

Seminar spotlights great teaching

Fifteen instructors from MCC, Baylor and Texas State Technical Institute have been selected to participate in a Great Teacher seminar sponsored by MCC March 24 - 25.

Five teachers were selected from each school to share their various strengths in teaching through informal exchanges in the MCC Student Center from 5:30 - 10 p.m. March 24 and 8:30 a.m. - 5:30 p.m. March 25.

"The seminar's goal is to spotlight great teaching and to share successes with other teachers. Each teacher is outstanding in his field," said Resource Leader and Organizer Randy Schormann, MCC director of instructional resources.

Other leaders and organizers are Robert Reid, chairman of the Baylor history department; and Jim Lillie, associate professor of meat processing and marketing technology at TSTI.

Theme for the seminar is "Stand on the Shoulders of Great People." Seminar organizers are hoping that it will become an annual event.

The group's needs will be determined and various work sessions set up to deal with each topic. Participants in the seminar must be prepared to lead a workshop if he or she exhibits a skill that the other participants would like to learn.

Work sessions are scheduled for the teachers on March 25 on the third floor of the Student Center from 8:30 a.m. to 5:30 p.m. The wrap-up and evaluation of the seminar will be conducted from 4:45 to 5:30 p.m.

Each participant was nominated by peers. A committee of deans and the Faculty Council determined the final list.

Instructors attending the seminar from MCC are Billy Dowdy, English; Dan Walker, philosophy and religion; Paul Concilio, accounting; Martha Sauter, mental health/child care; and Ann Harrell, speech.

PTK inducts new members

Phi Theta Kappa will hold an induction ceremony for candidates on March 23 at 10 a.m. in the Lecture Hall.

Sophomore Joanie Cernosek will preside. A short business meeting will be conducted after the ceremony. Refreshments will be served after the meeting.

All Phi Theta Kappa members are asked to be present.

Phi Theta Kappa advisers are biology instructors James Schwarz and Janis Jackson and campus nurse Carolyn Rodabough.

S.G. reps elected to state offices

Twelve delegates from Student Government attended a state convention for the Texas Junior College Student Government Association at Stouffer's Greenway Plaza Hotel in Houston March 18 through March 20.

Bryant Burleson, director of student activities, said "We (MCC Student Government) were elected state treasurer and regional vice-president. We're very active; very much a leader. I felt like we were a premier group. We're not the largest, but we're the most politically active."

'The Curious Savage' set for April

In less than three weeks, the Drama Department will give their first performance of John Patrick's comedy "The Curious Savage."

Directed by temporary drama director Spencer Steenrod, "Savage" will feature a cast of six women and five men. The lead role of Ethel Savage will be played by drama major Laura Stanton. Stanton, who worked under the direction of MCC's regular theater director, James Henderson, throughout last year said, "It's nice to work with different directors because it gives you a better theatrical background."

Ethel Savage, an elderly, rich and eccentric woman is confined in an "institution for the disturbed" by her stepchildren. The stepchildren, Titus, played by Travis Poe; Lilly Belle, played by Catherine Sauls; and Samuel, played by Neal Herring, want Ethel's money. Ethel wants the money so she can contribute it to "those who have a desperate need to be foolish."

Although some scenes touch upon a serious note, the gist of the play goes for laughs. It is, after all, a comedy.

Performance dates for *The Curious Savage* are April 8 and 9, and then April 12, 13, 14 and 16. Adult tickets are \$4, and MCC faculty, staff and students showing valid ID will be admitted without charge.

Health Services offers appraisal

Health Services is offering a health hazard appraisal called the Health Risk Profile for students, faculty and staff. This program will enable the individual to look at his/her own health forecast for the next 10-year period and learn to develop ways of reducing the risks of major diseases and causes of death.

A 20-part blood analysis and a computerized health risk forecast will be provided for each participant.

If interested, please contact Carolyn Rodabough in Health Services, or call Ext. 392. Deadline for signing up is March 31.

Library use being evaluated

MCC library personnel will be distributing questionnaires to help evaluate student use of the library. The 23 part questionnaire will enable the library to provide better services to meet student needs.

The survey will be done in all college subject areas, mostly for the 9 a.m. Monday, Wednesday and Friday classes from March 21 to April 1.

"All students are encouraged to fill out the questionnaire," said Library Director John Rasor.

"The results of this survey will be released as soon as the survey is completed," said Rasor.

Farrell and friends present fashions

Please see page 2

Pregnant teen-ager contemplates suicide

Please see page 3

Ruthie Foster searches for rainbow

Please see page 4

Ex-MCC student now with the Astros

Please see page 5

The Highland Herald

Vol. 17 No. 11

McLennan Community College, 1400 College Drive, Waco, Texas 76708

Tuesday, March 22, 1983

Area competitors meet for UIL today

By PAM BRYANT

It happens every year. It means a day off. But for the dedicated many behind the scenes, it means much more than a holiday. It's the University Interscholastic League competition, and it's a labor of love for those involved.

MCC is the annual host of this contest. Area high school students will be competing today (March 22) in events such as student outreach activities, journalism, science, slide rule, ready writing, spelling, number sense, shorthand, typing, speech; debate, informative, persuasive, prose and poetry.

More than 900 students are expected to participate in the day-long event. MCC faculty and staff will be judging and administering the UIL contests.

Several MCC students currently involved in the planning and judging for this contest participated in UIL in high school. Donna Johnson, sophomore journalism major, is one such student. Johnson said she first became interested in the prose reading contests because it was a way to get out of school for a day.

But this feeling soon changed. She found herself getting involved with her project. "I had a great coach who really seemed to take an interest in me. And just by talking with him, I would get curious about a certain piece of literature and would read it," Johnson said. She felt that this helped stimulate her interest in quality literature and encouraged her to begin writing poetry.

Joey Chapa, sophomore radio-TV

major, is involved with preparing the speech department for the contests. "Basically, my job as a host is to make them (contestants) feel at ease. A lot of them are nervous. I tell them not to worry and show them where everything is."

One of the assistant speech judges is Sonja Glauser. "In high school, I attended tournaments throughout the state. UIL teaches you a lot of discipline. It requires a lot of individual work outside of the classroom. I also feel we (MCC students) make good assistant judges because we judge fairly and don't expect perfection. I remember when I was competing, I was so nervous I forgot my name when I got up to deliver my speech"

The faculty member most involved with UIL is contest coordinator Hazel

Martin, who is also an MCC counselor. "I think that competition at any level or area is good training and experience."

"It serves as a motivator for the contestant."

MCC students are serving in areas other than judging. Representatives of the MCC Dance Company and Student Government will be hosts and hostesses during the day.

Special events planned for the high school students include mannequin modeling, presented by MCC Fashion Merchandising students from 10 to 2 in the MCC Student Center. There will also be a performance by the Dance Company from 10 to 10:45. Performances from the MCC Commercial Music bands will be from 11:30 to 1:30. All these events will be in the Student Center.

Forensic students qualify for national tournament

Several MCC speech students entered a recent Texas Junior College Speech and Theatre Association State Forensic meet, hosted by Henderson County Junior College, and walked away with numerous honors.

Contestants coming from 16 two-year colleges around Texas participated in speech, debate, extemp and other speech-oriented contests.

Joe Chapa, Elizabeth Allen, Deborah Laubert and David Atkinson won first place honors in interpretive theatre with their rendition of "Sister Mary

Ignatius Explains It All For You." The play was a 1979 Obie award-winning, off-broadway presentation by Christopher Durang. Casey Curry and Ann Harrell also aided the entourage as Student Director and Faculty Director, respectively.

Robert Nading added to MCC's bundle of tournament by winning first place in extemporaneous speaking.

Nading then teamed up with Mike Lesko in the cross-examination debate contest, only to lose in the final round to San Jacinto College—after

winning all previous rounds with San Jacinto teams. Their effort did chalk up a second place award for the MCC team, however.

Joe Chapa and David Atkinson placed second in duet acting, while Sonja Glauser won third place and Elizabeth Allen won fifth in prose interpretation.

In the informative speaking event, Deborah Laubert placed fourth and Mike Lesko finished with a fifth place award. Cindy Galley and Casey Curry took fifth place honors in solo acting

and mixed genre interpretation events.

Glauser, Curry, Chapa, Allen, Atkinson and Galley teamed up to put the finishing touches on a well-represented performance by MCC by tying for third place with Bee County College in the group improvisation event.

All MCC students who qualified will compete in the 1983 Phi Rho Pi National Speech Tournament April 5 - 11 in San Antonio. Seventy five colleges from across the nation will compete at the tournament.

Fashion group plans NYC tour

The MCC Fashion Merchandising Program will be touring New York City on May 16 - 21.

The trip will include tours of the World Trade Center, National Retail Merchants Headquarters, Allied Stores Corporate Buying Offices, Bloomingdale's, 7th Avenue showrooms and Saks 5th Avenue.

In addition, students will visit Jerry Brown's Imported Fabric House, take a costume tour and an international Garment Worker's Union tour.

The fee is \$500 and covers tuition, airfare, lodging and activity fee and the transportation charge to Dallas-Fort Worth Airport.

Course registration dates are April 6 - 8. Initial course orientation will be on Wednesday, May 4, from 7 to 9 p.m. Second orientation will be Thursday, May 12, from 7 to 9 p.m. In addition there will be a tour course evaluation on May 30. Attendance is required at all sessions.

For more information contact Kae Farrell, Fashion Merchandising Program Director. 756-6551 ext. 295.



(Photo by Phillip Monroe)

Award winners and participants in the Management and Marketing Competition in Corpus Christi March 10-12 are pictured with Dr. Wilbur Ball, MCC president. They are (left to right): Adviser Kae Farrell, Gary Holland, Greg Bleggi, John Park, and Lowell Adkins. Seated are Tracey Mostyn, Kay Lynn Malone and Sloane Smilh.

Marketeers take honors

By JAMES JONES

Seven students from the MCC Marketing and Management Club participated in the sixteenth annual State Leadership Conference on March 10 - 12 in Corpus Christi.

Receiving awards at the conference were Kay Lynn Malone with a first place in apparel and design and Tracy Mostyn with a first in fashion merchandising and a third in management decision making. Gary Holland took over the Central Region Vice President position from former Vice President Mostyn. Other participants included Lowell Adkins, Greg Bleggi, John Park and Sloane Smilh.

Fashion program director Kae Farrell is the local Marketing and Management Club adviser. She is currently serving as Vice President of the Executive Board of the Texas Marketing and Management Association.

Mostyn, Malone, Holland and Farrell will represent MCC at the National Career Development Conference in Houston on April 26 - 30.

Barnes survives years of setbacks to see dream flourish in success of children

By HAROLD MANNING

Rodrigo slid a piece of paper into the typewriter and watched as his sister, Ever, diligently began typing the first page of his college thesis.

As Ever labored over the machine, borrowed from a teacher at the college where his mother worked as a custodian, he realized that he was in the process of fulfilling a dream. It was a dream that began in the depression-torn era of the '20s — the same dream his mother, Eunice Barnes, had envisioned for herself almost 40 years earlier.

Barnes learned early what trials life can deal to a young person. She also learned what it takes to weather the hardships society can throw against a person striving for a sense of self-fulfillment. Barnes lived through the depression, facing the problems that growing up during that era placed upon her and her family — and she rode the years relying on labor and an undying faith in the Lord as her guide.

Never turning cold towards the world that confronted her, Barnes carved a success story out of a life that cast almost every conceivable hardship against her.

Barnes is going on her sixth year as

a custodian in the MCC Administration Building. Though not something that *Fortune* magazine might consider worthy of a modern day success story, Barnes took time to present her life story to Journalism 351 students at a press conference March 14 — a story she bittersweetly termed "The Book of Life." During her presentation, a picture was painted — a picture of Barnes' childhood dream-come-true through a life of diligence and faith, climaxing in the success of her two children.

Barnes was born in Franklin in 1920 and later moved to Penelope. The summers of her early years found her occasionally living with her grandmother and her aunt. It was during one of these summers, while living with her grandmother, that her parents separated, shattering her family-built foundation of strength.

Her mother drove up to break the news to her. Barnes recalled her feelings at that time, "It was a sad occasion because I didn't have a family anymore. My mother was always one place and my father another."

Barnes' belief in the importance of strong family ties was shattered by the divorce, and, when her mother remarried, she found it hard to adjust to her

stepfather and her "new family." Barnes moved to Coolidge (to live with her mother and stepfather) where she attended school through the seventh grade.

Never feeling quite comfortable in Coolidge, she moved to Mart and got a roommate, living on 50 cents a week, finding work at The Hall Cafe.

"It was hard in a way, because I really didn't have a home," recalled Barnes. Her relationship with her mother was limited during this time to weekends and summer visits while working her way up the ladder of success at Anderson High School in Mart. Despite her sense of homelessness, Barnes began cementing the faith that would later carry her through even harder times. In Mart, Barnes became a member of Saint Mary's Baptist Church and later became active in the Junior Missions.

Coming from a broken family, forced to move from relative's home to relative's home in an effort to keep whatever sense of family still existed alive, Barnes also felt a loneliness that added to the emotional burdens already placed upon her.

"I had a very unhappy life (back then) in a way, because I didn't have many friends," recalled Barnes, ex-

plaining that her social life, for the most part, was limited to a few occasions when Will Stanton, owner of a small grocery store (which is still there) would allow her and her classmates to socialize over summer sausage and a soda while listening to the sounds of a phonograph playing in the store.

Barnes was one of eleven graduates of Anderson High's class of 1938, and fleeting moments like those at the grocery store parties were low and far between.

Barnes had dreams to fulfill and goals to reach, goals not too different from those of today's high school graduates. Things were different back in 1938, however, especially for Barnes, who had already experienced more than enough of what the real world could be like.

"After I finished high school and graduated, my greatest desire was to go to college. But back then, there was no money... no scholarships... and if you didn't have money, you just couldn't go," Barnes explained. The expression on her face told how she felt at this realization. She saw her dream of attending college crumble before her as the post-depression woes took their toll.

Looking back on those times, Barnes said, "I really don't see why I didn't starve." However, she also stated, twice, "I couldn't have done anything without the guidance of the Lord."

Barnes still had that relentless faith and with little more than that "mission," she carried on, working in cotton fields, as a cleaning servant — wherever she could make an honest living to survive.

A year after Barnes was graduated, she married. Her dream for a strong family still persisted and when her husband was called to service at the outbreak of World War II and sent to Galveston for basic training, Barnes was right at his side. After basic, he was sent to Canada for specialty training and Barnes once again found herself living with her mother, this time in Hearne. She was later reunited with her husband in Savannah, Georgia, for a short while before he was shipped overseas as the United States slipped further into the war.

Barnes then moved to Lubbock to live with her now-ailing father. Packing her firmly-earned faith, along with the few belongings she owned, Barnes was still determined to hold onto what was left of the family life she held so dear.

Her dream of a family life finally began to take shape when she had two children, a son, Rodrigo, and a daughter, Ever. Barnes also began making a little more money as a nurse's aide, bringing home about \$100 a month. Now divorced from her husband and faced with bringing up two children as what some people termed an "underprivileged parent," money soon became all too necessary, as both children had health problems.

Rodrigo had heart problems and Ever was born with what was thought to be "yellow jaundice". Once again, Barnes' faith and determination prevailed. Through hard work, and with the Lord as her guide, she helped both children overcome their handicaps and begin their individual drives toward success.

Barnes recalled an event in her son's life with shining eyes and a smile: "When Rodrigo was in high school, he wanted to be in the band. However, they said that since I was an 'underprivileged parent,' I couldn't afford a new instrument. I told them

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Waco offers cure for budget blues

By MARK LEMENAGER

Although tough times have really put the squeeze on most students' nights on the town, Waco stands tall as a veritable breadbasket of cheap eats and inexpensive libations.

For the budget-minded diner, a night of food, fun, and drink for two can cost as little as \$15. Those wanting to paint the town would have trouble spending more than \$100.

Here are some thoughts for those nights that fall uncomfortably far from the first and the fifteenth.

Most of the nicer clubs around town feature early happy hours. Two of the best are Kelley's and Water Works. Both feature prices on drinks and free munchies. For a simpler "MillerTime," cold brew abounds at Poppa Rollo's, not to mention tasty pizza. Be sure to check out the back section through the false phone booth. There are darts, big screen T.V., and "Mighty Casey."

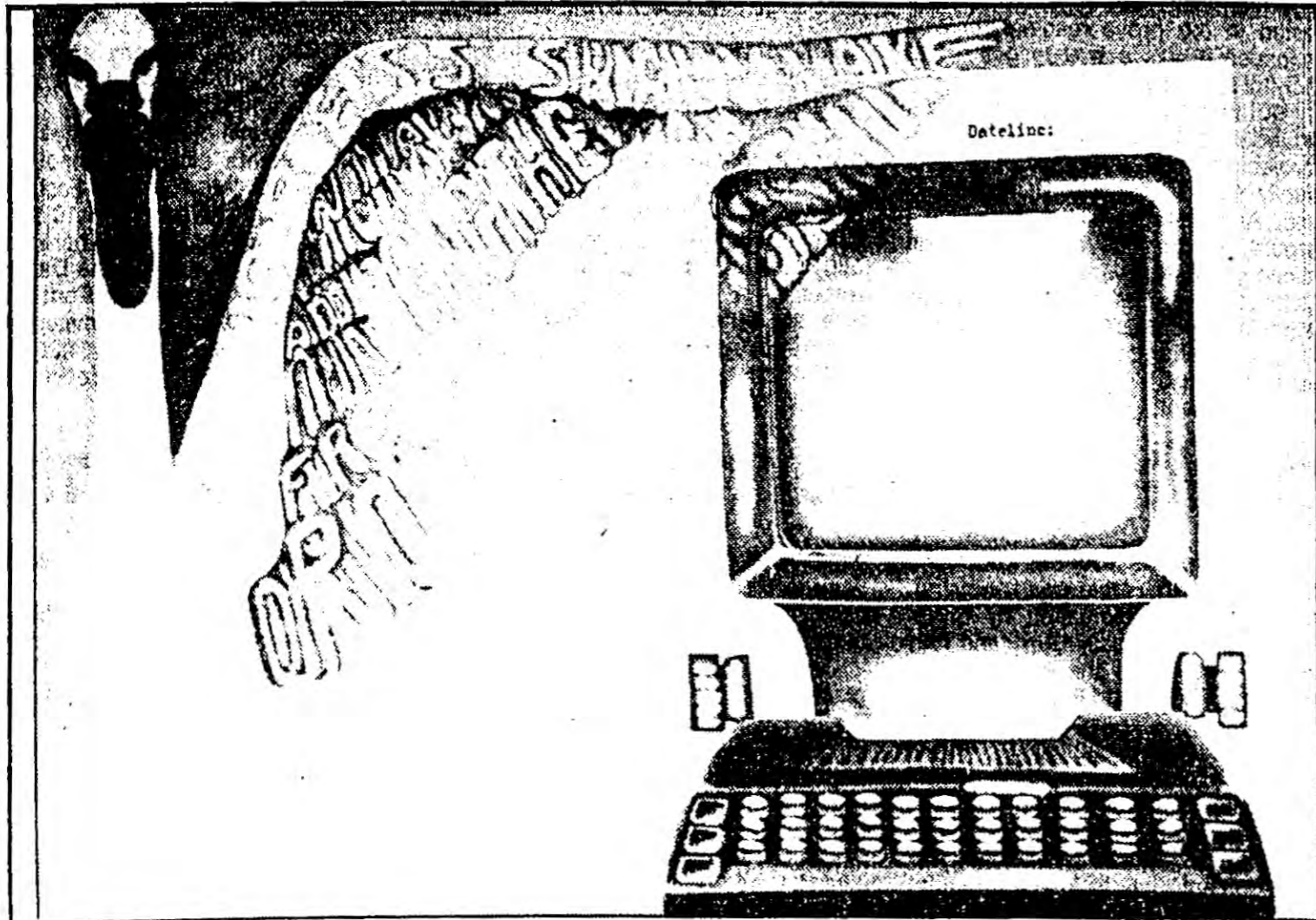
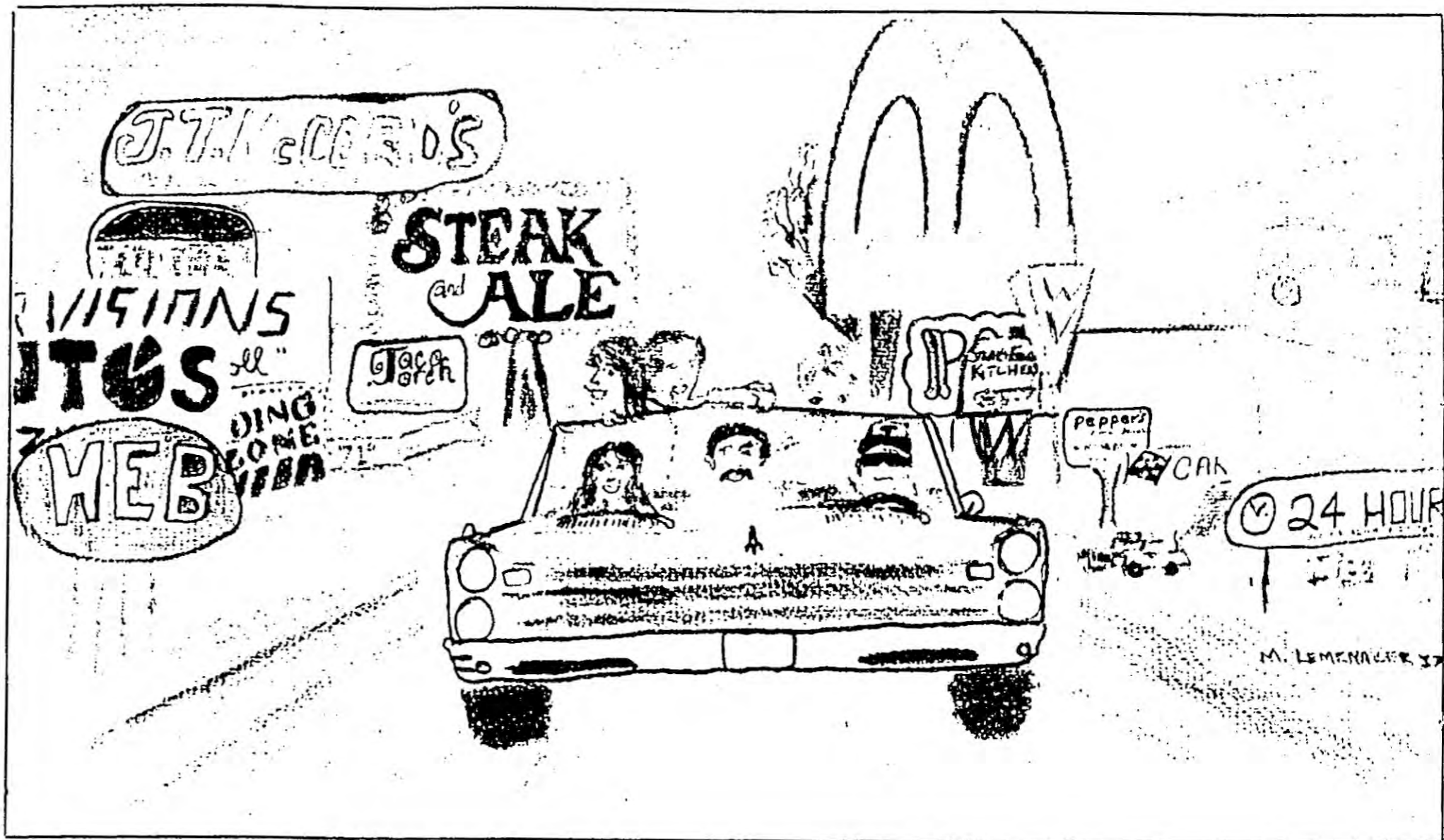
Feel like Chinese food instead of pizza? Head to Lang's Egg Roll at South 18th and I-35 or to Ly-Le at

South Ninth and I-35. Both offer awesome Oriental food at comfortable costs.

If exotic eastern dishes don't really get you primed for a Friday night, try out Cupp's Drive In, Leslie's Chicken Shack, Health Camp, or George's. Each serve up traditional American meals at prices you can afford.

For late-night partying, there's the usual line-up of Waco clubs. For mellow one-on-one conversation, Steak 'n' Ale or Pelican's probably have the best atmosphere. Maxwell's and Mickey's both feature country and western music, while Graffiti's and Magic-Music opt for more Pop-New Wave. For live music, check out Water-Works with its subdued small groups, or Inner Visions for mindbending rock 'n' roll.

These are just a handful of establishments out of many in Waco. The real joy comes in finding your own exotic "hole in the wall" places to patronize. So go out and eat, drink, and be sure to be merry. Remember, spending all that money makes our economy strong!



Reicher students donated the mural pictured above to the MCC Journalism Department. (Photo by Consuelo Arriola)

Reicher students donate mural depicting 1st Amendment rights

By GORDON OWEN

"Congress shall make no laws respecting an establishment of religion or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances."

The First Amendment to the Constitution of the United States of America. This is the theme of a mural done by the art students at Reicher Catholic High School, under the direction of Cheryl Drago, that was given to MCC's Journalism Department. The theme of the art work stresses a creed that journalists hold most dear.

The painting depicts a great white bird with its wings stretched out over a typewriter, or over a video display terminal, depending on how one chooses to look at it.

"The images," according to Drago, "represent journalism's multiple responsibilities and changing roles in keeping pace with modern society."

The painting also represents the government's responsibility to protect the freedom of the press, for in the feathers of the bird's outstretched wings are written words from the First Amendment.

Several current and former MCC journalism students were also one-time students at Reicher. Three of these students are Channel 6 Videojournalist Consuelo Arriola, Highland Herald Editor Amy Neal and Reporter Harold Manning.

"The painting was designed and painted with the intent of giving it to the Journalism Department to be hung in their new offices to serve as an inspiration to budding journalists," said Drago.

"It has been an excellent learning experience for Reicher Art Department students involved in its production, and it is sincerely hoped that the MCC journalism students viewing it for years to come will find it visually pleasant and meaningful," concluded Drago.

Journalism Adviser Cassy Jordan said, "A friend of mine told me about five years ago that people were never going to take me seriously if I didn't quit saying things like 'Isn't this neat?' — but isn't this neat?"

Barnes maintains faith throughout adversity

Continued from page 1

that if they had a used instrument, to give it to him, and that I would pay for it. They gave him a used one...and I paid for it." But Rodrigo soon left the band to suit up as a football player.

Both of Barnes' children graduated from high school with the same aspirations Eunice had when she graduated from Anderson. Rodrigo had honored his skills on the football field, while Ever pursued an academic course of achievement.

Barnes recalled, "I remember I was only making 100 dollars a month when Rodrigo decided he wanted to go to college," and she went on to describe how he tried time and time again to pass his SAT test, and then finally succeeded. The determination Rodrigo had was not unlike that of his mother's, and her guidance also aided the former heart patient in receiving a football scholarship to Rice.

Rodrigo's athletic ability expanded; at the same time he was developing academically. He later was graduated with a bachelor's degree in art and sciences.

Always falling back on the strength and encouragement of his mother, Rodrigo went on to gain national recognition in pro football, playing first for the Dallas Cowboys, and later in his career as a member of the Oakland Raiders 1977 World Championship football team.

It was through attending Super Bowl XI in Pasadena, Calif., that Barnes earned the title "Super Bowl Mama."

Rodrigo went on academically to obtain a master's degree in counseling and is now teaching in Dallas.

Rodrigo's sister, Ever Betts, also contributed to the fulfillment of her mother's dream. Ever received a degree in business from Paul Quinn Col-

lege and is currently furthering her education through the aid of computer classes at MCC, while working at Waco's First National Bank.

Both of Barnes' children have fulfilled her dream of providing a better life than what she herself had. Therein lies the success story of Eunice Barnes. Her highest goal has been achieved. "My children's education, the things that they have that I was never able to have."

Barnes is also justifiably proud of her membership in the Second Baptist Church, where MCC Board Member Rev. Eric Hooker is pastor. She works in Senior Missions II as a Bible teacher. She is also active with the Good Hope Western Baptist Association, where she works with personal services during the state convention.

And whatever happens to Barnes in the future, you can rest assured she will still have her faith in the Lord.



Cosmetologists victorious again

Pictured left to right, Denise Lloyd and winners Cynthia West, Alice Moss, Dean of Technical Education Al Polard, (seated) Wylanta Taylor and Erma White. These five students brought back nine trophies. Moss captured the Grand Award of \$75 for the highest accumulative points. Director of Cosmetology Jan Blackburn and

six other cosmetology students attended the Waco Spring Clinic at the Waco Convention Center on March 13. Jerri Hearn from Abilene was the guest artist who presented the newest looks for hairstyles, haircuts, make-up and fashion for the Spring and Summer '83. (Photo by Mark Rose).

Classified ads get results

Pell Grant checks can be picked up on March 30 in the Business Office.

MCC students and faculty may place classified ads in the Highland Herald. There is no charge. Please have them typewritten and in the Student Publications office on the Tuesday before publication.

GARAGE SALE

Sponsored by MCC Press Club to help send journalism students to the State Convention

Saturday, March 26
8 a.m. until dark
3800 MacArthur

If you have contributions, please call 752-7794, 836-4623, or 799-1452. We will pick up your items.

LOST

Men's gold "Citizen" watch with thick, gold buckle-type band. Lost in men's dressing room in the HPE bldg. Call 756-0136 after 5.

WANTED

Good used portable sewing machine. Call Cassy 776-8525.

1977 Toyota Celica, exc. condition, like new tires, AM-FM radio, Automatic, good mph, \$3000. Call 772-6214

EMPLOYMENT OPPORTUNITIES

Anyone interested in the opportunities mentioned below, please come to the Placement Office on the third floor of the Student Center.

Orderly for local hospital; evening shift. Salary nego with experience. Exp or Nurses Aide Cert. required.

Needed: P-T LVNs for local hospital. Salary nego.

Home Worker. Work with elderly or disabled. Flexible hrs. \$3.35/hr

Subscription sales. Door-to-door. Evenings.

Fast food restaurant. 5 - 11 p.m. \$3.35/hr.

Housekeeper. 4 hrs/wk. Prefer morning hrs. \$3.50/hr. Must be responsible and industrious.

Camp counselors. Begin June 1 - Aug 20, 1983. 7:30 a.m. - 5 p.m. M - F. \$145/wk. MUST BE 21 yrs. old

Anyone interested in employment for any of the openings on the MCC Faculty Staff should send appropriate materials to the following address, or contact the Office of

Personal Office of Personnel Services
McLennan Community College
Waco, TX 76708
(817) 766-0551, ext. 321 or 204

CAMPUS POLICE: High School diploma re-

quired. Must have Texas Peace Officer Certification. Salary \$5.60/hr. Deadline for applications is April 1.

CENTRAL DUPLICATING OPERATOR: High school diploma or equivalent required. Knowledge and experience of zerox 9000 Series copiers preferred. Ability to do mathematical computations and tabulations with accuracy helpful. Starting salary \$3.94/hr. 40 hrs per week. Application deadline is April 1.

BUILDING MAINTENANCE ASSISTANT: High school diploma or equivalent required. Prefer someone with building maintenance/construction related experience. \$3.94/hr. 40 hrs per week. Deadline April 1.

ASSOCIATE DEGREE NURSING INSTRUCTOR: Must have a current license to practice as a Registered Nurse in the State of Texas, Bachelor's Degree in Nursing and a Master's Degree in Nursing or a related field plus six hours graduate work in nursing. Preferred two years nursing experience in a clinical area and previous teaching experience in an ADN program.

INSTRUCTOR OF COMPUTER TECHNOLOGY/DATA PROCESSING: Needed to instruct lecture and lab courses. Need Bachelor's Degree in Computer Science or related field, and a minimum of two years working experience in data processing.

Model talent 'steppin' out'

By BOBBYE BROWN

"Steppin' out" is the title of the Fashion Merchandising Department's third annual fashion show. And steppin' out is what several students will be doing Wednesday, March 23, as they model the latest designs in casual, sports, business, after 5, new wave, formal, and wedding attire.

The clothes that will be shown are on loan from various stores around Waco including Cox's, Jo Ann's Bridal Shop, Shellenborger's and Foxmoor.

Models in the show are Becky Hardin, Jo Lynn Inel, Carla Swanson, Lisa Yozzi, Bonnie Radlo, Elizabeth Greenway, Patsy Hall, Michelle Shamburger, Martina Harkins, Kim Thomas, Megan Lewis, Teresa Metz, Leo Ann Risor, Carole Harpor, Debbie Nichols, Jeffrey Hawkins, Julio Avant, Jackie Bull, Sholla White, David Parry, Joanna Chapel, Izaura Arvizu, Carolyn Nanco, Armando Arvizu, Greg Blaggett

and Weldon Thomas.

The Promotion Committee consists of chairperson Carla Swanson, Lisa Yozzi, Bonnie Radlo, Elizabeth Greenway, Patsy Hall, Michelle Shamburger and Martina Harkins.

Staging Committee members are chairperson Kim Thomas, Megan Lewis, Teresa Metz, Leo Ann Risor, Jeffrey Hawkins, Julio Avant, Carole Harpor and Debbie Nichols.

Other members also include Jackie Buhl, Patsy Hall and Sholla White.

Joanna Chappel, Izaura Arvizu, Greg Blaggett, Weldon Thomas, and chairman David Parry represent the Programming Committee.

Rehearsal begins at 7 p.m. on March 21. Dress rehearsal will be at 8 p.m. on Tuesday, March 22.

The show will begin at 8 p.m. in the Student Center. Admission is \$1 with a student I.D. or \$2 general admission. All proceeds go to the Marketing and Management Club.



(Photo by Phillip Monroe) Blye show model Becky Hardin



Data processing student Bill Richter demonstrates the finer points of computerology to Robyn Webb and an unidentified student. (Photo by Mark Rose)

Computer age dawns on writer

By RANDALL HILL

The year 2001 will dawn upon us soon. A preview of it could have been seen at the Waco Convention Center's Computer Show. The remarkable services which computers can already perform were emphasized there. It seemed a close encounter of the third kind with visions of that, seemingly, far-away future. In 2001, perhaps the journalist could sit back and let a computer write a story using some telepathic word processing system.

The computer show demonstrated how computers can be used for playing games, but video games can be seen almost anywhere. Games are not where it's at these days. Games are secondary to the amazing services computers can perform.

The main scene is strictly a business one. It involves the use of computers to draw graphs and make charts that tell at a glance the status of a business activity. Computers can indicate whether a business venture is worth continuing, or whether a marketing idea is feasible.

The powerful memory of the computer makes it a useful tool to the mathematician, scientist and engineer. Calculation of repetitive, complex problems are limited only by the capability of the programmer, his ability and his training. It is no wonder that someone would think of making up a program which, though mathematically based, would make it easier to write articles.

The technique, called word processing, is a combination of reading, writing, and arithmetic. We all do word processing when we get an idea, write it down, and type a final draft. It is the mechanics of typing, editing and proof-reading that make writing a drudgery. The word processing computer can remove the mechanics of typing, correcting, then typing again. No pencil is needed — no paper, no erasers. Somewhere, down in the computer's buffer, a numbers program is at work allowing the writer to absolutely manhandle words. Whole blocks of text can be shuffled around, deleted, tabbed, searched, line-spaced, ect. All this occurs while the

letters are only little points of light on the screen and less than that in the computer's microchip-memory.

Dr. Bill Bane, head of computer services at MCC, explained the extent of computer uses at MCC. For instance, a computer printout a yard long was required to list the data-entry equipment here at MCC's Computer Technology/Data Processing Department.

MCC's equipment ranges from the sophisticated IBM Model 4331 to the Radio Shack TRS-80-Model III (there are 21 of these).

When asked if he thought the average family would soon own computers, his reply was, "A small home computer can be purchased today for \$100 to \$200. The average family owns a computer now." Services of the Department of Computer Technology and Data Processing range from registration to teaching students disk programming.

Enrollment has doubled in the last year. The course of study continues to evolve. Computer cards, which had to be corrected by hand, have been

eliminated. Data is now written directly onto disks, to be recalled at the touch of a key. "The Department stands ready to enlarge their systems depending on faculty and student demand," said Bane.

The book 2001, by Arthur C. Clarke, was written in India and mailed to a New York publisher on a single 5/4-inch computer diskette. The publisher had it printed out, then made the decision to print the book. Look for the sequel to 2001, *Space Odyssey* to become a movie someday.

One of these days, everyone will own one of the computers for his own special use. Journalists today can be satisfied with computers that help arrange words, then type them perfectly at a 300 or more words per minute speed, saving the text in memory for some possible later revision. This awesome word processing function has been compared to the invention of printing.

After having seen a demonstration of word processing it seems at least that remarkable and may rank near stumbling over E. T. in a vacant lot.

Pregnant teen-ager considers suicide

By B. J. JENSEN

Thoughts of suicide crossed her mind more than once.

Already the repercussions of her admitted mistake had begun to surface at school. She had no close friends to share her feelings with, no one to care that she felt like a freak in a carnival.

No one looked her in the eye anymore; when someone did talk to her, they nervously looked up and down at the ground, inching farther and farther away from her with each word.

The bottom line was, she was out-of-place. She was 14 years old, in junior high school, and pregnant.

To protect the identification of the person interviewed, her name will not be used. It could be your neighbor, your sister or your daughter.

She had been attending the same school for two years and would be graduated at year's end. Academically, she was an average student, mostly "C's," with a "B" here and there. She had a few acquaintances, but no close friends. She wasn't in any of the popular cliques, or in any clique at all.

"Mostly, I just had a boyfriend. We spent most of our time together in school, as well as out," she said.

It was assumed among her peers that she was sexually active. To her face, they would feign respect, asking questions about sex. But she knew, having overheard them once, that they laughed at her predicament behind her back. It was after overhearing their laughter that the idea of suicide jumped to the forefront of her mind, taking residence there for several days.

Being pregnant is a life-changing experience. Decisions are thrust into the person's thoughts: have the child, or have an abortion?

Being pregnant and 14 years old, with no decision-making experience to rely upon, can (and does in some cases) become a life-threatening ordeal. The age of 14 presents a couple of unique characteristics. It is a stage during which acceptance by others (peers) is the dominant motivation behind socializing with different groups. There is substantial potential for problems to arise during this period — problems weighty enough to leave emotional scars.

Secondly, by the very nature of their emotional immaturity, a 14-year-old's method of coping will have life-time significance. Some choose to cope by taking their own life.

Suicides can be measured by number, but there is no way to measure the motivation behind suicide. Who's to say that many suicides by women ages 15-24 are not carried out because they suddenly become burdened by pregnancy? How would one prove or disprove a correlation? Peer acceptance is crucial. Fitting in, or not fitting in, can affect a person's perspective. Being ostracized can make the world ugly and the people in it unappealing.

Is sex education the answer?

What is it that Connecticut knows that the rest of the country doesn't? Sex education, probably.

Connecticut has the lowest birth rate in our country, but according to the Jan. 17 issue of *Newsweek*, Wyoming has the lowest abortion rate. What does this mean? Nothing really, but if the recent "squeal law" had been given approval the way it had been written, those numbers would likely change for the worse.

First introduced in 1970, and brought up five times before U.S. Congress since, the federal regulation, which would have been funded by federal tax monies, would have forced any agency, private or public, to inform parents of teens 17 and under who had been prescribed any form of birth control.

Simply put, anyone 17 and under could not have obtained any prescribed form of birth control without their parents being notified by registered mail. What may or not be understood is the ramifications this might have on our society, as a whole, if this law had been interpreted the way it was written.

Recently, the states of New York and Washington, respectively, had their federal District Courts issue a permanent injunction against changing the present interpretation of the law. Should Texas do the same?

Doug Birdsong, director of the Waco Planned Parenthood, thinks so. "It's a silly notion to try and stop birth control practices, especially when teens are involved. The government shouldn't even consider a foolish law like that," he said.

Birdsong said that there were 1,600 persons 17 and under, currently being served by Planned Parenthood personnel in Waco. Nationally, Planned Parenthood personnel serve 600,000 persons.

"They (the other students) began to avoid me in the halls, and would move away as a group if I walked up and stood around," she said.

"I talked with my boyfriend about how things were getting with the other guys at school, but he seemed totally uncaring. See, I thought he was in love with me. I know it sounds corny now, to hear myself say this, but that's what he had told me over and over before it happened.

"When I found out, I got pretty depressed. There wasn't anyone I could trust to tell what was going on with me, and the longer I kept my secret, the more depressed I got," she said.

How did your depression manifest itself?

"I wasn't eating, so I wasn't gaining any weight like I was supposed to and that made me feel worse. My mother began asking questions as to why I wasn't going to school, so I would just lie and tell her the school nurse had told me to lay out and rest for a few days. Each time, I would just tell her my period was messed up or something, but it wasn't anything to worry about. She believed me for a long time."

"This law is unconstitutional because it discriminates against those persons 17 and under. What is not realized by the government, and most people, is that the only answer to this particular situation is better communication between parents and kids. Also, we sorely need better sex education in the schools," Birdsong said.

Carolyn Rodabough, MCC campus nurse, is one of the same opinion. "Yes, I think sex education is the answer, but that's a very controversial issue right now. Besides, things like this are very slow to change, if they change at all. I'm not for any law recommending informing on young people who wish to use birth control. That's their business," she said.

She added that, "Birth rates would skyrocket nationwide, and so would infant mortality rates. Just when things do begin to look a little better, statistically speaking, the government wants to try and pull the rug out from under the present situation. Really, it's stupidity. Stopping birth control is just not the solution."

In an informal, unscientific poll taken at MCC out of 100 persons who were surveyed, 82 percent said that this law should not have been brought up; 13 percent said it should have been voted down (which, in effect, it was); and five percent thought it should have passed. Is this reflectant of the national attitude?

As a sidebar to this story, there is an interview with a person who, at 14, was taking birth control but still got pregnant. She had been sexually active since she was 13. She thinks that the extra year that birth control gave her also gave her another year of experience in life, which may or not have enabled her to decide not to commit suicide.

You can decide for yourself by reading her story.



Employee of the month

Carmen Shaw, secretary to the director of business services, has been chosen as Employee of the Month for March. According to her peers, Shaw has a natural ability to get along with others and has an excellent knowledge of her job and has the skill it requires.

Teen workshop scheduled

A workshop on teenage self-image is being conducted at Richland Fashion Mall through the Continuing Education Division of McLennan Community College beginning Saturday, April 9 from 1:30 to 3:30 p.m. in the Community Room.

The workshop will continue for three weeks and the cost is \$13. Class enrollment is limited to 20 persons.

This course, taught by Shelly Glasscoe of Waco, is a comprehensive study of disciplines and techniques necessary to develop a young person's natural attractive features. Participants will study the latest theories in nutrition and exercise, effective skin-care techniques, personal make-up and color chemistry.

Interested persons can enroll in the Continuing Education Office in the Administrative Building on MCC campus. For more information, call 756-6511.

Therapy program accredited

The Respiratory Therapy program at McLennan Community College has received accreditation by the American Medical Association for the next five years.

The Committee on Allied Health Education and Accreditation of the AMA voted to award initial accreditation to MCC's program.

The accreditation decision was made upon recommendation of the Joint Review Committee for Respiratory Therapy Education which is sponsored by the American Association for Respiratory Therapy, the American College of Chest Physicians, the American Society of Anesthesiologists and the American Thoracic Society.

MCC's one-year Respiratory Therapy program leads to a certificate of completion in Respiratory Therapy. Graduates are eligible to apply to take the National Board for Respiratory Therapy Certification Examination.

Respiratory therapy technicians increasingly are in demand for jobs in medical institutions, clinics, nursing homes and home care programs.

The MCC Respiratory Therapy program admits one class per year in the Fall semester. An approximate total cost for the one-year program is \$500. Gary Clark, RRT, is director of MCC's program.

Editors offer career advice to students planning to follow in their footsteps

By HAROLD MANNING AND DEBBIE COWNOVER

When the newspaper business began to blossom, the typical newspaperman was stereotyped as a rough, heavy smoker and drinker.

Today, the stereotype is shattered and the image that has emerged is one of a well-educated, professional businessman or business woman.

Among the genre of "new journalists" are Bruce Kabat and Mark Hesse. Kabat is assistant managing editor of the *Waco Tribune-Herald* and Hesse is an editor for the *Houston Post*.

Kabat talked with the advanced reporting class March 14 and Hesse talked with the advanced reporting class March 16. Both offered tips to aspiring journalists.

At the two press conferences, Kabat and Hesse explored advice, opinions and experiences developed throughout their respective careers that years of working as editors have unfolded to them. Both began not too differently than any other student, hoping one day to establish himself in the world of journalism.

Kabat stressed the importance of a broad education before venturing out into the real world of deadlines and delirium.

"You need to acquire as many tools of the trade as possible. Get as much experience in writing, editing, layout and photography as you can," said Kabat.

Also, classes in government, law, computers and arts can prove to be a valuable asset. "By taking a business course or economics, you'll have the knowledge of terminology and will be able to take business jargon and make it simple and comprehensible for the average reader," said Kabat.

Kabat revealed that his own educational background was broad, even though at the time he did not plan to major in journalism. Intending to attend law school later on, he entered

the University of Nebraska in 1972. He then attended Creighton University, still in hopes of entering law school later.

He soon found himself enrolled in a two-year journalism program at the University of Missouri where he worked on the student newspaper. He had excelled in writing projects throughout school, so he decided he would try to make a living out of writing. It was at the University of Missouri that he decided to commit himself to journalism for better or worse.

Kabat's first job came during his last year in college. Kabat served a three-month internship at the *Democrat* in Sedalia, Missouri in 1976. Later he began working full-time with the *Democrat* after he graduated. "Summer internships are hard to come by but are a valuable experience," he said.

Kabat began to look for advancement opportunities while working in Sedalia. He traveled South to Waco, and nine months later he was named news editor. After an intermediate stay in Waco, he decided to move north again where he applied for a copy edi-

tor position at *The Kansas City Times*. City pressures soon began to build. Kabat was ready to return to Waco. "My wife was working during the day and I had to work at night. Our child was in a day care center. So we didn't get to see each other very much. Our lives were rushed and there was a lot of pressure. So when I was offered the job back in Waco, I jumped," said Kabat.

When asked about applying for "that first job" Kabat acknowledged by conveying some simple "dos" and "don'ts".

"If you're fortunate enough to obtain an interview for that first reporting job, be prepared. Do a little background work on the paper and the editor you'll be talking with. Learn the names of the owner, publisher and key editors. Be able to talk intelligently about the job you want. Be inquisitive," Kabat advised.

Mark Hesse gave journalism students additional advice on breaking into the news reporting field during a press conference March 16.

Hesse served as editor for a paper in Paris, France, and has since landed

his position at the *Post*.

Hesse graduated with a major in journalism and a minor in political science, and explained that a minor helps in writing because it provides a journalist with an area of expertise on which he can base his reporting. In choosing the area most suitable for a writer, Hesse said, "The best thing is to go with what you want, yourself, are most interested in." Hesse also said that it is helpful to have knowledge in as many areas as possible.

Hesse described some beneficial qualities for beginning a career in journalism saying, "It helps to have as much experience as possible and to be graduated from a school with a good name in journalism."

"I graduated from the University of Kansas, which has a well-established

reputation, and even though Missouri is 'the' school in the country as far as journalism goes, I can honestly say that Kansas was every bit as good. However, Missouri just happens to be the school with the more firmly-established reputation," Hesse said, elaborating on the importance of college choice.

Hesse also described the differences involved in working for a larger newspaper as compared to smaller ones around the country. "On a larger paper, like the *Post*, an editor's duties are a lot more specialized; whereas, in smaller papers, an editor would most likely be involved in everything from paste-up to writing," said Hesse.

Hesse was realistic in his overview of what breaking into the field of journalism is like. "Most larger papers will not even give applicants an interview without at least five years' experience and a B.S.," explained Hesse. Hesse explained, however, that for smaller papers, the criteria might be less.

"Their comments and help will be valuable to those attending press conferences this week who hope to follow in their footsteps," said *Highland Herald* Editor Amy Naul.



Bruce Kabat



Mark Hesse



Ruthie Foster, (right), MCC freshman commercial music major, was picked as one of the seven regional winners to compete in the All-American Collegiate Talent Search in Las Cruces, New Mexico. At left is Mark Peeples and Warren Conners is on drums. (Photo by Phillip Monroe)

Making the Big Time

Foster progresses to Nationals; enters with original composition

By PAM BRYANT

Yes, I've met the unbelievers,
Who turn their backs to the miracles
But the glory and the fame
They'll take it all—
But I believe somewhere there's
a rainbow
Ruthie Foster

Ruthie Foster, freshman Commercial Music major, may find her rainbow. She is one of seven national finalists competing in the All-American Collegiate Talent Search in Las Cruces, New Mexico on March 26.

Foster won MCC's Dazzling Review in Fall '82. She performed her original song, "Rainbows." A studio tape, along with a 5x7 glossy photograph, was sent into ACTS to be considered in Regional competition. Foster won again. She is now competing on the national level. If she wins again, she will receive \$3,000 for herself, and a \$3,000 scholarship for MCC's Commercial Music Department.

Foster will be performing her original composition before a panel of industry and celebrity judges.

"Ruthie Foster will not only be representing herself, she will also be representing MCC," said Bryant Burtson, director of Student Activities.

"The Fine Arts Department is putting out winners," he added.

Foster is both excited and nervous about the ACTS contest. "I hope I'll calm down," she said.

Foster is currently singing with the Joe Silva band. She plans to attend MCC again next year. "I want to find out all I can about professional music while I'm here," Foster said.

Dave Hibbard, director of Commercial Music, will accompany Foster to the competition. "Ruthie's a very talented young lady," Hibbard said.

Musical ideals of 'The Minx' defy rock stereotype

By PAM BRYANT

They laugh. They cry. They even get confused. They are people just like you and me. There is one difference. They express their feelings and many more through their rock music.

In general, they are called musicians. In specific, they are called The Minx. Their ideas about music center on keeping their feet on the ground, while still reaching for the stars. To Minx, their music is much more than just rock and roll.

The Minx are a Waco-based rock band that was formed about nine months ago, and has since played at clubs and private parties in Waco and surrounding cities like Mexia, Temple, Killeen, and Brownwood. They play regularly at the Waterworks and are soon to appear at MCC for a mini-concert March 25.

The band includes (not in order of importance): Clark Nauert, guitar; John Cleghorn, guitar and vocals; Greg Guest, lead vocals; Kenny Hoelscher, bass and vocals; and Jeff Bostic, drums.

To try to list all the past bands each has played with would be futile.

Each of them, when not performing, lead totally separate lives. Music is just their common denominator.

For instance, Jeff Bostic works for the Heart of Texas Council on Alcohol and Drug Abuse. He is a Curriculum Developer. Much of the material on

drugs and alcohol that the WISD teachers receive comes from the H.O.T. Council.

"Occasionally, I still counsel. For instance, about a week ago, a person called and specifically asked to talk to me. I had worked with them once before. That's really the only counseling that I'm doing for right now," said Bostic.

Bostic was an English teacher at Waco High School for three years. "When I was teaching, I didn't touch the drums. I felt that my teaching was all or nothing," said Bostic. Now that he is no longer teaching, Bostic has more time to devote to his music. Referring to the difficulty between the two roles, his job and his music, Bostic replied, "At first it was hard. I tried to play the businessman role and wear the suit and all. But now, I just try to be myself."

Bostic tries to keep these two roles separate: "I play a lot, but at work, I don't usually bring up my music."

One of Bostic's philosophies is "Be happy and have fun, yet still be productive."

Bostic's main musical motivation is personal expression. But it's different to play and rehearse at home, then perform in front of an audience. "At home, I get my own private satisfaction. I know when it's good. For an audience I see how they react to my music. I look at what it does for them," explained Bostic.

Also, Bostic enjoys rock 'n' roll. "I

think any type of music can be good, but there's more energy in rock than in other types of music."

What does Bostic see in the future for The Minx? "We really have no limits. We all have the natural ability. We have an extremely gifted lyricist, and Clark Nauert is a genius when it comes to knowing what will and what won't work."

But The Minx tries to be realistic about what could and couldn't happen for them in the future. "We're looking at one day at a time," said Bostic, adding that, "We're just now getting to the good stuff."

Clark Nauert, guitarist, is a whole story in himself. He is currently enrolled in the MCC Commercial Music Department and plans on graduating in May. He also teaches private guitar lessons.

"I have been listening to music since day one," said Nauert.

"There are many reasons why I play. Sometimes it's hard to get it untangled," said Nauert, explaining that acceptance is also an important reason. He feels everyone needs their "ego stroked." Communication is also very important to him. "It's more the enjoyment I get out of playing rather than the applause. Although that is gratifying," said Nauert.

Self-expression is yet another reason why Nauert plays: "I can say through my music what I might not get to say as well with words."

Nauert first began teaching be-

cause he needed the money. But he soon found that he really enjoyed teaching and the feeling you get through helping others. "I found that I enjoyed people," Nauert said.

Nauert feels it's easy for musicians to isolate themselves from the world. "Sometimes you get so wrapped up in practicing that you forget to talk and relate to people. That's scary," said Nauert.

Nauert enjoys all types of music. "I feel that music, in its highest form, is art."

He sees both good and bad in all music. He says he feels that any kind of music done well has its worth.

"I enjoy rock because of its appeal and energy. I like the roar that I get from playing rock. It's like something that I need to get out of my system."

Nauert has many goals for the future. One of these, is to produce an album of classical guitar, using popular song arrangements. He would also like to continue teaching. "Right now I have five students enrolled in my classical guitar. By next year, I plan to have 20 to 25 students," said Nauert.

Family is also very important to Nauert. He said, "It's hard to decide just what you want. I don't want to have a family someday, and only see them every so often," referring to the decision many musicians are faced with: whether to go out on the road, or stay in one place.

Greg Guest, lead vocalist, seems to

have no problem with this sort of decision. He definitely has stars in his eyes: "I love my music. I love to perform. I guess you could say it's what I do best."

Guest, is a part-time MCC student. He is currently a business major, but is also taking voice and guitar lessons. "Lorna McDonald is my voice instructor. I think she's just wonderful. She's really helped me a lot."

Guest has been with The Minx for a couple of months. He auditioned for them and landed the job.

Guest sings most of the bands songs. He especially enjoys performing songs by the popular rock band Journey. "Steve Perry, lead vocalist for Journey, is my idol," said Guest.

The Minx has yet another asset in guitar and vocalist, John Cleghorn. He is their vocals and guitar player. His talent lies in his original songs. "John seems to have a knack for coming up with those types of songs that stick in your head. They're called hooks," said fellow band member, Bostic.

Cleghorn writes his own music and lyrics. "It's an inspiration-type thing. I may write three or four songs in a row. But then I won't write again for a month or more," said Cleghorn.

Music is an extension of his personality. He may not say much in conversation, but he's quick to hand you one of his tapes and ask for an opinion. He feels he can say more about himself in his songs than he can in real life.

Cleghorn usually comes up with the tune he wants, and then tries to add words to it. "I always get the feel or mood first and then find words that fit. The way you write a love song is different from how you would write a 'real rocker'," said Cleghorn.

Kenny Hoelscher, bass and vocals, has been playing for about 16 years. "My dad played the piano and I used to follow him around. I can't remember when I was not interested in, or around, music," said Hoelscher.

What is it that keeps him playing? "That's a hard question," said Hoelscher. "Sometimes I get frustrated and will quit playing, but I always come back. It gets in your blood."

Hoelscher enjoys playing because he feels a sense of accomplishment from it.

A musician has to be totally devoted to his music. Hoelscher finds that hard sometimes. "I feel stuck in the middle a lot — between my job and my music. It's hard to define your main goal and give it your all. There is a time limit to what all I am able to do."

The Minx are proud of their accomplishments and feel that they can really become something special.

"When everything comes together — the tune is working right and everyone is doing his part — there's a very special magic. It may just be for a moment, but it makes it all worthwhile," said Bostic, summing up the major aspect of The Minx.

Nutrition-oriented fads come and go, while balanced diet, exercise remain essential

By DARLA COSTELLO

This is in for college-age women. This has caused many of them to resort to using unsafe fad diets as a means of quick weight loss.

Fad diets are not the only form of food fadism popular today. "Organic" and "natural" foods and high potency vitamins or other forms of food supplements are also common types of food fadisms.

Lois Moore, Nursing Instructor at MCC, suggests that because fad diets often involve eating a very limited variety of foods, the natural balance of nutrients in the body may be altered, causing damage to the body. "God put many foods on the earth to eat, and I think He knew what He was doing," said Moore.

Fad diets do nothing toward helping a person develop better eating habits that will last a lifetime; consequently, most of the weight loss while on a fad diet is often gained back.

Bad eating habits and extra weight are gained over a lengthy period of time, so changing your eating habits and losing weight should also be done gradually so that it becomes a part of your lifestyle.

With the rise of the health food industry have come "natural" and "organic" foods. Proponents of natural foods often claim that the soil in the United States is so depleted that crops are virtually void of nutrients. This is not true, writes Marie Krause, in her book *Food Nutrition and Diet Therapy*. The quantity of the crops may be reduced, but there will be little effect in the quality.

Because of the loose definition of natural and organic food, and the uncontrolled labeling practice, many organic foods have actually been treated with pesticides and many natural foods may contain additives not mentioned on labels, explains Sidney Margolius in his book, *Health Foods Facts and Fakes*.

Food fadists often claim that most aches, pains, colds, and various other common disorders are caused by vitamin deficiencies. The person claiming this also claims to have just the supplement to cure you.

Diseases caused by vitamin deficiencies are very rare in the United States. Often these things are only temporary disorders and will cure themselves. If such symptoms do persist, one should not take the advice of a food fadist, but should seek the advice of a competent physician, wrote Krause.

Vitamin supplements may be for some individuals by their doctor, but it is the general consensus that the best way to get vitamins is by eating a balanced diet, Krause wrote.

Health fadists often charge a higher price for so-called "natural" vitamins, claiming the natural ingredients are more useful to the body. "The body cannot differentiate between organic and synthetic vitamins" said Moore.

The greatest danger posed by food supplements are those claiming to be "cure-alls." "When people try so-called 'cure-alls,' it often delays them from getting the professional medical attention they really need," said Rose Williams, senior dietitian at Hillcrest Baptist Medical Center.

"It is very important to learn to read food labels and understand what they mean. This can help in having a nutritionally balanced diet," said Carolyn Rodabough, MCC's director of health services.

"Even though college students are always running at a hectic pace, they should try to get at least two balanced meals a day," said Williams. Williams offered salad as a fast and nutritious meal.

Williams suggested substituting fish for beef, eating fruits instead of sweets, and increasing daily intakes of fresh vegetables for those who are counting calories who still wish to have a balanced diet.



Apples aren't a forbidden fruit.

(Self photo by Darla Costello.)

Shave and haircut gone forever

By MARK LEMENAGER

With the advent of modern marketing techniques that push and pull consumer psyches like rats in a Skinner Box, Madison Avenue has all but erased the traditional candy-striped pole of Americana, the Barber Shop.

Barbers have been around for a long time. Ancient Greece and Rome both had barber shops, although it was fashionable among the wealthy to include a barber or two among the household servants.

European barbers are also steeped in tradition. In 1163, a Papal decree forbade clergymen to shed blood. At the time, monks of many orders were required to undergo regular bloodletting, as well as perform minor surgery. These duties were taken over by local barbers.

Originally classified as a religious guild, "The Guild of Barbers and Surgeons," they were granted a royal trademark in 1462 by King Edward IV. The crown did not distinguish between surgeons and barbers until 1745 when the two unions were split. In addition to the usual conversation and gossip, medieval barbers always kept a lute, guitar or violin on hand for entertainment of waiting customers.

As late as Colonial America, signs could be seen saying "Barber and Surgeon." They were accompanied

poles. At the time, the red still represented bloodletting, the white for bandages, and a basin was usually hung below.

With the twentieth century came the passing of blood-letting as a respected medical cure. The invention of the safety razor, and later the electric shaver, further limited the barber's duties to hair care with the popularity of the "Shingle Bob," a style popular with flappers in the 1920s.

The 1960s brought hard times to the barbering world. Wild, untamed hair styles for men and women took a serious chunk out of the barbering business. The solution to this economic tragedy was the unique practice of inverse pricing. Rather than charge by the amount of time and labor expended on a customer, barbers began charging less for more hair taken off.

Although short hair styles have returned to popularity, barbers may have been permanently changed by events of the 60s and 70s. Today, no one goes to the "barbers" to get a "hair cut." Girls go to get their hair "done." The verb "cut" is rarely found in the vocabulary of most coiffeurs. "Styles," "perms," "shaping," "feathering" and "shampoos" all sound much more professional and expensive.

All this has led to the demise of the "Barber Shop." The modern barber

looking to get a hair cut today would find himself lost in a quagmire of creative euphemisms that steer the prospective hair cutter to their proper demographic locale. Computer-age barber shops manage to find names that try to be both creative and cute. Most fall short in both categories.

Some leave their purpose a total mystery to the customer. What would you expect to get at "Your Father's Moustache?" Sounds more like a ghetto insult than a barber shop. Is the "March Hair" a barber shop or a pet store? "Head Shapers" makes you wonder if you'll get a haircut or a lobotomy if you walk through their doors. "The Froo Spirit" sounds like if you walk in there for a haircut, you'll come out looking like the lead singer for "A Flock of Seagulls."

Some establishments still give the customer a clue to their real function, such as "Hair Designs" and "Hair Unique" and a handful of traditionalists actually use the term "Barber Shop."

The hair gets cut pretty much the same no matter how exotic the title of business. Still, it's sad to see the old red and white poles disappearing around the country.

But it's better to shell out \$12 or \$15 for a "deluxe feather style with shampoo" than two bits and a couple of pints of blood for the latest hair fashion.



Future MCC student Brian Sherard.

(Photo by Wynona Truitt)

Snake show set

Rattlesnakes in the Lion's Den — sounds like a dangerous meeting of two very deadly critters. Instead, it is a rattlesnake rodeo/lund raiser that Waco Jaycees will sponsor March 26-27 in the Lion's Club Den, 1716 No. 42nd St.

The rodeo's stars come from a daring pack of young men who call themselves the Heart of Texas Snake Handlers. "It's really a safety show," said Butch Hoffleinger, president of the HOT Snake Handlers club. "We don't teach fear. We teach people to respect the snakes."

"There are lots of snakes around this part of the country," said Jaycee Chester Togue. He said that folks around Waco will benefit from the safety lessons the snake handlers teach.

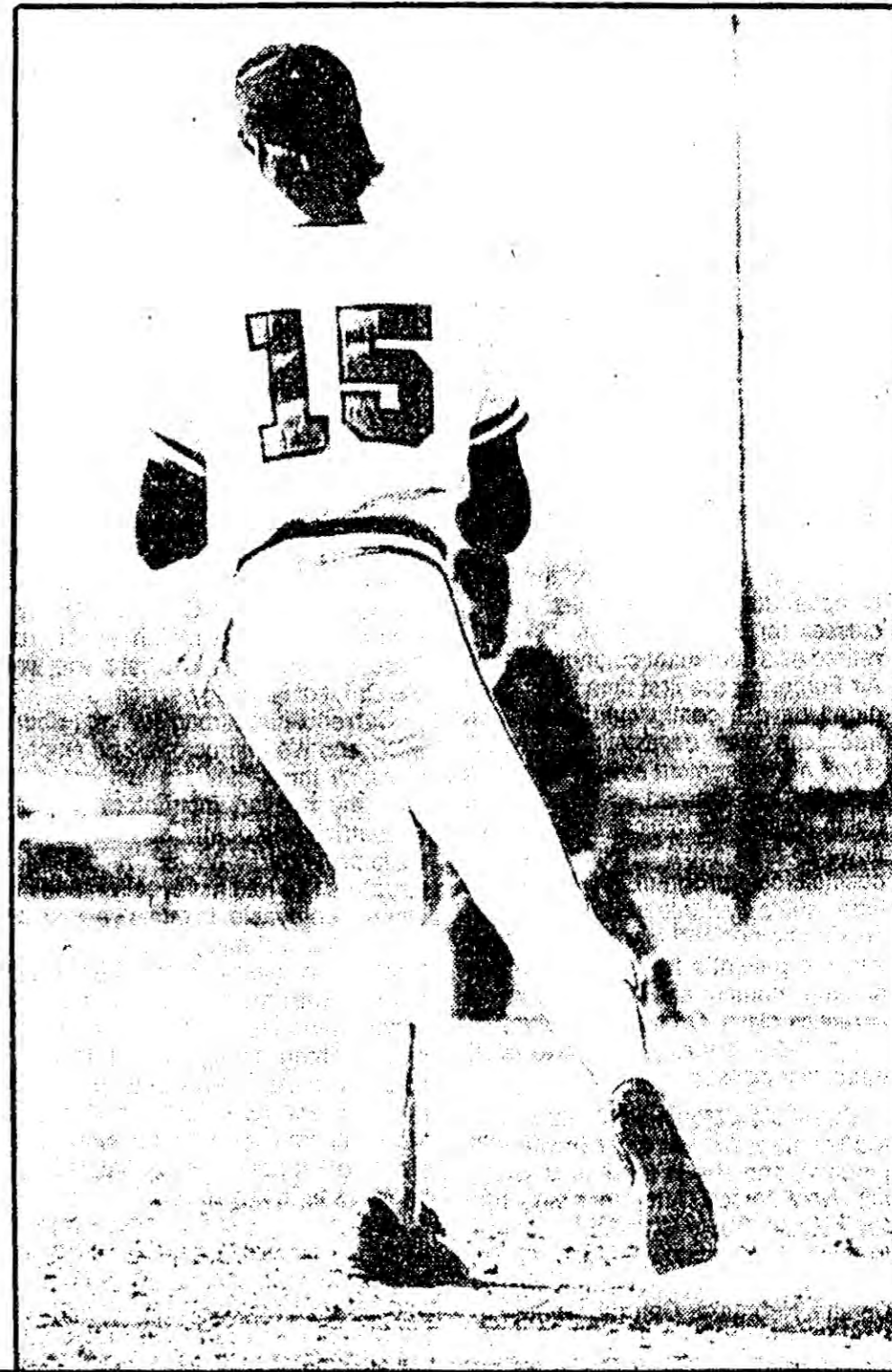
If kissing, cuddling and milking snakes are not your cup of venom, then there are the arts and crafts booths that will surround the snake pit area. (Anyone wanting to sell their own craftwork may contact Chester Togue at 754-2034.) Or, better yet, sample a snake-and-bake snake steak that some say is super savory.

The snake shows will begin every 40 minutes on Sat., 10 a.m., and Sun., noon - 6 p.m. Admission is \$1 for children, and \$2 for adults. All proceeds will go back to the community," said Togue, for such purposes as the Family Abuse Center and the Alcohol Counseling Center.



Stretch, one, two, stretch

MCC first baseman Dodd Johnson goes through various contortions in last Friday's win over Ranger. (Photos by Bill Mitchell)



Team off to impressive start

Highland hardballers striving to recognize potential

By TRACEY THOMPSON

It's a certainty that Spring will come upon us each year. Spring means a lot of things to a lot of different people. But at MCC, Spring means baseball — winning baseball. With the smell of Spring in the air, it's looking like there will be no lack of W's in the win column for the Highlanders.

As of press-time, the men in orange have sprinted out of the starting gate, striding to a quick 20 - 5 record.

"I'm happy with the way we've been playing. Especially over Spring Break. We're hitting real well. We haven't been scoring early, so we've had to come from behind to win a lot of games. Our youth showed up in our five losses," said Head Coach Rick Butler.

This season's starting line-up consists of Chris Spear, catcher; Dodd Johnson, first base; Mike Qualls, second base; Greg Dennis, short stop; David Wrzesinski, third base; Gary Gibbs, left field; Jay Buhner, center field; David Turner, right field; and

Kenneth Patterson, designated hitter. The starting pitching rotation is varied due to certain factors. "It depends on how many games a week we're playing, and how many games our top three — Lanny Hengst, Patterson, and Scott Ayers — have pitched," said Butler.

A couple of Highlanders have turned a few heads in the new season. Turner in right field has been what Butler calls "a solidifying force from the outset, while Dennis has been a force in the infield."

Hengst has already racked up eight victories on the mound against one setback. Patterson has been effective on the mound also, not to mention his work with the bat at the designated hitter position.

Spear is getting the job done behind the plate and "has gained the confidence of our pitching staff," said Butler.

Butler also explained that, "Our weakness is in one or two areas. Our pitchers fielding and third base. Wrzesinski, our third baseman, came to us as an outfielder, and also played first base for awhile before being placed on third. It's a tough position and he's still a little unsure of himself. It's a new position for him with new responsibilities. But he's making progress daily and I feel he's going to make a good third baseman."

Patterson and Buhner have turned into MCC's long-ball threats for the Highlanders in the season's infancy,

with four and three homers respectively.

Butler isn't short on praise for the fence-busting center-fielder Buhner, saying that "he's the most powerful player in our league. Maybe more powerful than anybody in the Southwest Conference."

If there are any bases missing on the diamond this season, left fielder Gary Gibbs is the man to look up. He's registered a 6.4 in the 60-yard dash, and pilfered 20 bags last season.

This season's schedule looks to be "very demanding," at one point playing 25 games in three weeks.

MCC's toughest competition in conference is expected to come from Ranger Junior College and Northwood Institute. The Highlanders are picked to finish third. "Being picked third is a new position for us. It just shows how much the other teams have improved. We've had to accept it, and I think it challenges us to work harder," said Butler.

Will the current team compare to some of the great MCC teams of the past? "Each team has its own identity. My first team didn't have much power, we sprayed the ball, but had good pitching. The next year we had defense and so much power. We hit 82 homers that year," said Butler.

Butler also reflected on last year, adding that, "We had pitchers who kept us in ballgames, and we didn't have as much power as the team before."

"This year we have a combination of power and hard line-drive hitting — and we're very aggressive. This team doesn't realize it's hitting capabilities. Our pitchers don't realize their full capabilities either," said Butler.

Well, if the Highlanders are 20 - 5, have a nine-game winning streak and haven't yet realized their capabilities and full potential, when they do, there's going to be some baseball size hail coming down on a few heads in the Region V Division this Spring.

MCC ex succeeds as Astro

By WYNONA TROUP

"Take me out to the ballgame" could well be the theme song of the Class A Florida State League Coach for the Houston Astros, Stan Hough, former MCC student and a 1972 graduate of Richfield High School.

Hough has played pro ball for the Astros since March 1, 1981. While with the New York Mets, he was invited to spring training at the Major League Camp in St. Petersburg, Fla., for four years in a row, 1977-1980.

While there, he trained and "rubbed elbows" with the big names in baseball. His managers were Laurence (Yogi) Berra and Joe Torre, both of whom are in baseball's Hall of Fame.

While a catcher for the Columbus Astros, Hough was asked to play piano on the back of a flat bed truck as a promotional attraction. Also, while in Georgia in June 1982, Gayfers in the Peachtree Mall ran a two-page spread featuring sports attire. Hough and his wife Martha modeled clothes from the store.

Hough met Martha when he was playing ball at the Tidewater Area of Virginia Beach, Va. She was a life-guard. Hough had brought a bottled pop onto the swimming area and she came over to tell him that bottles weren't allowed in the area. Every time he went back to that pool, he would take a bottle with him to get her attention. He finally asked her to dinner. They were married in November of 1980.

Hough brought his bride to Waco; she worked at Westview National Bank, but for the past year has taught at Crestview Elementary School.

It might be said that Hough was "taken out to the ballgame" before he was even born, as his mother played softball until she was three months pregnant with Stan. His father, Ben Hough, was a pitcher for Baylor University from 1947 until 1950. He was invited to play pro ball, but felt he was too old (as he had been in the service before attending Baylor.) Instead, he got a bachelor's degree in business and worked as comptroller for Owens-Illinois for 16 years.

Percy Hough, Stan's uncle, also took him "out to the ballgame." He was a catcher for the Pittsburgh Pirates (now the Atlanta Braves) and the Chicago Cubs.

As soon as Stan Hough could hold a bat, he was playing baseball. At eight, he played in Little League and began his steady climb up the baseball ladder. A scout discovered him at Richfield and he received a scholar-



Astro pitcher Stan Hough

work, Hough said. Many times the team traveled eight to 10 hours, played a game, then traveled to another game. Hough also told them to learn how to handle their finances and obligations, and try to get the most from their education while they can.

Burroughs appreciated Hough taking the time to come and speak to his students. "He's a super nice guy," Burroughs said.

Rick Butler, MCC baseball coach, said that Hough was an average baseball player who had worked hard to become an outstanding individual, and that he wants to be the best in anything he does. "I feel that he will become a big name in baseball... if he wants to bad enough," said Butler.

Friends remember Hough as well: HPE Instructor Dub Kilgo said "He is a hard worker and an inspiration to me and my students. It wasn't easy for Hough."

"It wasn't easy for Stan to juggle pro ball with college. He'd have to come back after the semester had already begun and have to catch up. He could only go one semester a year. But he has finished at MCC and will complete his bachelor's degree at Baylor in Physical Education."

"Perseverance describes him best," continues Kilgo. "He comes back to really give his time to work out with and inspire the students."

Hough said both Kilgo and Butler have been great help and inspiration to him. Kilgo and Hough attended Richfield High together.

Hough already has his name on sporting equipment. He is also an avid hunter, fisherman, plays golf and the trumpet well. He is also an accomplished pianist.

In his spare time, Hough built a quail farm for 4,000 birds. He sells the birds to hunting kennels in Mexico and Bastrop, where they train hunting dogs with them. He also sells quail to restaurants and farmers.

Hough's uncle, Ben, is "babysitting" the birds and eggs until Stan returns in September to continue his schooling at Baylor.

As Hough pulled out of his parent's driveway in late February (his trailer running over with bicycles, golf clubs and other sporting equipment.) It was easy to remember his words: "My job isn't work, it's fun. I love it!"

He was happy to be going to Daytona Beach, Fla. to follow his dream to coach baseball and may have hummed "Take me out to the ballgame... I don't care if I never come back."

But that is only a song. Hough will be back.

'Landers drop championship

Midland staves off late comeback to win, 89-79
Everett, Greene named to all-tournament team

By TRACEY THOMPSON

The MCC Highlander basketball team fought and scratched their way into the Region V Championship game only to fall to Midland College, 89-79, March 6. The Highlanders fell behind by 16 points with eight minutes left in the game, but then reeled off a 14-2 scoring binge to pull within four of the Chapparells.

Midland, who finished 31-3 on the year, took advantage of MCC's lack of defense and unorganized offense in

the first half to build a strong lead.

Chester Smith, the Chapparells 6'7" forward, dominated the middle, scoring 36 points during the evening.

After pulling within four, the Highlanders couldn't quite get over the top as Midland slipped from their grasp.

The Highlanders began tourney play with a 76-73 squeaker over Howard College.

MCC jumped out to a 14-point lead in the first half and managed to barely

stay out in front during the remainder of the game.

The win sent the Highlanders into the semi-final game where they won out in another tight affair, 64-61, over Cisco Junior College.

MCC managed to hit 12 of 16 free throws in the last four minutes to maintain their lead. Jerry Everett dominated the game for the Highlanders finishing with a game-high 27 points.

Everett and Vincent Greene were named to the all-tournament team.

Golf team captures tournament

By BILL MITCHELL

The MCC Highlander's golf team, led by Coach Robert Ammon, carries on a winning tradition that is eminent for MCC. The last first place victory over live other teams at the Quail Creek Invitational in San Marcus put the team standing at six first place victories out of seven tries.

After 36 holes of grueling competition, MCC came out on top with a team total of 590. MCC golfers Mike Board and John Derrick have to be commended on excellent rounds of golf; Board shooting 2-under-par 70 for the 1st round and an even par 72 for the second round, and Derrick shooting an even par 72 for the first round and a 2-under-par 70 for the second. A playoff of sudden death existed between Board and Derrick. Board confidently walked away with it in the second hole, winning his third tournament victory this season.

Coach Ammon commented, "The law of averages will catch up with Dur-

rick since he has been in four sudden death playoffs this season."

When asked what makes a winning spirit within the Highlander team, Ammon replied, "I have thirteen good men, each capable of taking the others place. This is where we separated the men from the boys."

The MCC team has the potential to be the best, but a lot of teams have the same potential. It takes hard work and preparation to maintain the winning potential. Knowing that they can be replaced at any time or place, the players have to be good and prove it. They must keep right on proving it day in and day out through each and every tournament.

Coach Ammon is a pure example for his team to follow. Walking into his office is like walking into a golf hall of fame. He has trophies on the shelves, golf clubs standing in the corner, golf books on a book shelf, and one entire wall covered with plaques of his past players' triumphs, including those recognized as All American Players

during seasons of play. This shows the dedication he has for having a winning team:

MCC Golf Team Standings

Player	First round	Second round	Overall total
Mike Board	70	72	142
John Derrick	72	70	142
Scott Tyson	73	72	145
Sam Back	76	76	152

Junior Division Team Standings

McLennan Community College	590
Paris Junior College	605
Temple Junior College	608
San Jacinto Junior College	611
Wharton Junior College	635
Eastfield Junior College	656

Senior Division Team Standings

Sam Houston College	590
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Nice People to Know

Artist, cafeteria workers enjoy campus life

By ABBY POSTON

Do you ever wonder just how some people seem to make friends so easily? How they are never at a loss for words and can make you feel comfortable almost instantly? And how laughter is such an integral part of their personality? Well, ANN CARRETTO, an MCC art major, is just that type of person.

Carretto has been around the MCC campus for a while "just taking classes for fun." She says, "When I retired as a lieutenant colonel from the Air Force, for the first time in my life I didn't have a commitment. So much free time was devastating to me." Since her retirement seven years ago Carretto has learned to bowl, swim, paint, make ceramics, create silk flowers, and she's attended MCC's cosmetology program. In her spare time she's volunteered at several nursing homes and a hospital to wash and cut patient's hair. At one of the nursing homes she also taught a ceramics class. On occasion she has taught Italian cooking classes to adult education classes.

Carretto's parents were born near Naples, Italy, (as were her husband's parents), and she is a native of Summit, New Jersey. After receiving her RN from All Souls Hospital School of Nursing in Morristown, New Jersey, and a B.S.N. from the University of Omaha, Nebraska, Carretto worked in New York for a short time then joined the U.S. Air Force Corps after listening to "glowing stories of air force life" from three of her friends. She was a recruiting nurse in the Boston area, then did tours of duty as a flight nurse. These tours took her all over Europe, the Near East, including Russia, Iran, Cyprus, Greece, Turkey, France, the United Kingdom and Africa. One of her most challenging assignments

was the Aeromedical Evacuation Assignment Squadron in Germany. While on tour in Europe, she was able to visit the home of her parents' relatives in Italy. After these visits, she said, "I loved visiting them and Italy, but I'm so glad, though, that my parents came to America."

An assignment to K.I. Sawyer AFB, Michigan, was probably one of the most memorable because it was there that she met her husband, Frank, who was also an officer and a navigator in the Air Force. The Carrettos' last assignment was Randolph Air Force Base in San Antonio where she was the Chief of Nursing Service.

Carretto has strong feelings about MCC and its instructors. She emphasizes, "I think they are just great. In fact, my two art instructors (Barney Fitzpatrick and John Chatmus) almost walk on water! And all the other instructors I've had have really made my classes enjoyable. In fact, I've enjoyed my music listening class and Mr. Hooten so much, that when I get through with my art classes I plan on taking piano lessons and music history. One thing, though, I love my life. I take my classes seriously, but I am going to school strictly for pleasure. When school gets to be work and starts to interfere with my social life, I know it's time to slack up."

And speaking of social life, Carretto loves to entertain and is currently helping to organize an Italian Cultural Society in Waco. One of her special hobbies is cooking Italian foods. She is also a member of the Waco Art Center and CASA, a Waco artists association.

If you're ever over in the Fine Arts building, look around for a little grey-headed Italian woman dressed in slacks and sweatshirt. She's Ann Carretto, the Fine Arts' unofficial goodwill ambassador, and she will be glad to show you around.

For a combined total of 34 years between five workers, five days a week, approximately 45 weeks a year, over 29,700 meals have been served to students, faculty and guests by the lunch bunch in the Student Center.

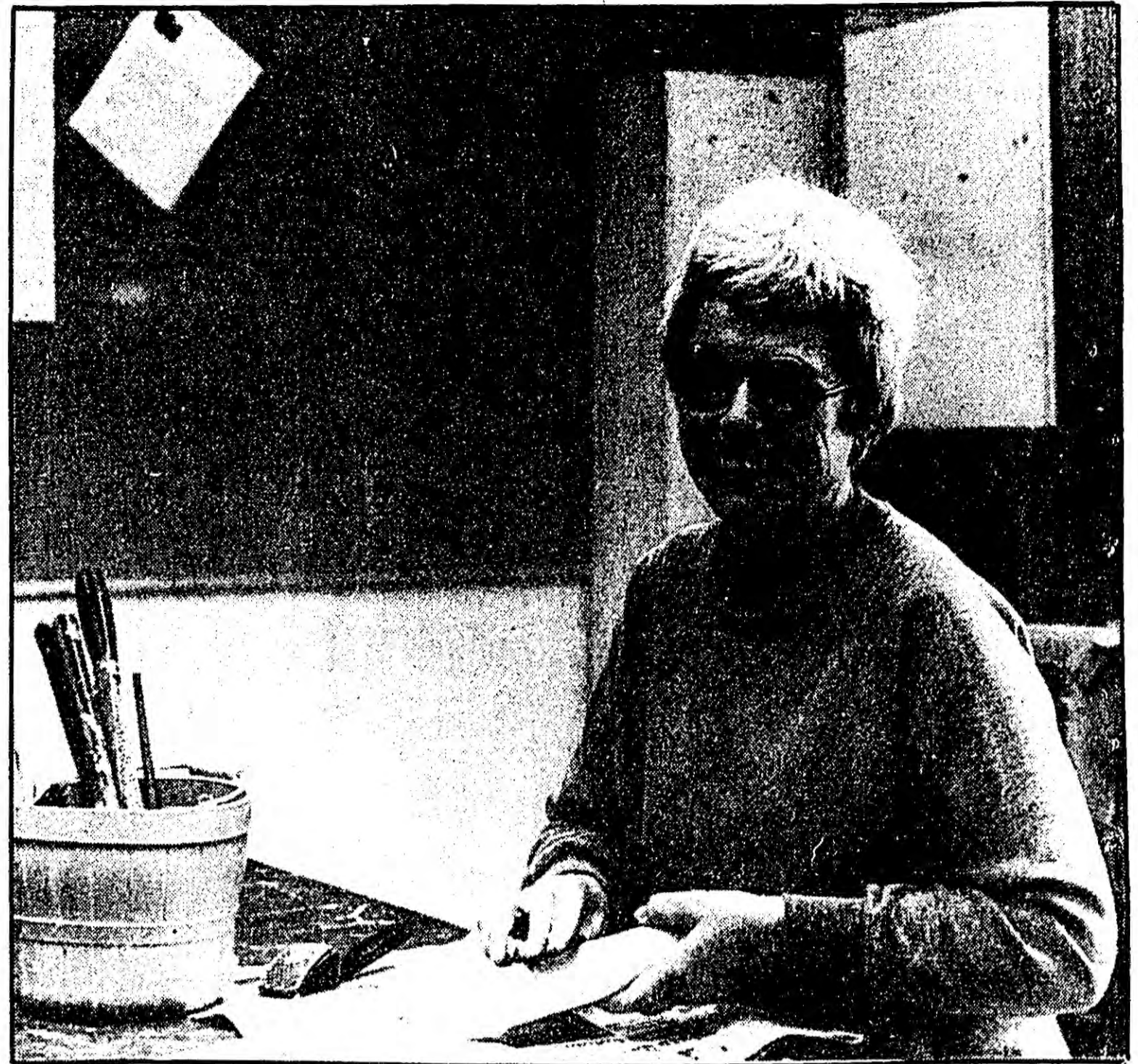
Food Service Supervisor NELDA MILLER (the tall blonde behind the cash register) knows nearly all the student's names as they come through the line. "I ought to," said Miller, "they're just like one big family. We see some of them for three meals a day."

LINDA SNIDER, Nelda's sister, and MARGARET PAGE carry on the duties of the short order grill, filling orders in record time. "Unless, of course, someone is out . . . then we all fill in for each other," said Miller.

HELEN HAMILTON might be recognized as the chief cook for the cafeteria-style foods served at the steam table. She is probably best known by the MCC personnel for her delicious soups and stews.

The newcomer and man behind the scene is FRANK HERNANDEZ. He's been at MCC only two years. His quiet manner and friendly smile enable him to be always handy to help clean up the inevitable spills.

In addition to the regular meals served in the Student Center, the Lunch Bunch caters MCC functions such as banquets, luncheons and conferences. The food service program comes under the direction of GARY LUFT, Vice President of Business Services. The cafeteria is open from 7:30 a.m. until 2 p.m. It reopens at 5 p.m. and stays open until 7:30 p.m. to serve athletes and evening students. These hours are in effect Monday through Thursday. On Friday, the cafeteria is open until 7 p.m.



Artist Ann Carretto is one of the nice people to know at MCC.

(Photo by Mark Rose)

Off the Record

Troup tells adventures of gore and ghouls from childhood stories

By WYNONA TROUP

Starry nights, fireflies and a storyteller were the highlight of my youth. I recall quiet evenings, where my parents, brothers and sisters and I came together for our special talks and story times.

We youngsters chased fireflies (or each other) until night shadows closed in around us and the nocturnal sounds of crickets and of chattering birds claiming their night space in the tree tops sent us scampering to snuggle near our parents' chairs.

The enchantment of the night made us feel so close and secure in our gathering. We watched for falling stars while shivering at father's tall tales or ghost stories and laid on home-made quilts that smelled of summer sun.

When our grandfathers or uncles came, they became the head storyteller, passing on to us their favorite tales or those of their own parents or grandparents.

We loved their stories and the story tellers — who assumed the roles of their brave or romantic characters.

My Uncle Charlie was the champion story teller. He could chill us to our bones with his sound effects. When he imitated a gruff character, we were afraid to look around us for fear that the awful person would really be there lurking behind us ready to pounce on our backs.

When I was 11, we moved into a two story house that was rumored to hold secrets of a mysterious death. My older brothers used this to frighten us girls away from the upper suite, which I later learned they merely wanted for themselves.

I finally braved the stairs and found no bodies or ghosts, but I was never quite sure about the sounds I heard.

To make matters worse, a cemetery lay directly behind our cornfield that adjoined our backyard.

One night, my brothers and a friend accepted a dare and spent the night in the cemetery without inviting me. I decided to get even with them.

After dark, I dressed up in my father's clothes, added a little padding, tucked my hair under an old hat, and bribed my sister to dress up and go with me to frighten them. The tall cornstalks cast eerie shadows in the moon light.

We bounded into their tent and screeched like a couple of ghouls, only to be calmly asked to come in. My disappointment soon dissipated when they began telling ghost stories and tales of the sounds that they claimed to be heard from the cemetery, but that was before I knew they wouldn't walk us back to the house. We screamed over a lot of cornstalks.

That night didn't end my love for stories. I continued to listen.

"To hear a story is an ancient longing." Kings in ancient times called for the court jesters to amuse them with a story.

Much of literature studied in schools today are tales passed down by storytellers before they were ever printed. Villagers would come from all around to hear the storytellers.

These old tales are treasured parts of our heritage. This art of "once upon a time" was becoming a lost art for about 50 years, but entertainers are having workshops across the country to preserve the legends and lore of the past.

In 1904, the National Story League was formed to revive story telling and in 1973, the National Association for the Preservation and Perpetuation of

Story-telling was organized in Jonesboro, a tiny town in the Tennessee mountains.

These organizations "breathed new life into stories half-buried by time." A college professor, Pleasant Deapain, even quit teaching to become a storyteller. He wrote a two-volume book entitled "Pleasant Journeys."

Another teacher left his job and took to the highways seeking stories. Following the trauma of a divorce, Heat Moon, a college English teacher, fitted his half-ton van with a bunk,

packed his old U.S. Navy seabag with clothes, a tape recorder and camera, and took off on America's backroads.

Moon, 43, has written a book, "Blue Highways: A Journey Into America" about his three month trip of 13,889 miles (more than halfway around the world.) The title refers to the blue lines on highway maps designating the roads he traveled.

"Every town seemed to have the unofficial storyteller," he said. "I'd be talking naturally to someone, but once I started hearing good stories, I would listen with a different ear and would

turn on my microcassette recorder."

Heat Moon returned to college, the University of Missouri, for a degree in Photojournalism. He is working on another book stemming from his journey around the country's perimeter.

Children who are withdrawn because of emotional problems can often be reached through stories. Storytellers are used in some hospitals to ease fears of children facing surgery, prolonged illness or just a stay in the hospital.

The love of stories is not limited to children, teenagers around a camp-

fire, or lovers that thrill to the "happily ever after." Men engage in tall fish and hunting tales or big sports events.

Not all stories have to be make-believe. Some of the favorite stories of children and adults are stories that actually happened to the story teller. You, too, have a story.

As nights become warmer, I will recall Elizabeth Allen's poem... "Backward, turn backward, O time in your flight, Make me a child again just for tonight..."

I will see the fireflies and wish for a story.

Editor's Notebook

Spring cleaning returns forgotten memories

By AMY NEAL

Every once in a while, I feel this great urge to declutter. Not my life, but my closets and my drawers. I very rarely do this. In fact, I had never done this until one morning over Spring Break. I actually accomplished some Spring Cleaning.

I saw my life pass before my eyes.

No, I wasn't dying. I was cleaning out the cabinets in my room. I am getting ready to move and the thing I will miss most is my built-in huge closets with drawers and shelves. They are great! Or I guess I should say they were great. Cleaning them out was a major upheaval in my life. For someone who has never thrown anything away since I moved to Waco nine years ago, that is quite an accumulation. Devastating is a more accurate picture.

Being a somewhat organized person, I decided to start at the top and work my way down. The top was fairly easy, recent garbage I didn't have any place for, so I had stuck it there. I could dispose of most of that without any emotional turmoil.

However, that was soon to change. I next found shoe boxes full of high school memorabilia. Remnants of my first Homecoming mum were spread throughout the box. The diary I kept when I dated my first boyfriend was clearly labeled "PRIVATE — DO NOT READ." Now that's enough to make anyone read it in a minute. My ticket stub to the H.O.T. Fair was quite worn from the night I clutched it tightly in my palms. It was my first "car date." I found secret notes my best friend and I wrote to each other in Spanish class instead of taking notes. No wonder we

never got past — "Hola!" And the very bottom of the box was filled with the wilted petals of my first rose. Real dumb stuff but it sure brought back good memories. It filled up one trash bag.

I continued down the pile where I found two more shoe boxes. They were filled with every birthday and Christmas card I had ever received. Then I found a note from a very special friend. It made me laugh and it made me cry. A few days after he wrote it, we were in a car accident and he lost his life.

Another drawer was full of souvenirs from when I traveled to Europe, pictures of all the things I was fortunate enough to visit and the brochures I always kept. I also found pic-

tures of a trip to Niagara Falls with my friend Kim and her parents. They were so funny. And my fifth grade scrapbook. I saw names of people that at one time were my very best friends and now I can't remember at all!

And then I found the best two letters of all. They are about all I kept. One was written by my mother and the other by my father during my senior year in high school. They told me how much they loved me. They explained their love and respect for me in the best words I have ever heard. They said they would always support me and never lose faith in me. That is one thing I'll keep forever. And I feel like the luckiest person in the world.

Maybe Spring Cleaning isn't as bad as I thought.

Cownover's Comments

Electronic soldiers trapped in video game warfare

By DEBBIE COWNOVER

I'm sick of it. I can't stand it. Every-where I turn it's a battleground.

IT (Definition): The Video Invasion.

O.K., at first it was a cute idea, I admit. But the cute idea turned into a not-so-cute obsession of mind and body.

When the first video game was introduced, teenagers were drawn to the mysterious invention out of simple curiosity (the kind that killed the cat). Soon, with the introduction of more barons of beep, the attraction was not so curious as it was addicting. The age group that once ranged from 10-18 grew to 10-80.

With the growth of the video game army came the birth of a new generation of followers: the electronic soldiers.

Rovello sounds at 3:30 p.m. and the young soldiers are called to attention. They march in a brisk tone from school to the battlegrounds of nearby 7-11s, Zippy's and game rooms.

Combat begins. For endless hours the young soldiers display their weapons tactics, as

they are both the receiver and contributor of electronic manipulation. After megaminutes of pushing, hitting, rolling and banging the machines, only taking intermediate breaks for a Coke or two, chips and candy, the soldiers triumphantly return to their home forts. By newstime, the soldiers have retired to their cots to begin dreaming of the new list of spaceship casualties they can inflict the following day.

Battle continues even in dream-land.

I'm not a video soldier. I can honestly say I've never touched a Pac-Man game in my life. I'm proud. I recall playing a few video games with my brother about two years ago (Asteroids and Centipede). But, I haven't touched a game since.

What is the redeemable value in video games? Time is a weighty factor in everything we do. So how can anyone waste time chunking quarters into a material object for three hours?

The video invasion has gone too far.

While watching a limited amount of television in my home last week, I was suddenly placed in a state of shock by

a commercial for a new home video game cartridge. I won't print the name of the company who manufactures the product. The commercial was in poor taste. It began with actual footage of World War II. A voice then says, "To turn World War II into a great video game . . ." I need not say more. The game is called B-17 Bombers.

Video games such as this contradict the original entertainment purpose and manufacturers of these products seem to be relying on tasteless ideas to beat the competition.

I shun to think what the next video game will be: "The Day the Zeppelin Fell," "Vietnam Jungle" or "Titanic"? I'll save my quarter for the jukebox.

Letter to the Editor

To the entire staff of The Highland Herald.

I am in a state of shock. I just read Ms. Neal's article in the Feb. 22 issue of The Highland Herald.

It was incredible to me that a person in a position of leadership would encourage such a practice as making cruel remarks about other women on a strictly physical basis. Sure, it's "all in good fun" on Sunday, but I can't help feeling this destructive practice must seep into her everyday life.

Society places a great enough importance on physical beauty (not at-

tractiveness, BEAUTY) already. People with outlooks (and God forbid, pastimes) like Ms. Neal's only aggravate a bad situation.

Young women are suffering from this social ill everyday in the form of bad self images, Anorexia Nervosa and even suicide.

Hopefully, Ms. Neal will think about this and next Sunday, instead of taking potshots at defenseless women, she and her mother will be content to curl up with a warm saucer of milk.

Sincerely,
Laura Stanton

The Highland Herald

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The Highland Herald is a publication of Journalism classes at McLennan Community College and is published bi-monthly from September through December and January through May. No off-campus advertising is accepted.

The campus newspaper is printed by the Waco Tribune-Herald. Opinions expressed are those of the writers and do not necessarily reflect the views of the MCC administration.

The Highland Herald is a member of the Texas Intercollegiate Press Association and the Texas Community College Journalism Association.

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