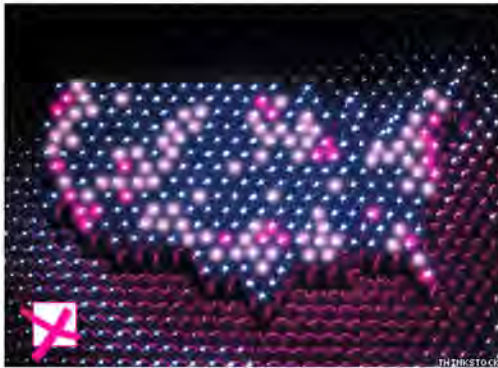




Gay Couples in Almost Every U.S. County

By Trudy Ring

It's official: We truly are everywhere. There are 901,997 same-sex couples in the United States, and they are represented in 99% of U.S. counties, according to an analysis of 2010 U.S. Census data by the Williams Institute.



The institute, a think tank based at the University of California, Los Angeles, School of Law, also reports that 60% of the couples are female, 40% male, and that 22% of all couples are raising children.

"Child-rearing among same-sex couples is most common in the Deep South and Mountain West regions," Williams Institute demographer Gary Gates said in a press release. "In these socially conservative areas, LGBT people likely come out later in life and are more likely to have a child from a relationship with a different-sex partner when they were younger."

Among large cities — population of more than 250,000 — the five with the highest proportion of same-sex couples were, in order from number 1, San Francisco; Seattle; Oakland, California; Minneapolis; and Atlanta.

Among mid-size cities — population 100,000 — the greatest concentration of gay couples was in Fort Lauderdale, Florida; Berkeley, California; Salt Lake City; Cambridge, Massachusetts; and Orlando, Florida.

Among cities with fewer than 100,000 residents, the top five were Provincetown, Mass.; Wilton Manors, Florida; Palm Springs, California; Rehoboth Beach, Delaware; and Guerneville, California.

Gay-Friendly Portland Gets Antigay Mega-church

By Trudy Ring



An antigay mega-church is moving into an ultraliberal, LGBT-friendly section of an ultraliberal, LGBT-friendly city — Portland, Ore.

The Mars Hill Church, which is based in another highly liberal city — Seattle — has bought a vacant church building in southeast Portland and will begin offering services there this weekend, The Oregonian reports.

Mars Hill has nine church campuses in the western United States, with three more to be added soon, including the one in Portland. Its founder, Mark Driscoll, often preaches against homosexuality. "A gay couple walks into your group, you're supposed to tell them to repent," he said in a sermon posted on the church website. "And if at any point you don't tell them to repent, you're not faithful to Biblical Christianity."

The Oregonian notes, "The arrival of the church in a gay-friendly city with a gay mayor has prompted reactions that range from anger to incredulity." Logan Lynn, a staff member at Q Center, the city's LGBT community center, told the paper Mars Hill is "a strange fit for our town," but added that Q Center will reach out to the congregants and invite them to visit the center. "We'll be respectful of them and try to make friends," Lynn said.

September 9th, 2011 - September 23th, 2011

P.O. Box 8583, Omaha, Nebraska 68108 (402) 341-0330
Web Site: www.rainbowoutreach.org email the GAYZETTE: gayzette@cox.net

Joan Watke Stacy

Attorney at Law

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GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page 7 1/2W X 10H \$100.00
Fourth Page 3 3/4W X 4 3/4H \$ 25.00

Half Page 7 1/2W X 4 3/4H \$ 50.00
Business Card \$ 15.00

All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads may also be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 on or before the deadline. We reserve the right to refuse any ad which we deem to be inappropriate.

Ad Deadlines: Friday, Sep 16th, for Publication Sep 23rd Friday, Sep 30th for Publication Oct 7th

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2nd Annual
Flixsac Fest

FRIDAY, SEPTEMBER 16TH

10:00AM - 5:00PM

COMMUNITY GARAGE SALE

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Recruiting Now!

Heartland Pride is moving forward with plans for 2012! We are in search of a Pride Chair, Secretary of the Board and 2-3 Members at Large for the board. In addition we are recruiting for various group coordinators/chairs.



HEARTLAND PRIDE

If you are interested please join us at the board meeting, 2nd Thursday of each month at the Element Hotel, 32nd and Dodge at 6:30p.m. (Free 3 hour parking in garage!) For more information email info@heartlandpride.org

Island Fever at the Omaha Press Club

"Island Fever" took over the Omaha Press Club on Saturday evening, August 27th when a luau themed event served as the official kick-off to the 2011 Night of A Thousand Stars Gala on Saturday, December 3 at the Magnolia Hotel, downtown.

A fundraising "Stars" party for the Nebraska AIDS Project at the Omaha Press Club raised \$15,300. The party, which drew more than 170 people, has been a tradition at the Omaha Press Club for the past 11 years.



For more information on the Night of A Thousand Stars Gala and to purchase tickets, go to www.nap.org

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Ghana AG: Gay Sex Shouldn't Be Illegal

By Advocate.com Editors

The attorney general and minister for justice for the west African nation of Ghana announced publicly that he didn't think consensual homosexual sex should be criminalized.

Martin Amidu's risky statement was made at a press event last week in Accra.

"It is illegal to invade the privacy of two rightful-thinking adults to obtain evidence for prosecution purpose," Amidu said.

As far as whether sexual relations between members of the same sex would ever be fully legal in Ghana, Amidu said he couldn't imagine it happening in the near future.



Re/Max and General Mills mum, after pulling advertising support for pro- gramming featuring 'lesbian content'

September 3, 2011-- Big real estate and household companies are finding it increasingly difficult to protect credibility and appear socially responsible as gays and lesbians go 'mainstream.'

Conservative ideologues wage war on gay community via cereal and homes

In August, gay and lesbian blogosphere static rose to a fever pitch when it seemed that General Mills and Re/max had yielded to pressure from a conservative family values group, the Florida Family Association (FFA), to remove ads from ABC programming. Citing moral incompatibility, The FFA took exception to the advertisers broadcasting on ABC because of young, lesbian characters featured on ABC's show, *Pretty Little Liars*.

The ABC show has received critical acclaim from gay activist groups for its realistic portrayal of the lives of several young, lesbian women. In July, the FFA, at the leadership of director, David Caton, began a campaign with the expressed aim of pressuring ABC to remove "...explicit lesbianism that is then presented to an audience of girls". In a letter, FFA's leadership has instructed members and followers to write letters to advertisers over what it perceives as a deviant, pro-gay message: ABC using salacious and glamorizing scenes portraying young, pretty women as lesbians sends the wrong message to these

young girls, a message that reinforces and legitimizes this homosexual lifestyle in a manner that could affect these young girls' sexual identity for a lifetime.

As one of the biggest television broadcasters in the country, ABC's lineup of popular, primetime shows attracts major advertising business from blue-chip corporations like General Electric and General Mills. Soon after the FFA's campaign against PLL began, Re/Max and General Mills pulled ads from ABC's airspace.

Unclear if Re/Max and General Mills acquiesced to FFA pressure

Though the FFA has declared a decisive victory over ABC's portrayal of alternative and gay lifestyles in shows like *Pretty Little Liars* and *Modern Family*, it remains unclear if Re/Max and General Mills were responding to pressure from the FFA or if it was mere coincidence that the ads were pulled.

The FFA, however, has reproduced documents and emails from Re/Max and General Mills that demonstrate their intentions to immediately remove advertisements that broadcast on ABC and during PLL.

On the official FFA website, David Caton posted an email from Re/Max CEO, Margaret Kelly, that seemingly confirms this:

We have looked into this situation and discovered that, while we purchase advertising on this cable station, we do not purchase advertising on that particular show. We have informed our media company to be sure to reference our list of shows that we do not want to advertise on...this show is on the list. This should not happen again.

According to this e-mail to Caton, Re/Max deliberately pulled advertisements from ABC per FFA's requests. At General Mills, a letter from the Director of Consumer Services, Jeff Hagen, to David Caton appears to affirm that General Mills also felt PLL's message didn't conform to their desired image as an ABC sponsor.

We have investigated this matter and confirmed that our advertising did air as you reported. We have informed ABC Family Channel and our agencies that *Pretty Little Liars* is not a program that we will sponsor.

According to this email, General Mills, a major producer of

(Continued on page 8)

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PARTICIPANTS NEEDED

Lesbian and Gay Couples on Parenthood

Hello!

My name is Nicholas Park and I am a doctoral student at the University of Nebraska - Lincoln. I am doing research on the experiences of gay and lesbian parents and I need your help! I would like to talk to gay and lesbian couples about how they became parents.

I need couples who:

- Have at least one child that was born or adopted within a same-sex relationship.

If you are interested in participating, please email me at npark2@unl.edu and put "Parenthood" in the subject line or call me at (402) 613-8554.

I look forward to hearing from you.

Nicholas Park, M. A.



IRB # 20110611806EP

domestic brands, believes PLL is out of step with the values of their target audience.

Over at Autostraddle, a popular lesbian affairs blog and magazine, lead blogger "Rachel" was one of the first to break the story and has raised questions as to the legitimacy of Caton's claims to have proximally punished ABC and PLL:

Actually, it seems kind of improbable that General Mills and RE/MAX did, either — they're major corporations with nationwide presence, and one apparently minor organization in Florida seems unlikely to have much pull with them.

Since the story broke in mid-August, Re/Max and General Mills have been far from candid about their individual decisions to break with ABC over the content of *Pretty Little Liars*—if that is in fact what they did.

Fox News is now reporting that Re/Max and General Mills are scuttling to further disavow relations with Caton and FFA, and want to disabuse LGBT of the perception that they are homophobic. Decisively, neither business has responded directly to allegations that they were acting in accordance with FFA's requests, nor have they subsequently reaffirmed the statements they made to Caton in email.

What is clear is that both Re/Max and General Mills are struggling to navigate the myriad and disparate interests of their huge consumer bases, without damaging their reputations. General Mills has been quick to point out that Jeff Hagen isn't a public relations person and doesn't necessarily represent the

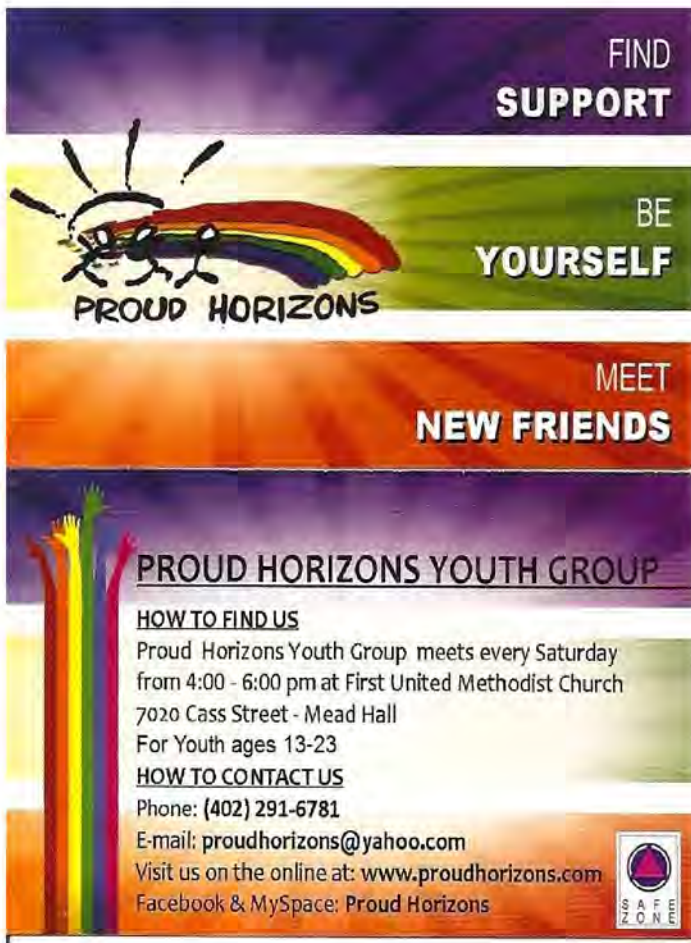
views of General Mills as a whole.

Big real estate can't maneuver swiftly enough to satisfy client needs


This imbroglio is particularly injurious for Re/Max, as the housing market around the country continues to feel the effects of a deep recession. Additionally, the National Association of REALTORS recently amended language to its organization's bylaws that prohibited discrimination based on sexual orientation. For gay advocacy groups and gay-friendly realtors, Re/Max's advertising fumble is untimely and irresponsible.

Gay and lesbian real estate business organizations and advocacy groups, like www.gayrealestate.com, are concerned that Re/Max's clumsy, vague response to FFA's backhanding tactics and the indirect insult on the gay community speak to a divided, irresolute business culture at Re/Max over issues native to the LGBT community.

Like ABC television, www.gayrealestate.com is committed to providing high quality, positive programming that prominently features lesbian and gay storylines—except in real life and in real neighborhoods. Gayrealestate.com is a real estate business expressly designed to better serve gay and lesbian clientele. A "big umbrella" approach to selling homes—like anything—can be impersonal and alienating, when it comes time to take sides. As a pillar of both the gay and real estate worlds, gayrealestate.com strives to build communities through listening, consensus, and understanding.



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S.D.: Transgender Council Member Reemerges

By Andi Alexander

A former city council member in Rapid City, S.D., is returning to the public eye as she prepares to run for a city council seat after coming out as transgender, the Associated Press reports. After several years of keeping to herself in her Rapid City home, Marla Murphy, now 55, is ready to see if her town has changed since she made her announcement while on the city council. But she has received numerous threats over the years, and she says she still is nervous when approaching a voter's front door.

"I'm just wondering whether it's true or not," she said. "If it's safe to walk out of my house, if I am accepted, it means maybe Rapid City has grown and maybe there is hope for America in a

Midwestern Rapid City kind of state."

Murphy, whose father was a soldier, went into the U.S. Air Force in 1978, and spent 11 years at Loring Air Force Base in Maine and another 11 at Ellsworth Air Force Base in Rapid City before retiring in 2000.

Murphy decided to stay in the Black Hills after retiring and was soon after appointed to fill a vacancy on the Rapid City Council that same year. During Murphy's city council term, she began to transition as a woman.



BARON ROSENBLATT/BR
(Continued on page 12)

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The Psychology of Gaining Weight



Michael Kimmel
[beyondtherapy@cox.net]

Recently, a local news program interviewed me about why people gain weight. Weight gain (and loss) is, for many of us, right up there with sex and money on the anxiety scale.

Anxiety and weight gain are linked. As the level of general anxiety continues to rise in our society, the rate of obesity rises. For many of us, food is comfort. Anxiety is usually a symptom of possible change in our lives...and change is scary and uncomfortable. So who's your best friend that's always there? Just open the refrigerator!

Scary times encourage us to eat things we don't need, when we really want comfort, not calories. I had a client who – when her business got really busy and she was flying all over the country – would always gain 5-10 pounds. We called this her “worry weight”, because it only appeared when she was overstressed or worried about her business. Once things calmed down, she always lost her worry weight. This is a perfect example of food as comfort.

Let's look at the idea of “food as a friend”. Food is nutrition. It is not a companion. Food is a sensory experience, not consolation for a lousy life. The next time you go to the refrigerator, ask yourself, “What am I looking for here?” If you're bored, sad, depressed, lonely or angry, food won't help you. Food is not your friend; it's a substitute for a friend (and a poor one).

Weight is an emotionally-laden subject: it's hard not to worry that you don't measure up to some unrealistic standard of beauty. If you're single, there's so much pressure to look “hot” to attract the right man/woman, and if you're in an intimate relationship, that's anxiety-producing too. In a workshop for couples, psychotherapist Stephen Levine said, “A monogamous relationship is the fastest way to personal growth because it brings up all your unresolved stuff faster than anything else.” Gaining weight can also be a great way to avoid sex. Really good, deep, loving sex requires vulnerability. It's easier to say “I'm too fat to have you see me naked” than to say, “I'm scared to death of how much I love you and how easily you can hurt me.”

Isn't it ironic how weight gain is almost never about being hungry? So what can you do?

- When you gain weight, slow down and ask yourself: what's really going on with me? Instead of rushing off to buy another diet book, take the time for some self-examination and find out the MOTIVATION behind your eating.

- Focus on how you're thinking and feeling, not how you look. What you think determines how you feel, and how you feel determines what, when and how often you eat. Get in touch with your thoughts and feelings and get to the core of why you're eating as you are.

- In changing any behavior pattern, first comes inner change, then external change (e.g., losing weight).

- Face the truth: food is not your best friend. It's a substitute for a friend. If you need friends, focus on building friendships, not eating.

- For most people, gaining weight really isn't about the weight, it's about your happiness (or lack of it) in your life and relationships. Address the real problem.

“Body dysmorphia” is a psychological term that describes a kind of distorted thinking about our bodies, e.g., we used to be heavy, but now, no matter how much we weigh, we can never be thin enough. We see ourselves in a distorted way, like a fun house mirror. Unfortunately, the LGBT community is rife with body dysmorphia, it could almost be our unofficial motto, “You'll never look good enough, so just give up.” It's not easy to hold onto your mental sanity against all the diet- and weight-loss related stuff shoved down our throats...but if we don't change how we think about ourselves, any diet, exercise or weight-loss program will fail over time. It's not so hard to lose weight, but it's very hard to keep it off. In her book, *The Only Diet There Is*, Sondra Ray says that only a “diet” of no negative thinking leads to long-term health and reasonable weight. Unless we change how we think, we're unlikely to change our weight or health, and the result is yo-yo dieting that trashes our self-esteem. Change your thinking and your weight will follow.



(S.D.: Council Member Reemerges, Continued from page 9)

"It was just me coming out," she told the AP. "But I got letters and emails from people in the same boat wondering how to come out. That wasn't my intention, but it was a good side intention. I brought a lot of awareness to the issue in Rapid City."

Murphy said although she will not be surprised if her opponents in the September 13 election will make her transition an issue, her thought processes are the same, and her gender identity is irrelevant to her public service.

She is ready to get back to helping others and would like to get involved again with the Red Cross and city politics, and the transition has done nothing but make her more open than she ever was as Tom, she said.

"The biggest thing is I found out I wasn't alone," said Murphy. "What I was feeling was normal. I couldn't really hide it anymore."

Community Night Out at Chicago!

Theatre lovers are invited to a reception and performance of Chicago at the Omaha Community Playhouse! Enjoy light appetizers and an open bar while mixing and mingling with Rising Star members and theatre enthusiasts! Special guest, Melanie Walters, will be joining us to talk about the production and

her role as Velma!

Rising Star Reception and Ticket \$20

Special Discount Reception and Ticket \$39

To reserve your tickets email Lora Kaup or call her at (402) 553-4890 ext. 147 by Wednesday, September 14.



Monthly Meetings: Second Thursday 6:30 P.M.
Countryside Community Church
8787 Pacific Street, Omaha NE
Web Site: www.pflag-omaha.org

P.O. Box 390064
Omaha, NE 68139-0064

HELPLINE
(402) 291-6781

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PARKING LOT SALE

Saturday September 16th

10am-5pm

Clean out your closets & bring your slightly used items down for a "community" Garage Sale...Work your own booth and keep the money or donate your slightly used items and the money made will go to local charities!!!

Register now...limited Table/Tent Space Available...

If Interested email: info@flixxomaha.com
put "garage sale" in subject line or call
402-212-4435 for more details

The logo for Flixx Lounge is written in a cursive, handwritten style. The word "Flixx" is on the top line and "Lounge" is on the bottom line. There is a small "© 2008" in the bottom right corner of the logo.

GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
1719 Leavenworth, Omaha
 (mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

Saturdays 4:00PM - 11:00PM
 Sundays 4:00PM - 6:00PM
 Thursdays 7:30PM - 9:00PM
 Fridays 6:00PM - 11:00PM

***Closed Most Major Holidays**
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www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

Every Sunday

WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH, ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

DIETZ METHODIST 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONYMOUS 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY

CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9:30am and 11:15am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY MIXED BOWLING LEAGUE, 3pm, Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, 10:30am Sunday service, 3012 South 119th St., Omaha NE

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday

A A GLBT "RAINBOW GROUP" Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP
HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS RE-HEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday

HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at anderson@hastings.edu or Judy Sandeen at jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 4:00pm, Thursday and Friday Walk-In from 5pm to 9pm, & at the Respect Clinic walk-in from 5:30pm to 7pm

UNITY CHURCH OF OMAHA, 7pm

WORSHIP SERVICES

MCC OMAHA, Bible Study, 7pm

Every Thursday

DANCE LESSONS WITH GORDON 7pm, free, DC's Saloon, Classes run from Sept 9th thru May 20th annually

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

NAP HIV TESTING 5pm- 9pm walk-in, 250 So. 77th, Same day results

OMAHA GLBT SPORTS LEAGUE, playing Softball every Thursday 6-10pm, at Churchich park (50th and C). Games will be played through August 12th

Every Friday

LIVE & LET LIVE AA Meeting, 8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more info email outandaboutsocialclub@gmail.com

DJ & LIVE ENTERTAINMENT at Connections Bar, theme nights and shows

GLBT CENTER YOUTH NIGHT, 6PM to 11PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street, snacks, soda's provided

NAP HIV TESTING 5pm- 9pm walk-in, 250 So. 77th, Same day results

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

DJ MUSIC AND DANCING 10PM, Connections Bar (open Thurs., Fri., Sat. nights from 6PM to 2AM)

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday

CBCA SOCIAL GET-TOGETHER at Broadway Joe's (34th & Broadway in CB) starting at 5:15pm every other Friday

MONTHLY EVENTS

1st Monday

HEARTLAND PRIDE, meeting 1st Monday of each month at Element Hotel, Omaha.

Email: info@heartlandpride.org, or PO Box 8273, Omaha, NE 68106

1st Wednesday

FREE RAPID HIV TESTING, 8pm to 10pm at Flix Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday

GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOGlbt@cfep-ne.org or see www.GOGlbt.org for info

1st Friday

FIRST FRIDAY COFFEE HOUSE 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Saturday

RIVER CITY GENDER ALLIANCE, at 7:00 pm . See www.rivercitygenderalliance.org

1st Sunday

SPIRITUAL FRIENDS OF LINCOLN 12-1pm Fellowship and 1p-2p worship Meets Lincoln at Bennett Martin Library info@inclusivelife.org and on Facebook

2nd Thursday

PFLAG- OMAHA, 6:30pm to 9pm, Country-side Community Church, 8787 Pacific Street Omaha, Nebraska

2nd Saturday

TOP TRANSGENDER DROP-IN, 6 to 9pm at Rainbow Outreach GLBT Center, 1719 Leavenworth St.

3rd Monday

IMPERIAL COURT OF NE, Board of Governors meeting, 6pm, meeting at the Rainbow Outreach GLBT Community Center, www.imperialcourtofnebraska.org

PFLAG SOUTH CENTRAL (HASTINGS, NE), Meeting on 3rd Mondays at First Congregational United Church of Christ, 7th and Marian St., 7PM, email to jsandeen@inebraska.com or call 402.462.2961 or 402.460.8696

3rd Thursday

COFFEE HOUSE Unitarian Church, 6300 A, Lincoln

LINCOLN MIXED CHORUS 6:30pm, Unitarian Church, 6300 A, Lincoln

3rd Sunday

BCA MEETING 5 PM until about 6:30 PM is our monthly meeting with potluck. We meet at St Paul's Episcopal Church in Council Bluffs

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church, 6300 & A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

4th Friday

LEO - LEATHER ENGINEERS OF OMAHA, Not currently meeting.

Email Your Event to:
GAYZETTE@COX.NET

Mating Season

Two Indians and I were walking through the woods. All of a sudden one of the Indians ran up a hill to the mouth of a small cave.

"Wooooo! Wooooo! Wooooo!" he called into the cave and listened closely until he heard an answering, "Wooooo! Wooooo! Wooooo! He then tore off his clothes and ran into the cave.

I was puzzled and asked the remaining Indian what it was all about. "Was that Indian crazy or what?"

The Indian replied "No, It is our custom during mating season when Indian men see cave, they holler 'Wooooo! Wooooo! Wooooo!' into the opening. If they get an answer back, it means there's a beautiful woman in there waiting for us."

Just then they came upon another cave. The second Indian ran up to the cave, stopped, and hollered, "Wooooo! Wooooo! Wooooo!" Immediately, there was the answer, "Wooooo! Wooooo! Wooooo!" from deep inside. He also tore off his clothes and ran into the opening.

I wandered around in the woods alone for a while, and then spied a third large cave. As I looked in amazement at the size of the huge opening, I was thinking, "Hoo, man!

Look at the size of this cave! It's bigger than those other Indians found. There must be some really big, fine women in this cave!"

I stood in front of the opening and hollered with all my might, "Wooooo! Wooooo! Wooooo!" Like the others, I then heard an answering call, "WOOOOOOOOO, WOOOOOOOOO WOOOOOOOOO!"

With a gleam in my eye and a smile on my face, I raced into the cave, tearing off my clothes as I ran.

The following day, the headline of the local newspaper read NAKED RED-NECK RUN OVER BY TRAIN!!!!!!

Horseback Riding

A blonde decides to try horseback riding, even though she has had no lessons, nor prior experience. She mounts the horse unassisted, and the horse immediately springs into motion. It gallops along at a steady and rhythmic pace, but the blonde begins to slide from the saddle.

In terror, she grabs for the horse's mane, but cannot seem to get a firm grip. She tries to throw her arms around the horse's neck, but she slides down the horse's side anyway. The horse gallops along, seemingly impervious to its slipping rider.

Finally, giving up her frail grip, the blonde attempts to leap away from the horse and throw herself to safety. Unfortunately, her foot has become entangled in the stirrup, she is now at the mercy of the horse's pounding hooves as her head is struck against the ground over and over.

As her head is battered against the ground, she is mere moments away from unconsciousness when to her great fortune... Frank, the Walmart greeter, sees her dilemma and unplugs the horse.

They had to put that horse down, ya know. It wasn't the first blonde that was nearly killed on that wild beast. Walmart paid Millions in damages and suffering to those ladies. That's why the horses have been replaced by that woosie teacup ride.

GLBT RESOURCE LIST

OMAHA BASED

BiMenNebraska, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org

Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Diamond Foundation, making a difference through music and education, call 877-87-DIAMOND/www.diamond-foundation.org

Family Foundations Therapy for individuals, couples or families, for info call 558-3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firstuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded)

Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

Gay Lesbian Straight Education Network - Omaha, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

GayLibrary.com, World Wide Resources

GOglbt Professionals, meeting at 5:30PM. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

Heartland Pride
PO Box 8273 Omaha, NE 68108, email: info@heartlandpride.org

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103, Board Meets 3rd Monday, Rainbow Outreach GLBT Center at 6pm, www.imperialcourtofnebraska.org

Inclusive Life
402-575-7006 www.inclusivelife.org
Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

Learning to Exchange Power, no current info available

Leather Engineers of Omaha (LEO) not currently meeting

LinOma Bares, for more Info email linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-

2563, mccomaha@mccomaha.org
Website: www.mccomaha.org Sunday
Worship 9:30am and 11:15am, Wed.
Worship at 7pm

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Contemporary service Saturday night at 5:30pm

The 'Ohana Group, (GLBT / Non-traditional Family group), email to: Theohanagroup@msn.com

Omaha NE Gay Pride Web Page
<http://ONGP.com>; email to: omahanegaypride@cox.net or ongp1@cox.net

Omaha Metro GLBT Sports League, See www.omahaglbtsportsleague.org for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout
Email: NeOutAbout@yahoo.com

OUTLinc, group to put together a community center in Lincoln. PO Box 84253, Lincoln, NE 68501-4253, www.outlinc.org

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street
Omaha, Nebraska

Proud Horizons Youth Group,
Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com

Rainbow Outreach GLBT Resource Ctr, 1719 Leavenworth, Omaha, 341-0330

Rainbow Pride/Rainbow Celebrations
PO Box 8273 Omaha, NE 68108, See www.rainbowpride.org for info

River City Gender Alliance, for info see www.rivercitygenderalliance.org

River City Mixed Bowling Sundays, Maplewood Lanes Omaha, at 3PM call 402-572-9393 for details

River City Mixed Chorus, Box 3267,

Omaha, NE 68103, 402-341-SING Website: www.rcmc.org

SECOND UNITARIAN CHURCH, 3012 South 119th Street, 402-334-0537, www.secondunitarianomaha.org, GLBT Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

TOP, Taking Our Places, meets 2nd Saturdays at 6pm at Rainbow Outreach Center

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652
<http://www.unl.edu/health/sexuality>

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter, Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: <http://pflagcornhusker.org/>

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6-9pm, Lesbian Videos 7:15pm, 3319 S. 46

Spiritual Friends of Lincoln
Offering fellowship and worship for those seeking radical hospitality, openness, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln
info@inclusivelife.org and on FaceBook

Straight Spouse Support Grp 402-429-6094

TriCity GLBT, serving Central Nebraska, web site at <http://www.tri-city-glb.com/>

UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or

email: ptetreault1@unl.edu / www.unl.edu/cglbtc
Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,
Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Community Alliance

www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

Iowa Equality, GLBT –allied against change to the state and federal
Constitutions, <http://www.IowaEquality.org>

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and
Questioning Youth 1-800-850-8078 or see web site at
<http://www.thetrevorproject.org/helpline.html>

Next Fall

Geoffrey Nauffts' Next Fall takes a witty and provocative look at faith, commitment and unconditional love. While the play's central story focuses on the 5-year relationship between Adam and Luke, Next Fall goes beyond a typical love story. This timely and compelling new American play forces us all to examine what it means to "believe" and what it might cost us not to.



"...smart, sensitive and utterly contemporary."
—New York Times

SNAP! Productions is delighted to offer the Omaha premiere of the Tony-nominated play, Next Fall, by Geoffrey Nauffts. Opening August 26 and running through September 18, 2011, Next Fall paints a beautiful and funny portrait of modern romance, asking the hard questions about commitment, love and faith.

Luke believes in God. Adam is not sure what he believes. Next Fall portrays the ups and downs of this unlikely couple's five-year relationship with sharp humor and unflinching honesty. And when an accident changes everything, Adam must turn to Luke's family and friends for support... and answers.



Where Can You Find *The Gayzette*?

Omaha:

Broadway Joe's Bar, 35th & Broadway	Council Bluffs IA
Connections, 1901 Leavenworth	933-3033
DC's Saloon, 610 South 14th Street	344-3103
Dixie Quick's Restaurant, 1915 Leavenworth	346-3549
Flixx, 1015 South 10th Street Omaha	408-1020
The Max, 1417 Jackson St.	346-4110
Metropolitan Community Church, 819 South 22nd Street	
Mystery Bookstore, 1414 South 13th St.	342-7343
Nebraska AIDS Project, 250 South 77th St	552-9260
Omaha Mining Co., 1715 Leavenworth	449-8703
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette)	341-0330

Lincoln:

Panic Bar, 200 South 18th Street (as available)	435-8764
Q Bar, 226 South 9th Street (as available)	475-2269

Would you like to have the Gayzette at your
Place of business? Email your request to:
Gayzette@cox.net

Kyle's Bed & Breakfast by Greg Fox

IS THAT ALL YOU GOT, STEELE? C'MON... YOU CAN THROW HARDER THAN THAT.

WATCH IT, LADY... YOU'RE TALKIN' TO THE GUY WHO'S UP FOR THIRD BASEMAN OF THE YEAR IN THE MINOR-LEAGUE AWARDS.

GOOD THING YOU'RE NOT UP FOR PITCHER, OR YOU'D BE IN TROUBLE.

HILARIOUS. HEY, DELIA... ABOUT THOSE MINOR-LEAGUE AWARDS...

YEAH?

WELL... THEY'RE HAVIN' A BIG, BLACK-TIE DINNER IN NEW YORK CITY...

GONNA' BE SOME FAMOUS SPORTS-WRITERS THERE... MAYBE SOME OF THE YANKEES AND METS PLAYERS, TOO.

SOUNDS PRETTY FANCY.

YEAH, UM... ALL THE GUYS ON THE TEAM ARE... BRINGIN' SOMEONE WITH 'EM... AND I GOT THIS TICKET FOR TWO...

...SO I THOUGHT... IF YOU'RE NOT DOIN' ANYTHING THAT NIGHT...

... MAYBE YOU'D WANNA' GO WITH ME.

YOU MEAN... LIKE A DATE?

NO! NOT LIKE THAT... I MEAN...

... MORE LIKE YOU N' ME... YOU KNOW... SORTA' JUST GOIN' TOGETHER BUT NOT, YOU KNOW...

... OKAY, YEAH. LIKE A DATE.

OH.

GREG FOX © 2011

FORGET IT. GEEZ. WHAT WAS I THINKIN'?

STEELE...

NO, REALLY... IT'S OKAY, DELIA. IT WAS STUPID OF ME TO ASK.

NO, IT WASN'T. AND I'D LIKE TO GO WITH YOU, STEELE, BUT...

... I'M NOT REAL GOOD AT LYING. AND ON A NIGHT LIKE THAT... WITH ALL THOSE PEOPLE AROUND... QUESTIONS ARE GONNA' GET ASKED... ABOUT YOU AND ME.

AND I DON'T THINK I COULD LIE... THE WAY YOU CAN... ABOUT WHO YOU ARE.

HOW ABOUT IF YOU PRETEND YOU DON'T SPEAK ENGLISH? THEN YOU WOULDN'T HAVE TO TALK TO ANYONE.

OKAY, NOW YOU'RE BEING STUPID...

Fitness Corner

By Ron Blake



I wrote this article several years back and have re-introduced it here in a slightly modified form. I was discussing this book recently and I also had some nostalgic moments about my first days of school all those years ago. School is in session once more and we all can learn from those smallest of students. Enjoy once again or for the first time!

All I Really Need To Know I Learned in Kindergarten was a book written by Robert Fulgham. It is a superb read about simplicity. Everyone wants to make the world so complicated and that is why it becomes so complicated. When it comes to a sound and healthy body let's adhere to some of these basic uncomplicated tenets that are presented in Mr. Fulgham's opus.

"Goldfish and white mice and hamsters all die." That's quite a mother load to throw at a five year-old kid, but it needs to be addressed sometime. This gives Johnny or Susie the time to prepare for the inevitable passing of grandma. It also gets those post-toddlers and pre-tweens asking why some lucky squares live much longer than others. And an appropriate response could be that some folks treat their bodies like dumpsters while others treat them like cathedrals. Nix the nicotine, go easy on the booze, exercise frequently, and eat more than the current supermodel but less than Bruce Vilanch.

"Warm cookies and cold milk are good for you." That's a positively profound morsel of advice. However, let's wave the wand and modify those good old-fashioned Chips Ahoy's into low-fat oatmeal raisin cookies and reintroduce that dairy product as a skim milk variety. Mmmm! Thank you sir, can I have another?

"Take a nap every afternoon." A smashing and dare I say brilliant concept. Don't you even think of working through that afternoon break or engaging in that nonsensical gossip with your colleagues. Find a quiet office space or your Nissan Maxima and entertain a siesta for fifteen to twenty minutes. It will be dollops better for you than that tobacco stick, a 32 ounce Pepsi, or that proliferation of a vicious canard about ugly Betty in the loss prevention department.

"Wash your hands before you eat." Germs are omnipresent and seeking their opportunity to invade and infect you. There are many places you go and many things you touch that are laden with bad guys. Don't go Mommy Dearest on me and obsess about the horror of it all. Just lather up the Lifebuoy or the Lever 2000 and wash away those microbial monsters before your eating events.

"Put things back where you found them." If you have a health club membership then you know the importance of this lode-star. The conspicuous signs adorning the fitness room walls should provide ample reinforcement for those of you that are prone to laziness or forgetfulness. Put your dumbbells back on the weight rack when you complete that grueling bicep exercise. Everyone achieves more when we work together to keep an organized environment.

"Live a balanced life." Author Fulgham reminds us to learn some and think some and draw and paint and sing and dance and play and work every day some. He reminds us that life is an exquisite tapestry of A to Z and one to ten. Go ahead and mix the alphas with the numerics. Variety is most definitely the spice of life and a key ingredient for salubrity.

"When you go out into the world, watch for traffic, hold hands, and stick together." Find that close relationship with that most significant other. Life is a lot easier and much healthier when you have two instead of one. Stacy Q had it all right in her one hit wonder lyrics from those golden 1980's: "Two of hearts, two hearts that beat as one. I need you! I need you!"

But don't despair if you are without a partner and your lonely heart beats as one. Friends are the family you choose and they are just as important to have and to hold. Choose them wisely and stick together like that Queer as Folk gang or that St. Elmo's Fire band of buddies.

"Share everything. Play fair. Don't hit people. Say sorry when you hurt somebody. Flush. Clean up your mess." There is so much to remember but thank golly goodness it's so easy to remember. Break life down into pieces of sage advice from that kindergarten year. It is much easier to eat a piece of pie rather than a whole slice or even an entire pie itself. Keep it simple in life and your overall health will reflect your efforts.

I really do owe it all to that morning class at Webster School in Gary, Indiana back in 1974. Thanks Mrs. Cervantes!

Ron Blake is a Play-doh guy with a Sesame Street address. He can be usually be found hangin' with his buddy Snuffleupagus. Zoom your thoughts to rblake5551@hotmail.com



NEBRASKA AIDS PROJECT

Want to Make a Difference?

Volunteer

Volunteers Needed For:
*Administrative
Client Support
Special Events*

Nebraska AIDS Project is currently looking for volunteers who want to make a difference in our community. Call Kyle today to find out how you can help.

Phone: 402-552-9260
E-mail: kyleb@nap.org

*250 South 77th St
Suite A
Omaha, NE 68114*



SEPTMEBER 2011 @ **THE MAX**

**SUNDAY 11TH - 10PM
LEGENDS BALL**

Presented by Chandler Chubbs

**SUNDAY 18TH - 9PM
DIAMOND PRINCESS
PAGEANT**

Presented by Diamond Foundation

**SATURDAY 24TH - 7PM
KITTY DUBOIS
CABARET SHOW**

**Presented by
River City Mixed Chorus**

**SUNDAY 25TH - 10PM
MR MAX 20 SHOW**

Presented by MR MAX Ryan

**FOLLOW
THE MAX**

