The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

Continue Contacting City Council for Non-Discrimination Ordinance

City Council will soon be voting on an amendment to Omaha's non-discrimination ordinance. This will apply to city contracts and employers within the city and adds sexual orientation and gender identity to the existing classes in the city's non-discrimination policy – race, color, creed, religion, sex, marital status, national origin or disability. Currently the city has no such protections in place and you can be fired on the basis of your sexual orientation or gender identity.

It is CRITICAL that you contact your City Council member to let them know what you support this ordinance. We are asking you that you contact them immediately – by phone, email or both. When you do contact them, please express your support of the inclusion of both orientation and gender identity and expression in the amendment. It is also helpful to include any personal story of previous discrimination you may have experienced.

You can download a district map on the City Council's website to find which district you reside in. You are also encouraged to write your Council member on behalf of any of your business interests at 1819 Farnam Street, LC-1, Omaha, NE 68183 or via fax at 402-444-5263.

Please contact your City Council member as soon as possible and express your support for this ordinance. If you are a small business owner, let them know that also. A vote is likely within the next two weeks. Thanks for your support. See the following links.

City Council contact page (email and phone): http://www.cityofomaha.org/citycouncil/

Link to Council District Map to locate your council member: http://www.cityofomaha.org/citycouncil/images/stories/ distmaps/council 060809.pdf

Link to the proposed ordinance: http://www.cityofomaha.org/cityclerk/images/stories/agenda/ID%2010_09_21/City% 20Council/1086.pdf

PLEASE CALL OR EMAIL TODAY!!! If you want more information or have questions, please contact us at info@goglbt.org.

Gibbs Vague on Path to End DADT

By Kerry Eleveld

White House press secretary Robert Gibbs reiterated on Monday President Barack Obama's "deeply held view" that the "don't ask, don't tell" policy should be overturned, but he stopped short of saying what the White House



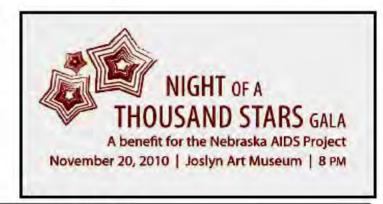
would do if the legislative effort failed.

"Obviously, the president has a deeply held view that this is a law that can and should be changed," Gibbs said during the daily press briefing. "We worked to make sure that that happened in the House and we regrettably were unsuccessful in the Senate, but it's not going to stop the president from trying."

The answer came in response to a question from The Advocate about the likelihood of President Obama instructing his Department of Justice not to appeal a recent federal ruling that found the policy unconstitutional.

"The Department of Justice, last I heard, was reviewing the case," Gibbs said, adding that he did not know the specifics of the discussions at the White House and the Justice Department

(Continued on page 4)



October 8, 2010 - October 22, 2010

Mention Jim's ad for a 20% family discount !!!



Antiques, Collectibles & More

4679 Leavenworth • Omaha, NE 68106 • 402.660.0778 Tues., Wed., Thurs. — 3-8 pm. Fri.— 2-6 pm. Saturday— 10-6 pm.

MIKE STORY

(402) 706-0076 mstory@npdodge.com









Mention this ad and I will donate 5% of my commission to NAP!



322 S. 54th 3 Bed/3 Bath 2 Car Garage 2430 FSF New Price \$290,000



2308 N. 50th Street 4 Bed/2 Bath 1 Car Garage 1704 FSF \$135,000

Join Us For: MISSION:

Pottawattamie County Democratic Headquarters 158 W Broadway St, Council Bluffs, IA Wednesdays at 6:00pm to 8:00pm From Now until the Elections.

ECUMENICAL CATHOLICS

Seeking those who appreciate and celebrate our human diversities to join us in worship and community



Br. Jason McGuire, OSF

Cell Phone: 402.943.6698 Email: brjason@live.com Website: www.brjason.webs.com

Achieve Your Photographic Dreams



Portrait

Wedding

Professional

Commercial

JKueffner Photography — 402-214-7590

GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page 7 ½W X 10H \$ Fourth Page 3 ¾W X 4 ¾H \$ 25.00

\$100.00

Half Page 7 ½
Business Card

7 ½W X 4 ¾H \$ 50.00 \$ 15.00

All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads may also be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 on or before the deadline. We reserve the right to refuse any ad which we deem to be inappropriate.

Ad Deadlines: Friday, Oct 15th, for Publication Oct 22nd Friday, Oct 29th for Publication Nov 5th



(DADT, Continued from page 1) surrounding the case.

Two weeks ago 69 House members sent a letter to the president urging him not to appeal the case, and according to those familiar with the effort, 16 senators have now signed onto a similar letter. Senators Mark Udall and Kirsten Gillibrand launched a public campaign Monday asking constituents to contact their senators and urge them to become signatories.

Salvation Army Diss's LGBT Community Again

The CBCA asked the Salvation Army if they would like to provide a guest speaker to our January meeting next year to talk about the services that they provide.

The Salvation Army said it would not provide a speaker because we are LGBT.

So, we are asking all GLBT people and our allies in the Omaha metro area to drop pink triangles into the red kettles instead of money this year. The more pink triangles we can drop into the red kettles, the more the Salvation Army will see that discrimination against anyone has a financial cost.

We will put a printable sheet of pink triangles out on our CBCA Facebook group in November. Then, please go out there, print off the pink triangles and drop them in your favorite red kettles!

Victorian Home Heaven

By the Council Bluffs Community Alliance

Just when you thought you'd already heard all the really good reasons for GLBT folks to move to Council Bluffs (marriage equality, adoption rights and protected class status), there is yet another reason to move across the river. Council Bluffs, according to an article in the Daily Nonpareil, has the largest inventory of remaining Victorian-era homes in the state of Iowa. Although other cities are larger, Council Bluffs has not suffered nearly as much demolition of its older buildings as other Mid-

Cell: 402.619.6331
Office: 712.328.5008
myowell@npdodge.com
Fax: 712.328.9395
1032 Woodbury Ave.
Council Bluffs, IA 51503
Toll Free: 800.216.5008

western cities. And that means older homes in need of restoration are ripe for the picking in CB.

Council Bluffs has large swaths of Victorian neighborhoods that are in various stages of restoration throughout the east end of the city. These neighborhoods include homes of all sizes, from small cottages to large mansions...and everything in between. And there are a number of strong neighborhood associations in CB, as well as an umbrella organization for these associations called the Downtown Neighborhood Alliance.

Additionally, there are programs and grants, available from various Iowa and local agencies, which are helping finance the redevelopment of the older areas of town. For example, the Council Bluffs Department of Community Development has several programs, including the Home Improvement Program and the Enterprise Zone. You can find out more from their web site:

http://communitydev.councilbluffs-ia.gov/devpage5.asp

On this web site the brochure for the Home Improvement Program states, "If you have owned a home for at least 6 months and live within the Council Bluffs city limits, you may be eligible to receive home repair assistance up to \$20,000."

The city of Council Bluffs is also actively working to get special recognition from the state of Iowa for the designation of "Main Street Iowa". This Iowa program helps communities develop their downtown areas by emphasizing historic preservation.

So, if you have the restoration bug, take a serious look at Council Bluffs, where homes are more affordable and taxes are lower. If you would like to talk with someone about this, please contact the Council Bluffs Community Alliance at councilbluffscommunityalliance@yahoo.com

LGBT History Month Banquet

Tickets are now on sale for the 8th annual LGBTQA History Month banquet in Lincoln at the Embassy Suites!

October 21st at 6 pm with a pre-dinner social sponsored by OUTLine and the UNL LGBTQA Alumni Group from 5 - 6 pm (appetizers and cash bar).

Poet and Lamda Literary Award winning author Jewelle Gomez is the keynote speaker.

Individual tickets are \$25 / person and \$15 for UNL students with ID. Tickets are available at the SOFS Office, 220 Nebras-ka Union.

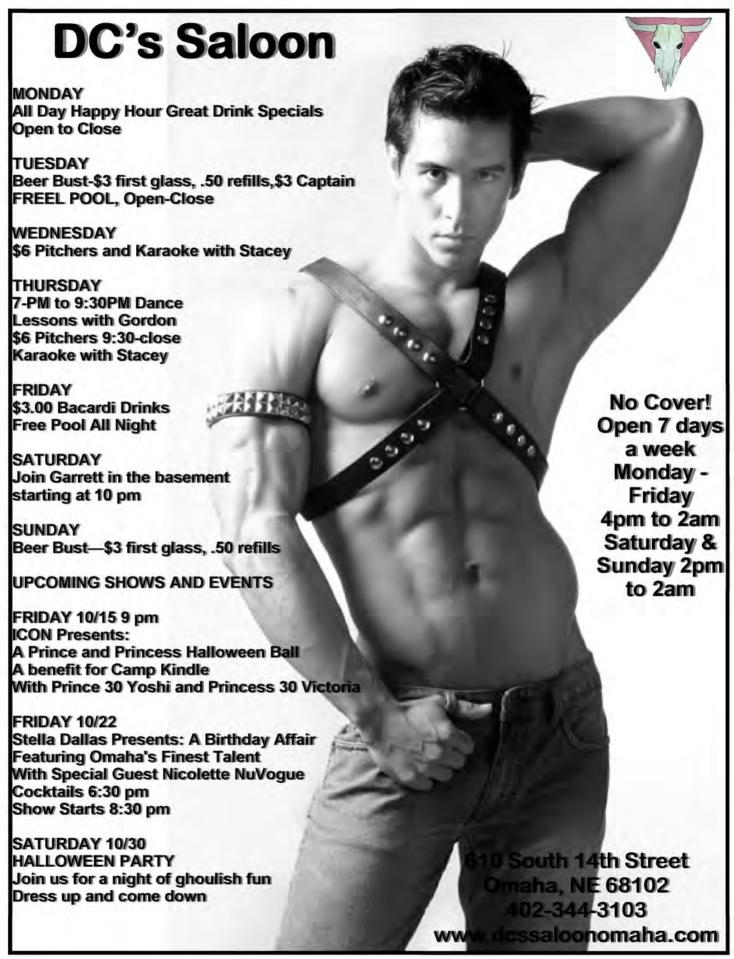
Tables and program ads can also be purchased. The form is online at: involved.unl.edu/lgbtqa

For more information contact lgbtqresourcecenter@unl.edu or 402.472.1652.

Our history month calendar of events is located at http://involved.unl.edu/lgbtqa/calendar.php

Stonewall Uprising is showing at the Ross Oct. 8 - 14 (theross.org)

(Continued on page 8)



TALK RADIO

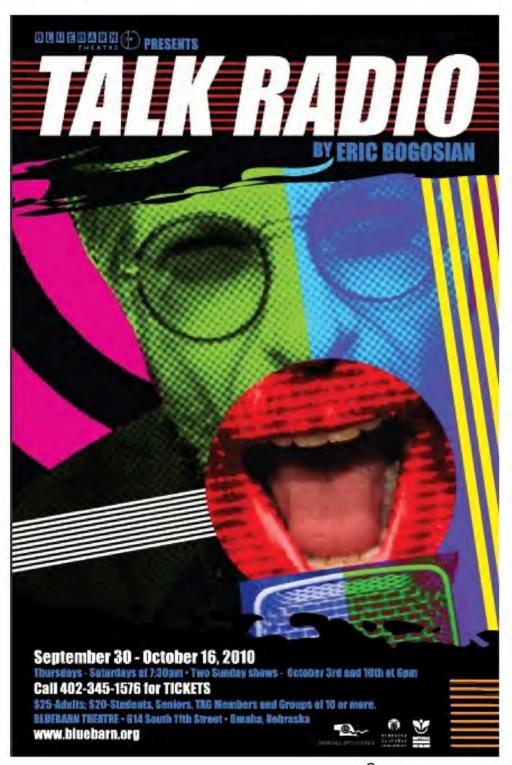
BLUEBARN Theatre will kick off Season 22 with Eric Bogosian's Talk Radio, which opens September 30th and runs through October 16th. BLUEBARN's Artistic Director, Susan Clement-Toberer directs with costumes by Jenny Pool, scenic design by Martin Scott Marchitto, and lighting design by Carol Wisner.

Shows run Thursdays-Saturdays at 7:30 p.m. and Sundays, October 3rd and 10th at 6 p.m. Ticket prices are \$25 for adults; and \$20 for students, TAG members, seniors 65+, and groups of 10 or more.

About Talk Radio:

Barry Champlain, Cleveland's controversial radio host is on the air doing what he does best: insulting the pathetic souls who call in the middle of the night to sound off.

Tomorrow, Barry's show is going into national syndication and his producer is afraid that Barry will say something that will offend the sponsors. This, of course, makes Barry even more outrageous. Funny and moving, off-beat, outrageous and totally entrancing, Bogosian's Pulitzer Prize-nominated play still resonates almost 20 years after its Off-Broadway debut.



Fiction/Antifiction: An Exploration of Creation in Three Acts

What does it mean to create? Why do we do it? How is it done? And now, what comes next? In just three short acts, the members of BLUEBARN's Witching Hour will seek to answer these big questions on stage in their next production, Fiction/Antifiction: An Exploration of Creation in Three Acts.

Starting with the simple prompt: "What do you think of when you hear the word 'creation'?" ensemble members created three distinct, short plays, each comprising one act. The resulting performance uses movement, dance, poetry, and dialogue to explore why we create, how we destroy, and some broad speculations about how we got here in the first place.

Join us to see creative creators creating on stage in a night of creative creations. Developed by members of BLUEBARN's Witching Hour. Starring Melissa Carnihan, Shannon Jaxies, Patrick Kilcoyne, Laura Langan, Mary Slater, and Andrew Yolland. Directed by Shannon Jaxies, Laura Langan, Jennifer Pool, Suzanne Withem, and Andrew Yolland

Fiction/Antifiction: An Exploration of Creation in Three Acts runs October 8 – 16, Friday and Saturday Nights at 11pm, following Talk Radio at the Blue Barn Theatre. \$10 at the door. 614 S. 11th St. Call (402) 651-6795 or visit us at www.facebook.com/bbwitchinghour for more information.

Got Wood?

We do. Wood floors, that is, and a 2010 Home Buyer's Credit of up to \$32,000. Find out about SoMa living at OMGSoMa.com.

Carpet lover? We have carpet, too.

Tasha has details. Call 402.895.7662 or text "SoMa" to 411247 12th & Leavenworth | OMGSoMa.com

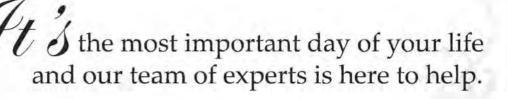
THE LOFTS AT

TS AT THE ROWS AT



SdMa





Harrah's makes your wedding day more memorable than ever. We're looking forward to helping you from inception to execution.

SCHEDULE AN APPOINTMENT & RECEIVE A COMPLIMENTARY APPETIZER AT 360 STEAKHOUSE.

Call Melissa at 712.329.6410 today!





HarrahsCouncilBluffs.com

Must be 21 to gamble. Know When To Stop Before You Start®. Gambling problem? Call 1-800-BETS-0FF(lowa) or 1-800-522-4700(National). @2010 Harrah's License Company LLC.

(GLBT History Month Banquet, Continued from page 4)

Oct. 12 is a panel on Queer Identity

Oct. 13 is a sexual identity film festival

Oct. 21 is the dinner!

Oct. 27 is movie night with a screening of Byron Chief Moon-

Grey Horse Rider



Pat Tetreault, Ph.D. Assistant Director, Student Involvement Director, LGBTQA Resource Center 345 Nebraska Union 402.472.1752 (office) 402.472.1652 (center)

http://involved.unl.edu/lgbtqa/ http://involved.unl.edu/lgbtqa/SafeSpaces/index.html

Searching for a Cure

The Imperial Court of Nebraska and Grand Duchess 30 Phoebe Duvet will be presenting the 5th Annual "Awareness, Searching For A Cure" on Sunday, October 10th at 8:30pm at FLIXX.

Bob Bucklew started this benefit five years ago when he became a very active member of ICON and this year's benefactor will be the Susan G. Komen Foundation. Breast cancer has touched the lives of family members and close friends over the years and this was one way Bob could show support. Bob's alter ego "Phoebe" will be hosting the event this year, so please come down to FLIXX and show your support for breast cancer.

On another note, ICON would like to thank the community for their support at our Labor Day Picnic. We raised over \$2,900 for Nebraska Aids Project that day alone. Since we began our 30th anniversary in August, we have raised just over \$7,000. We could not do this without the loyalty and support of our community and with that we thank you. Please check out our website at

www.imperialcourtofnebraska.org or our facebook page Imp-CourtNebraska for details on future events.

Groups Demand DeMint Apologize

By Michelle Garcia

Several women's and gay rights groups called on U.S. senator Jim DeMint to apologize for his reassertion last week that gay people and unmarried pregnant women should not be allowed to teach in schools.

DeMint made the comments in 2004 during a televised debate before he was elected, but referenced it again in a speech to the Greater Freedom Rally on Friday



in Spartanburg, S.C. The Republican senator said he was seen as an outcast in Washington, D.C., for his remarks, but several people approached him to quietly express their support for him.

Rea Carey, executive director of the National Gay and Lesbian Task Force, told the Associated Press that DeMint should apologize.

"It is salt in the wound in our community," she said. "It's irre-

sponsible for Senator DeMint to reassert this position in this day and age."

Terry O'Neill, president of the National Organization for Women, said DeMint was a "bigot, and a sexist, and he doesn't belong in the U.S. Senate."



Larry Flynt: "We've Got a Gay Senator"

By Advocate.com Editors

Hustler publisher Larry Flynt said that he knows the identity of a gay U.S. Senator, and that he plans to expose him in the next few months if the legislator does not come out on his own.

According to Talking Points Memo, Flynt spoke with CNN's Don Lemon in the context of the publisher's standing offer to give \$1 million to anyone who can prove they were sexually involved with a high-ranking official. Lemon asked Flynt whether he could describe details about his latest tips.



"We know we've got a gay senator, you know, we'd just like to see him come out of the closet," said Flynt. "I think we'll be exposing him in the next few months if he doesn't."

Balancing your Heart, Mind and Dick

Michael Kimmel [beyondtherapy@cox.net]

Testosterone: when you put two gay/bi/trans (GBT) men together, you've got lots of it. Is this why we GBT men are often accused by hetero society of putting too much emphasis on sex? Is it true that GBT guys have a lot more sex than



straight guys do? If so, is it because we can, we want to, or we just can't help it? How do we integrate sex and love in our relationships? Are some relationships so sex-based that there's no chance of an emotional or intellectual connection? Are other relationships so emotional and "heady" that when sex happens, it's totally lame? How do we, as GBT men, balance our heart, mind and dick? Whether you call it "high libido", "too much testosterone" or "just plain horny": how can you get your thoughts, emotions and sex drive to work together?

In any meaningful man-to-man relationship, we need to balance the desires and demands of our heart, mind and dick. For example, when you meet a guy and feel an attraction, how and when do you decide to have sex with him? Is it right off the bat, when your heart and mind barely know the guy? Or is it later on, when your libido has been moderated by the wisdom of your mind and the feelings in your heart? I'm not here to tell you that there's one RIGHT way to do it. I had a client who met a guy at a bathhouse, had great sex with him, exchanged numbers...you know. Then, the next day, he thought about this guy and wondered if there might be much more possible with this guy, e.g., a relationship. Initially, my client's dick had called the shots, but now his mind (thoughts) and heat (feelings) had kicked in. He came to me asking, "How can I turn a hot trick into a possible relationship?" Another way to say this is: How can I have a relationship where my mind, heart and dick are all working together?

Let's look at the heart first: the heart is all about emotions and feelings. When you're getting to know a guy, take some time and check in with yourself: what are you feeling? What emotions are you aware of? This is your heart speaking. To hear it, you have to look inward. Is your heart happy when you think about this guy? When you hear his voice, do you feel good? When you're near him, does your heart beat faster? Your may be heart telling you that there are deep feelings there.

Now let's check in with your head: your thoughts, the rational, logical part of your brain. This is where most of us live most of the time: thinking, judging, analyzing, obsessing, etc. Sometimes we have lots of "voices" in our head, and they fight each other. One voice says, "There's potential here with this guy, he's a lot nicer/smarter/funnier than I expected...could he be boyfriend material?" You may also hear another voice, that says, "Oh yeah, right, like this sex date is going to turn into a deep, meaningful relationship. Don't be an idiot, you got your rocks off, move on!" You might hear both voices giving you conflicting advice simultaneously. This isn't unusual, but it's these internal debates that often keep us stuck. When you can't stop arguing with yourself, it can be crazy-making! This is

your head at its worst.

There are lots of articles about getting in touch with your feelings (heart) and getting clear on what you're thinking (mind), but surprisingly few on making peace with your testosterone-driven friend: your dick. Watching man-on-man porn, you'd think that hard dicks and great orgasms are all that counts in GBT life. Very few porn videos show more than dicks in charge: where is the intelligence, the emotion? Heart and mind have been left behind. Sure, there's kissing in some of them, but do they ever have intelligent conversations? Heart-to-heart conversations? Rarely. Way too much GBT culture emphasizes the dick part of relationships and leaves the mind and heart far behind. Indeed, the mind and heart are almost seen as "girly" or "feminine" parts of man-to-man relationships. And yet, without the mind and heart's involvement, our relationships – from dating to long term relationships – are doomed.

Really good sex – and any successful ongoing relationship - requires the simultaneous involvement of your thoughts, emotions and libido. Simply put: why not let your dick become good friends with your thoughts and feelings? They're really like the Three Musketeers: "All for one and one for all". When they work together, life is sweet. They're all interrelated anyway. Ever noticed how a good sexual relationship is mostly mental? Check it out: the next time you're making love with a guy you really like, notice what makes you excited...both mentally and physically. When you masturbate, what fantasies do you have of this guy? What is he doing to you? What's he saying? This is all in your head: it's all your thoughts. Thoughts create feelings, and the feelings work in harmony with the pleasant physical sensations to create great sex, alone or not.

And what about your heart? By this, I mean your emotions. People who have addictive sexual behavior are rarely in touch with their emotions. Their dicks are running wild without any emotional connection to the guys they have sex with. Their emotional hunger never gets satisfied and they need to keep looking for the next man, and the next one after that. Without having your heart involved in a relationship, the sex is likely to be meaningless and leave you feeling empty. It's hard on your self-esteem too. Emotions are what bond us to other people; they're a primal part of any good sexual relationship.

While testosterone (e.g., our libido/sex drive) is a powerful force, we don't need to let it run our lives. Just because we can have lots of sex, will it bring us real satisfaction? We seldom benefit from relationships totally focused on sex, nor the opposite. When we're conscious about the role our heart, mind and dick play in our relationships, we can maintain a good balance of the three. Sure, some days the balance may be a bit skewed, but, overall, the best relationships (monogamous or not) are those where your mind is attracted to someone, your heart feels affection and connection and your dick gets just the right amount of attention too.



Pride Real Estate is happy to welcome Annie Welty to the team! Annie adds her considerable experience serving the GLBT community to Omaha's favorite real estate team!



Tim Reeder: 402-612-3833 • Carole Souza: 402-871-9817 • Annie Welty: 402-612-3125 • Brian Adams: 401-250-5256

Proudly serving Omaha's GLBT Community for 12 years

Joan Watke Stacy

Attorney at Law

2712 South 87th Avenue Omaha, Nebraska 68124 (402) 393-2994 Fax (402) 403-4959 E-Mail: jwstacylaw@gmail.com

"My specialty is family law. I'm here to help everyone!" Estate Work (Power of Attorney, Wills & Probate) Adoptions Guardianships Name Changes





Taking Our Places

Trans People Education and Support Organization

Come as you are! We do not discriminate against anyone!

T.O.P. is an organization dealing with trans issues and the community. Fun, exciting, educational and new ideas at every meeting. Come join us as friends, allies and those who support trans issues. Be a part of a growing community organization in educating the public.

First Meeting on the second Saturday of every month, starting January 9th, from 6PM to 9PM, at the Rainbow Outreach GLBT Center, 1719 Leavenworth St.

Contact Posha_Towers@yahoo.com or Jodi_p07@yahoo.com

O'Donnell Dispels Witchcraft Rumors

By Julie Bolcer

Republican U.S. Senate nominee Christine O'Donnell makes a pitch for Delaware voters to take her seriously in a new ad where the Tea Party favorite declares, "I'm not a witch."

Since her upset primary win over Rep. Mike Castle last month, O'Donnell has been dogged by an old appearance on Politically Incorrect where she told host Bill Ma-



her that she had "dabbled in witchcraft." She trails Democratic nominee Chris Coons and faces accusations of résumé padding, in addition to allegations of gay-baiting against Castle.

According to Chris Cillizza at The Washington Post, "The ad, which was produced by Fred Davis, is an attempt to re-shape O'Donnell's image for Delaware voters. O'Donnell, framed by a dark background and looking directly into the camera, says: 'I am nothing you've heard...I'm you.' (The ad bears a striking resemblance in visuals -- if not script -- to Davis-produced ads for California Senate candidate Carly Fiorina.)"

The 30-second ad ends with O'Donnell reinforcing her human credentials. "I'm you," she repeats.

Franken Takes on Bullying

By Andrew Harmon and Julie Bolcer

U.S. Senator Al Franken, who earlier this year introduced a bill explicitly addressing antigay bullying in public schools, has

condemned recent statements by a social conservative group claiming that such legislation is not only unnecessary but would serve to indoctrinate students into homosexuality.

Franken responded to comments by Minnesota Family Council president Tom Prichard, who in a blog post last week said that "homosexual activists" were manipulating media attention of multiple suicides this past



year in the Anoka-Hennepin school district in the Minneapolis



Monthly Meetings: Second Thursday 7:00 P.M. Location: First United Methodist Church 7020 Cass, Omaha, Nebraska Web Site: www.pflag-omaha.org

P.O. Box 390064 Omaha, NE 68139-0064 HELPLINE (402) 291-6781

Printing Plus Inc.

Bob Ewing

Phone: 402-491-0958 Fax: 402-932-5731

Email: printingplusinc@aol.com

17142 Shirley St - Omaha, NE 68130





area to further an agenda. Prichard also asserted that LGBT youths are at greater risk of suicide because "they've embraced an unhealthy sexual identity and lifestyle" — not because they face a well-documented higher incidence of harassment from their peers.

Of the comments, Franken told The Advocate, "After all the tragedy that Anoka-Hennepin school district students have endured this year, I find unbelievable that anyone would suggest that bullying is not a problem.

"It's clear that we need to do more to protect our students from bullying and harassment, and it's time that we extend equal rights to LGBT students," Franken said. "No student should be subjected to discrimination and harassment in school, and we must tackle this problem at every level — local, state, and federal."

Franken said the teen suicides resulting from antigay bullying in Minnesota — as well as those reported around the country in recent weeks and months, spurring unprecedented media attention on the issue — has made passage of the federal Student Non-Discrimination Act a priority.

That bill, introduced by Franken in May, would expressly prohibit schools from discriminating against students based on sexual orientation and gender identity or ignoring harassment based on those characteristics. Schools found to violate the law could lose funding from federal departments and agencies.

Franken is seeking to include the legislation in the reauthorization of the No Child Left Behind law, expected to be voted on next year. Thus far he has attracted 25 cosponsors for the bill: 24 Democrats and Vermont senator Bernie Sanders, an independent who caucuses with the Democrats. Additional sponsors are expected when Congress returns after the November midterm elections.

Companion legislation of the senate bill was introduced in the House of Representatives in January by Rep. Jared Polis, one of three openly gay congressional representatives.

Minnesota LGBT advocates also emphasized the need to codify language in state law condemning harassment based on sexual orientation and gender identity, whether actual or perceived. "The current law clearly isn't working," said Monica Meyer, executive director of OutFront Minnesota, a state LGBT group. "When you have LGBT or questioning students bullied, it's really important for the policies to name the harassment for what it is. Often schools are timid in addressing that sort of harassment for fear that they're seen as promoting homosexuality."

According to a study released in September by the Gay, Lesbian, and Straight Education Network, 85% of LGBT students surveyed said they've been bullied at school. Although there has been an increase in the availability of LGBT support groups and resources in schools nationwide, the use of gay slurs among youths has not decreased significantly in the last five years, the study found.

Caitlin Ryan, director of the Family Acceptance Project, said, "There has been a lot of research in schools about how to provide a safe climate and to support LGBT students. What we don't see is schools stepping up and putting those measures in place. We know what works. It takes will to put it into place." Minnesota Family Council's Prichard defended his views in a telephone interview, however. Though he said his group condemns bullying of all stripes, Prichard said that addressing antigay harassment as school policy "is really just a pretext for reeducating students about beliefs on homosexuality" and that the Anoka-Hennepin school district's antibullying protocols are already sufficient.

"Clearly [gay advocacy groups] are trying to add sexual orientation into the curriculum and to use this tragedy to achieve that goal," Prichard said, referring to the July suicide of Justin Aaberg, a 15-year-old high school student in Anoka who hanged himself and had endured antigay bullying at school.

Prichard said students and parents in the district told him that Aaberg committed suicide due to a breakup with his boyfriend, not because of bullying. "People say [gays] have a higher incidence of [mental health problems] because they're not embraced, or because they're ostracized. I don't think so," Prichard said. "It's unhealthy behavior."

But equating gay-inclusive antibullying standards with "indoctrination" is a well-worn, misleading argument from prominent antigay groups such as Focus on the Family and the Alliance Defense Fund, experts say.

"Talking about the fact that LGBT people exist doesn't have to mean that you're trying to change personal or religious beliefs," said Stuart Biegel, a professor of law and education at the University of California, Los Angeles, and author of the forthcoming The Right to Be Out: Sexual Orientation and Gender Identity in America's Public Schools.

"Some members of the school community are going to be gay or lesbian or transgender: Acknowledging that reality simply means that you are treating everyone with equal dignity and equal respect," Biegel said.

Teen Suicides: What Now?

Eliza Byard, the executive director of one of the country's most prominent gay youth organizations, addresses the recent spate of teen suicides and how we can make them stop.

By Eliza Byard

As we come to the end of a very difficult month for all of us who care about LGBT youth, the Gay Lesbian and Straight Education Network has received countless inquiries from members of the LGBT community asking how they can help. At the same time we've been asked if the recent surge in media reports of suicides is a sign of a new crisis or of media waking up to a longstanding problem. The truth is we really don't know. What is going on is complex and there are no simple answers.

What we do know is that anti-LGBT bullying has long been a severe public health crisis, especially during the back-to-school season. The consequences of school environments where nearly nine out of 10 LGBT youth are harassed each year because of their sexual orientation have been real and severe for a very long time. (Be alert for signs of depression and suicidal ideation and provide hot line info or referrals. The Trevor Lifeline is (866) 4-U-Trevor.)

(Continued on page 17)

GAYZETTE EVENTS

Rainbow Outreach Metro Omaha GLBT Center 1719 Leavenworth, Omaha (mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

Saturdays 4:00PM - 11:00PM Sundays call before coming by Thursdays 7:30PM - 9:00PM Fridays 6:00PM - 11:00PM

*Closed Most Major Holidays (402) 341-0330 www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

Every Sunday WORSHIP SERVICES: AUGUSTANA LUTHERAN CHURCH,

ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

DIETZ METHODIST 1423 S.10, Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONY-

MOUS 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY

CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9am and 11am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-

RIVER CITY II MIXED BOWLING, 3pm. Maplewood Lanes, starting again after Labor Day

SECOND UNITARIAN, 10:30am Sunday service, 3012 South 119th St., Omaha NE

UNITY CHURCH OF OMAHA,

3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday

A A GLBT "RAINBOW GROUP" Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402

476-3144 NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm.

RIVER CITY MIXED CHORUS RE-HEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

MCC-Omaha Church, 819 South 22nd St

Every Tuesday

HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at isandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUP-PORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK

6:30pm, Elmwood Park Parking Lot by softball field, Omaha

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Sa-

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 4:00pm, Thursday and Friday Walk-In from 5pm to 9pm, & at the Respect Clinic walk-in from 5:30pm to 7pm

UNITY CHURCH OF OMAHA, 7pm

WORSHIP SERVICES MCC OMAHA, Bible Study, 7pm

Every Thursday CONNECTIONS THIRSTY THURSDAYS Club Passion Party

DANCE LESSONS WITH GORDON

7pm, free, DC's Saloon, Classes run from Sept 9th thru May 20th annually

KARAOKE W/STACY 9:00 pm, at DC's Saloon

NAP HIV TESTING 5pm- 9pm walk-in, 250 So. 77th, Same day results

OMAHA GLBT SPORTS LEAGUE, playing Softball every Thursday 6-10pm, at Churchich park (50th and C). Games will be played through August 12th

Every Friday LIVE & LET LIVE AA Meeting,

8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more information call 402-384-8014

DJ & LIVE ENTERTAINMENT at Connections Bar, theme nights and shows

GLBT CENTER YOUTH NIGHT, 6PM to 11PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street, snacks, soda's provided

NAP HIV TESTING 5pm- 9pm walk-in, 250 So. 77th, Same day results

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

DIXIE AFTER DARK, Enjoy Breakfast at Dixie Quicks Restaurant, 12AM to 4AM, every Saturday night, 1915 Leavenworth St., Proceeds benefit local GLBT organizations

DJ MUSIC AND DANCING 10PM, Connections Bar (open Thurs., Fri., Sat. nights from 6PM to 2AM)

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday

CBCA SOCIAL GET-TOGETHER at

Broadway Joe's (34th & Broadway in CB) starting at 5:15pm every other Friday

MONTHLY EVENTS

1st Tuesday

LINCOLN MIXED CHORUS 6:30pm, Unitarian Church, 6300 A, Lincoln

1st Wednesday

FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday

GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for

1st Friday

FIRST FRIDAY COFFEE HOUSE 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Saturday

HEARTLAND GAY RODEO ASSOCIA-

TION, Meeting days and times may vary, call 402-505-3331 for info or see www.hgra.us for meeting schedules etc.

RIVER CITY GENDER LLIANCE, at 7:00 pm . See www.rivercitygenderalliance.org

2nd Thursday

PFLAG-OMAHA, 7pm to 9pm, First United Methodist Church

2nd Saturday

LEARNING TO EXCHANGE POWER

L2EP@aol.com 2pm; DC's Saloon

TOP TRANSGENDER DROP-IN, 6 to 9pm at Rainbow Outreach GLBT Center, 1719 Leavenworth St.

3rd Monday

IMPERIAL COURT OF NE, Board of Governors meeting, 6pm, meeting at the Rainbow Outreach GLBT Community Center, www.imperialcourtofnebraska.org

PFLAG SOUTH CENTRAL (HASTINGS,

NE), Meeting on 3rd Mondays at First Congregational United Church of Christ, 7th and Marian St., 7PM, email to

jsandeen@inebraska.com or call 402.462.2961 or 402.460.8696

3rd Thursday

COFFEE HOUSE Unitarian Church, 6300 A,

LINCOLN MIXED CHORUS 6:30pm, Unitarian Church, 6300 A, Lincoln

3rd Sunday

CBCA MEETING 5 PM until about 6:30 PM is our monthly meeting with potluck. We meet at St Paul's Episcopal Church in Council Bluffs

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church, 6300 & A, Lincoln, 7 p.m. YOUTH HIV TEST Lighthouse, 2530 N, Lin-

coln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

4th Friday

LEO - LÉATHER ENGINEERS OF OMAHA. Not currently meeting.

Email Your Event to: GAYZETTE@COX.NET

The Dentist

A gentle man went to the Dentist's office to have a tooth pulled.

The dentist pulls out a freezing needle to give him a shot. No thanks, Dr. Austin. "No way"! No needles! "I hate needles"! the man said

The dentist starts to hook up the laughing gas and the man immediately objected.

"I can't do the gas thing either; even the thought of having the gas mask on is suffocating me"!

The Dentist then asks the gentle man if he has any objection to taking a pill.

"No objection", the man said. "I'm fine with pills".

The Dentist then returns and says, "Here's a Viagra tablet".

The man, totally at a loss for words, said in amazement, "WOW"! "I didn't know Viagra worked as a pain killer"!

"It doesn't", said the Dentist. "But it will give you something to hold on to when I pull your tooth.

9 Months Later!

John decided to go skiing with his buddy, Keith. So they loaded up John's minivan and headed north. After driving for a few hours, they got caught in a terrible blizzard. So they pulled into a nearby farm and asked the attractive lady who answered the door if they could spend the night.

I realize it's terrible weather out there and I have this huge house all to myself, but I'm recently widowed,' she explained. 'I'm afraid the neighbors will talk if I let you stay in my

'Don't worry,' John said. 'We'll be happy to sleep in the barn. And if the weather breaks, we'll be gone at first light.' The lady agreed, and the two men found their way to the barn and settled in for the night. Come morning, the weather had cleared, and they got on their way. They enjoyed a great weekend of skiing.

But about nine months later, John got an unexpected letter from an attorney. It took him a few minutes to figure it out, but he finally determined that it was from the attorney of that attractive widow he had met on the ski weekend.

He dropped in on his friend Keith and asked, 'Keith, do you remember that good-looking widow from the farm we stayed at on our ski holiday up north about 9 months ago?'

'Yes, I do.' said Keith.

Did you, err, happen to get up in the middle of the night, go up to the house and pay her a visit?'

'Well, um, yes!' Keith said, a little embarrassed about being found out, 'I have to admit that I

'And did you happen to give her my name instead of telling her your name?'

Keith's face turned beet red and he said, 'Yeah, look, I'm sorry, buddy. I'm afraid I did.' 'Why do you ask?'

'She just died and left me everything.'

(And you thought the ending would be different, didn't vou? You know you smiled...now keep that smile for the rest of the day!)?

You and the Law

Law of Mechanical Repair - After your hands become coated with grease, your nose will begin to itch and you'll have to pee.

GLBT RESOURCE LIST

OMAHA BASED

Alphabet (ABC) Soup at UNO, http://groups.yahoo.com/group/uno_abcsoup, Phone Student Organizations at 554-2711.

BiMenNebraska, Social Support for Bi and BiCurious Men http://groups.yahoo.com/ group/BiMenNebraska and http:// groups.yahoo.com/group/Bi-MEN-MIDWEST

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org

Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Diamond Foundation, making a difference through music and education, call 877-87-DIAMOND/www.diamond-foundation.org

Family Foundations Therapy for individuals, couples or families, for info call 558-3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firstuuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded)
Front Runners/Walkers, Wednesdays at
6:30pm, Elmwood Park Parking Lot by
softball field. Omaha

Gay Lesbian Straight Education Network -Omaha, Box 641676, Omaha 68164, 712-325-0117 http://www.glsenomaha.org GayLibrary.com, World Wide Resources

GLBT Professionals, meeting at 5:30PM. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

Heartland Gay Rodeo Association, see www.hgra.us for information

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838,Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103 556-9907, Board Meets 3rd Monday, Rainbow Outreach GLBT Center, www.icon.impcourt.org

Inclusive Life Čare & Service Group 105 S. 49th Street Omaha 68132 Spiritual-Interfaith-Secular Care & Service for all Individuals, Couples and Families www.inclusivelife.org 402-516-8475

Learning to Exchange Power, L2EP@aol.com; Social, educational group novices in Leather, S/M, B/D Lifestyle

Leather Engineers of Omaha (LEO) Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting LinOma Bares, for more Info email linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9am and 11am, Wed. Worship at 70m

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska GLBT Events, Community Events Calendar web site, see www.NebraskaGLBTEvents.com

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL,com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Contemporary service Saturday night at 5:30pm

The 'Ohana Group, (GLBT / Nontraditional Family group), email to: Theohanagroup@msn.com

Omaha Bi Married Men Yahoo Group http://groups.yahoo.com/group/ OmahaBiMarriedMen

Omaha NE Gay Pride Web Page http://ONGP.com; email to: omahanegaypride@cox.net or ongp1@cox.net

Omaha GLBT Professionals, Contact omahaglbtprofessionals@cox.net for more info.

Omaha Metro GLBT Sports League, See www.omahaglbtsportsleague.org for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website; www.travel.to/outabout Email: NeOutAbout@yahoo.com

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Hamey, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter Box 390064, Omaha, 68139-0064 291-6781 Website:www.pflagomaha.org, email info@pflag-omaha.org, meet at 7pm, 1st United Methodist Church, 7020 Cass

Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com Rainbow Outreach GLBT Resource Ctr, 1719 Leavenworth, Omaha, 341-0330

Rainbow Celebrations, PO Box 8488, Omaha, 68108, call 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete info see www.rainbowcelebrations.org

River City Gender Alliance, for info see www.rivercitygenderalliance.org

River City Mixed Bowling II 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706

River City Mixed Chorus, Box 3267. Omaha, NE 68103, 402-341-SING Website: www.rcmc.org

SECOND UNITARIAN CHURCH, 3012 South 119th Street, 402-334-0537, www.secondunitarianomaha.org, GLBT Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

TOP, Taking Our Places, meets 2nd Saturdays at 6pm at Rainbow Outreach Center

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

WomenSpace, no current info is available Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director, http://involved.unl.edu/lgbtqa - 402.472.1752

or 402-472-1652 http://www.unl.edu/health/sexuality

Queer Student Alliance, UNL, contact unlgsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter; Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: http:// pflag.ineb.org/

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 – 9pm, Lesbian Videos 7:15pm, 3319 S. 46

Straight Spouse Support Grp 402-429-6094

TriCity GLBT, serving Central Nebraska, web site at http:// www.tri-city-glbt.com/

UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu/www.unl.edu/cglbtc Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494, Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Community Alliance www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

Iowa Equality, GLBT—allied against change to the state and federal Constitutions, http://www.IowaEquality.org

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at http://www.thetrevorproject.org/helpline.html

Where Can You Find The Gayzette?

Omaha:

Broadway Joe's Bar, 35th & Broadway Council Bluffs IA Connections, 1901 Leavenworth 933-3033 DC's Saloon. 610 South 14th Street 344-3103 Dixie Quick's Restaurant, 1915 Leavenworth 346-3549 Flixx . 1015 South 10th Street Omaha 408-1020 The Max, 1417 Jackson St. 346-4110 Metropolitan Community Church, 819 South 22nd Street Mystery Bookstore, 1414 South 13th St. 342-7343 Nebraska AIDS Project, 250 South 77th St 552-9260 Omaha Mining Co., 1715 Leavenworth 449-8703 Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette) 341-0330

Lincoln:

Panic Bar, 200 South 18th Street (as available) 435-8764 Q Bar, 226 South 9th Street (as available) 475-2269

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net (Teen Suicides, Continued from page 13)

The time has come for all members of the LGBT, allied, and school communities to come together to do their part to address the culture of bullying and harassment in our nation's schools and the hugely negative impact it has on our youth. The urgency is profound and the response must be collective.



As concerned friends, family, and community members and engaged and allied students, we must do our part to help at-risk youth now. Studies show that when a young LGBT person knows she or he has adult support — a teacher, nurse, guidance counselor, or parent — the individual is much more likely to turn to them for help when bullied or depressed. This support frees youth from feelings of isolation.

Those who work in schools must show visible support for LGBT students: attend a gay-straight alliance meeting, discuss October's LGBT History Month in the classroom, and be visible allies during the upcoming Ally Week (October 18–22). All school personnel must work together to help young people understand the deep impact of words and actions as well as to recognize depression and suicidal thoughts among their peers. By helping young people take responsibility for their actions and respect their peers — and simultaneously empowering them with the knowledge and skills they need to understand when their classmates are in crisis — we can work toward ending the dual epidemics of school bullying and youth suicide once and for all.

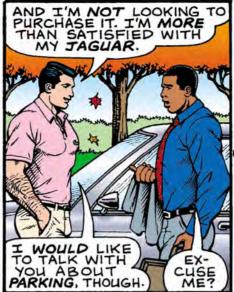
We also need federal leadership in support of a culture of respect in all schools. There is important federal legislation pending in Congress to comprehensively address school bullying, the Safe Schools Improvement Act, and to prohibit discrimination against students based on sexual orientation and gender identity and expression, the Student Non-Discrimination Act. Schools must also work to end bullying by implementing inclusive policies and training educators on how to effectively intervene in anti-LGBT harassment, teaching students to respect and help one another, and ensuring that all students know how to reach out to a peer who may be in crisis.

We can all make a difference in young people's lives. There are a few simple things we can do to show support for LGBT youth in need. Community members can ask schools what resources and supports they have in place for LGBT students, and support those schools that have taken important steps to improve school climate. We must also be active in our local school boards — and respond when those opposed to inclusive environments for LGBT students make their voices heard. And we can all make sure that youth know that there are things they can do to bring positive change in their schools and communities by alerting them to the things they can do now.

The horrible tragedies reflect the growing need to teach respect for all in our diverse society. That can begin now, in communities, schools, and at home by recognizing and addressing the needs of LGBT youth and letting them know they are not alone.

Kyle's Bed & Breakfast by Greg Fox



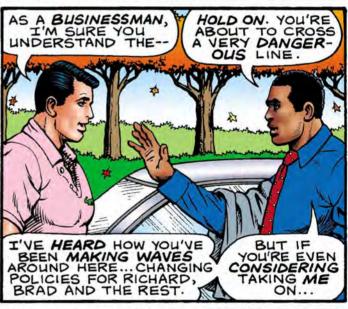




292/













Website - www.kylecomics.com

E-Mail - KylesBnB@aol.com

Fitness Corner

By Ron Blake

An addition to my life insurance policy recently had the unintended consequence of getting me to take note of my health and fitness level. Anything over \$100,000 in

coverage requires a visit with a nurse. My request for \$150,000 in coverage got me a date with a nurse who was going to be in my area.

The exam is just about as complete as a yearly physical with your regular doctor. After a series of opening questions, my assigned nurse checked my blood pressure and heart rate. I even learned that your blood pressure varies between your right and left arms.

More questions about my health status before I was sent to the bathroom with instructions for my urine test. I was unaware that this test can also check for nicotine in your system. You can check the nonsmoker box on the application but the urine test might indicate otherwise. Those insurance guys don't miss a beat.

It was then time for the needles to come out for my donation of blood. The insurance company wanted to check my HDL, LDL, cholesterol, and about a dozen other levels in my body. The nurse also checked the measurements around my chest and abdomen as well as getting my height and weight.

The EKG was just about the last order of business. I took off my shirt and was connected with all the wires that would read my heart impulses. The nurse looked at the results and said I would live through the weekend but gave no other evidence about my heart condition.

A few more questions and it was all over. I would need to wait and see what the results would be in several weeks.

The good thing about this experience is that it gets you to think about your health just like a visit to the doctor should do. The bad thing is that there isn't a doctor to go over the test results with you. The good thing is that you can make an appointment with your doctor to go over the results.

When I get the results back I will take these to my doctor for an analysis. Most of the blood work results I can understand but it doesn't hurt to get a further sidebar with my doctor.

This experience had me thinking that it wasn't just about paying more or less money for life insurance premiums. It was about statistically how long I was going to live. If there is one thing that insurance companies know how to do; it is about crunching numbers.

I could certainly get hit by a bus and not make it to age 50. That is the whole purpose of life insurance; being prepared for the unexpected. However, I would like to outlive my 30 year level term policy. It's up to me to take my test results and use it as my guide to keeping my health and fitness going in the right direction.

This health and fitness article is brought to you by that guy who doesn't want to have his double indemnity policy ever used. That accident-proof guy is Ron Blake and he can be reached at rblake5551@hotmail.com.





OCTOBER @ THE MAX

SUNDAY OCT 10TH - 5pm

Mamma Barry's MCC Benefit "An Under The Sea Sorieé" on the Patio

SUNDAY OCT 10TH - 9pm

NO Show - Just Dance!!!

SUNDAY OCT 17TH - 10pm

The Max Turnabout
Michele's Fund Benefit

SATURDAY OCT 23RD

Rainbow Pride Benefit 6pm Door / 7pm Show

SUNDAY OCT 24TH - 10pm

"FALEASHA No 5"
Diamond Princess Victory Show

SUNDAY OCT 315T - 9pm

THE MOSSIGNILY HOLLOWEED

Costume Contest at Midnight



M.THEMAXOMAHA.COM

ACEBOOK.COM/THEMAXOMAHA

Photos: Christopher Tucker

