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Food for Families underway

Non-perishable food products, child care items needed

By KAY MEEK

The Food For Families canned food drive kicked off with the Dick Gimble Christian Rock Band, Tigress Gospel Choir, and the MCC Dance Company along with News Channel 10 last week in the Student Activities Center.

The food drive will continue through noon on Nov. 18 when the items will be counted. Then they will be taken to Caritas and combined with donations from others in McLennan County. Last year McLennan County gave 200,000 pounds of food to Caritas, said Eugene Jud, executive director of Caritas. This year he hopes to collect 250,000 pounds of food.

Last year MCC donated approximately 1,414 units of food to Caritas and about 850 of these were given by the Game Room Club with the Cosmetology Department coming in a close second, said Butch Pruett, who

has overseen this program in years past.

Campus clubs and organizations will collect donations. This year an organization again will have the opportunity to win a prize for the most amount of food given, but the prize has not been determined yet, said Stanley Brooks, game room clerk.

Individuals wishing to donate can drop off their donations in the Student Activities Center. The game room is offering an incentive to donate, said Brooks. Depending on the number of units of food given, the game room will allot free game room time to each person. These donations will go into a pile marked for individual donations.

Items needed include any non-perishable food products, child care items (formula, baby food, diapers) and personal care items (toothbrush, toothpaste, soap.

"Food items are especially needed and canned foods containing meat are also greatly appreciated. We depend entirely on the good will of the people," said Jud.

Caritas is an organization that provides emergency assistance with food, clothing, prescriptions, transportation and other basic needs. The program also sends out food to 38 United Way agencies, said Jud. Of every dollar given to Caritas, 93 cents is used for basic needs.

MCC scholars to be honored tomorrow

By ANNETTE BANKS

McLennan Scholars will be honored in a special program in the Lecture Hall Wednesday at 10 a.m.

During the ceremony the students will be presented a pin specifically designed for the McLennan Scholars.

Each year the college gives the McLennan Scholarship to students who graduate in the top 10 percent or who are one of the top five students of each McLennan County high school class.

The scholarship is valid for four consecutive long semesters. Recipients must begin using their scholarships no later than the fall semester immediately following graduation from high school. Students who graduate at times other than the spring must begin using their scholarship during the first long term after graduation.

Scholarship recipients must be enrolled in at least 12 hours of

college credit courses during the fall and spring semesters. A cumulative grade point average of 2.5 is required to maintain eligibility for this scholarship. Exceptions to the course load and grade point average requirement may be approved by the director of financial aid.

The amount of the scholarship is full tuition and fees each semester excluding late registration fees or class change fees.

The students receiving scholarships this fall are Amanda Adams, Karen Ainsworth, Sheila Albritton, Robert Bardin, Michelle Barefield, Arpi Barsamian, Bethany Belanger, Christi Bowdoin, Robben Brattain, Michelle Brockington, Dorothy Brown, William Brown, Brad Canon, Mark Cardona, Bryan Carter, Rebecca Davila, Joel DeShazo, Shannon Dennard and Leslie Dieterich.

Also Jennifer Elsberry, Crystal Fields, Joy Gage, Josh Gradel, Shea Gutierrez, Shannon

Heimann, Kirk Helpert, Rita Herrera, Selena Hubbard, Leighton Johnson, Rebecca King, William Kitchens, Angela Kucera, Matthew Lemon, Grant Mayer, Teri Meier, Michael Meister, Casie Miller, Hollie Moegelin, Kevin Moore, Elaine Morgan, Joseph Muhl, Colette Nehring, Laura Nelson, Teresa Oates, Brandi Olivarez, Axel Palomino and Tara Pannell.

Also Lisa Parshall, Shelly Pasket, Christina Pechacek, Anthony Pecina, Ophelia Perez, Elizabeth Pfeffer, Lance Polster, Shellie Pomerence, Lisa Putman, Brandy Pyburn, Dawn Reedy, James Reid, Lesley Rimplinger, Rhonda Robins, Julie Rowan, Michelle Smith, Tory Straten, Tanya Svec, Larry Sykora, Amy Tabor, Craig Tarpe, Jeremy Tice, Dustin Uptmore, Amy Vandiver, Gina Vanous, Buddy Vass, Rebecca Wedemeyer, Carrie Wenzel, Audra White, Caroline Wolske, Aaron York and Chris Deskins.

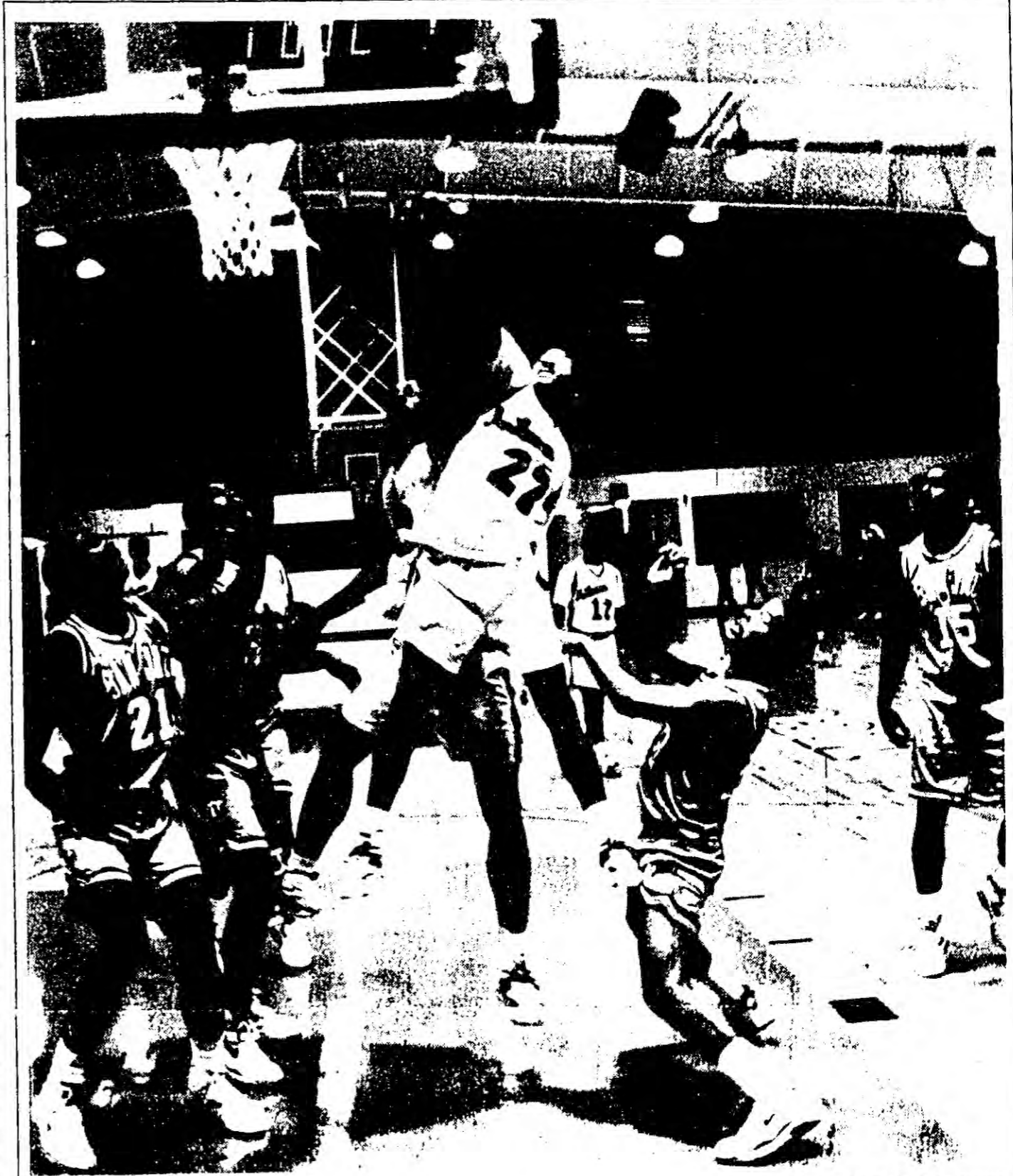


Photo by BROOKS WHITTINGTON

MCC'S KENNETH BENTON (22) DRIVES A REBOUND back into the hoop to score for the Highlanders against San Jacinto Junior College. Benton went on to score 19 as the Highlanders rolled over the 11th-ranked

Ravens 102-67. The Highlanders play Jacksonville College tomorrow night at 7 p.m. at the Highlands Gym. Admission to the Highlander's game is free to MCC students with a student identification card.

Speech team takes top jr. college honors

By Public Info. Office

McLennan Community College's speech team took top junior college honors and placed second in the overall sweepstakes at the annual forensic tournament Oct. 15-17 at Sam Houston State University. Participating were 26 colleges and universities and about 200 contestants.

"It is really nice when all of our hard work pays off like it has in our first two tournaments," said Gavin Massingill of Gatesville, one of MCC's team members. "Since there are only

five of us, we have to work even harder to do well. It feels great when we end up beating the big universities that have 15 and 20 people on their teams."

Merie Witt of Waco won second overall in individual sweepstakes, first in both persuasive speaking and communication analysis and fifth in informative speaking. She and Marco Suarez of McAllen placed second in debate and were the only junior college team to advance to the finals in this category. Suarez placed fourth as a

team debate speaker and fifth in persuasive speaking.

Massingill came in third overall in individual sweepstakes, first in after-dinner speaking, second in informative speaking and fifth in debate. Barry Sullivan of Waco took third place in informative speaking, and Carrie Spencer of Gatesville placed fourth in informative speaking, fifth in poetry and sixth in persuasive speaking.

The forensic team is coached by Linda Dulin and Glenn Jackson, MCC speech instructors.

Nursing Research Day

Local effort brings nurses together from different areas and backgrounds to share current research

By RACHEL SIMONETTE & BROOKS WHITTINGTON

MCC is sponsoring the First Annual Nursing Research Day Nov. 19 in the Community Services Center.

The conference also is sponsored by Hillcrest Baptist Medical Center, Waco Veterans Affairs Medical Center and Providence Health Center.

The purpose of the conference is to initiate discussion and learning with regard to clinical nursing research methods.

Antonette Montez, director of

the health and human services program, said that clinical nursing research is the active research that is being conducted in hospitals and medical centers all over the country.

The collaboration of local research at Hillcrest, Providence, Scott and White Hospital and the Veterans Affairs will be shared at the conference.

The goal of the conference is to share what is happening locally and to give nurses a brief history and feedback on nursing research.

"This is a local effort to bring nurses together from different areas to share what type of research is going on currently in nursing," Rita Spinn, nursing instructor, said.

The five main speakers will be Spinn, Lou Ann Kramer, Sandra Oliver, Helen McNabb and Melinda Williams. A panel consisting of researchers in Central Texas also will discuss various topics of nursing research.

Registration deadline is Nov. 16. For more info contact Montez at 750-3508.

Board of Trustees approves purchase of 80 new computers and technology fee

By BROOKS WHITTINGTON

The Board of Trustees approved the purchase of 80 new computers, costing \$135,854.50, at its meeting last month.

The computers will be paid for with money from grants such as Title III, Carl Perkins, and the Technology Plan department. The computers will be purchased from Parallel Port II while the five printers will be bought from

Entro Computer Center.

Twenty-five computers will go to the new writing lab, 32 to the faculty, five to the TEC lab, one to computer services, one to the library, 10 to the open access lab and six to Health Careers.

Other items on the agenda included a technology fee, reports from various groups and the employment of two staff members.

A \$1 technology fee per se-

mester hour beginning next Spring was approved. This fee will help pay for an open access lab for students and a new computer based writing lab.

Two student services specialists were also hired: Michael Slaughter for the Upward Bound program and Janice Melon for the support services.

The next Board of Trustees meeting is scheduled to be held in December.

Teaching excellence

MCC instructors to be nominated for recognition in teaching excellence. Nominations are due by Nov. 24

Students and former students have the opportunity this month to nominate one of their MCC instructors for recognition in teaching excellence.

Nominations are open for 11 teachers to be recognized -- five in the international arena and six locally.

Those nominations are due on or before Nov. 24.

The five will be honored for outstanding teaching by the National Institute for Staff and Organizational Development, an international organization for community colleges headquartered at the Univ. of Texas, Austin. Last year those

from the college receiving nominations from NISOD were Geraldine Carey, Linda Cook, Allen Hamilton, Don McCauley and Martha Sauter.

On the local level, six other instructors will be chosen to participate in Great Teacher Waco, a two-day workshop for teaching excellence that is co-sponsored by MCC, Baylor and TSTC.

Those participating in the Great Teacher Waco workshop last year were Linda Beatty, Cyndie Davis, Billy Dowdy, Jim Hall, Dorothea Nisbett and Sherrie Sedghi.

Nomination forms may be obtained at the student activities

office in the Student Center, the circulation desk in the Library or from the professional development center in the Fine Arts Building. Return the form to one of these sites, or mail to the Professional Development Committee, MCC, 1400 College Dr., Waco, TX 76708. Those making the nominations should give at least two reasons how they think the instructor represents "teaching excellence."

The faculty has already voted on another singular award for teaching excellence, the college's nomination for Piper Professor, and has chosen Nancy Ray-Mitchell.

Recycling to trim tree for Christmas

Children plan visit to the Resource Recycle Center for materials to decorate for Keep Waco Beautiful's annual Christmas tree lighting in December.

By ELISHA NIEMEYER
The MCC Child Development Resource Recycle Center is seeking recyclable materials to make decorations for the annual Christmas Tree Lighting.

Keep Waco Beautiful recently invited the Resource Recycle Center to provide materials and ideas for making Christmas tree decorations. This event, sponsored by Keep Waco Beautiful, will be held at Indian Springs Park on Dec. 2.

Area elementary schools will visit the Resource Recycle Center which is located in the Community Service Center, room 17. The students will view decorations made from various recyclable materials, collect materials and then go back to their classrooms to create the decorations.

"Keep Waco Beautiful has asked that we provide 400 ornaments and 1,000 ft. of garland," Sharon Fontaine, Recycling Center coordinator said.

All decorations must be dropped off at the Convention Center by Nov. 19. The ornaments must be durable enough to withstand one month of December weather.

"Any organization that works with children is invited to participate in the creation of decorations," Fontaine said.

Many recyclable household items are needed for the children to construct the decorations. These materials include plastic strawberry baskets, yarn, 6-pack rings, foil pie tins, jar lids, 2 and 3 liter drink bottles, plastic film canisters and juice concentrate containers.

Anyone who wishes to donate some of these items may drop them off in the donation box outside of the Resource Recycle Center. Large quantities of items can be picked up by calling 756-6551, ext. 205.

The Resource Recycling Center started in March 1991 with the help of a grant from the Junior League of Waco. Additional funds are also granted by the MCC Child Development Program budget.

"The Resource Recycling Center was designed to provide quality materials to parents and educators of young children," Fontaine said.

The Resource Recycling Center focuses on the needs of children from the ages of birth to eight. The resource program offers educational, manipulative and audio visual materials that are available to be checked out by teachers and child care professionals.

The recycling program offers unwanted recycled materials to provide "hands-on" creative learning for young children.

"Teachers and parents are welcome to visit the center and pick up materials during operating hours," Fontaine said.

Operating hours are Mondays and Thursdays, 5-7 p.m., and Wednesdays 12-2 p.m.



Photo by Elisha Niemeyer

CHRISTMAS TREE DECORATIONS are already in the works by Recycling Coordinator Sharon Fontaine. Keep Waco Beautiful needs ornaments for the annual Christmas tree lighting.

New course teaches about flock of the future

EMU RANCHING

By MIKE MELTON

As the alarm clock breaks the silence of a peaceful sleep, Sam Cole's eyes open and are instantly blinded by the morning sun's rays coming in through the window. He hears the rooster's crow break the silence of the morning and prepares to begin another day's work.

He smells the haunting aroma of fresh coffee which hastens his getting dressed and into the kitchen for breakfast. He exits through the back door of the kitchen and enters a storage building. Here he gets a bucket of poultry feed, walks to an unusually tall gate and enters a pen, pouring the feed into a feeder. He says good morning to his livestock. He is not a chicken rancher. He is an emu rancher.

Emu ranching is one of the latest profitable alternatives to traditional livestock ranching. MCC's continuing education is offering a course in emu ranching in order to meet the demands of the community.

Emus are members of the ratite bird family. Ratites, which include ostriches, rheas, cassowaries and kiwis, have a flat breastbone and small undeveloped wings rendering them flightless. Emus were imported from Australia in the 1930s, '40s and '50s as exotic stock for zoos. The Australian government put a ban on exporting emus about 30 years ago. When mature an emu can stand five to six feet tall and weigh between 130-150 pounds. They are the second largest flightless bird in the world and are known to live up to 30 years. Emus have been an agricultural mainstay to Australian Aborigines for several hundred years.

The emu was persecuted in the populated areas of Australia and completely eradicated in Tasmania. The birds were accused of drinking water intended for cattle and sheep, stomping down grain crops and consuming grain crops. In 1937 more than 37,000 emus were killed in the Northampton District of Australia alone for the bounty of 50 cents. In 1964 the state of West Australia still paid bounties on 14,476 emus. Recent studies in the wild have shown that emus, particularly the young, eat large quantities of grasshoppers and caterpillars while adults are fond of burrs which entangle sheep's wool.

The American Emu Association was formed in 1979 in Brenham and had fewer than 50 members. It is estimated that the association has more than 500 members today. Members range from 33 United States as well as Canada, Venezuela, Finland and Sweden.

Ranchers and investors have compared the \$60,000 investment cost for a breeding pair of ostriches to the nominal \$15,000 a breeding pair cost for emus and determined that the emu can recoup the initial investment faster and generate more profit. Emus can also be purchased at an average of \$1,500 a chick or by the unhatched egg. One of



Photo by Mike Melton

EMU RANCHER SAM COLE has recognized the potential profit of alternative livestock. Cole's female emu, named 'Darth Vader,' laid 106 eggs last year during the breeding season. For more information, contact Continuing Education at 750-3507.

the most attractive features of emus is that they can be raised and bred in an area as small as 20' x 40'. This attractive feature allows the emu rancher to raise their birds in country, urban or even city locations. A fence of six feet in height is sufficient to enclose the birds.

The emu's breeding season begins in early fall and continues through late spring. During the breeding season the female makes a drumming/deep booming sound and the male makes a grunting sound. Adult emus show no visible signs to determine sex, but they can be digitally sexed by experienced handlers. The male most commonly incubates the eggs and raises the chicks while the female lays an egg on average every three days. The prolific emu lays an

average of 20-40 eggs during the breeding season and begin breeding at an age of two to three years. The eggs are colored dark green-opaque and are about five inches long resembling an avocado.

Emus are raised for breeding stock, leather, oil, feathers and their low-cholesterol meat. Emu hide is very similar to ostrich hide except it is thinner and more pliable. While resembling ostrich leather in appearance, the emu hide is durable and is used in the production of boots, shoes, purses, clothing, briefcases and many other accessories.

About five liters of oil can be extracted from an emu at processing time. Research for the oil's use in cosmetic as well as medicinal purposes is currently being conducted. The oil is currently

being used in Australia in cosmetics and as a treatment for arthritis. Research is also being conducted to determine the possibilities of emu eyes being used as human transplants. The feathers are used in fashion clothing, feather dusters and fishing lures. Eggs that are infertile are blown out and carved or painted and make attractive- unusual ornaments.

The emu's red meat has fewer calories and less fat than beef. It has been tested and proven to have lower cholesterol than beef, chicken or turkey and tastes similar to beef. If emu production continues to increase, expect to see emu meat on the meat counter in local grocery stores between the chicken and beef in the next five to eight years.

Instructors do workshop in Czech Republic

By Clinton Egger

Last July, Michael White, Juan Mercado, Jeanette McGinnis, and Lera Tyler Lich traveled to the city of Brno in the Czech Republic, in what once was Czechoslovakia, to conduct a two week workshop for Czech teachers at the Masaryk University.

"We conducted a workshop for teachers of English in the secondary schools in the Czech

Republic," Lich, an English instructor, said. "We taught 35 English teachers and conducted discussions on American culture, history and literature as well as those (workshops) on the English language."

English was not the only thing taught at the workshop, White said.

"We had lots of lectures on American culture and they were very interested in the different

movements in America, such as the civil rights movement and the feminist movement," history instructor White said. "They were very curious about racism and violence and things they had gathered from American TV."

Unlike some Americans' preconceptions of the new countries formed from what once was a communist country, White said the Czech Republic is fairly stable.

"The Czech Republic has a democratic parliamentary system and is a compromise between socialism and capitalism," he said. "Although there has been a lot of change, it is quite stable."

The teachers didn't spend all their time working, though.

"We toured the country as well as those around it," Mercado, a psychology instructor, said. "We visited Poland, Hungary and the Auschwitz concentration camp."

Overall, the teachers said they were well received.

"We had a very good reaction from the teachers," Mercado said. "They wanted us to come back next summer to do it again."

Next time, though, White said the curriculum would change.

"We are under negotiations now to return," White said. "They would like us to teach on management and supervising skills next time."

Old West harnessed in new book by former student

By SHERRY W. EVANS

Wiping the dust from dry and boring history stories, former MCC student Tom Knowles is the co-editor of a new, multi-authored book about the Old West.

"The West That Was" is a 350-page book, seven years in the making, with over 150 illustrations, 16 pages of color and is sold at Dabney's Bookland. Joe Lansdale is the co-editor.

The book covers the Old West from the Louisiana Purchase to the death of Buffalo Bill. One article in the book rates covered wagons in a style similar to Consumer Reports. A whole section, called "She Won the West" is devoted to women and their defense of the homefront.

"It's different in that it's written by various high profile

authors," Knowles said. "I asked them to write about something they really enjoyed with a fresh perspective, not dry and dusty."

Cynthia Ann Parker and the Winchester rifle are two of the seven topics Knowles chose to write about for the book. He also took nine of the photos used in the book.

Born in Waco in 1955, Knowles graduated from Midway High School and enrolled at MCC in 1973 as a physics major. After taking some classes, he said he changed his mind about science and decided to do something else with his life.

His career as a writer began in the public information office at MCC. "The interviews I've done (including Kirby Friedman, Lyle Lovett and others) I learned how to do there,"

Knowles said. He added that drama classes at MCC helped him with creative writing because he learned about blocking and dialogue.

Only recently becoming a full time writer, Knowles worked a wide array of jobs from surveyor and design engineer to journalist and photographer to teacher at Texas A&M University. He's published articles and photos in several magazines and is a correspondent for Starlog magazine.

Living in Bryan, Knowles said he is currently working on the volume to follow "The West That Was." Planned for publication in September 1994, the "Wild West Show" will deal with the West in media. He said the third volume is planned for September 1995 and will be titled "The New West."



Photo by Sherry W. Evans

MAKING HIS MARK, Tom Knowles had a signing for his new book, "The West That Was," at the Texas Ranger Hall of Fame last month. In the preface to the book, he's described as a Texan chili rooler containing everything but the kitchen sink "and that's because we're using the sink as a mixing bowl."



Hunting draws family close

By MIKE MELTON
Editor-in-chief

I considered doing it, but I recalled my past experiences and weighed them with an iron fist of intuition.

My first recollection was one cold-windy winter day when the entire family was gathered on the ranch north of Meridian State Park. It was overcast all day long and the wind stung with numbness on my exposed five-year-old skin. It was 1963. We children decided to quit playing outside and return to the warmth of the house and enjoy the evening meal's wonderful house-filling aroma. I followed my Aunt Martha into the kitchen, it was her wonderfully thick beef stew. I loved her then dearly because she taught me how to cook my own meals. Maybe she would teach me how to cook that stew.

The family sat down after finishing the meal and a discussion ensued. Before the discussion could gain momentum, my Uncle J.T. Wilson's car pulled up to the house. Uncle J.T. was a character. He was a salesman and possessed a most remarkable sense of humor, but he had the darndest luck. Seemed every year for several years in a row, he would hit a deer on the road on the way to the ranch to hunt. This year was no exception. He had a deer tied onto the trunk of his car.

After the family quit laughing, the discussion resumed. Aunts, uncles, cousin and kin were all designating which deer

stand they would be hunting in and deciding which one at what time would come to get the other in order to safely return to the house.

My father and I were to hunt the field on the north hill. I had hunted rabbits, squirrels and possums, but I had never hunted deer before. We arrived at the hilltop and climbed up into a makeshift tree house in a huge oak tree. My father loaded the old British .303, putting it on safety and explained the gun's functions to me.

The mood and tone in my father's voice began to noticeably change. He began telling me the habits of the whitetail deer and the corresponding actions a human must take in order to hunt them and respect them. I felt like an Indian youth being prepared by his father for some kind of manhood ritual. After hearing the gory details of where to shoot the deer for a clean kill and the butchering process, I had serious doubts.

After what seemed like infinite episodes of fidgeting versus stillness and silence, a buck accompanied by two does jumped the fence on the perimeter of the field within 75 yards of our position. Completely unaware of our presence the four deer walked across the field on a trail in our direction. The buck stopped for a moment to note the position of the does. I stuck my fingers in my ears and my father squeezed

the trigger. The 180 grain bullet struck the buck between his ear and his eye. The buck fell instantly, unaware of our presence, in cold blood. It was a clean kill.

As my father cleaned the buck, I asked him if he could have shot the buck if he was aware of our presence or if the buck had looked at him. My father replied no. This rule has been instilled in me from that moment.

Several years ago while hunting near Iredell, I caught sight of a huge-beautiful buck. I studied his habits for two weeks in preparation for the perfect kill. This sucker had 22 points on a perfect rack. I had hand loaded a 125 grain hollow-point bullet and scoped it to perfection in a .300 Winchester Magnum rifle. It had an awesome velocity and it's trajectory was flat for 500 yards. Darndest thing was, the buck always detected me or looked at me before I could squeeze the second trigger on my double-trigger .300. I retired from hunting for a few years out of frustration and respect.

By the way, my Uncle J.T. pulled up to the deer camp without a deer already strapped to his trunk that year. That was the last time I got to hunt with him. He died a few years later of cancer. I'm getting a license this year, shooting the old British .303 and retiring it to display on the wall. Remember while hunting this season that safety and clean kill ethics should come first.

Rick Powell



The Highland Herald Poll

Should we wait until March 31 to withdraw troops from Somalia?



| Jay Rhea | Miranda Honea | Ryan Ross | Dawn Reedy | Jeff Anderson | Kit Tam |
|---|---|---|---|--|--|
| undecided major | radiology technician major | psychology major | physical therapy major | criminal justice major | marine biology major |
| "Yes, we should wait until March 31 to withdraw troops from Somalia." | "We should go ahead and take the troops out now because their lives are on the line." | "Yes, just to make sure that everything in Somalia is under control before the troops leave." | "Yes, we should wait to try and make peace so that the troops that have already died will not have died for nothing." | "No, get them out now because we are wasting time and we are not going to get anything out of it!" | "No, I think that we should start now because if we wait it might be to late." |

Poll Interviews and photographs by Elisha Niemeyer

Phi Theta Kappa inducts 49 members

By MELANIE GERIK

Forty-nine students were inducted to Phi Theta Kappa last week.

The ceremony was held Nov. 1 at 10 a.m. in the Community Services Center. After a welcome greeting by Phi Theta Kappa secretary Reagan Thompson, Jack Schneider, dean of arts and sciences delivered the keynote address. He congratulated the inductees on their achievements and success and stressed the importance that "potential should never go unrealized."

Phi Theta Kappa is a national organization for students in two-year colleges who have outstanding academic achievement. To be eligible, students must have a 3.5 grade point average, have completed at least 12 hours of credit at the college, and have been recommended by at least three faculty members. Nominated students also must pay a fee of \$35 for local, state and national dues.



Photo by Brooks Whittington

Finding a career

Students visit with a police officer as part of the activities of Criminal Justice Day last Thursday. More than 120 recruiters from all over the state

came to the Student Center to help students interested in a career in criminal justice find jobs in law enforcement agencies.

EDITORIALS

Registering early saves hassles, time

What is associated with chaos, redoing schedules, standing in line and being told time and time again, "that class is closed?" You got it, it's registration time.

No one enjoys wasting a large amount of time on something as simple as what classes to take next semester, so here are a few tips to come out of registration with as few scratches as possible.

A student's main problem is putting registration off until the last minute and find no classes are open. First, a student should decide what courses to take, act on it and set up a time to register. If a student does not, he will find himself in line three days before school starts with three

classes open, and they are all night classes.

Another problem a student faces during registration is missing a step in the registration process. The step is getting the course advising form from the registrar's office before going to the counselor. If a student always remembers this, it will save him or her a lot of time.

The last thing a student should remember when registering is to be patient. Just be glad this is not registration at University of Texas at Austin or Texas A&M. The process a student goes through at MCC is just setting them up for what is to come when he or she transfers to a four year university.

Butt out your cigarettes Nov. 18

The Great American Smokeout on Nov. 18 was designed to make smokers think about each cigarette they smoke during the course of one day and face the realities of their addiction and health.

Smokers might read the warnings on the side of their cigarette packs, but most smokers pay these warnings no second thought. Warnings such as "Quitting Smoking Now Greatly Reduces Serious Risks To Your Health" are generally ignored by smokers.

During the Great American Smokeout, smokers

will be forced to think about the dangers of smoking because they constantly should be reminded by their friends who do not smoke. Each time non-smokers remind a friend of the Great American Smokeout, they remind them that smoking is contrary to living a long, healthy, productive life.

If you smoke, please take the day off on Nov. 18 and reflect on your addiction and how healthy you were before you started. Then tell a friend to do the same.

The Highland Herald Staff

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Sherry W. Evans
Melanie Gerik
Aaron Tudor
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Brooks Whittington
Molly Chapman
Tom Buckner

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Senior Associate Editor
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