The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

Catholic Order Links Homosexuality With Birth Control

A bizarre new video linking women's use of birth control pills and other chemical contraceptives to an "increase" in homosexual activity among men is making the blogosphere rounds.

Produced by a group of Roman Catholic nuns calling themselves the Children of Mary order, "You Deserve to Know the Truth: Contraception" pairs some puzzling statistics with generic clip art. The often unintentionally humorous, low-budget clip also cites a 1970s-era study in which a male monkey became "confused" when female monkeys were injected with birth control drugs, and began to have "sexual interactions" with other males in the tribe.

"With the prevalence of contraception, it's no wonder adultery is on the rise, as is promiscuity, homosexual behavior, and even abortion due to failed contraception," the narrator proclaims.

After noting that "the entire world's population could fit quite comfortably in the state of Texas," the narrator adds, "Contraception is the path that has led us to the culture of death that is prevalent in the world today, but it doesn't have to be the path of our future." She then concludes: "If someone you know is contracepting [sic], tell them to stop. It will destroy them."

The Columbus Dispatch notes that the Children of Mary order hopes to get the video in front of Catholics in all 50 states, starting with swing states, before the U.S. presidential election in November.



colors. She currently is planning to work with Planting Peace founder Aaron Jackson on what's described as an anti-bullying initiative.

"The whole family talks about homosexuality, every single day," she writes of her old church. "And it's always about how homosexuals are dooming the world. They talk about fornication and divorce, remarriage and adultery, but the main thing is the homosexual lifestyle. It wasn't a personal hatred toward anybody. We were taught that we were doing a loving thing."

Of her gay friend Blake, whom she met while she was still a part of Westboro, she recalls:

"I said, 'Blake, would you just tell me that you're gay?' That's just my personality. I'm nosy. I could tell he was hesitant to say. He was living with a guy at the time.

He finally did. And I just started laughing. He said, 'I knew you'd be fine with it and you'd still be my friend. But what I was afraid of is that you might tell me I'm going to hell. And I

don't want to be told that."

(Continued on page 4)

Libby Phelps Alvarez, Former Westboro Baptist Church Member, Now Plans Gay Advocacy Work

The granddaughter of Westboro Baptist Church founder Fred Phelps sounds off on why she left the controversial church, which is known for its extreme views on homosexuality, in a new editorial for the New York Post.

Now 30, Libby Phelps Alvarez tells the Post she now supports Planting Peace, a not-for-profit advocacy group which bought a house across the street from Westboro and painted it in rainbow

Center Movie Night

Come visit the Rainbow Outreach Center for a fun evening of entertainment, conversation, snacks and beverages. Movie begins every Friday night starting at 8pm. We have a large collection of gay themed movies. Center opens at 6 PM and closes at 11 PM every Friday. 3620 Leavenworth St. Off street parking. Look for the Rainbow signs above the Windows.

April 19th, 2013 - May, 3rd 2013







GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page 7 ½W X 10H \$100.00 Fourth Page 3 ¾W X 4 ¾H \$ 25.00

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All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for PREPAID ads of any size. Payment and ads may also be mailed to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 at least one week before the deadline. We reserve the right to refuse any ad which we deem to be inappropriate.

Deadlines: Tuesday, Apr 30th for Publication May 3rd Tuesday, May 7th for Publication May 10th







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Saturday April 27, 2013

Location: ConAgra Foods-SE corner of 10th and Farnam

Next to the Chef Boyardee statue Registration begins at 12:00 pm Walk begins at 1:00 pm

Rain or shine we will walk for NAP!

Collect \$35.00 in pledges and get a WALK t-shirt

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For more information and registration forms

walk@nap.org or visit us at www.nap.org



(Libby Phelps Alvarez, Former Westboro Baptist Church Member, Now Plans Gay Advocacy Work, Continued from page 1)

Pointing to the fact that she hasn't seen her parents in four years, she adds, "I want my cousins and my nieces and nephews to see that the world isn't mean and hateful and evil and full of vicious people."

Earlier this year, Phelps Alvarez shared similar sentiments on "Today," noting, "There was a point when we started praying for people to die. I didn't actually do that but I was around when they did it."

In recent months, two of Phelps' other grandchildren have left the group. The Kansas City Star quotes sisters Megan and Grace Phelps-Roper as saying in a Feb. 6 statement, "We know that we've done and said things that hurt people ... Inflicting pain on others wasn't the goal, but it was one of the outcomes. We wish it weren't so and regret that hurt."

Members of the Westboro Baptist Church recently announced plans to picket the funerals of the victims of the Boston Marathon explosions.





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The Hungry Homo

By Lisa Broadway-Savage

We've covered beef, chicken, fish and pork already, so this month's recipes are both side dishes. They both feature quinoa, a high protein whole grain that has a texture similar to rice. It's cholesterol-free and gluten-free, and oh-so-yummy in my homo tummy. It's sometimes found in the health food section of the grocery store in a clear bag or in the bulk grains section. Trader Joe's carries it in a box, and it's usually cheaper there too.

The Quinoa and Black Beans recipe has a bit of a Mexican flair, while the Quinoa Pilaf is similar to rice pilaf. Enjoy!

Quinoa and Black Beans Ingredients:



1 tsp vegetable oil 1 onion, chopped 3 cloves minced garlic 3/4 cup uncooked quinoa, rinsed 1 1/2 cups vegetable broth

1 tsp ground cumin

1/4 teaspoon cayenne pepper (add more if you like a kick)

1 tbsp chili powder (adjust to taste while cooking)

1 tbsp garlic powder 1 tbsp onion powder

salt and pepper to taste

1 can corn

2 (15 oz) cans black beans, rinsed and drained

1/2 cup chopped fresh cilantro

Directions:

- 1. Heat the oil in a medium saucepan over medium heat. Stir in the onion and garlic, sauté until lightly browned
- Mix quinoa into the saucepan and cover with vegetable broth. Season with cumin, cayenne pepper, salt, and pepper. Bring the mixture to a boil. Cover, reduce heat, and simmer 20 minutes stirring occasionally

Stir corn and black beans into the saucepan, and continue to simmer about 5 minutes until heated through. Mix in cilantro and serve

Quinoa Pilaf with Vegetables

Ingredients:

1 cup uncooked quinoa, rinsed



1 3/4 cup chicken broth

2 tbsp butter

1/4 cup diced red bell pepper

1/4 cup diced green bell pepper

4 green onions, chopped

2 medium carrots, diced

2 celery stalks, diced

1 tsp minced garlic

1 tbsp fresh grated Parmesan cheese

salt and pepper to taste

Directions:

- 1. In a medium saucepan, combine quinoa and chicken broth over medium heat and bring to a boil
- 2. Reduce heat, cover and simmer until quinoa is tender and liquid is absorbed, about 15 minutes, and remove from heat
- 3. In a medium skillet, heat oil over medium high heat. Add green onion, peppers, carrots and celery and cook 1 minute
- 4. Combine veggies and quinoa, stir in cheese, salt and pepper

Joan Watke Stacy

Attorney at Law

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Monthly Meetings: Second Thursday 6:30 P.M.
Countryside Community Church
8787 Pacific Street, Omaha NE
Web Site: www.pflag-omaha.org

P.O. Box 390064 Omaha, NE 68139-0064 HELPLINE (402) 291-6781

A Center of Community By Chaplain Royal

Community can be many things, to many people. I am 45 years old, and when I came out in Omaha during the late 80's it was with my "community" of those hanging out on the "run" and after-hours at The Run, and places like Perkins and community events that allowed those under 21 to be a part of. I attended Metropolitan Community Church of Omaha for many years which became another community of mine. I soon started volunteering with the Imperial Court of Nebraska, yet another community.

Today, so many communities seem to be online or virtual instead of fostering in person connections and community, which I do believe is paramount for many people and our communities; for many reasons.

During my coming out period, the epicenter (if you will) of most all LGBT activities, activism, and advocacy either started in or were supported directly by the bars. Most major Omaha LGBT organizations are recipients of funds raised in the bars, or funds given by the bars.

What is our center of community today? What is our epicenter? I continue to meet people in the Omaha area who don't know the vast resources our community has. Many people seem too plugged into what is on-line instead of in-town.

-How many of you know that since 1980 the Imperial Court of Nebraska has helped raise over one million dollars for local, regional and national charities? Or that ICON gives out scholarships each year to many people from the LGBT Community? -Or that the Rainbow Outreach Center has over 2,000 titles of books and other resources for anyone to use (one of the largest center based libraries in this region!)

-Did you know that MCC Omaha was the first LGBT Organization in the state to own property?

-Do you know what options there are for those interested in sports? The Omaha GLBT Sports League, Omaha Front Runners/Walkers, River City Mixed Bowling, and Ice Bowl.
-Youth? Pride Horizons Youth Group, Pride Players, All Omaha High Schools (Except Benson and North West) have active GSA's, and there is the Queer Youth Network.

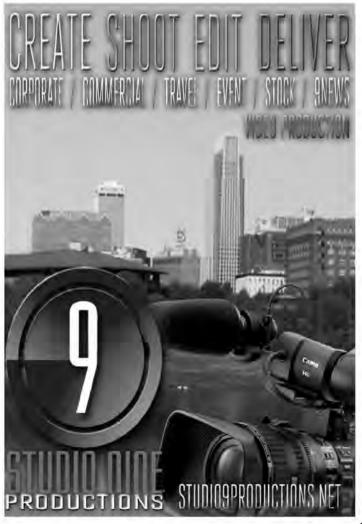
-Did you know Omaha has at least 14 open and affirming churches that welcome the LGBT Community?

I invite you to get involved in Omaha's vibrant LGBT community. We have great resources, many organizations for people to be a part of a community and opportunities to volunteer, contribute and make a difference. Your life is what you make of it. You will get from your community what you put into it. From drag shows, pageants, chorus concerts, community picnics, PRIDE, worship, workshops, sports groups, there are lots of ways to get connected to what is right here in your city. For more information I invite you to visit the many organizations listed at www.gayomahaguide.com and pick up the latest issue (print or online) of the Gayzette at www.rainbowoutreach.org

-Chaplain Royal

We know that not everyone is a part of church or organized religion. Since 2009 Inclusive Life has been offering religious, non religious and spiritual care and services to Nebraska and Iowa.

3622 Leavenworth Street Omaha, NE 68105 OFFICE: (402) 575-7006 TEXT: (402) 909-1668 Inclusive Life provides ministers and officiants for weddings. funerals, and premarital coaching in Omaha and Council Bluffs. We also provide various types of Pastoral Care throughout the local area including Omaha, Council Bluffs, Lincoln, Eastern Nebraska and Western Iowa, we are available to travel. Inclusive Life Pastoral Services has been a part of the wedding industry and funeral industry for 4 years. We specialize in providing those we serve with one on one service to create custom wedding ceremonies, elopement ceremonies, civil ceremonies, premarital coaching, preparing end of life documents and decisions, funerals, baptisms, naming ceremonies, and hospital visits. Our Ministers and Officiants are locally ordained and licensed. We support marriage equality and engage in social justice activities.



Reparative Therapy Built My Confidence, Helped Me Talk With Men



The openly gay son of Rep. Matt Salmon (R-Ariz.) tells Anderson Cooper that his time in reparative, or "ex-gay," therapy helped him become more comfortable around men.

Matt R. Salmon, 24, spoke at length to Cooper about his father's controversial opposition of same-sex marriage, noting that he hopes the elder Salmon will eventually change his position.

"I couldn't expect my parents to fully accept me unless I could accept them and their views," Salmon said. "No matter what our differences in opinion are, we just have to love and support each other ... I hope that he changes his position. I hope to get married someday, so I hope that I have that support."

Of his experiences with reparative therapy at age 18, Salmon notes, "Looking back, I don't regret it. The goal was to become straight, and it turns out what I took away from it was an increased confidence."

He adds, "A big part of it was really teaching me to make relationships with straight men because that would help me to kind of take on this straightness and so it really helped me actually learn how to talk with men."

The elder Salmon raised eyebrows earlier this month when he told Phoenix station KTVK that he didn't support same-sex marriage despite having a gay son.

"My son and I have had a lot of dialogue about it," he said at the time. "I will say this: you know, my son is by far one of the most important people in my life. I love him more than I can say."

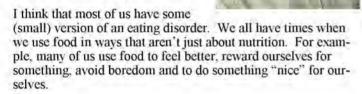
He went on to note, "My view is while I don't believe we should be vitriolic and try to enact harmful policies, by the same token, I'm just not there as far as believing in my heart that we should change 2,000 years of social policy in favor of a redefinition of the family...It just means that I haven't evolved to that station. Rob Portman apparently has. I haven't."

Life Beyond Therapy

By Michael Kimmel

(Non)disordered Eating

On many pop culture websites, you hear a lot of talk about celebrities with eating disorders. What is an eating disorder and what is (non) disordered eating?



Here are a few questions from a questionnaire used by Anorexics and Bulimics Anonymous, a Canadian-based 12-step group:

Do you feel a strong drive to control your body size or shape?

Do you feel guilt about your eating or try to hide it from others?

Do you have a powerful need to exercise to keep your body "in shape"?

Do you think you are fat, while other people say you're normal or underweight?

Do you use diuretics, laxatives, or appetite suppressants to control your body?

Do you ever wish you had more self-control or willpower around food?

Do you lie about what you have eaten or about your weight?

The ABA people say that if you answer "Yes" to even one of these questions, you may have an eating disorder. While I respect their wisdom, here's my definition: if your food intake is habitually either insufficient or excessive and it has a negative effect on your physical and mental health, you may have an eating disorder.

In my line of work, eating disorders is considered a specialty, and since I am not an expert in this area, let me share with you some research I've done regarding what the "experts" are saying:

"There is an emphasis on thinness (for women) and muscularity (for men) that often goes beyond simple body image. There is an implicit media message that not only are those with 'ideal' bodies more confident, successful, healthy and happy but that slimness is associated with positive character qualities, such as reliability, trustworthiness and honesty." (Harvey & Robinson, 2003).

"Until recently, eating disorders have been characterized as an almost exclusively female problem." (Maine and Bunnell 2008). "The majority of early academic scholarship during the early 1990s tended to dismiss the prevalence (of eating disorders) in men as largely, if not entirely, irrelevant when compared to that in women." (Weltzin et al. 2005.).

Recent Canadian studies have found that eating disorders are the third most common chronic illness in adolescent boys and estimate that 3% of Canadian men will be affected by eating disorders in their lifetime.

Another recent study estimated that 10-15% of people with eating disorders are males. While there is no consensus in the literature regarding unique risk factors as they relate to the LGBT community; the Center for Population Research in LGBT Health estimates the prevalence of eating disorders in the LGBT community to be about twice the national average for women and approximately 3.5 times higher for men.

Surprised? I was. Research also shows that since 1987, hospitalizations for eating disorders in general hospitals in Canada have increased by 34% among young men under the age of 15 and by 29% among men between 15–24 years old.

So what is (non)disordered eating? I define it as eating that enhances your physical and mental health. It's eating without all the extra psychological baggage. When you're hungry, you eat something that makes your body happy. When you're not hungry, you don't eat to fulfill any unmet emotional needs.

I write this column to raise awareness in our community of how we relate to eating, food and our bodies. As standards for LGBT beauty continue to become more-and-more rigid, will we indulge in unhealthy eating habits and obsession with body image, or will we find ways to avoid going down that path? (Non)disordered – healthy – eating is possible for all of us all, if we are willing to address the obstacles in our way.

As a therapist, eating disorders are one of our most difficult challenges. For expert assistance with eating disorders, contact Gabby. The Center's therapist referral specialist at 619-693-2077 $\times 208$ and ask her for referrals to LGBT-friendly therapists who specialize in eating disorders.

If you suspect you may have an eating disorder, please get help, it's hard to do this alone.

Michael Kimmel is a licensed psychotherapist who specializes in helping LGBT clients achieve their goals and deal with anxiety, depression, grief, sexually addictive behavior, coming out, relationship challenges and homophobia. Michael is currently accepting new clients and accepts most insurance. Contact him at 619-955-3311 or visit lifebeyondtherapy.com.

When will Housing Prices Rebound?

For those of you homeowners looking into selling a home, the first question to ask yourself is when will home prices bounce back? – If it ever truly can. Depending on whom you ask, some say it never will, but we don't believe that to be the case.

Everyone has their own opinions on when housing prices will rebound; in today's economy it's hard to answer this sort of question with 100% certainty. In the past, when the real estate market was up, even the professionals couldn't accurately predict what way the market was going to swing at any given moment.



There are many factors to consider; if the economy remains shaky, people tend to hunker down making prices stagnant, when the economy is hot and rates are low, people tend to move more, which drives housing prices up.

There are some things you can look at to gauge which direction the market is headed.

It's always wise, no matter what the current state of the market, to look at the trends in your area – both in the zip code, and in the surrounding city. Even when the economy is down, you'll notice times when there will be clear up-swings in activity, like we're witnessing in many markets today. Plan your home sale around those swings, and with the input of well-trusted market advisers, like your gay realtor.

There are always doomsayers who will proclaim that home prices will never recover, and that anyone who buys or sells now will only see losses ~ but there are also doomsday buyers, who take advantage of it being a buyer's market to make purchases at a reduced cost, recognizing the direction of the market and trends locally and nationwide!

As a buyer, with home inventory low and prices rising, your personal dedication to the numbers, and willingness to take a risk while all things seem to be aligned on your side, will result in the highest potential profits. It pays to be an opportunist, and to watch the way things go over time.

As a seller, you can weigh the potential profits of selling in today's market vs. the potential higher price you will pay for a replacement home if you wait to sell ~ for most of us we "buy up" so it would be better to buy the more expensive home at today's lower prices.

So, the bottom-line is that no one can definitively say when home prices will "come back" although a careful analysis of today's markets show prices increasing almost across the board. What we can do is look at current trends, in order to determine if a particular time seems like it will provide a return on your investment, and ensure that you get in while prices continue to climb.

With a little luck, and some research, you can successfully navigate the market of today.

Author Jeff Hammerberg is the Founding CEO of http:// www.GayRealEstate.com. Free Instant Access to the Nation's Top Gay, Lesbian and Gay Friendly Realtors Coast to Coast. FREE Buyers Representation ~ Free Relocation Kit to any City, USA ~ Free Sellers Market Analysis for home sellers.

E.J. Johnson on Coming Out and His Supportive Parents

The son of basketball legend Magic Johnson talks about his second coming out, and who his role models are.

By Michelle Garcia.

E.J., Magic, and Cookie Johnson

E.J. Johnson, the son of retired NBA player Magic Johnson and Cookie Johnson, said he feels like his recent on-the-street interview with TMZ has led to a sort of second coming-out process.



"I didn't think it would be that big of a deal, since I've been out to my friends and family for five years," Johnson said in an interview with Howard Bragman on his Web series Gwissues. "So it just feels like I'm coming out again."

He also clarified that the guy he was holding hands with on the Sunset Strip is his best friend, not his boyfriend.

Johnson, 20, is studying event design at New York University. With his interests in journalism and media, he said he looks to Ellen DeGeneres, Anderson Cooper, and RuPaul as role models.

Magic Johnson announced that he was HIV-positive in 1991 and retired from the NBA that year. At the time, Cookie Johnson was pregnant with E.J.

(Continued on page 13)

GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
3620 Leavenworth, Omaha
(mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

 Saturdays
 4:00PM - 8:00PM

 Sundays
 4:00PM - 6:00PM

 Thursdays
 7:30PM - 9:00PM

 Fridays
 6:00PM - 11:00PM

*Closed Most Major Holidays (402) 341-0330 www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

Every Sunday
WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH,
ELCA, 3647 LaFayette Ave., Omaha GLBT
friendly, www.augustanalutheran.com

DIETZ METHODIST 1423 S.10, Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONY-MOUS 4pm , Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY

CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9:30am and 11:15am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY MIXED BOWLING LEAGUE, 3pm. Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, Sunday morning services, 3012 S 119th St., Omaha, info@2uomaha.org, 402-334-0537

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday
A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402 -476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS RE-HEARSALS, 6: 45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday
HASTINGS COLLEGE ALLIANCE, meet
Tuesdays at 7PM (when college is in session),
Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at
jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUP-PORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 3:30pm, Walkin from 5pm to 8pm

WORSHIP SERVICES

MCC OMAHA, Bible Study, 7pm

Every Thursday
KARAOKE W/ STACY
DC's Saloon
9:00 pm, at

NAP HIV TESTING 250 So. 77th., by appointment from 1:30pm to 3:30pm and Walk-In from 5pm to 8pm

LIVE & LET LIVE AA Meeting, 8:15pm to 9:15pm, Open to men and women,

8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB
Open to everyone 21 and over, every Friday
6:30pm (time may vary), for more info email
outandaboutsocialclub@gmail.com

GLBT CENTER MOVIE NIGHT, 8PM, for all ages. Every Friday, excluding major holidays. 3620 Leavenworth Street, snacks, water and soda's provided for free.

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm,
Open to men and women, 219 North 48th
Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday
CBCA SOCIAL GET-TOGETHER at
Barley's, 114 West Broadway in CB)
starting at 5:00-7:00pm every other Friday

MONTHLY EVENTS

1st Wednesday

FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

1st Friday FIRST FRIDAY COFFEE HOUSE 8pm. Musicians, poets, open mic, First Unitarian Church, 3114 Hamey, Omaha

1st Saturday <u>RIVER CITY GENDER ALLIANCE</u>, at 7:00 pm . See www.rivercitygenderalliance,org

1st Sunday

SPIRITUAL FRIENDS OF LINCOLN

12-1pm Fellowship and 1p-2p worship Meets Lincoln at Bennett Martin Library info@inclusivelife.org and on Facebook

2nd Monday NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm —50th & Ames Ave.

2nd Thursday <u>HEARTLAND PRIDE</u>, Board Meeting- at D Dale Clark Library, 215 S. 15th St. 6:30pm-8pm, Email: info@heartlandpride.org, or find us on Facebook

PFLAG- OMAHA, 6:30pm to 9pm, Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

2nd Saturday

Ecumenical Catholics of Omaha, 5pm – 6:30pm, A progressive community in the Catholic tradition, Meets in the MCC sanctuary Phone: 402.953.7656

Email: ecuomaha@live.com Web: www.ecuomaha.org

3rd Monday

IMPERIAL COURT OF NE, Board of Governors meeting, 6:30pm, meeting at the MCC-Omaha, www.imperialcourtofnebraska.org

3rd Saturday

Ecumenical Catholics of Omaha, 5pm – 6:30pm, A progressive community in the Catholic tradition, Meets in the MCC sanctuary, Phone: 402.953.7656

Email: ecuomaha@live.com Web: www.ecuomaha.org

3rd Sunday

CBCA MEETING 5 PM until about 6:30 PM is our monthly meeting with potluck. We meet at St Paul's Episcopal Church in Council Bluffs

4th Monday NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm—50th & Ames Ave.

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church, 6300 & A. Lincoln. 7 p.m.

6300 & A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220, 3-5;30 pm

4th Friday LEO - LEATHER ENGINEERS OF OMA-

HA, Not currently meeting.

2nd Saturday

Ecumenical Catholics of Omaha, 5pm – 6:30pm, A progressive community in the Catholic tradition, Meets in the MCC

A Billionaire

Teacher asks the kids in class: "What do you want to be when you grow up?

"Little Johnny: "I wanna be a billionaire, going to the most expensive clubs, take the best bitch with me, give her a Ferrari worth over a million bucks, an apartment in Copacabana, a mansion in Paris, a jet to travel through Europe, an Infinite Visa Card and to make love to her three times a day".

The teacher, shocked, and not knowing what to do with the bad behavior of the child, decides not to give importance to what he said and then continues the lesson.

And you, Susie?

"I wanna be Johnny's bitch."

And God said to Adam

God said, "Adam, I want you to do something for Me."

Adam said, "Gladly, Lord, what do You want me to do?"

God said, "Go down into that valley."

Adam said, "What's a valley?"

God explained it to him. Then God said, "Cross the river."

Adam said, "What's a river?"

God explained that to him, and then said, "Go over to the hill....."

Adam said, "What is a hill?"

So, God explained to Adam what a hill was. He told Adam, "On the other side of the hill you will find a cave."

Adam said, "What's a cave?"

After God explained, He said, "In the cave you will find a woman."

Adam said, "What's a woman?"

So God explained that to him, too. Then, God said, "I want you to reproduce."

Adam said. "How do I do that?"

God first said (under His breath), "Geez....."

And then, just like everything else, God explained that to Adam, as well.

So, Adam goes down into the valley, across the river, and over the hill, into the cave, and finds the woman.

Then, in about forty-five minutes, he was back.

God, His patience wearing thin, said angrily, "What is it now?"

And Adam said "What's a headache?"

Water

A fleeing Taliban terrorist, desperate for water, was plodding through the Afghan desert when he saw something far off in the distance. Hoping to find water, he hurried toward the mirage, only to find a very frail little old Jewish man standing at a small makeshift display rack - selling ties. The Taliban terrorist asked, "Do you have water?"

The Jewish man replied, "I have no water. Would you like to buy a tie? They are only \$5."

The Taliban shouted hysterically, "Idiot Infidel! I do not need such an over-priced western adornment-I spit on your ties. I need water!"

"Sorry, I have none - just ties - pure silk - and only \$5."

"Pahh! A curse on your ties, I should wrap one around your scrawny little neck and choke the life out of you but... I must conserve my energy and find water!"

"Okay," said the little old Jewish man, "It does not matter that you do not want to buy a tie from me or that you hate me, threaten my life and call me infidel. I will show you that I am bigger than any of that. If you continue over that hill to the east for about two miles, you will find a restaurant. It has the finest food and all the ice-cold water you need... Go In Peace."

Cursing him again, the desperate Taliban staggered away over the hill.

Several hours later he crawled back, almost dead and gasped...

"They won't let me in without a tie!"

GLBT RESOURCE LIST

OMAHA BASED

BiMenNebraska, Social Support for Bi and BiCurious Men http://groups.yahoo.com/ group/BiMenNebraska and http:// groups.yahoo.com/group/Bi-MEN-MIDWEST

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877,800.CAMP, www.CampKindle.org

877.800.CAMP, www.CampKindle.org Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Family Foundations Therapy for individuals, couples or families, for info call 558-

3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firstuuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded) Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

Gay Lesbian Straight Education Network -Omaha, Box 641676, Omaha 68164, 712-325-0117 http://www.glsenomaha.org GayLibrary.com, World Wide Resources GOglbt Professionals, meeting at 5:30PM. Email at: GOglbt@cfep-ne.org or see

www.GOglbt.org for info

Greater Omaha LGBT Democrats
http://omahalgbtdemocrats.wordpress.com contact Ken @ 402-686-6389 See also http://
ProgressiveOasis.com

Heartland Pride

Www.heartlandpride.org, email: info@heartlandpride.org, meets on the 2nd Thursday of each month from 6:30pm to 8pm. @ D. Dale Clark Library

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103, Board Meets 3rd Monday, Rainbow Outreach GLBT Center at 6;30pm, www.imperialcourtofnebraska.org

Inclusive Life 402-575-7006 www.inclusivelife.org
Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

Learning to Exchange Power, no current info available

Leather Engineers of Omaha (LEO) not currently meeting

LinOma Bares, for more Info email

linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9:30am and 11:15am, Wed. Worship at 7pm

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Sunday service at 9:30am, see www.NorthSideOmaha.org

The 'Ohana Group, (GLBT / Nontraditional Family group), email to: Theohanagroup@msn.com

Omaha NE Gay Pride Web Page http://ONGP.com; email to; omahanegaypride@cox.net or ongp1@cox.net

Omaha Metro GLBT Sports League, See www.oglbtsports.com for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout Email: NeOutAbout@yahoo.com

OUTLine, a nonprofit organization that engages in and fosters the well-being and advancement of the LGBT community, www.outline.org, Lincoln NE

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com

Rainbow Outreach GLBT Resource Ctr, 3620 Leavenworth, Omaha, 341-0330 Rainbow Pride/Rainbow Celebrations PO Box 8273 Omaha, NE 68108, See www.rainbowpride.org for info River City Gender Alliance, for info see www.rcga.org or call 402-291-6781 River City Mixed Bowling Sundays, Maplewood Lanes Omaha, at 3PM call 402-572-9393 for details

River City Mixed Chorus, Box 3267.
Omaha, NE 68103, 402-341-SING Website; www.rcmc.org

Second Unitarian Church, 3012 S 119th St., Omaha, www.2uomaha.org, 402-334-0537, LGBTQ Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director,

http://involved.unl.edu/lgbtqa - 402.472.1752 or 402-472-1652

http://www.unl.edu/health/sexuality

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7;30 to 10;30pm Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter; Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: http:// pflagcornhusker.org/

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 – 9pm, Lesbian Videos 7:15pm, 3319 S. 46

Spiritual Friends of Lincoln

Offering fellowship and worship for those seeking radical hospitality, openess, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln

info@inclusivelife.org and on FaceBook

Straight Spouse Support Grp 402-429-6094 TriCity GLBT, serving Central Nebraska, web site at http://www.tri-city-glbt.com/ UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu/www.unl.edu/cglbtc

Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494, Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Health Department/Free STD Clinic

209 Pearl Street, Council Bluffs, Iowa 51503, 712-328-4666 – ask for Rachel, Monday – Friday by appointment, call to inquire about extended hours, FREE testing for HIV, Syphilis, Gonorrhea and Chlamydia Council Bluffs Community Alliance

www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

First Congregational Church, United Church of Christ. GLBT friendly. 611 First Avenue, Council Bluffs, IA 51501, 712-322-5324 - http://www.cbfirstcongregational.org/

Iowa Equality, GLBT –allied against change to the state and federal Constitutions, http://www.IowaEquality.org

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at http://www.thetrevorproject.org/helpline.html

Where Can You Find The Gayzette?

Omaha:

DC's Saloon. 610 South 14th Street 402-344-3103 Dixie Quick's Restaurant, 157 West Broadway 402-346-3549 Flixx, 1015 South 10th Street Omaha 402-408-1020 Lover Luxuries, 6065 Maple St. 402-932-3377 The Max. 1417 Jackson St. 402-346-4110 Metropolitan Community Church, 819 South 22nd Street Mystery Bookstore, 1414 South 13th St. 402-342-7343 Nebraska AIDS Project, 250 South 77th St 402-552-9260 Omaha Mining Co., 1715 Leavenworth 402-449-8703 Rainbow Outreach Metro Omaha GLBT Resource Center. 3620 Leavenworth St. (home of The Gavzette) 402-341-0330

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net

(E.J. Johnson on Coming Out, continued from page 9)

"I am very, very blessed to have the family that I do," Johnson said. "My parents have always been super supportive. My sister and I have always been really close, and she's been really supportive as with my brother. When it was time to come out, I was obviously scared, as most people are. After I got all the love and support from my family, then I knew I could go out and conquer the world, I guess."

Film Streams Presents: A Visiting Artist Series Featuring STEVE JAMES

Film Streams at the Ruth Sokolof Theater is thrilled to announce a special Visiting Artist Series highlighting the work of renowned filmmaker Steve James. Starting May 4 and running through May 16, we will be showing his documentaries HOOP DREAMS, STEVIE, REEL PARADISE, AT THE DEATH HOUSE DOOR, and HEAD GAMES, as well as hosting a director Q&A with Steve James in person after our screening of THE INTERRUPTERS (May 14, 7pm). James has also chosen two of his favorite films for inclusion in the series, the Maysles' brothers' cult classic GREY GARDENS and Jean Renoir's 1939 THE RULES OF THE GAME. Steve will be live in person to provide an introduction to Renoir's classic on May 13, 7pm.

Tickets for each screening are \$9 general, \$7 for seniors, students, teachers, military and those arriving by bicycle, and \$4.50 for Film Streams Members. Advance tickets can be purchased at filmstreams.org or at the box office inside Film Streams' Ruth Sokolof Theater.

Kyle's Bed & Breakfast by Greg Fox



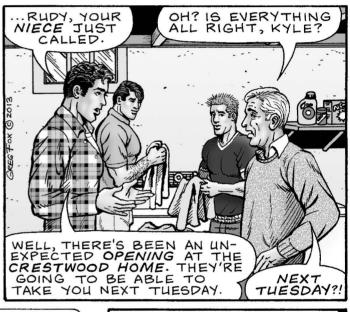


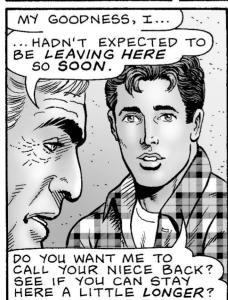
















Fitness Corner

By Ron Blake

REWIND



BE KIND AND HEALTHY

Put the dumbbells and running shoes away and join me for a healthy vacation. I've got two tickets to paradise. Won't you pack bags we'll leave tonight. Drinks are on the house.

Bars are for people who enjoy frothy libations, nicotine, and the occasional fistfight. Moreover, they are forums for nostalgic recollections of those days when you wore a size 32 waist, had the libido of a jackrabbit, and had not a scintilla of a receding hairline. Yep, I speak of 3650 days (sans leap days) which began on January 1, 1980.

What was Argentina thinking when they laid claim to the Falkland Islands in 1982? It isn't as though England has been involved in any wars over the years. Furthermore, what was England thinking? Were 50,000 sheep and some craggy hills worth all the effort to get it back?

Chernobyl: It's the poster child for everything that's great about alternative fuel sources. There's a vacation spot for Ed Begley Jr!

Mikhail Gorbachev introduces Glasnost and Perestroika to the U.S.S.R. while introducing that mottled mess on his forehead to the world.

The country of Miami was founded in 1980 as 120,000 refugees fled Cuba. Buenos noches!

That was one brave Chinaman that stood in front of that tank in Tiananmen Square in 1989. He couldn't just smoke some pot and wave some flags. Instead he just smoked some pot and stood in front of a ten ton war machine.

The Exxon Valdez hits shore in Alaska and Captain Hangover claims it was an accident. Six months of giving baths to penguins and polar bears.

The Stock Market takes a wicked plunge on that eventful October day in 1987. Not as earth shattering as '29 and not nearly as many rooftop runners either.

The 1989 Loma Prieta Earthquake in San Francisco. Who could have ever imagined an earthquake happening in a place like San Francisco!

Mount St. Helens blows her top in 1980, Yup! That was one angry bitch!

The Iran/Iraq war waged from 1980-1989 and caused an estimated one million deaths. The U.S. decided to support a guy named Saddam Hussein in the whole melee. Politics makes

strange bedfellows!

Feel free to continue your discussion of other notable nooks and crannies from auld lang syne. We'll get back to our exercising soon enough. Barkeep...another round for the boys!

This article of have we met already is brought to you by that guy of illustrious illusions. That déjà vu guy is Ron Blake and he has seen it all before at myblakefitness.com.

Free anonymous or confidential rapid HIV testing. Chlamydia & Gonorrhea testing also available for \$10.00

NAP:

Wednesday

77th & Dodge St.

1:30 to 3:30 pm (appointment only)

5:00 to 8:00 pm (walk-in)

Thursday

1:30 to 3:30 pm (appointment only)

5:00 to 8:00 pm (walk-in)

Flixx Lounge: 10th & Pacific St. 1st & 3rd Mondays of each month

8:00 to 10:00 pm (walk-in)

RESPECT Clinic

2nd & 4th Mondays of each month

50th & Ames Ave. (Located in Baker Square Plaza) 5:00 to 7:00 pm (walk-in)

Know your status. GET TESTED!

Call 402-552-9260 to schedule an appointment or with any questions.

www.nap.org



250 South 77th Street, Suite A Omaha, NE 68114

(Located behind McDonald's at 77th & Dodge Street)

www.nap.org

402-552-9260

