Women's Life Cycle Rituals



Beginning in the 1970s, inspired by the recovery of Shekhinah,
American Jews added two rituals to the Bat Mitzvah
(a coming of age ceremony established in the 1920s initiating women
13 years and older into the religious tradition).

The new rituals included Simchat Bat (a naming ceremony) welcoming baby girls, and Simchat Chochmah (a celebration of wisdom) welcoming women into their maturity. These rituals recognized girls and women at life stages parallel to those honoring boys and men.