

At your Convenience!



The cutting of the 'ribbon' at the official opening of the toilet at St Sampson's Church.

Two for a penny!

Dorothy Rickwood, armed with a pair of shears and Gwenda Towell, with a pair of scissors, cut the 'paper ribbon' on January 28th and declared the new toilet at the rear of St Sampson's Church well and truly opened! On entering the new facility both agreed that it is amazingly roomy. "I didn't realise it was this big from the outside!" Gwenda, who is reliant on two sticks, soon found a convenient seat whilst she and her friend of fifty-five years admired

the interior of the room which has been built to disabled standards. Gwenda recalled a hymn she sang at the Baptist church in her childhood which referred to "..the hosts incontinent.." As many cameras clicked to record the occasion, Dorothy grabbed a passing bottle of bubbly and was soon helping to pump it in true "Schumacher' style much to the delight of all the spectators including the vicar, the Revd Philip de Grey-Warter.

From the Editor

elcome to the launch of a Newsletter which plans to cover most of what goes on in our village. Golant may be small and, with so many holiday homes in our midst, may have fewer people than in past years but, by gad, a lot goes on!

I know that I have talked for three or four years to one or two people about having such a newsletter. The trigger to act came in the form of the demise of the Fowey & St Sampson church magazine; quite rightly, it had been decided that it had come to the end of its useful life!

I have such wonderful memories of growing up at Devoran and loving all that it offered me. Yesterday I passed by the field at Devoran where we youngsters would enjoy a week of action each summer: carnival, sports, sheaf pitching, sideshows, games and food galore, steam engines etc etc; now it's a building site for a new school. Life is changing around me as it has always done. What has never changed within me is a firm belief in the strength and fellowship of *village* life. That's why 'Golant' will be at the heart of most of what we put in your newsletter- boating in its various forms, carnivals, firework displays, parish council business, church, sewage(!), births, marriages, deaths, village hall events......the list is long!

We have invited all the organisations to submit articles whenever they can. We want to keep an accurate Parish Diary so please give Janet Gore a note of any date when something is happening that we should know about.

Is there something you could write about? Have you a memory of a special event or a hilarious occasion in the past? Could you set a puzzle for readers to solve? Could you write about bird life here or do you know someone who could? We in the production team have plenty of ideas but we want yours, too. After all, we want it to be your newsletter! Give me or a member of the Team a ring if you want to chat about an idea before you begin to write.

You can start by thinking of a suitable name for the newsletter (see page 6). It's *vital* that we have one before the next issue. I invite you to send in your letters about any subject you wish to discuss; remember, though, that anonymous letters will not be published.

Richard Strode, who devised and maintains Golant's excellent website, has agreed to place a copy of the Newsletter on it.

We plan to bring out the publication every other month and are determined that it should be *free.* It is obvious already that we shall be circulating to people in the wider surrounding area. We have applied for a grant to help with this venture. This will cover the basic costs of production: paper, printer inks and other office equipment. If we get it 'off the ground' a much larger grant may be possible. To satisfy the rules governing an application for a 'Start Up' grant meant that Robert Dunley had to construct a Constitution for us rather quickly, a copy of which can be obtained upon request.

We are grateful for the confidence of a number of local businesses who have not hesitated to

Nihe Hand

give their support by buying advertising space in the Newsletter. Please support them in return.

I look forward to receiving any comments which will help to ensure

Newsletter Production Team

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the success of this, your village newsletter!

The Editorial Team reserve the right to reject material or comments considered to be inappropriate or offensive.

Church Comfort Station:

- continued from page one

The conversion of the old dilapidated gravedigger's hut at the rear of St Sampson's marked the end of years of debate and efforts by parishioners of the church. Under recent legislation, all new toilets must adhere to the standards set up for use by the disabled, a requirement which can be very difficult in a church built to thirteenth century building regulations! Many ladies in particular have felt marginalised with the imposition of such stringent rules. In fact, eight sites in and around the church have been considered carefully over the past three years but, as happens so often, the first idea was the one chosen.

Spearheading the conversion has been Golant's long serving Churchwarden, Carol White. Working in close liaison with local builder Wally Withers, she has managed to retain all the qualities of the old building. The original stone walls have been kept in place and raised to the necessary height. All the slates rescued from the sagging roof of the old building have been re-used. A new, double glazed window was kindly donated by John & Ruth Varco, who, as neighbours, have been sympathetic supporters of the project.

Upon entering the toilet everyone is surprised how roomy it is. "It's like the Tardis!" said one. The sealed floor is of natural slate and the walls and ceiling have been lined with a special white plastic material so that a high standard of cleanliness can be achieved with relative ease.

Said Carol White's fellow Churchwarden, Greg White, "We're all thrilled that we're well and truly toileted up!"

Welcome to your first free Newsletter!

We plan to distribute the Newsletter to every house in the Parish of St Sampson. In addition, we already have subscribers from outside the parish.

We aim to publish six issues per year:

February/March; April/May;
June/July; August/September;
October/November;
December/January

It needs a name. See page 6 for details.

For details about advertising rates, please see page 11

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Village Hall Committee Report

The village hall committee welcomes the opportunity to keep you up to date on village hall events within this new magazine thus making it no longer necessary to print our usual newsletter.

We are anxious that our village hall is used as much as possible so please use it for your family events etc. The hall has been refurbished in recent years and we have some new crockery and cutlery. To book the hall contact Janet Gore 832425

The main agenda for the village hall committee is to ensure that the building is kept in good condition and that the necessary repairs are carried out. Some while ago it was pointed out to us that the nails on the roof were rusty and consequently major repairs may be necessary. At our recent committee meeting we talked at length as to how we are going to repair the roof and most importantly how we are going to fund the project.

Peter Edwards has kindly agreed to talk to builders and get quotes for conventional methods of repair plus a newer way by using foam. With this information and Peter's expertise we shall know the costs involved and the best way to proceed.

The Committee would like to thank <u>all</u> those people who have already given so generously to the fund and to acknowledge a significant donation from a person who wishes to remain anonymous. To all of you who have helped in any way a very big Thank You!

We shall keep you informed of our progress through this newsletter.

Alastair Rivers, our gardening expert, will be coming on Saturday 3rd March from 10am-12.30pm. He has called his talk "Propagation Myths exploded" during which he will demonstrate methods of propagation and you will have the opportunity to try for yourself. To book your place contact Janet Gore 832425. Cost is only £5

Our 'Carn to Cove' shows need your support. Mike Freemantle(816454) represents the village hall on this and he has written a separate article in this newsletter about the shows.

Janet Gore

Village Hall Roof Appeal

▶▶Quiz Night◀◀

or

Friday, March 2nd

at

7.30pm

Teams of 4/6

(Individuals welcome – can be found a team place)

£5 including
a fish & chip supper
Raffle

Gifts for the Raffle welcomed Bookings: Maurie & Gail Parsons

(01726 833475)

Hillside Studio

If you are in Truro in March you will not want to miss the "From The Life" exhibition, showing figure paintings by Barbara McMillan. This will be at the Lander Gallery, Market House, Lemon Street from March 2nd-24th.

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24hr. Answerphone

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If the Open-Studio Sign is displayed, please ring the hand-bell by the house front door or, up the steps, bang on the studio door!

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GOLANT BOAT OWNERS ASSOCIATION ALSO KNOWN AS 'BOAT WATCH'

In this, the first edition of the Golant Newsletter, it is appropriate that we give the background of, and an introduction to, this organisation which is titled "The Golant Boat Owners Association" but more commonly known as "Boat Watch."

The organisation was started in 1995 because of the alarming number of incidents of theft and vandalism on this stretch of the river. We greatly value the efforts of the late Dougie Cooper who was Chairman for many years and forged close links with the police. Superintendent (now Divisional Commander) John Green of the Devon and Cornwall Police was extremely helpful to the founding fathers of the organisation with advice and guidance and in providing equipment. Today we have two serving Police Officers on the committee, PC Tim Rowe, who is our very overworked Community Police Officer and PC Mark Randles of the Marine Division of the MOD Police based at Plymouth. Captain Mike Sutherland, the Fowey Harbour Master, was also very helpful and gave Boat Watch the use of the hut in the car park for a base from which to work. We acknowledge the continued support of "Upper Deck Marine," Fowey who provide a range of signs for cars & roadside boards as well as a discount for members.

A system of "Boat Watches" was set up, organised by a co-ordinator and it was not long before theft and vandalism started to decrease. Ten years after Boat Watch started the Territorial Policing & Partnerships Dept. of the Devon and Cornwall Police reported that "It is calculated that the value of missing marine items totals around £1.M per year within the D & C Constabulary area". The report went on to say "...that they are the only force with over 500 miles of coastline and that it is thanks to marine watch members for their vigilance and hard work with your Boat Watch schemes in assisting the Constabulary beat crime...".

It has to be remembered that there are approximately 300 boats moored on the Golant stretch of the river many of which are owned by people who do not live in Golant and, were it not for the willingness of so many of our members to stand watches, those owners would not have the level of security for their marine assets that they presently enjoy.

In the first three months of last year there were no reports of crime in Golant either on or off the river. We hope that this year will be the same.

In the next issue we will write about some of the incidents that our members have observed and reported both in the past and more recently.

We are always looking for new members, for which ownership of a boat is not a prerequisite. There will always be someone to show you the ropes, which is basically to observe and report.

Robert Gore

GOLANT QUAY USERS ASSOCIATION

'Quay Users', as it is usually referred to, was formed in the late 1950s to protect the rights of Golant residents to use the quay. In those days commercial activities included coal being landed and fishing equipment stored.

Today we provide winter berthing facilities at very commercial rates for over 120 boats and 20 dinghies. As a non-profit making association, our aim is to keep the berthing rates as low as possible yet provide sufficient capital to maintain the facilities. Unfortunately, our biggest expense is the maintenance of the Quay and Slipway. All the property is leased from Restormel Rural District Council.

During the winter we have been laying a length of heavy chain in the middle of the mud of the Pill, parallel to the railway line stretching from near the top of the Pill and ending level with the Play Area. Owners of boats moored along that 'Beach' area will be asked to tie their stern lines to the chain for extra security. Along the 'Roadside' moorings, in front of the 'Fisherman's Arms,' we have fitted a thick hawser which gives a neater effect and gives a secure line on which to moor our boats. When the 'Bridge' area, in front of St Sampson's Terrace had to be cleared of boats to make way for the sewage scheme, all the mooring lines were damaged. South West Water provided new rope and our association bought new galvanised and capped mooring posts and paid for them to be fitted professionally. The end result is a tidier and safer line of moorings.

We are staffed by a few hard working volunteers, our public face being our Berthing Officers: Alan Barker, Ian Major, Micky Morgan & Roger Tabb.

Peter Edwards, Chairman

"Upper Deck Marine"

Albert Quay Fowey

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Spreading the Arts to Every Corner of Cornwall

Carn to Cove is Cornwall's performing arts touring scheme which brings quality professional artists into rural areas and Golant Village Hall has been delighted to be part of the scheme since 2002.

Carn to Cove enables rural communities to bring something 'different' to their village hall, to bring wonderment and fun into the community, to make people gasp and cry with laughter, to create a social event to bring the village together or to make a bit of money for hall funds!

The village hall group chooses a programme of events from a compiled 'menu' of professional performers, publicises the event locally, sells tickets, hosts the event and offers accommodation to artists where needed, with support from the Carn to Cove team, based in Redruth. Carn to Cove deals with booking and contracting the acts, researching and compiling the 'Menu' and all other administration.

Professional acts are offered at highly subsidised minimum prices ranging from £50 to £150 plus a share of the box office income, reducing the financial risk to the hall and giving them the chance to make some money for their own use. We are able to do this with the support of our funders: Arts Council England South West, Cornwall County Council and all 6 of Cornwall's district councils – Caradon, Carrick, Kerrier, North Cornwall, Penwith and Restormel. Carn to Cove is part of the National Rural Touring Forum and we also work in collaboration with the other small-scale professional promoters in Cornwall.

Golant Village Hall committee will continue to book what we believe to be suitable and, hopefully, popular artists to visit our small village. The Carn to Cove scheme is organised by Mike Freemantle, who will be happy to receive suggestions for suitable events both within and without the Carn to Cove scheme. He can be contacted on 01726 816454.

St Sampson' Church

Flower & Cleaning Rota

Feb 18th & 25th

Gillie & Sheila

March 4th & 11th

Penny & Viviane

March 18th & 25th

Tauniua

April 1st & 8th

Carol & Valerie

NAME YOUR NEWSLETTER!

We are asking for <u>your</u> help to find a name for this newsletter. If you get inspiration we'd love to hear from you. Just write down your name & address and your suggestion and post it in a box at one of three places:-

- "The Fisherman's Arms"
 (Box provided)
- The Church (Box provided)
- 3. 'Mimosa Cottage', home of Jacky & Bruce Fletcher.

Please post your entries by Weds 16th March.

We look forward to receiving your ideas. The next issue in April will bear the new name!



News from St Sampson's

y the time this article is published, Christmas will be weeks away, the evenings will be drawing out, many of the spring flowers will be well out in all their glory. However, it's appropriate to recall the events in December.

There had been a very successful Christingle service on the third Sunday when there was a really good attendance of youngsters and parents. The Advent Carol Service had been revised by Simon Funnell and everyone to whom I have spoken found it helpful, enjoyable and thought provoking. That advent service ended in darkness as we looked forward to celebrating the birth of Jesus. On Christmas Eve the church was packed with people as a solo voice came out of the darkness with the carol 'Once in royal David's city'. Slowly, the lights came up as the music got louder-Christmas had arrived! There was a very special atmosphere in St Sampson's that evening; certainly everyone had a great sing! I was definitely ready afterwards to sample the potent brew of mulled wine fashioned by Jim Russell! My personal thanks to the choir for their enthusiasm and for singing so beautifully- many people remarked in glowing terms about them. Christmas morning was very well attended, also. These days the media is full of grim figures about church attendance. The figures at the great festivals of Christmas & Easter rarely get highlighted. For example, over the past five years the attendance at Truro Cathedral for December has increased by 35%. In December 2006 over 10,000 attended services at the cathedral including nearly 1000 at the Midnight Eucharist.

Whenever we hold a fund raising event we state whether the profit is for charity, the church fabric or the ministry of the parish and so on. We acknowledge the generosity of a number of people who are very happy to donate towards charities and the fabric. This has provided us with enough money to convert the old Gravedigger's Hut into a toilet, the opening of which is covered elsewhere in this Newsletter. We hope that all parishioners will be aware of where the key to the toilet is so that it is a facility available to everyone. Whether you are in the church cleaning or arranging flowers, visiting a grave outside or just passing by and you are 'taken short'...... Look on the wall between the organ and the tower and you'll see the key on a wooden fob! For services, of course, we plan to open the toilet as routine.

Many will have noticed that the church is sometimes lit up at night. I can assure you that this was definitely <u>not</u> planned. The path to the new loo has to be lit and it was found to be cheaper to use the old external wiring to the gate by the steps for part of the job. Also, it was cheaper to install three floodlights than several other types of fittings. Having had one person fall at the Tristan & Iseult gate in November we decided to lay on power for a light over that gate too. *All* the lights come on together and are controlled by a time clock so the times vary for Evensong, bell & choir practices etc. We feel that it is an unexpected bonus to see the church lit up so effectively.

The new toilet satisfies the regulations for the disabled. In addition, we had to have tarmac put down on the path around the west end. It became clear that the main path to the porch and the one through the Memorial Garden had several bad patches. Someone falling on such a surface could embroil the church in court action. Doing all three jobs at the same time meant a huge reduction in the price so it was decided to go ahead. The workmen have done an excellent job.

It's well worth going into the church to have a look at the pulpit now that John East has finished his painstaking work. The carved effigy of St Sampson now faces the congregation as we believe it was designed to do and the pulpit has been fixed to a new shaped platform which John has skilfully constructed; the height of the pulpit compared to the adjacent lectern is now more aesthetically pleasing.

Many readers of this first edition will not know that the church is open every day. At the back just inside the main door are several items on sale which are *unique* to St Sampson's: a range of pottery specially made at Lostwithiel, teatowels designed by Rosemary Weatherall and a large range of cards with photographs of some of the many plants to be found each year in the churchyard plus some postcards of the famous medieval carvings. These are very reasonably priced. Do go and have a browse! All the items are certainly very popular with visitors; they often take them home as a gift for the neighbour who has popped in to feed the cat whilst they've been away.......

Rike Hand

The Churchyard

he camellia, 'Elizabeth de Rothschild', by the porch has recovered from the rather drastic pruning a couple of seasons ago. It's in full flower as I write though many of the blossoms are being ripped off by the dreadful winds. Several of the camellias in the Lower Churchyard planted in memory of Dorrine Jenkin are in flower several weeks earlier than normal. The celandines promise to be a real show in a few weeks' time. There are a few primroses out but I cannot spot the leaves of many plants where thousands usually abound; they hate heat, of course, and last year's very hot spell may be responsible for their demise. But, like the camellia, they'll recover and be back next year no doubt. That's Nature's way.

The prunus trees in the Memorial Garden have been showing signs of rot for the past year or two. These may have to be removed and replaced by suitable shrubs around the wooden fence. Work should be underway before this article is published.

You are cordially invited to a

Spring Sale

at The Old Cider House
(opposite the pub)
On Saturday March 17th,
between 10am & 2pm

Unique, handmade gifts for Easter including chocolates, cards, cakes, scarves, handbags, candles, garden textiles, and a new range of original 'Golant' gifts.....

Saint Sampson and the Serpent



Saint Sampson was of noble blood and had Welsh parents. He was the son of Amon of Dyfed and Anna of Gwent and was born around 486 - about 1520 years ago. After he had become a Bishop, aged 35, he travelled to Cornwall, the Channel Islands and Brittany. In Cornwall, he founded a monastery that was located at Golant, on the site of the present Church in the parish of St Sampson..

One lovely morning in summer, some monks from the monastery were weeding the crops, and a serpent darting from a blackberry bush bit one of the brothers in the groin and he fell to the ground only just alive. The brothers wept and prayed around the injured monk and thought that he was going to die. One of them went to fetch Saint Sampson who was fishing down by the river. Saint Sampson ran back to the injured monk who was by now almost at his last gasp.



He sent all the other brothers away except for one very holy priest to be with him. He made the sign of the Cross on the serpent bite, knowing that by the grace of God goodness was present. For three hours, he prayed and applied holy water mixed with oil to the wound. By the wonderful working of God he restored the injured monk, safe and sound to all the brothers.

Next Issue – The Return of the Serpent?

Greg with the help of http://www.lamp.ac.uk/celtic/Samson.htm

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St Sampson Parish Council

We had a very full agenda for this month's meeting, and the most important issues and decisions were as follows:

Precept for 2007/2008: We have produced a budget which is in line with this current year's expenditure, and therefore we are able to keep the Precept to the same figure as this year.

Car Park Charges 2007: The charges will remain exactly the same as for last year, including the continuation of the charge of just 20p for those staying for half an hour or less – this was one of the requests which came out of the car park survey.

Sewage: Despite the best endeavours of McAlpines, the South West Water scheme is far from being up and running. The noise from the pumping station exceeds the levels set in the planning document. Sea water is still preventing any treatment of sewage from taking place, and there seems to be hundreds of gallons of water getting into the main sewer (attempts are being made to assess the condition of the main sewer as I write this). Thus most of the energy being used by the pumps is going into circulating rainwater up to the top – from whence it flows back down into the pill. So the sewage that reaches the top is well diluted, but not treated! In addition, there is still a noxious smell coming from the manhole cover on Church Hill.

We are trying to deal with all these problems, and our thanks go to Tom Ross, who is not only our technical expert, but seems to be acting as SWW's process engineer as well, as they do not have anyone qualified in this area on their books. They contract out all such work, thus making the task of holding anyone to account extremely difficult. We continue to have liaison meetings with SWW, although Alastair Barr is finding it quite difficult to pin them down to a date, and we hope that at the next meeting they will ensure a technical expert is present so that we (and Tom Ross in particular) can receive answers to some important and fundamental questions. If their answers are not satisfactory, then I shall write to Cornwall County Council, and to Colin Breed MP, about the noise problem, and when we know about the main sewer I shall then write to SWW.

I wish I could assure you that soon all will be well! What I can assure you, though, is that we shall continue to write and lobby on behalf of the village until the scheme is running as efficiently and smoothly as they initially promised – but then they did assure us right at the beginning that no sea water would ever get into the system!

Simon Funnell: Chairman: St Sampson Parish Council

Congratulations!

ongratulations to Alice Robins who has been offered a place at St Hilda's College, Oxford in September. Alice hopes to study French and Philosophy, the latter being one of the most prestigious and difficult subjects to study and attain highly in.

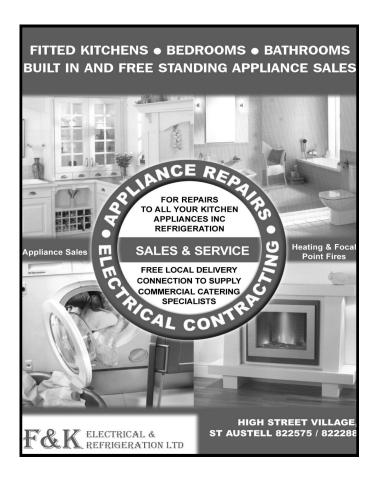
Her entry to Oxford was judged on academic achievement, interview and personal statement. Naturally her parents, Simon and Michelle are thrilled with her. When she was offered an interview they were over the moon so we can imagine their reactions when the offer of a place came through!

Alice's talents are not purely academic for she is a very fine athlete who trains at Newquay and Par Athletic Club three times a week and competes in various meetings during the summer months. No doubt St Hilda's will be aiming to put her athletic prowess to their advantage which will, of course, mean that she will be competing at a high level.

Now Alice has to set her mind and efforts on the final dash for the finishing line- she sits for the 'A' levels next term and has to gain 3 Grade 'A' passes. As a fall back, she has had other offers from the universities of Bristol, Sussex, Sheffield, Nottingham and Liverpool.

Alice's mum, Michelle, told us that her daughter "...is very humble about her achievement and has never been known to shout her achievements from the rooftops..."

Alice, the whole village is cheering you on-----from the rooftops!!!



From Your Local Police Officer – PC Tim Rowe

I have been your Neighbourhood Beat Manager (Community Constable in other words) for just under 3 years now, and it has been a very busy time indeed. Some of you may already know me as I am a local man and went to Tywardreath Primary School and Fowey School after that. Mind you, that was a few years ago now!! I have worked at St.Blazey Police Station (formerly Tywardreath Police Station) for over 11 years so know the area well. I am also the Neighbourhood Beat Manager for Fowey, Lostwithiel and Lanlivery so as you can see I have quite a large area to cover. The police force has been going through a time of big change and reorganisation for the past 12 months and with our new Chief Constable, Mr Stephen Otter, I'm sure there will be a lot more change ahead. Watch this space!

One good thing I hear is that the new chief wants to hear more views from the public and provide a more 'citizen focused' service to us all. If you have access to the internet please take a look at the D&C website which is 'www.devon-cornwall.police.uk' and make your views known.....good or bad!

Crime in Golant is very low in comparison to many other areas. However we should not get complacent and as a community we should be trying to bring crime down even lower. There were 6 reported crimes in the Golant area last year but I know this may not be a true reflection of the crime as some things do go unreported! Please do make sure you call the police with any concerns or crimes so that we have a true picture of what is happening and we can better plan to resolve any issues. Money is always an issue with every business and the police are no different so 'no crime – no police'! The contact numbers are at the bottom of the page. Don't be afraid to use them, we're all quite nice really!

Golant, although quite a small community, is brilliant at helping with crime reduction initiatives. The Neighbourhood Watch scheme is very important in reducing crime in the community and scheme operators work with the police passing information between each other to make the community a safer and better place to be. The Golant NHW now needs a new co-ordinator and Deputy co-ordinator and the watch will be lost without these places being filled soon! Please think about this and I would welcome any enquiries from people thinking about joining up and being part of the NHW. I'm sure my NHW co-ordinators from my Fowey area would be happy to chat to anyone about how the scheme works and the work involved, it really doesn't take up a great deal of time.

Another initiative that is invaluable in Golant is the Golant Boat Watch run by the Golant Boat Owners Association. Without a doubt this scheme prevents a huge amount of marine crime in the area. It doesn't just help Golant either, but everyone up and down the river! The Watchkeepers work closely with the Harbour Officials and the police by reporting any suspicious activity on or near the water and helping detect crime with the information they gather. The Golant Boat Watch always needs new members to help out and assist with the occasional watch over the river. If you have a boat or just live in the area and enjoy the low crime rate please consider joining up and be part of something that helps you and everyone else. There's no pay for doing the work other than being part of the community effort in keeping down crime and deterring the would-be criminals. Don't let Golant be an easy target! I would like to say a very big thank you to all the current and past members of the Boat Watch who have given freely of their time to assist.

WELL DONE GOLANT BOAT WATCH AND GOLANT NHW

KEEP UP THE GOOD WORK.

Last but by no means least, I now have two brand new, shiny Police Community Support Officers (PCSO's) helping with my area. PCSO Linda THOMAS will be the officer for Fowey & Golant and PCSO Neil RENOWDEN will be the officer for Lostwithiel, Luxulyan & Lanlivery. They will be starting in a few weeks time and will be out on foot for the majority of their working day. Please don't be afraid to stop and speak with them as and when you see them about, that's what they are there for! Their particular remit will be to deal with community issues and low level crime including anti social behaviour etc., and be a visible presence in the community.

If you have any comments/questions regarding the above matters or other police related issues then please feel free to contact them or me

PC Tim ROWE

NBM Golant / Fowey / Lostwithiel / Luxulyan / Lanlivery

08452 777444 - Police Central Switchboard - advice & reporting non urgent incidents/crime

'999' - Urgent police assistance (offenders still present or life/death situations)

0800 555111 - Crime Stoppers - To pass anonymous information.

My email –

tim.rowe@devonandcornwall.pnn.po lice.uk

Ken Newcombe's Funeral Home

Funeral Directors

Chapel of Rest

13, Bucklers Lane, Holmbush St Austell 01726 75869

Auntie Paddy's Recipe Corner

For this first issue I have chosen a firm favourite which originated in the USA. Lent is fast approaching and some of us may feel we deserve an indulgence before the 40 days when "chocolate" becomes a prohibited word!

CHOCOLATE BROWNIES

Chopped nuts, chocolate chips, cherries or miniature marshmallows can be added to the mixture before baking. Don't try to reduce the cocoa in this recipe. *It really is needed!*

Ingredients

- 9 tablespoons Cocoa Powder
- 400g/14oz Caster Sugar
- 1 teaspoon Vanilla Essence
- 1 teaspoon Baking Powder
- 3 tablespoons Vegetable Oil
- 4 Beaten Eggs
- 170g/6oz Plain Flour

Heat the oven to 180°C/350°F, Gas Mk4. Meanwhile, mix the cocoa with the oil and sugar, then break in the eggs and vanilla essence. Sift the flour and baking powder and mix into the batter. Spread the mixture into a greased 13" X 9" X 2" tin and bake in the oven for 20-25 mins. Cool before cutting into squares.

Advertising Rates

There are three sizes of advertisement available to you at this time in either vertical or horizontal form.

A 65mm deep x 60mm wide

@ £25 for six issues

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or

65mm deep x 120mm wide -- horizontal

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Please send your artwork or copy as required together with an appropriate crossed cheque made out to "The Golant Newsletter" to Robert Dunley, Rose Cottage, Golant, PL23 1LD or telephone 01726 832807 for more information.

Artwork/Copy may be e-mailed to karenhamnett@hotmail.com.

Please note that the <u>Copy Date</u> for the next issue is: March 16th 2007

Articles and letters can be sent by email (ams4gags@yahoo.co.uk) or placed in the postbox at the entrance to South Torfrey Cottage

THE DUCHY CLINIC

Appointments now available to new patients.

Three Chiropractic practitioners, and a range of complementary therapies including Acupuncture, Chiropody, Massage, Podiatry, Ultrasound, Osteoporosis scans

2 Mount Folly, Bodmin, Cornwall Pl31 2DB

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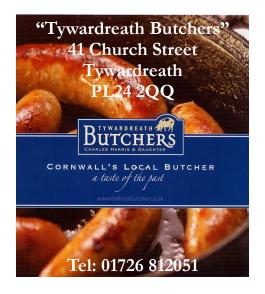
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TRAFALGAR SQUARE, FOWEY



CALENDAR OF VILLAGE EVENTS

FEBRUARY

Thursday 15th	12noon-2pm	Soup Kitchen: village hall
Sunday 18th	6pm	Evensong: St Sampson's

Wednesday 21st 9.50-10.10am Mobile Library: end of village green

Wednesday 21st 7.30pm Ash Wednesday

Sung Eucharist: St Sampson's

Thursday 22nd 12noon-2pm Soup Kitchen: village hall Sunday 25th 9.15am Sung Eucharist: St Sampson's

MARCH

Thursday 1st 12noon-2pm Soup Kitchen: village hall Friday 2nd 2.30pm Women's World Day of Prayer St Fimbarrus Church, Fowey

with participation from St Sampson's Parishioners

Quiz night at the Village Hall – 7.30pm

Saturday 3rd 10am-12.30pm Gardening Class: village hall

Alastair Rivers on "Propagation Myths Exploded" Cost £5

Contact Janet Gore 832425

Sunday 4th 9.15am. Holy Communion: St Sampson's Wednesday 7th 9.50-10.10am Mobile Library: end of village green

Thursday 8th 12noon-2pm Soup Kitchen: village hall

Sunday 11th 9.15am Sung Holy Communion: St Sampson's

Thursday 15th 12noon-2pm Soup Kitchen: village hall

Saturday 17th 10am – 2pm Easter Sale at the Old Cider House

Sunday 18th 9.15am *Mothering Sunday*

Holy Communion: St Sampson's (No Evensong)

Wednesday 21st 9.50-10.10am Mobile Library: end of village green

Thursday 22nd 12noon-2pm Soup Kitchen: village hall

Saturday 24th 7.30pm "Hoover the Dog": village hall- details under Carn to

Cove

Sunday 25th 9.15am Sung Holy Communion: St Sampson's

Thursday 29th 12noon-2pm Soup Kitchen: village hall

Friday 30th & 7.30pm Golant Revue: village hall. Saturday 31st 7.30pm Golant Revue: village hall.

Tickets from Viviane Barr 832454

APRIL

Sunday 1st 9.15am *Palm Sunday*

Holy Communion: St Sampson's

Wednesday 4th 9.50-10.10am Mobile Library at end of green

Thursday 5th 7.30pm Maundy Thursday

Sung Holy Communion: St Sampson's

Sunday 8th 9.15am Easter Day

Sung Holy Communion: St Sampson's

FUTURE EVENTS FOR YOUR DIARY

<u>Saturday 26th May:</u> Gigantic Plant & Book Sale on the village green or in the hall if wet. Please take cuttings, sow seeds, divide your overcrowded plants and save your books. Thank you. More details in the next newsletter.

Saturday 18th August: Carnival Day