



The end of an era



Pam Rundle puts on a brave face in front of Golant's Post Office which must soon close.



For some time the postmistress at Golant, Pam Rundle, has been expecting the Post Office's axe to fall on her business. It came as no surprise to her when the blow was announced last week.

Almost fifty Post Offices in Cornwall face closure including the one at Tywardreath. Villagers in Golant will now have to travel over three miles to their nearest Post Office at Par Green. No mention has been made to provide a mobile van once a week- "an outreach service."

Pam and Terry Rundle moved into Golant twenty-four years ago to run the Post Office and general provision shop. Many people at that time came to them to buy their weekly groceries, daily papers and fresh bread. The Post Office was well supported especially by pensioners drawing their weekly allowances. All in all, it was a flourishing business.

Demand for groceries dropped off gradually. Three years ago, Pam & Terry decided to close the retail business and just keep the Post Office counter open. "I blame the holiday lets, second home owners and, of course, the supermarkets," said Pam. "I used to get a lot of visitors coming in as well as about 40 from the village, pensioners,

people on the boats and so on. I've only got about 13 regulars now. Others I see twice a year if I'm lucky! It's nothing to see only one person in a morning."

Pam & Terry have no immediate plans for the future. "We don't know if we will be staying in the village." Pam says they haven't had a holiday for twenty-three years.

"Pam is out for hire," said Terry, "for any reasonable purpose, of course!"

The building is owned by the Rundles so the future of the letterbox made in the reign of Edward VII is not clear. "We don't know if it'll be moved or not."

There is now a six-week consultation process about the closures though the Post Office have stated that if any branch is reprieved they will close another one elsewhere in the county. Full details on how to appeal against the decisions of the Post Office are given by Simon Funnell in his article on page 8. By the time this issue of the *Golant Pill* comes out there will have been a public meeting convened by the Tywardreath Parish Council, who have invited the active support of the St Sampson Parish Council and residents of Golant.

From the Editor

At last the sun is coming into view. I'd almost forgotten what it looked like. Let's hope this phase continues for the school holidays and beyond. We deserve it after the long, depressing weeks of rain.

Once again I must thank those who have given donations for this newsletter; one of which was particularly generous. I had, also, a letter from Lorna Vivian thanking us for producing the *Golant Pill*. '...It is such a joy to read all the "doings" of the village— The Golant Pill is full of interest for Grahame and me as we are no longer out and about as we used to be. Keep up the good work! ...I was particularly delighted to see the photograph by Lucy Palmer— so good & so beautiful. I had recently been confined to the house over the last few weeks &, as a result, had spent a considerable time in the conservatory. Although we have lots of ferns in the garden, there was a single one, flourishing right in front of the window. The miracle of its unfolding day by day was a joy to watch & my one regret was that I couldn't capture it with a camera— dear Lucy filled the gap. Congratulations and many thanks to her. Long may the Golant Pill flourish...'

I recognised Lucy's talents with the camera when I saw her competition entries at the Plant and Book Sale, and Lorna endorses my view. I do hope that Lucy will join me in trying to get some photographs at the carnival for publication in the October issue.

It comes as no surprise to most of us that our Post Office faces closure. There is no doubt that the closure of the one at Tywardreath is an unexpected blow. The service at Par Green is excellent but the parking can be a nightmare! What is it going to be like *if* Tywardreath closes? I wonder if any of those faceless ones who made these decisions actually came to our area to experience what life would be like when such branches are closed? Petitions are not much use. We need as many people as we can muster to send their reasons why these decisions are unacceptable. Please read Simon's article on page 8 and write your objections to the National Consultation Team. You've got nothing to lose.....except your Post Offices!

It's always good to receive material. Thanks this time are due to Robert Dunley, Maurie Parsons, Pobo Taylor & Greg White for their photographs. Maurie sent, also, an article which was too long to include this time.

I would be particularly interested to be informed about some of the characters in the old photo on page 12.

See you at the Carnival!

Mike Harris

'Golant Pill' Production Team

Editor	Mike Harris	833897
Sub Editor		
(children's page)	Alice Hunter	832206
Sub Ed's Assistant	Jack Elworthy	833707
Treasurer/Advertising	Robert Dunley	832807
Art & Graphics	Karen Hamnett	832104
	Gillie Harris	833897
Distribution	Jacky Fletcher	832615
Parish Diary	Janet Gore	832425
Production	Sheila Funnell	833343
	Simon Funnell	833343

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Please note that the **Copy Date** for the next issue is:

Monday 22nd September

Articles, letters & news can be sent by email:

golantpill@yahoo.co.uk

or placed in the postbox at the bottom of the drive to South Torfrey Cottage

AWARD WINNING

Safeclean

The furnishing care specialists from GUARDSMAN

Recommended by leading furnishers throughout the UK.

Superb Cleaning & Anti-Stain Protection Of Carpets, Upholstery, Curtains & Leather

Organically Blended Products With No Harsh Chemicals Ideal For Asthma Sufferers

- Oriental Rug, Tapestry & Antique Specialists
- Leather Specialists
- Spot, Stain & Odour Removal
- Carpet Patching & Re-tufting

ST AUSTELL / LISKEARD 01726 64560

Head Office: 152 Milton Park, Abingdon, Oxfordshire OX14 4SD

MasterCard Maestro VISA

FITTED KITCHENS • BEDROOMS • BATHROOMS
BUILT IN AND FREE STANDING APPLIANCE SALES

Appliance Sales Heating & Focal Point Fires

APPLIANCE REPAIRS
FOR REPAIRS TO ALL YOUR KITCHEN APPLIANCES INC REFRIGERATION

SALES & SERVICE

FREE LOCAL DELIVERY
CONNECTION TO SUPPLY
COMMERCIAL CATERING
SPECIALISTS

ELECTRICAL CONTRACTING

F&K ELECTRICAL & REFRIGERATION LTD

HIGH STREET VILLAGE
ST AUSTELL 822575 / 822286

Village Hall Committee Report

As far as we know at this stage, the Village Hall will be closed from 1st October to 5th November for the roof repairs, and I shall be writing to all regular users of the hall when we have confirmation of these dates. It is estimated that the roof will take 2-3 weeks to do, after which the committee plan to clean up, decorate etc. This is a golden opportunity to have a sort out, too. John Kaczanow, who is a bat licensed person, has to be on hand when the ridge tiles are removed, so there has to be dovetailing with the builder on this, plus scaffolding to be erected.

A warm welcome awaits you all in the Village Hall on Thursday lunchtimes during September. During the closure in October going into November, the Thursday Kitchen will take place in the Church where soup and puddings will be served. If you have not been before, please do come and sample the gastronomic delights produced by Paddy & Vilma. They serve three courses plus fresh coffee all for £5, and there is a chance to meet fellow villagers as well.

As you can see with a project of this type we are dependent on many outside influences so by the next issue of this magazine all should be in place. We very much hope that the *Christmas Fayre* will go ahead on 29th November and the *Meet & Greet* sometime in December.

In the meantime, the Village Hall committee will be providing some side shows at the carnival eg fishing for ducks, a football game, the village treasure map, splat the rat and a book stall. These will be available during the afternoon, so do come and have a go whilst the children are doing their races and delicious teas are being served.

We were heartened by the turn out for *Cornish Lads* which made a profit of £47.50 for Village Hall funds. Thank you to those who came. The idea of Carn to Cove shows is to bring live entertainment to Golant, and making a profit is a bonus. Please support the show on Sat 20th September entitled *An Hour with Les Merton*. Les is a poet, author, humorist, performer and dialectician from Redruth, who was made a Bard in 2004 for his services to Cornish literature.

Janet Gore



Proud parents: Kay & Chris Taylor with their newborn son, Henry James Newton Taylor



Ben & Natalia White after their recent marriage at St Sampson's Church

AA ***  **The Cormorant Hotel** Visit Britain ***
Golant-by-Fowey Silver Award

Restaurant, with fine river views, open every evening
Daily changing menu using the finest seasonal Cornish fare, cooked superbly, and complimented by our Award Winning Wine List

Dinner: every day from 6.30pm - A la Carte

Lunch: Sundays 12.30-2pm (last orders 1.30pm)
Weekdays - call for available days

You can have as little as one course, if you want something light. Minimum Cover Price £10

Reservations: 01726 833426 www.cormoranthotel.co.uk

Harris Electrical

"The Fruit Gardens"
8a Hallaze Road
Penwithick
St Austell
Cornwall PL26 8UT
01726 851459
07979 917725



Ask for Alan....



Faulty Locks? Snapped Keys? Locked Out?

01726 71988

24hr Locksmith & Key Cutting Service

Fully licensed, Security Cleared & Insured

All Locks Opened & Replaced.

Domestic, Commercial, UPVC, Safes.

Spare Car Keys?

A. Locksmith-Cornwall

9. Graham Ave, St Austell, Cornwall. PL25 4LZ

DUCK DAY

Is that a duck I see?



Duck Day was held on Saturday 19th July in unusually fine weather. Unfortunately we had failed to take into account that it was the end of school term and a number of the village children were already away for the weekend. This meant that there were very few villagers at the event making it a little difficult to encourage people to take part in silly games. However, after some goading from the 'Prat in the Hat' there were a number of entrants to all of the competitions with prizes of sweets etc. being eagerly sought. He even persuaded a visiting German tourist to take part in the uphill race (don't worry, we did not mention ze vor!)

Duck Day, which is organised by the Golant Firework Team, is dependant on the tide, so the fun started just after 6 o'clock with games for the children. A new edition this year was Fairy Duck where ducks were squirted along a plastic sheet covered in water and Fairy liquid. This was the invention of Pete the Plasterer and I think that he enjoyed doing it more than anybody else. The day culminated in the traditional duck race in 'The Pill'.

Gail ran a raffle for an oven-ready duck that had been kindly donated by Steve and Anne-Marie of The Fisherman's Arms. This was won by Tauniua, while second and third prizes of bottles of wine were won by visitors. £72 was raised towards Golant Firework Fund. Many thanks to all those who took part and entered the raffle and to Steve and Anne-Marie for their kind donation.

Maurie Parsons



DUNLEY DUCKS

TAKING THE PILL



Flt Lt Charles Webster, sitting in a Puma helicopter, was sent a copy of the last issue of the *Golant Pill* by his grandmother, Lorna Vivian! This was his third tour in Iraq, where he served three months each time.

Charles emailed to say, "Golant Pill was a very welcome reminder of Cornwall whilst we were away."

Lorna regularly sent different items to her grandson, including photos and a copy of the newly published *Golant Village Guide*!

Where do you take your Pill?!!

If you have any good pictures of where you take your *Pill*, why not send or give them to us, and we will try to publish them in future issues!!

OUR ADVERTISERS

If you support & use any of our advertisers, please do mention *The Golant Pill* when making contact!!

Probably the best Independent
computer
company in the South West

MICROTEST

Computer Sales
Printers
Repairs
Software
Media
Printer Inks
Maintenance Contracts

A total one stop shop
for everything involving .I.T

Tel: - 01208 261600 Fax:- 01208 261601

CORNISH SUMMER

A rising sun, now glowing bright, dispels the hanging mist,
Revealing headlands, clearly now, being sensuously kissed
By the languid sea of a Cornish morn sliding over slippery rocks
Whilst raucous gulls, whirling in flight, greet the summer dawn
in flocks.

Down by Golant's still silent strand, away from the open sea,
The swelling tide lifts off the boats and strives to set them free.
Mid-stream, the tethered sloops await, in ordered rows abreast-
For them, their weekend Captain's cries bring hopes of a sum-
mer fest.

The awakening sky shows 'Fair' to those of a meteorological
bent:
A sky soon pierced by drifting steam from Kaolin mills, once
spent.
Elsewhere, old mines and chimney stacks stand guard on the
Cornish coast,
Marking hidden paths where the Exciseman chased th' elusive
midnight ghost.

In Summer sun, the sea and sand assume an extra aura,
Whilst many people, young and old, stop to pick the attractive
flora.
In seaside towns, at times like this, children often turn to say,
"Ee by gum, you can tell our Dad, it's a rate good 'oliday" *

* *Northern vernacular for "The ice-cream's lovely and the chips aren't
bad either."* *Mike Burrow*



WOODS

Cornwall's best café for cream teas
and comfort food ♦ Cosy fireside
coffee lounge ♦ Riverside seating
♦ Children's play area ♦ Miles of
forest trails ♦ Home baking & home
made soups ♦ Espresso coffees &
organic teas **WOODS is in Cardinham
Woods near Bodmin. Just follow the
brown signs from the new roundabout
on the A38 by Bodmin Crematorium.
Tel 01208 78111 Open every day.**

WILDLIFE IN GOLANT

Sadly, we have no reports of Tern sightings in Golant so far. The raucous and argumentative Black Headed Gulls, which have appeared in plenty, are not quite the same as the graceful and acrobatic Terns. Watch this space though...

When we left our old home in St Veep, we sadly left behind a thriving colony of House Martins, which we were always delighted to see when they returned each spring. We thought that summer evenings would never be the same without their gay chattering in the sky above. So, we were thrilled when a pair took up residence here last summer. They moved into an artificial nest, built under the eaves of our new home in Golant, having been evicted, rather late in the season, from St Sampson's Terrace by roofing contractors.

The artificial nest had, as far as we were aware, never been used before. But the Martins moved in quite happily and raised two broods last summer, returning this year to successfully utilise the same nest.

Coincidentally, the British Trust for Ornithology has been conducting an investigation of the apparent increase of artificial nest usage by Martins and we were pleased to be able to add our experience to the statistics. Martins seem to be latching on to the fact that by utilising existing or artificial nests they can gain up to two weeks in the nesting season and increase the chances of rearing a second or, in a good year, a third brood.

Anyone with even a slight interest in birds will enjoy the BTO website (www.bto.org), which contains masses of fascinating information, pictures and birdsong recordings. Also, if you are about to travel, key in your destination and date of travel, and a list will be provided of all the birds you may expect to see in that area.

Barry Campbell-Taylor



Dolphin Cars
For all Your Taxi Needs
4 & 6 Seater Available
Office: (01726) 810980
Car: 07968 259466
Advanced Bookings Only
www.dolphin-cars.co.uk

FSB

OPEN ALL YEAR FOR
LUNCHES & DINNER
FORE STREET | LOSTWITHIEL | CORNWALL
trewithen ☎ 01208 872 373
CLASSICAL FINE DINING WITH A MODERN TWIST

LETTERS & EMAILS TO THE EDITOR

Paying too much for heating oil?

Anyone who has had to fill up their central heating tank recently and then read the bill may well have needed a cold wet towel wrapped around their head rather than warm radiators. We cannot escape rising energy prices but perhaps there is a way we can ease the pain. Are there any readers interested in setting up a fuel co-op to buy fuel at more competitive prices?

This is something that we have done in our Cambridgeshire home village for a number of years. It's very easy and works like this. Whenever someone needs oil the organiser rings round the members to see how much oil they want and then puts a single order into the company who deliver in a single tanker run. Each family still gets its own invoice from the company and pays direct. There is no commitment from members to buy a guaranteed amount but they are expected to use the co-op rather than do their own thing once they have joined. So for a few minutes on the phone we are able to order big quantities and secure discounted prices. (Oil prices get a lot cheaper once you start talking in terms of more than 10000 litres). Securing the deal with the supplier takes a bit of time to get the best price but they are usually very keen as they cut delivery costs, simplify their processes and keep a slice of the market.

Is this something that families in Golant would like to investigate? If you are interested then we need contact details, and some idea of the amount of fuel you use in a

year. We are happy to collect a list of potential members and see what sort of deal we can negotiate locally. Call us on 01954719552 or drop an email to:

ian@laughtons.org.uk

Look forward to hearing from you. We are in Golant from 9th-24th August. *Ian & Sarah Laughton (Waters Edge)*

'Discount Dial'

Gill Bunker, whose husband & son are both in Beijing (see p9), has contacted the editor to give the following information regarding cheap calls to foreign lands:

- To phone a Landline anywhere in the world, dial 0844 462 35 35, wait for info, then dial the required country code and phone number followed by the # key (from 2p per minute)
- To phone a UK mobile, dial 0871 772 95 95 etc...
- To phone an overseas mobile, dial the prefix 0871 754 12 12 etc... (both from 6p per minute)

**Carn
toCove**

Spreading the Arts to Every Corner of Cornwall

The next Carn to Cove event will take place in the Village Hall at 7.30pm on Saturday 20th September. This is entitled *An Hour with Les Merton*. Les hails from Redruth, and is a poet, author, humorist, performer and dialectician. He was made a Bard in 2004. Tickets may be obtained from Mike Freemantle on 816454.

Bellscat
Golant, Fowey
Cornwall
PL23 1LA
Tel: 01726-833404

Wedding receptions & Corporate Entertainment

A superb site for marquees set in four acres overlooking the Fowey Estuary. In addition to this there is ample private parking, electric power supply and water.

Web site: www.bellscat.com

NAUTICAL BOOKS

**New & Secondhand Books
WoodenBoat Magazine &
Boat Design Quarterly**

*We also purchase Secondhand
Nautical Books*

Mail Order. Credit Cards Accepted

DALTON YOUNG ASSOCIATES

Appletrees, Water Lane, Golant,

Cornwall, PL23 1LF

01726 833688

cspyoung@googlemail.com

THE DUCHY CLINIC

Appointments now available to new patients.

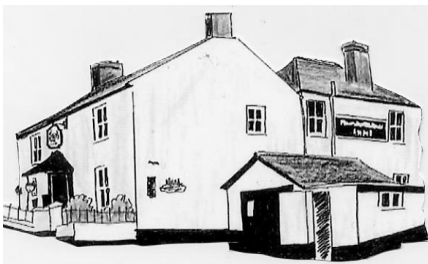
Three Chiropractic practitioners, and a range of complementary therapies including Acupuncture, Chiropody, Massage, Podiatry, Ultrasound, Osteoporosis scans

2 Mount Folly, Bodmin,

Cornwall PL31 2DB

Tel: 01208 78777

New Licensees *Steve and Anne-Marie* warmly welcome you to:



From an original drawing by Karen Hamnett

The Fisherman's Arms

Tel: 01726 832453

The Fisherman's Arms, Golant

A charming character Inn dating back to 1826 with spacious outside terraces boasting stunning views over the River Fowey.

Choice of Traditional Cask Ales, Hot and Cold Meals and Snacks served daily.

Sunday Lunches served from 12-3pm.

All produce locally sourced.

Book early to avoid disappointment

J R FISHER

Heating & Electrical Contractor

**23 Moorland Road,
Par, Cornwall, PL24 2PA**

For all your central heating, plumbing and electrical problems

Tel: 01726 813810

Est over 30 years

sandbanks

The kids' insight on Golant

Hi guys!

Summer's finally here! And the weather seems to have taken a turn for the better; let's hope it stays that way for our FAB summer holidays! Have a great summer...

Alice H Sub editor

Life on the farm in July

On the farm this month we have struggled with the weather. The maize didn't grow well in the wet cold weather, but is now growing well and is over our knees (worth taking a look as it has been known to grow up to 6 inches in one day.)

We have now managed to do our second cut of silage and have got plenty to feed the cows during the winter.

We are now making hay (whilst the sun shines!) and will be combining barley shortly.

We have had 25 new calves born this month and more expected. So a busy time as usual...

Dan Palmer aged 11

Cub Camp

Hugh Elworthy has just joined Polkerris Cubs. Eleven of us from the group, including me and Hugh, went on the figure of eight cub camp a couple of weeks ago and walked 14 miles in one weekend! We walked 8 miles the first day and 6 miles the second day. I was knackered!!

Polkerris Scouts and Cubs also came first in Par carnival. We all dressed up as Zombies and our pack leader was Michael Jackson to celebrate the 25th anniversary of his video thriller!

Joe Hunter aged 9

Children's Gleanings

Netball Star

Meg Elworthy has made it from a reserve to a player in the Cornwall netball squad!

Well done Meg!

School Starters

Dan Palmer and *Melissa Weatherall* have started Fowey Community College in year 7! They now wait at the bus stop and seem to be settling in really well!!

Well done guys!

Dance Mania

Meg Elworthy, *Anna Heslop* and *Alice Hunter* appeared in the Fowey Expressive Arts Competition finals, in a dance group called the *Candy Shop Free-Stylers* with eight other girls. They choreographed their own dance routine to the song 'Candy-shop' (hence the name!) and

had to get through some tough audition stages to get to the show. On the big night they dyed their hair green and purple and applied loads of stage make-up. Although they didn't win they really enjoyed the experience.

Piano perfection

Lucy Palmer also appeared in the finals playing her piano. She sounded FAB and wowed the judge with her nifty finger work.

Well done Lucy!!

Attendant!

Maddy-Rose Hunter has been chosen to be the attendant to the carnival queen at Charlestown!

Congratulations Maddy-Rose!

Flowers

A flood of colour
soaks the fields.

Rainbow freckles
fleck the earth.

Delicate bodies
against the elements
dancing in the breeze.

A burst of hope
amongst urban decay.

So much to fear,
so much uncertainty.

But still they dance,
they dance,
they dance.

Rosie Andrews (aged 14)

Rosie wrote this for the Plant & Book Sale Competition in May. Viviane Barr wrote: "This flower poem is full of feeling and imagination but is also very concise."

Kit Andrews
(aged 8)

Kit's entry in the competition was described as:

"A lovely design, good detail and extra interest with the added leaves."



St Sampson Parish Council

At the meeting on 19th June, the Parish Council was delighted to welcome our new neighbourhood Beat Manager, PC Phil Dingle. His contact number is 815141. The heavy traffic from the building work at Fleeting's End was causing considerable annoyance, but by the July meeting most of the problems had been resolved.

The questionnaire on affordable housing was finalised, and all full-time residents should have received a copy of this: if you have not, please contact Stuart Young. The Parish Council does not meet in August, but I shall be meeting with the Parish Clerk to analyse the responses to the Affordable Housing Survey. All comments will be entirely confidential, and the only published data will be on the percentages of those for and against; no individual names will be revealed, so please do make sure you send in your questionnaire, even if the deadline has been passed by the time you are reading this. The Parish Council wants to reflect the wishes of the village.

The July meeting has just taken place, and the car park now appears to be working well despite an attempted break-in to the machine. I am sorry to report that our excellent Parish Clerk, Stuart Young, wishes to retire from the end of September, and I should be delighted to hear from anyone who would like to be considered for this post. It is not a road to riches, but it is a paid post! At our September meeting we shall look forward to welcoming our newly co-opted member, James Fuge.

Cllr. Marilyn Wellman, who has been a very good friend to St Sampson PC, is at present in Bodmin hospital following a serious operation, and we wish her a speedy recovery.

Finally, we have had the news of the Post Office closures. We are sad that the Golant Post Office is to close, but surprised and upset that Tywardreath is also for the axe. If you feel strongly about this, as I do, please write to the Network Development Manager, c/o National Consultation Team, Freepost Consultation Team – or email him at: consultation@postoffice.co.uk

Individual letters are far more effective than a petition, which is only registered as one objection, no matter how many names appear on it! There is a very useful guide to writing such a letter, which is available from the Post Office and comes from the Newquay Lib Dems.

Simon Funnell Chairman

**Ken Newcombe's
Funeral Home
Funeral Directors
Chapel of Rest
13, Bucklers Lane, Holmbush
St Austell
01726 75869
Service Day & Night**

Advertising Rates

There are three sizes of advertisement available to you at this time in either vertical or horizontal form.

- A** 65mm deep x 60mm wide
@ £30 for six issues
- A+B** 130mm deep x 60mm wide - vertical
or
65mm deep x 120mm wide - horizontal
@ £60 for six issues
- A+B+C** 195mm deep x 60mm wide - vertical
or
65mm deep x 180mm wide - horizontal
@ £90 for six issues

Additional £15 for colour and £10 for any alterations made during the year

Please send your artwork or copy as required together with an appropriate crossed cheque made out to 'The Golant Newsletter' to Robert Dunley, Rose Cottage, Golant, PL23 1LD or telephone 01726 832807 for more information.

Artwork/Copy may be e-mailed to
golantpill@yahoo.co.uk

RESTORMEL RECYCLING

The following information is taken from the 'Restormel News', for anyone who may have missed it:

'In partnership with the Council, Serco have developed proposals to introduce **weekly recycling collections**. The aim is to make it easier for households to participate in recycling which will lead to an increase in the volumes of material recycled. All materials for recycling can be put out and collected each week, on the same day as your normal collection.'

This has already begun.

FILL-IN FUNNIES

Seen in a Martinique hotel:

'In case of fire, go most quickly to the window, in a composed manner expose yourself to the fire brigade.'

If you have any **News, Articles or Gleanings** about Golant that you would like to see in *The Golant Pill*, please send them to the Editor, Mike Harris, at South Torfrey Cottage, Golant-by-Fowey, PL23 1LA, or place them in the postbox at the bottom of the drive
Email: golantpill@yahoo.co.uk
The **Copy Date** for the next issue is
Monday 22nd September

Golant Gleanings

CONGRATULATIONS

Bevil Luck has celebrated his 18th birthday in fine style, we understand. It doesn't seem five minutes since he was the juvenile lead in the panto!

Patrick Towell is now 40yrs old and celebrated his special birthday with friends and family in Golant last weekend.

Two of the village's most active men are soon to be 80yrs: Clarence Paull on August 25th and John East on August 23rd. Both of them are so spry, fit and active that they make us younger ones feel tired just to look at them. They won't thank us for noting their birthdays but it *is* a bit special!

Chris & Kay Taylor became very doting parents in July. Henry James Newton Taylor was born on July 3rd weighing 8lbs and, according to his proud granny, "...has a mass of black hair!" (See the photograph on page 3).

Congratulations to Mr & Mrs Ben White! Ben and Natalia were married at St Sampson's on July 5th. The appalling weather conditions did nothing to dampen a wonderful celebration with friends and family, including a magnificent selection of music provided by many of their friends from Corpus Christi, Oxford. Natalia looked radiant in a dress designed and made by herself. The reception was held at Bellscat, and the guests danced the night away in true 'White' party spirit! (See photo on page 3).

In true romantic style, Ben and Natalia had delayed attending their graduation so that they could accept their degrees together as a married couple. On July 19th, supported by their proud parents and a number of their fellow graduates who had both sung at their wedding and delayed their own graduation, Ben & Natalia attended the Graduation Ceremony in the ancient Examination Schools Hall at Oxford to receive their awards.

THE BEIJING OLYMPICS

Bunny Minter-Kemp's daughter, Jane Gregory (née Bredin) will be riding her horse for Britain in the Olympics! Jane, who is 49yrs old, was born and brought up in Golant. She now lives in Wiltshire where she rides, teaches and trains. She has been in Germany preparing for her challenge in the Dressage event on her horse *Lucky Star* who is a bay gelding of 16.2 hands. Bunny and two other daughters are off to China to cheer Jane on. We'll all join their cries!

Annie Vernon is off to Beijing as one of the Women's Coxless Quad Four. Annie, who lives in North Cornwall, was taught by Alistair Barr at the Castle Dore Rowing club where she is a member still.

Phil Bunker and Ollie his son are already in Beijing for the Olympics. Phil, of course, has a lifetime's experience in lighting and camera work for television. Both are setting up special camera systems for *Camera Corps*: Ollie for baseball and Phil for shooting. They are "...missing the clean Cornish air and beautiful clear skies. The sun is a small red dot in a grey sky..." Their preparations have now been delayed because a container containing much of their special equipment has been impounded by Customs.....

THANKS

In a previous issue we highlighted Ted South's excellent work in maintaining the decorated dinghy on the Green. He has recently very kindly painted and done much work on the goalposts, with valuable assistance from Peter Edwards. Vic Tabb is contracted by the Parish Council to cut the grass on the Green; we wish to record the high standard of maintenance he achieves. The Village Green may be fairly small, but our youngsters have an excellent area of grass on which to play thanks to the efforts of Ted & Vic.

Golant Village Website (www.golant.net) The webmaster can be contacted in any of the following ways:
Email– barry@campbell-taylor.fsnet.co.uk Telephone– 01726 832326 Post– 4 Riverview Terrace Golant PL23 1LL

GOLANT BOAT OWNERS' ASSOCIATION (BOAT WATCH)

There have been no incidents of vandalism or theft reported on this stretch of the river. However, one boat did break loose from its mooring which was quickly spotted by a Boat Watch member; he informed the owner who retrieved it before it came to any harm.

In spite of the bad weather only one boat had its canopy torn loose, and that was promptly re-secured before too much rain damage was done to the craft.

There was vandalism to the Pay and Display machine which Boat Watch reported but fortunately the vandals were not successful in breaking open the money box. Apparently this was one of many machines broken into in the area around that time.

We hope that this very low level of incidents will continue for the rest of the summer. *Robert Gore*

GOLANT QUAY USERS ASSOCIATION

The bridge works continue. Apparently the bridge is finished, but now they are working on the reinforcements to the abutment to the north side. So whilst work continues, please be careful as you pass under the bridge. There is excavation material in the channel and the new piling will catch your boat, so keep away from the Lostwithiel side.

When it is complete, they have promised to finish the piling with a hardwood capping and reinstate the channel to its original height. In the meantime, we continue to collect compensation, so as long as we have no accidents we will all be happy. *Peter Edwards*

*****STOP PRESS*****

Two tanks containing petrol were stolen during daylight from boats in the Bridge moorings over last weekend.

POLICE CONTACT NUMBERS FOR INFORMATION

NBM Golant / Fowey / Lostwithiel / Luxulyan / Lanlivery
08452 777444 - Police Central Switchboard - advice & reporting non urgent incidents/crime
'999' - Urgent police assistance (offenders still present or life/death situations)
0800 555111 - Crime Stoppers - To pass anonymous information.

"Upper Deck Marine"

Albert Quay
 Fowey
 01726 832287

Chandlery & Water Sports
 Equipment
 Discounts to Boatwatch
 members

— Also —

Outriggers

Clothing, Books, Charts
 (just over the road)

NCI POLRUAN



John Jenkin and Maurie Parsons are just two of the volunteers who man the National Coastwatch Station on the top of the cliffs at Polruan. Recently I visited John on watch, and was fascinated and reassured by what I saw. The station, though quite small in size, is extremely well equipped. There are a number of radios monitoring a selection of channels, a superb radar, and a range of optics (note the one on the tripod in the picture above and the handle by John's left ear is attached to a monocular telescope!) The computer is linked to the weather equipment outside.

All boats whose names can be read are logged when they leave or enter Fowey Harbour. Even serious walkers on the cliff walk in front of the station are noted. This information has already proved invaluable in past emergencies. I have found it very useful to go online to www.polruan-rci.org.uk to see the latest weather in graphic detail. It's now a 'favorite' on our computer!

Mike Harris

Fowey Regatta Week

17th-23rd August

Don't miss the Red Arrows on Thursday 21st!

If anyone spots a problem on the river, please contact one of the following:

- ▶ Harbourmaster's Office 01726 832471
(Out of hours transferred to Duty Officer)
- ▶ Mike Harris, Chairman of Boatwatch 01726 833897
- ▶ Robert Gore, Deputy Chairman 01726 832425

HILLSIDE STUDIO

Water Lane, Golant. (Opposite Village Hall)

**The working studio of artist Barbara McMillan.
 Paintings and handmade cards on display.
 Portrait and landscape commissions.**

Visitors welcome. Tel (01726) 833471

If the Open-Studio Sign is displayed, please ring the hand-bell by the house front door or, up the steps, bang on the studio door!

News from St Sampson

A comprehensive application to obtain a grant from the Heritage Lottery Fund has been prepared and submitted and other grant agencies are being approached. Meanwhile, we acknowledge two more generous gifts towards the repairs from villagers who were unable to be at recent fund raising events. We have received two more donations for the scheme to make a level, safe path to the lower churchyard including a further £100 from Vilma & Paddy- profits from the *Thursday Kitchen*.

The tower door at the west end has been beautifully restored. Until a few weeks ago it was a sorry sight with rotten wood on the face and both hinges rusty and broken. The door is not something that most people see unless they are going to use the toilet! Do go and have a look. The original frame was in perfect order and it has been faced with oak and fitted so as to be more weather-proof than before.

The **Harvest Festival** will be held on September 28th at 9.15am and the **Harvest Supper** on September 29th at 7pm in the village hall (no tickets will be available at the door). Frankly, for a country church our displays of harvest produce around the building have been very poor. On Saturday, September 27th, between 10am-Noon, we ask for a huge number of people of all ages to turn up for **'Bring & Decorate'**. In other words, we ask you to bring fresh fruit, vegetables, flowers, tins & packets and place it anywhere inside the building. If you just drop your gift off, someone will put it in place for you. Most important of all, we will auction the produce at the Harvest Supper where we hope to raise money for Euro Aid. Penny White's sister-in-law, Lorraine Cooper, works tirelessly for this charity and has been to some Eastern European countries to put the help directly where it is needed. We plan to put a photographic display in church soon to give everyone an idea what this excellent organisation does with our monies.

The Historical Guide to the church, written a few months ago by John Jenkin, has almost sold its first edition (80 copies). Since its publication, the Bishop's Chair has been dismantled and its panels used to improve the reading desk and lectern. These changes have been noted in the new edition. The guide, as well as John's *Visitors Guide to Golant* and Simon Funnell's narration of *Tristan & Iseult* are on sale in the church (all at £3).

For a year or so there has been a basket in the church for gifts of food to be given to *Stak*, the organisation run by all denominations of churches in St Austell to help feed the homeless. Thanks to everyone who has given in this way. The basket will now be removed because *Asda* & *Tesco* have collection bins for your gifts to *Stak*.

In early summer a swallow started to build a nest on the light in the middle of the porch which spelt danger for anyone passing below! She was persuaded to make her nest on the outer wall, raised one brood successfully and is now sitting on another clutch of eggs. The bead curtain hanging in front of the main door, though not the most aesthetic piece of décor, has certainly prevented any birds becoming trapped inside the church.

The Churchyard

Whilst the seeds of the double lady's smocks were setting, I trimmed most of the seedheads of sorrel and plantains which are too plentiful. The proper first trim of the season took place at the end of May/early June with delays caused by the frequent spells of rain. All the plant debris was raked up after allowing a few days for the seeds to fall. Since then a further trimming and raking have taken place.

The middle area has been covered with the yellow flowers of hawkweed and a few cat's-ears. Most attractive have been the graves with a profusion of reflexed stoncrop, with dense heads of striking yellow flowers about 9" (20cms) high and, also, the English stoncrop with white flowers and flushed pink upper leaves which are low growing.

Mike Harris

Sunday 15th June: Hog Roast at Bellscat

On one of the few sunny June evenings, St Sampson's Church was able to make full use of an extremely luxurious wedding marquee for a Hog Roast and quiz. John Varco's pig roaster (and pig!) produced a quite delicious meal, which was enjoyed by over 70 people. Salads and puddings were equally delectable (and speedily consumed), and the bar was kept profitably busy, with the Doombarr barrel most generously provided by Steve and Ann-Marie proving very popular.

Then it was on to a quiz devised by Maurie and Gail. This, as is customary, provoked amusement and indignation in equal measure, and six bottles of wine went to the winning team. Many thanks to Maurie and Gail for providing an excellent range of questions, also to all those who helped with the preparation of the meal, and particularly to those who came along and helped add another £700 to the Belfry fund.

SF

CHURCH BULLETINS

These sentences actually appeared in Church bulletins or were announced at Church services (though not at St Sampson's!)

- 'The Fasting and Prayer Conference includes meals.'
- 'Potluck Supper- Sunday at 5pm. Prayer and medication to follow.'
- 'This evening at 7pm there will be hymn singing in the park across from the Church. Bring a blanket and come prepared to sin.'

St Sampson's Church Flower & Cleaning Rota

Aug 3rd	Penny & Viviane
Aug 10th & 17th	Kate & June
Aug 24th & 31st	Ruth & Gill P
Sept 7th & 14th	Paddy & Jill
Sept 21st & 28th	Gillie & Sheila

[Golant Sports, Carnival & Raft Race weekend](#)

August 9th & 10th is the weekend to book into your diaries, as once again Golant stages this magnificent event. **Saturday Sports** start at **2.00pm** on the Green with delicious Cream Teas served during the afternoon. Cakes are provided by the village ladies (*please contact Suzanne Edwards*) and children's refreshments by **St Austell Brewery** (it makes them run faster). *Estelle van den Broek* would be grateful to receive raffle prizes. Please would last year's cup winners return their trophies to *Alastair Barr*.

Carnival judging starts at **6.45pm**, so please arrive well before that to ensure you get into the correct category and get the best chance to bribe the judges. The **St Pinnock Brass Band** play during judging and will then lead the procession round the village. This will be followed by the Flora Dance.

Evening entertainment will be provided by the **Fisherman's Arms** featuring live music from *'Best Served Chilled'*. Great food (a Hog Roast) and Ales will be available.

Sunday The **Great Golant Raft Race** starts at **12 noon** at the Slip & Quay, so get your teams organized to build the best raft. The **Fisherman's Arms** sponsors this event, where the entry forms can be obtained.

At **4.30pm** we have a new event, **Golant's Olympic Children's Rowing Regatta**. Children from 9 to 11 and 12 to 14 can enter. Beginners' rowing boats will be provided by the **Castle Dore Rowing Club**, and again, entry forms are available from the **Fisherman's Arms**.

Carnival Committee



50 years ago

This photo shows an entry of 'Snow White' in the 1958 Golant Carnival. Can you identify anyone?



40 years ago

An appropriate photograph from the 1968 Golant Carnival, showing James and Belinda Fuge with Edwina and Thomas Bray, as 'The Olympic Skiers'

Both of these Carnival photographs are owned by Edwina Webster (née Bray), who lives in Blisland, and who kindly let us print them. You may remember others that we published in last year's pre-Carnival issue of the *Golant Pill*!

THE INNER PILL



It is interesting to note that in this even older picture, owned by Jimmy Fisher, the Green as we know it was certainly not a place for Sports and Carnivals!

Jimmy Fisher is always interested in purchasing old photographs and postcards of Golant to add to his collection.

He may be contacted at :

23 Moorland Road, Par (Tel: 813810)



Taking care of all your legal needs

St Austell 01726 874700

Other offices in...

Truro 01872 246200

Liskeard 01579 347600

Penzance 01736 362294

Newquay 01637 878111

Launceston 01566 772000

Holsworthy 01409 253425

Agricultural ■ Business Services ■ Commercial Property ■ Crime
Dispute Resolution ■ Employment ■ Family ■ Personal Injury
Residential Property ■ Tax and Estate Planning ■ Wills, Probate and Trusts

Coodes are delighted to support the Golant Pill

Taking care of the past, present & future

coodes.co.uk



Auntie Paddy's Recipe Corner

At the June Hog Roast and Quiz held at Bellsat, the ladies were very generous with the great variety of salads and puds, and for once, the weather was kind to us.

Fiona Westaway's recipe for Banoffee Pie was a real winner, and she has kindly let us print it here for everyone to try. It has a delicious layer of thick caramel on a biscuit base, topped with bananas and cream.

The Ultimate Banoffee Pie (Serves 8-10)

For the Base

100g / 4oz butter, melted
250g / 9oz digestive biscuits

To make the base: Crush the biscuits until they resemble fine crumbs then tip into a bowl. Stir in the melted butter. Press the mixture into the base of a 20cm/8" loose-bottomed lined cake tin. * Chill the base.

For the Caramel

125g / 5oz butter
125g / 5oz dark brown soft sugar
397g can Carnation
Condensed Milk

To make the filling: Place the butter & sugar in a non-stick saucepan over a low heat, stirring until the butter melts & the sugar dissolves. Add the condensed milk & bring gently to a simmer, stirring continuously, to make the caramel. As soon as it thickens, (approx 5 minutes of simmering) remove from the heat. Take care not to let it burn at this stage. Spread the filling over the biscuit base, cool, & then leave to chill for at least one hour, until firm.

For the Topping

4 small bananas
284ml carton double cream,
lightly whipped
Grated chocolate for dusting

To serve: Remove the pie from the tin & place on a serving plate. Slice the bananas; fold half of them into the softly whipped cream & spoon over the toffee base. Decorate with the remaining bananas & dust liberally with the chocolate.

* Fiona uses a larger cake tin with the same base and topping, but with 1½ times the filling ingredients....this makes a deeper pie!!

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £5 (£10 overseas) to have the six issues per year of *The Golant Pill* sent by post.

To Jacky Fletcher, Mimosa Cottage, Water Lane, Golant, Fowey, Cornwall PL23 1LA
Please send the next six issues of the NEWSLETTER by post (**Please print clearly**)
I enclose a cheque for *£5/*£10 (Overseas) made payable to 'The Golant Newsletter'

Name:

Address:

Postcode:

Tel No:

Name of Addressee (if different):

Address:

Postcode:

**Past issues of *The Golant Pill* are available at £1 per copy **

A laser printing facility is available at reasonable rates for parishioners.

Contact Robert Dunley (01726 832807) for further information.

MIKE WALLER
Quality Carpenter, Joiner,
Building Contractor



- Complete Builds
- Extensions
- Conversions
- Repairs Renovations
- Property Maintenance

No job too Big or too Small

Tel: 01726 890620; Mob: 07718967230
Higher Town Cottage, Tremodrett, Roche, Cornwall PL26 8LP

Your first stop for.....

■

**Digital Television,
Video Recorders, Satellite,
Hi-Fi, Washing Machines,
Cookers, Fridges, Dish Washers
and all small Appliances.**

■

SALES & SERVICE
For the Best prices and Service

BARTLETT'S
TRAFALGAR SQUARE, FOWEY
833429

"Tywardreath Butchers"
41 Church Street
Tywardreath
PL24 2QQ



CORNWALL'S LOCAL BUTCHER
a taste of the past
www.thelocalbutcher.co.uk

Tel: 01726 812393

CALENDAR OF VILLAGE EVENTS

AUGUST

Sunday 3rd	9.15am	Holy Communion	St Sampson's
Sunday 3rd	10.30am	<i>Help needed for putting up flags & bunting</i>	Village Green
Wednesday 6th	9.10-10.10am	Mobile Library	End of Green
Friday 8th	8.30pm	Live music- <i>Boogaloo Dudes</i>	Fisherman's Arms
Saturday 9th	2pm	Carnival Sports	Village Green
Carnival Day	6.45pm	Carnival Judging	Village Green
	7.15pm	Procession around village & Prizegiving	
	Evening	Hog Roast	Fisherman's Arms
	8.30pm	Live music- <i>Best Served Chilled</i>	Fisherman's Arms
Sunday 10th	9.15am	Holy Communion	St Sampson's
Sunday 10th	12 noon	Raft Race	Slip/Quay
Sunday 10th	4.30pm	Olympic Children's Rowing Regatta	Slip/Quay
Friday 15th	8.30pm	Live music- <i>TBA</i>	Fisherman's Arms
Sunday 17th	6.00pm	Evensong	St Sampson's
Wednesday 20th	9.50-10.10am	Mobile Library	End of Green

There is a **Beer Festival** from Friday 22nd – Monday 25th August at the Fisherman's Arms

Friday 22nd	8.30pm	Live music- <i>TBA</i>	Fisherman's Arms
Saturday 23rd	8.30pm	Live music- <i>Miss Scarlett & the Candlesticks</i>	Fisherman's Arms
Sunday 24th	9.15am	Holy Communion	St Sampson's
Sunday 24th	8.30pm	Live music- <i>TBA</i>	Fisherman's Arms
Sunday 31st	9.15am	Holy Communion <i>(Book of Common Prayer 1662)</i>	St Sampson's

SEPTEMBER

Wednesday 3rd	9.50-10.10am	Mobile Library	End of Green
Thursday 4th	12.45-2.30pm	Thursday Kitchen	Village Hall
Sunday 7th	9.15am	Holy Communion	St Sampson's
Thursday 11th	12.45-2.30pm	Thursday Kitchen	Village Hall
Sunday 14th	9.15am	Holy Communion (Sung)	St Sampson's
Wednesday 17th	9.50-10.10am	Mobile Library	End of Green
Thursday 18th	12.45-2.30pm	Thursday Kitchen	Village Hall
Thursday 18th	7.15pm	Parish Council meeting <i>The public are invited to take part until 7.30pm</i>	Village Hall
Saturday 20th	7.30pm	An Hour with Les Merton <i>Poet, author, humorist, Cornish Bard- tickets from Mike Freemantle (816454)</i>	Village Hall
Sunday 21st	6.00pm	Evensong	St Sampson's
Tuesday 23rd	8pm	Pub Quiz	Fisherman's Arms
Thursday 25th	12.45 -2.30pm	Thursday Kitchen	Village Hall
Saturday 27th	10am-12noon	<i>Bring & Decorate</i> –come to the church with flowers, fruit, vegetables, tins and packets etc	St Sampson's
Sunday 28th	9.15am	Holy Communion (Sung) <i>Harvest Festival</i>	St Sampson's
Monday 29th	7.00pm	Harvest Supper <i>Tickets from Penny White (832315) NB: No tickets available on the door</i>	Village Hall

If you have any item you wish to be entered into this Calendar of Village Events, please contact Janet Gore (832425), the Parish Diary member of our team, by the Copy Date shown on page 2 of this Newsletter, & we will try to include it.