

OPTIMIZING THE MANAGEMENT OF PAIN AND IRRITABILITY IN CHILDREN WITH SEVERE NEUROLOGICAL IMPAIRMENT: PHASE I

PRESENTER: **Edlyn Lim**

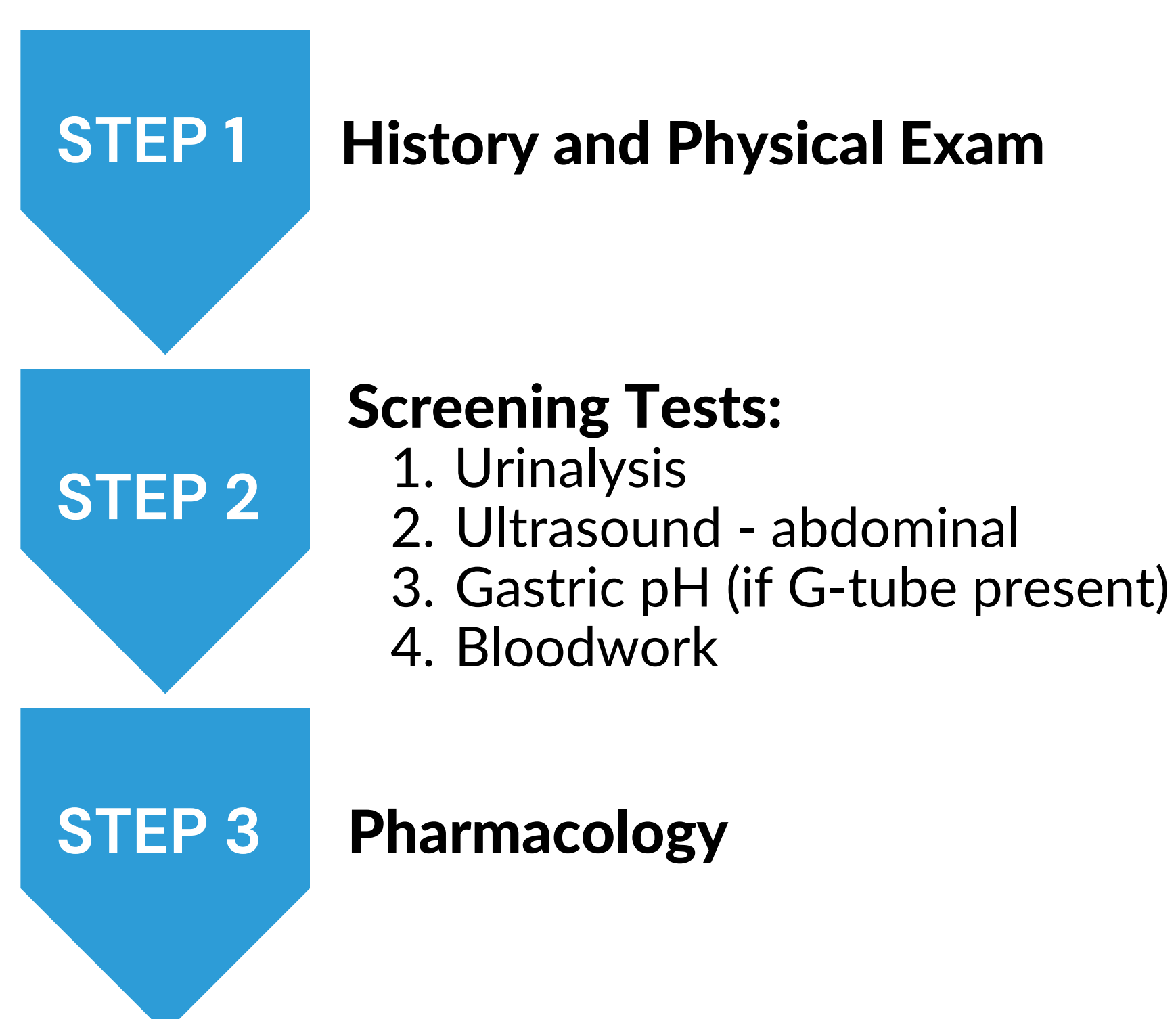
PI: **Hal Siden**, Co-PI: **Tim Oberlander**

INTRODUCTION

The study's purpose is to develop and evaluate a new clinical pathway to decrease and resolve pain and irritability of unknown origin (PIUO) in children with severe neurological impairments (SNI). Children with SNI are usually non-verbal, non-mobile, and have limited cognitive abilities. SNI is a result of various conditions which include severe cerebral palsy, traumatic brain injuries, childhood neurodegenerative diseases, and other genetic conditions. Examining a clinical pathway called the PIUO Pathway was the goal of our Phase I investigation into the underlying causes of pain and irritability in children with SNI.

METHODS

- Eligibility: children aged 6 months to 18 years with SNI and have PIUO.
- Waitlist-controlled RCT design with children randomized to the PIUO Pathway or Waitlist (standard care) treatment groups.
- The PIUO Pathway**



DEMOGRAPHICS

- 72 participants enrolled.



- Average age of participants is 6.5. The youngest participant at baseline is 7 months old and the oldest is 18 years old.

SUCCESSFUL! ~30% of Pain is Resolved or Identified

Currently, Participants Who Completed Phase I:



19.4% Pain Resolved



9.7% Pain Identified

The PIUO Pathway may streamline pain management for this population and improve the well-being of children and their families.



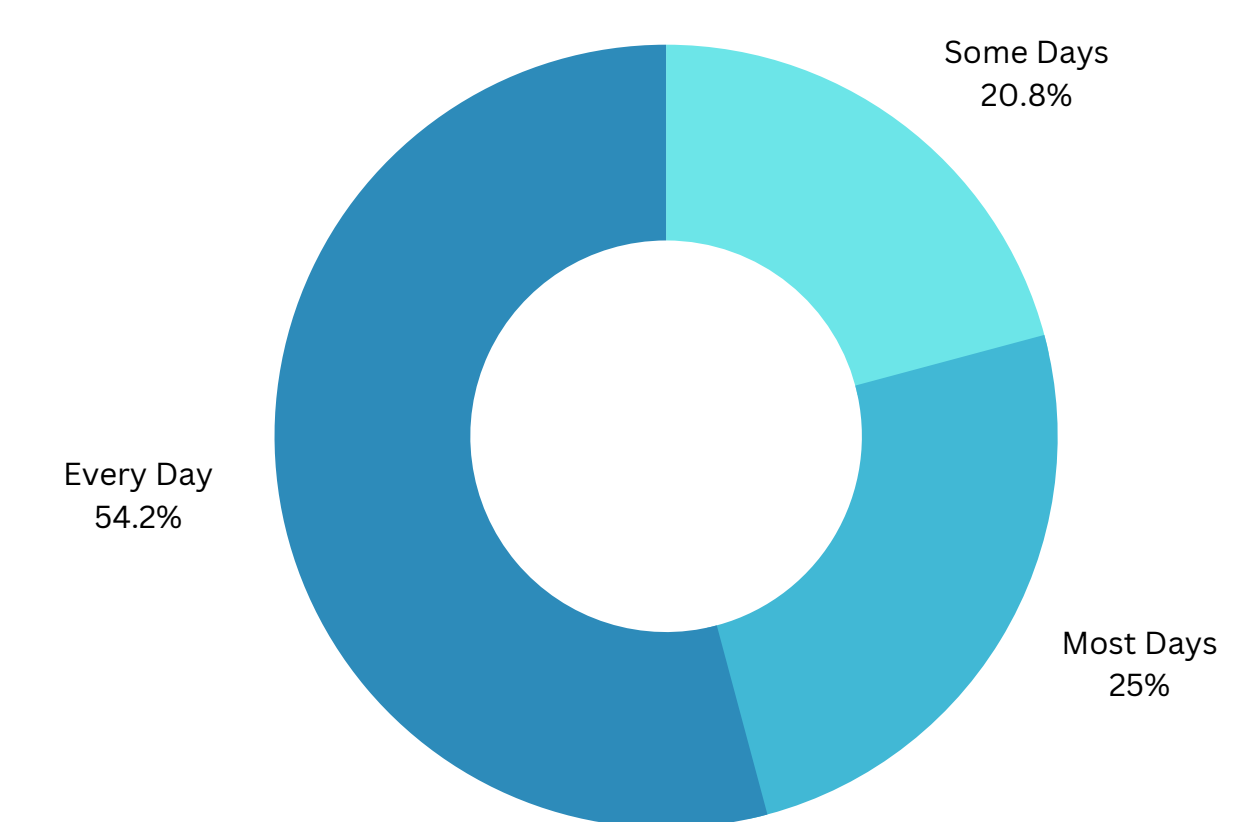
RESULTS

Top 3 Diagnostic Categories

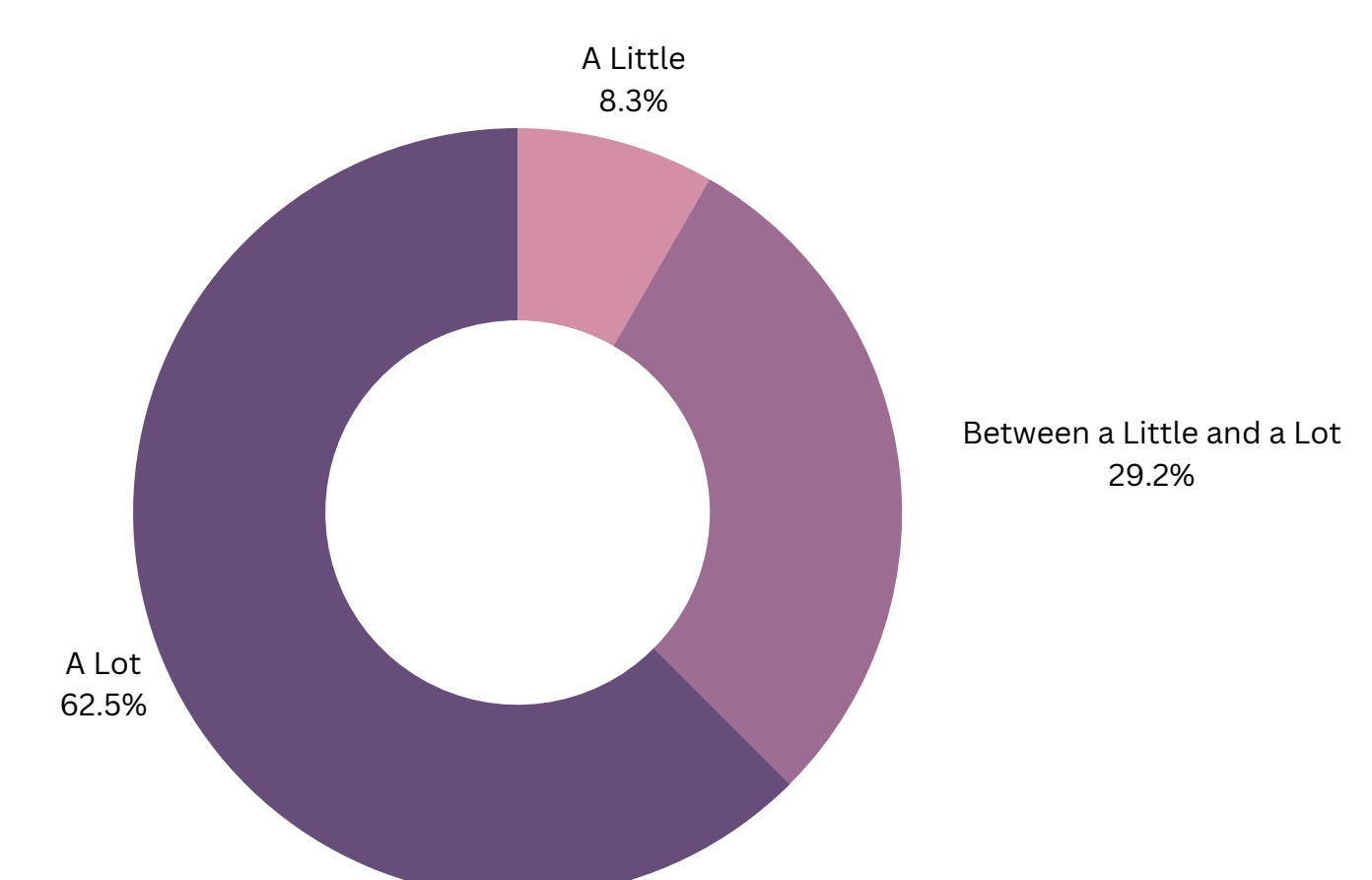
- Severe Neurological Impairment (not yet diagnosed) - 25%
- Neurodegenerative Diseases - 19.4%
- Multi-organ Congenital Abnormalities - 12.5%

Parent-reported Timing and Distress for Participants Experiencing Pain and Irritability at Baseline

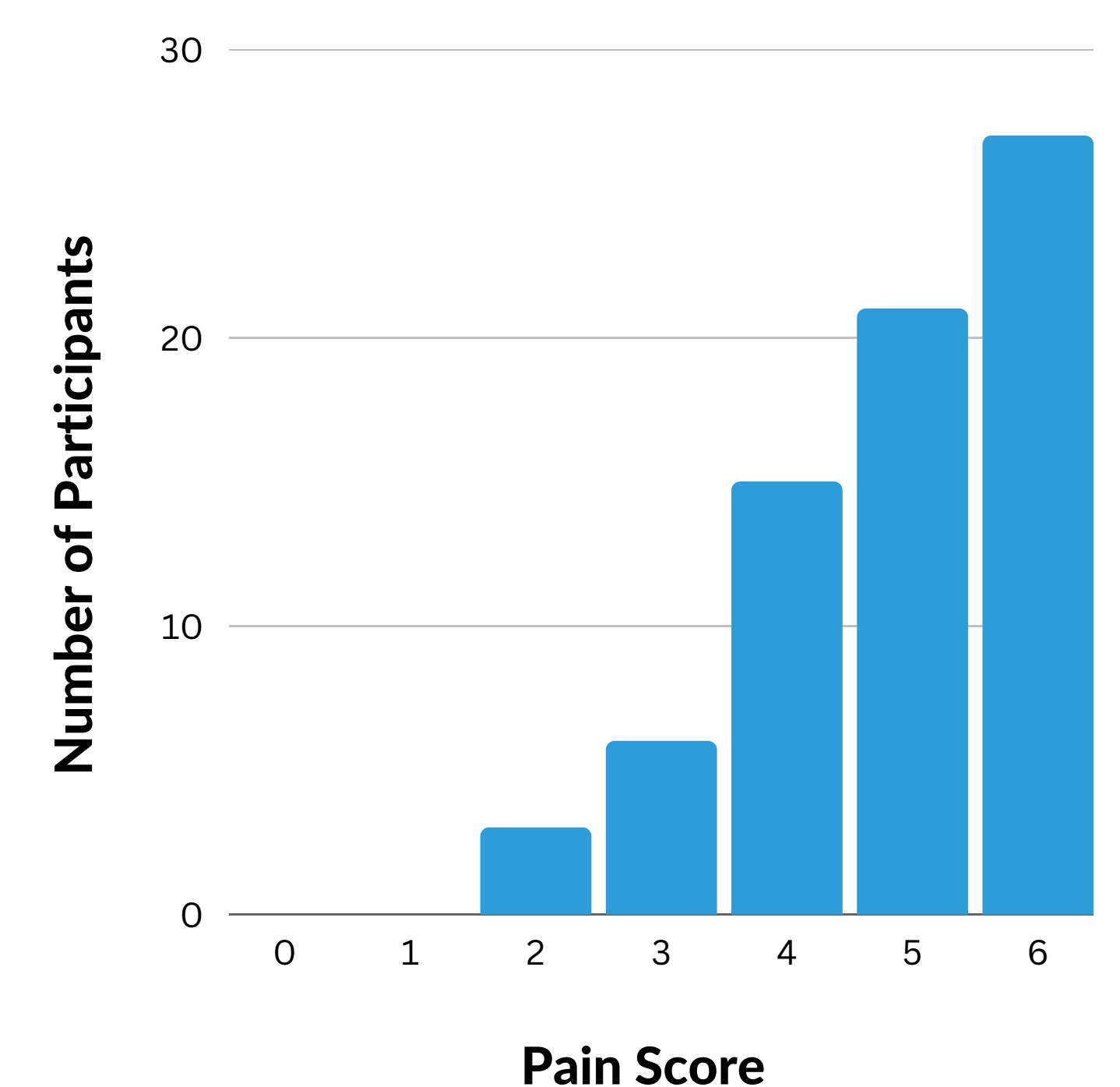
How often has your child experienced pain and irritability in the last two weeks?



Thinking about the last time your child had pain and irritability, how much did they have?



- Total average baseline pain score is 4.9 out of 6 (maximum score).



REFERENCE

Siden H et al. Optimizing the Management of Pain and Irritability in Children with Severe Neurological Impairments. [ClinicalTrials.gov](https://clinicaltrials.gov); 2019:1-20.

AUTHORS

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