

The Golant Pill

taken every two months...

Midsummer Miscellany



The birds...



... and the bees!



Guess both these couples have been told about the birds & the bees...!!

You can read more on three of these stories inside.

FROM THE EDITOR

This August/September issue is always a tricky one to compile, as it is printed just before the many regular summer events which are enjoyed in our lively village.

Thus, we miss fresh reporting on the Carnival & Sports, Madness in the Pill and the Flower & Produce Show.

Newer readers may wonder why our newsletter year does not start with a January/February issue. It is, purely & simply, that our very first issue in 2007 was published at the beginning of February, and the ensuing bi-monthly format has remained the same ever since!

However, many joyous events have occurred in June & July, and it is a pleasure to report them.

Not least, there have been three weddings, all with local links, although the ceremonies were all in different venues! Two of these are reported (p7).

One had a truly international flavour, and this element is also echoed in two other items triggered by one reader in Australia (p3) and another from Greece (p7), both with links to Golant. It is a pleasure to include these, as both reflect the history of our village inhabitants, past and present. And the last *Pill* sailed all the way to Ireland... (p4).

On a different note, the wildlife so far this summer has produced some interesting stories, and I make no apologies for including observations and experience in our own garden (see *opposite column* and p9). Karen's Nature Notes (p12), sightings of jellyfish in the Harbour News (p10), & a village wildlife walk by the Friends of the Fowey Estuary group (p11) all reflect the diverse nature of our beautiful area. And – a somewhat tenuous wildlife link (though perhaps not!) – do read about the village Safari (p15)....

The Golant Heritage Group (p3) continue to provide us with fascinating discoveries, this time with an archaeological flavour, linked with the village's cider heritage.

Meanwhile, we look forward to our forthcoming summer events. Inside this copy, you should find some inserts– one detailing the items on Carnival & Sports day, and another giving information about the forthcoming Auction of Promises, organised by the Village Hall Committee. Enjoy the rest of the summer!

Gillie Harris

Editor's Nature Notes...

Earlier in the summer, we'd noted bees around two chimney pots; one is for our multi-fuel stove and the other is a blocked off pot which used to serve a bedroom fireplace in our old cottage, gone long before our time.

When some bees appeared in our stove fireplace, action needed to be taken, and a smoky fire resulted in a huge swarm exiting their chosen home! Village beekeepers Ian & Sarah Laughton kindly brought up two small holding hives, but the bees were not impressed, and instead, formed a swarm high up on the eaves, inaccessible at the time. Interestingly, a couple of days later, we noticed a swarm on a low branch of our oak tree, which Ian & Sarah were able to recover. Were they the original chimney residents, which had moved on?

However, a number of bees continued to hover around the disused pot, and appeared to be getting in through air holes. Time for Plan B - disappointing, as Mike and our elder daughter Claire had been avid beekeepers in the past... A most helpful Pest Control chap (*we have his card*) came with advice, and a few weeks later, after scaffolding had been erected, he returned, squirting organic powder into the holes. Some robber bees still hovered. He needed to make a second visit in order to remove the cap to check what was inside. A very loud "WOW!" was heard from high above. This mass of old and newer honeycomb was removed; an extraordinary amount.



Wally, our lovely builder, then came and filled the holes and fitted a special cap for disused chimney pots, which incorporates an insect guard. Eureka...!

Gillie Harris

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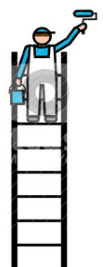


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There have been three events recently that have, for me, reinforced the value of the work of our group.

The first was a message on our Face Book page from a lady, Therese Nicol, in Australia, who was coming to Golant in search of information on her late father, Roger Duvollet. I was able to put her in touch with David Skerrett and Alastair Barr, who had known her father well. She returned to Australia happy, complete with some vivid descriptions of her father's colourful life. (See her story opposite.)

Then we had a wonderful illustrated talk from Stuart Hunkin, who painted an entertaining picture, laced with humorous anecdotes, of what it was like growing up in Golant in the 1940s and 50s, having lived in a little bungalow beside what is now the village green. We always have a great turn out for these kinds of talks, and the evening culminated with a lively question time. The aforementioned Therese had come along, and there came a marvellous moment when she asked Stuart if he had known Roger Duvollet, to which he answered, "Yes, I knew him well". Her reply, "Well, I'm his daughter," took Stuart completely by surprise and his reaction was a joy to behold! It turned out that several others in the audience had known Roger, and the ensuing chatter at the end of the evening was entertainment in itself!

The third thing is Kenny and Gwen's 'find'. Whilst digging foundations to build a garage on land attached to their house, *Swingletree* – the site of a former dairy/cow house once owned by the Vincents - a large circular granite stone and a small granite trough were unearthed.



Much of the land around there was once cider orchard and we knew that there had been parts from a twin screw cider press discovered on that site several decades ago, through research for our project on Golant and its Apple Heritage. This stone is indeed from an apple crusher. It would have been fixed vertically as can be seen in the photograph of an apple crusher in *Hereford Cider Museum*, (below) and another example of a stone like this, formally from a cider press at *Wringsford Farm*, is now part of a garden feature at *Penquite Farm*. Ken and Gwen are keen to incorporate theirs into the outside of their building as a feature, so that it can be seen by passers by.



Penny Parsons, Chairman

Our Special Visit

Our visit from Australia to the beautiful little village of Golant in Cornwall had a purpose.

My father, Roger Henri Duvollet, spent a large part of his life there, and I was hoping to be able to talk to some local people who knew and remembered him to find out more about his life.

My father would be 97 if he was alive today, and I was so lucky to find so many wonderful people who knew and remembered him- more than I expected- that were happy to talk about his life in Golant.

I have wonderful childhood memories of my dad. We had a lot in common including a love of animals. I remember how enthralled I was when he surprised me with a present of a little puppy. Occasionally he would give me a half-penny and a ration point to buy sweets at the sweet shop; such a treat.

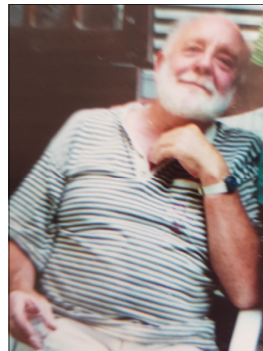
I was born in Northampton in 1943 - Roger's first born to his first marriage, an Australian, Mindah Louis Haly. I have a younger brother and sister. We grew up in Battersea, London, and lost contact with my dad when my parents parted and my mother returned to Australia with her three children.

I want to thank Penny Parsons for putting me in touch with people who knew my dad. I also want to thank Dr David Skerrett and his wife Mary, Alastair Barr and his wife Viviane, for our lovely get together at *The Fisherman's Arms*. They told me so many stories about my dad.

Also many thanks to Stuart Hunkin who gave an interesting talk at the village hall about his growing up and life in Golant. Stuart knew my father very well, but was totally surprised to hear of a previous marriage and family. He greeted me with open arms – a lovely response.

I now know the full story of my dad's life; I have closure. Thank you all.

Therese Nicol (née Duvollet)



L. Roger Henri Duvollet

R. Therese with her husband Stewart

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Oh So Nice...



My little ship took me safely back to Fowey after 48 nights at sea and 14 stops in harbours or anchorages around Ireland. Managed to dodge all the gales which were frequent in May and June. My *Pill* magazine shot above was taken in a torrential downpour off *Malin Head*, just before I decided to flee back down the relatively sheltered waters of the Irish Sea, rather than tackle the wild west coast in that very unsettled weather.

As the song goes -

*It's oh, so nice to go trav'ling,
But it's so much nicer,
Yes, it's so much nicer to come home.*



Pleiades and her skipper enjoying a sundowner at Polridmouth on return to home waters.

Robin Anderson



St Sampson's Handbell Concert - Bell-issima!

Revd Philip de Grey-Warter billed this concert as the highlight of the year for St Sampson's, and he wasn't wrong. What a joyful and fitting way to celebrate St Sampson's Day.

Able led by Simon Funnell, the handbell team has gone from strength to strength in the last four years, mastering pieces of increasing complexity and interest. Playing an all new repertoire, the two ensembles led the audience through an eclectic programme of tv theme tunes, national anthems and works by the great masters. As Simon put it, a liquorice allsorts of entertainment ranging from the sublime to the ridiculous.

Impossible not to mention the glorious setting for this concert.... *The Boathouse* on a perfect summer evening just enhanced the whole experience. I swear the bend in the river grew before our eyes as the ringers chimed out the theme to *Eastenders*. The first half included the national anthems of Spain, Russia, Austria, Denmark, Israel and Japan. We were treated to spirited renditions of *Scotland the Brave*, *Trumpet Voluntary* and *Schiller's Ode to Joy*, the programme woven together by jokes and anecdotes from Simon, which were received mostly with polite groans!

The second half included anthems from England, Australia and New Zealand.... and by the time we got to *Waltzing Matilda*, the audience had become more confident in its contribution, allowing a modest hum to grow into a full sing along. My personal disappointment at this stage, as a Welsh lady, was the oversight of my homeland. I'm putting in an early request for *Delilah* for next time please! The big finale was spectacular. The ringers played Handel, the audience, (a little Brahms and Liszt,) were entranced at the ambition of our Golant ringers, playing *Arrival of the Queen of Sheba* and the *Hallelujah Chorus*. What a long way the St Sampson's team (*gloved up & ready to ring, below*) have come! Congratulations to all for a wonderfully entertaining evening and big thanks to Judy for providing the perfect venue.

Glynis Kelly



Eclipse

Not to be outdone after seeing some of my Moon shots, Max Schneider, boyfriend of little Lizzy (they have had a week's holiday here with his parents) took this nice shot of the partial lunar eclipse over the Fowey on 16th July. The Moon is covered 65% by Earth's shadow.

We are so lucky to have almost no light pollution here. Technical details: Nikon D7200 camera with a 200-500mm zoom lens.

Robin Anderson

The Golant Village Website

Don't forget that you can access *The Golant Pill* on our village website. It is, quite simply-

golant.net

Click on 'GOLANT PILL' below the lovely photograph of the river, and you can open past editions of our newsletter, saved as PDF files.

Debbie includes those from the past year or so for you to access.

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The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

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Village Hall Committee

Bag yourself a Unique Experience at Village Auction

Put the evening of Sunday 25th August in your diary; it is a night not to be missed.

Following on from our highly successful auction in 2015, it is back again, and this year offers even more fun, as we are making a night of it in partnership with the *Fisberman's Arms*, when there will be a BBQ and musical entertainment. The auction will be held in the pub's riverside marquee with auctioneer Martyn Hardy in charge of the gavel – that should be interesting!

The lots offer bidders unique opportunities to enjoy the best of Golant and the river, and the many talents of villagers, whether culinary, artistic or musical – and, of course, nautical.

The plan is for Nick to fire up the BBQ at 6pm (with free salads and desserts provided by the Village Hall Committee), with the auction running between 7pm & 9pm. Then it is time to get your dancing shoes on and enjoy the rest of the evening.

The lots already promised can be found in the insert in this *Pill*. Take time to check out which ones you want to bid for; you may want to get together with friends to make a group bid for some of the experiences on offer. If you can't make the evening, send a pre-auction bid to Debbie (details below).

Bring along your cheque book or cash, as unfortunately we cannot take cards. Money raised will help to bring the Village Hall toilets up to modern-day standards.

There is still time to offer a promise – contact me at debbiepughjones@aol.com

Aside from the Auction, there is good news for those of you in GRADS. No more leaky window in the changing area! This is being replaced, as are the stage curtains, which no longer meet fire regulations. A new set will be in place this Autumn, just in time for *Comedy of Errors* by *Two Gents* on Friday, 18th October.

Another date for your diaries is Friday, 13th September, when we have our annual cinema show on the village green at dusk. This year's offering is *Top Gun*, featuring hotshot maverick fighter pilot, Tom Cruise – a great opportunity to join in and sing along to *Take my Breath Away* with family & friends.

Hope to see you all at the Auction.

Debbie Pugh-Jones, VH Committee Member

To book the hall, or for any enquiries, contact Fayre Hardy, at:

golantvillagehallhire@gmail.com

or tel no 01726 833380

Cornish Charms

- Rub a bad back with an empty bottle.
- For sciatica, carry either a knuckle bone of a leg of mutton, a raw potato, a piece of lodestone or a nutmeg in a pocket, or round the neck.
- To cure warts, steal a piece of meat, run it over the warts and bury it; or pick a peapod with nine peas, throw away the ninth pea, saying "Wart, wart, dry away". As the pea rots, warts disappear.

Extracted from 'Jan Bedella's Fiddle and other Cornish Sayings'
by Kathleen Hawke

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Two Weddings

Dave & Roz



Saturday, 29th June couldn't have been a more perfect day. The setting – St Sampson Parish Church; the occasion - the marriage of David Paull & Roz Arlott; the church - stunning, with the beautiful flower displays professionally arranged by Ruth Varco and her team.

After a very relaxed service, the bride & groom left the church, showered in some home-made confetti by family and friends, to be driven away in a vintage white Alvis to the wedding reception at *Boconnoc*. Unbeknown to Roz, the mode of transport changed en route to a beautiful horse-drawn open carriage. What better way to arrive at *Boconnoc* along the picturesque drive to the stunning house. It was decorated beautifully, and the food was delicious, with excellent service by *Boconnoc* staff and *The Round Kitchen*.

After the meal and speeches, the wedding party retired to the drawing room for the traditional cutting of the wedding cake, followed by dancing way into the night to end a wonderful day. But it didn't end there.... Next day, there was another great party at *Lower Demesnes* - Ed & Nicky Paull's home. Dave & Roz went to the Isles of Scilly for a few days relaxation, but are planning to travel further afield in the autumn.

I have to mention the four page boys, Ethan, Henry, Ben & Sam, so well behaved, especially during the church service—like coiled springs—soooo excited, but they held it all together; well done! Congratulations to Dave & Roz with our love.

Gill Paull

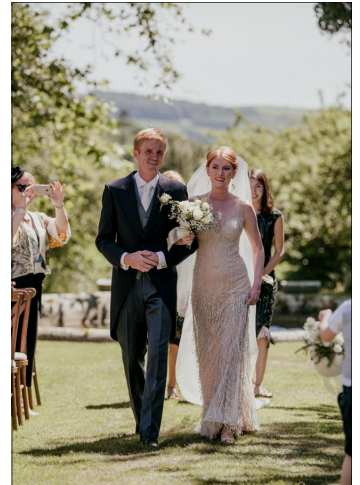
Mary & Saul

On Saturday, 6th July, *Boconnoc House*, with its beautiful wide green spaces, and idyllic weather, witnessed the blessing ceremony of Susannah Mary Shelley & Saul Castro-Gomez from Valencia, Venezuela.

Appreciative members of the Golant community, as well as family and friends from various parts of the world, gathered in this beautiful region of Cornwall to welcome guests from different countries in a truly memorable international celebration. In Mary's uncle's speech (in place of her late father) he said, "May I first welcome you all to Cornwall's version of the United Nations".

Before the meal, the guests were entertained outside in the grounds by *Classical Strings*, a string quartet, who included in their programme a Venezuelan Waltz— *Alma Llanera* - and the party from that country started to sing to it. A truly joyful occasion, and indeed, all the guests enjoyed the beauty of Cornwall at its best!

The newly married happy couple travelled to the UAE where they are now based.



The TABB family

Imagine my surprise when out of the blue in May I had a phone call from Greece! It was a lady called Jill Lawer, who had picked up my details from the online *Golant Pill*, which she follows because she has close ancestral links with Golant, being a member of our indigenous **Tabb** family! She has lived in Greece for 18 years.

Jill then very kindly sent this wonderful photograph, taken in Golant in 1935, of **William & Mary Tabb** (*centre front*) with their six sons (*L-R*)— **Tom, Reggie, Leslie, Gerald**, (Jill's father) **Ronald & George**, and six daughters (*L-R*)— **Susie, Alice, Ethel, Ivy, Muriel & Winifred**.

She also named all their spouses and offspring, and our very own Roger & Vic Tabb will know exactly who is who! Fascinating...

Gillie Harris





Hot or What?

While I was sitting down on the terrace at the *Quay House Hotel* (doing my Boatwatch duty of course) and in the sunshine, watching the 'classic sailing boats' parading down the river, I tried to imagine a better place to be. And with the recent weather we have been enjoying, it is really hard to beat living where we do.

Regatta Week:

It is not long now before Regatta week comes to Fowey. Probably best to get a programme when they are available, to ensure you don't miss any of the many events that will be on offer, including of course the sailing for those that take an interest in the racing side of the sport. But the big attraction (apart from Troys and Fowey Rivers of course) will be the Falmouth working boats. So, do try and see them when they are here.

Police on Duty:

Our photograph in this issue, (Russ Hall on river duty) reminds us that the Police (and Border Force) are always out and about and on the river (and out at sea) to keep an eye on things. And as mentioned previously, "If something doesn't look right, then it probably isn't!" The Border Force in particular are happy to receive calls, just in case they are needed.



Call to Arms:

The operational and financial success of any organisation is likely to be based on numbers of members. So with this in mind, we have recently introduced our Golant Boatwatch "Flyer", so ably put together by David Bonsall, to see if we can generate more members. There is one on the pub counter, so have a look next time and take a leaflet to pass on to a friend who may be interested.

Enjoy the Summer, but keep a "look out!"

*David Jenkinson,
Chairman, Golant Boatwatch*

Golant Quay Users Association

I have sent out all the membership renewal letters, so if you have not already renewed and want to, then the deadline was 31st July. So please get your renewal forms and payment returned as soon as possible.

The berth allocations will be made in September and the stickers will be sent out as soon as possible after that.

*Peter Edwards
Chairman, GQUA*

If anyone spots a problem on the river, please contact one of the following:

Harbourmaster's Office 01726 832471
(out of office hours transferred to Duty Officer)
David Jenkinson (Boatwatch) 01726 832246

To contact the Police, please take note of the new number **101** which you should use in a **non-emergency** situation.

In an **emergency**, or if you think a crime might be in progress or pending, dial **999** for **Police** and **Coastguard**. You can say "reference Operation Kraken" if the incident is concerned with maritime crime or terrorism.

The **Plymouth UK Border Force** is 01752 689 200.

[Uncle John's Gardening Year](#) & [Auntie Paddy's Recipe Book](#)

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Golant Sports & Carnival

Golant Carnival and Sports will be held on 10th August with the children's races starting at 2.00pm. Races are for all age groups and there will be standing long jump and shot-put as well as sack and three-legged races. Time permitting, we might even fit in some adult races and Tug-of-war for children and the traditional Golant versus the Rest of the World. Side shows will include Splat-the-Rat, Tom-bola, Treasure Hunt and Book Sales.

Everybody is welcome especially those here on holiday.

Cream Teas and fantastic home-made cakes will be served in the marquee by our lovely volunteer village ladies. If you fancy making a cake, please bring it down on the day or get it to Jacky Fletcher (832615).

Races normally finish around 4.30pm – 5.00pm to allow for the Carnival fancy dress participants to get ready for Carnival, assembling at 6.15pm. Whilst judging takes place, *Lostwithiel Town Band* will play, with the procession around the village starting at approximately 6.45pm. After the procession will be the presentation of prizes followed by the Grand Draw of the raffle.

The finale is the traditional Flora Dance that will go along the front returning to the Green.

Donations of raffle prizes will be much appreciated, and they can be handed to Estelle van den Broek (833707) or the pub.

The remaining evening's entertainment will be at the *Fishermans Arms* with a BBQ and music by *The Buzzards*.

We will be putting the bunting and flags up on Saturday 3rd August at 10.30am (a day earlier than usual for Caroline and Chris's wedding), and volunteers are always welcome for this and the marquee erection on Friday 9th August at 3.00pm on the Green.

Madness in the Pill

This year it will be on Sunday 18th August at around 5.30pm. This is a water-based fun afternoon where we will have Raft Relay Races, Raft Tug-of-war and Blind Kayak racing amongst the games. This is followed by the Great Golant Raft Race up the Pill, around a buoy and back. So, get your teams ready, rafts built and costumes sorted; fancy dress is always appreciated by the many onlookers enjoying a drink and BBQ from the *Fishermans'* terraces.

Carnival Committee

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More Editor's Nature Notes

Whilst gardening for us, this strikingly marked **Scarlet Tiger Moth** was found by Karen at the base of a phormium plant. It is locally distributed throughout the south & west of England, and is one of the few moths with developed mouth-parts, allowing it to feed on nectar. It is a day-flying species. Beautiful!



Gillie Harris



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Fowey Harbour News

Jellyfish Everywhere!

We've had lots of reports from our local and visiting boats about the vast numbers of jellyfish in Fowey Harbour and the nearby coastal waters, so I thought I'd give you a few facts about these incredible invertebrates...

Jellyfish are older than all of our ancient reptiles. Scientists believe they first swam in our oceans around 500 million years ago!

Jellyfish have no brain, heart, bones or eyes. They are made up of a smooth, bag-like body and tentacles armed with tiny, stinging cells which they use to stun or paralyse their prey.

A group of jellyfish is called a 'bloom', 'swarm' or 'smack'. Jellyfish naturally bloom when conditions are suitable – warmth and sunshine trigger their appearance, and their numbers build up in calm conditions. There are lots around at the moment and we have experienced this the last few years too. In fact, we should be alarmed if they didn't appear, as they are a staple food source for several marine animals, including turtles and fish.

Here's some more information about the most commonly seen jellyfish species in our waters:

Barrel jellyfish (*Rhizostoma octopus*)

A surprisingly substantial jelly, robust and spherical, with no tentacles but eight thick frilled arms. It is bulky and white with a pretty purplish fringe. This is a favourite food of the leatherback turtle and the ocean sunfish.

Compass jellyfish (*Chrysaora hysoscella*)

Colour variable, but usually has a pale umbrella-shaped bell with brown V-shaped markings, a little like the divisions on a compass. Possibly the most typical-looking jellyfish, with round bell-shaped body and long tentacles. Also called "sea nettle", this jellyfish stings.

Blue jellyfish (*Cyanea lamarckii*)

Purplish blue lines radiate visibly through the bell-shaped body. A relatively mild sting, though this can still be painful.

Crystal jelly (*Aequorea forskalea*)

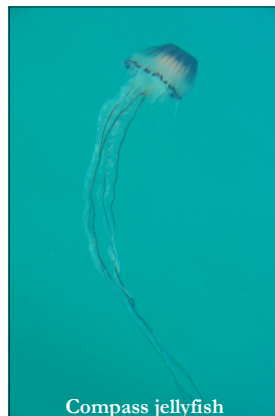
A shimmering disc of clear jelly, fringed with some short, hair-like fronds. Not a true jellyfish, it is a hydroid and spends much of the year as a polyp stuck on the seabed.

The Marine Conservation Society want to hear about your jellyfish sightings. You can report them online at www.mcsuk.org/sightings

*Claire Hoddinott, Environment Officer
Fowey Harbour Commissioners*



Barrel jellyfish



Compass jellyfish



Blue jellyfish

These photos of three of these jellyfish species were taken by Robin Anderson, who spied them all...

Fowey Harbour Open Day

Thursday 19th September

Join us in celebrating *Fowey Harbour Commissioners' 150 years at the Helm* as we host our annual Harbour Open Day event. This is an opportunity for you to see some of the vessels we use, meet the people who operate them and to feed back directly to us your personal views on the harbour and how we can improve it.

A selection of *Fowey Harbour's* vessels will be open to the public between 10.00am and 2.00pm on *Albert Quay* pontoon.

Please do come and visit; we look forward to welcoming you then.

*Fowey Harbour Commissioners
01726 832471 www.foweyharbour.co.uk*

Glorious Golant!

About twenty of us met at Golant on a warm summer's evening for a tour of some of the wildlife havens in this beautiful waterside village.

We started by walking along the edge of the Pill to the northern end, where volunteers from the village have created a nature area and a tranquil place to sit on the lovely new picnic bench. Liz Anderson, who has been instrumental in this project, talked us through the various trees and plants which have been added to enhance the biodiversity of the area. She has worked closely with the *Woodland Trust* and *Natural England* to source the right species for this waterside habitat, which can be inundated by high tides. Thanks also went to the volunteers who have been involved in the project so far.

Next, we were treated to a tour of Ian & Sarah Laughton's private garden which overlooks the river. Wild flower meadows were interspersed with specimen trees and many varieties of apple & other fruit trees. Ian keeps bees on the land and has been assisting *DEFRA* in their continued monitoring of the Asian Hornet. He had

caught a European Hornet in one of his approved traps (*right*); these are not predatory to the honey bees, unlike the Asian Hornet. Notice the pattern on the abdomen of this European Horn-



net, which includes several yellow sections. The Asian one's abdomen is much darker, with a yellow section just on the end. Beautiful stone walling and a pond area are beautiful additions to this lovely garden, which is Ian & Sarah's little piece of paradise.

After embarking on a walk UP(!) the hill towards *The Sanctuary*, our efforts were rewarded by the views from this beautiful setting. Nestled in 12 acres of woodland and pasture, this wonderful building is completely 'off-grid' and is a fantastic place for workshops & retreats. The accommodation is superb, and all designed to compliment its natural surroundings. Karen & Carol were wonderful hosts, and I hope this new venture is a great success for Karen & David.

As I walked back down the lane, bats were flying all around... the perfect end to a lovely evening!

Thanks to all involved for showing us around their lovely nature spaces.

Claire Hoddinott

Claire Hoddinott has written an enthusiastic report (*opposite*) about our summer walk in Golant.

Our annual boat trip went to Lerryn this year on a lovely evening; the village shop stayed open for us for those that didn't want a pint.

Unfortunately, the Snorkel Safari organised with Cornwall Wildlife Trust on 20th July had to be cancelled due to the heavy rainfall the day before, that always threatens the water quality.

Forthcoming FoFE Events

There is a **Shoresearch Rocky Shore Survey** at Polridmouth with *Cornwall Wildlife Trust* on Friday 2nd August from 11.030am to 2.00pm.

Booking Essential – Matt Slater CWT 01872 302251

Our annual **Fowey Estuary Marine Day** held in conjunction with *Cornwall Wildlife Trust* will be on Fowey Town Quay from 10.00am – 4.00pm. Entertainment for all, especially the children during the day.

We have a **Rockpool Ramble** at Readymoney Beach on Sunday 1st September from 1.00pm – 3.00pm. This a great way to get your children exploring the rockpools and their inhabitants with experts on hand to help with identification.

Note: All children must be accompanied by an adult. Wear sensible footwear

Dave Groves from the **Cornwall Mammal Group** is giving us a talk on Wednesday 9th October at 7.30pm at the *Mission for Seafarers*, Fowey, with access from Caffa Mill by the Bodinnick Ferry slip.

Peter Edwards

You can find our website at-
www.friendsofthefowey.org.uk or on facebook.



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Nature Notes

Well, it's definitely Summer - if you hadn't noticed the sun of late, then the Redshanks returning are a sure sign! They came back just at the end of June, a few at first, then gradually more & more - 24 or so, with incredibly bright orange legs.



KW-W

Serena the Seal made a reappearance after being spotted at *Looe Island* (this happened last year too), and it's lovely to see her back in the river. There have been very few Kingfishers about - normally we will see them even if they are at a distance, but not so many - we wonder why that is?

On the land, we've enjoyed spotting all the different wild plants that are appearing, and making a note of them. We've seen Roe Deer, and I got very excited spotting a Painted Lady butterfly, only to learn that this year is predicted to be a bumper year for them! Lots more butterflies both in the meadow and on the Buddleias right outside the bedroom windows of the *Sanctuary*.

We've also put out a few different feeders, and guests can now see the Woodpecker visit, along with Goldfinches, Chaffinches, Bullfinches, and possibly Siskin - we're not sure! It's easy to take seeing these things for granted - most of us possibly don't give them a second look, but watching the delight of guests when they see them reminds us not everyone is surrounded as we are in Golant.

Out on the downs it looks as if it will be a bumper year for foraging - there have been masses of wild cherries - not the usual, tiny, bitter fruits that are more stone than cherry, but big, dark, juicy ones - almost the same size as commercial cherries.



KW-W

The blackberries are already starting to colour, and sloes are everywhere at the moment - so Golant may well be awash in sloe gin this Christmas!

Karen Wells-West

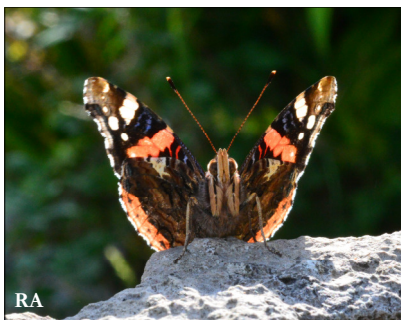
SOME ANIMAL ADJECTIVES

(including less well-known ones)

Acarian	Mite, Tick
Apiarian	Bee
Caprine	Goat
Cervine	Deer
Equine	Horse
Lutrine	Otter
Myrmicine	Ant
Ovine	Sheep
Phasianid	Pheasant
Vespine	Wasp

Cornish Dialect Words for Fruit

Aglets	Haw Berries
Day Berries	Gooseberries
Mazzards	Black Cherries
Oakmass, Oakmuck	Acorns
Open Asses	Medlars
Sloans, Bullums	Sloes
Squinge Grubs	Apples (stunted)
Urts, Whurts	Whortleberries



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Red Admiral playing peekaboo!

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Golant Gleanings

CELEBRATIONS

Martin & Bridget Whell held a party recently to celebrate their 10 years at *Leyonne Farm*. The details of the invitation included the following information- "Martin & Bridget are nearly 100 years!" We presume that is between them, otherwise farming would be difficult..! By all accounts, the party was very lively and well attended by many well-wishers.

Golant Summer Produce and Craft Show

to be held on Saturday 17th August 2019, 2.00-4.30pm in the Village Hall

By the time you read this, you should have received a full programme with entry details delivered to your house. Spare copies are available from the pub or from Kaye Jenkinson at kbjenkinson@googlemail.com. We do ask you to send your entry forms in the schedule to Mary Jane Hunter either at *St Carroc*, School Hill or email them to her by 15th August at memarehunter@gmail.com. Entries must be set up in place for judging on the day of the show between 8.30am and 10am. No entries will be accepted after that.

Not only is this the last plea for all of you to try and enter something in the wide variety of categories, but do come and enjoy the afternoon viewing the entries (thinking to yourself, "Well, I could do better than that next year!") Please encourage your children and grandchildren to enter, and the Limerick is a must for all. As usual there will be tea and delicious cakes available.

Another plea is for **cakes for refreshments** and **raffle prizes** please. I realise that there are many calls for these around this time, but our small committee would be grateful for your support.

Please can we have the **cups from last year's winners**, returned by or on **11th August** to **Alastair Barr** or **Janet Gore**.

We look forward to welcoming you on 17th August.

Janet Gore, on behalf of the Committee

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £12.50 (£17.50 overseas) to have the six issues per year of *The Golant Pill* sent by post.

To Jacky Fletcher, Mimosa Cottage, Water Lane, Golant, Fowey, Cornwall PL23 1LA

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The Golant Newsletter

Pill Paparazzi in this issue

RA	Robin Anderson
GH	Gillie Harris
IL	Ian Laughton
RS	Rosemary Secrett
DS	David Skerrett
KW-W	Karen Wells-West

ST SAMPSON PARISH COUNCIL

Well, it has been a busy couple of months since becoming Chairman of the Parish Council, but luckily, I am aided and abetted by an excellent and knowledgeable Parish Clerk (who keeps me on the straight and narrow) and a strong team of councillors, which now include Siobhan Harper and Martin Whell, who have joined recently.

The Big Issues:

Cormorant Hotel:

We tried very hard to get the developers of the *Cormorant Hotel* to improve their design, increase proposed parking and to deliver more mixed and affordable housing. So, we continued to object to their planning application. But, ultimately, the Cornwall Councillors called to the planning session in the Council Chambers at Truro, decided, in their wisdom, that there were insufficient material reasons to object to this development, so it gained their approval. Voting was 10 in Favour, 5 against. So the development will proceed.

Cornwall Community Governance Review:

Very late in the day, we were asked to submit a response to the following question: "Is it appropriate to make changes to any Parish, or Parish areas, and potentially merging, altering, removing or renaming a Parish to improve the governance arrangements of a parish?" On behalf of St Sampson's Parish, we filed a report seeking NO CHANGE to our existing arrangements, which we believe to be highly appropriate for our community. Ultimately, it will be the *Government Boundary Commission for England*, who will decide where and if any changes will be made.

Neighbourhood Development Plan:

You may have heard mention of this in the past and for good reason. Once established, validated and 'signed off', it becomes a very important document for the future of our village, and the way any development might be allowed or not. Very soon now, we will make the latest draft document available to everyone online. So please read it, and when asked, forward any comments, questions or queries to Siobhan (who is managing this important project for us) and let her know if you need a hard copy, or if you know someone who does.

As always, please read the minutes of the monthly Council meetings on the St Sampson Parish Council website : www.stsampsonparishcouncil.org.uk

David Jenkinson
Chairman St Sampson Parish Council

Our Parish Clerk Sue Blaxley can be contacted on stsampsonpc@gmail.com for any further information or to raise issues of concern.

PLEASE NOTE CAREFULLY...

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News from St Sampson's Church

The weather has been very kind to some church events recently. For Penny White's Open Garden on Wednesday 12th June the forecast was less than promising, and (hard to remember now) it had rained every day for a week. By 2.00pm, however, the sky had cleared, and villagers and Flower Club members came in strength to admire their lovely garden. As a result £565 was raised, and the Flower Club has agreed to give £350 to the Fabric Fund. A great result, and just reward for the immense efforts made by Greg and Penny, who would like to thank all those who supported this event.

There was a similar change in the weather for the evening of Safari Supper. Up until the longest day the evenings had been chilly, and often accompanied by a stiff breeze. On Friday 21st we were treated to the best evening of the year, with warm sunshine, no wind at all, and seventy people arriving at Orchard View in suitably high spirits. A full report of the evening can be found opposite, but all worked smoothly, and the evening raised a staggering £1,820 for the St Sampson Bell Fund. My thanks to all who hosted and to all who came, and especially to John and Ruth for a quite spectacular pudding finale.

This last Sunday, 28th July, was St Sampson's Day, and the morning service began with the *St Sampson Day Introit*, music by Sheila and words by Simon, and later the choir sang the energetic Jewish dance song *When the Spirit of the Lord*. The service included a blessing for Ines Retallack, and concluded with *For All the Saints* with, as is now traditional, one verse sung in Cornish.

Then the same evening saw the fourth (can it really be the fourth?) handbell concert in *The Boathouse*, by kind invitation of Judy. Again, this is covered in detail elsewhere, (*page 4*) but it was heartening to have nearly 70 people in *The Boathouse* to play and listen to the handbells. It was an ideal evening to enjoy to the full this magical setting, and the two teams of players confidently mastered the all-new repertoire, and kept the audience entertained with one or two false starts along the way. There was a wonderfully positive atmosphere – even some laughter at one or two of my jokes – and no-one was in a rush to leave at the end. Many thanks to Penny White for being on the door – over £250 was raised for the Fabric Fund – and to all the players, who did themselves proud, and, of course, to all who came and supported us.

So as we move into August, and the choir and bell-ringers take a well-earned rest, Sheila and I and Ruth would like to thank all the choir and the bell-ringers (both great and small) for their hard work and dedication over the last year.

Simon Funnell

Safari Supper

Organising a safari in lands where there are few endangered wild animals that would thrill (or eat) a sight-seeing tourist, may appear odd to those unfamiliar with our ways down 'ere. Nevertheless, 70 intrepid hunters donned their safari suits and set out for an overland expedition on a glorious late June evening.

This is now something of a local tradition - our eighth such expedition, organised every other year since 2005. After mustering at Simon and Sheila's *Orchard View* for briefing and a morale boosting team talk by the Vicar, the hunting party broke down - not into tears because of the length of the oratory - but into elite hand-picked foraging teams.

Fuelled with enough champagne to launch a hundred ships, their quarry was a secret supper course which awaited them at one of 19 host venues around the parish – all choreographed according to Simon's master plan which stands comparison with the Moon landing schematic for complexity and degree of difficulty. In the event, no one was lost in space, no one missed their rendezvous with their allocated host and no one ran out of liquid rocket fuel, before everyone docked at *Penquite Farm* for the grand finale of the puddings course. I shall not refer in passing to a convivial herd of Wildebeests gathering at a sunset watering hole but Ruth's llamas seemed to appreciate the scene.

This was without doubt a hugely enjoyable adventure which raised a record breaking £1,820 for the St Sampson Bell Fund. A huge thank you to Simon and Sheila for making it happen, and to all our very generous hosts and the intrepid supper hunters who boldly went where they were sent and left no supper uneaten, all for a good cause.

Robin Anderson

CHURCH CONTACT INFORMATION

Priest-in-Charge at Golant

The Revd Philip de Grey-Warter (01726 833535)
email: vicar@foweyparishchurch.org

Churchwardens

Mrs Carol White (01726 833404)
Robert Dunley (01726 832807)

Church Flower and Cleaning Rota

4th & 11th August	Jacky & Sheila
18th & 25th August	Vilma & Paddy
1st & 8th September	Penny & Viviane
15th & 22nd September	Sue S & Sue T
29th Sept & 6th October	Valerie & Carol

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UNCLE JOHN'S GARDEN PATCH

I d'know they say that farmers and gardeners be never satisfied, but if'n Mother Nature could possibly turn the tap on just for one night's good soaking, that 'twill fill up the water butts and do the world of good. Because of the very hot conditions I'm pretty certain sure as that's the reason why the runner beans baint setting. Now, this be really serious! The runner beans are just about the most favourite crop grown during the summer, and to see the row full of flowers from bottom to top, and living with bees busy working, with next to nort showing that the beans have set, be a really wisht thing. The climbing french beans growing right alongside of the runners are setting with no problem whatsoever, so perhaps that might be the way to go next year. I be trying the old remedy of spraying the row with water early and late to see if'n 'twill get the little blimmers to set.

As the ground is cleared after the teddies have been lifted then there's scoads of time to get some more veg planted. With this really dry weather if'n you'm wanting to teal small seeds, then 'tis some important to run some water along the drill & soak the soil vitty like before you put the seeds in the ground. The likes of all salad crops, dwarf french beans, stump rooted carrots, spring onions, spinach & swede can all go in now, and next month 'twill be time to sow cabbage & sprout seeds that be intended for next year's crop.

As you'm tealing seeds, just think on. If'n you want a brave show of wallflowers or sweet williams for next spring, then get the seeds in the ground. They will stand the winter weather and be some handsome strong plants to put out in their flowering positions next year.

For those of you who do dearly like spring bulbs either in bowls or beds, then September month be the time to get then set up. Just bear in mind if'n you intend to put the bulbs in bowls to be indoors, then 'tis almost certain sure they won't have any drain holes, so 'tis best to use the proper bulb fibre to stop the bulbs getting all sadgy and wisht.

If'n your strawberries have finished cropping, and they be more than four years old, then 'tis time they was renewed, either by taking some of the runners from the old plants, or buying in new. Take care when using the runners from the old plants, for if'n they look at all wisht or winnicky then leave well alone, for 'tis false economy to think about using poor stock. And if'n you'm wanting to increase or renew the currants or gooseygogs, cuttings done now will take easily enough.

Keep up with the feeding and dead heading of flowers in the borders, baskets and tubs to extend the flowering season, and keep those little blimmers the weeds under control with the hoe. With it being so dry, weeds baint been much of a problem, and 'tis very satisfying to see them shrivel up after pushing the hoe up through the rows.

Don't ee be cutting the grass down real tight; lift the cutters up a little, and leave a bit more grass on the lawn than you might do usually. There baint much growth there anyway, and a bit of thatch covering will help to maintain what there is in the soil, and you can allus catch up with the mowing dreckly.

So St Swithin's Day has passed by on July 15th, and he was the Anglo Saxon Bishop of Winchester. According to legend, if it rains on his bridge on his feast day it will continue for 40 days. As it was dry & sunny here we baint able to get any hope of much rain just yet!

Auntie Paddy's Recipe Corner

Now that we are well into Summer, and July is running away from us, we are looking forward to Golant Carnival & Sports.

This recipe has been kindly shared by Kaye Jenkinson, and is most appropriate, with thought of the village tea after all the sports activities, with the usual selection of amazing cakes and a cream tea.

Paddy Shelley

CORNISH SPLITS

The recipe makes 20 and they freeze very well.

680g/ 1½ lb Strong Plain Flour (Bread Flour)

85g/ 3 oz Butter

1 level teaspoon salt

430ml/ 15 fl oz milk

4 teaspoons dried yeast

1 teaspoon sugar

1. Rub the butter into the flour and salt.
2. Meanwhile, warm the milk to barely tepid with the sugar, and then whisk in the yeast.
3. Allow the yeast to start working until frothy then pour into the flour mix and bring together.
4. Tip onto a floured surface and start to knead. This will take approx 8 - 10 mins until smooth and the dough jumps back, or use a food mixer with a dough hook.
5. Cover with lightly oiled cling film, until the dough doubles in size (about an hour, depending on the room temperature).
6. Tip back onto the surface and knead again to knock out the air.
7. Divide into 20 equal pieces of dough.
8. Shape into splits (round buns) and place on lightly oiled baking sheet. Put to rise again for 15 mins. Bake in a hot fan oven - 190° C/375F/ Gas Mk 5 for about 15 mins. Cool on a wire rack.
9. To serve, cut in half and spread with jam and top with clotted cream.

Kaye Jenkinson



We can certainly vouch for the quality of Kaye's Cornish splits; they're 'andsome...!! Ed

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THE NEXT COPY DATE

Please note that the **Copy Date** for the October/November Issue is

Friday 27th September

Articles, letters & news can be sent by email to:

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or placed in the box at the bottom of the drive to *South Torfrey Cottage*.

CALENDAR OF VILLAGE EVENTS

AUGUST

Sunday 4 th	9.15am	Holy Communion	St Sampson's
Tuesday 6 th	7.30pm	GBOA River Patrol	Quay
Saturday 10 th	2.00pm	GOLANT SPORTS AND CARNIVAL <i>(see page 9 for full details)</i>	Village Green
	8.30pm	Band <i>(The Buzzards)</i> & BBQ	Fisherman's Arms
Sunday 11 th	9.15am	Holy Communion	St Sampson's
Saturday 17 th	2.00pm-4.30pm	FLOWER AND PRODUCE SHOW <i>(see page 13 for full details)</i>	Village Hall
Sunday 18 th	5.30ish	MADNESS IN THE PILL & BBQ <i>(see page 9)</i>	Fisherman's Arms
Sunday 18 th	6.00pm	Evensong	St Sampson's
Friday 23 rd - Monday 26 th		BEER FESTIVAL <i>(live music Friday & Saturday evening)</i>	Fisherman's Arms
		Saturday: BBQ & <i>Bird on a Wire</i>	
Sunday 25 th	9.15am	Holy Communion	St Sampson's
Sunday 25 th	6.00pm	AUCTION OF PROMISES <i>(in aid of Village Hall; see insert & page 6)</i>	Fisherman's Arms

SEPTEMBER

Sunday 1 st	9.15am	Holy Communion	St Sampson's
Friday 6 th	10.00-11.00am	Book Shelf Browse and Buy	Village Hall
Sunday 8 th	9.15am	Holy Communion (Choir)	St Sampson's
Friday 13 th	7.30pm	Pop Up Cinema on the Green <i>(Top Gun)</i>	Village Green
Sunday 15 th	6.00pm	Evensong	St Sampson's
Sunday 22 nd	9.15pm	Holy Communion (Choir)	St Sampson's
Tuesday 24 th	7.15pm	Parish Council Meeting	Village Hall
Friday 27 th	10.30am--noon	Macmillan Big Coffee Morning	Village Hall
Friday 27 th	7.30pm	Cfylm Night <i>(Stan & Ollie)</i>	Village Hall
Friday 27th	Copy Date	<i>The Golant Pill</i>	<i>thegolantpill@gmail.com</i>
Sunday 29 th	9.15am	Holy Communion (Choir) <i>(with the Bishop of Truro)</i>	St Sampson's

OCTOBER

Friday 4 th	10.00-11.00am	Book Shelf Browse & Buy	Village Hall
Sunday 6 th	9.15am	HARVEST FESTIVAL (Choir)	St Sampson's
Friday 18 th	7.30pm	Carn to Cove <i>(A Comedy of Errors by Two Gents)</i>	Village Hall
Tuesday 22 nd	7.15pm	Parish Council Meeting	Village Hall
Friday 25 th	7.30pm	Cfylm Night	Village Hall

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.*