



The Cormorant is flying!!!



Who is this villager enjoying a perfect place for a coffee?!

A Village Facility

The Cormorant Hotel has opened again after a six month closure for extensive refurbishment. We were shown around this week by Mary Tozer who took over the hotel last July. It is apparent that Mary sets herself high standards and has been prepared to wait for all the work to conform to those ideals. A few workmen are still on site but the hotel is up and running.

Mary is keen to spread the word that the hotel is open to villagers and other visitors for dining. A new decked balcony or the grassed area which has a new balustrade are ideal spots to sample the varied

menu and revel in the panoramic view of our estuary. Until all of the work is complete, light lunches are available on Saturdays & Sundays only. Morning coffees & afternoon teas (with sandwiches, cake, homemade scones etc) can be served every day. I liked in particular the choice of teas which even includes one of my favourites- organic white tea. The lunch menu includes a variety of fish dishes as one would expect and, as far as possible, ingredients are sourced locally.

The swimming pool will be refurbished next but this will take many months. Mary is keen to open it up for use by villagers and is already forming ideas on how this can be done successfully.

From the Editor

The response to the second issue of your Newsletter has been as positive as the first. We are most grateful to the generous donations which have been received so far. I can only stress that donations do not need to be large to be helpful to this enterprise- a few pounds will be appreciated. These can be handed to members of the Production Team or posted through the letterboxes of Mimosa Cottage or at the bottom of the drive to South Torfrey Cottage. Please mark envelopes 'For Golant Pill.' Unfortunately, the applications for a 'Start Up' grant have not proved to be as easy to resolve as we were led to believe. We are following up suggestions from readers and others and are confident that we shall be able to buy the equipment required in due course. Meanwhile, we shall carry on printing with our present resources which is time consuming but, I am sure you'll agree, of very good quality. I am pleased to note that a few people have taken out subscriptions for future copies of the 'Golant Pill' to be sent to them or a relative (one is going to France).

I welcome the first 'Letter to the Editor' – see page 3 for Stuart Young's quest for an answer to a boating puzzle & the contribution of Nita Fuge who will be reporting regularly (I hope!) about her hobby of growing fuchsias.

The pictures of Golant 'Then & Now' have created great interest. I am grateful to those who have lent me postcards and given information. If they haven't been used this time, they soon will be, I'm sure! Graham Eastlick has lent me a couple of postcards featuring views of Golant, one of which he found in a covered market in Cirencester, and I plan to feature these, together with Graham's comments, in a future edition.

Interestingly, we have received many remarks about the usefulness of the Calendar (Parish Diary) which is placed purposely on the back page. We are anxious that organisations in our village should feel free to use this to publicize events; merely get in touch with Janet Gore and give her dates, times & other details.

In the next issue we shall be looking forward to the Carnival, Sports & Raft Race. I trust that the dates of that weekend are already booked in your diary.

Why not join us at the Salad Kitchen which takes place in the Village Hall each Thursday (12noon-2pm)? It's a bargain to get a salad, sweet/cheese & biscuits plus coffee for £4 (to say nothing of interesting chats with friends) - no wonder it's such a success. Well done, Paddy & Vilma!

'Pill'

Personally, I haven't come across the word 'Pill' outside Cornwall for a stretch of water. John Jenkin, our Cornish Bard, thinks that it derives from the very common Cornish 'pol' = a pool/inlet of water. Webster's dictionary states that it is from the Anglo-Saxon 'pyll' meaning a pool or a creek (local, England and Wales). The late John Fenwick in his book 'The Parish of St Sampson' quotes from one John Leland (c 1540): "...From Gullant (Golant) to Lantian Pille or Crek (is) about half a mile..."

Mike Harris

'Golant Pill' Production Team

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The Editorial Team reserve the right to reject material or comments considered to be inappropriate or offensive.

Please note that the Copy Date for the next issue is:

Friday, July 20th 2007

Articles & letters can be sent by email

golantpill@yahoo.co.uk

or placed in the postbox at the bottom of the drive to South Torfrey Cottage

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A Letter to the Editor

Can I, through your illustrious organ, appeal for help in a little matter concerning a curious piece of Golant's past. By chance I have obtained a copy of a little book bearing the title 'Cruising in "The Kid"' by "Nautic", RN (Rtd). It tells the story, in youthful doggerel, of amongst other items a trip from Babbacombe in Devon (North of Torbay) to Golant in a small open boat, apparently just prior to the author's wedding day. The book was printed by W.J. Cory, Printer, Station Road, Fowey. It was found in a secondhand bookshop near Milton Keynes and by amazing coincidence bears the dedication to Mr & Mrs Hoit who lived in Riverview Bungalow, Golant, now Angela Forsyth's house. The message in pen is 'Please accept this little brochure(?) with the compliments of the Season, the Author.' and the date Xmas '21. The fly leaf is embossed with the bungalow's address and believe it or not the same telephone number that Angela now has! (Bar all the STD codes of course).

Here are the opening lines, in shuddering rhyme:

Clinker built, length fourteen feet,
Drop keel, jib, lug, rig complete,
Sprightly as namesake, "The Kid",
Giving Sport to me as Cid!

My wedding day, from mating,
Here log the separating,
With dog as chum for the trip,
To cruise in my dinghy-ship!

With punt, "The Nipper" in tow,
And with the main sheet aflow,
To Babbacombe said "Goodbye!"
Away to Golant did hie.

And after several pages recounting his passage along the South Devon and Cornish coasts, he winds up:

On the port hand pass the old saw mill,
Then to starboard, Penpoll Pill,
"Golant" in huge letters see,
Anchored abreast in great glee.

From Thursday, two-thirty pm
To Saturday, five-thirty am
This sea jaunt fair and aslant,
From Babbacombe to Golant.

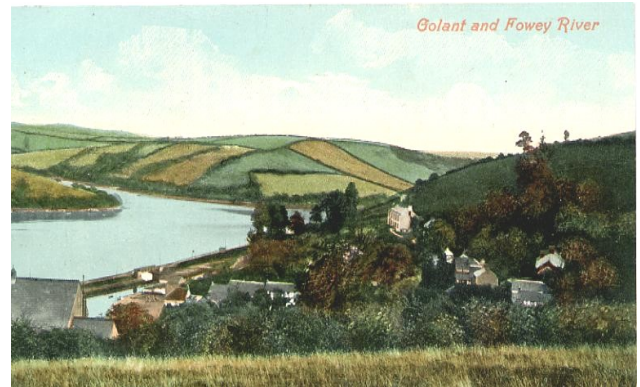
To be fair, 70 miles in 39 hours is not a bad time at all in a fourteen foot open boat, towing a punt, with a dog to care for too, so he was obviously a very competent sailor. The book contains other items of local interest and I am considering reprinting it, but can anyone tell me more about "Nautic" RN, his boat and his voyage, and his connection with Golant and the Hoits?

Stuart Young, Appletrees, Golant

This is another old postcard from **Jimmy Fisher's** large collection. If you wish to get in touch with him regarding old local photographs and postcards, you can contact him at:

23 Moorland Road, Par (tel. no. 01726 813810.)

It's well worth trying to compare this past view of Golant with that of today. Can any reader shed light on to exactly where this photograph may have been taken? Is it Harry's Field?



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Village Hall Committee Report

The Village Hall AGM was held in April with seven people (apart from the committee) attending, who were warmly welcomed by the chair, Siobhan Harper.

Firstly, Siobhan outlined the events of the past year. Carn to Cove had given us some excellent shows and thanks were expressed to Mike Freemantle for all his hard work in arranging these. The Golant Revue had proved extremely popular and Simon Funnell and his team are to be congratulated in putting together an excellent and varied programme. What a delight to see the children taking part!

Thanks were expressed to Sue Strode for her years as Treasurer and Sue Reardon was welcomed as the new Treasurer.

The Secretary gave a breakdown of bookings for the village hall. A welcome addition to the regular bookings had been the farmers market/soup kitchen and, now for the summer, the salad bar, run by Paddy Shelley and Vilma Dunley. These two ladies produce superb meals at very reasonable prices and, in addition to the regular rent they pay, have donated £500 to the village hall roof fund.

Sue Reardon gave her financial report. The present income from investments and lettings barely covers costs. Fuel bills and insurance are high, plus this year we had to purchase new fire appliances. Each year we have to have our electrical appliances tested, known as PAT testing, and every 5 years a PIR –Periodic Inspection Report (this was done this year). This meant upgrading our electrical appliances to comply with current legislation. The total cost of this, including the cost of the tests themselves, was £1,500.

At the committee meeting which followed the AGM it was felt appropriate that we raise the fees for the hire of the hall. For regular village bookings it will remain at £10 per session. For private functions, £20 per session or £30 for day and evening will be charged. I'm sure you will agree this is still good value.

Sue said that £3,389 had been ring fenced for the village hall roof. She is also working hard applying for grants as the total cost for the roof will be £8,500 +VAT. We must thank Peter Edwards for all the time and effort given to research and getting quotes etc. Peter produced a very comprehensive report, recommended that we use traditional methods and suggested that we accept the above quote from 'Lostwithiel Roofing'. This will involve taking

off all the existing slates, re-using the sound ones and buying any extras. The cheaper option of spraying foam to the underside of existing slates was discounted. From the research that Peter did and following a particularly damning report on the TV programme "Watchdog," it was a non-starter. Another issue is the fact that we have bats in the roof- two types, namely, the Long Eared Brown and the Pipistrelle. Because of their presence a special licence has to be applied for in order to take the current roof off.

We are delighted to be working in conjunction with St Sampson's Church PCC on the Cream Teas and Hog Roast/Barn Dance to be held on Sunday 17th June at Bellscat. It was kind of the PCC to invite us to share both the work and the profit for which we thank them.

Janet Gore

Upper Downs Thanks

I'd like to say a big thank – you to the 'select' band who turned up to help with the Upper Downs Work Party recently. The 4 of us, Barry and Judith Campbell-Taylor, Richard Gabb and me set to with a will to clear various fallen trees, dead branches and generally made sure all was cut back to a safe distance from the path. If you have not had a chance to walk this path, do give it a go soon – the views over the river from the top of the Downs are really lovely.

Sue Reardon

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GOLANT BOAT OWNERS ASSOCIATION (BOAT WATCH)

Unfortunately, our Spring Get-Together planned for April 14th had to be cancelled as it turned out to be too late in the season for many people. However, it is hoped to hold a similar event in the autumn.

It is sad to have to report that there have been a number of incidences recorded on our stretch of the river. These include a dinghy that was moored off the quay which was cut in half, the new warning notice screwed to the wall of the quay was removed and the replacement notice defaced. Particularly annoying for 3 owners was the theft of the bow rollers from their boats. One of these was custom made and not easy to replace. Is it really boat owners stealing from other boat owners? We understand that these thefts happened in broad daylight indicating that we should all be vigilant at all times.

The mystery of the moorings remains unsolved. A short while ago a boat owner's mooring disappeared totally i.e. buoy, chain and sinker. Where could it have gone? Who could have taken such a heavy load and how?

There was also an attempted break in at the Boat house which is under construction by the quay. The padlock was cut off at the entrance and the front cover was damaged. Fortunately the additional security prevented full entry.

From the above it is obvious that Boat Watch is necessary and the more volunteers we have the more effective we will be. It will only take a few hours of your time occasionally. If you wish to help, please contact **Robert Gore**. (01726 832425)

POLICE CONTACT NUMBERS FOR INFORMATION

NBM Golant / Fowey / Lostwithiel / Luxulyan / Lanlivery
08452 777444 - Police Central Switchboard - advice & reporting non urgent incidents/crime
'999' - Urgent police assistance (offenders still present or life/death situations)
0800 555111 - Crime Stoppers - To pass anonymous information.
Email- tim.rose@devonandcornwall.pnn.police.uk

GOLANT QUAY USERS ASSOCIATION

As previously reported, Quay Users has been required by its Insurers to introduce a greater awareness of the need for Health & Safety on our property. This followed the unfortunate accident when Gwenda tripped and broke her hip. That was last September and she is only mobile now with the aid of sticks.

We have put up signs as recommended by the Health & Safety specialist we employed to warn the public of the possible dangers. Unfortunately some heartless soul has taken it upon themselves firstly to remove them and then to deface one of them. I have asked for the person who objects to these safety signs to ring me to discuss their objections but, as you might expect, the person is not prepared to. Be it upon their conscience should there be another accident.

None of us likes signs and the Quay Users committee has discussed the topic at length, but we have to comply with the instructions from our insurers who have already increased our premium by 70%.

On a happier note, the boating season is upon us and owners have been busy getting their craft ready. The joys of boating- to spend hours and pounds preparing, only to have the current frustration of looking out of the window at the rain falling in monsoon type proportions.

We have been advised by Railtrack that major bridge repairs are planned for the Golant Pill Bridge. Currently they are out to tender for the work and discussions with GQUA are expected in June when the contractor is appointed, with the current thought that work will start in October 2007. We will update the news when we know more.

Peter Edwards, Chairman

PLANT & BOOK SALE THANKS

A big 'thank you' to all those who contributed in any way to our sale- to those who made cakes, grew and donated plants, gave books or made items for sale. Last, but not least, many thanks to the goodly crowd who came to buy. A profit of just over **£500** was made, a wonderful amount, gratefully received to boost the Village Hall Roof Appeal. There were some attractive 'plate gardens' made by the children, some of whom planted sunflower seeds; a competition for the tallest flower will be held at the Carnival. **J.Gore**

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For an informal chat please contact me on:

Tel: 01726 832104 (answerphone)

Mobile: 0797 3913137

Email: karenhamnett@hotmail.com

EASTER 'EGG' SUNDAY: April 8th 2007

Well, I don't remember an Easter like it! Wall to wall (or should it be dawn to dusk?) sunshine and, although there was a fairly keen wind from the north, everybody seemed to be full of the joys of spring and looking forward to getting their boats, and probably themselves, into the water.

It was in the middle of a long sunny and dry spell and I was told that a few of the young boys had already ventured into the water from the quay – the signs weren't up by then! Just the day for the, by now traditional, fun and games in the grounds and surrounding roads of the Fisherman's Arms. These were organised by the Golant Firework Team and thanks have to go to Pete the Plasterer for his muscle and voice and to Gail and Suzanne for selling raffle tickets for prizes that were donated by Tony & Amanda of the pub. Over £100 was raised towards this year's fireworks so it is already looking good for another spectacular display. Thank you Tony and Amanda.

'Motormouth' Maurie (or the Prat in the Hat) was the Master of Ceremonies and it began with the Decorated Egg competitions, one for those under 15 and another for older people. The ingenuity and innovation shown in the decorations was outstanding and I am sure that there was a larger entry than for many years.

The Easter Bonnet competition was next and yet again the inventiveness and design in both categories of competition was amazing. Both groups paraded before the assembled audience and received rounds of applause.

One of the difficult things to arrange for either the Decorated Egg or Easter Bonnet competitions are judges who do not know any of the competitors but this year we were fortunate and we were able to 'talk' two ladies from Tywardreath into doing the eggs and two of Amanda's relatives did the bonnets. All were in agreement not only that the standard was very high, making judging difficult, but also that they would not wish to do it again!

Unfortunately nobody took down the names of the winners in each category of competition so I cannot report on this but, in the language of all sportsmen, 'We have learnt from this and will make sure that we get it right next time.'

Egg rolling down Fore Street followed. This is fun and everybody seems to enjoy taking part. I'm sure that a bit of cheating goes on (indeed Greg White was seen to put a painted squash ball in to roll!) but in this event everybody is a winner with a huge basket of eggs and chocolate bars waiting as the eggs crossed the finishing line.

Then the game of skill-egg throwing. A number of pairs took their chances with this activity, and great fun was had. A few shirts got covered in broken eggs but I think that they were kept away from the cars this year. The event was finally won by Colin and Maryjane from St Carroc with a display of catching that would easily have got them into the England cricket team. They received the trophy, which they agreed to defend next year.

The festivities concluded with a Treasure Hunt that was ably organised by Patrick Towell who, with the aid of a number of his visitors, had earlier in the day placed a number of clues all around the village. Three teams sped off and were not seen for some time but then returned to claim their prizes of (nothing for guessing this) Easter Eggs.

I think that the afternoon was a great success. I am always amazed how many young people suddenly appear in the village when events like this are held. At 1.30 there were hardly any children near the Fisherman's but by 2 it was heaving. A very enjoyable day!

Thanks especially go to Vilma & Robert Dunley for their huge supply of Easter Eggs and chocolate bars. Thanks also to Trish & Graham Jones, Alan & Julie Gee and Tony Jennings who also supplied Easter Eggs for prizes.

Watch out for more events to be organised by the Golant Fireworks Team such as Fairy Football and Duck Racing.

Maurie Parsons (alias The Prat in the Hat)

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News from St Sampson

On Easter Day the church, which was filled with people, looked magnificent! After the austerity of Lent and Holy Week, when the altars were stripped and other ornaments removed, beautiful flower arrangements breathed the Easter message of ‘new life’ into the building. Congratulations to our very talented group of flower arrangers. I was particularly grateful to Melissa Weatherall, assisted by her family, who must have spent much time to produce a stunning Easter Garden (see below) which welcomed people as they entered the porch. Recently, Bruce Fletcher’s daughter was married to Dave and they kindly left the wedding flowers for all to enjoy.

John East has been busy again! The walls surrounding the smaller ‘English’ altar on the north side are clad with wood. The fixings had nearly all rusted. John has re-fixed all the panels, fashioned wood to fill gaps and then applied pure wax to feed the whole surround. What a difference!

July 28th is St Sampson’s Day. On that day prayers are said in Truro Cathedral for the people of Golant and its priest. We shall celebrate on Sunday 29th. A tradition has grown up that, on that day and St Piran’s day in March, John Jenkin says the Blessing at the end of the service in Cornish. This year we shall have two new pieces of music to sing in honour of our saint: Sheila Funnell has composed a beautiful setting of the Lord’s Prayer in Cornish and Simon has written the words for a new hymn for which Sheila has composed a tune. It begins:

*When mist and mystery enclosed
The Celtic lands above the Severn,
St Sampson led a simple life
And heard his Master’s call from heaven.*

Sheila has been really busy because we shall be singing another new setting of hers in June: the Lord’s Prayer in *English*.



The

Churchyard

The driest April on record was appreciated by most of us but the primroses followed by the double lady’s smocks did not! This year I decided to do an early strim of the seed heads of plantains and sorrel which do tend to make the churchyard look very untidy. The main strimming should start very soon. The mown plants will be left for at least three days for the seed to drop. Then it’s the worst job— raking it and barrowing to a spot in the

The rare double meadow saxifrage in the memorial garden has flowered rather sparsely this year.

My thanks to Greg White for helping me to repair the roof of the shed which had been damaged in a storm.

We are most grateful to Pat Robins for his gifts of equipment to help with the maintenance of the churchyard and for giving the interment area a much needed strim.

Mike Harris

MARION GREGORY

We are sad to report the death of Marion Gregory. She bought Tanhay Farm 30 years ago, and paid regular visits from her home in Cobham in the ensuing years. Her family, who now own Tanhay Farm, visit whenever possible.

Marion was a very generous supporter of St Sampson’s Church. She was a superb needlewoman and made and presented beautiful new altar frontals to cover the main seasons of the year. Marion also had a large altar frontal chest made specially for St Sampson’s. She and her husband Alan transported it in flat pack form from Cobham and assembled it in the Church. It stands on castors in front of the organ. Even in her final months she was repairing one of the oldest altar frontals. We shall miss a very generous and talented friend. RIP, Marion.

Carol White

WALK, TALK, WINE AND DINE

St Sampson Secret Safari Supper

Friday 27th July

An aperitif or two, a stroll to your starter, another walk to the main course, and a final stretching of the legs to aid digestion before dessert and coffee: what a lovely way to spend an evening. Fine food, fine wine, fine company, and, we trust, fine weather – and if it rains, does it matter? Just bring an umbrella! Dress – informal, and as ‘Safari’ as you wish.

The St Sampson Secret Safari Supper promises to be great fun, and it will also raise money to replenish the Church Fabric Fund after the cost of our splendid loo. Please do support this venture. Where you will be eating the various courses will only be revealed on the night itself, but the evening begins and ends with everyone gathered together, and in between you will be dining with various hosts in and around Golant – nothing too strenuous, I promise! Tickets are £25 each, available from Penny White (832315). Only 54 tickets are available, and 23 have been sold even as I write this! Cheques or cash with ticket requests, please, and tickets will be issued strictly in order of application.

Simon Funnell

On behalf of St Sampson PCC

[St Sampson raises the dead and kills a serpent!](#)



A young lad who was driving horses at full speed fell head first to the ground, twisted his neck and lay like a lifeless corpse.

St Sampson met the tribesmen and their chief as they wept by the body and implored their idol to bring the young man back to life. St Sampson asked them to renounce their idol and when they agreed, he prayed earnestly over the lifeless lad for two hours and delivered him alive and sound before them all. Seeing this, they all with one accord, prostrated themselves at St Sampson's feet and utterly destroyed the idol.



The chief made all his men come and be baptised by St Sampson, and then told the Saint of a village terrorised by a poisonous and very vicious serpent living in a nearby cave. When he heard this, St Sampson, together with the young lad who had lately been restored to life, set off for the cave. The young lad pointed out the cave across the river where the serpent lived. St Sampson and the young man crossed the river to the other side and together they came to the entrance of the awful cave. St Sampson ordered the lad to stand a little way off whilst he boldly entered the cave which was dank and overhung with strands of moss and weed.

The serpent, however, as soon as it saw St Sampson, trembled exceedingly and was disposed to turn itself and bite its own tail with passion but St Sampson quickly seized the linen girdle that was around him, and without more ado, slipped it onto the serpent's neck. With seemingly little effort he dragged the beast out, flung it onto the rocks and charged it in the name of Jesus Christ not to live any longer. Forsaking any reward from the chief, St Sampson led a heavenly life in the cave, ever giving himself to fasting and prayer.



Questions: (1) What was the name of the village? (2) Where exactly is the cave?

Greg White

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June 24 th & July 1 st	Penny & Viviane
July 8 th & 15 th	Taunua
July 22 nd & 29 th	Carol & Valerie

LOCAL CORNISH PAIR TRIUMPH

On Easter Day Piran Shelley and Tristram Turner beat one hundred and eight other entrants when they won the *longest non-stop canoe race in the world*. Only eighty-two competitors managed to finish the gruelling race which starts on the canal at the Wiltshire town of Devizes and ends on the River Thames beside Big Ben.

Tristram, 25, from Tywardreath and Piran, 26, of Castle Dore joined the Fowey River Canoe Club at Golant when they were 8yrs & 9yrs old. They weren't expected to like the sport for long. Paddy Shelley recalls that she and her husband, David, bought Piran his first canoe when he was 10yrs old and said, "It'll never last." How wrong they were! Though Tristram is much smaller than Piran they paddle in perfect synchronisation and know instinctively what the other will do. They have had this understanding since the start of their association. As boys they explored every part of the River Fowey and, unbeknown to their parents, even parts of the English Channel. Their first marathon together was over nineteen miles on the Fowey river. They attended Truro College together and then parted company to attend different universities but, whenever possible, they got together to continue developing their skills in the canoe. Today Tristram is a trainee manager for Tesco based at Bristol and Piran is studying for his PhD at Guy's, London. They train little together which makes their achievement all the more remarkable.

They began the race at around 4pm on the Saturday afternoon. Over the next seventeen hours they had to negotiate seventy locks and encountered a number of problems. The night was not only very dark but, as the earth was very warm and the air was cold, a fog formed about three feet above the water. This is where their instincts came into play for they ploughed ahead trusting each other's judgements. They nearly crashed into a few lock gates. Their hands became very cold. Their Support Team was on hand with supplies of water and bananas but even they lost contact on some occasions. At long last, having negotiated all the obstructions, they found themselves paddling past the Houses of Parliament and crossed the finishing line by Big Ben having taken 17 hours, 3 minutes and 27 seconds- some 18 minutes ahead of their nearest rivals!

Piran managed to get out of the canoe with some difficulty but Tristram needed help and couldn't stand. Both had blisters on their hands.

Good news: They had been loaned a new canoe for the race by 'Kirton Kayaks' of Exeter. Bad news: they had to give it back afterwards!



Above: Piran (left) with friend Tristram

Right: The pair passing the Houses of Parliament



A Review of St Sampson's Revue

It never ceases to amaze me that a small village the size of Golant can produce such great shows whether it be a Pantomime or as recently a Revue. Hidden behind closed doors is a wealth of talent from villagers of all ages.

This year's Revue directed by Simon Funnell was no exception. For women who avidly watch Trinny and Susannah, the TV make over specialists, we waited in anticipation for their appearance as compères. We were not disappointed! Simon Funnell and Greg White received a warm welcome and caused great amusement throughout the show and had the stars off to a tee. However, I don't think Trinny and Susannah have anything to worry about!!

It was terrific to see the children involved reading poems, telling jokes etc. Mike Freemantle sung some poignant Cornish songs, John Kift and John Jenkins did a sketch as a couple of old lechers, Penny Parsons, Sue Reardon and Pete Stoddern sang "Hole in the Ground", Mike and Gillie Harris together with Vilma Dunley, Paddy Shelley & Gill Paull did a take off on the Golant Soup Kitchen (could there possibly be a grain of truth in this sketch?) while Karen Hamnett gave a beautiful rendition of "Lorelei". Mike Harris and Ruth Varco as newsreaders George Alagiah and Natasha Kaplinsky gave an amusing limerick rendition of the BBC News incorporating local issues. Local topics and characters were highlighted, also, by the St Sampson Singers whose conductor, Simon Funnell, had set his own words to well-known tunes. The piano accompaniment for the whole show was provided by Sheila Funnell.

The Revue played to full houses on both nights and all who participated are to be congratulated on an excellent show.

Janet Gore

St Sampson Parish Council

At the Annual Parish Meeting the Chairman reported on the latest state of the sewage system, which appeared tantalisingly near completion without actually working fully. The leakage of water at the top of Water Lane had still to be rectified, and the covers for the pumping station were still being made. The occasional smell at the RBC unit indicated that the process was still not without its problems, but the Parish Council continued to pursue SWW on all these fronts. By the May meeting all the above was still true!

The Car Park had worked well, and the accounts were in a very healthy state. Many reports followed, and perhaps the most encouraging sign was that the opportunity for public participation appeared to show that those present were 'satisfied customers'!

The most important part of the evening was to present an engraved tankard to Cllr. Alastair Barr to mark his 25 years of out-standing service to the community. The Chairman also thanked Richard Strode for his tireless work on behalf of the Parish Council in setting up and running our excellent village website, and for his drive in ensuring the success of the car park.

At the May meeting Sue Reardon was elected Chairman, and Bruce Fletcher was welcomed as a new Councillor. As this meeting was the first after the elections, there was much form-filling, and the accounts had to be prepared for internal and external audit. As the new Chairman made clear, we need young blood – so if you are interested, do come along and watch a meeting in progress!

Simon Funnell

FOWEY & DISTRICT FUCHSIA & GARDEN SOCIETY

The society will be holding its 14th Annual Show on **Sunday, 29th July** in the Fowey Community College canteen. The show is open from 1.30pm until 4pm. There will be plant sales and tombola and, of course, cream teas!

There will be around 200 exhibits of Fuchsias and Pelargoniums from small to very large, in all shapes and sizes. We usually have National Judges from the British Fuchsia & Pelargonium Society who have been very impressed with the standard of the exhibits.

The society meet on the second Monday of every month (except August) at 7.30pm in the staffroom of Fowey Community College.

At our next meeting, Sandra Goodswen will give a talk illustrated with slides entitled "Along the Coastal Path".

Anita Fuge



A fine specimen of a fuchsia at a past show!

Advertising Rates

There are three sizes of advertisement available to you at this time in either vertical or horizontal form.

- A** 65mm deep x 60mm wide
@ £25 for six issues
- A+B** 130mm deep x 60mm wide - vertical
or
65mm deep x 120mm wide - horizontal
@ £50 for six issues
- A+B+C** 195mm deep x 60mm wide - vertical
or
65mm deep x 180mm wide - horizontal
@ £75 for six issues

Additional £10 for colour

Please send your artwork or copy as required together with an appropriate crossed cheque made out to "The Golant Newsletter" to Robert Dunley, Rose Cottage, Golant, PL23 1LD or telephone 01726 832807 for more information.

Artwork/Copy may be e-mailed to
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Golant Gleanings

SYMPATHY

Our thoughts are with Suzanne Edwards whose mother died on January 8th and her father exactly four months later.

GET WELL SOON

Micky Morgan has been in the Royal Cornwall Hospital at Treliske with heart problems. We wish him a speedy recovery.

MORE CHEERING NEWS

Sue Strobe has had further tests and the results are a cause for continuing optimism: there are no new tumours, the remaining two areas have reduced by 10% and are now the size of thumbnails. In fact, these areas may just be scar tissue. Wonderful news!

CONGRATULATIONS

Andrew van de Broek distinguished himself again when he won the Single Sculls and finished the day placed Third Overall at the Head of the Dart Regatta. The race was over a nine mile course and took about fifty minutes to complete.

Sam Parsons has had his contract renewed with the Cornish Pirates rugby team. This is a big boost to his career and is a well deserved reward for his dedicated training and success on the field. Look on the Pirates website to see a picture of Sam scoring a crucial try in a match recently. We look forward to following his career next season.

A WORD OF WARNING!

Sue Reardon wonders whether other people have noticed just how many Roe Deer there are now living in the woods around the village. She has seen five up on the Downs so far this year and watched another gallop out over the mud by the Pill, plunge into the river, swim across and off to Cliff. A word of warning to dog owners: because of the increase in the number of deer there is now an increase in deer ticks. Sue has taken two big ones off Jazz in recent weeks – definitely not sheep ticks! (*We saw a deer very recently bounding up the farm field beside our property at Torfrey! Ed.*)

THANKS

I'm sure villagers and visitors all appreciate the display of plants in the blue dinghy at the end of the Green. Everyone is grateful to Ted South for regularly and unobtrusively maintaining this attractive village feature.

CARNIVAL & RAFT RACE

Just a reminder for all you budding sports people that it is not too early to start training for these highly competitive events.

Saturday 18th August is Sports & Carnival Day starting at 2.00pm

Races for 5 year olds up to 14 years and adults if there is enough energy.

Teas and wonderful cakes donated by the ladies of the village & side stalls make for a very enjoyable village afternoon.

Carnival starts at 6.45pm where all the fantastic themes and costumes are on parade. The St Pinnock Brass Band will provide the music and escort the Carnival procession around the village with the grand finale - the Flora Dance.

Sunday 19th August is Raft Race day starting at 2.00pm

So now is the time to start thinking about building your raft and organising your crew and the theme for the craft. The Prize giving for Best-dressed crew, Best raft and of course the Winner, will be held following the event at the Fisherman's Arms.

BEER FESTIVAL

The Beer Festival will run on August 17th, 18th & 19th. Twenty casks ales from around the country will be on tap. It is planned to have live music, a BBQ & a Hog Roast.

CALLING ALL YOUNGSTERS!

Do you live in Golant or come to stay with relatives in our village? What does Golant mean to you?

We are keen to start a regular column or corner in 'The Golant Pill' to which you could contribute.

SO.....CAN YOU:

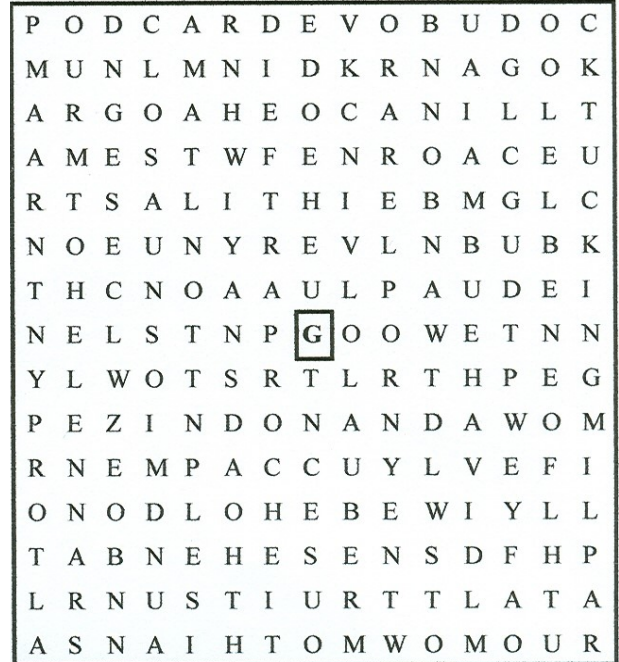
- **Design** a Junior column, with its own title?
- Write a **poem** or **short story** about the village? (think of its wildlife, the River & all the activities that go on here, such as the Sports & Carnival, Pantos, Revues and Boating)
- Draw a **picture** or **cartoon** of Golant?

If you have any brilliant ideas, the Editor would love to know. It is best to send any contributions by email to golantpill@yahoo.co.uk or you can place them in the postbox at the bottom of the drive to South Torfrey Cottage.

LOOK FORWARD TO HEARING FROM YOU!

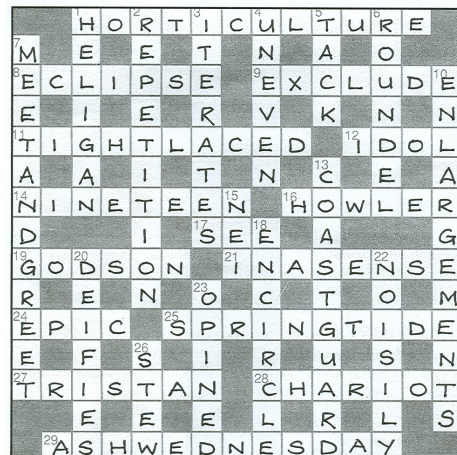
AROUND CORNWALL

Beginning with the **G** in the centre of the grid, follow a **continuous trail** to find 33 places in Cornwall. The path passes through every single letter once only, and may go up, down or sideways, but not diagonally. **Win a £5 book token or a bottle of wine!** Your list must be **in order of places found**. (Winner drawn from all correct entries)



Write out your list (you don't need to cut anything out of your newsletter!) and send or give your entry with your name & address or tel. number to:
 Gillie Harris at South Torfrey Cottage, Golant, Fowey, Cornwall PL23 1LA.
Closing date: 18th July. Answer will be in the next issue.

ANSWER TO PRIZE CROSSWORD 1



Ra-
disap-
pointingly, only one entry was received. This was correct, so congratulations go to **Mike Ager**.

(Note: To avoid damaging your newsletter, photocopies will

MIDSUMMER FUN DAY

at Bellsat, Golant

on Sunday 17th June

3pm CREAM TEAS

6.30pm HOG ROAST with Salads & Puddings followed by a BARN DANCE

- ▶ Excellent Parking
- ▶ Marquee
- ▶ Stunning views
- ▶ Wine & Beer

Tickets for the **Hog Roast & Barn Dance**
 £8 adults £4 children under 12
 available from Penny White on 832315
 or on the door

All profits will be shared between the Village Hall Roof Appeal and St Sampson's Fabric Fund

Auntie Paddy's Recipe Corner

CRISPY DUCK BREASTS (Serves 4)

In this issue I have chosen a savoury recipe for you to try. My brother often prepares this for dinner parties & says he has been very successful every time he has cooked this dish.

*4 Boneless Duck Breasts
1 tablespoon Vegetable or Olive Oil
Salt & Pepper
4 teaspoons clear honey*

1. Preheat the oven to 220°C/425°F/ Gas Mk7.
 2. Score the skin of the duck breasts quite heavily with a sharp knife. Leave only 5mm (¼") between each scoring line to end up with a criss-cross pattern across the breasts. Be careful to score only through the fat & not to cut into the flesh. Season.
 3. Heat the oil in a roasting tin on top of the stove. Lay the duck breasts skin side down in the hot oil- be prepared for them to spit a little. Once the breasts are cooking swiftly, turn the heat down to medium & continue to cook until the skin is well browned.
 4. Turn the breasts over to seal them, then finish cooking them in the oven for 6-10 minutes.
- Remove the duck from the oven and spread a teaspoonful of honey over each breast (skin side up) & glaze under a hot grill. Then let the meat rest for 5-10 minutes in a warm place.

Rather than serving with the traditional potatoes & two veg, why not try a selection of mushrooms (be generous) fried in butter & a savoy cabbage with bacon & onion?

Savoy Cabbage

Cut 8 rashers of streaky bacon into small strips. Fry in a small amount of butter, add a sliced onion and continue frying for 2-3 mins. Add the shredded cabbage with 1 tablespoon of water & fry for another 2-3 mins. Check the seasoning.

To serve: put the duck on top of a mound of the cabbage and then arrange the mushrooms on each plate.

SUBSCRIPTIONS

Have you a friend or relative who would like a regular copy of this newsletter? It costs only £5 (£10 overseas) to have the six issues per year of the 'Golant Pill' sent by post.

To Jacky Fletcher, Mimosa Cottage, Water Lane, Golant, Fowey, Cornwall PL23 1LA
Please send the next six issues of the NEWSLETTER by post (PLEASE PRINT CLEARLY)

I enclose a cheque for *£5/*£10 (Overseas) made payable to 'The Golant Newsletter'

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CALENDAR OF VILLAGE EVENTS

JUNE

Saturday 2nd		<u>Carn to Cove</u>	
	7.30pm	'Seven Ages of Man'	Village Hall
Sunday 3rd	<i>Trinity Sunday</i>		
	9.15am	Holy Communion	St Sampson's
Thursday 7th	12.00-2.30pm	Salad Kitchen	Village Hall
Sunday 10th	9.15am	Holy Communion (Sung)	St Sampson's
Wednesday 13th	9.50-10.10am	Mobile Library	End of Green
Thursday 14th	12.00-2.30pm	Salad Kitchen	Village Hall
Sunday 17th	9.15am	Matins (<i>NB not Evensong</i>)	St Sampson's
Sunday 17th	<u>Midsummer Fun Day</u>	<i>(See page 12 in 'The Golant Pill' for details)</i>	
	3.00pm	Cream Teas	Bellscat
	6.30pm	Hog Roast and Barn Dance	Bellscat
Thursday 21st	12.00-2.30pm	Salad Kitchen	Village Hall
Sunday 24th	9.15am	Holy Communion (Sung)	St Sampson's
Wednesday 27th	9.50-10.10am	Mobile Library	End of Green
Thursday 28th	12.00-2.30pm	Salad Kitchen	Village Hall

JULY

Sunday 1st	9.15am	Holy Communion	St Sampson's
Thursday 5th	12.00-2.30pm	Salad Kitchen	Village Hall
Sunday 8th	9.15am	Holy Communion (Sung)	St Sampson's
Wednesday 11th	9.50-10.10am	Mobile Library	End of Green
Sunday 15th	6.00pm	Evensong	St Sampson's
Thursday 19th	12.00-2.30pm	Salad Kitchen	Village Hall
Sunday 22nd	9.15am	Holy Communion	St Sampson's
Wednesday 25th	9.50-10.10am	Mobile Library	End of Green
Thursday 26th	12.00-2.30pm	Salad Kitchen	Village Hall
Friday 27th		St Sampson Safari Supper	
Sunday 29th	<i>St Sampson</i>	<i>(See 'News from St Sampson')</i>	
	9.15am	Holy Communion (Sung)	St Sampson's

FUTURE EVENTS FOR YOUR DIARY

Saturday 18th August

Carnival Day

Sunday 19th August

Raft Race

17th,18th & 19th August

Beer festival at the Fisherman's Arms

Friday 28th September

World's biggest coffee morning
for Macmillan Cancer Research in the Village Hall