

## Beer: America's number one drug

*In this issue, special emphasis is given towards drug prevention and abuse.*

By SAM ALLGOOD

Welcome to "Familiar Feud." Today's question is: What is MCC's current drug of choice? Survey says ... alcohol! More specifically, beer. (Yes Virginia, beer is a drug.)

The survey says to line up 100 freshmen. The first five, they drink everyday. Count off 35 more (40 per cent); they'll drink this week.

Count off 23 more (63 per cent); they'll drink this month. Count off 27 more (90 per cent); they've given drinking a try.

We have a special show today. One family, two opinions, contesting attitude adjustments.

On one side we have the college community drinking majority.

The group remaining (10 per cent) comprises the one in 10 minority of non-drinkers.

"My mind is made up and I'm not going to change it" reflects their attitude on changing personal drinking habits.

On the same, yet different side, we have MCC's Drug Abuse Prevention Program Coordinator, John Porter m.s., author of Substance Abuse Handbook, has over

10 years of professional counseling experience in the field of substance abuse. To pursue a healthier lifestyle, an initial change of attitude must become ongoing to be successful reflects his philosophy.

As the drinking majority wants no change, and we need the ratings, let's go where the action is.

It's time now for the "lightning round" with Porter.

**Q: Why is drinking so wide-spread here?**

A: Texas is traditionally a heavy drinking state. To some it's a "rite of passage" between fathers and sons to sit down, drink beer, and watch football on TV.

**Q: What's wrong with beer, dad, and the "Cowboys?"**

A: A student who drinks with a parent is the same as a student who smokes (marijuana) with a parent. It's difficult for anyone else to have an impact.

**Q: Why is beer considered a drug?**

A: Drugs are any substance that alters the way a person thinks, feels, or behaves.

**Q: How does a person's attitude affect their drinking habits?**

A: I think there is a lack of recognition of drinking as a prob-

lem. People deny that it is an addictive drug. More people are addicted to drinking than all other drugs.

**Q: With over 5,000 students, plus faculty and employees to serve, how numerous is your staff?**

A: Lois Kerr (part-time) and myself. Everyone else is a volunteer.

**Q: Is there a problem among the faculty?**

A: I suspect there are a few in the faculty with substance abuse problems. The odds of all the faculty members not having problems are great.

**Q: How do you handle employee difficulties?**

A: Under the Drug Free Workplace Act, it isn't necessary to dismiss employees with substance abuse.

**Q: If our campus was drug free, would the casual observer notice anything different?**

A: No, I think not. Most people wouldn't notice.

**Q: What is the atmosphere of your alcohol related help groups?**

A: We offer alternatives without singling anyone out. Students come and go when they need it.

**Q: Your funding runs out Sept. 1, 1990. Will all be lost?**

A: Ultimately, the life blood of the program is the campus volunteers. These people have avoided or overcome many of the same problems experienced by those in crisis. Volunteers are my hope for the future, my legacy to MCC.

We're out of time. Keeping score is impossible. Whether we are winners or losers depends on our attitude.



photo by Wade Carpenter

TO ILLUSTRATE A serious problem, this model demonstrates a common use of alcohol among teenagers and college students.

## Small business owners to benefit in trade show

By KEITH JENKINS

With the annual Heart of Texas Fair and Rodeo underway this week, MCC's Small Business Development Center is preparing its presentation of informative workshops for the trade show, Oct. 13-15.

To benefit small business owners with practical information, SBDC's workshops will cover topics including "Tips for Dealing With Difficult People," "Procrastination," "Drugs in the Workplace,"

and "Exporting: Is It For You?"

Nancy Ray Mitchell, instructor and coordinator for the MCC management development program, will present "Tips for Dealing with Difficult People" on Sunday, Oct. 15, at 1:30 p.m.

A film on "Dealing With Procrastination: Do It Now," with concepts by time management experts Alan Lakein and Dru Scott, will shown Saturday, Oct. 14, at 3:45 p.m.

John Porter, coordinator of MCC's drug abuse prevention program, will present "Drugs in the

Workplace," Saturday, Oct. 15, at 1:30 p.m.

Giving the workshop, "Exporting: Is It For You?" will be a representative from the International Small Business Development Center located in the Dallas World Trade Center. Serving more than 2,000 small business owners, ISBDC is a designated Texas Department of Commerce Export Assistance Center.

All of the workshops, which will be given in the Bosque Theatre of the Waco Convention Center, will be conducted by Lu Billings, director of the MCC SBDC.

## Wanted: Students to train for counseling

By BRIAN YATES

Training for volunteer peer counselors will begin Oct. 9. Training will continue for 10 weeks on Mondays from 1:30-3:30 p.m.

The program will be directed by John Porter, coordinator of the campus drug prevention program. Porter said training will cover everything from helping students with more effective study habits to techniques used in counseling people dealing with family problems.

Porter said that the program needs "people who are caring, understanding and want to help others." Enrollment is limited to 10 students. Four openings remain, but Porter will consider increasing

the group to 12 volunteers.

"The program begins with self-awareness," Porter said, it's important a student know himself before he can begin to help others. The program will have a lot of opportunity for volunteers to be involved in role play. Role-play is taking

real situations and practicing counseling skills which will be used in real-life situations.

Porter said after training is completed the volunteer will counsel people in a supervised controlled learning environment. Porter will be involved in the early stages as an observer to help the volunteer before he meets with the client in sessions on their own.

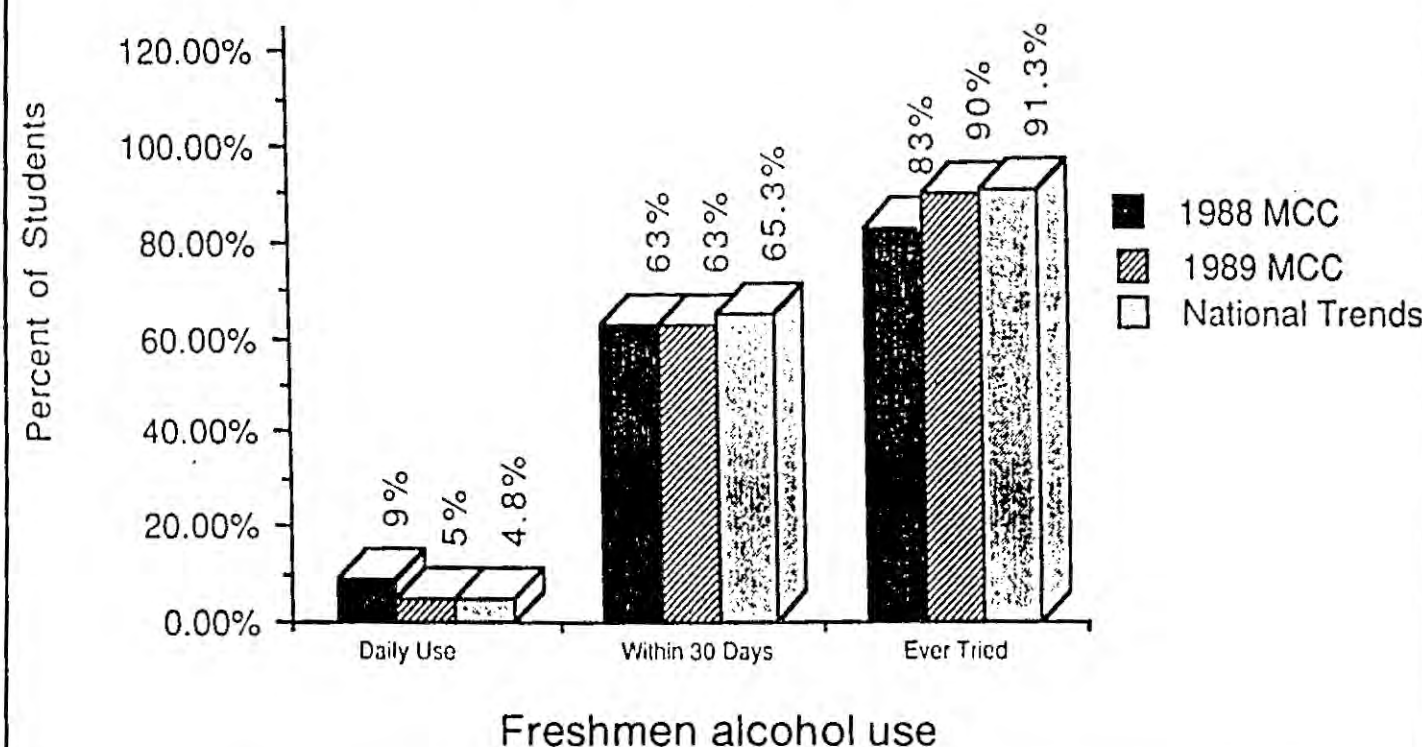
"This is a proven program," said Porter, who explained that he was "looking for a few good interested people who will be around for a

while, mainly freshmen or those who are starting a degree program."

"Next semester in the spring I plan to have some of these volunteers help me train other volunteers. It's a reach one touch one program," Porter said.

Those interested in becoming a volunteer peer counselor should call Porter at ext. 514 or stop by his office, room 314 in the Administration Classroom Building, and pick up an application.

## Alcohol Use



## According to Porter Hidden drug problem exists with students

By SAM ALLGOOD

Nothing works. Nobody cares about me. I don't care if I live or die. I need some ----- (pick a drug).

Have you been here? Is your life worth a "quarter." Phone John Porter at 750-3514. He's expecting you.

For MCC's drug abuse prevention program coordinator, he is "more likely to get people at a crisis point."

"Anytime you use addictive substances you're saying to the drug 'take me if you can,'" Porter said.

To Porter, drugs are "everything from chocolate to cocaine."

"We lost the war on drugs a long time ago. Drugs won hands down. We're all addicted to something."

The 1989 MCC freshmen drug usage survey shows declines across the board compared to the 1988 survey. Daily usage of marijuana and cocaine is zero. Monthly use of marijuana is five per cent while cocaine use is less than one per cent. The survey does not inspire great concern.

However, Porter finds that "we paint a pretty picture, but underneath we have problems." Our college community drug use is "mind boggling," he said. "We know the masses are using drugs, but we can't reach them. We don't know how."

His open office door, A-C 314, is an invitation to say "hi," to visit, or to talk over problems. "We're helping people make responsible decisions and choices. Students drift in and out. This is a safe place."

The MCDAPP coordinator has no background or affiliation with any law enforcement agency. "I'm a therapist. Everything is confidential by law, nothing leaves this office."

No names are needed for information or referrals over the phone.

Porter's shelves are lined with madness-"Reefer Madness" and "Brain Madness" videos reside alongside manuals on the madness of drugs. A collage of photos, with an occasional diamond brilliance, describes both man and nature.

He doesn't look mad-quite the opposite. "Scare tactics don't work," he said. A study in gray, cards, and momentos reflecting friends keeping in touch takes up most of one wall.

The word "fresh" comes to mind when reviewing Porter's three new programs.

The MCDAPP Club is drug free and is involved in planning drug free activities on campus. The club will meet Oct. 5, at 3 p.m., in A-C 201.

The "Improv" class is an inventive theater group composed of those who have "experienced struggles in their personal lives," he said. Class and registration will

begin on Oct. 3, 5:30-7 p.m., at the Fine Arts Theater.

Peer counselor training is for those who want to counsel others on a one-on-one basis. Call 750-3514 or come by A-C 314 for an application.

For those among us with a substance abuse problem, Porter has three words: "Let us help."

See other stories

Drug legalization?

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Raymond Hulley

p. 6



## Festival enhances ethnic origins

By MARY EVANS

This month during the Fall Festival, the cafeteria workers will be serving various ethnic foods. This plan is in hopes to continue cultural awareness among the students and faculty on campus.

A Cultural Enrichment Committee was formed last year with Al Pollard, dean of technical education, directing it. One of the committee members, Mike White, said that there are 23 different cultures in Texas and a dozen in Central Texas.

"Being aware of various foods from different cultures can give people a better understanding of others' way of living, and also an insight on their background," said White.

Last year German, Czech, Mexican, and Soul food were served. This year the cafeteria workers will be preparing foods of other

groups who live in the Waco area-Greek, Lebanese, French, and Rodeo style dishes. In return people can have a better opportunity to be introduced to different cultures.

A special price will be offered for anyone interested in sampling these types of foods. Also, a recipe of the dishes served will be given to those interested in trying the dish at home. A banner will also be used to publicize the festival, and a menu will be posted to inform people of what will be served each Wednesday in October.

Anyone is welcome to come and sample these cuisines from near and far which will be prepared by the MCC cafeteria staff.

The following is a list of the dishes which will be served on the appointed days.

Oct. 4-Traditional  
Oct. 11-Greek  
Oct. 18-French  
Oct. 25-Lebanese



# Opinion

## Editorial

### The parking jerk!

So, you think MCC has a serious parking problem?  
And you think the campus just absolutely doesn't have enough parking places?  
And you also think that the new towing policy is ridiculous and unfair?  
Well, by now you may be sick of hearing or reading about the college's parking situation, but with all the complaints and controversy, the issue seems to linger on.  
For any new student, driving around on campus probably gives the impression that the college's parking conditions are horrible with no relief in sight. But does MCC really have a serious parking problem?  
When discussing parking, everyone seems to point the finger of blame toward all others such as the administration, contracted towers or student activities.  
But out of all those who have been criticized, one group that has caused some of the parking problems usually stays in the clear: students.

You may say "come on" or "you got to be kidding." But let's get this in perspective. Not all students, but those who consistently park illegally each day and abuse parking privileges, should be blamed for some of the frustrations that have been placed on others.

You know who they are, the jerks that take up more than one parking space or who create their own parking space by parking on the grass or the side of curbs. And don't forget those who have the nerve to park in handicapped spaces without a special permit. They don't care who they take advantage of, if they block traffic or cause wrecks. Just as long as their cars are parked and they get to class, everything is okay.

It's not okay and shouldn't be tolerated. Students who park illegally not only lack consideration for the rest of their fellow classmates, but also contribute to accidents. When safety is jeopardized, action needs to be taken.

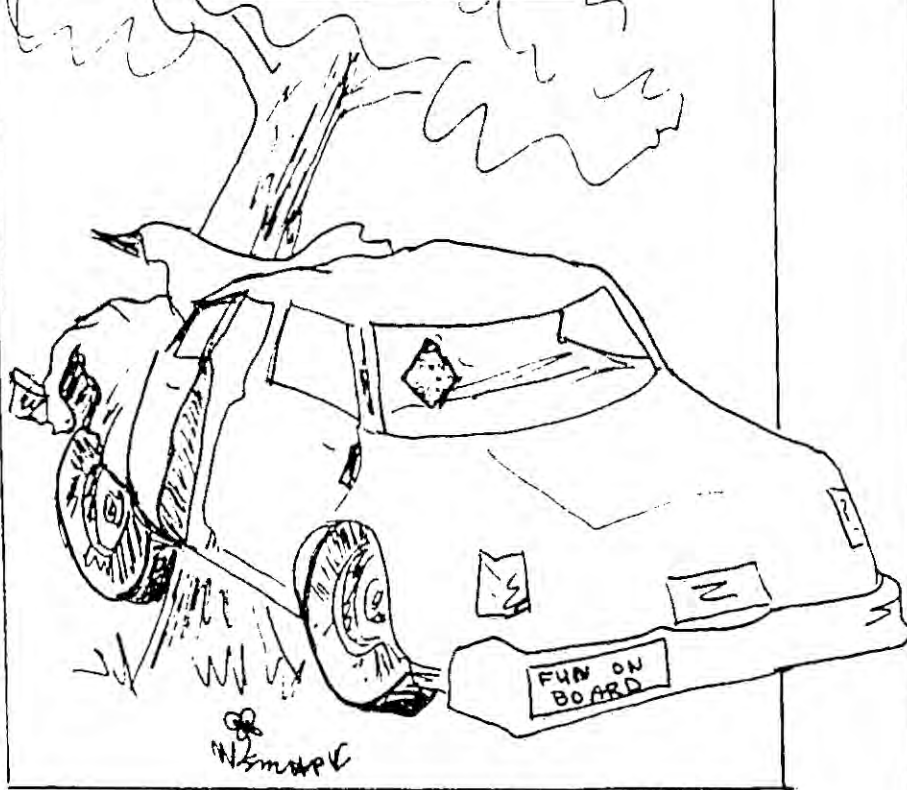
Along with parking violators, another problem is that students don't take advantage of the total amount of parking areas available on campus. Many act as if they simply must have a parking space every day that is right at their classrooms door, and that it kills them to have to walk any distance to class.

The college is provided with enough parking to cover all locations on campus, plus extra areas near the Community Services Center, at College Drive and 19th Street. The shuttle bus runs each day from the CSC to make getting to classes easier. More students need to use these outlets.

So, the next time you find yourself scrambling to find a parking space, instead of being a parking jerk, be considerate and use other alternatives in safe and legal parking.

#### How much alcohol is in a drink ?

Liquor--1 oz. = .43 oz.  
Beer--12 oz. = .54 oz.  
Wine--4 oz. = .48 oz.  
Cooler--12 oz. = .72 oz.



Are coolers 'really' cool ?

(Information: Texas Commission on Alcohol and Drug Abuse)

## Point of View

### Take care of yourself!

By SARA WARTES  
Senior Associate Editor

"If I had known I was going to live so long I would have taken better care of myself," a 78-year-old man wrote to a health advice column.

I think he was talking about physical fitness. You hear a lot these days about keeping in shape, staying healthy. If I live to be 78 I sure want to be healthy.

Another dimension to fitness sometimes gets overlooked, though. You might call it emotional fitness. The mechanics of staying alive (job, school, family duties) can demand so much of us that we miss the spice that gives life its flavor. So I've made a list of things I plan to do to "take better care of myself."

I'm going to go to the park and swing as high as I can. Then I'm going to "let the cat die."

In the spring I'm going to find a big patch of bluebonnets and sit down right in the middle of it and breathe the essence of Texas. I'll look carefully at each bloom to see how many other colors bluebonnets have.

In the fall I'll rake up a big pile of leaves and then run through it, kicking them high and listening to that crunchy sound they make.

As often as I can I'll have a serious conversation with a 5-year-old.

Once in a while I'll try to find a creek where the water rushes over smooth stones. I'll take off my shoes and see if I can find some nice soft mud, the kind that squishes up between your toes.

I'll try to keep learning. Even in 78 years I won't run out of something new to challenge my mind.

I'll keep travelling as long as I can. I vow never to say, "That's not how we do it in Texas."

When winter comes, I'll bundle up and go for a walk to admire the structure of the bare trees.

I'll stop often to think about how much I appreciate my friends and family. And I'll tell them so.

I'll try to accept myself the way I am and resist the temptation to try to look like or be like someone else.

When I glimpse a spectacular sunset out the window I'll stop whatever I'm doing to go outside and really take it in.

When it rains I'll breathe the soft fresh air. When the sky is clear I'll marvel at the deep blue and try to see shapes in the fluffy clouds. When it snows I'll make snow ice cream.

## STUDENT FOCUS

### Legalization isn't the answer

By KEITH JENKINS Editor-in-Chief

We can no longer afford to be blinded by denial, ignorance or lack of caring, for it lurks in the shadows of almost every area of our nation, anticipating each new day to add to its prey.

An uncontrollable monster, it feeds on the lives of those overcome by pressure, those who search for an escape route from reality and ones who lust for money at any price.

Smearing a cloudy stain of death, violence and corruption over our country, Americans are faced with an increasing outbreak which seems to lack any solutions. For years, the monster has hidden behind the faces of innocence and in the dark alleys of our cities. But now, the monster has lifted its mask and shows its face of America's startling drug problem.

When I first heard of officials considering legalization of some illegal drugs as an option to the drug situation, I didn't know what to think. Immediately, I immediately concluded that that was the worst idea anyone could think of and that it wouldn't solve anything.

After watching the Channel 10 News special, "Fighting Back: Legalize or Penalize," my views remained the same although various angles of the situation were brought out that I had never considered.

Officials and others supporting legalization feel that drug laws are ridiculous and are the main reason for the increasing crime involved. Others have brought up that the drug laws are going against our freedom of choice and that the government shouldn't have a say in the matter.

Some have even argued that illegal drugs such as marijuana, cocaine and crack should be sold on the open market because it would remove black market profit and take the violence out of the streets.

These libertarian views seem hopeful, but after seeing all the damage that drugs have caused to our society, legalization would be a mistake.

The problem doesn't exist because some drugs are illegal, the fact that people are going to continue to abuse drugs no matter what, is the problem. And making it easier for people to use drugs will only increase abuse.

The most important and irreplaceable aspect of this entire ordeal is people, especially our youth. It pains me to think of kids on street corners selling drugs or even taking them. Or picture the crying and confusion that a child suffers from seeing his parents being arrested for drugs.

No, the answer isn't legalization. Education and responsibility are the keys for young America. Regardless of what it takes, parents must discipline and care more for their children and set examples for them. Society must create more programs and educate young people on the dangers of drugs. Many of us know these dangers, but we're not giving out a clear message.

For the rest of those who abuse drugs, stiffer laws must be enforced. Stronger punishment and rehabilitation are also necessary for drug violators.

At this point America is caught in a serious battle. You have those who are for and then those who are against legalization. And then you have those caught in the middle without any idea of what the solution is.

In reality, no one has or really knows the solution. But instead of arguing back in forth over pointless issues, we must focus on life and the future.

If we're to control and hopefully wipe out this monster, we must work together and not be at opposite sides of the battle field.



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### POLICY STATEMENT

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## THE HIGHLAND HERALD POLL

### What is your solution to America's drug problem?



STEPHANIE INGHAM, sophomore, physical education.  
"I think more people should start taking action rather than just talking about how they want it stopped."



MIKE BROWN, sophomore, undecided major.  
"I think you should start educating the children at a younger age. The more they know about drugs, the more they will want to stay away from them."



MICHELLE PRICE, freshman, education.  
"Check customs more thoroughly, and if the government knows where the drugs are, go and destroy them."



TAMMI TUMBLESTON, freshman, physical therapy.  
"Lock the users up and make them go through withdrawal. Maybe it will teach them a lesson."



DAVID FARRAR, sophomore, physical therapy.  
"Line the pushers and users against a wall and blow their knee caps off."



JO MABBINGILL, freshman, political science.  
"Legalize drugs and let the users kill themselves."



JAMES ROBBINS, freshman, accounting.  
"Kill them all, the users, the dealers, and everyone else."



LORI BOREN, freshman, secondary education.  
"Legalize drugs and take away the challenge."

## Here's to your Health

### Did you know...

By SANDRA M. HEWITT-PARSONS

Bologna and frankfurters are more expensive sources of protein than some beef roasts and steaks. While they may be cheaper pound for pound, the protein concentration level is lower. It takes four 1.5 ounce franks to supply as much protein as you would get in a three-ounce serving of cooked lean beef.

Asthma symptoms worsen at night when levels of cortisol and epinephrine (body chemicals which keep airways open) are at their lowest. Hay fever symptoms are usually worse in the morning and improve around noon.

Regular sodas contain eight to 12 teaspoons of sugar per 12 ounces. All the calories come from sugar as do all calories in hard candy and jelly beans.

Pork rinds, reported to be President Bush's favorite snack, are made from smoked, fried hog skin. One ounce contains 160 calories and is high in fat (10 grams), sodium (850 milligrams), protein (12 grams) and cholesterol (2 milligrams). Although an ounce of potato chips has just as much fat, and oil-roasted peanuts even more, their fat is less saturated and contains no cholesterol.

Raking leaves can cause itchy eyes, nasal congestion and breathing problems if you are allergic to molds. Risk of allergic reaction is less if freshly fallen leaves are raked. It takes a day or two for leaves to decompose and for the development of molds and mildews.

Drunk pedestrians are a serious traffic problem. Nearly one-third of the 7,000 pedestrians killed last year in traffic accidents were drunk, according to the National Highway Traffic Safety Administration.



# Plaid Vests do 'Hill Country swing'

By SANDRA M. HEWITT-PARSONS

Three students won honors during the September 22-24 speech tournament. The event was a swing of competition held on the campuses of Southwest Texas State University at San Marcos and the University of Texas at Austin.

Mike Lawhorn earned the distinction of top junior college competitor at both SWTSU and UT in the informational speech category. Lawhorn also won fourth place twice for his speech about "Voyager II" and its voyage to gather information about the planet Neptune.

Meredith Cummings, freshman, made it to the semi-finalist position at SWTSU for her oral inter-

pretation, a combination of prose and drama. She also made it to the semi-finals for after dinner speech. Ann Harrell, speech instructor, called her speech "entertaining and funny." Cummings' subject was romance.

Lawhorn and Cummings are new-comers to the Plaid Vests team and the swing competition marks their first college tournament. Harrell said she was pleased

with all who participated in the swing.

Harrell said, "We had some rough competition for so early in the year, but at UT we pulled ahead of the pack to make it to the semi-finals."

The semi-finalist during the UT part of the swing were Lawhorn for persuasive speaking, and Jason Stringer, for his extemporaneous speech. This is Stringer's second year in college competition.



photo by Nathan Newberry

**SPEECH WINNERS** from the left are Michael Lawhorn, Meredith Cummings and Jason Stringer. The trio scored high in recent

competition held at the University of Texas, Austin, and at Southwest Texas State University against some of the top collegiate forensic teams in the state.

# Department to expand services

By AIMEE FARR

In order to secure funds for services to displaced homemakers and disabled students returning to school this fall, a survey was conducted at fall registration to see how many such students are attending MCC. Services for Displaced Homemakers and the Handicapped did the survey in an effort to document the number of students who are in vocational technical programs that are displaced homemakers, have a non-traditional major, or have some disability.

These services are made possible through special grants. The amount the school receives depends on the number of students enrolled, according to MaryLea Henderson, of Services for Displaced Homemakers and the Handicapped.

"You would think it would be the number served but it is the number enrolled," she said.

The survey results will help the department allocate funds, plan activities, and provide free services for these groups. They will be able to help displaced homemakers with child care, transportation, and school supplies, as well as providing counseling for displaced homemakers and the disabled.

"This is the first year we will be able to pay half of the child care for displaced homemakers," Henderson said.

In the past, displaced homemakers were predominantly women who, because of death, divorce, or separation, returned to school to learn or update skills that would help them get a better job. However, this category now includes any single parent, taking into account a surprising number of men.

"These women were typically in their 40s," Henderson said, "but since this area now includes single parents, we have noticed a much younger group."

The number of people who may need help from this kind of service is expanding.

"The divorce rate is still climbing," Henderson said. "The two-income families are going to become more of a standard than the exception. Two-thirds of the women working now are single parents."

Henderson also blames the job market for the increase in the number of displaced homemakers returning to school.

"Your skills may need to be updated, or you may need to gain new skills to keep up with an increasingly difficult job market," she said.

She also said her department is feeling the effects of several local trends.

"In Texas alone there are 650,000 displaced homemakers, out of 11 million nationwide, which makes us one of the leading states," Henderson said.

She also said that Waco has the highest pregnancy rate in the state for mothers under 15, along with

one of the highest teenage pregnancy rates in the nation. Henderson feels that MCC is one of the best places to offer services for displaced homemakers.

"We offer programs that will get them through in about two years," she said. "Often our objective is to give them the skills they need to succeed, then get them into the job market as soon as possible. Cost and time factors are very favorable here."

Henderson said her department works closely with financial aid, testing and assessment, and placement to see if a person can attend school with a good chance of success.

"We do what we can to help them enroll in school, or to stay in school, in order for them to be able to better care for themselves and their families," she said.

The results of the survey are still being tabulated. Henderson expects to have the results in the near future.

# Clubs add depth to campus activities

By SUSAN POLLEY

Narcotics Anonymous and Alcoholics Anonymous groups are now meeting weekly on campus as part of the MCC Drug Prevention Program (MCC'DAPP). AA will meet Wednesdays at noon, AC 314, and NA will meet Thursdays, at noon, SC 301. Contact John Porter at 750-3514 for further information.

## Baptist Student Union

Baptist Student Union meets Monday, Wednesday, and Friday at 10 a.m. in the Highlander Room. They have a light salad lunch on Wednesdays at noon in the Highlander Room at which a pastor from a local church gives a devotional.

Thursday nights are for TNT fellowships. They meet at the TSTI BSU and leave at 7:00pm to go bowling, to the lake, etc.

BSU members will go on a weekend prayer retreat at Latham Springs Oct. 6-7. Other BSU groups from around the state will attend. UT, Stephen F. Austin, TJC, and Baylor will be there along with the MCC and TSTI group. Bill Hybels, author of Too Busy Not to Pray and pastor of Willowcreek Community Church, will speak Friday night. Jeannie Miley, pastor's wife from San Angelo and author of Creative Silence, will speak Saturday morning. For more information contact Jeff DeHay, at 799-1170.

Black Student Fellowship, sponsored by BSU, has a gospel choir that meets at 1:30pm Fridays in the HPE building.

Grace Temple Baptist Church is looking for workers through the BSU to help with first through sixth graders. Workers would play with the children, and lead Bible study and hand crafts.

## Zeta Omega Eta

Zeta Omega Eta meets Fridays at 10:30a.m., HPE 110.

Students on the Move for Christ will perform at the Children's Memorial Church of God in Christ in San Antonio in October. Music Educators National Conference is

currently planning fall activities. Membership drive ends October 15. Anyone interested in joining, contact Doris Scott, ext. 422.

**Career Day planned**  
Criminal Justice Society is planning a Career Day for the end of October.

## Two clubs organizing

Mental Health Club meets every Thursday at 11:10am and 5:15pm. They are now meeting to organize.

Psi Beta is also in the process of organizing. Surveying members on when they would like to be initiated.

## Data Processing

Data Processing Management Association meets 1st and 3rd Wednesday of every month in AS 101. Bake sale 7:30-noon every Wednesday.

A group of students will go to the DPMA Region 3 Student Conference in Dallas Oct. 6. Several officers will go to Temple for the Regional Leadership Training Seminar Oct. 7. An outside trip is also being planned, probably to Austin.

Tomorrow a representative from Hercules of McGregor will be here to talk about CAD (Computer Assisted Design) machines. They also plan to have a mock interview later this fall. David Parker from the Farm Bureau would give them an idea of what kinds of questions they may have to answer in a job interview. A panel of former MCC students may also come to answer students' questions on what it is like out in the job force and what it takes to get there.

## Press Club

Press Club meets every Wednesday at 10:00am. Sept 27 an interview by phone was conducted with Larry Nighswander, illustrations editor of National Geographic magazine.

Plans are now being made to attend the Texas Community College Journalism Association (TCCJA) convention in Midland, October 26-28. They will also attend the national convention of the American Collegiate Press Association in New Orleans, Nov. 16-18.

## Interclub Council

Interclub Council meets 10:00am, Friday in SC 301. All clubs are requested to send a representative to the meeting.

Clubs who have not filed active status forms for this semester need to contact the Student Activities office to do so.



photo by Wade Carpenter

**STUDENT GOVERNMENT ELECTION** results are listed above top row (L to R), Pat Buchta, Tanya Clark, Scott Beckworth, Paul Habori, Ron Janek, Jimmy Grmela (Parliamentarian), Rebecca Brunson (Treasurer), Robin Davis, Paul Sulak, middle row (l to r), Angie Elkin, Sandra Sulak, Mitchell Price (Vice-President), Zena Gibson, Anita Scarborough, Marcel Deshazo, Tara Adams, Cyndi Massey, Torrance Ames (President), bottom row (l to r), Page Perryman, Rebecca Jimenez, Laura Evans, Katie Kolm, Suzy Polley (Secretary), Laura Paloma, and Elizabeth Deloon.

# Campus news

## NEWS BRIEFS

### YMCA starts flag football

The Metro YMCA is now accepting teams for flag football which begin play Oct. 10. The entry fee is \$175 per team, and the deadline is Oct. 2. For any team that pays before Sept. 30 will only be charged \$150.

### Orientation ends this week

The third part of freshman orientation, held since school started, will be over this week. The first and second parts were four-hour sessions before and after registration. The third part has covered studying, test-taking, goal-setting, degree plans, and using the library. Students subject to orientation who missed parts of it can make up for it by attending the workshops which cover the parts they missed. (See related story.)

### Time to register for TASP

The official TASP (Texas Academic Skills Program) Test will be administered for the last time in 1989 on Saturday, Nov. 18. Students who register on or before Oct. 21 pay a fee of \$24; after that, it is \$44. The TASP Test Registration Bulletin is available at either the Office of Admissions/Registrar or at the Office of Counseling Services. All students who did not complete at least three semester hours before this fall will have to take it. All students should see their counselor immediately to find out if they will have to take it. Anyone who does not take it in time will be barred from college level credit courses until they take it.

### Major seekers get help

Most MCC students are undecided about their major, according to Dr. Ramon Aleman. Anyone who needs help deciding on a major can take any of several career tests which Counseling Services offers. The normal fee of \$7.50 is waived for current students. These tests help students in career choices by exploring their interests and personalities, said Dr. Aleman.

### Lunch winners need call

Counseling Services is asking all students who won lunch with a faculty member at orientation to come to the counseling office and provide their name, Social Security number, and the name of the instructor. Many students who won have not contacted their instructors about it, according to Dr. Ramon Aleman. Counseling Services needs this information in order to help get the students and teachers together, he said.

### Directors meeting help

Two new members were introduced at the Board of Directors of the Business Resource Center meeting which was held Sept. 25, in the conference room of the Business Incubator. Johnette McKown was introduced as vice president of the business services. Dale Shedd was introduced as services coordinator for the Business Resource Center.

### Stewart chosen president

David Stewart, executive director of the MCC Business Resource Center, attended the regional Texas Business Incubator Association on Sept. 29 in Austin. Stewart was recently chosen president of that newly organized group.

### Weight room, pool open

The weight room will be open to students, faculty, and staff Monday, Wednesday, and Friday 12-5 p.m., Tuesday and Thursday 12:15-2 p.m., and Tuesday, Thursday, and Friday 5-7 p.m., and the pool will be open Monday, Wednesday, and Thursday 2-4 p.m., according to Chairman of Health and Physical Education James Burroughs.

### Art competition announced

To recognize outstanding Texas artists, the State of Texas is sponsoring the 1990 Texas State Artists Competition. Nominations are open to artists residing in Texas, and one artist will be selected for two-dimensional media and one for three-dimensional media. Interested artists should send photographic samples and biographical sketches to Senator Carl Parker, chairman of the Texas State Artist Committee, P.O. Box 12068, Austin, Texas 78711, or contact Caryn Cosper at 512-463-0104. The deadline for application is Nov. 10, 1989, and all material will be returned.

### Exhibit ends Thursday

For persons who still wish to see the Alan Sheppard art exhibit, this Thursday will be the last day his work will be on display at the Ball Performing Arts Center.

### Children's drama at hippodrome

"The Boy Who Talked to Whales," the opening show of the 1989/1990 Hippodrome Performing Arts Series for Children, will begin Oct. 8, at 2 p.m. and 4 p.m. A production of Project Interact, the show is "warm, wise, and witty." A free party for those attending will be from 2:45 p.m. to 4 p.m. on the Hippodrome Patio.

### Brown Bag series ends

"Test-taking," the last of the fall Brown Bag Lunch series, will be tomorrow at noon in the Student Center Tartan Room. The series has been sponsored by Student Support Services. All students are welcome to attend.

### Scramblers tee off Friday

The second annual MCC "Florida Scramble" golf tournament will be held at 1 p.m. this Friday, Oct. 6 at the Lake Waco Golf and Country Club. The \$75 per person tournament is open to the public and will benefit the Athletic Dept. For more information contact MCC athletic director Ken DeWeese at 750-3550.

# NAMES in the news

Kimberly Gossett, a MCC freshman, will be getting married Dec. 30. The groom is Lance Bishop who works at Lakewood Country Club.

Chris Taylor is recovering from surgery due to stomach ulcers, and thus, will not be able to serve as this year's Student Government parliamentarian.

Ken Crawford, former photo editor of the Highland Herald, is now the photographer for the Volunteer Services Office at the Veterans' Administration Medical Center. He is working on a new handbook for that organization and is doing the photography and layout.



# Landers ace tourney

By THOMAS BUTLER

The Highlanders defeated Temple by 10 points for the championship during the Fall Invitational Tennis tournament. The Highlanders took second to last year's national runner-up Odessa in the women's division.

Odessa took third place in the men's division and Schreiner placed third in the women's competition in the 12-school tournament played at four courts on campus and across the city.

Coach Carmack Berryman said he was extremely pleased with both the men's and women's team efforts. The tournament was the first outing of the fall season and will give all a goal to work toward.

Berryman said, "there were some good surprises, and some not so good surprises."

The women's team provided one bright spot—finishing ahead of the Temple and Schreiner teams, both tough competitors.

Results from the tournament, listing MCC players first. In the men's singles flight 1, Mike Brown lost to Laurent Becouarn of Temple in the semi-finals 2-6, 2-6.

In flight 2, Johan Gedlitschka lost to Peter Davis of Temple in the semi-finals 1-6, 3-6, and Juan Gutierrez defeated Peter Davis for the championship 1-6, 6-2, 6-1.

In flight 3 Ola Wallander lost to Will Green of Odessa in the finals 7-5, 6-7, 6-7; and in flight 4 Scott Mounce defeated Edmund Rincon of Odessa in the finals 4-6, 6-2, 6-4.

In flight 5 Dan Rickabus lost to Kestor Jackson in the finals 3-6, 2-6. In flight 6 Phillip Bogel lost to Eric Dana of UTA in the semi-finals 2-6, 3-6.

In the men's doubles flight 1, Brown and Grant lost to Burnam and Herrera of Odessa in the finals 2-6, 6-2, 6-7. In flight 2 Gedlitschka and Wallander defeated Becouarn and Nauman of Temple in the finals 7-6, 6-2. In flight 3 Brown and Gutierrez defeated Hoot and Rincon of Odessa in the finals 7-6, 6-3.

In the women's singles flight 1, Jennifer Hotz lost to Basia Suzin of Temple in the quarter finals 0-6, 1-6 and Maria Carlsson lost to Becky Duncan of Navarro in the quarter-finals 7-6, 6-0.

In flight 2 Kelly Massa lost to Janda Lopez of Schreiner in the quarter-finals 4-6, 7-6, 3-6; and Brenda Haag lost to Debbie Marlett of Odessa in the semi-finals 4-6, 7-6, 3-6.

In flight 3 Lorri Valdez lost to Kelly Marshall of Odessa in the quarter-finals 3-6, 3-6; and Tosha Smith lost to Jennifer Alexander of Odessa in the semi-finals 1-6, 6-3, 3-6.

In the women's doubles, second round, Haag and Hotz lost to Patton and Winter of Odessa 4-6, 2-6. Smith and Valdez lost to Suzin and Molson of Temple 2-6, 3-6. And in the semi-final round Carlsson and Massa lost to Claiborne and Lopez of Temple 4-6, 6-3, 2-6.



photo by Wade Carpenter

AHH...IT WAS IN, thought sophomore Jennifer Hotz at a recent practice session at the MCC tennis courts.

## Key players, experience spark baseball team

By Steve Jean

The McLennan Community College Highlander baseball team is preparing for another exciting season under the direction of second year head coach Paul Miller.

Last season, the Highlanders finished with an overall record of 37 wins and 21 losses, and a conference record of 17-6. The Highlanders were not only conference champions but regional champions as well. The Highlanders finished the third in the state play-offs.

The major objective in recruiting was to strengthen the pitching staff. The addition of five freshmen pitchers who were drafted in the June amateur draft, Cedric Allen of Johnston, Donnie Carlisle of Brewer, Lance Grider of Cooper, Sean Lowe of Mesquite, and James Nix of Brenham was a step in the right direction. Replacing key players such as Joey Herring-

outfielder, Rusty Silcox-pitcher, Steve Medina-centerfielder, and Eddie Knicker-second baseman, was also another major objective of Coach Miller.

Key players returning from last year's squad are Jahn Finke-left-fielder, Jerome McGary-pitcher, Chris Sitka-designated hitter/third baseman, and Mark Rudis-catcher. Although everyone is an important part of the team, Coach Miller expects Mark to be the main ingredient that holds this team together.

Coach Miller believes the strengths of the team will be a solid defense and a pitching staff with tremendous depth. "The team has a lot of talent and only the positions of catcher, leftfielder, and third base are not up for grabs. All other positions are open with a lot of talented young players hoping to winning a starting job," Miller said. "The pitching will be extremely strong and I will not hesitate to put anyone in to

pitch at any time."

"There should not be any weaknesses on the team if everyone develops and matures like they are capable of doing," said Miller. "I feel like we are better prepared talent wise than last year. Other teams have had good recruiting years and will be tough also. In conference play strong contenders will be Hill Junior College, who finished second last year, and Howard County who is always tough."

"In the state the top five teams should be San Jacinto Junior College, Alvin Community College, Hill College, Howard College and MCC," said Miller. "There will be no pushovers. Due to Proposition 48, everyone will be better," he said.

The Highlanders have 12 returning players from last years team. They are Denny Bowles, Charlie Brown, Ted Buhner, Craig Dohnalik, Jahn Finke, Matt Fisher, Tracy Hobbs, Mike Macko, Je-

rome McGary, Brian Pratt, Mark Rudis, Chris Sitka, and Kevin Steffenauer.

Incoming freshmen include Cedric Allen, Jeff Andrewartha, Donnie Carlisle, Jim Danhof, Ben Dranguet, Tyler Flood, Steve Graham, Lance Grider, Rory Grisom, Rod Huffman, Craig Kercho, George Kilford, Danny Leigh, Sean Lowe, James Nix, Mark Prather, Doug Rosini, Mark Scott, Chuck Shavers, Jeff Thomas, Tab Werner, Jeff Williams, Davis Collinsworth, and Chris Rountree.

The final roster will be cut down to 25 by February 4, the date of the first game.

"This year's team should be very exciting and we need as much fan support as possible to come and watch us play. I am looking for good things from this team and hope to have an excellent season," said Miller.

## Call 'em like I see 'em



## Monday night football, Just not the same!

By CLAY LASSETER

Sports Editor

As I watched the NFL's Monday night football game, the television announcers mentioned that the 1989 season marked the 20th anniversary of the Monday night game. At the time, I let that statement pass by me, but I couldn't get it out of my mind how much the Monday night game has changed.

The Monday night game was the game everyone waited for. It was like a three-day weekend for crazed football fans. But, what made it special was not always the game on the field, but the game that was going on inside the broadcast booth. The famous trio of Frank Gifford, Howard Cosell, and Don Meredith took shape in 1971, and football on Monday nights began to run over the competition on the tube.

With Gifford as the play-by-play man, Cosell as the super-charged electric wire, and Meredith as the comedian, the chemistry was perfect. Although many people claimed their dislike of Cosell, it was more of a love-hate relationship. We hated that he talked so much, but we loved what he said. At every game, one could find nasty posters in the stands that were pointed toward Cosell. Not only did Cosell have posters, he received death threats as well.

But who wanted to be at a Monday night game when you're missing Cosell's famous halftime highlights on the tube. With the thunderous orchestrated music in the background, Cosell ran over past Sunday's games like no one ever could. If you didn't see the game, you made sure you saw the halftime highlights.

As Gifford mastered the play-by-play, Cosell spitting out electricity with every word and Dandy Don making the viewer fall out of the recliner with his one-liners, America thought that it couldn't get any better. Well, America was right! In 1983, the scene changed and it has never been the same.

In September, 1983, Cosell made an innocent statement regarding a player and cries of racism and prejudice could be heard from all over. Cosell was just being Cosell, the excitement he generated from the mood swing of the game. But, within the year, Cosell was off the screen from Monday night football. And I believe that most of us have regretted that decision ever since.

Meredith left soon after and soon ABC brought along many different faces to replace the two. But, the others fell to the wayside. They did not nor could not compare to Meredith or Cosell.

ABC found what I think is the best since them, in Al Michaels and Dan Dierdorf joining Gifford. The three are good and add variety, but they just aren't "The trio."

Gifford, Meredith, and Cosell had the right mix. Their personalities just clicked together and worked like a fine tuned engine. They built an empire of sport broadcasting.

Reading this column, one might think that I fell and hit my head on something hard. But, don't let my words speak by themselves.

Just picture in your mind, the Oiler's Earl Campbell running for four touchdowns, including an 81-yarder, as the Oilers beat the Dolphins 35-30. Or, how about the Cowboy's Tony Dorsett streaking for a 99-yard touchdown run against the Vikings. Those games actually happened. Do you remember? Those games happened back when Monday night football was the best. The nights when you would find Cosell, Meredith, and Gifford in the booth, along with their mystique that surrounded them. Good things never last!



photo by Wade Carpenter

MAKING HIS CUT, Wes Ledbetter fakes out his opponent before heading down field

## Butler considers to coach again

By CLAY LASSETER

After announcing his retirement in the summer of 1988, former head baseball coach Rick Butler is considering stepping back into the coaching box.

Butler, head coach for 18 years, quit his coaching duties for several reasons. "I was ready for a change. I wasn't tired of actual coaching, but the different hang-ups that were keeping my full attention rather than my attention on coaching. After 18 years of coaching here, I needed a change," said Butler.

Butler, in his 20th year at MCC, is now a full time teacher here, and enjoying every minute of this new area. Butler is also spending his spare time away from coaching with his daughter. The idea of coming back to

coaching hit the scene this past summer when Butler's former assistant coach Dub Kilgo and Butler were holding their annual baseball camp. The media fielded a question to Butler regarding how he was doing away from baseball. Butler stated that he was more open to the idea of getting back into it. But, "the media blew it up." The media made it sound like that he was strongly considering it. "I'm listening to the openings and quietly looking for opportunities to come," said Butler.

Butler mentioned that he has been contacted by a few schools this summer, but they weren't worthwhile enough to make a move. "I'm more interested in a four year school or starting another program at a junior college. I also would consider assisting

somewhere at a strong program," said Butler.

Butler has also heard several rumors about other coaching possibilities, such as Southwest Texas State University, but those are only rumors as of now. "When I was coaching, I was getting offers from NAIA, NCAA Division 2 and Division 1 schools. But why leave a top program when none of those schools were comparable to where I was here," said Butler.

Reflecting back to his coaching years, Butler stated that after winning the national championship in 1983, there was not pressure from the administration as there was from himself to do well. Although losing to San Jacinto for three years straight at regional play, the Highlanders were still one of the top programs in the nation. But, after one national championship

be an in-state team," meaning the Mavericks, Houston Rockets, or San Antonio Spurs. He has been in contact with Norm Sonju, the Mavericks' Operating Officer/General Manager and Steve Letson, Director of Operations, since last spring working on plans for the game, which were finalized during the summer.

The Hornets will be the opponent because that game was scheduled at a time convenient for both the Mavericks and the Ferrell Center, Yarbrough said.

Of course, whether or not it does become an annual event will depend on the response to the game this year. What kind of crowd does he expect for the game? "I would be very surprised if it weren't a sellout, and obviously we would hope that it would be," said Yarbrough.

As of 1 p.m. on Sept. 26, 1,208 tickets had been sold. The capacity of the Ferrell Center is 10,080.

Tickets are \$15, \$10, \$8, and \$5 and are available at the Ferrell Center ticket office. Call 775-1918 for further details.

Sponsors of the game include Highland Camera and Video, Dr. Pepper, KWTX-TV, and KWTX-FM. Yarbrough said that Highland Camera and Video would be giving something away at half time, but was unsure as to what it would be. All sponsors are participating in a ball boy/ball girl contest for children 10-18. Registration forms are available at local convenience stores.

people expect one every year.

Keeping things in perspective, Butler realizes that winning was not the important factor as everyone makes it out to be. "The program is what is important, not the coaches, but the players. You have to teach them to depend on the other players," said Butler. "The players were given the same philosophy every year by Butler. 'Open your minds to let yourself do more than you think you are capable of doing.'"

"To look back at my past players through the years, it feels great to see those guys accomplish one goal at a time and be so successful now. It means more to me than the World Series championship," said Butler.



Music teacher directs Waco Community band

By ELIZABETH DELEON

Sharing special talents with a community is very rewarding, according to Roger Rush whose contributions of music to Waco have made an impact on his life.

Rush, a music instructor on campus, is also the director of the Waco Community Band.

The band, which is in its ninth year, consists of 55 members including faculty members, professional business people, retirees, band directors, MCC students, and high school students.

Rush, who is previously from the Richardson area near Dallas, said that when he moved to Waco

few ensembles were available for people to become a part of, other than church groups. Since he wanted to extend his knowledge of music to others in the community, he organized the Waco Community Band.

"A lot of people who used to play in a band would call me saying that they were still interested in playing," Rush said. "So this is how I got the idea to start the band."

Several charter members helped him to get the band started and organized. Rush pointed out that these people helped make the band what it is today. The band used to be offered as a credit course on campus. However, it be-

came so large that measures had to be taken to insure that it would not get too big and lose its performance level.

"Since the band is no longer a credit course, people interested in becoming a member are interviewed," Rush said, "and if there are not any positions available at the time, then I put them on a waiting list."

Rush said that they have a pretty much fixed instrumentation level as of now. Although they are not seeking members at the present time, they do add brass or woodwinds when needed, he said. "I really enjoy working with the band because the people are so eager to play and learn," Rush said.

Rush said his "biggest highlight of being the director of the band was the Sousa performance at Waco Hall, held several years ago." The concert featured Keith Brion, former band director from Yale, who has also performed with the Philharmonic Orchestra.

The Sousa concert took two to three years to organize. According to Rush it was a big success because Sousa's music contains different arrangements which people have heard numerous times and are familiar with.

As for other big concerts in the future like the Sousa one, he said that "it may be another year or so" before a concert that big is performed in the community again.

Rush, however, has been doing several theme concerts in the last few years that have had just about the same impact as the Sousa concert. Some of these include a salute to Broadway entitled "Broadway on Parade," and a "Bandmasters Tribute," along with other marches, overtures and contemporaries.

"We also play in neighborhood parks such as Indian Spring Park, Sanger Heights, and others," Rush said. He added that the band plays six to eight concerts in the summer, with the "Freedom Frolic" being the biggest because it is in conjunction with the Waco Civic Chorus.

"I like to give new musical and educational adventure for both the audiences and the band," Rush said, emphasizing that this was the reason the group performs many varieties of music.

The band practices every Tuesday night on campus. Anyone is welcome to attend the rehearsals.

The first concert this fall will be Nov. 14 at 8 p.m. in the Performing Arts Center. Admission is free.

Although Rush admits that directing and organizing the band is hard work, he says he really enjoys it because working with the band is the "highlight of my week." According to him there is good reason for trying different things.

"You have to try a variety of things," he said, "because if you don't, you get very bored."

Dance company kicks in action

By SUSAN POLLEY

The 1989-90 Dance Company consists of 15 girls representing nine different high schools.

Sophomore members are Captain Carrie Ready, El Paso; Lieutenant Melissa Clark, Gatesville; Lieutenant Diane Craig, Waco High; and Angie Elkin, Hillsboro.

Freshman members include Jacqueline Carpenter, Gatesville; Aniqua "Winky" Foster, La Vega; Kim Henderson, Hubbard; Jacque Johnson, Waco High; Edie Lienhart, Midway; Diana McDonald, La Vega; Michelle Rainer, Berkner of Dallas; Esther Resendez, University; Stacy Reeves, Midway; Kristi Riley, Hubbard; and Tara Vaughn, University.

Hinton told the girls that this group is the first in a long time that really gets along well together.

"We have a great team because everyone has a good attitude," Winky Foster said.

Capt. Ready and Lt. Craig attended the USA Jazz Camp in Dallas this summer and were selected in the top 12 of all attending. Ready was selected as an All-Star Dancer and was invited to perform at the Aloha Bowl in Hawaii on Christmas Day and to apply as a camp instructor for next year.

The other girls agree that Ready is a good dancer.

"Maybe one of these days I'll be as good as her," Jacqueline said. They said that she is a good person too. "We have a wonderful captain," Foster said. "She's great."

All of the girls attended the American All-Star Dance Camp here August 20-21. Stacy Reeves and Esther Resendez were selected as outstanding performers. Four of the girls won trophies at the camp-Kristi Riley, most improved; Edie Lienhart, most spirit; Craig and Ready, outstanding dancers.

Four dancers were invited to perform in Hawaii in November as well as at the Super Bowl in New Orleans. Those chosen were Carrie Ready, Diane Craig, Edie Lienhart and Tara Vaughn.

"We have a wide variety of ability here," Michelle Rainer said. Some are good at kicks, while others are good at ballet, some at jazz, and some are really flexible.

"Our motto is be the best you can be," Foster said.

The Dance Company marched in the HOT Fair Parade on Oct. 2 and will do a variety show in the Fine Arts Building at the fair on Oct. 5 at 7 p.m. They will perform

New season offers few bright spots

By DAVID FAULKNER

Saturday morning cartoons may be more entertaining than most of the new fall line-up of TV shows. We find ourselves faced with the dilemma: do we watch the lifeguards on the new show "Baywatch" or reruns of "The Dukes of Hazard?"

It seems the top 10 shows of this past season will not see much competition from the new network offerings. However, a few bright spots can be seen in all of the bleakness.

Recently shows about the Old West have not fared well with viewers. This may change with the introduction of "Young Riders." A group of orphans are taken in and trained to be Pony Express Riders. Good scripts and good acting by a cast of virtual unknowns may save the show from the scrap heap.

One new show that has fared well with critics and audiences alike is "The Famous Teddy Z," starring Jon Cryer of "Pretty in Pink."

Cryer's character, Teddy, works in the mail-room of a large talent agency in Hollywood. After picking up an actor at the airport and having a fist fight with him, Teddy is offered a job as his agent.

Teddy has no idea what an agent does, and his innocence and confusion have been played up well by the writers. This is one show that will be around for a long time.



photo by Wade Carpenter

GREAT OUTDOORS! Nadine Johnson and her cosmetology class takes advantage of some of the beautiful autumn weather outside the Community Services Center last week.

Concert brings 'Sunshine'

By SARA WARTES

Who could be more appropriate to appear at a benefit concert for employment of the handicapped than Tony Melendez?

Melendez, who gained national attention in 1987 when he played for Pope John Paul, was born without arms and plays the guitar with his feet.

Sunrise Alternate Living Development Center, one of the small businesses in the Business Resource Center incubator program, is a nonprofit agency which trains the severely disabled for employment. Directors Mary "Cookie" Ling and Nancy Tinsley arranged the Sunrise Christian Music Festival in which Melendez appeared.

Headlining the concert were the Imperials, considered by many to be the premier contemporary Christian music group. In the 25 years they have been together they have won 13 Dove Awards for Christian music and four Grammys.

Sharing the spotlight were Be Be and Ce Ce Winans, a brother, sister team who have garnered seven Grammys since they came on the Christian music scene in 1984.

Brett Barry, Steve Walker, Evelyn Conner, Charlie Burch and the Garrett-Roberts Gospel Trio were also featured in the afternoon concert on September 16 in Cameron Park.

Sunrise was formed one year ago to offer help for to disabled people who want to find employment. Services include training, job placement and on-the-job training. Sunrise also helps the disabled learn to cope with public transportation, find appropriate housing and budget their new income.

In the year since beginning operation, Sunrise has placed 37 seriously disabled people in jobs. Funding comes from contributions, grants and state and federal programs. Disabled workers are not charged for services offered by Sunrise.

Proceeds from the concert will enable the innovative agency to expand its services in a badly needed field.

High school students in cosmetology

By CYNDI A. MASSEY

A cosmetology training program for high school students is now being offered to residents across McClellan County along with post secondary college students.

The course is two years long and is contracted by the high schools that are involved. After completing 1,000 cosmetology hours at MCC and 500 academic hours in high school, the student will be a licensed cosmetologist.

The post secondary students, those attending during the day, will attend four courses from 8 a.m. to 4:30 p.m. Monday through Friday for 11 months. Also offered are night courses from 5:30 to 9:30 p.m. Monday through Thursday for 24 months.

For the first time, the department will be offering a specialty summer program which licenses the student, after 160 hours, to do any sort of manicure or nail replacement.

Ron Robinson, director of the MCC Cosmetology Department, encourage anyone who needs their hair cut or styled or any of the other numerous services offered, to go to the Community Service Center, located at 4601 N. 19th, and provide the studentcosmetologists some practical experience. The students are well supervised and use quality products. Contact the department at 750-3601 to make an appointment.

FROM OUR READERS

music duplicating system suggested

During the first few music classes I've taken here at MCC I heard that there was a state of the art recording studio on campus. With the reputation the music department has earned around the community for talent, it seems reasonable to encourage the marketing of that talent for publicity and profit.

Recordings of popular music sung and played by the faculty and student competition finalists would serve to publicize the quality of the music program at MCC, bring in more students, and raise money. (It could help some careers get off the ground too.)

The technology of compact disc recorders for home use is available in Japan now and the ability to duplicate cassettes is nothing new. So basically with a relatively little bit more investment into a cassette and compact disc duplicating system, MCC could have a product that would profit in a number of ways.

Even without the investment in the duplicating equipment the recording studio now in existence would make a dent in paying for itself, having duplication of recording sessions done elsewhere.

Either way, give the community MCC serves opportunity to melodically support the college and they will be glad you did. Sincerely, Ray Istre

Riddle

What has bright yellow stripes and runs across the street?

A pedestrian crosswalk.

What shakes all over and runs across the street?

A pedestrian who was nearly run over while crossing in a pedestrian crosswalk.

Sidelights:

Comment overheard during the first week of class: "These are not parking permits. They are 'hunting licenses,' which permit you to hunt for a parking place."

Seminars offer support

By NATHAN NEWBERRY

Various support group seminars are being offered at MCC for such cases as drinking, drug addiction, low self esteem, or just needing some one to listen to you.

According to Marylene Henderson, Services For Displaced Homemakers and the handicapped and co-sponsor of the weekly support group seminars, "These groups are here to help develop the student's potential and to assist in solving their problems."

Henderson also stressed that there is something for everyone in these seminars whether it is an overeating problem, overwork, or a personal crisis.

Six different groups are being offered, such as Alcoholics Anonymous, Narcotics Anonymous, and ADATE organized for help getting along with yourself, patients, family, and friends with life-threatening diseases. Also planned is a 12 Step Workshop group designed for individuals with any problem, and a group to help with family, friends and relationships.

A different group meets every day, Monday-Friday from noon-1 p.m. Seminars are free and will be staffed by trained students.

If you are having a problem and want someone to listen, call Henderson in the Counseling Center at 750-3501 or call John Porter at 750-5314.

Calendar of Events

- OCT. 4 - "Rodeo Day" 10 a.m. Stu. Ctr. Theme for lunch "Pioneer Day" Freshmen Orientation, 10 a.m. Baptist Student Union meets, 10 a.m.
- OCT. 6 - Second Annual Golf Scramble held at Lake Waco
- OCT. 9 - Columbus Day
- OCT. 11 - Theme for Lunch "Greek Day" Freshmen Orientation, 10 a.m. Baptist Student Union meets, 10 a.m. Board of Trustees meets 7:30 p.m.

- OCT. 12 - DIA DE LA RAZA MCC golf team will participate in the Sam Houston State Golf Tournament
- OCT. 13 - Interclub Council meets, 10 a.m.
- OCT. 16 - Student Government meets, 10 a.m. Baptist Student Union meet, 10 a.m. World Food Day
- OCT. 17 - Highland Herald released





# Drug abuse: 'It's like suicide'



By SARA WARTES

"Getting high all the time is like one long weekend. One long, dull, boring weekend where you don't really have anything to do so you just sit around the house. And nothing gets done. And it just continues."

Raymond Hulley knows. Until a few years ago his life was centered around drugs. Then, while he was serving a second prison term he took a long look at his life and said, "This is enough."

Hulley said it was his relationship with his daughter that finally made the difference. "I never wanted to hurt anybody, just mind my own business. But I saw I was hurting her by not being there. I looked at my position. I'm supposed to be a father and husband. Being a father and a husband and a drug addict didn't go good. I had to decide which I wanted."

Prison wasn't the easiest place to make that decision. Hulley said drugs were available in prison, often being exchanged at Narcotics Anonymous meetings or in church.

"You're right there in the drug culture," he said. "But you have to decide if that's the culture that you want to stay in or if you want to stop. I found that telling people that I didn't want to do that any more, I got more respect that way."

Hulley enrolled in college courses while still in prison and is continuing his education at MCC as a sophomore mental health major.

His experience with drugs began at age 14 when he left his home in Newark, N.J. Growing up there was like a "large concentrated East Waco."

He joined a carnival, Goodings Million Dollar Midway. They traveled the East Coast from Massa-

chusetts to Florida. He began as Bozo the Clown in the dunking booth, taunting passersby until they were willing to spend money to dunk him.

Unfortunately, drugs were part of the fun and games of the carnival. Someone offered him heroin. He said they told him, "You'll probably get sick as a dog at first," but he didn't believe them. He did get sick, but he became a "dipper and dabbler," using heroin occasionally but never getting really hooked.

Hulley said the danger of addiction didn't scare him because he didn't care what happened to him. "If there was someone when I was younger that was interested in guiding me, I could have gone a long way. I didn't have any future, so I took drugs."

Hulley left the carnival and went to the Lion's Institute, a medical technical school, then

worked for a time in a nursing home. When he got his draft notice in 1968, he joined the Navy and became a corpsman. He was assigned to a Marine unit and went to Vietnam.

While he was in the Navy his drug of choice became marijuana. Although drugs were cheaper in Vietnam, he said drug use wasn't widespread. "The dopers were looked down on even in the military," he said.

After his discharge from the Navy, his life became one of "bumming around." He worked in various jobs, mostly medically related, from Pennsylvania to Texas. His free time was spent "getting high."

"I didn't really have any relationships when I was on drugs," Hulley said. "I was just with the people who supplied the drugs because they were useful. I didn't really know anybody who didn't do drugs."

His two prison sentences, one in Pennsylvania and one in Texas, weren't for drug offenses. However, both were a result of drug use.

In Pennsylvania he "got mixed up with people who were not exactly law abiding." One night after heavy drug use he was asleep in the car when the group decided to burglarize a diner. They loaded the car up with stolen food and ran when a police car drove up. Hulley awoke to find himself surrounded by the evidence and looking into the barrel of the policeman's gun.

After his parole in Pennsylvania, Hulley returned to the carnival where he did maintenance work on the machinery. He met a woman who also worked in the carnival and they planned to be married on July 4, 1982, on the merry-go-round, carnival style. The day before the wedding, Hulley was working on the merry-go-round machinery when the opera-

tor turned it on. His leg was crushed.

He spent only two weeks in the hospital, then left against medical advice because the carnival was leaving town. His disability limited his work to the ticket booths. Eventually he and his wife moved to Texas where her parents live.

Hulley said he plans to get at least a bachelor's degree in behavioral science. He does volunteer work at Caritas and would like to devote his life to helping the indigent, especially the homeless.

He feels that getting off drugs has to be a personal decision. "The way I looked at it, I have to be happy with me every day." He said that people who make the decision to stop using drugs have to be prepared to do whatever it takes.

His warning to young people who are tempted to experiment with drugs is simple:

"It's like suicide."

## Drug abuse books available

John Porter,  
750-3514

# Waller writing English text

By AIMEE FARR

A new English textbook designed specifically for community college students is now being written by Dr. Lynn Waller of the English department.

Although the book is "still a baby" Waller said he is already getting favorable responses from major publishing companies.

He recently received a call from the editor in chief of the college division of McMillan and Company, located in New York. "Apparently he just heard about it. We had not even submitted anything to them yet. It's pretty exciting to have nationally known publishers call you," Waller said.

Waller is co-author of the book with Dr. David Chapman of Texas Tech University. Chapman is currently working with a coordinating board that deals with the task of writing across the curriculum for community colleges. "Dr. Chapman also lectures for community colleges across the state and holds workshops as well," Waller said.

Waller said that co-authoring a book has its ups and downs. "Dr. Chapman and I have differing opinions on some things. You really need to have a give and take relationship when you co-author a book," he said.

He and Chapman decided to have a primary author for each chapter, although they edit each

other's work. "I'm surprised how easy it is to take criticism from a co-author," Waller said. He also said he thinks that one of the benefits of collaborative writing is that you have already had some response. "It's not just me against the publishers, it's us against them."

The book is going to be different from the typical English textbook in that it is written with a community college audience in mind. Although Waller feels that other English textbooks might communicate well enough with the students, he doesn't feel that they have all the things a community college student needs.

"They aren't diversified enough for our purposes. They are written for traditional four year schools, where you usually find the 18-year-old freshman. Here we often have a 40-year-old freshman," Dr. Waller said.

He added that one of the main things they had to consider was that community colleges often have a great number of students who will only attend college to get an associate degree. "Often we find ourselves saying that a particular subject will be covered later in another course, in another book. In a community college, often this is the only course they will take."

Waller said that he is trying to give this book a much broader spectrum. His goal is to have a

English textbook that could be used in any English course. This book is going to include business letters, job applications, cover letters, and other job related writing. Waller thinks this is important due to the fact that many community college students go directly into the work force.

Another factor they are working on is the "tone" of the book. Waller said he feels that it is important that the student identifies with the examples. They often worry about whether they are being too juvenile or too sophisticated.

"That is one thing that Dr. Chapman did well in chapter one. The kinds of exercises and examples that you have are really important," Waller said.

For example, Waller said most universities are more youth-oriented. Chapman has incorporated examples that deal with family situations for older people to identify with. Waller has also found that most textbooks don't give enough examples. He has been asking students to contribute examples for his book to combine with professional ones.

The authors hope to have a finished product by next August. Chapman is on a computer network at Texas Tech and Waller is considering joining his computer with it. Until then, their communication is mostly through the mail.



# Mountain climbing grandma on geology mini-mester

By SANDRA M. HEWITT-PARSONS

This summer while other grandmas were busy doing needlepoint, knitting and baking cookies-one self-proclaimed "Grandma-saurus," Harriet Morrow, was out climbing mountains.

During a 12-day geology field trip she climbed Guadalupe Peak, the tallest mountain in Texas. Morrow said, "We climbed Emory Peak (third tallest in Texas), and the south rim (of Emory)...a 17-mile hike. On the way down I told them to just send a ranger after me...I felt like I couldn't take another step."

Morrow, a mental health major, was interested in the summer geology mini-mester course when she first read about it in the school catalogue. Friends encouraged this transplanted Texan from Atlanta, Georgia to "go for it," she said and "I'm proud of myself."

As Morrow moved west from Atlanta, "where everything's covered up with trees and you can't see the rocks." She became interested in geology and began to pick up rocks everywhere she stopped. Morrow was interested in why rocks were different and what caused them to be that way, "she said.

The biggest fear facing Morrow as she began her trip was-"sleeping in a tent," she said.

The salesman helped her learn how to set up a tent, "right in the middle of the (store's) floor...it took us 45-minutes...when I got it home it just took me a few minutes to set it up."

"I had my own A-frame tent...and slept by myself...being so close to people all day. I knew I needed time alone time for me, if I was going to make it."

Although one fellow-student was a bit disappointed not to see any snakes-Morrow said she didn't share his disappointment. She enjoyed seeing the wild life-birds, opossums, javelinas (wild hogs) and especially the deer. "At Big Bend (National Park) the deer came right up to us and we were able to feed them by hand," said Morrow.

At Enchanted Rock State Park, she explored a cave-something Morrow admitted she would never have done a year ago. Later in the summer during a family vacation she explored some ice caves in Arizona, which her husband defined exploring.

Morrow said, "Travel...on foot is the best way to see what this country looks like-you can't see it from your car window as you drive by-you miss too much."

Mountain climbing was not the only test she faced during the geology trip, camping and canoeing were also involved in this mini-mester course. "Taking a test in the rain with water dripping on your paper, while you are trying to write, with your head and test covered by your poncho," was a new school experience for Morrow.

Sleeping on rocks in Big Bend after hiking all day, being in sand dunes at Monahans State Park and canoeing, "I wasn't too good at...my partner had us following every little curve...in-out-and-under...I got a great case of poison ivy," said Morrow.

She said of the experience, "I'm more confident now...and learned that when I pushed myself, I found I could do more than I thought I could. I'd love to do it again...but at a much slower pace next time."

Morrow said her youngest-son, Kenny, who is 20 was "proud of me...but he still gave me that look like mom's a little middle-age crazy."

"The people were great...we became like a big happy family by the end of the trip...and Mary Helen and Bernie (Battles) were great and had such a positive effect on all they came in contact with...I would encourage others to go on this geology-mini-mester," said Morrow.

# Success Story 1981 graduate leader in Alzheimer care

by JOHN DAVIDSON

What had so often been a picture of confusion and frustration before, he has helped change to one of security.

Stephen Adams sits in his office at the Twin Oaks Retirement Center, on his face a pleasant smile surrounded by a thick red beard. He immediately puts anyone who meets him at ease.

Adams, administrator of Twin Oaks and originator of an innovative program for Alzheimer patient care, attended MCC in 1981. He received an A.A.S. degree in Nursing Home Administration and Long Term Health Care, graduating with honors.

"I got my Associate Arts degree from Delmar College in 1975, and then in 1978 I received my B.A. in psychology from Corpus Christi State University," Adams said. "So there was a period of about three years there that I was out of school."

Adams, who became interested in long term health care partly from being a volunteer in a nursing home, said he felt the only way to make the changes he wanted to see in this industry was to go back to school.

In 1981 he was made program supervisor of the Robinson Nursing and Development Center where he was involved in educational program development.

"I received my license in December of 1981, and the same day I was offered the position at Robinson," Adams said. "One day later I started work as administrator there."

Adams moved to an administrative position at Twin Oaks in February 1984, where he recommended that a 28-bed Alzheimer's Special Care Unit be established.

"We started the unit in July of 1987, and so far we are the only one



## Twin Oaks Retirement

photo by Wade Carpenter  
TAKING A BREAK from his busy schedule as administrator of Twin Oaks Retirement Center, Steven Adams discusses his innovative Alzheimer care unit.

of this kind in Waco," Adams said. "There have been about four similar programs to surface outside this area, and it really is great to be the leader in something like this."

Adams said the unit provides a private, secure environment for its Alzheimer patients, who suffer from memory loss. It implements security doors and fencing to prevent its residents from wandering off.

"It may sound like these people have less freedom in this type of system," Adams said. "But in essence, they really have the same freedom they would otherwise. This unit reduces the need for chemical and physical restraint, which is often the only way they can be controlled."

Adams said that out of two original care units started by the parent company has come nearly 30 like them.

Future plans for Adams include looking at the aspects of specialization in long term health care.

"We definitely need to concentrate on this area more. One positive trend is nurse's aide training," Adams said. "These persons are

now being encouraged to become proficient in specialized areas."

Striving to find different ways to improve the long-term health care industry also continues to be a preoccupation of Adams.

"One thing that is becoming increasingly important in this field is improving the quality of life for those persons who are leaving the nursing home for their own homes."

Last year Adams returned to MCC to serve as a part-time instructor of Long Term Health Care/Nursing Home Administration courses, trying to encourage others to become involved in such a career.

"I do everything I can to help push persons who will serve us well to pursue this direction. Right now we have some students here working on internships."

Looking further into the future, Adams said he has found a permanent spot in long term care.

"I am in the line of work I really do enjoy," Adams said. "After all, I've already given 10 years of my life to it, so why should I change?"

# Bone captures second place

By PAUL CROSBY

Sweet.

When most people think of this, they envision professional wrestlers, construction workers, or little old men with beer guts mowing their lawns, but even though these three groups work hard, they don't experience the same perspiration as the dedicated debater.

Mental sweat.

For sophomore debater James Bone, this became a way of life when he attended a national debate workshop and contest at Arizona State University during the summer for two and a half weeks.

"The workshop and contest made me 100 percent better as a debater," Bone said. "I'm even planning on going back next year."

Bone said the schedule he maintained was rigorous. Every day he attended eight hours of lectures, debated four hours and then did research assignments.

"While I was there, I usually only got about four or five hours of sleep a night. There was so much to do," Bone said. "The lectures and the debate time are quite a load by themselves. Add the time needed to perform the research, and the day is filled. I usually went to bed about four in the morning."

According to Bone, he went to Arizona State University's workshop and contest to better his skills as a debater and to gain exposure in the debating field.

"Some of the top debating schools in the country were at Arizona State while I was there," he said. "This gave me a great chance to be recognized by good coaches and other excellent debaters."

Bone and his debating partner tied for second at the contest in their division.

"We were in the 'experienced' division and fought hard for our place," Bone remarked.

Bone plans to transfer to the University of North Texas and then go into law school.

"The program here at MCC is really good," he said. "I think it is one of the best offered in the country at a two-year college. It has definitely prepared me for the next step when I leave here."

Bone also said he respects the debate coach and other members of the debating team.

"The new debate coach, Linda Duhin, is doing a great job, and I also enjoyed working with Cindy Sottelle, the former debate coach," Bone said. "The other members of the team are a crazy bunch, but

they are also very dedicated and push me to be dedicated as I watch how much they care about what they're doing."

According to speech teacher and forensics coach Ann Harrell, Bone went to a workshop and contest that has an excellent reputation.

"By attending the workshop and contest in Arizona, James has given himself a much better chance when he competes," Harrell said. "This has given him a chance to meet other people affiliated with the field and in some cases could affect the way judges view him in the future while he's competing."

Harrell also said it is rare for an MCC student to attend a workshop or contest as Bone did.

"MCC does not provide financial support for students to attend workshops and contests such as this. We just find out about them and relay the information to students who might be interested," Harrell said.

According to Bone, he felt both nervous and excited when he attended the workshop and contest, but it instilled a valuable work ethic in him.

"I feel much more talented and skilled," he said.