

# The GayZette



Published every two weeks by the Rainbow Outreach Metro GLBT Center Omaha

## Michael Sam Thinks He Came Out Too Soon

BY Glenn Garner

Sam appeared on The Dan Patrick Show Friday to talk about what's next for him. He discussed going back to school to prepare for a post-football career in broadcast journalism. He also talked about the mistakes that he's made going into his professional football career and his hopes to get back into the NFL.



As The Blaze reports, when Patrick asked if Sam had been given one 'mulligan' post-grad, what he'd do differently, Sam replied:

"Maybe that was the wrong time for us to announce that. I will say that. Also, I had a game plan of when I graduated, when I came out on February 9, I wanted to kind of push back that. We came out a little too early for my taste. I wanted to come out after I made an NFL roster. It really wasn't supposed to be published. It was just supposed to be to the team as I did at University of Missouri... Certain things happened. A lot of media people already knew, and I think we had to push it back earlier than expected."

Sam had suspicions that someone was about to break his story. Fearing that he'd be outed, he wanted to tell his own story.

"It probably would have been better for me if I didn't come out. I would be on a roster. That said, I have no regrets whatsoever."

## Brokeback Mountain to be Turned into a Play for the First Time

by Jamie Tabberer

Brokeback Mountain is to be adapted as a play for the first time, with production currently in development.



News of the new version of Annie Proulx's

story coincides with the 10 year anniversary of the hit film, which starred Heath Ledger and Jake Gyllenhaal.

Producer Tom O'Connell made the announcement today that he had acquired the stage rights to the story. It will be staged in London in 2016.

The film famously won three awards at the 2005 Oscars – but was overlooked for Best Picture in favor of Crash. It has previously been turned into an opera.

O'Connell said, 'I am honored to bring Annie Proulx's beloved story to the stage as a new play that celebrates her compelling writing and will bring a new perspective on this heart-warming tale of an unbreakable bond.'

He added: 'I've been extremely lucky in my career to produce plays which challenge, inspire and educate as much as they entertain; the struggles that the characters of Brokeback Mountain go through are still present in the world today, making the piece as relevant as ever. I am very much looking forward to working alongside Annie with a first-class creative team to bring Jack and Ennis' story to new audiences.'

But there is no guarantee – the same producers and promoters tried to revive classic British gay play Beautiful Thing this year but ran out of money. The show was cancelled before it hit the West End and the company behind it went bust, leaving debts behind it.

October 2nd, 2015 - October 16th, 2015

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## ACLU asks Nebraska to list Both Same-Sex Spouses on Birth Certificates

By Alissa Skelton and Alia Conley / World-Herald staff writers

Miles Wagner is nearing 2 months old and still doesn't have a birth certificate.

On the day he was born, Aug. 4, the Nebraska Office of Vital Records and Statistics told hospital officials they couldn't issue his parents, Nicole and Brooke Wagner, a birth certificate because the department didn't have forms for same-sex couples.

About a month later, the department thought it had a solution, Nicole Wagner said.

Nicole, the birth mother, would be on the certificate as "mother," and Brooke would be listed as a "friend."

The couple felt discriminated against. Nicole called it "a slap in the face." Brooke said it was a step backward.

"It was almost embarrassing to think that that was a fix," Brooke said. "Like they didn't take our relationship and our marriage as serious as we do."

In defense of the Wagners and all same-sex couples, the Nebraska chapter of the American Civil Liberties Union asked a Nebraska federal judge on Thursday to issue an injunction ordering the state to list both same-sex spouses as parents on birth certificates of children born to same-sex couples.

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**Deadlines: Tuesday, Oct 13th** for Publication Oct 16th    **Tuesday, Oct 27th** for Publication Oct 30th

The Nebraska Department of Health and Human Services has refused to “provide married same-sex couples birth certificates for their children on the same terms and conditions as married different-sex couples,” the ACLU wrote in court records.

Since the U.S. Supreme Court ruled in late June that same-sex couples could marry, at least two same-sex couples in Nebraska — including the Wagners — have been unable to list both of their names on the birth certificates of their newborns.

In the high court’s ruling, the ACLU said, birth certificates were listed as one of the many marital protections that must be provided equally to married same-sex couples.

On Thursday, the Nebraska Office of Vital Records and Statistics confirmed the birth certificate form is still the same as it was before the same-sex marriage opinion.

“We continue to evaluate the impact of the Supreme Court decision on programs within our agency,” Leah Bucco-White, a spokeswoman for DHHS, wrote in an email.

When a child is born to a married same-sex couple, the DHHS in Nebraska will list on the birth certificate the name of only the spouse who gave birth. The ACLU is arguing that both spouses, regardless of which is the biological parent, should be listed on birth certificates.

Jessica and Kathleen Kallstrom-Schreckengost had a baby in early 2014 in New York, where each was named on the birth certificate. The couple moved to Omaha last September to be closer to Kathleen’s family, but they were hesitant about growing their family in Nebraska. They wanted to be sure both names were on the birth certificate to ensure their child’s protection.

Jessica said they could drive to Iowa, but options are limited, especially if the pregnancy might have complications. After all, she said, they live in Nebraska and deserve a Nebraska birth certificate.

“I think the current administration here ... is very reluctant to recognize same-sex families,” Jessica said. “A birth certificate is a very tangible way of saying this child belongs to this family. They’re dragging their heels as long as they can.”

The ACLU of Nebraska said the state’s actions are unequal and clearly violate the Supreme Court’s mandate that requires marriage to be available to same-sex couples “on the same terms

and conditions as opposite-sex couples.”

Danielle Conrad, executive director of the ACLU of Nebraska, said, “While many of the protections that only marriage can provide are being granted to same-sex couples, we will continue our work until all of the protections are available to same-sex couples and their families.

“Children born to married same-sex couples should not be denied the security of having a birth certificate that lists both of their parents.”

The Nebraska Attorney General’s Office is reviewing the ACLU’s request, said spokeswoman Suzanne Gage. The office declined to comment further.

The push to put both Nicole and Brooke Wagner’s names on the birth certificate is tiring and frustrating, they said. But when Miles was born, all of the legality issues faded away.

“It didn’t take away from the moment or falling in love with him,” Nicole said. “We want to fight for what’s right and don’t want other couples to go through this.”

## Matt Damon Clarifies Comments On Actors And The Closet, Tells Ellen He Was Quoted Out Of Context

Matt Damon wants everyone to know he does not believe out gay actors should go back into the closet, nor did he ever say so.

That’s one of the things the actor wanted to make clear while taping an interview with Ellen DeGeneres on her syndicated talk show Monday. DeGeneres — who invited Damon on her show to promote his new film, *The Martian* — asked him to address how his comments to the UK newspaper, *The Guardian*, which she said were “twisted around.” He says they were taken



*(Continued on page 4)*


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wildly out of context.

"I was just trying to say actors are more effective when they're a mystery," said Damon. "And someone picked it up and said I said 'Gay actors should get back in the closet.' Which is like, it's stupid." The audience joined the actor in laughing at that misinterpretation; DeGeneres stayed cool and paid rapt attention.

"It's painful when things get said that you don't believe," Damon told DeGeneres. "You know what I mean? And then it gets represented that that's what you believe. Because in the blogosphere, there's no penalty for just taking the ball and running with it."

As The Advocate reported, Damon told U.K. newspaper The Guardian that out actors "take a hit for being out," specifically mentioning Rupert Everett, whose career sputtered after breaking out in the 1990s with My Best Friend's Wedding. Though he seems sympathetic toward Everett, Damon thinks an aura of mystery makes actors more believable.

"I think it must be really hard for actors to be out publicly. But in terms of actors, I think you're a better actor the less people know about you, period. And sexuality is a huge part of that. Whether you're straight or gay, people shouldn't know anything about your sexuality because that's one of the mysteries that you should be able to play."

The controversy may have received more play than usual as it came on the heels of another contentious statement from Damon, for which he half-heartedly apologized.

As Mashable reported, producer Effie Brown, a black woman, made a comment on the season premiere of Project Greenlight that casting diversity was an important factor in choosing a director for the HBO show's project; Damon shot back that picking the best candidate for the sake of the show — and the film they would be making within it — was the top priority.

DeGeneres ended the brief conversation about the controversy by appearing to accept Damon's clarification, adding, "And it shocks me that you and Ben are not gay," she added as a final tension-breaker. "But. If you want to deny it and keep the mystery in your marriage ..."

## Philadelphia Mayor Steps Up for LGBT Rights During Papal Visit

BY DAWN ENNIS

Philadelphia's Mayor Michael Nutter said he didn't get the chance to make good on his promise to personally ask Pope Francis to "end judgment" of LGBT people during the pope's visit to his city.

But according to the website for the Philadelphia Inquirer, he told reporters he was sure the pope heard his speech Saturday at Independence Hall, where the mayor raised the issue shortly before the pontiff spoke.

"In America, everyone has rights," Nutter said Saturday.

In that speech, Nutter cited the mentorship of a one-term Philadelphia city councilman who was gay, and helped launch Nutter's political career. John Anderson contracted AIDS and died in 1983. And then he addressed those in the crowd who are lesbian, gay and bisexual, who he said "continue to fight for equality."

"Keep fighting for your rights. It's a collective fight. And there are many others fighting with you."

Nutter made no mention of transgender citizens, who Pope Francis has likened to nuclear weapons and the Vatican has announced cannot serve as godparents to Roman Catholic children being baptized.

Nutter, a practicing Catholic who is openly pro-choice and advocates for LGBT rights, was named by Archbishop Charles Caput of Philadelphia honorary co-chairman of the World Meeting of Families, which was the primary reason for the pope's visit.

A statement from the mayor on Friday included a letter Nutter said he sent Pope Francis, in which he pressed the pope to re-



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consider the Church's treatment of LGBT Catholics.

"We encourage ending the systematic and institutionalized discrimination against LGBT people through the message of love, hope, and acceptance. For the many LGBT individuals who seek the Lord and have good will, we ask that you end judgment of these individuals by those within the Church through teaching and pastoral practice currently in place."



That statement earned Nutter, and Chaput, criticism from conservative Catholic websites which accused the mayor of pushing the "gay agenda." One website went so far as to demand the archbishop remove Nutter and other "pro gay-marriage members from the leadership team," but those cries fell on deaf ears.

Despite not getting to personally speak to Pope Francis about LGBT rights, Nutter told the Inquirer the visit was "wildly successful, completely successful."

## Mr. Smithers Will Finally Come Out on The Simpsons

BY DENNIS HINZMANN

It's one of the worst-kept secrets in Springfield: Waylon Smithers is gay. More people know that than know what state they live in, but the one person who matters most to Smithers is the one who's still in the dark: his boss and object of his unrequited affection, Mr. Burns.

"In Springfield now, most people know he's gay, but obviously Burns doesn't," Simpsons showrunner Al Jean told TVLine. "We deal with that in two episodes... we actually do a lot with Smithers this year; he gets fed up with Burns not appreciated him and considers his options."



After all these years of Mr. Burns-filled birthday cakes, Mr. Burns tattoos, and unending Mr. Burns pining, hopefully Smithers coming out has a positive effect on the elderly tyrant of Springfield.

## Putin Says He 'Definitely' Condemns Law Criminalizing Homosexuality

BY ELIZABETH DALEY

Russian President Vladimir Putin denied that his country discriminates against gays and lesbians, in an interview with 60 Minutes.

Putin told CBS News anchor Charlie Rose said he didn't see "anything undemocratic" about his country's ban on what Russia calls "gay propaganda."



Russia enacted a law banning "propaganda of nontraditional  
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sexual relations" in 2013, basically prohibiting any positive treatment of LGBT issues in forums accessible to minors. And ever since, the group Human Rights Watch has documented an increase in antigay violence and harassment in Russia that it calls a "license to harm."

"I believe we should leave kids in peace," Putin told Rose in the interview, portions of which were broadcast last night. "We should give them a chance to grow and help them to realize who they are and decide for themselves ... do they consider themselves a man or a woman? A female? A male? Do they want to live in a normal natural marriage or a non-traditional marriage?"

Putin's implication that gay and lesbian people are a danger to children is an oft-cited concern among members of his ruling United Russia party, most notably arising when Putin warned LGBT Olympic spectators and athletes to "leave children alone" in the run-up to the 2014 Winter Olympics in Sochi, Russia.

Putin also defended Russian laws preventing gays and lesbians from adopting children, telling Rose that some gays and lesbians agreed with them.

"The problem of sexual minorities in Russia had been deliberately exaggerated on the outside for political reasons, I believe, without any good basis," Putin said.

The Russian president explained that in some ways, his country was ahead of the United States when it comes to discrimination. Putin cited the fact that some states still have laws on the books criminalizing homosexuality, despite rulings by the Supreme Court, specifically the 2003 decision in *Lawrence v. Texas*, striking down all remaining sodomy laws.

"It's well known that in four states in America, homosexual orientation is a crime, whether it's good or bad we don't know. We know there is the ruling of the Supreme Court, but this problem has not completely disappeared, it's not completely removed from American legislation, but we don't have that," Putin said. (Specifically, however, the laws ban gay sex, not orientation, and have been rendered unenforceable by the *Lawrence* decision.)

Putin's interview followed an announcement by the Kremlin that he would meet with singer Sir Elton John, as *The Advocate* reported, with the president agreeing to discuss any is-

sue, including LGBT rights. But it also followed an action by Putin to honor a Russian lawmaker well-known for his efforts to ban "gay propaganda" and prosecute Western pop culture stars who support LGBT rights, like John.

Vitaly Milonov is the St. Petersburg politician who received a medal of the order "For Service to the Fatherland" in the second degree, according to the U.K. newspaper *The Guardian*. He's also a key architect of Russia's nationwide ban on so-called gay propaganda, as he drafted and passed local legislation first, which became the framework for the national law. The announcement said Milonov was recognized for his "active lawmaking efforts and many years of honest work," including relentless antigay campaigning.

## Zimbabwe's President Tells U.N.: 'We Are Not Gays!'

BY BIL BROWNING

President Robert Mugabe of Zimbabwe took to the floor of the United Nations on Monday to speak out against LGBT rights. Complaining about "double standards," the African leader declared his country's dedication to "human rights" while denigrating efforts to raise awareness about the abuse of LGBT people in his nation.

"Respecting and upholding human rights is the obligation of all states, and is enshrined in the United Nations charter," Mugabe told the gathered delegates. Then he played the victim card:

"Nowhere does the charter abrogate the right to some to sit in judgment over others, in carrying out this universal obligation. In that regard, we reject the politicization of this important issue and the application of double standards to victimize those who dare think and act independently of the self-anointed prefects of our time."

"We equally reject attempts to prescribe "new rights" that are



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contrary to our values, norms, traditions, and beliefs," he continued, before barking, "We are not gays!"

LGBT people face constant persecution in Zimbabwe and is often used as a whipping post for the country's economic issues. Mugabe has often railed against LGBT rights, once saying gays and lesbians are "worse than pigs and dogs."

The United States and other Western countries have threatened to cut aid to African nations that continue to arrest or physically abuse their LGBT citizens. In 2011, a member of Zimbabwe's parliament was jailed for alleging that Mugabe's homophobia hides his own homosexuality.

Mugabe has held firm to his anti-LGBT stance, insisting that LGBT people will never have civil rights in Zimbabwe, no matter the financial consequences.

"We say no to gay rights," he said before the country adopted a new constitution. "We will not listen to those advocating for their rights in the new constitution. We say no to gays! We will not listen to those advocating the inclusion of their rights in the constitution."

## "The 70's is My Groove"



River City Mixed Chorus is pleased to announce "The 70's is My Groove", a special benefit performance of 1970's music by Kathy Tyree and her In the Moment band. The show will be presented at the Max (1417 Jackson Street) on Thursday, October 22nd at 6:30pm. Doors will open at 6pm. Tickets are \$20 for floor seats and \$30 for table seats and are available at [www.rcmc.org](http://www.rcmc.org).

This exciting show features R&B, rock, disco, country, jazz, and classical favorites from the 1970's. Guests are invited to wear their most funkastic attire and arrive ready to groove along with the performances. "The 70's is My Groove" features the amazing back-up vocals of LaShanna Adams, DJ Tyree and Tammy Tyree as well as a special guest appearance by the incomparable Camille Metoyer-Moten.

Kathy Tyree, one of Omaha's finest cabaret performers, has been a long-time collaborator and supporter of the River City Mixed Chorus. This is her first benefit show for the chorus and this one-night-only performance is sure to get the audience out of their seats and dancing to the music. Ms. Tyree is well known for her amazing and inspired performances and was recently lauded for her portrayal of Ella Fitzgerald in the Omaha Community Playhouse production of Ella.

The River City Mixed Chorus is Omaha's GLBTA choir and is celebrating its 32nd season of performing exciting and inspired

choral music. Proceeds from this benefit presentation of "The 70's is My Groove" will assist the choir in attending the 2016 Gay and Lesbian Association of Choruses music

## The Empowered Bottom: A New Kind of Sexual Revolution

BY TYLER CURRY

How PrEP has changed the dynamic of gay sex, making tops and bottoms finally equal.



Until recently, condoms were considered the only viable option for safer sex practices among gay and bisexual men. When it was discovered that HIV was a sexually transmitted disease, condoms became the zeitgeist of safe-sex culture. Although this tool kept many gay and bisexual men HIV-negative through the worst of the epidemic, the use of condoms to prevent HIV created, or further perpetuated, rather, an inequality among gay men in their sexual relationships. Even within the gay community, the receiving partner in intercourse was looked upon as subservient and less than.

In other words... the tops had all the power.

Sure, many gay men often identify as versatile when questioned about sexual positioning. Even so, most usually have a general proclivity to one position or the other. Generally, some people are good at topping while others make for better bottoms. Yet, when it comes to mutual respect, sexual health, and protection, tops and bottoms aren't, or weren't always, treated as though they were created equally.

"I've definitely felt belittled for identifying as a bottom. As if being a bottom meant being something 'less' in our community," said Joshua Collins, a PrEP user from Phoenix, Arizona. "I also feel like we have certain expectations of someone who identifies as a top and expect them to take control in sex. I've definitely felt like the top was more in control within the sexual dynamic."

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A top is also physically in control of wearing a condom. A bottom can only negotiate the use of a condom. You might think that this doesn't necessarily create an inequity. After all, a bottom can walk away from a sexual encounter just as easily as a top. But in the throes of passion when the clothes are off and there are mere inches between "everything-but" and full-on penetration, the power is greatly weighted in favor of the top.

As the bottom partner, my HIV status was always contingent on someone else's decisions," said Damon Jacobs, founder of the popular Facebook group, PrEP Facts. "I had to rely on the top to make sure the condom was used or didn't fall off or didn't fall in or didn't break or didn't 'magically disappear' as condoms sometimes do."

A gay or bisexual man who primarily tops is less at-risk for HIV infection. But this is not the inequality that condoms create. A top who engages in condomless sex isn't held nearly as responsible as a bottom often is when it comes to safe sex, yet it is the one who must physically wear the condom in question. The relationship between gay men, condoms, and HIV can be directly paralleled with that of birth control, heterosexual sex, and pregnancy. And PrEP is to the empowered bottom the same way that birth control is to the empowered woman, including the slut shaming that both parties have often experienced as a result of their choice to take control of their health.

"PrEP is the first opportunity bottoms have ever had to be in full control of our HIV status," said Jacobs. "It allows both partners, in either sexual position, to be 100 percent responsible for their pleasure and protection."

Colton Ferrell is a young PrEP user from Austin, Texas. He didn't think too much about the inequality of his preference for bottoming until he found himself in his own sexual quandary.

"So, I never really thought of there being an imbalance dependent upon sexual position, until one time recently when the guy and I discussed using a condom," said Ferrell. "We agreed to use the condom, he grabbed the condom wrapper, I laid down on my stomach, and we had — not so enjoyable — sex. Something, as a bottom, I've noticed is that I can rarely feel the difference as to if the guy is wearing a condom or not, and it turned out, that in this circumstance, he wasn't, and he actually came inside of me. Aside from feeling very violated and pissed, I was less worried than I feel I would've been, because I was on PrEP, and wasn't as concerned about HIV, while still knowing I needed to get checked for everything else."

Ferrell's experience is just one example of how the one who is at risk is often left without control in a situation of protection. The use of Truvada as PrEP, the HIV prevention pill that is 99 percent effective at eliminating the risk of HIV infection when taken correctly, has the potential to revolutionize the gay sexual experience. Now, a bottom has the option to enter into the intercourse that he chooses with the knowledge that he has taken action to protect himself from HIV, regardless of the top's preferences or agreements. Furthermore, he is involved in preventative care with his healthcare provider and engaged in his own sexual health.

But most importantly... he is allowed to enjoy the pleasures of sex without experiencing any added shame for his preferred position or fear of a possible HIV infection.

"I think I can sum up how PrEP has changed the way I feel about sex in one word: wow!" said Collins. "I've personally never been that adherent with condom usage and I would always feel very guilty and irresponsible. I've had many a time I'd nervously awaited an HIV test result hoping and praying. With PrEP, I don't worry about it anymore and just enjoy the moment. Now I let my sexual partners know I'm on PrEP and I've had some really great experiences with guys who are positive and who I probably wouldn't have approached. I would say I'm a lot more aware of my sexual health now because I get tested every three months."

So what does PrEP mean to the empowered bottom? It means living in an environment where the fight to stay sexually healthy is held on more of an equal playing field. It means less shame and fear and a greater sense of self worth and sexual pleasure.

"I'm a child of the 1980s," said Eric McCulley, a PrEP advocate. "And for the majority of my life, all I've heard about sex is that it is dangerous and that it might actually kill you. So it's nice to not be afraid of sex anymore. And to be in control of my own sexual health is empowering and affirming."

As the arguments over the use of PrEP continue to dissipate and the science and validity of the HIV prevention pill continues to increasingly resonate within the gay community, it is now a matter of accessibility and affordability for those who need it so that more bottoms become empowered by the other little blue pill.

Here's to a new kind of sexual revolution.

## **Closeted Married Men Are Keeping Relationship Counselors Working 24/7**

A sexologist in Winter Park, FL says he could "literally work 24 hours a day, seven days a week" because of all the people cheating on their significant others thanks to websites like Craigslist and Ashley Madison.

"The volume is that great," Michael Rothenberg, sexologist and owner of onlinesexualaddiction.com, tells the Orlando Sentinel. "It's becoming easier and easier to find a sexual partner."

Rothenberg says many of the patients he works with are closeted married men who use the internet to find other guys to hook up with on the DL.

"I've had closeted gay men go on there," he says. "Some people are on there because they're curious, or curious to see if there are people on there that they know."

Considering that a recent survey found 78 percent of Americans identify as heterosexual, but only 4 percent of that 78 percent said they were "100 percent heterosexual," this doesn't totally surprise us.

Relationship counselor Tim Tedders agrees that these days it's

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# Life Beyond Therapy

By Michael Kimmel

Visit Michael's website:  
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## Dear Michael:

I am a 27-year-old gay man who only recently came out. I was married for a few years and that was just to shut my family up. My problem is that my dad is a minister and I was raised in the church from childhood on. I used to play the organ every Sunday (no pun intended).

I have found a wonderful boyfriend and am discovering what real love and sexual connection is all about. I can't let go of the idea that God hates me now and that I am now a disappointment to Him. When I have an orgasm with my boyfriend, I feel incredible guilt and shame, like I'm "dirty". Can you help me?

Confused child of God

## Dear Confused:

Thanks for your letter and your honesty. I appreciate your dilemma. It brings up some fundamental questions: Does God love everyone, or is Her/His love conditional? Is it true, as Pastor Charles Lanier of Unity Fellowship Church used to say, "God has no respect of person. God is love and love is for everyone"? Or is it true that "God hates fags" as those religious extremists so tastefully point out every year at Pride. If your childhood concept of God is a punishing one, why hold onto it as an openly gay man?

Easier said than done. Luckily, you don't have to tackle this alone. Metropolitan Community Church (Clairemont), Unity Fellowship Church (Hillcrest), Universal Spirit Center (Hillcrest) and the Unitarian Universalist Churches (Hillcrest and Solana Beach) are San Diego churches who welcome LGBT members with open arms. You might call one of these churches and ask to have a talk with the minister/pastor. Get spiritual support from someone who knows what she/he is talking about. Don't listen to ignorant religious extremists as you explore how to be a joyfully gay child of God. Go to people who have scholarly knowledge (of the Bible, Koran, etc.) and learn from them. In addition to churches themselves, there are LGBT groups like "Dignity" for gay Catholics. For more resources, look in Gay San Diego, call The Center or use Google.

How do you keep your faith and drop the guilt? I strongly recommend the book "Coming Out Spiritually" by the brilliant Christian de la Huerta. De la Huerta is the founder of Q-Spirit ([www.qspirit.org](http://www.qspirit.org)), an international network of LGBT people of spirituality.

In his book, de la Huerta explores spiritual roles/archetypes that LGBT people have often assumed and continue to enact today, e.g., creator of beauty, consciousness scout, mediator, shaman and healer. The book may open your eyes to the many possibilities that we as LGBT people have for spiritual happiness.

Consider the Men's Coming Out Group at The Center. You'll likely find that you are not the only newly out gay man to experience the guilt of a God who allegedly hates you now because you're a happy, loving homosexual.

Don't do this alone: you've had 27 years of anti-gay conditioning. It will probably take you a while to "de-program" yourself of your internalized homophobia. Talk with your boyfriend and supportive friends, read up on queer spirituality, and consider connecting with a spiritual/church community whose fellowship will be a loving and nurturing one.

While I am not an overtly religious person, I am a gay man whose connection with God is important to me. My own experience is that being gay, lesbian, transgendered or bisexual is a GIFT from God...a blessing, a privilege and an honor. I don't think God gives these gifts out haphazardly.

My experience is that She/He bestows these gifts on souls that are ready to take them on and use them in this lifetime. The awareness, intelligence, sensitivity and strength that are born of being gay, lesbian, transgendered or bisexual are not known by most heterosexual folk...we have special gifts, and like any gifts, they come with obligations and responsibilities.

I believe we are here to TEACH heterosexual folks about love, tolerance, kindness, forgiveness and unconditional positive regard. To quote gay literary icon Paul Monette:

"Gay and lesbian people who have fought through their self-hatred and their self-recriminations have a capacity for empathy that is glorious and a capacity to find laughter in things that is like praising God. There is a kind of flagrant joy about us that goes very deep and is not available to most people."

You might consider brief psychotherapy to help you with the guilt you experience after orgasm. Cognitive therapy could be useful in replacing the guilt-based thoughts with neutral or supportive thoughts...the logic here being that guilt is an emotion caused by distorted thinking (i.e., "God must hate me because I'm having an orgasm with another man.")

If you can change the thoughts you're having during sex to something like "God loves me and I love my boyfriend" or "Loving my man is an expression of God's love for me", your guilt over orgasming is likely to dissipate fairly quickly.

Does all this sound like too much work? I encourage you to flip it and see it differently: integrating your happy new life as a gay man with your previous religious conditioning can be seen as a troubling burden, or as an amazing adventure. Because there are so few guidelines for living our lives as queer children of God, we get to make it up as we go along.

Churches and organizations can be helpful, but, ultimately, it's an individual decision how you choose to live your life: spiritually, sexually, etc. The possibilities are infinite...may you enjoy the journey.

# GAYZETTE EVENTS

**Rainbow Outreach  
Metro Omaha GLBT Center**  
(mail address: PO Box 8583 Omaha NE 68108)

**We closed the Center as of December 2nd, 2013.**

**The Gayzette will continue to be published and our phone line will be available for Gayzette advertising & info uses only.**

**We appreciate the past support for the Center but it became clear that it was time to close.**

**We feel we can accomplish much more for the GLBT community in this way.**

**Thanks,  
George Broadway  
Board Chair and Gayzette editor  
Email: [Gayzette@cox.net](mailto:Gayzette@cox.net)  
Www.rainbowoutreach.org**

## WEEKLY EVENTS

### Every Sunday

**WORSHIP SERVICES:**  
**AUGUSTANA LUTHERAN CHURCH**, ELCA, 3647 Lafayette Ave., Omaha GLBT friendly, [www.augustanalutheran.com](http://www.augustanalutheran.com)

**DIETZ METHODIST** 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

**EPISCOPAL GLBT FELLOWSHIP**, St. Andrews Church, 84th & Pacific, 6-7PM, email: [EpiscopalGLBT@yahoo.com](mailto:EpiscopalGLBT@yahoo.com)

**FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST**, info at: [www.firstcentral.org](http://www.firstcentral.org)

**FIRST UNITED METHODIST** 7020 Cass, 8:30 & 10:45am services

**FIRST UNITARIAN** 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

**GAY MEN'S ALCOHOLICS ANONYMOUS** 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055 **HASTINGS COLLEGE GSA** 8PM FFI: Judy Sandeen (402) 461-7372

**HIV+ SUPPORT GROUP** 7-8:30 pm at the NAP office located at 1921 South 17<sup>th</sup> Street in Lincoln, NE.

**METROPOLITAN COMMUNITY CHURCH OF OMAHA** 819 S. 22nd St., 345-2563 Sunday Worship 9:30am and 11:15am

**ONE PROMISE GROUP**, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

**RIVER CITY MIXED BOWLING LEAGUE**, 3pm, Maplewood Lanes, at 402-572-9393

**SECOND UNITARIAN**, Sunday morning services, 3012 S 119th St., Omaha, [info@2uomaha.org](mailto:info@2uomaha.org), 402-334-0537

**UNITY CHURCH OF OMAHA**, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

**WIMMIN'S SHOW**, KZUM 89.3 12:30pm

### Every Monday

**A A GLBT "RAINBOW GROUP"**  
Meeting Place, 28 & S, Lincoln, 7:30 pm

**GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN** 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE., contact Nick or Rick at 402-476-3144

**NA RAINBOW GROUP**, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

**RIVER CITY MIXED CHORUS RE-HEARSALS**, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

### Every Tuesday

**HASTINGS COLLEGE ALLIANCE**, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at [ander-son@hastings.edu](mailto:ander-son@hastings.edu) or Judy Sandeen at [jsandeen@hastings.edu](mailto:jsandeen@hastings.edu) for further information.

**METROPOLITAN COMMUNITY CHURCH OF OMAHA** 819 S. 22nd St., 345-2563—Bible Study at 7pm

**UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP**, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

### Every Wednesday

**AA FOURTH DIMENSION**, 7pm, Open to men and women, 219 North 48th Street

**FRONTRUNNERS RUN/WALK** 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

**HIV TESTING LINCOLN**, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

**LGBT A A** 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

**Metro Omaha Prime Timers**, 4:00-6:00pm Coffee with the Boys at Howlin' Hounds Café,

712 South 16th St. Meet up for coffee and conversation. Many of the guys go out for dinner afterwards. Everyone welcome to attend.

**NAP HIV TESTING**, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 3:30pm

**UNITY CHURCH OF OMAHA**, 7pm

### Every Thursday

**NAP HIV TESTING** 250 So. 77th., by appointment from 1:30pm to 3:30pm and Walk-in from 5pm to 8pm

### Every Friday

**LIVE & LET LIVE AA Meeting**, 8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

**LIVE & LET LIVE AL-ANON**, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

### OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more info email [outandaboutsocialclub@gmail.com](mailto:outandaboutsocialclub@gmail.com)

### Every Saturday

**AA SATURDAY AFTERNOON**, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

**Metro Omaha Prime Timers**, 9am—11am Coffee with the Boys at Paradise Café, Regency Court. Meet up for coffee and conversation. Good food and good coffee too. Everyone welcome to attend.

**PROUD HORIZON YOUTH GROUP** 4-6pm, First United Methodist Church, 291-6781 [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

## MONTHLY EVENTS

### 1<sup>st</sup> Monday

**FREE RAPID HIV TESTING**, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit [www.nap.org](http://www.nap.org) for more info

### 1<sup>st</sup> Thursday

**GLBT PROFESSIONALS**, meeting at 5:30pm in various locations. Email at: [GOg-ibt@cfep-ne.org](mailto:GOg-ibt@cfep-ne.org) or see [www.GOgibt.org](http://www.GOgibt.org) for info

### 1<sup>st</sup> Friday

**FIRST FRIDAY COFFEE HOUSE** 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

### 1<sup>st</sup> Sunday

**Soka Gakkai International (SGI-USA)**,

Lay Buddhist organization based on Nichiren Buddhism, World Peace Prayer the First Sun day of each month, 10am-11:30am, LGBTQIA Friendly, 1021 N 46th Street, Omaha, NE 68132, call 402-558-6148

### **SPIRITUAL FRIENDS OF LINCOLN**

12-1pm Fellowship and 1p-2p worship Meets Lincoln at Bennett Martin Library info@inclusivelife.org and on Facebook

#### **2nd Monday**

#### **NAP HIV TESTING**

Respect Clinic, walk-in from 5:00pm to 7pm —50th & Ames Ave.

#### **2nd Thursday**

**HEARTLAND PRIDE**, Board Meeting- at Dale Clark Library, 215 S. 15th St. 6:30pm-8pm, Email: info@heartlandpride.org, or find us on Facebook

**PFLAG- OMAHA**, 6:30pm to 9pm, Country-side Community Church, 8787 Pacific Street Omaha, Nebraska

#### **2nd Sunday**

**Metro Omaha Prime Timers**, Monthly Meeting, Abrahams Library, 5111 North 90th St, Stop by our monthly get-together to hear about the great upcoming events, and spend time with good friends. 3pm to 4:30pm. Snacks and beverages provided. Everyone Welcome !!

#### **3rd Monday**

**FREE RAPID HIV TESTING**, 8pm to 10pm at Flix Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

**IMPERIAL COURT OF NE**, Board of Governors meeting, 6:30pm, meeting at the MCC-Omaha, www.imperialcourtofnebraska.org

#### **3rd Sunday**

**CBCA MEETING** 5 PM until about 6:30 PM is our monthly meeting with potluck. We meet at St Paul's Episcopal Church in Council Bluffs – see website for more information at www.councilbluffscommunityalliance.org

#### **4th Monday**

#### **NAP HIV TESTING**

Respect Clinic, walk-in from 5:00pm to 7pm—50th & Ames Ave.

#### **4th Tuesday**

**PFLAG-CORNHUSKER** Unitarian Church, 6300 & A, Lincoln, 7 p.m.

**YOUTH HIV TEST** Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

**Email Your Event to:  
GAYZETTE@COX.NET**

## **Dear John**

Not too long ago, there was a woman who wanted to know how her husband would react if she left without telling him where she had gone.

She decided to write him a letter saying she is tired of him and didn't want to live with him anymore.

After writing the letter, she put it on the table in the bedroom and then climbed under the bed to hide until her husband got home.

When he eventually came back home, he saw the letter on the table and read it.

After a few moments of silence, he picked up the pen and added something to the letter. Then he started to get changed, whistling happy tunes and singing and dancing while he did so.

He grabbed his phone and dialed a number. His wife listened from under the bed as he started chatting to someone. "Hey babe, I'm just changing clothes then will join you," he said.

"As for the other fool, it finally dawned on her that I was fooling around on her and left.

I was really wrong to have married her; I wish you and me had met earlier. See you soon, honey!" Then he hung up and walked out of the room.

In tears and very upset, she climbed out from under the bed and stumbled over to read what her unfaithful husband had written on the end of her letter.

Through teary eyes, she read: "I could see your feet, you idiot, I am going out to buy bread."

## **Logic**

Two west Texas boys, Bubba and Cooter, decided that they weren't going anywhere in life and thought they should go to college to get ahead.

Bubba goes in first, and the professor advises him to take math, history and logic.

"What's logic?" asked Bubba.

The professor answered, "Let me give you an example. Do you own a weed-eater?"

"I sure do," answered Bubba.

"Then I can assume, using logic, that you have a yard," replied the professor.

"That's real good," Bubba responded in awe.

The professor continued: "Logic will also

tell me that since you have a yard, you also have a house."

Impressed, Bubba shouted, "AMAZIN!!!!!!!"

"And since you own a house, logic dictates that you have a wife."

"Betty Mae! This is incredible!" Bubba is obviously catching on.

"Finally, since you have a wife, logically I can assume that you are heterosexual," said the professor.

"You're right! Why, that's the most fascinating thing I ever heard of. I can't wait to take this here logic class."

Bubba, proud of the new world opening up to him, walked back into the hallway where Cooter is still waiting.

"So what classes are ya taking?" Cooter asks.

"Math, history and logic," replies Bubba.

"What in tarnation is logic?"

"Let me give you an example. Do ya own a weed-eater?"

"No."

"You're gay, ain't ya?"

## **AMAZINGLY SIMPLE HOME REMEDIES**

Avoid cutting yourself when slicing vegetables by getting someone else to hold them while you chop.

Avoid arguments with the Mrs. about lifting the toilet seat by using the sink.

For high blood pressure sufferers: simply cut yourself and bleed for a few minutes, thus reducing the pressure in your veins. Remember to use a timer.

A mouse trap, placed on top of your alarm clock, will prevent you from rolling over and going back to sleep after you hit the snooze button.

If you have a bad cough, take a large dose of laxatives; then you'll be afraid to cough.

You only need two tools in life - WD-40 and Duct Tape. If it doesn't move and should, use the WD-40. If it shouldn't move and does, use the duct tape.

Remember: Everyone seems normal until you get to know them.

If you can't fix it with a hammer, you've got an electrical problem.

# GLBT RESOURCE LIST

## OMAHA BASED

**BiMenNebraska**, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

**Camp Kindle**, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, [www.CampKindle.org](http://www.CampKindle.org)

**Citizens for Equal Protection** 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 [www.cfep-ne.org](http://www.cfep-ne.org), email to: [Michael@cfep-ne.org](mailto:Michael@cfep-ne.org)

**Family Foundations** Therapy for individuals, couples or families, for info call 558-3856

**First Central Congregational Church UCC**, 421 South 36th St., 402-345-1533, [www.firstcentral.org](http://www.firstcentral.org), GLBT-affirming

**First Lutheran Church**, 542 So. 31st St., 402-345-7506, GLBT Friendly [www.firstlutheranomaha.org](http://www.firstlutheranomaha.org)

**First Unitarian Church**, 3114 Harney Street, 402-345-3039, [www.firsttuomaha.org](http://www.firsttuomaha.org), GLBT Welcoming Congregation

**First United Methodist Church**, 7020 Cass St., 402-556-6262, [www.fumcomaha.org](http://www.fumcomaha.org), GLBT-affirming

**Flat Water Bears**, (group disbanded)

**Front Runners/Walkers**, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

**Gay Lesbian Straight Education Network - Omaha**, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

**GayLibrary.com**, World Wide Resources

**GOglbt Professionals**, meeting at 5:30PM. Email at: [GOglbt@cfep-ne.org](mailto:GOglbt@cfep-ne.org) or see [www.GOglbt.org](http://www.GOglbt.org) for info

**Greater Omaha LGBT Democrats** <http://omahalgbtDemocrats.wordpress.com> - contact Ken @ 402-686-6389 See also <http://ProgressiveOasis.com>

**Heartland Pride** [www.heartlandpride.org](http://www.heartlandpride.org), email: [info@heartlandpride.org](mailto:info@heartlandpride.org); meets on the 2nd Thursday of each month from 6:30pm to 8pm. @ D. Dale Clark Library

**Ice Bowl Invitational Bowling Tournament (IBIT)** P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

**Imperial Court of Nebraska**, Box 3772, Omaha 68103, [www.imperialcourtofnebraska.org](http://www.imperialcourtofnebraska.org)

**Inclusive Life** 402-575-7006 [www.inclusivelife.org](http://www.inclusivelife.org) Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

**Learning to Exchange Power**, no current info available

**Leather Engineers of Omaha (LEO)** not currently meeting

**Metro Omaha Prime Timers**, provides a welcoming and supportive environment to

mature gay and bi men and their fans to encourage participation in fun, cultural, educational or social activities. Email [PrimeTimersEvents@gmail.com](mailto:PrimeTimersEvents@gmail.com) for more information & schedule. Also on Facebook as Metro Omaha Prime Timers Also see the Events list on page 10

**Metropolitan Community Church of Omaha**, 819 S. 22 St., Omaha 68108 345-2563, [mccomaha@mccomaha.org](mailto:mccomaha@mccomaha.org) Website: [www.mccomaha.org](http://www.mccomaha.org) Sunday Worship 9:30am and 11:15am

**NAMI** - Community Mental Health Support for the LGBTIQ community 415 South 25th Ave, Omaha, NE 402-345-8101 or 877-463-6264

**NA Rainbow Group**, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

**Nebraska AIDS Project**, 250 So. 77th St., HIV testing and counseling

**NebraskaEquality.org**, Find out everything about Nebraska and the GLBT Community [www.NebraskaPrideIDOL.com](http://www.NebraskaPrideIDOL.com)

**Nebraska Zen Center**, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, [www.prairiewindzen.org](http://www.prairiewindzen.org) GLBT inclusive

**North Side Christian Church** 5555 Larimore Ave., Sunday service at 9:30am, see [www.NorthSideOmaha.org](http://www.NorthSideOmaha.org)

**The 'Ohana Group**, (GLBT / Non-traditional Family group), email to: [Theohanagroup@msn.com](mailto:Theohanagroup@msn.com)

**Omaha Metro GLBT Sports League**, See [www.oglbtsports.com](http://www.oglbtsports.com) for more information

**Onyx Images**, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

**Out and About in Nebraska**, website: [www.travel.to/outabout](http://www.travel.to/outabout) Email: [NeOutAbout@yahoo.com](mailto:NeOutAbout@yahoo.com)

**OUUT (Omaha Unitarian Universalists for Tolerance)** First Unitarian Church, 3114 Harney, 68131, 345-3039, [www.ouut.org](http://www.ouut.org)

**PFLAG Omaha Chapter**, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

**Proud Horizons Youth Group**, Sat Afternoon 4pm to 6pm, for info: email [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

**River City Gender Alliance**, PO Box 284, Boys Town, NE 68010, email [president@rcga.co](mailto:president@rcga.co) or call 402-541-5792, web site [www.rcga.co](http://www.rcga.co)

**River City Mixed Bowling** Sundays, Maplewood Lanes Omaha, at 3PM call 402-572-9393 for details

**River City Mixed Chorus**, Box 3267, Omaha, NE 68103, 402-341-SING Website: [www.rcmc.org](http://www.rcmc.org)

**Second Unitarian Church**, 3012 S 119th St., Omaha, [www.2uomaha.org](http://www.2uomaha.org), 402-334

-0537, LGBTQ Welcoming Congregation

**SNAP Productions**, Box 8464, Omaha, NE 68108 [www.snapproductions.com](http://www.snapproductions.com)

**Temple Israel Synagogue**, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

**Unity Church of Omaha** 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm: 571-1344; [www.unityomaha.org](http://www.unityomaha.org)

**Youth Emergency Services, Inc. (Y.E.S.)** Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to [info@yesomaha.org](mailto:info@yesomaha.org)

**Y.E.S. Drop-in Center**, 2057 Harney Street Omaha, NE 68102, 402-505-6922

## LINCOLN BASED

**GLBT and Allies coffee house**, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

**LGBTQ and Ally Programs and Services Resource Center**, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652 <http://www.unl.edu/health/sexuality>

**Lincoln Women's Center**, Lincoln 402/472-2597.

**Nebraska AIDS Project**, 1120 K Street Suite 100, Lincoln, NE 68508, (402) 476-7000

**Nebraska Trans\* Community** This group is for individuals that identify with a nontraditional masculine or feminine sense of self (MtF, FtM and anywhere in between) and their Partners. Contact info can be found at: [NebraskaTransCommunity.com](http://NebraskaTransCommunity.com)

**OUTInc**, a nonprofit organization that engages in and fosters the well-being and advancement of the LGBT community, [www.outinc.org](http://www.outinc.org), Lincoln NE

**PFLAG Cornhusker Chapter**, Box 30128, Lincoln 68508, Meet 4<sup>th</sup> Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, [jbkiber@hotmail.com](mailto:jbkiber@hotmail.com). Website: <http://pflagcornhusker.org/>

**Queer Student Alliance, UNL**, contact [unlqsa@yahoo.com](mailto:unlqsa@yahoo.com) for info

**SAGE**, Box 22043, Lincoln 68542 Coffee House 2<sup>nd</sup> Sat, 6-9pm, Lesbian Videos 7:15pm, 3319 S. 46

**Spiritual Friends of Lincoln** Offering fellowship and worship for those seeking radical hospitality, openness, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln [info@inclusivelife.org](mailto:info@inclusivelife.org) and on FaceBook

**Straight Spouse Support Grp** 402-429-6094

**TriCity GLBT**, serving Central Nebraska, web site at <http://www.tri-city-glb.com/>

**UNL Committee on GLBT Concerns**, Contact Pat Tetreault, (402) 472-1752 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu) / [www.unl.edu/cglbte](http://www.unl.edu/cglbte)

**Women In Trades/YWCA**, 1432 N St., Lincoln 68508; 434-3494,

Youth Support Group, (402) 434-9880

## Iowa Based

**Council Bluffs Health Department/Free STD Clinic**  
209 Pearl Street, Council Bluffs, Iowa 51503, 712-328-4666 – ask for Rachel, Monday – Friday by appointment, call to inquire about extended hours, **FREE testing for HIV, Syphilis, Gonorrhea and Chlamydia**

**Council Bluffs Community Alliance**  
[www.councilbluffscommunityalliance.org](http://www.councilbluffscommunityalliance.org)

**Council Bluffs Pride, [www.councilbluffspride.org](http://www.councilbluffspride.org)**  
**First Congregational Church, United Church of Christ.** GLBT friendly. 611 First Avenue, Council Bluffs, IA 51501, 712-322-5324 - <http://www.cbfirstcongregational.org/>

**Iowa Equality, GLBT** –allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>

**Sioux City, Iowa Resource Web Site:** [www.siouxlandpride.net](http://www.siouxlandpride.net)

## Nationally Based

**Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth** 1-800-850-8078 or see web site at <http://www.thetrevorproject.org/helpline.html>

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# The Hungry Homo

## French-Style Chicken

### Ingredients

- 6 medium chicken breasts
- 1/2 cup of dry white wine or vermouth
- 1 can cream of mushroom soup
- 4 oz. mushrooms, sliced
- 1 cup sour cream, mixed with 1/4 cup flour
- Salt and pepper
- Paprika

### Methods/Steps

Sprinkle chicken breasts lightly with salt, pepper, and paprika. Place chicken in crock-pot. Mix white wine, soup, and mushrooms until well combined. Pour over chicken. Sprinkle with a little more paprika. Cover and cook on low for 7 to 9 hours or on high 3 to 4 hours. Remove chicken and stir in sour cream mixture during last 30 minutes. Serve sauce over chicken.

Ready in 4-9 hours. Makes 6 servings



## Where Can You Find The Gayzette?

### Omaha:

- Dixie Quick's Restaurant, 157 West Broadway 712-256-4140
- Flixx , 1015 South 10th Street Omaha 402-408-1020
- Lover Luxuries, 6065 Maple St. 402-932-3377
- The Max, 1417 Jackson St. 402-346-4110
- Metropolitan Community Church, 819 South 22nd Street
- Mystery Bookstore, 1414 South 13th St. 402-342-7343
- Nebraska AIDS Project, 250 South 77th St 402-552-9260
- Omaha Mining Co., 1715 Leavenworth 402-449-8703
- Rodeo Saloon & BBQ 164 W Broadway 712-256-0510

**Would you like to have the Gayzette at your Place of business? Email your request to: [Gayzette@cox.net](mailto:Gayzette@cox.net)**

## Cheesy Pizza Dip

### Ingredients

- 1 8 oz. pkg. cream cheese, softened
- 1 tsp. dried Italian seasoning
- 1 cup mozzarella cheese, shredded
- 3/4 cup Parmesan cheese, grated
- 1 8 oz. can pizza sauce
- 2 tbsp. green pepper, chopped
- 2 tbsp. green onions, sliced

### Methods/Steps

Preheat oven to 350 degrees. Combine cream cheese and Italian seasonings, spread onto an 8-inch pie pan.

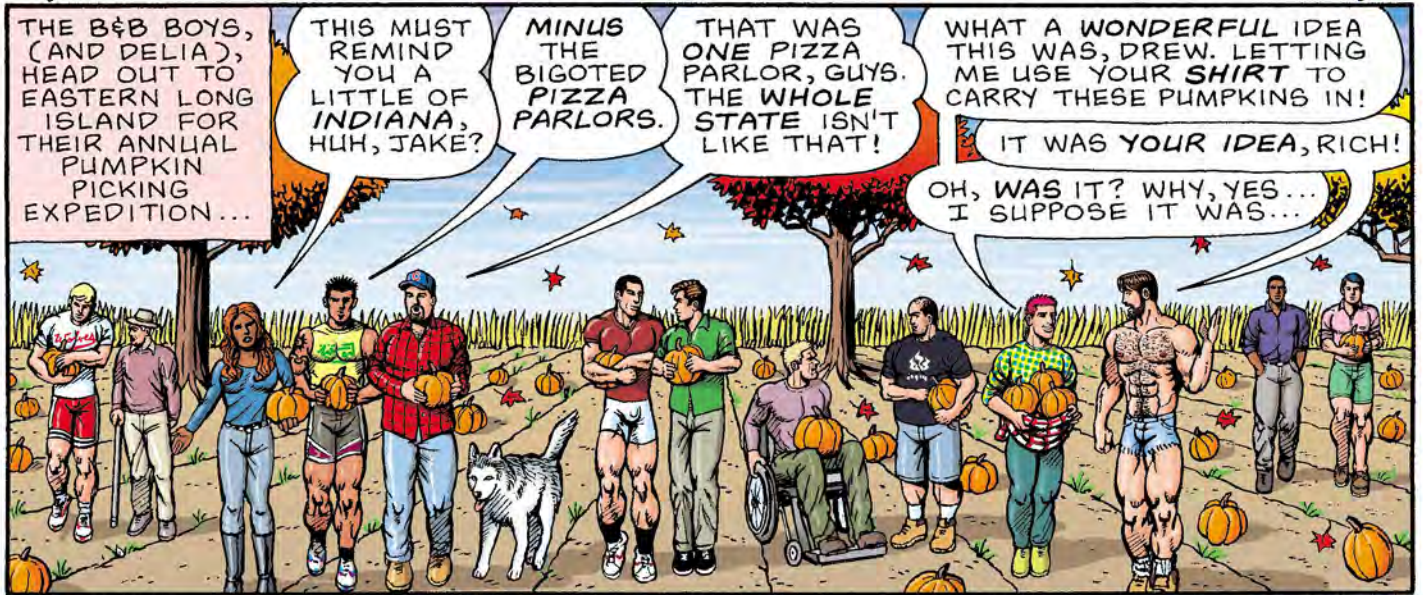
In a small bowl, combine mozzarella and Parmesan. Sprinkle 1/2 on top of the cream cheese. Spread pizza sauce over the cheese mixture.

Sprinkle with remaining cheese. Top with bell pepper and green onions. Bake for 15-18 minutes.

Serve with French bread or fresh vegetable dippers.



# Kyle's Bed & Breakfast by Greg Fox



THE B&B BOYS, (AND DELIA), HEAD OUT TO EASTERN LONG ISLAND FOR THEIR ANNUAL PUMPKIN PICKING EXPEDITION...

THIS MUST REMIND YOU A LITTLE OF INDIANA, HUH, JAKE?

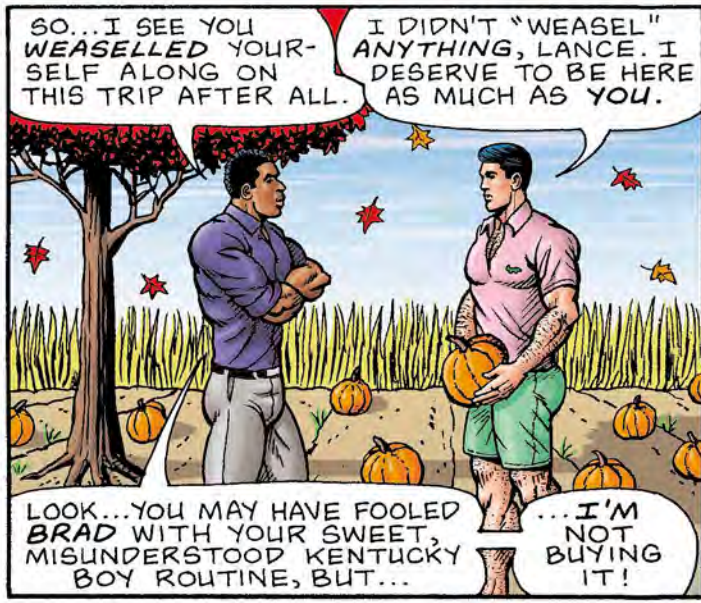
MINUS THE BIGOTED PIZZA PARLORS.

THAT WAS ONE PIZZA PARLOR, GUYS. THE WHOLE STATE ISN'T LIKE THAT!

WHAT A WONDERFUL IDEA THIS WAS, DREW. LETTING ME USE YOUR SHIRT TO CARRY THESE PUMPKINS IN!

IT WAS YOUR IDEA, RICH!

OH, WAS IT? WHY, YES... I SUPPOSE IT WAS...

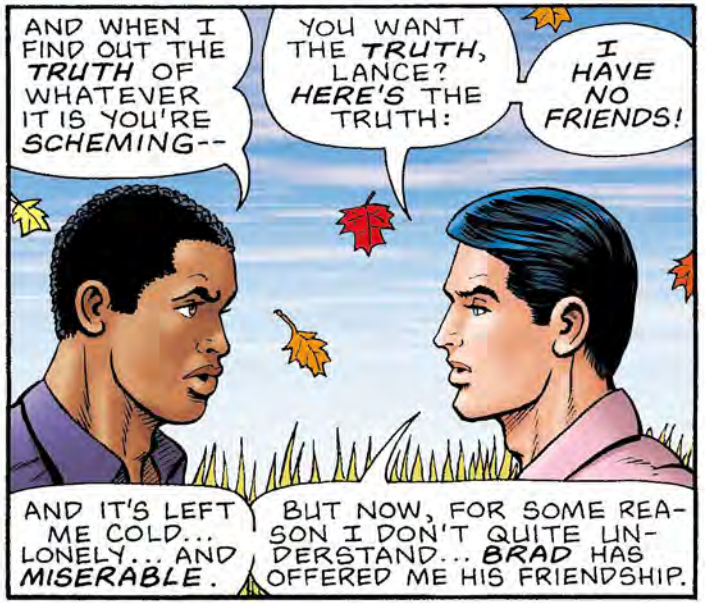


SO...I SEE YOU WEASELLED YOURSELF ALONG ON THIS TRIP AFTER ALL.

I DIDN'T "WEASEL" ANYTHING, LANCE. I DESERVE TO BE HERE AS MUCH AS YOU.

LOOK...YOU MAY HAVE FOOLED BRAD WITH YOUR SWEET, MISUNDERSTOOD KENTUCKY BOY ROUTINE, BUT...

...I'M NOT BUYING IT!



AND WHEN I FIND OUT THE TRUTH OF WHATEVER IT IS YOU'RE SCHEMING--

YOU WANT THE TRUTH, LANCE? HERE'S THE TRUTH:

I HAVE NO FRIENDS!

AND IT'S LEFT ME COLD... LONELY... AND MISERABLE.

BUT NOW, FOR SOME REASON I DON'T QUITE UNDERSTAND... BRAD HAS OFFERED ME HIS FRIENDSHIP.



PLEASE DON'T RUIN THIS FOR ME. I KNOW YOU DON'T OWE ME ANY FAVORS, BUT... PLEASE. LET ME HAVE THIS.

LET ME HAVE ONE FRIEND. I'M BEGGING YOU.



>SIGH< ALL RIGHT, PRICE. LORD KNOWS, YOU'RE PROBABLY GOING TO RUIN IT YOURSELF... WITHOUT MY HELP.

THANK YOU, LANCE. I WON'T FORGET THIS.



SO, I GUESS THIS MEANS WE'RE NOT GOING TO THROW DOWN IN THE PUMPKIN PATCH?

NO, I SUPPOSE YOU'LL HAVE TO FORGO THE PLEASURE OF SMASHING ONE OF THESE PUMPKINS IN MY FACE.

DON'T TEMPT ME...

GREG FOX © 2015



**SHELTERBELT WELCOMES  
SEASON 23 OPENER  
“THE SINGULARITY”  
BY CRYSTAL JACKSON**

“Have you ever wanted something so badly that you were willing to go to strange, even dangerous, lengths to get it? This play is for you,” says Shelterbelt Artistic Director, Elizabeth Thompson.

Shelterbelt Theatre, 3225 California Street, is pleased to announce the upcoming regional premiere production of *The Singularity* by Great Plains Theatre Conference alum, Crystal Jackson. The production runs October 2-25, 2015. Performances are Thursday/Friday/Saturday at 8pm and Sunday at 6pm, except for the October 25th performance, which is 2pm. (\$15 for general | \$12 for students, seniors 65+, TAG.) Tickets are already on sale at [www.shelterbelt.org](http://www.shelterbelt.org) (click box office). (Please note, new show times and prices.)

Astrid is on her last egg – literally. If she doesn’t get pregnant now, she’ll never have a baby. *The Singularity* takes us to a dystopian future where one woman’s desperate journey to have a child might just threaten the entire universe. When sperm banks and hookups fail her, Astrid’s desperation hits an

all-time low. She tries one last thing: dark matter. All Astrid wants to be is a mother, but now she must ask: “A mother to what?”

Thompson, who also directs, says, “The idea of seeing a story about a woman in her 40’s trying to get her last egg fertilized fascinated me. This is not a story I have seen on stage before and I love the absolute weirdness of it! I fell in love with this eccentric woman and the absurd characters that stand in her way. I related to her desire to be a mother, at any cost, and her struggle to find her own voice along the way.”

The cast features MaryBeth Adams, Jon Roberson, Craig Bond, and Will Muller. The show is produced by Cristina Byrne, with scenic design by Beth Thompson, Jayma Smay and Cristina Byrne, construction by Blake Colson, lighting design by Josh Mullady, costume design by Zoe Zachariae, props by Cristina Byrne and sound by Shannon Smay. Jayma Smay is stage manager.

“We were looking for a script that could fit into our Fall slot, satisfying our Shelterskelter audience, but also offering a unique view or a taboo subject. *The Singularity* did all of this and more. The script lives in a sci-fi genre, so that opened up a lot of possibilities for our production team and we have had a ton of fun exploring those. The themes serve as wonderful metaphors, warnings almost, for issues within our current society. It challenges the social norms.”

Gallery artist during the run of the production is Michelle Woitzel, exhibiting her digital abstract works. The artist and Shelterbelt both benefit from the sales of the artwork.

Shelterbelt Theatre is Omaha’s home for new plays. This play opens our AMAZING 23rd Season, which features all female playwrights.

3225 California St. • Omaha, NE 68131 •  
[www.shelterbelt.org](http://www.shelterbelt.org) • 402.341.2757  
For Immediate Release  
Contacts: Beth Thompson, Artistic Director, Director •  
[beth.thompson13@gmail.com](mailto:beth.thompson13@gmail.com) • 805.709.3110

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**Get Smart, Get Tested**

(Continued from page 8)

much easier than ever for married men, closeted or not, to locate hanky panky on the side.



“Way before technology, to have an affair it meant that you had to get into a car, go somewhere and hopefully you wouldn’t run into someone who knew you,” he says. “And now, it’s just waiting to be apart from your spouse and getting on your smartphone and going online and hooking up with someone.”

Rothenberg says he doesn’t believe the issue of will be going away anytime soon.

“There’s a sense of everybody is doing this, so it legitimizes it,” he says, “and I don’t see signs of it lessening. I think it’s going to get worse.”

Worse? We suppose that depends on who you’re asking.

## #AskTyler: Should I Tell My Boyfriend I Cheated on Him?

BY TYLER CURRY

Columnist Tyler Curry weighs in on whether honesty is always the best policy.

Caleb from Texas writes, “I feel terrible, but I cheated on my boyfriend when I was traveling for a conference last month. It didn’t mean anything, but I feel like I have to tell him. What do you think I should do?”

Yikes. There is never a right answer when it comes to these things. Most people might think the only answer is yes, you should tell him. And if you were unsafe during your sexual transgression and could potentially place him at risk for a sexually transmitted infection, then telling him is exactly what you should do. But if it is not his health but his trust in you that is at risk, the answer is not so simple.

If you feel that this truly was a onetime thing, then disclosing

your indiscretion would only serve to relieve your conscience. After all, the guilt you are carrying is a great burden to bear, and by revealing your act of infidelity, you are unloading the burden onto your significant other. The guilt you relieve yourself of often transforms into pain that he may never be able to fully quell. So if you stand firm in your conviction to never do it again and there isn’t a chance in hell that your partner could find out, it is my opinion that you should live with what you’ve done and spare your partner the anguish.

However ...

If you believe that this was not a onetime thing but the beginning of a pattern, then you need to have a discussion about the importance of trust versus monogamy. Plenty of couples have gone through exactly what you have gone through because they just weren’t suited for sex with one person. You owe it to your partner to consent to a relationship where commitment is a separate concept from fidelity.

This is a hard question to ask yourself. You might want to believe that it was a onetime thing, a slip-up that you are sure won’t happen again. But take time and dig deep into the motivation behind why you chose to venture into another person’s bed. For some, it might be the last remaining remnants of your single behavior before you decided to settle down and commit to one person. But for others, it is a sign that you may be more suited for an open relationship.



Regardless of what you decide, remember that the two of you will be fine; you just might not be fine together. People cheat. It doesn’t make you a horrible person. It might, however, mean that the two of you may not be compatible if you have differing viewpoints of what commitment and fidelity should mean.

Be truthful with yourself about why it happened in the first place and the likelihood of it happening again. It’s the only way you can do what is ultimately best for him.

### TYLER CURRY

TYLER CURRY is the senior editor of HIV Equal Online and an award-winning LGBT columnist. His children’s book, *A Peacock Among Pigeons*, will be available November 3. Follow him @iamtylercurry.