



# Bells at the Boathouse



The whole team, ready to begin at this beautiful venue...



Concentration was needed during one of the 'ambitious pieces.'

## Handbells hit the high notes

The Boathouse was packed for the third summer handbell concert on Saturday 28<sup>th</sup> July. The evening started with a swing, to the catchy *Hello! Ma Baby!* followed by *Yellow Submarine*, and these polished performances set the tone for the evening. Well known tunes followed, including *Bluebells of Scotland*, *Land of my Fathers*, *Londonderry Air* and *Linden Lea*. Liza and the World Cup winners were celebrated with a rendering of *La Marseillaise*, and St Sampson's Day with *For All the Saints* and *Oh! When the Saints Come Marching In*.

The first half closed with two popular folk songs – *Cockles and Mussels* and *The Foggy, Foggy Dew*, and the audience hummed along with enthusiasm.

After the interval the theme was wholly Cornish, with some very locally flavoured titles - *Bodmin Riding*, *Trip to Truro*, *Cornish Girls*, and *Boscastle Breakdown* – this nearly gave the ringers a breakdown! In *Bishop's Jig*, the Bishop

developed a bit of a limp, but there were remarkably few blemishes throughout the evening. There was also a world premier of *On the River at Golant*, which Simon had composed for the occasion.

Both groups of ringers did themselves proud and all commented on the improvement made: one group had Kaye on the lowest bells, with Estelle, Maggie, Millie, Anne-Marie, and then Jacky and Anne sharing the top bells, while in the other group Cris, Ruth, Simon, Liz, Maryjean and Rachel played some ambitious pieces. Simon's introductions were not always politically correct, but seemed to amuse, and the whole evening was convivial and relaxed.

The Boathouse is a fabulous concert venue, and thanks to Judy for allowing us to enjoy the lovely interior and the wonderful river views. This was a real Golant occasion, and it concluded with some rousing renditions of *The Helston Flora Dance* and *Trelanney*. Thank you, handbell ringers, for a great evening.

SF

## FROM THE EDITOR

Negativity in the media is all too common these days, and very often the younger generation is furnished with this mantle. However, if you turn to page four in this issue, you can read an exclusive story about a group of youngsters who most definitely do NOT fit into this category! Their thoughtfulness and kindness to a Boat-watch member in trouble in our village, who was actually a stranger to them, is heart-warming, and not everyone would have immediately offered help in this way – Good Samaritans indeed...

Meanwhile, young villager Alice Hunter is also showing compassion in difficult circumstances abroad; a taster of this story can be found on page 13, within Golant Gleanings.

Cornish dialect words are always fascinating, and John Kift, alias Nort, alias Uncle John, liberally sprinkles his unique Garden Patch articles with them, whilst managing to give us gardeners excellent advice! In this issue, he uses, very appropriately during this unusually prolonged heat wave, the lovely Cornish dialect word **dryth**, meaning 'dry weather or drought'.

Perhaps one of the most widely understood dialect words heard in Cornwall is **emnets**, as referring to 'crowds of tourists', usually from 'up country'! In fact, this is a later extension of the original meaning of emnets being 'ants', and this summer there seems to be a very close link between the two meanings. Not only do we apparently have many more tourists enjoying the summer in our county than usual, but we have been plagued with flying ants – well, Mike and I have – has anyone else? One evening recently, we observed a huge swarm of them, as if by a prearranged signal, suddenly emerge simultaneously from cracks and crevices in a wall in our garden, pile themselves up, en masse, on the top of the wall, selecting it as their 'runway' before launching off to find interesting places to land, including around our window frames. We've never seen anything quite like that, but let's be thankful we don't live in countries where locusts abound...! Let's face it, there's always someone worse off than you.

*Gillie Harris*

## A WHITE WEDDING

On a beautiful day in July, Ben White married Fran in *Dorchester Abbey*, where the couple regularly worship. They were aided and abetted by family and friends, many from Golant.



Proud dad Greg White writes- "The group photo has the most Golant interest in that Ben, Fran, best man Tom Parsons and Ed Varco, with his three year old twin sons Toby & Seb, are all together.

Simon & Sheila joined the choir for the anthems during the signing of the register. The Trumpeters were wonderful, accompanying some of the verses in the hymns and providing fanfares, which everyone seem to thoroughly enjoy.

For me, the highlight was Fran's Dad who brewed 4 barrels of beer for the wedding!

*Dorchester Abbey* is huge, and after the ceremony, drinks and cake were served in the cloister garden (about the size of Golant village green). The wedding breakfast was inside the Abbey- at the back where there is space for 120 guests. *The George* pub, once owned by Liz Anderson's grandfather, did the catering, and there was a short walk to the evening event in the village hall."

Proud mum Penny adds- "It was a truly magical occasion".

### Cornish Sayings

- In a proper boil (hot & bothered)
- Like a fly in a jam pot (can't keep still)
- She'd skin a flea for a farthing
- Worse than a flea to catch (never home)
- All behind like the cow's tail
- Time to go up tembern hill (upstairs to bed)
- As smart as a half-scraped carrot



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I am excited to relate that all our ongoing hard work is starting to come together for our Golant and the River project. At our next meeting, Tuesday 14<sup>th</sup> August, we will need to focus on finalising our events.

There are various river related projects gathering momentum and we hope to stage some river themed activities during the exhibition weekend at the end of October. If you have an idea for an activity which might be included we would love to hear from you, or why not come along to one of our meetings? (2<sup>nd</sup> Tuesday of each month.) It would be great to have all kinds of fun things happening to make it an action packed weekend!

To whet your appetite, I took a sneaky photo of some of the embroiderers, during a recent workshop at Sue's house, busily putting finishing touches to their pieces for the wall hanging. There are still a few bits to do but it is going to look stunning!



PP

Meanwhile work has continued on two quite separate snippets of film about the two Troy Class boats which were built here, and very conveniently one of these boats, the T20, sailed up river off Golant recently so that Ian was able to photograph it to add to our collection. A new song, especially written about Golant and the River, is being composed by Simon Funnell and there will be a performance debut at our exhibition, along with the launch of our booklet about John Fuge's boat building exploits, being written by Stuart under the guidance of Charles Ford's publishing expertise, for which we are once again very grateful.

Full details of the week's activities will be published in the next *Pill*. Meanwhile initial dates for your diary are:

- *Monday 22<sup>nd</sup> October, 7.30pm- an illustrated talk on the story of the Troy Class boats by Marcus Lewis*
- *Friday 26<sup>th</sup> – Sunday 28<sup>th</sup> October- Golant and the River Exhibition of research and pictures*

***P.S.*** Unfortunately the GHG Exhibition has usurped our monthly C-FYLM club Friday. The Village Hall Committee has decided to move the C-FYLM club forward to **Friday 19<sup>th</sup> October** for that month. You will be reminded! (I know . . . I am on both committees. . . I do keep the diary . . . I should have noticed! Too many hats!)

*Penny Parsons, Chairman GHG*

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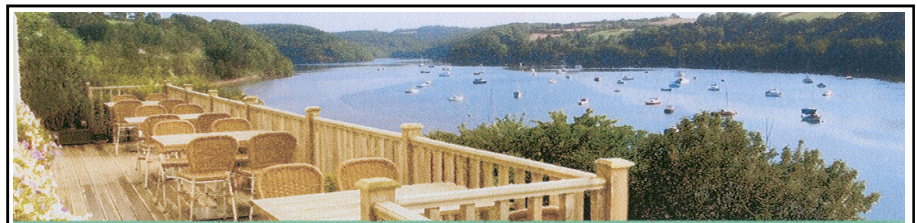
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## Four Good Samaritans

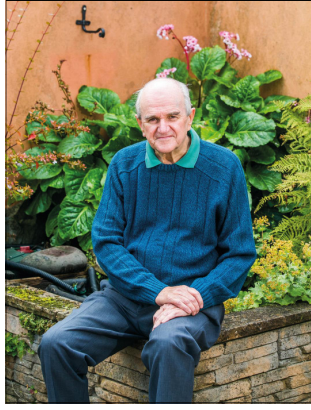
Staunch Boatwatch member Peter Sinclair, who had just finished working on his dinghy in Golant, recently had a nasty accident. He writes-

*"The snakey coils, waiting for a victim, wrapped around an ankle, quickly tightening into a deadly grip. The victim plunged headlong to the floor, only to lie motionless waiting for the end... not to be! With blood streaming from a head wound, and a cracked rib, the victim kicked free from the deadly coils and stood up dizzily."*

*Four Good Samaritans appeared from nowhere, helped me, assessed the damage, and advised A&E. The matter of transport was quickly resolved; they (university students) would drive me and my car to hospital, following on with their car.*

*I cannot say how much I appreciated their help; thank you.*

*Moral: Appreciate the youth of today and watch out for snakey ropes...!"*



... and here are the Fab Four!



L-R: Rory Edwards, Yasmin Khan, George Curnock & Louise Griffin

All four are 19 years old, and met at the University of Birmingham. Rory is studying geography, Yasmin (who drove Peter's car to A&E) studies biochemistry, George computer science and Louise medicine. They have all just successfully passed their first year, and were staying in Rory's family home in Golant, having arrived only that day!

Peter reports that Penrice Hospital checked him over thoroughly, confirming the cracked rib and reassuring him that the head wound, whilst bleeding profusely, was not serious.

He is full of praise for the four students, who stayed with him until they were sure he was okay. When Louise sent her email and the photo to me, she wrote- *"We were just very happy to have been in the right place at the right time and able to help Peter – it was no trouble at all."*

Gillie Harris

## Taking the Pill



Robin Anderson has once again taken the Pill around Ireland – literally. He writes-

*"Having sailed over with Liz from Fowey to Crookhaven in the far south-west of Ireland, I decided that if I kept the land to my left and kept on going, all other things being equal, my little ship should eventually come back to the same spot."*

*The photo shows the Golant Pill being taken through the Sound of Innistrabull, a passage to wobble the sturdiest of sea legs.*

*48 days of wonderful weather and some 1400 miles later, I firmly re-established that Ireland is indeed an island!"*

## WHOOPS!

This is the third vehicle this summer that has been parked under the **HIGH TIDE TODAY** warning sign. One belonged to kayakers who went off and no doubt had a wonderful day, and the water had gone by the time they got back!



This latest disaster was apparently a hire car driven by some French folk. They had to drive back to Plymouth to drop the car off, then catch the midnight ferry.

Maybe the sign should be in Gaelic, but surely the picture is universal!

Peter Edwards

## Gone Bananas!!

This is our best crop yet, but unfortunately the branch collapsed, so it was the end of the growth!

Interesting, though, just to see first-hand how they grow.

Inside the 'bulb' under each leaf another hand of bananas grows. I've counted at least 16, so there must be many, many more.



Robert Dunley

## Village Hall Committee

The **Computer Training Course** has now finished, and it has again been well attended. With the experts' help and technical knowledge, three new laptops were purchased and set up! In all, a huge success; a big thank you again to Jane, Jay and Justin from *Cornwall Rural Community Charity*.

The frogs were out racing again, this time on the Village Green for an evening of competitive racing and fun. It gets very addictive!

**The Pop Up Cinema** on the Green on Friday 14th September at 7.30pm is *The Greatest Showman*, starring Hugh Jackman. Dig out your chairs and blankets; I've booked a dry moonlit evening!

**C-Film** continues in the Village Hall on Friday 28th September at 7.30pm with *The Post*, starring Meryl Streep & Tom Hanks.

Finally, our **Book Shelf Browse & Buy** carries on regardless on every first Friday of the month from 10am to 11am, with tea, coffee & biscuits. It is a lovely relaxed social gathering, with a chance to catch up on local hap-

penings, and at the same time being able to choose your next book or DVD. Everyone is welcome.

*Paul Meredith, Chairman*

Tel: 01726 832548 Mob: 07976757076

To book the hall, or for any enquiries, contact Penny Parsons, at:

**golantvillagehall@gmail.com**  
or tel no 01726 832727

### Carnival Tombola Stall

As Gail has had other much more pressing things to contend with recently, she has passed her regular Tombola mantle over to Anne Bonsall in the *Old School House*, who has kindly stepped in to help.

As always, the aim is to fill as many jam jars as possible for this regular, popular stall.

So if anyone can provide jars &/or suitable contents to fit in them, they would be gratefully received. In the past, Gail suggested items such as 'sweets, nails, screws, cotton wool balls, pasta, tea bags and rice', but all ideas are welcomed!

Anne's telephone number is 834458.

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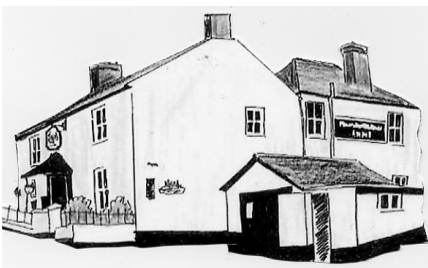
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NB: **STABLE ART** will be moving in September— new details in next issue.

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**Golant Summer Produce and Craft Show to be held on Saturday 11<sup>th</sup> August 2-4.30pm in the Village Hall**

By the time you read this, you should have received a full programme with entry details delivered to your house. Spare copies are available from the pub or from Kaye Jenkinson at [kbjenkinson@googlemail.com](mailto:kbjenkinson@googlemail.com)

This is always a fun occasion, and as always, the Committee would like to encourage as many entries as possible; this year there will be new glass trophy for the best new entrant- i.e. awarded to anyone who has never entered anything in the Show before, and can be awarded for any category. Many new people have moved into the village in recent times and, of course, if you have lived here for a long time you can still enter!

Please can we have the **cups from last year's winners**, returned by or on **11<sup>th</sup> August to Alastair Barr or Janet Gore**.

Another plea is for **cakes for refreshments and raffle prizes** please. I realise that there are many calls for these around this time, but our small committee would be grateful for your support.

*Janet Gore*

**The Golant Village Website**

Don't forget that you can access ***The Golant Pill*** on our village website. It is, quite simply- [golant.net](http://golant.net)

Click on 'GOLANT PILL' below the lovely photograph of the river, and you can open past editions of our newsletter, saved as PDF files. Debbie includes those from the past year for you to access.

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Our team members Robin Anderson & Penny Parsons produce a Facebook page for *The Golant Pill*.

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The immediacy of Facebook is such that Robin & Penny are able to add reports of such events as soon as they have happened.

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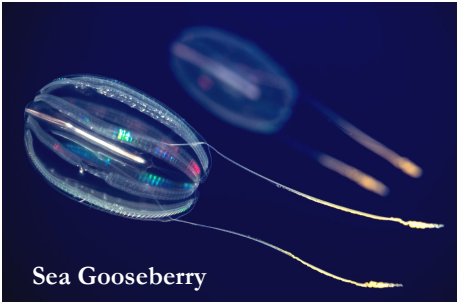
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## Comb Jellies in the Fowey Estuary



Sea Gooseberry

In recent weeks, I have received several enquiries about ‘small blobs of jelly’ being found in the shallow waters around the estuary. Many guessed they were jellyfish, but they are in fact comb jellies. While most are the larger species, *Beroe cucumis*, with their characteristic sack shape, there are also the smaller, spherical sea gooseberries, *Pleurobrachia pileus*.

Although they look similar in some ways, jellyfish and comb jellies are actually not very close relatives (being in different phyla - Cnidaria and Ctenophora, respectively). But both groups are ancient animals, having roamed the seas for at least 500 million years.

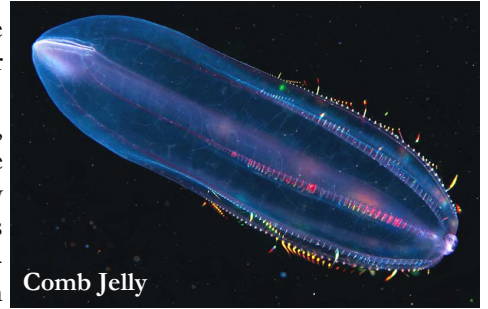
As seawater temperature rises, some types of jellyfish and comb jellies may be finding it easier to grow and survive in our waters and sometimes visit our shores in vast numbers called ‘blooms’.

Comb jellies are named for their unique feature: plates of giant fused cilia, known as combs, which run in eight rows up and down their bodies. The combs act like tiny oars, propelling the comb jelly through the water. Many microscopic organisms, such as bacteria, also use cilia to swim - but comb jellies are the largest known animals to do so. The comb-rows often produce a rainbow effect. This is not bioluminescence, but occurs when light is scattered in different directions by the moving cilia.

Many comb jellies have a single pair of tentacles they use like fishing lines to catch prey. They are armed with sticky cells (colloblasts), and unlike jellyfish, the tentacles of comb jellies don’t sting, so comb jellies are not harmful to humans. Comb Jelly

In comparison to the jellyfish, comb jellies have a very simple lifecycle. They release both eggs and sperm into the water, which drift with the waves until they find each other. But this method may not seem very efficient, since it's likely that most of them never find a match. But ctenophores make up for this by releasing them every day. If they run out of food while producing so many eggs and sperm, they can shrink and hunker down until they run into more food and can start reproducing again.

So now you know... why don’t you go out and see if you can find some comb jellies!



Comb Jelly

Claire Hoddinott, Environment Officer, Fowey Harbour Commissioners 01726 832471 [clairehoddinott@foweyharbour.co.uk](mailto:clairehoddinott@foweyharbour.co.uk)

### St Sampson’s Day Lunch

Fortunately, we were celebrating St Sampson’s Day and not St Swithin’s Day (which was 14 days before). After a glorious June and July, the weather finally broke, but that did not prevent over 40 people from enjoying an excellent meal in the marquee at *The Fisherman’s Arms*.

Earlier, the St Sampson’s Day service had some suitably festive hymns, with plenty of mentions of Cornish saints, and with some verses of *For All the Saints* being sung in Cornish.

As the end of July signals a break for the choir, bellringers and handbell ringers, there was a celebratory mood among the diners. Golant folk are seldom deterred by the weather, but, in any case, the wind eased and the rain petered out. Nick and his team, as always, ensured we were very well fed and watered, and the excellent marquee kept us dry on the outside. Many thanks to all at *The Fisherman’s Arms* for making this year’s lunch such an enjoyable occasion.

Simon Funnell





**Summer Season:** Well, what a summer we have had already! With barely a drop of rain for weeks and then just as the children break up from school, we get a bad weather warning of torrential rain, thunder storms and high winds! But hopefully, the current conditions are temporary and we will return to warmer weather soon enough (not that we didn't need the rain you understand!) But summer also brings many more visitors to our village and neighbouring towns and that increases the risk of theft and loss. In fact, the Police report that in the South West area alone, they have recorded the highest number of 'incidents' ever in their history. Admittedly these will not all be marine crime, but you get the picture! Keep a good lookout for anything out of the ordinary.

**Russ Hall:** I hope you all managed to notice that our very own neighbourhood Marine special constable Russ Hall, who has supported Boatwatch here and along the coast for years, not only got a mention in Parliament earlier in the year, but also received the **British Empire Medal** in this year's Honours list, in recognition of his services to his Policing support for coastal communities. And very well deserved too. We hope to be enjoying a talk by Russ at our AGM in November.



**Mission to Seafarers:** I didn't know until the *Spring Get Together* in April, that Russ Hall's wife Evette is in charge locally of the **Mission to Seafarers**, as the Port of Fowey's Welfare Officer. This is a charity originally set up by one Reverend John Ashley, to care for the many merchant seamen and women around the world. Today, the Mission operates in 50 countries, in over 200 ports, and is available to provide help to over 1,500,000 seafarers. If anyone would like to donate to this worthy charity or wants to help as a volunteer, then please get in touch with me in the first instance.

**August Mini Flotilla:** Linking the two items above, the Boatwatch committee has been invited to visit the *Mission to Seafarers* building near to the ferry at Bodinnick. So, instead of a monthly meeting, we will instead have a run down the river and pop in to see the Mission and maybe enjoy some light refreshment. If anyone would like to join us, then let me or one of the committee know. If you haven't got a boat, then I am sure spaces will be available on other boats. The flotilla will run (weather permitting) on Tuesday August 14<sup>th</sup> in the evening. Gather at the Golant quay for a 6:00 pm departure. In poor weather, we will have to inspect the pub instead, for any unsavoury characters!

**Golant Boatwatch Sunglasses:** Robin has managed to source these rather splendid sunglasses, and they are on offer (initially to members) for a modest price of £10 (the salty seadog is extra!) See Robin or one of the committee if you would like a pair.

*David Jenkinson,  
(Chairman, Golant Boatwatch)*



### Golant Quay Users Association

Membership renewals have been sent out for payment by the end of July. We only have a few spare berths left, after an influx of new members, so if you have not paid yet then please do so as soon as possible to avoid losing your berth.

Berth allocations are completed early in September, and your berth letter and boat stickers should be posted out by the end of September.

*Peter Edwards, (Chairman, GQUA)*

**If anyone spots a problem on the river, please contact one of the following:**

**Harbourmaster's Office** 01726 832471  
(out of office hours transferred to Duty Officer)  
**David Jenkinson (Boatwatch)** 01726 832246

To contact the **Police**, please take note of the new number **101** which you should use in a **non-emergency** situation.

In an **emergency**, or if you think a crime might be in progress or pending, dial **999** for **Police** and **Coastguard**. You can say "**reference Operation Kraken**" if the incident is concerned with maritime crime or terrorism.

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## Golant Sports & Carnival

**Golant Sports & Carnival** will take place on Saturday 18<sup>th</sup> August this year, with Children's Sports starting at 2pm. Everybody is welcome, especially those here on holiday.

Teas will be served in the marquee during the afternoon, but to make this the success it always is, we would love it if you could make a cake, which will be gratefully received by Jacky Fletcher (832615).

There is cash prize money for the children's race winners, and there will be side shows for everyone's entertainment. Races should finish around 4.30 to 5.00pm.

Carnival assembles on the Green at 6.15pm when the fantastic efforts of fancy dress can be seen. There are 8 different classes from girl and boy individuals to mixed groups. So get thinking on any theme you like, and props are allowed.

Whilst judging takes place, entertainment will be provided by the Lostwithiel Town Band. The procession round the village should start around 7.15pm led by the band, and returns to the Green for presentation of the Carnival prizes and the Raffle Draw.

Donations of raffle prizes will be much appreciated and they can be handed in to Estelle van den Broek (833707) or the Pub.

The Flora Dance along the front concludes the Carnival event, followed by BBQ and evening entertainment by *The Hoodle at The Fisherman's Arms*.

## Madness in the Pill

This is on Sunday 12<sup>th</sup> August, starting at 3.30pm'ish! It is a water based fun afternoon where we will have raft races, raft tug-of-war and blind kayak racing amongst the games. This is followed by the Great Golant Raft Race up the Pill around a buoy and back. So, get your teams ready, rafts built and costumes sorted. Fancy dress is always appreciated by the many onlookers enjoying a drink from the *Fisherman's* terraces.

Time allowing, there will be some adult races and the traditional 'Golant versus the World' Tug of War. Visitors are needed for this as the 'World' has never won yet!

*Peter Edwards for the Carnival Committee*

## Evelyn (Heape) Parsons' Farewell Tea Party

First of all a huge thank you must go to Tom and Sam who first suggested the idea of a 'bit of a do' to celebrate Mum's life and mark her passing, (she had told Tom she wanted lots of colour, music and dancing!)

Thanks also to all of you villagers who helped set up the marquee and provided the services to allow the celebration to happen. Final thanks go to all those who would pop in on Mum to see how she was, and to help with shopping/medical trips whilst she was still with us, especially Penny, Mum's daughter 'outlaw' (in joke).

It was good to see so many faces, old and new, on the green that day; perfect weather and good cakes! People seem to think this was the best way to celebrate a life and I am sure Mum would have approved!

On which point, some did apologise for missing the funeral; I had to explain there was no funeral as such. Mum had always wanted her body to be donated to medical research at *Bristol University*, because as she herself said, she "didn't want a fuss" and certainly didn't want "the expense of it all!" Unfortunately her body was not accepted by the University for certain medical reasons, so we had to hastily arrange a simple cremation with as little expense as possible, which was kindly facilitated by *Personal Choice* in Par.

We will be spreading her ashes at a suitable time and place on Karen and David's land, along with setting up a commemorative bench.

Once again, thanks to all concerned.

*Martyn and Andrew Parsons*

*Penny Parsons* adds- Friends and family came from as far afield as Taunton & Wiltshire, and the old village families of the Tabbs, the Heapes and the Parsons were all well represented.



DS



DS



IL

*...and all ages were there!! Ed*

### The Golant Pill Committee

<b>Editor</b>	Gillie Harris	833897
<b>Sub Editor/Secretary</b>	Mike Harris	833897
<b>Chairman</b>	Simon Funnell	833343
<b>Treasurer</b>	Tony Strachan	833259
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<b>Distribution</b>	Jacky Fletcher	832615
<b>Parish Diary</b>	Penny Parsons	832727
<b>Production</b>	Robert Dunley	832807
	Simon Funnell	833343
	Sheila Funnell	833343
<b>Golant Pill Facebook</b>	Robin Anderson	832370
	Penny Parsons	832727
<b>Golant Website</b>	Debbie Pugh-Jones	
		07984630662

The committee meets regularly under the terms of the constitution which was adopted when the newsletter was first issued in 2007.

The Editorial Team reserves the right to reject material or comments considered to be inappropriate or offensive.

Views & opinions expressed in *The Golant Pill* may not be necessarily those of the Editorial Team.

### Pill Paparazzi in this issue

<b>RA</b>	Robin Anderson
<b>RD</b>	Robert Dunley
<b>PE</b>	Peter Edwards
<b>GH</b>	Gillie Harris
<b>CH</b>	Claire Hoddinott
<b>DJ</b>	David Johns
<b>IL</b>	Ian Laughton
<b>PP</b>	Penny Parsons
<b>DS</b>	David Skerrett
<b>KW-W</b>	Karen Wells-West

### Three Wise Monkeys at the Pub!

Could these three be the embodiment of the following *Proverbial Adage?! -*

- *See no evil* - Robert Dunley (who had just had a cataract operation, & his glasses needed replacing!)
- *Hear no evil* - Simon Funnell
- *Speak no evil* - Maurie Parsons



### Fowey Harbour News

The highlight of our year, the **Fowey Royal Regatta**, will soon be upon us (Sunday 19<sup>th</sup> – Saturday 25<sup>th</sup> August); it is not only one of the region's premier sailing events but also full of activities ashore for locals and visitors alike.

Cruise ships are not usually booked to arrive during Regatta Week, but with bookings being made up to three years in advance, and this year's Regatta being later in the month than usual, we have two cruise ships due in Regatta Week this year.

The *Hebridean Princess* due on Monday 20<sup>th</sup> August is a relatively small liner, and is visiting between 0800 and 1200 (all timings are subject to change). The *Europa* on Tuesday 21<sup>st</sup> August is a 200m ship, and her planned stay is 0800-1800. There will be an impact on visiting yachtsmen with some visitor moorings being unavailable. Cruise ship tenders will be running to Albert Quay where a secure area and access restrictions will apply. Harbour users are to be aware that boat traffic will be particularly busy in this area at this time.

We expect the harbour to be especially busy in Regatta Week and during the summer period generally, and so we would like to remind you of some important safety messages:

- Wear a lifejacket whilst on or near the water- as they say, they are 'useless unless worn'. You can also make use of the free RNLI lifejacket lockers situated at Albert Quay, Berrills Yard and Polruan to leave them whilst ashore.
- Keep your kit secure; FHC do not take responsibility for your property.
- Use a kill cord on your outboard engine.
- Keep to the harbour speed limit of 6 knots and remember to minimise your wash.
- Beware of commercial ships; the harbour is a busy area and large ships are not manoeuvrable, so keep clear.
- Listen to Harbour Patrol staff; they are there to keep us all safe.
- No swimming is allowed in the harbour area, except for the designated swimming area at Ready-money Beach.
- Be careful when using harbour steps and slipways, as they can be slippery.

We look forward to seeing you on the water and hope you have a safe and enjoyable summer

*Capt. Paul Thomas*

Harbour Master, Fowey Harbour Commissioners  
reception@foweyharbour.co.uk  
01726 832471



We were very privileged to have a garden visit to Philip and Faith Hambly's paradise in *Lethytop*, Pentalake.

This is a 52 acre site, with woodland, meadows, lakes and paths, with plenty to see for the keenest naturalist and gardener. Philip took us on a guided tour amongst the wild-flower meadows, alongside the Trebant Water that flows into Penpoll Creek, and onto their beautiful lakes where his photographic skills are recorded with stunning pictures of the wildlife that visit.

We were then treated to Faith's sumptuous cream teas and cakes; and made donations to their favoured charity.

Dormouse boxes in Lantyan continue to be checked by some of our enthusiastic volunteers, and so far no dormice have been found, just a woodmouse and boxes used for

wren nests, which look cute when placed alongside each other. (*Right!*)



Our next event is already fully booked for the Snorkel Safari with the Yourshore Beach Rangers from *Cornwall Wildlife Trust*. So well done if you have booked a space.

This is followed by a Rockpool Ramble on 10<sup>th</sup> August, again at Readymoney Beach from 10.45am to 12.45pm.

We then hold our traditional Marine Day on Fowey Town Quay from 10.00am until 4.00pm on Tuesday 21<sup>st</sup> August during Regatta week. There will be Marine talks and crafts, with entertainment for children with experts from *Cornwall Wildlife Trust*.

*Restormel Estate* in Lostwithiel, home for the Duchy of Cornwall, are giving us a guided tour to explain the workings of the Duchy on 10<sup>th</sup> September from 6.00pm to 8.00pm. More details on all these events are in the box below.

I was privileged to be introduced to the Duke and Duchess of Cornwall on their recent visit to Fowey when they showed a keen interest in the Fowey Estuary.

*Peter Edwards*

## Tywardreath Village Shop

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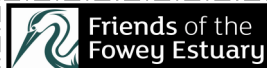
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Cut flowers and plants grown in Cornwall



## FORTHCOMING EVENTS

Friday 10<sup>th</sup> August

### Rockpool Ramble

Time: 10.45pm – 12.45pm

Meet: Readymoney Beach, Fowey SX117512

Cost: Free for members, £1.50 non members

Note: All children must be accompanied, wear sensible footwear

More Info: Claire (01726 833061)

Tuesday 21<sup>st</sup> August

### Fowey Estuary Marine Day

Join us for marine talks and children's crafts with Cornwall Wildlife Trust and cookery demonstrations with Fish for Thought

Time: 10am – 4pm

Meet: Town Quay, Fowey

Monday 10<sup>th</sup> September

### Guided Visit of the Restormel Estate

With the Duchy of Cornwall

Time: 6pm – 8pm

Meet: Restormel Estate, Lostwithiel SX106612

Cost: Free for members, £2.50 non members

More Info: Peter 01726 833141

*Peter Edwards*

**Tales from the Riverbank**

The summer is definitely well and truly here! After a very early and cold Easter on the river, we thought that this year might be as wet and soggy as last – just shows how wrong you can be!

However, the wildlife doesn't appear to be as plentiful as normal. We have been told that when it is dry and hot the Kingfishers go further upstream, but we also wonder if they have suffered through the very cold winter, and the numbers have not recovered. Greenshanks are also lacking, but Shelducks, Egrets, Herons, Curlews & Redshanks all appear to be doing well.



It's been good to see the Swans doing well, with more cygnets this year and the 'teenagers' from the last few years getting together and generally 'swanning' about the estuary – as many as 12 at a time – a nice life wandering up and down the river being social!



Serena the Seal has also been seen regularly; something that thrills the kids (and adult kids) on our trips.

On a more serious note, the summer brings out the visitors with boats who either don't know or don't care about speeding (this won't apply to village boaters we're sure!). This is not only causing problems to other river users – no, not just us and our kayakers - but to the many visitors who use the river without engines; it also causes erosion of the banks, flooding of nests and the possibility of harming wildlife such as the seal. They tend to be the same suspects, and the last incidence involved a regular speeder who had no kill cord, buoyancy aids, or visibility – their bow was too high up in the air to see logs, debris etc. Hopefully, it won't take an incident like the tragedy at Padstow to wake people up to the danger.

On a more pleasant note, Café Kayak is open under the helm of Carol during the school holidays – every day until September. You don't have to be a paddler to visit – dogs, children, horses (yes- you, Dennis!) are all welcome! Dennis (captured below by David) quite often pops in. I keep polo mints, carrots and apples – only fair, as we also give out dog biscuits!

*Karen Wells-West*



Horsing about at the Boat Shed!

*Or can any reader give this photo a more interesting caption?! Ed*

**Cornish Words for Birds**

Alargh	Swan
Bargos	Buzzard
Casek cos	Woodpecker
Edhen	Bird, Wildfowl
Kerghyth	Heron
Lagyar	Moorhen
Pyscador	Kingfisher
an myghtern	

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# Golant Gleanings

## ELEVEN YEARS ON...

Eleven years ago, 10 year old Alice Hunter responded to a plea in *The Golant Pill* to any village children who would be interested in developing a corner in the newsletter for the younger members of our community.

She sent in a very lively yet formal application, beginning *Dear Sir or Madam* and ending *Yours Faithfully...!!* Her letter began: “*I heard about your idea to have a children’s corner of the Golant Pill magazine. I think it is a fab idea, and I was actually going to ask about having a kids’ column ages ago but never did!! I think I have a great deal to contribute to the new column as I am very enthusiastic about this matter*”. Alice’s enthusiasm created the **Sandbanks** page – the title was her own idea – and this developed steadily over the next few years, fed by her keen desire to be our “*Number 1 wildlife and gossip reporter*”!!

She is now 21, and has just finished her fourth year at Liverpool University, studying medicine. As part of her medical experience, Alice is in India for 5 weeks; she worked in a public hospital in Hyderabad for the first two. When she went to get orientated there, she found the conditions were “*Pretty dire... I will never complain about the NHS again!*”

When she returns in August, Alice has kindly promised to write about her experiences for our October/November *Pill*.

## SPECIAL AWARDS

Cornish Bard John Jenkin has been awarded another Gorsedd medal this year for a piece about how emigration affected his own family. He may have just become a nonagenarian, but that obviously isn’t stopping his creative juices flowing!!

Rachel, Harold Garner’s daughter, won *Best Boat of the Show* award at the Henley Regatta recently. Older villagers will remember when they lived at *Riverview Terrace*, and his love of the Tall Ships.

## SIGNIFICANT BIRTHDAYS

Whilst Fayre Hardy celebrated her 60th birthday in style earlier in July, Patrick Towell has just reached 50 years. His well-known parents Basil & Gwenda lived at *Paradise Cottage* for many years from 1963, and were a big part of village life.

## THANKS

Simon & Sheila would like to thank all those who helped them celebrate their Golden Wedding on the evening of Friday 6th July – 50 years to the day! Special thanks to Nick, Anne & Chris, and Neil at *The Fisherman’s Arms*, and to Paul & Rupert for ensuring that the evening went with a swing!! Thanks also to all those who sent cards and good wishes. We enjoyed the evening greatly, and hope you all did, too.

## Lost In Film

**Lost In Film** will be taking a summer break during August, before returning in September with our next season of films and special events to celebrate our 10th anniversary year.

- September 1st - *Wild Cornwall - Out on the Edge* Screening of this award-winning film which showcases Cornwall’s ‘wild heart’ with talk by filmmaker Ian McCarthy.
- September 10th - *The Shape of Water*
- September 24th - *The Mercy*
- October 6th - *Wurlitzza’s A Cottage on Dartmoor* St Bart’s screening of a thriller of love, jealousy and hairdressing accompanied by Wurlitzza, a critically acclaimed five-piece band from South East Cornwall who have been specialising in adding live soundtracks to silent films since 2006.

Visit [www.lostinfilm.org](http://www.lostinfilm.org) for further details and to buy tickets online, or buy tickets from Watts Trading, Lostwithiel. Films are shown in the Church Rooms, Lostwithiel. Doors and bar- 7pm, film at 8pm.

## ST SAMPSON PARISH COUNCIL

June 2018 – July 2018

I am delighted to report that the Parish Council is now fully up to strength as we have co-opted John Pomeroy to the team. John and his wife Geri (and dogs Digby and Daisy) now live full time in Golant and have been made very welcome. They are no strangers to Cornwall having had a second home in St Breward for many years where they were much involved in parish life, and they were also active in their previous local community in the south east of England. John has had a highly successful business career and been on the boards of several companies so he will no doubt be a great asset for the council.

Councillors have been busy with the many routine jobs which keep the parish and village shipshape, such as repainting the white lines and the railings down at the car park and arranging for footpaths to be cut back. The Village Green and Playground are in good condition with the playground passing its annual ROSPA safety inspection. The car park continues to provide the Parish with a steady income stream – takings were £2010 for the first four months of the charging period, which is in line with expectations, and we will continue to provide the public toilet which is cleaned for us under contract by *Cormac*. Councillors are in favour of transforming the remainder of the toilet block into kayak or canoe storage racks which could be available for a small rental charge with priority given to local residents. This would take place once we secure ownership under Cornwall Council's devolution plans, and we have again asked for this to be expedited.

Our accounts are in good shape due largely to the time and effort our clerk devotes to financial control measures, and we have received another favourable internal audit inspection report. I am sure most people are aware of the tightening up of data protection law so the Council has adopted a new policy in compliance with the Data Protection Act 2018 and General Data Protection Regulations. This is a significant administrative burden and is indicative of the ever increasing requirement for parish councils to carry an increased workload, with new responsibilities and a more professional approach.

We continue to be represented at the Community Network Panel forum, where our local area parishes and other networking organisations meet with the aim of applying a joined up approach to shared issues. Some examples are *Community Speedwatch*, *The St Austell Bay Resilient Regeneration (STARR) project* and *St Austell Bay Economic Forum (SABEF)*. *Community Speedwatch* is a national initiative where active members of local communities join with police to monitor speeds of vehicles using speed detection devices. Vehicles exceeding the speed limit are referred to the police with the aim of educating drivers to reduce their speeds. In cases where education is blatantly ignored and evidence of repeat or excessive offences is collated (even across county borders), enforcement and prosecution follow. The *STARR* project aims to reduce flood risk to communities living and working in the St Austell Bay area, particularly in Par and St Blazey, and has recently secured additional Government funding. *SABEF* is a group of local businesses, public bodies and community organisations promoting the area and have launched a very informative new website <https://www.staustell.co.uk/> - well worth a look.

Lastly for this update – a new **National Planning Policy Framework** has just been announced. The changes will make it easier for planning authorities to challenge poor quality and unattractive development. In particular, it stresses that councils “have the confidence and tools” to refuse applications when the development does not prioritise design quality or complement its surroundings. We will of course take this into account in our draft Neighbourhood Development Plan.

Minutes of meetings are on our Parish Council website <http://www.stsampsonparishcouncil.org.uk>

Our Parish Clerk Sue Blaxley can be contacted on [stsampsonpc@gmail.com](mailto:stsampsonpc@gmail.com) for any further information or to raise issues of concern.

The date of the next full meeting will be on **Tuesday 25th September 2018**, commencing at 7:15pm in Golant Village Hall. **All are welcome.**

We will also hold an extraordinary meeting in the next few weeks to discuss a recent new Planning Application. Date to be confirmed.

*Robin Anderson, Chair*

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## News from St Sampson's Church

As well as singing for St Sampson's Day, the choir is busy preparing for **Broadway Hits**– this will be an informal evening of popular Broadway hits, with the opportunity for plenty of audience participation, in the Village Hall on Saturday 6th October at 7.30pm. Tickets will be available after the summer break. Bring your own wine, but cheese will be provided. Please do support this musical get-together.

The next day is **Harvest Festival**, and all proceeds from the evening will go to St Petroc's.

A report on the St Sampson's day lunch can be found on page

## Planting & Pruning

By chance I looked over the wall to the lower churchyard below and was cheered by what I saw! A large area by the boundary wall had been cleared of brambles & weeds and some more camellias had been added to continue the existing row. Clarence Paull and his daughter, Gill, had done all that hard work. Since then they have been down regularly to water the plants during this extraordinary, lengthy spell of hot weather. The camellias were ordered by Gill's sister, Sue, from *Burncoose Nursery* to ensure that they would grow well in Cornwall and planted in memory of their mother, Ruth. The varieties are: *Black Lace*, *Kremer* & *Nobilissima*. Gill says that they chose decent sized plants '...so we could enjoy them in our lifetime!...' We look forward to seeing them in flower in the next months.

*Burncoose*, like *Caerbays Castle*, is owned by the Williams family who for generations have bred thousands of camellias. I recall in 2005 having a chat with Mr Williams at *Caerbays* and enquiring about the pruning of camellias. I had observed that many of his national collection in the grounds had been drastically pruned at some time in their lives. Bunny Minter-Kemp was a little nervous when I told her of my plan to do the same with our camellia but she had a chat with another expert and gave her approval! Soon afterwards the camellia by our porch was cut down to about 4 feet just after flowering in January. It shocked some people but the plant thrived. It was then trimmed (not in a straight line!) to about 6 feet for several years and always flowered well.

Unfortunately, it has been allowed to grow very high, obstructing the porch and stained glassed window nearby. Andrew van den Broek has pruned the tree recently (delayed somewhat by having to undergo further surgery on his injured arm) using the 2005 levels. It's true that it is the wrong time of the year but I'm confident that it will recover. After all, it has been there for around 70 years as it was planted by the Cornish Bishop of Truro, Joseph Hunkin, who often planted shrubs in churchyards when on a visit.

Our specimen is called *Elizabeth de Rothschild*, bred, as you would expect, by the Williams family.

Mike Harris

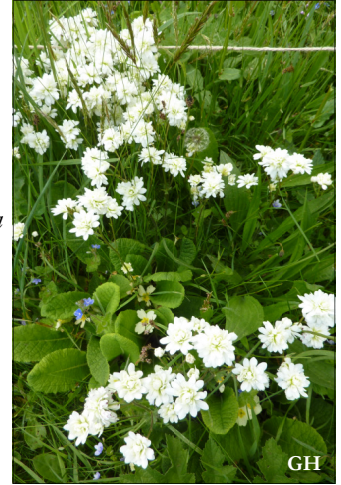
## Pretty Maids all in a Row...

*Mary, Mary quite contrary,  
How does your garden grow?  
With silver bells and cockleshells,  
And pretty maids all in a row.*

Ever wondered what the plants 'pretty maids' referred to in this nursery rhyme are? Well – we have them in our churchyard!

It is the **Double Meadow Saxifrage** (*Saxifraga Granulata* 'Plena'), so called because the roots are composed of small nut-like granules.

It's probably a naturalised version, once seen in many cottage gardens, of the native Meadow Saxifrage, which has simple white flowers.



Some of you may have noticed cordoned-off labelled protection in two areas in the churchyard in June; these are specifically placed to guard against the strimmer & mower (and feet) damaging our specimens until the flowers go to seed. Mike & I have done this since they were identified as being rare by Rose Murphy, the Botanical Recorder for our county in the year 2000, when we began the Living Churchyard project. In fact, she officially registered St Sampson's as being the only site in Cornwall.

The original group of plants was observed in the War Memorial area, but sadly these have not developed much. However, a later cluster, which suddenly appeared in the middle churchyard a few years ago, has this year spread beautifully. (See photo above). So we seem to be winning with our conservation methods for this particular flower!

Interestingly, we recall talking years ago to Bunny Minter-Kemp, when she described the times she and Diana Luck used to push their prams past the church, and remembered seeing similar white flowers growing on the verges between the road and the churchyard. Could these have been Double Meadow Saxifrage?

It is, apparently, a notoriously difficult plant to propagate. In a delightful book we have called *God's Acre*, by Francesca Greenoak, she cites the churchyard of St Nicholas at Worth in West Sussex, where it 'grows in very appealing abundance'. However, despite some of the parishioners attempting to grow it in their gardens, none had had any success! We have tried again to save seed to broadcast elsewhere – so watch this space...

Gillie Harris

## Church Flower and Cleaning Rota

29th July & 5th August	Penny & Viviane
12th & 19th August	Vilma & Paddy
26th August & 2nd Sept	Ruth & Gill P
9th & 16th September	Sue S & Sue T
23rd & 30th September	Jacky & Sheila
7th & 14th October	Valerie & Carol

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**[Uncle John's Gardening Year](#)  
[& Auntie Paddy's Recipe Book](#)**

These *Golant Pill* publications are available in the Church, the Boatshed, Walter Baileys at Par (Gardening Book only), or from Mike & Gillie (833897).

**£6 each or two for £10**  
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**UNCLE JOHN'S GARDEN PATCH**

Mother Nature's been brave and busy gwaiv through her bag of tricks for to zee if'n she can find summat she baint used for a brave long time, and do ee know what she d'come up with? A proper summer!! But she doant do nort be half measures. This time 'tis a full on, once in a blue moon summer. Now, 'tis all very well for they on holiday or they that have nort to do, but for anyone who has to lowster for a living, 'tis brave and trying, and they have to look for shade.

Tidn't any good for the plants going on like 'tis though, and a brave few have packed up already. Any shallow rooted plants and shrubs need water to survive this dryth, but thanks really to last winter's rain that didn't stop and went right through the springtime, they plants with their feet down deep in the ground will find water enough to survive on fer a while yet.

Anyone who d'feel the need to cut their lawns should leave the mower pushed back in the linney, but if'n 'tis urgent, then lift the cutters up and just run over the top to make it look vitty. Doan't ee be vexed if'n the grass is all yellow and burnt up. Once the rains do come, then the grass will soon green up again. Just bear in mind that even though there baint no weeds around, there are still things to do.

Loganberries, raspberries and blackberries need the new growth tying in and the old canes cutting out, once fruiting is finished. Some of the cultivated blackberries are blimmers to deal with, because they'm armed with gurt teeth, so deal with them with a good pair of gloves before they'm all tangled up in a hog stog!

In the greenhouse, the tomatoes will need their tops pinching out once about 5 trusses are set, and 'tis very important to feed and water on a regular basis. If you'm finding the tomatoes be getting the bottoms turning black, 'tis blossom end rot, usually caused by irregular watering, and there's nort you can do with the fruit but take them off and aive them out. Dreckly, as the month goes on and there's a brave few tomatoes on the plant, people ask about taking off some of the leaves to assist in ripening of the fruit. Doan't ee be too hasty; if the leaves look healthy enough then leave well alone. Just think on, they leaves be there for a reason, to convert carbon dioxide into starch and sugar, so they'm brave and important. So as the lower leaves turn yellow they can be cut off close to the main stem and aived out; this will assist in air circulation and the sun ripening the fruit.

Just hang fire if'n you'm thinking of planting any plants or shrubs and wait for the rains to come. That is unless you'm prepared to keep them watered on a regular basis to get them established.

Our pond's water level dropped bravish, and I looked at the prospect of using the hosepipe to top it up with a jaundiced eye, being on a water meter. The thought of paying for SWW boss's holiday just didn't appeal, so I have taken the fish out and cut the pond in half, so that topping up in future won't make me weep.

*Nort*





## CALENDAR OF VILLAGE EVENTS

### AUGUST

Sunday 5 <sup>th</sup>	9.15am	Holy Communion	St Sampson's
Saturday 11 <sup>th</sup>	2.00pm-4.30pm	<b>Flower &amp; Produce Show</b>	Village Hall
Sunday 12 <sup>th</sup>	9.15am	Holy Communion	St Sampson's
Sunday 12 <sup>th</sup>	3.30pm (ish)	<b>Madness in the Pill</b> Barbecue & Music	Fisherman's Arms
Tuesday 14 <sup>th</sup>	2.00pm	Golant Heritage Group meeting	Village Hall
Saturday 18 <sup>th</sup>	2.00pm & 6.15pm Evening	<b>Sports &amp; Carnival</b> Barbecue & Live Music- <i>The Hoodle</i>	Village Green Fisherman's Arms
Sunday 19 <sup>th</sup>	6.00pm	Evensong	St Sampson's
Friday 24 <sup>th</sup> – Monday 27 <sup>th</sup>		<b>Beer Festival</b> Barbecue some evenings Friday 24 <sup>th</sup> Live music- <i>Bird on a Wire</i> Sunday 26 <sup>th</sup> Lunchtime <i>Acoustic music with Terry</i>	Fisherman's Arms
Sunday 26 <sup>th</sup>	9.15am	Holy Communion	St Sampson's

### SEPTEMBER

Sunday 2 <sup>nd</sup>	9.15am	Holy Communion	St Sampson's
Friday 7 <sup>th</sup>	10.00-11.00am	Book Browse and Buy	Village Hall
Saturday 8 <sup>th</sup>	No Food available as pub is booked for a wedding		Fisherman's Arms
Sunday 9 <sup>th</sup>	9.15am	Holy Communion	St Sampson's
Tuesday 11 <sup>th</sup>	2.00pm	Golant Heritage Group Meeting	Village Hall
Friday 14 <sup>th</sup>	8pm (ish)	Pop Up Cinema- <i>The Greatest Showman</i>	Village Green
Sunday 16 <sup>th</sup>	6.00pm	Evensong	St Sampson's
Sunday 23 <sup>rd</sup>	9.15am	Holy Communion (Choir)	St Sampson's
Tuesday 25 <sup>th</sup>	7.15pm	Parish Council Meeting <i>(The public is invited to take part until 7.30pm)</i>	Village Hall
Friday 28 <sup>th</sup>	10.30am-noon	Macmillan Big Coffee Morning	Village Hall
Friday 28 <sup>th</sup>	7.30pm	C-Fylm – <i>The Post</i>	Village Hall
<b>Saturday 29<sup>th</sup></b>	<b>Copy Date</b>	<b><i>The Golant Pill</i></b>	<b>golantpill@gmail.com</b>
Sunday 30 <sup>th</sup>	9.15am	Holy Communion	St Sampson's

### OCTOBER

Friday 5 <sup>th</sup>	10.00-11.00am	Book Browse and Buy	Village Hall
Saturday 6 <sup>th</sup>	7.30pm	Broadway Hits <i>See page 15 for further details</i>	Village Hall
Sunday 7 <sup>th</sup>	9.15am	Harvest Festival (Choir)	St Sampson's
Tuesday 9 <sup>th</sup>	2.00pm	Golant Heritage Group Meeting	Village Hall
N.B. Sunday Roasts, Tuesday Euchre and Quiz Nights, will resume in October			Fisherman's Arms

#### Further ahead in October

See page 3 in the Golant Heritage Group report for two important events to be held about the history of our river.

*If you have any item you wish to be entered into this Calendar of Village Events, please contact **Penny Parsons**, the Parish Diary Member of our team, (tel: 832727) by the Copy Date shown on this page of the newsletter, and we will try to include it.*