

# The Golant Pill

taken every two months...

## Gloom & Glee!



**TUESDAY:** Alice Hunter, Dan Palmer, Maddy-Rose & Joe Hunter & Hugh Elworthy were convinced that their Play Area would not be ready for the school holiday.



**MONDAY** the following week: Meg Dean and Jack & Megan Elworthy joined their friends to try out the new equipment!

### Villagers get their wish

**I**t has been a worrying time for some of the youngsters in the village. Last Monday work was due to begin on the refurbishment of their Play Area on the village green, but the appalling weather meant that the contractors were unable to start on time. The children felt down in the mouth. All they could use were the existing slide & see saw. However, the workmen arrived on Thursday and worked into Saturday, and by Monday the concrete was cured sufficiently. There was a rush to try the new equipment: a balance beam, jelly board, swinging log, stepping logs, tyre crossing, treadmill and stilts.

Four year old Maddy-Rose Hunter said, "Everything's my favourite. It's brilliant!"

Her brother, Joe, went straight to the tyres "...they're more fun to play on than the old swing."

The oldest boy, Jack Elworthy, had different opinions. For him the jelly board is great because "...you can wrestle on it..." Another added, "It wobbles your legs!"

Having had a play, all the children joined their mothers and set about carrying a huge pile of bags filled with wood chippings to the Play Area. Some then helped to empty them under some of the equipment whilst others grabbed rakes and brushes to level it all out.

For three years a group led by Siobhan Harper, Estelle van den Broeke & Debbie Andrews with their treasurer, John East, have been raising money to refurbish the Play Area. In recent weeks, much preparatory work on the site has been carried out by Andrew van den Broeke.

Fund raising events (such as Christmas Fayre stalls, Ian Major's Boat Jumble), various donations including one from Marilyn Wellman when she was mayor, grants and a gift of £2000 from the Parish Council have finally reached the target of £5250. The Parish Council's generous contribution was in response to the wishes of villagers who, when asked in a questionnaire how the money raised from charging for the car park should be spent, highlighted the repair to the roof of the Village Hall and the refurbishment of the Play Area as the major priorities.

## From the Editor

**T**hanks to all those who responded so generously to my request for donations. Whether large or small, your gift is ensuring the continued success of this newsletter.

Just before he left to go abroad for a couple of weeks, Robert Dunley rang to tell me of an anonymous gift of £250. When he returned, he rang to say that he'd had an anonymous gift of £250.

"I know," I replied. "You told me about it before you went away."

"No, it's another one!"

It's fantastic that our small village has two people who are willing to give so generously! It has enabled us to buy a brand new laser printer. This machine prints both sides of a page in one go, is quick and, I am sure you will agree, is of excellent quality.

We are, of course, still pursuing grants for the project.

Choosing a suitable machine was like walking in a technological minefield! We are so grateful to Greg White (Microtest) and Julian Holmes (Coode's the solicitors) for giving of their time, expertise and invaluable opinions about inkjet and laser printers. It was refreshing to find two experts who agreed after weighing up the pros and cons of each system!

Alice Hunter (St Carroc) sent me a letter applying to be our 'No 1 Wildlife and Gossip Reporter'. She had various suggestions on the contents of a children's page including the apt title of 'Sandbanks'. Without further ado, I appointed her as a Sub-editor! She's a young lady who is full of ideas, enthusiasm and writes extremely well. Alice has lost little time in organising various children to report on aspects of the village— wildlife, the play area, the Green and the estuary. I am sure that you'll agree that page 12 is a credit to Alice and her friends. The poems were contributed from two youngsters who visit our village and love it; we welcome such input.

I have asked before for readers to support our advertisers. I received a letter from Peter Young who endorses this view. (*Please see page 6*). Mary Tozer, the owner of the Cormorant Hotel, is full of praise for the readers of 'The Golant Pill'. Villagers and visitors alike have gone to her hotel as a result of reading about it in our newsletter.

One of my main problems actually puts a smile on my face! There is so much material, so much enthusiasm for the 'Golant Pill' that I have had to edit many articles because of the limitations of space and the need to balance cost against price. We are not yet in a position where we can print a lot of large pictures; we will monitor the costs of running the new laser printer carefully. Meanwhile, we are happy to 'hasten slowly'.

If you have given a donation, no matter how small or large, or sent an article or just told us how you much enjoy this newsletter, Thank You for your support.

Mike Harris

## 'Golant Pill' Production Team

<b>Editor</b>	Mike Harris	833897
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The Editorial Team reserve the right to reject material or comments considered to be inappropriate or offensive.

Please note that the Copy Date for the next issue is:

**Friday, September 21st 2007**

Articles & letters can be sent by email

([golantpill@yahoo.co.uk](mailto:golantpill@yahoo.co.uk))

or placed in the postbox at the bottom of the drive to South Torfrey Cottage

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## Tinney's Lane Resurfaced

After years of deterioration to a state where the surface was dangerous for pedestrians and difficult to drive on, the village end of Tinney's Lane was resurfaced between the 4<sup>th</sup> and 7<sup>th</sup> June 2007.

The two track lane from Cowshit Lane to Orchard Lodge had been laid many years ago – believed to be at least 40. Over recent years it had become damaged by wear and water. Potholes had appeared making walking and driving along it quite hazardous – particularly at night when it is not illuminated.

Because the lane is a Bridleway, Cornwall County Council has some jurisdiction although nobody has any idea who actually has any ownership. Cornwall CC was informed of the plans to resurface and raised no objections.

Contractors H. L. Crocker started by tearing up all remaining concrete on Monday 4<sup>th</sup> and removing it out of the village. They then replaced the concrete tracks and filled the central section with chippings to aid drainage. The whole project took until Thursday 7<sup>th</sup> and a great improvement has been noticed for pedestrians, drivers and drainage.

It was recommended that the lane was not used for a few days to allow the concrete to dry out properly and so on Sunday 10<sup>th</sup> June an opening ceremony was held, attended by Alistair and Viviane Barr, Maurie and Gail Parsons, Lynette and Paul Chasteneuf, Dorothy Rickwood and Gwenda Towell with Martin.



Lynette was honoured with the cutting of the tape, and Alistair provided champagne and crisps.

In true Golant fashion, traffic was delayed, but all seemed to take the event in good heart. Indeed, Sue Reardon, Chair of St Sampson's Parish Council, who was held up, jumped out of her car and took part in the festivities. She said that she believed the resurfacing to be a great improvement for all users, and was pleased that it had been achieved without cost to the Parish, Borough or County.

A Highways Agency representative was heard to say, "I've never heard of Golant, let alone Tinney's Lane!"

Viviane then ceremoniously drove her car down the lane while Gwenda made sure that Paradise Cottage was safe. Both said the surface was so much better and safer for all.

Maurie Parsons

## OLD GOLANT



Graham Estlick came across this old postcard whilst browsing in a covered market near Cirencester Abbey. The Estlick's bungalow before alterations can be seen clearly. To the right of the picture on the Green is the old pumping station. Water in those days was pumped from a tank beneath the Green each morning and evening. There is a small 'X' on the roof of Dorothy Rickwood's house. Perhaps someone had stayed there on holiday with the intention of sending it but never did. Who knows? The orchard, now owned by the Gores and the Edwards, was a mass of apple trees, and the house now owned by Peter & Suzanne was a very humble cottage owned by Joe Tucker's father.

Don't forget that **Jimmy Fisher**, of 23 Moorland Road, Par, collects old local photographs & postcards (813810).

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## Village Hall Committee Report

Following the success of the Plant and Book Sale held at the end of May it has been decided to do it again next year- same weekend, same time, same place. I understand that those who show at the Chelsea Flower Show start their preparations 18 months in advance so while we may have a little less time we are asking those who enjoy growing from seed and from cuttings etc to remember next year's Golant Plant and Book Sale. Not that we have illusions of grandeur!!

The "Midsummer Fun Day" in June shared between the Village hall and St Sampson's Church was a lovely day in spite of the heavy rain in the evening. The Village Hall Committee were pleased to work with the Church team to produce a total of £734.41p which was divided equally between the two giving £367.20p to each. Another good sum raised towards the roof. We have been busy applying for grants and, hopefully, will get some positive results.

The presence of Bats is turning out to be more of a problem than originally thought. We have a nursery roost of Brown Long-eared Bats and Pipistrelles. In order to get a DEFRA licence, which will allow us to make repairs to the roof without disturbance to the bats, inspections need to be done at regular intervals over a year. This will identify whether it is a summer or winter roost. Not only will this delay the project but could cost as much as £2000!! We are also looking into "Bat Flaps" which the owner of a private residence in the village has installed into his new roof.

We have recently lost our cleaner due to ill health and so the committee have decided to do it themselves on a rota basis. Most hirers of the hall are good at leaving the hall clean and tidy and we thank them for that consideration.

The village hall committee will be providing some games at the Carnival in the afternoon such as the treasure hunt board, duck game, beat the buzzer and the rat and the drainpipe challenge etc. Also, we shall be selling off the books left over from the book sale at bargain prices so we can start again for the next sale. There is a small selection of up-to-date paper backs for sale in the village hall for 50p each. Please bring your recent books in and

leave on the piano where there is a box for your donations.

For those of you who planted sunflowers for the competition to be measured on Wednesday 15<sup>th</sup> August, please contact Janet Gore tel: 01726 832425. Prizes will be given at the Carnival.

Please note that during August there is no Salad Bar. Paddy and Vilma deserve a break and we cannot thank them enough for all their hard work and donations they have given to the roof fund. They will be back each Thursday Lunchtime for the Salad/Soup Kitchen starting on Thursday 6<sup>th</sup> September. If there was an Egon Ronay award for Soup and Salad Kitchens then they should have it!! The food is wonderful and very reasonably priced, so if you haven't been yet then do come and join us. It is a very relaxed occasion.

Janet Gore

### TOP GOSSIP

On Thursday 5th July, a bed delivery van got completely suspended in mid-air on the wall jutting out from the drive of St Carroc. The bed was delivered at 11am, but the van and the delivery men didn't leave until 5.30pm! Mary Jane Hunter of St Carroc said that she didn't expect to get to know the delivery men quite so well! School Hill saw traffic chaos, with at least eight cars being turned back.

Alice Hunter

*Belinda Sandey*  
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## GOLANT BOAT OWNERS ASSOCIATION (BOAT WATCH)

The social Get-Together which we were unable to hold in spring, as we would normally do, will now be held on Friday 7<sup>th</sup> September at 19.30 in the village hall. The buffet is being prepared by our local Chef par excellence, Paddy Shelley. It is at this event that the raffle for the picture kindly donated by David Parry will be drawn. In recognition of David's long term support for Boat Watch he was made an Honorary Member of this Association in 2006.

One of the benefits of being a member of Boat Watch is that you can attend such an enjoyable evening as this and have the opportunity to win this picture which is called "Early Morning at Saint Winnow".

Certainly, being able to be an active member of Boat Watch is a very worthwhile and rewarding activity and we always welcome new members.

For some time Dennis Penhall has been our Boat Watch Co-ordinator but due to personal commitments is handing over duty of arranging the rota to Mark Randles. We thank Mark for taking on that responsibility.

Many of our members have expressed considerable concern that the Public telephone box has been removed and because most mobile phones do not work from Golant, they have no means of calling for any assistance in an emergency, of which there have, unfortunately, been many in recent times. To try and overcome the extraordinarily long delay in resiting the phone box, we are installing a VHF radio in our Boathouse but even that will not be the complete answer.

There have been some thefts from boats recently: tools were stolen from one boat, an anchor and chain from another and a dinghy was also taken. It is very important that such incidents are reported to the Police. Unless they have a record of these crimes they assume that nothing happens in Golant and do not patrol this area.

Robert Gore (01726 832425)

## GOLANT QUAY USERS ASSOCIATION

We now have further information on the proposed railway bridge works from Network Rail.

They intend to replace the bridge deck, carry out piling and scour protection and repaint the steelwork. They propose to bring most of the bulk materials in by rail from Fowey Docks and utilise the Canoe Club land (owned by Network Rail) for parking and a welfare wagon! (I will leave you to ponder on what type of welfare that might be.)

The current plan is to start work on 7<sup>th</sup> January 2008 and for the works to take 6 weeks. For the duration of this time the navigable channel under the bridge will be closed and arrangements are in hand to formalise this.

This Association is in discussion with Network Rail to minimise the disruption and we will be notifying all our members officially once the final details are established.

HOWEVER ANYONE WHO IS A MEMBER WHO PLANS TO USE THE PILL THIS WINTER SHOULD TAKE THIS AS AN EARLY WARNING OF THE INTENDED BRIDGE CLOSURE AS YOU WILL NOT BE ABLE TO GET YOUR BOAT IN OR OUT.

As part of our regular maintenance activities we have cleaned the Slip of dangerous algae growth and propose to commence repairs to the Quay itself, where the need for grouting and repairs to the road surface are evident.

Peter Edwards, Chairman

### POLICE CONTACT NUMBERS FOR INFORMATION

NBM Golant / Fowey / Lostwithiel / Luxulyan / Lanlivery  
**08452 777444** - Police Central Switchboard - advice & reporting non urgent incidents/crime  
**'999'** - Urgent police assistance (offenders still present or life/death situations)  
**0800 555111** - Crime Stoppers - To pass anonymous information.  
 Email- [tim.rowe@devonandcornwall.pnn.police.uk](mailto:tim.rowe@devonandcornwall.pnn.police.uk)

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For an informal chat please contact me on:

Tel: 01726 832104 (answerphone)

Mobile: 0797 3913137

Email: [karenhamnett@hotmail.com](mailto:karenhamnett@hotmail.com)

## Correspondence to the Editor

### An Email from Peter Young

I would like to comment on one of the adverts in your Golant Pill!!!! Microtest, who have a blacked out advert – quite smart in your publication.....have proved themselves very efficient, knowledgeable and all the other ...ables.

I was having problems with my emailing and internet connections etc so in desperation I rang them and the next day, by appointment, Richard came. Not only did he sort out my problems very quickly and efficiently, but he then set me up with an additional email address and backup so that I can differentiate between business and pleasure!!! They charged a call out fee of £50 which included an hour of...whatever, so, having fixed me up so well, I got full value with all the other jobs he sorted for me. I have no worries about recommending them elsewhere. I thought that, as I am ready to criticise, I should be equally ready to praise!!!

Regards, Peter Young, Tywardreath

### An Email from Anita Leask

I read with interest Mike Harris' comments about the definition of the word 'pill'. My shorter Oxford English Dictionary says: Pill also pyll (xvi pille, pill variant of pull, pul, pool, creek). A local name on both sides of the Bristol Channel, in Cornwall etc for a tidal creek on the coast, or a pool in a creek etc.

### CORNISH SNIPPETS FROM COUSIN JACK

#### Scandal at a Funeral

The 1777 funeral of the Mousehole fishwife Dolly Pentreath, wrongly supposed to have been the last person to speak Cornish, was a rather scandalous affair. Eight local fishermen were chosen to carry her coffin up the long steep hill from Mousehole to the church at Paul. It was a hot day, and half-way up the bearers set the coffin down on the road and refused to go farther until they had 'wet the other eye'. One member was sent back to the village for a bottle of gin, and only after this was drunk did the procession proceed. You will find no mention of this in any history book!

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## DEER TICKS WARNING UPDATE

Gillie's brother David Manners, who has a great deal of parasitology knowledge, has provided this valuable information following the warning in the last edition of 'The Golant Pill' by Sue Reardon about ticks and the growing number of Roe Deer seen around the village.

He **emailed** to say: "Sheep and deer ticks in the UK are the same species— *Ixodes ricinus*— the 'Castor Bean Tick', which will use not only sheep AND deer but also dogs, cats and humans among its hosts. Size is not an identifying factor as they are usually the size of pinheads when they attach. They have a habit of lurking on grasses and undergrowth and attach themselves to any mammal that passes; once they have embedded their mouthparts, they feed on blood until swollen and that is often when they are found. Obviously it is important to remove them properly. Don't simply pull them and definitely do not use the so-called surgical spirit or fag-end or hot match head methods! There is available from vets a really good gadget, which is a small plastic hook-like instrument which you insert between the skin and the tick body, then rotate between thumb and finger. This will 'unscrew' them, thus removing the complete mouthpart, which is designed with barbs to remain firmly attached. If you leave the mouthpart behind, this is what usually leads to infection problems etc. The site of attachment should be monitored following removal, and if any signs of inflammation or redness or itching persist or develop, then seek medical advice."

(There is a useful website giving further details about safe tick removal at [www.bada-uk.org](http://www.bada-uk.org))

Many thanks for these emails; keep them coming. Ed

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## News from St Sampson

I mentioned in a previous article that there had been ingress of water in the tower and adjoining walls during some bad storms a few weeks ago. Water was pouring down walls and dripping on to electrical circuitry. The whole building has been inspected and a report is pending. What we do know is that there are problems with wooden support beams in the roof of the tower. We have no idea yet of what money will be needed to repair the faults. The architect, who was seeing the church for the first time, was impressed that such a small community as ours has managed to bring the building up to such a high standard of repair.

Storms had also shown up leaks in many of the windows. Only one set of windows had lead trays at their base which is the standard method to avoid leaks. An experienced craftsman and his very capable young female assistant have been at work recently. Many of the windows now have been fitted with trays, four windows have been removed to carry out remedial work (the lead had buckled in the face of the storms), various broken glass has been replaced and some damage on the external east wall and a drainage gully have been repaired with lime mortar.

In the last issue I reported the death of Marion Gregory who was such a great supporter of the church for many years. Not long ago, she had an altar frontal chest especially designed and made for St Sampson's Church. It is on castors and can be seen in front of the organ. Her husband, Alan, has placed a brass plaque on the chest to record her devotion and generosity.

Two new guides for visitors have been written. Simon Funnell has written a 'Five Minute Guide' which has been extremely well received. A laminated copy is available at the back of the church. An historical guide by John Jenkin will go on sale very soon.

At the recent wedding of Chris and Kaye Taylor, the new toilet was much appreciated by young and old. Please note that it is routinely opened for services.

Visitors may like to know that we have a selection of unique cards & postcards, tea-towels and very popular pottery on sale at very reasonable prices. The church is open every day.

## The Churchyard

In May I was revelling in the sunshine and the first strim at the end of the month began well but then it started to rain and rain.....The cut plants soon rotted and I have had to finish the whole churchyard in fits and starts on the few bright times which we have had in past weeks. Even now I am having to dodge the showers to rake up the dead material.

One new flower to the graveyard is Aaron's Rod (Great Mullein). This has appeared on the corner of a grave in the Lower Churchyard, is now about three feet high and should break into flower soon. In the Old Testament story, the rod of Levi on which Aaron's name was inscribed produced buds and blossoms when it was placed in the Tabernacle.

Mike Harris

## Fun Day and Barn Dance

The bride and groom who held their reception at Bellscot on June 16th chose a fine day for their wedding, and we thank them for the offer of their Marquee for our Fun Day on the Sunday. We are grateful to Geoff & Carol White for allowing us to invade & disrupt their home!

Helpers turned up in the morning to clear & tidy the Marquee and re-arrange tables & chairs from a Wedding Event into our Fun Day Event. In the early afternoon the Cream Teas were set up, and then it was all change to Salads and Hog Roast.

Greg White and his team were at least able to begin roasting the hog in the dry. The weather quickly deteriorated, with the Cream Teas being held in a steady drizzle, and the evening event in heavy rain.

Friends, villagers & visitors turned up to support our efforts, with the profits being shared between the Village Hall and the St Sampson's Church Fabric Fund.

This year's organisation was an easier task, as we had two 'teams' of helpers— one from the Village Hall side and the other from the Church. This meant, hopefully, that no-one was working during the whole event, apart from, I must add, Greg, who also took charge of carving under difficult weather conditions. Simon Funnell's gazebo gave some protection from the elements!

It was good to see people of all ages enjoying the Barn Dance, ably organised by the same caller as last year.

All this took place with no obvious (I hope) hitches, and I would like to say a big "Thank you" to everyone who helped in any way. There was a concerted effort on advertising the event, which definitely worked. Thank you to the many helpers serving, and to those who so generously gave salad items & delicious puddings. It doesn't end there, as after the party is over, there is the clearing up, and many hands really did make light work!

Well done, everyone!

Paddy Shelley

## St Sampson Secret Safari Supper

Friday 27<sup>th</sup> July, 6.00 pm – and it is pouring with rain! But at 6.15 pm, when the Safari began, the rain stopped, and sixty people gathered at Orchard View for an opening drink (or two) and to hear just where they were eating their starters. Many thanks to Bunny, Carol, Gail, Gillie, Jacky, Suzanne and Viviane for providing such excellent hospitality.

Then on to the main course, with Penny, Ruth or Vilma, and it was clear from the conversations as we reformed for dessert that the food and wine at all three venues had been exceptional. At Valerie's we were again faced with a table groaning with diet-busting delights, but as we had just enjoyed a brisk walk most of us manfully (and womanfully) tackled the task with uncomplaining zeal. To all the hosts who gave so generously – a huge thank you: and to all the guests who parted with their money and waistlines – thank you, too! A very enjoyable evening which raised just over £1,200 for the St Sampson Fabric Fund.

Simon Funnell

**Answers to AROUND CORNWALL** (May/June issue)

The places **in order** in which they were found:

1	Golant	18	Lostwithiel
2	Roche	19	Veryan
3	Cubert	20	Paul
4	Newlyn	21	Porth
5	Davidstow	22	Pentewan
6	Mousehole	23	Bude
7	Stithians	24	Bugle
8	Altarnun	25	Camborne
9	Bodmin	26	Feock
10	Padstow	27	Devoran
11	Zennor	28	Illogan
12	Pelynt	29	Budock
13	Helston	30	Tuckingmill
14	Launceston	31	Fowey
15	Rame	32	Falmouth
16	Grampound	33	Par
17	Cardinham		

Of the three entries that were received, only one correctly listed all the places **in the right order**.

So, congratulations go to Claire Hoddinott of Fowey.

**St Sampson and the Serpent story** (May/June issue)

The answers to the questions at the end of the previous story are:

- The village that was terrorised by the serpent was **Golant**.
- The location of the cave: **Walk along the path behind the boathouse at the slip & look behind telegraph pole number 6.**

Greg White

*Another St Sampson story will appear in a later issue.*



*Spreading the Arts to Every Corner of Cornwall*

We had some great performances in the Spring and I am sure that those who attended really enjoyed the music, magic and comedy.

For the **Autumn** we have booked two events which will appeal to children from 8 to 80 (I think that covers most of us).

**Saturday 20<sup>th</sup> October** brings Cat Weatherill to us with her 'Barkbelly and Other Terrific Tales' show, performed with music, fairy lights and lots of audience interaction.

**Saturday 24<sup>th</sup> November** will be Madame Lucinda's Wonder Show journeying through the doors of imagination into a world of mystery, spectacle and horror, beautifully blending the innocent with the macabre.

Well, I hope that's got your interest for those evenings when the days are getting shorter. More details in the next edition, but if you want to book tickets early Mike Freemantle can be contacted on

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**St Sampson's Church  
Flower & Cleaning Rota**

August 5th & 12th	June & Kate
August 19th & 26th	Jackie & Trish
Sept. 2nd & 9th	Ruth & Gill
Sept. 16th & 23rd	Paddy & Jill
Sept. 30th	Gillie & Sheila



## DUCK DAY

Unfortunately Duck Day on Sunday 15<sup>th</sup> July also had just the weather for ducks! Perhaps we should have known that it would be bad weather because it was St Swithin's Day but I reckon that this area had the forty days of rain prior to Sunday so hope that we won't get another forty days to follow.

Duck Day, which is organised by the Golant Firework Team, is dependant on the tide so the fun started just after 5 o'clock with three games for the children. All of the games had been made some years ago by Phil Reardon, and his aim of entertaining the children of the village still works.

Maurie, the Prat in the Hat (this time a peaked cap with a duck on top), was there to run proceedings. We had Ding-a-Duck where you have to try to pass a small metal hoop around a metal outline of a duck, and if the hoop touches the duck an adapted doorbell sounds. This was very popular but by the end of the day the doorbell had made such a noise because nobody achieved the complete circuit, that those who were nearby could happily have thrown it into The Pill.

An easier game was Hoop-a-Duck. This is like hoop-la but Phil had made a post with a duck on top. Each entrant had five hoops to try to throw one over from about three feet to win a prize. A lot of prizes were given out at this.

The last game was Hook-a-Duck. We had a number of rubber ducks with hooks in their heads and the idea is to hook them with a fishing rod device. Ducks with an 'O' on their bottoms were the winners.

At about 5.30 the two races started with heats and finals of Uphill Duck Racing. Phil had made some wooden ducks on bases to which are attached lines about 15 yards long that join to a spindle. Each entrant had to wind the line on to the spindle as fast as they could, but they have to do this with their backs to the ducks and the line passing through their legs. There are some very competitive people who like to do this. The Final was won by Andrew Van Den Broek.

Finally we had the Duck Racing in the Pill, which is always the highlight of the day. A number of heats were held and ducks were squirted down the Pill by water pistols. Again the competitive spirit was in evidence and the Final was won by Hugh Elworthy.



A race underway while Megan tries to sink a boat!

Gail and Suzanne ran a raffle for an oven ready duck that had been kindly donated by Amanda and Tony of The 'Fisherman's Arms.' This was won by Lucy from Applegate, while second and third prizes of bottles of wine were won by Siobhan Harper and Barry Campbell-Taylor.

It was good to see so many village folk turn out on such an unattractive day. Funds from the event will go to the Golant Firework Fund.

Two elderly visitors to the village asked if it was compulsory to be nuts to live here!!

Maurie Parsons

## GOLANT SPORTS, CARNIVAL & RAFT RACE

**Saturday, August 18<sup>th</sup>**– Sports start at 2pm with races for 5 year olds up to 14 years, and adults if they have enough energy! There will be teas & wonderful cakes & sidestalls which will make for a very enjoyable village afternoon.

*Suzanne Edwards would be very grateful for your gifts of home-made cakes, and Estelle van den Broek is taking raffle prize donations.*

*Could last year's cup winners please return them to Alistair Barr.*

The **Carnival** starts at 6.45pm when all the fantastic themes and costumes are on parade.



The St Pinnock Brass Band will provide the music, and will escort the Carnival procession around the village with the grand finale– the Flora Dance.



The 'Fisherman's Arms' will be holding their **Beer Festival** over this weekend as well as providing the evening entertainment and BBQ.

**Sunday August 19<sup>th</sup>**– the **Raft Race** starts at 11.30am.

So now is the time to start thinking about building your raft, organising your crew and the theme for the craft. The Prizegiving for the Winner, Best-Dressed Crew & Best Raft will be held following the event in the 'Fisherman's Arms.'

Peter Edwards, Chairman of the Carnival Committee

### St Sampson Parish Council

We are delighted to welcome Liz Luck back on to the council. She was a councillor some years ago and has been persuaded to rejoin.

Work has begun on renewing the play area on the Green. So much old concrete has to be removed that another skip is needed before the new play equipment can be put in place.

It was most unfortunate that our phone box was removed before the planning to resite it near the toilet block had to be restarted. This is now sorted out and it's hoped we can have another box installed as soon as possible.

Hopefully by the time that this is 'out' the irritating use of the bird scarer by a farmer somewhere up Penpol will be a thing of the past. We are in contact with both Caradon and Restormel Councils with a complaint about the noise pollution and unreasonable hours that the scarer is used.

You may have noticed that the fencing and bollards on the pumping station on the Foreshore have finally arrived. The large wooden box is mostly sound proofing for the pumps as well as providing a 'lid'.

There are still issues with the sewage system not performing as was set out in the planning permissions agreed by Cornwall County Council. We will be taking the matter up with CCC unless SWW come up with a solution in the near future.

Sue Reardon  
Chairman: St Sampson Parish Council

### EVERY CUP COUNTS

Please join us to be included in the  
World's Biggest Coffee Morning  
for  
**MACMILLAN CANCER  
SUPPORT**

on  
**FRIDAY 28<sup>th</sup> SEPTEMBER 2007**  
10 am -12 noon in the Village Hall

Raffle donations welcome to  
Suzanne Edwards, Jacky Fletcher and  
Janet Gore

### Polkerris Scouts

Saturday 15th September & Saturday 20th October

**Quiz night** at Tywardreath Scout Hall  
(next to the paper recycling bin)

Admission £2.50 including pasty supper  
Bring your own drinks; glasses provided.

Doors open at 7.15pm & questions start at 7.45pm.  
Come in a team (up to 4 people) or make up a team on  
the night.

### Advertising Rates

There are three sizes of advertisement available to  
you at this time in either  
vertical or horizontal form.

- A** 65mm deep x 60mm wide  
@ £25 for six issue
- A+B** 130mm deep x 60mm wide - vertical  
or  
65mm deep x 120mm wide - horizontal  
@ £50 for six issues
- A+B+C** 195mm deep x 60mm wide - vertical  
or  
65mm deep x 180mm wide - horizontal  
@ £75 for six issues

**Additional £10 for colour**

Please send your artwork or copy as required together  
with an appropriate crossed cheque made out to "The  
Golant Newsletter" to Robert Dunley, Rose Cottage,  
Golant, PL23 1LD or telephone 01726 832807 for more  
information.

Artwork/Copy may be e-mailed to  
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Closed Mondays & Tuesdays



### **RACE FOR LIFE**

In the 2007 'Race for Life', which took place recently at the Eden Project, Penny Parsons walked and ran the strenuous 5km course and managed to knock five minutes off her time of last year. On the back of her T-shirt were four names: Andrea Barker, Gillie Harris, Tim Moon & Sue Strode. Penny wishes to thank her sponsors who gave £100. It's a great project. Well done, Penny!

### **WELCOME**

We warmly welcome the following newcomers to our village: Chris & Dave (& Waldo the dog!) at River View, and Penny & Martin Lannerhan at Timberdown, who have all moved in recently. Ann & Derek Phelpsstead have bought Tinney's Cottage and intend to rebuild on the site. They come down once a week to see that all is OK. Lucy & John Ireland at Applegate come down to Golant on a regular basis, and Pam & Mike Ager, who have bought Colquite (Dougie Cooper's old house), intend to move down in a couple of years' time. Louisa & John Winter, of The Sunday House, will be over from their home in Florida on 1st August for a period, and will bring their two sons, Kai, aged 3, and Kevin, aged 19.

Welcome home to Micky Morgan after a long spell in Treiske hospital, where he had to be resuscitated while having a heart attack, and then suffering other associated illnesses.

### **CONGRATULATIONS**

Penny White and Mike Harris both recently celebrated 'special' birthdays; Penny was 60 and Mike ten years older! Vilma & Robert Dunley have just celebrated their 30th Wedding Anniversary. Ben White has announced his engagement to the lovely Natalia, and they plan to be married next July in St Sampson's Church. Chris Taylor married Kathryn (Kaye) Newton in our Church on July 14th. It was the best weather in the whole week! The couple were met at the church after the ceremony by the Lostwithiel Silver Band. Guests danced behind the band as they led the procession playing the Helston Floral Dance all the way back to Orchard View, where the reception took place. Many villagers attended the evening celebrations which included a fine firework display.

### **HOPI EAR CANDLING**

Cynthia Robinson of 'Fair View' (01726 832585) is now qualified to use Hopi Ear candles. This is an ancient technique that has been used for centuries by the peoples of the Siberian Prairies, Asia and the native North & South American Indians. *(I have endured the problems associated with syringing the ears for most of my life including losing the lining of an ear. I tried the Hopi method for the first time recently and found the process gentle & soothing, & the amount of wax removed was truly amazing! Ed.)*

### **NEW VENTURE**

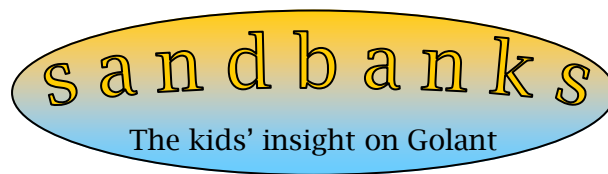
Andrea Barker is not only fighting her way back to fitness after her life threatening illness! She has now set up a new business linked to a website which she has designed. She is selling a range of herbal products including toothpaste, henna hair dye, essential oils and handmade soap. For those, like me, who enjoy a Cornish speciality cake, Andrea has Spanish saffron for sale. Golant residents are being offered 20% discount! You can order online (type 'Golant' in the box to claim discount) or by telephone (01726 834905) and arrange to collect from the Riverside Gallery. Try going into [www.worldsend.co.uk](http://www.worldsend.co.uk) to view the range of goods on offer.

### **BOSLOWICK INN**

Steve & Sue Perry have just taken over as licensees of the Boslowick Inn, Prislow Lane, on the outskirts of Falmouth towards Maenporth. It is a large inn with a wide menu and we are told that they have been very busy since they took over. Various friends are planning to go by coach to Falmouth for a shopping expedition in September followed by a meal at the Boslowick Inn. Anyone interested in such an afternoon/evening trip should contact Richard Strode on 833271.

### **GOLANT WEBSITE**

Richard Strode has decided to give up as webmaster of [www.golant.net](http://www.golant.net). He did a superb job when he set up the site a few years ago, and has continued to keep it up to date with reports and pictures about all aspects of our village life. Nearly twenty thousand people have accessed the site so far which proves how effective it is. Thanks, Richard!



### !Note from the sub-editor!

Hi, I'm Alice Hunter, and I am the new Sub-editor of "Sandbanks." I hope you like the name! I am trying to get as many kids as possible involved, and if you would like to then please contact me on 01726 832206. I need YOU to help me fill this page!!!

### WILDLIFE TRACKERS

This is the new wildlife section. The reporter may vary every issue so you will get everyone's top news on wildlife.

If you have any photos of interesting animals or plants you have seen in and around Golant, please send them to me, as any really good pictures will be put in this column! Anyone whose picture or story appears in 'Wildlife Trackers' will receive a packet of sweets!

In this issue Joe Hunter is your reporter and here is his latest report.....

On my walks with my dog, I have spotted lots of interesting things lately. Look out for rabbits. There are loads on the top road near the church. Jack our greyhound would love to chase them if he had the chance. Also, see if you can spot a slow-worm, they might come out on a warm day. Mum saw one in the garden this week. There are lots of blackberries in flower now. Lets hope we get lots to pick later this year.

By Joe Hunter aged 8

### Park Patrol

Exciting news!!! The park is being transformed. A new play complex, which includes a tyre crossing, stilts, a treadmill, chin up bars and loads more, is being installed. It's hoped that the new look playground will be up and running by the early summer holidays. The kids think this is fab news and want to thank the Parish council for all their hard work, in particular Siobhan Harper who has been at the forefront of this project.

By Meg Dean aged 8 and Alice Hunter aged 11

### River Report

In Golant we get lots of fish because we are just down the river from Fowey, which is a very good place to catch fish, but Golant is quieter. The fish can come and rest and they don't have to rush around so much. There are a lot of fishermen and fishes but they normally catch about one fish. In Fowey and Golant you can catch lots of crabs.

By Meg Dean aged 8

### Children's Gleanings

#### Good luck!

Meg Elworthy and Alice Hunter have now left their primary schools and started at Fowey Community College for the last three weeks of the summer term. Best of luck to them both.

#### Netball star!

Well-done to Meg Elworthy for winning Fowey Primary school's netball cup.

#### Drama Queen

Well-done to Alice Hunter who has won Tywardreath Primary school's drama award.

#### Sports stars!

Meg, Jack and Hugh Elworthy have all won Sports day awards. Well done you sports stars!

#### Canoeing Crazy!

Lots of village children have enjoyed working towards their 1 and 2 star canoeing awards at Fowey River Canoe Club in Golant. Melissa, Lucy, Dan, Hugh, Jack, Meg and Alice all hope to pass the award soon. Thanks to all the instructors down at the canoe club for their patience.

### POEMS

#### **Golant Golant**

Golant, Golant, what it means to me!  
The azure river, dinghies, yachts and ships;  
The cool breeze which wafts through the air.  
The lime green grass in every field up Church Lane and Harry's field.  
The Art Gallery where we buy ice creams.  
The sports day on the Green with races such as sack and run,  
And in the evening we have some fun.  
The Carnival with groups, adults and kids;  
The costumes are colourful and bright with different themes from everyone.  
The following day the Raft Race with flour bags and lots of water everywhere.

Golant, Golant, what it means to me!

Elizabeth Swyer, aged 12

#### **Rowing on the River**

Shimmering water  
Gentle waves  
Splash of the oars  
No angry motor  
Whispering wind  
Sea spray against your face

Naomi Harris-Davison, aged 12

## Auntie Paddy's Recipe Corner

We are now into the holiday season and it's still raining! How about an afternoon in the kitchen when the children can do some baking? Here is a good versatile recipe to try.

### CHOCOLATE BISCUITS

100gm/4oz butter or margarine

50gm/2oz castor sugar

100gm/4oz plain flour

A few drops of vanilla essence

1 heaped tablespoon of cocoa

1. Cream the butter and sugar together until light and fluffy, then add the vanilla essence.
2. Sieve the flour and cocoa together and add to the creamed ingredients. Fold in gently until the mixture comes together and leaves the side of the bowl.
3. Roll into walnut-sized balls and place on a greased and floured baking tray. (Allow space for the biscuits to spread.) Using a floured fork, flatten the balls to half their depth.
4. Bake in a moderately hot oven (Gas Mark 5/375°F/190°C) for 12-15 minutes. Allow to cool.
5. When cold, sandwich the biscuits together with vanilla butter icing.

### Vanilla Butter Icing

50gm/2oz butter

100gm/4oz icing sugar

A few drops of vanilla essence

Use the butter at 'room temperature', not straight from the fridge! Cream the butter lightly and then add the sieved icing sugar, gradually adding the vanilla essence. Beat this until it is soft and can be spread on the biscuits.

### Alternatives

Chocolate Chip Biscuits: Replace the cocoa with 25gm/1oz flour and add 50gm/2oz Chocolate chips.

Cherry Biscuits: Replace the cocoa with 25gm/1oz flour & add 5gm/2oz chopped glacé cherries.

### SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £5 (£10 overseas) to have the six issues per year of the 'Golant Pill' sent by post.

To Jacky Fletcher, Mimosa Cottage, Water Lane, Golant, Fowey, Cornwall PL23 1LA  
Please send the next six issues of the NEWSLETTER by post (PLEASE PRINT CLEARLY)

I enclose a cheque for \*£5/\*£10 (Overseas) made payable to 'The Golant Newsletter'

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## THE DUCHY CLINIC

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## CALENDAR OF VILLAGE EVENTS

### AUGUST

Saturday 4th	"Dreckly"/pm!	Fairy Football Day	Village Green
Sunday 5th	9.15am	Holy Communion	St Sampson's
Wednesday 8th	9.50-10.10am	Mobile Library	End of Green
Sunday 12th	9.15am	Holy Communion	St Sampson's
Thursday 16th	7.15pm	Parish Council meeting	Village Hall
		<i>The public are invited to take part until 7.30pm</i>	
Fri 17th/Sat 18th/Sun 19th		Beer Festival	Fisherman's Arms
Friday 17th	Evening	BBQ & live music from "Midnight Hour"	Fisherman's Arms

### **Saturday 18th**

	2.00-4.00pm	Children's Races, Stalls and Teas	Village Green
	6.45pm	Judging of fancy dress with presentation of prizes and raffle draw	Village Green
	7.15pm	Floral Dance around the village led by St Pinnock Brass Band	
	8.00pm	Hog Roast	Fisherman's Arms
	9.00pm	Live Music from Chris Lundy "Meat Loaf"	Fisherman's Arms
Sunday 19th	11.30am	Raft Race	Assemble at Quay
Sunday 19th	6.00pm	Evensong	St Sampson's
Wednesday 22nd	9.50-10.10am	Mobile Library	End of Green
Sunday 26th	9.15am	Holy Communion	St Sampson's

### **CARNIVAL DAY**

### SEPTEMBER

Sunday 2nd	9.15am	Holy Communion	St Sampson's
Wednesday 5th	9.50-10.10am	Mobile Library	End of Green
Thursday 6th	Noon-2.30pm	Soup/Salad Kitchen	Village Hall
Friday 7th	7.30pm	Boat Watch Autumn Get-Together	Village Hall
Sunday 9th	9.15am	Sung Holy Communion	St Sampson's
Thursday 13th	Noon-2.30pm	Soup/Salad Kitchen	Village Hall
Sunday 16th	6.00pm	Sung Evensong <i>Harvest Festival</i>	St Sampson's
Monday 17th	7.00pm	Harvest Supper	Village Hall
Wednesday 19th	9.50-10.10am	Mobile Library	End of Green
Thursday 20th	Noon-2.30pm	Soup Kitchen	Village Hall
Thursday 20th	7.15pm	Parish Council meeting	Village Hall
		<i>The public are invited to take part until 7.30pm</i>	
Sunday 23rd	9.15am	Sung Holy Communion	St Sampson's
Thursday 27th	Noon-2.30pm	Soup/Salad Kitchen	Village Hall
Friday 28th	10.00am- Noon	World's Biggest Coffee Morning for Macmillan Cancer Research	Village Hall
Sunday 30th	9.15am	Holy Communion- <i>Book of Common Prayer</i>	St Sampson's

### FUTURE EVENTS FOR YOUR DIARY

<b><u>Sun Oct 14th</u></b>	10.30am	Sung Holy Communion with Bishop Bill	St Sampson's
	Noon→	Finger Buffet with the Bishop	Village Hall
		All welcome	

*If you have any item you wish to be entered into this Calendar of Village Events, please contact Janet Gore, the Parish Diary member of our team, by the Copy Date shown on page 2 of this Newsletter, & we will try to include it. (832425)*