

Donate to
Orchard Center



Police
on
Campus?
(see editorial—page 2)

Telethon Drive to Help Retarded

Today the Special Education Club of Niles East is conducting a telethon and an in-school drive to raise money for Orchard Center. Orchard Center treats drug problems, mental illness, and provides day-care for the custodial retarded. This is a community based service which is available at no other facility in Skokie.

A SMALL GROUP OF students have worked very hard to make this a success and now the cooperation of the school is needed. Students who donated 50 cents to the Orchard Center on either Wednesday or Thursday of this week

will be able to attend the rock assembly today fifth period.

SIX LINES WILL be open in Niles East today to the general public. Hopefully community people will phone inquiring about the situation and pledging donations for the survival of the program.

Students involved in the project include the officers: senior Don Millard, president; sophomore Lorie Greenberg, vice president; sophomore Felice Lewin, secretary; sophomore Ronna Nessenson, treasurer; and freshman Heide Kogan, publicity chairman.

Faculty Aims to Score Points

Plans are in the making for a Niles East faculty basketball game in the contest gym, next Friday, periods four and five.

SPONSORED BY the "N" club, this voluntary assembly will consist of the men versus the women competing in an effort to "relax the classroom situation and show students that teachers are human," said Gary Elkins, chairman of the planning committee. The two teams will consist of these players: Women's team: Miss Charlotte Vanderwilt, Mrs. Marcia Berke, Mrs. Kristine Salgado, Miss Jean Wojdula, Mrs. Nancy Goodman, Miss Joanne Morris, Miss Dorann Klein, Miss Jane Burnham, Miss Judith Rochotte. Men's team: Mr. Emil Capitani, Mr. Steven Poznansky, Dr. Arthur

Colver, Mr. James Huskie, Mr. Chip Carpenter, Mr. James Puff, Mr. Nick Odlikav, Mr. William Coulson, Dr. Jim Richter, and Mr. John Moshak.

Cheerleaders for the two teams include: Mrs. Betty Ladd, Mrs. Kathy Lesley, Mrs. Barbara Handler, Mrs. Herminia Lopez, Mr. Dick Livingston, Dr. Lee Hawkins, Mr. Kenneth Anderson, and Mr. Fred Richardi.



An assembly featuring the "Up With People" musical group brightened up November 30 for Niles East students. This was the group's second appearance at Niles East. A special attraction for many students was seeing a former classmate, Karla Rosenzweig, perform both solo and with the group. She is shown above, second from left, with three other "Up With People" members.

Festival Presents Sounds of Winter

The seasonal music of Christmas and Chanukah will be heard again in the Niles East auditorium, when on Sunday, December 17, at 2:30 p.m., groups of the music department will present the annual Winter Festival.

UNDER THE DIRECTION of Mr. Robert Anderson, Mr. Leo Provost, and Mr. Henry Wintczak, selections will be presented by the Concert Choir, combined Cadet and Intermediate bands, Chamber Orchestra, Mixed Chorus, and Girls' Glee.

A special feature of the program will be a guest soloist, Miss Jennifer Krueser, voice teacher at Niles East, from the Northwestern University Music School. She will sing the soprano solos in "The Christmas Song" and "Winds Through the Olive Trees" while the Concert Choir sings the accompaniment.

Other selections performed by the Choir include "Christmas Carol Fantasy" and several compositions in the Spanish and Latin languages.

THE CHAMBER ORCHESTRA will perform the "Christmas Concerto" by Corelli, which Mr. Anderson will play and conduct from a borrowed harpsichord.

The Cadet and Intermediate bands will combine to play "Christmas Week" by Harold Wolters and excerpts from Tchaikovsky's Nutcracker Suite.

Rounding out the program, the Mixed Chorus will sing "Have Netze Bemachol," and Girls' Glee will perform songs from Broadway musicals and two Chanukah songs, "La La La Latke" and "The Dreidel Song."

Campus Cops, Drug Study Discussed by Board

At its November 27 meeting, the Niles Township Board of Education considered requesting from the Village of Skokie the services of on-campus uniformed police at all three schools.

If passed the proposal, would allow police to patrol school parking lots and driveways on a daily basis. At the present time, these and all other school areas are considered private property of District 219, and therefore off-limits to traffic law enforcement.

The discussion of this plan drew a decided difference of opinion between Board Members James Moore and James Gottreich. Mr. Moore, a life-long resident of the district and a graduate of Niles East, supported the proposal and felt it would be a good way of informing students that "police are their friends and are there to protect them."

Mr. Gottreich, who is a special Cook County deputy sheriff, disfavored the plan and felt that it might create "antagonisms" between students and others. He feared that certain precedents would be set by allowing police on the campuses proper.

Other members of the board were undecided and requested traffic statistics to show a need for the police service. Mr. Gottreich's motion to reject the proposition was not seconded, and the plan is currently in a state of abeyance, subject to further consideration.

In other business, East's Director of Language Arts, Dr. Lee Hawkins, explained the role of foreign languages in the high school system. The board listened with interest as Dr. Hawkins referred to "an aura of elitism" which characterizes foreign language education. Traditionally, he feels, the low and average ability student "has not felt particularly welcome in our program."

The discussion during the last hour of the post-one a.m. session centered around Niles' drug education program.

Three students attending the meeting spoke with much candor in criticizing the present efforts as "failing to provide the kind of realistic approach and honest information students need."

vide the kind of realistic approach and honest information students need."

Niles East Junior Robert Feder suggested that Health Education should not be taught by gym teachers, but by a "separate specialized staff."



James Gottreich and James Moore: A difference of opinion.

'Crucible' Cast Portrays Occult

Witchcraft, the occult, and much suspense and drama will be staged at Niles East January 19 and 20 at 8 p.m. when the drama department presents Arthur Miller's play "The Crucible." The production is directed by Mr. Jerry Proffit, assisted by Lori Sucherman, '73.

The cast of twenty students was posted November 20 after tryouts on November 16 and 17. Cast members include Jill Aronovitz, Bradley Bentcover, David Cole, Karyn Esken, Stew Figa, Noah Gilson, Glenna Hecht, Mark Isaacson, Robert Klein, Jeff Langer, Sheri Lee, Chuck Lutz, Don Millard, Penny Mitnick, Cheryl Politzer, Daniel Rappoport, Susan Shelley, Lori Simon, Leslie Suslick, and Debbie Wagner.

State Scholars Chosen

HAVING SCORED SUCCESSFULLY on their ACT exams last spring, 92 Niles East upperclassmen were recently named Illinois State Scholars. These students are among the 15,200 top scorers in the state.

Criteria other than high ACT scores which determine a Scholar's selection include high class rank, U.S. citizenship, Illinois residency, high school graduation by September 1, 1973, good moral character as determined by the high school, or current enrollment in college.

ON NOVEMBER 1, these students were notified of their status with a Certificate of Merit and a congratulatory letter. State Scholars wishing to be considered for a monetary award of up to \$1,200 to be used toward tuition and fees for full-time, undergraduate study at one of 180 approved public or private institutions in Illinois must submit a 1973-74 Monetary Award Application. These were issued in September.

The 92 State Scholars include Shepherd M. Abrams, Kenneth Alexander, Richard Angell, Bruce Barron, Mary Berman, Scott Bieber, Laura Irene Black, Elysa Joy Blacker, Richard A. Blanke, Harry Borovik, Susan C. Brody, Joseph J. Cone, Judy Dai, Ronda Lee Daniels, Jack Deutsch, Alice Diamond, Fern Duberchin.

Karyn B. Esken, Richard J. Fantus, Robert Fein, Allen Feldman, Cindy L. Fine, Nancy Jo Fisher, Cheryl Robin Frank, Hallie M. Friedman, Nancy B. Gerchikov, Amy Ginsburg, Cheryl R. Gliksmann, Ilene A. Goodman, David Haake, John Hasmonok, Donald F. Heiman, Mark Isaacson, Lawrence Yale

Iser, Richard Jonas, Gary Kahan, Lillian R. Kahn, Ronald Kammer, Richard N. Kamo, Susan F. Kaplan, Gregg C. Krech, Michelle Kulwin, Elizabeth M. Kusek, Jeffrey I. Langer, Robert Letchinger, Glenn Karl Lubin, Charles L. Lutz.

Judy Maedge, Richard A. Marks, Karen J. Mayer, Marylee Melvin, Marcia A. Merkin, Adele R. Meyers, Laura Jane Miller, Michael Jan Mrowka, Linda Mylroie, Eric Scott Nagel, Stuart A. Nelson, John D. Nikitow, Richard Powers, Robert Render, Daniel S. Robin, Holly M. Robin, Irwin R. Romanek, Steven M. Romanoff, Ronald G. Rubin.

Henry F. Sadovsky, Richard Jay Salter, Debra Schoenbrod, Karen K. Shimizu, Katherine Siavelis, Martin S. Singer, Gayle R. Snitman, Leonard C. Soffer, Philip J. Spitz, David J. Steirman, Lynne Stiefel, Lorin J. Sucherman, Jeffrey J. Tabor, David Tresley, Diana C. Waller, Jon Wasserman, Jane E. Weinstein, Karen Diane Werner, Janice I. Winer, Michael C. Winter, Steven Wirtshafter, Ferne Paula Wolf, Karen Wrzepski, Norman S. Yoshimura, and James R. Ziah.



Mixed chorus vocal group shows varied expressions in warming up for the annual Winter Festival.

CALENDAR OF EVENTS

- Friday, December 8
Telethon for Orchard Center
- Monday, December 11
Board of Education Meeting
7700 Gross Point Road, 8 p.m.
- Friday, December 15
Faculty Basketball Game
Periods 4 and 5
- Sunday, December 17
Winter Music Festival
2:30 p.m.
- December 25 - January 8
Winter Vacation

Soon to be Decided

Urge Board Rejection of On-Campus Police

At its last meeting, the Nilehi Board of Education considered an offer made by the Skokie Police Department to authorize patrolling of school parking lots and driveways. This would give uniformed policemen the jurisdiction to make arrests or citations on campus areas.

The rationale behind this proposal is that the presence of police would lessen the risk of accidents and parking violations. Board Member Moore felt that, in addition, this would give students an opportunity to interact with police and help improve relations between the two groups.

WE STRONGLY DISAGREE with this logic and urge the Board to reject this offer at its earliest opportunity.

We see no need for this service, since auto accidents and other violations such as drag racing and speeding rarely, if ever, occur on Niles East property. If this is a problem at West and North, regular lay personnel could watch these campus "trouble spots" during the day.

Furthermore, we find Mr. Moore's belief that this would improve student-police rapport unrealistic. For the most part, students today feel intimidated by the uniforms, guns, and badges which accompany such authority. Whether it is a healthy attitude or not, student sentiment has changed over the years.

WE AGREE WITH Board Member James Gottreich, who fears that authorizing on-campus

police on a daily basis may set a dangerous precedent.

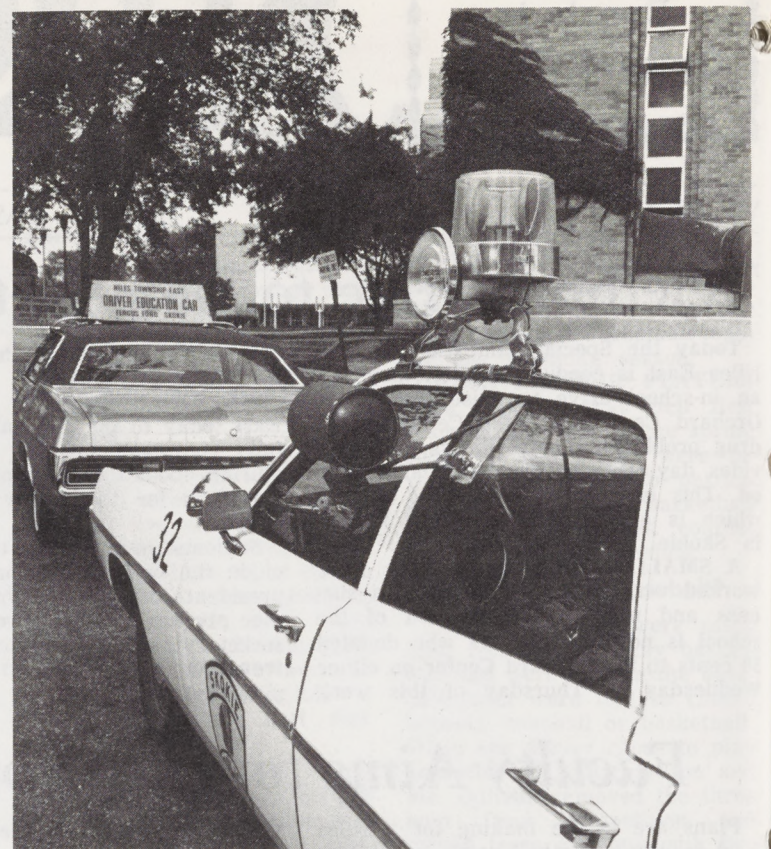
In the late 1960's off-duty patrolmen were posted in cafeterias in the Nilehi schools. This created violent, widespread student resentment, likening the atmosphere to a "prison." This new proposal would bring us one step closer to the armed-camp surroundings again.

Mr. Gottreich further suggested that if the Board really wants to improve student feeling toward police, this is the wrong way to do it. He cited a previously successful method employed elsewhere, which places a plain-clothed youthful policeman in the role of a "surrogate counselor and advisor" in the high schools. He would act as the students' friend, quasi-social worker and legal advisor. Surely, such a plan would be more acceptable to students at all three schools.

Mr. Gottreich moved that the proposal be rejected, but his motion was not seconded. The proposition was tabled until traffic statistics could be gathered for Board consideration.

A vote on this matter will probably be taken in the near future. Until it is taken, we urge students to express their feelings on this subject in writing to the Nilehilita, Student Legislature, and especially the Niles Township Board of Education.

The high-charged emotionalism once pervading Niles East has at last subsided, and a calmer and more relaxed aura exists. Indeed it would be unfortunate if this productive, educationally conducive atmosphere were spoiled once again.



Cops on campus?

Editorial



IHSA Rules Sorely Need Revision

Five Niles East basketball players have been suspended from competition for the first four games of this season because they violated bylaw A-1-18 in the Illinois High School Association which states that any participant in a sport who plays on a team other than that representing his school shall be ruled ineligible.

In other instances, however, enforcement of the rule by various schools has been relaxed. The article "Injustice to Cagers," in the November 17 issue of the Nilehilita points out that Niles West, Evanston, and Thornridge were but a few of the teams in violation of the rule, yet no disciplinary action was initiated by those schools. Many of the rules found throughout the IHSA handbook are so outdated that application will probably continue to be inconsistent. Bylaw A-1-15 states that "if, after entering a member school, you have played on a team with a paid player, you will be ruled ineligible." A hypothetical question following this asks, "If a boy plays baseball with a team that seems to be made up of amateur players, but one or more of whom later accepts a split of the gate receipts, would the boy be ineligible?" The answer in the handbook is "Yes." Since most experienced athletes are professionals and the best way to practice is with good players, this rule can only harm the quality of the school's teams.

Reading further, bylaw A-1-16 explains that a player may not receive an award valued at \$5 or more (trophy, medal) excluding non-school events. The explanatory question asks "If a boy through ignorance of the rules accepts a prohibitive award may he regain eligibility by giving up the award?" The answer explains that until the IHSA Board acts on the case, the player remains ineligible. If the boy turns down the prohibitive award after winning, he still must wait for the Board to act. However, it does not designate when the Board must act.

These rules are indicative of the antiquated reasoning found throughout the IHSA handbook. They should be updated and enforced uniformly before any more unsuspecting athletes risk their eligibility.

From Our Readers

Sound Off!

Dear Editor,

This letter is not written to demean this year's fine cross country team, but is meant to be critical of a sports reporter who continues to author stories without having the facts at hand.

Your reporter writes in your October 13 issue that this year's cross country team is "maintaining their best record in Niles East history." In the following issue (November 17) he states, "it is evident that this year was the most productive in Niles East history." Now, the facts. . . .

RECORDS PRIOR TO 18 years ago are not available with the exception that Howie Johnston, who was undefeated during two years of Suburban League competition, became the first Trojan harrier to qualify for the state meet where he finished fifth in 1943. In 1961 I

became the varsity coach of a sport which had seen only one .500 season (4-4 in 1958) and had averaged less than one win per season. Between 1962 and 1965 I had the pleasure of coaching a group of hard working, dedicated athletes who compiled during this period a record of over 47 per cent of the East cross country victories during the 18 year period between 1948 and 1972. The 1962 team was 8-7-1, the 1964 team 7-7 while the other two years the teams posted 6-9 records. During this period of time these teams placed first and second in the Ridgewood Invitational, a prestigious 16 team event, and were able to beat every Suburban League team with the exception of New Trier. The captain of the 1965 team, Pete Lanners, became the second East runner to represent this school at the state meet finishing second in the district and ninth at state. The four year record of this team was 27-32 for a .458 percentage, far superior to the .290 overall record for the past 18 years. The 1964 team with a .533 record was certainly "more productive" than this year's team with a .375 mark. This year's team, contrary to what has been reported on your sports pages, did not maintain the finest record in East history.

MY CONGRATULATIONS to Coach Tom Ristow and his team for an outstanding season (winning twice as many meets as were won during the previous five years) and my disdain to a reporter who has not learned one of the basic tenets of journalism . . . to get the facts before writing the story.

William L. Warner
Coach Emeritus

REPORTER'S NOTE: In regard to the letter above, as the author of this year's cross country articles, I would like to use this space to retract the statement in which I said this year's harriers turned in the best record in Niles East history. My research was not extensive enough to date back to 1943. It also did not include the period that Dr. Warner was head coach. Therefore, I would like to rephrase the accomplishments of this year's squad as being one of the most productive seasons in Niles East history.

Dear Editor,

Last night I attended a joint meeting of the English and Foreign Language Advisory Committees. Unfortunately, I was only one of four or five students who decided to attend. For years there have been complaints from students regarding their courses. They complain and then state that they are not listened to. For this purpose, the Administration has created these committees. Last year in the Language Committee, several suggestions were made and submitted with the backing of the six or seven people on the committee. However, these suggestions were not followed. Already ideas have been suggested this year, but there are few people who have shown interest. Without enough people, the administration will not listen to us. I urge all students who wish to change the ways in which their English or language courses are taught to attend the next meeting or contact Dr. Hawkins.

Eliot Osherman '74

EDITOR'S NOTE: The Nilehilita received a letter concerning hockey at Niles East. Though names may be withheld upon request, they must accompany the letter before it is printed. The author should contact the newspaper staff.



Published 14 times during the school year by the students of Niles Township High School East, Lincoln and Niles Avenues, Skokie, Illinois 60076. Printed by Des Plaines Publishing Company, Des Plaines, Illinois.

VOL. 35, NO. 5 FRIDAY, DEC. 8, 1972

- Editors-in-Chief Janet Coclanis, Michelle Kulwin
- Page Editor Laura Miller
- Sports Editor Scott Jacobson
- Photography Editor Jeff Lotz
- Photographers Michael Fryer, Wally McCormack
- Reporters Marlin Brinsky, Michele Freed, David Mayer, Lynn Moss, Scott Skaletsky
- Contributors Anita Bradford, Robert Feder, Marty Singer
- Circulation Manager Jim Burgess
- Cartoonist Dennis Kaplan
- Advisor Mrs. Mary Scherb

Chanukah—Festival of Lights and Feast of Dedication

By Marlin Brinsky

Of all the holidays the Jewish people celebrate, Chanukah is the only one they are told to publicize. The "menorah," which is the symbol of Chanukah, should be put on a window sill or near the window so that all who pass will see it.

There is a two-fold reason for this. First, is the victory of the Maccabees over the Greeks and the second is the miracle of the cruse of oil that burned for 8 days, when it only had the natural capacity to burn for one.

UNDER THE RULE OF ANTIOCHUS, the Greek ruler, there were Jews who rebelled against the laws of Judaism. They circulated among the people and tried to persuade them to become like the Greeks.

Antiochus would never have tried to convert the Jews had he not been reassured by the priests of Israel that Judaism no longer was first in their hearts. The priests told him that Jews were only waiting for him

to place a Greek idol in the Temple.

One priestly family, the Maccabees, knew that it was wrong to forsake their religion. When an altar was placed in the market place of the town of Modin for sacrifice to the Greek god, one of the Jews stepped out from among the crowd to sacrifice to the Greek god. Mattathias Maccabee killed him, together with the king's officers who stood there. "Whoever is for G-D follow me," he shouted, and he and his sons fled to the mountains.

When the Maccabees returned to Jerusalem and saw the Temple desecrated by the Greek idols, they threw the Greek idols out of the Temple, cleaned it, and replaced the old vessels with new ones. As a final touch, they had to light the "menorah."

By law, the "menorah" was to be kept burning in the Temple continuously. Specially prepared oil was used to in-

sure its purity. When the Maccabees looked for the oil, they found a small cruse which contained only enough oil for one day. They put it into the Menorah, and in the meantime began to prepare new oil. To their surprise, the oil in the Menorah lasted miraculously for eight days. The rededication of the Temple occurred on the twenty-fifth day of the month of Kislev in the year 165 B.C.

Not only did the Jews win a victory over Antiochus, but they won a victory over themselves.

THE CHANUKAH FESTIVAL, which is observed for eight days, begins on the 25th

day of the Hebrew month of Kislev. The word Chanukah is composed of two parts, "Chanu" meaning "they camped" and "Kah" the Hebrew letters "Kaf and "hei" which together mean twenty-five — and so the name Chanukah which means "They camped on the Twenty-fifth day."

AS A SYMBOL and a reminder of the miracle of the oil, Jews light and display a model "menorah" each night of the holiday. They begin with one candle and add one candle each night, bringing it to a total of eight candles. The "menorah" is lit by a special light-

ing candle called a "shamash," which is placed a little higher in the "menorah" to show that it is not part of the Chanukah candles. The candles are placed into the "menorah" from right to left, the candle on the extreme right is put in on the first night. Each night a new candle is added on that side. In lighting the "menorah," however, it goes from left to right. The newest candle is lit first, and followed by the second newest and so on.

The menorah and the festival of Chanukah itself represents the continuing struggle for freedom and liberty to all people.

What's Happening in Chicago?

ATTRACTION	LOCATION	DATES
Chicago Electric Odyssey	Electric Theatre	Through-12/31
Professional Art Show & Sale	McCormick Place	12/2-12/10
Messiah	Rockefeller Chapel	12/3 & 12/10
U.S. Table Tennis Championship	Wheeling High School	12/16-12/17
Nutcracker	Arie Crown	12/20-1/2
NIGHT CLUBS		
Carol Channing	Empire Room	12/5-12/16
Ramsey Lewis	London House	12/5-12/30
James Moody	London House	1/2-1/21
Stan Getz	London House	1/23-2/11
Morey Amsterdam	Mr. Kelly's	Through-12/10
Muddy Waters	Mr. Kelly's	12/11-12/24
Oliver	Mr. Kelly's	12/26-12/30
Earl Scruggs Review	Mr. Kelly's	1/1-1/17
THEATRE		
Godspell	Studebaker	11/13-12/22
Don't Bother Me I Can't Cope	Happy Medium	Through-12/31
Second City	Second City	Through-12/31
No, No, Nanette	Shubert	Through-3/10
MILL RUN THEATRE		
Temptations	Mill Run	12/26-12/31
POPULAR CONCERTS		
Byrds	Aragon	12/8
Richie Havens	Aragon	12/15
Fleetwood Mac	Aragon	12/22
Roberta Flack	Arie Crown	12/8-12/10
Rare Earth	Arie Crown	1/13-1/14
Guess Who	Arie Crown	2/9-2/10
Charlie Pride	Arie Crown	2/11
Mac Davis	Arie Crown	3/16
Johnny Mathis	Arie Crown	3/24-3/25
Hank Williams, Jr.	Arie Crown	4/29
Ferrante & Teicher	Arie Crown	5/5
New Riders of the Purple Sage	Arie Crown	12/16
Jesus Christ Superstar	Auditorium	12/19-12/31
Seals and Croft	Auditorium	1/26
Loggins & Messina	Auditorium	2/16
SPORTS		
Chicago Cougars	Amphitheatre	Through-3/28
Chicago Bulls	Chicago Stadium	Through-3/27
Harlem Globetrotters	McGaw Hall	12/8
College Hockey	Stadium	12/8
Wrestling	Hamond Civic Center	12/23
Chicago Warriors	Stadium	Through-3/18

We don't make promises. We make guarantees.

We have too many good things to offer you to make any up. (They're so good you may think we are making them up.) Read on.

We won't guarantee you anything we can't pay off. (If we guarantee you Hawaii, start waxing your surfboard. You'll need it.)

Everything we guarantee will be put down in writing. In a legal document that you get a copy of. (If you agree to sign for computer training and the Delayed Entry Option, it will all be spelled out in language you can understand.)

We want you to know without a shred of doubt that you'll get everything you signed for. So we'll give you this card. On the front is what you signed for. And on the back is an address to write to in the Pentagon, just in case you didn't get what's on the front.

We think today's Army has a lot to offer you. We'll try to convince you of that. That's our job. But we'll never try to mislead you. That's our job, too.

Your Army Representative.

Enlistment Guarantee

This card is presented to

Patrick J. Cunningham

who has enlisted in the Regular Army, this date, under the provisions of Army Regulation 601-210, for the enlistment option of **Delayed Entry Plan; Unit of choice--**
25th Infantry Division, Schofield Barracks, Hawaii; Job training--
Course No. 201-05B2 (Radio Operator).

1 Dec 72 Madison SSG 004-36-4655

To get complete details

talk it over with your local Army Representative.

4515 OAKTON STREET

SKOKIE, ILLINOIS 60076

OR PHONE:

312-673-5393

Today's Army wants to join you.

Singer's Tune

By Marty Singer

DEPRIVE THE HOUSEWIFE of her morning coffee and danish, and that's cruelty. Take a Big Mac from a growing boy and that's torture.

So begins the sad saga of Noah Pounds, the dedicated wrestler struggling to reach his golden plateau, the 165 weight class. Noah tipped the scale at 186, allowing him to compete comfortably as a heavy-weight. But 165 was the only bulk the coach thought Noah could positively win with.

Now shedding 21 pounds in fifteen days is no easy feat. The staunchest champions of will-power have crumbled from less a task. From Ho Ho's to Carnation Slender for breakfast, the mighty weight watcher haplessly battled the hunger and temptation time had so mercilessly wrought on him.

HE BRAVED THE HIGH nutrition of celery, the dynamic taste of skim milk, the wild flavor of a naked salad, and the "Hot lunchline blues".

What are the "Hot Lunchline Blues" to a dieter? You grab a tray and in your weakened starving condition, you try to secure a strategic place in line. You pass up the milk because

juice has less calories; and in your best snobbish expression you give the chocolate cake a long cold star. Then you grab a grapefruit.

AFTER FINALLY GETTING your lunch, you play a little dialogue game with the cashier: "You get the milk free, take one."

"I know, but I'll only throw it out."

"Oh, I get it, the green beans, the applesauce, no milk, no bread; you're on a diet. But you're too young to be on a diet."

FRUIT AND SALADS, skin and bones monopolized Noah's thoughts constantly. He feared he'd turn into an apple or a dietetic cookie one day.

When Noah wasn't buried in thought he was buried under 50 pounds of sweat clothes jogging, sprinting, playing handball, weightlifting, and panting for air in the indoor track.

And gradually the dedicated grappler began to see results. His earlobes thinned out at first but after 12 days, Noah had worked off a remarkable total of 17 pounds. But when the day before the meet rolled around he still was two pounds overweight.

THAT FRIDAY NIGHT AFTER a nutritious steak dinner, a desperate and weary wrestler hit the sack early, praying for a minor miracle at weigh-in Saturday morning.

"Noah Pounds," the coach called out, "ONE HUNDRED SIXTY FOUR POUNDS." He had reached his cherished goal. Nothing could stop the drive of the young man after hearing that beautiful number uttered from the coach's mouth.

"Shake hands, Referee's position," ordered the referee — the celebrated match had begun.

"Escape, Pounds — Takedown Pounds," noted the scorer — and finally the sound Noah had sweated and toiled so long for to hear the melodic slam of the referee's palm on the mat signifying a pin, three slaps that echoed the triumph of Noah Pounds.

BUT WHEN IT CAME TIME to present the trophies to the winners, Noah was missing. However, if you took a ride by any McDonald's that Saturday afternoon you'd discover Noah and many fighters like him making up for valuable lost time.

Suspended Players Return!

By Scott Jacobson

The ineligibility of five suspended varsity basketball players, Ien Weinstein, Corey Levens, Jim Cohn, Kurt Kiesel, and Ross Pollack, has kept the Trojans away from the victory column in the first four games of the '72-'73 season.

THESE FIVE CAGERS will be eligible and compete in their first varsity game tonight, against Maine West in the contest gym at 8:30. Their return should prompt the Trojans towards a winning season. The absence of the cagers was really felt in the Trojans' most recent game against Maine East, last Saturday night, as the Demons' fourth quarter surge beat Niles East 39-30.

Bad passing and mishandling the ball by both teams kept the score close until the final minutes of the game. Throughout

the contest, the Trojans had trouble breaking Maine East's full court press, which cost the Trojans valuable time.

IN THE FOURTH QUARTER, the cagers were down 27-25, when Maine East took charge. The Demons scored 6 straight points before Niles East could even get on the scoreboard. Once again, bad passing and lack of ball control plagued the Trojan offense.

The frustration of the Trojans was exemplified when Paul Mandel gave the Demons' Doug Moorad a right jab to the face, causing Maine East's center Bill Castonzo to tackle Mandel. This skirmish made the referee call a double technical foul against Mandel and toss him out of the game. It really didn't matter what happened to the Trojans now, with six players

unable to play and the score 39-28 and only 1:33 remaining in the game.

AT CERTAIN POINTS, the Trojans have been in every game this season against Lake Forest, Riverside — Brookfield, Proviso East, and Maine East. However, the cagers have been unable to break full court presses and have made several costly mistakes. The addition of the five suspended cagers tonight, should add strength to the team. Len Weinstein almost certainly will be a key rebounder, and Jim Cohn and Corey Levens should help out in setting up plays and in scoring.

The Niles East Basketball team might have been 4-0, had these cagers competed, but instead the Trojans find themselves with an ill-fated record of 0-4, and an 0-1 mark in the CSL.

Gymnasts Prepared

By Dave Mayer

The Niles East gymnastic team will begin the 1972-73 winter sports season today when they meet the Maine West Warriors at home at 6:30. Coach Tom Sokalski expects strong performances from all-around man Rick Robbin as well as ringmen Keith Kreitman and Eric Nagel. The team will be supported by a large number of talented juniors including Gary Siegel, Barry Scher, Bill Bro, and Steve Kozub. Adding great depth to the squad will be seniors Steve Levit, Rick Powers, and Howard Deutsch along with juniors Lori Lichtenstein, Barry Liamez, and Nat Lawrence.

"THIS YEAR'S TEAM NOT only possesses the strong individual performer but also contains the depth lacking in last

year's team," remarked Mr. Sokalski. One reason for Coach Sokalski's optimism is the improvement of gymnasts such as Ken Golden, who will return to the team after suffering from a year long injury last season, and ringman Steve Kozub who will be a major factor on the team. On the sophomore level, Coach Jim Gilberto is producing a potential league champion. Leading the team is all-around man Neal Sher who participated in the state district meet last year as a freshman.

Contributing also to the sophomore squad are Steve Irsay, Fred Rosenthal, Brian Abrams, and Mike Burke. Freshman standouts are Jon Stavin, Rick Irsay, Jeff Beard, Ed Borg, and Matt Rosenberg.

Tanksters Renovate

By Marlin Brinsky

The Niles East swimming team will try something new in high school athletics, this year. Realizing not every athlete might be good enough for the Olympics, or just doesn't want to go, they have geared the swimming program to each individual's goals.

FOR SWIMMERS who have jobs that conflict with scheduled practices, specially arranged practices have been provided. All swimmers are encouraged to set their goals high, but the coaches don't try to pressure

those who are out for a good time. Some swimmers will swim 10,000 to 12,000 yards each day and others only 3,000. No swimmer will become a champion with the latter mileage, but Coach Donald Larson feels athletes have more to offer than the glory of winning.

As far as how the tanksters will do this year, depends on how hard each individual works. Coach Larson expects that great performances will come from senior Rick Williams and freshman Jeff Slater.



Senior Rick Robbin performs a handstand on the parallel bars in preparation for the first gymnastic meet tonight against Maine West.

Grapplers Compile Victories

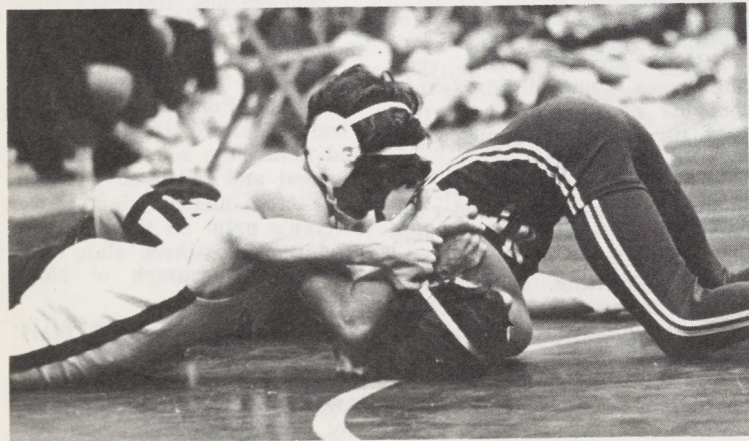
By Ed Jacobs

Niles East students have reason to be overjoyed by the performance of their Trojan matmen, thus far this season. Going into tonight's tussle with the New Trier West Cowboys,

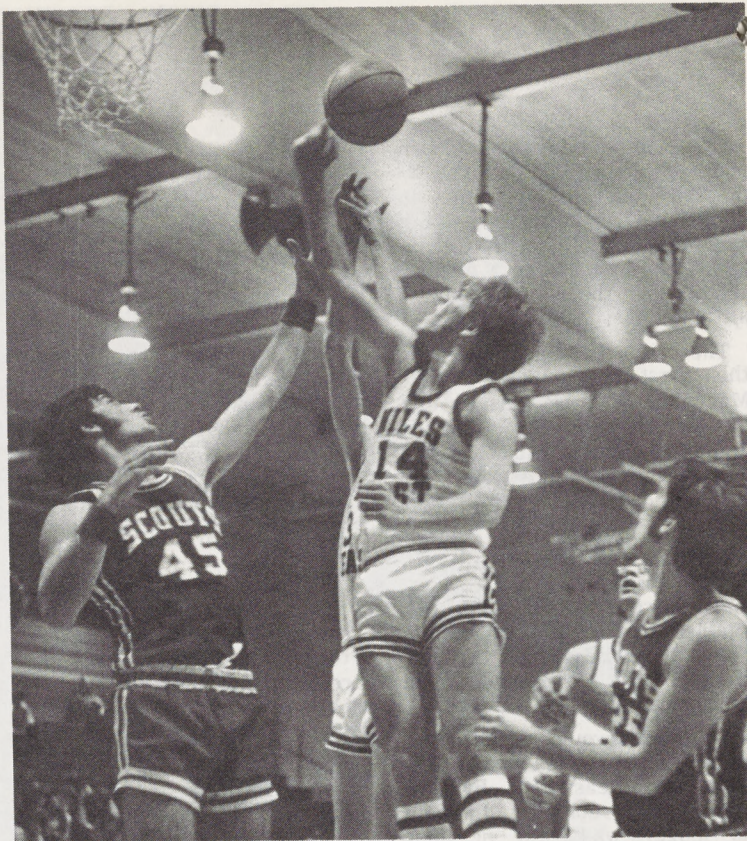
in their initial CSL contest, East's varsity wrestlers have compiled non-conference victories over Grant and Lake Forest, falling only to a powerful Proviso East squad.

IN THE RECENT Trojan Invitational, held last weekend, Niles East captured fourth place out of the 13 teams competing. Electrifying performances were turned in by Jeff Rock, 98 lb. class, and Kip Weissman, who both took firsts, Rick Angell and Phil Cech, who both captured second place finishes, and Len Upin who powered his way to a fourth place finish. Compiling a 2-1 record at this juncture, the grapplers are only one victory away from their '71-'72 season's total victories.

News from the sophomore and freshman teams seems just as bright at the varsity, with both teams compiling 2-1 records. The sophs have been led by Ira Fishman, Mike Stone, Paul Kostyniuk, George Christopoulos, Henry Rollick, and Dave Mamot. The frosh, who demolished Proviso East, are led by Todd Robins, Nick Lake, Jim Schutz, and Joe Callucci.



Grappler Jeff Rock tries to pin his opponent in the Trojan Invitational. Rock went on to take first place in the 98 lb weight class. (Photo by Mike Fyer)



Cager Paul Mandel battles for the rebound against Lake Forest. (Photo by Mike Fyer)

Foilers Beat West

By Ron Miller

The second decade of fencing at Niles East began Friday, December 1, as the Trojans defeated sister school, Niles West.

FENCING, probably the most misunderstood interscholastic sport, was brought to Niles East in 1962 by Mr. Robert Keen, himself a fencer for the University of Illinois, who believed that this sport could offer a new dimension to Niles East's athletic department. In the ten years of competition since, the Trojans have earned state-wide recognition. In their fourth year, 1965-66, the fencers became the first Niles team ever to capture a state championship in any sport. Four years later, they took state again. Both times they were led by the state's top fencer, Harvey Harris in 1966 and Al Acker in 1970, both of whom later starred at the University of Illinois. Many other of Mr. Keen's alumni have continued in college, including Sid Milstein, '69, who is captain of this year's fighting Illini.

Student interest in fencing is practically nonexistent. Coach Keen attributes this to the somewhat confusing nature of the game. It is not easy to follow the rapid exchange of attacks, and the rigid rules which make scoring even more complicated. Nevertheless, with a little viewing experience, one can become totally absorbed by the excitement and tension. Fencing is a demanding test of reflexes, quick thinking, and endurance. It is a match between two opponents trying to out think and out maneuver each other.

THE TROJANS HAVE an excellent team this season, with a chance for the state title. Against Niles West, last Friday, the Trojans were trailing nine bouts to eight (a bout is a match between two fencers. Each of the six fencers plays three bouts; to win a bout they must score five touches on the opponent). In the final bout, Captain Ron Rovner, defeated a tough sophomore, Rick Lescher, in an exciting battle to tie the meet at nine. The Trojans won when the points were totaled 61-74, (score indicates number of times fencers were touched, thus lower score wins thanks to 0-5 victories by Kurt Leipold, and Phil Spitz. Rovner won all three bouts, while Spitz and Reid Sigman won two out of three, and Bill Osness and Leipold winning one each. Osness came closest to defeating the Indian's Howard Labow, who could well be the state's top fencer.

ON THE FROSH-SOPH level, Lane Schultz fenced to three victories, while seven other fencers won one each, giving the Trojans a 10-8 victory.

Last Saturday, the Trojans defeated inexperienced Dixon 13-5 as Coach Keen shuffled the lineup. Sophomore Joe Jans, in his first varsity competition, won all three bouts. Spitz, Rovner, and Osness continued to look sharp, as the Trojans head toward a successful season.

GAA Swimmers End Season Volleyball Commences Tonight

By Scott Skaletsky

Completing their first competitive season, the Girl's Interscholastic swim team was not as successful as some had hoped it would be, losing all of their meets. The girls who had prior competitive activity, plus the swimmers who just started, showed rapid improvement.

THE TEAM COMPETED in five league meets, one non-league meet, and the league championship in which they placed tenth. The swimmers coached by Mrs. D. Whyman and Miss D. Totemeier were selected from 135 girls, with 26 making the team.

ON THE BRIGHT side of GAA activities, the Interscholastic Tennis team competed in five conference meets, winning two matches, and finishing third in their division and conference. The top three singles spots on the team were held by Pam Winans, Davi Hirsch, and Donna Whisler. The first three double spots on the team were filled by Sherrie Freidman-Tammy Lothan, the number one doubles team in the CSL, Cheryl Esken-Nancy Hirsch, and Paula Friedman-Sharon Matsumoto.

Tonight, the GAA Volleyball team will begin their season at Maine West. The team has 18 girls, and will compete in a total of four meets.