

Czech Heritage Foundation, Inc.
P.O. Box 761, Cedar Rapids, Iowa 52406

NAŠE ČESKÉ DĚDICTVÍ

OUR

CZECH

HERITAGE



Miss Czech Slovak Iowa 2006-07

**Rachel Lehmann with
Little Sister Attendant**

(Story on page 3)

Volume 31 – June – 2006

Editor: Russ Novotny

Contributors:

Cortney Balichek	Linda Novotny
Vicki Dostal	Anezka Reimarova
Olga Drahozal	Lenka Ruferova
Barb Edmunds	Elizabeth Samek
Austin Frerick	Judy Serbousek
John Kostle	Evelyne Stejskal
Rachel Lehmann	Leola Thornbloom
Arlo Netolicky	Jan Stoffer
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Nase Ceske Deditvi

Subscriptions for the newsletter are not sold. Members of the Czech Heritage Foundation who pay their annual dues of \$5.00 per person receive *Nase Ceske Deditvi* free. Dues are renewable on January 1st of each year and expire December 31st. The newsletter, which is mailed quarterly, serves to inform its members of its activities, people, and places. Dues received in or after September apply to the following year for new members.

From the President's Desk

By Arlo Netolicky



The Czech Heritage Foundation board works hard to keep the foundation active. Please help us by keeping your membership and contributions coming in. We do appreciate all you do to keep us working.

We the Czech Heritage Foundation board would like to invite you to our annual potluck picnic on August 8. It will be held at 6:00 p.m. at the National Czech & Slovak Museum & Library in Cedar Rapids, Iowa 30 Sixteenth Avenue South - West. Please use the side door by the parking lot. This will give you an opportunity to meet the board.

Newsletter Volunteers

Sincere thanks to the people that have helped in assembling, and mailing the newsletter. The people putting the last newsletter together were:

Hedy Benesh, Andrea Cada, Marie Cada, Marissa Cada, Emma Davidson, Peg Merta, Marj Nejd, Andrew Netolicky, Arlo Netolicky, Jordan Netolicky, Joyce Netolicky, Linda Novotny, Russ Novotny, Judy Serbousek, Adeline Volesky, John Volesky

Many thanks to all that helped. We welcome anyone who wishes to join us for future issues.

2006 Board of Directors

The 2006 Czech Heritage Foundation Board of Directors was elected at the Foundation's Annual Meeting in January. The slate of officers elected is listed below. Committee responsibilities are listed in parenthesis following each Board Member's name:

Executive Board

President - Arlo Netolicky (Audit)

Vice President - Russell Novotny (Audit-Newsletter-Publications)

Secretary - Joyce Netolicky (Scholarship-Queen)
Treasurer - Dennis Hrabak
Financial Secretary - Judy Serbousek (Homestay)
Corresponding Secretary - Adeline Volesky (Miss Czech Slovak Iowa Queen Pageant)

Board Members

Emma Davidson (Social)
Olga M. Drahozal (Prince & Princess)
Wes Drahozal
Denver Dvorsky (Nomination & Czech Museum Board)
Barb Edmunds (Programs)
Frank Edmunds (Scholarship)
David Faltis
Jeanne Fee (Homestay)
John Kostle (Photographer)
Carmen Langel (Museum & Library)
Leonard Pfeifer (Public Relation)
John Rocarek.(Audit)
Evelyn Stejskal (Membership)
Blair Thombloom (Scholarship)
Lee Thombloom (Scholarship)

Honorary Board Members

Lovell Dvorak (deceased)
Charles Krejci
Bob Kuba (deceased)
Frank Novotny (deceased)
Mae Novotny (deceased)
Sylvia Rohlena (deceased)
Melvina Svec (deceased)
Charles Vyskocil

I. Cover Story:

Miss Czech Slovak Iowa 2006-07 Rachel Lehmann



Rachel Lehmann was crowned Miss Czech Slovak Iowa 2006-07 at Czech Heritage Foundation's Fifth Annual Miss Czech Slovak Iowa Pageant. The pageant was held Saturday, May 20, 2006 at the National Czech & Slovak Museum & Library, Cedar Rapids, Iowa in conjunction with Czech Village's Houby Days Celebration.

Rachel was attended by her Pageant Little Sister Megan Lehmann, who actually is her little sister. Rachel attends Kennedy High School in Cedar Rapids, Iowa. Rachel's and Megan's parents are Steven and Karen Lehmann.

Miss Czech Slovak Iowa 2005-06, Beth Struzynski, and her Pageant Little Sister, Mackenzie Serbousek helped preside over the Pageant and presented the 2006-07 crown to Rachel.



**2006 Little Sister Megan Lehmann,
2006 Miss Czech Slovak Iowa Rachel Lehmann,
2005 Miss Czech Slovak Iowa Beth Struzynski, &
2005 Little Sister Makenzie Serbousek**

Pageant Schedule:

- 10:00 AM – Private Interview with Judges
- 1:00 PM – Introduction of Queen Candidate at the Bandstand
- 2:00 PM – Parade in Czech Village
- 3:00 PM – Talent Competition at NCSML in Heritage Hall
- 6:00 PM – Kroj Competition at NCSML, Introduction of Judges and Special Guests On Stage, Interview with Master of Ceremonies, Farewell Address by Beth Struzynski, Presentation of Gifts and Awards, Crowning of Miss Czech Slovak Iowa, Reception and photo session

Master of Ceremonies:

- Beth Struzynski, 2005-06 Miss Czech Slovak Iowa
Parents: Bert and Ellen
- Mackenzie Serbousek, 2005-06 Little Sister:
Parents: Shane & Jennifer

Judges:

- Linda Grove - Western Fraternal Life Association
- Mary Brabec - Miss Czech Slovak Nebraska
- Laddie (Ladislav) Perina - Chicago

Auditors:

Alo Netolicky & Bob Wildfield

Pageant Committee:

Chairwoman: Adeline Volesky
Debbie Volesky
Joyce Netolicky

Guests:

Amanda De Hoedt - Miss Czech Slovak Iowa 2004-05
Lisa Volesky - Miss Czech Slovak USA 2001-2002
Mary Brabec - Miss Czech Slovak Nebraska
Ashley Slama - Miss Czech Slovak South Dakota



**MISS CZECH SLOVAK ROYALTY
IN ATTENDANCE**

2004-5 Miss Czech Slovak Iowa – Amanda De Hoedt
Miss Czech Slovak Nebraska – Mary Brabec
Miss Czech Slovak South Dakota – Ashley Slama
2005-6 Miss Czech Slovak Iowa – Beth Struzynski
2003-4 Miss Czech Slovak Iowa/USA-Stasia Krivanek
2001-2 Miss Czech Slovak Iowa/USA – Lisa Volesky

The Miss Czech/Slovak Iowa Pageant & the Czech Heritage Foundation would like to extend a Special Thank You to all of the following for their donations and contributions:

- Czech Heritage Foundation
- National Czech & Slovak Museum & Library
- Fairfax Bank
- Western Fraternal Life Association
- F&M Bank
- Brosh Chapel
- Younkers
- Ralston Foods
- Stejskal Florist's
- Village Bank
- Corvette Club
- Pepsi Americas
- Emma Davidson & Quaker Oats
- John Kostal
- Russ Novotny
- Debbie & Dennis Volesky
- John and Adeline Volesky
- Arlo and Joyce Netolicky
- The De Hoedt Family

II. Olga's Czech Language Corner:

Lesson 14 – Months & Days

By Olga Drahozal



It's time to learn the months of the year and the days of the week. The Czech calendar starts with Monday, making Sunday the traditional 7th day of the week.

The word for week is tyden. Can you find the word "day" in tyden? The Czech word for day is den.

Tyden ma sedm dnich. (literally 7 of days.) The week has seven days.

1. Monday--podeli (translates to be the day after nedele.)
2. Tuesday--utery (perhaps someone can help us out with this one)
3. Wednesday--streda (is the middle of the week prostred -middle)
4. Thursday--ctvrtek (the fourth day, and relates to ctyri, four)
5. Friday--patek (the fifth day and similarly relates to pet, five)
6. Saturday--sobota (might remind you of a Czech word, robota, meaning "work". Who first coined the word "robot"?)
7. Sunday--nedele (reminds us of "nedelat praci" or not to work.)

The Czech word for month is mesic which is also the word for moon. Don't frown. You'll know whether it's the moon or the month when you speak or hear the language.

The months of the year each have a meaning, also.

1. January -- leden, the month of led or ice
2. February -- unor, winter is on the "wane"
3. March -- brezen, a brez is a birch tree and sap is flowing .
4. April-- duben, a dub is an oak tree and the leaves are in bud
5. May - kveten, kvet means blossom
6. June - cerven means red, refers to fruits ripening
7. July - cervenec, more ripening of crops
8. August - srpen, a srp is a sickle, farmers begin to cut the grain.
9. September- zari, the word for heather which blossoms in autumn
10. October - rijen, rize is the verb for the bellowing of the stag
11. November - listopad, list is leaf, pad means to fall, falling leaves

12. December - prosinec, prosit is to request, time to make requests

MONTHS, DAYS AND WEEK EXERCISE

Unscramble the word, write the Czech word and English translation.

	<u>Scrambled</u>	<u>Czech Word</u>	<u>English Meaning</u>
1	riepsnoc		
2	neldee		
3	znereb		
4	yendt		
5	epsnr		
6	sioalspd		
7	vencrce		
8	injer		
9	siemc		
10	ronu		
11	nercev		
12	ednub		
13	aizr		
14	venkte		

III. Recipe Corner

Kuba – A Historically Significant Czech Barley Dish

By Olga Drahozal



On December 26, 1352, Mongol hordes descended from the Carpathian Mountains shouting, "Your kuba or your life." In order to avoid the pillage of beautiful Prague, Charles IX beseched his people to produce, in every kitchen of the kingdom of Cechy (Bohemia), the finest kuba ever

cooked. 4,731 metric tons of kuba later, the Mongols were sated. (Actually, their bellies were so bloated they could not move.) Prague was saved from their savage pillaging, and the leader of the Mongol hordes, Mongoloid XIII, vowed never to expose his troops to such suffering again.

Thus at Christmastime each year, Czechs throughout the world try to eat a little kuba to "celebrate" their deliverance.

- 2 tsp. salt (or to taste)
- 2 tsp. pepper (or to taste)
- 1/2 tsp. seasoning salt
- 1/2 tsp. garlic salt
- 1/2 tsp. paprika
- 1/4 tsp. sage
- 1/4 tsp. celery seed
- dash thyme (or more)
- dash marjoram (or more)

- 2.25 cups (16 oz.) barley (pearl preferred)
- 2 cups dry mushrooms or 3 seven-oz. cans of stems and pieces
- 1 1/2 cups onion
- 2-3 cloves garlic
- 3 tbs. butter (or margarine)
- 1/8 cup parsley flakes

- Bake (covered) 2 hr. at 300 degrees

Cook the barley with water, preferably in the top of a double boiler. Wash the dry mushrooms thoroughly and cook 1 hour in enough water to cover. Drain and pour the juice in the barley that's cooking. Cut mushrooms fine. Or, drain canned mushrooms into the barley and dice. Dice the onions and fine chop the garlic. Then, sauté the onions/garlic for 10-15 minutes. When the barley is cooked, mix the barley, mushrooms, onion, and garlic. Add the melted butter and seasonings. (Adjust quantities of seasonings to individual taste.) Bake at 300 degrees in a greased/buttered, covered pan about 2 hours. If you prefer a light crust, loosen cover for last 30 minutes, but be careful not to overcook.

Serves 18 (or 40, if your nephews and nieces take "courtesy to Uncle Ed" portions)

EDITORS NOTE: I'll be including recipes of those foods that always turn up and are favorites at Czech events. Let me know if you have a favorite you'd like to see published here.

IV. Czech Heritage Foundation Reports:

Czech Prince & Princess Reports

2006 Royalty Crowned

Austin Frerick and Vicki Dostal were named the Czech Heritage Prince and Princess for 2006. The crowning took place in January as a part of the Czech Heritage Foundation's Annual Meeting.



**Olga Drazahol (Prince & Princess Chairperson),
2006 Princess Vicki Dostal,
2006 Prince Austin Frerick,
2005 Princess Rachel Lehman, &
2005 Prince Jordan Uthoff**



**2006 Czech Heritage Princess & Prince
Vicki Dostal & Austin Frerick**

Meet Vicki Dostal



throughout the year.

My name is Vicki Dostal. I'm an 8th grader at Wilson Middle School here in Cedar Rapids along with being their Student Council President. Other school activities I'm involved in are Band, Show Choir, Variety Show, Volleyball, Track, and various other events backed by the student council

My family belongs to St Ludmila's Catholic Church where I was baptized, currently attend weekly religious education classes, and support fundraising events they sponsor. My mom and dad were also married at St Ludmila's.

Outside of school,...my family has membership in "American Sokol". I have been active in their gymnastics classes, and both district and national competition for 3 years now. Even my parents performed a group calisthenics routine at the district and national events last year representing Cedar Rapids Sokol. Along with Sokol, I've also been attending Czech School.

I have a lot of Czech background in my family. My dad is 100% Czech, born and raised in Cedar Rapids, and lived here his whole life. He met my mom when he was working for the family business "Dostal Catering", and she was attending Mt Mercy College. We currently live in the Czech Village.

All my life I've been around Czech events. My family participates in the Houby and St Joseph's Day parade yearly. I've performed for Sokol in the parades and festivals both in the Czech Village and at St Ludmila's. Best of all,...I'm honored to say that 2 of my cousins (John & Jeremy Dostal) were Czech Prince's in the past. Getting the chance to become the Czech Princess and represent the Czech people of Cedar Rapids has always been a goal of mine.

Meet Austin Frerick

I'm Austin Ronald Frerick and I'm a sophomore at Jefferson. I participate in my school's newspaper, cross country team, soccer team, and in the choir department. Outside of school I'm in Saint Jude's teen choir and work at Genghis Grill. I have around a 3.8 GPA and planning on attending college at the University of Iowa to major in engineering. I am the oldest of three children at the age of fifteen, my younger brother Andrew is thirteen and my sister Abby is six. The most exciting thing lately in my life has been getting my first car.



I get my Czech heritage from my mom's side of the family. I became interested in this opportunity from my cousin, Sarah Fiala, who participated in this a few years ago. Most of my family's Czech traditions occur around Christmas time. This includes the hiding of the glass pickle by my parents, and the first child to find it gets to open the first gift. Another thing we do is put our shoes outside for the night so that Saint Nicholas can fill them fill, and in the morning it is usually filled with candy or a small gift. Also around Christmas time my family gets together to hear my Aunt Fran sing Czech Christmas songs. My favorite tradition is when my grandma bakes a ton of Cherry and Peach Kolaches on Christmas Eve with powder sugar on top.

Through out the year my family also attends most of the Czech festivals. We go to Goulash days at Saint Wenceslas, my brother and sister enjoy the games but what I like the most is the Goulash and Kolaches. We also attend Houby days and enjoy riding the rides and watching the parade.

Comments from 2005 Princess Rachel Lehmann

I would like to begin by saying how thankful I am to have been the Czech Heritage Princess, and say how much fun it has been. I learned a lot about my heritage and I have really enjoyed the past year.



Now, as for me: I am currently a sophomore at Kennedy High School. There I am involved in many activities including Drill Team, Winter Guard, Take Change, Medical Careers Club, The Society for the Ethical Treatment of Animals, Young Democrats, Student Government, Mock Trial, and Best Buddies. Outside of school I am a Girl Scout leader, I am involved in Iowa Youth Advisory Council, and Peer Court. Future plans include college (probably at the University of Minnesota), then Medical school where I would like to become a doctor. After that I would like to join the Peace Corps and serve as a doctor in South Africa. But in the near future, I plan on applying for and competing in the Miss Czech Slovak Iowa competition.

To end, I would like to say thank you and it was a lot of fun, and give my best wishes to Vicky, the new princess.

Homestay Atricles

EDITOR'S NOTES: Over the summer of 2006, the Czech Heritage Foundation sponsored two youth Homestay Ambassadors, sending them to the Czech Republic in June-July. We will also be hosting three students from the Czech Republic starting in August.

2006 Homestay Ambassadors to the Czech Republic

Cortney Balichek

My name is Cortney Jean Balichek. I am 18 years old and live in rural Oxford Junction. My parents are Lynn and Rita Balichek. I have 2 brothers: Christopher, 25, and Nicholas, 24, and 2 sisters: Barbara, 23, and Stephanie, 22. I have lived on our family farm my whole life. I currently attend Midland High School where I am a



senior. I am a member of the Midland FFA Chapter and have recently been awarded my Iowa FFA Degree. I also applied for and received an internship at F&M Bank in Anamosa through the Kirkwood Workplace Learning Center. After graduation, I plan to attend Kirkwood Community College to major in accounting, then transfer to a 4 year college to become a CPA.

As a freshman in high school, I was honored to be the youth representative for Oxford Junction in the signing of the sister city agreement with Kojakovice. I was asked by the Rozmberk Society to put some of the family genealogy I had done on display in the Peasant Museum. In June 2001, I attended the museum opening in Kojakovice and signed the sister city agreement. It was an awesome experience and the most educational

"vacation" I have ever had. It has been my dream ever since to go back to the Czech Republic, as it is an amazing place.

Elizabeth Samek



My name is Elizabeth Samek and I am a senior at Xavier High School. At Xavier I am involved in Key Club (a branch of the Kiwanis), Senior Spiritual Team, National Honor Society, Wellspring and Pep Club. I also play soccer and basketball.

I attend St. Ludmila Catholic Church, where I am on the Parish Council. I am also active in Youth Group, a Eucharistic Minister, Minister of Hospitality, a Kolach Festival worker and help with kolach baking for various occasions.

I am a graduate of Czech School in Cedar Rapids, having attended classes for 8 years. During that time, I was the Anel (angel) for Sv. Mikulas Day for two years. I also was Princess #3 in the Czech School play Byl Jednou Jeden Kral (Once There Was a King) and played my trumpet in Czech School programs. I was the Czech Heritage Princess for 2004.

I am proud of my Czech heritage. My father is 100% Czech and my mother is 75% Czech. From my relatives I have been able to discover much of my background and enjoy the stories they tell of growing up in the Cedar Rapids Czech community.

Czech Students Visiting in August, 2006

EDITORS NOTE: August 24, 2006, three students from the Czech Republic will come to the United States as a part of our Homestay Exchange program. Following is a brief introduction. We will ask them to comment on their stay here for a report in a future newsletter.

Lenka Rufferova

Home: Pribram 5

School: Gymnazium Pribram

Interests: I love my beautiful horse, I play violin, my favorite music style is heavy metal and classical music and I like motor bikes.

Father's Occupation: Teacher

Mother's Occupation: Teacher

Brother: Filip

Sister: Zuzana (a past participant in our program)

Anezka Reimarova

Home: Praha 5
School: Gymmizium Na Prazacce
Interests: Nature, animals (dogs), music, collects
beavers, and sports (soccer, skiing)
Father's Occupation: Control Systems Specialist
Mother's Occupation: Teacher
Brother: Jakub Reimar
Sister: Hana Reimarova

Martin Vyska

Home: Praha 7
School: Gymnazium Nad A1eji
Interests: Chess, Computers, Physics
Father's Occupation: Entrepreneur
Mother's Occupation: French teacher
Brother: Filip Vyska

St. Joseph's Day Dance

By Barb Edmunds

The Czech Heritage Foundation in Cedar Rapids was the proud host for the annual St. Joseph Day Dance on Sunday, March 19th from 2:00 - 6:00 PM. This was held at the Cedar Rapids Elks Lodge 801 33rd Avenue SW.



BAREFOOT BECKY AND THE IVANHOE DUTCHMEN from Cedar Rapids entertained about 400 guests. Everyone enjoyed this great band as they have in the past two years. We were so fortunate to have them again this year. Food was for sale by the Elks Lodge and a large bake sale was part of the fund-raising by the Czech Heritage.

There were door prizes given out during the afternoon and nice raffle items that are all part of the fund-raising. This is the main means to raise money for the Czech Heritage's Homestay and the Scholarship Programs. Students are selected each year to spend one month in the Czech Republic. Two students were chosen this year to go to the Czech Republic.

Because of everyone's help and donations, we were able to raise \$3,598.40, with \$500 of this going to the Scholarship Fund and the balance to the Homestay Program.



We have many people to thank for the success of this event. Stejskal Florist Inc. paid for the printing of the tickets. Letters and tickets are sent out to the Czech Heritage Board members, former Ambassadors and previous Prince and Princess. We thank those that responded to these programs that they were so much a part of.

Again, this year we want to thank Evelyn Stejskal for all of her hard work in contacting business and people to support this event. She raised \$1,759.00. This is great! She spent so much time on this and had many helpers.



**Adeline Volesky & Mana Zlatohlavek
Sell Baked Goods**

We had a very successful bake sale, with 21 people donating items for sale. We thank Sykora Bakery, John Rocarek for his donation of bakery goods. Many of you brought items for the door prizes and the raffle, which helped add more money to these programs. Many wonderful donations were received from Fleck Sales, Scott Frerick, father of our Czech Heritage Prince. Many people won some nice gifts. Thanks to all that helped set up and clean up after the dance.

We have been working on the St. Joseph Day Dance for 2007. The date will be **Sunday, March 18, 2007**. The **DAVE SALMONS** band from Omaha, Nebraska has been booked and the Elks Lodge will have us back. Mark your 2007 calendars for Sunday, March 18, 2007.

Over 37 businesses donated items, certificates, money or bought tickets in support of our Dance this year. Here is the list of the organizations that helped us out:

A & W Root Beer - Ellis Blvd
Bartunek Appliance
Brosh Funeral Homes, Cedar Rapids & Solon Iowa
Carvers Ace Hardware
Ced-Rel Supper Club
Cedar Memorial Funeral Homes
Cedar Memorial Parks Cemetery
Czech Cottage
Czech Shirt Shop
Dairy Queen, Johnson Avenue
Fleck Sales
Hy Vee Drug Store, Wilson Avenue
Hy Vee Stores
Jiruska Enterprises
Joen' s Brothers Interiors
Kentucky Fried Chicken (KFC)
Merle Norman Cosmetics
Murdock Funeral Homes & Cremation Services
National Czech & Slovak Museum & Library
National Flag Co.
Newport's Flowers
Papich Kuba Funeral Homes
Pierson's Florist
Polehna's Meat Market
Roland Wilbert Vault Co.
Saddle & Leather Shop Inc.
Stalker Electric
Stejskal's Flower Shop
Sykora's Bakery
Teahens Funeral Homes, Cedar Rapids & Walford
Tic Toc
Valley Monument Co., Cedar Rapids & Marengo
Vic Pilsner- D& V Industrial Supplies
Western Fraternal Life
Zindrick's Czech Restaurant

Many thanks again to all that helped out in any way to make this a special event to remember. See You Next Year.

Czech Heritage Floats

The Czech Heritage float entries continue to win praise and awards as they appear in local parades.

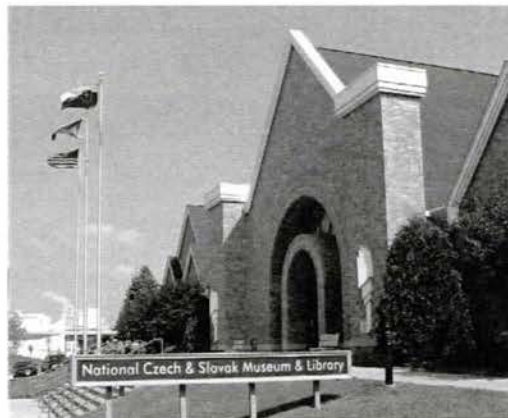


We participate in the Cedar Rapids Christmas Parade, St. Joseph's Day Parade, St. Patrick's Day Parade, and the Houby Days Parade.



Our float designer and builder, Leonard Pfeifer always does a great job modifying and tailoring the basic float for the theme of each particular parade.

V. National Czech & Slovak Museum & Library



Embellished Textiles – Absolutely Art!

April 8 - October 1, 2006

In the Petrik Gallery



Embroidering and embellishing everyday textiles used in the home and creating elaborate ceremonial textiles have long been women's arts in the Czech and Slovak lands. An original exhibition at the National Czech & Slovak Museum & Library explores this rich heritage passed from generation to generation featuring over 100 examples of lushly adorned linens, ritual cloths, and clothing.

"This exhibition features many never-before-seen items from our extensive collection," says Gail Naughton, president/CEO. "The array of different embellishment techniques and objects is stunning. It shows how the most common items were transformed into extraordinary adornments for the home and family."

An important Czech and Slovak village tradition was a girl's preparation for her wedding by the creation of decorated bed cloths, linens and wedding ensemble. These formed her dowry to be presented to the entire village on the bride's wedding day. Decorative and protective motifs were incorporated in the ceremonial cloths, reflecting legends passed down through generations of women to ward off evil spirits.

Highlights of the exhibition include a dazzling gold and silver beaded christening cloth, magnificent appliqued sheepskin jackets, elaborate embroidered and beaded wedding caps, shawls, bed linens, and elegant bobbin, knitted, and crocheted lace. In addition, several items are on loan from the Helen Zemek Baine and Helene Baine Cincebeaux Collection, known for its Slovak and Czech folk dress and textiles.



Headscarf Detail



Leather Jacket



Shoes



Lace Scarf – Bobbin Lace

Five original embroidery and lace patterns inspired by items in the exhibition have been created for sale in the museum store. Pattern classes for each item are offered over the course of the exhibition.

Embellished Textiles – Absolutely Art! opens April 8 and runs through October 1, 2006. Gallery hours are Monday through Saturday, 9:30 a.m. to 4:00 p.m., Sunday, noon to 4:00 p.m. Lace and embroidery demonstrations, provided by local lace and embroidery guilds, will take place each Saturday during the exhibit.

2006 National Bohemian, Moravian, and Slovak FOLK DANCE FESTIVAL

Saturday, July 15, 2006

Sponsored by Western Fraternal Life Association



Snapshots from Previous Dance Festivals

2006 National Bohemian, Moravian, and Slovak Folk Dance Festival is always a grand celebration, and this year, it is much more. A whole weekend of festivities is planned.



Audience Participation at Previous Dance Festival

This year corresponds to a 150 year anniversary for Cedar Rapids, which will be celebrated with a historic boulder rededication in Sokol Park. This will be followed by the official grand re-opening of the newly renovated Czech Village streetscape. Along with the specific events noted below, there will be several "By Hook, Needle, or Bobbin" embroidery and lace demonstrations, and the Curator tours of NCSML's exhibits, *Homelands: The Story of the Czech and Slovak People* and *Embellished Textiles – Absolutely Art!*.

Celebrate 150 years of the City of Cedar Rapids. Boulder rededication in Sokol Park with representatives from various local Czech organizations and historian Mark Hunter. Music by Czech Plus Band. 9:00 a.m. Sokol Park. Free.

Grand Re-Opening of Czech Village. You've heard about the new streetscape, come see how it looks! Ribbon-cutting to follow the boulder rededication ceremony. 9:30 a.m. 16th Avenue SW at A Street and C Street SW. Free.

Sidewalk and Art Sales. Stroll the newly streetscaped Avenue and shop at local vendor and artists' booths. 9:00 a.m. – 4:00 p.m. Czech Village.

Folk Dance Lessons. Learn how to do basic Czech and Slovak folk dances with Elaine Benda and the Oklahoma City Czech Dancers. 10:00 a.m. NCSML Garden. Sponsored by Western Fraternal Life Association.

Picnic in the Garden. Enjoy your choice of lunchmeat sandwiches, chips, kolacé, and soft drinks in the Museum Garden. 11:00 a.m. – 2:00 p.m. Prices posted.

UpBeat! Concert presents Accordionist Ron Johnson. NCSML Garden. 12:00 p.m. Free. Sponsored by David H. and Rose Marie Burke.

UpBeat! Concert presents the Czech Heritage Band. NCSML Garden. 2:00 p.m. Free. Sponsored by David H. and Rose Marie Burke.

Full Czech Dinner. Savory pork loin, dumplings, gravy, sauerkraut, and rye bread served with soft drinks or beer. Don't forget your kolacé! Riverside Round House Parking Lot. 3:00 p.m. until we run out. Prices posted.

5th Annual Bohemian, Moravian, and Slovak Folk Dance Festival. Featuring Veselica Slovak Folk Dancers from Chicago, IL and the Bannister (Michigan) ZCBJ Czechoslovakian Folk Dancers. 4:00 p.m. Riverside Round House Parking Lot. Admission \$5.00 adults, \$2.00 for children 4 and under. Sponsored by Western Fraternal Life Association.



Polka Dance. Featuring Barefoot Becky and the Ivanhoe Dutchmen. Following the dance festival in the Riverside Round House, around 7:00 p.m. Tickets \$6.00 in advance, \$7.00 at the door. Call (319) 362-8500 for information. Sponsored by Western Fraternal Life Association.

Museum Store Now On-Line

When browsing the NCSML's web site, you will now notice the image to the right. A simple click on the image, any you're in the Museum's on-line store.

The store is easy to use and



includes many pictures of the items for sale along with nice descriptions of the merchandise. Now, if you can't get to the Museum, or if you finally decided you just must have that special piece you saw on your last visit to the museum, you can purchase it on-line. The NCSML's web site is at <http://www.ncsml.org>.

VI. Historic Perspectives

Oldest Living CR Czech?

By Leola "Lee" Sedlacek Thornbloom

EDITORS NOTE: Bessie M. Sedlacek may be oldest living Czech in the Cedar Rapids area. If you know of any older Czechs (anywhere) that you would like covered in an article like this one, please contact us with their name and the name of someone who could research and write such an article.

Bessie M. Sedlacek reached a milestone in her life on December 14, 2005, when she celebrated her 105th birthday. This makes her possibly one of the oldest persons, if not the oldest with a Czech heritage background in the Cedar Rapids area.



Bessie was the third child of eight children born to Joseph F. and Anna Mae Sirowy who lived on an eighty acre farm about three miles north of Swisher, Iowa, where they farmed. The farm is now a part of the airport used by eastern Iowans.

Earliest recollections of Bessie's childhood are when she attended the Konigsmark School about one-half mile from her home when in the early fall and warm spring days children walked barefooted to school, taking lunches in tin dinner pails. Games during recess and the noon hour included ante-over the woodshed, hide and go seek, pom-pom pull away, prisoner's base and other games. The old school was kept warm with a big pot-belly stove and the boys had to bring the wood from the woodshed close by. There were two outhouses back of the school.

In the "old days" it took a whole day to wash clothes. The washing machine had to be worked by moving a handle back and forth and some clothes had to be rubbed on a washboard. When a hog was butchered, generally in the winter, it had to be scraped and cleaned. The hog was put in a barrel of hot water to loosen the bristles

before the scraping began. Bessie's father cut it in four quarters and it was hung" up in a cool place to cool thoroughly. Since there were no lockers or freezers in those days, her mother spent the next two or three days frying or baking the meat. It was then put in two gallon crocks and lard was poured over the meat, completely covering the meat. They made a special sausage from the small pieces of pork. This was boiled and when cooled, ground up. Bread was put in the juice and then mixed with the ground pork. Onion and some spices were added. This was called Jaternice, a specialty of the Czech people.

When Bessie graduated from high school in 1919, she received a "normal training certificate". This was the name given to the teacher training course in high school. She then got a job teaching at Maple Grove School south of Fairfax, Iowa.

In 1923 Bessie Sirowy and Leo C. Sedlacek married at her home in the country. Leo worked at the United State Bank, then located on the corner of 16th Avenue and C. Street S. W.

She taught at Belle Prairie School. At one time a Czech boy came to school. He could speak no English. He was about twelve or thirteen. Bessie had to start him out as though he was a beginner and taught him the sounds of letters and to pronounce words in English. At no time did she help him by speaking Czech even though she knew how. Before long he caught on and could read. She taught at Belle Prairie until the school board ruled that married women were not allowed to teach school. When a young single teacher was unable to maintain order, Bessie was called back and then taught at Pleasant Grove School for two years. With the birth of her son Marvin in 1928, and Leola in 1931, Bessie became a stay-at-home mom. (Since Bessie enjoyed cooking and especially baking, kolaches and poppy seed rolls were popular with the family and she made them as often as she could....even after she reached 100 years of age.)

Leo lost his job during the Depression and eventually opened a service station on C Street S. W. The white brick building is still standing. Later he had a filling station across from Janeba Funeral Home on 16th Ave S.W. In 1942 the family moved to a farm located at Johnson Ave. S .W. Here Bessie raised chickens, strawberries and planted a large garden.

After Leo died of cancer in 1950, Bessie found a job at Killian's Department Store, but soon went back to teaching. While teaching she attended Coe College in the summer months. She retired from teaching again when she was 67.

Bessie lived at her home on Johnson Avenue until she reached 104. She is currently a resident of Silver Pines Assisted Living and Retirement Community. At 93, she wrote a story of her life which is filled with many happy and wonderful experiences she has enjoyed. She appreciates her Czech heritage and is a wonderful example to all around her.

VII. Feature Articles:

Prohibition in Cedar Rapids

Researched and Submitted by Evelyn Stejskal



Webster's dictionary describes prohibition as "an order to refrain or stop" and/or "the forbidding by law the sale and sometimes the manufacture and transportation of alcoholic liquor or beverages."

As laws are broken now, they were also broken in the late 1920's and 1930's.

When we were young and innocent children, our family went to visit our aunt and uncle in rural Shueyville. We were not only active children, but also curious. When we went out to play, we were always instructed to stay away from the buildings, especially the barn. Since our dad was strict, we obeyed his orders to avoid punishment. We knew our aunt was a very busy person. She was always cooking and feeding men who worked around the barn, but we did not ask questions.

Alcohol stills were popular in those days since alcohol was forbidden. Stills were operated by a person sometimes called a bootlegger. The illegal distilled corn whiskey was called "moonshine" because it was made in the dead of night to avoid detection and arrest.

When we became a little older and understood the word "prohibition" we queried our parents about the mystery in the barn. We were disappointed that our very own uncle would even permit anything like that on his farm. We were told there was another still on a farm only a few miles north of our uncle's farm. Rumors were this Still was under the supervision of Chicago's Al Capone.

It was illegal to transport or sell the liquor but elders will remember the dirt lane along the National Czech Cemetery that was shrouded by shrubs and bushes. It was also known as "Lovers Lane". That was also a place where bootleggers met their clients to sell and make deals. The once dirt road is now a lovely residential area with manicured lawns and many families. The street is now known as Lauren Drive.

The liquor was also used for medicinal purposes. A common recipe was a combination of liquor and caraway seeds heated and boiled. The "kminka" was used largely as a cold remedy

This story dates back 80 years but not much has changed. Things are the same except we now have a drug problem that is plaguing our country.

VII. Youth Participation Table:

By Russ Novotny, with the aid of the many Committee Members who helped compile these lists

The Czech Heritage Foundation has actively sought to involve the youth in our celebration and preservation of the Czech Heritage. We have a long history of sponsoring programs for our youth. We feel that this engaging of our youth is the key to keeping the organization strong and functioning so that it may carry on our goals into the future.

Key youth programs are our Czech Heritage Prince & Princess, Homestay Ambassadors, Scholarships, and most recently, the Miss Czech Slovak Iowa Pageant. We thought it would be interesting to bring together all the lists of youths who have participated in these programs. It is particularly interesting to see many of the same names and families across many of these programs. It is also significant to note that several of our current Board members are parents of these youths. In many of these cases, it was the youth's participation and positive experiences that brought their parents to our organization. We also have had several of these students come back and help us on special projects.

Prince & Princess - The Czech Heritage Prince and Princess are generally early High School students. They represent the Czech Heritage Foundation at public activities, and are regulars on our parade floats. The Czech Heritage helps fund representative Czech costumes for our Prince and Princess. This year represents the 25th year of this program.

Homestay Program - Our Homestay Program started in 1983, and in 1987 it became known as Czech Heritage Homestay Program. Its goal was to send youth to Czechoslovakia for a full month to live with a Czech family and really learn about the culture there. It began while Czechoslovakia was under Communist Rule, witnessed the fall of Communism, and finally the split of Czechoslovakia into the Czech and Slovak Republics. It has now grown to include an exchange component where Czech students are hosted here in the US. The Czech Heritage Foundation makes the host family arrangements and underwrites a significant portion of the cost of the trip. Virtually every student comes back feeling that this was an experience that will be with them the rest of their lives. Over 70 US students have participated in this program.

Scholarship Program - Bob and Eva Kuba gave the initial gift that established the Scholarship Fund. It has continued to grow with other donations and is a Perpetual fund, where only the interest earned is used to award scholarships. One thing unique about this scholarship program is that it targets students who have already completed at least one year of secondary education. There seem to be many scholarships for first year students, and we felt it important to help successful students sustain their education. Over 40 scholarships have been awarded.

Miss Czech Slovak Iowa - Our 5th Annual Miss Czech Slovak Iowa Pageant was held this year, and we have sponsored a total of 6 contestants to the Miss Czech Slovak Iowa Pageant in Wilbur, Nebraska. Two of our representatives have been named Miss Czech Slovak USA. This is a great example of a program where the youth participants have come back to help assist with and perpetuate the program. In fact, it was one of our first representatives, Lisa Volesky, and her grandmother, Adeline Volesky, who put our pageant together. They, with the help of other family members and returning Queens, have made this program an ongoing event.

Following is our most recent compilation of the participants in these important programs. Look for familiar names, and see how many appear in multiple columns. We do apologize for any errors we may have included in this compilation, and ask your help in making any corrections you are aware of.

Year	Prince & Princess	Homestay Ambassadors	Scholarship Awards	Miss Czech & Slovak Iowa
1982	Lynn Marie Nejd & Jeff Donahue			
1983	Angie Vlasek & Doug Nejd	Sara "Joens" Griffin - Lynn Marie "Nejd" Erger		
1984	Janel Rohlana & John Rohlana	Julie "Jilovec" Juhl - Jeffery Rohlana		
1985	Lynette Stejskal & David Hruska	Angela "Vlasek" DuBois - Lisa "Rose" Goodfellow - Janelle . "Rohlana"		
1986	Brenda Buresh & Tim Semelroth	Sandy "Spina" Jasso - Lynette "Stejskal" Cohen		
1987	Julie Vlasek & John Buresh	Brenda "Buresh" Lidemann - Jennifer "Frye" - Doug Krejci - Danica "Novotny" - Martin Tepy		
1988	Dawn Buresh & Todd Slezak	Colleen "Novak" - Darcie "Novotny" - Dan Chadima - Edward "Ed" Kopecky		
1989	Heidi Krejci & John Dostal	Terri "Bartacek" Essy - Dawn "Buresh" - Matt Faltis - Darrick Chadima - Tim Pfeifer		

Year	Prince & Princess	Homestay Ambassadors	Scholarship Awards	Miss Czech & Slovak Iowa
1990	Janet Kopecky & Brian Faltis	Kristin Machacek - Todd Slezak		
1991	Sarah Novotny & Jeremy Dostal	Erica "Cichowski" - Brian Faltis - Heidi Krejci		
1992	Tamara Chadima	Sarah "Novotny" - Dana Jacob Dvorsky - Jana (Janet) "Kopecky" - Stephany "Machacek"		
1993	Jessica Radl & Brian Stoklasa	James "Jamie" Serbousek - Tamara Chadima - Brian Dvorak		
1994	Amy Novotny & Brad Dvorak	Carrie Lynn Ciah	Laurie Koss - Sherie Sedlacek - Mike Kopish - Amy Garvy - Loralie Wiebold Michell Marie Quass - Cory Michael Matthiessen - Lisa Sevcik - Michael J Keen . - Kathy Chmelick	
1995	Holly Upah & James Horak	Chris Fee - Amy Novotny - Joy Lynne Janda - Mandy Rae Haster	Sarah Novotny	
1996	Lisa Volesky & Timon Modracek	Jennifer Novak - Cathy Schroeder - James Horak - Brad Dvorak - Holly Upah		
1997	Debra Rigel & Quentin Lewis	Sara Andrews - Erin Van Etten - Casey Parker - Angela Zias	Amy Novotny	
1998	Stasia Krivanek & Br&on Hamous	Matt Fee - Jeri Serbousek		
1999	Katie Ziskovsky & Jesse Upah	none	Emily Greslin - Katherine Brown - Anna Rawson King - Kerianne Moucka Cathryn Polehna - Lisa Volesky	
2000	Lydia Drahozal & James Hamous	none	Aaron Boes - Matthew Fee	
2001	Bridget Samek & Matt Samek	Kit Wobeter - Bridget Samek - Regina Hogan- Sarah Fiala	Darren M Blaha - Isaac A Bowers - Jessica B. Long - Dustin R Mallie	Lisa Volesky
2002	Rachel W obeter & Eric Gervais	Jon Trpkosh - Nathan Votroubek - "Tony" Anthony Ziskovsky	Sara Fiala - Stasia Krivanek - Joyce Kutin/Solberg - Megan Waldrop - Eric Sudol - Cassanda Jerroll 2003	Katie Ziskovsky
2003	Cecelia Wolter & Conner Lewis	Naomi Fottral - Austen Fiala - Kelsi Kautzky - Rebecca Moeller - Rachel Sippy	Amanda Boeding - Brian Karnik - Tom Zlatohlavek - Kathleen Peroutka	Stasia Krivanek
2004	Beth Samek & Austin Vondracek	Raachel Webster - Matthew Kostle - Jessica Sauser	Jennifer Jirak - Jennifer Praska - Bridget Sanek - Luke Horak - Matthew Sanek	Amanda DeHoedt
2005	Rachel Lehmann & Jordan Uthoff	Amanda De Hoedt - Shanda Novak - Katie Cerlaach - Jennifer Turecek	Rebecca Moeller - Jennifer Praska - Bridget Sanek - Robert Synovec - Angela Weiland	Beth Struzynski
2006	Vickie Dostal & Austin Frerick	Cortney Balichek - Beth Shamek		Rachel Lehmann

A. Czech Heritage Contributor Acknowledgement

The following members graciously included additional donations with their membership application fees (1/1/06-6/30/06)

Arlene Anderle, Leroy Anderle, Pauline Baca, Robert Baumruk, Elizabeth Bedell, Leona Beltz, Hedvila A. Benesh, Sharon Benesh, Dr. Dagmar Berry, Joseph & Evelyn Bevill, Mary Bozaneck, Vlasta Brase, Gerald K. Caslavka, Joseph & Esther Cerveny, Kenneth & Joan Chaloupka, Marilyn E. Chmelicek, Sandra C. Clayton, Donald & Vera Conway, Mrs. Linda Defrees, Martha Divishek, Arthur Dostal, Elsie Drahozal, Bernie & Shirley Drahozal, Edward C. Drahozal, Robert F. & Beula A. Dvorak, Joseph Dytrt, Frank & Barbara Edmunds, Fern Fackler, Gladys Faiman, Jo Fran & James C. Falcon, Mildred Flint, Veronica Frost, Donald & Shirley Frus, Carol K. Grigson, Dorothy Harrelson, Alma J. Helmer, Mrs Jackie Hess, Dorothy Hladik, Don & Gladys Hruby, Alicia Dee Dvorak Jackson, Marie Jadrnicek, Leonard & Marge Jansa, Mary E. Jepson, Celeste Johannes, Eugene J. Kadlec, George & Louise Kalous, Edna M. Kint, Elsie Ann Kloubec, Irene B. Konecny, Vlasta Korbek, Paul V. Kosek, John Kostle, M. Diane Krejci, Helen J Kupka, Donald E. Kuska, Carmen Langel, Milton C. Lastovica, Robert & Mildred A. Lenc, Edna Lenicek, Judith A. Lindsay, Richard G. Liphardt, Doris S. Looney, Mary Ann Mahoney, Leonore (Viktora) Mangold, Victor & Georgianna Marek Jr., Blanche Masek, Betsey Mccalley, Jarmila McMullen, Erma J. Meskimen, Leo & Irma Modracek, Sylvia Neitderhisar, Marjorie Nejdil, Arlene Netolicky, Mr. & Mrs. Richard Netolicky, Mr. & Mrs. Emil Novak, Mrs. Irene Novak, William R., Marcia A Novak, Russ & Linda Novotny, Zula Oujiri, Marge Pace, Alvin Pavlis, Joan Brabec Payne, Joe & Mildred Peshek, Leonard L. Pfeifer, Sister Mary Lou Podzimek, R.S.M., Joanne Popelka, Irene Pudil, Joanne Rayborn, John M. Repka, John & Susan Rocarek, George P. & Marilyn Roushar, Marjorie D. Ruzicka, Edmund Samek, Richard & Elaine Samek, Katherine Sasek, Olga Sedenka, Betty M. Sedlacek, Elmer J. & Mary Rose Sedlacek, Leland Sedlacek, Jim & Martha Serbousek, William L. Shebetka, Joseph L. Shimek, Steve & Pamela J. Shipp, Rachel Sippy, Dorothy M. Sirowy, Carol A. Stodola, Mary Ann Tegen, Evelyn Tlusty, Darlene Trachta, Marilyn Tucker, Robert Turecek, Phyllis Vesely, Karen Vlasek, Frank & Ruth Ann Volesky, Roman & Lottie Volesky, Donald E. & Esther J. Vorel, Liba Watson, Stanley B. Winters, Kit Wobeter, Mrs. Jerry Wood, Connie Caslavka Wubbena, Robert Zvacek

Membership Application -- Please note NEW rate

Please check the proper item: Renewal___ New___ Gift___ of **\$5.00 per year.**

Name(s) Ms., Mr., Mrs. _____

Address _____ Zip + 4 _____ - _____

Make check payable and mail to :

Czech Heritage Foundation., P.O. Box 761, Cedar Rapids, IA 52406

Membership dues \$ _____ Donation \$ _____ Gift Membership \$ _____

Why not consider a gift membership for someone special? Your dues and generous donations help to fund several worthwhile endeavors such as Czech Prince and Princess sponsorship, financial support for the National Czech & Slovak Museum & Library, adult Czech language classes, the Homestay Program, along with publishing the quarterly Naše České Dědictví, and other numerous publications. The list of Czech Heritage projects goes on and on.

It is time to renew your membership, unless you are a new member. Memberships expire December 31 and are renewable January 1. Use this handy Membership Renewal Application form. Don't forget. Renew now so you won't miss a single information packed issue of Naše České Dědictví.

Please renew today! A Bargain at \$5.00 per year.

C. Czech Out These Web Sites

Travel to the Czech and Slovak Republics from the comfort of your own home. Read a Czech newspaper (in Czech if you want). Research your Czech/Slovak roots. The World Wide Web (www) contains more sites and information related to our heritage than any of us will ever have time to fully explore. Try some of these sites out.

Lists of Links to Other Czech & Slovak related Web Sites

- <http://www.NCSML.org/research/links.htm> - Provided and maintained by the National Czech & Slovak Museum & Library)
- http://www.slavophilia.com/pages/Country_Focus/ - Slavic and Eastern European Links. Includes Czech Republic and Slovak Republic

Official Governmental Sites

- <http://www.czech.cz/> - Czech Republic **(New site to be launched 7/13/06)**
- <http://www.slovakembassy-us.org/> - Slovak Embassy in USA

Other Sites of Interest

- <http://www.NCSML.org/> - National Czech & Slovak Museum & Library.
- <http://www.afocr.org/> - American Friends of the Czech Republic
- <http://www.svu2000.org> - Czechoslovak Society of Arts and Sciences (SVU)

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D. Calendar of Events

-
- July 11 **Czech Heritage Foundation Annual Meeting** – NCSML, 7:00 PM
15 **5th Annual National Bohemian, Moravian, and Slovak Folk Dance Festival**, NCSML & Czech Village
16 **Prague Between History and Dreams Exhibit Closes**, National Czech & Slovak Museum & Library
-
- Aug. 8 **Czech Heritage Foundation Meeting & Annual Pot Luck** – NCSML, 6:00 PM
-
- Sept. 12 **Czech Heritage Foundation Meeting** – NCSML, 7:00 PM
22 **BrewNost International Beer-tasting** –NCSML Grand Hall and Garden, 6:00 p.m.
-
- Oct. 1 **Embellished Textiles – Absolutely Art! Exhibit Closes**, , National Czech & Slovak Museum & Library
10 **Czech Heritage Foundation Meeting** – NCSML, 7:00 PM
-
- Nov. 14 **Czech Heritage Foundation Meeting** – NCSML, 7:00 PM
-
- Dec. 2 **Sv. Mikuláš Day**, St. Nicolas celebration for children – NCSML & Czech Village, Puppet Show 10:00 AM
9 **Cookie Walk**. Homemade Christmas cookies for sale by Museum Guild – NCSML, 10:00 AM
12 **Czech Heritage Foundation Meeting** – NCSML, 7:00 PM