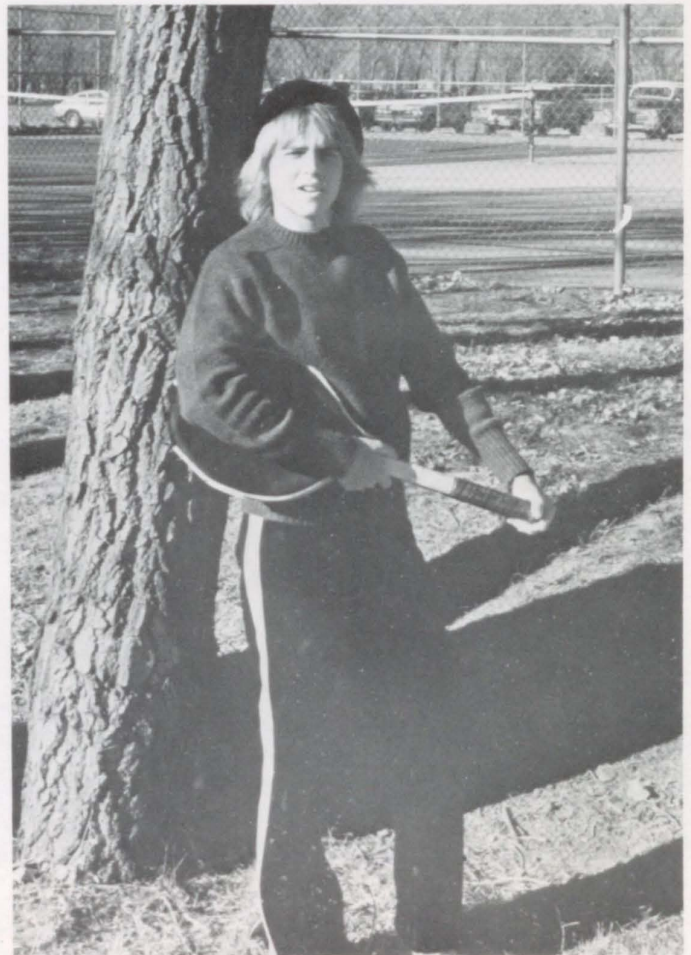
For the East High racket men the season started in mid August with the team capturing their first win against Torrington on September fourth. As the season moved on the only other triumph occurred in the middle of the season with the team easily swatting out a victory over Sterling, Colorado.

The state meet was held on October eleventh in Casper with Roger Zwonitzer being top man by placing third in doubles, and Tim Reeves, and Ron Steege placed right behind with fourth.

The team ended up with third place at State, and while they did not dominate the entire meet they did dominate the consolation bracket.

Coach John Arciniega has high hopes for next year since a majority of the team are underclassmen and will soon be returning to the courts.

He strongly feels his racket men will easily uphold the tradition of being an enthusiastic and powerful team.



## Close, but not close enough



Left to right: Rick Rodekoer, Brad Hovey, Don Occhipinti, Dave Balling, Dave Peterson



Bidding for its second consecutive state championship, the determined East High golf team was victimized by disqualification in key matches, plus a few putts that wouldn't drop, only to wind up with the runnerup spot in the annual State Meet at Casper.

After an impressive start at Laramie, where they finished a shot behind Gillette, the T-Bird divot-diggers trailed off to sixth place in the next meet at Douglas.

But, it was at the State Meet at Casper where the East High golfers displayed their best team and individual effort of the season. Coming far out of the pack, after trailing by nine strokes after the opening round, the T-Birds caught fire on the second day to lead the entire field by eight strokes.

# State Champions volley does it again



Left to right: Top row: Mary Cook, Shelly Hollingsworth, Pat Warner, Second row: KaAnn Carson, Ellen Kroenke, Sharon Patrick, Bottom row: Annette Johnson, Barb Grunden, Jane Kroenke, Wanda Webb, Lisa Hovey.

What can you say about the East High Volleyball Team that hasn't already been said? They were superb in every aspect of the game. Playing fantastically all year, they finished the season with a record of 6-2. The East High spikers never gave up during the year. After taking 3rd at Regionals, the Birdwomen fought back just a week later to take State Championship for the 3rd year in a row. The Spikers wanted it bad, and got the job done.

### HONORS earned this year:

Ellen Kroenke	best setter
Mary Cook	best all around player
Annette Johnson	best spiker
Barb Grunden	best placement
Lisa Hovey won the best server award with her dynamic serving accuracy of 90%.	



Up, up and away is KaAnn Carson stretching high for the hit.

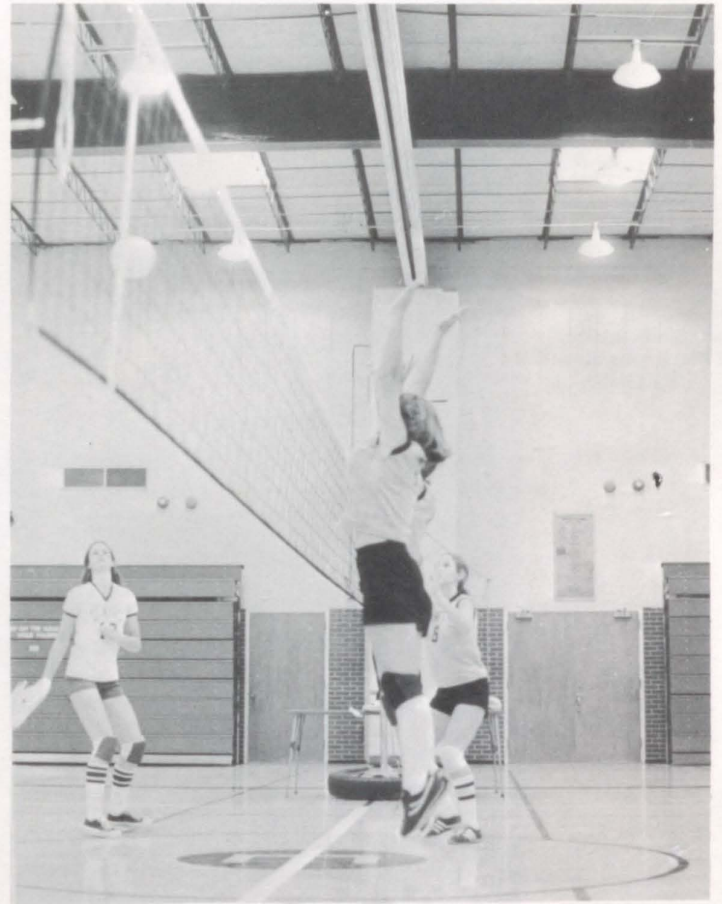
# 3rd Consecutive Year



Left, Stands the varsity volleyball team after defeating one of their opponents 15-4.

Bottom left, Annette Johnson stretches high setting herself for the spike as teammates Barb Grunden and Mary Cook watch with concern.

Bottom right, Reaching high for the block is Wanda Webb as Ellen Kroenke watches on.



# Cheerleaders coax spirit through successful year.

The 1975-76 cheerleaders and pom pon girls added a lot of spirit and excitement to this year and did an outstanding job of promoting support for the various teams.

Selling popsicles, making posters, preparing half time routines, and planning pep assemblies were just a few of the activities that kept this years cheering squad busy.

This years football and basketball cheerleaders were, from left to right: Lori Lorenz, Susie Sallee, Sandy Hussman, Ellen Kroencke, Jean Hickman and Julie Norris.



This years Pom Pon girls were from left to right: Laurie Birleffi, Robin Jackson, Kim Carlson, Julie Scott, Terri Walker, Pam Jones, Cindy Bedont and doing splits, Linda Lambdin.







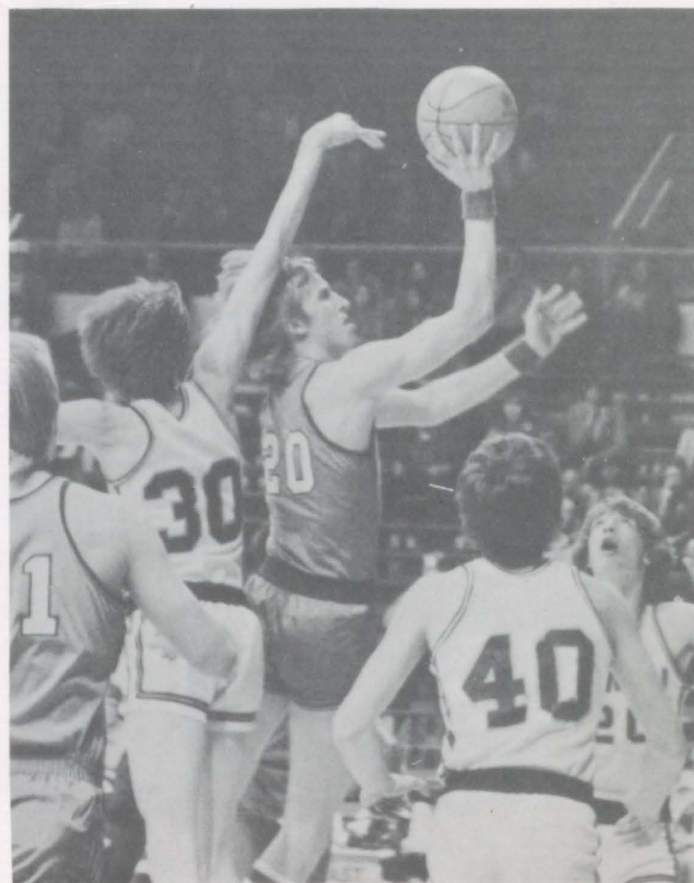
Artwork done by Paula Wilson

The vivacious swimming cheerleaders, bringing new cheers and ideas to the meets, helped boost their team to a successful season this year. The swimming cheerleaders were from bottom to top: Ruthie Mizelle, Joni Johnson, Janice Anderson and Angie Allen.

Much enthusiasm and support was shown among the wrestling cheerleaders this year. Although it was a long season the girls remained faithful and kept cheering until the end of the State meet which finished the year for all involved. Wrestling cheerleaders were from left to right: Sheryl Stugart, Sonya Leal, Sandy Hirsig and Jean Moody.



## Basketball '76, a year to remember



Above left: Jesse Johnson's fine jumping and rebounding ability as shown here, helped make the T-Bird's season successful. Above right: tense but ready, the starting five T-Birds prepare for their final game against Rock Springs. Lower right: Scott Shriner proves he has the world in his hands.



Tom Shanor drives in for a key layup in route to another T-Bird triumph.



Gary Cameron's driving leadership helped sparked the T-Birds through the season.

### A YEAR TO REMEMBER . . . T-BIRDS '76

Yes, it was a year to remember, it was a basketball year at East High that produced the best overall mark in the school's history as Coach Jack Bryant's veteran team fought its way to a record setting 21-2 mark.

The T-Birds marched to seven straight victories in the December pre-season competition against non-conference opponents. But it wasn't until the first tough road trip on January 9 and 10th against Kelly Walsh and Natrona when Bryant's basketball team received the state wide recognition they deserved, and were rated the number one team in the state.

From here the pressure mounted each week, as all opponents geared to knock off the number one T-Birds. Six more straight wins were added to the fabulous season, on the road and at home, against all state opponents.

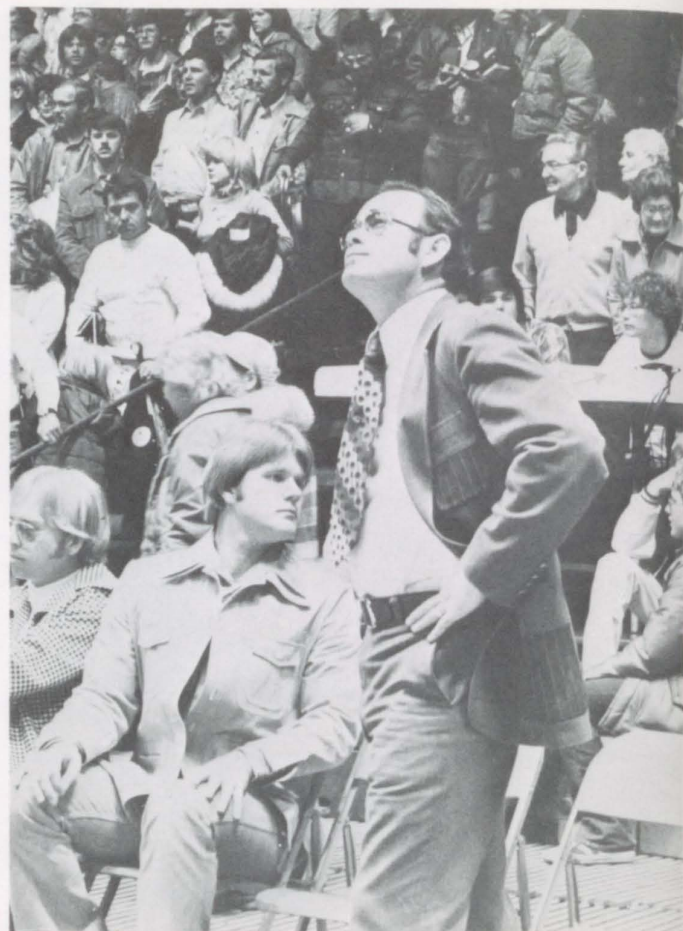
East's balanced attack, excellent bench strength and versatility of the individuals became a pattern recognized around the state. When it wasn't Scott Shriner scoring, it was Tom Shanor, and when the two big guns faltered, there was Jesse Johnson, with his rebounding and defensive play. But East's relentless attack and record winning streak had more than a dependable front

line. The T-Bird's backcourt, with Gary and Guy Cameron, Kevin Lepore and Tim Hanlon, who played in several positions, never let down and one complimented the other and provided the catalyst that made East one of the great teams of high school basketball in Wyoming.

Only once in regular season play did the East High School cagers fall—at Sheridan on February 20th, but they came back to breeze to final victories against Central and Laramie. That set the stage for the regional and state tournaments. By now, the T-Birds were firmly entrenched and recognized as the number one team in the state. Their top rivals, Rock Springs and Casper Natrona, had fallen and East was undoubtedly number one. The T-Birds easily won two preliminary games to win the regional championship. The setting was complete, the final showdown against Rock Springs.

When it was all over, Rock Springs had won by two points, 52-50 in a thrilling championship game that still won the hearts and admiration for an East team even in defeat. Trailing by 11 points in the final quarter, the T-Birds never gave up, or relented from the same attacking style of play that carried them to 21 victories. The T-Birds fell one hurdle short, but not before finishing A SEASON TO BE REMEMBERED . . . THE GREATEST IN EAST HIGH HISTORY . . . THE SEASON OF '76.

# Go For It B.B. Team



Above left: Tim Hanlon's versatility inside and out, played a big roll in East High's record breaking season. Above right: with ten seconds left and two points down, Coach Jack Bryant looks to the clock for a final inspiration.



All tournament team; bottom to top: Kevin Lepore, Guy Cameron, Bill Pulley, Gary Cameron, Ronnie Black, Tim Hanlon, Tom Shanor, Jesse Johnson, Scott Shriner, Dode Hammack.

# Ski Team forms, find way to State!



Ski Team was officially recognized for the first time this year as a varsity sport. Although few arrangements were made for competition or practice, many hours of work out were put in running stairs, lifting weights, etc.

A group of ten athletes went to the state meet. Although this was the first competition for several, the team held its own. Dave Peterson, the single senior on the squad, and Dave Noel, the sole sophomore, both scored points in the slalom.

Next year looks very hopeful for the team. All of the kids are coming back, except for one senior. Our hopes are up for next season, and we hope we can bring home another State Championship to East High.

Top, left to right; Dave Peterson, Rich Shum, Jerry Meckem, Bill Scribner, Dave Noel, Eugene Morris, and Bob Noel. Bottom, left to right; Bob Forbis, Coach Sample, Mike Barnes, Kim Carlson.



T-Bird Wrestling  
 Team: Front Row, left  
 to right: Dave  
 Crockett, Chris  
 Calley, Ed McKee,  
 John Ramirez, Tom  
 White, Dave Trujillo,  
 Steve Tate. Back  
 Row: Chumpo Cor-  
 dova, Terry McLaine,  
 Rick Williams, Bill  
 Hicks, Gary  
 Christenson, Rocky  
 Carnes and Tom  
 Barks.

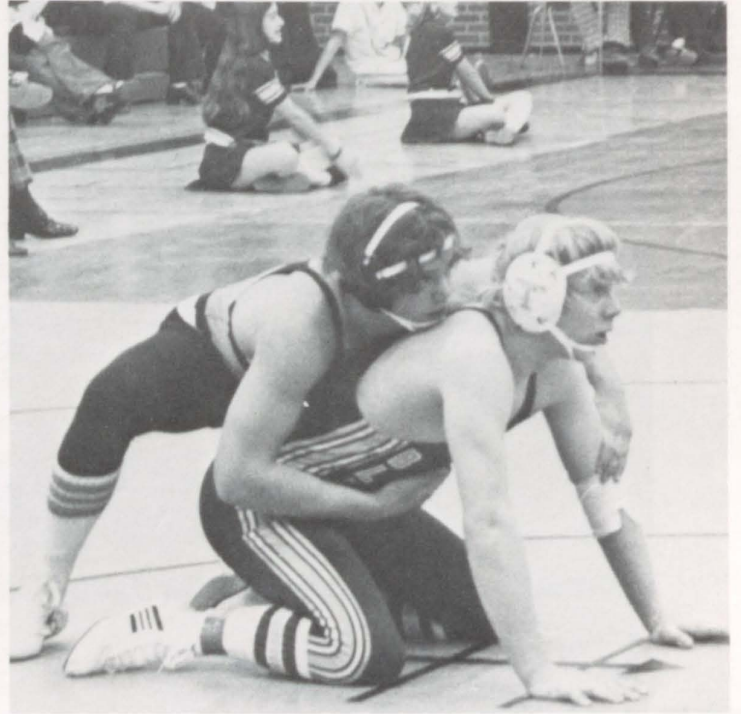


by capturing the 1st place title in the 119 lb. weight group. This marked the 3rd state title in Tom's career.

An unidentified T-Bird wrestler struggles to obtain a pin.

The teams 10th place finish, marked the end for a year that just didn't seem to fit together.



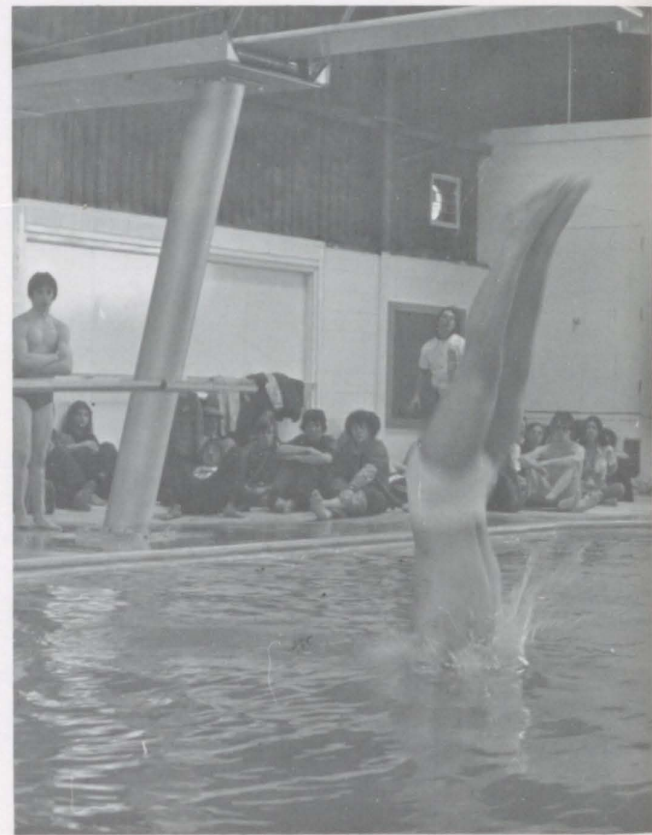
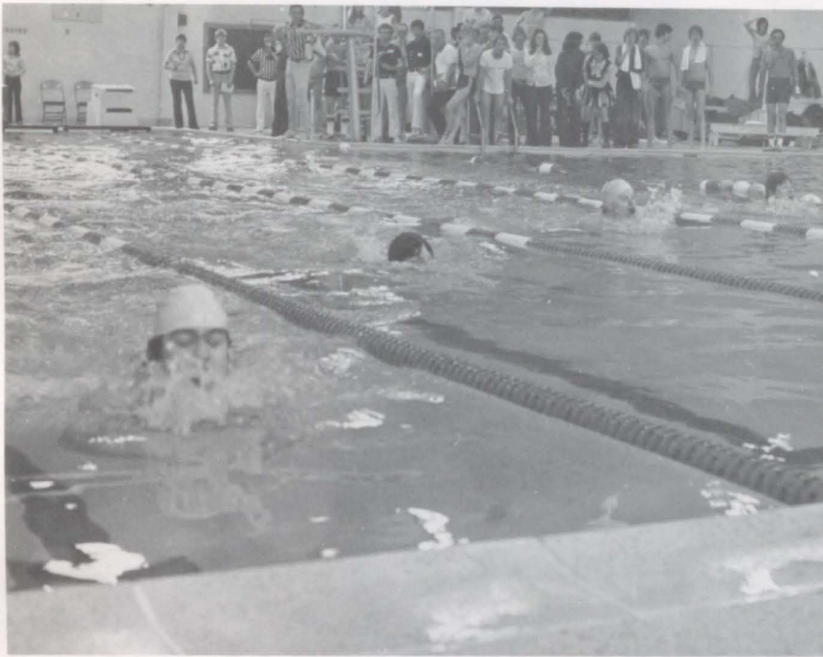


Above left: T-Bird wrestlers, Steve Tate and Ed Gifford relax after winning their matches. Above: Ready! T-Bird wrestler Steve Tate shows he is ready for the match to continue.



On the edge of fatigue, Tom Tate hopes the referee will see his opponents shoulder on the mat.

# When added to water

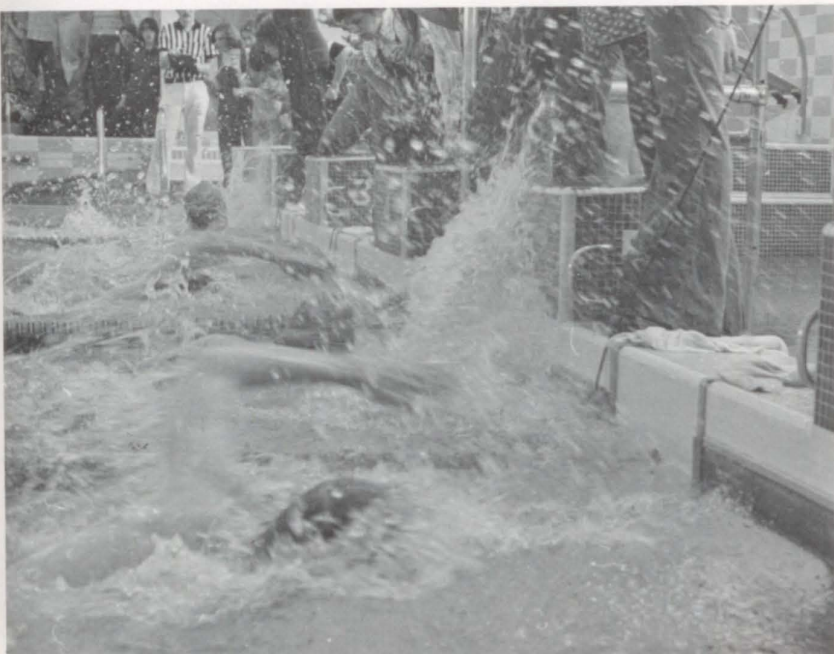
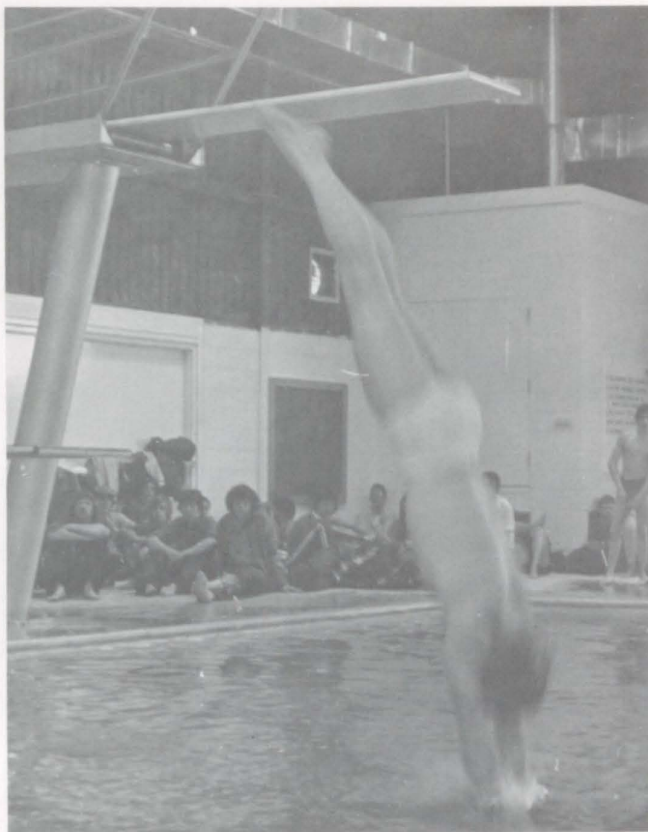
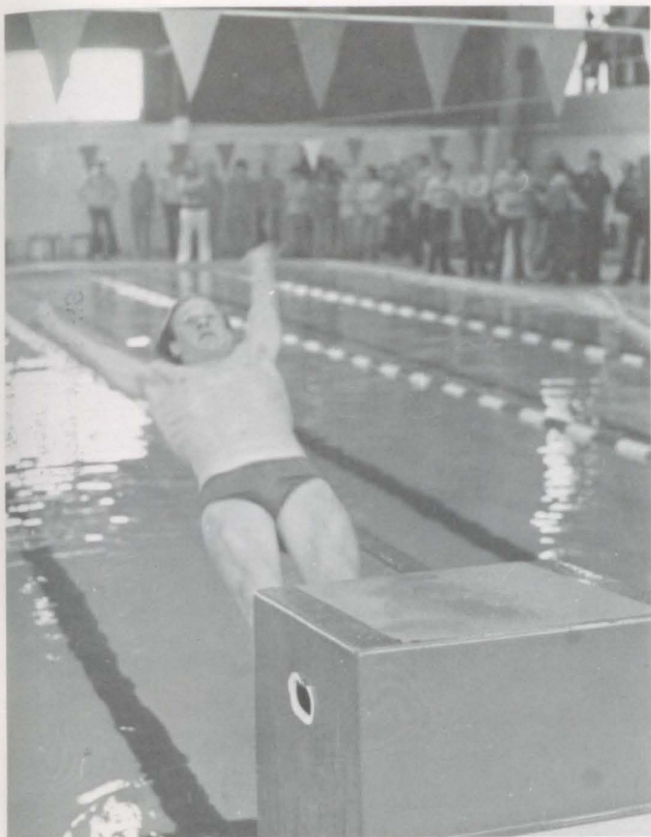


Standing left to right; Kurt Spackman, Coach Arciniega, Scott Loseke. Sitting; Joe Lee, Kraig Waegner, Tom Haynes, Tim Spires, Tim Reeves, Mike Heart, Nick Mizelle, Steve Simmons, Dale Boyer, Matt McIrwir, Tony Warburton, James Dyike, Ron Steege, Dale Cazier, Anthony Greigo, Ron Johnson, Shaw Sullivan, Mark Heyene, and George Carmon.

Bottom left; Stroking to a victory is Joe Lee. Bottom right; Tim Spires knifing his way through the water for a perfect dive.



will smoke.



"One of the best seasons ever for the East High School Swim Team," said Coach Arciniega. "The kids on the team left like winners, even though they had taken second at state. We didn't think we would be that close again, but the kids worked hard, causing their times to drop. We had a very good swimming schedule this year, including Colorado State Champs, Cherry Creek, and Westminster. I am very proud of the kids for a very successful year."

#### ALL STATE

100 yard medley relay - Scott Loseke, Joe Lee, George Carmon, Kraig Waegner. (1st)

200 IM - Joe Lee (3rd)

50 Free - Scott Loseke (2nd)

Diving - Tim Spires (1st) Kurt Spackman (2nd)

100 Free - Kraig Waegner (6th) Honorable Mention

500 Free - George Carmon (4th) Honorable Mention

100 yard backstroke - Scott Loseke (1st)

100 yard breaststroke - Joe Lee (1st)

400 Free Relay - Mike Heart, Mark Heyene, Tom Haynes, and Kraig Waegner. (2nd) Honorable Mention

There were only two state records set at the state meet this year, and they were done by Tim Spires in diving, and Joe Lee in 100 yard breaststroke.

Upper left; Scott Loseke, stretching hard off the start.  
Upper right; Kurt Spackman shows how it's done.  
Bottom left; Super finish by Scott Loseke in the 50 yard free.

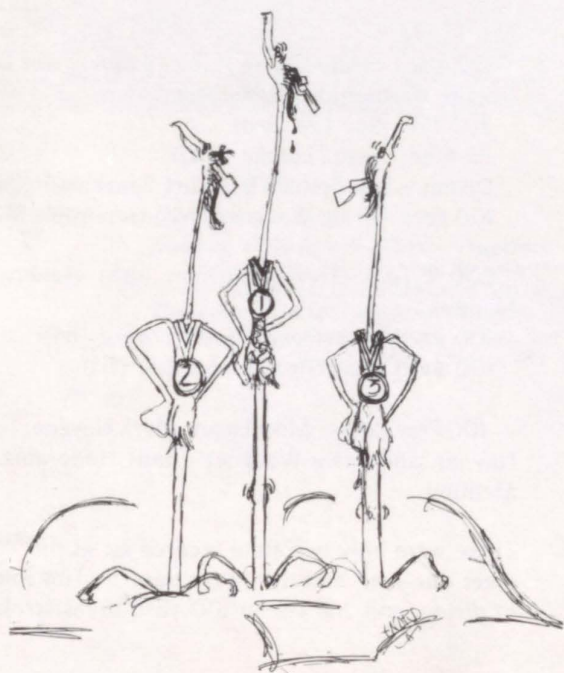
# Female Fish Finnish Third At State



Left to Right: Brenda Brown, Nancy Loseke, Kristi Wagner, Toni Heart, Rhonda Brown, Coach Fisher, Becky Keadle, Diving Coach, Bryan Cork, Vicki Budd, Robin Jackson, Jean Hickman, Kneeling: Laura Sears, Susie Ellis, Loretta Palmer, Brenda Warburton, Kym Rothwell, Lisa Noble, Stephanie Hollingsworth, Cindy Hollingsworth, Suzie Shanor, Sheila Rusk, Laura Lansing, Shelly Hollingsworth, Brenda Mayhew

"It was a very exciting year for the girls swim team. We worked hard, and it came out good for us in the end. Our times dropped more than we expected. The swimming schedule was one of the hardest we have ever had," said Miss Fisher. "We came out with a 9-2 dual meet record, and third at State. I am really proud of them."

200 yard Medley relay, 2nd Honorable mention Rhonda Brown, Laura Lansing, Suzie Shanor, Nancy Loseke. 200 Freestyle, 2nd All-State, Suzie Shanor. Diving, 3rd All-State, Jean Hickman, Honorable mention, Sue Ellis 6th. 100 Butterfly, 6th Honorable mention, Nancy Loseke, 500 yard Freestyle, 1st All-State, State Champ Loretta Palmer. 100 yard Backstroke, 4th Honorable mention, Laura Lansing. 5th Honorable mention, Robbin Jackson. 100 yard Breast Stroke, 3rd All-State, Suzie Shanor. 400 Free Relay, 4th Loretta Palmer, Brenda Brown, Kristi Wagner, Robbin Jackson.



# Girl Cagerettes Capture State Title In Debut Season.



T-Birdettes championship basketball team, pictured front row left to right: Barb Grunden, Kay Carson, Charlette Langaas, Annette Johnson, and Vicki Ogle. Back row: Pat Warner, Mary Cook, Wanda Webb, Linda McCouley, Robin Jackson and Kathy Bishop.

It was the first girls high school basketball team in the school's history. Some might have laughed when they came to play. But when the season was over everybody agreed "they came a long way baby" as the thunderettes wound up with the State Championship.

When one player didn't come through in the clutch, another one did as the East High Champs swept to 18 victories in 19 games, including a thrilling overtime win, 38-39 over Lander for the State title.

It wasn't easy getting to the finals first of all. It was one pressure cooker after another, as the T-Birdettes defeated Central, Kelly Walsh and Natrona in the regionals. The East High cagers then notched victories over Rawlins and Kelly Walsh in the finals before the overtime showdown with Lander.

The T-Birdettes had good team balance throughout the season led by Mary Cook, Pat Warner, Barb Grunden, Charlette Langas and Annette Johnson. All tournament honors went to senior Barb Grunden and sophomore Charlette Langaas. All State honors were awarded to senior Mary Cook and junior Pat Warner.



Junior Pat Warner jumps high for a T-Birdette tip off.

# Track team comes home number one

The East High Championship Track Team as follows, left to right, first row, Chuck Sanchez, Mitchell Davis, Jesse Johnson, Tom Shanor, Mike McLeod, Doug Pilch, Kevin Brown, Rich Bishop, John Davis. Back row, Ray Murphy, Steve Cousins, Chris Foy, Dan Boomhower, Brian Budd, Craig Pyle, Mike DeWyke, Joe Koritnik, Don How, Dwight Burke, Brian Kirk, Tom Carpenter, Kirk Foley, Rick Brundage, Frank Bricker, Mark Vanover.



All eyes are on sophomore Tom Barks as he winds up for a toss.



Senior Tom Shanor leaps over the 6'7" mark for a record setting jump.

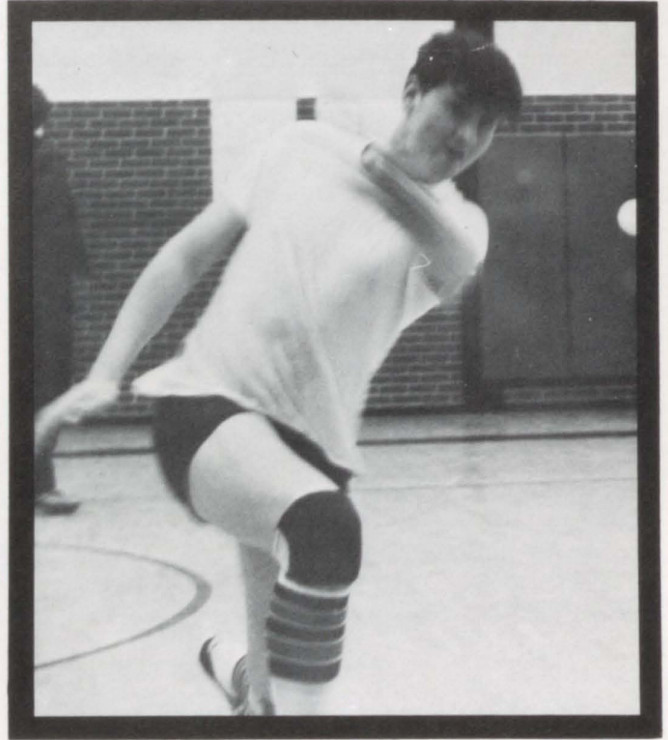
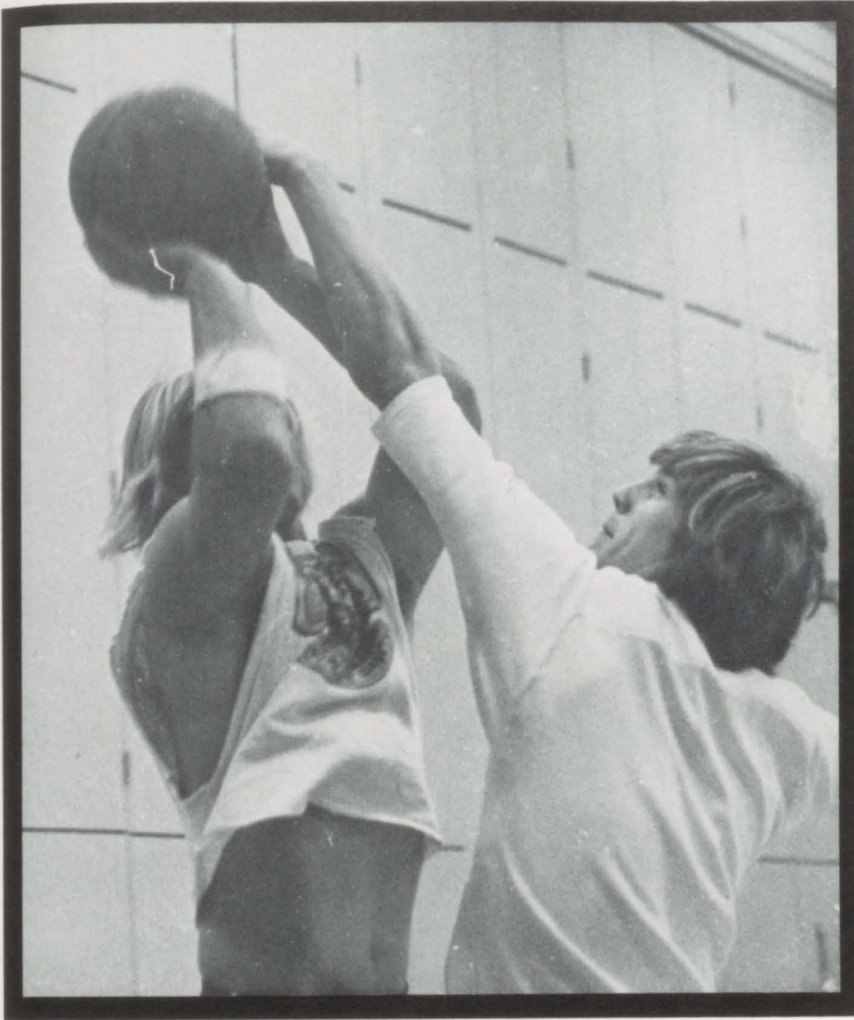
As predicted, 1976 was the year of the East High Track Team. Being exceptionally strong in every event, the T-Birds had no problem dominating the State Cinders. A few of the individuals who broke school record were: junior Dan Boomhower and seniors Jesse Johnson, Doug Pilch and Tom Shanor.

Jesse Johnson monopolized the trophy winners by corraling four firsts and a second during the two day meet in the 220 and 100 yard dash, the triple jump and was a member of the winning 880 yard relay. Also placing first were Tom Shanor, Rick Bishop, Doug Pilch and Dan Boomhower.

East had no problem proving their power as they captured the Class AA State Meet in Lander claiming ten of the 16 first places.

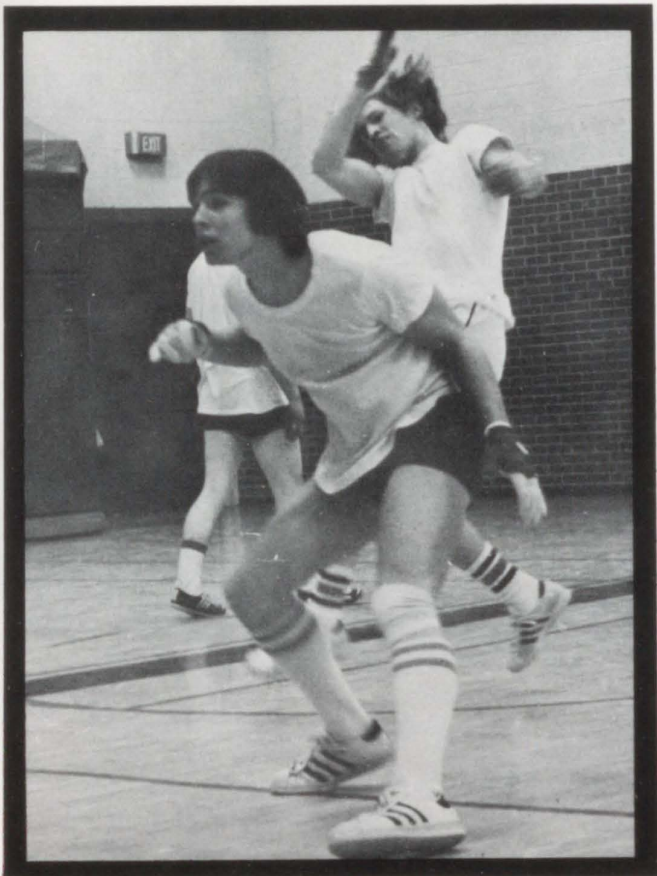
"We pretty well dominated the meet," said Coach Sprague. "It was another great team performance."

## Intramurals for 1975-76



The intramurals were a great success again this year. The youths were really interested in all of the sports offered this year. The new sport for the program this year was team handball.

Each year the intramural program has an all-around winner. Who, this year was John Davis. Congratulations to his outstanding effort. The program has been recognized as one of the best in the United States. All thanks go to Coach Rod Philips and the PE staff for a great and successful year.



# We respect people for what

The sophomores for this year were quite privileged to have officers as beautiful as these. They represented the sophomore class with their fine talents. From L. to R. L. Hansen V.P., S. Sallee Pres., and C. LaFave Tres.



Abeyta, Laurie  
Ackerson, Peggy  
Alragna, Mary  
Albert, Steve  
Alcon, Chris



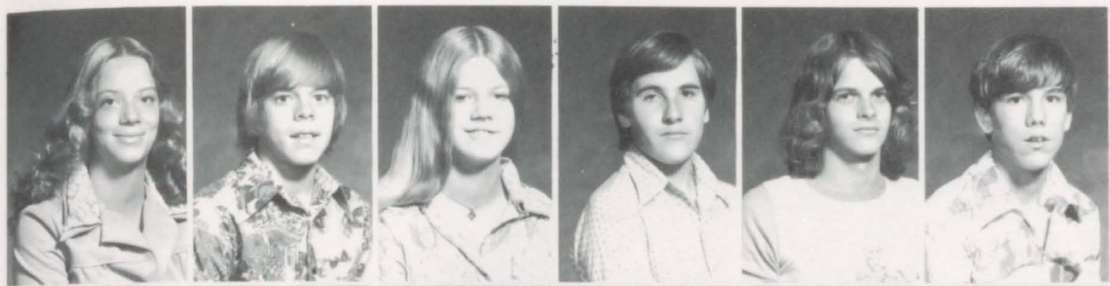
Aldrich, Adele  
Allen, Nancy  
Alles, Robert  
Anderson, Debbie  
Anderson, Kathy  
Anspauch, Lori



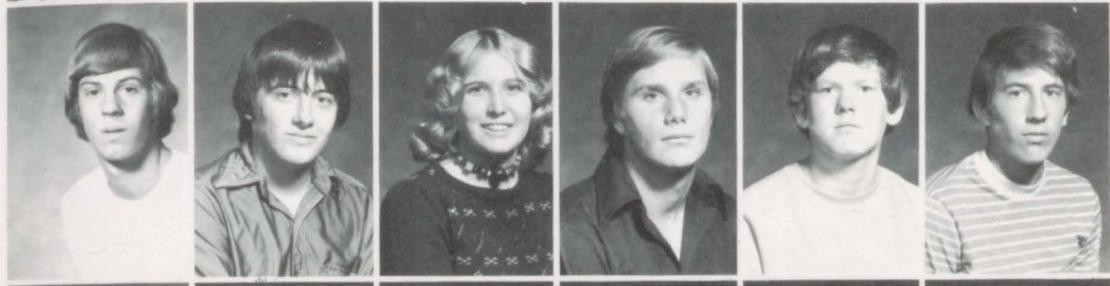
Archer, Pam  
Armour, Jan  
Asher, Robert  
Atkins, Bonny Dale  
Atkins, Geff



# They are and try to understand



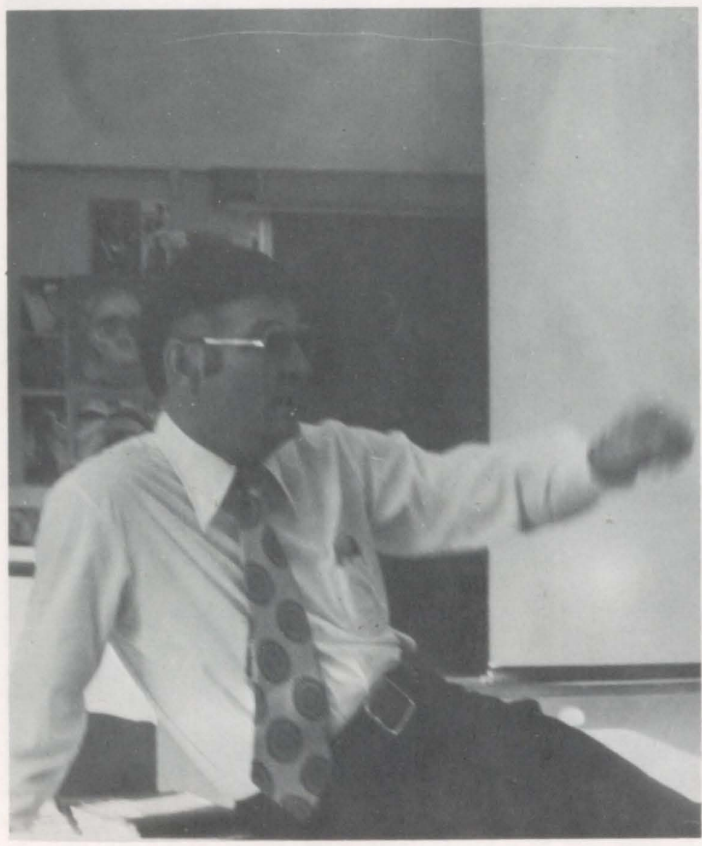
Aughe, Myra  
Austin, John  
Backman, Nanette  
Bagby, Danny  
Baker, Brett  
Balday, Richard



Baldwin, Craig  
Banta, Frank  
Bariola, Mary  
Barks, Tom  
Beardsley, Bill  
Bechtler, Mike



Beckman, Nannette  
Beckner, Doug  
Beedie, Scot  
Befus, Gerald  
Benson, David  
Benson, Scott



Berg, Steve  
Berray, Rita



Berry, Ty  
Berryman, Charlie



Birge, Steve  
Blair, Bobby

Mr. Bittinger certainly is hard to understand at times, but everyone tries their hardest.

# We seek independence

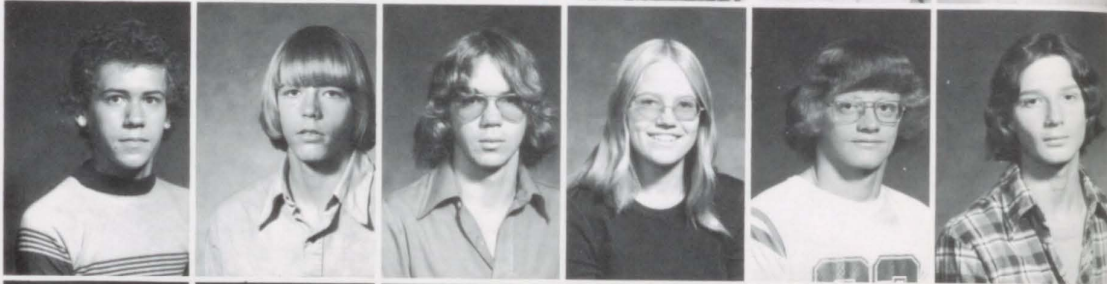
Bliss, Virgil  
Bonham, Peavy  
Borgaard, Kathy  
Bostron, Karen  
Bourret, Sue  
Bowden, Kevin



Bowen, Sandy  
Braden, Larry  
Braunschweig, Jeff  
Brenner, Jim  
Briwer, Frank  
Bridgewater, Cindy



Briggs, Mark  
Brittain, Rick  
Brown, Jeff  
Brundage, Charlene  
Budd, Brian  
Bumgarner, Frank



Bunn, Wendy  
Burke, Dwite  
Burns, Jim  
Byrnes, Tab  
Calaway, Patty  
Call, Keith



Carlberg, Donna  
Carpenter, Tom  
Carries, Karen  
Carter, Lorrie  
Carton, Neal  
Caton, Ron



Cazier, Dana  
Chaffin, Jim  
Chalstrom, Lisa  
Chatterton, Alan  
Chavez, Rose  
Christensen, Gary





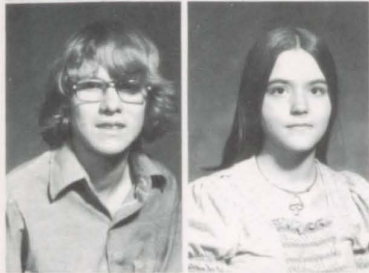
# Yet we long for guidance



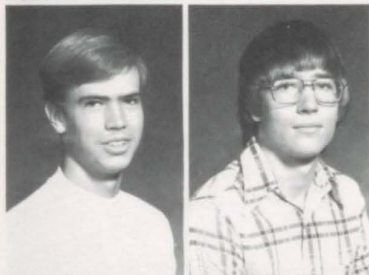
Christensen, Larry  
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 Clark, Pam  
 Clark, Phil  
 Clark, Sheila  
 Clark, Dana



Cole, Robert  
 Cole, Silas



Coleman, Martin  
 Collicott, Roxane



Collins, Cliff  
 Collins, Pat



Connelly, Gary  
 Conner, Dennis



Conroy, Kim  
 Cook, Mariann  
 Cook, Mary  
 Cooper, Jim  
 Cordova, Joe  
 Cornella, Mickie

Don Borden Hasn't pork gone up lately? Or is it out?

# We demand attention



"Use Dial Anti perspirant & you'll be as sure as Nick Mizelle."



Carso, Cher	Cote, Mike	Cowley, Chris	Craig, Mike
Crain, Sheila	Crawford, Stephanie	Crespin, Jackie	Crockett, Dan
Cross, Alton	Crosier, Tab	Crott, Byron	Cummings, Sherry
Cummingham, Terry	Cushatt, Terry	Cussins, Steve	Dalton, Melanie
Davis, Charlotte	Davis, Mike	Dehart, Vickie	Deherrera, Max

# and the right for privacy



Deines, Kevin  
Deham, Kathy  
Dingwall, Andy  
Ditzler, Mary  
Doling, Diana  
Douglas, Steve



Dowdy, Alan  
Droege, Nike  
Duncan, John  
Durmas, Nancy  
Dysart, Chris  
Dysart, Beverly



Easley, Joan  
EhernBerger, Larry  
Elbsecht, Richard  
Estrada, Cindy  
Evans, Deby  
Fails, LaRenda



Fancher, Jan  
Farmer, Greg  
Fenton, P. J.  
Ferguson, Gail  
Fisher, Eddie  
Fisher, Julie



Fisher, Karen  
Fisher, Mark  
Fisher, Wendy  
Fleenor, Jean  
Fleming, Carl  
Foley, Mary



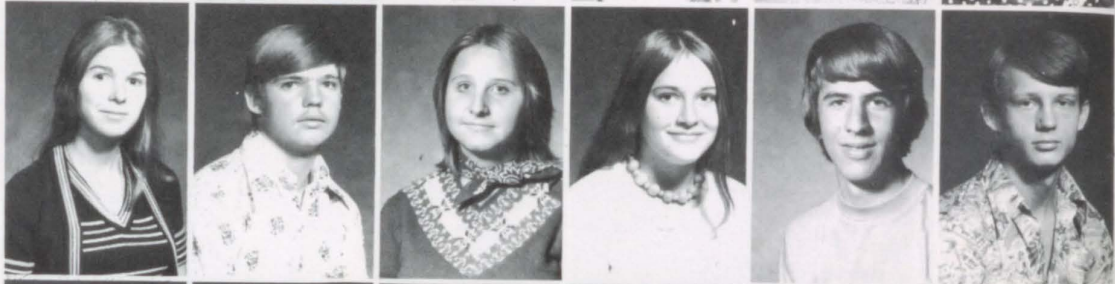
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Forrester, Linda  
Foster, Thersa  
Foust, Lori  
Foust, Mark  
Fox, Matthew

# We are outgrowing our fears and

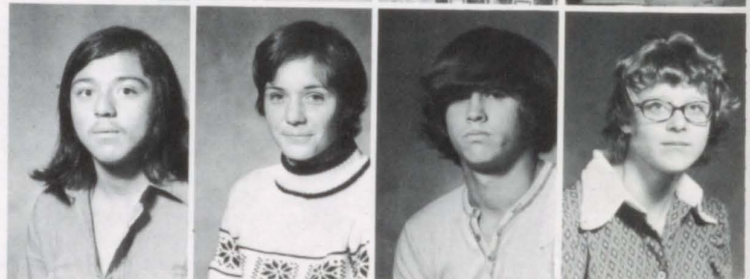
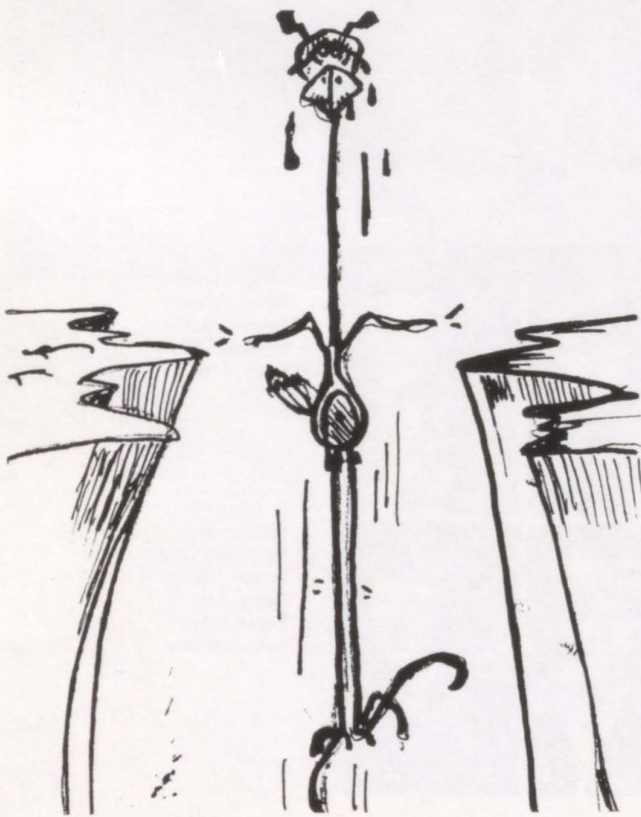
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Freeman, Bryce  
Freeman, Dave  
Fresquez, Brenda



Frye, Alice  
Frye, Ron  
Gallant, Vickie  
Garner, Linda  
Garton, Neal  
Gifford, Bill



Gilbert, Starla  
Gillespie, Malcolm  
Gilson, Cheryl  
Glandt, Jeff  
Glandt, Perriann  
Glantz, Dave



Gleason, Joyce  
Griego, Joe

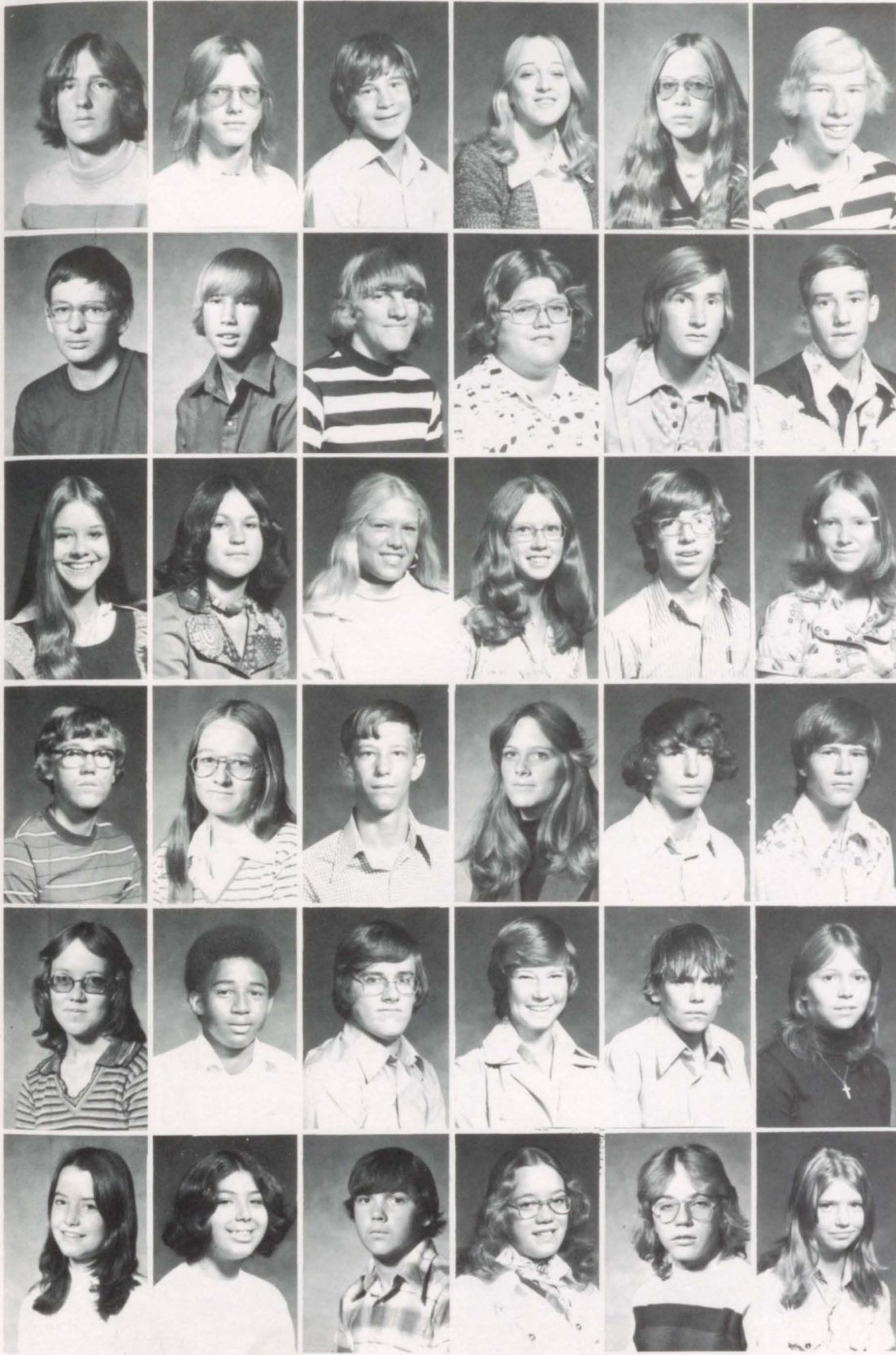
Gooden, Stephanie  
Grigsby, Sue

Gould, David  
Grimm, Ron

Gould, Janet  
Groesbeck, Suzanne

Art-work by Toni Nord

# Learning to live in the real world



Grott, Byron  
 Guill, Robert  
 Haak, Joe  
 Hagood, Venessa  
 Hale, Laura  
 Hall, Larry

Hallberg, Ken  
 Halter, Gary  
 Hammack, Doug  
 Hammer, Christy  
 Hankin, Dave  
 Hansen, Art

Hansen, Lisa  
 Hanshaw, Tammi  
 Harcourt, Lodica  
 Harnish, Cheryl  
 Harper, Scott  
 Harris, Stephanie

Hartman, David  
 Hayes, Kristie  
 Helmer, Bruce  
 Hettinger, Connie  
 Hicks, Bill  
 Higgins, John

Higgins, Kathy  
 Hill, Reginald  
 Hirsch, Richard  
 Hirsig, Sandy  
 Holmes, Rich  
 Hopwood, Helen

Humphrey, Melanie  
 Inniss, Desiree  
 Irish, Dan  
 James, Janice  
 Jechman, Eric  
 Jenkins, Diana

# To change what we are into what we

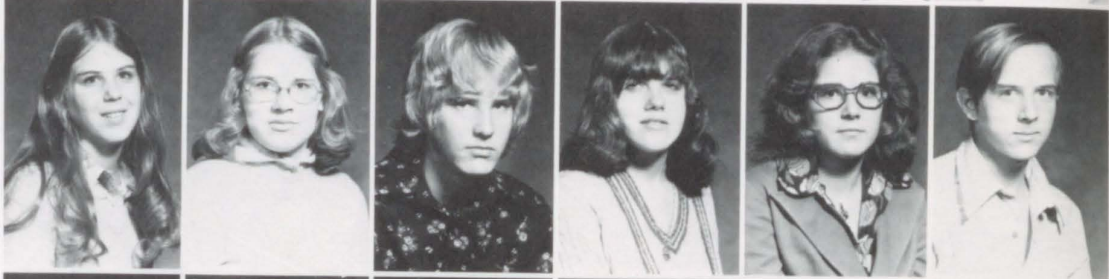
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Jewell, Jack  
Johns, Tim  
Chip  
Johnson, Darryl



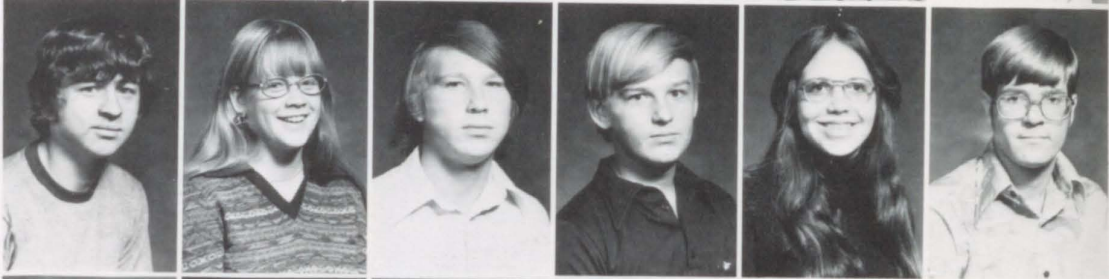
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Johnson, Kim  
Johnson, Val  
Jones, Rick



Kaberline, Jerrae  
Karklins, Ilze  
Kehl, Larry  
Kelly, Dennise  
Kelly, Renee  
Kesler, Terry



Kincaid, Charles  
Kirchner, Terri  
Kissell, Leroy  
Kjack, Neal  
Klier, Connie  
Kneale, James



Knox, Vickie  
Koehler, Sandy  
Koger, Tim  
Kowalak, Jeff  
Kroencke, Jane  
Krusich, Brenda



Kupec, Dee Dee  
LaBare, Rene  
Lacer, Jim  
Ladd, Steve  
LaFave, Diane  
Lamm, Cindy



# Want to be is an endless task



Lang, Dave  
Langaas, Charlotte  
Langerak, Tammy  
Langley, Jan  
Lara, Vicky  
Leal, Sonia



Lee, Joe  
Lee, Mark  
Leeper, Rose  
Legan, Manuel  
Legan, Mike  
LeGoff, John



Lesser, Kent  
Lewis, Kim



Lewis, Lynne  
Lewis, Mike



Lieske, James  
Lieske, Kathy  
Loghry, Randy  
Lorenz, Vickie  
Lund, Elaine  
Maddison, Scott



Maestas, Billy  
Maier, Nancy  
Makela, Judy  
Marros, Scott  
Martellaro, Mary  
Martin, Kelli

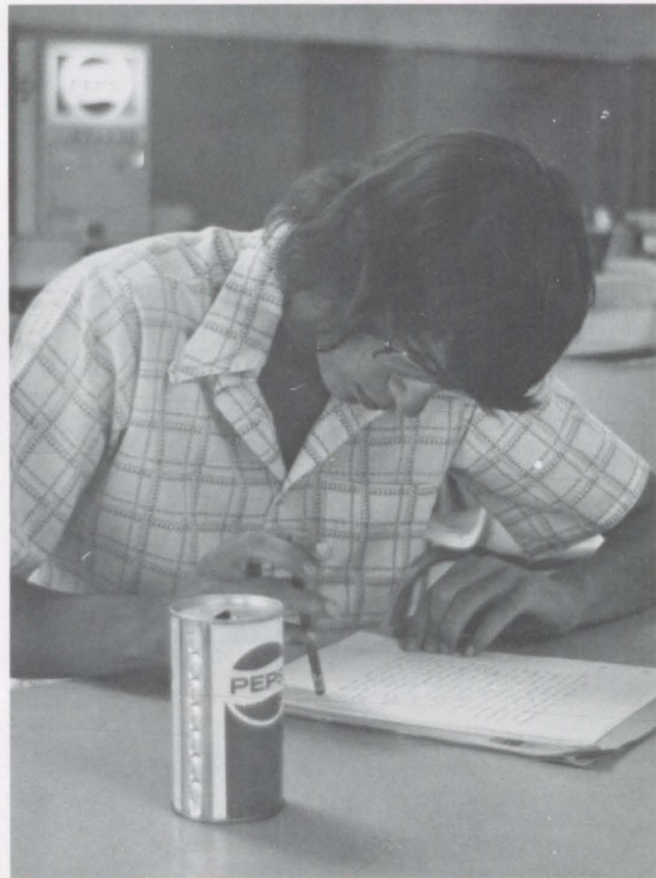
"You ain't nothing but a hound dog". . . Jon Latta

# We learn to live for others

Mason, Angela  
Mason, Molly  
Mauch, Herold  
Maurer, Troy  
May, Steve  
McCard, Becky



McClure, Patti  
McConahay, Jeannette



McCannaughey, John  
McCreary, Karen



McDaniel, Patty  
McGinnis, Kelly



McGowan, Mark  
McHenry, Sam



McIntyre, Cheryl  
McIrvin, Michelle  
McKee, Edward  
McLane, Terry  
McLaughlin, Stephanie  
McMechan, Cheryl



"I wrote it, now if I could only read it." Rick Brundage



# As well as for ourselves



McNamara, Georgine  
 Meedel, Vickie  
 Melvin, Pete  
 Memmer, Julie  
 Merklin, Boyd  
 Merrell, John



Merritt, Lori  
 Merritt, Tammy  
 Mill, Debbie  
 Miller, Barbara  
 Miner, Margaret  
 Mitchell, Lee



Moore, Tim  
 Morris, Mark  
 Morrow, Jeff  
 Mort, Mark  
 Mould, Melanie  
 Mulberry, Jackie



Mullikin, Dave  
 Murbach, Amy



Myers, Bonnie  
 Myers, Cindy



Myers, Karen  
 Myers, Vern

"This is Mr. Roy Troyer. I'm sorry, but our phones have been temporarily discontinued. Carol Evans

Defeat is just as

Myrick, Bret  
Myrick, Mary  
Neal, Melanie  
Nicholson, Debbie



Nicholson, Lee Ann  
Noble, Greg  
Noble, Kent  
Noel, Dave



Omadino, Lawrence  
Orla - Bukowski, John  
Ortega, Carol  
Osban, Russ



Osborne, Dean  
Osborn, Merri  
Osterman, LuJana  
Owsley, Linda  
Packer, Gary  
Padilla, Lori



Palmer, Cheri  
Palmer, Loretta  
Palmer, Ron  
Pappas, Valerie  
Parker, Ken  
Peck, Dale



Pelley, Jann  
Perea, Cammy  
Person, John  
Peterson, Rick  
Peverly, Becky  
Piester, Steve



NOT SO MUCH AS  
THE LESSON  
LEARNED



important as victory



Pindell, Royce



Pino, Brenda



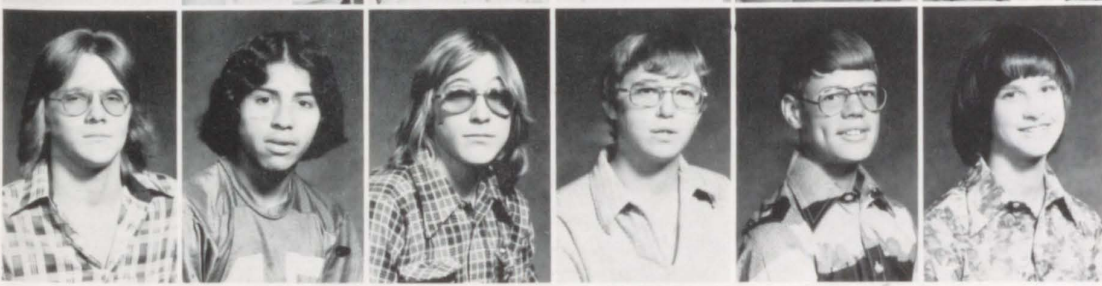
Pino, Dennis



Pixley, Tanny  
Pool, Delbert  
Porter, Sonny  
Poteet, Susan  
Poston, Don  
Praile, Lisa



Pregle, Judy  
Preston, Debra  
Pyle, Craig  
Quaranta, Stan  
Quintana, Alyce  
Rader, Jeff

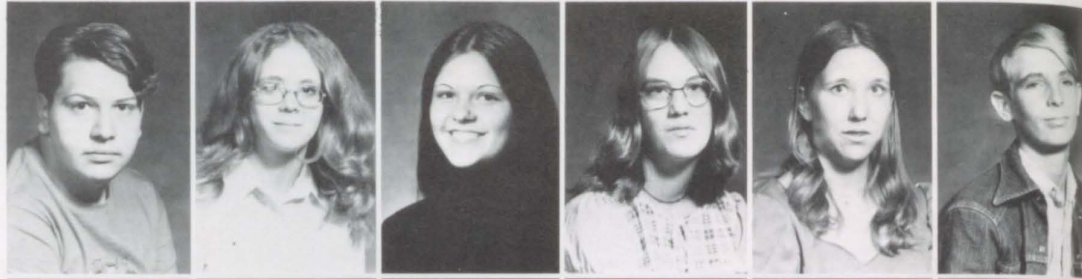


Raigich, Troy  
Ramirez, John  
Ramsey, Jim  
Rairk, Tim  
Rayment, Jeff  
Reckling, Lori

Art work by Paula Wilson

# We learn to trust ourselves

Reczek, Rick  
 Reece, Ann  
 Reeves, Debbie  
 Renvick, Kathy  
 Retherford, Barbara  
 Richmond, David



Roark, Karil  
 Rockley, Tim  
 Rogers, Karen  
 Rogers, Tyna  
 Rolfe, Mark  
 Romero, James



Rose, Dave  
 Rose, Sherri  
 Ross, Scott  
 Ross, Shawnda  
 Royer, Dave  
 Ruiz, Teresa



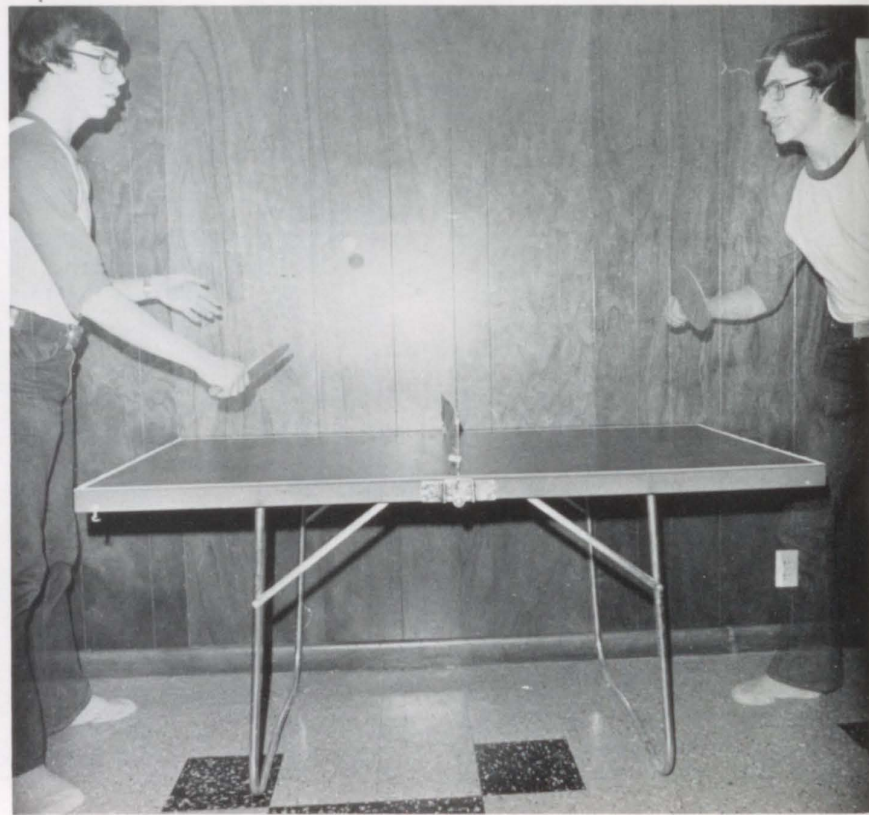
Runkle, Sheri



Russell, Lynn



Russi, Norman



"In competition like this, Steve Mockler doesn't stand a ghost of a chance."

# As a part of growing up



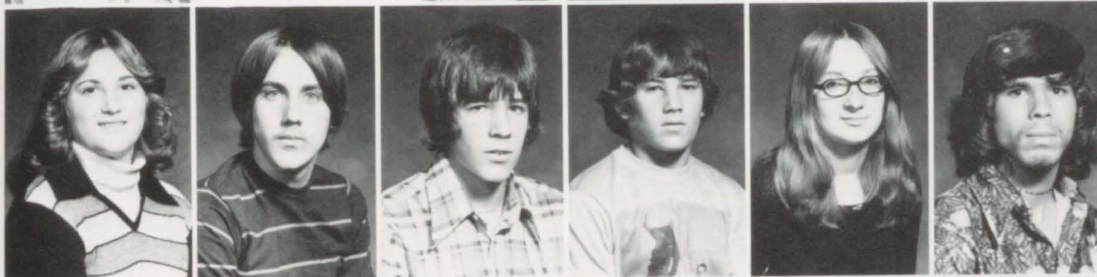
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Sancjez, Lance  
Saurer, Theresa  
Schafer, Ed  
Schamp, Chevon



Scheep, Dann  
Scherr, Beth  
Scheuneman, Margaret  
Schluter, Dorothy  
Schmeider, Mark  
Scholz, Karen



Schrank, Karen  
Schroeder, Brian  
Schutt, Dawn  
Scofield, Sandy  
Seawall, Cheryl  
Seckman, Eric



Selby, Holly  
Sellner, Rick  
Sharp, John  
Sheely, Todd  
Sheets, Donna  
Shelden, Joel



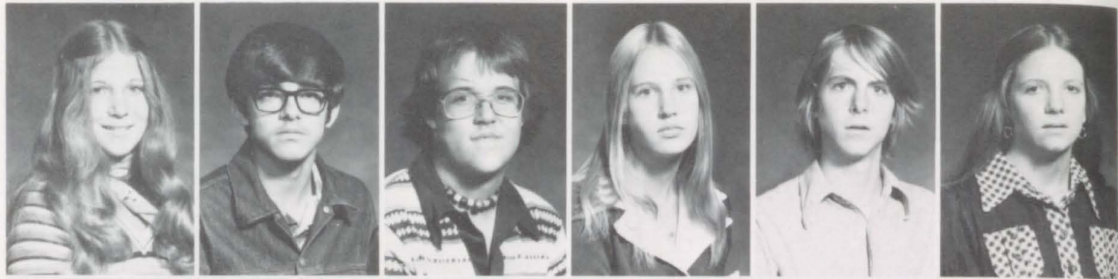
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Sherman, Kathy  
Sherman, Kim  
Shockley, Karen  
Sigler, Douglas  
Skinner, Carla



Slagle, Lori  
Slames, Mike  
Smith, Bryan  
Smith, John  
Smith, Lisa  
Smith, Ron

# We look ahead to tomorrow

Smith, Tracy  
Snow, Steve  
Snyder, Tim  
Solland, Debbie  
Speck, Andy  
Spencer, Kathy



Steele, Terri  
Steele, Carmen  
Stewart, Rod  
Stillahan, Jerry  
Stoddard, Toni  
Stoen, Becky



Strayer, Lerye  
Strickland, Bill  
Stubbs, Debbie  
Sturgell, John  
Sutherland, Sue  
Swallow, Mike



Swart, Lori  
Swan, Dwayne  
Tanner, Angie  
Taylor, Elaine  
Taylor, Eric  
Taylor, Kim



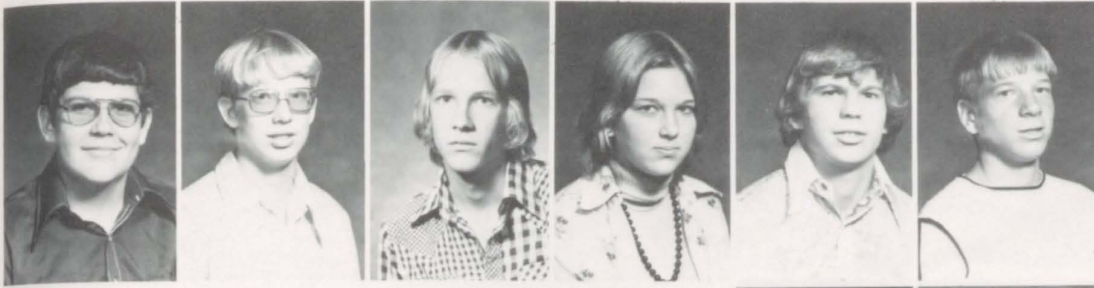
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Terlap, Toni  
Thompson, Alice  
Thompson, Jean  
Thompson, Jerry  
Todd, Tim



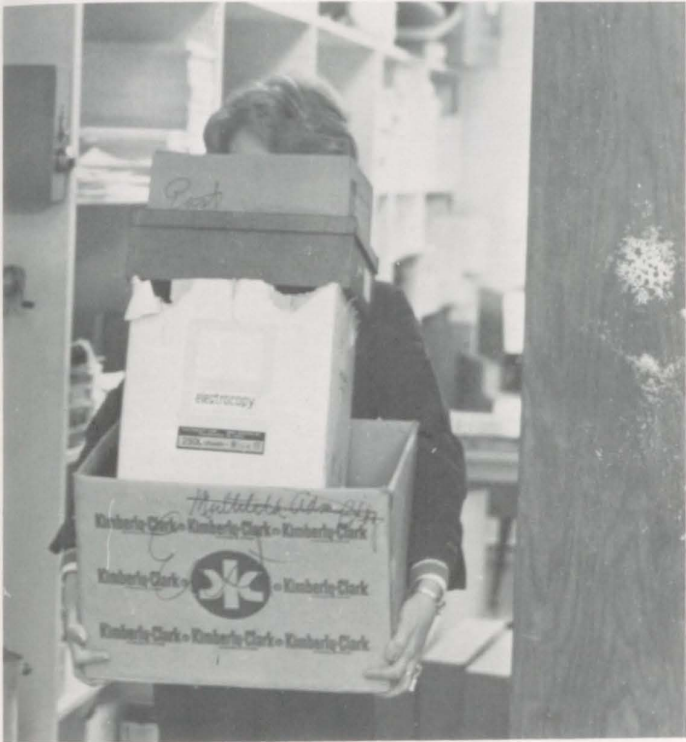
Thrasher, Linda  
Toon, Lowell  
Trammell, Don  
Treadway, Mary  
Trefren, David  
Trujillo, Dave



# Without fear of what may be ahead



Tuma, Clay  
 Van Horn, Jim  
 Vaughn, Scott  
 Vindich, Stephanie  
 Vossler, Bill  
 Vosler, Todd



Wadlow, Marty  
 Waegner, Kathy



Wagner, Craig  
 Wagner, Kary



Watcher, Paul  
 Walker, Kim



Walls, Rhonda  
 Walter, Valerie  
 Ward, Creg  
 Ward, Jim  
 Ware, Mike  
 Warrington, Lori



Watkins, Sandy  
 Webber, Glenda  
 Webber, Ray  
 Wells, Paul  
 Wester, Colleen  
 Westphall, Judy

"Put your best foot forward." Debbie Hinds

# Stopping only briefly

White, Wesley  
Whitman, Vickie



Wielang, Carol  
Willard, Rod



Williams, Arlene  
Williams, Donja



Williams, Jayne  
Williams, Sonja



Willis, Karen  
Wilson, Gloria  
Wilson, Jeff  
Wilson, Robert  
Wilson, Tamie  
Wing, Stephanie



Winslow, Kathy  
Witters, Diane  
Willman, Vicky  
Wold, Becky  
Wood, Dusty  
Wood, Kelley



"Stop, look, and Realize!"



To consider the obstacles



Woodard, Steve  
Woodard, Jennie Jo  
Woodcock, Patty  
Youngman, Greg  
Zimmerman, Diane

Art Work By Paula Wilson



# Autographs

ATTENTION  
EAST HIGH STUDENTS 1976

We have no way of conveying how sorry we are about the Yearbook being so late. The 1976 Yearbook staff tried hard to put together a book we'd all be proud of. Unfortunately pages were lost and re-lost on route to the Publishing Company. We hope the 1975-76 Bi-Centennial Book will make up for the lost pages and inconvenience to you. Thanks for your patience and understanding.

SINCERELY,

Debbie Hinds  
Editor

## The Promise



Symphonic Ensemble, under the direction of Robert Reese, performed at the District Music Festival and the Christmas assembly, plus provided entertainment at parades, concerts and football and basketball games. When the Symphonic Ensemble and the Varsity band combined, they became the East High Marching Band. To get into Symphonic Ensemble, you have to try out with major scales and a selection of music.

East High's Varsity Band has been very busy this year with many different activities such as Festivals, band days, and the Sun Carnival in El Paso, Texas. The band has participated in marching competitions, local street parades, concerts, and at different sport activities.

Front Row, L. to R. - T. Ruiz, S. Hollingsworth, K. Miller, D. Reese, P. Baker, J. Pregal. Second Row- J. Gould, K. Sherman, J. Force, T. Stoddard, T. Austin, S. Crawford, N. Harrington, J. Kaberline, M. Gaunt, C. Hettinger, B. Wold, K. Woods, K. Winslow, K. Johnson, Director Mr. Reese. Third Row- W. Bunn, A. Murbauch, S. Wing, T. Kirchner, J. Gonzalas, C. Hammer, S. Cousins, E. Claypool, C. Campbell, L. Smith, S. Harter, D. Zimmerman, G. Hoy, D. Rhodes. Fourth Row- S. Grigsby, B. Atkins, D. Cazier, L. Frazell, M. Neal, T. Accardo, B. Stugart, J. Crumm, L. Sherry, S. Palmer, K. Wagner, B. Reed, C. Miller, K. Hettinger, S. Bowen, C. Condos. Fifth Row- L. Hovey, L. Rickard, R. Willard, J. Lane, J. Fleenor, S. Groesbeck, S. Potete, B. Woods, D. Nieland, N. Garton, P. Osterman, S. McGloghlin, B. Scheer, T. Kroger, L. Steele. Sixth Row- R. Gould, J. Ramirez, D. Freeman, K. Fincher, B. Hettinger, T. Merritt, K. Taylor, J. Johnson, G. Carmon, P. Walker, G. Lilimone, J. Latta, G. Farmer, P. Wells, E. Secman. Seventh Row- J. Barunshweig, R. Brown, R. Rothwell, K. Sullivan, D. Walker, J. Vankirk, P. Shupe. Eighth Row- T. Cushat, S. Harper, G. Dingwall, T. Scherr, P. Smith. Ninth Row- J. Wilson, B. Philpot, D. Ritts, T. Vanover, S. Loseke, R. Hoffer, L. Grigsby.

## The world is full of people

With activities ranging from assemblies, visits to Central and banquets, the AFS club was kept busy last year. AFS introduces East High students to exchange students from all over the world, and also helped members of the club go overseas and live with foreign families. The club assists the adult AFS club house exchange students that visit the Cheyenne area. Money making projects were a big thing in the club; since they were trying to raise money to send East High School students to foreign countries.



Row one: Leslie Gallion, Ruben Cordova, Toban Hutchins, Sandy Goodman, Mrs. Reed. Row two: Mr. McIlvain, Don Howe, Frances Fosdick, Bret Benson, Julie Meritt, Andy Dingwall.

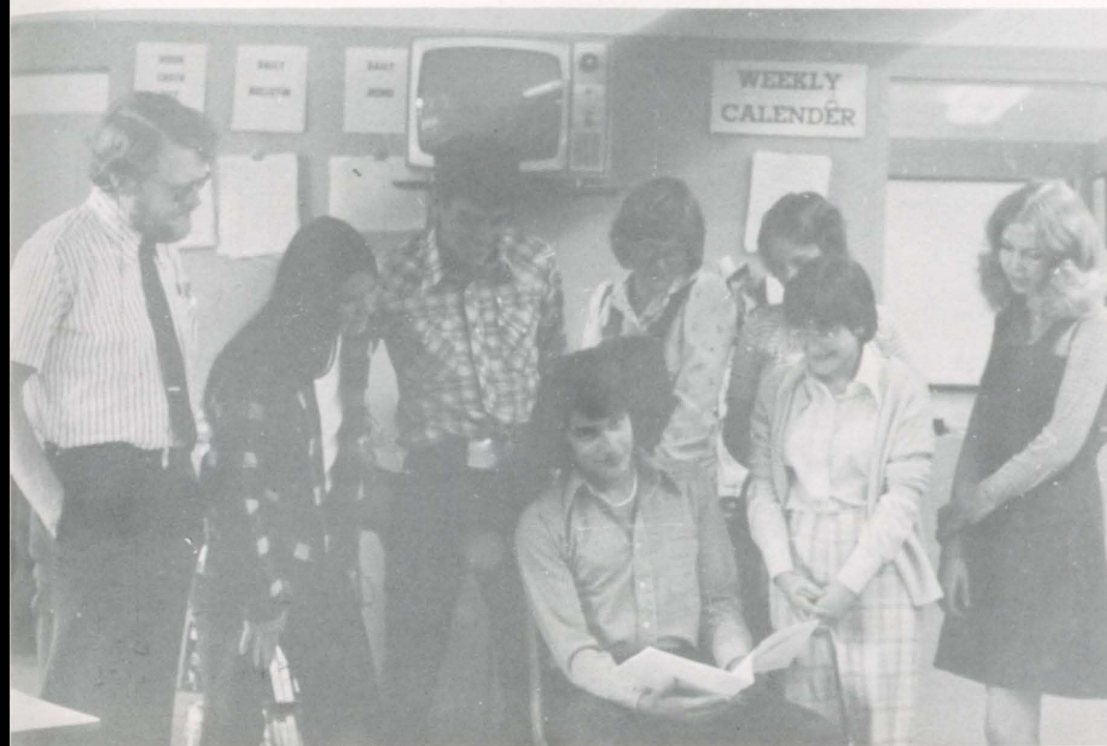
Art Club drew closer to their potential development last year. The active members learned to fully understand their cultural surroundings through this club. Under the supervision of Mr. Beeman, the club offered to print and design T-shirts and posters for East High and the community.

Last year turned out to be a very colorful and original year for East High's talented artists.



Left to right: Myra Aughe, Kathy Joerschke, Libby Joerschke, Fred Harman, Mr. Beeman.

## Some are trying to lend a hand



Many of the students of East High have stories to share and are able to do this through the Creative Writing Club. This club has been in existence since 1965, under the supervision of Mr. Don Stoen.

(KEEP ON WRITING)

Pictured left to right; Mr. Stoen, Joline Parsonault, Ted Hanlon, Ruben Cordova, Teresa Coulson, Cindy Hodge, Sue Pascarelli, and Debbie Smith.



Since 1960 National Honor Society at East High has recognized the students who reveal leadership, scholarship, service, and character. Last years membership totaled 51 and was sponsored by Miss Burrows.

Pictured, first row, left to right; Pam Baker, Susie Dawson, Brenda Herman, Keri Borgaard, Debi Lucas, Lori Lorenz, Leona Vondy, Penelope Purde. Second row, Les Brown, Gilbert Salazar, Cathy Smith, Myra Costopolous, Gina Hoy, Kandy Holmes, Glenn Gilpin, Mike McLeod, Evan Dowdy, Robert Wilson, Ruthie

Zolonoski, Kim Miller, Sandy Holmes. Third row, Jean Hickman, Julie Norris, Susan Fritchel, Linda Sherry, Diane Terell, Brian Woods, Larry Roberts, Fourth row, Rhonda Brown, Mike Korber, Mike Roberson, Guy Cameron, Cindy Nicholas, Paul Noble, Steve Gleason, Mike Hartmon.

## To help us learn to recognize

The East High Stage Band, more commonly known as the "Blue Notes" have been in existence since East opened. They performed at concerts, public events and school assemblies, Wyoming Stage Band Festival, District Music Festival and an out of town tour. Their purpose is to study and perform jazz, rock and blues music.

Pictured, first row, left to right; Diane Terrell, Helen Rice, Sheryl Stugert, Greg Dingwall. Second row; Mark Wilkinson, Cheryl Rydquist, Evan Dowdy, Todd Vanover, Nick Mizelle, Kim Miller, Dave Nieland, Paul Smith, Lee Grigsby. Third row; Bryan Woods, Rick Rothwell, Jon Latta, Kirk Sullivan, Dave Walcker.



Pictured, first row, left to right; Tammy Hanshew, Ressa Kemper, Jayne Williams, Molly Dixon, Tracey Cowley, Marli Cronberg, Jennifer Everett, Dana Beach, Nancy Duncan, Terri Steege. Second row; Linda Owsely, Molly Mason, Nanette Backmen, Vickie Gallan, Debbie Anderson, Gina Hoy, Connie Hettinger, Clare Kaberline, Brenda Warburton, Sherri Rose, Kym Rothwell, Cindy Stoen, Mary Bariola, Patty Callaway, Debbi Miel, Vicki Karstoff, Karen Schulty. Third row; Debbie Anderson, Janie Hertzler, George Lamm, Cindy Zeeman, Sue Marsh, Cindy Hollingsworth, Sandy Sallee, Pam Clark, Wendy Fisher, Becky Stoen, Janice James, Vicki Budd, Janet Keenan. Not pictured: Kitty Cook.

Birdwatchers made a splashing success within seconds, smoothing out the rough waters for East High's swimmers with their exact time that they completed their laps in. The East High Birdwatchers are not only famous at East High, but also with the Wyoming High School Swimming Champions and with the Cheyenne Swim Club who both acquired the assistance of our little "Tweedy Birds". Thanks to Coach Arcinega. We can expect the year ahead to surely be another tick of a year for the East High Birdwatchers.

# So we can understand



East High's school spirit last year was East Wings, sponsored by Mrs. Russell. East Wings is one of the more popular clubs among the girls.

Last year East Wings had a growing membership of 60 girls. The girls put out a lot of enthusiasm and promoted school spirit.

Among their activities last year, the club sponsored bus trips for out of town games and also sponsored several fun filled dances for the student body.



E Club's main purpose is to honor all athletes who have received a varsity letter award. They have been in existence since 1960. Last year their main accomplishments were purchasing a Naulitus weight machine and a 16mm camera. They ran the athletic concessions, sold T-shirts, and athletic gear.

Pictured, first row, Terri Steege, Sherri Rose, Kym Rothwell, Sandy Sallee, Teri Wade, Janet Keenan, Brenda Royal. Second row, Sue Pascarelli, Julie Norris, Sandy Holmes, Karen Thompson, April Oberg, Molly Dixon, Nancy Allen, Jayne Williams, Joyce Gleason, Becky Stoen, Wendy Fisher, Janice James, Nanette Backman, Vicki Budd, Sonia Leal, Jean Moody, Kandy Holmes, Sandy Husmann, Laurie Birleffi, Bobbi Tsumigari, Myra Costopolus. Third row, Vicki Karstoff, Rise Kemper, Sue Bourrett, Vicki Gallant, Nancy Duncan, Pam Clark, Sandy Hirsig, Toni Nord, Lauren Leff. Not pictured: Kitty Cook, Cheryl Bouback.

Pictured, left to right, Doug Pilch, Bill Hicks, Ed Gifford, Jim Irwin, Howard Smith, Lee Grigsby, Rich Schum, Dave Trijuillo, Rich Brundage. Second row, Greg Tate, Ron Chavez, Jim Decklever, Cindy Hollingsworth, Mike Roberson, Steve Tate, Steve Thompson, Jesse Johnson, Mike Rulon, Joe Lee, Dan Boomhower, Eugene Morris, John Davis, Mike Barnes, Terry Meklan, Kevin Hahn. Third row, Don Howe, Kay Carson, Robin Jackson, Shelly Hollingsworth, Brenda Warburton, Larry Christenson, Doug Sigler, Tom Barks, Bob Forbis, John Bailing, Mark Heyne, Mike Curyea.

## That life holds many secrets

The flag team really added a lot to performances on the football field and on the basketball court. They have been in existence for two years and perform marching routines with the band. They act as a band auxiliary service unit and greatly added a lot of color to the show.

The captains for the 1975-76 school year were Cindy Clark and Wanda Watkins.

Gayle Braunschwig, Denise Hubka, Valier Germehl, Sharon Schokley, Wanda Watkins, Karen Martin, Cindy Clark, Denise Johnson, Jackie Gonsior, Sherrie Lawson, Roxie Pace



The East High DECA program has been in existence since 1965 and has been involved in many activities since. They were in charge of our local munch center known as "Hole in the Wall," and also head of their own radio show, entitled "Flashback and D.E. Kids." Mr. Williams served as the sponsor for the 76-76 year.

Pictured, first row, left to right, Charlie Velasquez, Renee Sampson, Second row, Charles Yother, Victor Shaffer, Anna Rameriz, Kathy Carrier, Chere Croy, Izabella Orla-Bukowski, Bonnie Christie, Debi Hoskins, Lori McKee, Mike Nidelkoff, Tom Montoya, Fred Harmon, Doug Friesen. Third row, Debbie Bedlan, Suzie Roybal, Danny La Combe, Debbie Fogg, Tammy Renteria, Debbie Garner, Helen Martinez.



# That stand before our doors



Looking for an interesting group to get involved with? Future Farmers of America is the club for you. FFA is a hard working club with a good cause, working with improving livestock project participation, increased leadership opportunities and responsibilities, and becoming more proficient in farm management. Thanks to Mr. Cotton, Mr. Parkins and Mr. Chistenson for a great T-Bird Club.

First row: Randy Epler, Mark Best, Dave Trostle, Jim Arnold, Marvin Call, Dan Schep, Danna Clark. Row two: Marc Bonham, Randy Myers, Brenda Royal, Cece LaFave, Ty Berry, Rondy Cowen. Row three: Barb Gay, Mary Jones, Becky Peeverly, Melli Nell, Denise Fogg, Kathy Taylor, Kim Koreknik, Cindi McGinnis, Kay Perry, Barb Edmunds, Larry Rauk, Virgil Bliss, Dana Brewer, Kay Moyer, Keith McCoy, Judy Fanning, Royal Lowe, Steve Birge, Doug Meritt, Peavy Bonham, Shirley Holmes, Jackie Setbackem, Chris Alford, Val Vosler. Row four: Rita Holmes, Scott Epler, Ron Fry, Don Phelps, Tammie Sutherland, Sandy Johnson, Julie Wilson, Willy Kushel.



Promoting self-improvement through various home, school, and community projects, FHA has worked in the Home Ec curriculum. The Future Homemakers of America at East High have been busy throughout the year helping various clubs and organizations such as helping with the DECA Chili Supper, Parents Night Out, and sewed emblems on East identification Jackets. This was a promising year for FHA and next year will surely do as well or better with a sponsor like Miss Keller.

Row one: Carol Weiland, Leona Vondy, Vickie Cranmore, Miss Keller. Row two: Amy Zobell, Cathy Smith, Renee Warrington, Brenda Herman, Cheryl Miller, Kathy Borgaard, Joyce Gonzalas, Terri Palmer, Myra Gaunt, Molly Strickland, Leslie Teakle, Marla Rickettes, Sandy McIlvain. Row three: Vickie Ogle, Karen Willis, Sherri Runkle, Carol Montgomery, Karen Griess, Robin Owens, Lynn Hershke, Angie Allen, Pam Mullanix, Linda Rickardt.

## Admit the ones you're hiding now

One of the busiest clubs at East High last year had to be French Club. French Club members attended Casper College's Language Festival, entered a float in the Homecoming parade and won 1st prize, sat in on French classes at the University of Northern Colorado, and attended a French movie at the University of Wyoming during French week. There was a membership of 25 students, with Mrs. O'Toole serving as the club's sponsor.



Pictured, first row; Vicki Baldauf, Deidee Kupec, Debbie Garner, Sandy Goodman. Second row; John Davis, Francis Fosdick, Sue Miller, Tim Reeves, Kay Sahler, Lori Reckling, Nannette Backman, Margaret Miner, Ilze Karklins, Kym Rothwell, Kraig Pyle, Teresa Foster.

FBLA members prepared to become aware of various businesses, business techniques, and to be active leaders in the business community. They were involved in school and community service projects and sponsored money-making projects to send representatives to Leadership Conferences. The members' typing skills came in handy when members have helped teachers and other clubs type up important material. There were about 40 active members last year with Mrs. Ferrari and Mrs. Reed as hard working sponsors.



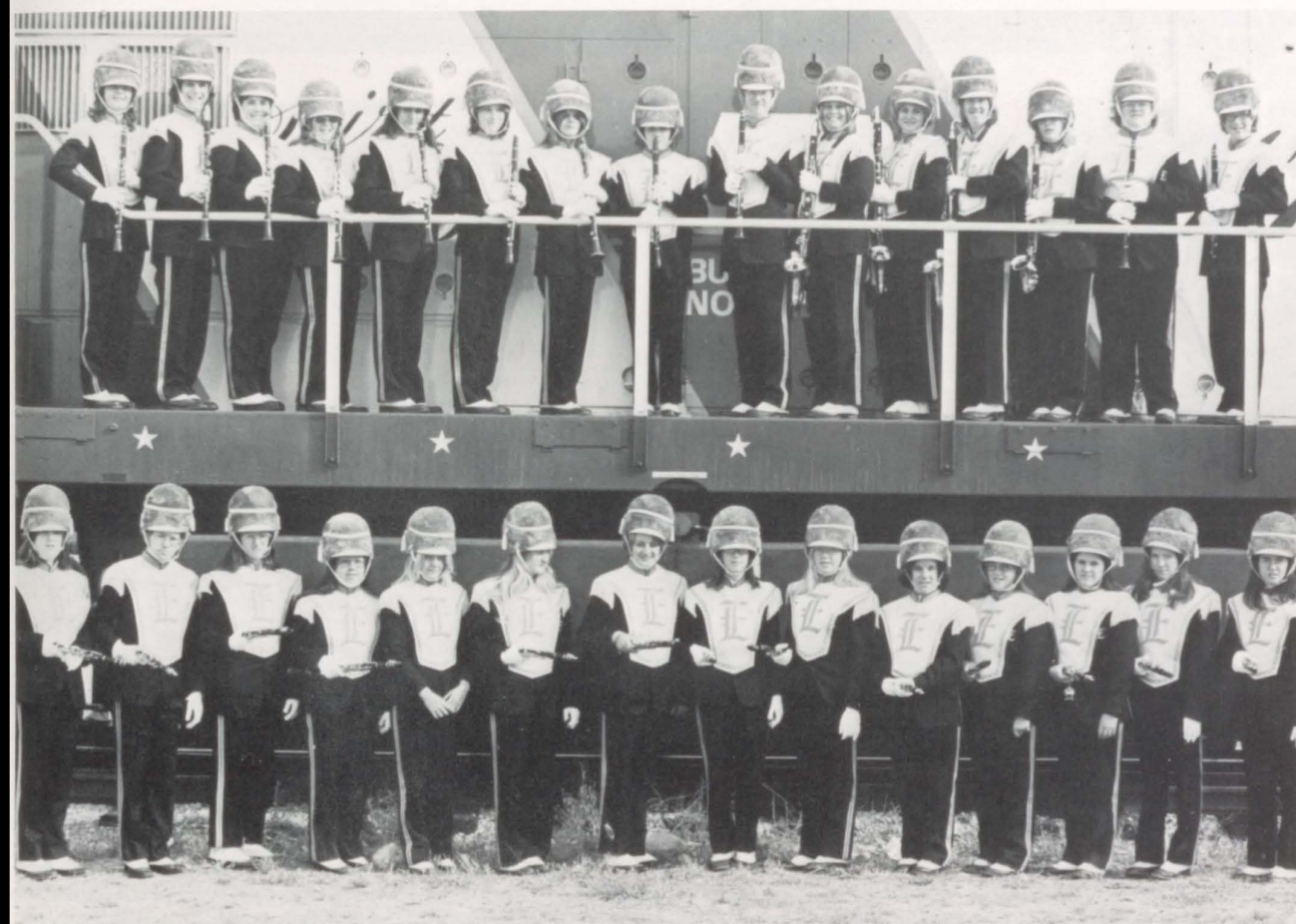
First row, left to right; Kathy Smith, Barbara Smith, Brenda Herman, Linda Sherry, Lynda Haak, Cris Conroy, Joyce Gonzalez. Second row; Dove Gurley, Jean Moody, Helen Rice, Terri Vannett, Mira Gaunt, Cathy Smith, Janet Husman, Kim Ray, Cheryl Miller, and Kathy Remster. Not pictured-Deb Hinds and Kellie Decklever.

## So you may know them now



One of the more universal clubs last year was the Hero Club. Hero Club has been in existence for 3 years now, and last year had a membership of 34 students. They catered for faculty advisory meetings and for various clubs and organizations throughout Cheyenne. Mrs. Weber was last year's sponsor for Hero Club.

Serving us well this year were the members of HERO Club. In the front row are Alicia Kohn, Vicky Dorsey, Moni Dorsey, Ella Newlin, Debby Johnson, and Tammy Baker. In the back row are Mrs. Weber, Carol Mares, Reggie Hill, Mike Hart, Cindy Dahlin, and Casey Hibbs.



There isn't much to say about the varsity band that almost any student at EHS couldn't tell. In the past year they were there any time their services were needed. Enthusiasm was the key that turned them on!

Photographed on board the Freedom Train at WAFB was the clarinet section, featuring in front, D. Terrell, T. Accardo, K. Hettinger, J. Crespen, M. Neal, L. Frazell, D. Cazier, S. Grigsby, S. Cousins, K. Wagner, S. Palmer, B. Reed, P. Osterman, and above, E. Claypool, R. Gould, L. Steel, J. Gonzales, J. Pregal, C. Miller, S. Bowen, D. Zimmerman, L. Smith, S. Wing, L. Circhner, K. Condos, B. Davis, and C. Camel.

## Twelve vibrations long ago

GAA, which has been in existence for ten years, has developed a wholesome program of games and sports for girls. All girls must be a member of GAA in order to participate in varsity athletics. There were approximately 100 girls that were active in the club.

Throughout the program the girls developed a feeling of friendship, fellowship, and good sportsmanship, not only within themselves, but others as well. GAA sponsored "Parents Night Out" in which the parents could come to the school and play volleyball and basketball with their girls and enjoy refreshments afterwards. The club is sponsored by Pat Moore.



Row 1 L-R; Jan Langly, Loretta Palmer, Elaine Lund, Luana Osterman, Lori Lorenz, Toban Huchins, Dawn Shutt. Row 2; Lori Stewart, Julie Bryant, Vicki Karstoff, Kim Rothwell, Annette Johnson, Charlette Languas, Mary Ann Cook, Joan Easley

Over half of the members in German Club enjoy culture outside of the class room. The club stimulates speaking of the language and skiing ability (this is a favorite pastime of the German people).

Members participate in bake sales and the making of fantastic floats, which unfortunately never made honors. The club still has a strong existence of 9 years with a membership of around 40.

This summer approximately 10 members are planning a 28 day trip to Europe.



Pictured, first row, left to right; Brett Leeper, Ray Martin, Roxanne Drogee, Kellie Asbury, Vicky Wittman, Amy Murbach, Larry Rauk, Cindy Hollingsworth, Beth Lamberson, Mike Korber, Dave Walker, Terri Kurchner, Sandy Scofield. Second row, Jayne Mockler, Dan Trammle, Gil Salazar, Terri Walker. Third row, Ralph Palacios, Jerry Mecken, Susan Fritchel, Debbie Smith, Bill Scribner, Wendy Bunn, Jeanne Osborn, Chris Wester, Joe Koritnick, Starla Gilbert, Julie Memmer, Lisa Charlstrom, Mary Cook.

# Are the cause of me and mine



Sophomore Choir's basic emphasis last year was on vocal production. The choir provided East's sophomores the essential challenge needed to provide them with a rewarding new high school experience and to establish a stronger foundation for later musical experiences.

Front Row, L to R- S. Harris, K. McGinnis, A. Thompson, B. Stoen, S. Sallee, R. Kemper, M. Bariola, E. Lund, K. Wagner, R. Morgan, J. Bleason, M. McIrvine, J. Fantcher, D. Evans, P. McDaniel, B. Fresques. Second Row- L. Osterman, D. Sheets, C. Harnish, C. Steele, L. Stewart, J. Langly, L. Prallie, L. Strayer, K. Jennings, A. Bourett, L. Hansen, M. Fox, M. Treadway, M. Osborn, L. Frasell, L. Harcourt, D. Cazier, A. Marbach, H. Hopwood, C. Hayes. Third Row- B. Shelly, V. Gallant, T. Hamilton, V. DeHart, K. Borggaard, J. Johnson, S. Gallegos, T. Johnson, R. Wegner, B. Hill, D. Burt, L. Hall, J. Chaffin, J. Jackson, M. Miner, K. Wagner, L. Reckling, D. Doling, E. Taylor, J. James, V. Walter, L. Chalstrom, Mr. Patton



Take twenty one lively voices, talented and ready to perform, add one energetic director, and you have East High's Contemporary Singers. The group did a great deal of arranging their own music, along with one student, Jan Hunton, who composed one of the songs herself. Thanks for representing East High so well last year, Contemporary Singers.

Row 1, left to right: Cheryl Rydquist, Leona Vondy, Sheri Lawson, Jan Hunton, Anita Harcourt, Mollie Strickland, Debbie Reese, Janie Hertzler, Rhonda Brown, Margie Hartigan, Keri Borggaard, Shellie Hollingsworth.

Row 2: Mr. Patton, Brian Stuggart, Mark Kremm, Mark Heyen, Ron Grimm, Russ Waegner, Mark Wilkinson, Bill Smith, Mick Myers.

# And you and yours

Key Club opened the door to many spectacular activities for the East High Student Body. Key Club is a service organization which promotes involvement and helps promote the interests of the student body within our school. This club has been in existence for several years now and has a membership of 25 students.

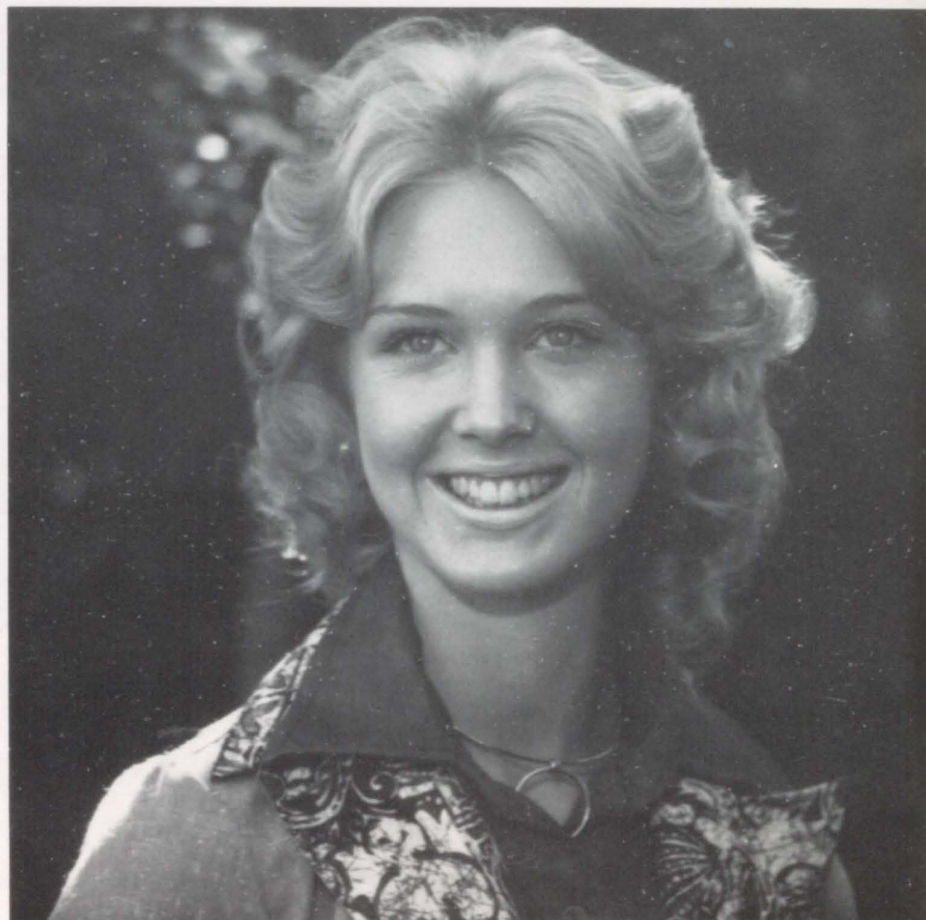
In the past years, to give you an idea of what Key Club has been up to, they have held one of the more formal and popular dances at East, Key Club Ball. They have also assisted in the Little Britches Rodeo, and have graciously contributed their help to the United Heart Fund. Key Club helps to serve East High and its student body in many different ways. They do much more than to just hold the Key Club Ball, as some may think. When and if they happen to be called upon, they are the ones to help us with our school events, such as ushering for plays and assemblies.

Key Club had a successful year under the guidance of Chris Milmont, president, and the faculty advisor, Mr. Wisroth.



First row, L-R, Rick Schum, Tom Tanner, Mike McClood, Kevin Lepore, Harlan Crosby, Debbie Hinds, Chris Milmont. Second, Bob Forbis, Bill Scribner, Bill Keenan, Doug Pilch, Jesse Johnson, Back Row; Brent Wall, Jerry Mechem, Kim Lewis, Mauri Rose, Mark Best, Mike Korber, Boyd Merklin, Lore Merritt, Mr. Wisroth, Gary Carmeron

Debbie Hinds, last year's Key Club Sweetheart, participated in 75-76 Key Club meetings, and furnished beverages for the organization. Thank-you, Debbie, for a job well done.



KEY CLUB OPENS THE DOORS!!!

# Just let them be and



Since 1960 National Honor Society at East High has recognized the students who reveal leadership, scholarship, service, and character. Last years membership totaled 51 and was sponsored by Miss Burrows.

Pictured, left to right, first row, Wanda Webb, Joline Parsoneault, Jo Wood, Molly Strickland, Sue Sallee, Wendy Gallion, Mitch Davis, Toban Hutchins, Tonnie Patton, Ted Hanlan, Row two, Mary Cook, Debbie Smith, Randy Byers, Mike Steif, Norma VanMatre, Terry Palmer, Sandy Goodman, Mike Barnes, Cindy Bedont, Leslie Gallion, Raymond Martin, Greg Barnes, Larry Roberts, Rueben Cordova, Mark Theesen, Lynn Harnish. Third row, Paul Talagan, Bill Scribner, Scott Loseke, Janet Krumm, Roxanne Droge, Bill Philpot, Ron Grimm, Paul Jones. Row four, Brett Leeper, Paul Smith, Skip Ross, John Scheer, David Stanczyk, Tim Scheer, George Carmen, Don Howe, Brent Wahl.



East High Drum Majorettes for the 1975-76 school year were Kim Miller, Shelly Hollingsworth, Pam Baker, and Debbie Reese. The majorettes act as field and drill commanders of the marching band. Like the band, they were busy with fund raising projects to go to El Paso for the Sun Bowl Parade. Our drum majorettes developed a marching band which displayed precision marching, showmanship and performance throughout the year.

Kneeling: Shelly Hollingsworth. Standing: Kim Miller, Debbie Reese, Pam Baker.

Talent abounded, this year's Concert Choir kept busy with, one tour, three concerts, and a district music festival. Performances at Bacculaureate and Graduation sounded out their rewarding year.

## The doors will open wide

Row one, l-r: Mr. Patton, L. Wright, G. Hurley, A. Hartcourt, L. Rickart, W. Hyde, L. Vondy, B. Stugart, J. Day, M. Myers, P. Loomis, C. Hollingsworth, S. Hollingsworth, S. Marsh, S. Skinner, K. Bogaard, V. Pruter.  
 Row two: C. McNitch, P. Osterman, L. McConahay, T. Mulligan, J. Hunton, N. Webb, S. Lawson, M. Strickland, R. Mizelle, D. Cazier, R. Wiegner, M. Wilkinson, B. Smith, E. Kroneke, M. Hartigan, C. Layman, C. Stoen, C. Ziemann, K. Griess, A. Harrisen, K. Aughe.  
 Row three: L. Jackson, D. Garner, D. Johnson, N. Fennell, D. Anderson, J. Crawford, B. White, C. Stugart, V. Schafer, C. Sanchez, M. Krumm, M. Heyne, S. Trxel, B. Oram, A. Johnson, J. Hertzler, A. Toulouse, P. Breazeale, C. Pruter, C. Olmstead, G. Hyde, R. Warrington.



Our daily announcements were provided by the NFL club members. This club has existed for 16 years under the supervision of Mr. James Albro. Through debate, oratory, and public speaking some of the members advanced to nationals that was held at the Air Force Academy last June.

First row, left to right: Penelope Purdy, Ruben Cordova, Patti Goss, Tim Scherr, Sue Pascarelli, Lori Reckling, Cindy Bedont, Vicki Whittman, Bobbi Tsumagari, Keri Boggard, Jon Latta. Second row: Cindi Hodge, Toban Hutchins, Sandi Goodman, Bob Forbus, Paul Jones, Don Howe



## To paintings on the rocks



To paintings on the rocks Spanish Club has been active raising for their trip to Mexico. Also, Spanish Club studied the culture and history of Mexican and Spanish speaking people.

Row one: Mr. Garcia, Kevin Madden, Greg Dingwall, Wendy Gallian, Jonn Merrill, Sue Sallee, Jean Hickman, Andrew Dingwall, Kevin Bowden, Holly Selby, Jayne Williams, Lynne Lewis. Row two: Steve Mockler, Brent Wahl, Marcene Ellsasser, Toban Hutchins, Vicki Karstoff, Fiona Harmon, Jeff Raymont. Row three: Bret Bensen, Ruben Cordova, Mike Miller, Kym Hert, Kay Hert, Ruth Zolonoski, Brenda Fresquez, Caren Collins.



Quill and Scroll is an honorary organization whose members have made outstanding contributions to high school publications such as the Wahina, Flight, and Thunderbolt. This club was internationally founded in 1928 and has been in existence at East High since 1960. Quill and Scroll is not an active club but honorary only with twelve members whose outstanding contributions to high school publications have earned them the honor of being in this club.

Pictured, left to right,

## Gigantic, Stonehedge the blocks

Looking for a few extra credits? Only if you have a strong interest in music can you pick up these extras. Concert orchestra is a bona fide music class offering fifteen credit hours for a full year. Students who participate in Mr.

Perella's orchestra, experience with solo, full orchestra, and string orchestra. They also prepare throughout the year to participate in Local, District, All State, and All Northwest music festivals and competition.

First row: K. Conklin, C. Collins, K. Moyer, L. Strayer, L. Reckling, R. Moyte, K. Aughe, K. Remster, R. Donaldson, I. Karklins, M. Miner, L. Rickard, T. Stoddard, M. Aughe, K. Sherman; Second row: G. Eliopoulos, A. Murbach, R. Selner, J. Osborn, M. Treadway, J. Crawford, B. Cristi, C. Langaas, T. Kurtz, C. Collins, G. Price, R. Grimm; Last row: Mr. Perella, S. Scott, J. Rogers, A. Kaser, K. Madigan, R. Martinez, T. Hayes, C. Hammer, T. Accardo, T. Merritt, L. Shumway, J. Eliopolous, C. Baumbough, T. Cushatt, J. Wilson



Like a strong, bright bolt of lightning, East High's newspaper put out many hard pressed issues during the 75-76 year. For the past 15 years, our school paper has written and published about nine issues a year. The Thunderbolt not only keeps the East High student on around the school, but also stimulates the students' thinking. Thank you Marty Sample for sponsoring our great Thunderbolt newspaper for this past year. We will all miss your knack for journalism.



First row, left to right, Annette Padilla, Paula Wilson, Ruben Cordova, Carol Wielang. Back row, Pam Osterman, Kathy Wagner.

# The Pyramids and the sphinx



Flight A: L-R; Ken Williams, Steve Perry, Lila Blias, Dale Scheid, Candy Cotton, Rick Eckardt, LaRue Wright.



Flight B: L-R; LuAnn VanDiviner, Lee Howell, Holly Schaich, Roxanne Droege, Kelly Asbury, Paul Kuegler, Julie Bryant, Calvin Hopwood, Debbie Nielson, Bob Compono, Buddy Stevens.

Flight C: L-R; Don Meyers, John Rogers, Barb Payton, Hershel Wade, Sherry Badger, Jerry Kelly, Wanda Watkins, Tom Johnson, Larry Schaich.

## The temples are the

D Flight, Front row, left to right: Sheila Clark, LaRenda Failes, Cindy Myers, Faustine Scheuneman, Jeff Wilson. Row two: Jim Vantorn, Scott Maddison, Rick Elbriekt, Nick Droege. Row three: David Benson, Mike Lewis.



E Flight, Front Row, left to right: Elaine Lund, Morm Russ, Gloria Hurley, Dusty Wood, Kathy Scherman, Vern Myers, Helen Hopwood.



F Flight, Front Row; left to right: Gary Hurley, Jim Kneade, Ann Reese, Patty McDaniel, Diane Jenkins. Row two; Barbara Reherford, Rick Reczek, John Halverson, Ken Parker.



Those in command of ROTC emphasize the cadet to learn by doing for themselves. Some of the activities the cadets participated in last year were color guard, drill team, school functions, field trips to the Air Force Academy and other aerospace activities. A few examples of what was taught last year were; Theory of flight, survival training and first aid.

## links to lead us



Every girl in East High School has her eye on some certain guy or another. Taendas gives them an opportunity to ask a fellow out for the biggest dance of the year, "Turnabout." Besides the dance, Taendas keep up the calendar in the lobby and provides a Christmas tree for the lobby each year. They were busy doing school and community services such as working for the Heart Fund and sponsoring an adoptee from New Mexico.

Pictured, row one, left to right; Joline Parsolaunt, Lynn Harnish, Careen Fritchel, Sue Marsh, Janie Hertzler. Row two; Jo Wood, Heather Smith, Keri Borgaard, Jean Hickman, Sandi Husman, Myra Costopolus, Toban Hutchins, Row three; Debbie Smith, Karen Thompson, April Oberg, Marlene Schieble, Lori Schum, Jane Mockler, Francis Fosdick, Row four; Carol Montgomery, Susan Fritchell, Cathy Olmstead, Kitty Cook, Leona Vondy, Debbie Lucas.



Wherever we go, it seems as though we can't get away from the "government" factor in life. At East, our government form is our student senate organization. Our senate got a little more done than the one in Washington, with the aid of two sponsors, Miss Wilson and Mr. Jaspersen.

Since 1961 East High's student senate has been governing the students' lives. They have also had the parking lot improved, made it possible for students to vote when student elections are being held, have had a lot of publicity of East High's activities, and have contributed to charities. All in all the Student Senate has been an important part of East High and hopefully it will continue to fulfill East High's needs in the up coming years.

Row one: Rich Bishop, Rueben Cordova, Shelly Hollingsworth, Scott Loseke, Mick Myers, Susie Dawson, Sue Ellis, Wendy Gallion, Marcine Elsasser, Sue Pascarelli. Row two: Theresa Foster, Paul Talagan, Kathy Bogaard, Jack Jewel, Lori Reckling, Beth Scherr, Myra Costopolous, Reggie Hill, Eugene Morris, Tom Tanner, Howard Smith, Sandy Goodman, Lee Grigsby, Leslie Gallion, Brett Leeper, Tim Scherr, Bobbi Tsumagari, Bill Smith. Row three: Vicki Whitman, Kathleen Winslow, Diane Zimmerman, Becky Stoen, Mary Bariola, Wendy Fisher, Cindy Hollingsworth, Robin Jackson, Cindy Bedont, Lori Berleffi, Teri Wade, Sherri Carrier.

## Through our past



Ski Club was one of our newer organizations at East this year with Mr. Sample serving as the sponsor. The club already has a large membership of nearly 60 students (even though most of them didn't show for the picture) and will surely be even more popular in the years to come.

Ski Club has developed a program of education and fitness for young skiers. A few of the accomplishments made throughout the '76 year were ski trips, parties, and hopefully the club promoted good will through each skier.

Ski Club has offered a means for students interested in skiing to get started. If you're interested in getting good, healthy, fresh fun, this is the club for you!

Row one, Tom Tanner, Jimmy Ramirez, Vicki Karstoff, Jean Moody, Kim Carlson, Eugene Morris, Bob Noel, Kary Wagner. Row two: Steve Westcott, Bob Forbis, Rueben Cordova, Jerry Meckem, Rick Schum, Brett Benson, Lori Lorenz.

## So we might find



For those students at East High who have been wanting to get into a club that serves the public as well as the school, VICA's the club to look into. VICA is a skill builder as well as a popular school club. They have been in existence for the past four years participating in the Wyoming State Fair, entering floats in the Homecoming parade, and holding several general meetings.

Mr. Crespin is the club's sponsor, providing an interest for vocational students in given subject areas of service clubs.

Pictured left to right; Steve Johnson, Curtis Culvert, Mike Wallace, Bob Noel, Mark Mosier, Carl Moody, Dave Moony, Jim Brandon.



East High school's Wildlife Club has been in existence the last four years to deepen the interests, skills and knowledge of the outdoors as related to our natural wildlife resources. The 18 members of the club strive to promote wildlife conservation in cooperation with the Wyoming Game and Fish Commission.

First row, left to right; Chris Wester, Mike Roberson, Danny Crespin, Rod Willand, Scott Hogoboom, Carl Moody, Len Camp, John Lindt. Second row; Colleen Wester, Helen Rice, Diane Terrell, Patty Baker, Steve Cousins, Mike Kmetz, Mr. Crispin, Chuck Inman, Mr. Parkins.

## Ourselves at last

The International Club has existed since 1961 and was still going strong last year, and was promoting dramatic activities for the school and community. Mr. Bondurant, the club's sponsor, along with the members have put on the senior play, one act plays, the East High Musical, and many talent assemblies. Try to get into the act of things; direct your way—— to the Thespians.



First row, left to right: Ron Grimm, Marla Ricketts, Lorye Strayer, Holly Selby. Row two, Sue Marsh, Mark Krumm, Ruben Cordova, Anne Toulouse, Francis Fosdick, Cindi Nichols, Teddie Mullikin, Jean Osborn, and Diane Farrens. Row three, Becky White, Sue Pascarelli, Carol Montgomery, Bill Smith, Jim Wilkinson, Kay Sahler, Steve Elkins. Row four, Janie Hertzler, Mark Rydquist, Mark Wilkinson, Lori Reckling, Leona Vondy.

Chess Club was a new club at East last year formed to acquaint East High students with the game of chess.

The students studied the history of the game techniques and played in competitive tournaments.

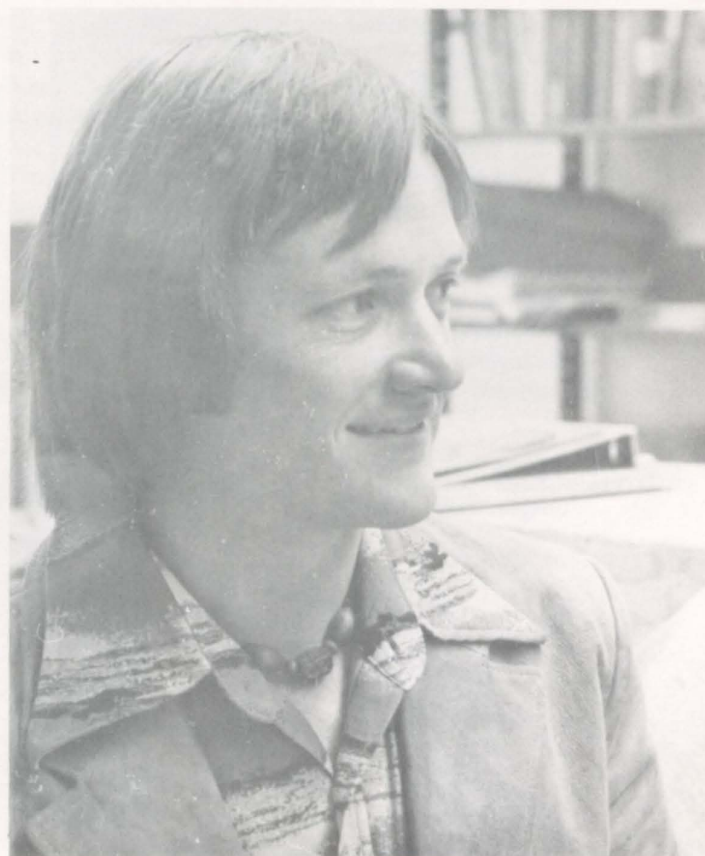
There were twelve students in the club, and in the spring they held a school wide tournament with the best of the chess players competing.



At table left to right: Harlan Crosby, Mike McCloud, Kevin Brown, John Davis. Back row, Rick Moody, Rueben Cordova, Don Howe, Mr. McIlvain, Steve Peery, Cristi Hammer.



# Micheal Pinder



The Wahina staff met everyday during 4th hour and worked hard gathering photos and various information to publish the Wahina.

Two previous volumes of the Wahina (1972 & 1975) have placed second in national competition and the 1972 version placed first in the State.

The class was full of people who were eager to work and come up with new and interesting ideas for the book. We all hope that you enjoyed reading it as much as we enjoyed putting it together.

Seated around table: Cathy Pruter, Robin Gillispie, Kitty Cook, Terri Wade, Todd Vanover, Cindi Nelson. Seated outside: Sheri Laymon, Kellie Decklever, Carl Case, Sudie Hughes, Toni Nord, Nancy Fennel. Standing: Barb Smith, Steve Mockler, Sandi Husmann, Debbie Hinds, Bruce Grosebaeck.

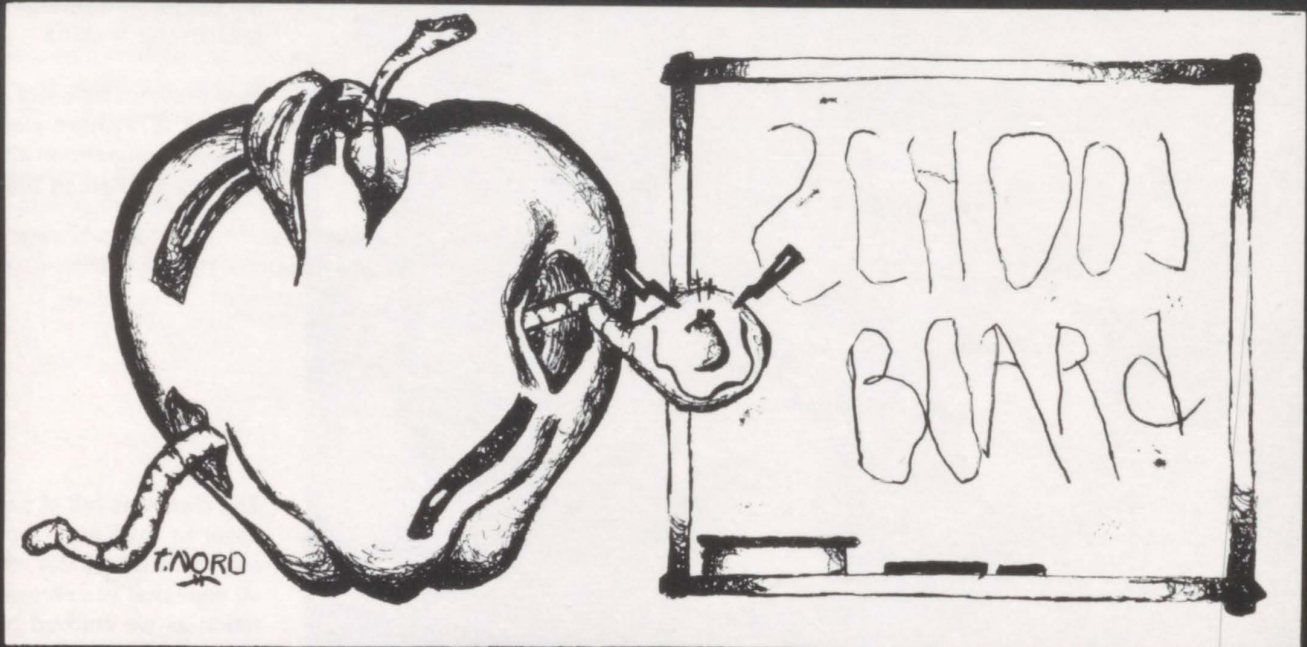
Terri Wade and Steve Mockler, working hard for your yearbook?

# Once blind eyes saw,

Hutt, Dick - Chairman  
Crews, Jack - Vice Chairman  
Zunker, George - Clerk  
Murray, Donald - Asst. Clerk



Krebs, Ruth - Treasurer  
Daly, Joseph - Asst. Treasurer  
Urbigkit, Walter - Trustee



## deaf ears heard, cold hands touched,



Mr. Troyer, left, is often found identifying with students. He attended Kearny State College where he holds a B.A. and holds a M. Ed. at the University of Wyoming. He has been in education for 18 years, and has taught Social Studies, Industrial Ed. and P.E. Mr. Troyer has also been a counselor, dean of boys, and a principal at a junior and senior high school.

"During the future of East High School I hope to maintain and continually strive for a peaceful and happy school environment. A school that is relevant to a changing society. A school where each individual student can realize his or her maximum potential growth, intellectually socially, and emotionally."

Roy Troyer

Josie Humphrey, below, finds time to pose for the camera. Mrs. Humphrey served as Mr. Troyer's personal secretary for the first and second trimester.



and feelings burned,

Micek, M.  
Sr. Couns.  
Bondurant, M.  
Jr. Cours.



Sanders, F.  
Sr. Coor.  
Iverson, J.  
Jr. Coor.



Hall, B.  
Sr. Sec.  
Gras, J.  
Jr. Sec.



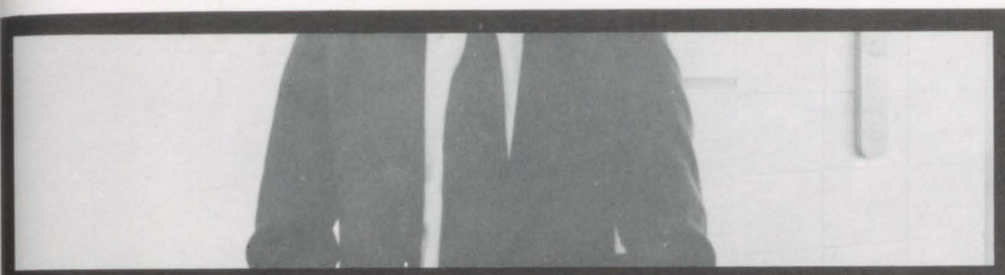
With 451 seniors working their way toward graduation, the senior office was busy giving scholarship tests, checking out caps and gowns, and giving suggestions for summer jobs. The juniors found themselves in the middle of everything this year with 478 students, 116 less than sophomores and 27 more than seniors. The junior office was busy with Jr. class activities such as Jr.-Sr. Prom with Mrs. Bondurant as the sponsor. Parking stickers were sold to decrease the parking problem. Juana Gras is the head typist for North Central Evaluation and Mr. Iverson found himself busy being Student Senate Advisor, and working on North Central Evaluation. Right: Mr. Iverson contemplates over his next case. Above: We've got to quit meeting like this.



# Once: Man trusted man,



Bryant, J.  
Soph. Coord.



Wisroth, C.  
Soph. Couns.



Myers, S.  
Soph. Sec.



Foreman, S.  
Career Placement

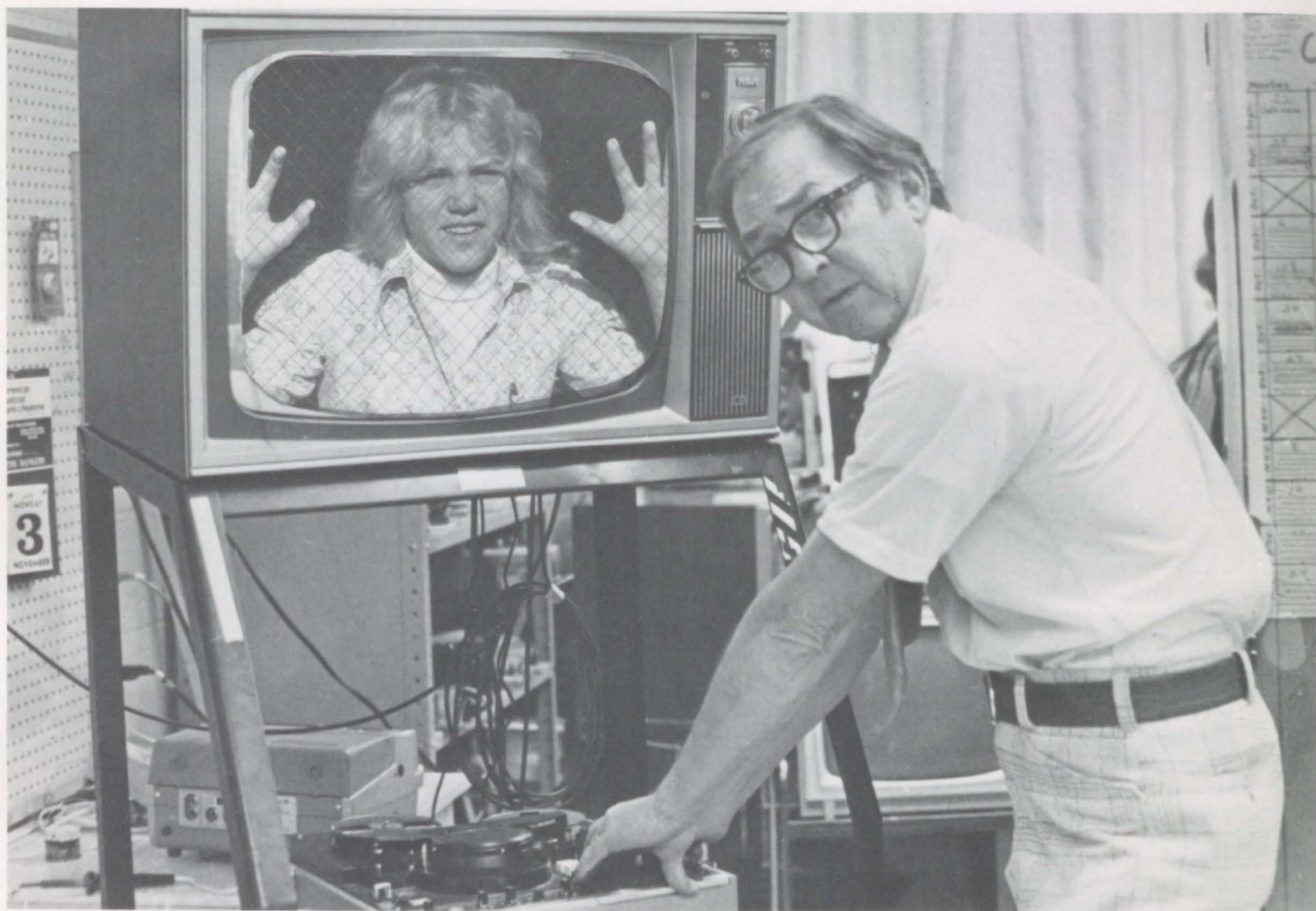


Gorney, L.  
Nurse

The Sophomore Office was kept busy everyday keeping track of records and files for 594 Sophomores. Varied activities occurred each day, such as attendance, schedule changes, conferences, and typing up schedules for the next quarter. Students who worked in the office learned a lot about office procedure and used what they learned in a real situation. Left: Mr. Wisroth tries to split his time up with students.

# Man feared God, Man loved Earth,

Humphrey, J.  
Principals Sec.  
Pregal, P.  
Principals Sec.  
Mosier, L.  
Guidance Sec.  
Weber, K.  
Attendance Clerk  
Zeiman, B.  
Bus. & Fin. Sec.



The Audio Visual Department worked with TV's to turn students on! In the Audio Visual Department, Mr. Phenning and a group of students worked on a closed circuit TV. The TV is used to broadcast announcements, Student Senate reports, and have interviews with people from within the school and the public. This is done during G.A.S. classes. Also, new this year, is Kathy Weber, attendance clerk, whose main job is to maintain a high attendance rate within the school, and Pat Pregal Mr. Troyer's secretary. Above: Mr. Phenning looks shocked as he finds one of his students has been tampering with the VTR!

Edminson, I.  
Library  
Middleton, D.  
Library  
Phenning, D.  
Audio Visual  
Ridley, M.  
English



# And life was complete.



Albro, J.  
English  
Allen, V.  
English

Bondurant, D.  
English  
Burrows, R.  
English

Dabney, J.  
English  
Freede, E.  
English

During the 1975-76 school year, the English Department was filled with many varied activities from play production, the making of radio shows and movies, to the English language and its uses. Left: Mr. Stoen is slightly amused at his classes sense of humor.



Gonzales, C.  
English  
Hesson, B.  
English  
Jaspersen, D  
English  
Laughlin, J.  
English  
Milstead, C.  
English  
Miner, W.  
English  
Russell, E.  
English  
Sample, M.  
English  
Stoen, D.  
English  
Waak, M.  
English

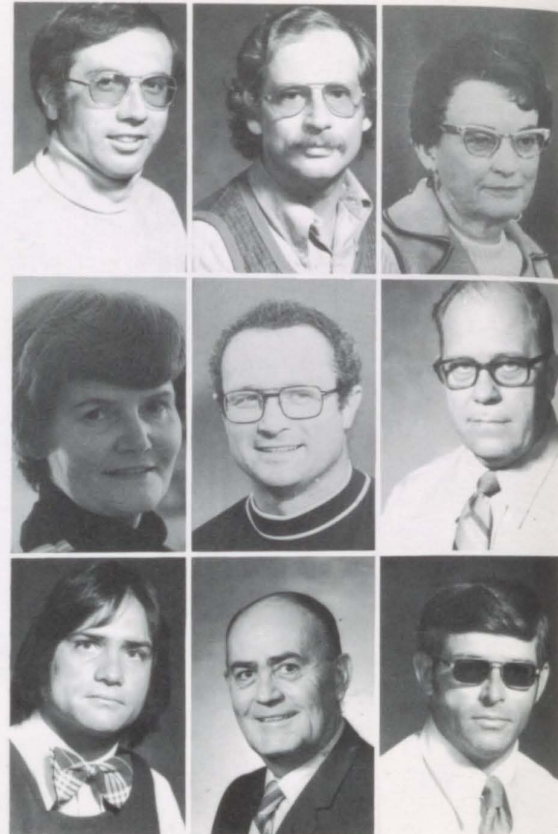
# Now: Eyes see sadness,

Arciniega, J.  
Art  
Beeman, M.  
Art  
Cooper, J.  
Science



Coxbill, E.  
Science  
Kissack, A.  
Science  
Runkle, D.  
Science

Patton, P.  
Chorus  
Perrella, A.  
Orchestra  
Reese, R.  
Band



DRAWING to a conclusion, the Art Department, headed by Mr. Beeman, with the help of the Welding Department, made an eight foot sculpture of a modern bird whose wings form a "76. The project was funded by Student Senate to be left in the Courtyard as a memory of the bicentennial and Student Senate Class of 75-76.

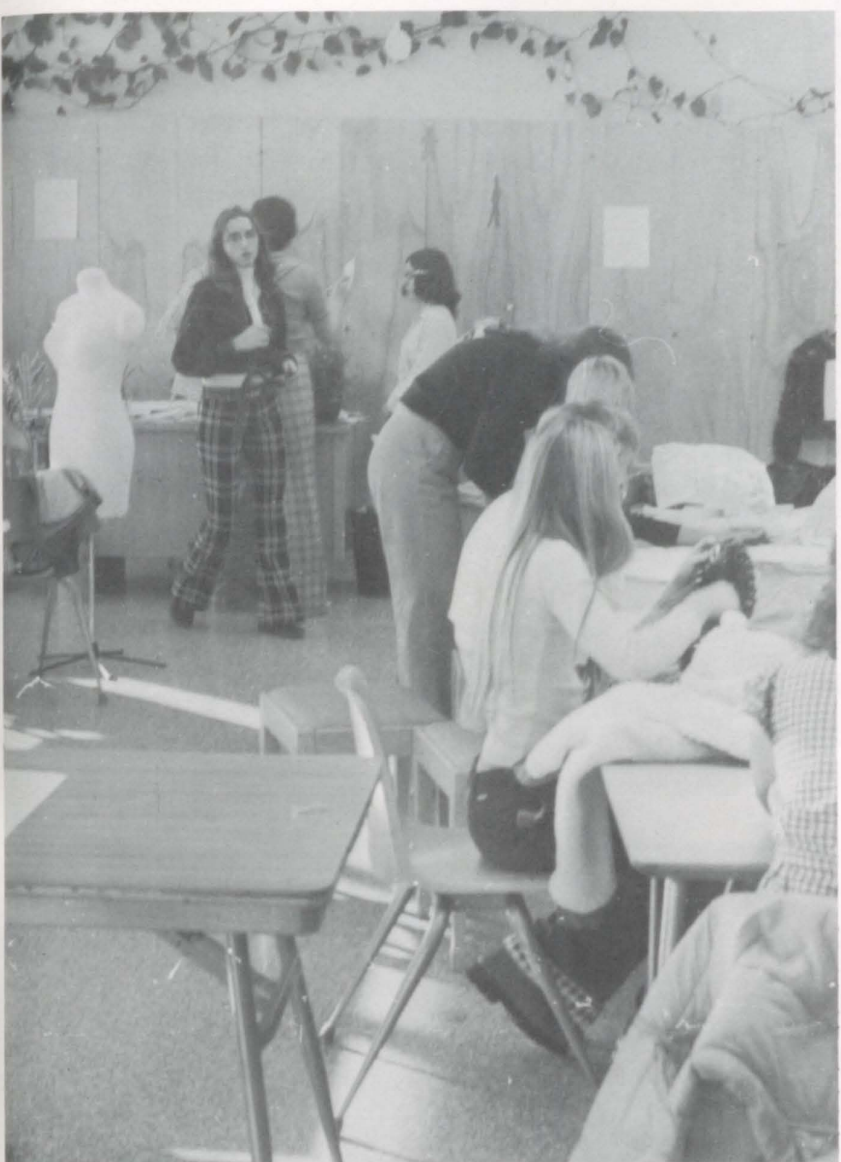
The science classes EXPLODED with new experiments. Mr. Runkle's chemistry classes visited local commercial chemistry labs as a class project. Miss Cooper has been busy developing the Courtyard as an area to display native animals and plants of Wyoming.

East High's Music Department SOUND-ED OUT this year preparing and performing for District, All-State Clinics, and Music Festivals. Mr. Reese and the marching band went to El Paso for the Sun Bowl Carnival to compete with other bands. They missed bringing home the first place trophy by only one point. Above: A model of the Bicentennial sculpture. Right: East High's Pep Band Blows Natrona off the court.





# Ears hear cries, hands take lives



Callahan, K.  
Home Ec



Keller, B.  
Home Ec

The Home Ec Department was really COOKING with students trying new and unusual recipes, some the teachers had never even heard of. The Independent Survival classes made ski jackets and vests. Students in Child Development classes worked with infants and pre-school children to help themselves better understand kids. The students in clothing construction experimented with novelty fabrics such as fake fur, and leather, to fashion their own creations.

Business was BOOMING this year in Business Ed Career Exploration. Classes worked with the Awareness House once a week, and the Business Department worked to place students in the community in an intern program. Left: Home Ec class sews up a storm.



Brown, H.  
Business Ed  
Brooks, W.  
Business Ed  
Corbin, J.  
Business Ed  
Ferrari, K.  
Business Ed  
Fisher, L.  
Business Ed  
Hanley, S.  
Business Ed  
Kelley, W.  
Business Ed  
Martin, V.  
Business Ed  
Reed, M.  
Business Ed  
Reeves, T.  
Business Ed  
Salverson, H.  
Business Ed  
Williams, G.  
Business Ed

and feelings are numb.

East High's Physical Education classes were always up to something new and challenging. The students learned to orienteer, that is, they used maps and compasses in a race situation. The teachers also taught bicycling, bike safety, inner tubing, and water polo.

Bottom: Sophomore girls' classes learn to be light on their toes. Right: Cheryl Bouback, Kym Rothwell, and Sherry Lawson learn to orienteer in PE.



Case, T.  
Boys' PE  
Keen, J.  
Boys' PE



Moore, P.  
Girls' PE  
Phillips, R.  
Boys' PE



Rhinehart, S.  
Girls' PE  
Kiser, R.  
Drivers Ed

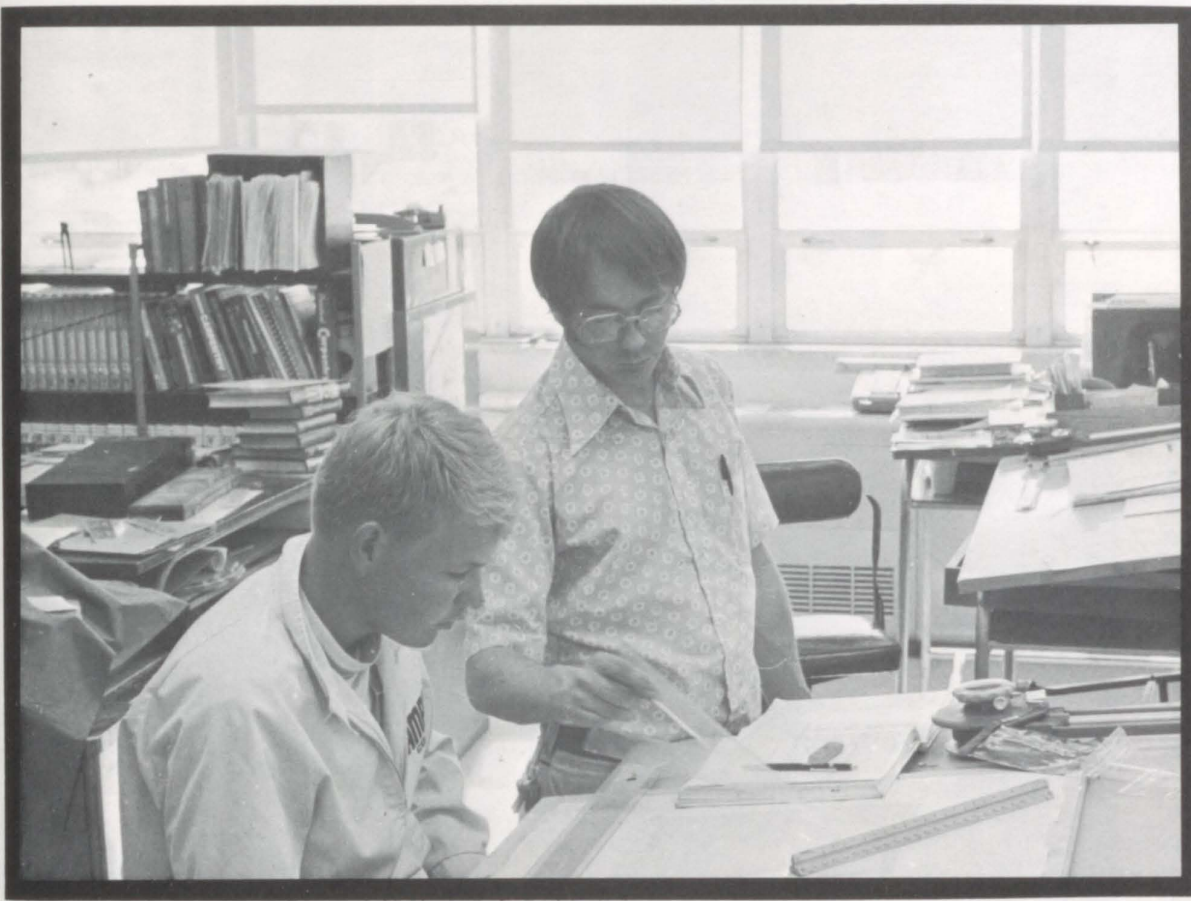


# Now: Man Fears Men,



Sprague, L.  
Drivers' Ed.  
Christensen, S.  
Ag.  
Cotton, J.  
Ag.  
Parkins, B.  
Ag.  
Crispin, R.  
Ind. Ed

Inman, P.  
Ind. Ed  
Nelson, J.  
Ind. Ed  
Myers, J.  
Ind. Ed  
Thies, E.  
Ind. Ed  
Jones, G.  
Jr. Coor.



DRILLING away with projects, the Occupational Welding I and II classes entered in regional and state welding contests. They also took state certification tests. For Metals II the students did project developments.

Above: Mr. Nelson shows his students how to measure up to standards.

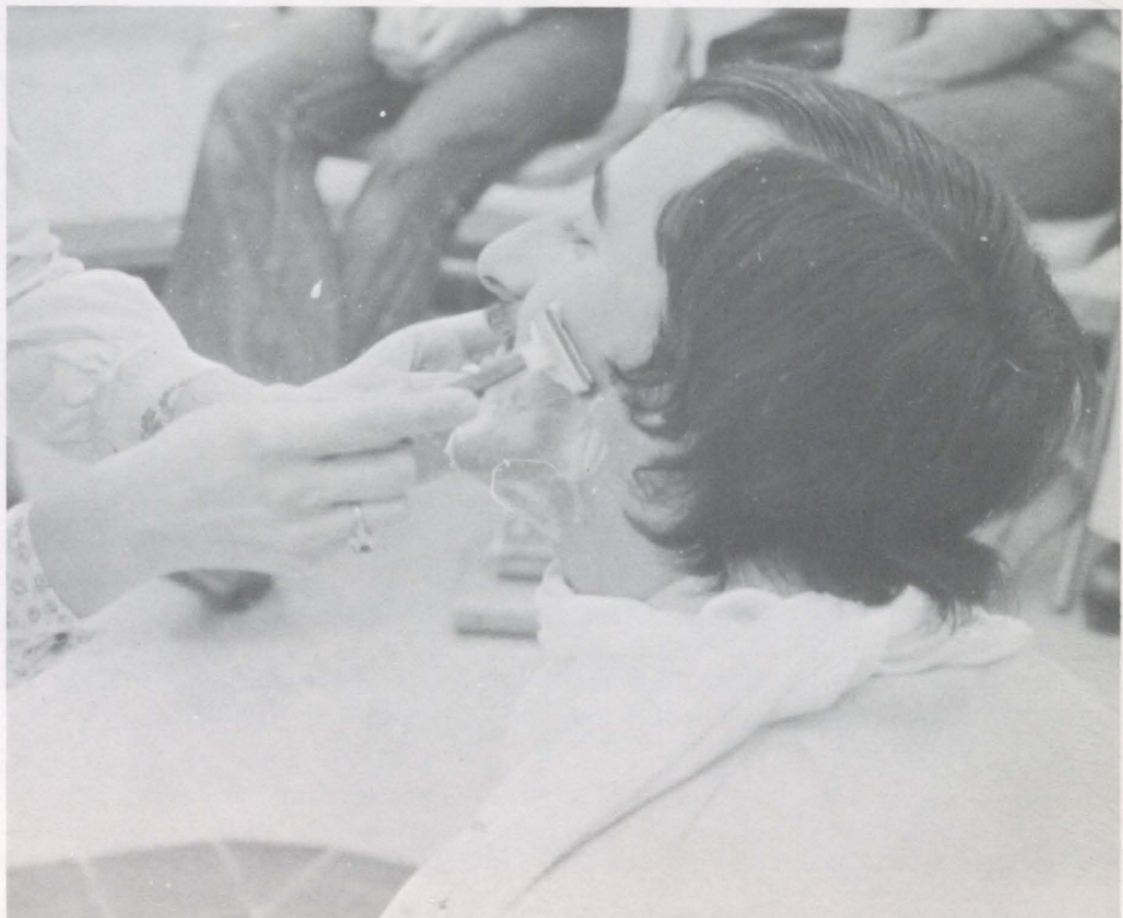
# Man denies God, Man murders earth

Bittinger, M.  
 Social Studies  
 Croker, W.  
 Social Studies  
 Cousins, W.  
 Social Studies  
 Finnerty, D.  
 Psychology  
 Kean, R.  
 Social Studies  
 Linton, W.  
 Social Studies  
 McIlvain, B.  
 Social Studies  
 Morris, D.  
 Social Studies  
 Reese, T.  
 Social Studies  
 Strauch, M.  
 Social Studies  
 Tuggle, F.  
 Social Studies  
 Wilson, S.  
 Social Studies  
 Babbitt, B.  
 Math  
 Cranston, A.  
 Math  
 Weber, J.  
 Home Ec.  
 Scheer, L.  
 Math  
 Wilmeth, V.  
 Math  
 Sherman, J.  
 Learning Lab



Because of the Students  
 un (DIVIDED) attention,  
 their knowledge really  
 (ADD) ed up in math.  
 Teachers worked on team  
 teaching in Geometry,  
 Career Math classes did  
 an independent study of  
 math, related to the  
 career of students  
 interests and abilities.  
 Research was also done  
 on math education 200  
 years ago.

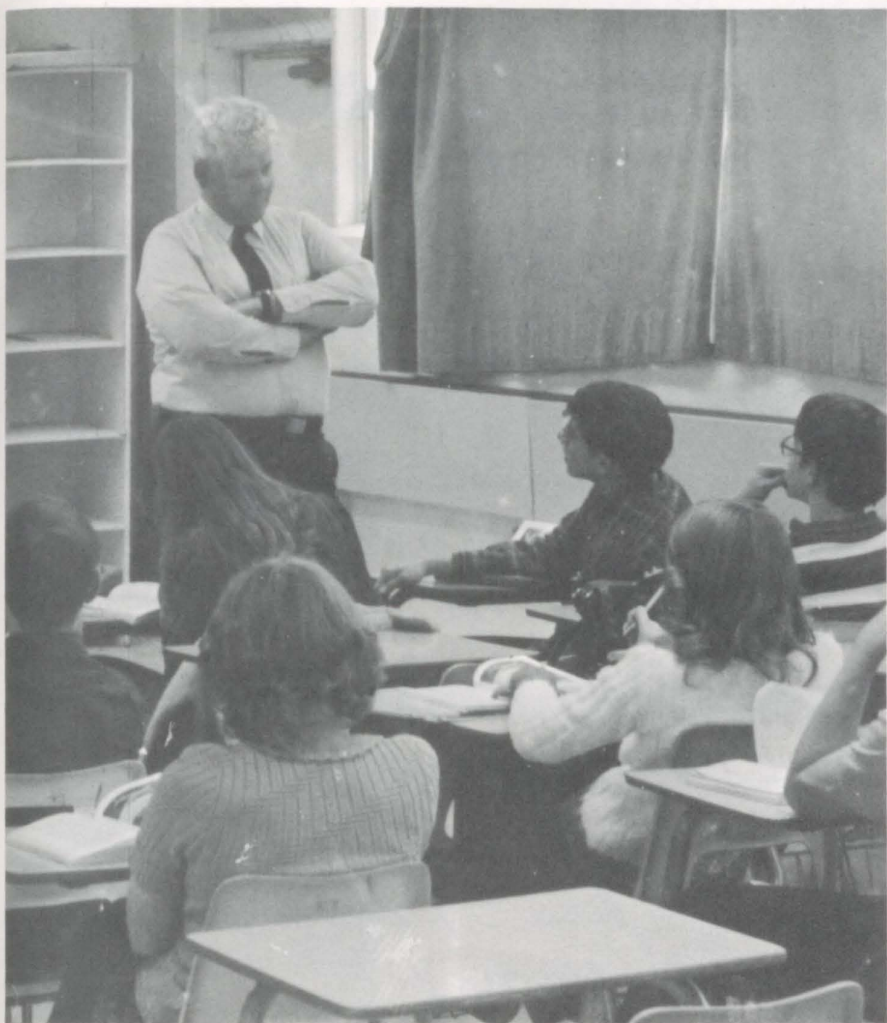
In Social Studies, Mr.  
 Croker had all his  
 classes open with a bit  
 of news for the day.  
 This way the students  
 kept up with current  
 news and learned to  
 understand it better.  
 In Health Occupation,  
 Mr. Morris helped his  
 students prepare for  
 hospital work. They  
 practiced emergency  
 first-aid, nursing  
 practice, and ambulance  
 work to name a few.



Right: Mr. Morris is  
 facing a close shave  
 from his students.

and life becomes meaningless. Soon . . .

## Vonnie Wade



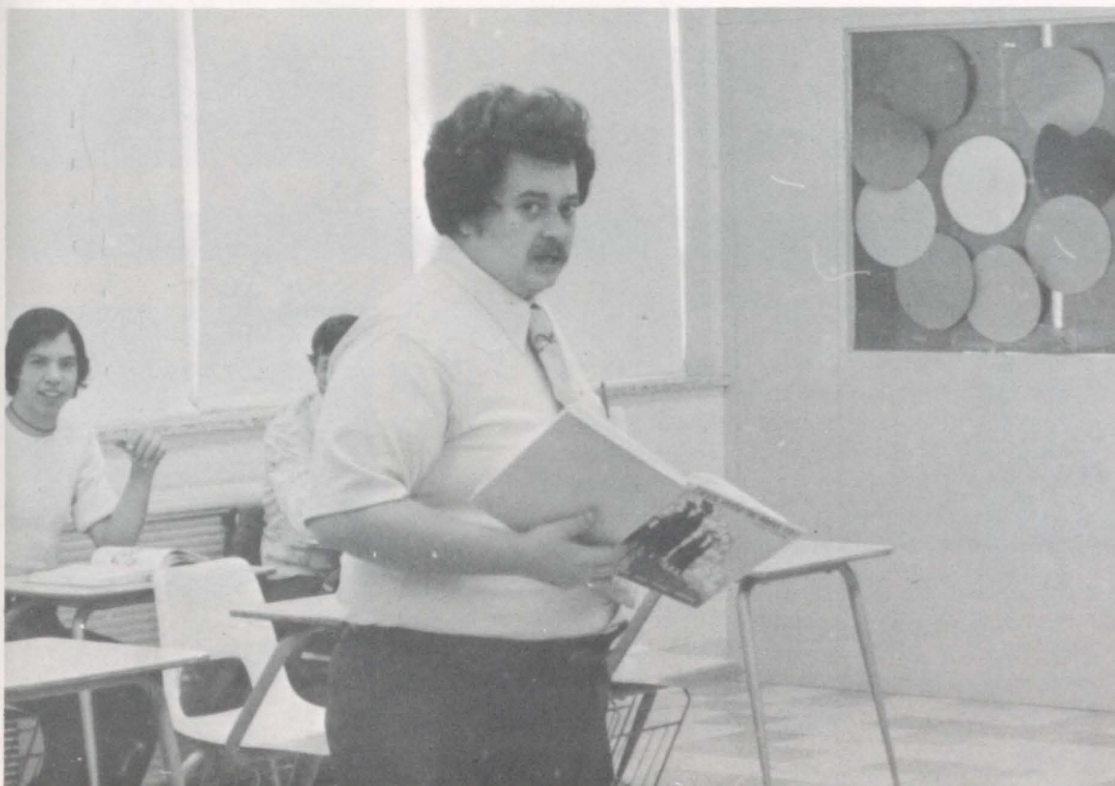
Daulton, G.  
ROTC  
Roberts, D.  
ROTC



Garcia, G.  
Spanish  
McBurney, D.  
Spanish



O'Byrne, J.  
German  
O'Toole, V.  
French



East High's ROTC really kept in STEP with the times this year with a bicentennial color guard. It consisted of seven girls, using only five at a time. The girls performed at the beginning of the football games, under the direction of Col. Roberts and Sgt. Daulton. The ROTC is also active in career education and Rocket Programs.

With communication so important in our world the language classes kept busy doing their share. In Spanish the students read comic books to help increase their vocabulary and put an emphasis on speaking the language. The French classes studied the customs of France and sampled the different kinds of French foods, along with studying the language.

Top: Col. Roberts is found DRILLING information into his students.

Left: Señor Garcia es a muy bien Espanol Profesor.

# Autographs

ATTENTION  
EAST HIGH STUDENTS 1976

We have no way of conveying how sorry we are about the Yearbook being so late. The 1976 Yearbook staff tried hard to put together a book we'd all be proud of. Unfortunately pages were lost and re-lost on route to the Publishing Company. We hope the 1975-76 Bi-Centennial Book will make up for the lost pages and inconvenience to you. Thanks for your patience and understanding.

SINCERELY,

Debbie Hinds  
Editor

There is a way of taking  
into life its tosses  
as well as its gains.

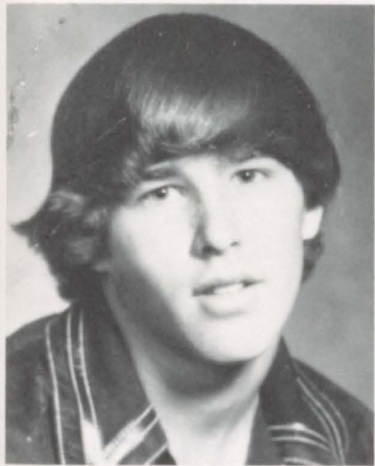


Jerry Thorp 1957-1975

Everyone does their own thing  
In a very special way  
To you and me, memories sting,  
Remembering our friend Jerry everyday.

To some he was branded a "Cowboy" dude  
To us, he was a fellow "Cowboy" friend  
Dressed in boots and hat, set the mood  
And now is a memory in the end.

—Kellie Decklever



Earl Nelson 1959-1975

Tears stream down a face  
touched by love,  
yet, torn with sorrow.

Remember-  
true love is not altered by separation.

Instead-  
it can only be strengthened  
by thoughts of being once more together.

Cry your tears of sorrow  
for no heart which is linked to another  
can willingly say goodbye to that  
which makes it whole.

—Vonnie Wade



Dave Tenerio 1959-1976

His last hours were spent with his friends,  
and we saw him as we had always  
seen him; laughing, talking, and smiling.

If only we would have known our  
"hello"s and "how are you"s were "good-bye"s  
and "we love you"s it might  
have made it easier for us all.

When our lives are touched by sadness,  
hope and memories guide us through  
our misery, but a feeling of love  
so strong, so deep, never withers,  
never dies.

—Teri Wade

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HERS

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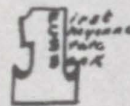
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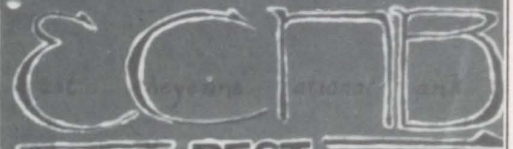
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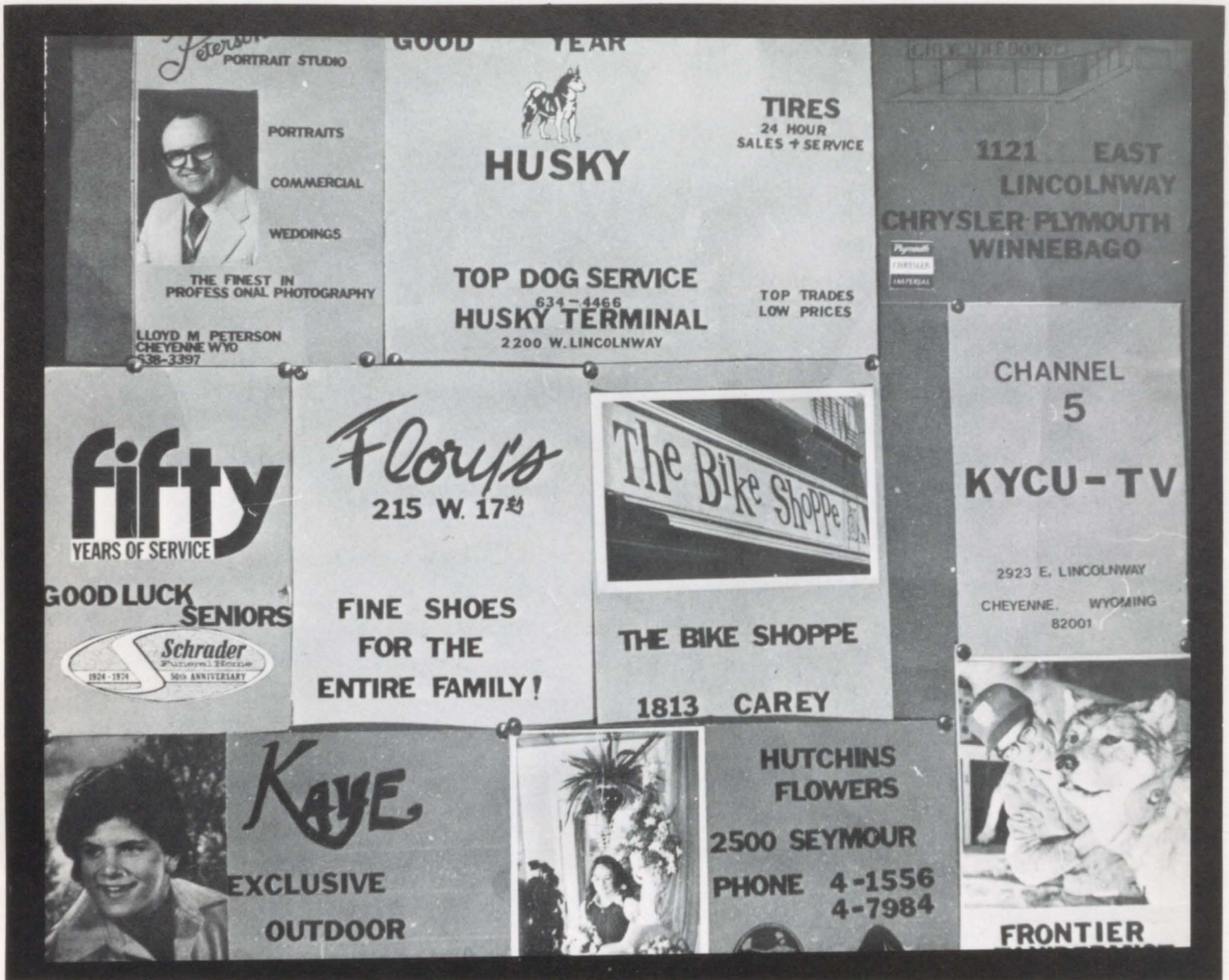


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We owe a special gratitude to the firms who have so graciously sponsored our efforts through the aid provided by their advertising. Without these people, the book could not be made. Please let them know you saw their ad in our book or in the display cases in the lobby.

Recognition and appreciation also goes to Dr. A. S. Gorny and Mrs. Liz Gorny, R. N. for their continuing faith and support as patrons of this publication.

Finally, for their photographic efforts, we wish to recognize the contributions of Bret Leeper, Steve Mockler (our main man), Pat Wilson, Beth Lamberson, and Paula Wilson; and for their works of art, we thank Toni Nord, Paula Wilson and Eric Johnson.

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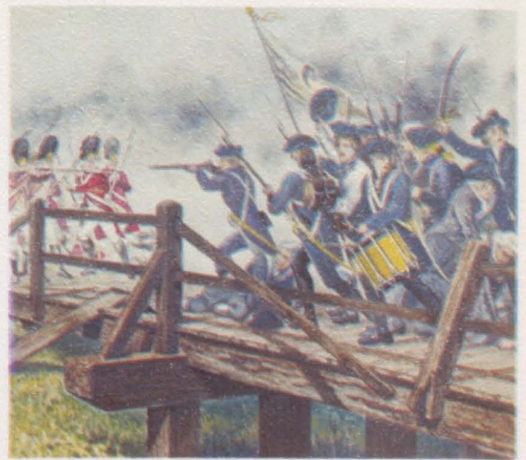
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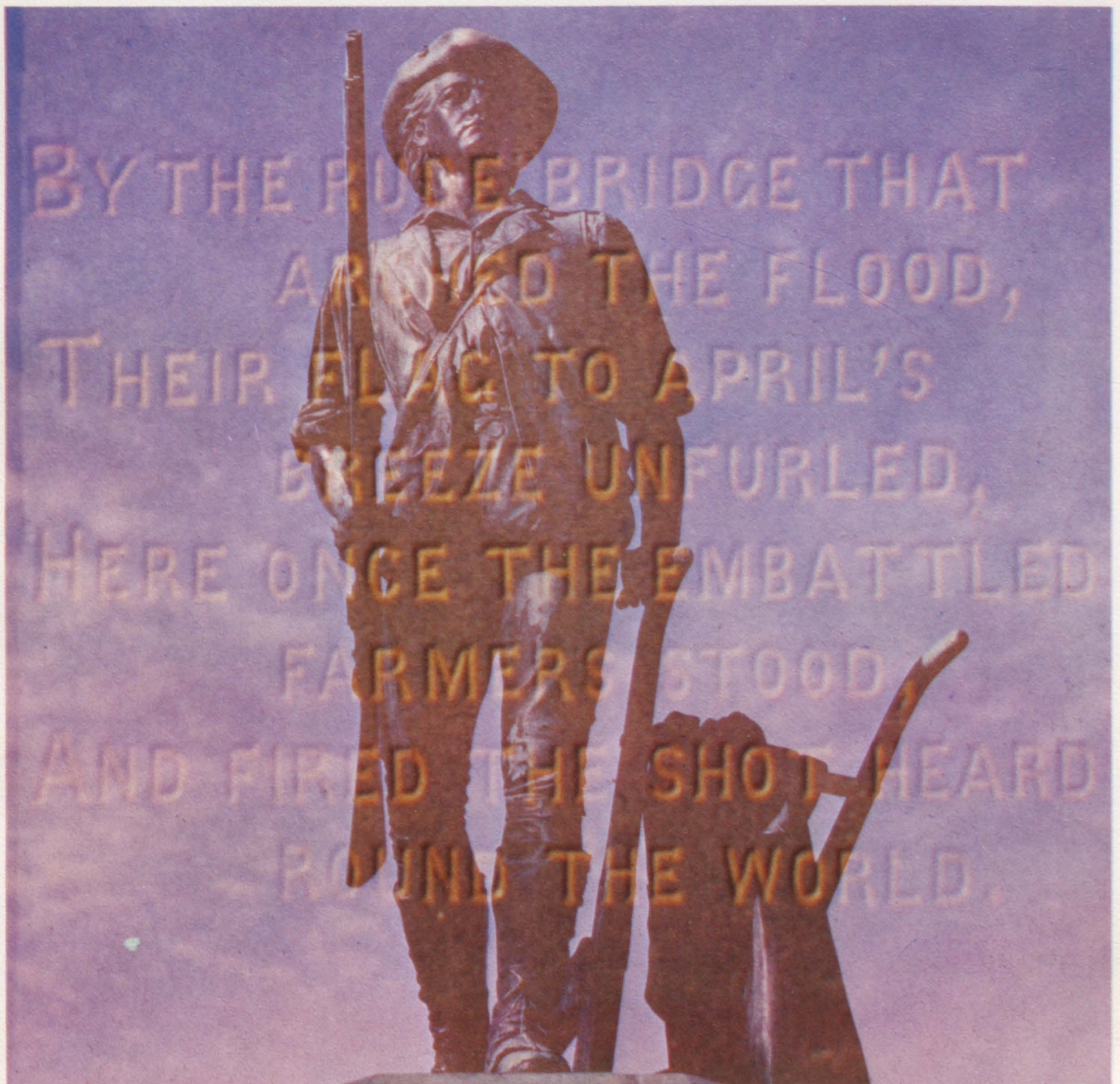
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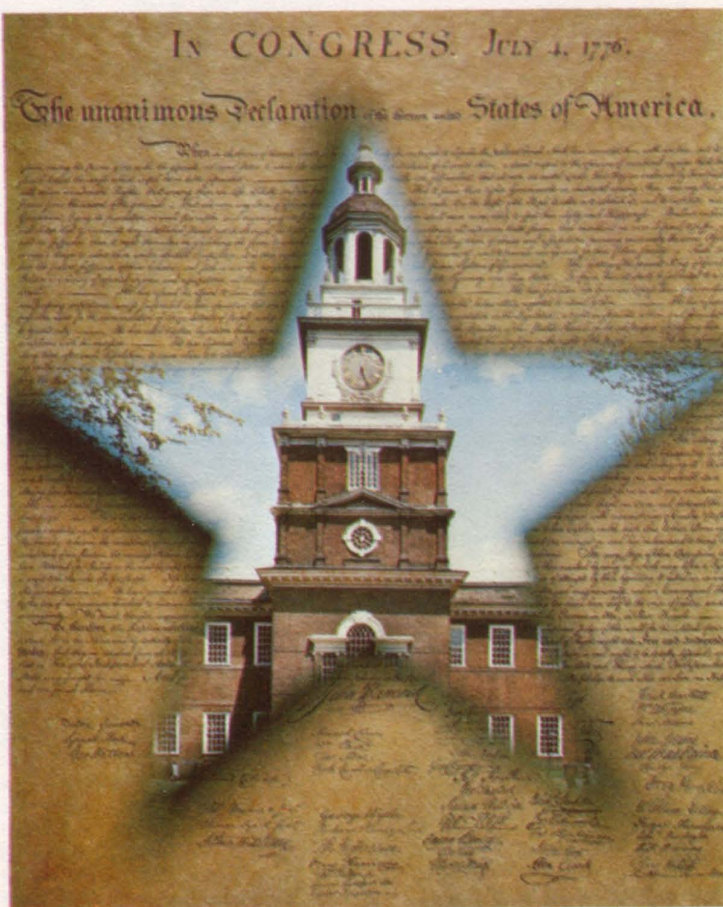
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3



4



5



6

- 1/ Call of the Minutemen prior to the historic Battle of Lexington.
- 2/ The Battle of Concord Bridge was the first battle of the war.
- 3/ Monument to the Minutemen which stands on the site of the Battle of Lexington, where "the shot heard round the world" was fired April 19, 1775.
- 4/ The signing of the Declaration of Independence, July 4, 1776.
- 5/ Independence Hall, Philadelphia, where the Continental Congress convened to decide a course of action.
- 6/ Benjamin Franklin, John Adams and Thomas Jefferson working to revise Jefferson's draft of the Declaration of Independence.

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*“Stand Your Ground . . .  
If They Mean to Have a War,  
Let It Begin Here.”*

*Capt. John Parker*

1/ Capt. John Parker uttered those words as the colonial militia under his command prepared to meet the British troops at Lexington. Those words and the painting—*Spirit of '76*—exemplify the dedication and determination of the American patriots in their fight for independence. The colonies had organized to express their grievances in an effort to resolve the differences within the framework of the Empire. Several of the colonial legislatures had instructed their delegates to the Continental Congress in Philadelphia to oppose any move toward independence. The movement for independence was gaining strength and following the publication of Thomas Paine's *Common Sense*, which argued for colonial sovereignty, a resolution was adopted and a committee of five appointed to draft a declaration of independence. 2/ General Washington, who had been appointed commander-in-chief of American forces by the Second Continental Congress, was a brilliant military strategist. It was his decision to take his Continentals across the Delaware River on Christmas night which resulted in the first major colonial victory. That victory at Trenton over Hessian mercenaries gave the ragged army renewed vigor. Supported chiefly through the printing of Continental currency, the colonial army also went through the personal fortunes of many American patriots—among them Washington, Jefferson, Richard Henry Lee and John Adams. These fortunes were donated to the cause of liberty—a cause supported by about one-third of the American population which was near 2,000,000. Another one-third remained loyal to the English crown and the remainder were apathetic. Despite many defeats, the colonies managed to keep an army in the field as a symbol of American resistance, to guarantee a negotiated rather than dictated peace.



1



2



3



## *“... Give Me Liberty or Give Me Death!”*

*Patrick Henry*

3/ Following the victory at Yorktown, Washington refused the offer of his troops to become king and returned to Philadelphia to aid with the establishment of a permanent government for the new republic—a loose alliance of sovereign states held together by the Articles of Confederation. An envoy composed of Benjamin Franklin, John Adams and John Jay was sent to negotiate with the British. It was not until 1783 that the peace agreement, known as the Treaty of Paris, was signed, guaranteeing the sovereignty of the United States of America. The Articles of Confederation, despite many weaknesses, served to unify the states until 1787 when a special convention was held at Independence Hall in Philadelphia to revise them. The meeting was attended by fifty-five of the most-prominent men of the day. Twenty-nine of the delegates representing a majority of the states met on May 25 and decided to draft an entirely new constitution rather than amend the Articles of Confederation. The meeting then became known as the Constitutional Convention.

4/ The men who assembled for the Constitutional Convention were an illustrious group with nearly every delegate a person of prominence in his home state. A large majority favored a strong central government. After four months of debate, on September 17, 1787, the new constitution was completed. In a little more than four months, six states had ratified the new constitution. Despite the good beginning, the fight for ratification was bitter and it was not until September 13, 1788, that the necessary two-thirds majority of the states had approved the document and Congress could call for states to choose their electors and congressmen. Several of the states had ratified the constitution with the provision that it would be amended. Thus, as one of its first official acts under the new constitution, the Congress added the first ten amendments known as the Bill of Rights. Washington was unanimously elected President and a new nation was launched on a course of democracy.

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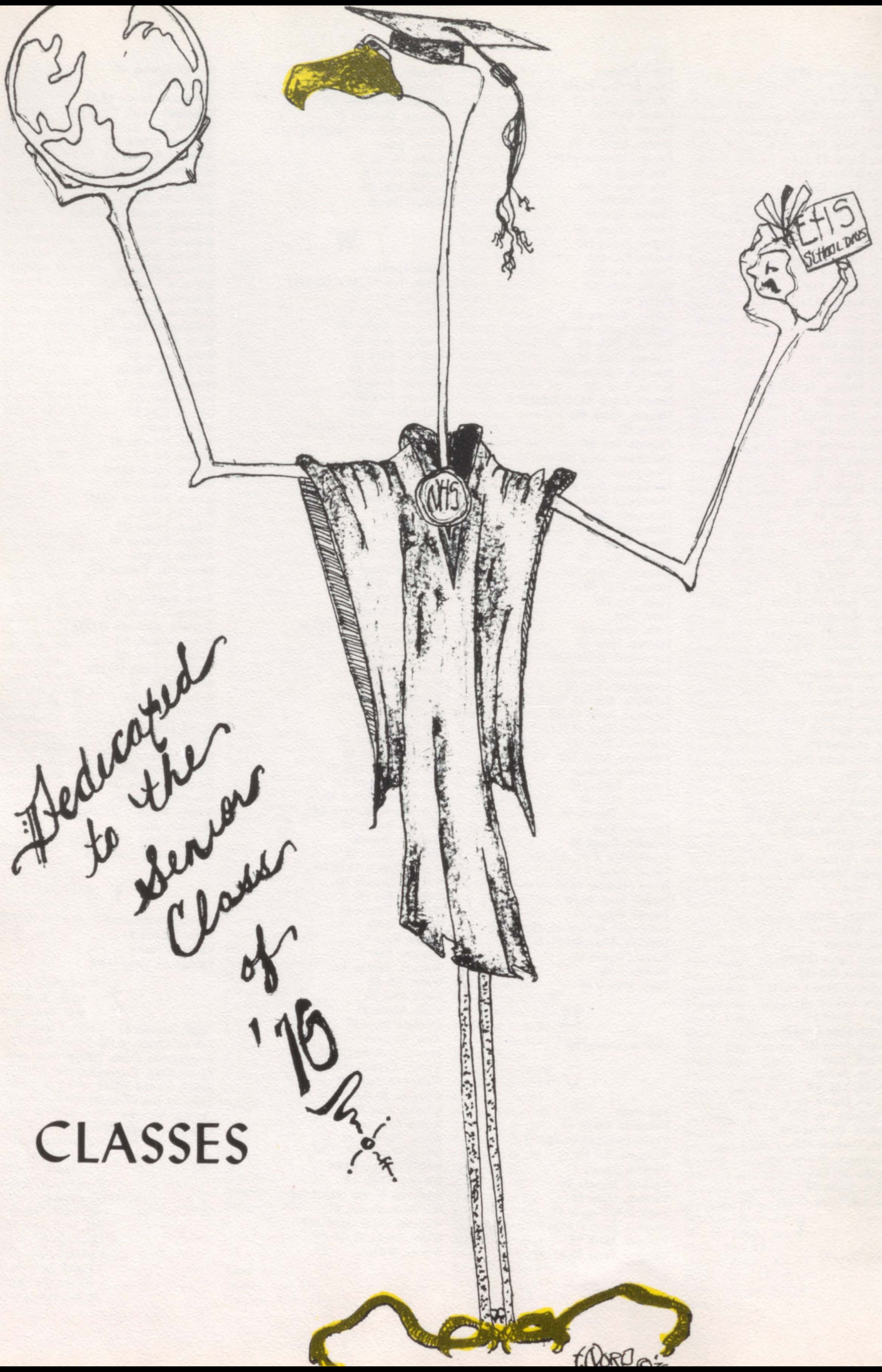
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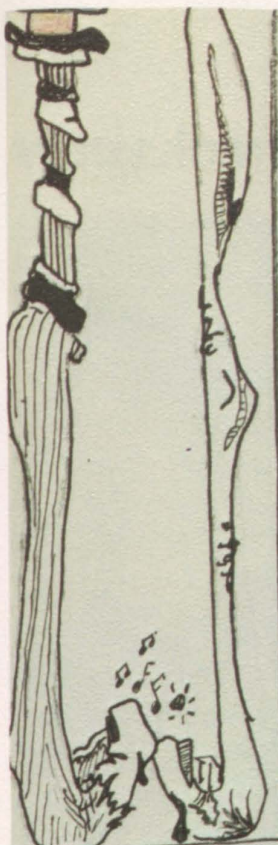
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Dedicated  
to the  
seniors  
Class  
of  
1975  
Shirley

CLASSES

FORD



"GIVE TALKIN"  
(SWEATING IT OUT AT)  
SOCK HOP.



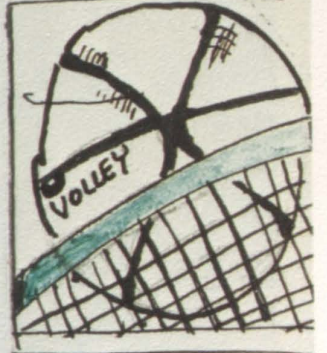
76.... THE YEAR  
OUR PRIVACY WENT  
RIGHT DOWN  
THE DRAIN!!



the year  
of  
the  
BOMB



NOBODYS LAUGHIN'  
#1 NOW!! #2



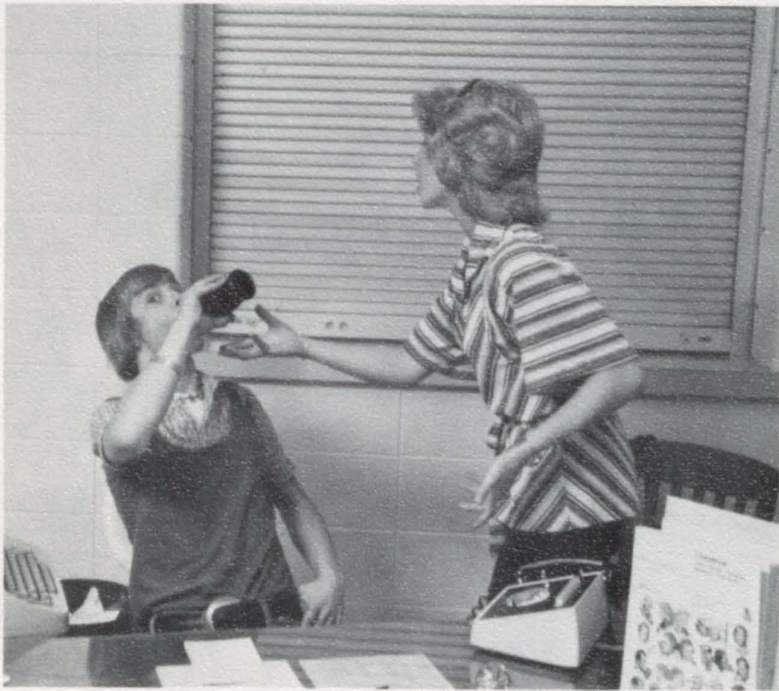
\*SKII!!



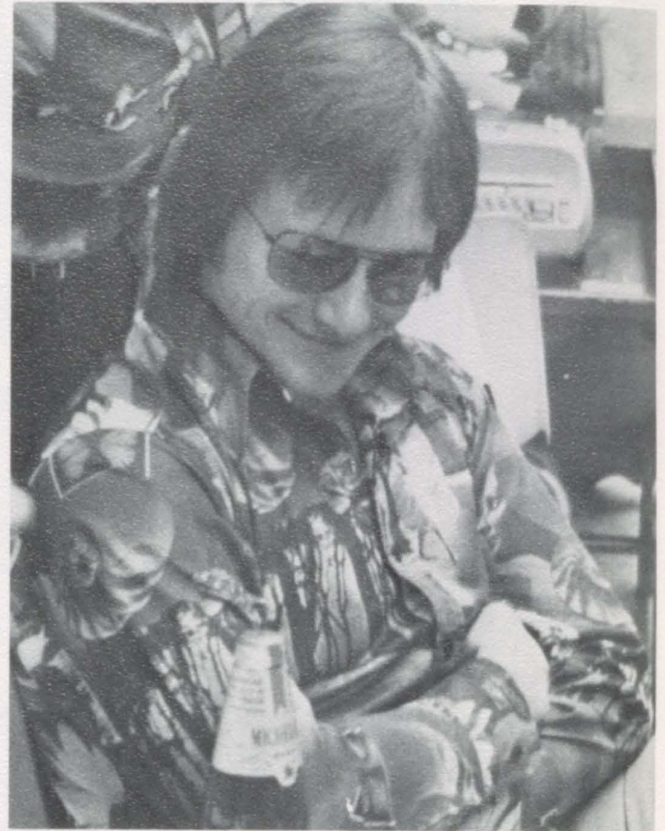
B.G.D.M.F.S.K

TADPO  
© 1976

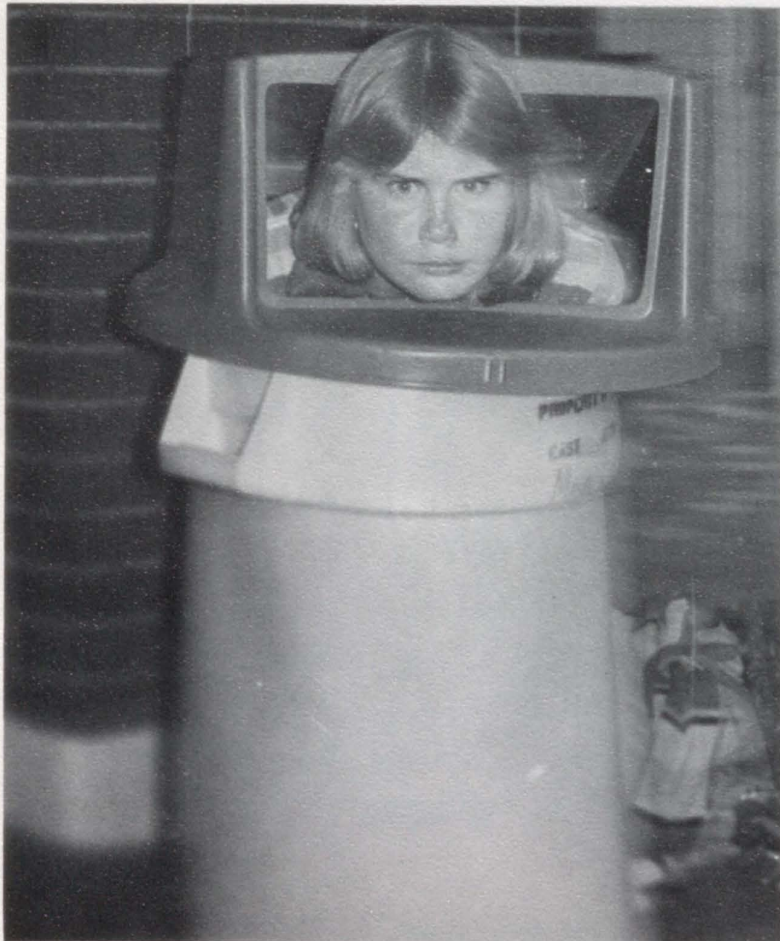
# Through the days of our high school years



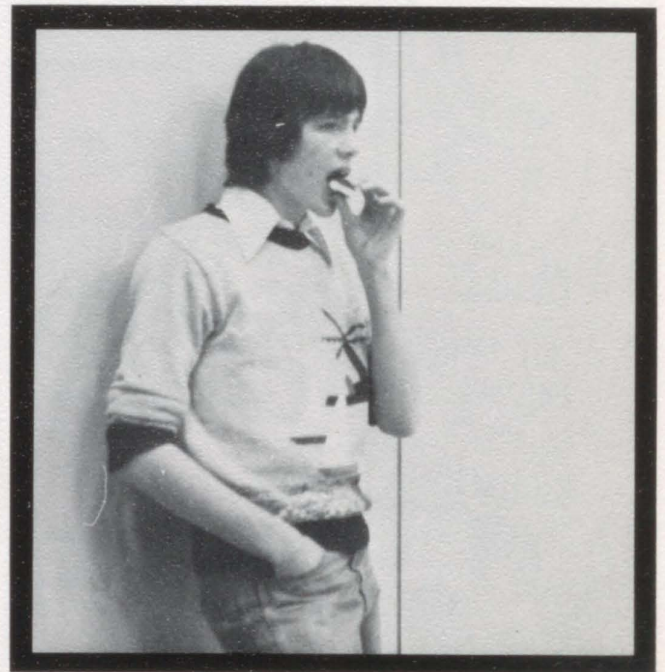
C'mon, I said just a sip.



"Man's best friend"



Left, Look, I'm biodegradable!



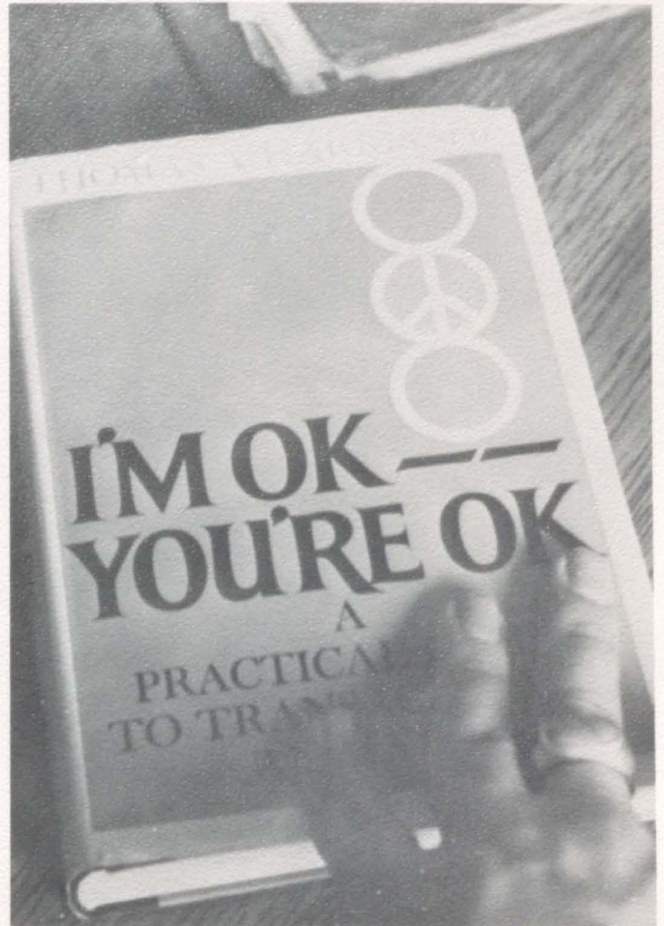
Above, John Sharp wastes away another fun-filled lunch hour.



we learn to become friends with our enemies.



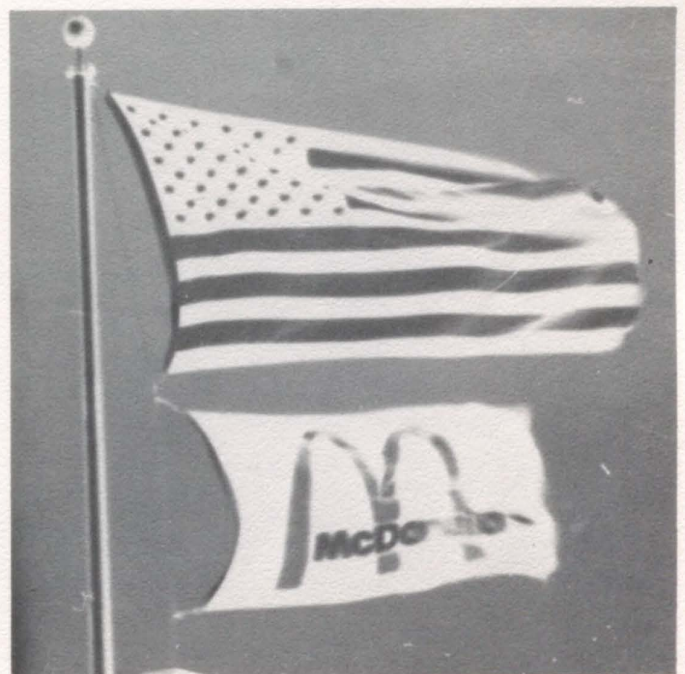
Central and East swing into the bicentennial with red, black and blue.



Compared to what?



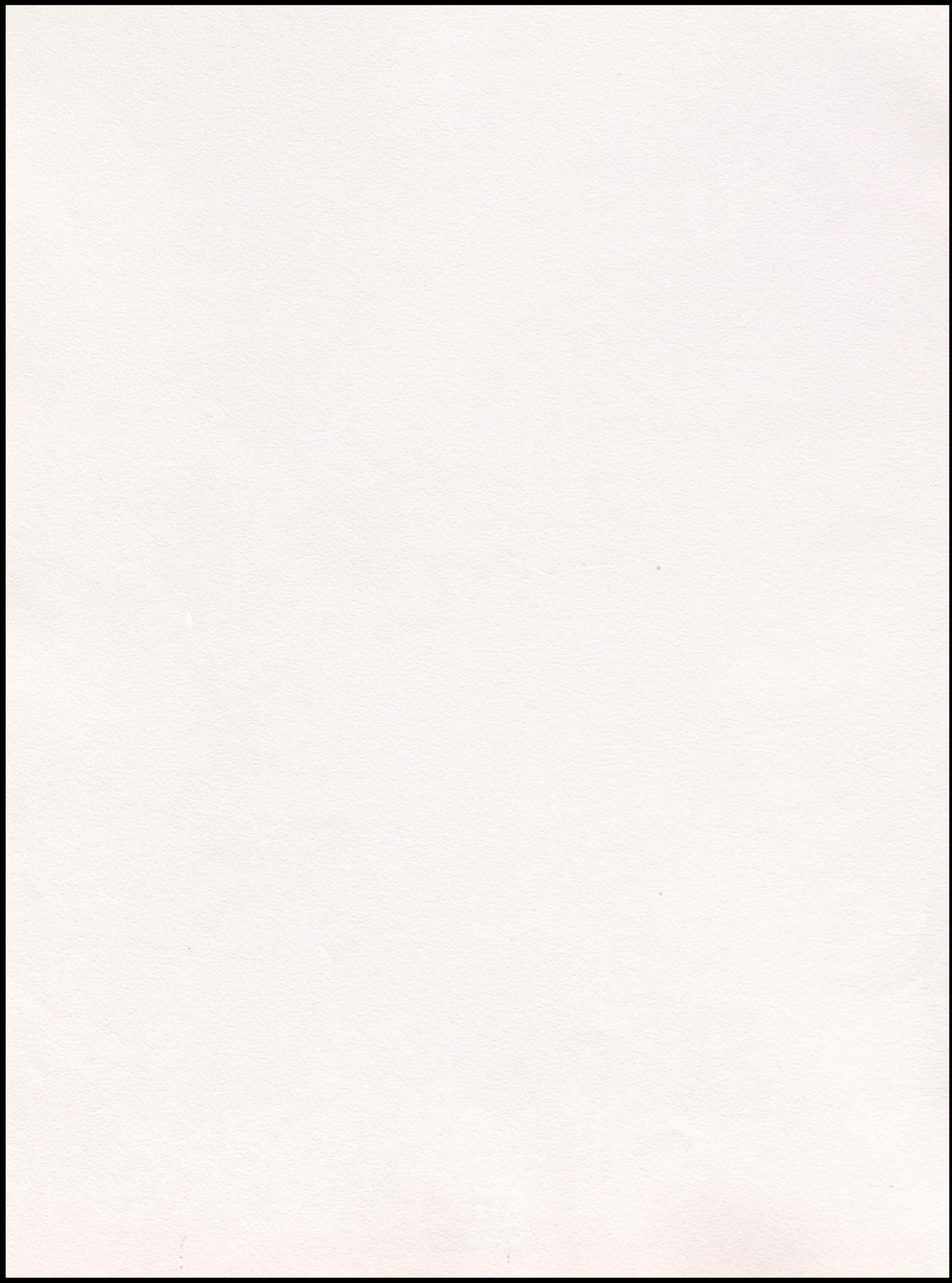
Calling all micel



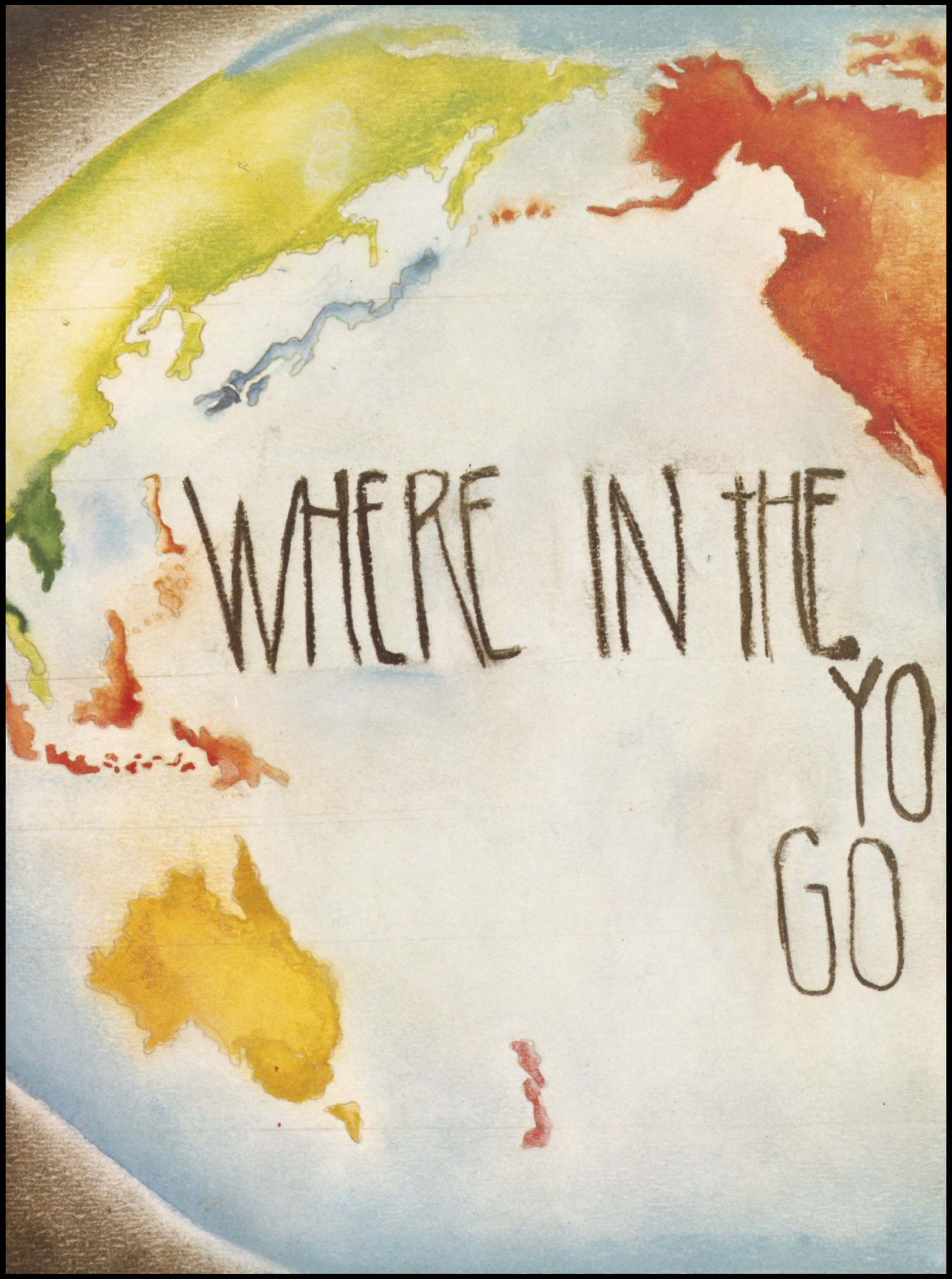
The 51st state?



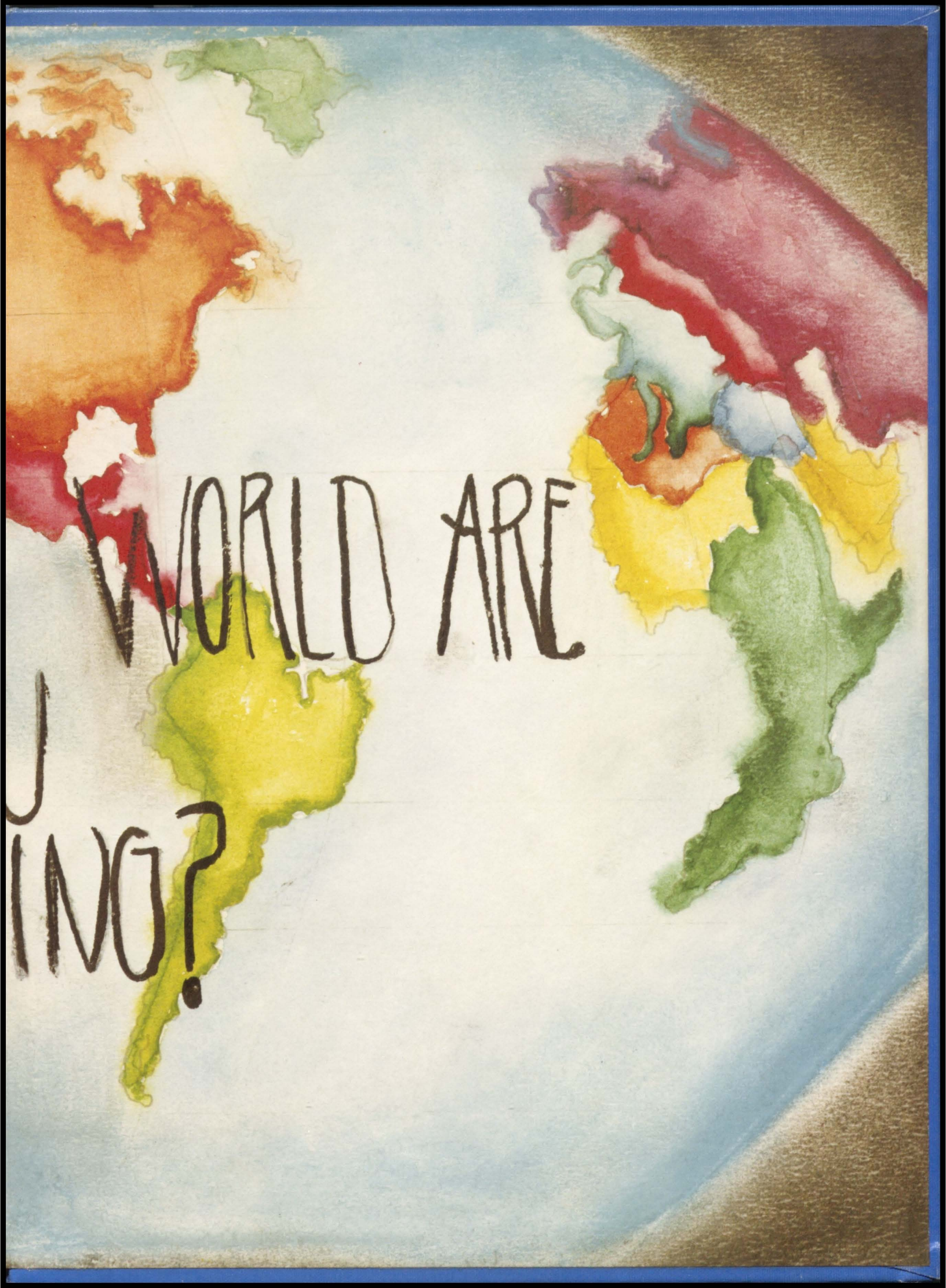








WHERE IN THE  
WORLD DO YOU  
GO?



WORLD ARE  
ING?

