

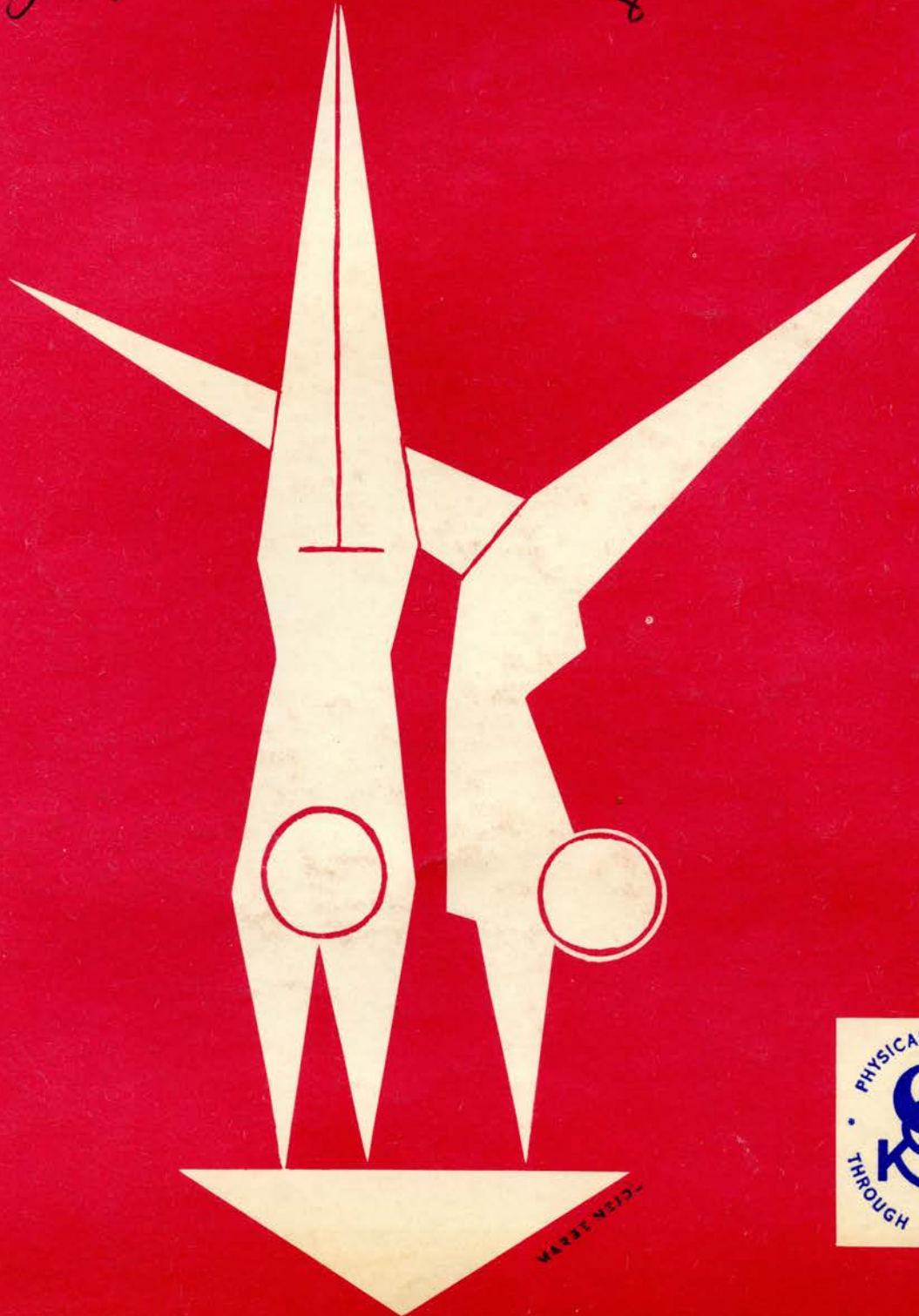
WESTERN DISTRICT SOKOL SLET

CEDAR RAPIDS, IOWA

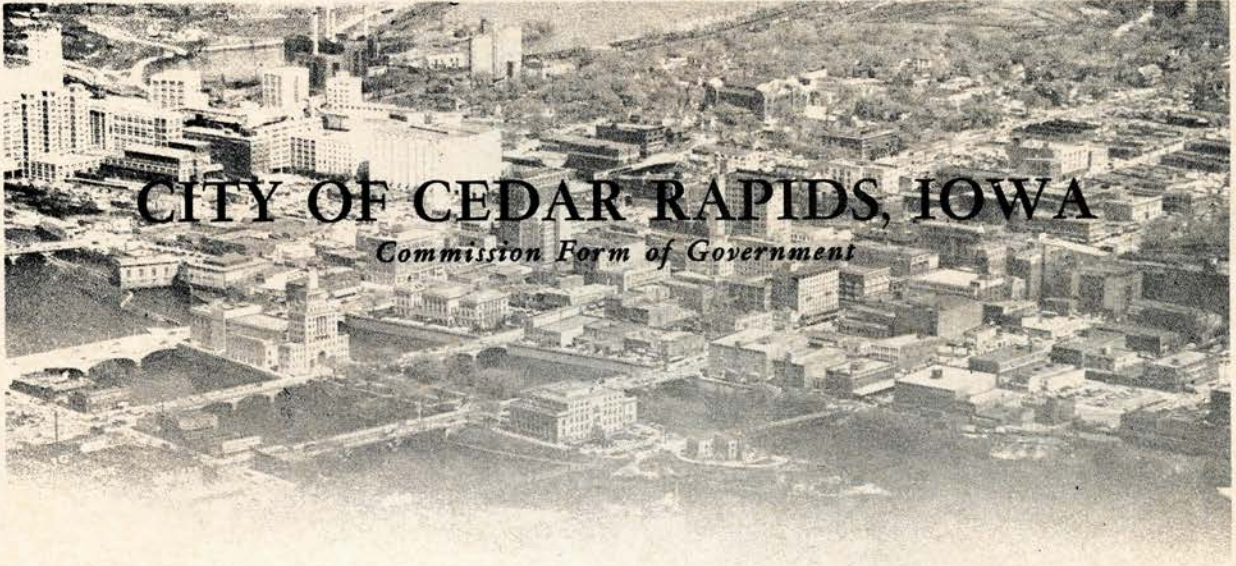
JUNE 12, 13, 14

1970

Property of Fred Anthony



WARREN



OFFICE OF THE MAYOR

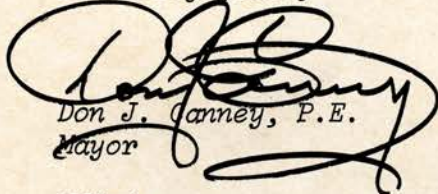
GREETINGS:

On behalf of the citizens of Cedar Rapids, I would like to extend a warm welcome to the SOKOLS. We are very proud to have such a fine organization as the Sokols in Cedar Rapids and are very honored that they chose our city to host their Western District Sokol Slet. We know you will enjoy the friendly atmosphere that prevails in our city.

Cedar Rapids has many points of interest and is noted for its fine recreational facilities. The many excellent stores provide a wide selection of items should you choose to browse through them.

We sincerely hope you will find your stay in our city most enjoyable and worthwhile.

Sincerely yours,


Don J. Carney, P.E.
Mayor

DJC:jm



ERNEST KOSEK
STATE SENATOR

In Session Address:
STATE HOUSE

DES MOINES, IOWA 50319

Cedar Rapids Address:

501 MERCHANTS NATIONAL BANK BLDG.
CEDAR RAPIDS, IOWA 52401

The Senate

STATE OF IOWA
Sixty-Third General Assembly
STATE HOUSE
Des Moines, Iowa 50319

COMMITTEES

SOCIAL SERVICES, *Chairman*
APPROPRIATIONS
CITIES AND TOWNS
CONSTITUTIONAL AMENDMENTS
AND REAPPORTIONMENT

DEAR FELLOW SOKOLS OF THE WESTERN DISTRICT:

IT IS WITH 50 YEARS OF CHERISHED AFFILIATION THAT I WELCOME YOU TO THE WESTERN DISTRICT SOKOL SLET IN CEDAR RAPIDS. WHEN CZECHOSLOVAKIA EXPORTED HER FINEST PRODUCT . . . "HER SONS AND DAUGHTERS" . . . TO AMERICA, SHE GAVE CEDAR RAPIDS ONE OF ITS MOST VALUABLE ASSETS . . . THE DISCIPLINE AND SKILL OF THE SOKOL TRADITION. ON THIS OCCASION ALL OF OUR CITIZENS WEAR "RED OF SAINT JOSEPH" AS A SYMBOL OF RESPECT FOR SOKOL AND ITS HERITAGE.

THE TRAINING AND DISCIPLINE I RECEIVED AS A MEMBER OF SOKOL CONTINUES TO BE A SOURCE OF STRENGTH AND PRIDE. I HOPE THAT OUR HOSPITALITY WILL MAKE YOUR STAY IN CEDAR RAPIDS SO PLEASANT THAT YOU WILL RETURN OFTEN TO OUR CITY.

SE SOKOLSKÝM NAZDAR

ERNEST KOSEK
IOWA STATE SENATOR



E. J. Pavoucek
Western District ASO President

GREETINGS —

It has been with great anticipation, that we look forward to having Sokol Gymnastic Association and Sokolice Renata Tyrsova, host the 1970 Western District American Sokol Slet. These two Units are a traditional example of having wide diversification of good leadership on all levels. The Slet Committee, the Unit leaders, and the general members are Sokols who could not evade their responsibility. They are Sokols who joined together and captured the sense of the mission in recognizing that the main function was to give us the best possible Western District Slet. Our sincere congratulations to you for a very successful and memorable achievement.

In these days of worldwide unrest, scare headlines, and broadcasts, we experience a satisfying inner warmth when we visit our Sokol gymnasiums. These young gymnasts are not hippies, yippies, militants, or full of nonsense; they are among the vast majority of young people that deserve the backing of sincere adults. Our gain will be to continue to provide them with the gymnasiums that will help us reach our goal towards a healthier and happier nation.

The Sokols have accomplished much in the past, and we will continue to accomplish more in the future, so we can all be proud of the America we love.

Na Zdar!

E. J. Pavoucek, President
Western District American
Sokol Organization

JAMES O. EASTLAND, MISS., CHAIRMAN
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JOHN H. HOLLOMAN III
CHIEF COUNSEL AND STAFF DIRECTOR

United States Senate

COMMITTEE ON THE JUDICIARY
WASHINGTON, D.C. 20510

April 6, 1970

Mr. Edward Kuba, President
Western District Sokol Slet
Cedar Rapids, Iowa

Dear Brother Kuba:

It is with a great deal of pleasure that I send greetings to the participants of the Western District Sokol Slet.

Many years ago, Dr. Miroslav Tyrs, our esteemed founder, said: "Physical perfection should go hand in hand with a noble mind." I know the public demonstration of physical, moral and spiritual fitness which you will demonstrate at LaSalle High School will be living proof of his philosophy.

I know the fine Americans who will be participating in the program will exemplify the best ideals of American-Slavic culture, and I wish them all great success.

Our fine Sokol aims should provide a challenge to all America--to perform diligently, successfully and to the best of one's ability, with self-discipline, courage and vision.

It is my wish that your participants, be they individuals or teams, dedicate their competition to a stronger unity for our nation and a love of freedom for all.

Na zdar!



Roman L. Hruska
United States Senator
Nebraska

RLH:gh

NAZDAR!

The Executive Board of the American Sokol Organization wishes to congratulate the Western District on the Slet that is being hosted by Sokol and Sokolice Cedar Rapids.

Your District has enjoyed a long history of progressive Sokol activity, not only in the gyms, but also in the leadership and general membership of the units. The proof of this activity was brought out when at the Slet in Chicago in 1969, the competitors from your units won a very respectable number of trophies, both as teams and individuals.

The large number of children, juniors and adults that are taking part in the competitions and exhibition here today are deriving some of the benefits that their Sokol Membership has to offer, even though these benefits must be earned.

There is no better cure for the many ills of the present young generation than physical training, which is being urged by most prominent Americans. The Sokol gyms are open to participants of all ages, where under competent instructors they have the opportunity to develop their bodies for better health.

Today the task of the American Sokol is even greater than it was a hundred years ago. We must continually strive to keep our people physical'y fit, mentally alert, culturally well-developed, instilled with a deep abiding belief in the American system of government. A nation possessed of such a citizenry must itself be strong and healthy.

STANLEY BARCAL, President
American Sokol Organization



It is my privilege to extend to the Cedar Rapids unit of the Western District my most sincere and best wishes for a successful Slet. The Western District has a past history of fine achievement in Sokol — we are proud of our past and eagerly await our future with a progressive Sokol to fit today's needs.

Nazdar!

RAYMOND LASTOVICA, Director of Men



Wishing you much Success on your Slet which is the same day as our Central District Sokol Day — unfortunate perhaps we should consider this next year as members would like to attend Slets of other districts.

Nazdar

ANN BASTA



It is my privilege to extend to the Cedar Rapids units of the Western District my most sincere and best wishes for a successful Slet. The Western District has a past history of fine achievement in Sokol — we are proud of our past and eagerly await our future — with a progressive Sokol to fit today's needs.

Nazdar!

Raymond Lastovica, Director of Men

The Western District Slet and Competitions on June 13-14, 1970 will be a public record of the advances made during the past year, of all your gymnastic classes: tots, senior citizens' classes and competitive classes. Your District Directors, Unit Directors and all Instructors have worked most diligently to assure these advances, and we feel sure that you will be able to look back with a great sense of accomplishment on the fruition of twelve months' endeavor.

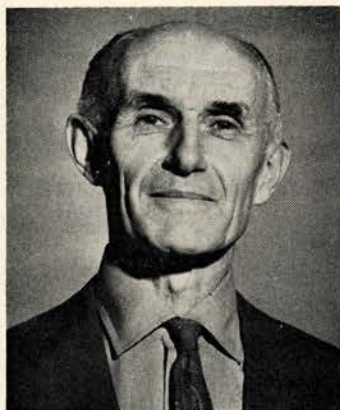
The A.S.O. Women's Board of Instructors extends to the Cedar Rapids Sokols, indeed to the entire Western District, our very best wishes for a successful Slet and Competitions on June 13-14, 1970.

Nazdar!
Lorraine Zdenek,
Director of Women, A.S.O.

A MEMORIAL TO
FRANK J. STASTNY
FOR HIS MANY YEARS OF
UNTIRING SERVICE AND
DEVOTION TO THE
CEDAR RAPIDS SOKOLS.



To Sokols, and Friends of the Sokol,



A Sokol Slet is a major effort for the locality where it is held. The preparations are many, requiring a great deal of energy, and detailed work.

We of the Sokol Gymnastic Ass'n., as co-hosts to this Western District Slet are proud to be able to do our share to promote this District effort, and work to bring it to a successful financial and moral completion.

We welcome ALL OF YOU that have come to see the Slet program be you local or out of town. Furthermore, we thank all the Slet personnel, for their diligent efforts.

NAZDAR!

JOE PAZOUR, President

CEDAR RAPIDS SOKOL GYMNASTIC ASS'N.

Welcome to the Western District Sokol Slet!



In 1862 Dr. Miroslav Tyrs organized youth gymnastically in Prague, Czechoslovakia, theorizing that a healthy body and sound mind would make for a stronger nation which is the core of Sokol philosophy. This ideal, established 108 years ago, still prevails now and should be perpetuated — particularly with the strife and violence throughout America today.

The Cedar Rapids Sokol Women, organized 70 years ago, have worked hard and faithfully since taking their place besides their men in all phases of Sokol work. They realize the importance of keeping our youth physically fit and mentally alert for the good of the nation and, therefore, are striving to keep the Sokol principals instilled in our young people whereby they will be loyal and dedicated to their country.

We sincerely hope that you have enjoyed the Slet and your visit to our City. May it be a memorable one.

NAZDAR!

Bette Trefny, President

Sokolice Renata Tyrsova

Well Wishers, Cedar Rapids, Iowa

Bessie and Fred J. Anthony	Libbie and Frank A. Melsha	Leonard and Vera Hanson
Mr. and Mrs. Ted Trefny	Don and Kveta Smith	Mr. and Mrs. Walter A. Kinch
Bessie and Milo Naxera	Rose and Al Marek	Marolee, Walter Lee,
John E. Prastka	Jim and Barbara Benda	Leanne; and Karl Kinch
Louis A. Prastka	Charlie and Helen Kopecek	Mary and "Ted" Hlubucek
Chas. and Clara Kriz	Frank J. and Libbie Stastny	Joseph and Marie Vitek
Dick and Bev Kittrell	Dick and Betty Petrzalek	John and Máňa Zlatohlavek
Don and Barbara Pulkrab	Mr. and Mrs. Louie J. Pochobradsky, Jr.	

Well Wishers, Sokol Hopkins, Minnesota

Chas. Krusina	Joseph Kaminsky	Josefa Poul	Clara Pokorny
Ludmila Kaminsky	Chas. Vasko	Anna Zajicek	Josephine Krusina

Well Wishers Sokol Havlicek Tyrs Chicago, Illinois

Zdenka Tintera	Joe and Ethel Rus	Gus and Louise Kmen
Zdenka Kovar	Joe and Erma Janecka	George and Ann Basta
Jerry and Rose Rabas	Leo and Tillie Chlud	Chuck and Betty Basta

Well Wishers, Sokol Town of Lake, Chicago, Illinois

Angel and Al Cecka	Adaela a Bohumil Lankas	Charles and Irene Ruzicka
Adolph Hron	Jerry R. Madera	Blanche and James Cihak
Joseph Ruzicka	Mildred and Anthony Vosyka	Anna and Anton Smunt
Bozena and Bretislav Vanek	Rose and George Vytlacil	Harriet and James Jansky

Well Wishers, Sokol, St. Paul, Minnesota

Mr. and Mrs. Albert H. Pavlicek	Mr. and Mrs. Ronald Andrlé	Jean Verner
Mr. and Mrs. Donald J. Andrlé	Mr. and Mrs. Henry Jansen	Rick Verner
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Sokol Minneapolis	Sokol Cedar Rapids
Fred and Bessie Anthony	T. J. Sokol, Crete
Sokolice Renata Tyrsova, Cedar Rapids	T. J. Sokol Wilber



ROBERT D. RAY
GOVERNOR

Office of the Governor

STATE CAPITOL
DES MOINES, IOWA 50319

May 14, 1970

Dear Friends:

Governor Ray has asked that I relay the following message to be printed in your program for the Western District Sokol Slet.

"I am always pleased when I hear of young people assuming the responsibilities of making America a better place to live. Only through good, wholesome competition, such as provided by the Sokol Gymnastic Association, will this be accomplished. My congratulations to you and the ideals for which you stand. It is indeed a tribute to American youth."

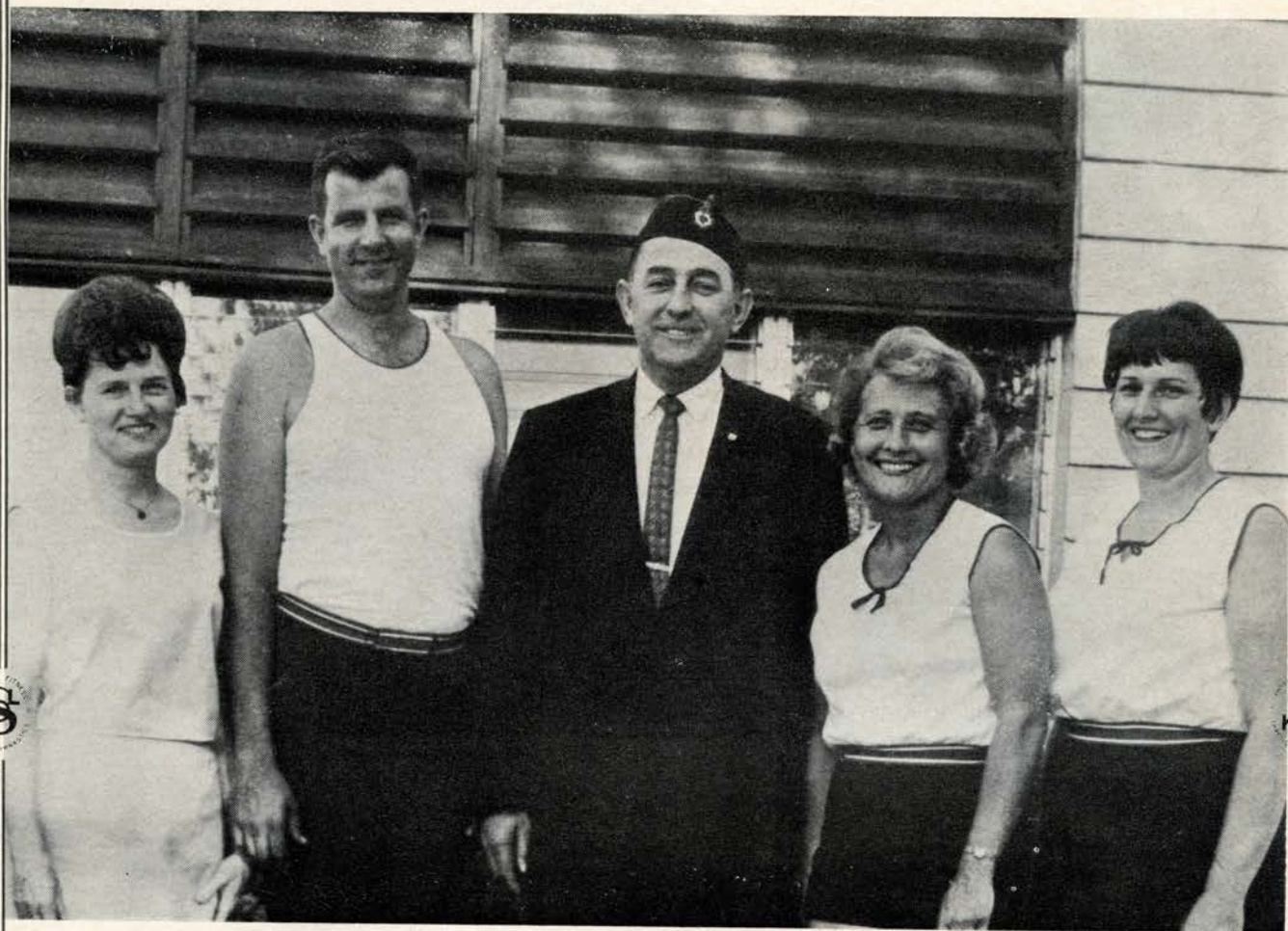
Much success on your Sokol Slet in June.

Sincerely,

William H. Jackson
Administrative Assistant

WHJ:cal

NAZDAR!



Left to Right: Blanche Macek, Raymond Lastovica, Edward Pavoucek, Bozena Drozda, Phyllis Jirka

from the

WESTERN DISTRICT

Edward Pavoucek, President

Raymond Lastovica, Director of Men

Raymond Lastovica, Vice President

Bozena Drozda, Director of Women

Phyllis Jirka, Secretary

Blanche Masek, Treasurer

SUCCESS TO THE WESTERN DISTRICT SOKOL SLET

Sokol Gymnastic Association, Cedar Rapids, Iowa
MEN'S UNIT OFFICERS



First Row:
Joseph Pazour, President; Ed Kuba, Vice President

Second Row:
Don Pulkrab; Errol Lindsey; Charles Kriz; Karel Jares

NAZDAR!

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The Langer Family

Congratulations and Best Wishes to

The Western District Slet

ZDAR SLETU SOKOLSKÉ ŽUPY ZÁPADNÍ

SUCCESS TO THE WESTERN DISTRICT SOKOL SLET

SOKOL SLET COMMITTEE



FROM LEFT

First Row: **Betty Petrzalek; Helen Kopecek; Bessie Naxera; Libbie Melsha, Secretary; Ed Kuba, Chairman; Bette Trefny; Libbie Stastny; Mana Zlatohlavek; Marjorie Nejd**
 Second Row: **Tom Novak; Maxine Kinch; Georgia Schneider; Fred Anthony; Robert Hruska; Renata Hruska; Hermina Rigel; Karel Jares; Joseph Pazour; Ted Trefny**
 Third Row: **Darrell Netolicky; Roger Prasil; Vaclav Cada; Dick Petrzalek; Don Pulkrab; Errol Lindsey; Dennis Hrabak, Treasurer; Dorothy Ditch; Charles Kriz; John Prastka; Rick Bartunek**
 Missing from picture: **Kveta Smith, Co-Chairman; Mary Machacek; Marie Vitek; Joseph Vitek; Martha Kralik; Joseph Kralik; Theo Hlubucek; Jarmila Hutchinson**

General Chairman	-----	Edward R. Kuba
Co-Chairman	-----	Kveta Smith
Secretary	-----	Libbie Melsha
Treasurer	-----	Dennis Hrabak
* * *		
Public Relations	-----	Charles Kriz, Chairman
		T. B. Hlubucek Maxine Kinch Bette Trefny
Souvenir Book	-----	Fred Anthony — T. B. Hlubucek, Co-Chairmen
		Jarmila Hutchinson Roberta Klima Vaclav Cada
Housing	-----	Vaclav Cada, Chairman
		Jos. Pazour
Transportation	-----	Karel Jares, Chairman
		Dorothy Ditch
Technical Staff	-----	Errol Lindsey, Chairman
		Betty Petrzalek Tom Novak Marge Nejd
Registration	-----	Georgia Schneider
		Roger Prasil
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		Helen Kopecek Mary Machacek
Trophy	-----	Dick Petrzalek, Chairman
		Tom Novak Mana Zlatohlavek Hermina Rigel Don Pulkrab Rick Bartunek
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Tickets	-----	Ted Trefny

ZDAR SLETU SOKOLSKÉ ŽUPY ZÁPADNÍ

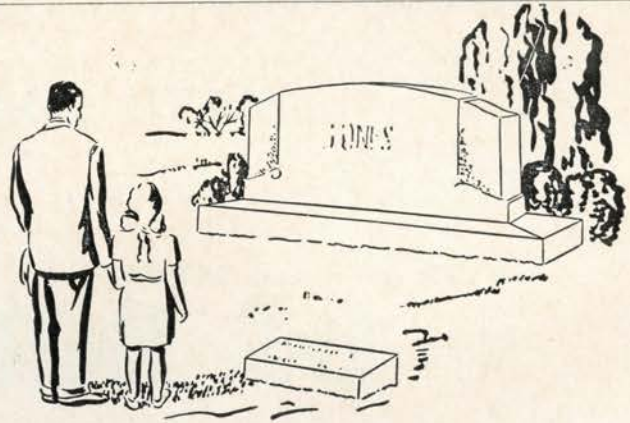


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The Cedar Rapids Gazette

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ZDAR!

to the Western District Slet

— from —

**SOKOL DETROIT
LADIES AUXILIARY**

May your Slet be very successful! Nazdar

Best Wishes

to the

**WESTERN DISTRICT
SOKOL SLET**

— From —

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IRENE WEIDNER, Vice Pres.

BLANCHE HEEREN, R. Sec'y.

— of —

CRETE, NEBRASKA

extend

Congratulations and Best Wishes

for a

Successful Western District Sokol Slet

HELEN KUPKA, Tres.

ALICE KOVARIK Fin. Sec'y.

NORMA HENNIN, Phys. Instr.

ROBERTA KOVAR, Phys. Instr.



Best Wishes & Success To The

WESTERN DISTRICT SOKOL SLET



SOKOL & SOKOLICE CHICAGO

Sokol President - Stan Barcal

Sokolice President - Anna Falta

NAZDAR!
SOUTHERN DISTRICT
American Sokol Organization
DALLAS, TEXAS

George Prevratil
President

Charles Petrzelka
Vice President

Marie Kane
Treasurer

Lawrence Laznovsky
Director of Men

Vlasta Laznovsky
Secretary

Donald Steinman
Vice President

Jerry Milan
Public Relations

Sylvia Laznovsky
Director of Women

Congratulations and Best Wishes
For A Successful Slet

SOKOL OMAHA

Anton Krejci, President

Raymond Lastovica, Vice President

James Velehradsky, Secretary

Joseph Susterka, Financial Secretary

Leo Mach, Treasurer

Raymond Lastovica, Captain

Richard Beran, Assistant Captain

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Blanch Masek, President

Bozena Drozda, 1st Vice President

Blanche Buresh, 2nd Vice President

Patricia Lastovica, Secretary

Mildred Krejci, Financial Secretary

Beverly Kilborn, Treasurer

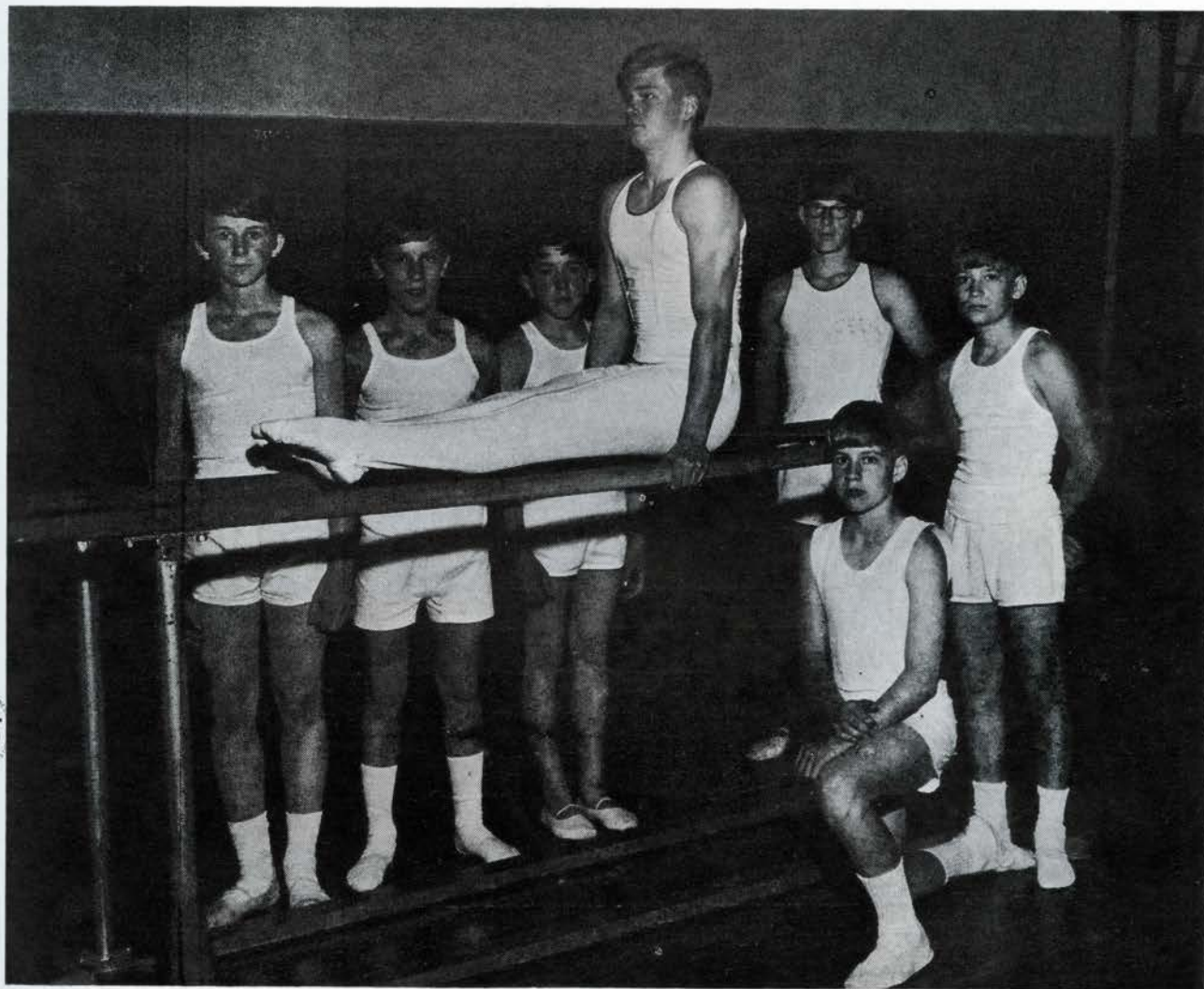
Janet Velehradsky, Guard

Beverly Kilborn, Captain

Linda Beran, Assistant Captain

SUCCESS TO THE WESTERN DISTRICT SOKOL SLET

**Sokol Gymnastic Association, Cedar Rapids, Iowa
JUNIOR BOYS**



Bill Kahler; Brad Driscoll on parallel bars; Terry Johnson Vance Richmond; Nick Chmaruk; Kyle Sissel; Chuck Cerny
First Row: Second Row:

NA ZDAR!

BEST WISHES

ED & BEA PAVOUCEK

SOUTH OMAHA, NEBRASKA

ZDAR SLETU SOKOLSKÉ ŽUPY ZÁPADNÍ

WESTERN DISTRICT SOKOL SLET
LA SALLE HIGH SCHOOL 3700 FIRST AVENUE N.W.
CEDAR RAPIDS, IOWA

SUNDAY, JUNE 14, 1970
2:00 P.M.

PROGRAM

Assembly of Participating Units in The Western District

Presentation of Colors ----- V.F.W. Post 788

Pledge of Allegiance ----- Errol Lindsey

National Anthem — Czech Anthem ----- Mrs. LeRoy Klersey, Leader

Assembly Retires

Welcome ----- Edward R. Kuba, Slet Chairman

Dona'd J. Canney, Mayor of Cedar Rapids

Edward Pavoucek, Pres. Western District A.S.O.

"Red, White and Blue" ----- Tots

Folk Dances ----- Moravian Dancers of Chicago

Growing Girls ----- Small Girls I

Pyramids and Rhythms ----- Small Boys

Girls in Modern Motion ----- Small Girls II

"I'm On My Way" ----- Juniors and Women, Sokol St. Paul

Guests and Speaker U. S. Congressman, John C. Culver

State Senator, Ernest Kosek

Men's National Director A.S.O., Edward C. Linhart

Apparatus ----- Division Winners

"Scarborough Fair" ----- (Juniors and Women) Sokol Omaha

Calisthenics ----- Men and Boys

Calisthenics ----- Women and Junior Girls

Comments --- Dr. Craig Currie,

Superintendent Cedar Rapids Community School District

Jim Rogers, Coordinator of Community Services,

Kirkwood Community College

Acknowledgments

Closing Ceremony ----- All Gymnasts

God Bless America ----- Audience and Gymnasts

Retiring of Colors

OUR THANKS

The Committee wishes to express thanks and appreciation to all Advertisers;
and also to Nissen Gympoort, Fred Anthony and Service Press.

EDWARD R. KUBA,
Chairman

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za
SBOR SOKOLIC RENATA TYRŠOVÁ



First Row: **Mana Zlatohlavek; Bette Trefny, President; Renata Hruska, Rose Marek**
Second Row: **Bessie Naxera; Libbie Melsha; Helen Kopecek** Missing from picture: **Kveta Smith, Vice President**

WISHING SLETU ZDAR

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**Our best wishes to Cedar Rapids
for a successful Slet.**

Bozena Drozda
Western District
Director of Women

Raymond Lastovica
Western District
Director of Men

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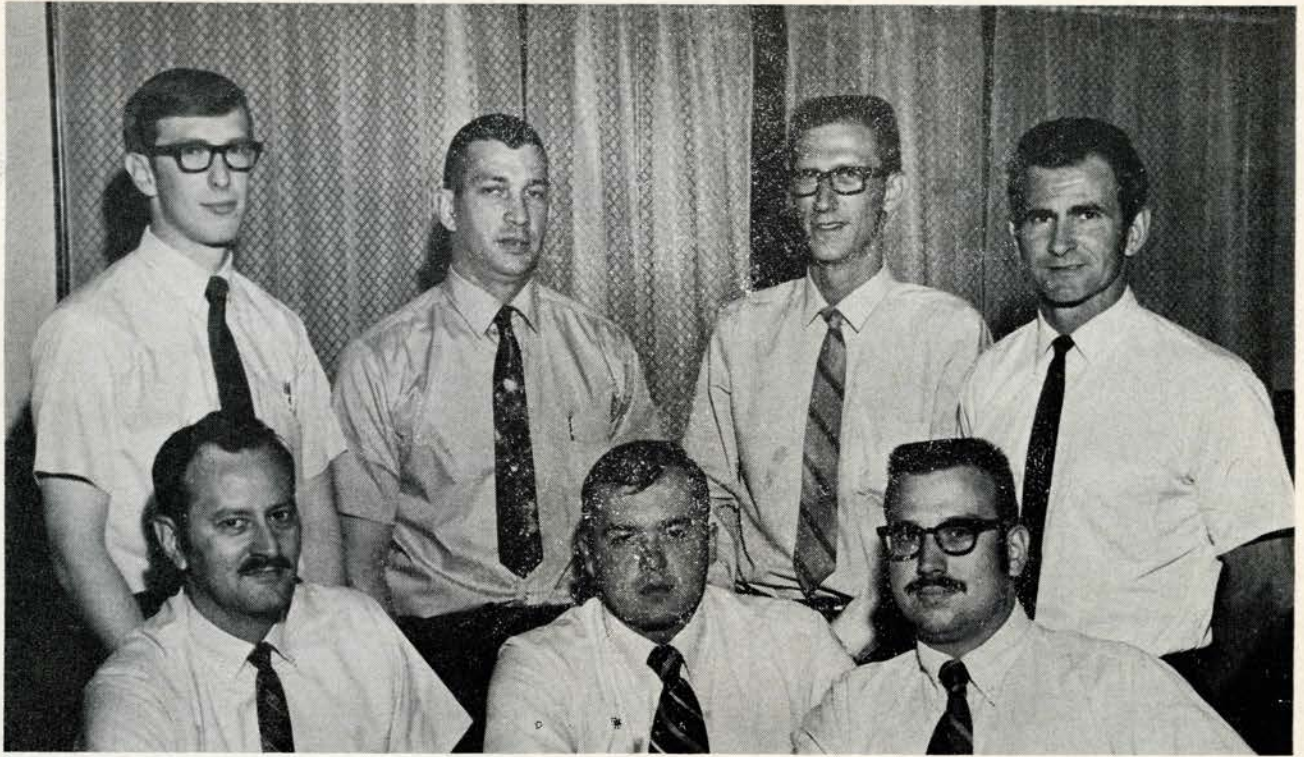
who served in many capacities in the
Sokol Organization throughout his life-
time, and enjoyed every hour.

Mrs. Pavla Hromadka

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SUCCESS TO THE SLET! WITH BEST WISHES FROM THE FOLLOWING ADVERTISERS:

MEN'S BOARD OF INSTRUCTORS



First Row: **Melvin Novak; Rick Bartunek; Roger Prasil**

Missing from picture: **Dave Carlstedt**

Second Row: **Errol Lindsey, Director of Men; Don Pulkrab; Darrell Netolicky; Tom Novak, Instructor and Assistant Director**

GREETINGS

It is a pleasure indeed to extend personal greetings, and those of the American Sokol Organization to everyone participating in the 1970 Western District Sokol Slet. The host Sokol and City — CEDAR RAPIDS — have done a commendable job in their planning, preparation, and execution. May all the units attending this festival have a sense of pride and accomplishment at its successful conclusion. In this day of strife and agitation, it is most fitting that we, the Sokols, train and develop the members of our younger generation to continue our Sokol ideals which include honor, self respect, and an ardent love for the United States of America. To gain this end, we must all strive for the strengthening of our Sokol Organization.

Nazdar,

Ed Linhart, Director

The Western District has kept a steady advancing pace, which is a credit to each unit's Board of Instructors, and their leaders. The true Sokol spirit has prevailed among our Sokol units.

Through the knowledge that has been incurred the past few years, a great change has taken place — with greater goals. If we adhere to the present motivation of activity, the Tyrs' words speak well, "The promise of a future lies not in a glorious past, but in an active end energetic present." With the enthusiasm that has been shown by all, who can doubt that we should have a glorious future.

Thus the formula — KNOWLEDGE plus ACTION is the true course followed by our gymnasts for our continued SUCCESS.

Nazdar!
Bozena Drozda
Women's Director
Western District

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For A Successful Sokol Slet**



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**Best Wishes For A
Successful Slet
SOKOL ASSOCIATION GYMNASTIC
ST. LOUIS, MO.**

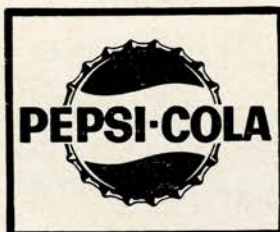
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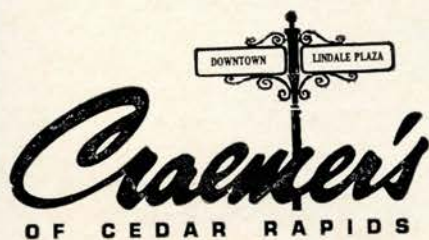
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Left to Right; Liz Barker; Colleen Casey; Leann Kinch; Christa Barker; Karen Kittrell; Sue Bredl; Carol Read; Pam Scheurs
Second Row: Jeri Sumner; Kathy Kelley; Marolee Kinch; Terry Spacek; JoEllen Kelley; Pam Sumner; Jeri Kriz; Carol Kirby
Missing from picture: Rhonda Gerber; Sheri Abney; Kathy Casey

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Second Row:

Georgia Schneider; Mana Zlatohlavek; Dorothy Ditch; Hermina Rigel

Missing from picture: Kveta Smith; Marie Vitek; Julia Webster

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Tom Novak, Assistant Director; Errol Lindsey, Director; Betty Petrzalek, Director; Marjorie Nejd, Assistant Director; Mana Zlatohlavek

Second Row:
Barbara Pulkrab; Diana Woodhouse; Georgia Schneider; Dorothy Ditch; Hermina Rigel

Third Row:
Don Pulkrab; Melvin Novak; Darrell Netolicky; Roger Prasil; Rick Bartunek

Missing from picture:

Dave Carlstedt; Kveta Smith; Julia Webster; Marie Vitek

Our Best Wishes for a Successful Slet. SOKOL TOWN OF LAKE, CHICAGO

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Joseph Holoubek, v.p.

Anton Smunt, secy.
James Jansky, fin. secy.

Albert Ruzicka, treas.

Věčný ruch — how fitting is this truism of the Western District. One of the most active Districts of the American Sokol Organization is conducting its District Slet, with the Cedar Rapids Sokols as hosts.

Organizing a Slet several hundred miles from the District home base is a large undertaking. Good planning, a time table for all the activities, and fine cooperation of the men and women, junior boys and girls, is a must. This, together with the composition and selection of calisthenic exercises, competitions and their instruction, is quite a program. But a good understanding audience completes and makes the whole picture worthwhile.

We know that the combined efforts of the members of the Western District will be most successful. Another significant accomplishment!

Nazdar!

BETTY PRENER, Secretary
American Sokol Organization

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DRUŽSTVO ČESKÉHO NÁRODNÍHO HŘBITOVA DNES GRATULUJE SOKOLU V CEDAR RAPIDS A PO CELÉ ZEMI K DOSAŽENÝM ÚSPĚCHŮM NA POLI TĚLESNÉ A MRAVNÍ VÝCHOVY A PEVNĚ VĚŘÍ, ŽE V TĚTO ČINNOSTI BUDE POKRAČOVATI MNOHO DALŠÍCH LET.

ZA

DRUŽSTVO ČESKÉHO NÁRODNÍHO HŘBITOVA

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