



No shades of grey here!



Outdoors: icy-cold, miserable and grey. **Indoors:** warm, joyful and very colourful.....

Middle Eastern Dance – Golant Style!

Belly dancing is a good all over toning regime!

The Zumba class being temporarily suspended as Sarah, our teacher, has had to do a 10 week placement for her degree course, it was decided to try something a little different – **5 weeks of Belly Dancing!**

The lovely Jo Tagney has led us through a variety of moves, explained their background, and brought along colourful garments and veils to help create the mood, although Peter Edwards has drawn the line at a colourful scarf! (Psst – he’s rather good at it though!!!!)

With no experience or exposure necessary, this has proved to be a good all over workout, which just about anyone can do!

Our little exploration of *Middle Eastern Dance* is proving to be great fun, the music is uplifting and the colours of the costumes bright and cheerful. Add a few jingles to our wiggles and shimmies, and we’re well away!

The term *Belly Dance* is apparently a translation of the French *danse du ventre* which was applied to the dance during the Victorian era. It is something of a misnomer as **every part of the body is involved in the dance**; the most featured body part is usually the hips.

Belly dance takes many different forms depending on the country and region, both in costume and dance style, and new styles have evolved in the West as its popularity has spread globally.

Although contemporary forms of the dance have generally been performed by women, some of the dances, particularly the cane dance, have origins in male forms of performance.

Why not check out Jamil, or Tito Seif on *YouTube*! OK, men folk, there may be a few women belly-dancers to go-ogle too!

Penny Parsons

PS: What do you fancy trying through February and March?

Continued on page 2

From the Editor

We had trouble printing the last issue once more. And, yet again, *Microtest* came to the rescue! It would appear that the printer was fine on the test bench but things went wrong when it was linked to Robert's computer. After further tests, a new driver was fitted to the computer; they are now compatible, and all has been well ever since....cross fingers!

Many thanks, indeed, to the *Thursday Kitchen* which has donated a further £100 towards our printing costs.

It's good to have received two articles from Penny Parsons in this issue including one for the front page. I know that belly dancing is a butt for many a joke but we really witnessed huge enjoyment from participants when we visited the hall to take a few pictures. I think that there may well be calls for another series of sessions.

I always look forward to Barry Campbell-Taylor's popular, regular contribution on our wildlife. Sadly, he feels that he has not observed enough material to form an article this time.

Last week we had the graveyard plan framed to hang in the church (page 15) by one of our advertisers: *Stable Art* in Bodmin. We were surprised to learn that about 20% of their business nowadays is online yet many of those customers live relatively close by. So, if you want some framing done, a trip to Bodmin is not necessary. Go online!

We are all sick to death with the weather. Record breaking amounts of rain have fallen. The sun has been a rare thing to see. We have had springs pouring out from completely new places. Quite a number of houses in our village have suffered from flooding; in many cases it has never happened before. It is heartening but not surprising to hear how villagers have rallied round to help those who are experiencing problems.

The daffodils are in bud, some dormant shoots are beginning to open, the *New Life* of Easter will soon be here.....

Mike Harris

Continued from page 1



So whose hairy legs are these...?!

No prizes for guessing, but congratulations to the two brave male participants in the colourful Belly Dancing Group, who don't have any qualms about shimmying and wiggling alongside the ladies!!

GMH

OLD PHOTOGRAPHS & POSTCARDS

Jimmy Fisher is always interested in purchasing old photographs and postcards of Golant to add to his large collection.

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Village Hall Committee

The Committee is due to have their next meeting at the beginning of February, so there is less to report this time.

However, the Thursday Kitchen makes a welcome return on Thursday 21st February at 1.00pm. Not only is the food superb, but also, this event is an opportunity to catch up with news from fellow villagers.

While we are on culinary matters, Maurie and Gail Parsons have kindly agreed to put on one of their famous teas on Sunday February 24th at 4.00pm. I'm sure any offers of help with making sandwiches, cakes etc will be gratefully received. Please tel: 833475.

The profit from this will go towards film equipment. Maurie and Gail are actively investigating all the possibilities of showing films, but it is quite a minefield. The Village Hall Committee are grateful to them for taking on this new project.

Coming up at the beginning of April is the annual Pantomime. This year Martin Whell has written and is producing *Aladdin* with a good mix of all ages performing in it. Martin has written about the show on page 7. Those of you who saw the Revue last year and remember Martin's part in it will know that we are in for a real treat!

Now I am skipping to August! As you can see on page 5, this year's schedule for the *Flower and Produce Show* has been published- thank you to the editorial team for this. It is difficult to imagine anything growing at this time of the year but this is to help you plan your entries as soon as the good weather comes.

There are a few changes this year and I should like to draw your attention to some of them: in the photographic classes there are two categories for both adults and children. They are: *Golant Buildings* and *Photograph with a Humorous Caption*.

Check out the arts and crafts categories, home brewing and jams etc. There is no scarecrow competition this year.

The limerick competition, which proved so popular last year, returns with the first line being:

"There once was an old garden slug....."

These and many old favourites, plus the enthusiasm of you all, will I'm sure help to make this another good show.

As the host of *Gardener's Question Time* always says at the end of the show, "Goodbye and good gardening."

Janet Gore

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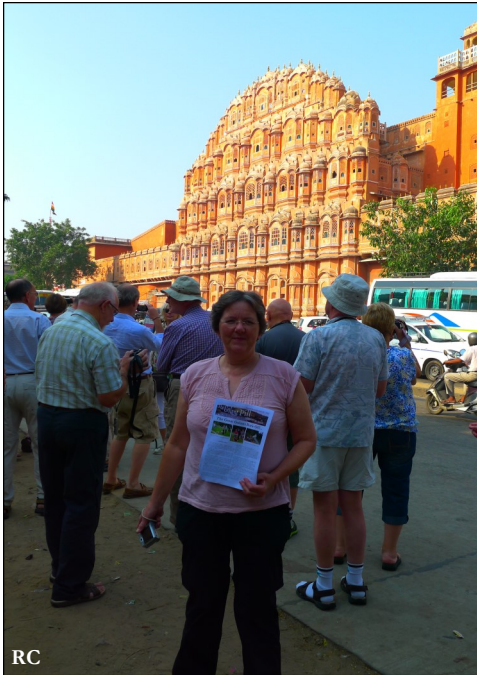
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RC

Gill Paull went to India in October with sister Suzanne and brother-in-law Richard, and so too did a copy of the September/October *Golant Pill*.

They were visiting *Hawa Mahal* (Palace of the Winds), in Jaipur when this photo was taken.



Ben White is holding his recent (chilled) copy of the *Golant Pill* in the resort of Obetauern in Austria, whilst he was on a ski trip with *Magdalen College School* in December.

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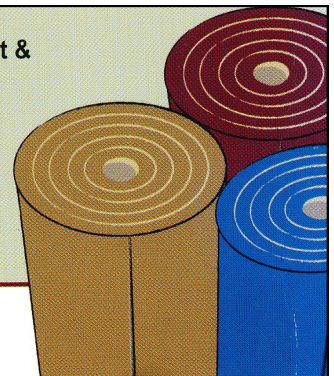
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Schedule of Classes for the Golant Flower & Produce Show 10th August 2013

1] Classes for Vegetables

- A) 3 Tomatoes
- B) 3 Onions
- C) 4 Potatoes
- D) 3 Carrots
- E) 6 Runner Beans
- F) 3 French Beans
- G) 1 plate mixed vegetables
(4 items- one of each)
- H) Longest Runner Bean
- I) 3 Shallots
- J) 3 Beetroot
- K) 2 Peppers
- L) 3 Courgettes
- M) 1 Lettuce
- N) Most curious Potato

2] Class for Fruit

- A) A plate of soft fruit

3] Classes for Flowers

- A) Sweet Peas- 6 stems
- B) Vase of mixed flowers
- C) Dahlias: 3 stems
- D) Fuchsia: a stem in a wine glass
- E) Fuchsia: flowers in a small dish
- F) Pelargonium
- G) 1 Cactus/Succulent
- H) Roses: 3 blooms
- I) House plant: 1 pot
- J) Hydrangea: 1 Head

4] Children's Classes - under 10

- A) An animal made from fruit vegetables
- B) Plants in unusual containers
- C) A4 drawing/painting/computer generated:-
My Hobbies theme

5] Children's Classes - 10 to 16

The same as 4]

6] Home made jams and preserves

- A) Jams, jellies, marmalade in a 1lb clear glass jar
- B) Chutney in 1lb clear glass jar
- C) Jar of Honey

7] Cookery

- A) 4 Decorated Cup Cakes
- B) A Quiche
- C) 3 Sausage Rolls
- D) A Victoria Sponge Cake

8] Photography

Subject:- *Golant Buildings* - up to 7" by 5" size

- A) Juniors - under 16
- B) Adults

9] Photography

Subject:- *Photograph with a Humorous Caption* – up to
7" by 5" size

- A) Juniors - under 16
- B) Adults

10] Home Brewing

- A) Wine
- B) Sloe/Damson Gin

11] Crafts

- A) Handcrafted wooden, metal or pottery item
- B) An item of needlework Patchwork, Embroidery, etc,
Hand or Machine
- C) Art, painted, collage, computer generated, any medium
- D) Complete the Limerick:
“...There once was an old garden slug...”

GOLANT HERITAGE GROUP

To those generous folk who gave donations at our inaugural exhibition last November, here is an update, partly to reassure you all that we are looking into the very best ways of spending your money!

Four of our group recently met with Tamsin Mallett, principal archivist at the *Cornwall Records Office* in Truro, and coordinator, on behalf of the *CRO*, of the now established *Archives Network* in our county. This was set up a few years ago to help and guide similar local groups to ours.

She took us through the safest ways of cataloguing, recording and sharing the researched information we've gathered in our historical quest; at present, the hard copy is in files and folders under our bed, and digital copy is on a disc!

Advice was given to us about possible grants, to boost the finances we may need to organise proper storage facilities, as well as to enable us to purchase recording equipment.

As the *Archives Network* also provides training sessions, we are well on our way!

Gillie Harris

KNITTING WANTED

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Golant Downs Maintenance Volunteers, or *The Downers*

At the moment we are concentrating on repairing and replacing the steps on the main flight that leads down from the top path to the stream. There are 50 steps to replace and we are going to add a new flight further along the path which has been difficult to negotiate in recent months. We hope to finish this work before the end of February, weather permitting.

In November we planted a hundred or so trees on the Downs in the valley above the *Sawmills*, and it is extremely disappointing to see that some of the tree guards have been mysteriously removed.

Estuarine Bird Surveys

Most of *The Downers* members are also involved with the *Cornwall Wildlife Trust* and *Friends of the Fowey Estuary*, who are co-operating to conduct surveys of local bird populations.

Recently, Claire Hoddinott, who is the *Environmental Officer* of the *Harbour Commissioners*, organized a preliminary river-born survey of the Heronries on the river, in particular one at the mouth of Penpoll Creek. We recorded 12 nest sites, and about 20 Herons in attendance. Herons breed quite early in the year, in March or even February, so it is likely that our local birds are building and repairing their nest sites now. We have also accepted responsibility for an ongoing detailed study within the one kilometre grid square that covers both sides of the river from St. Winnow Point south.

These surveys will continue throughout the year, and the results will be analysed and collated by the *British Trust For Ornithology*.

River Clean-Ups

In the late autumn David Johns organised a 'canoe clean up' of the river using his *Encounter Cornwall* fleet of canoes. A group of keen volunteers recovered 40 bin liners full of discarded refuse from the shoreline. Most of the debris consists of soft drinks bottles, beer cans, supermarket bags, discarded fishing line, etc., some of which can cause fatalities among the bird population.

He hopes to repeat this event early in the spring.

Stuart Young

Fowey Estuary News

Are you interested in your local environment? Want to get involved in surveys, conservation work or just find out what amazing wildlife can be found around us?

The Friends of the Fowey Estuary have a varied annual events programme from guided walks and talks, to practical conservation; there really is something for everyone.

Take a look at our website
www.friendsofthefowey.org.uk

Bathing Water News from the Environment Agency

Bathing waters in England and Wales now have stricter water quality targets to achieve by 2015 under the revised Bathing Water Directive.

It poses a number of challenges for local communities, government and non-government organisations. As well as improving water quality there is a much stronger emphasis on beach management and providing more information to the public.

Our aim, which you can help us with, is to have all bathing waters passing the new standards in 2015. This poses a number of challenges for all concerned as some of the problems are not easy to solve. We have been working for a number of years in and around key bathing water areas detecting and eradicating pollution. However, there is still more work to do if we are to raise the standard of bathing water quality even further.

On Saturday 9th March, *The Environment Agency, Cornwall Council* and *Friends of the Fowey Estuary* will be hosting an event from 10am – 3pm at Fowey Town Hall to talk about Readymoney Cove and the revised Bathing Water Directive.

The day will involve displays and activities to raise awareness of bathing water quality at Readymoney Cove and how everyone can play their part to make a difference. The day is free of charge and everyone is welcome. Look out for posters and leaflets coming soon. We look forward to seeing you there!

For more information please contact:
Laura Lavery - *Environment Agency Bathing Waters Community Engagement Officer* Tel: 07557631456

Claire Hoddinott



Kevin Tomlinson came to us in 2007 with *The Seven Ages of Man*, a brilliant one man show that everyone enjoyed. On **Sunday 28th April** he will be back with *Crazy Little Thing Called Love*, which is described by the *Evening Standard* as a 'hilarious, profound and heart-warming comedy'.

Ticket prices will be £9 for adults, children and concessions £7 and families £25.

Posters and flyers will appear nearer the date, but do book tickets with me on:-

01726 816454 or mikeatpolmear@yahoo.co.uk.

Mike Freemantle

TWO VILLAGE CHRISTMAS TREES



St Sampson's Church

Anyone who looked closely at the church's Christmas tree may well have wondered who had made the dozens of beautifully crafted soft decorations.

The London designer, Rachael Bromley, who created the exquisite model of St Sampson's church, and who feels such a strong affinity to Golant, is the craftswoman.

She made the first batch in 2011, as the church flowers at Christmas "always look spectacular" and she felt the tree looked "a bit forlorn", and has added many more of her imaginative decorations this year. Rachael started designing & sewing when she and Carl (and dogs!) were down in September, cutting her patterns from a dog food box, as that is all she had to hand at the time!

Rachael, having a keen eye for interesting detail, writes: "I managed to source some Cornish tartan ribbon for the snowman scarves, and had some Golant ribbon woven for the santas."

As a top designer, she has many suppliers to source the felt and trim, and adds "The diamanté crystal collars on the reindeer is a bit of left-over swarovski crystal from one of the outfits we did for the fashion section of the Olympic Games closing ceremony for a designer called Christopher Kane. It is £80 a metre, but I did keep a few scraps!"

Rachael explains that Ruth kindly supplied some old pillows with which to stuff the big round balls, which was done "after a visit to the pub, and seemed much less daunting after a few beers!"

She concludes- "I think for this year I might just buy some tinsel, although I did think a few angels, possibly an elf or two, some bells maybe.....might need a bigger tree!"



The Village Green

A few years ago, Annie & Alan Barker had the idea of raising a Christmas tree on the village green during the festive period. The idea took off and there has been a tree on the green ever since, apart from one year, I think.

Up until this year the tree, lights, cable etc have been scrounged or borrowed from willing villagers, but it was decided earlier in 2012 that perhaps the whole affair should be put on a more stable footing, and to this end some monies were raised towards providing the equipment. An application for some funding was made to the Parish Council, and the members were very generous in passing sufficient funds to pay for the lights. Other items of equipment purchased were some cabling & cable protector to cross the entrance to the car park.

It was initially thought that it would be necessary to buy a tree, but Ian & Sarah Laughton kindly donated the last suitable tree from Reay's garden, and this was duly erected a couple of weeks before Christmas by a small working party. The lights, all 900 of them, were festooned around the tree and the cable laid into Ian & Sarah's garage.

My personal view is that the tree looked very good. It was just a shame that the scheduled evening of Songs & Carols around the tree was plagued with heavy rain, but a hardy group still carried on under the covered patio outside the pub.

We may have identified a tree for next year, and hope that it will be suitable. If not, we may have to purchase one, though if anybody has a Christmas tree in their garden which they need moving next December, please let us know. We will try to raise a few more funds this year to make it possible.

Grateful thanks must go to Ian & Sarah who allowed us the use of their electricity, especially as they were not around to see the tree. Also thanks to Pete Edwards, Roger Page & Stuart Young for their assistance in digging it up and then erecting it. Some ingenuity had to be used!

EMAILS TO THE EDITOR

Dear Editor,

The old photo in the last edition of the *Golant Pill* showing the start of the 5 mile village race at the Carnival Sports (round the village is for wimps!!) produced some speculation as to where in the village it was.

We're sure the house in the background is *Waters Edge*, even if some things have changed.

In the picture, the left-hand end of the building looks like a single storey addition, which subsequently became the shop part of the house with the second door and shop window, and was made full height. (See Ed's note below).



The background on the left of the photograph looks as though it might be a building about where *Kyppings* garage now stands (that land was a field then).

For comparison, here is a photo of *Waters Edge* more recently. Peter and Reay Fuller are standing outside soon after they moved in 1978.

Ian & Sarah Laughton



Ed: The arrow has been added to pinpoint the single storey with the sloping roof, as it is difficult to see under the thick vegetation!

PANTO PLANS, PLOTS & PLAYERS

It was twelve months ago that Sue Reardon collared me to direct a Panto, and after twisting my arm continuously I agreed, so have the pleasure of directing this year's production in the Village Hall.

The Golant Pantomime this year is *Aladdin*- Oh no it isn't! Oh yes it is! And it is to be performed on 5th & 6th April.

We have a star-studded cast, with lots of new faces and some more familiar ones, who are rehearsing every Sunday evening.

We have the beautiful John Kift playing our *Dame*, who's trying to rebuff the advances of *Wisbee Washy* played by Hugh Elworthy, whilst raising her boy *Aladdin*, who is a real live wire acted by Joe Hunter. *Aladdin* is chasing the lovely *Princess Jasmine*, aka Meg Dean, with *Maids-in-Waiting* Abi Whell and Maddy-Rose Hunter, and needs the magic lamp to get rich and impress the *Emperor* and *Grand Vizier* (Sue Reardon and Estelle van den Broek). Barry Campbell-Taylor provides the contest for the lamp, as he revisits his baddy role as the evil *Abanazer* who has control over the *Slave of the Ring* (Beth Whell). He covets the power of the *Genie of the Lamp* played by guest international artist, Witold Bielarz.

You will be mesmerised by our dances from the *Chinese Babes*, including young Millie van den Broek, and you can sing along with our popular songs, being wowed by the colour and glamour from a talented wardrobe crew.

The Panto starts and ends in Golant, so you will be transported home before the final curtain, have no fear!

So come along and have a fun night by buying your tickets from Viviane Barr on 01726 832454 from March 1st.

See you in April!

Martin Whell (Director)

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Photos, including those in previous issues, can be made available on request. Obviously, the convenient way is to send by email, if you are online, so that you can make your own permanent copies, but we can print if you wish!

Gillie (Tel: 833897) or
[email golantpill@yahoo.co.uk](mailto:golantpill@yahoo.co.uk)

GOLANT OIL BUYERS

Women's World Day of Prayer

Rain, rain, rain. Doesn't it take forever to dry things out?

With all this rain, and now some winterish temperatures as well, keeping warm & dry just takes ever more energy.

If you use oil to drive your heating, now might be the moment to look at trying to keep down the costs. In Golant we have a village oil buyers group that purchases oil in bulk and thus buy at better prices than any one individual can. Average oil price is currently about 61p per litre, and looks as though it might be heading up again. This time last year it was around 58p. Coincidentally, a saving of about 3p per litre is usually what we manage to achieve, so now is the moment to freeze your oil costs rather than your toes and fingers!

The system works very simply. When people need oil they let me know, and I contact the group by email or phone to collect all the orders. We place an order and that's it. Each household has its own account with the supplier, so pays direct as normal. The more we buy, and the more households we cover, the better the deal we can get. Currently, there are about 25 of us in the scheme, but it would be good to have more.

If you want to know more and join us, just email or call me and I'll send you the details. Go on— save yourself some money right now!

Ian Laughton Tel: 01954719552 ian@laughtons.org.uk

This year's Women's World Day of Prayer Service, prepared by the women of France, will be held at St Sampson's Church on Friday 1st March at 11.30am.

Ladies from Fowey and Golant will be presenting the programme, and Bridget Whell, our local farmer and Methodist Lay Preacher, will give a *Powerpoint* presentation on France with the title "*I was a stranger and you welcomed me.*"

It was decided that this year, as the country was France, we should have a late morning service followed by a lunch of French bread, cheese, paté etc. with wine and non-alcoholic drinks. Fowey Ladies have kindly agreed to provide the majority of the refreshments.

So do join us, along with women throughout the world, for our service- you will indeed be very welcome.

Janet Gore

Some extracts from Church bulletins (with ladies in mind!)

- The ladies of the church have cast off clothing of every kind. They can be seen in the basement on Friday afternoon.
- The pastor would appreciate it if the ladies of the congregation would lend him their electric girdles for the pancake breakfast next Sunday.
- Ladies— don't forget the rummage sale. It's a chance to get rid of those things not worth keeping. Bring your husbands.

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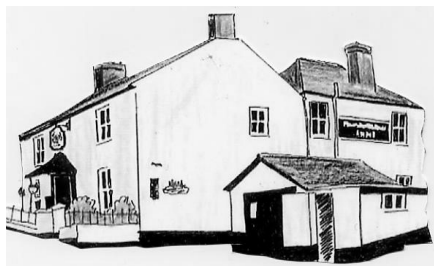
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GOLANT BOAT OWNERS' ASSOCIATION (Boatwatch)

Timely Reminders:

I know it is early in the season and probably too soon for most of us to even think about the boating season to come, but even now, in darkest January, we have already suffered ongoing crime in our area, just down the river at Penmarlam! So continued vigilance is still necessary, even in the winter months!

Quiz Question:

When the Police recover an outboard engine (presumed to be stolen) from a third party (i.e. a suspected criminal)..... who eventually gets the engine if the rightful owner cannot provide evidence of ownership?

Answer:

The suspected criminal! And the lesson here is obvious: You must be able to prove ownership, or the goods stay with the current holder, even if that is a suspected criminal!

So how do you prove ownership?

1. Record the all important serial number from your engine (and know where to find it if required).
2. Photograph your boat and engine and keep the photographs on file.
3. Mark your boat and engine with your identity (your name or postcode or telephone number) somewhere for the Police to find it. Use a special security marker if you have one or see me.
4. Replace your outboard cover with one of the loose covers marked up with Police branding. (Linda Thomas, our local PCSO, can let you know how to obtain these).

New Year.....New Members:

The best time to become a member of the GBOA, is now! Why? Because we shall shortly be sending out letters inviting members (and their guests) to our Annual Spring Get-Together, which signals the start of our boating season proper.

We shall (as in previous years) have a full sit-down evening meal in the Village Hall, and an opportunity to buy a raffle ticket for a signed David Parry print, so generously donated for the Association. As is said elsewhere (I understand) "You have to be in it, to win it!"

So if you would like to help maintain a watching brief of our river and enjoy the social events that form part of our year, then simply call me on 01726 832246 or e-mail me at david.jenkinson7@gmail.com

You will be most welcome!

David Jenkinson
Chairman GBOA

GOLANT QUAY USERS' ASSOCIATION

I can report that *South West Water* are going to start work to replace the outfall pipe on 1st March with completion by 31st March, the Easter weekend.

The work will involve digging alongside the existing pipe from a trackway they will install across the mud. The work will be done in sections as they have to concrete over each length as they install it. The digger obviously has to come out of the Pill every evening and they can only really work in Spring tides when the water goes out sufficiently to allow access.

They plan to 'hire' some car park spaces for storage and utilise the slipway by the *Rowing Club* to get in and out of the Pill. They can only work when there is no water below the bridge and 'boaters' can only use this area when there is water in, so a conflict shouldn't occur (famous last words!!). *SWW* will buoy anything that they have to leave out above normal ground level, like trench side forms.

I have asked that when they finish that they leave the stream running straight out to the river instead of the meandering course we currently have.

There is also a possibility that they will replace the new exposed pipe that goes across the stream just north of the bridge, because they fear it will become brittle in time. This would involve a few frape positions being temporarily removed, and I will keep those members affected informed if this work proceeds.

SWW have also informed us that they have approved £50k worth of work for 'sewer rehabilitation' – whatever that is – along the foreshore to 'better protect the pump station and that work should also start in March/April'. No other information is yet available for that work yet but it looks as though we will have more disruption in the village in the Spring.

Otherwise there is no other news, but do look forward to a dry and sunny spring, as optimism must prevail.

Peter Edwards, Chairman GQUA

POLICE

To contact the **Police**, please take note of the new number in the box, (*right*), which you should now use in a **non-emergency** situation.

New non-emergency number 101

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For example:

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If anyone spots a problem on the river, please contact one of the following:

- ▶ Harbourmaster's Office 01726 832471
(*Out of hours transferred to Duty Officer*)
- ▶ David Jenkinson (GBOA) 01726 832246

OGGY! OGGY! OGGY! OI! OI! OI!
The Oggymen are coming!!



Mark **February 16th** on your calendar or in your diary NOW because *The Oggymen* are coming to Golant on that day!

Up at St Sampson's Church we shall be hoping for a huge audience to turn up to enjoy a **Cornish Evening**. *The Oggymen* will be joined by none other than our Cornish Bard, *John Jenkin*, who will be relating one of his very own original Newlyn tales.

Who are *The Oggymen* you ask? They are an up-and-coming group of talented young men (most of them!) from the Falmouth area who delight in singing traditional Cornish songs in three-part harmony.

They are passionately aware how the Cornish have always proudly expressed their loves, beliefs, hopes & fears through music. Songs bridge the past & the future. Some relate the hardship suffered by miners & those in peril at sea. Others reflect on the laments of those who have ventured to other countries to find work (cousin jacks) & who still long to see their families & beloved duchy again. Fathers still sing in male voiced choirs, friends & relatives sing after boat & gig races & then down at the pub! But, sadly, singing is heard less these days across the duchy; the group lament the loss of these powerful reminders about the past life of the Cornish.

The programme is not yet available but I'm hoping that established favourites such as *Lamorna* and *Trelawney* will be included. Modern Cornish composers/poets feature in their repertoire particularly Harry 'Safari' Glasson. There may be some gentle risqué humour, perhaps, in some songs like *The Romance of Derby & Joan* and *Lady Chatterley*.

I thoroughly enjoyed hearing the group sing a few months ago in the pub at the village of Devoran, where I grew up. I was especially moved by a song about the loss of the Mousehole lifeboat in 1981, *Solomon Broune*, which expresses so well the grief & resilience shown within that little community.

John Jenkin needs no introduction to most because he lived in Golant for over twenty years & comes back for various village events. He is regarded as '...one of our great contemporary Cornishmen...' In 2012 he made two sets of CDs. One was called *Crowst Time Tales* & he will be telling one of those stories on **February 16th**.

So, come along for a great entertaining evening! It will start at **7.30pm**. **Tickets (£7.50)** on sale at the door or from Penny White (01726 832315). Drinks & refreshments will be available. Also, CDs of both *The Oggymen* and *John Jenkin* will be on sale.

MGH

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Please note that the **Copy Date** for the next issue is:

Saturday 23rd March

Articles, letters & news can be sent by email: golantpill@yahoo.co.uk

or placed in the postbox at the bottom of the drive to **South Torfrey Cottage**

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And Joy Come to Your Jolly Wassail!

“We hope that your apple trees prosper and bear, that we may have cider when we call next year!”

What a jolly group tramped through the mire this year, much to the puzzlement of some passers by – especially at the sight of our own Jolly Green Man (Maurie) who leads the proceedings.

Hopefully we will have done the business for at least four orchards- Mike and Gillie’s, Kay and David’s, Caroline’s and Stuart and Pam’s, and that this good cheer will permeate through to the village apple trees in general and we’ll have a much better harvest this coming season!

For those of you still wondering what Wassailing is all about, it is an old custom, traditionally performed on Twelfth Night, but hey, we like to be a bit different in Gollant, and find New Year’s Day as good a time as any!

It’s all about *encouraging* new life and the New Year. The idea is to *encourage* the apple trees by feeding the roots of the master tree in the orchard with some of last year’s cider (my dog was very puzzled by what the Jolly Green Man was ‘sprinkling’ on the base of the tree and had to go to ‘inspect!’); then to *encourage* the birds who look after the trees by eating the



GMH

insects, we leave them some cider-enhanced toast, before chanting an *encouraging* rhyme.



RG


Some of the 30 or so folk who braved the boggy conditions

Finally, much clamour is made by banging whatever comes to hand in order to wake up the trees and drive away evil spirits! We toast the trees with a cup of cider and sing our increasingly merry way to the next orchard!

Of course, it is always good form to finish off the proceedings with a jug of good ale at the *Fishermans Arms!* Hence the verse in the song “We hope that your barley will prosper and bear.....”!

Why not join us next year, and if you’ve got an orchard to be wassailed – we’ll be there!

Penny Parsons



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Golant Gleanings

APOLOGY

In the previous issue we missed congratulating John Kift on nearly reaching his seventieth year. Sorry, John! Looking forward to seeing you star as the Dame at the village hall in April.....

John writes: "Thanks to all the very kind people who sent me cards and presents for my birthday. It was very kind of them, and I very much appreciate their kind thoughts."

We understand that Judy Harrison is looking forward (?!) to reaching the same goal in February.....

WELCOME

It was good to see Chris & Paul, who live at *Sky Cottage*, at the *Meet & Greet* in December. They are now living full-time in Golant.

ON THE MEND

Dorothy went into Fowey Hospital with a very painful back, fell badly and broke bones in the pelvic area. After quite a spell in hospital she is home again & progressing well.

THANKS

Thanks to Richard of *Shipmates* in Fowey, who on coming to make his daily deliveries on a particularly icy morning, not only gritted with salt the lane from Castledore down past *Leyonne Farm*, but also some of Church Hill. He then proceeded on foot to deliver papers and groceries to his Golant customers around the village! This is the second year Richard has done this. How's that for local service?!

IN MEMORIAM

Heather McDonald's ashes were interred with her husband's in the churchyard at St Sampson's. Nearly thirty people attended the short service which was led by the Reader, Wendy Earl.

Brian Longman has died after a long illness. Our thoughts are with Janet & family at this sad time. Janet has always been so full of praise for the care & dedication of all the staff at the Care Home where Brian spent his final years.

SOME CHEERING NEWS

Two families are looking forward to weddings in May and June: a grandson of Pat Robins & a granddaughter of Lorna Vivian are both busy planning their marriages which will be solemnized at St Sampson's Church.

Please ring Penny Parsons (832727) for details of Belly Dancing/Zumba classes

THE GOLANT WEBSITE

Find us at golant.net

St Sampson Parish Council

The Parish Council meetings at the beginning of December and January, and the end of January meeting were dominated by Cornwall Council's decision to cease running the public toilets. The Parish Council has requested that the freehold of the car park be given to the Parish Council under the transfer of assets scheme, and also requested the freehold of the public toilets. Such an arrangement might make it possible to run the disabled toilet while leasing out the rest of the building for storage. We feel that the freehold of the car park is an essential prerequisite, as without the certainty of this income it would not be feasible to maintain the toilet facility.

There are still many uncertainties, and, of course, Cornwall Council has to examine the car park lease before it will make a decision, but we hope to have a response before our February meeting. **This will be on Tuesday 26th February, at 7.15 pm, and I urge villagers who would like to express their views to come along then.**

We shall allow half an hour for the public participation, but I must stress that once the council meeting begins the public cannot take further part in the discussion. On the one hand it is desirable to maintain a public convenience, but on the other hand any solution must be affordable and sustainable in the long term. My thanks to Cllr Hunter for pursuing this matter with Cornwall Council.

I am pleased to report that *Highways* have finally cut the *Hybadore* hedge, and cleared most of the drains, but we are all aware of the parlous state of our roads. Please do report the potholes yourselves – there is a County Council website from which you can go to *Highways* and make your report. Weight of numbers seems to count!

The Parish Council sent in its response to the appeal for wind turbines at *South Torfrey Farm*, and my thanks to Richard Strode especially, and Stuart Young and Barry Campbell-Taylor for their help with this. Your council also resolved to repair the 'wobbly walk' (I have no idea what the correct term should be!) and the climbing rope in the playground, and we are also looking at either replacing the chippings or buying more rubber mat – whichever is the most cost effective.

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South West Water have funding to replace the outfall pipe and also repair some laterals.

We are purchasing new signs for the car park, and we were delighted to learn that there will be fireworks this November, and we have given £150 towards this display.

I look forward to seeing some of you on Tuesday 26th February.

Simon Funnell

The Golant Pill Production Team

Editor	Mike Harris	833897
Treasurer/Advertising	Robert Dunley	832807
Art/Graphics	Karen Wells-West	832104
Typesetting/Graphics	Gillie Harris	833897
Distribution	Jacky Fletcher	832615
Parish Diary	Janet Gore	832425
Production	Sheila Funnell	833343
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Additional £15 for colour and £10 for any alterations made during the year

Please send your artwork or copy as required together with an appropriate crossed cheque made out to '*The Golant Newsletter*' to Robert Dunley, Rose Cottage, Golant PL23 1LD or telephone 01726 832807 for more information.

Artwork/Copy may be e-mailed to
golantpill@yahoo.co.uk

News from St Sampson's Church

Usually the congregation on the Sunday after Christmas is small but not so this time! At the morning service on December 30th, Kay Taylor and her younger son, Hugh, were welcomed into the Church by receiving Holy Baptism and were supported by a large group of family and friends. It really was an uplifting way to end 2012! A lively party followed in the village hall- a fitting way to celebrate a special occasion with family & friends.

A few people have asked why the crib was not taken down together with the tree, candelabra and so on. The arrival of the three kings is not celebrated until *Epiphany* (January 6th); the figures of the kings are not placed in the crib until that day. Traditionally the crib is dismantled at *Candlemas* (February 2nd).

The current Electoral Roll will be annulled in this quarter; this happens in all C of E churches every six years. All people in our parish who are on the present list will be contacted and invited to appear on the new roll. Please be sure to return the form promptly!

The 2013 roll must be completed & displayed in time for the Annual Parochial Meetings which will be held in church on Sunday, April 21st after a short Evensong (6.00pm).

Ash Wednesday marks the beginning of Lent & falls on February 13th this year. A said Holy Communion will be held at 7.00pm.

We alternate venues for services each year with Fowey on the Thursday & Friday in Holy Week. This year there will be a service at 7.00pm at St Sampson's on *Maundy Thursday*; on *Good Friday* there will be services at Fowey at 9.30am (Family) and at 12 noon (Seven Words from the Cross).

We shall be holding a *Flower Festival* in church on May 8th-12th, as part of the *Du Maurier Festival*. The theme will be: *The Life and Miracles of St Sampson*. I'm sure that this festival will be as stunning as the last one in 2009, when *The Legend of Tristan & Iseult* was depicted.

Offers to undertake one of the arrangements (you could work in pairs), or just to help in any way, would be gratefully received by Ruth Varco (833319). Penny White (832315) will be organising sponsorship, which is a vital element in such a costly event! Many sponsors of the last flower festival chose to do so in memory of a loved one.

A fair number of visitors from the UK & various countries across the world visit our church investigating ancestors. To help them in their research, the churchyard plan has been updated once again by Gillie Harris, framed & hung on the west wall. Many thanks to *Stable Art* (page 7) who suggested the fitting of a special backing to the framing to combat moisture. A working folder containing Alphabetical & Numerical Lists of graves hangs on the wall below the plan.

A future date to note: June 14th Safari Supper

Mike Harris

CHOIR NEWS

Advent and Christmas are the most demanding and busiest times of the year for the choir. We all sense the anticipation and excitement of the Christmas festival. Our choral music for that period is often descriptive, uplifting, hopeful, enriching and so very enjoyable.

Our candlelit **Advent** service included a mixture of choruses and solos from G F Handel's *Messiah*, along with hymns and readings, reflecting the preparation for the coming of the promised Messiah. Would the programme all hang together? Would it appeal to the singers and congregation? We were not to be disappointed.

The choir sang three demanding choruses with great energy and enthusiasm. *Comfort Ye My People* was sung beautifully by Ewan Cameron; Tauniua's performance of *He shall feed His flock* was sublime; Simon's rendition of *Thus Saith the Lord* almost shook the walls of the church! It was a good performance by all. Special thanks go to Mike Harris, for being so patient with us during rehearsals, and who played from an almost illegible score in the candlelight!

As Christmas approached, I became increasingly worried that the congregation for our **Christmas Eve** carol service would be greatly reduced, since many residents were going away for Christmas. Would we fill the church? Would we even need the extra chairs put out down both aisles? I need not have worried. The church was packed. The atmosphere was wonderful.

The choir, augmented by family and friends, sang so harmoniously and confidently. The congregation sang eight well-known Christmas carols extremely lustily. It was a truly memorable occasion. My thanks go to all choir members who produced such a polished and sparkling performance. Many thanks to Mike Harris for accompanying so beautifully, as always.

Music enriches the senses. What could be more uplifting than singing on Christmas Eve in our church of St Sampson, with wonderful organ music, bell-ringing, candlelight, beautifully decorated Christmas tree, the crib in front of the altar, the flowers, and above all, a huge congregation all participating in the celebration of Christmas?

Sheila Funnell

Church Flower & Cleaning Rota

3rd & 10th February	Penny & Viviane	
17th & 24th February	Judy & Cynthia	<i>Lent</i>
3rd & 10th March	Kate	<i>Lent</i>
17th & 24th March	Jacky & Trish	<i>Lent</i>
31st March	Ruth & Gill P	<i>Easter Day</i>

ST SAMPSON SPRUCE UP!

On Saturday 2nd March at 10am we are having a **Spring Clean** of the church, and offers of help would be gratefully received!

Please contact **Valerie Russell** (Tel: 833072)

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UNCLE JOHN'S GARDEN PATCH

Gardening Tips For February & March

The Waswailing experience on New Years Day was well attended, and those present entered into the spirit of the occasion (helped no doubt by the liberal consumption of fine mulled cider supplied by the owners of the orchards we visited). This resulted in us making enough noise to frighten any evil spirits back to England, where they no doubt came from!! So, all being well, this year's crop should be a brave brammer.

I don't know about you, but I am getting just a mite tired of getting wet. I despair of ever being able to get any ground turned over without it clagging up the shovel, and this leads nicely into the second part of growing onions.

Onions require ground that has been dug deeply and given a good dressing of compost for many seasons. They are one of the very few crops that can be grown on the same site year after year, and not seem to suffer for it. Get a good tilth, and put the rows about 18 inches apart, with the onions about 6 inches between in the rows. Keep the soil around the onions firm because they don't like their roots being disturbed. The onion has an amazing root system, and for its size it is one of the deepest rooted vegetables, so don't hoe too close; better to hand weed. Keep well watered and give plenty of food as they are a hungry crop.

Time to get the seed potatoes set out in trays to sprout, making sure they are well away from any frosts. Egg trays are ideal to set them out in, sitting with their eyes facing upwards so they can put out their cheens. Make sure they are placed in good light, not sunlight, so the cheens are not long and spindly.

Try also a few earlies grown in a large tub or dustbin set up in the greenhouse, for a first digging of potatoes before any grown outside.

Nort

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Auntie Paddy's Recipe Corner

Another winter month is nearly here, and now the evenings should be getting lighter. We still have some winter left before the better weather starts. Here is a recipe for a Valentine's Day dinner, either as a starter for four people or a bigger portion main course size for two.

Alastair and Anita, who are friends of Vilma & Robert, and great supporters of all activities in Golant, have sent this recipe.

SEA TROUT BALLOTINE

Ingredients

2x200g/ 7oz Sea Trout Fillets (skin removed)
 About 50g/ 2oz finely chopped mixed fresh Herbs such as Parsley, Tarragon & Mint, or even Oregano, Coriander & Basil (not all of them, but a selection of your choice)
 2 Gelatine Leaves, soaked in cold water till soft, then drained
 Seasoning

Method

1. Place the trout fillets skinned side up and head to tail, side by side on a tray. Lightly season.
2. Press the herbs onto each fillet.
3. Pressed the squeezed out gelatine onto one of the fillets, then place the other fillet on top so that both are still head to tail.
4. Roll the combined fillets up.
5. Using cling film, roll the fillets into a tight sausage shape and twist the ends to seal tightly.
6. Poach gently in a pan of boiling water for 15 minutes, then drain and leave to chill overnight.
7. Remove the cling film from the ballotine, cut into thickish slices, and serve.

As a starter, all that is needed is some thinly sliced bread and butter and a slice of lemon. As a main course, small potatoes and a salad or asparagus make a good accompaniment.

Cook's tip: Fillets should be fairly thin or you will find them very difficult to roll up!

Paddy Shelley

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £10.00 (£15.00 overseas) to have the six issues per year of **The Golant Pill** sent by post.

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CALENDAR OF VILLAGE EVENTS

FEBRUARY

Sunday 3 rd	9.15am	Holy Communion (<i>Candlemas</i>)	St Sampson's
Tuesday 5 th	8.00pm	Quiz Night	Fisherman's Arms
Saturday 9 th	7.30pm	Curry Evening <i>Booking essential- Vilma: 832807</i>	Village Hall
Sunday 10 th	9.15am	Holy Communion (Choir)	St Sampson
Tuesday 12 th	8.00pm	Euchre Evening	Fisherman's Arms
Wednesday 13 th	9.50am	Mobile Library	End of Green
Wednesday 13 th	7.00pm	Holy Communion (<i>Ash Wednesday</i>)	St Sampson's
Thursday 14 th	7 for 7.30pm	Valentine's Evening <i>Booking essential- Ann-Marie: 832453</i>	Fisherman's Arms
Saturday 16 th	7.30pm	The <i>Oggymen</i> Singers (<i>see page 11</i>) <i>Tickets from Penny White: 832315</i>	St Sampson's
Sunday 17 th	6.00pm	Evensong	St Sampson's
Tuesday 19 th	8.00pm	Quiz Night	Fisherman's Arms
Thursday 21 st	1.00pm	Thursday Kitchen	Village Hall
Sunday 24 th	9.15am	Holy Communion (Choir)	St Sampson's
Sunday 24 th	4.00pm	Afternoon Tea	Village Hall
Tuesday 26 th	7.15pm	Parish Council Meeting (<i>see page 14</i>)	Village Hall
Tuesday 26 th	8.00pm	Euchre Evening	Fisherman's Arms
Wednesday 27 th	9.50am	Mobile Library	End of Green
Thursday 28 th	1.00pm	Thursday Kitchen	Village Hall

MARCH

Friday 1 st	11.30am	Women's World Day of Prayer	St Sampson's
Saturday 2 nd	10.00am	Spring Clean (<i>HELP!</i>)	St Sampson's
Sunday 3 rd	9.15am	Holy Communion	St Sampson's
Tuesday 5 th	8.00pm	Quiz Night	Fisherman's Arms
Sunday 10 th	9.15am	Holy Communion (Choir) (<i>Mothering Sunday</i>)	St Sampson's
Sunday 10 th	From 12 noon	Mothering Sunday Lunch (<i>Booking advised- Ann-Marie: 832453</i>)	Fisherman's Arms
Tuesday 12 th	8.00pm	Euchre Evening	Fisherman's Arms
Wednesday 13 th	9.50am	Mobile Library	End of Green
Thursday 14 th	1.00pm	Thursday Kitchen	Village Hall
Sunday 17 th	6.00pm	Evensong	St Sampson's
Tuesday 19 th	8.00pm	Quiz Night	Fisherman's Arms
Friday 22 nd	7.00pm	Boat Watch: <i>Spring Get Together</i>	Village Hall
Saturday 23rd	Copy Date	<i>The Golant Pill</i> golantpill@yahoo.co.uk	
Sunday 24 th	9.15am	Holy Communion (Choir) (<i>Palm Sunday</i>)	St Sampson's
Tuesday 26 th	7.15pm	Parish Council Meeting (<i>The public is invited to take part until 7.30pm</i>)	Village Hall
Tuesday 26 th	8.00pm	Euchre Evening	Fisherman's Arm's
Wednesday 27 th	9.50am	Mobile Library	End of Green
Thursday 28 th	7.00pm	Holy Communion (<i>Maundy Thursday</i>)	St Sampson's
Sunday 31 st	9.15am	Holy Communion (Choir) (<i>Easter Day</i>)	St Sampson's
Sunday 31 st	2.00pm	Egg Antics etc.	Fisherman's Arms

APRIL

Advanced notice for Pantomime (see page 8): Friday, 5th and Saturday 6th
Tickets from Viviane Barr: 832454.

If you have any item you wish to be entered into this Calendar of Village Events, please contact Janet Gore (832425), the Parish Diary Member of our team, by the Copy Date shown on this page of the newsletter, & we will try to include it.