

VOL. IV NO. IX

Nov. 10, 1987

*The  
New Voice*

O F N E B R A S K A



# Our Turn

View and opinions by **The New Voice** staff.

## The Wind of Change

Every morning the weather forecaster reminds me of the change of seasons, the clocks have made their change and now the piloting of **The New Voice** is about to change. At this time, I am giving my official resignation as Editor of **The New Voice**, effective November 30, 1987.

My decision is the result of many weeks of discussion and self-discovery. The frustration of the time commitment necessary to do the work, that should have been divided among many, combined with my change in personal goals has led me to this point. As I look back over my experience as Editor, I recall many joyous moments; the lives I've touch and shared. But with change comes growth.

On Sunday, November 15th at 1:00 p.m. there will be a meeting in Omaha. This meeting will be held at MCC Omaha and is for ALL NEBRASKANS concerned and supportive of the future of **The New Voice** (see other Our Turn for details).

So until this meeting in November, the future of **The New Voice** is unsure. I believe that moving the magazine to Omaha will be a most beneficial change. I do know that I will serve as Co-Editor for the December issue with Jerry Peck. Thus, there will be no dramatic shift of contact people or resources. By virtue of the possibility of the move to Omaha, there needs to be a strong network here in Lincoln.

**BE INVOLVED - NOT INDIFFERENT  
YOUR RIGHTS  
MAY DEPEND ON IT!**

-Sandy V. Editor



## The New Voice Past, Present & Future

Three and a half years ago **The New Voice** of Nebraska was created to provide a communication among the people of the gay/lesbian community of Nebraska. Great energies have been exerted by many devoted individuals. The magazine has undergone many changes in personnel, policy, and format. **The New Voice** has earned the respect of many people locally and nationally.

The constitution calls for a twelve person "steering committee" to insure that the magazine represents as many aspects of our community as possible. At the present time there are three voting members attempting to keep **The New Voice** alive. There is a handful of others contributing to the labors of love, but not enough to continue publication.

Many have discussed the prospect of moving the operation of the publication from Lincoln to Omaha. Recruitment in Lincoln, a college community, has failed to keep staff. Omaha has long

provided the bulk of the financial support through advertising, and contributions. The reported activities that occur in Omaha through **ICON**, **MCC**, the bars, etc. makes up the bulk of the content of **The New Voice**. Omaha's gay/lesbian community is larger in number, and therefore has more resources including individuals that are free from the encumbrances of schooling, mate finding, employment security, etc. **The New Voice** appreciates those of Lincoln, and will continue to need people in Lincoln. We have not been able to recruit from Omaha due to the travel time in addition to meeting and working time.

The multitude of considerations which must be met in making such a move seem overwhelming, and if they are too much, then **The New Voice** must fold. The needs of an Omaha-based publication will be discussed in more detail at the November 15th meeting at MCC Omaha. Staffing is paramount. Is someone willing to make **The New Voice** a priority commitment as Editor, Secretary, Treasurer, Advertising

# November 1987

## THE NEW VOICE STAFF

EDITOR-Sandy  
ASSOCIATE EDITOR-Chris Carroll  
COPY EDITOR-Steve H.  
ART & DESIGN-Randy  
TYPESETTING-G.  
OTHER STAFF  
Garry Griffith  
Dave Michael  
Pam  
Chappie  
PHONE CONTACTS

LINCOLN 474-1205 Sandy  
(leave a message)

OMAHA 453-6550 Garry Griffith  
345-2181 Jerry Peck

**The New Voice** is published and distributed each month by a dedicated volunteer staff. The magazine is completely financed by donations and advertising. Copyright 1987. All rights reserved.

Public-action of the name, photograph, or likeness of any person, business, or organization in this publication is not to be construed as any indication of the sexual orientation or preference of such person, business, or organization.

Opinions expressed herein by columnists do not necessarily reflect the opinions of **The New Voice** Staff.

Subscriptions: 1 year- \$16.00 Classified Ads: \$2.00 for 20 words or less. 15¢ for each additional word. Display rates given upon request.

**The New Voice of Nebraska**  
P. O. Box 80819 P. O. Box 3512  
Lincoln, NE 68501 Omaha, NE 68103

Artist, Copy Editor, etc. In the past the files were kept in Larry's home and then Lambda House (in trade rent free). Is there a convenient space available in Omaha? Is someone able to oversee the legal aspects of such a transition? Is there someone that knows enough about printing to locate a printer in Omaha? Are there people available for paste-up, typesetting (done at no cost in the past), handling correspondences, to actively seek new advertisers and maintain a relationship with current accounts, make distribution, reporters, photographers... and this is not a complete list.

As you can see, there are plenty of things to consider, and time is important. The meeting on November 15th will not be discussion of policy of The New Voice, nor commenting on what may be perceived as having been done wrong in the past. We will only have time for "constructive" ideas. The Lincoln people will attempt to put out the December issue. If the transition from Lincoln to Omaha is to be done in time for a January issue, the move must be made by December 15th (deadline date).

If there is an absence of commitment and priority of commitment witnessed at this meeting, unfortunately, the December issue will be the last of .

You can make a difference. Consider what you can and are willing to contribute. Talk to others that might have a talent. Come to the meeting and let us keep The New Voice of Nebraska vocal in our community.

Jerry Peck, Sandy, Chris Carroll and Randy



MINISTRY IN  
HUMAN SEXUALITY, INC.

Sexuality-Affirming, Growth-Centered  
Counseling for Individuals and Couples

Relationships Personal Growth  
Coming Out Self Esteem  
Religion and Spirituality

J. Benjamin Roe, D. Min.

(402) 475-9913 P. O. Box 180122 Lincoln, NE 68501

Practice Safe Sex  
It's a New  
Adventure

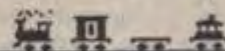


It's Fun



Dedicated to an appreciation of Books, Art, coffee and Conversation  
1215 Harney St., Omaha, NE

Graphically Speaking



Be on track!  
When you need action,  
Desktop Publications  
speak louder than words!

Resumes- Brochures  
Computer Graphics  
Newsletters-Typesetting

Graphically Speaking  
P. O. Box 30078  
Lincoln, Nebraska 68503-0078

(402) 477-3536



# MISSION Fruitcakes

*The World's Best...  
Guaranteed!*

Created from the most select ingredients and aged with full bodied bourbons, rums and brandies. This century-old world recipe boasts the taste of tradition Mission Fruitcake, the perfect addition to complement any holiday festivities. Be sure to order two, one for yourself & someone special.

## WE WANT TO HELP...

For each Mission Fruitcake purchased we will contribute \$2.00 to the Nebraska Aids Project

*Thank You and Happy Holidays*

*- Mission Fruitcakes*

**Credit Card Orders  
And Information Call  
Toll Free: 1-800-537-2412**

### Order Form

Item Description	How Many	Price Ea.	Shipping Ea.	Sub Total
Two pound loaf in deluxe gift box		\$17.95	\$4.00	
Three pound round in decorative tin		\$23.95	\$4.00	
Five pound round in decorative tin <b>Best Value</b>		\$32.95	\$4.00	

Total number of cakes ordered: \_\_\_\_\_ **TOTAL AMT. DUE: \$** \_\_\_\_\_

Charge order to: (circle one) Visa, MasterCard, American Express, Carte Blanche, Diner's Club, Discover

My card expires: Mo. \_\_\_\_\_ / Yr. \_\_\_\_\_

Show credit card number below:

\_\_\_\_\_

Signature: \_\_\_\_\_

Or Make your check or money order payable to Mission Fruitcakes, P.O. Box 9035, Omaha, NE 68109

Your Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State: \_\_\_\_\_

Zip: \_\_\_\_\_

Home Phone: ( ) \_\_\_\_\_

Office: ( ) \_\_\_\_\_



# Important Meeting!



**See inside front cover  
& Our Turn**

## Local Events & Organizations

### Holiday Concert for River City Mixed Chorus

Sunday, December 20, 1987, will mark the Fourth Annual Holiday Concert presented by Omaha's River City Mixed Chorus (RCMC).

The 7:30 p.m. concert in the Strauss Performing Arts Center at the University of Nebraska at Omaha, will celebrate a wide variety of traditional, popular, and religious music of the season.

Music Director Kevin Jones has chosen such diverse selections as "Carol of the Bells", "I Wonder As I Wander", music from "Amahl and the Night Visitors", an original selection written by two members of the Chorus, and music from P.D.Q. Bach.

For each ticket sold, the RCMC will donate \$1.00 to the University of Nebraska Medical Center Viral Syndrome Clinic.

Tickets are available from any RCMC member, and are \$6.00 in advance, \$7.00 at the door, and \$4.00 for students and seniors.

For more information, or for group ticket sales, please phone 342-4775.

### Women's Riverboat Cruise!!!

The Third Annual Omaha Women's Riverboat Cruise happened on Sunday, October 4. We filled it up this year with women, lots of fun and frivolity.

Kathy Tejcka from *Amethyst* opened up the evening with her beautiful voice, accompanying herself on keyboards. She was followed by Omaha's very own women's band *Desire*. This fantastic band features Denise H., Dusty L., Leann L., Linda M., and Judy V. They performed a wide range of music that we danced to and enjoyed very much.

The Women's Jam was held in the park before the cruise was successful and well attended this year. The women's band *Steppin' Out* was well accepted during the afternoon. Other fine women musicians contributed their talents for the Jam. Don't miss the Jam next year.

We would like to give you the opportunity to participate in Women's Music in our own community either at the Jam or to be featured on the Cruise.

The first cruise we had came up with the idea where Nancy Hill and Diane Reed were featured. The second year we featured Nancy Hill and Marta Brabec. We would like to build on the concept of the Cruise and eventually make it a mini-weekend of women, music, and other outdoor activities.

If you have ideas or input for this project, please contact us. Lois 455-2818 (Omaha) - Tauni or Dana 467-5737 (Lincoln).

The support continues to grow each year and it is fun to be a part of it. We are all set for next year's Cruise September 11, 1988 (6-9 p.m.) **MARK YOUR CALENDARS!** We will again be selling advance tickets and this year will be very important to get your reservations early because there is a limited number of spaces that we met this year; we would hate to turn anyone away the day of the cruise. This is going to be a very energizing experience, as it is the Solar Eclipse that day.

Thank you for continued support; it has made this a fun project for all of us. This year we would like to give an extra welcome and thanks to the Lincoln Women's community for their growing support. See you next fall!

-Lois-Tauni-Dana



### Under the Boardwalk!

Welcome to November! This month we're proud to present the talents of Bunni Lynn on Monday, November 16th at 10 p.m. There are many scheduled guest performers—including one the Lincoln community hasn't seen in some time—Iris! You in Omaha, remember the outrageousness of "Screaming Cupcakes!?" Come and be our guests for a night of real performing!

October was certainly busy! The 5-7th the Boardwalk presented its first Gay and Lesbian Film Festival. Included were some rarities like "My Two Loves" with Lynn Redgrave and some new classics—"Desert Hearts" and "Parting Glances." With so many titles available on video, you can look forward to this being a regular feature at the Boardwalk!

Also scheduled in October, were the AIDS Public Forum and The Hallowed Week. The Forum was well-attended and five panelists answered many questions to a standing-room only audience! Look for more events like this one in the future.

On October 24th, the Boardwalk began providing Taraneh with a dance music tape for her radio show. Listen to the "Saturday Night Special" from 9-11PM and hear an hour of non-stop party music mixed at the Boardwalk! The show is on KZUM radio at 89.3FM. This station is a non-profit, public supported station with varied programming of interest to not only the gay community, but to all of Lincoln. I encourage all of you to listen and support them!

-Michael F.





# Wimmin - Features

## Women's Assistance Emergency Fund

The Women's Assistance Emergency Fund (WAEF) was founded in 1981 by representatives of several community women's organizations in response to numerous request for financial assistance by women. Since that time, the Fund has aided hundreds of women who had no where else to turn. These women had immediate needs and were not eligible for existing aid within the Lincoln area.

In 1982, the Fund was established as a non-profit corporation under the name of Women's Assistance, Inc. To date, it continues to utilize volunteers only to raise money and administer assistance. Funds are available to women for emergency medical, legal and basic living needs when resources in the community cannot or are not equipped to provide immediate financial intervention. The Fund operates by providing small grants and no interest loans. These small grants or loans often serve as "good faith" money when a larger amount is required by the service provider. Some examples of the way the Fund has been used are: to pay bonds for battered women filing assault charges against their husbands, to pay utility deposits for women in transition, to pay for rape exams, to pay for emergency shelter, to pay for a child's emergency dental surgery, to assist in payment of rent, electricity, gas, medical and legal needs.

The Women's Assistance Emergency Fund does not receive funds through the United Way or any other public or private financial support group. The community fund-raisers are organized by volunteers. Payments on loans and private donations provide the only means of support for the Fund.

For more information about the Women's Assistance Emergency Fund and how you can help, write: WAEF, P.O. Box 82852, Lincoln, NE 68501.

## Anthology

Submissions are being sought for an anthology about the experiences of lesbians whose sexual assault or attempted sexual assault by men was motivated by anti-lesbian sentiment. By recognizing this extreme form of violence, the anthology seeks to empower survivors and expose the extent to which our homophobic society condones crimes against lesbians. Lesbian survivors/victims and their friends are invited to submit short stories, journal entries, poetry, political analysis, and essays. Selections will be published anonymously upon request, but a name and address must accompany all submissions. Deadline for submissions is March 1, 1988; extensions by writing, is necessary. Send to: Sharon Vardatira, Box 2304, Harvard Square Station, Cambridge, MA 02238

## Labrys Records

Labrys Records, a women owned independent record production company is interested in women with original lesbian-identified material for a record project. We especially interested in women of color and/or women who have an original approach to their music. All women will be considered. Women are encouraged to submit a "home-quality" cassette containing 3 or 4 of their best songs and information about themselves to Labrys, P. O. Box 174, Tolland, CT 06084 by November 30, 1987.

## Notes from The Common Woman

Winters is nearing and, according to my neighbor, it will be a mild one. Her source of information is the width of the black stripe on the back of a particular caterpillar. Enough science talk. Even a mild winter in Nebraska can mean evenings of raging fires (in the fireplace) warm quilts and a good book (or two).

### OLD FAVS

Ann Bannon is, perhaps, the queen of

lesbian pulp. *Women in the Shadows*, *Odd Girl Out*, *Journey to a Woman*, and my favorite, *Beebo Brinker* were originally printed in the late 50's and early 60's. Each is a lesbian coming out story—complete with timid lustful looks, sighs, sweating palms and that long awaited first kiss that causes at least one the kissers (usually the kissee) to lose her balance while still managing to continue the kiss.

Any list of old favorites has to include Rita Mae Brown's *Rubyfruit Jungle*, the story of a young woman who lost her virginity to her girlfriend in the sixth grade...what more can I say?

And then there's May Sarton's *The Magnificent Spinster*, the tale of a fifty year relationship between two women. In a more serious vein...JoAnn Loulan's *Lesbian Sex* is a thoughtful examination of our attitudes about our sexuality. She writes, "this book is for each of us. A call to making our sex lives our's again."

Tee Corrinne's latest offering is a collection of erotic writing — *Dreams of the Woman Who Loved Sex*. The book includes an extensive bibliography of other erotic writing by women. According to Phyllis Lyon and Del Martin (*Lesbian/Woman*) "Tee Corrinne's latest is an amazing book, a refreshing, vulnerable, sex-positive answer to a mostly sex-negative world."

*Lesbian Love Signs*, by Aurora is a fun book for those of us who sometimes wonder if the source of our lover-related frustration is a simple matter of incompatible sun sights.

Christine Heron Stockton's *Lesbian Letters* is about the lives of Lesbian through fictional letters and journal entries. Coming out, lesbian parenting, relationships are all covered.

Next month I'll cover gay men's titles (and music).

-Joy

## A Story - Mine and Yours?

The 24-year-old woman sat alone at the bar, alternating between drinking a beer and taking drags off of a cigarette. She hadn't come alone, and she knew a lot of people sitting around her, but in her opinion - she was alone.

After the fourth beer, women around her seemed to get a little friendlier and the woman started cracking a few jokes. Also, by then she could dance a little easier. The woman she arrived with even came back from flirting with brunette across the room and started paying attention to her.

But inside, the woman still felt lonely. She felt somehow different from all the other women in the bar, even though they were her own kind. Even here, the woman felt a part from rather than a part of.

Around closing time and three beers later, the lonely feeling was numbed—at least for a few hours. But the woman knew the loneliness would return—just like it usually did.

This may sound like the beginning of a sob story. Women reading the first few paragraphs may be responding, "So what's new? Sometimes I feel that way. Doesn't everyone?"

I thought everyone did feel that way. The above story is mine. I am a 26-year-old lesbian who arrived in Lincoln two years ago with more than just my clothes and furniture, I arrived with a progressing alcohol and drug problem.

Let me re-write that sentence. I am a 26-year-old lesbian who is a recovering alcoholic. I now have 17 months of continuous sobriety and I still go to that bar. But there's one difference—I now longer feel alone or different.

That story can belong to any woman. That's the sad fact. It's also a sad fact that 7 percent of the women in Nebraska have problems with alcohol and/or other drugs, according to the Lincoln Counsel on Alcohol and Drugs.

The problems can affect every aspect of a woman's life: financially, mentally,

physically, spiritually and emotionally. Translated that can mean no money, a bad memory or groggy one, poor health, negative feelings about life and riding on a roller coaster of extreme highs and lows: joyous one minute and depressed another.

All of that because of drinking a little too much? No. My main problem is not with drinking but rather with living. I just used the alcohol to numb all that crap that I thought life was handing out to me.

Of course drinking was fun at first. I liked what alcohol did for me. In addition to giving me a warm feeling inside, after a couple of beers I felt prettier, funnier, slimer sexier and smarter. Drinking and using drugs was fun from my first drink at age 13 until I was 24.

But slowly, it seemed to stop working. I would drink and drink and never get that good feeling inside. Instead what I got was sick. Then I began to have problems remembering little things like how I got home or where I was and how I got there or what I had done the night before.

But that didn't happen very often, or at least not enough to worry me. Most of the time, anyway, I stayed at home alone and drank or used drugs.

I did notice that my friends hung around me less. The stormy relationship with my lover ended and I cared little about my job. I cared more about when I would get the next beer or if my drug supply was running low.

The emptier I felt inside the more I drank to fill the space. I felt unaccepted by the lesbian community and spent more and more time at home. Life began to look pretty hopeless.

I blamed my feelings of depression and loneliness on other people. I felt that they wouldn't accept me for who I was or just weren't nice to me. I had gotten to the point of wanting everything my own way and became self-centered. Not self-centered in that I thought I was so wonderful and cocky, self-centered in that all my thoughts were focused on me.

When a woman I had been in a relationship with joined Alcoholics Anonymous, I became angry. The one person I thought I had left had been taken away from me by a bunch of drunks. Or at least that's what I thought they were. I couldn't understand why she would want to spend her time with them rather than me.

Today I'm grateful that she left me. After we broke up, there seemed to be no one left. I had used up all my friends and the empty hole inside consumed me. I thought all that remained was to either jump from the second story window of my apartment or go insane.

I saw no other way out. But scared and alone, I decided to talk to my ex-lover one more time and see if she wanted to get back together. I spoke to a changing woman I hardly recognized. She was excited about life and appeared

*continued*

--- ONCE IS NOT ENOUGH! ---

We're growing at a rate of 20 new titles a week ... so if you've been in once you'll be pleasantly surprised on your next visit to



**The Common Woman**  
Bookstore/Coffeehouse  
33rd & Apple (Lincoln)  
(402) 464-6309



11 a.m. - 7 p.m. everyday!



*continued*

happy. Even more than that, I saw a kind of peace in her that I wanted.

Then, when she knew that I wanted what she was experiencing, she laid the facts on me. Alcoholism, she told me, is not a mental illness but a disease.

The easiest way to understand the disease is to say that alcoholics have an allergy to alcohol. But unlike most allergy sufferers, who, once discovering what creates the allergic reaction stay away from it—in alcoholics the allergy causes the person to crave more of it, even though it creates negative reactions.

There are many women who have this allergy. In Nebraska, according to LCAD, approximately 40,433 of the 577,000 adult women living here have an alcohol or drug problem. That figure is a guess due to the alcohol and drug problems that are mis-diagnosed or not reported according to LCAD.

The worst part of the disease is that the alcoholic is the last person to recognize that she has a problem. Alcoholics are experts at not seeing their own illness and often the last to admit they have a problem. In some cases it only comes to light after repeated DWI's or some other violation of the law.

Fortunately, that wasn't my case. There were two things that help me to decide to try AA. The first was that I wanted my ex-lover back. Most alcoholics enter the program for some other reason than besides an alcohol problem.

Second, I believed I had no other options. I had realized I could do nothing on my own that would make me feel better after the drugs had stopped working. And I wanted to feel better.

But then there was another problem. I was a lesbian, and even though I didn't feel comfortable with my own kind, I felt even more awkward with heterosexuals. I believed there was no way I could be who I was with them, because part of my emptiness came from the fact that I was not accepted by the majority

of society due to my sexual preference.

I discovered I wasn't alone. Through my ex-lover I found two gay/lesbian AA meetings in Lincoln. There I found my support in the first few months of recovery. I had no excuse to not try AA. The only thing that held me back was fear.

The fear came from wondering how I could live without alcohol. How could I live without drugs? My friends in AA told me to take it one day at a time. Sometimes I've had to take it one minute at a time. And it works.

Being sober did not make my life wonderful instantly. Actually it got worse. Because without the alcohol and drugs to numb my mind and heart, I found I had to face my problems. But I discovered many people who were willing to help me face them and stay sober. My life has gotten better and continues to.

Because of beginning my sobriety with the strength and love of other recovering gay men and lesbians, I am now able to live comfortably within a society that, as a whole, does not accept me as being lesbian.

To my surprise, I found that the majority of men and women within AA accept me and know who I am. I now attend other AA meetings that are basically heterosexual and find just as much love and support as I did in those first gay AA meetings.

I wanted to share my story with you because I see the lesbian community as being highly afflicted with alcohol and drug problems. As I earlier said, I still go to that bar that two years ago I drank at. Alcohol and drugs seem to help us escape from a society that condemns us for who we are.

I'm not saying that all lesbians have a drinking problem. There will be some women reading this that may be thinking of a friend or lover they might believe might have a problem. There are those women who can drink a few beers and then stop. To me that was a ridiculous idea. If I was going to drink, I was going to get drunk.

And there other support systems. There

is Women For Sobriety, treatment facilities and individual counselors. If you think you might have a problem, many treatment centers in Lincoln offer a free evaluation. They will tell you honestly if they think you have a problem if you are honest with them about how much you drink or use drugs.

There are also many women around who are more than willing to listen if you think you have a problem with alcohol or know some who does. I can usually be found at the gay and lesbian AA meeting every Friday night. All you have to do is call AA's Central Office and ask where the meeting is held. It is open to everyone and you don't have to be an alcoholic to attend.

Or, if you would like to get in touch with me, contact **The New Voice** 474-1205, and they will relay the message. You might wonder why I would be willing to talk to someone I don't know, but I owe a lot to AA and can only return what has been given me by listening to others who may right now be in a situation similar to what mine was.

If you doubt that you have a problem with alcohol or drugs, I have included questions to ask yourself - answer them honestly.\*

1. Have you ever decided to stop drinking for a week or so, but only lasted for a couple of days?
2. Do you wish people would mind their own business about your drinking—stop telling you what to do?
3. Have you ever switched from one kind of drink to another in the hope that this would keep you from getting drunk?
4. Have you had to have an eye-opener upon awakening during the past year?
5. Do you envy people who can drink without getting into trouble?
6. Have you had problems connected with drinking during the past year?
7. Has your drinking caused problems at home?
8. Do you ever try to get "extra" drinks at a party because you do not get enough?

*continued*

9. Do you tell yourself you can stop drinking any time you want to, even though you keep getting drunk when you don't mean to?
10. Have you missed days of work or school because of drinking?
11. Do you have blackouts?
12. Have you ever felt that your life would be better if you did not drink?

If you answered yes to four or more of these questions - then you might have a serious problem. I hope you think your life's worth doing something about it - mine was.

-Margie

\*Taken from AA's pamphlet - Is AA For You?

## The Book Report

**Murder at the Nightwood Bar**  
by Katherine V. Forrest

Cliche that it is, I really didn't want to put this book down. It's an engrossing murder mystery told through the viewpoint of Detective Kate Delafield. I could hardly wait to get to the end and find out whodunnit.

The story is set in Los Angeles, a week prior to their 1985 Gay Pride celebration. A young girl is found murdered in the parking lot of a lesbian bar, a look of bewilderment frozen on her face. Kate Delafield, LAPD homicide detective, arrives to investigate and finds herself compelled by the look in those wide-open, astonished, pleading eyes to find out who killed Dory Quillen and why.

Even though the patrons of the Nightwood Bar easily pick up that Kate is a lesbian too, they are unwilling to cooperate with her on an investigation. Especially a girl called Patton, who has tagged Kate as a sellout to the other side, the police being not only an authority figure, but also the prime symbol of gay oppression. Even after Kate helps save one of the girls from three queer-bashers, no one will cooperate when she urges them to file charges. Publicity would cause the victims, a kindergarten teacher, to lose her job.

So Kate is faced with hostile and unsympathetic people, a long list of suspects, and precious few leads; just some numbers written boldly on a legal pad. But she's not the kind to give up. It all leads to an ending that almost makes you want to scream.

Forrest's writing reads quickly and easily. She even gives away too many secrets to spoil the climax. She pays enough attention to detail to make the investigation sound authentic. And most of the characters are easy to visualize and veritably come alive off the pages. This is a sequel to another book, *Amateur City*, which introduces Kate Delafield. However, you don't have to read the other story in order to make sense of this one. It stands on its own as a complete story.

If you're looking for steamy scenes and heavy breathing, sorry; Kate's too busy trying to piece together information from the people who knew Dory. There's one fledgling interest for Kate, but in the end it fails to pan out. The book only covers a week's time. Basi-

cally it's just a good mystery that looks deeply into the relationships one young lesbian formed in her brief and sometimes surprising life.

Dory's life contained elements we can all relate to in one way or another; a troubled relationship with religiously-strict parents who eventually kicked her out of the house, leading to a convoluted path to independence. She seemed to be looking for love and acceptance without knowing how to find either. The more deeply Kate delves into Dory's past, the more she feels obligated to bring the murder to justice.

Fans of "Cagney and Lacey" or "Murder, She Wrote" will thoroughly enjoy this book.

Available from:  
Naiad Press  
P. O. Box 10543  
Tallahassee, FL 32302

-Amazonia

An Invitation  
To Something You  
Asked For

**FRENCH CAFE  
BRUNCH**

10:30 TO 2:30

**OLD MARKET on  
SUNDAY**

1017 HOWARD  
Reservations suggested 341-3547

## The Tenth Muse

According to Greek mythology, there were nine Muses who endowed mortals with certain talents. The Muses and their areas of talent were: Clio of history, Urania of astronomy, Melopemene of tragedy, Thalia of comedy, Terpsichore of dance, Calliope of epic poetry, Erato of love poetry, Polyhymnia of songs to the gods, and Euterpe of lyric poetry. They were said to be companions of Apollo, the god of Truth, and of the Graces. Sappho was nicknamed the Tenth Muse by none other than Plato, so high was his regard for her written works.

Sappho herself left no autobiographies, so it is difficult to find accurate information about her life. We can only depend on fragments of ancient texts left by other writers of her time, or on the work of modern researchers. Their findings don't always agree. For instance, some researchers say Sappho was born in 612 B.C., while others say 620 B.C., and even then others say 630 B.C. Her death probably came in 550 B.C. Detailed records of births, marriages, and

deaths, if they were kept at all, have not survived the centuries since Sappho's time.

During the early years of Christianity her writings were condemned as immoral since so many of them contained references to her love for other females. She was called licentious, whorish, a love-crazed harlot. Because of religious views and also because of male sexual attitudes, St. Gregory of Nazianos in 380 A.D. ordered the burning of Sappho's works. In 1073 Pope Gregory VII decreed that public bonfires be made of her writings in Rome and Constantinople. An irrevocable loss to the world of letters!

By sheer luck some fragments of poems have survived, sometimes only a few words on bits and pieces of parchment. In 1879 a number of papyrus scraps were discovered in garbage dumps in the Fayum valley near Crocodilopolis, Egypt. They had been used as mummy wrappings and had been exceptionally preserved by the dry desert air. What made people take notice of these scraps was the fact that they had writing on them, something unusual when com-

pared to the rest of the trash in those bins. Scholars immediately set about reconstructing and interpreting their ancient jigsaw puzzle. They found the writing to be poems, and from the style and dialect, they identified them to be Sappho's. Almost all of the papyri had been torn into strips, and many of the lines were missing. Used as burial cloths, these few stanzas and single lines had escaped the fires. Sappho was known by her contemporaries to have been a prolific writing. The authored more than 500 poems of varying length. But only 700 lines remained today.

Sappho's specialty was short lyrics composed mostly in stanzas, designed for a single reader who was usually accompanied by a lyre. English translations of her poetry cannot give us the full finesse of it. Translations attempt to repeat the meanings, but vital components of poetry meter, or the number of syllables in each line, and alliteration, the repetition of sound within each verse. Translations from an ancient Greek dialect to modern English cannot

*continued*

*Hour  
Long* **PHOTO**  
• YOUR MEMORY CONNECTION •

**391-7121**

**5010 S. 108th Street**  
(Just South of "L" Street)

**IN NEW  
GALLERIA PLAZA  
ONE HOUR SERVICE!**

**FREE**

Double  
Prints  
Daily

or

**SAVE**

20 % off  
of  
total bill



**Globe**  
QUALITY CLEANERS

*Globe offers quality cleaning  
with over 80 years of experience.*

- **Professional Shirt Laundry**
- **Family Laundry Service**
- **Deluxe Care for fine linens and special items**
- **Complete Drapery Service for home or business with Draper Form for even hems and no shrinkage.**
- **FREE pickup & Delivery**

4 convenient locations

**1124 L' St.  
476-8554**

**Normal & South  
488-4217**

**21st & 'G' St.  
435-3217**

**Gateway North  
464-4090**

LINCOLN, NE

repeat those. We can only appreciate the beauty of her messages.

The writing of her contemporaries give us clues to her life. Her childhood was spend in Mytilene, chief city on the island of Lesbos. Lesbos is located on the east coast of the Aegean Sea. Her mother's name was Cleis. Her father, Skamandronymus, was rich nobleman, possibly a wine merchant, who was influential in the political circles of Mytilene. Her brothers were Charaxus, Eurygyius, and Larichus, who held the prestigious position of cupbearer to the high court officials of the city. Some kind of political upheaval led Pittacus the tyrant king to exile her whole family to Sicily. They were allowed to return to their beloved Lesbos under an amnesty in 581 B.C.

Sappho married Kerkylas, a wealthy man from the island of Andrus. They had a daughter named Cleis, after Sappho's mother. It was traditional to name a child after one of the grandparents. Because of this tradition descendants of her family have been traced to the army of Alexander the Great. Possibly Sappho had more children, but records are uncertain. Kerkylas was lost at sea when Sappho was about 35 years old.

As for her physical appearance, she was small of stature and dark of complexion. Fellow writers described her as "handsome, with a gentle smile." Alcaeus, a poet and an resident of Mytilene, wrote of her as "violet-garlanded, pure, honey-smiling Sappho." She liked flowers, especially

roses. She was honored for the quality of her poetry by having her likeness struck on early Greek coins.

Lesbos had been famous for good wine and beautiful women since Homer's time. Beauty contests were even held. It was common for the women of Lesbos to be educated, unlike the rest of the ancient world. Women studied literature, poetry, music, and art. After Sappho returned to her home from Sicily, she began a school devoted to the education of girls. Even with all the beauty she gave us in her poetry, she is probably best remembers for her school.

Originally the term "Lesbian" referred to anyone who made her—or his—home on the island of Lesbos. But as Sappho's school and her deep affection for the girls in it became more and more well-known, the term became commonly used in association with woman-loving women.

Sappho has immortalized some of her students in her poems. Their names survived on those bits of papyri found in Egypt. We also know that they came not only from all parts of Lesbos, but from such places as far away as Athens as well. This indicates that Sappho's reputation as a teacher was very good. Some of her students were: Gorgo, Andromeda, Atthis, Cydro, Cyrinna, Mnasidika (or Dika), Telesippa, Megara, Anactoria, Gongyla, Eunecia, Damophyla, and Erinna. Sappho taught these girls to appreciate art and write poetry, and to play a lyre so they could accompany themselves or their fellow students. She also refined their gracefulness. Sappho herself continued to write as she taught, and many of her surviv-

ing poem fragments reveal her love for the girls. Atthis seems to have ben a special favorite. The girls who came to learn from Sappho also came to live with her, as was customary for such schools. This may be the earliest occurrence of lesbian communal living.

And now I think it best to let the Tenth Muse have the last word. Here are two of her poems as reconstructed and translated by Edward Storer:

How fair and good were the things we  
shared together,  
How by my side you wove many gar-  
lands of violets and  
Sweet-smelling roses, and made of all  
kinds of flowers.  
Delicate necklaces, how many a flask of  
the finest myrrh  
Such as a king might use you poured on  
your body,  
And then reclining sipped the sweet  
drinks you desired.  
Atthis, whom we both love, Mnasidika,  
dwells  
Far away in Sardis, but she often turns  
Hither her thoughts to us and to that  
sweet life  
We lived together when she looked on  
you  
As on some far-famed goddess and  
Delighted in your songs especially.  
But now among the Lydian women she  
Shines as sometimes the rosy-fingered  
moon  
Shines after dark above the stars and  
pours  
Over the salt sea, myriad-flowered with  
her light,

*continued*

*Women Port Gallery #2  
340 No. 24th St.  
Lincoln, NE 68505  
(602) 476-8497*

*Our fine arts gallery  
needs salable artwork  
Bring your precious  
pieces to a Lambda-  
oriented business.*

**Bring Us Your  
Used Paperback Books**



Mass. 7 p.m., 2nd Sunday monthly  
St. John's Church—lower level  
Creighton University Campus

341-1460  
345-9426

P.O. Box 31312  
Omaha 68131

Gay/Lesbian Information  
and Support Line

**GLIS**

P.O. Box 2872  
Lincoln, NE  
68502

**475-4697**

Wed.-Sat.  
8:00 pm-Midnight

While the clear dew is shed upon the roses and  
 Delicate thyme and sweet-blooming honey-lotus.  
 How many restless thoughts recall to me  
 The lovely Atthis, and I long for the slender one.  
 Sadness devours my soul. From far there comes to us  
 The sound of her sharp cry, and it is not  
 Unheard, for night the many-eared carries it  
 To us across the sea that flows between.

-Jean Mortensen

### What is Women's Spirituality?

The idea of Women's Spirituality is not a new concept, it has actually been around since the beginning of time. (The information for this article comes from Diane Stein's book, *The Women's Spirituality Book* (Llewellyn Publications, St. Paul, MN 1987) Women's Spirituality is the action of women taking back their power, which belongs to them. "The process of re-claiming her, re-learning, re-remembering and re-visioning her skills, knowledge and rituals is a dis-covering of women as well, as a healing of humanity and the earth. This re-claiming, re-visioning, dis-covering and healing are what women's spirituality is." pg. 17

This book is the most in depth book of its kind, directed specifically toward women. The topics and charts in this book are many, but for this article only the ones on "Sabbat Correspondences," "Color Correspondences," and part of "The Uses of Healing Gemstones" are mentioned. Remember this is only a small part of what this book has to offer. This book and others on this topic are available at The Common Women Bookstore.

"The Wheel of the Year consists of eight Sabbats that mark the seasons are spaced approximately six weeks apart...are the formal rituals of women's spirituality." p. 81

"Sabbat Correspondences" pg. 100

### The Uses of Healing Gemstones

Stone	Color	Chakra	Healing Uses
Ruby	Red	Root	fertility, bring on menstruation, warmth, exhaustion, depression, blood circulation, energizing, sexuality, kundalini energy
Turquoise	green-blue	heart	emotions, healing, balancing, grounding, earth energy, love, courage, prosperity, soothing, protection, eyes, fevers, inflammation, tension, emotional shock, breast milk, wisdom
Rose Quartz	pink	heart	heart, emotions, release, acceptance, love and self-love, warming, positive outlook, forgiveness, joy, oneness, emotional pain, throat, ears, nose, sinuses, kidneys, hypertension, headache
Blue Sapphire	indigo	brow	insight, perception, clarity, joy, introspection, meditation, psychic protection, divine favor, peace, enlightenment, wisdom, inspiration, the senses, eyes, ears, nose, mental clearing
Amethyst	violet	crown	calming, grounding, sobriety, transforming, spirituality, insomnia, balancing, mental and nervous, stress, depression, stabilizes sexual energy and solar plexus, spiritual cleanser
Moonstone	white	crown	psychic sensitivity, trance, sedative, soothing, psychometry, astral balance, over-reaction, mirror, spirituality, peace
Clear Quartz/ Rutilated Quartz	white	transpersonal point	all-purpose, all healing, amplify, focus, direct energy, color work, meditative states, aura work, laying on of hands, all chakras



Color Work dealing with Healing is a very important part of Women's Spirituality. "Colors have to be experienced to become meaningful, understood in their attributes before they are used as healing tools." pg. 159

"Color Correspondences" pg. 158

### Sabbat Correspondences

Date	Sabbat	Other Names	Hopl Ceremonial
December 22	Winter Solstice	Yule	Soyal
February 2	Candlemas	Brigid Imbolc	Powamu
March 22	Spring Equinox	Eostar	[sumaya-March Whispering Noises of Breezes  Kwiyemuya-April Windbreaker
May 1	Beltane	May Eve	Uimuya-May Planting Moon <sup>28</sup>
June 22	Summer Solstice	Litha Mid-summer's Night	Niman Kachina Home Dance
August 1	Lammas	Lughnasadh First Fruits Green Corn	Flute Ceremony Snake-Antelope Ceremony
September 22	Fall Equinox	Mabon	Lakon Marawu Owaqit
October 31	Hallows Eve	Samhain Hallows Halloween Witches New Year	Wuwuchim



## Color Correspondences

	RED	ORANGE	YELLOW	GREEN	BLUE	INDIGO	VIOLET	WHITE
Chakra	1. Root	2. Abdomen/ belly	3. Navel	4. Heart	5. Throat	6. Third Eye	7. Crown	8. Trans- personal point
Spinal Location	coccyx	1st lumbar Vertebra	8th thoracic vertebra	1st thoracic vertebra	3rd cervical vertebra	1st cervical vertebra	(none)	(none)
Ductless Gland	ovaries	pancreas	adrenals	thymus	thyroid parathyroids	pituitary	pineal	(none)
Musical Tone	C	D	E	F	G	A	B	Silence, all sound
Syllable	Ooh	Oh	Aw	Ah	Eh	Ih	Eee	Om
Attributes	life force heat strength will ambition sexuality effection	solar energy emotions appetites pride	intellect rational mentality learning psychic center nerves personal power self-confidence	love empathy healing individualism success higher intelligence	communication speech creativity artistry spirituality loyal sincerity	intuition perception psychic skills spirituality idealism	spirituality goddess transcendence power influence	"Divine liber- ation, love & light" the soul
Healing Uses	to warm circulation depression infertility bring on menstruation anemia frostbite neuralgia paralysis	lungs coughs exhaustion intensity emotions stomach cramps rheumatism mood elevation epilepsy kidneys	stimulation vitalizing learning mood elevation dispel fears constipation exhaustion	nervousness ulcers eyes sunburn (then blue) love loss/ loneliness harmony and balance soothing heart ailments antiseptic headaches refreshing infections	cooling burns pen sleep calming headaches inflammations infections swellings throat fevers menstrual cramps	ears eyes nose mental and nervous negativity mind clearing inspiration pneumonia psychic growth self-image inner peace	sleep inducing stress nervousness cataracts & eyes calming mental disorders scalp and skull tumors	clearing making rapport vitalizing protection unifying
Temperature	hot	warm	warm	cool	cool	electric	electric	electric



Crystals are used as healing tools in Women's Spirituality. The woman must first her crystal, the one right for her and this is done best by touch.

This is not a complete list from Stein pg. 189-190

"The Uses of Healing Gemstone"  
(excerpts)

### Lesbian Symbolism as Jewelry

The idea of original art work and definitions come from Jane Sipe-Jeweler, Spirit Healers catalog, Graton, CA. Her jewelry and catalog are available at The Common Woman Bookstore.



**Labyrinth** - the double-bladed axes is symbolic of women reclaiming our power, even as the Amazon Goddess, Artemis, wielded it as her scepter.



**Septagram** - symbolizes the Pleiades, or Seven Sisters. It represents a woman not dependent on men.



**Dove** - represents the feminine aspect of sexual union. Today we recognize her as a symbol of Peace.



**Wings** - symbolizes spirituality, imagination, and thought. They are representative of the "HighSelf."



**Seeress** - the clairvoyant one—she who has great psychic power and knows the sacred secrets of the universe—stands ready to share the "Sight."

# Lesbian Poetry

## *Like a Quiet Stream*

Like a quiet stream  
On an August night  
I love you.  
That warm, deep stream  
Which flows slowly  
Hesitating  
Little by little it  
Carves an oxbow.  
There it pauses, placid  
And here it dances  
With excitement.  
On the calm surface  
A leaf floats, but  
Underneath...  
The fishes know  
The rocks and tree-stump tang.  
Like a quiet stream  
On an August night  
I love you.  
-Little Anne

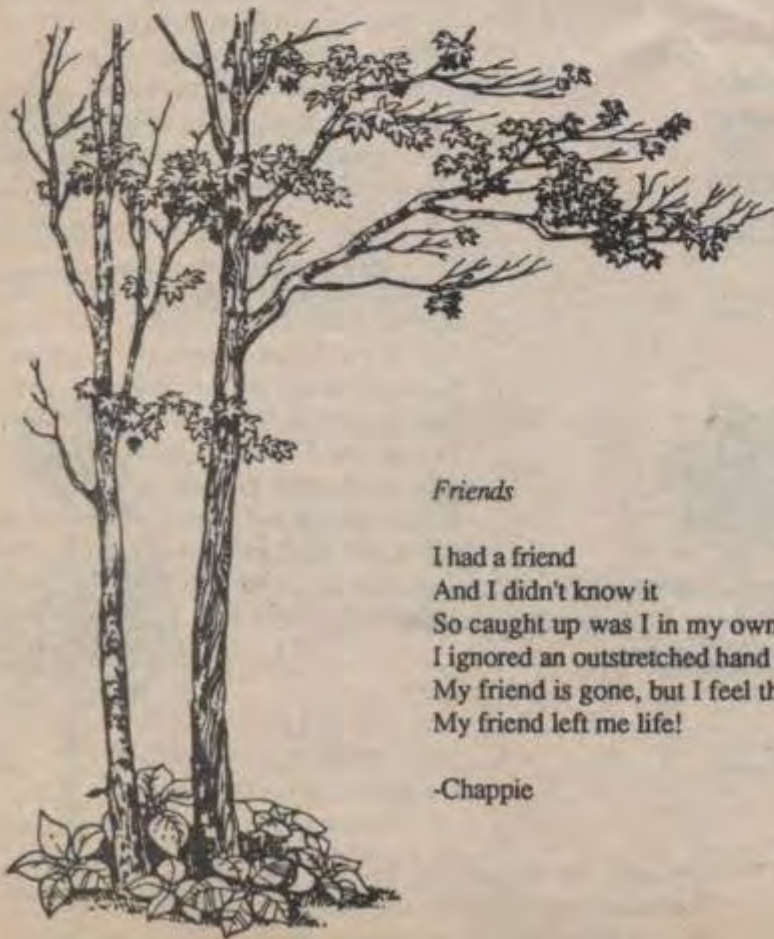
## *Little Scraps of Conversation*

Little scraps of conversation  
Flutter by with leaves and gum  
Wrappers. Walking sometimes  
Silent and in contemplation  
Or talking. The trees test  
Their strength against the gusts  
That make us breathless.  
I look up to an overcast sky  
Where the birds, crows and  
Sparrows and pigeons roost.  
You turn to me and smile  
As the sun pierces the clouds.  
-Little Anne



## *My Shadow Circles Behind Me*

My shadow circles behind me,  
The the side of me and then  
Stretches out ahead as I  
Amble down the cement path  
Street lights over me.  
"Where are you pushing and  
Tugging me to shade of myself,"  
I ask, but there is no reply—  
Just the silence of another  
Dark, empty space between the  
Arcs of light.  
A moth dances in the incandescent  
Luminescence  
-Little Anne



## *Friends*

I had a friend  
And I didn't know it  
So caught up was I in my own world  
I ignored an outstretched hand full of warmth  
My friend is gone, but I feel the warmth  
My friend left me life!

-Chappie



*Woman I Have Bared*

Woman I have bared  
My soul naked  
Before you  
Exposed the very  
Core of my being  
To a hand that  
Lay half open  
To the wholeness  
Of what could have been  
Now I find  
My own hand closed  
(When it was such  
A hand of warmth  
For you  
That grew lonely on  
Nights held by itself)  
What is the  
Answer  
In finding  
Full circle.

-PM



*I Have Said*

I have said there will be others,  
have been others, and still  
I mean that this between us  
rises up - a tidal wave,  
an undreamt momentum riding above memory,  
sending us to a power place  
we could not know to find alone.

And still, we take ourselves there.  
I go with my head on your heart  
where I first set my face against you.  
We have come all this way  
with the strength passing between us.  
I dream your touch against my back,  
skin so alive, I feel  
what you feel when I am inside you,  
when we make the sounds that resonate  
with thundering air at mid-day,  
the power of breath, the taste of sage  
burning on my tongue, the primal aroma  
breathing us, the stripes of blood,  
the watered woman-salt of this love.

-pd



*Soft*

I'll write you  
something  
soft as the look  
of your lips  
inside the edge  
of your smile  
as soft as  
the little things  
people say  
to one another  
in whispers when  
they are close together  
with their eyes  
closed.  
I'll say how  
soft I feel  
putting my head  
on your arm  
how soft  
and weightless  
and safe.

-pd





# Features

## More Tales of the City Further Tales of the City Baby Cakes by Armistead Maupin

After reading four or five of these books, it finally dawned on me: these short, intense chapters, full of narrative that skip from character to character and place to place are very similar to soap opera stories.

The action of these very human persons occurs in gay-straight San Francisco, with home base being 18 Barberrry Lane where four of the main characters live. The lovely and mysterious Mrs. Madrigal is owner and house mother of the apartment building at 28 Barberrry Lane and cultivates a small but prolific garden.

Mary Ann is the newest arrival; the innocent, independent but wary outsider from the Midwest. Mona, from other places, is tough, profane, frustrated in her search for the right partner, but caring and sharing with Michael (from Florida) who she affectionately calls Mickey Mouse. He's gentle, and gay, struggling to find his own special place with someone else and a job worth doing. Brian is the fourth person: lonely, lecherous and languishing for romance and friendship.

And there are all the other people and events that crowd into their lives and clutter up their space to bring moments of love, acts of cruelty, outrageous behavior and lots of sex with all the range of emotions from life to death. There is a certain amount of profane language and lots of drug usage that corrupts the action but gives reality to the story set in the early 1980's in the city and is bal-

anced by the saneness and humor and mystery permeating all the stories.

As we read these books we were impatient with others who read slowly because we wanted to ask an share special events and lines that pleased or amused us as well as recall triumphs and failures of our favorite characters. Our family thoroughly enjoyed the books and the wonderful theme running through it all—that humor, sanity and caring can unite individuals into family groups despite their outward "differences."

-M.O.M.

## Why Tell Others?

*This is the conclusion of three short articles intended to give direction to those newly exploring Gay/Lesbian or Bisexual feelings.*

### Empowerment

Owning one's sexual preference is taking a big chance. The gamble is on oneself. To say I know what is best for me is to invite disagreement. Disagreement can become rejection. "Beyond Acceptance"\* says "taking a stand" and telling others is very important.

Words are powerful. We give and take power through what we do and don't say. "Beyond Acceptance" says parents who don't tell a soul about their gay/lesbian children are afraid that everyone will disapprove. By not telling others these parents are living with disapproval every day.

Who to tell and who not tel tell is important. Weighing the rewards for telling against the consequences is essential. The chances are slim that no one exists in a gay/lesbian person's life who would be understanding and accepting.

...continued



## Telling

There is more than one way to say one is gay/lesbian. An announcement that leaves no doubt is sometimes appropriate. Don Clark, Ph.D. said to simply be gay is an announcement in itself. Support of one's sexuality is possible in conversations among heterosexuals. Not laughing or supporting derogatory comments conveys a message. In larger groups a parent said she mentions that 1 in 10 people are gay/lesbian and that this has a chilling affect.\*

Telling parents, close friends siblings, is more of a risk. "A Way of Love, A Way of Life"\* lists several good questions to ask oneself. "What is the nature of the present relationship with your parents? How close are you and how well do you communicate with one another?... What do you already know of their ideas about homosexuality...?" Using questions similar to these in relation to anyone will work.

\*"Beyond Acceptance" by Carolyn Welch Griffin, Marian J. Wirth and Arthur G. Wirth.

"A Way of Life, A Way of Life" by Frances Hanckel and John Cunningham

-C.M. Carroll



## The Christian Gay

Many long years ago our forefather set aside a day for giving thanks for the bounty of an abundant harvest. This month Christians and non-Christians alike will gather around tables laden with food to celebrate Thanksgiving. Those of us that are Christian will direct our thankfulness to God our creator and sustainer. Since many of us have not experienced a harvest, we must find other things to be thankful for.

Very recently I received a call from a very dear friend of several years. He has been tested for AIDS, and has presumed the worst. As we wept together over long distance for over two hours, he told me of his desires in regard to dying and burial. We were soon into the question of what happens following death. My friend is a Christian; however, he has heard about re-incarnation and other alternatives to eternal life beyond this existence. The idea of heaven is more appealing to him, but like so many others, he wasn't sure what heaven is all about. John's book of Revelation is full of symbols, but not much that is concrete and conceptual for us.

My study of the scriptures tells me that God has prepared a place for those of us that believe in God. It may not be geographical, but it will be in the presence of God, who is love. All that we do will be in love, and all that is done to us will be in love. For me, this means an absence of the non-love elements: envy, jealousy, greed, etc. Scripture tells us that we will know one another. My friend and I will be able to love one

another totally - even in the presence of others that we both love. For me, this means an end to monogamous relationships.

Scripture also tells us that we will have perfect bodies. We can have fun anticipating what our perfect body will be like, and if we consider that in the Scriptural accounts of God's creation of the human form, our sexuality was a gift from God, we can envision all sorts of things.

You may not chose to agree with me as to what heaven is like. You may want to wear a crown and a robe and walk on golden streets during an eternity of worship service. The God that I love is much more fun loving that that to me.

This Thanksgiving I will be giving thanks for a faith that tells me that I can to go a place where only love prevails. For those that believe in re-incarnation (the idea that you return to reach a higher place of existence), I ask "How many people do you know that are beyond the first level of existence?"

In this day of impending death from AIDS. I rejoice that I am a Christian, and that I am going to heaven to be with those that I love during my existence in this world. I regret that some that I have know have chosen not to go to heaven, but I expect to be so busy loving and being loved that I won't have time to miss them.

Have a Thanks Giving time!

-Jerry Peck

### Rooms for Rent

at the  
Lambda house

Gay/Lesbian  
Resource Center

Call 474-1205.  
Ask for Gideon.

*Avant  
Card*

contemporary greeting cards  
& balloon bouquets.

1325 "O" St. Lincoln, NE  
• 68508/476-1918



Imported Coffee Tea  
Herbs, Spices and Accessories

(402) 475-5522

119 North 14th  
Lincoln, Nebraska  
68508 U.S.A.



## AL-721: An Experimental AIDS Treatment

(Reprinted from *This Week in Texas*, July 3 - July 9, 1987 issue.)

It's been on television. It's been written up in medical journals. It's new to America from Israel, it's safe, and according to those using it, it works. It's AL-721, an experimental AIDS treatment. In response to numerous inquiries, the following information on AL-721 was obtained from an AIDS group in Texas.

AL-721 was developed several years ago at the Weizmann Institute of Science in Hejovot, Israel, by Meir Shinitzky and others. It is composed of three lipids, mixed in a ratio which has much more effect on cell membranes than other ratios tested.

"AL" stands for "active lipid;" "721" is the ratio, 7:2:1, of the ingredients. In 1985 Shinitzky and researchers tested the effects of different ratios on human lymphocytes and erythrocytes in the laboratory.

### *AL-721 appears to be entirely safe.*

AL-721 is an unusual lipid mixture which acts differently from other drugs being tested against AIDS. It removes cholesterol from the outer membranes of cells and perhaps of viruses, increasing the fluidity of the membranes and apparently making it harder for viruses to attach to receptor sites, part of the process by which they infect the cell.

Unlike most of the other drugs being tested, AL-721 appears to be entirely safe, as all three ingredients are contained in food. It has been proposed as a dietary supplement.

In human trials on elderly subjects, AL-721 restore immune functioning (lymphocyte proliferative ca-

capacity) which had been lost due to the normal aging process (Shinitzky and colleagues, cited by Sarin and colleagues, 1985).

Apparently it can cross the blood-brain barrier: "Mixture 721" ("active lipid") was previously shown to be of practical use for membrane fluidization of brain tissue both in vitro and in vivo (Lyte and Shinitzky, 1985).

The following statement is from a person with AIDS who has used AL-721 for most of a year: "I noticed a difficulty of health during the summer of 1985. I had a painful separation from a job. My energy dropped. I attributed it to mental depression.

"During the fall I suffered with strange illnesses; an ear infection that wouldn't respond to antibiotics; athlete's foot; frequent colds. In January of 1986 I had the worst 'flu' of my life, and it wouldn't go away.

"Toward the end of the month I developed a tightness in my chest and a bad cough. Then I went to the doctor. The ELISA test, a T-lymphocyte subsets, and a viral culture confirmed what I did not want to hear: AIDS.

"I was given Bactrim for the pneumocystic, and the cough abated. But my strength was gone. I could no longer work. During February and March I developed painful sores. A fungus spread to my legs and arms. My skin was scaly with red blotches.

"I had fits of perspiration at night; I had fevers. I couldn't eat; I became thin. Worst of all was the generalized feeling through my body that I was dying. Indeed, I was dying.

### *So I took a leap of faith -- I had nothing to lose anyway.*

"At this time a good friend of mine -- an Israeli citizen -- was doing some investigation on my behalf. She discovered a treatment devel-

oped by the Weizmann Institute of Science.

"By express mail she sent me a most remarkable document -- a letter full of promise. As I read it, my condition had deteriorated to the point where I had hardly the strength to breathe.

"So I took a leap of faith -- I had nothing to lose anyway. After writing goodbye letters to my friends and loved ones, I was taken, in a wheelchair, to the El Al plane, along with my mother and my closest friend.

"I don't know how I endured that long flight. My Israeli friend met the plane, and took us to our hotel.

"The next day I began treatment with AL-721, a potent form of lecithin which makes your cell membranes resistant to viral attacks. It is derived from egg yolks. AL-721 looks and tastes like butter, you spread it on your bread and eat it morning and evening.

"During the first week of treatment there was no change in my condition. The three of us were planning how to deal with a corpse so far from home.

"But after two weeks of treatment, lo and behold! I did feel stronger. My diarrhea seemed less severe. I began to eat. During the first month I gained some weight.

"I consumed these active lipids through April, May, and part of June. Then I came back to the U.S.A. I walked off the plane -- no more wheelchair. I continued my treatment by taking a heaping tablespoon of granulated lecithin mixed with a raw egg yolk daily.

"During June my T-4 count continued to rise, even without the active lipids. My sores and skin rashes disappeared.

"As I write this I have no more physical symptoms. The infections have gone; the night sweats have stopped; I have no more fevers. I am able to eat again, and my weight is close to normal.

...continued

"The last symptoms to disappear were the red blotches and scaling on my face. In October these, too, went away."

PC-55 (tm) is a high-strength lecithin concentrate made by Twin Laboratories, Inc., Ronkonkoma, NY. It contains two of the three ingredients of AL-721; they are in a 5:2 ration, close to the 2:1 used in AL-721.

Neutral lipids can be added to PC-55, making a membrane fluidizer comparable to AL-721. This material is a food nutrient, it is not a drug. Here's the recipe of how to make AL-721 in your own kitchen: Combine five tablespoons of PC-55 (available at health food stores) and twelve tablespoons of water in a bowl, and whip with an electric mixer. Slowly add six tablespoons plus one teaspoon of butter which has been melted (measure the butter before melting). Whip thoroughly three to five minutes. The mixture divided into ten even doses gives slightly over 10

grams of lipids per dose. Each dose should weigh 30.4 grams or 1.06 ounces.

The individual doses can be placed into plastic sandwich bags for freezing. If you don't have a scale, you can measure out two tablespoons to each bag, then add a much smaller amount to divide the remainder. One person separates the doses in an ice cube tray.

Move each dose from the freezer to the refrigerator a few hours before use. This preparation spoils very rapidly at room temperature; it must be frozen unless used immediately.

An earlier version of this formula used cooking oil instead of butter. The proportions are five tablespoons PC-55, five tablespoons plus one teaspoon oil, and 10 tablespoons water.

The material is best eaten in the morning, spread on fat-free bread or mixed with fruit juice. The user should eat a fat-free breakfast which

might consist of fat-free cereal, skim milk, fruits, or vegetables.

There are no restrictions on lunch or dinner. An additional dose might be taken before going to bed. Patients treated in Israel are given two doses a day for about four weeks, then single doses for most of one year.

Some people with AIDS might experience diarrhea with this membrane fluidizer, especially with the additional dose. Eat brown rice and other solid foods.

You can help others and yourself by keeping a record of your experiences: doses, dates, and resulting effects. The manager of General Nutrition Center at the Southroads stated that a 4 ounce jar of the granular substance produces a ten day supply at \$17.99. He uses this mixture for memory retention and has experienced no adverse side effects.

--Garry Griffith

Ω

## LEO—GEM CLUB

II

341-1013  
Private Membership Club  
2224 Leavenworth St.  
Omaha, NE


A Simple Country Place . . . nothing  
dirty going on

. . . Illusions of Grandeur

Specializing in  
Body Wraps  
and Sauna

**HOURS:**  
Fri. - Sat. Only  
7pm - On

## Metropolitan Community Church of Omaha



**Sunday Services:**  
**(Breakfast & Bible Study)—9:10-10:10am**  
**Worship Services—10:30am and 7:00pm**

**Tuesday: Bible Study—7:30pm**  
**Wednesday: Mid Week Program—7:30pm**

"This is my commandment, that you  
love one another."—John 15:12

Rev. Jan D. Kross, Pastor/420 So. 24th  
P.O. Box 3173, Omaha, NE 68103  
Phone (402) 345-2563

## Mission Statement

The AIDS Interfaith Network is a steering committee representing religious groups wanting to serve those affected by AIDS. With them we work to witness to a God of compassion. We offer our efforts to God in faith that divine love and goodness can overcome all difficulties connected with the AIDS experience.

Therefore, we make available our love, prayer, presence and pastoral skills to all directly and indirectly affected by AIDS. As liaisons between these persons and our respective religious communities, we seek to become more knowledgeable of, and responsive to, these issues and needs.

Members of the Network and their constituents offer services such as pastoral counseling, personal support and practical assistance to persons who have AIDS or carry the AIDS virus. This same support is offered to their loved ones and care-givers. We also call on the universal human family to deal with the multiple challenges of AIDS in a spirit of respect for the spark of God within each person. We believe it is compassionate love which best fans that spark into flame. For more information write AIDS Interfaith Network, 1106 N. 36th, Omaha, NE 68131

## HHS NEWS

### U.S. Department of Health and Human Services

HHS Secretary Otis R. Bowen, M.D., announced the award of \$18.6 million in cooperative agreements for research on

♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦♦  
**SUNDAY, DECEMBER 20**  
**"HOME FOR THE HOLIDAYS"**  
4th Annual holiday concert  
of Omaha's  
**RIVER CITY MIXED CHORUS**  
7:30 p.m.

Strauss Performing Arts Center  
University of Nebraska at Omaha

\$1.00 from every ticket will go to  
the UNMC Viral Syndrome Clinic

AIDS treatment, basic studies and outreach. Seventeen Clinical Studies Groups will be established in 10 states and the District of Columbia by the National Institute of Allergy and Infectious Diseases. The total projected funding for the groups is approximately \$100 million for 1987-92.

In announcing the awards, Dr. Bowen said, "Everyone is keenly aware that AIDS is an enormous and growing problem, demanding strenuous effort and creative solutions. This initiative is another example of how American's scientific talent is being mobilized to combat AIDS."

Through the clinical studies groups, NIAID can extend access to clinical trials of promising AIDS therapies to patients in a much wider geographic area than is now possible. The CSG clinical trials will be coordinated with the institute's existing 19 AIDS Treatment Evaluation Units, which were established in 1986 and early 1987.

"This program is generated by an exciting, innovative concept," NIAID Director Anthony S. Fauci, M.D., said. "We are attracting top-notch scientists into the field and we are facilitating partnerships between basic scientists and those doing clinical research on AIDS. We anticipate new and imaginative approaches to treatment and other problems posed by the complexities of the disease and the virus that causes it. In addition, through their outreach efforts the CSGs will perform research into methods of communicating health care information to other health care profes-

sionals and to the patient populations they serve.

"We are making a concerted effort to include in our clinical trails all groups at risk for AIDS, particularly hemophiliacs and children born to infected mothers. Through the CSGs we will develop leadership among a wide range of health care professionals who serve all the populations in which AIDS is spreading most rapidly; for example, blacks Hispanics, intravenous drug users, bisexuals and homosexuals."



**"If only I had  
done  
something  
sooner.**

**Before it was too late."**

**Safe Sex is for your life**

**Mike Fitzpatrick  
MSW, ACSW**

Couple Counseling,  
Parenting & Step Parenting,  
Individual Counseling  
(depression, coming-out to  
friends and parents)

**Omaha phone 397-0330**

**NAP . . .**

1½ years of concern and service

*"That's what friends are for!"*

**\* Nebraska AIDS Project**

• Nightly Hotline 6 to 11 p.m. 342-3233  
• Support Groups  
• Outstate Hotline 1-800-782-AIDS

## Physicians for Human Rights Releases Statements on AIDS-Related Issues

SAN FRANCISCO, CA—The American Association of Physicians for Human Rights (AAPHR) has released a series of position statements covering issues central to new developments related to the AIDS (HIV virus) crisis. AAPHR is the largest organizations of physicians and medical students in the U.S. dedicated to the delivery of supportive, unprejudiced and well-informed care for gay and lesbian patients.

Adopted by the AAPHR Board of Directors, the position statements cover the following:

- AIDS: Protection of Health Care Workers from HIV Transmission
- The Limitations of HIV Screening
- Informed Consent for HIV Antibody Testing
- Need for more Alternate, Anonymous HIV Antibody Test Sites
- Proposed Federal AIDS Policy Act of 1987, AIDS Counseling, Testing, Confidentiality Non-discrimination
- Federal AIDS Commission
- AIDS: Adequacy of Medical Treatment and Pain Management
- Proposed National HIV Seroprevalence Studies
- AAPHR Endorses the Position Prepared by the Conference of Women In Medicine, August 2, 1987 in Minneapolis, MN: RE: Karen Thompson and Sharon Kowalski

Note: Copies of AAPHR position statements may be obtained by calling Pierre Ludington at (415) 558-9353.

## SD Coalition Publishes Safer Sex Brochure

SIOUX FALLS, SD—The Sioux Empire Gay & Lesbian Coalition has published a brochure explaining safer sex practices as part of its AIDS education program. The brochure provides frank advice on how gay males can prevent contracting or spreading HIV. The

brochure, entitled "Safer Sex--When You Play, Play Safely," is part of a continuing series of AIDS education begun by the Coalition in 1982. The brochure includes a ready reference chart grouping various sexual activities into four levels of safety. The accompanying text gives the details about the simplified chart. Income from the brochures will go toward the funding of the national AIDS projects.

To receive a copy of the brochure send a self-addressed envelope to The Coalition, PO Box 220, Sioux Falls, SD 57107.



## Calendar of Events

- |  |  |
|--|--|
| <p>Nov 1 MCC Lincoln Bible study alter 5:30-6:30pm</p> <p>Nov 3 The Common Woman - 7:30pm Linda Pratt "Sexism in Language"</p> <p>Nov 6 The Common Woman - 7pm-midnight Friday women's social</p> <p>Nov 7 Taraneh radio show KZUM 9pm 89.3FM, "Sat. Night Special"</p> <p>Nov 8 MCC Lincoln worship services 5:30-6:30pm Pot luck 6:45pm</p> <p>Nov 8 Hunter Davis, Chesterfield's Lincoln, 7-10pm, \$3 cover</p> <p>Nov 10 The Common Woman-7:30pm Helen Crosswait "Goddess Worship &amp; the Fear of Women"</p> <p>Nov 13-15 Lesbian &amp; Gay Retreat, DIGNITY/Omaha, Box 31312, Omaha 68131 Call 341-1460</p> <p>Nov 13 The Common Woman 7pm-midnight Friday women's social</p> <p>Nov 14 Taraneh radio show KZUM 9pm 89.3FM, "Sat. Night Special"</p> <p>Nov 15 New Voice organizational meeting MCC/Omaha - 420 So. 24th St., 1pm</p> <p>Nov 15 New Voice magazine deadline</p> <p>Nov 15 MCC Lincoln Bible study alter 5:30-6:30pm</p> <p>Nov 16 Bunni Lynn-10 p.m.-including Iris of "Screaming Cupcakes!?" Boardwalk</p> <p>Nov 17 The Common Woman-7:30pm Films "Women in South Africa" and "Winnie Mandela"</p> <p>Nov 20 The Common Woman 7pm-midnight Friday women's social</p> <p>Nov 21 Taraneh radio show KZUM 9pm 89.3FM, "Sat. Night Special"</p> | <p>Nov 22 MCC Lincoln worship services 5:30-6:30pm Pot luck 6:45pm</p> <p>Nov 22 MCC Lincoln/PFLAG Thanksgiving Dinner pot luck Call 474-1205 and ask for MCC</p> <p>Nov 26 HAPPY THANKSGIVING</p> <p>Nov 27 The Common Woman 7pm-midnight Friday women's social</p> <p>Nov 28 Taraneh radio show KZUM 9pm 89.3FM, "Sat. Night Special"</p> <p>Nov 30 Deadline for lesbian-identified material-submit cassette to Labrys, P. O. Box 174, Tolland, CT 06084 (see article herein.)</p> <p>Nov UNO Gay/Lesbian Student Organization. Call 334-4426 (Wes) or write PO Box 31351, Omaha, NE 68131</p> <p>Dec 15 New Voice deadline date</p> <p>Dec 20 Holiday Concert for River City Mixed Chorus, 4th Annual Holiday Concert, 7:30pm, Strauss Performing Arts Center, University of Nebraska at Omaha (\$6.00/advance, \$7.00/door, \$4.00/students/seniors</p> <p>1988</p> <p>Jan15-17 Wild West Desert Adventure, Arizona Rodeo Assoc. Third Annual Rodeo, Phoenix, Arizona. Info: (602) 230-1170/938-3932, PO Box 16363, Phoenix, AZ 85011</p> <p>Mar 1 Deadline for anthology of lesbians literature. (See article herein.) Send to: Sharon Vardatira, Box 2304, Harvard Square Station, Cambridge, MA 02238</p> |
|--|--|

# National Spotlight

## National Lobby Days for Lesbian & Gay Rights Termed a Huge Success

More than 800 lesbians and gay men, and our supporters, met with members of Congress during two days of lobbying activity which preceded the National March on Washington for Lesbian & Gay Rights. On October 8th and 9th, 1987, 90 Senators and over 200 Representatives were lobbied by constituents on the demands of the March.

Organizers have declared the event a huge success. "We achieved just what we set out to accomplish," explained The National Gay & Lesbian Task Force (NGLTF) Lobbyist Peri Jude. "We articulated the demands of the March to members of Congress, we pushed key pieces of federal legislation, we built support for other bills, and we secured commitments for votes on legislation that is rapidly moving through Congress."

NGLTF prepared detailed briefing papers, key legislative summaries and the voting records of all members of Congress on legislative measure of interest to the gay/lesbian community. Mobilization Against AIDS (MAA), a San Francisco-based organization, was actively involved in coordinating appointments by constituents across the country.

Organizers now face the task of sifting through evaluation and follow-up documents obtained from constituents. "We plan to follow-up," said Jude. "We want to build upon this important effort to make sure that promises come true and that the educational process continues."

Additional copies of the lobby day briefing materials produced by NGLTF are still available. The packet can be obtained from the NGLTF State Action Lobby, 1517 "U" Street NW, Washington, DC 20009.

## Free Resource List for Gay Couples

**PARTNERS:** The Newsletter For Gay & Lesbian Couples offers a free, newly-expanded list of "Resources for Gay & Lesbian Couples." The annotated list contains information on nationwide social, political and support groups who serve gay and lesbian couples. Relevant books, videotapes and films are also listed.

To receive a copy, send a self-addressed, stamped business envelope to: **PARTNERS, BOX 9685, Seattle, WA 98109**

## Arizona Gay Rodeo Assoc. A.G.R.A. 1988 Rodeo

A Desert Adventure Begins!

January 15-17, 1988 in Phoenix, Arizona. When the Arizona Rodeo Association presents it's third annual rodeo. This year the New Mexico Gay Rodeo Association is the proud co-sponsor of this Wild West Desert Adventure! Come see and meet some of the best cowgirls and cowboys! They will be competing for prizes, buckles and points. Make your plans now to be

there for your own Desert Adventure! For more information call or write: (602) 230-1170 or (602) 938-3932, PO Box 16363, Phoenix, AZ 85011

Massage Feathers  
Hugging Love  
Communication  
Touch Toys  
Music

Safer Sex Has  
No Boundaries  
and Limitations



Stop by en route to  
Brownville, Indian  
Cave, Topeka, Kan-  
sas City and all  
points south on  
Route 75.



Auburn, Nebraska

"The New York of The Midwest"

402-274-4125



## Classifieds

### Hunter Davis in Town

Hunter Davis at Chesterfield's, Lincoln. November 8, 7-10 p.m \$3.00 cover.

### Five Lincolmites

Five professional male Lincolmites (ages 25-45) with varying interests from good conversation to long walks—heavy breathing to... Want to meet others outside the bar scene to develop friendships and maybe long term individual partnerships. Let us know about yourself, interests and your preferences in friends, "etc." We'll respond individually and with our group newsletter. Write Box 30078, Lincoln, NE 68503.

### Guy in Lincoln

GWM, 27 seeks level-headed guys that like to have fun. Send me your fantasies, phone #, and photo if available. PO Box 83635, Lincoln, NE 68501

### Help Wanted

Willing to train the right persons desktop publishing and computer graphics. Volunteers sought to produce New Voice magazine on Macintosh PC. Please leave a message at 474-1205.

### Lambda House Needs

Dryer; garbage disposal; lamps; bedside tables; occasional chairs; book cases; volunteers to assist house management with electrical wiring, plumbing and fixtures. Call Chappie at 474-1205.



### Omaha Bars, Clubs, and Lounges

The Chesterfield, 1951 St. Mary's Ave., 342-1244  
 The Diamond, 712 So. 16th St., 342-9595  
 The Max, 1417 Jackson, 346-4110  
 The Run, 1715 Leavenworth, 449-8703  
 Sack's Landing, 3018 No. 93rd, 571-0790

### Lincoln Bars, Clubs, and Lounges

The Boardwalk, 20th & O Sts., 474-9741  
 Cherchez la femme, 200 So. 18th, 474-9162  
 The Club, 116 No. 20th St., 474-5692  
 Panic, 200 So. 18th St., 435-8764



# IMPORTANT

NEW  
VOICE  
MEETING

NOV. 15th

SEE  
INSIDE  
FRONT  
COVER  
FOR  
DETAILS

# IMPORTANT

# Gay/Lesbian Resource Directory

## NEBRASKA STATEWIDE

**Affirmation of Nebraska** (402) 476-9913  
Box 80122, Lincoln, NE 68501  
United Methodists for Gay/Lesbian Concerns. Meets alternately in Omaha and Lincoln, second Friday.

**Coalition for Gay and Lesbian Civil Rights**  
Box 94882, Lincoln, NE 68509  
Advocacy/Lobbying for lesbian/gay civil rights, educational presentations, newsletter, cultural, political programs.

**Imperial Court of Nebraska** (402) 733-1924  
Box 3772, Omaha, NE 68102. Social organization for advancement of gay society. Omaha meeting first Monday each month, except holidays.

**Presbyterians For Lesbian/Gay Concerns**  
(402) 733-1360-Cleve

**Nebraska AIDS Project** 1-800-782-AIDS  
Box 3118, Omaha 68131  
Info/support. Coordinates AIDS related community efforts.

**The New Voice of Nebraska** (402) 474-1205  
Box 80819, Lincoln, NE 68501  
Monthly magazine serving gay/lesbian community.

**UNL Gay/Lesbian Resource Center**(402) 472-5644  
Nebraska Union, Room 342-Meetings, (Mail Room 222)  
UNL Campus, Lincoln, NE 68588. Social activities, AIDS education, roommate referral, groups, library.

**Viral Syndrome Clinic**  
University of Nebraska Medical Center, Omaha, NE  
(402) 559-6202-Jonathan Goldsmith, MD  
(402) 559-4420-Ann Lamb, MSW

## AIDS Resource List

### Care & Testing

**Lincoln General Hospital**  
2300 South 16th-Lincoln (402) 475-1011

**Bryan Memorial Hospital**  
1600 South 48th-Lincoln (402) 489-0200

**St. Elizabeth Community Health Center**  
555 South 70th-Lincoln (402) 489-3802

**University of Nebraska Medical Center**  
42nd & Dewey-Omaha (402) 559-6202  
Jonathan Goldsmith, MD

**Veterans Administration Medical Center**  
600 South-Lincoln (402) 489-3802

### Confidential Testing

**Lincoln-Lancaster County Health Department**  
2200 St. Marys Avenue, Lincoln, NE 68502  
(402) 471-7800

### Counseling/Support Groups

**Open Door Ministry-Lincoln**  
Father David (402) 474-3390

**PFLAG-Parents & Friends of Lesbians & Gays**  
Jean (402) 435-4688

**Brother William Woeger**  
c/o Omaha Catholic Archdiocese  
100 N. 62nd, Omaha, NE 68123

**AIDS Interfaith Network**  
1106 N. 36th, Omaha, NE 68131

**Project CONCERN**  
Box 3772, Omaha, NE 68102 (402) 455-3701

### Education

**Lincoln Cancer Center**  
Barb Morton (402) 483-1827  
4600 Valley Rd., Lincoln, NE 68510

**Lambda Resource Center**  
2845 "R" Street-Lincoln (402) 474-1205

**Nebraska AIDS Project**  
Box 3118, Omaha, NE 68131 1-800-782-AIDS

**Lincoln-Lancaster County Health Department**  
(402) 471-7800

**American Red Cross**  
1701 "E", Lincoln, NE 68501 (402) 471-7997

**Project CONCERN**  
Box 3772, Omaha, NE 68102 (402) 455-3701

**The Common Woman**  
1065 No. 33rd St., Lincoln, NE (402) 464-6309

### Financial

**Nebraska Department of Social Services**  
10th & "O" Streets, Lincoln, NE 68508  
(402) 471-7000

### Referrals:

**Mary Caudy**  
Director of Social Services  
Lincoln General Hospital (402) 475-1011

### Legal

**Nebraska Civil Liberties Union**  
633 S. 9th Street, Lincoln, NE 68508  
John Taylor (402) 476-8091

**Mowbray, Chapin & Walker, P.C.**  
201 N. 8th Street-Suite 242, Lincoln, NE 68508  
Jim (402) 476-3882

## LINCOLN

**Gay/Lesbian Alcoholics Anonymous**  
(402) 466-5214-Call AA central office for location.

**Gay/Lesbian Information & Support Line**  
Box 94882, Lincoln, NE 68509 (402) 472-4697 even.  
Referral, support phone line staffed by peer counselors.

**Lambda Resource Center** (402) 474-1205  
2845 "R" Street, Lincoln, NE 68503

**Lesbian Support Group** (402) 472-2597  
Women's Resource Center, Room 117, Nebraska Union  
University of Nebraska-Lincoln, Lincoln, NE 68588  
Informal weekly discussion group for lesbians.

**Lincoln Legion of Lesbians**  
Box 30317, Lincoln, NE 68503  
Lesbian-feminist collective. Newsletter, confidential referral, support group, cultural and social programs.

**Metropolitan Community Church of Lincoln**  
2845 "R" St., Lincoln, NE 68503 (402) 474-1205  
Sun. worship 5:30pm (6:45pm Pot Luck) on 2nd, 4th  
Sunday; Bible Study 5:30pm alternate Sundays.

**Ministry in Human Sexuality, Inc.**  
Box 80122, Lincoln, NE 68501 (402) 476-9913  
Non-profit. Counseling, education, supportive action for  
those seeking growth, understanding in sexuality,  
relationships. J. Benjamin Roe, Exec. Director.

**Nebraska Wesleyan Student Group** (402) 465-2351  
(Dr. Mary Smith) Meets weekly and confidentially.

**New Directions Center** (402) 476-2802  
Short term counseling, support groups, classes,  
workshops dealing with coming out, relationships,  
parenting. Sliding fee scale.

**Open Door Ministry** (402) 474-3390  
Orthodox spiritual counseling to all in need at no charge.

**Parents/Friends of Lesbians and Gays**  
(P-FLAG) (402) 435-4688  
Box 4374, Lincoln, NE 68501. Support group, parents,  
friends, relatives of lesbians/gays. Meets 4th Tues.

**The Common Woman** (402) 464-6309  
1065 N. 33rd (33rd & Apple), Lincoln, NE 68503  
Bookstore-Coffeehouse (Women's social Fri. 7pm-mid.)

**The Wimm'n's Show** 12-3p.m. every Sunday  
KZUM Radio 89.3 FM Stereo

**Woman's Journal-Advocate**  
Box 81226, Lincoln, NE 68501.  
Monthly feminist publication.

**Women's Assistance Emergency Fund**  
Box 82852, Lincoln, NE 68501

## OMAHA

**Dignity of Omaha** (402) 341-1460 or 345-9426  
St. John's (lower level) Common bonds thru Mass,  
meetings for gays, lesbians, their friends, 2nd Sun, 7pm.

**Gay/Lesbian Al-Anon** (402) 556-9907  
MCC, 420 S. 24th St., Omaha, NE 68103  
Meets Friday, weekly, 8:15pm.

**Gay/Lesbian Alcoholics Anonymous**(402)345-9916  
MCC, 420 S. 24th St., Omaha, NE, 68103  
Meets Friday, weekly, 8:15pm

**Gay Parents Support Group** (402) 553-2308  
Support group for gay parents who have children.

**Lutherans Concerned of Omaha** (402) 592-1209  
Gay Christians, friends together to foster climate of  
understanding, justice, reconciliation among all.

**Metropolitan Community Church of Omaha**  
420 S. 24th St., Omaha, NE 68103 (402) 345-2563  
Sun. worship 10:30am, 7pm; Adult Sun. School 9:10am;  
Tues. Bible Study 7:30pm; Wed. Program 7:30pm.

**Omaha Business and Professional Club**  
Box 3124, Omaha, NE 68103 (402) 493-3343  
Networking organization of business and professional  
persons. Meets third Wednesday monthly.

**Omaha Meatpackers** (402)-341-4233  
2116 N. 16th #8-Omaha, NE 68110 Scout Cruise, Sctry

**PACT (People of All Colors Together)**  
Box 3683, Omaha, NE 68103 (402) 895-0865  
A gay/lesbian interracial organization that offers  
educational, political, social activities.

**Parents/Friends of Lesbians and Gays**  
(P-FLAG) (402) 566-7481 (Ruth)  
Box 3173, Omaha, NE 68103  
Support for parents, friends, relatives of lesbians/gays.

**Project CONCERN** (402) 455-3701  
Box 3772, Omaha, NE 68102  
AIDS info., speakers, brochures, posters, VCR tapes.

**River City Bowling League** (402) 344-3821  
Dean Vanderpool, Secretary

**River City Mixed Chorus** (402) 342-4775  
Box 315, Omaha, NE 68101  
Volunteer community chorus for gay/lesbian, gay/lesbian-  
sensitive men, women with goal of musical excellence in  
performance. Rehearsals Monday evenings.

**Two-Wheelers of Omaha (TWO)Motorcycle Club**  
305 Turner Blvd #8, Omaha, NE 68131

**UNO Student Group** (402) 334-4426 (Wes)  
Box 31351, Omaha 68131-0351  
Gay, lesbian student social/support group.



**Thanksgiving  
Night**

**T H E M A X**

Open 4 p.m. Daily • 1417 Jackson • Omaha • 402/346-4110

## A Special Meeting

An opportunity for you to extend a priority commitment to the on going work of **The New Voice** of Nebraska.

Continuation of the operation of **The New Voice** of Nebraska is no longer feasible due to recent and past resignations by Lincoln personnel.

Are there people in Omaha willing to take the responsibility with a priority and commitment to **The New Voice**?

**The New Voice** is a non-profit publication peopled by volunteers that serve their brothers and sisters in the gay/lesbian community with emphasis on those that reside in the state of Nebraska and those that are sensitive to our needs and concerns.

**The New Voice** of Nebraska (not of Lincoln nor Omaha) needs your talent. We want your ideas at a meeting to determine if the production of **The New Voice** of Nebraska can be done in Omaha, or if the magazine should fold.

*BE INVOLVED - NOT INDIFFERENT  
YOUR RIGHTS MAY DEPEND ON IT!*

**November 15th (Sunday) 1:00 p.m.**

**MCC Omaha - 420 So. 24th St.-Omaha, NE**

*For more details see 'Our Turn'*