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# HIGHLAND HERALD

Vol. 29 No. 6 McLennan Community College, 1400 College Drive, Waco, Texas 76708 Nov. 22, 1994

## NEWS BRIEFS

### 1,680 register, process continues

So far, 1,680 students have gone through the process of registration, 536 of those by phone. Twenty-six classes have been filled and are now closed. They are biology classes 1408.06, 2401.01, 2402.03, 2420.01; computer classes 1170.02, 1170.01; English classes 0111.26, 1302.27, 2311.01; human development class 001R.01; and nursing classes 1133.01, 1833.01, 1833.02, 2864.F1, 2864.F2. Also, office administration class 1312.01; psychology class 2301.03; radiologic technology laboratories 1402.01, 1402.03, 1402.04; respiratory care technician laboratory 1424.01; Spanish class 1411.01; and speech classes 1318.02, 1318.04, 1318.08 and 1318.10. Telephone and express registration ends Dec. 9.

### Micro lab sets holiday closing

The "open" microcomputer lab in the Applied Science Building in Room 112 will be closing at 5 p.m. Wednesday for Thanksgiving. We will be open at 8 a.m. Monday Nov. 28.

### Percussion ensembles play Monday

A concert featuring percussion ensembles from MCC and Baylor will take place Monday at 8 p.m. in the Performing Arts Center. For more information call 750-3483.

### 'Fine cuisine' course begins Nov. 29

A three-week course on planning and preparing fine cuisine will be offered by McLennan Community College beginning Tuesday, Nov. 29. Each class will cover a different meal, and students will sample the finished results. The class will meet from 6 to 8 p.m. The cost for "It's a Matter of Taste" is \$42. For more information, call MCC at 750-3412.

### Dance Co. tryouts Dec. 3

Dance Company tryouts for the spring semester will be held Saturday, Dec. 3, from 9 a.m.-2 p.m. in the Highlands. Those trying out should wear leotards and tights and either tennis, ballet or jazz shoes. A routine will be taught in the morning and tryouts will be that afternoon in groups of three or four. Prospects should have two letters of recommendation — one from a high school administrator and one from a drill team director or someone who knows the student's capabilities. Further details can be obtained from Sandy Hinton, director, 750-3551.

### Band, choir perform Dec. 6

Faculty, students and the public are invited to a free concert Dec. 5 in the Performing Arts Center beginning at 8 p.m. The program will include performances by the school's band and choir.

### Board will not meet tonight

The Board of Trustees will not meet tonight, according to the public information office. The new date for the November meeting had not been set as of last Friday morning.

### Library extends hours for dead week

The Library will extend its hours next month as students increase study time for final exams and class projects. From Dec. 5-8 the Library will be open from 7:45 a.m. - 11 p.m. The last Saturday the Library will be open this semester will be Dec. 3 from 9 a.m. - 1 p.m. The Library will be open regular hours on Friday, Dec. 9, from 7:45 a.m. - 5 p.m., the day that final exams begin. Students should return books to the Library by Dec. 8 and faculty should have them in by Dec. 15.

### Thanksgiving events abound

Students staying in Waco during the Thanksgiving break have plenty of events to go to. The first event is called Koinonia, sponsored by Homestead Heritage. It is a children and crafts fair starting Friday, and ending Sunday. The event is free, and the hours will be 10 a.m. to 9 p.m. Friday and Saturday and noon to 6 p.m. Sunday. Also, the Centex Kennel Club will be the host of a dog show Sunday with free admission. It will start at 8 a.m. and will end approximately at 5 p.m. The third event is "Texas Thanksgiving in 1890s." It will be held at the Gov. Bill and Vera Daniels Historic Village at University Parks Drive from 1 p.m. to 5 p.m. Saturday and Sunday of Thanksgiving weekend. Admission is \$3 for adults, 2\$ for students. Finally, the Baylor football team will be playing the Texas Longhorns on Thanksgiving Day at 10 a.m. in Floyd Casey Stadium.

### Former student has 'hot' recording

Jazz saxophonist Alfredo Ballesteros (MCC 1977-79) is now a member of the hot West Coast band, "The Boxing Gandhis," on Mean Blue Moon Records (subsidiary of Atlantic). Their single was the most added (to playlists) in the United States last week, according to the Gavin Report. The review reads in part, "Funk lives... 10 killer songs... lyrics with a social edge... with a sound similar to Tower of Power and Sly and the Family Stone." The album is available in all major record stores and can be heard on KWTX in Waco, according to David Hibbard. "If you don't hear the single 'If You Love Me' or the second release 'Loose My Language,' give the station a call," Hibbard suggested.

### Comedy Jam concert Dec. 2

The Texas Comedy Jam Comedy Concert, a collection of national comedy headliners including Scott Kennedy, Garrett Perkins, Danny Martinez, Jeff Shilling, and Miguel Washington, will be at the Hippodrome on Friday, Dec. 2, at 8 p.m. Tickets for this event are \$12 each. To charge tickets with a Visa or Mastercard, call the Waco Hippodrome at 752-9797 or if outside the Waco area call 1-800-701-2787. To buy tickets in person, stop by the Hippodrome Theatre box office on 724 Austin Ave., Monday through Friday, between the hours of 10 a.m. and 5:30 p.m. or 90 minutes before show time.

## Summer schedule set

### Fewer classes to be offered both sessions

By AARON TUDOR

The final summer schedule has been approved with fewer classes offered during both summer sessions. However, the administration is considering offering classes between the fall and spring semesters.

Richard Drum, vice president of instruction, said the change in the number of classes was necessary to offset decreases in the summer budget. "We received less money for summer classes this year, so we needed to make a change," Drum said.

The most significant changes were made in the second sum-

mer session. Although fewer classes will be offered the first summer session, hardly any will be offered the second session, Drum said.

"Doing that will enable us to not use some buildings, which will save money on utilities," he said.

The second session will concentrate mainly on sequence courses, such as Spanish.

Drum does not feel the changes will affect students a great deal since enrollment for the second session usually drops off sharply for the first. He said enrollment is typically about

3,000 for the first session and 1,000 for the second.

Also, class sizes may be increased. This will give students the opportunity to still be able to take the classes they need, Drum said.

The idea of offering classes between the fall and spring semesters is still under consideration. If approved, the classes would last about four weeks. They would meet four days a week like summer sessions and the classes would last about four hours.

"This will give students another chance to pick up some

hours," Drum said.

Registration for the first session will be May 25. Classes will begin May 30 and last until July 5 with a holiday on July 4. Finals will be held July 6.

Second session registration will be July 10. Classes will run from July 11 through Aug. 15. Finals will be Aug. 16 with commencement exercises the next day.

The evening summer session will run from May 30 through July 27. Exams will be July 31 for the Monday and Wednesday classes and Aug. 1 for Tuesday and Thursday classes.

## Phi Theta Kappa ceremony honors 102 new members

By REBECCA TREVINO

Members were inducted in Phi Theta Kappa Wednesday during a candlelight ceremony. Guest speaker for the ceremony was David England, vice president of Institutional Effectiveness. The certificates were presented to the 102 inductees by John Nobis, counselor.

Phi Theta Kappa is a national junior college scholastic honorary fraternity. Developing character, promoting scholarships and enhancing fellowship among students are some of the main goals of this organization.

New members are Shiela Marie Almand, Leslie S. Anzelmo, Janna Merleene Austin, Bethany Belanger, Jennifer Elaine Berger, Karen Sue Bishop, Rachel T. Blancett, Emily Lynne Bohn, Stacy Dawn Bradley, Kirsten Lee Brannon, Teresa Kay Bumpass, Rebecca Lynn Burd, Richard Kevin Callaway, Patricia Murphy Carroll, Sherry Lee Chapa, Leslie Rebecca Clark, Rebecca Lynn Claypool, Sharon Ann Conry, Victoria Faye Curione, Martha F. Curry, Gwendolyn Daugherty, Douglas C. Dierksen, Mary Jo Keenan Elliff, Jeffery Alan Esau, Cynthia Lee Evans, John Lawrence Farrar, Amy Elizabeth Fehler and Edna Dianne Gibson.

Other inductees include Pa-

tricia Marie Glass, Sheila Kay Graves, Deborah Ann Gregory, Joetta Y. Grusendorf, Lara Gaines Hammond, Deana Gail Hanna, Jacqueline Lynne Harvis, Gala Dawn Holmes, Lisa B. Hopcus, Juquita Eloise Hunt, Dung Quoc Huynh, Dung Thien Huynh, Ginger Ann James, Lisa Marie Jenkins, Carol Kelley-Polston, Rebecca Ruth Kinzie, Carol Jean Knue, Scott Marvin Knutson, Barbara Jean Kusler, Eunetta Marie Leal, Rusty C. Leatherwood, Lamont E. Liplea, Jr., Evonne Charlene Love, James Edwin Lovett, Jeannie Kay Margoitta, Brenda R. Marwitz, Gavin Lynn Massingill, Gerald Duane Mathews, Ronald W. Mathews and Ronald W. Mathews.

Also inducted were Glenda S. McCellan, Connie McCracken, Melonie Ann McElroy, Kimberly Dawn McGee, Julie Maureen Metcalfe, Carolyn Lynn Meyers, Theresa Webb Minchew, Christie Nicole Mistrot, Dawn Michelle Morton, Sharon Elaine Nemece, Frank Kenneth Nicholas, Julie Ann Olson, Charlene Kay Parker, Dorothy Lee Pelton, Shirley Jane Pointer, Jeanette Kay Prnka, Channon C. Rangel, Valencia Gay Rasco, Susan Marie Redmond, Orlando Rodriguez, Jr., Randle Stokes Saffell, Jon Andrew Salter, Sara Ann Schindler, Brenda Lee



Photo by Brooks Whittington

REWARDING EXCELLENCE—Phi Theta Kappa Induction David England speaks during the ceremony last Wednesday.

Schulz, Sheri Pizzo Sigler, April Denise Smith, Jason Robert Smith, Zora Densie Spruiell, Tory Dawn Straten, Roxanne Ranae Stryker, Jeffrey Blake Toups, Dianna Lynn Trussell, Man-Kit Tse, Bobby Ray Tucker, Paula Denise Vrana, Marjorie Denise Walton, Brenda Marie Wilson and Tina D. Zaborowski. Fall Phi Theta Kappa officers are president Juanita Lynette Alexander; vice-president Shannon Ireland; secretary Frances

Peck; reporters Rebecca Janet Rudd and Robert Simonette and historian Christi Pechacek. Sponsor is Ruby Burns.

In order to be eligible, a student must have completed 12 semester hours as a full-time student maintaining a 3.5 grade point average. A student must also be currently enrolled in 12 semester hours and have collected three letters of recommendation from faculty members.



Photo by Brooks Whittington

BE ALL YOU CAN BE—OPTIONS students (from right to left) Tamara Burns, Stephanie Bible, and LaKeia Pickron talk to an Army representative during Armed Forces career day.

## CSC move in progress

By HEATHER ELLIS

A number of programs, services and classes have moved and are moving into the newly renovated wing of the Community Services Center this month.

"There were three main reasons behind the move," said Warren Johnson, dean of continuing education. "It freed up space in Student Services building, allowed all the directors of the departments to be in one building, and enabled all the labs to be in the same building."

The renovated area was formerly a gymnasium in the building that at one time housed Waco High School. It has been completely renovated with all new plumbing, air conditioning,

heating and a new upstairs level was added.

"The actual renovation cost several million dollars but was very cost effective as opposed to building a new building," Johnson said.

The departments moving into the new facilities are Computer Services, Continuing Education, Criminal Justice, Public Information, TEC Lab and Central Duplicating. Also, Data Processing, Nurses Aide and selected other courses. Many of the departments are still unpacking and some have not yet moved.

Also, a student lounge and a faculty/staff lounge will be provided and some classes will be (Continued page 3)



OPINION

# A one sided 'face-off' view of one party

By MERIE WITT  
"Politicians are like a box of chocolates, you never know what you're gonna get..." Ironically this "Gumpism" was used by Gov. Anne Richards to forewarn voters about her opponent George W. Bush. I think her words pretty much sum up why I voted against Anne Richards and most of the other Democratic candidates running for office on Super Tuesday.

Sorry Anne, but I think you're wrong! Politicians are more like a box of chocolate pralines... you know what's inside when you buy the package! There are some sayings however, that might fit better. For instance,

"Stupid is as stupid does!" I knew what I would have gotten with Anne Richards or any of the other Democratic candidates. They would have given me more taxes, more government, more spending, and more of the same! Quite frankly I've had more than enough!

You see, Forrest Gump is an exception to the rule. Most people don't get success handed to them in a neatly wrapped package, and when it comes to government, if it's not working you have to fix it. So if you're confused about the recent upsurge in disgruntled voters checking off Republicans at the polling places across our country then I think I can give

you some insight.

The foremost reason I voted Republican has to do with the size of government. As one beer company so eloquently puts it, "More is Less!" I'm tired of "Big Brother" looking over my shoulder. Sometimes I just have to laugh at the irony of the Democratic party's symbol being a donkey. Maybe they should change their name to the Democratic party because it took a swift kick in the (well you know!) before they got the message.

I believe that the government needs to keep its nose out of our business. If we would have wanted all of our problems solved by a strong central government

then we wouldn't have called ourselves the United States of America. The name implies that each state is separate with different needs and goals. The "United" implies that we have joined in an alliance for the purposes of national security, national interest, and international representation. Not all of the states in this country can fit into some "one size fits all" Democratic initiative.

For that matter there are even big differences between cities, communities, and neighborhoods in our nation. The Republicans promise to keep freedom a significant word in the constitution. The Democrats say that these

type of comments are reactionary, but I say remember even Karl Marx would agree that the progression to socialism is a gradual process.

The second reason I helped to vote the GOP into power is logic. The Republicans say that they stand for term limits and other regulatory measures. I certainly think the system needs a little Drain-o treatment. Aside from pipe cleaning, the GOP also plans to seriously attack the failing financial system in Washington D.C.

It just makes sense that you don't create big government programs when the programs in place aren't working and our

deficit exceeds comprehension. In fact, if you put a star by every failing government program and every misused taxpayer dollar you would have a galaxy. We don't need a government controlled health-care system, we need to fix welfare, social security, and other such dilapidated programs.

Then there is the matter of our armed forces—the one government institution that works well! It doesn't make any sense to me to cut back on government spending in the area of national security. Especially in the wake of so much conflict in the world today. The international community is a dangerous, chaotic place full of uncertainties.

Instead of putting the average American citizen out of work by dismantling the armed forces, we need to start laying off the aristocracy. We could save a lot of wasted dollars by putting government on a bureaucratic diet. The Republicans supported measures to cut unnecessary government amenities and personnel. Finally, I appreciate the Republican party for understanding the tax burden being placed on the middle class. The government should figure out how to fix their mistakes rather than trying to overcompensate with more taxes.

I predicted it, backlash set it in motion, Clinton was the straw that broke the donkey's back, and Anne Richards' defeat was a sign of the times. Anyway, I don't buy assorted chocolates, because I know that in America I don't have to settle for fillings that I don't like.

Due to his depression over the recent governor's election, Aaron Tudor will not be submitting an opposing column this issue.



# Why do we age? A winning essay

By ANNA MARIA AARON  
(Editor's note: This is the winning essay selected from more than 100 papers on the topic "Why We Age" written for the Human Growth and Development psychology class taught by Jim Hail. The author, Anna Maria Aaron, is a housewife, mother, and student, whose goal is to be accepted into MCC's nursing program.)

WHY DOES NATURE expend such an enormous effort to develop the human being to maturity, only to squander that miraculous achievement by letting our bodies die?

Forty years ago, Leonard Hayflick, cell biologist and found-

ing member of the Council of the National Institute on Aging, set out to answer the question, "Could man's life-span be extended—or is there an inescapable aging mechanism that restricts human longevity to the present apparent limit?"

According to Hayflick, Alex Carrel's experiments of 1912 had suggested animal cells removed from the body's regulatory mechanisms might be immortal, for he had succeeded in keeping chick fibroblasts growing and multiplying in glass containers for more than 30 years, well beyond the normal life expectancy of a chicken. Other experimenters later reported the same type

of success using embryonic cells from laboratory mice.

FURTHER RESEARCH, however, soon revealed that the conclusions drawn from those experiments were erroneous. Renewed study of the mice cells revealed that when normal cells are cultured, they undergo a spontaneous transformation that enables them to divide and multiply indefinitely. On microscopic examination, these cells were found to have assumed abnormal properties. The results of the renewed research implied that indefinite cell multiplication was not a phenomenon which could be attributed to normal cells.

At the time that Hayflick undertook his study on aging, other researchers were already addressing the aging process at the cellular level. One study in progress was investigating the possible decline in the functional efficiency of nerve and muscle cells. Another was studying the progressive stiffening with age of the structural protein collagen, which is the binding substance of the skin, muscular and vascular systems.

HAYFLICK BASED his investigation on the observation that normal cells would not multiply indefinitely and that there could be limitations on the number of times a cell could divide.

Hayflick studied the in vitro division process of human fibroblast cells (the basic material in most body tissue). He discovered that these cells were unable to divide more than an average of 50 times. Even more telling was the fact that the cells appeared to have a sense of memory.

AFTER BEING FROZEN at about their 30th division, and then thawed and renourished, the cells seemed to know that they were capable of undergoing only 20 more divisions.

According to Roy L. Walford ("Maximum Life Span" 1983), as the cells neared their 50th division, the dividing process slowed down, senescent changes developed in their nuclei, and they finally stopped dividing. Physically, the cells took on an aged appearance. They had accumulated the yellow pigment associated with the splotchy skin of the aged.

Hayflick replicated his experiment using human embryonic tissue, as well as lung cells taken from adult donors at the time of their death. These cultures also confirmed his observation of the finite lifetime of human fibroblasts.

According to Walford, the results of Hayflick's experiments indicate that "aging is fundamentally an intrinsic cellular process." In short, Richard Kaufman ("The Age Reduction System" 1986) observed that genes, preprogrammed to allow cells to reproduce only a limited number of times, are the primary determinants of longevity. Based on Hayflick's research on cell limitation, Hayflick later went on to quantify the maximum human life span (the greatest number of years a human being is able to live) at 110 to 120 years. This figure came to be known as "Hayflick's Limit."

THIS YEAR, 1994, Leonard Hayflick published a book entitled "How and Why We Age." In this book, he outlined the very latest facts on aging. In a recent

interview with Leonard Hayflick, Hugh Downs reported the following information. One fact Hayflick presented is that life expectancy (typically, life expectancy at birth, although it can be measured at any age) is on the rise. A child born in 1900 had a life expectancy of approximately 50 years. A child born today has a life expectancy of approximately 75 years. Hayflick claims this 25 year difference is due to improved hygiene and the use of vaccines to eradicate diseases.

Another point Hayflick addressed is the fact that women live longer than men. He attributed this gender gap to the fact that men are as much as seven times more likely than women to die from heart attack, stroke, accident, respiratory disease, suicide, homicide and AIDS. Of the three factors that might account for this phenomenon (biology, culture, and environment), Hayflick believes biology plays the bigger role in women's longer life.

HE FURTHER STATED in his interview with Hugh Downs that the general consensus among gerontologists is that men simply are more vulnerable to most causes of death. Eliminating those factors, he claimed, will eliminate the gender gap. For example, finding a cure for heart disease could add as much as 13-14 years to life expectancy. Finding cures for stroke, respiratory disease, cancer, and the other deadly diseases listed as the cause of death on many of today's death certificates would extend life expectancy another 10 years at birth.

Theoretically, people would then only die of the physiological

decrements that characterize old age, such as organ failure.

Even so, in his book, Hayflick asserted that in spite of muscle tissue's inability to regenerate, and its loss in mass over time, a heart free of disease and injury will not weaken with age.

UNTIL THE BALTIMORE Longitudinal Study on Aging (part of the National Institute on Aging Intramural Research Program) began its research on the heart, this fact had been obscured by previous research on how the normal heart functions with age because people with deficient hearts had not been excluded from previous studies. The Baltimore study, however, has been using selected individuals. Their ongoing research shows that in carefully screened, disease and injury-free people, heart function does not decrease with age. The heart function level of these individuals is comparable to individuals 30-40 years younger.

Hayflick believes that people with the greatest access to medical care, good nutrition and information, and who take good care of their health, live longer than those who do not. In addition, he believes that those in middle age whose weight ranges from the mean to within twenty percent of the "desirable" range on insurance tables have a longer life expectancy.

The Gompertz Equation, on which life insurance actuarial tables are based, shows that from age 30 onward, the likelihood of death doubles each seven years. Hayflick, however, claims that recent studies have shown that the Gompertz Equation does not

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## The Highland Herald Staff

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# Basketball teams improve records

## Highlassies struggle with games on the road

**By HEATHER ELLIS**  
The women's basketball team is off to a sluggish start this season posting a 2-3 record away from home. The Highlassies went 1-1 in the San Jacinto Classic beating Angelina 89-72 and losing to San Jacinto 77-66. "We expected to do better," said Wendell Hudson, women's basketball coach. "But we really played hard."

Foul trouble has also plagued the Lassies this season with four fouling out in the match against South Plains and three being benched for fouls against Western Texas. Also, free throws have played a major factor in the teams losses. San Jacinto shot 25 free throws in the second period while MCC shot two. With five minutes left in the game, the Highlassies received two team fouls.

Hudson said the team is young and is getting experience and also attributes playing five games on the road to their three losses. "We've really played hard and competed in all five games," said Hudson. "(the team) is preparing to compete for the conference championship." Hudson also said several players have played well in the Highlassies first five games. "Lisa Brown has played con-

sistently averaging 12 rebounds a game and 14 points and Angelina Morris has been consistent," said Hudson. Leteshia McLendon made all-tourney this season. "A couple of sophomores need to play more consistent and some of the freshman need to step up," Hudson said. The lassies next home game will be against San Jacinto Dec. 2.

## 'Landers win key away games

**By DAVE EMLEY**  
The men's basketball team has improved its record to 3-and-1 with two key road wins after Coach Ken DeWeese took his team to Corsicana and Jacksonville and came away with victories. The game against Navarro College showed 31 lead changes and 17 ties. The Highlanders were never behind more than 3 points or ahead more than 5 during the contest. The teams were tied at 90-90 at the end of regulation time. In the overtime the 'Landers outscored the Bulldogs 12-11 to win the game 102-101. DeWeese said it was a physically demanding game and credits his team's conditioning with getting through the game with no major injuries. Marcus Moss led the Highlanders in scoring with 29 points. Moss got scoring help from Rick Griffin, who scored 16, and Marco Brown and Rodrick Monroe who added 12 points each. Both teams recorded 9 three-point baskets. The Bulldogs out-rebounded the Highlanders 48-34. Defense was the key to the Highlanders' win at Jacksonville as they came away with a 74-68 win. Going into the game Jacksonville was scoring an average of 117.8 points per game. The 'Landers were able to keep Jacksonville's two leading scorers, Greg Jones and Damion Johnson, in check. Jones and Johnson were held to a combined 27 points, well below their season's average. Neither team shot the ball well. The Highlanders hit 35 percent of their shots while their opponents hit less than 32 percent. DeWeese credited his team's pressure defense with making the difference in the game. The Highlanders won the rebounding war in the game 61-49, with Norman Williams and Monroe gathering in 31 missed shots. Kenneth Benton was the leading scorer for the Highlanders with 17 points. In the final 15 minutes of the game Benton made 10 of 12 free throws to help the 'Landers overcome a one point halftime deficit.

## Speech teacher receives doctorate

**By JANNA AUSTIN**  
Cynthia SoRelle, speech/theatre instructor and language arts/theatre coordinator, has recently received the degree of Doctor of Philosophy from the University of Texas at Austin. A student's excuse of juggling career, family and education may not go far with SoRelle, as she has auspiciously endured this challenge to the highest "degree." While working on her Ph.D., SoRelle has continued to teach full time and serve various roles on campus, in addition to fulfilling the role of wife and mother of two. After spending three and one-half years working on her dissertation, SoRelle facetiously stated that "Elliott (her four-year-

old son) and the dissertation grew up together and they both survived!" The question is, how did she survive? During this same time, SoRelle also had many professional responsibilities, as well. She served a term as Professional Development Committee chair, as Faculty Council president, and as chair of the Texas Junior College Teachers' Association Professional Development Committee. Evidently, SoRelle could teach a course in "juggling!" The dissertation is entitled "After the Rupture: Critical Response to the Symbolist Aesthetic and its Legacy to the Theatrical Avant-Garde." According to SoRelle, the dissertation examines "the

beginnings of modernism and how the symbolist movement set the tone for the aesthetics of the avant-garde in the 20th century — both in literary terms and in performance theory." SoRelle's advisor at the University of Texas, Oscar G. Brockett, is also the author of the textbook used in MCC's Theatre History course and in virtually every college and university theatre history course in the country. One of the members of her dissertation committee, a professor at Northwestern University in Illinois, served as an outside reader. "It was fun for me - we corresponded about my manuscript mainly by E-mail. My computer talked to his computer!" SoRelle said. SoRelle's education also includes a B.A. from the University of Houston and an M.A. from Kent University in Ohio.

## Speech team wins

The speech team walked away with numerous awards, plus the third place overall prize, during the fourth annual "Turkey Trot" forensic competition Nov. 12-13. Twenty colleges and universities participated in the tournament which was held at both the University of Texas at Austin and San Antonio College. During the UT portion of the tournament, sophomore Merie Witt took first in persuasive speaking and fourth in communication analysis. Freshman David Damuth took third in persuasive speaking, and sophomore Gavin Massingill took sixth in program oral interpretation. Also, freshman Kristine Haberman took fifth in persuasive speaking and fourth in informative speaking. At the San Antonio tournament, Witt took first in persuasive speaking and second in communication analysis.

freshman Tiffany Bates was sixth in poetry interpretation, and freshman Tina Campbell was fourth in informative speaking. In addition, Damuth was a runner-up in impromptu speaking, while Haberman was a runner-up in both informative and persuasive speaking. The speech team is coached by speech instructors Linda Dulin and Leslie Bogart.

## Student gives of herself

**(Continued from page 4)**  
to change themselves and they have to want to," Keton said. And Keton knows first-hand about wanting to change. Five years ago she said she was in a dead-end job, an alcoholic and tired of life. But she had a desire to go to school and to change, and she acted on that desire. Through the help of the Displaced Homemakers Program, which helps students who are

low income or do not have a way to make a living, Keton has attended college. She plans to graduate this summer from the mental health program. "Susan Martindale and Marylea Henderson worked with me," Keton said. "Anytime I had a problem I could go to them. There was no quitting school. They definitely went out of their way to help me." Keton said she now lives a quality life filled with peace.

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## AGING: a winning essay

**(Continued from page 2)**  
hold in the case of extreme old age. He counters the Gompertz statistic with the "bottleneck phenomenon." Consider the scenario that people in their 60s are considered to be at greatest risk for disease. If a person reaches the age of 70 because of exceptional health and fitness, he has survived and moved past the bottleneck of the 60s. The likelihood of dying is reduced. OLD AGE DOES NOT have to be synonymous with disease. Hayflick pointed out that old age itself is not a disease. People think of it in those terms because the manifestation of chronic disease is so much greater in the elderly. Chronic diseases become more prevalent in old age because of reduced capacity to fight disease, and it is on this increased vulnerability that Hayflick believes medical research should place its focus. In his interview, Downs posed the following question: in the absence of fatal disease, would it be possible for man to live out his full life span of 110 to 120 years? Hayflick says "Nature originally designed humans to live about 30 years — the time needed to reach sexual maturation and raise children to independence. For the survival of any species, that's all that's needed... in the biological sense, it's a fact." THE CURRENT LIFE expectancy figures, however, real that the human race has not accepted a 30 year life span. In the words of anthropologist, Ashley Montagu, (in an article by Cardinal and Laliberte on longevity), "The goal of life is to die young — as late as possible." To this end, the machinery of medical and scientific research is set at full gear to comply with man's desire to live longer. Our high tech communities conduct ongoing research into longevity. According to Cardinal and Laliberte, one of the latest anti-aging strategies includes the use of human growth hormone. Injections of this pituitary gland hormone can boost muscle growth, strength and endurance, breathing capacity, kidney function, and bone function. ANOTHER STRATEGY is

the use of cell regulators. They have opened a whole new field of research into growth factors, based on the premise that if cell growth can be controlled, one can control disease. These regulators are natural compounds with the ability to make specific types of cells grow. The possibilities include growth factors for brain cells to cure Alzheimer's disease and nerve growth factors to reverse paralysis. Finally, gene manipulation is being studied as a means of reading, and then altering, the individual's genetic code as a way of eliminating such diseases as cancer, diabetes, multiple sclerosis, and even mental illness. Gene manipulation is being investigated as a way of replacing defective genes, and even of finding the gene that controls aging itself so that scientists can reset life span clocks. Because of man's enduring determination to settle for nothing less than the best, and longest, life possible, he will continue his vigilant search for the secret of longevity. At his disposal are theories on aging, and the prevention of aging, as varied as they are numerous. IN AN EFFORT to reap the benefits of as many theories as possible, man works willingly and diligently to change his lifestyle to promote the physical and mental well-being necessary to live longer. According to Hubert Pryor, man strives for a purpose in life, sets goals, structures his life, and pursues social fitness. He is continually reminded to monitor the quality and quantity of his diet, abstain from the use of tobacco, alcohol and other drugs, exercise, and reduce stress. He jogs, swims, bicycles, power walks, and lifts weights. He purchases multitudes of books and magazine subscriptions on health and fitness. He looks to cryogenics, natural herbal cures, spiritual healing, the power of prayer, and the intervention of guardian angels. It would seem no price is too high to pay for prolonging life. Perhaps "Hayflick's Limit" would be better described as "Hayflick's Challenge."

## CSC move

**(Continued from page 1)**  
moved to the CSC building to prevent students from having to go back to the main campus. Academic offices and classes are still moving and the school is determining what facilities students need before deciding what else might be move. Academic classes will start in the spring in the new facility.

## Final exam schedule

DAY SCHEDULE		
CLASSES	EXAM DAY	EXAM TIME
<b>Mon. - Wed. - Fri. classes</b>		
6:55 - 7:50 am	Fri., Dec 9	*6:55 - 7:50 am
	Mon., Dec 12	
*(precludes uninterrupted exam time of 120 min.)		
8:00 - 8:55 am	Fri., Dec 9	8:00 - 10:00 am
9:10 - 10:05 am	Mon., Dec 12	9:10 - 11:10 am
10:20 - 11:15 am	Wed., Dec 14	10:20 - 12:20 pm
11:30 - 12:25 pm	Fri., Dec 9	11:30 - 1:30 pm
12:40 - 2:00 pm	Mon., Dec 12	12:40 - 2:40 pm
2:15 - 3:35 pm	Wed., Dec 14	2:15 - 4:15 pm
3:50 - 5:10 pm	Mon., Dec 12	3:50 - 5:50 pm
<b>Tues. - Thurs. classes</b>		
8:00 - 9:20 am	Tues., Dec 13	8:00 - 10:00 am
9:35 - 10:55 am	Thurs., Dec 15	9:35 - 11:35 am
11:10 - 12:30 pm	Tues., Dec 13	11:10 - 1:10 pm
12:45 - 2:05 pm	Thurs., Dec 15	12:45 - 2:45 pm
2:20 - 3:40 pm	Tues., Dec 13	2:20 - 4:20 pm
3:55 - 5:15 pm	Thurs., Dec 15	3:55 - 5:55 pm
EVENING SCHEDULE		
6:00 - 7:20 pm	MW Mon., Dec 12	6:00 - 8:00 pm
7:35 - 8:55 pm	MW Wed., Dec 14	7:35 - 9:35 pm
6:00 - 7:20 pm	TTH Tues., Dec 13	6:00 - 8:00 pm
7:35 - 8:55 pm	TTH Thurs., Dec 15	7:35 - 9:35 pm
6:00 - 9:00 pm	M Mon., Dec 12	6:00 - 8:00 pm
6:00 - 9:00 pm	T Tues., Dec 13	6:00 - 8:00 pm
6:00 - 9:00 pm	W Wed., Dec 14	6:00 - 8:00 pm
6:00 - 9:00 pm	TH Thurs., Dec 15	6:00 - 8:00 pm
<b>SATURDAY CLASSES</b>		
EXAMS FOR SATURDAY CLASSES WILL BE GIVEN AT REGULAR CLASS TIME ON DEC. 10, 1994.		
<b>DOWNTOWN CENTER (DAY OR EVENING)</b>		
EXAMS FOLLOW THE ABOVE SCHEDULE.		
<b>ALL OTHER OFF-CAMPUS CLASSES (DAY OR EVENING)</b>		
THE EXAM SCHEDULE WILL BE ARRANGED BY YOUR INSTRUCTOR. HOWEVER, EXAMS WILL NOT BE GIVEN BEFORE DEC. 8 FOR EVENING CLASSES OR DEC. 9 FOR DAY CLASSES.		
<b>OR OTHER EXCEPTIONS</b>		
CLASSES WHICH MEET BEGINNING (DOWNTOWN OR ON CAMPUS) BETWEEN 5 AND 5:55 P.M. WILL HOLD FINAL EXAMS AT REGULAR CLASS TIME ON DEC. 8, 12, 13, OR 14 AT THE DISCRETION OF THE INSTRUCTOR.		



A review

# 'Hotel Paradiso' struggles to entertain



Photo by Brooks Whittington

NO! NO! NO! — Maxim (Kelly Parker) refuses the advances of Victoire (Lillian Robuck).

## Student gives of herself

By JEFF TALBERT

"Be devoted to one another in brotherly love; give preference to one another in honor; contributing to the needs of the saints, practicing hospitality." Romans 12: 10, 13.

In this season of giving, Darlene Keton used the Bible verse to explain why she does it.

She does it not for the glory, and even before she started getting credit for it as her mental health field placement, she had done it for a year.

"I really don't even want to be recognized for doing anything," Keton said. "I do it because that's what a Christian is supposed to do."

Keton gives of her time and energy to help others. Specifically she volunteers with the McLennan County Jail Ministry and the Waco Crisis Center.

Keton is an intern at the Crisis Center, sponsored by the Waco Baptist Association, where she helps distribute clothes and food to the needy. She works there on Friday mornings.

On Sunday afternoons Keton

ministers to the female inmates at the jail, spending time with them reading the Bible and explaining to them they can have a better life.

"I believe anyone in jail or prison has made mistakes and I just try not to be judgmental," Keton said. "I believe everybody deserves a first chance, second chance and a third chance."

One former inmate Keton talked with is now going to churches and giving testimonies of how she has changed and how her life is much better now. She wants to go to a Bible college.

Keton talks to the inmates about setting goals for themselves and getting back in school.

"I expose them to programs (at MCC) that are available like the displaced homemaker program, the Pell grant and student loans." She tells them they would be eligible for day care expenses and money for transportation to school and back.

"They can have a better life, but they are the ones that have

(Continued on pg. 3)

BY BROOKS WHITTINGTON

The American Heritage Dictionary defines the word "farce" as: "A theatrical composition in which broad improbabilities of plot and characterization are used for humorous effect." In the play "Hotel Paradiso", which opened on the night of Nov. 16 and ran until Nov. 19, the actors got the first part right, but apparently ignored the second part about humor.

Before I start, I want to point out a couple of things that may have negatively influenced this review. Because of deadline restrictions, I had to watch the play during the final dress rehearsal. On this particular night, one of the actors, Kelly Parker, (who portrays Maxime in the play), was sick with laryngitis, thus needing somebody else to read his lines while he acted out the motions. (Although I have to say that he did a wonderful job as a mime). While this was understandable, it was also a little distracting to me, which is my fault for going on a practice night.

Moving right along, let's look at some positive aspects of the play. First, there was the set. While not quite as extensive as the one in "Orpheus Descending", the set for this production was large enough and realistic enough to make me once again marvel at the attention to detail that the drama department must have had to require of its builders. I should also mention that the actors/actresses did an excellent job in switching out the props for the next scene; they were fast, expeditious and quiet.

Second, there were the costumes. They can be described in three words. Fab-u-lous! As far as I could tell, they were completely pertinent to the times, and all of the actors and actresses wore them as if they were born in them.

Third, the acting was stupendous. Main characters such as Bryan Taylor as Boniface, Regan Thompson as Angelique, Tara Pannell as Marcelle, Joe Ginnane as Cot, Dave Ellis as Martin and the hotel manager did a wonderful job of keeping the audiences attention, as did the supporting characters. I especially liked the scene where Martin and his daughters are introduced and also when the police raided the hotel. (The three daughters did an excellent job portraying mindless blondes, even though two of them had brown hair. They reminded me of the virgin maidens

who tried to seduce Sir Lancelot in the movie "Monty Python in Search of the Holy Grail"). I need to point out here that the directing and choreographing of the play were superb, as evidenced by the fact that nobody, (that I saw), ran into anybody else unintentionally.

Now, on to the negative aspects of the play. When I first watched this production, I was amazed at the number of things that I could find that were, if not wrong, then highly irregular. Just to make sure that I wasn't in a bad mood when I watched the play, I interviewed about seven of the Options students who were watching the production at the same time, and to my surprise, they agreed with me about most of the things that were mentioned. For example, all seven students told me they thought the play really was not all that funny. They also agreed that the production was pretty slow until the introduction of Martin and his daughters, although they did say that it got better after that point.

There were a couple of other things that we agreed might have helped the play. First of all, the accents of some of the characters were not believable, while in others the accents came and went so fast that they could hardly be understood.

Secondly, the music between acts. At first, it was mildly annoying, then it grew to be tedious, until it finally began to be downright painful. I was going to ask what CD it was, but then decided that I was probably better off not knowing.

Thirdly, the lighting was completely sporadic and unpredictable. During the length of the play, I counted about four times when there was more than a two second lapse before the lights came on in a particular place, (like when one of the characters walked into a dark room with a candle).

There were some other things that I saw that didn't really turn me on, but most of them can be blamed on the play itself, and not on the actors or the director. For example, from the rate of laughter, I would say that about half to three-fourths of the humor was completely lost on the audience, who seemed to be laughing most of the time only because they knew that they were watching a comedy. However, this is to be expected since the play was written in 1886.

All in all, the play was not bad, (after you sat past the first act and a half), and the actors and actresses did an excellent job, as I expected. The directing was also well done. These aspects made what would have been a total flop of a play into a somewhat enjoyable experience.



Photo by Brooks Whittington

A NIGHT OF PLEASURE — Boniface (Bryan Taylor) asks Marcelle (Tara Pannell) to spend a night with him at the Hotel Paradiso.

## Shuttle bus

### Convenient for students

By JENNIFER LONDON

Santos Lopez, shuttle bus driver, said that her job never gets boring and that she gives advice to some students.

Shaniqua Bible said, "The shuttle bus is convenient and it is better than walking." She also said that the shuttle bus is roomy and comfortable.

To save the trouble of finding a parking place on campus, some students park their cars at the Community Service Center or the CSC parking lot and ride the shuttle bus to campus.

Lopez said that the shuttle bus comes around the campus every 10 minutes. Lopez works from 7 a.m. until 2:15 p.m. In addition she picks up the athletes from their apartments and takes them to the campus.

Only one shuttle bus sign is up right now and that is in front of the Administration Building, but more signs are expected to be up by the spring, according to Lopez.

Lopez said that wherever she sees students she stops, but some people who park their cars at the CSC would rather walk to campus instead of riding the shuttle bus. Lopez also said that whenever it is cold or raining, students can stay in their cars and just step on their brakes and she will

see them and pick them up.

Lopez is not the only shuttle bus driver. Louis Tyme also drives the shuttle bus. Tyme drives for the physically challenged and he picks up those students at their homes. His hours vary.

Lopez said that she fills up the shuttle bus with gasoline every other day. Lopez checks everything that needs to be checked for the shuttle bus. She takes care of it as if it were her own vehicle.

"The shuttle bus isn't being used much now since students have been dropping out and now more parking spaces are available on campus," Lopez said. Even though Lopez doesn't drive as many students now, she said that she still stays busy especially on cold and rainy days.

When Lopez is not available to drive the shuttle bus, she tries to let the students know beforehand and if at all possible she tries to find a replacement.

Lopez said that when students get their registration packets that the administration should let students know about the shuttle bus.

"It is better than walking."

## Single mother tackles course load, plays basketball and raises baby

By ANNETTE BANKS

A few weeks ago a student at MCC left early to take her brother and sister to school. In the rush of trying to get to school, it dawned on her that she hadn't taken her eleven month old baby to day care. The baby was sleeping quietly in the back seat.

This is just a typical busy morning in the home of Lateshia McClendon. She wakes up at the crack of dawn so she can get her son fed, dressed and packed for another day at day care. Then she has to find time to get herself ready.

After a long day full of classes, she comes home for a break. Yes, just a break, because her day is not over. She has basketball practice an hour later! Basketball practice is filled with drills, free throws and plays for future games. Exhausted and tired she leaves the gym with aching limbs and goes straight to day care to pick up her son, who by this time has more energy than she can handle. Later when her son is sleeping she has time to do a little homework.

McClendon's was a criminal justice major but her plans have

shifted to psychology in hopes of being a social worker, because she said she "likes to give others helpful advice." Even though at times it gets tough, she said "My strength rests on the hope of getting a good job for the future of my child and I."


The rate of single mothers is rising every year. Some mothers think they can forget about getting an education when they are introduced as a mother at an early age, but like this success story, getting an education is not out of reach with a little effort.



Photo by Brooks Whittington

Lateshia McClendon

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