



DIY ; NOT VIP / IF YOU WANT  
 "RIGHTS"; JUST TAKE THEM /

THIS IS AN ANARCHISED GARDENER'S COLLECTIVE MANUAL  
 NO COPYRIGHT - PLEASE COPY AND DISTRIBUTE

If you're fed up with paying extortionate prices for stingily dosed psychedelic substances, or are concerned about them being chit with noxious chemicals; then you should be interested in a bit of anarchist field craft and home gardening.

In Britain, two species of 'magic mushroom' grow in the wild; these are the Liberty Cap (*Psilocybe semilanceata*), and the more potent *Psilocybe cyanescens*. There is also a more potent species called *Psilocybe cubensis* that grows in hot climates, this can be cultivated indoors over here - more on this later.

First of all; a word of caution; ensure that you have picked the right species of mushroom as poisonous ones can look similar. For identification refer to "A Guide to British *Psilocybe* Mushrooms" by Richard Cooper (Hassle Free Press ISBN 0 86166 004 8), the "Collins Guide to Mushrooms & Toadstools", and "Mushrooms" by Roger Phillips (Pan Books).

The most widely used species is the Liberty Cap, this starts to come out in late August/early September; be up at the crack of dawn to collect them over commons, golf courses, pastures etc. They can be eaten fresh or dried for keeping. Don't forget to collect the spores over a clean dry medium such as sawdust, bran, flour, or sand for re-sowing both where you harvested them, and over new sites to spread the gift to other areas. It is also a good idea to manure these areas as

constant harvesting of mushrooms can leach nutrients from their habitat, resulting in lower yields of mushrooms with less psilocybin content.

When you're taking them for the first time, it's advisable to have them with an experienced friend and to only have 30 mushrooms. This quantity can gradually be increased to the full dose of 500. You should not take mushrooms if you feel ill or under the weather.

*Psilocybe cyanescens* is rarer but more potent, however, once you've found some you can collect the spores and grow them on damp corrugated cardboard! For details on how to do this refer to P.Stamets & JS Chilton's "The Mushroom Cultivator" (Agarikon Press), usually available from Compendium Books, 234 Camden High Street, London, NW1 8QS, or \$35 plus \$7 postage from Homestead Book Co., PO Box 31608, Seattle, WA 98103, USA.

*Psilocybe cubensis*; this very potent species can be grown indoors, see "The Mushroom Cultivator" for instructions. The spores are available from the Homestead Book Co. for \$30, or from SoHigh Soho, 5 Berwick Street, London W1V 3RG (0171 2871295) for \$20. Remember to distribute the spores to your friends when you harvest your crops in order to spread around the goodwill. Dosage is fifty grams wet or five grams dry mushrooms.



औं



LAWS ; THEY MAKE 'EM - WE BREAK 'EM / ©

