



One for the 'Ark'ive???



John Varco's wife Ruth plans to store food supplies in one hull and animal species in the other but has yet to make up her mind where to put the toilet.

Third Time Lucky!

It was 'third time lucky' for local farmer, John Varco recently. John ('Noah' to his friends) caused tailbacks in the traffic flowing in and out of Golant. As a close observer of the weather, John has become increasingly worried by the high incidence of rainfall. Taking the lead from the story of Noah, he ordered a new boat from Canvey Island. "Noah had a problem after forty days of rain," said John, "and as we'd had nineteen days of it in a row, I wasn't going to risk it!" The twin hulled boat, which is 28' x 14', became stuck fast as it was nudged into the narrow entrance of Church Lane demolishing a sign which read

'Unsuitable for Long Vehicles'. John, who had carefully trimmed the vegetation in readiness for the manoeuvre, shouted several sentences in what he called 'Old Cornish.' After two more attempts, there was success!

It is understood that the Parish Council is considering a request to place an additional road sign at the entrance to Church Lane in both English and Old Cornish: 'Unsuitable for Wide Vehicles.'

"Noah wouldn't have stood a chance in Church Lane," says John. "After all, his ark was 550' x 92', or so they say! All I know is, if there's anything in this Global Warming theory, *we'll* be high and dry whether it's sunny or persisting down with rain."

From the Editor

The response to our first issue has been fantastic! Positive feedback has been coming in from all directions. We have had twenty-seven suggestions for a name for the Newsletter. Entries came from many villagers and a few visitors to the "Fisherman's Arms." We enjoyed the wit and clever play on words in so many entries. The Production Team considered each one carefully and, in the end, decided on Stuart Young's '**GOLANT PILL**' ("One to be taken every other month!"). We shall be keeping the list because we may well find a use for one or two in future. In fact, Pam Young's suggestion of "Golant Gleanings" is being used in this and subsequent issues to assemble those smaller items which we are keen to publish.

Someone asked how much space they could use if they wrote an article and my answer was, "Anything between three and three hundred lines!" Three hundred may be an exaggeration, of course, but a 'three liner' could be valuable. Sometimes one hears a witty retort or a remark about a village happening. Why not write it down and give it to me for publication? Those are the 'gleanings' we are after.

We realised from the start that printing costs would be high especially as we were using inkjet printers in our homes. We have had many encouraging remarks about our varied use of colour in the first issue but we will admit that we did actually use many more cartridges of ink than we had planned! We learnt quite a few things, however, and hope that the print run for this issue is considerably cheaper than the first one! Our aim has always been to move on to colour laser printing as soon as possible.

Many people have told us that they don't expect such a publication to be free and that they would be happy to make a donation towards the costs particularly to get it 'off the ground.' In fact, we have already received a few gifts for which we are most grateful. We still hope to keep the 'Golant Pill' FREE and don't want anyone to feel under any obligation to give a contribution. But if you do want to help in this way, place any money into an envelope marked 'Golant Pill' and:-

- a) either give it to your distributor when he/she delivers your magazine or
- b) give it to a member of the Production Team listed on this page or
- c) post it in 'Mimosa Cottage' in Water Lane or
- d) place it in the postbox at the bottom of the drive to South Torfrey Cottage.

For those who wish to continue to receive their copy by post or, maybe, have a copy sent to someone overseas, please return the form which can be found on page 13, together with the necessary payment.

I have received no letters for publication but hope that they will come rolling in soon. I am happy to print letters with 'Name & address supplied' if that is a writer's wish, but not anonymous contributions. Please note that we now have an email address: golantpill@yahoo.co.uk to which copy can be sent at anytime.

'Golant Pill' Production Team

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The Editorial Team reserve the right to reject material or comments considered to be inappropriate or offensive.

Please note that the Copy Date for the next issue is:

Friday, May 18th 2007

Articles & letters can be sent by email

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APPLE SURVEY

I am delighted with the response to the Questionnaire I sent out with the first edition of this Newsletter. A big thank you to the Editorial Team and to those hardy souls who delivered it to every house in the village. So far I have received 24 replies with promises of more to come, and several very encouraging telephone calls and meetings.

I am amazed at the number of different varieties of apple trees, either present or remembered, in the village. So far I have been sent the names of at least 60 varieties of Apples. To give you a taste of the charm and local distinctiveness of them, here is a short selection:

Beauty of Bath (Dessert)	
Captain Broad or John Broad which is THE Golant Cider Apple (many trees)	
Cornish Aromatic (Dessert)	Cornish Gilliflower (Dessert- several trees)
Cornish Gull (?)	Cornish Honeypin (Dessert)
Cornish Longstem (Culinary)	Dufflin (Cider)
Duke of Cornwall (Culinary)	Hocking's Green (Dessert & Culinary)
King Byerd (or Byred, Dessert & Culinary)	
Lady Sudely (Dessert)	Lane's Prince Albert (Culinary)
Manaccan Primrose (Dessert & Culinary)	
Pascoe's Pippin (Dessert)	Penhallow Pippin (?)
Pigs' Nose (Cider)	Pigs' Snout (Cider)
Queenie (Dessert)	Red Roller (?)
Tan Harvey (Cider)	Tregonna King (Dessert & Culinary)

Plus several Kea Plums and a range of Pears. One dessert apple that obviously appeals to several villagers is the Cornish Gilliflower. An account I have says that this was first discovered in a cottage garden near Truro in 1813. Remarkable for its rich aromatic honey-like flavour, 'Gilliflower' is thought to have derived from the old French word 'Girofle', or clove apple, as it is supposed to give off a clove-like fragrance when cut. It is yellowish green in colour, streaked with red. The mystery apple in the returns, so far, is the Cornish Gull, for which I cannot find any book references.

I will compile a detailed list as soon as I can. Then begins the task of identifying the 'unknown' varieties and to help with that I am hopeful that we can persuade one of the well-known local pomologists (and those who went to Maurie and Gail's very enjoyable Quiz Night will know what that is) along to the village, perhaps in the Autumn. I was particularly pleased and impressed to learn that one of the old orchards in the village has recently been replanted with twenty-six new trees, all local varieties of apples, in addition to the five remaining old trees. This will be quite a sight when it comes to maturity in a few years' time. As Autumn approaches I hope the editor will have some space for unusual recipes for these local varieties, so if you have any please search them out and dust them off.

I will be writing to all those who contributed in due course, but thank you all for your time and interest.

Stuart Young

PS We'll certainly find room for this topic, Stuart! Could we have a tasting session, too?! Ed.

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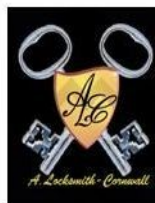
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From Your Local Policeman – PC Tim Rowe

Only one crime reported in Golant since Christmas so far. This was a report of theft of ornamental fish from a garden pond. I haven't had any other reports of similar theft but would ask if you have any information regarding this please contact either Linda (the new PCSO for the area) or myself and quote crime ref. GW/07/150. Email address and numbers at the bottom of the page!

Although crime is low in the area I would still encourage someone to put his or her name forward for the Neighbourhood Watch co-ordinator's post! I haven't heard from anyone since the last issue, which is a shame, as this is a worthwhile group to keep in the area! The post really only requires very minimal extra contribution and by this I mean just putting a few leaflets in doors once a year or so (as and when the police have any new anti-crime campaigns). You don't have to organise any group meetings if you don't want them or you can be as proactive as you wish! Also I mentioned before that the NHW scheme will have to fold if we don't get someone as we need a point of contact on the NHW database. You may already know but householders do get a discount on the house insurance premium if you are in a NHW scheme!

If anyone wishes to discuss the ins-and-outs of the co-ordinator's post then please contact me and I will run through it, no obligations etc. etc.!

PCSO Linda Thomas is now working full time in the Fowey and Golant area so you will see her walking around in Golant at least once a week. Please feel free to pass on any comments or information to her and stop for a chat if you wish.

PC Tim ROWE
NBM Golant/Fowey/Lostwithiel/Luxulyan/Lanlivery

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'999' – Urgent police assistance (offenders still present or life/death situations)
0800 555 111 – Crime Stoppers – To pass anonymous information.

Parish Council

The March meeting was long, but also interesting and important. Tom Ross kindly took us through the current sewage situation following a liaison meeting which had been held a week earlier. Problems remain, but progress has also been made and I shall attempt a summary of the present situation at the Annual Parish Meeting at 7.00 p.m. on Thursday 19th April. I do hope as many as possible will attend.

The Car Park is now in operation, with Karen Hamnett as Warden, and a new ticket machine is scheduled to be installed during April. I hope that this season will be as trouble-free as last season. The playground has now returned to the control of the Parish Council, as the grants that we felt would be open to us if the playground were taken out of the Parish Council umbrella have not been forthcoming. It is hoped to buy some initial equipment during the coming month.

I look forward to seeing you at the Parish Meeting on Thursday 19th April.

Simon Funnell
Chairman: St Sampson Parish Council

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GOLANT BOAT OWNERS ASSOCIATION ALSO KNOWN AS "BOAT WATCH"

This is the time of the year when there is frantic activity around the Pill as final preparations are carried out before the boats are returned to their estuary moorings.

It *may* be that there is a boat owner who is not a member of Boatwatch (not that you need to own a boat to join us). Membership does give real benefits, like discounts from 'Upper Deck Marine' etc. The money you'd save on antifouling would more than pay the boatwatch subscription.

You'll notice in April and May the new faces appearing as the tourist season gets under way so we really do appreciate your vigilance- and theirs for that matter- to spot problems.

I did write in the last issue that I would recount some of the incidents that have occurred and been logged and reported by our members. Recently a yacht in the Pill was found to have dragged its stern anchor such that it was parallel to the green. The owner was out of the country but through the good offices of a GQUA Berthing Officer it was possible to put things right without the owner having to fly back. In early March a boat was broken into. Fishing equipment, a toolbox and a stove were stolen. A few days later a lady in a kayak hit a Dory which had sunk and lay a few inches underwater. The problem was relayed to the Harbour Master via Boatwatch and the matter is being dealt with. On a regular basis the registration numbers of unknown cars are taken and these are checked against police records to spot undesirables before they strike. One log even reveals a couple of men sitting motionless in their car for a while. It transpired that they were waiting for the tide to go out so they could go down to the sand to dig for bait. It all goes to show that you can't even make off with a ragworm without Boatwatch knowing about it! Seriously though, that's the sort of vigilance that keeps the crime rate low.

Boatwatch has a 'Spring Get Together' on Saturday 14th of April. This is a social event for all members prior to the start of the boating season. Members will have been notified about this. I mention it here just to remind you.

By the way we have a website www.golantboatwatch.org.uk so you can check us out in full digital glory.

Robert Gore

GOLANT QUAY USERS ASSOCIATION

The Annual General Meeting of our Association takes place in the village hall on April 16th at 7.30pm. Since the AGM last year the committee has centred much of its work on issues dealing with Health & Safety. This topic has such important implications these days that we decided to pay for the services of an expert in such matters. As a result of his report the public may become aware of a few minor changes over coming months. Recent case law would suggest that common sense is beginning to take effect. Even before seeking professional advice, and with the help of South West Water, we had taken the opportunity to improve the moorings alongside the road by the Bridge. The prime reason for this action was not to improve the looks but to remove all the hazardous stakes and so on. It is clear that the Pill, Slipway and Quay are all '*working areas*' and, by definition, contain everyday equipment associated with boats: ropes, chains, metal stakes and so on. Anyone venturing near these areas needs to take special care of such objects for their own safety. The public is welcome to use the Quay but that does not make GQUA responsible for any mishap which may occur.

We urge the public, especially parents with children, to take special care when they are venturing near the Pill & the Quay.

We must point out that fires are not allowed on the Quay. This has happened on a number of occasions in recent months. We also understand that fires are not allowed so close to the railway line and, certainly, such actions are not within the terms of our lease. The police have been informed about the problem.

All moorings within the Pill are allocated by our Berthing Officers. Members pay fees and, as a right, have the use of their moorings for the whole year. Renewal forms have recently been posted, and anyone wishing to apply for a mooring is welcome to join by completing an application form available from the Berthing Officers, Alan, Ian, Micky and Roger. All renewal forms must be returned by July 31st 2007.

Peter Edwards, Chairman

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For an informal chat please contact me on:

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Email: karenhamnett@hotmail.com



Spreading the Arts to Every Corner of Cornwall

Carn to Cove is Cornwall's performing arts touring scheme which brings quality professional artists into rural areas.

Lots of you enjoyed Ian Keable's Conjuring up Comedy on 11th February – and I hope Paul's watch is still keeping the correct time. It was a great night, enjoyed by all. The inadvertent loss of electricity at a crucial point in the second half was not brilliant timing by the organisers but was caused by a lack of money in the meter!!!

By the time you read this you will, hopefully, have enjoyed Hoover the Dog on Saturday 24th March. Although not under the auspices of Carn to Cove this time, their visit is a spin-off from last year's highly popular concert.

Our next Carn to Cove event, on Saturday 2nd June, is Seven Ages of Man put on by the Kepow Theatre Company. Tickets will be £6 for adults and £4 for children and you can book them with Mike on 01726 816454 as early as you like.

Most of us go through seven ages in life, states Will Shakespeare in 'As You Like It'. Using this as a starting point Kevin Tomlinson takes true stories from his own life and that of his audience and explores the idea via the use of comic half masks, improvisation and story-telling.

Part comedy, part serious theatre, this show explores two of the most important questions one can ask oneself: Why am I here and what's important in my life?

There will be another programme of Carn to Cove events in the autumn. That may seem a long way off, but there will be a meeting to decide what to book in the not-too-distant future. If you have any requests, suggestions or questions they should be directed to Mike Freemantle

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SPONSOR A TREE UPDATE

This February, Ann Barker started her "Sponsor a Tree" campaign to raise funds for two cancer charities.

Her field near Torfrey now has some twelve hundred trees planted, of all types and varieties. All are available to sponsors at £15 per tree.

The idea came to Ann when her daughter went into remission following treatment for cancer. She is encouraging individuals to sponsor a tree in the name of a partner, relative or dear friend, whether dead or alive. Details will be recorded together with the location of each tree, so that sponsors may visit the site and wander through the woodland glade, enjoying the peace and quiet of the countryside.

The charities concerned are the Pinnacle 5 trust, set up in 2004 to support research within the County, and Cancer Research UK, the world's leading cancer research organisation. Sponsor forms are available to download at sponsoratree@aol.com or from Riverside Gallery, Golant.

This is a courageous venture worthy of support and has already raised nearly £2000 for the cause.

R.D.

Upper Downs Work Party

Come and work off some of your Easter holidays' over indulgence! Before the spring growth really gets going there are a few tasks that could usefully be done on the Upper Downs such as cutting back overhanging branches, levelling out areas of the footpath and cutting in new steps.

Calling for people to lend a hand on **Saturday 14th April!** Bring a saw, a spade, some loppers and strong gloves or just bring along yourself and your enthusiasm - meet at 10.30am at Sue Reardon's - 832068

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MICROTEST

NEWS FROM ST SAMPSON

At last the rain has stopped- for a few days, at least! We've had one or two bad winters since we moved back to Cornwall but this must be the wettest. We couldn't believe the amount of water penetration across the south wall of the tower and where it abuts the west wall of the church. Lower down it was dripping from the metal ducting which houses some of the electrics. And, eventually, one of the circuits was tripped. We are seeking the advice of an architect because we need to take remedial action. Time and time again problems in these old buildings are caused by the use of modern cement in pointing. It was used with the best of intentions but the old lime mortar works on a different principle altogether.

The rainfall revealed, also, a problem with many of the windows. They have trays at their bases made of lead which have deteriorated so that water was running down the angled sills and spoiling the pristine whitewash. We hope that these will be remedied soon by someone skilled in the craft of lead work. What's the saying? "It never rains but it pours!"

Outside, the top strip of roofing felt was torn off the shed by one of those violent winds we have experienced. Gillie and I tried to put a polytarp over the shed as a stopgap but the wind caught it, blew it up like a spinnaker and nearly took us with it! We had to put the polytarp inside instead, covering as many of the stored objects as possible.

I put a second undercoat on the outside of the door to the toilet and then, on a very windy day, tried to apply a black topcoat. I discovered later that my face was splattered with tiny spots of black paint but, worst of all, found that the wind had been so strong that it had wrinkled the paint on the door! I am having to wait for it to harden before I sand it or I shall just have to scrape it all off and start again.....

Inside the church, the board listing the vicars since 1538 has been brought up to date. By chance the signwriter who did the update, David Dunley at Parcsigns of St Austell, was the same one who did the last entry for 1974. More about him in a future article.....

Services in Holy Week alternate each year with Fowey. This year we shall be holding a sung service at 7.30pm on Maundy Thursday, April 5th, to commemorate the Last Supper of Christ. The Easter Day service on April 8th is at 9.15am.

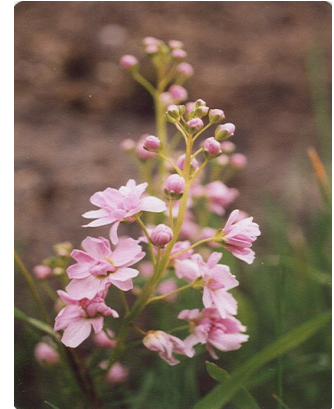
The Churchyard

There are definitely many fewer primroses this year which, after last summer's heat, was expected. On the path to the porch we have seen a few new crocus species. The area around the oak and seat was a sea of crocuses this year, drawing many comments. I planted a few more daffodils last autumn and most have flowered. It would be great to plant a larger quantity later in the year especially in the lower churchyard and alongside the path leading to the porch. The camellia by the porch has been alive with bees; it's obviously a very good source for pollen and nectar. Only this morning I spotted a large, attractive clump of common fumitory in the lower church-

yard, a flower which we have not noted before. Strangely, though it produces a plentiful supply of nectar, insects tend to avoid it for reasons unknown.

In about a month the double lady's smocks will start to flower. They're as beautiful as orchids, a plant for which they're often mistaken. The plants, commonly found in boggy ground, should have been relishing all the rain we have had to give a stunning display which will mark the end of the springtime show of flowers.

Mike Harris



Double Lady's Smock

St Sampson's Bell Ringers

St Sampson's Bell Tower has five bells and we have just six ringers: Ruth Varco (Captain), Gill Paull (Secretary), Carol White, Bunny Minter-Kemp, Greg White & Simon Funnell. Jacky Fletcher has been along to a practice to have a go and see what is involved and if she likes it.

Occasionally we get visiting teams who come to ring whilst touring in this area. Such groups may spend the weekend or sometimes a whole holiday moving enthusiastically from one church tower to the next. Recently there was a group of seventy ringers on an eight day tour including Simon Funnell's elder sister, Ann Bainham and her husband Chris. During their tour they covered seventy towers! Over the years many of them have rung nearly every peal in Devon & Cornwall. They split up into groups of twelve to thirty in number and visit different churches at the same time. Apparently, they find the bells at St Sampson's are very easy to ring but often comment that it is a shame that we haven't a sixth bell. I tell them that it's a job sometimes to get five people to ring, never mind six! We also get visitors staying in the village on holiday who venture along to try their hand at ringing. Everyone is welcome.

We practise on Monday evenings from 6.45 – 7.30pm and would welcome anyone who is interested in coming along to have a ring and would be more than happy to show you the ropes! Please give me a ring on 833319. We usually finish the evening with a glass of wine – it helps to lubricate the bells!

Ruth Varco

The Return of the Serpent

St Sampson was on a journey with Amon his father and several of the brotherhood. Amon saw that the ground near the path had been burnt with fire. He trembled and pointed it out to his son who was following, saying, "Behold son, the serpent of which we have heard is in this wood, and it is ahead of us, and unless I am mistaken, it is not far away from us."

St Sampson soon saw the fire-spitting serpent which gave forth a rustling sound over the dreary wilderness; he lifted up his voice in the song of the psalm and repeated, "The Lord is my Light and my salvation". The serpent heard and scented him, hissed and foamed and twisted its head to the place where its tail should be.



St Sampson ran up to it as if it was merely a little snake. The serpent, however, bit a lump of earth and flung it very nearly into his face. When it saw him approaching boldly, and above all sensed the power of God fencing him around, it sent forth a vast and awful hissing as if it was being slaughtered with a sword, and afterwards, trembling, gathered itself up into a ball as it gnawed its tail with its savage teeth.



St Sampson, however, quietly singing to himself the chosen and accustomed psalm which begins, 'O give thanks unto the God of gods', boldly made the sign of a circle around the serpent and planted within it his Saint's staff and said, "Advance now as far as thou art allowed." Then they saw the serpent rather slowly uncoil itself and creep along the ground and round in a circle as it made for the place where the staff was fixed. Again and again it did the same thing but was never able to raise its head beyond the boundary. St Sampson said, "I command thee in the name of Jesus Christ to die in our presence at this very hour." At once the serpent stood on its tail, and raising its head aloft, absurdly made a bow of itself and cast forth all its venom and died.

Next: The tyranny of the Golant cave dwelling serpent?

Greg White

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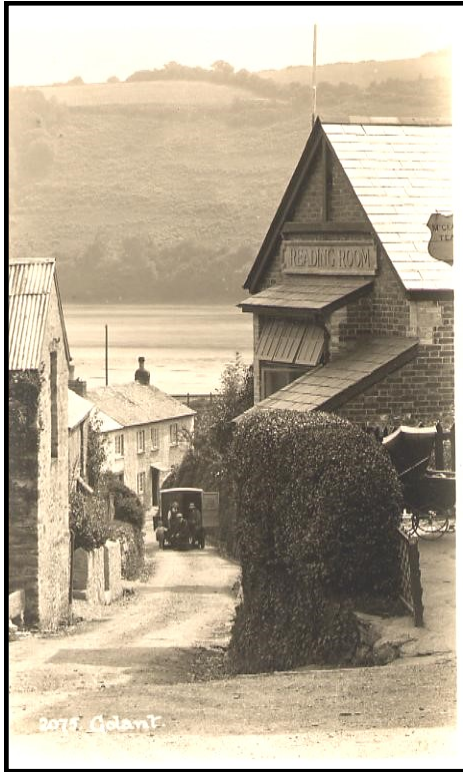
15th & 22nd June & Kate
April 29th & May 6th Ruth & Gill

May 13th & 20th Jacky & Trish

May 27th & June 3rd Paddy & Jill

THEN & NOW

If anyone has old photographs or old postcards which they may like to sell, please get in touch with Jimmy Fisher at 23 Moorland Road, Par, PL24 2PA, or ring him on 01726 813810. Jimmy has a huge collection and many of them were featured in the Millennium Exhibition in the Village Hall. He has kindly lent us three postcards of old Golant and we feature one here. As a comparison, we have taken a recent picture from a similar angle. We plan to do similar comparisons with the other cards in later issues. What is the rough date when the old picture was taken? Who was the baby in the pram? Note baby Millie Van den Broek's buggy in the same position and Pete 'the fish' Randall ready to sell!!



HOGS

Would you consider joining the **HOGS**? Never heard of it??? Well I'm not surprised because it doesn't exist – yet! I'm touting for interest in a new activity, the **History Of Golant Society**. There's a wealth of knowledge in memories and attics about past village events, people and buildings which would be fascinating to collect together. Did you go to the photo exhibition in the Village Hall in 2000 – wasn't it interesting?!

What I'm suggesting is that we start to build up a database of material over the Summer with a view to working on a project in the Autumn. For example, seeing how far back we could trace the history of a village house with photos and people's anecdotes connected with it. Or we could chart the progress of the Carnival over the years. That's just two ideas. There must be dozens more!

Tony Jennings has very kindly passed on to me the work that Daphne had done. She had recorded conversations with a number of older residents which provide a remarkable insight into Golant life, particularly before World War 2.

If you have anything – old photos, old documents or written memories – you care to donate that would be marvellous. However, as such material is obviously precious, would you allow it to be copied and returned to you?

Would anyone be willing to help with the computing of building an index? It might be something to do on the hopefully occasional wet days we get over the next few months.

Interested? Get in touch with Sue Reardon on 832068. I'll write a progress report in a future edition of the newsletter.

Hope to hear from you soon – Sue.

Village Hall Committee Report

A special date for your diary is the AGM of the Village Hall Management Committee which is to be held on Tuesday 17th April at 7.30pm. There is a lot to discuss at this AGM including the village hall roof on which we would welcome your comments. So please do come and support us. We promise we won't make you join the Committee!! However, we would always welcome new committee members.

At present the Committee is looking to apply for grants and to do as much fundraising as possible.

The Committee has been delighted by your response to our appeal. Special thanks must go to Maurie and Gail Parsons who organised a splendid quiz with a fish and chip supper in early March. Not only was this a great social occasion but proved to be a good night for the winning team led by Diana Luck and even those who got the booby prize of rusty nails were good sports. An added bonus was that £274 was generated from this evening. We should like to thank "Val's Place" for providing and delivering the excellent fish and chips. Also, thank you to Tony and Amanda for providing one of the raffle prizes of a meal for two at the Fisherman's Arms and to Cynthia Robinson for a session of alternative therapy and, of course, to all who donated prizes. Incidentally, Cynthia was the holistic student of the year at St Austell College.

Our gardening expert Alastair Rivers gave an informative talk on "propagation" and the 12 participants were able to try out some of the methods for themselves. These gardening mornings are good for gardeners whatever their previous knowledge.

Talking of gardening brings me to our "gigantic" plant and book sale to be held on Saturday 26th May 11am -2pm on the village green or in the village hall if the weather looks unpredictable. Please bring the plants you have grown or divided on the morning of the sale (for 10am if possible) and it would be helpful if they were all labelled. Latin names if you wish to impress but English will do!

Also for sale will be a range of garden and Golant themed gifts and cards to original designs by Karen Hamnett

We are asking the children to make a plate garden at home in a foil dish using natural or creative materials. These will be judged at the sale and prizes will be given for each age group i.e. under 5's, 5-11yrs and 11yrs and over. Please have a card with your name and age on for the display and give your plate a title.

Plus on that day children will be able to plant some sunflower seeds (pots, compost and seeds provided) which they can take home, plant out in their own garden and in August, a week prior to the Carnival, the sunflowers will be measured for the tallest, photos taken and displayed at the Carnival. Again prizes will be given for each age group.

John East has a large quantity of clay pots, some dating back to the 1930's, which he has kindly agreed to sell in aid of the roof fund. John will have a sample of each size pot at the plant sale from which he will take orders.

This is a marvellous opportunity to acquire some non uniform pots that are not churned out by some machine. Wonderful for herbs etc. and would look good in a kitchen or conservatory.

BOOKS are a very important part of this sale. As always please do not donate "tatty" books but we welcome fiction and non fiction books, DVDs, CDs, tapes and old LPs. The latter can be sold for their covers. Thank you in anticipation.

Janet Gore

Advertising Rates

There are three sizes of advertisement available to you at this time in either vertical or horizontal form.

A 65mm deep x 60mm wide
@ £25 for six issues

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or
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Additional £10 for colour

Please send your artwork or copy as required together with an appropriate crossed cheque made out to "The Golant Newsletter" to Robert Dunley, Rose Cottage, Golant, PL23 1LD or telephone 01726 832807 for more information.

Artwork/Copy may be e-mailed to
golantpill@yahoo.co.uk

Don't forget that the Copy Date for the next issue is:

Friday, May 18th 2007

Articles & letters can be sent by email
golantpill@yahoo.co.uk

or placed in the postbox at the bottom of the drive to
South Torfrey Cottage

Golant Gleanings

CHEERING NEWS

It was distressing last year to hear of the illnesses affecting Sue Strode and Andrea Barker. Through the channels of communication found in any active village such as ours, we were kept up to date on their latest treatments and the results of tests. No one would deny that the news at first was depressing in both cases.

How exhilarating it has been to learn that both Sue and Andrea have responded so favourably to their treatment. We all admire their stoical attitude. They would not be beaten and, with the help of the medical teams and the loving care and support of their families, life for them is beginning to be 'normal' once again.

THANKS

Diana Luck would like to thank all those kind people who sent flowers, visited, rang and offered help after her car accident. She was air-lifted to Treliske Hospital, and after being thoroughly checked, was allowed home, having suffered extensive bruising.

CONGRATULATIONS!

Congratulations to Cynthia Robinson of 'Fair View' who was named recently as the Student of the Year (2005-06) in Holistic Studies at St Austell College. Cynthia has been studying a range of techniques over the past five years and is now fully qualified to practise reflexology, crystal healing, aromatherapy, Swedish massage & Indian Head massage. She wishes to thank Trish Jones and Mike Harris for acting as bodies for practise. If you think she could help you, why not give her a ring (01726 832585)?

QUIZ NIGHT

Maurie & Gail Parsons apologise for an error in the quiz on March 2nd. A chiffonier is an item of furniture not a wigmaker (a perruquier). They have delved into the entries and can confirm that the mistake made no difference whatsoever to the final result.

VILLAGE SURVEY

Most houses in the village received a questionnaire from Jeremy Newth who is studying at the School of Geography at Exeter University. Jeremy is researching Golant for a dissertation he is producing as part of his studies. To date he has received forty-one replies for which he is most grateful.

Jeremy is a son of Simon Newth who has replanted the old orchard to which Stuart Young refers in his article about apples, and is a grandson of Marion Gregory who has made such beautiful altar frontals and given a special frontal chest at St Sampson's Church.

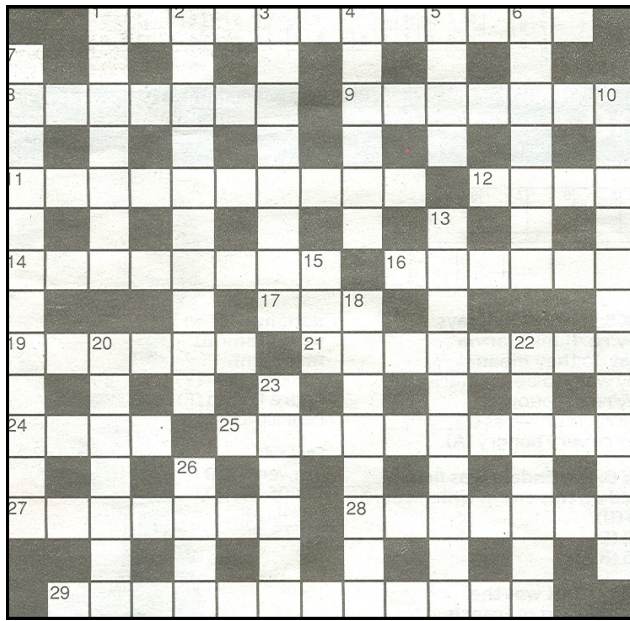
We look forward to being informed about the results of his survey in due course.

EASTER DAY

The members of the Golant Fireworks Committee are planning to continue one of the highlights of the year in Golant---the EASTER DAY FUN AFTERNOON at "The Fisherman's Arms." Starting at about 2pm there will be Egg Rolling, Egg Throwing, a Treasure Hunt, a Raffle and competitions for Easter Bonnets and Decorated Eggs. Look out for posters with further details.

FANCY A NIGHT OUT?

Mary Jane Hunter, who lives at St Carroc on School Hill, helps run the Polkerris Scouts. To raise funds they hold Quiz Nights every month at Tywardreath Scout Hall (Church Street). Doors open at 7.15pm and brains should be in gear by 7.45pm! The admission is £2.50 which *includes* a Pasty Supper! Bring your own drinks; they have plenty of glasses. Mary Jane hopes to write about her work with the local scouts in the next issue.

PRIZE CROSSWORD 1

Try your hand at this cryptic crossword. You'll need a modicum of local knowledge! **Win a £5 book token or a bottle of wine!** All correct entries will be put into a hat and a winner drawn.

ACROSS

- 1 Sounds like proud rearing. In the garden? (12)
 8 Substitute 100 for 50 in an oval to get obscurity (7)
 9 Leave it out! (7)
 11 Does the Victorian lady stay puritanical? (5-5)
 12 Sounds too lazy a person to worship (4)
 14 One less than two kisses (8)
 16 A monkey that makes a glaring blunder? (6)
 17 Look at the position of a bishop (3)
 19 Do song for a boy at his christening? (3-3)
 21 Smell? Taste? Touch? Yes, in a way (2,1,5)
 24 Chop the end off the piece and create great poetry (4)
 25 Do drips get in, or a much higher level of water in March or April? (6,4)
 27 One of a pair of Cornish lovers; was he sad? (7)
 28 The vehicle was involved in such a riot! (7)
 29 Smokers' Day? (3,9)

DOWN

- 1 An alternative healing Cornish garden? (7)
 2 Pete in riot? And again and again....(10)
 3 "I see tart," she repeats (8)
 4 The mixed-up nun joined with Adam's lady; not smooth (6)
 5 Sharp change of direction? Of course! (4)
 6 Small disc found in ground elder? (7)
 7 Annual village welcome! (4,3,5)
 10 Widening ideas about improving small photos? (12)
 13 The life-saver got a card, strangely (10)
 15 The start of neighbourliness is nigh (obsolete) (3)
 18 Two letters between the MP; the name and the shape create a surround (8)
 20 Worships inside glade if I escape? (7)
 22 Parker mixes with two egos and the head of Latin, loudly (7)
 23 The leader of the Orchestra wasted away; an opinion expressed (6)
 26 Become bitter when a compass point is muddled (4)

PRIZE CROSSWORD 1 Closing date: 16th May.

Send or give your entry to Gillie Harris at South Torfrey Cottage, Golant, Fowey, Cornwall PL23 1LA
 The solution will be given in our next issue.

NAME:

ADDRESS/TEL

Women's World Day of Prayer

This year's Women's World Day of Prayer was held on Friday 2nd March at Fowey, with participation from Parishioners of Golant and neighbouring churches. In spite of the ghastly weather Yvonne Bennett, on behalf of St Fimbarrus' Church, was able to welcome approximately fifty ladies and one gentleman to this year's service.

Each year a different country prepares the order of service and this year it was put together by the women of Paraguay and entitled "United under God's Tent." The ladies from Fowey had made a beautiful display using cloth, flowers and fruit to demonstrate the colours of the Paraguayan landscape whilst Anne Mumford had made a Paraguayan flag. Before the service ladies were presented with a bookmark as a memento and a tape of Paraguayan music was played.

Parishioners from Fowey and Golant were actively involved in readings, prayers and hymns, many based around life in Paraguay. A special thank you must go to Janet Howard and Yvonne Bennett for organising the music.

The service opened with three ladies carrying a folded blue cloth and a stick which they raised to form the opening to a tent. After the leader had welcomed everyone the three ladies took down the cloth and placed it over their shoulders to show that we were all united under God's protection.

Midway through the service our speaker, Lucy Monk, was introduced. Lucy was currently at home in Fowey from Herat in Afghanistan. Lucy is a trained physiotherapist who went to Afghanistan to support women in many different ways. She talked about the diversity of people in Afghanistan (just as there is in Paraguay) who were included in the service eg the rural and indigenous women, the working child, the university graduate, the artist and the artisan, and showed slides of them.

Lucy then went through the reading from Ephesians 4:1-6 emphasizing the bond between peoples of all cultures- one body- one spirit in Christ.

The Prayers of Intercession which followed Lucy's homily re-iterated the difficulties which many face daily- poverty, unemployment, drug abuse and illness. The offering was taken with the money going to various charities.

Everyone then enjoyed a splendid tea in the church hall arranged by the ladies of Fowey.

Janet Gore

Auntie Paddy's Recipe Corner

Here is a lovely citrus type of teatime treat or it can equally be a special mealtime sweet which can be served with Cornish cream or Greek yoghurt. Gill Paull kindly gave me this recipe, and I know that there are several ladies in the village who would like to try it at home.

TUNISIAN ALMOND & ORANGE CAKE

Ingredients

42g/ 1½oz slightly stale white breadcrumbs
 198g/ 7oz caster sugar
 99g/ 3½oz ground almonds
 1½ teaspoons baking powder
 199ml/ 7 fl oz sunflower/ vegetable oil
 4 eggs
 Zest of a large orange & ½ a lemon

Syrup

Juice of the orange & ½ a lemon
 75g/ 3oz caster sugar
 2 cloves
 1 cinnamon stick

- 1 Mix breadcrumbs with the sugar, almonds & baking powder. Add the oil & eggs then beat well. Stir in the orange & lemon zest. Pour the mixture into a lined, greased 8" tin.
- 2 Put into a cold oven & set to 190°C/ 375°F/ Gas Mk5. Bake for 40-50 mins until cake is a rich brown & a skewer inserted in the centre comes out clean. You may need to put a piece of tinfoil over the top of the cake after about 30mins to prevent browning too much.
- 3 *While the cake is baking*, make the syrup. Bring all the ingredients gently to the boil in a saucepan, stirring until dissolved. Simmer for 3 mins.
- 4 Pierce holes in the cake with a small skewer or large needle, & while the cake is still warm, pour over the syrup. Leave to cool, spooning over the syrup until it is all soaked up.
- 5 This cake is best made the day before & will keep in the fridge, covered with foil, for about 3-4 days.

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £5 (£10 overseas) to have the six issues per year of the 'Golant Pill' sent by post.

To Jacky Fletcher, Mimosa Cottage, Water Lane, Golant, Fowey, Cornwall. PL23 1LF
 Please send the next six issues of the NEWSLETTER by post (PLEASE PRINT CLEARLY)
 I enclose a cheque for *£5 (UK)/*£10 (Overseas) made payable to 'The Golant Newsletter'

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CALENDAR OF VILLAGE EVENTS

APRIL

Sunday 1 st	<i>Palm Sunday</i> 9.15am	Holy Communion	St Sampson's
Wednesday 4 th	9.50-10.10am	Mobile Library	End of Green
Thursday 5 th	<i>Maundy Thursday</i> 7.30pm	Holy Communion	St Sampson's
Sunday 8 th	<i>Easter Day</i> 9.15am	Holy Communion	St Sampson's
Thursday 12 th	2pm onwards	Easter Bonnets, Egg Throwing	Outside "The Fisherman's Arms"
Saturday 14 th	Noon- 2pm	Salad Kitchen	Village Hall
	10.30am	Upper Downs Work Party (+Spade/ Loppers/Gloves)	Sue Reardon's House
	7.00pm	GBOA 'Spring Get Together'	Village Hall
Sunday 15 th	6.00pm	Evensong (followed by Annual Parochial Church Meeting)	St Sampson's
Monday 16 th	7.30pm	GQUA AGM	Village Hall
Tuesday 17 th	7.30pm	Village Hall AGM	Village Hall
Wednesday 18 th	9.50-10.10am	Mobile Library	End of green
Thursday 19 th	Noon- 2pm	Salad Kitchen	Village Hall
	7.00pm	Parish Council AGM	
Sunday 22 nd	9.15am	Holy Communion	St Sampson's
Thursday 26 th	Noon- 2pm	Salad Kitchen	Village Hall
Sunday 29 th	9.15am	Matins	St Sampson's

MAY

Wednesday 2 nd	9.50-10.10am	Mobile Library	End of Green
Thursday 3 rd	Noon- 2pm	Salad Kitchen	Village Hall
Sunday 6 th	9.15am	Holy Communion	St Sampson's
Thursday 10 th	Noon- 2pm S	Salad Kitchen	Village Hall
Sunday 13 th	9.15am	Holy Communion	St Sampson's
Wednesday 16 th	9.50-10.10am	Mobile Library	End of Green
Thursday 17 th	Noon- 2pm	Salad Kitchen	Village Hall
Sunday 20 th	6.00pm	Evensong	St Sampson's
Thursday 24 th	Noon- 2pm	Salad Kitchen	Village Hall
Saturday 26 th	11am-2pm	Plant/Book Sale	Village Green or Village Hall
Sunday 27 th	<i>Pentecost (Whitsun)</i> 9.15am	Holy Communion	St Sampson's
Wednesday 30 th	9.50-10.10am	Mobile Library	End of Green
Thursday 31 st	Noon- 2pm	Salad Kitchen	Village Hall

JUNE

Saturday 2 nd	<i>Carn to Cove</i> 7.30pm	'Seven Ages of Man'	Village Hall
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A FUTURE EVENT FOR YOUR DIARY

Saturday 18th August Carnival Day