

Highland Herald

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McLennan Community College

Tuesday, Oct. 11, 1988



Photo by Ken Crawford

WITH A FLOURISH AND A SNIP president emeritus Wilbur A. Ball officially opens the Small Business Development Center and the Business Resource Center. The grand opening was held Oct. 4 in the Community Services Center. Also in the picture are current president Dr. Dennis Michaelis, master of ceremonies Flynn Bucy of the Center of Entrepreneurship, Board of Trustees Chairman James Hardwick, SBDC Director Lu Billings, and Curtis Cleveland of the Waco Chamber of Commerce.

Business center officially opens

By KEBANA REED

The grand opening of the Business Resource Center and the MCC Small Business Development Center was held Oct. 4 at the MCC Community Services Center.

Waco Mayor Pat Pattillo presented a certificate to Dr. Wilbur Ball, president emeritus of MCC, proclaiming Oct. 4 as "Business Resource Center and MCC Small Business Development Center Day."

Special recognition of individuals and businesses that worked for the development of the center preceded the ribbon cutting ceremony led by Ball.

On the program were Flynn Bucy, associate director at the Center of Entrepreneurship; Dr. Dennis Michaelis, president of MCC; Lu Billings, director of the

Small Business Development Center; and Till Phillips, deputy regional administrator of Region VI of the U.S. Small Business Administration.

Also, Price Arredondo, deputy director, Small Business Division of the Texas Department of Commerce; Kent Gilbreath, associate dean of the Hankamer School of Business at Baylor University; Bob Halpin, chairman of SCORE; and John Sumner, chairman of the Industrial Development Committee at the Greater Waco Chamber of Commerce.

The BRC includes the Small Business Incubator, the Government Contract Resource Center, the Service Corps of Retired Executives(SCORE), and the MCC SBDC operated by the continuing education division of MCC. It offers courses and one-on-one counseling to potential and new

owners of small businesses.

Businesses currently located at the BRC are the American Leadership Institute, Advanced Video Concepts, Inc., Business Resource Center, Government Contract Resource Center, and Kenny Grisham & Associates (American Gutter Company and Insultech Insulation).

Also Hubert, White & Slaughter; Jeep Recovery, Monarch Jewelers, Product Development & Marketing Co., RORIECO Renovations, Senior Corps of Retired Executives(SCORE), Small Business Development Center, Starr Systems Consulting, Sunrise Adaptive Living Development Corp., and Tender Loving Care.

At the close of the opening ceremony, the new BRC director, David Stewart, offered a tour of the facilities.

Stolle named hero for saving campus from fire

"...no one ever expected a fire here."

By CARMEN FRENCH and ELIZABETH DELEON

Robert Stolle, campus security patrolman, was recognized as a hero by MCC and by Insurers of Texas for discovering the fire in the Applied Science Building which occurred Sept. 24.

Stolle, who received two letters

of appreciation and two \$250 checks by the insurance company and underwriter, was cited for saving the campus thousands and perhaps millions of dollars.

His quick, alert and courageous actions possibly kept the Applied Science Building and the adjoining Performing Arts Center from being totally destroyed, according to those who presented the checks at a recent faculty meeting.

The fire started from inside a circuit breaker box. It caused much smoke damage to the second floor of the Applied Science Build-

ing while completely destroying several typewriters and slide projectors stored in the large closet where the breaker box was located.

"I was really shocked because no one ever expected a fire here. It was a very scary situation for the students and teachers who used those classrooms," said Boyce Johnson of the maintenance department.

Johnson, as well as several other maintenance workers gave up a whole weekend to help clean up the mess.

Other workers include Sadie Pride, Gladys Simmons, George Bones, Linda Davis, Louise Watson and Sandra Meier, and all were recognized for their service at the faculty meeting.

"Cancelling the Saturday classes was impossible," Johnson said. "There just was not enough time because students were already starting to come to class."

"We tried to encourage the students to go to class because a lot of them were scared and did not know whether to attend class or

just skip. The students were really shook up," added Meier.

Stolle discovered the fire early Saturday morning.

"I went to the door and opened it and I saw a blazing fire."

"I was making my daily rounds and I saw smoke coming from the building," Stolle said, who called

the fire department.

"I saw flickering coming from the hallway, so I went to the door and opened it and I saw a blazing fire."

Stolle used three fire extinguishers until the fire department arrived to put out the rest of the fire.

"I was scared as I saw the whole second floor consumed with smoke," Stolle said. "There was more smoke than fire."

The building is in the process of being repaired and the new ceiling is already up.

Enrollment increases

By DEANA SNIDER

As many students and faculty members may have noticed, enrollment here has increased this semester.

The enrollment level currently stands at 5,401 students. This figure includes both full and part-time students and does not include continuing education students.

The number of continuing education students, according to Registrar Willie Hobbs, "is very difficult to determine at this point."

This semester's increased enrollment level was not unexpected due to the increase in last fall's enrollment of 5,254.

Hobbs said he feels there are several reasons for the increased enrollment. One of these is the

Texas academic skills program. Another reason Hobbs mentioned was the decline by major universities of accepting many incoming freshmen. Last, more parents are becoming aware of the costs of higher education and now suggest junior colleges, such as MCC, for the first one or two years of college.

Hobbs said there is a large increase among first time students as well as transfer students. "I am very optimistic it (the enrollment) will continue to increase," he said.

Perhaps the enrollment increase is most noticeable in the parking areas. Parking seems to be the only problem related to the increased number of students and MCC has solved the situation by providing additional parking and the shuttle bus service to and from the old Waco High building.

Bookstore robbed, registers emptied

"I was about 15 feet from him when he pointed the gun at me."

By KEN CRAWFORD

Two white males invaded the MCC bookstore and emptied the cash registers Sept. 18 shortly after midnight, according to Cecil Holder.

After making his rounds in his car, campus security officer Robert Stolle set out on foot to make his regular check of the buildings. As Stolle passed underneath the

Student Center, he said he noticed that the cash registers in the bookstore were open.

He walked around the back to check the service entrance. The double doors were ajar, but the deadbolt was still locked. Apparently the bottom peg that holds the door closed was not in place and the doors were forced open, according to the Waco Police Department.

Stolle then sought assistance from two Waco police officers who were in the area on a loud music complaint call. The two officers searched the building while Stolle called Cecil Holder, who was in charge while the head of security D.L. Chambers was out of town.

Holder met Stolle behind the Student Center at the service entrance. While they were talking, a blond-haired man wearing a white T-shirt came out of the woods across from the Liberal Arts Building.

They followed but lost him in the woods. All night Stolle and Holder watched along the edge of the woods and every once in a while the suspects would come out of the woods a little further down.

"Apparently they were working their way down to the baseball field and had to keep coming out into the light to see where they were at," Holder said.

The Waco officers talked of getting a (tracking) dog, but the man

who worked the dog was off. "I got tired of it and went home about 6:30 (a.m.)," Holder said.

After Holder left, Stolle chased the suspects back into the woods where one of them pulled a gun on him.

"I was about 15 feet from him when he pointed the gun at me," Stolle said.

Since Stolle was not carrying a weapon he backed off to the street.

Shortly after that one suspect was sighted crossing the Lake Shore Drive bridge. Neither suspect was captured that night.

No suspects have been apprehended at this time, Holder said. The amount taken from the Bookstore has not been revealed.

Drug-free:

Dream draws nearer reality with funding

By CHERYL FOLK

A \$51,143 grant has made MCC's dream for a drug-free campus much closer. Three support groups and a teleconference are now possible with the newly available funds.

MCC received written approval of the grant Sept. 26, the same day it was to go into effect.

"We were sure we had received it when Senator Phil Gram called," said Lois Kerr, coordinator of continuing education, "but it didn't seem final until we received the actual papers."

Drug Abuse Prevention Program

Groups meet weekly

McLennan Community College Drug Abuse Prevention Program

(MCCDAPP) is the name that has been given to the campus grant. It falls under a division of the FIPSE (Fund for the Improvement of Post-Secondary Education) grant and the money will provide students with drug-free programs, according to John Porter, a mental health instructor.

"There's a lot of kids out here using drugs and we're going to give them the opportunity to do something about it," said Porter. Three "groups" have been formed to help people combat and deal with drug addiction. They are Narcotics Anonymous, Alcoholics Anonymous and an Emotional Support group.

NA meets every Monday, AA every Wednesday, and ES every

Friday. Each session takes place in the Fine Arts Building from 10 to 11:15 a.m. The meetings are open to the campus and general public alike, according to information from the mental health office.

"There is no set format to any of the programs," said Kerr, "just individuals trying to deal with abuse problems through discussion and mutual feelings." She said she hopes to see more students attend and admit that they have a problem, which she feels is the first step to recovery.

NA and AA deal with substance abuse, each centering on its own specialized area, while ES is for anyone (family member, etc.) who needs help dealing with forms of addiction or abuse.

(Continued on page 3)

Two-day clinic updates mental health specialists

By SANDRA M. HEWITT-PARSONS

The Mental Health Association sponsored a clinic, "Mental Illness: All You Ever Wanted to Know," Oct. 5-6, at MCC for professionals in the mental health field.

Charles Caperton, chief executive officer of Brazos Psychiatric Hospital, brought the opening address at Wednesday's session.

DePaul Center Administrator David Lyon began the general session with how to be an informed consumer of mental health services.

"Plan in advance for mental health" including medical insurance coverage, Lyon said. "Health of the body and mind are not separable."

The program topics included: schizophrenia, bipolar/manic depression disorders, mental illness in children and the homeless. Men-

tal health insurance coverage was also discussed.

Chien L. Tsui, M.D., of the Veterans Administration Medical Center, talked about schizophrenia. "Insurance: The Link Between Service and Client" was presented by Belinda Pillow.

Pillow said this country is headed for socialized health care if a solution isn't found to the rising cost.

Doug Young of the VA Medical Center discussed "The Homeless Mentally Ill." There are basically two types of homeless: isolate (want to be alone), and the outsider (talk with other homeless).

"A warm place to sleep is more important than food" in the world of the homeless, said Young.

Donald Seidel, M.D., of the Waco Center for Youth, talked about "Mental Illness in Children." Seidel said there are several options for treatment of mental ill-

ness in children. Options vary from therapy, behavior modification and medication.

Brock Morris, M.D., discussed bipolar/manic depressive disorders. This genetically acquired disorder affects about 5 percent of the population.

Bipolar "mood swings" from emotional highs to lows occur in cycles. Some people cycle several times a year while others may not cycle for years, Morris said.

Thursday's program opened with a survey of mental health services in Waco, McLennan County and Texas. The clinic broke up into small group discussions of specific mental health problems.

The clinic ended with a question/answer session led by a panel of experts from the area.

Anyone interested in any of the mental health support groups can call "Mental Health" at 776-8081.

THE HIGHLAND HERALD POLL

Have you participated in any of the student activities this semester such as the watermelon cut, the back-to-school dance, intramurals or self-help workshops?

CORRECTIONS

In the Sept. 27 issue of the Highland Herald the article "Good Morning to Vietnam: Again," incorrectly stated that Dr. Michael Davis had organized the class. It should have stated that Dr. Michael White suggested and organized the class.
Shuttle service time was listed incorrectly on page one in the Sept. 27 issue of the Highland Herald. The time should have been 7:30 a.m.-2 p.m.



BILL BRADLEY, returning student, business.
"No, I'm not at school during the 10 o'clock hour on Monday-Wednesday-Fridays, but hopefully I will get to participate in the future."

MICHELLE WILKINSON, freshman, business management.
"Yes, I went to the watermelon cut. I thought that it was a good idea because it gave all of the students a chance to get to know each other better."

MIKE KOCIAN, sophomore, meteorology.
"Yes, I plan to be in intramurals when volleyball starts."

RENEE HAMONS, sophomore, child development.
"No, haven't had the time. I would like to, though, and I'm interested in [such workshops as] how to do better on tests and rape prevention."

JERRY FREEDMAN, sophomore, geology.
"The rape prevention workshop-I found it very informative. I plan to join intramural volleyball."

ROSEMARY CARRIZALES, sophomore, business management.
"Yes, I went to the watermelon cut. It's a good way to enjoy yourself and meet people."

ROBERT GARCIA "No, I don't have time but I am getting help (with self-help programs) in reading and English."

ROBERT TAYLOR, freshman, aero-space engineer.
"Yes, the back-to-school dance." As for future activities, he said he planned to participate in "whatever there is."

Toward Success in the World
Go ahead!
Start something!

By SHARON M. GARRETT

In all things you must BEGIN. Start. For a writer, to pick up a pen and write is a beginning. In so many things in life, beginning is the hardest part. "A journey of 1,000 miles starts with the first step."

Start something, or do something. It may be right or wrong, absurd in thought, silly. It may make no sense at all. At certain times, your thoughts and actions will have no rhyme or reason. It is okay. Don't fight it. It will come to you. It is far better to act on something than to stay frozen, unable to move mentally or physically. I proclaim "It's okay not to know what to say or do at one time or another!"

Step away for a moment and then come back to it. Many times that is what it takes. For example, I am writing this on a legal pad balanced on a cafeteria tray. Also on the tray are my purse, mashed potatoes and gravy, Brussels sprouts and a Diet Coke. My pen is about to run out of ink. It is amazing the thoughts that have come to me moving through the cafeteria line.

It is also very helpful to write notes even if you're not a writer. You will become more organized. Whatever your thoughts are, get them out of your head and on paper. This is a start, and it will take the worry off your mind. Transferring to paper is a great relief. Try it.

"We can have everything if everyday we make it possible."



Reginald never misses his notes.

Highland Herald

McLennan Community College

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POLICY STATEMENT

The Highland Herald is a publication of journalism classes at McLennan Community College and is published every other week from September through December and January through May. No off-campus advertising is accepted. The campus newspaper is printed by the Waco Tribune-Herald. Opinions expressed are those of the writers and do not necessarily reflect the views of the MCC administration. The Highland Herald is a member of the national Community College Journalism Association, the Texas Intercollegiate Press Association and the Texas Community College Journalism Association.

LETTERS POLICY

Letters are welcomed. We reserve the right to edit all letters. Letters on controversial topics will be discontinued two papers after an issue has been raised in the Highland Herald. Letters that are libelous or in bad taste will not be accepted. Letters must be signed with full name along with address and phone number for verification, but names can be withheld upon written request before they can be considered for publication. Deliver letters to the Highland Herald office on the third floor of the Student Center.

Peer treatment appalls disabled

A student fell down in the library. Nearby, a group of other students immediately broke out in laughter at her.

This is not slapstick comedy, folks. In real life such accidents are not for ridicule-especially when the fallen party wears a leg brace which calls particular attention to her handicap, her one "difference."

When directed at someone with a handicap, thoughtlessness and ridicule is disgusting-especially when people who are supposedly mature enough to attend college possess those careless vices. Do those merry students have no empathy? Are they too cool in their clique to ease the embarrassment of someone who sometimes feels as if everyone is looking at her?

Far more often than one can imagine, "different" people have been the objects of ridicule, even when their "difference" marked them for admiration: extreme beauty, strength, genius, success. They are still ridiculed, perhaps out of jealousy, but nonetheless ridiculed.

People whose difference is a handicap or disability, however, often come to fear ridicule until their confidence climbs to a less breakable limb with the support and warmth of considerate, caring people. When that confidence is shaken by pure meanness, they often are shaken from their branch and must start at the bottom and climb the tree of confidence once again.

MCC has a reputation to uphold, of being a friendly campus whose services are helpful and available to everyone. We may not be the biggest campus in the city, but we definitely have our good points.

Just like any other large institution in the city of Waco, the actions of the people who frequent our buildings have a pro or con effect on our reputation. Consequently, inconsiderate and uncaring students sour MCC's good reputation when they come to the attention of parents, the community, and the campus community.

Students have a responsibility to uphold MCC's good reputation. The following incident is a good example of students working for the good of other students, and for the overall good name of the campus.

Bryan Shaw had a seizure at 12:30 p.m. on Sept. 27 in the Liberal Arts Building. Students nearby immediately rushed to help. Amy DuBose checked his ID bracelet and notebook to find that Shaw was diabetic. DuBose called Shaw's parents and ran to the Administration Building to report the incident and to go for help.

Steve Parke, Sara Desopo, and Mat Ruggieri stayed behind to help keep Shaw calm and to reassure him that help was on the way. Parke's trousers became bloody from Shaw's scalp wound.

The second group to come to Shaw's aid was Rene Michalski, co-director of the emergency medical technology (EAT) and paramedic program, and Angie McGriff, a nursing student from the Health Career Building.

These students who had the common decency to go out of their way to help Shaw in his seizure put to shame those students who just sat back and laughed at the girl who fell in the library. Those kind, considerate and caring persons are to be commended and thanked for the unselfishness apparent when one student was in need.

in the news NAMES in the news NAMES in the news

Dr. Travis Looper, MCC English instructor, designed the program cover for the Texas Communication Association convention held Oct. 5-8 in Ft. Worth.....

Mary Bass, faculty secretary, added two new turtles to her collection. A pink rhodonite and a ceramic incense turtle added to her collection of 200 turtles.....

MCC librarians Jane Gamez, Sharon Kenan and Margaret Harbaugh attended the Texas Library Association District Three meeting in Austin on Oct. 1.

A new granddaughter has kept Bart Estrada, MCC sophomore, busy for the last few weeks. Kelele Anderson was born Sept. 27, six weeks prematurely.....

MCC was represented at the recent fall conference for faculty leaders sponsored by the Texas Junior College Teachers Association. Don McCauley, MCC Faculty Council chairman, and Margaret Harbaugh, member of the Legislative Committee of the TJCATA, attended the meeting in Austin on Oct. 1.....

Nelda Miller, cafeteria supervisor, celebrated her 30 wedding anniversary on Oct. 4.....

Dr. Wilbur A. Ball, past president of MCC, still has an office on campus even though he has retired. The office is located inside the new Community Service Center.

Campus News

NEWS BRIEFS

Ethnic food due at festival

The first Fall Harvest Festival will be held to celebrate fall and to let everyone experience ethnic food. That week the cafeteria will offer a buffet each day featuring Italian, Czech, Mexican, German, African and soul food. A different food will be served each day. School clubs are also invited to sell food that week. Clubs interested in selling food should contact Dr. Michael White in the Faculty Office Building, room 203, ext. 312. (uf218)(cf9)Lifeguard needed for 10 M-W-F/c

The pool located in the Health and Physical Education Building needs a certified Red Cross lifeguard for the 10 a.m. hour on Monday, Wednesday and Friday who qualifies for work study. Those interested should contact James Burroughs in IIPE 115.

Betke leaves MCC post

Vacating his three year position as vice president of business services, Herman Betke served his last day at MCC on Sept. 30. Betke has applied for several jobs, but resigned to possibly go into business for himself. "I'm looking at a couple of opportunities," he said. The retired Army colonel served as dean of education at the college for several years before becoming vice president of business services in November, 1985. About 40 applications have been received for Betke's position, and consideration of a successor is expected to be on tonight's agenda of the Board of Trustees.

Gartner new district attorney

The suspense was finally broken last week when it was announced that former MCC student and part-time faculty member Paul E. Gartner Jr. will be the new district attorney for McLennan County.

Following his appointment by Gov. Bill Clements, Gartner said he intends to increase communication between local law enforcement agencies, work on the overcrowded jails and move cases faster through the district attorney's office.

Who's Who, PTK deadline Friday

Oct. 14 is the filing deadline for two important nominations. Nominations for "Who's Who Among Students in American Junior Colleges for 1988-89" must be submitted to the office of the vice president of student services in the Administration Building by that date. Nomination forms are available in that office. Faculty members are reminded to submit nominations for Phi Theta Kappa using the computer printout and nomination form recently distributed. This deadline is also Oct. 14.

Pell grant checks Oct. 28

The financial aid Pell grant disbursements will be available Oct. 28. Students receiving these disbursements can pick up their check in the business office that day from 8 a.m. to 5 p.m.

MCCOPA sets scholarship

The McLennan Community College Office Personnel Association is taking applications for scholarships. Anyone who is a full time student and in good academic standing can qualify. Applications can be picked up in the financial aid office between 8 a.m. and 5 p.m. Scholarships will be awarded for the fall 1988 and spring 1989 semesters. All applications need to be turned in by Oct. 31.

Intern named, paper planned

Tom Buckner, journalism instructor, has been named the first faculty development intern at MCC. Buckner will assist Randy Schormann in his duties in faculty development such as organizing activities like the Cajolery luncheon, a monthly program to help teachers and administrators. "My main responsibility will be to edit and publish a newspaper reporting faculty development, achievements, and opportunities at MCC," said Buckner. He plans to publish the first paper in November. Any teacher or administrator who has ideas or suggestions for the paper should contact Buckner at extension 443.

Watkins to help sponsor SG

Winfred Watkins has taken over co-sponsorship of the Student Government. Watkins, who replaced Paul Holder in the position and the first of the semester, said his job will be to attend meetings and activities planned by the Student Government. He also lends moral support and gives opinions on how they should operate. Watkins teaches medical laboratory technology and is also the director of the program. He also is a sponsor for Students on the Move for Christ.

Bane in 'Leadership Waco'

Bill Bane, director of computer services, has been selected to participate in the "Leadership Waco" class of 1988-89. Bane was one in 20 people appointed to the group from among 75 applicants.

The leadership class was developed by the Chamber of Commerce and certain businesses in Waco. They set up nine day-long seminars dealing with manufacturing, education, finances, and general leadership.

Bane is the third member from MCC appointed to the class. Javel Boll, psychology and sociology instructor, and Richard Coronado, director of personnel services, are past members.

Counselors offer workshops

By KATIE KOLM

Conquer math anxiety, choose a good career or improve study skills? These are a few of the workshops that counselors are offering this semester during the 10 a.m. hour.

The next workshop will be on Oct. 12 entitled "How to conquer math anxiety." In this session, students will learn how to deal with relaxation, how to prepare better for tests, and how to find the help

that they need to succeed in math. It will be held at 10 a.m. in room 214 of the Language Arts Building and will be led by Dr. Ramon Aleman.

Another workshop on Oct. 24 will focus on "Study Skills" and will be led by Nobis in LA 214.

If there are any questions about any of these workshops ask one of the counselors in their office located on the first floor of the student center.



Photo by Ken Crawford

JOHN BINDER, general curator for the Cen-Tex Zoo, shows Chiqui Sanchez how to handle a

snake at the Brown Bag Luncheon in the Lecture Hall, Sept. 28.

Students win at speech contest

By SANDRA M. HEWITT-PARSON

Two MCC speech students have won awards in an early-season "warm-up tournament" at South-west Texas State University.

Ann Harrell, speech instructor, said MCC had nine students participate at the tournament on Sept. 23-24 in San Marcos.

Karen Phipps, sophomore, placed third in program oral interpretation and Jason Stringer, freshman, placed seventh in extemporaneous speaking.

The judges said they liked Phipps "choice of selection," and the "incorporation of the script in her performance." They said she possessed "good energy and honesty" in her performance.

Stringer, who placed seventh out of 62 competitors in extemporaneous speaking, was also the top-ranking two-year college participant in this event.

MCC competitors earned "five superiors and 19 excellents in their 43 hours of competitive rounds," Harrell said.

club news club news club news

By SUSAN POLLEY

Support of clubs and organizations at Richland Mall's "Salute to Colleges" recently is an example of what such groups can do to help themselves and their school.

A significant turnout of students from the Mental Health Club, the Criminal Justice Society, and interpreter training students helped at the event (see related story).

Students On The Move For Christ

The Students On The Move For Christ is one of the most active organizations on campus. This organization is open to anyone who can sing or play an instrument by ear. All denominations are welcome.

The group's sponsors are Winfred Watkins and Bobby Williams. However, they are looking for a female sponsor as well. Thirty-two students are on the role and 23 of them sing in the choir. Officers are LaNelle Tate, president; Tracy Benson, vice president; and Tracy Foster, music director.

The group was organized Oct. 29, 1987, and performed for the first time on Oct. 31. This year, on Oct. 31, they will give a concert during the activity hour in the Student Center cafeteria to celebrate their first anniversary. A guest soloist will be singing with them.

They will perform for a Marlin church on Oct. 22 and have been invited to sing in a church in Hearne as well. Anyone interested in having them sing for a group may contact Greg Clark or leave a message in their mail box in the Student Center.

They are planning to go to the Gospel Fest at Texas A&M on Nov. 12 where they will be the only junior college to participate with colleges from around the state. Also in November, the choir will compete in the semifinals of a talent show in Hillsboro that they entered Oct. 2. If they win, they will receive a \$2,000 recording contract in Dallas.

Some members will be going to Dallas next month for a statewide black student movement conference. The organization will also at-

tend a black leadership conference at Texas A&M in January.

The group has bake sales from time to time in the Student Center cafeteria during the 10 a.m. hour, and will probably have one this Friday.

Zeta Omega Eta

Zeta Omega Eta is now planning for the fall semester. They would like all persons interested in joining or helping them plan exciting events to come to their meeting during the 10 a.m. activity hour on Friday, Oct. 14, in Room 301 in the Student Center.

This is a religious organization aimed at providing all students with an opportunity for Christian fellowship and service.

Psi Beta

Psi Beta will be meeting the last week of October. Signs will be posted in advance to give the definite time and place. All those interested in joining are invited to attend.

Although initiation is not until April, the time to get involved is

now. The group is planning to eat out together several times this year.

Criminal Justice Society

The Criminal Justice Society has elected Charles Hicks, president; Ronnie Rhodes, vice president; Sylvia Sauseda, treasurer; Shiela Sidebottom, secretary; and David Olivarez, coordinator. Class representatives are John Kinlaw, Jimmie Jones, David Baker, and Arthur Molina.

Returning Students Association

The RSA is undergoing a re-organization to fit the needs of students who are unable to attend meetings at 10 a.m. Survey forms will be distributed sometime in October in RSA's attempt to understand the interests of its members and potential members.

All day and evening students interested in joining the club may contact Pam Brewer on the fourth floor of the Administration-Classroom Building.

'College Days' gives good impression of the school

By RHONDA HARGROVE

"College Days" at Richland Mall was a "big success" according to mall and MCC officials.

The Richland Mall Merchant Association came up with the idea of "College Days" and invited local colleges to "showcase" their programs and departments while introducing the mall to the new students in Waco.

Ron Smith, Richland Mall marketing director, said the results were successful and all the stores were pleased with the extra traffic and added sales.

MCC's participation was organized by the admissions advisers.

"This was a fantastic opportunity for MCC to get out in the community and demonstrate how special the college really is," said

Pamela Brewer, admissions adviser-coordinator. "I feel like it was very successful and hope we can expand next year with more departments and services represented."

"The performances were very well attended and professionally done. They created an overall excitement throughout the mall," said Robyn Wilson, assistant marketing director for the mall. "The turnout was great. There were 300-400 people at each performance."

From the participants point of view, "To be up on stage is pretty wild," said Chris Renfro, a commercial music student.

"As long as the girls are screaming, it's O.K.!" added fellow band member Marco Walker.

"MCC put on 98 percent of the entertainment," said Smith of the mall. Stage presentations from

MCC included:

-The classical guitar ensemble, director, Clark Nauert.

-The rock band, director, Clark Nauert.

-The country western band, director, Dick Gimble.

-The Dance Company, director, Sandy Hinton.

-Excerpts from "Little Shop of Horrors" by the drama department, director, Lou Lindsey.

-Interpreting for the deaf, a demonstration by Cathy Gaessler

Grant pushes 'drug-free'

(Continued from page 1)

A high percentage of students use alcohol, according to a recent survey given to freshmen at orientation. In an effort to give facts, to inform, and to help people deal with alcohol, MCC has paid to become a live teleconference site featuring alcohol awareness.

The conference, which is beamed in via satellite, is scheduled for Oct. 18. It will be divided into two sessions and will take place in the Lecture Hall. The first will occur from 5-6:30 p.m. and concentrates on faculty, staff, and administrators. The second, which focuses on students is 7:30-9 p.m.

The conference will deal with and answer incoming calls in one attempt to educate people on alcohol and the problems it can bring with it, Kerr said. During the live conference, people may ask questions by using the available 800 line and the telephone in the lobby.

"This program will enable them to voice their concerns, identify common problems and explore solutions," said Richard P. Keeling, M.D., president of the American College Health Association.

MCC has also purchased the right to tape the conference and plans to distribute it to interested campuses and organizations for further use, said Kerr.

Not only will the teleconference tape attempt to bring campus and community together in fighting

and Tom Grandberry.

-Magic, make-up, and special effects, a continuing education demonstration by Taylor Keen.

-Karate demonstration by Tom Sergeant.

Approximately 40 MCC faculty and staff members and administrators helped to staff the information display. Students from the MCC Upward Bound program, Mental Health Club, Criminal Justice Society, and interpreter training assisted at different times.

drug abuse, but many other programs as well.

Next year, a drug-free dance is scheduled for surrounding junior high schools while high schools get to participate in a drug-free concert, Kerr said.

UTA to teach nurses at MCC

By KATHY PEARSON

MCC will be giving junior level courses in nursing next semester in conjunction with the University of Texas at Arlington.

Approval for the program was granted by the Board of Nurse Examiners on Sept. 22.

UTA is currently accepting applications from registered nurses for their extended campus of baccalaureate degree nursing program. This is an accelerated plan for persons who can work independently with instructor guidance weekly. It is planned that the course will meet on Wednesdays for eight hours.

Registered nurses who have completed the academic requirements must also successfully pass the National League of Nurses pharmacology exam to be accepted into the program.

Academic requirements include 15 hours of natural sciences, nine hours of behavioral sciences, 12 hours of social sciences, 12 hours

(The following positions have been placed by the job placement service located in the financial aid office, third floor of the Student Center. Check with that office to see about these jobs or others that may have been placed since last Friday.)

DATA ENTRY: M-F, 5 p.m. finish Saturday, also inventory and invoices

TYPIST: M-F, 2-5 p.m. (accurate 60 wpm)

DRIVER/STOCKER: M-F, 3-9 p.m. Sat also, \$3.75/hr (MUST be over 21 years old; clean driving record)

BELLMAN: A.M., evenings and weekends available, \$3.35/hr

CHILD CARE: St. Louis school vicinity, M-F 2:30-5:30 p.m. (caring for 7-year-old)

DESK CLERK: M-F, 3-9 p.m.; Sat-Sun also, \$4/hr

HOSTESS: F-S, 6-9 p.m.; \$3.75/hr, flexible hours; salary open

RUNNER: M-F, 3-5 p.m., \$3.50/hr plus mileage

SCHOOL BUS DRIVERS: M-F, 3-5 p.m.; \$4.00/hr (class-B driver's license, good driving record, pass physical) Company pays for physical certification

SALES/CASHIER: Hours flexible, days vary Salary negotiable

Volleyball, soccer next

Untouchables claim championship title

By BRIAN MAYR

Fall is a busy time of year for intramural sports on the campus of MCC. Football finished last week and this week team registrations are being accepted for volleyball and soccer, which will begin play next week.

Soccer is a new to the intramural sport lineup this year.

"Interest has been picking up so we decided to give it a try," coach Wendell Hudson said. Hudson is in charge of the intramural program on campus.

"It (soccer) is going to be a trial sport," Hudson said.

Football play ends

The Untouchables proved to be just that as they romped over the S.O.B.'s in the final game of the mens intramural football season 42-14 last Wednesday.

In "modified" co-ed action the Assassins topped Billy and the Boingers 14-7.

The co-ed action was deemed to be "modified" because of the questionable eligibility of some of the players for Billy and the Boingers, many of whom had neglected to register on the team roster. But during a brief half-time meeting coach Wendell Hudson explained the rules to both teams and asked the Assassins if they wished to continue play. They agreed to continue and accept the outcome as final, even though they could have protested.

In men's action the Untouchables took control of the game



USING EVERY MUSCLE in his face and body, Britt Sullivan cuts back to avoid being de-flagged Mike Richter, left, and Lawrence

Wydermyer of the Untouchables. The Untouchables won the championship 42-14.

early. On its first drive the Untouchables marched down the field on a series of short passes and scrambles. The drive was capped off with a touchdown by Larry Wydermyer, followed by a successful

conversion to give an early 8-0 lead.

On the following possession the S.O.B.'s were unable to get their offense moving. After two broken plays the S.O.B. quarterback threw

a pass into the hands Wydermyer, who weaved his way back upfield and returned the interception for the second Untouchable touchdown of the game. After a fumbled snap on the conversion attempt

the score remained at 14-0.

The S.O.B.'s finally got on track and fought back with a touchdown and a successful conversion, the S.O.B.'s pulled to within striking distance at 14-8.

But the Untouchables were not to be denied. They retaliated with two quick scores.

Scrambling under heavy pressure, the quarterback found an opening around the end and punched through it to get free and score the third Untouchable touchdown. The conversion was no good and the score was 20-8.

Gaining control on another interception the Untouchables scored on a long pass and completed the conversion to keep a 28-8 lead at halftime.

On the opening drive of the second half the Untouchables struck again. Topping a long drive on a series of short passes, their fifth touchdown gave them a 36-8 lead after a successful conversion.

But not willing to give up, the dirty (the field was still wet and slightly muddy) S.O.B.'s completed a fourth down pass for their second touchdown of the game and brought the score to 36-14.

The final score of the game was added when Michael Richter caught a long pass from the Untouchable quarterback and scampered into the end zone for the touchdown, leaving the final score at 42-14.

The final game followed semi-final action last Monday that saw the S.O.B.'s down the 69ers in sudden-death overtime 20-14, and the Untouchables defeat Alex's Game 32-0.

These teams advanced to the semi-finals on the basis of their win-loss record. There were six mens teams at the beginning of the season and five co-ed.

From 'Bright lights, big city' former pro finds peace at home

By CLAY LASSETER

From the East Coast to the West Coast to Puerto Rico to MCC, former pitching sensation Pat Zachry has seen it all.

Zachry has spent over 17 years in professional baseball, but now he has returned home to spend time with his family and enroll in a Spanish course at MCC.

The former all district pitcher for Richfield began his career with the Cincinnati Reds in July 1970, the year he graduated from high school.

After spending six years in the minor leagues, Zachry got his call for the big leagues. In his rookie year he went 16-6 overall leading the Reds in strikeouts, second in innings pitched and in wins, and fourth in earned run average. Along with earning rookie of the year honors in 1976, Zachry beat Philadelphia in the National League play-offs and then turned around and beat the New York Yankees as the Reds swept the World Series.

In 1977 Zachry was traded to the New York Mets. He earned all star honors and pitched in the 1978 All Star game. After the 1982 season he was traded to the Los Angeles Dodgers for the 1983 and 1984 seasons and then to the Philadelphia Phillies for the 1985 season. After being released in 1985, Zachry spent two years in Puerto Rico playing winter ball.

After the 1986 season Zachry returned and began coaching pitchers in the Dodgers' minor league system until this past summer when he decided to leave baseball and come home.

Zachry, 36, is married and has two children. He now devotes most of his time to his family.

"I'm glad to be home. It's the first time I have been home in 17 years for more than two days. I enjoy spending time with my family and playing daddy," he said.

Between spending time with his family and trying to open a private business, Zachry has found time to enroll in a Spanish course here.

"I started to go here to learn to communicate with the Latin Americans in the Dodgers' organization before we parted. But this may come in handy later on down the road. There is always a chance I can get back into baseball later on," said Zachry.



HABLA ESPANOL? Former Dodgers pitcher, Pat Zachry, has returned home to Waco and is currently enrolled in a Spanish course here.

After being out of school for over 18 years, returning to school has not been easy.

"The tough part is learning study habits. I wish I could have done it when I was younger. I just didn't have the time to go to school. I was devoting my time to my career. I am enjoying it. I have always heard good things about the campus and the faculty," said Zachry.

After traveling around the country and staying in huge cities, Waco may take a while to get used to. "No, I really like Waco. I grew

up here and I have been here all my life. I like being able to drive five to ten minutes and be in the country. You can't do that on the East Coast," he said.

Zachry has found peace and serenity in Waco. "It is very pleasant to come home and not be critiqued by everything you do. Everything you say and do you are compared to someone else. I like not being noticed," he said.

"Leaving so many times and coming back, I see Waco changing on the outside, but it never changes deep inside," said Zachry.

SPORTS TALK

Olympics: 'Pros' and cons

By JEFF CALAWAY and CLAY LASSETER

As America watched the USA Olympic basketball team lose the gold to the Soviets, many of us wondered how a team could lose that has dominated this sport for years. They were the elite.

During the game between the two super powers one could see that the Americans were just out-classed. This Soviet team has played together for a long time. While we showcased college level players with the average age between 18-22, the Soviet athletes had the average age of 25-30. It was clearly a case of separating the men from the boys.

The Russians have players the same age as Michael Jordan, Larry Bird and "Magic" Johnson, so the question is if the Soviets can

put players of this age on the court, why can't we?

But did we hurt ourselves? This Soviet team toured the United States before the Olympics playing some of our best basketball teams. That was followed by a series of American professionals playing the Russians in the Soviet Union. This allowed them to not only tune up their game, but to see American basketball at its best.

Also, the Olympic Committee needs to be consistent in allowing professionals to compete. If professionals can compete in tennis, why not in basketball?

Imagine a "dream" team consisting of such superstars as Akeem Olajuwon, Dominique Wilkins, Larry Bird, Michael Jordan and "Magic" Johnson. Surely, no team in the world could stand a chance against a team of this caliber.

But, the USSR has found a way to avoid the amateur status. The

Soviets have a system where athletes can schedule their work around their athletic training. The state provides their members with the proper facilities and jobs that do not get in the way of athletics. A Soviet athlete can go work a few hours and get paid as though working full time.

Another aspect of Soviet life is children beginning their athletic training before they start grade school. This is paid for by the Soviet government, while amateur athletics in America are supported by their families. This clearly gives the Soviets a big advantage over the United States.

Perhaps the answer lies in making the Olympics not an amateur or professional event but just an overall athletic event, making it fair to all.

Tennis teams off to strong start; host St. Edward's here Thursday

The men's and women's tennis teams return home for a match with perennial Big State Conference champion St. Edward's University of Austin here Thursday on the campus courts beginning at 2 p.m.

Although St. Edward's is one of the strongest small four-year teams in the state, the Highlanders and Highladies will be favored in the dual meet. The MCC teams beat some major colleges as the men won and the women placed third in the MCC Fall Invitational Tournament held on the Sul Ross courts Sept. 23-24.

This past weekend the MCC men traveled to Odessa for the Intercollegiate Tennis Coaches Western Regional Tournament where they placed third against the top eight two-year colleges in the large Western Region.

The Odessa Tourney

In Odessa the Highlanders trounced New Mexico Military Institute of Roswell 7-2 in the opening round, lost by a similar score to Midland Junior College in the semifinals, and then won third place over Odessa Junior College 5-3.

Scores in the opening round found MCC's Stefan Cambal beating NMMI's Kevin Andersen 6-1, 6-0; Nick Zinsmeister defeating Bill Willis 6-3, 6-1; Chris Lewis beating Kinde Taye 6-4, 4-6, 7-5; and Bobby Galagin beating David Miller 7-5, 6-3. NMMI's Dermont Sweeney beat MCC's Rob Grant 4-6, 6-3, 7-6 and Ruben Rodriguez beat MCC's Mike Brown 4-6, 7-6, 6-2.

MCC swept all three doubles matches against the New Mexico team as Brown and Grant beat Sweeney and Willis 6-4, 7-5; Cambal and Zinsmeister beat Rodriguez and Taye 6-4, 7-6; and Galagin and Lewis beat Andersen and Miller 6-2, 6-3.

Against Midland, a team that placed fourth in the nation last year, MCC's Grant had the only success in singles as he beat Scott Randolph 6-2, 5-7, 7-6 while the Highlander's doubles team of Brown and Grant beat Midland's David Fontaine and Ameen Boutani 5-7, 6-1, 6-3.

In the other singles matches MCC's Cambal lost to Midland's Tony Von Pieterman 6-2, 6-1; Brown lost to Boutani 7-6, 6-2; Zinsmeister lost to Robert Antoin 6-2, 6-3; Lewis lost to Fontaine 6-3, 6-3;

and Galagin lost to Tommy Heiting 6-1, 6-1. Midland's doubles teams of Von Pieterman and Boutani beat Cambal and Zinsmeister 7-6, 7-6 and Heiting and Antoin beat Galagin and Lewis 6-4, 7-6.

The Highlanders defeated host Odessa for the second time this year with these singles wins-Cambal over Scott Peebles 2-6, 6-4, 6-4; Brown over Edmund Rincon 6-3, 6-2; Zinsmeister over Charles West 6-1, 6-4; and Lewis over Tony Gottlieb 6-4, 2-6, 6-4. Odessa's Ricardo Herrera edged MCC's Grant 6-4, 5-7, 6-4 while David Denham topped MCC's Galagin 6-0, 6-3.

In doubles Cambal and Zinsmeister beat Odessa's Rincon and West 6-2, 6-4 while MCC's Brown and Grant lost to Herrera and Peebles 7-6, 6-3.

MCC's Invitational

The Highlanders won the 14-team invitational on the Sul Ross courts played in the "flights" format with a point awarded for each win while the women's team took third place even though it did not field a full team.

Suicide

The signals should not be ignored

By KEITH JENKINS

For many, it's a typical Saturday afternoon. The weather is perfect as numerous sun worshipers are at the lake, playing tennis, or indulging in some other summer activity.

But for one student, the kind of day it is really does not matter to him for what he has been contemplating for some time. It could be pouring down outside and still his state of mind would not be affected.

Alone, he sits on the floor of his apartment with all the curtains closed. The darkness paints a dreary setting of his depression and solitude.

With tears streaming down his face, he makes a phone call to a close friend. The friend picks up the phone and says hello, and he responds with: "I want to kill myself."

The purpose of this article is to give the warning signs that can be detected by someone who may attempt suicide. The case of one MCC student will be presented with the intentions of not promoting suicide, but to let students know that there is always help available in times when suicide is in consideration.

Because of the story's subject matter, this student will be referred to throughout the article as "the student" to protect his identity.

Year after year, many cases like this occur involving people who threaten to commit suicide. According to Parents magazine, an estimated 500,000 young people attempt to kill themselves each year.

"It first took a long conversation on the phone with my friend to realize that killing myself would be a terrible mistake and that I would hurt a lot of people who cared about me."

For some, it's hard to imagine why so many who have their entire lives ahead of them try to end it at such young ages. But through various studies and counseling, the warning signs and reasons of suicide are becoming more apparent.

"It first took a long conversation on the phone with my friend to realize that killing myself would be a terrible mistake and that I would hurt a lot of people who cared about me," the student said.

That following week, the student went to see a counselor to seek further comfort and advice. Through discussions of the past and the present, he was able to find out more about himself and why he even began wanting his life to end.

"I discovered that one of my biggest problems that was never clear to me until I moved away from home, is that I hate being alone and feeling alone. Because of my shyness, it's very difficult for me to meet new people and to make friends," explained the student.

"I've been in so many situations where I could be with people that I knew, but still I felt alone at a certain point. I know it sounds strange, but it's just that sometimes I had a hard time identifying with the conversations. I would then feel out of place," said the student.

Another problem that the student realized is that he put too much pressure on himself in order to be the best and to be liked by others. If he could not live up to his expectations, he would only get depressed and feel like he was a failure.

"It has always been hard for me to admit my faults and except defeat. I've also had problems with thinking that people didn't like me or that people just made fun of me. Because of this, I was often afraid to talk. I figured I was only going to say something stupid and be laughed at," explained the student.

The student's condition got to the point to where he could not handle living alone. He had also concluded that he was weird and that people only wanted to laugh at him.

For a long time, he only thought of death and how he could end his life. Fortunately, he called someone before carrying out his plans.

"When it's evident that a person has a problem and is having a hard time dealing with it, it's important that they are aware that someone cares about them and is there for them to talk to."

Hazel Martin, a counselor at MCC, also has her own private practice where she is involved with suicide cases. Through her work with people and training, she has been able to better understand the problems that people face and the warning signs of suicide.

Martin said a major problem with some students is that they lack coping skills.

"Each person has a different coping mechanism. Because of this, I have to use various techniques to try to help them. In many cases, a person will have so many catastrophic events all coming together, they are unable to handle all of them. They fill it's hopeless and see no way out," she said.

With her experience, Martin has discovered that people who contact a counselor or call someone when they are thinking of suicide usually don't really want to die.

"When people contact a counselor, they have not really made any specific plan for committing suicide. Also, they don't have the means to carry out the act. This does not mean that they won't eventually kill themselves, even with the best counseling," Martin said.

"In many cases, a person will have so many catastrophic events all coming together, they are unable to handle all of them."

According to Martin, the following are some of the key signals of someone who is really intent on committing suicide:

1. He or she will start trying to make up to people who they had mistreated or had a fight with, etc.
2. The person will sleep a lot.
3. He or she withdraws from everybody and all activities.
4. The person may stop eating.
5. A radical change may take place in a person's appearance and personality.
6. The person may begin giving away prized possessions.
7. Expressing any jokes or thoughts on suicide.

"When it's evident that a person has a problem and is having a hard time dealing with it, it's important that they are aware that someone cares about them and is there for them to talk to," said Martin.

Although these signals are common in many cases, Martin explained that there really is no clear pattern to know when someone will commit suicide.

Martin also believes that it's important for an individual who knows someone who kills themselves, for them not to feel guilty or responsible for that person's actions. If the signals are detected before the person makes the attempt, seek help immediately.

Martin spent two months to receive her training with the late Virginia Satir, internationally known family counselor. Satir was a major impact on Martin's life and her counseling.

Martin encourages anyone who feels depressed or has a hard time dealing with a problem to try and see any of the counselors in the counseling office on the first floor of the Student Center. The meetings are confidential and free, and can be a major help for someone who needs to learn how to handle coping.

"I am so thankful that I was able to talk to someone about my problems. I learned so much about myself and I've learned to like myself more regardless of what others think of me. I'm now trying to cope with my problems and my life instead of trying to end it," the student said.

Enrollment increases

By DEANA SNIDER

As many students and faculty members may have noticed, enrollment here has increased this semester.

The enrollment level currently stands at 5,401 students. This figure includes both full and part-time students and does not include continuing education students.

The number of continuing education students, according to Registrar Willie Hobbs, "is very difficult to determine at this point."

This semester's increased enrollment level was not unexpected due to the increase in last fall's enrollment of 5,254.

Hobbs said he feels there are several reasons for the increased enrollment. One of these is the

Texas academic skills program. Another reason Hobbs mentioned was the decline by major universities of accepting many incoming freshmen. Last, more parents are becoming aware of the costs of higher education and now suggest junior colleges, such as MCC, for the first one or two years of college.

Hobbs said there is a large increase among first time students as well as transfer students. "I am very optimistic it (the enrollment) will continue to increase," he said.

Perhaps the enrollment increase is most noticeable in the parking areas. Parking seems to be the only problem related to the increased number of students and MCC has solved the situation by providing additional parking and the shuttle bus service to and from the old Waco High building.

First in a series

Positive attitudes help the handicap

By SARA WARTES

The first thing I noticed about Jesse Johnson was his upbeat attitude; later I discovered he is legally blind.

Drew Hosie's quick wit left a much stronger impression after our talk than the fact that he was sitting in a wheelchair.

Rene Willis is so strikingly attractive that the brace on her leg is hardly noticeable.

Vitality, that's the word I would use to describe all of the handicapped students I have met. They glow with life.

"Life is too short to spend it with a grumpy attitude," said Vincent Hall, whose leg was amputated just after his graduation from high school. "Having surgery was a decision not to give up. The handicapped life is better than no life at all."

Cheerful acceptance didn't come easy for any of them, however. Johnson said that he was "pretty angry at first" when his sight began to deteriorate in third grade.

"I wasn't a very nice person to be around. Then in high school I matured within myself and realized I had to go on with life," Johnson said.

Hosie's parents and determination were two factors that helped him cope with his handicap.

"My parents were the greatest help to me because they treated me normal. I was obnoxious enough that I didn't let them be overprotective. My fierce independence has also helped me, but it has also hurt. I've made some mistakes from being too independent," explained Hosie.

At first, it was hard for Willis to accept her handicap. But eventually, she came to realize that good comes out of everything and that problems are a part of life.

"I was pretty bitter at God at first. I wondered what I had done wrong. It was hard to accept wearing a brace and feeling like people were looking at me," Willis remarked.

People at church were "fantastic," praying for her and encouraging her. Her parents were also supportive.

For all of them, acceptance of the disability brought maturity, compassion for others, and appreciation for the abilities they do have. They don't take life for granted. When an opportunity comes along they don't let it pass by, and they are prepared to work hard to get what they want.

Friends can play a major part in helping a disabled person make the adjustment. A group of friends in high school helped Johnson work through his anger and "didn't treat him different." Friends also helped Willis to accept her problem because it "didn't make any difference to them."

Their advice on how to be a good friend includes:

- Just act natural, not "too goopy."
- Don't ask questions about the handicap just out of curiosity.
- Offer to help if you see someone having trouble, but avoid the "poor fool" routine.
- Don't act like you never saw a wheelchair before.
- Understand the need for independence. See the person, not just the handicap.

Student loses weight by swimming

By SUSAN POLLEY

Losing weight is, for most people, easier said than done. But one MCC student says that it can not only be easy, but fun, too.

Joannie Fisk, a freshman nursing student, swims to lose weight.

Fisk got into the swimming program through a friend who wanted to take a beginning swimming class this past summer but did not want to be the only adult in a two-week class for children. She was eventually talked into taking the class, basically so her friend would not have to be alone.

She ended up enjoying it so much that she decided to take intermediate swimming as well. She swam all summer and lost about 20 pounds, and went from a size 18 jeans to a size 12.

The lifesaving class she is now taking is strictly for exercise. Fisk said that she is not interested in getting her Red Cross certificate, but is satisfied in learning to swim. Through this class she has now gained confidence in the water.

She plans to be in the MCC nursing program for two more years and plans to keep swimming even if it means taking the same classes again. While here she hopes to lose 35 more pounds. She says it is worth it even though the chlorine at times can get strong.

Fisk said she really likes swimming for exercise since she cannot do aerobics or jogging because of knee damage she suffered while snow-skiing. She has tried jogging before and found that jogging half a mile every two or three days left her unable to walk for a week. Swimming doesn't bother her knees, she said, and she gets valuable exercise.

According to Fisk, the college's physical education classes are expensive and lots of fun. She says that \$20 for a course is much



Photo by Rose Polley

JOANNIE FISK STANDS ON THE DIVING BOARD OF MCC'S INDOOR SWIMMING POOL, WHICH WAS THE PRIMARY AID TO HER WEIGHT LOSS.

better than the cost of joining a health club where she would only be able to use the pool because the weights and aerobics would hurt her knees.

Besides, she says, "What would be the use in paying health club dues when I'm going here and I could do this?"

Fisk also complimented James Burroughs as a swimming instructor. She said he's real friendly and enthusiastic, and he always encourages his students.

"It's such a super teacher," Fisk said. "I can't speak highly enough of him."

Fisk became concerned about her weight because high blood

pressure, heart disease, and diabetes run in her family, and obesity contributes to her chances of developing one of these diseases. She said she has tried everything. She tried all the diets and almost got addicted to a prescription drug she was using. She lost 35 lbs. in a month, but was up cleaning the house at 3 in the morning.

"It's not the route to take," she said of taking prescription drugs for losing weight. According to her they are one step away from street drugs.

"You can lose weight and lose it fast, but it won't stay off," she said.

"If any of your friends are thinking of doing it," she said, "tell them no."

While she has not changed what she eats, Fisk said she has probably cut the volume of her intake by one half. After taking anatomy and physiology classes, she now knows what food does once it is in the body. And she is a better judge of what to eat and what not to eat. Although she occasionally still eats ice cream or a candy bar, she said sweets were never her problem. Actually, she had more difficulty with starchy foods.

She does advise those who have a weight problem to take care of it now.

"If you have a problem, or think you will, arrest it while you're young," she said. "As you get older, it gets harder."

Mercado: a former Olympic hopeful

By JEFF CALAWAY

Few people know what it takes to be good enough to be on an Olympic team; Dr. Juan Mercado is someone who does.

Mercado, a psychology teacher at MCC, went to college in Puerto Rico. His freshmen year he tried out for positions on the basketball and track teams. He made the basketball team, and in track, he ran the 4-by-100 meter and 4-by-400 meter relay teams as well as competing in the high hurdles.

Mercado soon found that he did not have time to be a full time student, work three jobs, run track, and play basketball. He decided to stop playing basketball. Soon he realized that he still did not have enough time to compete in his favorite sport-track. He would have to quit it too.

His former relay teammates and his replacement on the team went on to win the Pan-American games and later competed in the Olympics.

Mercado does have regrets about leaving his former teammates because he would have been in the Olympics.

"Sometimes you have to make a decision in life," he said, "and I feel I made the right decision."

Knowing what it takes to train for track and field, Mercado has nothing but respect for today's athletes. He believes they are more specialized and more serious about their workouts.

While he still enjoys watching the Olympics on television, he does find problems with the games.

"I'm not very happy with the Olympic system we have," Mercado said. He does not feel it is fair to let the Soviet Union and other Eastern nations allow players to have jobs funded by the state which help them to work their jobs around their training. These countries also provide Olympic training centers for their players.

Mercado believes that the Olympic games should stop being labeled an amateur competition and become just an athletic competition for all people good enough to compete in them. He sees no reason why the United States' best basketball team, the Los Angeles Lakers, should not have played the Soviets for a chance at the gold medal.

Many reasons exist for one wanting to compete in the Olympics—fame, money, glory. Juan Mercado had only one reason for running.

"I ran because I enjoyed it," he said.

Cult classic, movie, stage 'Little Shop' comes to MCC

By LINTON S. MILLER

The drama department's production of "Little Shop of Horrors" is almost ready for opening night Oct. 12.

Before taking in the play some people might want to see one or both of the movie versions.

The original movie version was directed by Roger Corman in 1960. The story is a classic black comedy involving nerdy Seymour Krelbourn's discovery of a weird-looking plant that craves sunlight, water, and human flesh.

Seymour's discovery initially brings him good fortune but soon he soon realizes that he is doing little more than making a pact with the devil. (bfAchieves cult status/nm/c

For many years, this film was known as "The Film Shot in Two Days," and it has since achieved cult status. It was filmed in black and white and is also available in a colorized version. A young Jack Nicholson had his first major film role as a dental patient who is a masochist being treated by a sadistic dentist.

The film also stars Jonathan Haze as Seymour, Jackie Joseph as Audrey, Seymour's heart-throb whom the plant is named after, and Mel Welles as Mushnik, the owner of the flower shop where most of the story takes place.

Becomes a musical

After being rewritten as a musical, the production ran off Broadway for several years. In 1986, Frank Oz, of "Muppets" fame brought the musical version to the silver screen. The story is basically intact, but it is much more enjoyable in the musical format.

Highlights include three Supremes-like singers, called "Shoppettes," commenting on the action like a doo-wop chorus. Steve Martin's role as an Elvis look-alike, sadistic dentist gone mad is a highlight of the film.

Several catchy tunes are in the film, including "Feed Me," "Suddenly Seymour," and the Academy Award-nominated "Mean Green Mother From Outer Space."

When Audrey II, the plant, gets REALLY mean and monstrous, with super special effects, it is quite a sight to behold.

Stage version different

The play is quite different from both of the movie versions. Hollywood has the ability (and money) to change sets and scenery as often as needed. A stage production is limited not only by finances, but also by the size of the stage. In the play, the sets are simple: the flower shop inside and out, and the interior of the dentist's office.

The play also differs musically from the 1986 version. In the play, a few more songs have been added, such as "Mushnik & Son," and "Call Back In the Morning."

The MCC production has added a chorus and an extra, male "Shoppette" named Bubba. The show promises to be suspenseful, thrilling, comical, and thoroughly enjoyable for everyone.

Show times are Oct. 12-15 at 8 p.m., with matinee shows on the 15th and 16th at 2:30.

Tickets are \$5. Senior citizens receive a \$2 discount and MCC students are admitted free with a current I.D. card. Tickets are available at the Performing Arts Center box office. For more information, call 756-6551, ext. 392.



Photo by Darin Brock

"SOMEBODY GET ME OUTTA HERE" exclaims Mike Wagner. Wagner will be responsible for moving the massive plant Audrey II for MCC's production of "Little Shop of Horrors." The plant is so large it will take two people to manipulate it. John Haskett will be assisting Wagner with the plant.



Photo by Rose Polley

WITH A LOOK OF FRIGHT Audrey (Jari Todd) is introduced to Audrey II (the plant) by Seymour (Jeff Tribbitt), in a scene from "Little Shop of Horrors." The MCC production begins tomorrow night at 8 p.m.

Instructors art show in honor of Michaelis

By TANYA CLARK

In honor of Dr. Michaelis, the new president of MCC, a photography and art show is being presented in the Performing Arts Center through Oct. 20.

Entries in the show are contributed by Cullen Smith, Barney Fitzpatrick, Patricia Tillman, and John Chatmas.

The photographs on display were taken by Smith, a Waco attorney and photographer, while on a trip into China. The display is titled "Windows in China."

Three water colors by Barney Fitzpatrick, an instructor at MCC, are on display. Fitzpatrick has

been at MCC since 1971. He teaches watercolors, art appreciation, designing and photography. His work is represented by Valley House Gallery in Dallas.

Patricia Tillman has two construction sculptures in the show. "Construction" is a term to signify that the works are not the traditional clay sculptures, but ones made of wood. Tillman is a part time instructor at MCC where she teaches sculpture, three-dimensional design, and art appreciation. She is represented by Ft. Worth Gallery in Ft. Worth.

The two paintings were submitted by John Chatmas. Chatmas has been an instructor at MCC since 1970. He teaches drawing, painting, and art history.

Boots and bandannas dominate

By CARMEN FRENCH

Students kicked their heels up to two of MCC's country/western bands last Friday at it's first annual Kicker Day.

The students participated in various types of contests such as best dressed male and female, best slow dance couple, best fast dance couple, and best truck contest.

The best dressed male was Richard Jones and in second place was Ron Ramos.

The best dressed female was Missy Neill, Elizabeth DeLeon won second place, and Kebana Reed won third place.

The best slow dance couple were Donald Griffin and Kelly Middleton, Jay Arnet and Marti Gibson won second place, and Shawn Pullin and Cindy Burton won third place.



Photo by Rose Polley

"WINDOWS IN CHINA" receives a critique from students (L to R) Waylon Wells, Mike Blanford, Chamberlain Nowhouse and Lou Manley. The art display is compiled from works of Cullen Smith, Barney Fitzpatrick, Patricia Tillman and John Chatmas.

Massive man-eater enjoys growing success on stage

By DARIN BROCK

Standing almost nine feet high and five feet wide, Audrey II is an ominous sight on the MCC stage. The famous character actor will be playing the part of the man-eating plant in this week's production of "Little Shop of Horrors."

This stage giant has carved a name for himself by portraying plants on stage. Hired by director Lou Lindsey, the plant arrived on campus last week. He had disguised himself as a crepe myrtle to throw off the throng of fans that usually follow him around.

For the duration the plant will be residing in the storage room under the stage in the Performing Arts Center. This is also done for security purposes.

"There have been threats against my life, and the fans would pick me apart if they got a hold of me," Audrey II said.

To find out more about this botanical marvel the Highland Herald asked for an interview. With great reluctance, the interview was granted.

Q: What made you decide to do this play at MCC?

A: Well, I've always enjoyed the smaller theater circuit, and besides this is a college production. I never got the chance to attend college, and I feel a lot can be learned in school drama. So I want to help in any way possible. That's why I have refused all forms of payment for this show. I had also heard about the school and was interested in visiting.

Q: How long have you been in theater?

A: This will be my 12th year.

Q: What parts have you played?

A: Well, I've played the plant in "Little Shop of Horrors," and I've been in "Little Shop of Horrors."

Q: So most of your experience has been playing the plant.

A: Basically so. It's sort of like the Yul Brenner thing with the "King and I." I've never gotten the satisfaction from my other roles as I do this one. I could easily see myself playing this part 20 years from now. It's always a growing experience.

Hippodrome opens with Tuna

By LINTON S. MILLER

The Waco Hippodrome started its 1988-89 season Oct. 5 with "Greater Tuna."

The comedy about fictitious Tuna, Texas, "the state's third smallest town," had a cast of two-Duane Black and Brian Foster. Both men played 20 different characters and went through more than 40 costume changes. The show has toured all over the country and has received rave reviews from critics and audiences alike.

The Hippodrome's next production will be Neil Simon and Bob Fosse's Tony Award-winning

Q: In the show, Audrey II is four different sizes. Do you play all the parts?

A: Yes, being a plant it makes it easy to grow and shrink at will. So rather than hire four different actors, I can play every role.

Q: You arrived here as a crepe myrtle. Do you always travel incognito?

A: Yes, I really have to. After my performance in "Little Shop," the fans became a real hassle. I've been disguised as an aloe vera plant, a cactus, a tiger lily, a mushroom and hundreds of others. I even lived six months as an oak tree.

Q: This is a question you've heard many times. Is there any truth to the rumor that you once lost your temper during a production in Iowa?

A: Everyone has done something they're ashamed of, and I'm sorry that had to happen. I have no excuse for what I did, and I'm trying to cut down on my feedings. Although I did see eat student here that was illegally parked.

Naturally, the drama students are all abuzz with having such a talent on stage with them.

"Audrey has taught me everything I know about personal growth. He taught me to nurture my inner spirit, and planted a new seed of life into my acting," said co-star Richard Caldwell (Mushnik).

Being a plant and not having any legs, it is hard for Audrey to move on stage. One of the people that will help manipulate the plant will be Mike Wagner. When asked if Wagner was intimidated by the plant he responded, "Audrey is more helpful than intimidating. He so much more experience than I. It can only be a learning experience for me."

Director Lindsey, however says he has to watch his Ps and Qs because "I don't want that sucker coming after me."

For those interested in seeing Audrey II and "Little Shop of Horrors," the show is running Oct. 12-16 in the PAC.

For ticket reservations call the ticket booth at 756-3553. Tickets are \$5 for adults. MCC students, faculty and staff members with ID can receive free tickets, except for the Saturday night show.

In case you were wandering...

MTV: Balancing on the edge of the ordinary

By DARIN BROCK

From the famous words of Mark Knopfler and Dire Straits: "I want my MTV!" Well, I'm not so sure any more. MTV is no longer the progressive television station it used to be. It has finally sold out to the monster they call "pop music."

Remember the MTV of old when you could sit down and watch videos to songs that you were not sick of hearing on the radio. No longer can you do this. In the early days of MTV the only artists making videos were those who wanted to be discovered or the old artists wanting to try something new. It was very refreshing to see new groups, and not have to listen to REO Speedwagon, Lionel Ritchie, or Rick Springfield.

But since the video music industry has become accepted, not only can you hear Debbie Gibson, Rick Astley and Tiffany on the radio, MTV is now ramming their videos down our throats. Goody, Goody!

MTV has also snubbed those of us who enjoy different styles of music. Heavy Metal, Rap and Underground music have been relegated to an 8 hour time slot for the whole week. Heavy Metal and Rap have three hour shows on Saturday night when everyone is out. Underground music can be seen for 2 hours every Sunday on "120 Minutes."

During the week and prime time you would be hard pressed to see any of these videos. And isn't it funny that the daily top 10 videos are dominated by these types of music. Another sign that MTV is wimping out is by banning certain videos. Such people as Neil Young have had two videos banned by the station. One of the videos was "This Notes for You," a song about musicians selling out to do commercials.

XTC had their video 'Dear God' banned for two years before it received airplay on MTV. Ironically the video was nominated this year for best concept video. In the beginning MTV would plat anything risky. But now that they belong to the corp of pop they will no longer do that.

MTV is so obviously catering to the 12 to 15 year old market. Did they forget that when they first started it was us who made them popular. We're no longer 12 to 15 but we still watch a lot of television, how about giving us a say in what we want to see.

Finally, the lyrics of Jello Biafra, the lead singer of the Dead Kennedy's, can perfectly sum up the situation: "MTV get off the air because you're too damn conservative to a real chance!" He's right. Oh darn, I just missed the Debbie Gibson video. Well, I'll just wait around. It will be on again in 30 minutes. See what I mean?

Religion professor sells hobby

By SANDRA M. HEWITT-PARSONS

MCC religion instructor Dr. Dale Hughes is active in painting. In fact he has sold the first of his work to be exhibited in an art gallery.

The watercolor, "Pueblo in Yellow Moon," sold recently at Angles Landing, an art gallery in Taos, N.M. The Taos area is a mecca for Southwestern artists.

The use of vivid color, Spanish and Southwest themes, especially that of New Mexico, are his favorites. "My first love is New Mexico—the country, the mountains, the people," Hughes said.

Hughes, who has been painting for "about six years now," began by taking the continuing education course "drawing and painting for the non-art major," at MCC. The experience was one of "self-discovery" for him, he said.