

**PAR FOR THE COURSE**

Team places second
tonation's No. 1 at state -
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**ON TRAIL TO SUCCESS**

Two music students write
song, release album --
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Many cultures, many worlds --
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Student writes book about illegitimacy--
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HIGHLAND HERALD

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Board schedules vote on gender equity plan

Committee recommends two options; programs might be added or cancelled

By MELANIE GERIK
The Board of Trustees is expected to consider the gender equity status of the athletic program tonight.
The meeting will start at 7 p.m. in the Highlander Room of the Student Center.
Last year, the board declined to drop the men's tennis team and add a women's sport in an effort to equalize the athletic program. Instead, the trustees instructed President Dennis Michaelis to appoint a committee to study the gender equity issue for one year.
The committee met several times throughout the year to decide on recommendations for gender equity in athletics, Michaelis said. The committee's

recommendations were submitted in a written report, to Michaelis last week.
Gender equity, according to the committee report, is the fair distribution of opportunity, participation and resources within athletic programs for women and men. Because men historically have been afforded more of those things than women, the report said, educational institutions are required to provide both male and female students equitable opportunities to participate in sports programs, in accordance with Title IX of the 1972 Educational Amendments.
Although the law is more than 20 years old, lawsuits have been filed just in the past few years against universities across the United States because of unequal gender treatment in athletic programs.
"No one's breathing down our necks," Michaelis said. "There have been no lawsuits or threats. We want to do what's right before we get complaints."
The committee was formed of people from the campus and community. Members are LaVerne Wong (chair), retired vice president of student services; Nancy Ray Mitchell, business instructor; Winfred Watkins, biology instructor; Buddy Powell, math, science, health and physical education director; Johnnie Talton, students with disabilities specialist; Holly Page, wife of music instructor Robert Page; Jim Haller, former MCC and Baylor

men's basketball head coach; Bill Landiss, president of American Bank; and Kyle Stevens.
According to the report, the ratio of women to men participating in athletics will be within 10 percent of the ratio of female to male traditionally-aged students enrolled in the college by fall 1997.
Currently, the ratio of enrolled students is 54 to 44 percent, women to men, while the ratio of participating athletes is 30 to 70 percent.
Without additional funding, the committee recommends eliminating the men's tennis program, which presently has a budget for student financial assistance of \$45,241. Through this plan, the Dance Company is recommended to move into the Intercollegiate athletics division, and its budget will increase from \$4,108 to \$18,500. By fall 1997, women's volleyball or fast pitch softball is scheduled to be initiated, funded by the balance of the men's tennis budget not used to move the Dance Company into the athletic program.
If more funds are available, the committee recommends keeping all existing men's and women's sports programs. The Dance Company will be moved into the athletic program, as in the first plan. If this option is approved, either women's volleyball or fast pitch softball is scheduled to be added by fall of 1997.
For the fall, the athletic budget format and process needs to be revised in order to track expenditures for each sport, according to committee recommendations. Each sport will have separate itemized budgets managed by the coach, with oversight by the athletic director, instead of the current system of one budget for all sports. The goal of the revised budget system is equitable line item expenditures and scholarships for men and women, the report said.
In other business, the board is scheduled to approve faculty and administrative contracts and revisions to the investment of college funds policy. The trustees also are scheduled to discuss and vote on the early retirement proposal.

Graduation May 17

SoRelle keynote speaker; bagpipers to lead procession

By SHERRY W. EVANS
Graduation ceremonies will be held at 8 p.m. on May 17 in Chisolm Hall of the Waco Convention Center followed by a reception in the lobby of the Convention Center.
According to organizer Brenda Montemayor, about 180 graduates are expected to participate.
Keynote speaker for the event is Cindy SoRelle, language arts instructor/coordinator.
Heading the processional of faculty and students will be bagpipers from the Dallas Caledonian Pipes and Drums, which is a tradition at the ceremonies.
Presiding over the ceremonies will be Deborah Garrett, vice president of student services. The welcome and introductions will be given by President Dennis Michaelis.
Graduates will be certified for graduation by Don Hay, chairman of the Board of Trustees, assisted by Al Pollard, dean of technical education. Certificates and degrees will be presented by Hay, Michaelis, Registrar Willie Hobbs and Dann Walker.
Special presentations will be made by Student Government President Jenny Neff and Michaelis.
Music will be provided by Kristen Nobis, who will sing "The Star Spangled Banner," and Tera Dawn Schwarz, who will sing "Laurie's Song" by Aaron Copland.
A brief rehearsal will be held at 10 a.m. the day of ceremonies.

Highland Games start with a splash tomorrow

This year's festivities to blend old, new traditions

By HEATHER ELLIS
The traditional Highland Games are ready to kick off tomorrow in the HPE building at 10 a.m.
The first event will be at the pool where the "Big Splash" will find contestants trying to make the biggest splash off the diving board. The swimming relays will follow. Contestants in this event must swim one lap. When the team member reaches the end of his or her lap, the next team member swims to the other end of the pool.
One traditional game played at the Highland Games is the "lassie-laddie tug o'war." This traditionally had pitted twice as many "lassies" against the "brawnier lads," but this year a change in the rules will pit five women against five men.
At this year's Highland Games, some of the traditional events will be changed up and many new ones will be introduced, according to Lesa Hatley, director of student activities.
Among the changes made is the Caber toss has been eliminated. Contestants grasp the smaller end of the caber, which resembles a small telephone pole, and throw it so the heavier end hits the ground. The thinner end flips over to a complete semicircle.
One of the new competitions introduced is the "Blind Volleyball" game. The net is covered up so team members cannot see across the net.
Also, the "Highland Slam" will be introduced this year. This will be held on Highland Drive in between the Student Center and the Administration Building. Teams will play 3-on-3 basketball for ribbons or for overall points in the Highland Games.
Hatley said she feels tradition is important in changing the games but so is the level of participation.
Also in conjunction with the Highland Games is the Clubs and Organization Fair. This was held Monday in the student cafeteria. Representatives from different clubs and organizations were available to give students information concerning their group or organization, according to Hatley.
Individuals or teams can still sign up to participate in any or all events in the Student Activities Office or through Coach Wendell Hudson in the HPE building.

Schedule of events for Friday

All events will be held in the area between the Student Center and the Administration Building, unless otherwise noted.

10:15 a.m.	Highland Run-- course is set around campus
10:30 a.m.	Jalepeno Eating Contest
10:45 a.m.	Pie Eating Competition
11 a.m.	Volleyball
	Highland Slam
Noon	Earth Ball Relay
12:30 p.m.	Dance Company performs
12:35 p.m.	Three-legged Race
1 p.m.	Egg toss
1:30 p.m.	Tug of War

Speech team wins three trophies at nationals; two members compete for Texas in Alaska

By TRACIE LYNCH
The speech team recently won three trophies in the American Forensic Association National Tournament in Wichita, Kan.
Marco Suarez placed 13th out of 150 contestants in persuasive speaking. Carrie Spencer came in 14th out of 130 contestants in informative speaking, and Barry Sullivan placed 16th in the same event.
Linda Dulin, director of forensics, said that just to qualify for nationals is an honor. A student must place first, second or third in an event in at least three tournaments during the regular season. Dulin said that the team of five qualified for 14 slots. More than one team member qualified for each event.
Two team members, Spencer and Marie Witt, competed in a national persuasive speaking competition last weekend. They traveled to Anchorage, Alaska, to participate in the Interstate Oratorical Association National Tournament. Dulin said only two students from each state are chosen to represent the entire state in the tournament.
Witt said she and Spencer were chosen to compete at the national tournament because of their performance at the Texas Intercollegiate Forensics Association (TIFA) tournament in the

Rwanda: English teacher worries about last summer's friends

By AARON TUDOR
Civil war in a small African nation like Rwanda is just another news story to most people. But to one MCC instructor, the killing in that country cuts deep.
Linda Cook spent a month last summer in Rwanda studying oral history. Now she can only wonder if the friends she made are still alive.
"There's no communication going into or out of Rwanda," Cook said. "All the Americans have fled to Kenya and there's no way to find out."
The conflict in Rwanda did not happen overnight. Tension between the minority Tutsi tribe and the majority Hutu tribe has been around for hundreds of years. Even though they are the minority, the Tutsi tribe controlled the country until recently. When President Juvenal Habyarimana, a Hutu, died in a mysterious plane crash three weeks ago, he took with him the peace Rwandans have enjoyed for so many years.
"You know about the differences between the two tribes, but it was kind of an unspoken rule that you didn't talk about it," she said.
Since the death of Rwanda's President, the country has turned into a desolate land of murder and fear. Cook did receive a letter from an American missionary in Kenya who had contact with some of their friends in Rwanda. The news was not good.
Roadblocks have been set up on most roads. Since Rwandans are required to carry ID's telling which tribe they belong to, they are easily identifiable. Depending on whether they were Hutu or Tutsi, they could be killed at any roadblock.
A friend of Cook's daughter told of watching a man have his ID checked, then being shot three times.
"If you're a Hutu and get stopped at a Tutsi roadblock, they'll kill you on the spot," Cook said.
"The saddest part is, most of the people being killed are innocent people just trying to survive," she said. "They have no knowledge or interest in it (the civil war)."
Despite the horror stories, Cook has received some good news. A friend she met last summer named Phoebie was in Kenya when the fighting started. But she was one of the lucky few.
Some reports claim that as many as 100,000 people have been killed so far. Many bodies have been found hacked to pieces by machetes. And with the United Nations pulling out its remaining troops last Friday, Rwanda's future looks bleak.
"I think the UN has washed its hands of Rwanda," Cook said. Unlike Kenya and Nigeria, both longtime friends of the United States, Rwanda was colonized by the French. Cook believes the fact that the French have very little power in the UN does not bode well for Rwanda.
"Unfortunately, the UN looks at what they believe to be the value of a country, not the value of a human life."

Waiting, waiting, waiting...



Barbara Field sits and waits on the sidewalk near the tennis courts for the shuttle bus to take her to class on Monday.

News Briefs

TASP requirement emphasized

Effective immediately, any student that has completed nine hours of college level course work, is required to take the TASP test. Since the 15-hour rule no longer applies, students who have completed more than nine hours of college level course work must take the TASP test prior to the end of the fall semester. Developmental courses are not college level and do not apply toward the nine-hour count.

Sense of humor class starts Friday

Take your job seriously, but take yourself lightly. That's the idea behind the new continuing education course, "Developing a Sense of Humor." In this fundamental "playday," the class will investigate the development of an individual's sense of humor and learn how to juggle stress by having more fun. The course is designed for health care workers, business people and anyone interested in being more creative and playful. It will be held from 9 a.m. - 4 p.m. on Friday. The cost is \$19.

MCCOPA elects officers

New officers for MCCOPA have been elected for 1994-95. They are President Mickey Reyes, Vice President Lydia Lugo, Secretary Dorothy Johnson, Treasurer Teresa Lopez, Historian/Reporter Diane Hampel and Parliamentarian Carmen Shaw.

Summer office schedule

Beginning the week of June 6, campus will be closed on Fridays. During this time, the registrar's office will be open from 7:30 a.m. until 6 p.m. on Monday through Thursday.

AIDS seminar helps students understand

By HEATHER ELLIS

The Student Government recently sponsored an AIDS seminar to educate students on new facts and figures regarding the HIV virus.

Jerri Barker, community educator at Planned Parenthood, was the speaker. The seminar was also in conjunction with the "Names Project AIDS Memorial Quilt" which will be coming to Waco on May 20-22 at the Waco Convention Center.

"Planned Parenthood and the Names Project approached us with the idea of the AIDS seminar in February when they had the style show for the Interclub Council," said Lesa Hatley, director of student activities. "We thought it would be a great idea and are trying to get them to come back in the fall."

"AIDS and HIV is heard a lot and it's something that needs to be discussed," Barker said. "AIDS is not just a homosexual disease. Teens, women and heterosexuals are now very much at risk."

According to Barker, well over 200 people in Waco have the AIDS virus and 35 percent of them are between the ages of 20-29. She also said that there are 3,000 people infected with HIV.

"The Minorities are being hit hard. Minorities make up 21 percent of our population and 47 percent of them have AIDS," Barker said.

Barker also said by the year

2000, women with AIDS will be equal to the number of men who have contracted the AIDS virus. She also said that many of the cases of AIDS now are from people who contracted HIV when they were a teenager.

Barker, who has worked at Planned Parenthood for five years, got involved with the Names Project when family members of AIDS victims or people diagnosed with AIDS began coming to her after she spoke at seminars.

"They would tell me that they were so alone or they didn't have anyone that understood how they felt. I just wanted to educate people that AIDS could happen to anyone," Barker said.

"I got involved with the Names Project when a friend got infected," said Stacy Bradley, a student at MCC and a volunteer for the Names Project. "I wanted to educate people about AIDS, and I didn't want them to feel alone."

The Names Project is also helping to raise vital funds for counseling and services for those with AIDS. The group also is looking for volunteers to help with the AIDS Memorial Quilt when it comes to the Waco Convention Center on May 20-22.

For more information on volunteering or donating funds to the Names Project, contact Jerri Barker at 754-2391.

Speakers place high

(Continued from page one) fall. The two students placed first and second out of more than 50 contestants in the TIFA meet.

Witt, Spencer, and Dulin returned from Anchorage last night.

Dulin said before the tournament that she was unable to predict how Spencer and Witt would place in the tournament. She said both students have good speaking styles and well prepared speeches. However, luck plays a role in determining the winners.

In a national tournament, different judges prefer different styles of speech. The competitor has to hope that his or her style is the style the judges prefer. Dulin said, "You do your best, and then you let it go."

Dulin said she is "very, very proud of the students" for all of their hard work and achievements. To prepare for the national tournaments, Dulin said each of the team members practiced about 20 hours a week, almost twice as many hours as they spend preparing for other tournaments. Assistant coach Glen Jackson said he spent about 10 of those 20 hours working with the students. Jackson met individually with each student once a week.

Dulin said team members practiced on weekends and even sacrificed their Easter holidays to prepare for the national tournaments. Witt said that she does have to give up a lot to prepare for each tournament, but she said the recognition and achievement are worth the sac-

rifice.

Students had to re-research their topics to make them as up to date as possible. They also worked on polishing and perfecting their speeches before taking them to nationals.

Dulin said the success of the team is due not only to their hard work but to the support of the faculty as well. She said the faculty and administration have acted as "cheerleaders" for the team by wishing the students good luck and asking them about the results of the tournaments.

Dulin said many teams do not receive much encouragement from their schools, and the encouragement is what has made the difference. Dulin said, "a lot of what we do here would not have been possible without the support of the faculty and administration."

Not only is Dulin proud of this year's team, but she said she is excited about the next year's group as well. She has already accepted seven incoming freshmen for the fall. They will join returning member Gavin Massingill to make next year's team. Dulin said she now recruits persons a great deal of talent and a strong work ethic.

All of the sophomores on this year's team have been offered scholarships at major universities. Dulin said Suarez plans to attend the University of Texas at San Antonio, Spencer will most likely go to Bradley University, Witt is considering Rice University and Sullivan must decide between Southwest Texas State University and The University of Texas at El Paso.

Tartan Scholar application deadline Friday, class set

By TRACIE LYNCH

Any student who wishes to become a Tartan Scholar has until this Friday to apply for the program.

The Tartan Scholars is an honors program which was piloted last semester to recognize students with unique abilities and talents.

Fourteen students participated in the pilot program this spring, and almost 30 more will become Tartan Scholars this summer and fall.

Marylin Kelly, who coordinates the program, said that although the deadline for applications is only three days away, students who have not yet applied still have time to do so. Kelly also said the screening process does not begin until after April 29. Therefore, the selection committee will consider last-minute applicants equally with those who applied in advance.

Kelly said some students have received letters of invitation to apply. However, any student may apply regardless of whether he or she has received an invitation.

A student who wants to apply must submit an application and at least two letters of recommendation. Kelly said the letters of recommendation may be written by the college faculty and staff, by a fellow student, by the student's former high school teachers or counselors, by the student's employer or by anyone who fully understands the student's capabilities.

Kelly said the applicant also

has the option of compiling a supplementary portfolio of artwork, performance tapes, essays or other evidence of the applicant's creativity, talents and skills.

The application process may include an interview for some. The selection committee will interview students who pass the preliminary elimination.

Kelly said the selection committee uses non-traditional criteria for selecting a Tartan Scholar. Minimal emphasis has been placed on test scores, GPAs and other conventional measures of academic progress. The letter Kelly recently sent to potential applicants states that, "the process is not designed to exclude due to a weakness but is designed to include due to identified abilities."

Kelly said the program is open to all types of students. The selection committee will consider not only recent high school graduates, but returning students as well. In fact, Kelly said this year's pilot program includes traditional students, returning students, parents, two part-time students and a graduate of the Air Force Academy.

Tartan Scholars enjoy many special benefits. Applicants who are accepted into the program will receive a full scholarship covering tuition, fees and books. They will have access to their own meeting room and computer lab in the library. In addition, Tartan Scholars also receive an expense-paid weekend study tour.

These students also will have

a faculty mentor to help them determine their plans for the future. Kelly said that some students in the pilot program have two mentors. However, she said that no instructor will be a mentor to more than one student. Kelly said that faculty mentors include vice-presidents and deans as well as instructors.

Students who are chosen for the program are required to take a three-hour transferable colloquium. Kelly said a colloquium is a "seminar course." Current Tartan Scholar Sheila Albritton called the course "an exchange of ideas." Dann Walker, who teaches the colloquium class, said the course focuses on creative thinking. He says it is "fun, but beneficial."

Current Tartan Scholar Roman Morales said the colloquium has taught him new ways of looking at situations and solving problems. Albritton said she has learned more about herself and has learned from and about others. She said she usually leaves each colloquium session on an "intellectual high."

Kelly said 12 students will be selected to take the introductory colloquium course, "Critical Thinking," this summer. This class will meet from 12:30 to 1:50 p.m. Monday through Thursday. Walker said the course is eight weeks long rather than the regular six weeks for most summer courses.

However, individual class periods will be shorter than conventional summer classes. Walker said the purpose for the shorter class period and longer term is to give the students more of what he calls "soak time" to process what they have learned. The summer class also will include a weekend study tour.

In the fall, the 12 summer students will join the returning students from the pilot program for an advanced colloquium. Kelly said 9 to 11 of the original 14 Tartan Scholars plan to return. She said some students who originally planned to transfer after this semester have decided to remain at MCC to be part of the program once again.

The advanced colloquium class, "Introduction to the Humanities," will include discussion of eastern cultures. The class will be held on Friday afternoons.

Another introductory class of 15 students will begin in the fall. The class will be held from 7:30 to 8:55 a.m. on Tuesdays and Thursdays.

Applicants who pass the preliminary elimination must indicate during the interview whether they prefer to take the first colloquium during the summer or during the fall.

Walker said he has scheduled the classes so that students who work will be able to participate in the Tartan Scholars Program. Albritton said she is currently taking 20 hours and working a part-time job in addition to being a Tartan Scholar.

She said if a student budgets his or her time well, there should be no problem with the extra work. Albritton also said that Walker and Kelly have been gracious in working with program members who are overwhelmed by the work load.

Applications and recommendation forms are available in the office of Deborah Garrett, vice president of student services. Garrett's office is room 10 of the Administration and Classrooms Building. Students must submit their applications by Friday.

One race contested

Trustees vote May 7 in precincts 5 and 6

By MELANIE GERIK

Elections for two Board of Trustees members will be held on Saturday, May 7.

Early voting is already in progress, and will continue through May 3. Early voting sites include:

- University High School, 2600 Bagby Ave.; parking at Sacred Heart Catholic Church;
- East Waco Multipurpose Center, 409 Turner Street; parking at Greater Mount Olive Baptist Church;
- 125 County Records Building, 215 N. 5th Street.

Hours for early voting are 9 a.m. to 6 p.m. Monday through Friday, 10 a.m. to 6 p.m. Saturday and 1 to 6 p.m. Sunday.

District 5 currently is represented by James Hardwick, who has served the board for 10 years. Hardwick will face Bob Sheehy Jr., a certified public accountant and son of Waco Mayor Bob Sheehy, and medical technician D. Marion Bourke.

District 7 is represented by Danny Uptmore, a board member since 1979. Uptmore has decided not to run for re-election. Business owner Steven Smith runs unopposed for that position.

Once elected, board members will serve a six-year term.

Uptmore served on the Board of Directors of the MCC Foundation along with fellow trustee Cleoda Bablos. Jesse Sawyer, executive director of the Foundation, said because of Uptmore's service to the school, he will be invited to remain on the Foundation board as an at-large member.

The elections will be held in conjunction with Waco Independent School District board elections and Waco City Council elections.

Trustee District 5

- Precinct Polling Place
- 26 Kendrick Elementary
Kendrick Elementary
1801 Kendrick, Waco
- 29 Sanger Ave. Baptist Church
Sanger Ave. Baptist Church
5515 Sanger Ave., Waco
- 31 Parkdale Elementary
Parkdale Elementary
6400 Edmond, Waco
- 32 Viking Hills Elementary
Viking Hills Elementary
7200 Viking Drive, Waco
- 34 Episcopal Church of the Holy Spirit
Episcopal Church of the Holy Spirit
1624 Wooded Acres, Waco
- 50 Boy Scouts of America
Boy Scouts of America
300 Lake Air Drive, Waco
- 51 Peace Lutheran Church
Peace Lutheran Church
9301 Panther Way, Waco
- 57 Meadowbrook Baptist
Meadowbrook Baptist
1207 N. Old Robinson Road, Robinson
- 60 Robinson High School
Robinson High School
500 W. Lyndale, Robinson
- 91-92-93 Midway Middle School
Midway Middle School
9115 Woodway Drive, Woodway
- 96 Southside Church of Christ
Southside Church of Christ
4800 S. Loop 340, Waco

Trustee District 6

- 61 Hewitt First Baptist Church
Hewitt First Baptist Church
301 S. First, Hewitt
- 62 Brazos Meadows Baptist Church
Brazos Meadows Baptist Church
615 S. Hewitt Drive, Hewitt
- 63 Harris Creek Baptist Church
Harris Creek Baptist Church
Rt. 1, Box 24K, McGregor
- 75 Lorona School Administration Bldg.
Lorona School Administration Bldg.
308 N. Frontage, Lorona
- 76 Bruceville-Eddy High School
Bruceville-Eddy High School
1 Eagle Drive, Bruceville
- 77 Moody First Methodist Church
Moody First Methodist Church
Moody-Loon Road, Moody
- 78 American Legion Hall
American Legion Hall
204 S. Jefferson, McGregor
- 79 H.G. Isbill Junior High School
H.G. Isbill Junior High School
Third and Van Buren, McGregor
- 80 Crawford Methodist Church
Crawford Methodist Church
Spring Valley Baptist Church
- 97 Spring Valley Road, Lorona

The Highland Herald Staff

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CLASSIFIED advertisements

PLANE TICKET -- One way to Los Angeles, Calif., May 20, evening flight. \$75.00 OBO 753-3126

WORD PROCESSOR -- Brother brand, with monitor, purchased last year. \$250. Call Melanie, 772-0840 (leave message).

EDITORIAL

Highland Games Wednesday, Friday

Preparation for the games

Looking for some excitement before you prepare yourselves for finals? How about some fun, a day where you can relax and hang out with friends? Or even talk with teachers outside the classroom? If that piques your interests, then the Highland Games is the place to be. Highland Games is a tradition upheld by the school. The preliminary events will be on Wednesday and final events on Friday. This year's games promise to be more exciting with new events spicing some of the traditions of the past. So before dead week and before finals, let the Highland Games be a time where students and faculty can be themselves — a time where we let our hair down and just have fun. Isn't that what the Highland Games are all about?

Correction

The picture on page 6 of the last issue was misidentified. It's actually a dinosaur and not part of the Dr. Seuss exhibit.

Still on the diet roller coaster



By Melanie Gerik
Editor In Chief
The other week, I hit the big two-zero, although my 20th birthday is not until June.

Since Jan. 31, the day I sacrificed my fast-food lifestyle in the name of Richard Simmons, I have lost 22 pounds. When I hit 165, I was ecstatic. Actually, I don't remember weighing in the 160s in my life. In my mind, I jumped from 128 pounds, my weight when I was 14 and I worked out for two hours everyday under the fire of my drill team sponsor's fire breath, to 185 pounds, my weight last semester when I was forced to step on the scale in order to pass Aerobics I.

In the past four years, I weighed myself about as often as I cleaned the room — twice a year. I cared about my body, but I didn't want to see the bad news. I avoided the scale the same way I avoided the layer of magazines, newspapers, shoes and unidentified floppy objects on my bedroom floor.

This semester, however, I like to weigh myself, but I still refuse to clean my room. But for the past few weeks, the scale has not moved from 163.

I know it's nothing I've done. After

all, I can eat the Easter candy and fried cheese sticks until the cows come home, and still loose weight, can't I? When the scale doesn't say what I want, it must be because:

- My hair was still wet from taking a shower, and that adds at least three pounds to my real weight; or
 - I weighed myself about one hour earlier last time, so this isn't an accurate comparison of my weight today; or
 - These socks are thicker than my pair yesterday; or
 - I'm wearing a watch, so I can deduct two pounds from the number on the scale; • This is just a puny old bathroom scale. I'm sure if I used a doctor's scale, I would be at least five pounds lighter; or
 - I have to admit it — I ate a few too many rice crispy treats on Easter.
- But during these two months, I have learned other ways to determine my diet success. I had to take links out of my watchband because it slid around my wrist too much. Shorts I bought last summer are too big now — I can pull them on and off without unbuttoning or unzipping them. I now can wear outfits hidden in my closet for years. A few weeks ago, I finally wore a shortset I got for Christmas two years ago.
- But in order to get back on the diet

Corrected from last issue

superhighway instead of walking in place on the diet treadmill, I need to resolve to return to my old, successful methods of the first few weeks of my diet.

I will deal my meals the way Richard taught me. I haven't been moving my portion cards when I finish eating the amount allowed. I have been trying to count calories and servings in my head, and like most journalists, I think two plus two equal five.

I will not be tempted by the food others are eating when I dine out. If a friend orders a chopped barbecue sandwich, I will ignore her and order a nice, lean baked chicken breast. And when the waitress delivers chile con queso to the table, I will drink water and resist the temptation of those evil fried chips calling me to dunk them into the sauce.

I will eat fat-free cereal bars when everyone else is enjoying pizza. I will drink water when my sister is gulping down Dr. Peppers. I will stay as far away from food as possible when I'm doing homework or watching television.

And finally, I will clean my room. If the clutter on my bedroom floor is gone, then so will the clutter on the road to my successful diet.

ESSAY WINNERS

Only Different on the Outside

By THAD OLIVER

A woman in her mid-thirties sits in a porch swing, her jet black hair past her shoulders and a warm smile on her smooth, auburn face. She beckons for me to come to her, and I know when I sit by this woman that she is going to comfort me with soothing words.

This is how I like to remember Maria Stones since I do not get to see her often enough. She is a woman of extraordinary kindness and compassion. Maria has touched many lives, including mine, by giving confidence, friendship, and self-esteem. Probably the most important thing that Maria Stones did for me was help me realize how strong and wise I could be. Her kind words gave my self-esteem a boost.

My self-esteem needs to be strong because I have an alcoholic father, and, as any psychologist would say, children of alcoholic parents usually become addicted to something — sometimes drugs, sometimes food, sometimes something else. My addiction was exercise. While exercising gave me self-esteem, it also caused me to judge myself harshly, and the effect was negative. I was afraid to admit when I had made a mistake. Maria showed me how mistakes could be good and character building.

Another thing Maria did to help me grow up was show me how I could confide in her. Maria was easy to talk to about anything. She would talk to me about my father's addiction. She would also tell me about her problems, and I would listen out of

respect for her. Some of our discussions were about sex, a subject my parents would never even utter a word about. In our conversations, no one would give an opinion unless the one talking asked for one. This way we eliminated judging or being judged.

Maria became more a friend than a motherly type. Being a friend to an older person can become a tricky matter just because of her authority. Maria is about sixteen years older than I. She would never hurt my feelings on purpose, but one day when I was over for lunch, she would not let her elder son eat in the living room, yet she did let the younger son eat there. I asked why, and she yelled at me. I ran out. Later Maria called and apologized. Somehow friends

always end up liking each other again.

I have lived for 20 years, which is not a very long time, but I have seen more than most people do in a lifetime. I have driven, backpacked, and hitch-hiked through the countryside. The time I spent away from home reminds me of how important it is. Because I have traveled the country and some parts of the world, I found out that home is where the heart is and Maria will always have a special place inside.

Writing about Maria makes me miss her. I think I will go over for a visit. There she sits with her warm smile on her smooth, auburn face and her jet black hair, swinging with the rocking motion of the porch swing. I smile back and sit down next to her.

Many Cultures, Many Worlds
English 0301 Contest Winners
Spring 1994

For the English 0301 Writing Contest, students this semester wrote about people outside their own cultures who influenced them and about experiences they have had which helped them realize the uniqueness of their own heritage. Their efforts and the assistance of the Writing Lab instructors, the contest judges, and Tom Buckner and his staff produced the five winning essays printed here.

From Culture to Culture

By CANDY DURAN

Going from one country to another can be a great experience if one is traveling, but when one must move to another country to live there permanently, it can be very difficult and frustrating to adjust in a comfortable way. I was born and raised until age eleven in Delicias, Chihuahua, Mexico. When I was five, my family moved to the United States to find a better life while I was left with my grandmother. Six years later, when she passed away, I had no place to stay and had to go to the United States to live with my family.

In Mexico, I had lived in a small town where having electricity was not so important as long as we had a well close to our home. Our roads were gravel with a few nice cars that only the rich people could afford. I immediately saw that in the United States the towns look nice, the roads are paved, and the people have better transportation. Before I came from Mexico, I thought the US could not be very different from where I lived, but I learned the differences between my old town and the new one in the economy, the customs, and even the languages!

First of all, the people in Mexico do not have social security numbers in order to work, nor is a tax taken from their paycheck. The Mexican schools worked very differently. Students do not have to go to kindergarten if the parents do not want them to. Sometimes they do not go to school at all. Graduating from elementary school is quite good because you will know how to read and write.

Here, on the other hand, the law forces you to pay taxes and go to school, which I think is a good idea. (If only Mexico could go through the same process, life probably would not be so hard there.)

I had to get used to American culture and its customs. I was so used to my habits that it was hard for me to break them. For example, at my meals I liked to have tortillas and hot salsa, but for my first American meal, I had rolls instead of tortillas, and the food was not as salty. Furthermore, I loved music, but not American music. When I turned on the radio, the language sounded like a grown baby crying.

Finally, the language was the worst thing to adapt to, especially since I was only eleven years old when I came to the United States. I can still remember the first day of school. The language around me was weird, kind of like switching the TV to a Japanese channel. As years passed by, I felt terribly isolated because I could not communicate with anyone. Every once in a while, I pulled out my hair when I could not understand the teacher. (I still do!)

Coming to America was an experience that I will remember for the rest of my life. Now that I am twenty years old and have gotten used to American life, it is not so bad. I like it better here because of the great opportunities America has given me. I am so lucky to be here although I will never forget how Mexico used to be and I will never be ashamed of it.

Swedish Traditions

Jansson's temptation and other treats

By DANIEL SONESSON

All over the world, people have special occasions that they celebrate with different traditions. Some celebrations occur only in certain countries, and others extend over large areas of the planet. Christmas, for example, is a rather well spread tradition, but this does not mean that Christmas is celebrated in the same way. In fact, there are great differences in Christmas celebrations. In this essay, I have chosen to write about how we celebrate Christmas and other special occasions in my home country, Sweden.

Sweden is in the northern part of Europe. In winter the temperature falls below freezing, and the ground is usually covered with snow. Christmas comes as a time of peace, when families spend time together.

My family spent last Christmas in our summer cottage. On the 24th of December, Christmas Eve, the sun was shining and the trees were covered with beautiful snow. At noon my father's aunt and her husband came to have dinner with us. We

all gathered around a table filled with all kinds of food: meatballs, sausages, boiled ham, and something we call "Jansson's temptation," a delicious mix of potatoes and fish baked in the oven.

After dinner we usually sit down by the TV to watch Donald Duck and his friends wish everyone a merry Christmas. This is followed by singing Christmas songs and dancing around the tree. At last we take out the gifts that are under the tree and hand them out to their owners. When everyone goes to bed, we dream about the wonderful presents that we received.

As the time goes by and the snow melts with the rising temperatures, we know summer is on its way. When the last day of April arrives, we celebrate "Valborgsmassan." On this day, when the darkness sets in, we light big bonfires to celebrate the arrival of summer. People gather by the fire to cook food and sing a little bit. It really is a beautiful sight to see how the fire lights up the sky, and it is great to know that brighter times

are ahead.

After another two months we come to the end of June, and we celebrate midsummer. Midsummer occurs the last weekend of the month, and the celebration lasts the whole weekend. Midsummer is not a real midsummer without a midsummer pole, which has the shape of a cross and is decorated from top to bottom with beautiful flowers. Everybody helps to collect flowers for it, and when it is complete, we raise it up and dance around it. Sometimes flowers are left over, but instead of throwing them away, the girls put them in their hair and become even more beautiful than they already are.

In conclusion, I think it is wonderful that different traditions and celebrations exist all over the world. To discover that one's traditions are unique and to feel that one belongs somewhere is something one should be proud of. When I came to America and discovered the different traditions between the two countries, I was positively surprised. This is the way it should be, and I hope it always will.

Juneteenth

By ORA ROBINSON

When I was growing up, I thought everyone celebrated on the nineteenth of June since I was from a small town in Texas where all my family and neighbors did. We celebrate then because on that day Texas blacks were freed.

One Juneteenth I asked my father why Williams was our last name because I had been reading in a black history book about last names. The question was a good one for the occasion. The elderly people started talking, and my father said that instead of being a Williams, he was a Stendem, but his free name was Williams. I thought it was wonderful of him to go back that far in history and remember so that I could tell my children and my children can pass it on to their children.

At our Juneteenth celebrations, my father and his choir would sing, and the preacher would preach. We would kill and barbecue hogs. The traditional meal includes barbecue, potato salad, red soda, greens, snapbeans, okra, homemade ice cream, and watermelon. One must have red soda and watermelon for this celebration.

When I got married in 1979, I moved to Waco. I wanted for people to celebrate Juneteenth, but they did not. My husband's people did not until the year we got married. And since then all of them have started celebrating June 19. People originally from Texas have moved all over America, and they celebrate Juneteenth. While some don't know what the holiday is for, I can say this about it: we celebrate the nineteenth of June because we need to remember our heritage.

American and Korea: Two Different Cultures

By JUNG GOLDEN

I was born in Korea and lived there until I came to the United States in December of 1990. Since that time, I have learned that the United States and Korea have different ways to celebrate the new year, different roles for family members, and different school systems.

First of all, Americans, especially Texans, celebrate New Year's Day with a turkey and black-eyed peas. I heard that the black-eyed peas were for good luck in the coming year. On the other hand, in Korea, people eat

Man-Do soup and rice cakes for the new year. Also, everyone wears brand new clothes. These have been a part of my country's long, long new year traditions.

Secondly, the members of an American family and a Korean family have different roles. In most American families, both the husband and wife work. Therefore, they do not necessarily have specific men's and women's jobs anymore. For example, an American father might cook or clean the house, and the mother might take care of the yard. On the contrary, the Korean family

has specific roles for the father and the mother. The husband goes to work, and the wife stays at home with the children, does all the chores in the house, and cooks for the family. Furthermore, the wife teaches some basic rules to the children so that they know how to respect others, especially older people. For instance, younger Koreans never call an older person's name. But in America, the young people call older people by name as if they were their own friends.

Finally, American school systems and Korean school systems

are very different. In America, students who go to public school need not pay tuition and textbook costs. American schools also provide free school buses for the students. On the other hand, Korean students do not have any of those things paid for them. There are no free buses for the students, so each person must provide for his own transportation, usually public transportation.

Additionally, American students have much more freedom than Korean students do. For example, American students can

miss many school days, yet no hard restrictions are placed on them by the school. However, Korean students who miss more than three days are in much trouble; there is a strong possibility that they will have to leave school.

All these differences come from different cultural backgrounds. Because every culture has its own unique ways to express and to celebrate, people should be proud of their own customs and use that advantage in life.

Tennis teams poised for run at nationals

By AARON TUDOR
If the women's tennis team makes it back to nationals, JoAnn Moreno plans on showing her school spirit—every time she smiles. Moreno has told her teammates that if they reach nationals, she'll wear orange and black bands on her braces.

Coach Carmack Berryman feels good about his team's chances of making that happen. "Tyler and Cooke are the top two teams in the nation," he said "but besides them, I feel we're better than anyone else in the country."

The women defeated Odessa Saturday at the regional tournament in Abilene. They must now play second-ranked Cooke for the regional championship. Although winning the regional tournament would give them an automatic bid to the national tournament, Berryman believes his team would still have a good shot at an at-large bid should they lose at regionals.

"If we should lose to Cooke, that (at-large bid) could be a possibility because of our high ranking," Berryman said.

The team is currently ranked third nationally and their overall record is 16-5. Nationals will be held May 15-20 in Plano.

The men's team is currently tied for first nationally with Anderson College of South Carolina. They are currently 17-1, with their only loss coming two weeks ago against Tyler.

The Highlanders defeated Odessa in a two-team playoff at the regional tournament in Abilene Sunday, qualifying them for the national tournament. New Mexico Military College had qualified for the tournament, but were ruled ineligible.

The men's national tournament will be held May 21-27 in Corpus Christi.

Match results—San Jacinto Men's: Javier Ruiz, MCC, def. Goran Jankovic, San Jacinto, 6-2, 6-3. Jonas Andersson, MCC, def. Jose Roig, San Jac., 6-0, 6-1. Matias Sansostri, MCC, def. Olivier Antonuccio, San Jac., 6-2, 6-1. Daniel Sonnensson, MCC, def. Boris Geogges-Picot, San Jac., 6-4, 6-1. Rick Spooner, MCC,

def. Larry Hurtra, San Jac., 6-2, 6-4. Ronnie Grant, MCC, def. Jose Molina, San Jac., 6-0, 7-5. Andersson and Ruiz def. Hurtra and Jankovic, 7-6, 6-0. Sonesson and Spooner def. Molina and Roig, 5-7, 6-2, 6-4. Sansostri and Matt Thompson def. Antonuccio and Geogges-Picot, 6-7, 6-1, 6-3.

Final score: MCC def. San Jacinto 8-1.

Women's: Jodie Gledhill, MCC, def. Ana Lopez, San Jac., 6-2, 6-1. Michelle Morris, MCC, def. Michelle Merrill, San Jac., 6-2, 6-2. Mryiam Jiminez, MCC, def. Sara Whitely, San Jac., 6-3, 6-0. Jo Ann Moreno, MCC, def. Ana Rivera, San Jac., 6-1, 7-5. Teina Vai, MCC, def. Suzie Adams, San Jac., 6-0, 6-1. Carla Burkowski, MCC, def. Jeanna Starnes, San Jac., 6-1, 7-5.

Burkowski and Gledhill def. Lopez and Merrill, 3-6, 6-4, 6-4. Morris and Vai def. Rivera and Whitely, 6-0, 6-1. Jiminez and Moreno def. Adams and Starnes, 6-0, 6-1.

Final Score: MCC def. San Jacinto 9-0.



TUNING UP FOR REGIONALS- Kirk Strickland gets his stroke ready for the regional tournament. The MCC golf team is participating in the second round of the tournament today in Hobbs, N. M.

Basballers to battle Hill for first

By HEATHER ELLIS

The Highlanders are still in contention for a playoff position. The team is currently in second behind Hill with the top two teams going into post season play. The two teams meet this weekend in a three-game series that will decide the conference champions.

"We're still in the hunt to go to playoffs," Coach Paul Miller said. "Hill has 5 losses and we have 8. This leaves us in contention for the playoffs."

The Highlanders swept a three-game series from Brookhaven last weekend, setting up the big showdown with Hill this Friday and Saturday.

Cooke County College was in third place, four games behind the Highlanders in the standings with 12 losses.

With Hill only 3 games ahead, the Highlanders are counting on the bench in addition to the starters to put them into first place.

"We need to get more quality efforts from those with less playing time," Miller said. "Carl Caddell got a win against Blinn and Sean Heffner has thrown

well in his last couple of times out."

Miller feels that the pitching staff has done well but the hitting has done even better all season long.

"Steve Ortiz and Steve Martinez have been pretty much carrying the offense but everyone has been chipping in at key times," Miller said. "We need to continue to get better in team defense."

The Highlanders will face Northlake today at 2 in Dallas and then travel to Hillsboro to take on Hill.

Golfers place 2nd in JUCO tourney

By ELISHA NIEMEYER

The MCC golf team recently placed second at the Texas Junior College State Golf Championship at Forest Creek golf course in Round Rock.

MCC scores for the three day tournament were 604-299-903.

Chris Holzshu of MCC was named the fourth place member all-state team with scores of 76-73-74.

Other MCC scores were as follows:

Nils Rorbaek, 74-78-74; Chris Kelley, 83-77-81; Kirk Strickland, 78-75-77; and Daniel Tidebrink, 78-73-74.

The MCC team placed second behind the number one team in the nation. They also placed ahead of many of the teams that they are competing against at the regional tournament. The regional tournament is currently being held in Hobbs, N. M., where it continues through today.

Basketball teams finish strong recruiting season

By DWAYNE DISHMON

The Highlanders are having a successful recruiting campaign.

MCC has signed 6-2 shooting guard Joe Ervin from Waco University. Ervin averaged 19.4 points and dished out four assists while averaging five rebounds per game. Ervin a first team Super Centex guard who Coach Ken DeWeese said could be "our most important recruit because he can fit into our two-guard position and make an impact right away."

The Highlanders also signed 6-9 center Jermaine Thomas from Tyler John Tyler. Thomas a first team all-state pick who averaged 16.2 points, 12 rebounds and blocked five shots per game for the Lions.

MCC also signed 6-3 point guard Thomas Shenrin and 6-8 forward Rondell Turner, both from Philadelphia.

The recruits will join eight players, including four starters, expected to return from a team that went 28-3 and won the conference title this year.

Women recruit well, too
The Ladies of the Highlands also recruited well.

They signed Danielle McKinney, who made the All-Super Centex team, she averaged 14 points and six rebounds for La Vega High.

Also recruited was Angelina Morris, another All-Super Centex team member from Hubbard, who averaged 18 points and four assist per game.

Coach Wendell Hudson also recruited 5-10 guard Misty Cobb who averaged 21 points a game for Port Lavaca High; Patricia (PJ) Jackson, a 5-11 post player from Waxahachie who averaged 17 points and 12 rebounds a game; and Shawna Lucker from Conroe McCullough, another 5-

11 post, who averaged 20 points and 10 rebounds a game.

Also coming to MCC will be 6-4 post Sonia Brown a former La Vega standout, who was redshirted by the University of Arkansas this past year.

Coach Hudson said he is pleased with the height and the talent of his new recruits. "This will be one of our tallest teams to date," he said.

The Lassies also have good talent returning with first team all NTJCCAC guard Yung Tran leading the way. Lisa Brown is one of the leaders in the rebounding category within the conference. Of Quiana Kent, Hudson says, "her game is getting stronger." Also expected to return is Eleanor Alfred, a first team all NTJCCAC and the leading scorer for the Lassies in the 92-93 season.

Coach Hudson says he is "looking forward to this season."

The sweetest victory Struggling to be a student athlete

By CORNELIUS SWEET

It takes a lot of hard work to become a basketball player — the player is also a student.

That student-athlete has to have a lot of self-discipline to maintain a 2.0 GPA while passing 12 hours and working hard to make the team. In addition to the regular team practices, there are countless sprints up and down the court, work in the weight room, and of course, the studies. And that is not just in season, but the entire school year.

Like so many students at MCC — the parent with small children, the employee that works a full work-week — the student athlete also has to en-

fully budget time and energy to get the job done in the classroom and on the court.

Other people are more concerned that athletes get special treatment. They say, "Athletes are not treated as regular students." They are right — athletes are not treated as regular students.

While everyone else is asleep, athletes are up at 5:30 in the morning often getting in a practice session before breakfast. After practice they have to go to class.

If they are not in class, they could be penalized with extra laps after practice and even removal from the team. After all this, athletes have to find time to

study for their classes.

The champion athlete spends tremendous time preparing for his or her sport. Basketball players, for instance, practice six days except Sundays almost every week during the season and five days a week in off-season. People do not realize that players come home from road games often in the early-morning hours, have to be at class at 8 in the morning, and then practice from 3 in the afternoon into the evening.

All this hard work has its reward — fun, a proud feeling of yourself and your team, close friendships, recognition and respect, a fit body and a chance to learn.

It's tough — but well worth it.

In case you missed it...

Rangers have new park, but really need new pitching

By AARON TUDOR
Spring is here and that can only mean one thing: another baseball season where the Texas Rangers won't make the playoffs.

The Rangers are like a skipping record. Every year it's the same thing—plenty of offense but no pitching. Their offense kept them in the pennant hunt almost the whole year last year, but in the end their pitching just couldn't cut it.

This year the outlook is even worse. Roger Pavlik, arguably their most effective pitcher last year, is on the shelf with a torn rotator cuff. Nolan Ryan is retired and Kenny Rogers is showing he can be just as much of a head case as Kevin Brown. Both are talented, but sometimes they just lose it. It's like every third start they suddenly can't pitch.

The free agent pitchers they signed? All are mediocre and inconsistent. Who except the Rangers would think they could win a pennant with Jack Armstrong as their fourth starter and Rick Honeycutt as their middle reliever?

This should have been the Rangers year. With realignment putting them in a cream-puff division plus having a new park to play in, all they had to do was add a couple of decent pitchers. They didn't, so they won't win.

But I'll probably cruise up to Arlington a few times this season. Even if they won't make the playoffs for the 1,000th time, at least they have a neat new park.

FINAL EXAM SCHEDULE

SPRING 1994 FINAL EXAM SCHEDULE		
DAY SCHEDULE		EXAM TIME
CLASSES	EXAM DAY	
<u>Mon. - Wed. - Fri. classes</u>		
6:55 - 7:50 am	Mon., May 9	*6:55 - 7:50 am
	Wed., May 11	
		*(precludes uninterrupted exam time of 120 min.)
8:00 - 8:55 am	Mon., May 9	8:00 - 10:00 am
9:05 - 10:00 am	Wed., May 11	9:05 - 11:05 am
10:10 - 11:05 am	Fri., May 13	10:10 - 12:10 pm
11:15 - 12:10 pm	Mon., May 9	11:15 - 1:15 pm
12:30 - 1:50 pm	Wed., May 11	12:30 - 2:30 pm
2:00 - 3:20 pm	Mon., May 9	2:00 - 4:00 pm
3:30 - 4:50 pm	Wed., May 11	3:30 - 5:30 pm
<u>Tues. - Thurs. classes</u>		
8:00 - 9:20 am	Tues., May 10	8:00 - 10:00 am
9:30 - 10:50 am	Thurs., May 12	9:30 - 11:30 am
11:00 - 12:20 pm	Tues., May 10	11:00 - 1:00 pm
12:30 - 1:50 pm	Thurs., May 12	12:30 - 2:30 pm
2:00 - 3:20 pm	Tues., May 10	2:00 - 4:00 pm
3:30 - 4:50 pm	Thurs., May 12	3:30 - 5:30 pm

EVENING SCHEDULE
Mon/Wed or Mon only classes which begin between 5 and 5:45 p.m. will hold final exams on Monday, May 9, beginning at regular class time. The exam period will meet for 120 minutes.

Monday only classes which begin after 5:50 p.m. will hold final exams on Monday, May 9, beginning at 8:00 p.m. The exam period will meet for 120 minutes.

Wednesday only classes which begin after 5:50 p.m. will hold final exams on Wednesday, May 11, beginning at regular class time. The exam period will meet for 120 minutes.

Tues/Thurs or Tuesday only classes which begin between 5 and 5:45 p.m. will hold final exams on Tuesday, May 10, beginning at regular class time. The exam period will meet for 120 minutes.

Tuesday only classes which begin after 5:50 p.m. will hold final exams on Tuesday, May 10, beginning at 8:00 p.m. The exam period will meet for 120 minutes.

Thursday only classes which begin after 5:50 p.m. will hold final exams on Thursday, May 12, beginning at regular class time. The exam period will meet for 120 minutes.

SATURDAY CLASSES FINAL EXAMS FOR SATURDAY CLASSES WILL BE GIVEN AT REGULAR CLASS TIME ON MAY 7, 1994.
DOWNTOWN CENTER (DAY OR EVENING) FINAL EXAMS WILL BE GIVEN FOLLOWING THE SCHEDULE.

ALL OTHER OFF-CAMPUS CLASSES (DAY OR EVENING) THE FINAL EXAM SCHEDULE WILL BE ARRANGED BY YOUR INSTRUCTOR. HOWEVER, EXAMS WILL NOT BE GIVEN BEFORE MAY 9.

ALL FINAL GRADE REPORTS MUST BE DELIVERED IN PERSON TO THE REGISTRAR'S OFFICE BY 12 NOON MAY 14, 1994.



BAYLOR BOOK SIGNING - Jessica Lewis Watson (seated) presented her book, *Illegitimacy Empowered* at the book signing held in the Baylor bookstore. Pictured on the right is Blindu Malleckal. *Illegitimacy Empowered* takes a positive, timely, and critical look at illegitimacy. Watson completes the book with details of her life. The book is available in paperback for \$10 from Publishers Associates, P.O. Box 140361, Las Collinas, TX 75014-0361, or can be purchased at the Baylor bookstore.

MCC dance major publishes first book

Jessica Watson writes of her own experiences

By **ELISHA NIEMEYER**

After reading 100 books, doing research, working on a master's degree, taking dance classes for fun, and teaching at Baylor, Jessica Lewis Watson still found time to write a book.

Watson, a MCC student and free-lance writer, recently published her first book, *Illegitimacy Empowered*.

When she moved to Waco she began writing articles in a small local magazine, *Discover Waco*.

Watson has also had articles published in national magazines, such as *Writer's Digest*, *Log Home Living*, and *Backpacker Magazine*. She contracts articles that relate to her own personal experiences. Such subjects as her adopted dog, Tango, set a beginning to her career.

THE EARLY YEARS

Watson was born in Illinois. Her mother was an English student at the University of Illinois. Her father, who she did not meet until last year at the age of 28, was a graduate student also attending the university. Watson was raised by her mother alone. When Watson was four, her mother married. Her step father's job forced them to move to Europe where they lived four years, until her parents divorced.

When Watson was 13, she and her mother returned to America. Watson began high school in Urbana-Champaign, Ill. She then attended the University of Illinois as a music major, but

soon decided to major in English.

During her junior year at college Watson married Bruce Watson. After she graduated, her husband took a job in Liege, Belgium.

While in Belgium, Watson taught English as a foreign language and began to really focus on writing. She wrote a story about her boarding school memories when she lived in Europe as a teenager, but it was never published.

After returning to Urbana-Champaign, Watson went back to school and began her graduate studies. She got a job as a social worker, with 48 hour shifts counseling teenage runaways.

THE JOURNEY TO WACO

Watson's husband got a job at Baylor University as a French professor and they then moved to Waco. Once they arrived, Watson began looking for a job, she wanted to work in arts administration, but after not being able to find a position, got involved in the Waco Civic Theater.

Watson then decided to do free-lance writing and began writing for magazines in Waco and some national magazines. She wrote free-lance material for about a year and then decided to go back to graduate school at Baylor. She is currently working on her master's of art degree and will graduate in May.

WRITING THE BOOK

Watson began writing *Illegitimacy Empowered* the summer before she began her graduate studies at Baylor. By the spring of 1993, she was well along in her research and notes.

Watson also began writing her literary thesis while doing research for her book. "Doing a

thesis and a book at the same time was good," Watson said, "it always kept me in the library."

By May, she had read over 100 books on illegitimacy. "The more I knew about illegitimacy," Watson said, "the better I felt I could write."

After doing all of her research, she began pulling all the notes together and wrote day and night. She considered it a "three and a half week writing marathon."

After finishing the book, Watson then began looking for a publisher. It took five months, but in October she signed a contract with Ide House Publisher to publish her book.

MCC AND BAYLOR

Watson is currently enrolled at MCC as a special student. She is taking six hours of dance. "Dance classes are my daily dose of beauty, whether I write something that day or not I get my beauty," Watson said.

She began dancing when she was about 15-years-old and has continued throughout her life. "I have always done singing and dancing for fun," Watson said. "I take it seriously, and it helps me write - I just love it!"

Watson also teaches continuing education part time at Baylor. Her classes are designed to teach a writer how to break into free-lance writing. She also puts on a writing workshop every February.

"In the fall I plan to begin writing full time again, but I will still take my dance classes at MCC," Watson said.

'Tae kwon do'

By **MELANIE GERIK**
College requires thinking, patience and self-discipline.

Danny Passmore teaches thinking, patience and self-discipline, although he is not a teacher on campus. However, Passmore does teach two MCC instructors and two nursing students tae kwon do, a Korean form of karate.

Teachers learning

Health careers instructor Gary Fultz and his wife, English teacher Debbie, have been taking tae kwon do lessons for about a year. They currently are at the top of the beginning level, represented by orange belts with one green stripe. This summer, Passmore said they should earn their green belts, the lowest level of the intermediate rank. Thirty hours of classroom training are required to reach each level, Passmore said.

For the past few months, however, the Fultzes have not been practicing the usual two to four times a week. Gary is recovering from recent surgery, and Debbie is suffering from a sinus infection. Although he still had the stitches from the surgery, Gary won a local competition in March in the forms division.

Gary's winning routine consisted of approximately 25 moves. The moves included turns, punches and "blocks," arm movements named after the direction of the swing. For example, an innerblock is a swing of the arm from the outside to in front of the chest, but an outerblock starts from the inside, the reverse of an innerblock.

Gary said he worked on the routine for three months. Throughout the routine, he said he had to remember not only the moves, but the order he had to perform them.

'Not fast-food'

Like many other students,

Gary said he has learned patience and self-discipline through tae kwon do and the time it takes to learn the moves.

"It's not a fast-food industry," Passmore said. "You're not going to earn a black belt overnight."

National champions

Nursing students John and Paloma Rogers began taking lessons from Passmore five years ago. "He would come to our garage and help us practice," John said.

A short time later, John won the junior national championship in full contact tae kwon do at the age of 14, and came in second place two years later. His older sister Paloma won back to back junior national championships in 1988 and '89, and placed second in the adult division in 1990. Both were invited to Olympic training camp, but passed up the opportunity because they would have missed three months of high school.

Because of the demands of school, John said he and his sister only practice on weekends and whenever they can find time. "Forms are boring, but we do fight each other," he said. They plan to get back into serious training after they graduate.

Learning tae kwon do also has helped in college. Focusing in on a lecture is easy because of listening to many older instructors, he said. It is a skill he needs in order to complete his nursing courses and his later pre-medical classes.

"Because of their attitude, I feel that John and Paloma make fine nursing students and will make excellent staff members in a hospital later on," Passmore said. "Even with their past successes, they never brag."

Learning part of training

The mind controls the body, so education is one of the most important parts of tae kwon do

training, Passmore said. "When you have to think, you fight quicker and cleaner. Learning keeps the cobwebs clear," he said.

Passmore has to take a technical writing class and a math class to earn his associate's degree in interpreter training from MCC. He plans to receive a bachelor's degree in physical therapy.

His wife Patty is taking an English composition course this semester, although she received her respiratory therapy degree many years ago.

Children taking lessons are required to have a book with them at all times, even during school vacations, Passmore said.

In addition to education, Passmore said he teaches his students God is the only master. "If any of my students are on drugs, are taking lessons to meet girls, or just have a bad attitude, I ask them to leave," Passmore said.

Real-life situations

Self-defense is also an important factor in learning tae kwon do. Passmore said he teaches full contact karate, not "play karate," to prepare his students for real-life situations.

Techniques include taking a gun or knife away from a potential mugger, and the "vice grip hand shake." Passmore described the move as "someone gripping your hand so hard you think you'll fall to your knees. But instead, you flip him or her over."

Official interpreter

Because of his background in sign language, Passmore is the official interpreter for both the state and national tae kwon do associations. He has submitted a bid to be the official interpreter for the United States Olympic Committee for the 1996 Summer Games in Atlanta. He also interprets worship services for his church, Brookview Church of Christ.



Left to right, (seated) Lt. Amy Fruge and captain Michelle

Dvorak. (Standing) Kristi Campbell, Hollie Moogelin, Amber Law, Lori

Teichelmann, Heather Hinton, and Heather McCafferty.

1994 MCC Dance Company selected

Fourteen members were selected for the MCC Dance Company on April 16.

The team includes five former members and nine incoming freshmen. Former members are Kristi Campbell, Gatesville High School; Amy Fruge, McGregor and presently lieutenant of the MCC

Dance Company; Heather Hinton, Robinson; Heather McCafferty, Robinson; and Lori Teichelmann, Waco.

New members are Amanda Atlas, West; Krista Brott, Connally; Amy Cage, Cedar Hill; Ashley Cox, Robinson; Christy King, Robinson; Lori Ledbetter, Midway; Sonia Lopez, Reicher

Catholic; Amanda Shirley, Connally; and Laura Teasley, Connally.

Potential candidates spent the morning learning the try-out routine, with official tryouts beginning at 2 p.m. Judges were Lisa Listash, Lisa Canon and Jeannie Frost.

The Twelfth Great Teacher Workshop

'To share success, to grow, and to learn new techniques'

By **SHERRY W. EVANS**

It's the first day of class, your very first day of college. Now I would like for you to turn to the person next to you, look at them and extend your index finger to touch the finger of that person. Look that person in the eye and introduce yourself.

Would it make you feel uncomfortable to do that? According to Sylvia H. Edwards-Borons, a psychology instructor at Texas State Technical College, "It's OK to feel uncomfortable. It's part of the growth process." Edwards-Borons said she uses "a finger touch away" to get her students to relax and take a risk on the first day of class to set the tone for the semester.

Learning the finger touch technique was just one activity in which 22 educators from Texas State Technical College, MCC and Baylor participated in The

Twelfth Great Teacher Workshop held at Baylor last week. The goal of the seminar, according to a statement by organizers, "to share successes, to grow, to learn new techniques, and to stand on the shoulders of other great teachers."

Attending the workshop from MCC were Jennifer Black, English instructor; Becky Griffin, health careers instructor; Maggie Harbaugh, librarian; Carol Lowe, English instructor; Doris Schroeder, math instructor; Cindy SoKello, speech instructor; and Ron Williams, computer instructor. Resource leaders from MCC are Karon Conino, the chairperson of professional development, and Randy Schormann, director of the Center for Professional Development.

On Thursday evening, the first order of business at the workshop, as might

be expected from a group of teachers, was a get-acquainted exercise in which each person gave vital statistics, a favorite dessert (chocolate anything was the choice of most), a unique characteristic and an answer to the question "Every teacher must..."

Michael Ard, a music instructor at Baylor, gained approval from the group when he said, "Every teacher must be able to laugh at himself at any hour of the day."

After a sandwich supper, the group split for a "break-out" session to discuss some successful techniques and some of the problems they experience in the classroom. "It was wonderful," SoKello said. "It was one of those great discussions where ideas are flying all around and going way out into space, but still kept focused and in orbit."

Before the evening ended, the group

chose several topics to discuss further. The "best one-day vacation you've had in a long time," as Schormann described the workshop, continued through Friday afternoon.

For the Friday morning session, the group decided to learn more about Black's efforts in getting students to overcome the fear of risks in expressing themselves. She was volunteered to demonstrate the get-acquainted exercise she uses in her classroom. (She has students bring something to class that means something to them.) Playing the role of the student, Ard brought Tibetan bells he got on a trip. He said when he listens to the bells ring it reminds him of the peacefulness and religious nature of the country and he can go back in his mind to that country at any time.

Leading into the next discussion, Ard spoke on the importance of listening.

He has students keep a listening journal. "One must learn to listen intellectually, personally and emotionally," he said.

Another problem expressed by many of the teachers was dealing with different learning styles in the classroom and avoiding spoon-feeding students. Lowe shared information about a learning styles inventory test she learned about recently at a convention. Schormann said the group talked about how to identify what kind of learners the students are and then discussed a variety of ways to get to everyone once in a while.

After a lunch break and campus exploration, the workshop ended with a final session to wrap-up the day's events. "By Friday afternoon everyone was tired, but the morning session was a really good discussion with lots of interaction and specific questions," Schormann said.

Award winning song begins students success

By MELANIE GERIK
From Student Government conventions to gospel festivals, two commercial music students are on the trail to success.

Terry Bell and Yolanda Brown wrote a song for Student Government to take to its state convention in March. The song, based on the convention theme, "On the Trail to Success, won first place out of 14 schools.***
"The Dynamic Duo," Bell's nickname for himself and his partner, are also members of the gospel group Sunlight Travelers. The group recently released a cassette album produced by Bell, and will be featured at Gospel Fest Saturday at Marlin Baptist Church.

Bell's song writing success started 13 years ago when he first attended MCC as a commercial music major in 1981. He collaborated with Ruthie Foster to write a gospel song, which won first place in a departmental contest. Foster now has a song writing contract with Atlantic Records.

Now, Bell calls his present partner Brown a "song writing machine." Brown admits she writes five to six songs a week. Bell gave Brown the music he had written about a month before the convention. She worked on the song all night on her keyboard at home. She also wrote most of the lyrics to the song, basing them on her life, she said.

"I really woke up one morning, and I told myself, look, I'm going back to school," she said.

Now 23, Brown started college at 18, but soon grew dissatisfied with her classes and quit. She said her mother wanted her to become a teacher, but Brown wanted to pursue her music career. A year ago, she enrolled in the commercial music program.

Bell worked on the music and bridge, a part of the middle of the song, alone at his house, while Brown worked alone at her house as well. The night before the Dynamic Duo were set to record the song, they met, and everything seemed to be perfect, Brown said.

The next day, they went into one of the campus studios and started to record the song. They used a borrowed microphone from music teacher Dave Hibbard, and only had one headset to listen to the music. Bell decided to change the bridge, much to the dismay of Brown, who thought everything was OK the night before. Through trial and error, Bell and Brown recorded the song, with Brown singing the lead vocals. "But we were about to bite each other's hair out," Bell said.

"I was about to bite his hair out," Brown corrected. "We are both perfectionists, and if it's not perfect, it's not right. He did make the song better."

Instead of acting on their impulses, they shared the earphones and listened to their final product with their heads together.

Later they delivered the product to the Student Government. The first copy was a little fuzzy, so Bell and Brown had to remix it and record it. They gave the final copy to the Student Government the day before the convention started.

When the winning song was played over the public address system, Student Government President Jenny Neff said the response from other colleges was extremely positive. Administrators of the convention expressed interest in using the song for advertising, she said.

In another part of the convention, MCC won an honorable mention in the scrapbook competition, a collection of memorabilia of Student Government events throughout the year.

MCC ran for the position of state president school, but lost to Wharton County Junior College of Wharton.

"I really woke up one morning, and I told myself, look, I'm going back to school."



Photo by Brooks Wellington

FUTURE HIT? Terry Bell and Yolanda Brown hold up a tape made from their song that won first place, out of 14 schools during a recent convention.

'My Fair Lady' Longtime Broadway hit opens in PAC tonight

By ANNETTE BANKS
MCC's production of the musical comedy "My Fair Lady" will run from Tuesday, April 26 through Saturday the 30.

The cast includes Ronnie Watson as Henry Higgins, Tera Dawn Schwarz as the saucy Eliza Doolittle, Bryan Taylor as Colonel Pickering, Shannon Goodwin as Freddy Eynsford-Hill, and Pollard Galipp as Alfred Doolittle.

Jerry MacLauchlin is the director and choreographer. He has been a professional choreographer for more than 25 years, has worked on Broadway, and has worked on productions such as "A Chorus Line" and "Fiddler on the Roof." Karon Albrecht is the musical director. Set director is Tim Poertner, and Janelle Flowers is designing costumes.

"My Fair Lady," includes lyrics by Alan Jay Lerner and music by Frederick Loewe.

Performances will be held at 7:30 each evening with a matinee April 30 at 1:30 p.m. along with its 7:30 p.m. performance. Tickets cost \$3 for students and \$5 for adults. MCC student may receive free tickets by showing his or her student ID. Saturday night is scholarship night, so no complimentary tickets are given that night - everyone pays.

Tickets must be reserved in advance. Students should reserve their tickets as soon because of the limited seating. Reservations can be made by calling 750-3500 between 1 and 5 p.m. Reserved tickets should be picked up at least 30 minutes before curtain time.

At Art Center 'The Cat & the Hat,' 'Green Eggs & Ham'

By SUSIE JONES
A great creator comes back to life in an art exhibit displayed at the Art Center.

Dr. Suess, the rhyming wizard, created many outrageous stories such as "The Cat And The Hat" and "Green Eggs and Ham".

Theodor Suess Geisel was born in Springfield, Mass. He added "Dr." to his middle name after his father sent him to Oxford to become a professor of English literature. "I figured I'd save him about \$10,000 by not staying but just fixing the title there myself," Suess said.

Suess enjoyed childhood and retained the magic of childhood inside himself. "Childhood is the one time in the average person's life when he can laugh just for the straight fun of

laughing," he said.

He was always drawing with pens, pencils, crayons, or anything. He said that he usually would draw "animals, goofy-looking ones."

In "The Cat And the Hat," Suess chose the two most common rhyming words a five-year-old would know, cat and hat.

The classic "Green Eggs and Ham" was created to win a \$50 bet with Bennot Corf that Dr. Suess could write a book with fewer than 50 words. Classics can begin for any reason.

Dr. Suess's brilliant creations are on display at the Art Center. The exhibit opened in January and will close on May 1. The Art Center is open Tuesdays through Saturdays from 10 a.m. until 5 p.m., and Sunday from 1 through 5 p.m.

Words to 'On the Trail to Success'

Woke up this morning, Got up out of my bed
And a little light popped on, Inside of my head

I was determined, To be nobody's fool
So I went on down and enrolled
Myself in school on the trail

Chorus
On the trail -- Trail to success
On the trail -- Trail to success
On the trail -- Trail to success
On the trail-- Trail to success

I started learning
Thoughts going through my mind
I thought school was
Really a was' of my time

Now I can see, I can be, All that I can be
So come hop on this trail, And follow me on the trail

Chorus

Bridge
I was so depressed sitting in my room
Couldn't find the answer my future filled with gloom
And then lightning hit me I had nothing to lose
So I got myself together and got myself in school
On the trail

Chorus

I was determined, To do my very best
Especially the day when I had my first test

Although I was afraid that I would fail
But I buckled right down
Prayed to my God
I made an A; I prevailed on the trail

Chorus

Coming events

- April 27 Hippodrome Children's Series features "Ananse's Tales of Africa. (The original Br'er rabbit) 9& 11 a.m. and 1 p.m. Hippodrome Theatre, 752-9797.
- May 1 Walk for the Animals "Paws in the Park" to benefit The Waco Animal Shelter. 1-4 p.m. Indian Sprin Park, 754-1454.
- May 5-15 The Comedic production of "Lend Me A Tenor." Waco Hippodrome Theatre, 752-9797.
- May 23 MCC presents Watercolor Exhibit. Performing Arts Center. Exhibit runs through August 17. For more information call 750-3483.

Voice students advance in national competition

Public Info. Office
news release

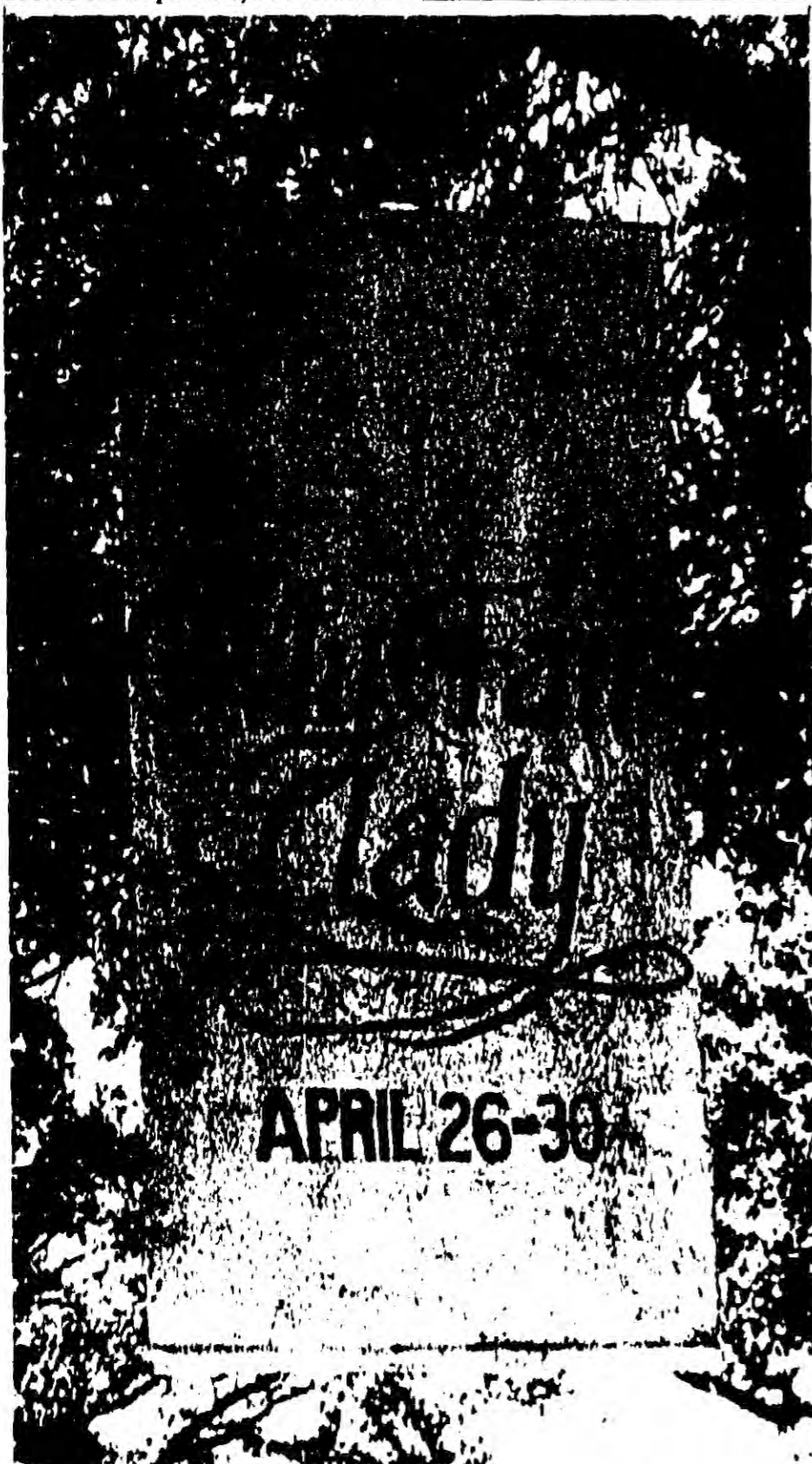
Nineteen students competed in the National Association of Singing Teachers Student competition in the classical and musical theater divisions on April 9.

Out of this number, 11 were advanced to the semi-final round (top 25 percent) and five were finalists.

Finalist were Jennifer Garcia, second place, sophomore women classical division; Suzy Griffin,

first place musical theater division I; Tina Patterson, second place, musical theater division III; Jay Cuellar, second place, musical theater division IV; and Teresa Richardson, first place, musical theater division III.

Semi-finalists were Tara Pannell, freshmen women; Rusty Rector, musical theater division II; Susan Anderson, musical theater division III; Shannon Goodwin, sophomore men; and Deana Hanks, freshmen women.



APRIL 26-30

Community band performs various types of music

Public Info. Office
news release
The Waco Community Band will present two concerts within the next two weeks.

The first is a pops concert scheduled for 4 p.m. Sunday, April 24, at Fort Fisher during the Brazos River Festival.

The concert will include a variety of music ranging from Paul Simon tunes to George Gershwin favorites and selected marches by Karl King, Henry Fillmore and John Phillip Sousa.

Admission to the Festival includes the concert, as well as other activities and attractions.

The second program is the band's annual spring concert at 8 p.m. on Thursday, May 5, in the MCC Performing Arts Center Theatre. Admission is free.

The Band, an ensemble of 60 members from throughout the area, is sponsored by McLennan Community College. For additional information concerning the concert or participation in the band, call 750-3486.

CONGRATULATIONS
1993-94 Forensic Team
on your great year

Carrle Spencer
Marco Suarez
Barry Sullivan
Merle Witt
Gavin Massingill

From the Faculty Office Building