

The Highland Herald

McLennan Community
College

October 26, 1978—Vol. 13 No. 9

Non-profit Organization
U.S. Postage PAID Waco, Tex.
Postal Permit No. 118



HOW— Biology Instructor Pat Norton shows high school students the construction of the palmate leaf during the ALIVE field trip to Baylor Camp.

You can't fool Mother Nature

Area high school students got down to nature this past week with the aid of Gail Burrier, dean of arts and sciences and Pat Norton, biology instructor.

Burrier and Norton participated in an environmental field trip at Baylor Camp sponsored by the Association of Locally Involved Volunteers in Education (ALIVE).

The 174 students, selected from biology and ecology classes, were acquainted with

environmental problems by the instructors.

Burrier and Norton participated in the nature trail division of the field trip. Students were also instructed in the area of water by Martin Gustafson representing the U.S. Army Corps of Engineers.

Burrier said the field trips will continue through the semester. Dean of Students Services, La Verne Wong, and biology instructor Janis Jackson will participate in future trips.

photo by Marvin Clynch

SG sponsors photo contest

HH to conduct workshop

Photographers and would-be photographers will be the subject of a lot of attention next week as The Highland Herald sponsors a photography workshop and student government begins accepting entries to a photo contest set for Nov. 15.

Photo workshop

The photo workshop will be held Wednesday and Nov. 3 at the 10 o'clock hour in the campus publications office, down the hall from counseling. Ronnie Marroquin from Padgett's photography store will conduct the sessions.

"We hope people who are just beginning to be interested in photography, as well as more advanced photographers, will attend," Marroquin said. "That is the kind of group that makes for good discussions." A free photography guide will be given to participants.

This is the first such event held by the journalism department and journalism instructor Christine Wicker hopes it will accomplish several purposes. "We would like to become acquainted with some of the photographers on campus and recruit them for The Highland Herald if possible," she said, "but we know that some of the students who attend the workshop won't be interested in working with the campus newspaper and that's okay too."

"We really think a lot of students don't know the kind of facilities we have. We have a fully equipped, professional darkroom and a good range of photo equipment for Highland Herald staff photographers to use.

"Marvin Clynch who is our main staff photographer this semester has a lot of knowledge he is willing to share with students. He is already working with a few students and I would

like to see his expertise spread around a little more."

Students who want to take pictures have an excellent opportunity to get started and get some work published, Wicker said.

"The journalism department is small and that means we can give everyone a lot of attention. Under those circumstances even beginners can be doing good work very quickly," she said.

"This semester we've had a good example of what can be done. Trish Miles had never taken any pictures. She didn't even have a camera but she wanted to learn and was willing to put in a little time. Marvin took her out and she was able to come back with enough pictures to do one of the best photo essays we have this semester."

For participants in the student government contest the

workshop is a good opportunity to get some pointers, Wicker said. Clynch has volunteered to advise students anytime from now until the contest.

Photo contest

Deadline for entries to the photo contest is Nov. 14 at 5 p.m. Entry forms are available in the student activities office.

Students and faculty-staff will enter separate contests. Entrants may submit at the snap shot, intermediate or advanced levels.

Intermediate and advanced levels will be subdivided into black and white, and color categories. Participants may submit in a maximum of two categories or levels. Within each category or level a maximum of three photographs will be accepted from each entrant.

Awards will be given for first, second and third places. Waco professionals will judge the events.

All entries will be displayed in

the bridge area of the student center until Thanksgiving holidays.

Photos should be mounted on cardboard, matted or framed. There are no restrictions on size.

Student government will not be responsible for lost or stolen photos, Don Bynum, director of student activities, said.

The snap shot category will include photos taken with Instamatic, Polaroid or other instant cameras.

Intermediate photographs should have been taken with a 35 mm or 120 mm non-Instamatic cameras. Single lens reflex cameras, twin lens reflex cameras or range finders may be used. Entrants are expected to have had little or no formal training.

The advanced category will include work from photographers who have had formalized training or have worked as professional photographers. Photographers who do their own printing will also be in the advanced category.

Pipeline

Choose a career

The counseling office will offer a workshop for students who have not chosen a major and career field. The first class is Monday and continues Wednesday, Nov. 6 and 8 in the liberal arts building, 210. Students should sign up before the first class.

'Equus' begins Nov. 3

The drama department, under the direction of James Henderson, will present "Equus", Nov. 3, 4, 9, 10 and 11 at the fine arts theatre beginning at 8 p.m.

"Equus" was written and first produced in 1973 in London. In 1976, it opened on Broadway and won two Tony awards: best scenic production and best play.

Director James Henderson has seen performances of "Equus" in New York, London and Paris.

"This is a very modern, contemporary play," says Henderson. "It is a powerful psychological drama; a more mature thing than what we've done in the past."

Henderson secured special rights to perform the play. "It's very unique to let it (a play) out for other productions while it is still playing. We at MCC are the first in Central Texas to do 'Equus'," says Henderson.

A 20th century creation by Peter Shaffer, the play involves a mentally disturbed boy, Alan Strang, who turns to horses for the serenity he can't find in the outside world. After a tragic and violent incident where he blinds six horses, Alan is sent to a psychiatrist, Dr. Dysart.

Ironically, the doctor envies Alan's unrealistic outlook on life.

The cast for "Equus" includes Cliff Sharpless as Dr. Dysart, Jill Trice as Hester, Les Stevens as Alan, Cindy Parks as Dora Strang, Bryan Stuckey as Frank Strang, Liz Stanford as Jill, Glenda Preston as a nurse, Craig Dupree as Dalton and Randy Kemp as a young horseman.

Louis Willard, Coby Anderson, Neal Herring and Kenny Glaze play a chorus of horses. Vickie Pauling is assistant to director.

Reservations to "Equus" can be made by calling 756-6551, ext. 283, beginning Monday.

BSU presents concert

The Solid Rock Coffeehouse and the Baptist Student Union of TSTI and MCC are sponsoring "The Bosque Setting Song Concert" at 7 p.m., Nov. 3, at the amphitheater.

The concert will feature "Owl Creek," a Christian rock group from Temple, Phylis Oliver, a folk singer and guitar player from MCC, and "Reflections," a group from Baylor and MCC that sings contemporary Christian music.

Admission is free. To get to the amphitheater, go from the baseball field to the Bosque River.

YMCA to sponsor Halloween Fun Run

The YMCA Family Center will sponsor a Halloween Fun Run, open to everyone, Saturday.

Registration is today at the YMCA Family Center. The event will take place at 10 a.m. on the open field between Jefferson-Moore High School, and the Waco Convention Center. Registration for YMCA members is \$1 and \$1.50 for guests. There will be two separate events, a one-mile race and a three-mile race, with separate divisions for men and women in both races. A total of 20 trophies will be given away to first place finishers in each event.

Rx from Rodabough

The numbers game

by Carolyn Rodabough, director of health services

90-50, 110-60, 140-100 - Are these ranges for class scores on your latest math exam? Or is it your speed over the normal speed limit on your latest speeding ticket? No, actually these figures are blood pressure readings. They may not play a very important role when compared to some of the other figures in your life at this time, but they may be much more important than you realize.

Hypertension (high blood pressure) is the primary cause of more than 20,000 deaths a year in the United States. It also contributes to hundreds of thousands of deaths from heart attacks and strokes yearly.

One of seven adults has high blood pressure. It is called a silent killer because in the early stages it produces no apparent symptoms. A person who is calm, young and appears to be the picture of health may be the victim of hypertension without realizing it.

Nobody knows why, but blacks are much more susceptible to hypertension. In fact, one of every four black Americans over eighteen is estimated to have high blood pressure, and it is the leading cause of deaths among blacks.

Contraceptive drugs can cause increased blood pressure in some women. This is more likely if there is a family history of hypertension or kidney disease. A doctor, therefore, will check blood pressure and family health history before prescribing birth control pills, and doctors recommend that anyone taking the Pill should have a blood pressure check every six months.

Hypertension is considered a widespread epidemic in this country. Yet once detected, it can usually be controlled. Early detection and treatment is the key to saving many lives.

Just what do those numbers mean? The top number of the blood pressure reading measures the force of your heartbeat pushing blood from the heart into the vessels (systolic pressure). The bottom number measures the pressure when your heart is at rest between beats (diastolic pressure). Blood pressure changes according to what you are doing. If it remains high all the time (in adults that's usually anything over 140-90), it indicates that there is too much pressure or strain on your heart and blood vessels.

Once detected, hypertension can and should be treated by a physician, who may recommend losing weight, cutting down on salt, stopping smoking, beginning a regular exercise program and finding methods to help you relax. The doctor may prescribe medication, which once prescribed, should not be discontinued without checking with a physician. You must also be careful about taking other types of drugs such as sinus medications which may elevate your blood pressure.

Also Student Kindred is sponsoring a hypertension screening Friday from 9 a.m. to 1:30 p.m. in the student center. Your number is important! So get your blood pressure checked.

DISCO!

DON'T DROP ME—Robert Palacios and Yolanda Vasquez demonstrate the Latin Hustle in Ray Murray's social dance class.



photo by Marvin Clynch

Staff

- Editor Julie Richter
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- News Editor Frank Fitzpatrick
- Sports Editors Robert Gough
- and Trip Stidham
- Reporters Lana Stone, Edna Howze
- and Joyce Klein
- Photographer Marvin Clynch
- Circulations Advisor Christina Wicker

The HIGHLAND HERALD is publication of the Journalism classes of McLENNAN COMMUNITY COLLEGE and is published weekly from September through May. Opinions expressed are those of the writers only.

classified

OPENING IN CHILD CARE CENTER --- The evening child care program has openings for children from 6-weeks to 10-years of age. Care is provided Monday through Thursday, 6-10 in the evening. Parents must be students in Technical Education. Applications are available in the Continuing Education Office and the Child Care Center during the day or 6-10 in the evenings. For further information contact Child Care Development.

Sports

Baseballers end fine fall season

Weight program to occupy winter months

With the fall baseball season officially ended, Coach Rick Butler's legions have gone indoors to begin weight training and to sharpen up some of the finer points of the game. Butler took some time before the winter workouts to evaluate his team's performance.

The Highlanders appear to be strong both offensively and defensively. Sophomore Mark Simon played a strong centerfield and hit .421 for the team to lead the team, while Mike Gothard (.380), Brad Coker (.365), Charlie O'Brien (.350), Earl Hathaway (.333) and Joe Hafertepe (.318) added to the offensive firepower. As a team, the Highlanders hit a solid .282 and committed only 29 errors in 22 scrimmage games.

It is the pitching that will get the most attention from Butler

and assistant coach Dub Kilgo. "It is our main concern right now. They (the pitching staff) have made considerable progress, but lack consistency," said Butler. "One day they'll go out and be world beaters and the next they can't find the plate. It takes concentration and the realization that they can't strike out everyone." Butler plans to carry nine or 10 pitchers on the squad, led by Perry Kilgo, Craig McMurtry, Carlos Hidalgo and Stan Hill. Hill led the team in walks and strikeouts, garnering 38 K's in only 34 innings pitched. Jeff Patterson, Joe Llamas and Ted Tobolka are expected to see plenty of action.

Infielder Bobby Cavazos, injured while sliding into second base against Southwestern at Georgetown, has his right wrist in a cast and will be lost to the

team for six weeks. "Cavazos is a big question mark now," said Butler. "It is to be seen when he can come back." Butler added that Cavazos had earlier strained his right triceps muscle, one of the main throwing muscles in the arm.

Currently, the team consists of 28 players, a size that Butler appears to like.

"We have whittled down the prospects that will help us a majority of the time and the people that will come in certain situations. We might get down to

26 or 25 next semester, so there will be plenty of competition in the spring. Also, some freshmen need to realize that they might not suit up unless they improve over the winter."

"Third base, shortstop and an outfield position are still not solidified, but shortstop is solid defensively, as is the rest of the outfield and another infield position. We've also had some inadequacies with our catchers."

In addition to the pitchers, Butler plans to carry three catchers, two first basemen, two

second basemen, four third basemen, two shortstops and seven or eight outfielders. Some players are slated to see action at more than one position.

The Highlanders have tentatively scheduled 53 games for the upcoming season this spring. Hill Junior College and Ranger JC will again provide the conference competition. The Rangers won the national JC baseball championship last season.

Davis rates 'Lassies

With the basketball season less than a month away, Lassie Coach Pam Davis thinks this year's Highlassie team has a chance for great things. But for great things to happen there must be some talented players. Coach Davis has the following thoughts on her players.

Cindy Huekabee - "Cindy is from University High School. She averaged 32 points a game last year. She is a good passer and pretty good defense player."

Gay Paek - "She comes to us from Stephenville. Gay will play the point for us. She drives the ball to hoop real well. If she thought she could score she would go right through a truck."

Phyllis Oliver - "Phyllis is from Fort Worth Southmost. She is a walk-on player and very dedicated individual. I am impressed with her desire and she will play a lot."

Becky Stecher - "Becky is from Astell. She is a ballhandler and will play the point and wing for us this year."

"We return four sophomores from last year's team (Feb. Davis, Linda Linnam, Cathy Westerfield and Lisa Leichter) who played good steady ball and have come back

ready to play this year.

Terry Warren - "Terry is from Midway High School. She is a super post player at Midway and has carried that ability over to us. She has good moves, determination, and is very enthusiastic."

Shannon Paek - "Shannon is also from Midway. She has very quick hands and makes up a lot of size by quickness."

DeAnna Kroll - "DeAnna is from Flourbluff near Corpus Christi. She has all the height advantage that she needs. Kroll is a southpaw (lefty) with a good touch. She is learning to go to the boards but needs to get more aggressive and a little quicker."

Jackie Valentine, Pam Green and Lorretta Lister - "All are from South Oakliff in Dallas. They are good athletes, come from a winning program and enjoy winning. Lorretta will play point for us. She shoots and feeds the ball real well. Pam is a good fast break player, rebounds well and gets down the court well. Jackie has the most athletic ability I have ever seen. She jumps very well and has a real soft touch along with some great moves."

MFL, Saints take wins

The MFL (Mighty Fine Ladies) used a second-half spurt to upend Kat's Kapers 16-8 in women's flag football action on Friday.

After the Kapers took the second period kickoff, Pam Dunlap intercepted a pass for the MFL and returned it to the Kat's 20 yard line. On the next play, Dunlap circled right end for the touchdown and the MFL led 8-0 after the conversion attempt was successful. Dunlap put the game out of reach when she picked off another pass and returned it 40 yards for the score. The two point conversion put the MFL out in front 16-0.

Nanette Cox scored the only TD for the Kat's Kapers when she race 40 yards around left end with 30 seconds remaining.

Two forfeits also occurred, one in both the men's and women's bracket. The Enforcers folded to the Rip-offs and Sweet Inspirations defaulted to the Untouchables.

The Saints made it two wins in a row with their 14-6 victory over the Rip-offs on Monday. On the second play of the game, quarterback Robbie Lehrman passed 28 yards to Mark Hanus for the score and Lehrman then hit C.R. Sinerude for the extra points.

In the second half, the Saints struck again when Lehrman fired a 44-yard swing pass to Sam Wells on a fourth down and four situation at the Saint-36 yard line. A touchdown with 1:30 to play in the game was the only scoring for the Rip-offs, who

were led defensively by Craig McMurtry and Ted Tobolka.

In the other men's game, OSFA topped the Vatican Crew while in women's play, the D.J. Dodgers won by forfeit over the Coneheads.

Wednesday's games were washed out and will be rescheduled for Friday. The Wild and Crazy Guys will meet the No Subs and OSFA takes on the Doobies in men's play while the Untouchables play the D.J. Dodgers in women's action.

On Monday, Bootzilla's Raiders encounter the First Kind, the Machos challenge the Ricky Rats and Trouble meets the Zoo.

A photo workshop for old pros and beginning photographers

The HIGHLAND HERALD is sponsoring a free photography workshop for photographers and beginners. A free beginners guide will be given to all participants. The workshop is good for orientation credit.

time: Wednesday Nov. 1 10 a.m.

Friday Nov. 3 10 a.m.

place: Campus Publications Office



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Pro , college football fortunes

by Robert Gough and Tex Stidham

A rash of upsets spotlighted last week's NFL season as the two previously undefeated teams, Los Angeles and Pittsburgh, fell from the ranks of the unbeaten. The Rams were stunned by the New Orleans Saints, 10-3, while the Houston Oilers beat the Steelers 24-17. Also, the New York Giants surprised Washington 17-6, Seattle shocked Oakland 27-7, Baltimore edged Denver 7-6 and Tampa Bay socked Chicago 33-19.

DALLAS 17 MINNESOTA 14 In a made-for-television Thursday night affair, neither team has had ample time to prepare. However, the Vikings have had less time than Dallas since they needed a day for travel. A battle of defenses, the Cowboys should win tonight because theirs is better.

GREEN BAY 24 TAMPA BAY 20 If this game was a fairy tale, the Bucs would trounce the Packers on their way to the NFC Central division title in only the second year of their existence. Unfortunately for Tampa, the "Battle of the Bays" is reality and should end with the Packers on top.

NEW ENGLAND 21 NEW YORK JETS 20 Probably the best game of the week as the Jets try to get back on top with the Patriots in the AFC East. Both teams won last week at home with high-powered offenses; the Jets racked up 21 first downs in their win over hapless St. Louis while New England rushed for 225 yards against Miami. The Pats are at home and should win.

The best of the rest: Miami 24, Baltimore 14; Houston 28, Cincinnati 17; Seattle 17, Denver 10; Oakland 21, San Diego 10; Philadelphia 31, St. Louis 21; Chicago 10, Detroit 9; Washington 27, San Francisco 10.

Last week's results: 4 right, 6 wrong, .400 pct.

Season's totals: 38 right, 22 wrong, .603 pct.

College Picks

The Baylor Bears surprised everyone last week when they downed the Texas Aggies 24-6. The Bears seemed to have put it all together to upset the No. 6 team in the country. Baylor depended on Running Back Walter Abercrombie from University High School. Abercrombie gained 207 yards on 19 carries.

Coach Emory Bellard of Texas A&M announced his resignation as head football coach. Assistant coach Tom Wilson will take over for the remainder of this year.

The Texas Longhorns upset third ranked Arkansas 28-21 for a share of the conference lead with Houston, which downed SMU 42-28. TCU upset The Tulane Green Wave 13-7 to win its second game of the year.

The big game of the day Saturday will match the Arkansas Razorbacks and the Houston Cougars in Houston. For the Hogs it is a must game if they are to have any chance of staying in the conference race. Arkansas gained 321 yards last week against Texas, while Houston had 465 net yards. Both teams have strong defenses and potent offenses. Houston is led by Quarterback Danny Davis and running backs Randy Love and Emmett King. King rushed for 161 yards and Love 121.

It's a big one in Houston and the winner will be in good shape in the conference. The Hogs could pull an upset. Playing in Houston is not as bad as playing at Texas.

My choice is Arkansas by 7. Ron Myer takes his Mustangs to Austin to face co-leader Texas.

SMU will try to regroup and upset the Steers on their own home field. Mike Ford leads the Mustangs. Ford last week was 21 of 42 for 357 yards. Of those yards 167 were caught by his favorite receiver Emanuel Tolbert. Texas was led by Randy McEachern who threw three touchdown passes, two of them to speedster Johnny "Lam" Jones.

SMU defense gave up too many rushing yards last week as the Coogs gained 380 yards. Texas running is improving each week as the offensive line begins to jell and freshman runners Brad Beck and Johnny "Jam" Jones find the holes. Texas should not have much trouble stopping SMU on the ground or even scoring. The biggest problem will come in the air. Ford will give the Horns all the headaches they want when the ball goes in the air. Texas should win the game, but the Horns must remember, if they get a big lead, they can't rest on it, just ask Baylor.

My choice is Texas by 14.

Two of the Southwest Conference's "touch luck" teams who "put it together" last week square off Saturday in Fort Worth's Amon G. Carter Stadium where TCU welcomes Baylor for homecoming.

Stadium where TCU welcomes Baylor for homecoming.

Last week TCU's defense forced Tulane's Green Wave into eight turnovers and thwarted a last minute comeback to chalk up a 13-7 upset victory, while Baylor downed A&M 24-6.

Last year Baylor won 48-9, gaining 528 total yards.

Coach F.A. Dry said "Before the season started Grant Teaff said he thought he had the best team he's had down there -- and I'm inclined to agree with him." Coach Grant Teaff said of victory "I hadn't smiled in so long my facial muscles had atrophied." About TCU he said, "they have played hard all year but have some tough injuries." After their victory over Tulane they will come into our game with a lot of steam," he said.

"I'm very proud of this team (Baylor), as proud as I was of our conference championship team in 1974. Our players still had confidence in themselves that they were a good football team. They deserved to win."

My choice is Baylor by 24.

In other games A&M by 20 over Rice, Arizona State by 10 over Washington, Missouri by 1 over Colorado and Georgia by 14 over Kentucky.

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