

Can we talk?



FUCKING

DON'T FUCK WITHOUT A CONDOM!

There is increasing evidence that fucking is one of the most likely ways to get AIDS. Because the rectal lining can be easily injured during anal intercourse, virus or germs in your partner's semen can enter your bloodstream. If you're going to fuck, use a condom. *Intact* condoms have been shown to be reliable in blocking transmission of viruses.

To further reduce transmission, don't use spit as a lubricant. Only use *water-based* lubricants from a spigot-like, closed container that can't spread fecal germs.

If you're going to use dildoes and toys, only use your own. Keep your toys clean and don't share them with others.



STREETS OF SAN FRANCISCO
STAR
KARL MODERN SEZ:
"DON'T LEAVE HOME
WITHOUT IT"

WATERSPORTS

CLOSE YOUR MOUTH

Urine on unbroken skin probably presents little risk, but when it enters your body it becomes an exchange of a bodily fluid.



FISTING

VERY RISKY

Through injury to the rectal tissues, germs may penetrate into the bowel and bloodstream. The inserting partner's hand is also exposed to these germs and, with the tissue injury involved, could be exposed to his partner's blood. This is a practice for which correlation with AIDS has been proven. Fisting before or after unprotected fucking is danger on top of danger, so don't!

Finger fucking may be safer if the finger has no unbroken skin. And keep those nails well manicured!

DRUGS AND ALCOHOL

CUT BACK

Although drugs and alcohol aren't considered a direct cause of AIDS, we need to be concerned about them, just as we are about our sexual practices. Alcohol, speed, marijuana and poppers damage the immune system, leaving us open to diseases we might otherwise be able to ward off, perhaps making us more susceptible to AIDS. *I.V. drug use is a direct high risk for AIDS.*

Drugs and alcohol impair our judgment and damage our ability to make wise decisions. When we get high, we are likely to be tempted into sexual activities which are riskier for AIDS.

So cut down or eliminate your drug and alcohol use. If you use drugs, don't use needles. And if you think you have a drug or alcohol problem, get professional help.



AIDS, Acquired Immune Deficiency Syndrome, is a serious crisis affecting everyone, but especially gay men. We wrote this brochure to inform men of unsafe, possibly unsafe, and safe sexual practices. And just as importantly, we want this brochure to help all of us gain the strength to make the necessary changes in our sexual lives—changes that will help us experience sexuality which is conscious, satisfying and safe. These risk reduction strategies

congratulations

You've taken the initiative to care for yourself and your partner. The AIDS virus has been found, but the epidemic is far from over. This brochure tells how you can reduce your risk of getting AIDS. Protecting yourself doesn't mean giving up sex. It means enjoying sex that is safe.

Researchers agree that unsafe sex is that in which bodily fluids are exchanged, especially blood and semen. The more partners with whom sexual activity includes exchange of bodily fluids, the greater the risk.

Safe sex is something we've all been talking about. Now, let's do it!



Can you pass the safe-sex test?

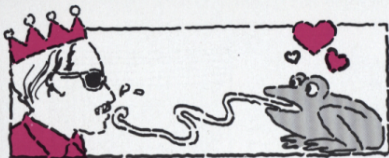
SEX I LIKE TO DO (OR MIGHT BE TALKED INTO)

Please check the boxes that apply to you.

SAFE **POSSIBLY UNSAFE** **UNSAFE**

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Being fucked without a condom | | | ■ |
| <input type="checkbox"/> Fucking without a condom | | | ■ |
| <input type="checkbox"/> Being fucked with a condom | | ■ | |
| <input type="checkbox"/> Fucking with a condom | | ■ | |
| <input type="checkbox"/> Sucking/getting sucked | | ■ | |
| <input type="checkbox"/> Sucking to climax | | | ■ |
| <input type="checkbox"/> Masturbation/jacking off | ■ | | |
| <input type="checkbox"/> Body rubbing | ■ | | |
| <input type="checkbox"/> Hugging/kissing | ■ | | |
| <input type="checkbox"/> French kissing | | ■ | |
| <input type="checkbox"/> Watersports in mouth | | | ■ |
| <input type="checkbox"/> Watersports on unbroken skin | ■ | | |
| <input type="checkbox"/> Finger fucking | | ■ | |
| <input type="checkbox"/> Fisting | | | ■ |
| <input type="checkbox"/> Dildoes and toys, not shared | ■ | | |
| <input type="checkbox"/> Fantasies | ■ | | |

If you checked boxes for sexual activities that are coded black or gray, your job is to change to activities that are coded pink. Our goal is to stay in the pink—and stay healthy!



KISSING

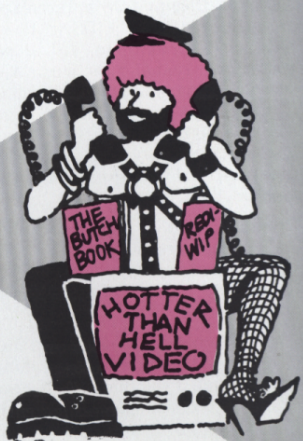
POSSIBLE RISK

If neither person has open cuts or sores on the mouth or lips, kissing represents little risk. However, the possibility of risk in deep "tongue" kissing is unknown at this time.

HUGGING

YES! YES! YES!

Be creative! Sensual massage, nipple play, verbal games, role-playing, toys, cuddling, erotic touching, costumes, brunch, phone sex, mirrors, shopping, uniforms, fantasies... Use your imagination!





JACKING OFF

GO FOR IT!

Since no bodily fluids are exchanged, mutual masturbation offers no risk for AIDS transmission. Go wild in your fantasies with yourself, your partner and your buddies. Any form of body contact that doesn't put you inside someone else's body is okay, whether it's body rubbing, hand jobs, or whatever. Be careful about getting cum in cuts.

SUCKING

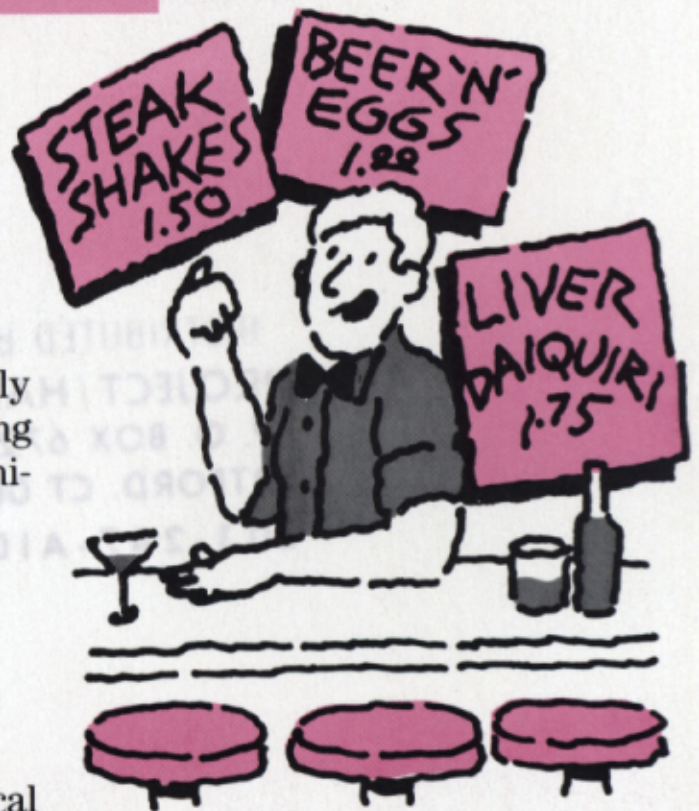
*STOP BEFORE CLIMAX,
DON'T SWALLOW CUM*

Remember that semen and pre-cum are bodily fluids that can contain the AIDS virus. Keeping cum out of the mouth is the best way to minimize exposure.

RIMMING

VERY RISKY

The active partner is at risk of swallowing fecal germs. The receptive partner may absorb his partner's saliva into his bloodstream. Rimming exposes you to many infections and should be avoided to stay healthy.



IT'S TIME TO TRY
NEW
PROTEIN DRINKS!

DRUGS AND ALCOHOL

CUT BACK

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Many of us have made some of these important changes. Most of us realize that we have not made enough...yet.

- *Have only safe sex.*
- *Learn to say no.*
- *Choose partners you can have safe sex with.*

We are fighting for our lives. We will not deny our sexuality, but we can be sexual in ways that will not put us in significant danger of contracting this life-threatening disease.

We also must support community organizations in demanding that government and health institutions respond adequately to this crisis. We have a right to quality health care. We refuse to die as a result of homophobic governmental neglect. The AIDS crisis will only end when we exercise that political strength we have built over the years.

Remember, guys, we're all in this together.

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