

The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

PFLAG Omaha Scholarship



PFLAG Omaha will be offering a \$1000.00 scholarship again this year to a graduating high school senior who plans to attend a post-secondary school. Thanks to donor, Robert Stofferson, and the PFLAG Omaha group for funding this scholarship.

The purpose of the scholarship is to recognize outstanding lesbian, gay, bisexual, transgender and allied high school seniors. We hope to encourage the pursuit of post-secondary education for self-identified LGBT youth and allies. We know that offering a scholarship will also foster a positive image for PFLAG Omaha in our community.

Information about the scholarship process and the application requirements can be found on the PFLAG Omaha website (www.pflag-omaha.org). The application form can be easily printed. Applications are due on April 1, 2013. They should be mailed to PFLAG Omaha Scholarships, Box 390064, Omaha, NE 68139.

Questions should be addressed to info@pflag-omaha.org. Carol Beaty is chairing the scholarship committee this year and can be reached at 403-332-8215. The scholarship recipient will be selected by May 1, 2013 and announced at the May PFLAG meeting.

Help us spread the word about our PFLAG scholarship. If you know of a high school senior that may be a good candidate, please let him/her know about the scholarship and check out the website. We are making the scholarship application available in the counselor's offices of metro-area high schools.

In 2013 we are offering \$1000.00 in the scholarship. You might want to consider making a donation to the PFLAG Scholarship Program to enable PFLAG to increase the award or consider selecting more than one recipient.

Contact Carrie Spencer, PFLAG President if this is of interest to you.

Iowa Bid to Prohibit Same-Sex Marriage Unlikely to Advance

Written by Jason Noble



A proposed amendment to the Iowa Constitution prohibiting same-sex marriage in the state was introduced in the Iowa House on Tuesday but has slim chances for advancing, a key legislator said.

House Joint Resolution 11 seeks to establish marriage between one man and one woman as the "only legal union valid or recognized" in Iowa. Same-sex marriage has been legal for several years in Iowa, after the state Supreme Court ruled a state law barring it unconstitutional.

To be amended to the constitution, the measure would have to win legislative approval in two consecutive General Assemblies and then go to a vote of the people.

This year, it's unlikely to take even the first few steps down that path.

Friday marks a key legislative deadline in which legislation must win approval in a subcommittee and a full committee to remain viable for floor debate and eventual passage.

That deadline all but rules out advancement of HJR 11, said House Judiciary Chairman Chip Baltimore, R-Boone.

After being introduced on Tuesday, the bill cannot be assigned to a subcommittee until the Judiciary Committee meets at 1 p.m. on Wednesday, and that subcommittee, if formed, could not hold a meeting for at least 24 hours after that, delaying dis-

(Continued on page 4)

March 8th, 2013 - March 22nd, 2013

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Whole Page	7 ½W X 10H	\$100.00	Half Page	7 ½W X 4 ¾H	\$ 50.00
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All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for PREPAID ads of any size. Payment and ads may also be mailed to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 at least one week before the deadline. We reserve the right to refuse any ad which we deem to be inappropriate.

Deadlines: Tuesday, Feb 5th for Publication Feb 8th Tuesday, Feb 19th for Publication Feb 22nd



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This project is supported in part by Region 6 Behavioral Healthcare through funding provided by the Nebraska Department of Health and Human Services/Tobacco Free Nebraska Program as a result of the Tobacco Master Settlement Agreement.



Monthly Meetings: Second Thursday 6:30 P.M.
 Countryside Community Church
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(Iowa Bid to Unlikely to Advance, Continued from page 1)

discussion until mid- to late-afternoon on Thursday.

If the bill cleared that subcommittee, it would have to be debated and passed in the full Judiciary Committee by Friday. The committee meets at 4 p.m. on Thursday, leaving perhaps a three-hour window in which the subcommittee could meet before the full committee convened, and after which the full committee would have to approve the bill.

Baltimore, who is signed on as a co-sponsor of the amendment, said all that would not happen, and that the bill would not move forward this week.

The Iowa Family Leader, the conservative organization that has led opposition to same-sex marriage, expressed some ambivalence for the measure's lack of progress. Because proposed amendments must be approved in consecutive General Assemblies, passage this year or next really makes no difference, said Family Leader Foundation President Chuck Hurley.

"There's no urgency in the sense that this year is better than next," Hurley said.

The marriage-rights advocacy group One Iowa responded immediately to the amendment's introduction with a statement in opposition.

"The introduction of House Joint Resolution 11 is a shameful

display of playing politics with Iowa families." One Iowa Executive Director Donna Red Wing said in a statement. "The truth is, Iowans have enjoyed the freedom to marry for nearly four years and nothing has happened except that loving and committed couples have married. The sky hasn't fallen."

Even if the proposal did navigate those tight deadlines and win approval in the House, it has virtually no chance of passage in the Democratic-controlled Senate, which has rejected several proposed bans on same-sex marriage over the last few years.

NAP NEWS

A new concept of analyzing HIV care, called the Treatment Cascade, was published by Dr. Edward Gardner and colleagues in the March 2011 edition of the journal *Clinical Infection Diseases*. This model gained quick attention regarding how people who were HIV+ were falling out of care along several steps of care, starting at testing and cascading through the steps of treatment all the way through to adherence with sustainable undetectable viral loads. Always alert and keeping ourselves informed, Nebraska AIDS Project (NAP) utilized this research and took quick measures to implement the most innovative practices locally.

Did you know that in 2012 NAP tested 1,368 people for HIV in the Omaha office alone? The dedicated and concerted effort of testing for the community relies on the help of a team of well trained volunteers, directed by skilled staff, all of whom provide the necessary care needed for people who come in to get tested. For many, the approximate 20 minutes of waiting for their results ends in decreased anxiety as they are informed their test result is nonreactive, or in other terms negative. However, for some their anxiety may be increased as they are informed their test results are reactive and a second test needs to be completed and sent to a lab for confirmation.

So what does NAP do for those whose 2nd test comes back positive? Traditionally, people who tested positive for HIV at NAP were provided a direct referral to an HIV specialist physician and to NAP case management if that particular set of services were needed as well. As of 2012 NAP, utilizing the Gardner Treatment Cascade, followed the national trends of adding a new layer of service provision that is producing increased personal awareness of education and quicker access to medical care.

If a person tests positive in the Omaha office they are given an opportunity to meet with the Linkage Coordinator, who is available in the Omaha office during all testing confirmations of HIV results. If the person newly tested positive with HIV is agreeable, they meet with the Linkage Coordinator who briefly explains the program which details 5 educational classes while working on accessing an HIV clinic of the client's choosing simultaneously. The classes provided are: HIV 101, Stigma/Confidentiality/Social Support, Medications/Side Effects/Adherence, Life Span/Life Styles, and Preparing for your Doctor's visit. During this time personal strengths are reviewed, actions plans are made, and referrals are provided for other areas of personal care needs identified during the classes. The Linkage Coordinator is even available to take a new client to

(Continued on page 6)

The Hungry Homo

By Lisa Broadway-Savage

So after telling the editor (dad) that he couldn't just pull any old recipe off the web and put it into the Gayzette, he did just that last month right next to my Pepper Steak recipe. I even mentioned in the column (that he obviously didn't read) that he couldn't do that. Let's see if he reads my column this month and edits my commentary prior to publication. If the Spiced Green Beans recipe sucked, it's not my fault.

With the Lenten season is in full stream (get it? fish... steam...), I recommend hitting your local fish fry even if you're not Catholic. That being said, I HATE fish (or so I thought). I am very selective about my fish fries, and only go to ones that serve shrimp.



If you're up for something new, try the Bang Bang Shrimp at All Holy Name Greek Orthodox on 90th and Q Street.

Did I mention that I HATE fish? My wife has been trying for three years to find a fish that I like, and my father in law finally nailed it when he made Panko Encrusted Swai for dinner one night and forced me to eat it. It's a very mild, non-fishy tasting fish that is easy on your wallet. This dish uses Panko, a crunchy Japanese style bread crumb. If you can't make it to your local fish fry, give this dish a try at home.

Panko Encrusted Swai

Ingredients:

- 1 cup Panko with Italian Herbs (you can buy it that way, or just add Italian seasonings to regular Panko)
- ¼ cup Parmesan Cheese (the kind in the can that you put on pizza works great)
- 4-6 pieces of Swai (it's in the frozen fish section at the grocery store, thaw before using)
- Olive oil

Directions:

1. Mix the parmesan cheese and Panko together in a dish or on a plate

2. Place unrinsed fish in dish and coat with panko mixture
3. Fry in pan coated with olive oil over medium heat, 7-8 minutes a side. Don't keep flipping the fish or the Panko will fall off

Dad's side of the story:

I thought the Pepper Steak needed something to complement it and the green beans recipe fit the bill. I have made them and they are delicious.

But, being the dad (and editor) I have bowed to my daughters will and will give her free reign of the column.

As always, if you have a suggestion or request for another recipe, send it to Gayzette@cox.net and I will pass it on to her.

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Zach Wahls

'What Makes a Family?'

Tuesday, 12 March 2013

7:00 p.m.

The Thompson Center at UNO



Zach Wahls tried to answer that very question when he testified before the Iowa House Judiciary Committee in January, 2011.

The son of two lesbian mothers, the 19-year-old University of Iowa engineering student had no idea that his heartfelt testimony that day would spread like viral wildfire.

Just two days after he testified during that hearing,

however, a YouTube video of his testimony went viral, garnering nearly two million views with millions more via Facebook, Twitter, national and international television, and other online media.

Zach shares a story that has never before been told, and offers a fresh, bold perspective on a recently rekindled -- and always contentious-- issue: gay marriage. Is same-sex marriage a human right?



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Public Welcome

(Nap News, Continued from page 4)

their first appointment where they meet the medical team and labs are drawn, and then also to the second medical appointment where the lab results are interpreted for them by the medical team. To ensure a person is connected to medical care, if a person opts out of meeting with the Linkage Coordinator they are referred to a medical provider by the testing team. Additionally, if they agree to meet with the Linkage Coordinator but opt out of the program offered by the Coordinator, they are referred to a medical provider by the same referral processes used by the testing team.

With the coordination of the highly skilled testing counseling team and the services offered by the Linkage Coordinator, persons testing positive at NAP in the Omaha office are provided a level of service that not only addresses their status, but enhances their quality of living as they are empowered by education and rapid access to medical care.

Want to know more about NAP? Please visit our website at www.nap.org and join us on Facebook.

8 Tips for Choosing the Right Agent to Sell your Home

Are you looking for a realtor to represent you in the sale of your

home? A good realtor can make a significant difference in selling your home. This article will provide you with 10 valuable tips that will become useful for you in choosing the right realtor.

1. Select a professional with some experience. Selling a home is not considered an easy task in many parts of the country in today's market. Therefore you need to select a professional who has experience in listing, marketing and selling homes ~ not a "buyer's agent" but a selling agent.

2. Look at their past. You need to examine the past of the realtor and check whether he has maintained an excellent customer reputation within the past few years. At sites like GayRealEstate.com past client comments are posted on realtor profiles. This will assist you to analyze the realtor with less hassle.

3. Have an initial conversation with more than one realtor. Again, with sites like GayRealEstate it's easy to choose a couple of different agents based upon their profiles, areas of specialty and past client feedback.

4. Interview realtors in a proper way. Most realtors hate this tip. You need to meet with more than one agent and have them do a full listing presentation for you. This usually consists of their marketing plan, background, background on their brokerage and a valuation of your property.

5. Don't go for the biggest producer at all the times. Don't assume that the highest producer is the best Realtor or gives the best service. Therefore you need to analyze the real-





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OMAHA STORM CHASERS AND DIVERSITY NIGHT

Join your friends and family for a night of fellowship, fun and baseball as the Omaha Storm Chasers will host Diversity Night. The Omaha Storm Chasers will be taking on the farm club of the Los Angeles Dodgers, Albuquerque Isotopes.

This event will take place at Werner Park on Wed April 17, 2013 at 635pm. Tickets will be \$7.00.

Come out and listen to the River City Mixed Chorus as they sing the National Anthem and the Community Organization of the night will be Metropolitan Community Church. Come out and support the community as someone from MCC-Omaha will throw out the first pitch and have a live interview on the field.

For details contact Kevin Marik at bigred1997@hotmail.com or call 402 658-8494.

This is open to all GLBTA organizations and the more support we have from our community the better we will be.

Please feel free to pass along the info to other groups and lets get together as one community.

You don't want to miss this opportunity to Show Our Colors.

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tors and go for the most reputable one, and the one your gut tells you to get a hassle free service.

6. You get what you pay for. The market decides what a Realtor can charge as the service charges. If it is too much, people will not tend to use them. Discounted realtors don't have the ability to maintain their business for a long period of time, or spend the massive amount of money it takes to market your home properly. Therefore you need to use your common sense and don't pick based upon the lowest commission... after all, if the house doesn't sell, you'll have a really low commission... zero.

7. Don't allow the realtor to buy your listing. It is common for a home seller to list with the realtor that gives them highest asking price. You should not do this and you need to

have your realtor defend any price they come up with ~ the numbers are black and white, make sure you understand them, and price your home to sell.

8. Ask for past client contact information. Tell both agents your interviewing you'd like to speak with at least three people whose homes he/she sold in the past 12 months. Actually call them and see what the feedback is.

All these tips will assist you to sell your home with less hassle with the help of a professional realtor ~ happy home selling!

Author Jeff Hammerberg is the Founding CEO of www.GayRealEstate.com jeffhammerberg@gmail.com

(Continued on next page)

7 Steps toward a Happier You

Lately, I've been experimenting with ways to be happier. I am a personal growth junkie: I am always interested in learning something new about how to have a happier, healthier, more peaceful and prosperous life. As a psychotherapist, I share these ideas and techniques with my clients and now I'd like to share some of them with you:

Step 1: Letting go of our stories: Our words are very powerful. What we tell ourselves is amazingly self-fulfilling. If we keep telling ourselves the same stories over-and-over, we are pretty much doomed to keep having the same experiences over-and-over. Our stories create our self-image. If you are willing to release your old stories about yourself, who you are and who done you wrong, you are opening the door to new experiences. It is simple, but not easy. Begin the process by noticing the stories you tell yourself about who you are, who hurt or betrayed you, what you think about men/women/relationships/money, and start to notice what you are perpetuating in your life.

Step 2: Forgiving people: I wish this weren't true, but holding grudges against people ultimately harms only you. I have held a lot of grudges in my time, and none of them did me any good. While I was angry at people who I thought treated me badly and should be "punished", these people were off with other people having a great time. Who suffered? Me. I know that forgiveness is hard, but start here: be willing to forgive. It will start the ball rolling.



Step 3: Embracing peace and releasing drama. For some people, drama gives the illusion of feeling "alive". These people are confused (or very, very young). Drama is not aliveness, it is a substitute for aliveness. Aliveness is a life full of opportunity and new possibilities. Drama sucks the energy out of you. Aliveness gives you energy. Drama is often a diversion from looking at the deep (old) pain in your life. Face your pain, clean it up and reduce your drama.

Step 4: Embracing more sophisticated ways of functioning. Are you doing the same old shit over-and-over? Is it working? I didn't think so. As we age, the Universe/God keeps showing us what we need to let go of in order to embrace something better. It's like the Buddhist idea of the empty rice bowl: if you're holding on to stale old rice in your bowl, there's no room for fresh, new delicious rice. You've got to dump that stale, moldy old rice so there's room for something new and wonderful. Scary? Sure. Productive? Absolutely.

Step 5: Polishing your rough edges: We all have areas where we're not so smooth or high functioning; start to notice them. If you really want to discover your "rough" spots, ask people who know you. They probably see them much more clearly than you. And don't beat yourself up for them, instead, just notice them and be willing to change. Start with compassion – not

punishment – for yourself.

Step 6: Emptying yourself. Try saying some version of "I am empty" meaning, I am open, I am willing to let go of preconceived ideas. It's a really interesting phrase that I've been working with, and it is quite helpful at letting go of upset and feeling calm and spacious. So often our mind feels full of thoughts that we can't let go. These thoughts can even keep us from falling asleep or enjoying time with our loved ones. Emptying yourself let's you dump all that junk and see how you feel without it. Try telling yourself, "I am empty" and see where it takes you.

Step 7: "I don't need to know". This is another phrase that I frequently tell myself. So many of us think that more information will bring us happiness. Usually, it doesn't. In fact, you will be happier if you can let go of having to "know" and "be right". Information is useful, but only if you use it in a way that works for you and those you love. Too much information can actually be very unhelpful. Try saying "I don't need to know." And feel how freeing it is. You may be surprised to find out that it's true.

Sheriff: No Hate Crime Investigation for Slain Gay Candidate

The family of a brutally slain up-and-coming gay politician in Mississippi has demanded that authorities take a closer look into the murder of Marco McMillian, who was running for mayor of Clarksdale, Miss., and was considered to be one of the first viable openly gay office seekers in the state.

McMillian's family said they want his death to be investigated as a hate crime, due to the nature of the incident. However, the Coahoma County Sheriff's Department said they would not explore the option, the Clarion-Ledger newspaper reports. They have also been tight-lipped with media and McMillian's family about the details of his death, his godfather Carter Womack said.

"He was very concerned about his safety—people had tried to talk him out of the race," Womack said to the paper. "The family feels this ought to be investigated a hate crime."

The candidate's body was found near the Mississippi River last week after he had apparently been beaten, dragged, and set ablaze. His body was recovered a day after his SUV was involved in a head-on collision. McMillian was not in the car at the time of the accident, as investigators believe he had already been dead, and his body had been dumped several hours prior. The man driving the SUV was Lawrence Reed, 22, who was arrested in connection to McMillian's death. Reed was initially airlifted to a Memphis hospital, but is now being held at the Shelby County Jail in Memphis.

At the time of Reed's arrest, the sheriff's department did not release information on any theories about a motive, although the county coroner said he believed politics was not a factor. While Mississippi's hate crime laws cover race, gender, and religion, it does not protect against crimes spurred by antigay bias.



Some believe that Reed and McMillian knew each other prior to the murder, but McMillian's family said they had no knowledge of a prior relationship.

McMillian, 33, was the CEO of MWM & Associates, a consulting firm that works with non-profit organizations.

Blackburn was one of the 138 to vote against the bill, with 286 in favor. Eighty-seven Republicans supported the LGBT-inclusive VAWA.

"I didn't like the way it was expanded to include other different groups," she said. "What you need is something that is focused specifically to help the shelters and to help out law enforcement who is trying to work with the crimes that have been committed against women and helping them to stand up."

Tebow Heading to Liberty U For Men's Workshop

BY Michelle Garcia.

Jets backup quarterback Tim Tebow may have backed out of an appearance at a megachurch, possibly due to pastor Robert Jeffress's extreme views, but he will still appear at the private, religious Liberty University at a men's conference this weekend.

Liberty's Convocation, which takes place throughout each semester, is billed as "North America's largest weekly gathering of Christian students." Tebow's talk on March 8 will be closed to the public, according to a schedule of events acquired by Right Wing Watch.

Tebow's talk will focus on men's issues, complete with Chick-fil-A boxed lunches, and other food options. Workshops will include fishing, football, home defense, marriage, baseball, disaster preparedness, and other topics.

Liberty University was founded by the late televangelist Jerry Falwell. The school bans openly gay students, and has hosted several antigay events.



Congresswoman Votes Against VAWA Because of LGBT Inclusiveness

BY Michelle Garcia.

A Republican congresswoman admitted that the only thing preventing her from voting in favor of the reauthorization of the Violence Against Women Act because of its' LGBT-inclusive provisions, among others.



Tennessee Rep. Marsha Blackburn told MSNBC that she voted against the newly approved House version of the VAWA due to added protections for LGBT people subjected to partner violence, as well as Native American people and immigrants.

GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
3620 Leavenworth, Omaha
(mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

Saturdays 4:00PM - 8:00PM
Sundays 4:00PM - 6:00PM
Thursdays 7:30PM - 9:00PM
Fridays 6:00PM - 11:00PM

***Closed Most Major Holidays**
(402) 341-0330
www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

Every Sunday

WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH, ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

DIETZ METHODIST 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONYMOUS 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM
FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY

CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9:30am and 11:15am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY MIXED BOWLING LEAGUE, 3pm, Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, 9:30 & 11:30am Sunday service, Vespers Service 4th Sunday at 5pm, 3012 South 119th St., Omaha NE 402-334-0537

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday

A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS RE-HEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday

HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 3:30pm, Walkin from 5pm to 8pm

UNITY CHURCH OF OMAHA, 7pm

WORSHIP SERVICES

MCC OMAHA, Bible Study, 7pm

Every Thursday

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

NAP HIV TESTING 250 So. 77th., by appointment from 1:30pm to 3:30pm and Walk-In from 5pm to 8pm

Every Friday

LIVE & LET LIVE AA Meeting, 8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more info email outandaboutsocialclub@gmail.com

GLBT CENTER YOUTH NIGHT, 6PM to 11PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 3620 Leavenworth Street, snacks, soda's provided

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday

CBCA SOCIAL GET-TOGETHER at Barley's, 114 West Broadway in CB) starting at 5:00-7:00pm every other Friday

MONTHLY EVENTS

1st Wednesday

FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday

GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

1st Friday

FIRST FRIDAY COFFEE HOUSE 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Saturday

RIVER CITY GENDER ALLIANCE, at 7:00 pm. See www.rivercitygenderalliance.org

1st Sunday

SPIRITUAL FRIENDS OF LINCOLN

12-1pm Fellowship and 1p-2p worship
Meets Lincoln at Bennett Martin Library
info@inclusivelife.org and on Facebook

2nd Monday

NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm
—50th & Ames Ave.

2nd Thursday

HEARTLAND PRIDE, Board Meeting- at D
Dale Clark Library, 215 S. 15th St. 6:30pm-
8pm, Email: info@heartlandpride.org, or find
us on Facebook

PFLAG—OMAHA, 6:30pm to 9pm, Country-
side Community Church, 8787 Pacific Street
Omaha, Nebraska

2nd Saturday

Ecumenical Catholics of Omaha, 5pm –
6:30pm, A progressive community in the Cath-
olic tradition, Meets in the MCC sanctuary
Phone: 402.953.7656
Email: ecuomaha@live.com
Web: www.ecuomaha.org

3rd Monday

IMPERIAL COURT OF NE, Board of Gov-
ernors meeting, 6:30pm, meeting at the MCC-
Omaha, www.imperialcourtofnebraska.org

3rd Saturday

Ecumenical Catholics of Omaha, 5pm –
6:30pm, A progressive community in the Cath-
olic tradition, Meets in the MCC sanctuary,
Phone: 402.953.7656
Email: ecuomaha@live.com
Web: www.ecuomaha.org

3rd Sunday

CBCA MEETING 5 PM until about 6:30 PM
is our monthly meeting with potluck. We meet
at St Paul's Episcopal Church in Council Bluffs

4th Monday

NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm—
50th & Ames Ave.

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church,
6300 & A, Lincoln, 7 p.m.
YOUTH HIV TEST Lighthouse, 2530 N, Lin-
coln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

4th Friday

**LEO - LEATHER ENGINEERS OF OMA-
HA**, Not currently meeting.

2nd Saturday

Ecumenical Catholics of Omaha, 5pm –
6:30pm, A progressive community in the
Catholic tradition, Meets in the MCC
sanctuary
Phone: 402.953.7656
Email: ecuomaha@live.com
Web: www.ecuomaha.org

Email Your Event to: **GAYZETTE@COX.NET**

Bragging Rights

Four old Catholic men and a Catholic
woman were having coffee in St. Peters
Square .

The first Catholic man tells his friends,
"My son is a priest, when he walks into a
room, everyone calls him 'Father'."

The second Catholic man chirps, "My son
is a Bishop. When he walks into a room
people call him 'Your Grace'."

The third Catholic gent says, "My son is a
Cardinal. When he enters a room every-
one bows their head and says 'Your Emi-
nence'."

The fourth Catholic man says very proud-
ly, "My son is the Pope. When he walks
into a room people call him 'Your Holi-
ness'."

Since the lone Catholic woman was sip-
ping her coffee in silence, The four men
give her a subtle, "Well....?"

She proudly replies, I have a daughter,

SLIM & TALL

40 D Breasts
24" WAIST and
34" HIPS

When she walks into a room, people say,

Oh, MY God!!!

THE HINGE

Charlie was installing a new door and
found that one of the hinges was missing.

He asked his wife Mary if she would go
to the hardware store and pick up a hinge.

Mary agreed to go.

While she was waiting for the manager to
finish serving a customer, her eye caught
a beautiful bathroom faucet.

When the manager was finished, Mary
asked him, "How much is that bathroom
faucet?"

The manager replied, "That's a gold plated
bathroom faucet and the price is \$600.00.

Mary exclaimed, "My goodness, that's a very
expensive faucet. It's certainly out of my price
bracket." She then proceeded to describe the
hinge that Charlie had sent her to buy.

The manager said that he had them in stock
and went into the storeroom to get one.

From the storeroom the manager yelled,
"Lady, do you want a screw for the hinge?"

Mary paused for a moment and then shouted
back, "No, but I will for the faucet.

This is why you can't send a woman to the
hardware store!!!

Tax Time

A woman walks into an accountant's office
and tells him that she needs to file her taxes.

The accountant says, "Before we begin, I'll
need to ask you a few questions. He gets her
name, address, Social Security number, etc.
And then asks, "What's your occupation?"

"I'm a Lady of the night," she says.

The accountant is somewhat taken aback and
says, " Let's try to rephrase that."

The woman says, "OK, I'm a high-end call
girl".

"No, that still won't work. Try again."

They both think for a minute; then the woman
says, "I'm an elite chicken farmer."

The accountant asks, "What does chicken
farming have to do with being a prostitute?"

"Well, I raised a thousand little peckers last
year."

"Chicken Farmer it is."



They don't keep YOU on a leash
because they WANT you to run away

GLBT RESOURCE LIST

OMAHA BASED

BiMenNebraska, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org

Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Family Foundations Therapy for individuals, couples or families, for info call 558-3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranoma.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firstunitarian.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded)

Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

Gay Lesbian Straight Education Network - Omaha, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

GayLibrary.com, World Wide Resources

GOglbt Professionals, meeting at 5:30PM. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

Greater Omaha LGBT Democrats <http://omahalgbtDemocrats.wordpress.com> - contact Ken @ 402-686-6389 See also <http://ProgressiveOasis.com>

Heartland Pride www.heartlandpride.org, email: info@heartlandpride.org; meets on the 2nd Thursday of each month from 6:30pm to 8pm. @ D. Dale Clark Library

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103, Board Meets 3rd Monday, Rainbow Outreach GLBT Center at 6:30pm, www.imperialcourtofnebraska.org

Inclusive Life 402-575-7006 www.inclusivelife.org
Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

Learning to Exchange Power, no current info available

Leather Engineers of Omaha (LEO) not currently meeting

LinOma Bares, for more Info email

linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org
Website: www.mccomaha.org Sunday Worship 9:30am and 11:15am, Wed. Worship at 7pm

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Sunday service at 9:30am, see www.NorthSideOmaha.org

The 'Ohana Group, (GLBT / Non-traditional Family group), email to: Theohanagroup@msn.com

Omaha NE Gay Pride Web Page <http://ONGP.com>; email to: omahanegaypride@cox.net or ongp1@cox.net

Omaha Metro GLBT Sports League, See www.oglbtsports.com for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout
Email: NeOutAbout@yahoo.com

OUTLinc, a nonprofit organization that engages in and fosters the well-being and advancement of the LGBT community, www.outlinc.org, Lincoln NE

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com

Rainbow Outreach GLBT Resource Ctr, 3620 Leavenworth, Omaha, 341-0330

Rainbow Pride/Rainbow Celebrations PO Box 8273 Omaha, NE 68108, See www.rainbowpride.org for info

River City Gender Alliance, for info see www.rcga.org or call 402-291-6781

River City Mixed Bowling Sundays, Maplewood Lanes Omaha, at 3PM call 402-572-9393 for details

River City Mixed Chorus, Box 3267, Omaha, NE 68103, 402-341-SING Website: www.rcmc.org

SECOND UNITARIAN CHURCH, 3012 South 119th Street, 402-334-0537, www.secondunitarianomaha.org, GLBT Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652

<http://www.unl.edu/health/sexuality>
Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter: Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: <http://pflagcornhusker.org/>

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6-9pm, Lesbian Videos 7:15pm, 3319 S. 46

Spiritual Friends of Lincoln
Offering fellowship and worship for those seeking radical hospitality, openness, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln info@inclusivelife.org and on FaceBook

Straight Spouse Support Grp 402-429-6094
TriCity GLBT, serving Central Nebraska, web site at <http://www.tri-city-glb.com/>

UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu / www.unl.edu/cglbtc
 Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,
 Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Health Department/Free STD Clinic
 209 Pearl Street, Council Bluffs, Iowa 51503, 712-328-4666 – ask for Rachel, Monday – Friday by appointment, call to inquire about extended hours, **FREE testing for HIV, Syphilis, Gonorrhea and Chlamydia**
Council Bluffs Community Alliance

www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

First Congregational Church, United Church of Christ, GLBT friendly, 611 First Avenue, Council Bluffs, IA 51501, 712-322-5324 - <http://www.cbfirstcongregational.org/>

Iowa Equality, GLBT –allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at <http://www.thetrevorproject.org/helpline.html>

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Where Can You Find The Gayzette?

Omaha:

DC's Saloon, 610 South 14th Street 402-344-3103
 Dixie Quick's Restaurant, 157 West Broadway 402- 346-3549
 Flixx , 1015 South 10th Street Omaha 402-408-1020
 Lover Luxuries, 6065 Maple St. 402-932-3377
 The Max, 1417 Jackson St. 402-346-4110
 Metropolitan Community Church, 819 South 22nd Street
 Mystery Bookstore, 1414 South 13th St. 402-342-7343
 Nebraska AIDS Project, 250 South 77th St 402-552-9260
 Omaha Mining Co., 1715 Leavenworth 402-449-8703
 Rainbow Outreach Metro Omaha GLBT Resource Center, 3620 Leavenworth St. (home of The Gayzette) 402-341-0330

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net

Antigay Scottish Cardinal Admits to Inappropriate Sexual Conduct

Cardinal Keith O'Brien, who has been accused of inappropriate conduct with four men, today admitted his behavior 'has fallen below the standards' expected of him.

BY Trudy Ring.

Cardinal Keith O'Brien, who resigned last week as the head of the Roman Catholic Church in Scotland, has admitted to inappropriate sexual behavior earlier in his career, a week after allegations surfaced involving three young priests and a seminarian.



"I wish to take this opportunity to admit that there have been times that my sexual conduct has fallen below the standards expected of me as a priest, archbishop and cardinal," O'Brien, who is noted for his antigay remarks, said in a statement posted online today. The New York Times reports. He also offered an apology and said he will play no further public role in the church.

Last weekend The Observer, a U.K. newspaper, reported on allegations of inappropriate sexual conduct with the four men, with the earliest instance occurring in 1980. "The first was a seminarian when Cardinal O'Brien, then a priest, served as a powerful supervisory figure in two Scottish seminaries, the Times reports. "The others were young priests; it is not clear exactly when in the 1980s they say they were subject to his unwanted advances."

During the papacies of John Paul II and Benedict XVI, O'Brien took an ultraconservative stance on homosexuality, the paper reports. "Abandoning the relatively tolerant approach to the issue he had adopted in the years before he donned a cardinal's red hat, he condemned homosexuality as immoral, and as a 'grotesque subversion,'" the Times notes.

He is the highest-ranking figure in the Roman Catholic Church to admit to sexual misconduct in recent years.

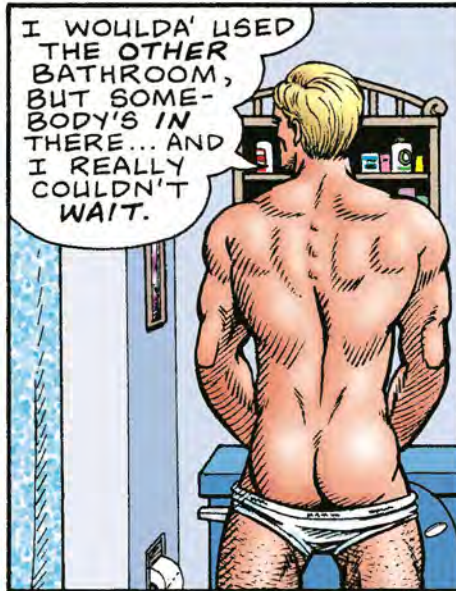
Kyle's Bed & Breakfast by Greg Fox

GREG FOX © 2013

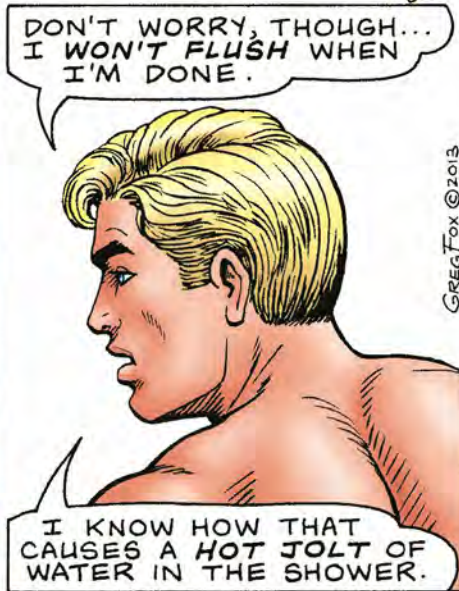


HEY, WHOEVER'S USIN' THE SHOWER...DON'T MIND ME.

I JUST GOTTA' PEE QUICK.

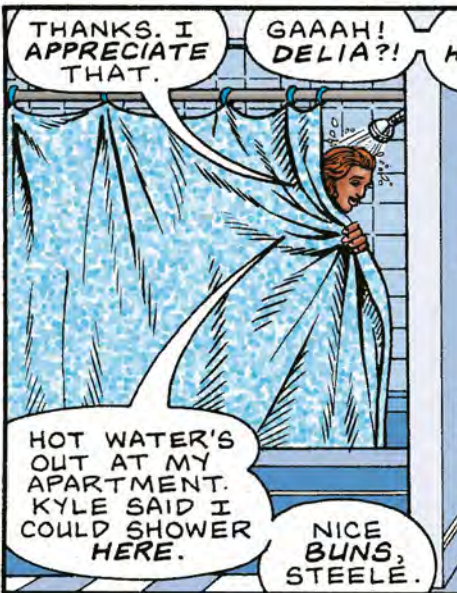


I WOULD'VE USED THE OTHER BATHROOM, BUT SOMEBODY'S IN THERE... AND I REALLY COULDN'T WAIT.



DON'T WORRY, THOUGH... I WON'T FLUSH WHEN I'M DONE.

I KNOW HOW THAT CAUSES A HOT JOLT OF WATER IN THE SHOWER.



THANKS. I APPRECIATE THAT.

GAAAH! DELIA?!

WHAT THE... HELL ARE YOU DOIN' HERE?!

HOT WATER'S OUT AT MY APARTMENT. KYLE SAID I COULD SHOWER HERE.

NICE BUNS, STEELE.



SHORTLY...

...AND MY LANDLORD SAYS MY FURNACE WON'T BE FIXED FOR THREE WEEKS!

THREE WEEKS?! WITHOUT HEAT OR HOT WATER?

THAT'S INSANE, DELIA! IT'S 22 DEGREES OUTSIDE!

HEY, YOU KNOW... MORGAN'S AWAY IN LONDON ON BUSINESS FOR A FEW MONTHS.



WHICH MEANS I HAVE AN OPEN ROOM. WHY DON'T YOU STAY HERE UNTIL YOUR FURNACE IS FIXED?

REALLY? BUT...

...WOULDN'T I BE BREAKING UP THE B&B'S "ALL-BOYS CLUB"?



YOU'RE HERE ALL THE TIME ANYWAY, DELIA. BESIDES... I NEVER INTENDED THIS PLACE TO BE AN ALL MALE ESTABLISHMENT.

I INSIST YOU STAY.

OKAY, KYLE. THANKS!



DID YOU SEE MY PENIS?

WHY? IS IT MISSING?

I MEANT WHEN WE WERE IN THE BATHROOM BEFORE. DID YOU ACTUALLY SEE IT?

OH, RELAX. I'VE SEEN PLENTY OF BIGGER ONES.

THAT'S SUPPOSED TO MAKE ME FEEL BETTER?

Fitness Corner

By Ron Blake



ARE YOU BREAKING UP WITH ME?

How difficult can it be to maintain health and fitness during a divorce, breakup, or separation? Whatever word you call it, the situation can create havoc for even the best laid plans. Depression, anger, sadness, and a gaggle of other emotions can flood you and make you feel worthless and despondent. How you face the moment can determine the course your health will take.

It is good to bring your inner circle of friends and family together to guide your ship through these choppy waters. These BFF's and family members can give you support and tell you all the right things to keep you going through your separation. They can put that positive spin on everything and assure you it will be fine. Get out the rolodex and reach out and touch someone.

Keep busy during the days, weeks, and months following your breakup with your significant other. Idle time gives you opportunity to dwell on what went wrong. This can then lead to over-eating and a state of depression. Keep the calendar chocked full of events and appointments.

Don't listen to sad songs or watch sad movies. You might as well be holding a gun in one hand and a bottle of pills in the other. You're already traumatized enough! Listen to Jimmy Buffet or rent a Marx Brothers movie. You want to rise from that ash pile; not roll around in it!

Make efforts to talk in a civil tone to your (ex) partner who is also going through the same situation as you are. Be certain that you are able to keep it between the lines though. Don't go into a conversation looking to rip the person's head off! Take your time before calling or meeting this soon-to-be ex of yours. Get things out in the open so you both can begin moving your wagons down those respective trails again.

Get the emotions out of your system. Do not bottle up any feelings inside yourself. They will eventually come out and they will usually zap your health in the process. Write a poem, keep a diary, cry, scream on the top of a hill, hit a punching bag, or find another release. Once these emotions surface, you can begin the healing process.

Know this is not the end. Know you will fight to live another day. Know you have the power to control yourself and yourself only. Know that you are mortal and that mistakes do happen. Know that there is another beginning out there for you. Know that anything is possible and never give up believing in the impossible. Know everything's gonna be alright!

This article is brought to you by that jammin' guy of one love. That guy with three little birds is Ron Blake and you can get up, stand up with him at myblakefitness.com.



250 South 77th Street, Suite A
Omaha, NE 68114

(Located behind McDonald's at 77th & Dodge Street)

www.nap.org

402-552-9260

Free anonymous or confidential rapid HIV testing.
Chlamydia & Gonorrhea testing also available for \$10.00

NAP: 77th & Dodge St.	Wednesday
	1:30 to 3:30 pm (appointment only) 5:00 to 8:00 pm (walk-in)
	Thursday
	1:30 to 3:30 pm (appointment only) 5:00 to 8:00 pm (walk-in)



Flixx Lounge: 10th & Pacific St.	1st & 3rd Mondays of each month
	8:00 to 10:00 pm (walk-in)

RESPECT Clinic 50th & Ames Ave. (Located in Baker Square Plaza)	2nd & 4th Mondays of each month
	5:00 to 7:00 pm (walk-in)

Know your status. GET TESTED!

Call 402-552-9260 to schedule an appointment or with any questions.

www.nap.org

MARCH 2013

SUN MAR 10 - 10PM

"GOING OUT WITH A BANG"

Presented by Mister Max MI Phil Latio

SAT MAR 16 - 7PM

"D&D GALA"

Presented by ICON

SUN MAR 24 - 9PM

"MISTER MAX MI PAGEANT"

MISTER MAX MI
CONTEST



9PM, SUNDAY
MARCH 24TH, 2013

SUN MAR 31 - 10PM

"HARE HUNT"

Presented by The Max Family

the max

1417 JACKSON ST, OMAHA, NE 68102 (402) 346-4110