



THE

HIGHLAND HERALD

McLennan
Community
College

Vol. 16, No. 9

'Those who accept the challenge reap the rewards.'

February 16, 1982



Benefit car wash nets \$250

PRESS CLUB members worked in 30-degree temperatures Feb. 13 for the Phillip Gilligan Benefit Car Wash at the Cablevision parking lot. MCC student Phillip Gilligan was burned when he tried to save the life of 77-year-old Eula May Milliman in a house fire Jan. 26. He was between insurance policies. Donations to help defray Gilligan's medical expenses may still be given via Westview and Lake Air National Banks. Shown at the work-a-thon are (l to r) Debbie Cowner, Duane Laverty (rear), Harold Manning, Amy Neal and Lisa Berkman. Gilligan is out of Hillcrest Hospital and is recuperating at home. (Photo by Consuelo Arriola)

All's going well at home for the healing Phillip Gilligan

by Lisa Berkman and Amy Neal

On Jan. 26, Phillip Gilligan proved to all that heroes are alive and well and living in Waco, Texas.

Gilligan risked his own life attempting to save the life of an elderly woman from her burning home. While doing this, Gilligan received second and third degree burns on his face, back, hands, and arms.

Gilligan was released from Hillcrest Hospital and is now at home. Gilligan said, "I feel good and everything is going pretty good. I should be healed in a couple of weeks, but my skin will still be tender."

"Right now, I'm under physical therapy which includes whirlpool, and cleaning and redressing my wounds," said Gilligan.

"Yesterday and today, I went out for a drive and visited with friends. I watch a lot of TV

during the day, but I try to avoid the soap operas," said Gilligan.

"I feel like I'm ready to go back to work (at Levi-Strauss). I plan to return to MCC next semester," said Gilligan.

Many of the community have

joined together to give support to Gilligan. The MCC Board of Trustees recognized Gilligan for his heroic act. "The community has been good to me and I really appreciate everyone who has helped me," said Gilligan.



Burn Victim, Phillip Gilligan.

Whatever happened to Texas Country USA?

by Judi Sieja

Editor's Note: This is a portion of a report on the progress of Texas Country U.S.A., a theme park planned for Waco. This is the first in a two-part series.

"What ever happened to Texas Country U.S.A.?"

If you've found yourself asking this question lately, you've become a member of the vast majority of Wacoans wondering just what went wrong in the plans for the local Shangri-la.

The proposed park, scheduled to be located near MCC between Lake Shore and Lake Brazos Drives, tantalized Waco citizens with its promise of revenue, employment and just plain fun.

In the first part of this two-part series, we will explore what the park was meant to be. The second part of the series will deal with the changes that have occurred in the original plan.

In March of 1981, Texas Country U.S.A. representatives held their first official news conference to introduce the idea to the city of Waco. Most of the information for this story came from the official press release issued at that time.

The park was to involve 183 acres of lush, river-front property, and was scheduled to open May 1, 1983.

The most consistent purpose of the park was to offer a combination of Texas history and country-western music in a "Six Flags" style.

Six major theme areas were planned, each catering to a different aspect of Texas and its histories, including Hometown USA, with a corner drug store atmosphere, and Metropolis, to feature exhibits, rides and shows capturing the imagination with the world of the future.

Besides the theme areas, the proposed park was to serve as a major concert, recording, and television center of the Deep South for all types of music-oriented entertainment.

The Texas County Opera House, with a seating capacity of 8,000, was planned to be the finest example of architectural and acoustical design in the nation. This main auditorium would offer major recording and

Cutbacks possible?

by Bill James

In the face of possible cutbacks in government grants and guaranteed student loans, "Keep on applying," urged MCC Director of Financial Aid, Steve Crump.

Crump said that, so far, there have been only media and inter-collegiate reports on proposed cuts in federal aid to students. "There has been no official word," he said.

"We have guidelines to administer the (financial aid) program through June 30," said Crump. "We don't have final regulations to administer the program in the 1982-1983 fiscal year beginning July 1."

"It may be three months before official dollar amounts and guidelines are furnished by the government," added Crump.

Citing proposed cutbacks, Crump referred to the Jan. 22 issue of the Higher Education and National Affairs news magazine published by the American Council on Education.

The magazine states that "according to various higher education sources," some federal officials are proposing a 46 percent reduction from current levels in student aid programs.

Also, Crump noted that Social Security benefits will be eliminated May 1 for all otherwise eligible students not enrolled in a college or qualified training program by that date. Students now receiving Social Security benefits will continue

to receive them until they reach age 22, or until April, 1985, he said.

Students eligible for Social Security education benefits are those with one or both parents deceased, totally disabled or retired, said Crump. The law curtailing the benefits was passed by Congress last August, he said.

"Right now, we're just taking a 'wait-and-see' attitude," said Crump. "Really, the big cuts aren't expected until the 1983-1984 fiscal year from what I've been reading."

Crump said the anticipated lesser cuts this year are one reason for students expecting to attend MCC in the fall to apply now for financial aid.

He said the students, to be eligible for aid, must meet a needs test in the form of questions on the aid application. The questions ask data about family income, student status, and other income including veterans' and social security benefits.

Since last July, nearly \$840,000 has been disbursed to 1,370 MCC students, said Crump. About \$632,000, or 75 percent of the money granted, was provided by the federal government through these programs, he said. Two are the Basic Education Opportunity Grant (BEOG), \$504,000, and the College Work Study Program, \$120,000.

"The third program, the Supplemental Education Oppor-

tunity Grant (SEOG), provides \$8,600 to 24 students," said Crump.

Also, two Texas-funded programs provide 111 MCC students with about \$33,000 in loans and grants, said Crump. And there are institutional scholarships available, he said. Money for these scholarships is provided by MCC, private donations and by the federal government.

Crump said that 385 students received institutional scholarships from 12 MCC academic departments. And \$32,500 was awarded to 125 students through private donor scholarships, he said.

Crump emphasized that most budget proposals call for a reduction in funding, not program elimination. "Funds will exist, but the money may be harder to get and to keep," he said.

"Because of the federal financial belt-tightening, financial aid recipients must now maintain a 2.0 cumulative grade point average to continue aid eligibility," said Crump.

He said that whatever cuts may be effective in July, students needing aid should apply now "because there's going to be some money for somebody. We just don't know how much or for how many."

Crump said that applications are available in the Financial Aid offices on the third floor of the MCC Student Center, weekdays from 8 a.m. to 5 p.m.

Student Government

New representatives take office

by Gilda Ramos

"I feel honored to be a representative of the student body," said Karla Kaska after hearing the Student Government election results. "I will help make the school organize different things to make it a better place to be," added Kaska.

"I don't know too much about what's needed, but I plan to be cooperative and do my part,"

said Debbie Sherman, also elected representative.

Debbie Prause, also elected SG representative, said, "In high school we didn't have a Student Government or Student Council. I went to Valley Mills and it's pretty small.

"I'll contribute what I think and what I've heard other people say," said Prause. "The people I know didn't really know anyone

in Student Government that they could give complaints and suggestions to until I got elected," said Prause.

Others elected include Robert Lane, representative and Tim Uptmore, vice president.

Kaska, Prause and Sherman were sworn in as official members Feb. 8. Uptmore and Lane, who missed the first meeting, were sworn in Feb. 15.



escape weekend.

As a strategic spot, Texas Country executives specifically chose Waco as their planned site for the Southern Xanadu because it is within a 300-mile radius of 84 percent of Texas' population. Or more plainly stated, over 20 million people

live within 400 miles of Waco and Texas Country.

As you see, the creators had quite a paradise slated for Waco. And the question still arises: "What did happen to Texas Country U.S.A.?" The second part of this series will explore that question.

INSIDE

TODAY

MYGDAL
RESIGNS.
SEE PAGE 4.

HAZEL MARTIN
PARTICIPATES
IN JUMP ROPE
FOR HEART ON
FEB. 12. NO STORY
BUT SUPER
TURNOUT!



KATEY JONES
ELECTED
SWEETHEART
SEE PAGE 4.



NEWS BRIEFS

Students to display art work

All MCC students will have a chance to have their work displayed in the annual student art exhibition. The exhibition will run from March 1-26 in the Fine Arts Building.

The competition will be juried by Gordon McConnell, Curator of Art, The Art Center, Waco. McConnell has a B.A. degree in studio art as well as a M.A. degree in art history. His experience as an art critic includes writing for the COLORADO DAILY, ARTWEEK, CRISS CROSS, and ARTSPACE.

Each student may submit five entries not previously exhibited in MCC competition. Entries should be delivered to Rooms 114 or 111 in the Fine Arts Building between 9:25 a.m. and 1 p.m. on Monday, Feb. 22.

Interested students should contact the Art Department for entry blanks and further information.

Spanish students visit Mexico

About a dozen Spanish students will be spending their Spring vacation in the inner territories of Mexico.

"This trip is part of a student exchange program," said Ada Ledbetter, Spanish instructor at MCC. "We plan to leave Saturday, March 6, and spend four days and nights in Guadalajara. Our students will be staying with students attending the universities and colleges there and later in the year they will come to Waco and observe the American way of life.

"This is a rare event for the students to visualize and experience the culture of the language that they are practicing," Ledbetter said.

In Mexico, the group plans to visit lakes Chapala and Tlaquepaque, attend the Ballet Folkloric, visit the Cathedral, the Market, and other places of interest.

Foreign Language month slated

The Governor of Texas, William P. Clements Jr., has proclaimed the month of February as "Texas Language Month." "Second Languages: Keys to Understanding Others," is the theme for this month appointed by the Texas Foreign Language Association. TFLA promotes the study of foreign languages in Texas from kindergarten through the university level.

MCC, which teaches Spanish in their educational program and conversational Spanish, and French and German in their continuing education program, has chosen Wednesday, Feb. 22 as Foreign Language Day.

Ada Ledbetter, Spanish instructor, and Jeannette H. McGinness, an instructor for the non-native English speaker English course are asking foreign students or any students, to wear the costume of their native land to celebrate this special day.

Drill team holds clinic

More than 300 area high school students are expected to attend an annual drill team clinic and contest sponsored by McLennan Community College Friday and Saturday, Feb. 12 and 13 on the MCC campus.

The clinic/contest will be hosted by the MCC Dance Company, a precision dance group directed by Sandra Hinton.

Registration for the clinic will begin at 8 a.m. Friday in The Highlands. Work sessions will be held from 9 a.m. to 5 p.m. Friday, and a contest will begin at 9 a.m. Saturday. Judges will rate each participating school on its drill routine, and trophies will be presented to the first and second place teams.

Persons wanting more information should contact Hinton at 756-6551, Ext. 251 or 257.

A real stinger of a class

Charles Darwin described these flying insects as having "a dose of reason."

McLennan Community College's Continuing Education division this month will offer interested persons a dose of knowledge about bees and beekeeping.

The new non-credit course will emphasize management techniques in planning and cultivating a beehive. Topics to be covered include spring build-up, swarming and swarm control, the honey flow, preparation for winter, beekeeping equipment, honey and wax processing, pest control, and disease. Field trips may also be included.

The course will be taught from 6:30 to 8:30 p.m. each Tuesday for nine weeks beginning Feb. 23. The cost is \$15, plus a textbook.

For more information, call the MCC Continuing Education Office at 756-6551, Ext. 217.

Interior Design class to be offered

An Introduction to Interior Design will be offered through the McLennan Community College Continuing Education division beginning Tuesday, Feb. 16 on the MCC campus.

The course will be directed at the "novice designer" who is interested in do-it-yourself improvements of private residences.

Persons enrolled will learn principles and elements of design with special emphasis on color, furniture styles, master planning, and space planning.

The course will run 12 consecutive weeks from 7 to 9 p.m. each Tuesday. The cost is \$17.

For more information, call 756-6551, Ext. 217.

News Brief of the Week

"IRS GENEROSITY: Although the IRS is limiting its taxpayer assistance program because of budget cuts, an IRS spokesman says some groups will receive help. For example, the IRS will prepare returns for the physically and mentally handicapped, illiterates and members of Congress."

From the Wall Street Journal

Board of Trustees discuss many topics

by Harold Manning
Many students don't realize that much of what happens around campus couldn't take place without a particular group of men and women who are rarely seen in the everyday routine of MCC.

That organization is the Board of Trustees of McLennan Community College. The people are Ray Perry, chairman; Norma Y. Podet, vice chairman; Danny S. Uptmore, secretary; Dr. J. J. Mayes; Nick Claras; Mrs. Cullen Smith; and Michael E. Boyle.

Last Tuesday, Feb. 9, the Board of Trustees called their monthly Board meeting for February. The Board of Trustees meets on the second Tuesday of each month.

One of the highlights of the February meeting was an announcement by Dr. J. J. Mayes that he would not seek reelection to the board when his current six year term expires. Dr. Mayes has served on the Board of Trustees for the past sixteen years, longer than any other board member in the history of MCC.

Dr. Mayes will continue the last of his current six-year term until another Board member is elected April 3. Persons interested in filling for Mayes' seat, may do so within 30 days of April 3.

Other topics of the Board meeting last Tuesday included the resignation of Dr. Bill Mygdal. Mygdal is currently the Director of Counseling Services at MCC. After leaving MCC, he will join the staff of the McLennan County Medical Research Foundation.

The board members expressed their pride and gratitude for Gilligan's heroic and exemplary behavior.

Also discussed at the meeting was the combining of duties and responsibilities of MCC's financial Vice President and the Director of Administrative Services. The newly-created position will be the office of Vice President for Business Services. The Board of Trustees named Gary Luft to this position.

Paul Gartner resigned as Financial Vice President and his duties will be resumed by Luft.

Dr. Ball, MCC President, said, "Of course one man can't handle both of these jobs. Some duties will have to be delegated out. We intend to let Gary get into the position, then analyze possible solutions for delegating responsibilities."

After most of the general topics for discussion were covered, board members toured the Data Processing Computer

Room and were given a demonstration of the department's TRS-80 computer system.

The February Board of Trustees meeting was adjourned with a commendation extended to Phillip Gilligan. Gilligan, a sophomore at MCC, received serious burns while trying to rescue an elderly woman from her burning house. The board expressed their pride and gratitude for Gilligan's "heroic and exemplary behavior."



Gary Luft takes over as Vice President of Business Services

Hill fighting and winning uphill battle

by Melissa Fulp
Achieving Eleanor must use her feet as her prime mechanism of motor abilities.

However, despite her setbacks, Eleanor Hill is about to complete her accounting degree at MCC.

She said a person has two choices as to what he can do with his life. "A person can sit and do nothing or do something constructive with people," Hill explained. She says she decided a long time ago to set out and at least try to do something.

Outside of school, Hill enjoys many types of needlework. She also has recently begun to sketch as a hobby. Hill said, "You can do a lot of things if you try."

She considers herself an average student though she has an above-average GPA. She says she just "works at studying" and "has had more experience as a student" than most students. Hill also says she reads a lot.

Hill describes her educational background as good. From the

first through the third grade, she attended public school. Then her family moved often and her education came via private tutor. "The competition in the classroom is good. Any child with a good start can survive in school," Hill added.

As hard-working as Hill is, she says she could not make it in school if it were not for the support she receives from her family and friends. Eleanor said "All my family is proud of me, especially my husband." She said that once, when she was

discouraged, her husband told her, "You can't quit now!"

"I never could have done it alone, without help from Special Services and my teachers," Hill said Sheryle Beatty, the program facilitator for Individualized Special Services for Disabled or Handicapped Students (ISSDHS), had especially helped her.

Hill also said her teachers had been very helpful by giving her their time when she needed it.

Students assisted through Financial Aids program loans and grants

by Mark Denton
Worried about how you are going to raise money for school next semester? A loan or grant would help a lot.

These are very possible solutions that can be found in the Financial Aids offices on the third floor of the Tutorial Center.

Financial Aid's primary function is to serve the diverse needs of eligible students in the surrounding area by providing them with financial assistance to enroll and to remain in school.

Students may be assisted through scholarships, grants, loans, and employment, under the college work study or non-work study program.

Financial aid is headed by Steven Crump, Director of Financial Aid. James Kubacak is the financial aid assistant. A

full-time secretary and two students, one of whom is in the CETA program, are there to help you with your financial problems.

There are four basic programs in financial aid. They are: grants, scholarships, loans, employment, and a student can get a federal grant of up to \$782 for two semesters.

Applications are available. A loan can be acquired in the same manner, by simply applying. Scholarships are given in music, speech, drama, journalism, etc. They are awarded by the Director of each separate program. There are two types of employment programs. They are the College Work Study and the Non-Work Study programs.

If you are interested in any of these programs, contact Financial Aid.



Steve Crump, head of Financial Aids program, relaxes in his office.

Says coordinator Iva Lee...

"Data Processing field opening up"

by Kirk Peilly
"We cater our program to the needs of this community, whereas Baylor and TSTI gear their programs for the whole state," said Iva Lee, coordinator of data processing at MCC. Although cramped for space, the data processing department involves some 580 students, and 199 of these are majoring in the course. Such large classes are caused by tremendous demand for trained data entry, programming, and computer operators. Graduation to large salaries is another factor in the increasing number of people enrolling in

data processing, said Lee.

Data processing is one of the most open fields for after-graduation job placement. MCC's 1981 data processing class had no problem finding jobs. All but two members of the class found jobs in Waco, and the others found jobs outside the city, said Lee.

The 1982 Source Salary Survey shows that salaries range from \$18,000.00 to \$59,000.00 depending on position and experience. Salaries are also affected by the amount of schooling a person has. Students may choose to follow a one-

year course of study leading to a Data Processing Certificate, or pursue a two-year course leading to an Associate Degree in Applied Science. Of course, the more schooling, the more greater the financial possibilities.

MCC's Data Processing Department offers Data Entry, Data Processing, Data Entry Internship, Introduction to Computers, Business Systems Analysis and Design, Automated Accounting Systems, Compute. Operations Internship, Compute. Programming Internship, Data

Processing Operations, RPG II Programming, Advanced RPG II Programming, Assembly Language Programming, Fortran Programming, Cobol Programming, PL/I Programming, Advanced Cobol Programming, and Advanced Assembly Language Programming.

There are also classes offered in the evening so that those working can also take courses.

Data processing courses are also offered to high school students as an early admission program.

Work-Study helps many through college

Eligible students receive income through work-study



Martha Whelan, Director of Placement

by Melissa Fulp

Ever noticed familiar-looking students working around campus?

More likely than not, the students you saw were work/study students.

"Work/studies," as they are referred to on campus, may work in the library, weight room, cafeteria, bookstore, and in many other places. They work up to 15 hours a week at \$3.35 an hour and work around their class schedules.

A BEOG or Pell Grant application is the first step to becoming a work/study worker. From the application, the Department of Education assigns a student an eligibility number. This number is then interpreted

'It's easier for me working at school than working outside of school.'

by MCC's financial aides office and determines whether or not a student is eligible for work/study.

Martha Whelan, Director of Placement said, "There are always more students eligible for work/study than there are jobs available." She stressed

that students eligible for work/study should come by her office as soon as they find out they are eligible.

Eileen Lukich, Director of Central Duplicating described the work/studies she has worked with as "fantastic, very conscientious, and loyal." She said her secret for good working relations with work/study students is developing an understanding with students before they begin to work.

Robin Looney, work/study employee for Iva Lee, said the program, "helps students who can't afford otherwise to go to college. It's easier for me working at school than working outside of school," added Looney.

Membership fees \$15-\$2000

Art Center seeks members

by Duane Laverty

The Art Center kicked off its 1982 Membership Drive in an official meeting with drive leaders on Thursday, Feb. 4, at the Center.

Volunteers met with drive leaders and received instructions on membership solicitation.

"Membership fees make up 40 percent of the Art Center's operating fund each year and go to help finance exhibits and exhibitions that come to the Art

Center," said Peeler Williams, Jr., Chairman of this year's Drive.

Twelve to 14 temporary exhibitions are presented by the Art Center each year. Classes, workshops, lectures, and gallery talks are also provided by the Center.

"There are all branches of memberships in the Art Center. They range from \$15 to \$2,000," Williams added. Members receive a newsletter containing information on regular activities,

invitations to exhibition openings, discounts on gift shop purchases, classes, and art tours to other cities.

"This year we hope to raise \$40,000, which is a large increase from last year," said Williams.

Vice-Chairpeople of this year's Drive are Mrs. A. Slocum Cole and Mrs. Arnold Miller. For more information, contact Gordon McConnell, Public Information Coordinator at 752-4371 or go by the Art Center.



Twenty-eight eligible for State Board Exam

Teresa Dawkins and twenty-seven other MCC Vocational Nursing students received certificates of completion February 12 at 7:30 p.m. in the Student Center.

Upon completion of the one-year program, graduates are eligible to apply to take the State Board Examination for licensure as Licensed Vocational Nurses (LVN)

(Photo by Steve Elsik)



Dr. Dale Hughes, MCC Religion instructor

True aficionado

Dr. Hughes interested in bullfighting

by Keith Jones

Ole, Toro, Matador. These all seem to be everyday terms in the life of Dr. Dale Hughes, MCC religion teacher. Hughes is an aficionado. "This is one who loves the bullfights," said Hughes.

Hughes' office is encompassed in bullfighting memorabilia.

"A standard bullfight is kind of a drama in three acts," said

Hughes, as he continued to explain the technicalities of his unique hobby.

"At the very beginning is what one might call the preface. This is where the matador comes marching out across the arena. Then comes the first act, called the act of the picing. A Picador will ride out on a horse with a very long pole called a pic. The picadore will position the bull away from the horse."

Hughes explained, "This has two functions. One is to tire the big muscle in his neck so the bull can't freely wave his head.

"Secondly, the bull must accept two pics. The bull has to charge. If he does not, the bull is then considered a cowardly bull and therefore is not a notable animal.

"The matador can request the bull to be passed and he can receive a new bull," said Hughes.

"The second act is the act of the banderilleros. This also has two main functions. One is to let the matador show off by

showing his bravery. Next, bulls are right- or left-horned. And when you go to 'kill him, you really need his head straight, so that he goes straight and keeps his head down and low. This is called being on rails," said Hughes.

"The third act is called the fienna, sometimes called the act of death. This is when the matador actually kills the animal," said Hughes.

"Depending upon how good the matador is, he will receive a number of trophies, the first of which is an ear from the bull he has just killed, followed by the other ear. If he has done an exceptional job, he will receive a hoof," said Hughes.

Hughes has received a bull's ear from one of his students. He said he came into class one day and there it was wrapped up in a white handkerchief sitting on his desk. He said he does not know who gave it to him or why it was given to him.

Hughes has never fought a bull but says, "I certainly would if I had the chance."

Commitment necessary for realistic goals

by Celia Childs

Communication, Concern, Commitment, Confidence...the four "c's"...Carol Thompson's formula for success in managing a home and a career.

She ought to know. She is area superintendent for the Dana Corporation Return Center.

The Dana Corporation is a distributor of machine parts. Thompson was guest lecturer

Been ripped off?

by Joanne Adkison

So you've been ripped off. You have bought a product that does not work and the manufacturer is denying you a refund.

Perhaps you should see the Better Business Bureau.

Although the BBB does not enforce fair business practices, it investigates written complaints against firms; upon finding them at fault, the BBB tries to get the firm's voluntary compliance.

If someone has "...done business with an ignorant fly by

night or a crook in the first place, our chances of helping them are not very good," said Rosemary Taylor, Waco BBB manager.

Thompson believes the two most important tools for success are a positive attitude and being able to communicate. "Even though it's important to set goals and strive for them, you must be flexible. Be willing to discuss problems and compromise," she said.

"Also, be concerned about your family, job and co-workers. It's important to let a crisis from

one area affect another area. For example, don't let a problem from home affect your work. How you come across to other people is half of what you accomplish," she said.

Thompson stressed commitment. "It's necessary to make realistic goals for home and work. Take success from bottom to top. No matter what you get involved with, learn from the experience. Anticipate problems and develop alternate plans or

goals," Thompson said.

"Perhaps the most helpful "C" is confidence. You don't have to know all about everything. Just know the sources of knowledge. Know where to look to find the answers your workers or partners might have," she added.

Thompson is already enthusiastically setting goals for her retirement. She plans to open a fabric store when she leaves Dana Corporation.

Better Business Bureau improves business/consumer relations

case, then out of the hands of the BBB, could be taken to court if the unsatisfied consumer so desired.

Although the consumer's complaint about a business is not always correct, 85 percent of the complaints investigated by the BBB service receive an adjustment of some sort, states the BBB pamphlet, "Functions of an Organization."

The BBB, working in alliance with the Waco Advertising Review Board, also takes complaints against what people believe to be false or unethical

advertising. If the company is found guilty after an investigation, "...that gets them an unsatisfactory business performance record...if they don't cooperate with us on advertising standards," said Taylor.

The BBB encourages people to examine a company before doing business with it. If the BBB has a file on the business, they will tell you the company's address, length of time in business, the owner, whether or not any complaints have been filed against the business and whether they were settled

satisfactorily.

Unsatisfied consumers in Waco with complaints against national or Waco business firms are encouraged to mail or take their written complaints to the BBB office on 608 New Road, Waco, Texas 76710.

On a request basis, the BBB provides pamphlets giving tips on renting an apartment, life insurance, home study schools and buying a used car. Other pamphlets include: "Facts on Selecting a Franchise," "Schemes Against Business" and "How the Better Business

Bureau Can Help You Improve Your Relations With Consumers."

The BBB also makes numerous talks at schools and civic clubs on a request basis.

The BBB does not offer legal advice, interfere in business' policy matters, handle complaints on prices, endorse business firms nor serve as a collection agency.

"Some people don't understand the purpose of the BBB in that they expect it to serve as an enforcement agency," said Taylor.

ENTERTAINMENT

Cast named for 'grease'

by Ricky Kemp

Ducktails, bobby socks, penny loafers, and sock hops are back in style for the MCC Drama Department as they prepare for their upcoming production of "Grease." The production will be performed in the Highlands on March 31 and April 1-3.

"The '50s rock 'n' roll musical deals with the senior class of Rydell High and the problems they encounter growing up," said Danny Grace, who will be in charge of set design.

James Henderson, the production director, stated that, "The show will have a lot of good acting, dancing, and singing."

Flo Wendorf, a dance instructor at MCC, will choreograph the production. Donny Balmos will be in charge of music direction.

The cast, under the direction of Henderson and company, includes: Debbie Ayers, Kim Branch, Paul Brown, Melinda Buckner, Bryan Cantrell, Julie Carlile, Anita Carrizales, Lisa Carrizales, Shelia Davis, Dean DeLongchamps.

Also, Lisa Fitzpatrick, Tim Fitzpatrick, Laura Fulcher, Tracy Fulmer, Rodney Gateley, Emilie Gifford, Dennis Gilmore, Stanley Gutierrez, Richie Haskett, Janis Henager, Jeff Humphey, Steve Johnson, Daleford Langston, John Lindly, Jef Marklum, and Carlton Meier.

Other members are Steve Morris, Becky Murphy, Jan Bates-Obenosky, Al Pearce, Ronnie Perry, Travis Poe, Elissa Portugal, John Post, Shelly Smith, Laura Stanton, and Diane Waits.



WACO, TEXAS--Katey Jones, a sophomore public relations major at McLennan Community College, has been elected the College's 1982 Homecoming Sweetheart. She received her crown during halftime of the Feb. 11 basketball game between MCC and Grayson. A 1980 graduate of Clifton High School, Miss Jones is secretary of the MCC Student Government. Following her graduation from MCC, she plans to enroll at Baylor University.

Other entrants were Gilda Gonzales, Elane Horne, Karla Kaska, Debbie Herbert, Kendall Pearce, Ruby Lambert, Amy Neal, Lutecia Woods, Gloria Zamarripa, Lillian Kolar, Trina Walker, Jill Wilson, and Vickie Hefelfinger. (Photo by Steve Elsik)

★★★★★★★★★★★★★★★★★★★★
 'HAPPY HOUR' REVIEW
BAR-HOPPING
ON A BUDGET

by Janet L. Rogers

Bar hopping on a budget? This is how to have a Thursday evening extravaganza for \$5 or less.

To begin this venture, "meet me at Kelly's" for happy hour at 2 p.m. All you need is \$1 for a beer, and an empty tummy to fill with Mexican delights like tacos, burritos, and nachos with chili-cheese dip.

After the Mexican fiesta, drive over to grand ole O'Phelan's. No free food, but 3 for 1 drinks from 5-6 p.m. This includes highballs and beer.

Next, we travel across the beautiful Brazos on the nostalgic elegance of the Water

Works Pump Station. Crazy hour begins at 4:30 and ends at 8 p.m. A variety of hors d'oeuvres are supplied to please the palate with 2 for 1 highballs and beer.

One day it might be golden fried shrimp, or tacos with fresh guacamole, or maybe spicy chicken legs or the All-American hotdog.

Music starts at 8 with live entertainment, featuring local bands from jazz to rock and roll. Perhaps you might want to linger awhile before driving to the Old English atmosphere of Steak and Ale's tavern.

Fun time erupts at 10 p.m. offering 2 for 1 beer and highballs, ending at midnight.

Enrollment stays the same

Dr. LaVerne Wong, Dean of Student Services, reports that the preliminary headcount enrollment figures for classes held on-campus, Spring 1982, appear to be about the same as they were this time last year. Headcount enrollment figures for classes held off-campus are still incomplete.

As this issue of Highland Herald goes to press, regular

registration and late registration has just been completed. Late registration was extended due to the loss of three days of school during the bad weather, and figures on enrollment are not yet available.

Dr. Wong said she hopes to have more complete registration figures by the next issue of Highland Herald.

Get your money here

Basic Grant checks can be picked up February 24, 1982 in the Business Office. Applications for 1982-83 Federal

Student Aid (Replaces the Basic Grant Application Form) are now available in the Office of Financial Aids.

Admen used fear tactics to promote Music

by Gary Landon

Got the feeling going to take you to hell.
 I'm going to get you.
 Satan get you --

Hells bells, hells bells,
 Satan is calling you.
 Hells bells,
 he is ringing them now.
 Hells bells...

--from the song, "Hells Bells" on AC/DC's album, BACK IN BLACK

This song -- along with hundreds of other songs, albums and album covers -- uses either Satan, sex, drugs, fear, or death as a gimmick to influence the consumer to buy.

Some gimmickry is less obvious. It's called subliminal suggestion.

Subliminal advertising, according to the *World Book* dictionary, is a technique in which the advertiser hits the consumer with a hidden message. The message may be visual or auditory (through sound), and is placed below the viewer or listener's ability to perceive it consciously.

In other words, the advertiser uses hidden motivators that consumers are usually not aware they see or hear. Yet the subliminal motivator is said by some experts to leave a lasting impression on the subconscious.

One form of subliminal manipulation is called back masking, backtracking or metacast. Backtracking involves a process by which a

band records a song on one side of a reel-to-reel tape and then flips the tape to record a hidden message on the reverse side of the tape.

Researchers in the field of subliminal techniques say that the listener can perceive a message even when the message is spoken backwards.

Dick Sy Dow, MCC management/advertising instructor, said, "The lyrics and backward masking used in music changes people's attitudes and external behaviors. Subliminal motivators could have an effect on people's values as well."

As Electric Light Orchestra, a rock band, states in a back track on their album FACE THE MUSIC, "The music is reversible."

On the song, "Stairway to Heaven," rock band Led Zepplin uses back masking behind the lyrics, "Yes, there are two paths you can go by. But in the long run, there's still time to change the road you're on."

On the back track, Lead Singer Robert Plant, says, "There is no escaping it. Which one will be the path. Whose

power makes me sad; whose power is Satan."

William Bryan Key, author of MEDIA SEXPLOITATION, wrote, "These embeds (suggestions) would not be consciously perceived, but would subliminally -- because of their emotional impact -- reinforce the album's value and emotional significance far more powerfully than could a million dollars' worth of network television commercials."

According to Key, the Beatles originally introduced backward masking or backtracking in the 1960s. In one gimmick, the band tried to get the consumer to believe that Paul McCartney was dead, writes Key. On the Beatles' WHITE ALBUM, in a song called "Revolution Number 9," the lyrics begin, "Number 9, number 9," etc.

However, the backtrack voice says, "Turn me on, dead man; turn me on, dead man," etc.

Beatle record sales soared drastically.

As Key writes in another book, SUBLIMINAL SEDUCTION, "Backward masking or metacast is another technique which, though not

purely subliminal, does affect both conscious and unconscious perception."

In a LIFE magazine article in Oct., 1969, the late '60s and early '70s Guitarist Jimi Hendrix said, "Atmospheres are going to come through music because music is a spiritual thing of its own. You hypnotize people with music and when you get people in their weakest point, you can preach into their subconscious what you want to say."

Bands that use Satan and death as a gimmick to sell their music are giving rock music a bad name.

Editor's Note: It has not been proven conclusively that any form of subliminal suggestion can be picked up by people subconsciously, or exactly what effect the transmission of subliminal messages has on behavior. However, the idea of using subliminal motivators takes away from rock musicians' credibility. Some bands are serious about their music -- as music. A follow-up story on the outward display of Satanism will be included in the next issue of the Highland Herald.

Mygdal, Gartner resign

McLennan Community College trustees have accepted the resignations of Financial Vice President Paul E. Gartner and Dr. William Mygdal, counseling services director, both effective March 1, 1982.

Gartner, who began working at MCC as its first and only chief business officer in June, 1966, has accepted a position as business manager of Brazosport College in Lake Jackson.

"I accepted a position that I consider a challenge, when the opportunity arose. I'm very excited about it, but regret having to leave MCC. I have nothing but fond memories. It has been a wonderful experience being here for 16 years," said Gartner.

Gary Luft has been named to succeed Gartner in a newly-

created position combining the duties of financial vice president and director of administrative services. (Please see related story.)

Mygdal has accepted a position with the Family Practice Faculty Development Center located near Providence Hospital.

Mygdal said he has had "a great association at MCC, but I'm looking forward to a new challenge. We will be training not only residents at Providence, but residents from all over the U.S.," he said.

Mygdal has been at MCC since August, 1978. He received his bachelor's degree from Stanford University, master's degree from Middlebury College and doctorate from Baylor University.



Dance Company coordinator Sandy Hinton prepares her company to "get physical" (Photo by Steve Elsik)

Instructor choreographs routines, designs costumes, leads work-outs

Hinton heads Dance Company performance

by Lisa Berkman

Ruth Anne Schroeder, captain, describes Dance Company Director Sandy Hinton as "being a lot more than a teacher. She's like one of us."

Another member of the Dance Company, Karla Kaska, agrees with Schroeder's feelings about Hinton. "Mrs. Hinton tries to shape the Dance Company into a family group. She's like a best friend to us, as well as our instructor."

You may have caught a glimpse of this energetic woman as she zipped to and fro in her duties as Dance Company director.

Her responsibilities as director include organizing dance workouts, planning routines, recording music for each

routine, and taking care of all the props used in routines.

"I feel it's my job to take care of all planning and organizing. When the girls come to practice, they should be responsible only for themselves and their dancing."

"They shouldn't have to worry about keeping up with props or whether or not the music was recorded just right," explained Hinton.

Hinton also choreographs all routines. "Prop routines are usually easier to create than routines that contain jazz movements."

"It may take anywhere between three to six hours to choreograph one routine, depending on the music and whether or not the routine is for

jazz or props," she said.

Hinton designs all Dance Company uniforms, as well. Her patterns are sent to a drill team uniform company where the uniforms are tailor-made.

Dance first entered Hinton's life when she performed with the Highlighter Drill Team at University High in Waco.

After graduation, Hinton enrolled at Baylor, where counselors told her she would never get a job with majors in physical education and speech. However, Hinton was determined to succeed and maintained her major field choices.

As a Baylor student, Hinton's pace didn't ease up. She played on Baylor's golf, badminton and volleyball teams. In the evening,

she often refereed intramural games. She also participated in two Baylor drama productions.

In Baylor graduate school, Hinton was kept busy with work as director of the Baylor Modern Dance Club.

Hinton was graduated from Baylor in 1970. She went to work that year for LaVega High, where she was appointed director of the high school's drill team.

Hinton was hired to work for MCC in 1975. In addition to her duties as Dance Company director, she also teaches physical education classes.

"I've been lucky," said Hinton. She must also have been busy and fit -- just to keep up the pace.

European champ plays 'below par'

by Amy Neal

"At times, it is almost scary how good Steen golfs. You don't think someone could keep hitting as many as he does," said Bob Ammon, MCC golf coach.

Steen Tinning is a freshman MCC golfer from Holbaek, Denmark.

MCC is fortunate to receive Tinning, as he is the 1980 European Junior Champion. Tinning said, "All the different European countries select a player to send to the tour-

namment. I represented Denmark in June, 1980, when it was held in England. I won that tournament.

"I had a hard time adjusting to America at first. Everything is different: food, cities, school, and everything. But it got easier for me after three or four months. Really I had no choice but to come to America. I knew if I wanted to play on tour in America, then I would have to move here eventually. If I can't

make it here, then I'll try in Europe. My father is a professional golfer there and I have been playing ever since I can remember," Tinning said.

"I moved to Kerrville as a Rotary Exchange Student last year. I lived with three different families for about three and a half months each. I considered going to A&M, but the last week in July I accepted the full scholarship to come here," said Tinning.

Ammon said, "He is very experienced since he has competed in international competition. He knows what being under pressure is all about. He is probably the most experienced golfer MCC has ever had. He adds a lot of leadership to the team and all the other guys respect him.

"I found out about Steen through Bill Tanner, who was an All-American golfer at MCC the past two years. He gave me the idea to get in touch with Steen," said Ammon.

Tinning won the Killen tournament in the fall where he shot 72-70. He won a six-hole, sudden-death, play-off. He also won the Huntsville tournament at Elkins Lake with a 71-71, taking both the Junior and Senior divisions. Ammon said, "I witnessed Steen shoot a 29 out at Lake Oaks one day where he had seven birdies. Steen is just a tremendous competitor." highland herald-art center



1980 European Junior World Champion is Steen Tinning, freshman golfer at MCC. Tinning comes from Denmark and received a scholarship to MCC. Tinning along with the other golfers are preparing for the upcoming season. (Photo by Duane Laverty)

'Landers dominating district'

by Amy Neal

Losing a game is somewhat foreign to the awesome Highlanders. After seeing something over and over again, you expect a routine to be set and followed. This must be what the fans of the dynamic MCC basketball team have come to expect. So far, the team has lived up to the expectations with victory after victory.

After the MCC victory over Grayson Thursday night, MCC now boasts a 13-1 conference record and 21-5 in overall play.

Feb. 11, MCC defeated Grayson by a whopping 75-60 final. Greg Hunt and Carl Fitzgerald led scorers with 12 each. In a high fouling game, only Vincent Greene and Charles Jones got away foulless.

Cooke County College ventured to Waco on Feb. 8 to make an attempt to stand up to the fierce 'Landers. MCC overwhelmed them with a 65-56 victory. The second half brought on revived efforts by the 'Landers which blew Cooke away. Tough Mike Heller led MCC scorers with 18. Kevin Fitchett and William Boatwright both brought in 10.

Hill Junior College came to town Feb. 4. The 'Landers only

conference loss had come against Hill in December. The fans and teams both prepared for their sweet revenge to "Kill Hill," which they did with a demolishing 60-46 final. Boatwright and Fitzgerald each racked up 10 while Heller whipped up 9 for the night.

Feb. 1, MCC travelled to Weatherford for yet another

victory. Weatherford was soon conquered, 57-54. Fitzgerald had another good night bringing in 15 for the Highlanders. Fitchett had 13 and Greene rounded up 10.

The Highlanders played Northwood Institute here last night but the score was unavailable at press time.



Mike Heller launches two more for MCC's 60-46 victory over Hill Junior College. (Photo by Steve Elsik)

Men shoot 'best shots' during intramural basketball games

by Preston McCray

The MCC Mens' Double Elimination Intramural Basketball Tournament is on its last leg with the championship game to be played this Wednesday.

The tournament has been narrowed down to three teams, including the Shooting Stars, the Lakers and the pre-tourney favorite Chocolate Thunder.

In their bid for the shirts, (the top two teams receive shirts), the Shooting Stars followed a rocky path to yesterday's game with the Lakers. A loss in the tourney's opening game to Chocolate Thunder forced a fierce comeback. The Shooting Stars responded with wins over the Sun Devils, the Availables, Par Five and the Raiders. Observers say "Wednesday's game

should be one of the best yet."

The Lakers found themselves in the same position as the Shooting Stars but got there in a different way. The Lakers opened play with two convincing wins over the MCC 69ers and Par Five but then fell to Chocolate Thunder. In a prelude to Monday's game, Terry Lewis of the Lakers said, "We want another shot at Chocolate Thunder but we've got to win this one first."

Chocolate Thunder's battle to the top came about after wins over the Shooting Stars, the Jazz, the Lowlanders and the Lakers. Bruce Hudlin, Bobby Perkins and Tommy Nichols lead the Thunders attack.

In Friday's action, Chocolate Thunder beat the Lakers 50-41 in an all-out, run-n-gun performan-

ce. Bruce Hudlin's 15 points, including two dunks, were too much for the Steve Balderrama-led Lakers. Chocolate Thunder relaxed Monday as the Lakers dropped down to play the consolation champion Shooting Stars for the right to play in Wednesday's championship game. The scores were unavailable at press time.

On this year's intramurals in general, Ray Murray said, "Participation this year looks good. Some years all the kids will get together and decide to play and other years they won't. The competition this year is great."

by Amy Neal

Mother Nature hasn't exactly provided the MCC baseball team with ideal practice conditions. The cold and wet has forced the team to have inside practices.

"At our first scrimmage (with Baylor), it was evident we had been practicing inside for the past five days," said Baseball Coach Rick Butler. "It's something time and practice will solve. We made mental mistakes which led to physical mistakes. We realized we need more work on our defense.

"Because the Southwest Conference has changed their rules around, we are now able to scrimmage teams like Texas, TCU, and A&M," said Butler.

The first game is at Bee County College today in Beeville. "Our first four games are there. I'm not worried about playing on the road on all our beginning games because we'll be going south. Maybe we will have better weather. Also, this will allow us

'Lassies heading up, up and away'

by Preston McCray

Jan. 25 through Feb. 11 passed quickly for the MCC Highlassies. As a matter of fact, it passed as quickly as one, two, three...one victory, two losses, and three more wins.

Monday, Jan. 25, the Highlassies' padded their 5-2 conference record with a 76-57 sleeper over Southwest Christian College at the Highlands. Kay Williams hit 20 points while Jackie Jones added 13 in the victory.

The 'Lassies next two games resembled a "rocky road" (not as in ice cream) which consisted of losses to Cisco J.C. and Weatherford.

Jackie Jones' 16 points and Kay Williams' 12 were not enough this time as the 'Lassies were handed their third conference defeat at the hands of a more mobile Cisco J.C. team.

The first day of February brought with it the final game of a two game losing streak. The 'Lassies traveled to Weatherford only to return with a 66-72 loss. Jackie Jones had 16 points and Dana Locke had 13 in a game that put MCC at a 6-4 conference clip and a little further out of reach of a conference championship.

Coach Charlotte Mason said, "These last two losses could just as easily have been wins...I think all we needed was a little more concentration."

The Highlassies got over a tough Hill J.C. team by an 84-75 margin in a game that was much closer than the score indicated.

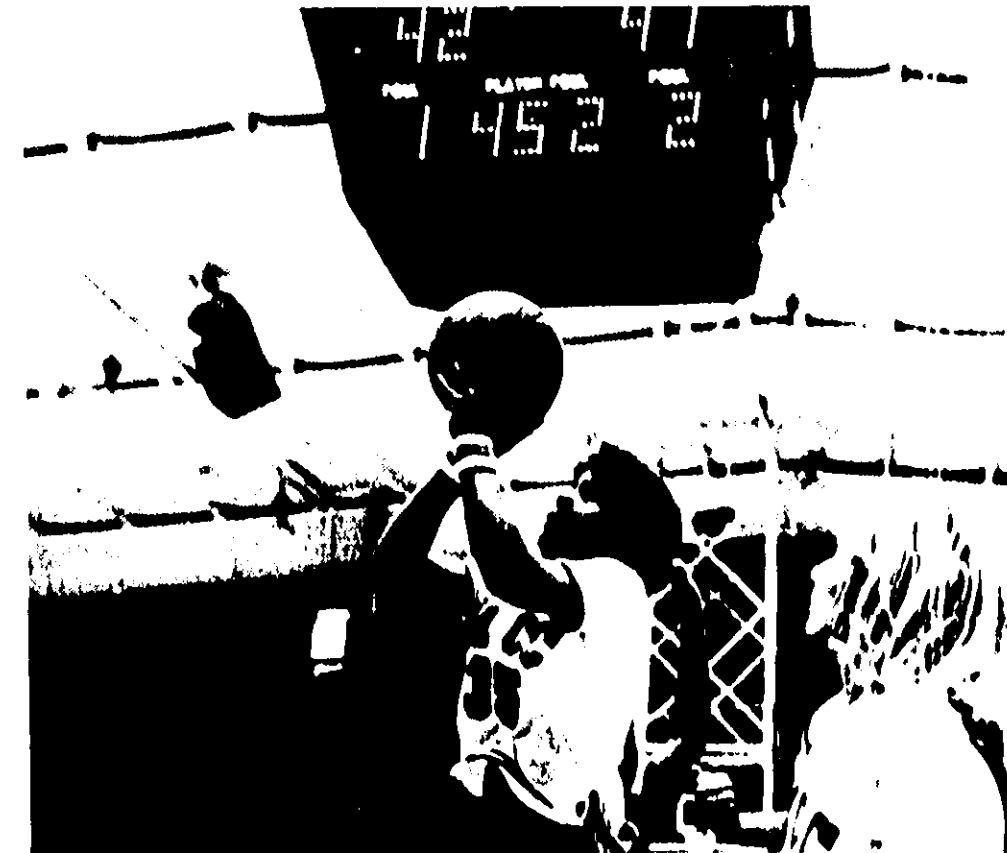
With less than a minute to go, Jackie Jones pulled down a rebound and sent the ball flying to the other end of the court. Coach Mason said, "I just knew that the ball was headed out of bounds, but Jerry Gillispie reached her little 5' 3" frame up in the air, came down with the pass, eased in a perfect reverse lay up and got fouled in the process. It was the most incredible shot I've ever seen." Needless to say, the shot iced the victory. Jackie Jones scored 30 in the win.

The Highlassies stole the show from the Highlanders last Monday night with a 75-73 vic-

tory over the previously unbeaten Cooke County. Besides holding Dee Dee Polk (the nations' third leading scorer) to 27 points, the 'Lassies had four people in double digits.

The win vaulted the 'Lassies' conference record to 8-4. Jackie Jones poured in 18 points while Debbie James, Felice Lewis and Dana Locke each had 12.

MCC finished up a three game homestand with an 84-55 win over Grayson. Kay Williams and Jackie Jones combined for 29 first half points and led their team to a 44-28 halftime lead. The win boosted the 'Lassies to 9-4 in conference play



Debbie James (No. 41) watches Jackie Jones (No. 35) go up for two in MCC's victory over Hill Junior College. (Photo by Steve Elsik)

Baseball sluggers sliding into spring season

to play at home during mid-season," said Butler.

"This season, the baseball team has 11 returning players. The key to our success will depend on how the younger ones start. We have an entirely new infield. Only two are returning outfielders. Terry Smart

played regularly last, and Richard Gough played outfield. This year he will be our third baseman," said Butler.

"The weather has been a definite factor in our practice. But all the other schools are in the same situation. We may have a slight advantage

because we have good practices both inside and outside when possible," said Butler.

The team will not play at home until the MCC tournament Feb. 25-27. Other teams in the tournament will be Bee County, Northwood, Panola, Seminole, and San Jacinto-North.

GOLF SCHEDULE

Feb. 27, 28
Mar. 1, 2
Mar. 7-9

In Beaumont
Hosted by Lamar University
At Elkins Lake

Mar. 12-14

Hosted by Sam Houston
In Nacogdoches at Fairway Farms

Mar. 23-28

Hosted by Stephen F. Austin
Dadeville, Alabama at Still Waters
Co-hosted by Auburn and Alexander City JC

Mar. 31
Apr. 1-2
Apr. 8-9

Ft. Worth at Squaw Creek
Hosted by Weatherford JC
McLennan Classico at Lake Oaks

Apr. 28-30

Hosted by MCC
Regional Championships
Odessa

June 7-11

National Junior College Championship
Scottsdale, Arizona

CLASSIFIED ADS

HELP WANTED!!!

The Special Services - Tutorial Center is now taking applications for tutors in the Vocational-Technical and Arts & Sciences areas.

Students maintaining an "A" or "B" average are urged to apply. Tutors may work between three and ten hours a week at the rate of \$3.35 per hour.

Interested students should apply in the Special Services office, 3rd floor of the Student Center between 8-5, Monday through Friday.

For sale: '88 Olds 98. Power steering, power brakes, AC, good engine and tires. Reliable transportation. 772-8576.

Anyone interested in the following job openings should contact Martha Whelan in the Job Placement Office.

1. Grocery Store Taking Applications... Shift Work - Nights & Weekends.

2. GVN or Mediation Aide - Local Nursing Home. Flexible hours. \$5.75 per hour.

3. Health Food Store Needs Clerk For Cashier Duties, Sales, And Stocking. 9:00 A.M. - 2:00 P.M. \$3.80 Per Hour.

4. Sales - Educational Materials. Flexible Hours. Commission Only.

5. Bank Teller - Full Time Position; 8-4 Mon.-Thurs. & 8-6 Friday. \$585 per month.

6. Secretary - Full time till end of July. 7:30-4:00. \$850/\$700 per month.

7. Several Positions Available - New Bank Opening Soon - See The Placement Office For Details. All Positions Full Time.

8. Someone to work with Apple Computers - 3-11 P.M. \$4.00 Per Hour.

9. Clean-Up/Maintenance - 4:00 A.M. - 8:00 A.M. \$3.35 Per Hour.

10. Cashier Grocery Store - 4:00-10:30 M-F, Sat. & every third Sunday.

11. Weekend Desk Clerk - 10:30 P.M. - 7:00 A.M. - \$3.75 Per Hour.

CONSUMER NEWS, COLUMNS, SOCIAL COMMENT

EDITORIAL

Dependents beware

If certain responsibilities aren't met, students receiving Veterans Educational Benefits may find a reduction in their monthly check.

The Veterans Affairs Office here has outlined a list of these responsibilities which include filing a degree plan after attempting 30 credit hours.

After filing a degree plan, students must take great care in following it to the letter. The VA will pay only for those credit courses that transfer toward a degree goal. Students should also remember that course substitution can be authorized only by a department head.

The VA also will not pay students for courses that have already been passed by that student. A "D" is considered a passing grade by the Veterans Office.

If a student who is receiving educational benefits drops a class, he might have to pay the VA back for benefits allocated for that course. Dropping a course could put a student in a different pay category. Since the date of adjustment goes back to registration, all benefits received for that course will have to be repaid.

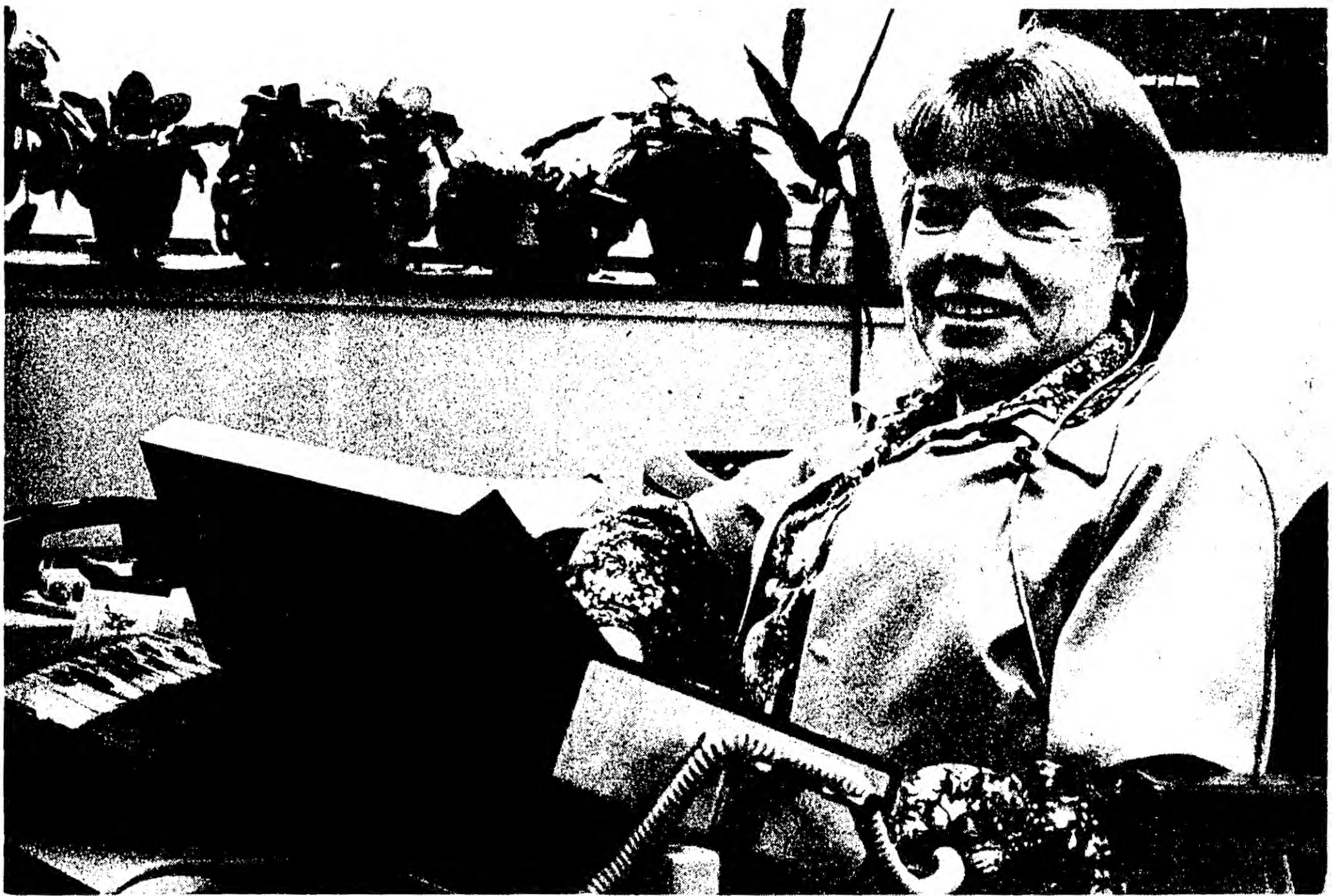
The Veterans Affairs Office at MCC has no other choice but to report any student remaining on scholastic probation over two terms without a GPA improvement. Suspension from school will also have to be reported to the VA regional office. Any report of unsatisfactory progress will result in a termination of benefits at the end of the semester in which the report was made.

Students should consult the MCC General Catalogue for an explanation of scholastic probation and suspension.

Any changes in dependents should be reported immediately to the regional office.

The MCC Veterans Affairs Office asks that any change in phone number or address be reported immediately.

Students receiving educational benefits should remember that all of the above precautions are taken to help with the student's educational goals, said MCC VA officer.



Employee of the Month

MCC's Employee of the Month for February is Kathy Megown. Megown has been the MCC Switchboard Operator for 12 years.

Rx From Carolyn Roddabough

Call it quits on smoking

Are you being bugged more and more by non-smokers these days? Does the cost of cigarettes put an added strain on your shoestring budget? Has it become a source of irritation to you that smoking is not allowed or otherwise suggested in many public places?

For some of you, these are real problems and concerns, but the primary focus for concern about smoking is the fact that there has been indisputable evidence for 18 years now that smoking is very detrimental to your health and can reduce both the quality and quantity of your life.

More than 320,000 deaths are attributed to smoking each year. That is an astounding figure, isn't it? There are two major areas of health concerns for smokers.

The first concern is cancer, the disease that we least want to face, the one that we can see affecting some else, but never ourselves. Nevertheless, that is exactly what the U.S. Surgeon General is referring to on every package of cigarettes you buy. Death rates for all cancers except cancer of the lungs is decreasing, but lung cancer deaths are rising rapidly causing the overall cancer death rate to climb. One hundred eleven thousand deaths from lung cancer are expected to occur in 1982 according to the American Cancer Society. Another alarming fact is that lung cancer will soon be more prevalent among women than breast cancer due to the number of years women smokers have continued to smoke. So.....as the ad says, "YOU'VE COME A LONG WAY BABY."

In the early stages of lung cancer it is more or less "silent,"

It should come as no surprise that the second major health problem related to smoking is cardio-vascular disease. This of course is America's number one killer. The rate of heart attacks in heavy smokers is twice that of non-smokers or ex-smokers. Smokers also have an abnormally high number of strokes.

The act of smoking one cigarette speeds up the heart rate, increases the blood pressure, therefore placing an increased workload on the heart. It is also believed that smoking increases blood cholesterol levels and adversely affects the clotting mechanism, thus increasing the possibility accounting for the primary reason it is so deadly. It simply isn't detected soon enough. Cigarette smoking is considered to be responsible for three out of four lung cancers. The risk of getting the disease if you smoke is directly in proportion to the number of cigarettes you smoke, the amount of time you have smoked, the age you started, and how deeply you inhale.

of a blood clot.

Recent research has produced evidence that female smokers on oral contraceptives have three times the risk of blood vessel disease than for non-smokers.

These distressing facts only scratch the surface of the many health problems related to smoking. The next time you see one of the cigarette advertisements with the image of the cool clean mountain stream, the seductive glamorous woman, or that good-looking healthy virile man, recall the real effects of smoking. Remember that nicotine constricts blood vessels, tars damage lung tissue and the carbon monoxide of cigarette smoke drives oxygen from red blood cells. Not too glamorous or sparkling, huh?

Now the good news...30,000,000 Americans have quit smoking. You can too! What's in it for you? Here are a few benefits you could reap:

1. You will save money.
2. You will lose that chronic

cough (the one you hardly notice, but your family worries about).

3. You food will taste better.
4. You will feel better, and miss less time off from work or school due to fewer days of illness.
5. Your lung tissue will gradually repair itself.
6. You will live longer! Studies show that an average ex-smoker who has not smoked for ten years has about the same life expectancy as one who never smoked.
7. You may influence someone else to give up their smoking habit.

There is a great deal of literature available describing methods and tips on how to stop smoking. Some of these are excellent and have worked for others. Why not check this out and choose your own method for quitting-today? You owe it to yourself. Stop by the Health Center, pick up the information, check out the facts and GO TO IT!
P.S. Hang in there!

EDITOR'S NOTEBOOK

by Amy Neal

Let's face it. The MCC men and women's basketball teams are fantastic. But they probably couldn't be quite so fantastic without loyal supporters. That is definitely not a problem at MCC. We have the Lowlanders.

If you have been to one of the thrilling MCC basketball games, then you are probably aware of exactly who and what the Lowlanders are. If you have missed these great games, you have not only missed the outstanding performances of two terrific teams, you have also missed this spirited group.

You may find yourself asking, "What exactly are the Lowlanders?" No one is exactly sure.

I just know that every game I go to, the Lowlanders are loyally supporting the Highlasses and Highlanders. These are outgoing young men and women who never say die.

The Lowlanders originated last semester. Though it started out as a small group, it has grown at an extremely rapid pace. Today it is a proud group that is not ashamed to show its spirit.

By no means are the Lowlanders a small, quiet little group who sit mildly in a corner. Exactly opposite. They are a large group who gather in a great mass and are quite boisterous. These devoted supporters openly show their enthusiasm and heartily welcome all others willing to share support.

Go to the next home basketball game. The season will soon be coming to an end and this could be your last chance. Even if you don't enjoy basketball, come watch the Lowlanders. They are a show in themselves, but a show worth seeing again.

HIGHLAND HERALD STAFF BOX

EDITORIAL BOARD

Editor..... Amy Neal
Associate Editor..... Harold Manning
Advertising Manager..... Tim Kuebler
Chief Photographer..... Consuelo Arriola
Adviser..... Cassy Jordan

PAGE EDITORS

Page 1..... Debbie Cownover
Page 2..... Melissa Fulp
Page 3..... Joanne Adkison
Page 4..... Keith Jones
Page 5..... Lisa Berkman
Page 6..... Celia Childs

REPORTERS

David Anderson, Lois Carpenter, Mark Denton, Steve Elvik, Jeanne Gauntt, Randy Jones, Roger Jones, Ricky Kemp, Marvin Clynych, Gilda Ramos, Duane Laverly, Gary Landon, Preston McCray, Kirk Petty, Janet Rogers, Mary Salazar, Judi Steja, Bill James, Sam Yarbrough.

POLICY STATEMENT

The Highland Herald is a publication of journalism classes at McLennan Community College and is published bi-monthly from September through December and January through May. No off campus advertising will be accepted. The campus newspaper is printed by the Waco Citizen. Opinions expressed are those of the writers and do not necessarily reflect the views of the administration.

LETTERS POLICY

Letters are welcomed. We reserve the right to edit all letters. Letters must be signed before they can be considered for publication. Deliver letters to the Highland Herald office on the first floor of the Student Center or to the mailbox on the second floor of the Student Center.

Move over, Erma

Plagued aunt survives on love

by Debbie Cownover

"Aunt Debbie, you tasame to bathroom pwease?" said my youngest niece.

"O.K., come on," I answered, reluctantly.

I find myself in a mother role for the first time in my life. I'm only 19 and already I've taken on the massive (sometimes hysterical) jobs of diapering, burping and potty patrol.

Having two nieces and a nephew is wonderful. I love it.

Yet, at the same time, it has its problems.

My oldest niece, Catherine, is four. She's into the "intellectual" stage. She rambles off a million words a minute. Some of them I don't even know. She's growing up too fast. When she's playing dress up in mommie's heels, she's taller than me.

My youngest niece, Victoria, at two-and-a-half (remember when you, too, counted the

halfs?) is into the "garble" stage. She also rips out a million words a minute. However, no one can understand most of them. And I thought Spanish was hard.

My nephew, Joseph, is six-and-a-half months old. He's a long way from potty training and "garbolla". Now that's my kind of kid. Unfortunately, he's still in the "Diaper Dan" stage. I can handle disposables, but those ghastly cloth diapers have got to go. I have trouble figuring out how to fold the stupid things. Once I do, I come close to suicide with the "safety" pins.

Another problem I encounter with babies is the drooling of the mouth. When I raise him over my head to play goo-goo, the kid cracks the biggest smile and here comes Niagara Falls.

I've learned one important survival tactic as an aunt. Don't let them out of your sight for one millisecond.

So how do I cope with being a "second-string mom"? It's easy. Children speak a universal language.....love.

And love puts a dent in the diapers.

