



## Congratulations From The Gayzette and the Rainbow Outreach GLBT Center

### Iowa: A Proud History of Progressive Civil Rights

By Nate Watson  
Council Bluffs Community Alliance

Did you know that Iowa's very first supreme court decision, in 1839, prohibited slavery within Iowa, even for those who came into Iowa from slave states? The U.S. Supreme Court, nearly two decades later, came to the opposite conclusion, in a case now known simply as "Dred Scott." That case, more than arguably anything else, led to the Civil War. Seven justices of the Iowa Supreme Court rightly decided something that took at least 618,000 American lives to somewhat settle nationally, and another century of terrible struggle to settle more fully. As usual, time has proven Iowa got it right. People are people, and we treat people how we want to be treated.

Did you know that Iowa, when it admitted Arabella Mansfield to the bar in 1869, was the very first state to allow women to practice law? How about the fact that, in Iowa, women have always been allowed to own property in their own name, even if married? This may sound like a no-brainer today, but that is only because the rest of the country finally caught up to Iowa.

Everybody knows that a unanimous U.S. Supreme Court, in 1955, declared that segregated schools were unconstitutional. Yet, Iowa, 88 years earlier, in 1867, declared that Iowa schools were to be fully integrated, as all people are equal. By 1875, in fact, Iowa had made it illegal to discriminate in public accommodation (hotels and restaurants) and transportation (railroads). Even more important, full integration actually occurred. It was not a hollow promise. Much of the country did not catch up to Iowa on this issue until nearly an entire century later. People are people, and Iowans treat people how we want to be treated.

Though many of Iowa's proudest civil rights' traditions came about through the judicial branch, it is noteworthy that the legislative branch never has overridden the expansion of civil liberties, and certainly no governor has attempted to do so by an un-American dictatorial fiat. The additional fact that Iowa takes the traditional view against referenda, in favor of actually electing our leaders to make decisions (a true democratic republic, in the highest sense of the American ideal), is another factor that

*(Continued on page 4)*

July 16, 2010 - July 30, 2010

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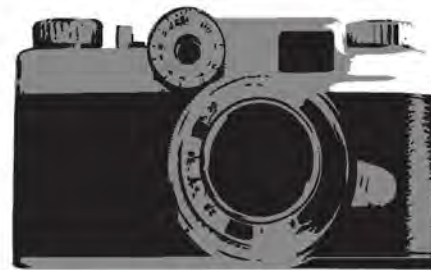
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*(Iowa: A Proud History, Continued from page 1)*

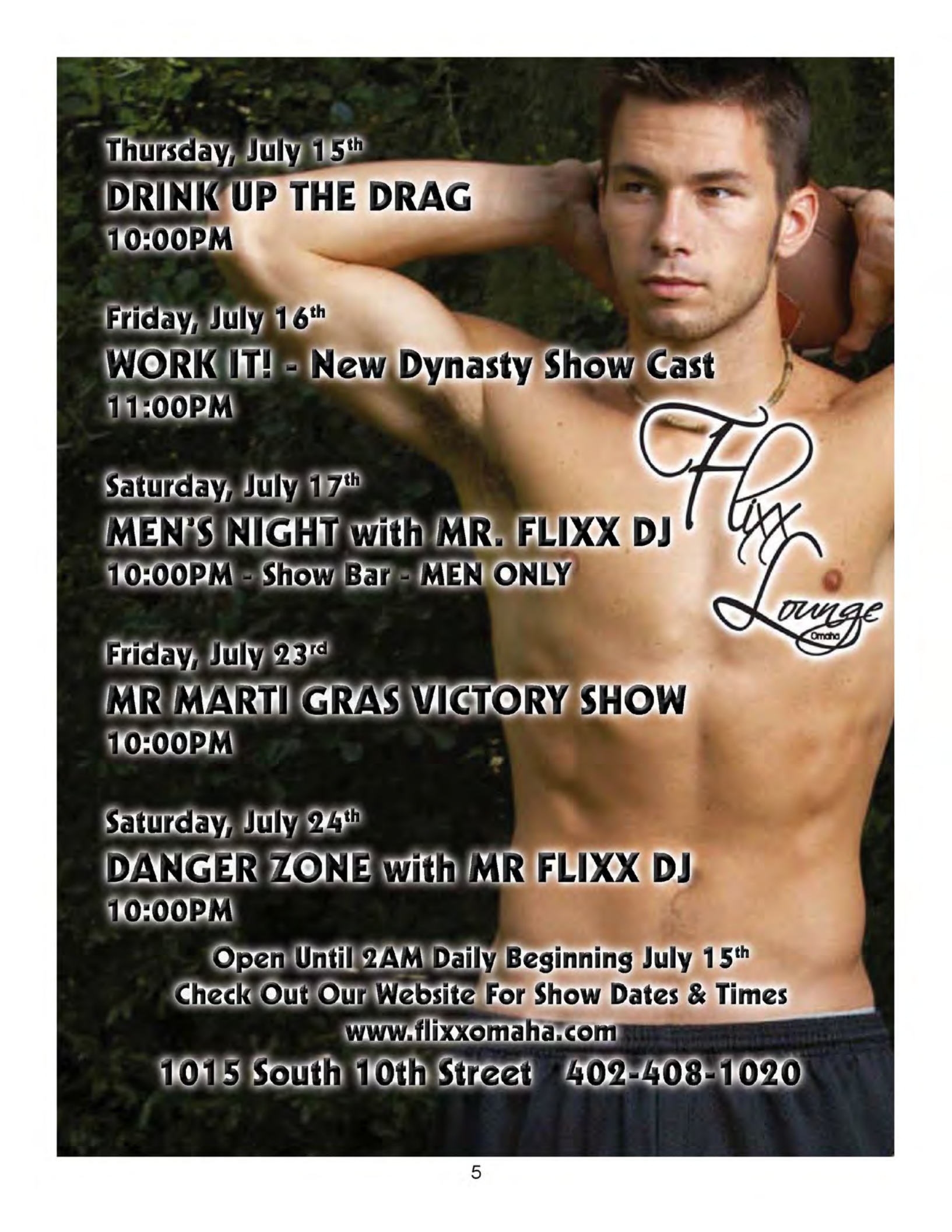
weighs in favor of the expansion of civil rights. In any event, fundamental rights in the real American understanding are not subject to election. For example, the right to exist is fundamental. Even if 51% were to vote to shoot a person without cause, I doubt anyone would find this "democratic" exercise of the vote to be a proper determination of the outcome. Why should it be any less with the fundamental right to marry the person whom one loves?

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the right side of history, and continue to show the way.

In short, Iowa is a place that is proud of its traditions. Iowans take pride in hard work, honesty, a progressive conservatism, and the ability to get along with other folks. Iowans look forward to bringing along the rest of the country to the better angels of their nature, yet again. The next time you hear an out-of-state group, generally funded by cowards too afraid to put their names behind their prejudice, barge into Iowa and purport to tell you about Iowa and traditional values, kindly remind these guests that we do have traditional values in Iowa. The right kind.

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-- Bev Clark**



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well as a "for fun" we are hopeful that this experiment works out and we will be able to carry it through to the rest of our sports going forward. So come out and join the fun! Registration is now open, go to [www.oglbtsports.com](http://www.oglbtsports.com). Play begins August 19th carries through to October 14th. Join the fun, embark on a new adventure and better yet, make some new friends.

Matt Ziegler  
OGLBT Sports League - President

## Thank you for Your Awesomeness, Omaha!

On behalf of the Omaha area GLBT Sports League I would like to thank the Omaha community for all their support. We have had a tremendous amount of participation in this last year and are excited by all new faces that we continue to see at our Thursday night games. If you don't know, games are played at Churchich Park (just south of 50th and Grover) from 6-10pm. We are at maximum capacity this summer with 8 teams playing, but still have plenty of room for fans. Next year, we plan on expanding into "competitive" and "fun" leagues as we continue to receive requests to provide for both ends of the skill spectrum.

We have had some special excitement this year, as there have been several firsts. Sadly this has been the season of RAIN, RAIN and more RAIN. Unfortunately, several games were rained out. Yes there were long faces and tears from all parties. However, we did plan for two rain dates and will be making up most of the missed games. Additionally, on July 8th, the Blue team which had been previously undefeated, lost its first game (ever I think) to, get this, the Light Blue team.

Wow, there must be something about blue that makes players on blue teams extra awesome. Better yet, the Light Blue team, which is made up of mostly ladies, came back from an early deficit to take the lead. Forcing the Blue team, which is made up of most guys to run off to Old Chicago with their tails between their legs and drown their sorrows away. This Light Blue team is certainly something special, you should come check them out. For the softball schedule go to our website, [oglbtsports.com](http://oglbtsports.com) and look for team Paragon (Light Blue).

We also have several up coming events planned for the remainder of the summer. July 24th is our Kickball tournament. Look for our ad in this issue of the Gayzette. Additionally, Football will begin the first Thursday after Softball ends. This year will be first of sorts, we will be featuring a "competitive" league as

## Pentagon Addresses Segregation Concerns in DADT Repeal

By Dan Meyer

The Pentagon has responded to allegations that its "don't ask, don't tell" repeal survey will encourage segregation of gay soldiers from straight ones. After the media obtained questions



from the survey last week, one blogger accused the Pentagon of asking questions that suggest the military would consider establishing separate barracks and shower stalls, according to CBS Political HotSheet.

Jon Aravosis of AmericaBlog compared the possible segregation to that fought by the civil rights movement.

Pentagon spokesman Geoff Morrell called the allegations preposterous and said, "We don't know that any adjustment will have to be made, but in the event that's a recommendation from the review group, it would not result in any 'separate but equal' facilities."

Any changes would be minute, such as adding shower curtains to stalls that are open.

Morrell continued to defend the survey, saying data is necessary to analyze the potential advantages and disadvantages of repealing DADT. Over 400,000 soldiers have received the survey.

# PLAYING THE BLAME GAME

By Michael Kimmel  
[beyondtherapy@cox.net]



As my grandma (the Ohio chicken farmer) said, "Nobody's life is shit-free". She's right. Our parents mess up, friends let us down, lovers screw up, bosses and coworkers act like morons. There is a huge temptation to blame other people for our problems. As a psychotherapist, I hear this all the time, "I'm so depressed because my mother never paid any attention to me" or "I'm so messed up because my ex cheated on me and now I can't trust anybody." By blaming other people for our problems, we don't have to be responsible. We get to be victims, and we get the perfect excuse not to change: it's all their fault.

Sometimes we do exactly the opposite: we blame ourselves for everything. "It's all my fault", I've heard clients say as they describe their parents, friends and ex lovers as almost perfect. It may be so painful to tell yourself the truth that your parents, lovers or friends screwed up, that you become hyper-responsible. It's not helpful to blame all your problems on yourself, e.g., "Oh, I'm just so lazy, it's all my fault" or "I'm just such a frigging mess, I've always been this way." Blaming yourself or someone else for your troubles will get you nowhere. I suggest an alternative: being responsible.

Being responsible means that you tell yourself (and others) the truth about what happened in the past, see it in context, learn something from it and move on. It's not about denial: you can't learn anything from saying, "Well, my ex was a total asshole, oh well, whatever..." How can you learn anything from that kind of verbal shoulder shrug?

Being responsible is about understanding what happened to us and putting it in context. Self-help guru Louise Hay says, "We are all victims of victims." This sounds depressing, until you look at it from another point of view: our parents couldn't teach us anything they didn't know, neither could our friends or lovers. Everyone is doing the best they can with the knowledge that they have at that time. Few people deliberately set out to mess with our heads, they just don't know any better. This includes us.

Many people enjoy playing the victim; it gives you the best excuse in the world for being immature and bitter. "They did it TO me! Poor helpless sweet little me". This may have been true when you were a kid, but are you going to stay a victimized child for the rest of your life?

Blame will keep you stuck there. For example: if your father beat you when you were a kid, saying it was because he loved you, how do you not blame him? Let's assume he did love you, but his way of showing it was abusive. Being responsible is a process of accepting what happened in your past and validating it in the present, so you can work through it and be free of it. It means being 100% accountable for yourself NOW, in the present.

Blame, on the other hand, sounds like this: "This is how I am and I can't change it... I hate my dad and I'll never stop hating him for what he did to me." This is how people get stuck in hating and a desire for revenge.

Let me share my formula with you: Blame = avoidance. Responsibility = potential for change. If you want to keep on doing the same-old, same-old, then stay with your blame. Don't be surprised, however, when you feel depressed, cynical and bitter. This is where blame takes you. If you want to change your life, start to take responsibility for yourself. Yeah, maybe some nasty shit has happened to you in the past, but what do you want your future to be? If you're ready to change, seeing the past clearly and (eventually) forgiving yourself and the other "guilty" parties can usher in a new way of living: one full of possibilities and unimagined psychological freedom.

The formula doesn't lie: the choice is yours.







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## White House silent on Massachusetts Gay Marriage Ruling

By DENISE LAVOIE  
The Associated Press

BOSTON -- A key part of a law denying married gay couples federal benefits has been thrown out the window in Massachusetts, the first state to legalize gay marriage. The ball now lies in the White House's court, which must carefully calculate the next move by an administration that has faced accusations it has not vigorously defended the law of the land.

President Barack Obama has said repeatedly that he would like to see the federal Defense of Marriage Act, known as DOMA, repealed. But the Justice Department has defended the constitutionality of the law, which it is required to do.

The administration was silent Friday on whether it would appeal rulings by U.S. District Judge Joseph Tauro. Spokespeople for the White House and the Justice Department said officials are still reviewing the rulings.

DOMA defines marriage as between a man and a woman, prevents the federal government from recognizing gay marriages and allows states to deny recognition of same-sex unions performed elsewhere. Since the law passed in 1996, many states have instituted their own bans on gay marriage, and a handful have allowed the practice.

Tauro ruled Thursday in two separate cases that DOMA is unconstitutional because it interferes with the right of a state to define marriage and denies married gay couples an array of federal benefits given to heterosexual married couples, including health insurance and the benefits of filing joint tax returns.

The rulings apply only to Massachusetts, where same-sex marriage has been legal since 2004. But gay marriage supporters are hoping the rulings could prompt other states to file their own challenges to DOMA and could also give momentum to a bill pending in Congress that would repeal the law.

Many opponents and proponents expect the Obama administration to appeal the rulings to the 1st U.S. Circuit Court of Appeals in Boston, and that the question of whether the law is unconstitutional will eventually be decided by the U.S. Supreme Court.

Many Obama voters, particularly among gays, will push for the administration not to appeal Tauro's rulings, said former Assistant Attorney General Robert Raben. But the administration could set a dangerous precedent if it does not continue to defend the law, he said.

"You want the Department of Justice to stop because you won a case; I understand that," said Raben, who worked at the department during the administration of President Bill Clinton, who signed DOMA into law.

"But you could have a conservative Department of Justice that won't enforce hate crimes, that won't enforce employment non-discrimination acts, that won't enforce the Ryan White Act, that won't enforce all kinds of new protections for gays and lesbians



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because the attorney general doesn't agree with them. That's not a regime you want to live in."

DOMA was enacted when it appeared Hawaii would soon legalize same-sex marriage and opponents worried that other states would be forced to recognize such marriages. Since 2004, five states - Connecticut, Iowa, New Hampshire and Vermont, in addition to Massachusetts - and the District of Columbia have legalized gay marriage.

Some gay marriage opponents say that despite the Justice Department's legal obligations, it has purposely mounted a weak defense of the law.

"It's not surprising that this judge got it wrong, because a sham defense was put up by the Obama Justice Department," said Maggie Gallagher, chairman of the National Organization for Marriage.

But state Attorney General Martha Coakley, who filed one of the legal challenges to DOMA, said the Justice Department "made their best arguments."

"We didn't think that this was anything other than a legitimate adversarial proceeding," Coakley said.

During court hearings, a Justice Department lawyer argued before Tauro that the federal government has the right to set eligibility requirements for federal benefits, including requiring that those benefits go only to couples in marriages between a man and a woman. Another lawyer said the federal law does not interfere with the rights of individual states to "experiment in the area of marriage."

Under federal rules, there is an automatic 14-day stay of judgments in civil cases, so same-sex couples in Massachusetts won't be able to file for benefits immediately, said Gary Buseck, legal director of Gay & Lesbian Advocates & Defenders. If the Justice Department appeals Tauro's rulings, the court would likely grant a stay while the appeal is pending, he said.

Buseck said he knows of only one other pending legal challenge to DOMA, in Oklahoma, where two gay couples are challenging both DOMA and the state's constitutional amendment barring same-sex marriage.

Susan Barton and Gay Phillips, one of the couples in the case, were joined in a civil union in Vermont and have marriage licenses from California and Canada. Same-sex marriage was legal in California for several months until a ban was approved by voters in 2008.

Barton said she was encouraged by the Massachusetts ruling.

"We want to have the same benefits, rights and responsibilities of every other married couple that are citizens of the United States," Barton said.

## Australian PM Repeats Gay Marriage Opposition

By Julie Bolcer

New Australian prime minister Julia Gillard has reiterated her opposition to marriage equality.

Gillard took office earlier this month after Kevin Rudd, whom she served as deputy, stepped down in response to falling Labor Party support. At that time, Gillard was on record as saying in a July 2009 interview that the government viewed marriage as a union between a man and a woman, and she said that position was her personal view.

On Tuesday, Gillard reiterated that statement to the Austereo show, according to the The Sydney Morning Herald.

"We believe the marriage act is appropriate in its current form, that is recognising that marriage is between a man and a woman, but we have as a government taken steps to equalise treatment for gay couples," she said, according to the Herald.

"Asked if that was also her personal view, Ms Gillard said it was," according to the Herald.



## Funeral Leave Bill Passes N.Y. Senate

By Julie Bolcer

A bill that would grant funeral or bereavement leave on the death of a same-sex partner has passed the New York state senate.

According to a news release from the senate's Democratic majority, the bill passed the chamber 50-11. It already has passed the Democratic-controlled assembly.

"The bill, spearheaded by Senator Velmanette Montgomery (D-Brooklyn), extends this privilege that was previously granted only to employees that are married, adding a section to the civil rights law that prohibits its employers from discriminating in the granting of funeral or bereavement leave to its employees who are in a 'committed' same-sex relationship. A 'committed' relationship is defined as a long-term relationship characterized by emotional and financial commitment and interdependence. It also orders the granted leave to be extended on the same basis as if offered to married employees," says the release.

# GAYZETTE EVENTS

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(402) 341-0330  
www.rainbowoutreach.org**

**The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.**

## WEEKLY EVENTS

### Every Sunday

**WORSHIP SERVICES:**  
**AUGUSTANA LUTHERAN CHURCH**, ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

**BEER BUST, FREE POOL** 8pm, Connections Bar

**DIETZ METHODIST** 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

**EPISCOPAL GLBT FELLOWSHIP**, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

**FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST**, info at: www.firstcentral.org

**FIRST UNITED METHODIST** 7020 Cass, 8:30 & 10:45am services

**FIRST UNITARIAN** 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

**GAY MEN'S ALCOHOLICS ANONYMOUS** 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

**HASTINGS COLLEGE GSA** 8PM FFI: Judy Sandeen (402) 461-7372

**HIV+ SUPPORT GROUP** 7-8:30 pm at the

NAP office located at 1921 South 17<sup>th</sup> Street in Lincoln, NE.

**METROPOLITAN COMMUNITY CHURCH OF OMAHA** 819 S. 22nd St., 345-2563 Sunday Worship 9am and 11am & Wednesday Worship at 7pm

**ONE PROMISE GROUP**, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

**RIVER CITY II MIXED BOWLING**, 3pm, Maplewood Lanes, starting again after Labor Day

**SECOND UNITARIAN**, 10:30am Sunday service, 3012 South 119th St., Omaha NE

**UNITY CHURCH OF OMAHA**, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

**WIMMIN'S SHOW**, KZUM 89.3 12:30pm

### Every Monday

**A A GLBT "RAINBOW GROUP"** Meeting Place, 28 & S, Lincoln, 7:30 pm

**GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN** 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

**NA RAINBOW GROUP**, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

**RIVER CITY MIXED CHORUS RE-HEARSALS**, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

### Every Tuesday

**BEER BUST & FREE POOL** 8:00 pm, at Connections

**HASTINGS COLLEGE ALLIANCE**, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at [aander-son@hastings.edu](mailto:aander-son@hastings.edu) or Judy Sandeen at [jsandeen@hastings.edu](mailto:jsandeen@hastings.edu) for further information.

**UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP**, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

### Every Wednesday

**AA FOURTH DIMENSION**, 7pm, Open to men and women, 219 North 48th Street

**FRONTRUNNERS RUN/WALK** 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**COORS LIGHT COLLEGE NIGHT AT CONNECTIONS** 8:00 pm to close, \$2 COORS LIGHTS, \$4 BOMBS with your Student ID. "Fratty Fun till the Evenings Done!"

**HIV TESTING LINCOLN**, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

**KARAOKE W/ STACY** 9:00 pm, at DC's Saloon

**LGBT AA** 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

**NAP HIV TESTING**, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 4:00pm, Thursday and Friday Walk-In from 5pm to 9pm, & at the Respect Clinic walk-in from 5:30pm to 7pm

**UNITY CHURCH OF OMAHA**, 7pm

**WORSHIP SERVICES**  
**MCC OMAHA**, Bible Study, 7pm

### Every Thursday

**CONNECTIONS THIRSTY THURSDAYS** KARAOKE & OPEN MIC NIGHT, Alternating Thursdays at 9 pm

**DANCE LESSONS WITH GORDON** 7pm, free, DC's Saloon, Classes run from Sept 9th thru May 20th annually

**KARAOKE W/ STACY** 9:00 pm, at DC's Saloon

**NAP HIV TESTING** 5pm- 9pm walk-in, 250 So. 77th, Same day results

**OMAHA GLBT SPORTS LEAGUE**, playing Softball every Thursday 6-10pm, at Churchich park (50th and C). Games will be played through August 12th

### Every Friday

**LIVE & LET LIVE AA Meeting**, 8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

**LIVE & LET LIVE AL-ANON**, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

### OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more information call 402-384-8014

**DJ & LIVE ENTERTAINMENT** at Connections Bar, theme nights and shows

**GLBT CENTER YOUTH NIGHT**, 6PM to 11PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street, snacks, soda's provided

**NAP HIV TESTING** 5pm- 9pm walk-in, 250 So. 77th, Same day results

### Every Saturday

**AA SATURDAY AFTERNOON**, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

**DJ MUSIC AND DANCING** 10PM, Connections Bar

**GET YOUR GROOVE ON WITH DJ VON,**  
9pm, Connections

**PROUD HORIZON YOUTH GROUP** 4-6pm, First United Methodist Church, 291-6781  
proudhorizons@yahoo.com

**Every Other Friday**  
**CBCA SOCIAL GET-TOGETHER** at  
Broadway Joe's (34th & Broadway in CB)  
starting at 5:15pm every other Friday

## **MONTHLY EVENTS**

**1<sup>st</sup> Tuesday**  
**LINCOLN MIXED CHORUS** 6:30pm,  
Unitarian Church, 6300 A, Lincoln

**1<sup>st</sup> Wednesday**  
**FREE RAPID HIV TESTING**, 8pm to 10pm  
at Flixx Show Bar, STD testing also available  
for \$10, call 552-9260 ext. 113 or 142 or visit  
www.nap.org for more info

**1<sup>st</sup> Thursday**  
**GLBT PROFESSIONALS**, meeting at  
5:30pm in various locations. Email at: [GOglbt@cfep-ne.org](mailto:GOglbt@cfep-ne.org)  
or see [www.GOglbt.org](http://www.GOglbt.org) for  
info

**1<sup>st</sup> Friday**  
**FIRST FRIDAY COFFEE HOUSE** 8pm,  
Musicians, poets, open mic, First Unitarian  
Church, 3114 Harney, Omaha

**1<sup>st</sup> Saturday**  
**HEARTLAND GAY RODEO ASSOCIATION**, Meeting days and times may vary,  
call 402-505-3331 for info or see [www.hgra.net](http://www.hgra.net)  
for meeting schedules etc.

**RIVER CITY GENDER ALLIANCE**, at 7:00  
pm . See [www.rivercitygenderalliance.org](http://www.rivercitygenderalliance.org)

**2<sup>nd</sup> Thursday**  
**MCCO DISCUSSION GROUP**, 7p.m. and  
shares a light meal. Normally ends at  
9p.m. Spirituality, faith, religion, world issues,  
life issues are just some of our topics. Contact  
Royal for more information: [royalb@mccomaha.org](mailto:royalb@mccomaha.org)  
or 516-2759

**PFLAG- OMAHA**, 7pm to 9pm, First United  
Methodist Church

**2<sup>nd</sup> Saturday**  
**LEARNING TO EXCHANGE POWER**  
[L2EP@aol.com](mailto:L2EP@aol.com) 2pm, DC's Saloon

**TOP TRANSGENDER DROP-IN**, 6 to 9pm  
at Rainbow Outreach GLBT Center, 1719 Leavenworth St.

**2<sup>nd</sup> Sunday**  
**INTEGRITY** 6-7:30pm, St. Marks,  
Lincoln NE

**OUUT SECOND SUNDAY SCREENING**  
(glbt film shown at 7pm followed by discus-  
sion) First Unitarian, 3114 Harney

**3<sup>rd</sup> Monday**  
**IMPERIAL COURT OF NE**, Board of Gov-  
ernors meeting, 6pm, meeting at the Rainbow  
Outreach GLBT Community Center,

[www.imperialcourtofnebraska.org](http://www.imperialcourtofnebraska.org)

**PFLAG SOUTH CENTRAL**  
**(HASTINGS, NE)**, Meeting on 3rd  
Mondays at First Congregational United  
Church of Christ, 7th and Marian St.,  
7PM, email to  
[jsandeen@inebraska.com](mailto:jsandeen@inebraska.com) or call  
402.462.2961 or 402.460.8696

**3<sup>rd</sup> Thursday**  
**COFFEE HOUSE** Unitarian Church,  
6300 A, Lincoln  
**LINCOLN MIXED CHORUS** 6:30pm,  
Unitarian Church, 6300 A, Lincoln

**3<sup>rd</sup> Sunday**  
**CBCA MEETING** 5 PM until about 6:30  
PM is our monthly meeting with potluck.  
We meet at St Paul's Episcopal Church in  
Council Bluffs

**4<sup>th</sup> Tuesday**  
**PFLAG-CORNHUSKER** Unitarian  
Church, 6300 & A, Lincoln, 7 p.m.  
**YOUTH HIV TEST** Lighthouse, 2530  
N, Lincoln, ages 13 to 18, FFI: 475-3220.  
3-5:30 pm

**4<sup>th</sup> Thursday**  
**MCCO DISCUSSION GROUP**, 7p.m.  
and shares a light meal. Normally ends at  
9p.m. Spirituality, faith, religion, world  
issues, life issues are just some of our  
topics. Contact Royal for more infor-  
mation: [royalb@mccomaha.org](mailto:royalb@mccomaha.org) or 516-  
2759

**4<sup>th</sup> Friday**  
**LEO - LEATHER ENGINEERS OF**  
**OMAHA**, Not currently meeting.

**Email Your Event to:**  
**GAYZETTE@COX.NET**

asked, "How much for the bronze rat?"

"Ahhh, you have chosen wisely! It is \$12 for  
the rat, \$100 for the story," said the wise old  
shopkeeper.

The tourist quickly pulled out twelve dollars.  
"I'll just take the rat, you can keep the story".

As he walked down the street carrying his  
bronze rat, the tourist noticed that a few real  
rats had crawled out of the alleys and sewers  
and had begun following him down the street.  
This was a bit disconcerting so he began walk-  
ing faster. A couple blocks later he looked  
behind him and saw to his horror the herd of  
rats behind him had grown to hundreds, and  
they began squealing. Sweating now, the tour-  
ist began to trot west on Canal Street towards  
the Hudson River.

Again, after a couple blocks, he looked around  
only to discover that the rats now numbered in  
the MILLIONS, and were squealing and com-  
ing toward him faster and faster.

Terrified, he ran to the edge of the Hudson and  
threw the bronze rat as far as he could into the  
river. Amazingly, the millions of rats all  
jumped into the river after the bronze rat, and  
were all drowned. The man walked back to the  
curio shop in Chinatown.

"Ahhh," said the owner, "You have come back  
for story?"

"No sir," said the man, "I came back to see if  
you have a bronze Republican."

The one bonus of not lifting the ban on gays in  
the military is that the next time the govern-  
ment mandates a draft we can all declare ho-  
mosexuality instead of running off to Canada.  
--Lorne Bloch

When I was in the military they gave me a  
medal for killing two men and a discharge for  
loving one. --From the tombstone of a gay  
Vietnam veteran

My lesbianism is an act of Christian charity.  
All those women out there praying for a man,  
and I'm giving them my share. --Rita Mae  
Brown

No rats, real or bronze, were harmed by these  
jokes... though who would give a rats ass  
anyway. No tourists were harmed, no cities  
raped and pillaged and no Chinese shops were  
closed. The Hudson River is still flowing and  
still polluted. Oh, and like Rita Mae above, I  
am also still praying for a man..... The editor.

## **The Bronze Rat**

A tourist walked into a Chinese curio  
shop on Mott Street. While looking  
around at the exotic merchandise, he  
noticed a very lifelike, life-sized, bronze  
statue of a rat. It had no price tag, but was  
so incredibly striking the tourist decided  
he simply had to have it.  
He took it to the old shop owner and

# GLBT RESOURCE LIST

## OMAHA BASED

**Alphabet (ABC) Soup at UNO**, [http://groups.yahoo.com/group/uno\\_abcoup](http://groups.yahoo.com/group/uno_abcoup), Phone Student Organizations at 554-2711.

**BiMenNebraska**, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

**Camp Kindle**, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, [www.CampKindle.org](http://www.CampKindle.org)

**Citizens for Equal Protection** 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 [www.cfep-ne.org](http://www.cfep-ne.org), email to: [Michael@cfep-ne.org](mailto:Michael@cfep-ne.org)

**Diamond Foundation**, making a difference through music and education, call 877-87-DIAMOND/[www.diamond-foundation.org](http://www.diamond-foundation.org)

**Family Foundations** Therapy for individuals, couples or families, for info call 558-3856

**First Central Congregational Church UCC**, 421 South 36th St., 402-345-1533, [www.firstcentral.org](http://www.firstcentral.org), GLBT-affirming

**First Lutheran Church**, 542 So. 31st St., 402-345-7506, GLBT Friendly [www.firstlutheranomaha.org](http://www.firstlutheranomaha.org)

**First Unitarian Church**, 3114 Harney Street, 402-345-3039, [www.firstuuomaha.org](http://www.firstuuomaha.org), GLBT Welcoming Congregation

**First United Methodist Church**, 7020 Cass St., 402-556-6262, [www.fumcomaha.org](http://www.fumcomaha.org), GLBT-affirming

**Flat Water Bears**, (group disbanded)

**Front Runners/Walkers**, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**Gay Lesbian Straight Education Network - Omaha**, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

**GayLibrary.com**, World Wide Resources

**GLBT Professionals**, meeting at 5:30PM. Email at: [GOglbt@cfep-ne.org](mailto:GOglbt@cfep-ne.org) or see [www.GOglbt.org](http://www.GOglbt.org) for info

**Heartland Gay Rodeo Association**, see [www.hgra.net](http://www.hgra.net) for information

**Ice Bowl Invitational Bowling Tournament (IBIT)** P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

**Imperial Court of Nebraska**, Box 3772, Omaha 68103 556-9907, Board Meets 3<sup>rd</sup> Monday, Rainbow Outreach GLBT Center, [www.icon.impcourt.org](http://www.icon.impcourt.org)

**Inclusive Life Care & Service Group** 105 S. 49th Street Omaha 68132 Spiritual-Interfaith-Secular Care & Service for all Individuals, Couples and Families [www.inclusivelife.org](http://www.inclusivelife.org) 402-516-8475

**Learning to Exchange Power**, [L2EP@aol.com](mailto:L2EP@aol.com), Social, educational group novices in Leather, S/M, B/D Lifestyle

**Leather Engineers of Omaha (LEO)** Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting

**LinOma Bares**, for more Info email [linomabares@yahoo.com](mailto:linomabares@yahoo.com) or mail to P.O. Box 24547, Omaha NE 68124

**Metropolitan Community Church of Omaha**, 819 S. 22 St., Omaha 68108 345-2563, [mccomaha@mccomaha.org](mailto:mccomaha@mccomaha.org) Website: [www.mccomaha.org](http://www.mccomaha.org) Sunday Worship 9am and 11am, Wed. Worship at 7pm

**NA Rainbow Group**, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

**Nebraska AIDS Project**, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

**NebraskaEquality.org**, Find out everything about Nebraska and the GLBT Community

**Nebraska GLBT Events**, Community Events Calendar web site, see [www.NebraskaGLBTEvents.com](http://www.NebraskaGLBTEvents.com)

**Nebraska Pride IDOL**, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, [www.NebraskaPrideIDOL.com](http://www.NebraskaPrideIDOL.com)

**Nebraska Zen Center**, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, [www.prairiewindzen.org](http://www.prairiewindzen.org) GLBT inclusive

**North Side Christian Church** 5555 Larimore Ave., Contemporary service Saturday night at 5:30pm

**The 'Ohana Group**, (GLBT / Non-traditional Family group), email to: [Theohanagroup@msn.com](mailto:Theohanagroup@msn.com)

**Omaha Bi Married Men** Yahoo Group <http://groups.yahoo.com/group/OmahaBiMarriedMen>

**Omaha NE Gay Pride Web Page** <http://ONGP.com>; email to: [omahanegaypride@cox.net](mailto:omahanegaypride@cox.net) or [ongp1@cox.net](mailto:ongp1@cox.net)

**Omaha GLBT Professionals**, Contact [omahaglbtprofessionals@cox.net](mailto:omahaglbtprofessionals@cox.net) for more info.

**Omaha Metro GLBT Sports League**, See [www.omahaglbtsportsleague.org](http://www.omahaglbtsportsleague.org) for more information

**Onyx Images**, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

**Out and About in Nebraska**, website: [www.travel.to/outabout](http://www.travel.to/outabout) Email: [NeOutAbout@yahoo.com](mailto:NeOutAbout@yahoo.com)

**OUUT (Omaha Unitarian Universalists for Tolerance)** First Unitarian Church, 3114 Harney, 68131, 345-3039, [www.ouut.org](http://www.ouut.org)

**Parents and Friends of Lesbians and Gays (PFLAG) Omaha Chapter** Box 390064, Omaha, 68139-0064 291-6781 Website: [www.pflag-omaha.org](http://www.pflag-omaha.org), email [info@pflag-omaha.org](mailto:info@pflag-omaha.org), meet at 7pm, 1st United Methodist Church, 7020 Cass

**Proud Horizons Youth Group**, Sat Afternoon, info: (402) 291-6781 or email [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

**Prairie Bares**, male nudist group, no further info available

**Rainbow Outreach GLBT Resource Ctr**, 1719 Leavenworth, Omaha, 341-0330

**Rainbow Celebrations**, PO Box 8488, Omaha, 68108, call 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete info see [www.rainbowcelebrations.org](http://www.rainbowcelebrations.org)

**River City Gender Alliance**, for info see [www.rivercitygenderalliance.org](http://www.rivercitygenderalliance.org)

**River City Mixed Bowling II** 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706

**River City Mixed Chorus**, Box 3267, Omaha, NE 68103, 402-341-SING Website: [www.rcmc.org](http://www.rcmc.org)

**SECOND UNITARIAN CHURCH**, 3012 South 119th Street, 402-334-0537, [www.secondunitarianomaha.org](http://www.secondunitarianomaha.org), GLBT Welcoming Congregation

**SNAP Productions**, Box 8464, Omaha, NE 68108 [www.snapproductions.com](http://www.snapproductions.com)

**Temple Israel Synagogue**, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

**TOP, Taking Our Places**, meets 2nd Saturdays at 6pm at Rainbow Outreach Center

**Unity Church of Omaha** 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; [www.unityomaha.org](http://www.unityomaha.org)

**WomenSpace**, no current info is available

**Youth Emergency Services, Inc. (Y.E.S.)** Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to [info@yesomaha.org](mailto:info@yesomaha.org)

**Y.E.S. Drop-in Center**, 2057 Harney Street Omaha, NE 68102, 402-505-6922

## LINCOLN BASED

**LGBTQ and Ally Programs and Services Resource Center**, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652 <http://www.unl.edu/health/sexuality>

**Queer Student Alliance, UNL**, contact [unlqsa@yahoo.com](mailto:unlqsa@yahoo.com) for info

**GLBT and Allies coffee house**, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

**Lincoln Women's Center**, Lincoln 402/472-2597.

**Nebraska AIDS Project**, Lincoln, 1921 S. 17th St. (402) 476-7000

**Omaha Women's Riverboat Cruise**, 4949 N. 73rd, Lincoln, 68507 467-5737

**Parents, Friends of Lesbians & Gays, Cornhusker Chapter**: Box 30128, Lincoln 68508, Meet 4<sup>th</sup> Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, [jbkiber@hotmail.com](mailto:jbkiber@hotmail.com). Website: <http://pflag.ineb.org/>

**Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group**, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email [sindu.s@gmail.com](mailto:sindu.s@gmail.com)



**SAGE**, Box 22043, Lincoln 68542 Coffee House 2<sup>nd</sup> Sat, 6 – 9pm,  
 Lesbian Videos 7:15pm, 3319 S. 46  
**Straight Spouse Support Grp** 402-429-6094  
**TriCity GLBT**, serving Central Nebraska, web site at <http://www.tri-city-glbtc.com/>  
**UNL Committee on GLBT Concerns**, Contact Pat Tetreault, (402) 472-1752 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu) / [www.unl.edu/cglbtc](http://www.unl.edu/cglbtc)  
**Women In Trades/YWCA**, 1432 N St., Lincoln 68508; 434-3494,  
**Youth Support Group**, (402) 434-9880

## Iowa Based

**Council Bluffs Community Alliance**  
[www.councilbluffscommunityalliance.org](http://www.councilbluffscommunityalliance.org)  
**Council Bluffs Pride**, [www.councilbluffspride.org](http://www.councilbluffspride.org)  
**Iowa Equality**, GLBT –allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>  
**Sioux City, Iowa Resource Web Site:** [www.siouxlandpride.net](http://www.siouxlandpride.net)

## Nationally Based

**Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth** 1-800-850-8078 or see web site at <http://www.thetrevorproject.org/helpline.html>

## Giuda Explains Comparison of Gays to Animals

By Julie Bolcer

Republican congressional candidate Bob Giuda of New Hampshire tried to explain comments he made Monday that compared same-sex marriage to “men and sheep” and “women and dogs.”

Giuda, a candidate for the Republican nomination for the second district seat, is opposed to marriage equality and the repeal of the “don’t ask, don’t tell” policy. He supports civil unions, which are being phased out in New Hampshire under the new marriage equality law.

According to WMUR, Giuda acknowledged that his comments to a group of students who challenged his position at Rivier College could have been chosen more carefully, but he defended his view.

“The point was, it's not to our good as a nation or society to institutionalize relationships that do not involve a man and a woman for the protection of a family,” he said, according to WMUR.

## TALK RADIO Auditions

**BLUEBARN Theatre** is holding auditions for Eric Bogosian’s Pulitzer Prize-nominated drama, *Talk Radio*. Audition dates are Sunday, July 18th at 5:30pm and Monday, July 19th at 6:30pm.

Needed are 3 females, ages 20-45, and 5 men ages 20-55. The role of “Barry Champlain” has been cast. Auditions will be held at the Downtown Space, 614 S. 11th St. Auditions will consist of cold readings from the script. Callbacks may be held at a later date if needed. Please call (402) 345-1576 for more information. BLUEBARN’s Artistic Director, Susan Clement-Toberer directs. Shows run September 30-October 16, 2010; Thursdays-Saturdays at 7:30 p.m. and Sundays at 6 p.m.

### About Talk Radio

Barry Champlain, Cleveland's controversial radio host is on the air doing what he does best: insulting the pathetic souls who call in the middle of the night to sound off. Tomorrow, Barry's show is going into national syndication and his producer is afraid that Barry will say something that will offend the sponsors.

This, of course, makes Barry even more outrageous. Funny and moving, off-beat, outrageous and totally entrancing, Bogosian’s Pulitzer Prize-nominated play still resonates almost 20 years after its Off- Broadway debut. Film star, Liev Schreiber, starred in the 2007 gut-grabbing revival.

## Where Can You Find The Gayzette?

### Omaha:

Broadway Joe’s Bar, 35th & Broadway	Council Bluffs IA
Connections, 1901 Leavenworth	933-3033
DC’s Saloon, 610 South 14th Street	344-3103
Dixie Quick’s Restaurant, 1915 Leavenworth	346-3549
Flixx, 1015 South 10th Street Omaha	408-1020
The Max, 1417 Jackson St.	346-4110
Metropolitan Community Church, 819 South 22nd Street	
Mystery Bookstore, 1414 South 13th St.	342-7343
Nebraska AIDS Project, 250 South 77th St	552-9260
Omaha Mining Co., 1715 Leavenworth	449-8703
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette)	341-0330

### Lincoln:

Panic Bar, 200 South 18th Street (as available) 435-8764  
 Q Bar, 226 South 9th Street (as available) 475-2269

**Would you like to have the Gayzette at your Place of business? Email your request to: [news@rainbowoutreach.org](mailto:news@rainbowoutreach.org)**

# Kyle's Bed & Breakfast by Greg Fox



# Fitness Corner

By Ron Blake



The car won't start. The bicycle has a flat tire. Your neighbor left for work 20 minutes ago. The bus line is 14 blocks away. The number for the cab company has been busy forever. Your pulse quickens, sweat beads on your forehead, you furrow your brow, and you realize you may have to....WALK! Loosen your tie and put on those sneakers and "Walk Like a Man". It's going to be different today!

There is an exercise program called the 10,000 steps a day and today is YOUR day to start. The goal of this program is to get people to become more aware of their health and fitness through the ancient art of walking. That many steps each day are equivalent to four or five miles traveled. Don't "Walk Away Renee" just yet! It can be done!

You will need a pedometer to measure your steps. These \$20 and under devices won't break your bank and they conveniently attach to your waistband. Stay away from buying one online since there is not any walking involved in the process. Purchase one at any of your local sporting goods stores. Then you will simply need to start "Walking on Sunshine!"

Forget what the modern world has taught you about convenience and the on-demand attitude. You will need to work to earn your 10,000 steps. It begins early in the day and in earnest as you yawn, stretch, and rub your eyes after wrestling with your alarm clock. Climb out of your bed and "Walk Like an Egyptian" to the bathroom on the other side of the house to get your day moving right.

After you've showered, dressed, and eaten; you will be ready to change the way you approach the world. You can walk to work, walk to the bus, or drive to work and park four blocks down the street. You will need to get creative and don't be afraid to try something different. There is always somebody out there trying this walking thing too and "You'll Never Walk Alone."

Get to work and take the stairs and not the elevator. Get to your office and walk around your desk as you yap on the phone and earn your commissions for the week. Get to your lunch break and walk with your co-workers during the last half of the lunch hour. Get to the last part of your work day and meet your team members in person and not through e-mail. Smile or whistle on your way. It's OK to "Walk This Way!" You have to earn those steps someway and you might as well be happy doing it!

When you arrive home, you can continue to "Take a Walk on the Wild Side!" The possibilities include walking the dog, walking and talking on the phone, or just plain old walking with the neighbors for some exercise and gossip mongering. The 10,000 steps program is something that can be fun! It gives you that chance to strive for a daily goal and it can change you profoundly! Get your pedometer, get motivated, and you'll want to go "Walkin' After Midnight."

This health and fitness article is brought to you by that guy who

"Likes to Walk the Dinosaur" as frequently as he can. That guy is Ron Blake and you can walk into his world at [www.myblakefitness.com](http://www.myblakefitness.com).



## MIDLANDS LGBT COMMUNITY NEEDS ASSESSMENT

### ARE YOU LESBIAN, GAY, BISEXUAL, OR TRANSGENDER?

Do you live, work, and/or play in Nebraska?



If so, we'd like to invite you to participate in a research study looking at the experiences and health of LGBT people in and around Nebraska. The results will help LGBT organizations around the state to better address the needs of the community.

If you self-identify as Lesbian, Gay, Bisexual, or Transgender, are 19 or older and live in or near Nebraska, then you may qualify.

Visit our website for more information and to take the survey.

[app1.unmc.edu/lgbt](http://app1.unmc.edu/lgbt)

Participants can receive a gift card for taking this 30 minute online survey

Questions?

Email [ctfisherm@unmc.edu](mailto:ctfisherm@unmc.edu)  
or [jlrwin@unomaha.edu](mailto:jlrwin@unomaha.edu)



[www.stopAIDSNebraska.info](http://www.stopAIDSNebraska.info)

IRB # 333-10-FB

# JUL / AUG <sub>2010</sub> @ THE MAX

## THURSDAY JULY 15TH

NEW Hours and NEW Cover Charges

Sun-Tue 4p-1a / Wed-Sat 4p-2a : Friday: \$5 - Saturday: \$5 before midnight / \$10 after

## SATURDAY JULY 17TH - 6pm Door / 7pm Show

"BURN IT TO THE GROUND" Camp Kindle Benefit  
Hosted by Chrys Whitmarsh

## SUNDAY JULY 18TH - 10pm

Mr Max Joe's Step-Down "THE FINAL HOORAH"

## SUNDAY JULY 25TH - 10pm

Miss Merry Christmas Joyce's Benefit

## SATURDAY JULY 31ST - 6pm Door / 7pm Show

Aphelia Butt's P-Flag Benefit

## SUNDAY AUGUST 1ST - 9pm

MR MAX MAX CONTEST

## FRIDAY AUGUST 6TH

**MEN'S NIGHT**  
**AMATEUR STRIP CONTEST**  
7PM - \$100 CASH PRIZE

## SATURDAY AUGUST 7TH - 6pm Door / 7pm Show

ICON's Investiture

## SUNDAY AUGUST 8TH - 10pm

Best of Gay Omaha Nomination Show

## SUNDAY AUGUST 15TH - 4p-2a

F\*CK ME I'M OMAHA FAMOUS.  
Over 25 of Omaha's BEST DJ's!!!



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