

The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

Paul Ryan Now Supports Adoption for Gay Couples

By Michelle Garcia.

Rep. Paul Ryan, at a town hall meeting Monday, said he would not vote against gay couples' right to adopt children.

Ryan said he now regrets voting against adoption rights for Washington, D.C.'s same-sex couples.



Ryan made the statement at a town hall meeting in Wisconsin Monday, after a constituent confronted him on his poor rating on the Human Rights Campaign's legislative index. Ryan voted in 1999 in favor of banning same-sex couples from adopting in the District of Columbia, over which Congress often exerts control. He said he regretted voting against the bill, and said gay and lesbian couples are capable of providing a loving home to children. Think Progress reports.

"Adoption, I'd vote differently these days," he said. "That was, I think, a vote I took in my first term, 2000 or 1999, I do believe that if there are children who are orphans who do not have a loving person or couple — I think if a person wants to love and raise a child they ought to be able to do that. Period. I would vote that way. I do believe marriage is between a man and a woman, we just respectfully disagree with each other on that issue."

Ryan also said he would vote in favor of the Employment Non-Discrimination Act, which would make it illegal to discriminate against a worker based on his or her sexual orientation, as a similar law was enacted in his home state decades ago. He said, however, that he would have to learn more about a transgender-inclusive version of the bill in order to decide how he would vote on that.

SSSS

By Royal D. Bush

I hope, by now, you are aware that the Rainbow Outreach Center has moved from 17th and Leavenworth to 3620 Leavenworth. Inclusive Life and The Rainbow Outreach Center are housed so that they can share space between the two bays.

One of the outreach projects of the Rainbow Outreach Center begins in June. The SSSS (Second Saturday Social at Six) SSSS is a night that includes a potluck meal, a movie, games, and social time for LGBT/friends. The focus is to provide a social event, monthly, that is not centered in a bar and allows different activities for different groups.

Tea, lemonade, plates, eating utensils, and cups will be provided. Each person is asked to share a dish to contribute to the potluck meal. There is no cost or obligation to attend every month.

For more information please contact Royal at chaplain-royal@inclusivelife.org or call 402-575-7006.

(also see ad on page 6)

Center Movie Night

Come visit the Rainbow Outreach Center for a fun evening of entertainment, conversation, snacks and beverages. Movie begins every Friday night starting at 8pm. We have a large collection of gay themed movies. Center opens at 6 PM and closes at 11 PM every Friday. 3620 Leavenworth St. Off street parking. Look for the Rainbow signs above the Windows.

May 3rd, 2013 - May , 17th 2013

P.O. Box 8583, Omaha, Nebraska 68108 (402) 341-0330
Web Site: www.rainbowoutreach.org email the GAYZETTE: gayzette@cox.net



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Whole Page 7 ½W X 10H \$100.00
Fourth Page 3 ¾W X 4 ¾H \$ 25.00

Half Page 7 ½W X 4 ¾H \$ 50.00
Business Card \$ 15.00

All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for PREPAID ads of any size. Payment and ads may also be mailed to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 at least one week before the deadline. We reserve the right to refuse any ad which we deem to be inappropriate.

Deadlines: Tuesday, May 14th for Publication May 17th Tuesday, May 28th for Publication May

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THE 39 STEPS

The BLUEBARN Theatre continues its 2012-2013 Season with *The 39 Steps* adapted by playwright Patrick Barlow from the novel by John Buchan from the movie of Alfred Hitchcock. It opens Thursday May 9th and runs through Saturday June 15th. BLUEBARN Producing Artistic Director Susan Clement-Toberer directs, with scenic design by Martin Scott Marchitto, costumes by Lindsay Pape, lighting design by Carol Wisner, sound design by Miles

Polaski and Martin Magnuson, and properties design by Amy Reiner. Shows run Thursdays-Saturdays at 7:30 p.m. and Sundays May 19th and June 2nd at 6 p.m. There is no show on Thursday, May 16th. Ticket prices are \$25 for adults; and \$20 for students, seniors 65+, TAG members, and groups of 10 or more.

The show features Omaha actors Ben Beck, Bill Grennan, Kirsten Kluver, and Ablan Roblin. The playwright, Patrick Barlow, credits the original concept of producing the play with just four actors to two British writers, Simon Corble and Nobby Dimon.

About THE 39 STEPS:

Mix a 1930's Hitchcock masterpiece with a juicy, adventurous spy novel - add the flair of film noir and a dash of Monty Python and you have an unforgettable evening of pure pleasure. Packed with nonstop laughs, over 150 characters, an on-stage plane crash and some good old-fashioned romance, *The 39 Steps* is a riotous blend of virtuoso performances and wildly inventive stagecraft that's guaranteed to thrill.

About The BLUEBARN Theatre: The BLUEBARN Theatre has been bringing professionally-produced plays to area audiences since its inception in 1989. Since that time, BLUEBARN has produced over 100 plays and has established itself as Omaha's premier contemporary theatre company. Striving to bring

artistically significant scripts and professional production values to Omaha and the surrounding region, BLUEBARN is known for high-quality entertainment and the fearless pursuit of stories that challenge both theatre artists and patrons. The BLUEBARN is currently raising significant funds to construct its future home at 10th & Pacific Streets in 2014, and will be celebrating its 25th season in the fall of 2013.

The Hungry Homo

Stuffed Peppers Done 2 Ways

By Lisa Broadway-Savage

My Stuffed Peppers recipe lends itself to bi-national flexibility with just a simple change of ingredients. It can change from Italian to Mexican faster than you can say Cinco de Mayo. If you are watching carbs, you can lower the carbohydrate count by leaving out the rice.

Recipe

Base Ingredients:

- 6 bell peppers (green are cheaper, red are sweeter)
 - 1 tbsp butter
 - 1 tbsp olive oil
 - 1 tbsp minced garlic
 - 1/2 c chopped onion
 - 3 tsp salt (divided)
 - 1/2 tsp pepper (divided)
 - 1 egg
 - 1 1/2 lbs ground beef
 - 1 1/2 c cooked rice
 - 1 c shredded cheese (cheddar or Mexican blend)
- Mexican style:
- 1 can enchilada sauce
 - 1 can Rotel tomatoes
 - 1 tsp oregano, 1 tsp cumin, 1 tsp chili powder
- Italian style:
- 1 can tomato sauce
 - 1 can diced tomatoes
 - 1 tsp oregano, 1/2 tsp dried basil

Directions:

1. Cut the tops off peppers, remove seeds and chop the cut off tops and set aside
2. Rinse peppers and place in a large pot of water with 1 tsp salt. Cover and bring to a boil
3. Reduce heat and simmer for 5 min, then drain and set peppers aside
4. Heat olive oil and butter in a large skillet over medium heat until hot
5. Sauté chopped green pepper tops and chopped onion until tender

6. Add 1 can of diced tomatoes (or Rotel), tomato sauce (or enchilada sauce), garlic, salt, pepper and either Mexican or Italian seasonings and simmer for 10 minutes
7. In a large mixing bowl, combine egg, 1 tsp salt, 1/4 tsp pepper, uncooked ground beef, cooked rice and 1 c of the tomato mixture
8. Stuff peppers with the meat mixture and place in baking or casserole dish
9. Pour remaining tomato mixture over the top and bake at 350 degrees for 55 minutes
10. Top peppers with shredded cheese and bake for 10 minutes more



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Metropolitan Community Church Members and Friends

We could still use a few more volunteers to work in the concessions stands at Werner Park during the home games of the Omaha Storm Chasers! If you would like to help the church with some fun fundraising, we would love to have your help. Most games we will need volunteers to arrive at the park between 6-7 pm, with the games ending around 9 or 10 pm.

This year will be better than the past 2 years. We are going to try some different things. I would like to have 3 people to be our team leaders. We can use friends, church members, choir members, etc. who will commit to working the concession stands at least twice a month from May to September. Volunteers must be at least 16 and if they are operating a cash register they must be 19.

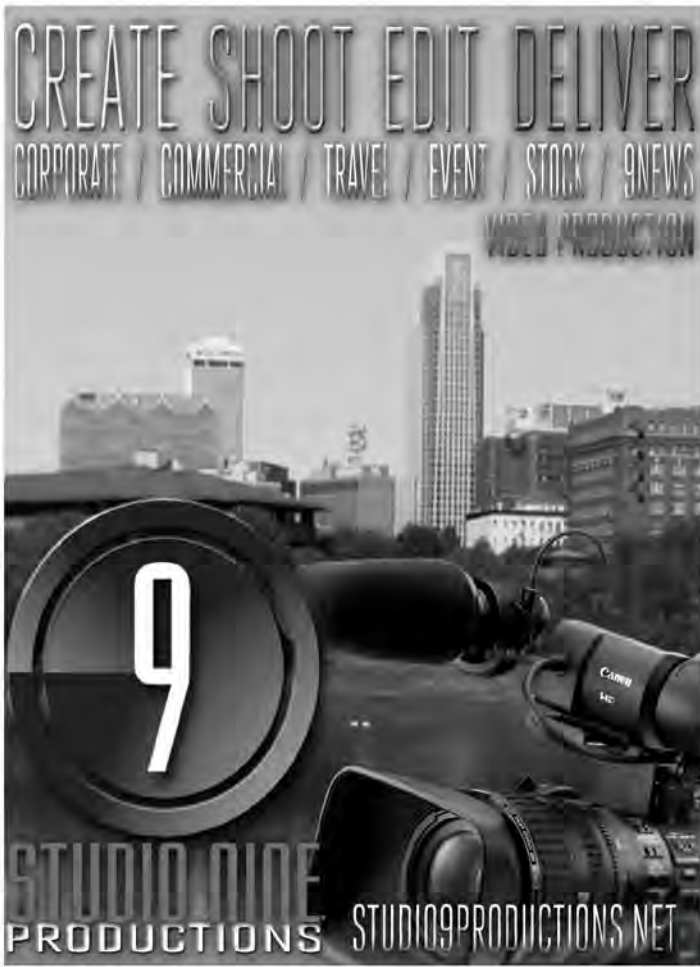
We have worked at the Omaha Steaks stand, Chicken Fry Fry, the beer carts, and even an ice cream stand. You



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ing services, you might be interested in Sunday afternoon games. If you can only work for 2-3 hours, just let me know and we can work it out. If you think this is something you wish to do, please contact me: Shelley Foster, 712-310-4720, or email me Meals@mccomaha.org

Idaho GOP Leader Supports Gay Rights Bill, Gets Censured by Party

By Michelle Garcia.

The chairman of the Latah County, Idaho, Republican Party has been censured by members of his party for voting in support of an antidiscrimination law as a Moscow City Council member.



Party precinct committee members voted 7-6 to censure Walter Steed for voting in favor of a law that would make it a misdemeanor offense to discriminate against people based on their sexual orientation or gender identity. The City Council passed the law unanimously April 1.

Steed is currently on vacation in Europe, the Associated Press reports.

"That policy legitimizes stuff that we don't agree with, and it forces people who don't support that kind of behavior to go along with it," said Gresham Bouma, a committee member. "It opens people up to lawsuits that they otherwise wouldn't be open to."

The censure followed a no confidence vote after Steed supported a letter from the City Council to the Idaho state legislature with suggestions for preventing gun violence. Steed's term as chairman lasts through May 2014. He has said he will not resign.

may work a cash register, taking orders from the customers. You may put hot dogs on the buns, salt the pretzels, or add cheese to nachos. The paid staff does all the cooking. All volunteers get free fountain drinks and half price on food.



We will have monthly drawings for gas cards, each person will get one entry for every time they work. Drawings will be made at the beginning of the next month. So if you work in May the drawing will be made the first week of June, etc.

Dress code will still be black or tan (khaki) pants, NO spandex, skirts, or jeans. An Ovation shirt will be provided; these are large enough that you can wear your own shirt underneath. You will want a shirt underneath when the weather is cold. Only closed-toe shoes are allowed, no sandals, flip-flops or heels. Storm Chasers, Ovation or MCC hats only are allowed. Long hair must be restrained, pulled away from your face and off of shoulders. Group members are not allowed in any seating area prior to or during any event.

You can pick what days of the week they would like to work. For example: you can only work Friday, or only work on weekends, can only work on weeknights/days. If you attend morn-

Life Beyond Therapy

By Michael Kimmel

Sex and Love from Teens to Retirement

In this column, I would like to try and summarize how sex and love (in our community) changes as we age. I am basing this on what my clients have been telling me over the past 14 years as a psychotherapist and gay San Diegan. I invite you to see if these observations align with your experience (or not).



In your teens: Typically, at this age, there's a lot of sexual experimentation, with yourself or others. Many teenagers are sexually active, mostly with other teenagers, but a few have older partners. Some consider themselves "gender queer" or "fluid", enjoying experimentation with both genders. Some LGBT teenagers (particularly closeted ones) have active fantasy and Internet-based sex lives, but no actual physical contact with other people.

In your 20's: Excitement and experimentation prevail: everyone's a potential lover. This is the era when you're supposed to date/hook-up a lot, have lots of (safe) sex and a variety of sexual and romantic "experiences". Why not go to Circuit Parties and try different kinds of lovemaking with a wide range of people? Why not experiment with topping and bottoming, leather and lace, restraints and intense sex? Now is the time. Until the end of your 20's, most of us are still avidly experimenting... and this is a great time to do it.

In your 30's: Your love life is probably growing more selective, maybe you're embarking on your first long-term relationship. The struggles of vulnerability beckon: how to lay down your (emotional) armor and really let someone see you, flaws and all. You may start to notice physical changes like hair thinning/loss and a gently-increasing waistline. Sexually, you may have a good sense of what you like (and don't) and are getting good at expressing it with a partner.

In your 40's: If you're in a long-term relationship, you may be struggling with boredom or repetition. If you're single, you may wonder why. This is a time when many of us start therapy to figure out what we're doing wrong in the relationship department. You may be noticing more gray hair, wrinkles and/or a thickening at the waist/hips. Some of us take up with twink lovers, in one last gasp of trying to feel/be "young". Your sex life becomes more of an "art" than an endurance contest.

In your 50's: This is hard age for many of us; can we accept that we're now in the second half of our lives? Or are we in denial with liposuction, plastic surgery, botox, viagra and expensive personal trainers? We can fight symptoms of age in our 40's, but, our 50's invite us to make peace with our body, the parts we love and the parts that embarrass us. Sexually, our body doesn't always do what we want it to do. How can we work with that? Do we still feel desirable when we're no longer

young and cute?

In your 60's: Yes, we're still having sex! And we may be retired and have more time for it. But what is our love life like now? Can we enjoy being sensual and erotic, or do we need to get off to feel okay about ourselves? Masturbation may become more interesting as intercourse becomes more logistically challenging. Affection may be more important than sex, as wisdom informs physical enthusiasm. It's not all good, but much of it is.

70's and upwards:

Alex Morris, in his New York Magazine article "Very Legal: Sex and Love in Retirement" writes about (heterosexual) couples in a retirement community:

"Traditionally, nursing homes don't encourage sex... then there's the fear of sexually transmitted diseases, which, owing in part to Viagra, are famously on the rise among the geriatric population... As one retired man puts it, 'Sex takes a little longer now, but it's wonderful. I can go on. You know?' A female resident said: 'Your time is limited. When you reach 80, what have you got to lose?'"

I hope you've enjoyed these ten-year "snapshots"; please forgive the generalizations. My intention is to put out some ideas for your consideration: what have you been through? What are you experiencing now? And what does your future love/sex life look like?

It's all food for thought. Enjoy your thinking!

What every LGBT person should know about Tobacco

Recent data shows that 1 in 5 people smoke in the US. In the LGBT community we have smoking rates that are almost 70% higher than the general population. Have you ever wondered why LGBT persons are avid tobacco users? Here are some reasons:

- Stigma
- Isolation
- Seeking Social Acceptance
- Stressors- such as discrimination and denial of rights
- Specific LGBT targeting from the tobacco industry

The stigma that LGBT people experience daily can nudge anyone toward unhealthy behaviors. Smoking has become a sort of escape from the isolation that coming out creates with family and peers who can't bring themselves to understand or at the very least be accepting. Smoking brings people together for many wrong reasons in a world where discrimination is acceptable and rights are easily denied for being who you are and loving whom you want. However, what we don't think about is that the tobacco industry knows the struggles that LGBT individuals experience and have done their homework to hook them in. They've formed focus groups, ran campaign ads through specific LGBT media outlets, made contributions to LGBT elected officials, funded AIDS and other LGBT organizations, sponsored LGBT community events, all to appear as if they are friends, an "ally". When in reality smoking is the #1 cause of preventable death in the US and kill about 30,000 LGBT persons every year.

(Continued from page 8)

When you look closely, you realize that the industry has truly capitalized on the social stressors LGBT persons experience. For example, smoking rates of people living with HIV are estimated to be 2 to 3 times higher than the national average, so wouldn't it be smart to fund an AIDS project as a means to secure clientele? It's almost as if the tobacco company is saying, "You're not normal, so here, have a way to relieve that stress" and exclude the whole "oh yeah, and make us richer". Unknowingly LGBT persons have bought into the scheme and have become an easier population to sell to. The LGBT community, for many decades now, has paid the tobacco industry back in handsome profits that go toward their bottom line, which is to sell more cigarettes and make more money.

"So, we know what's killing us, it doesn't mean I'm going to stop smoking today", you might say. It's not easy to quit, because that's what makes this product so hot, addiction can build over time. The desire to have a smoke is very strong; it is now known that cigarettes are more addictive than heroin, even if you smoke "once in a while". The best we can do is inform ourselves and build strong support systems to confront big tobacco and fight the norm that it has established. The work against tobacco needs to start with the community on a deeper grassroots level.

And so, LGBT community organizations and partners are taking charge here in Omaha. In April of this year, Metro Omaha Tobacco Action Coalition (MOTAC), UNMC Center for reducing Health Disparities (UNMC CRHD), Latinas, Tabaco, y Cáncer (LTC), along with Flixx Lounge hosted its first drag pageant titled "Smokeless Diva: Taking the Diva out of

Smoke" to promote tobacco free lifestyles. And, Heartland Pride has taken a big step by establishing smoking designated areas during PRIDE this year and setting the stage to becoming smoke free, combating the norm of smoking.



**IF THEY SMOKE,
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One smoker is all it takes for an entire building to be affected by secondhand smoke. Even with air filtration and ventilation systems, the hazards remain.

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This project is supported in part by Region 6 Behavioral Healthcare through funding provided by the Nebraska Department of Health and Human Services/Tobacco Free Nebraska Program as a result of the Tobacco Master Settlement Agreement.

GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
3620 Leavenworth, Omaha
(mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

Saturdays 4:00PM - 8:00PM
Sundays 4:00PM - 6:00PM
Thursdays 7:30PM - 9:00PM
Fridays 6:00PM - 11:00PM

***Closed Most Major Holidays**
(402) 341-0330
www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

Every Sunday

WORSHIP SERVICES:
AUGUSTANA LUTHERAN CHURCH, ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

DIETZ METHODIST 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30 a.m. "eclectic service" and 11:15 a.m. "traditional service"

GAY MEN'S ALCOHOLICS ANONYMOUS 4pm, Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM
FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY

CHURCH OF OMAHA 819 S. 22nd St., 345-2563 Sunday Worship 9:30am and 11:15am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY MIXED BOWLING LEAGUE, 3pm, Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, Sunday morning services, 3012 S 119th St., Omaha, info@2uomaha.org, 402-334-0537

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday

A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS RE-HEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday

HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at anderson@hastings.edu or Judy Sandeen at jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island, Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 3:30pm, Walkin from 5pm to 8pm

UNITY CHURCH OF OMAHA, 7pm

WORSHIP SERVICES

MCC OMAHA, Bible Study, 7pm

Every Thursday

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

NAP HIV TESTING 250 So. 77th., by appointment from 1:30pm to 3:30pm and Walk-In from 5pm to 8pm

Every Friday

LIVE & LET LIVE AA Meeting, 8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB

Open to everyone 21 and over, every Friday 6:30pm (time may vary), for more info email outandaboutsocialclub@gmail.com

GLBT CENTER MOVIE NIGHT, 8PM, for all ages. Every Friday, excluding major holidays. 3620 Leavenworth Street, snacks, water and soda's provided for free.

Every Saturday

AA SATURDAY AFTERNOON, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP

4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday

CBCA SOCIAL GET-TOGETHER at Barley's, 114 West Broadway in CB) starting at 5:00-7:00pm every other Friday

MONTHLY EVENTS

1st Wednesday

FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday

GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOg-ibt@cfep-ne.org or see www.GOgibt.org for info

1st Friday

FIRST FRIDAY COFFEE HOUSE 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Saturday

RIVER CITY GENDER ALLIANCE, at 7:00 pm. See www.rivercitygenderalliance.org

1st Sunday

SPIRITUAL FRIENDS OF LINCOLN

12-1pm Fellowship and 1p-2p worship
Meets Lincoln at Bennett Martin Library
info@inclusivelife.org and on Facebook

2nd Monday

NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm
—50th & Ames Ave.

2nd Thursday

HEARTLAND PRIDE, Board Meeting- at D
Dale Clark Library, 215 S. 15th St. 6:30pm-
8pm, Email: info@heartlandpride.org, or find
us on Facebook

PFLAG- OMAHA, 6:30pm to 9pm, Country-
side Community Church, 8787 Pacific Street
Omaha, Nebraska

2nd Saturday

Ecumenical Catholics of Omaha, 5pm –
6:30pm, A progressive community in the Cath-
olic tradition, Meets in the MCC sanctuary
Phone: 402.953.7656

Email: ecuomaha@live.com

Web: www.ecuomaha.org

3rd Monday

IMPERIAL COURT OF NE, Board of Gov-
ernors meeting, 6:30pm, meeting at the MCC-
Omaha, www.imperialcourtofnebraska.org

3rd Saturday

Ecumenical Catholics of Omaha, 5pm –
6:30pm, A progressive community in the Cath-
olic tradition, Meets in the MCC sanctuary,
Phone: 402.953.7656

Email: ecuomaha@live.com

Web: www.ecuomaha.org

3rd Sunday

BCA MEETING 5 PM until about 6:30 PM
is our monthly meeting with potluck. We meet
at St Paul's Episcopal Church in Council Bluffs

4th Monday

NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm—
50th & Ames Ave.

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church,
6300 & A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530 N, Lin-
coln, ages 13 to 18, FFI: 475-3220, 3-5:30 pm

4th Friday

**LEO - LEATHER ENGINEERS OF OMA-
HA**, Not currently meeting.

2nd Saturday

Ecumenical Catholics of Omaha, 5pm –
6:30pm, A progressive community in the
Catholic tradition, Meets in the MCC

ON FRIDAYS, I FISH!!!!

After 35 years of marriage, a husband and wife came for counseling. When asked what the problem was, the wife went into a tirade listing every problem they had ever had in the years they had been married. On and on and on: neglect, lack of intimacy, emptiness, loneliness, feeling unloved and unlovable, an entire laundry list of unmet needs she had endured.

Finally, after allowing this for a sufficient length of time, the therapist got up, walked around the desk and after asking the wife to stand, he embraced and kissed her long and passionately as her husband watched - with a raised eyebrow. The woman shut up and quietly sat down as though in a daze.

The therapist turned to the husband and said, "This is what your wife needs at least 3 times a week. Can you do this?"

"Well, I can drop her off here on Mondays and Wednesdays, but on Fridays, I fish."

PALM SUNDAY

It was Palm Sunday and, because of a sore throat, 5 year old Johnny stayed home from church with a sitter. When the family returned home, they were carrying several Palm branches. The boy asked what they were for.

"People held them over Jesus' head as he walked by."

"Wouldn't you know it," the boy fumed, "The one Sunday I don't go and he shows up!"

The New Boss

General Motors, ready for a major turnover and turnaround, hired a new president. The new boss was determined to rid the company of inattentive, lazy employees.

During a visit to the plant, the president noticed a guy leaning against a wall, arms crossed.

The room was filled with employees. So he said to himself, I'm going to show them just how serious I am about this company!

He asked the guy, "How much do you earn a week?"

A bit surprised, the young man looked back at him and said, "I earn \$400 a week. Why?"

The president replied, "OK--stay put!"

He went back to the offices, then returned two minutes later and gave \$1600 cash to the guy and told him, "Here's four weeks' pay. Now get the hell out of here and don't come back."

Feeling good about himself for this chosen public gesture, he turned to the roomful of employees and asked, "Can someone tell me what that incompetent jerk did here?"

From the far side of the room, a small voice piped up. "He's the guy who was waiting to be paid for the pizza we ordered!"

Celebrating!

A chicken farmer went to the local bar. He sat next to a woman and ordered champagne. The woman said, "How strange, I also just ordered a glass of champagne."

"What a coincidence," said the farmer, who added, "It is a special day for me. I am celebrating"

"It is a special day for me too, I am also celebrating!" said the woman.

"What a coincidence," said the farmer. While they toasted, the farmer asked, "What are you celebrating?"

"My husband and I have been trying to have a child for years, and today, my gynecologist told me that I was pregnant."

"What a coincidence," said the man. "I am a chicken farmer and for years all my hens were infertile, but now they are all set to lay fertilized eggs."

"This is awesome," said the woman. "What did you do for your chickens to become fertile?"

"I used a different rooster," he said.

The woman smiled and said, "What a coincidence. So did I."

A blonde man goes to the vet with his goldfish. "I think it's got epilepsy," he tells the vet. The vet takes a look and says, "It seems calm enough to me."

"The blonde man says, "Wait, I haven't taken it out of the bowl yet."

GLBT RESOURCE LIST

OMAHA BASED

BiMenNebraska, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org

Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Family Foundations Therapy for individuals, couples or families, for info call 558-3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firsttuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded)

Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

Gay Lesbian Straight Education Network - Omaha, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

GayLibrary.com, World Wide Resources

GOglbt Professionals, meeting at 5:30PM. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

Greater Omaha LGBT Democrats <http://omahalgbtDemocrats.wordpress.com> - contact Ken @ 402-686-6389 See also <http://ProgressiveOasis.com>

Heartland Pride www.heartlandpride.org, email: info@heartlandpride.org; meets on the 2nd Thursday of each month from 6:30pm to 8pm. @ D. Dale Clark Library

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103, Board Meets 3rd Monday, Rainbow Outreach GLBT Center at 6:30pm, www.imperialcourtofnebraska.org

Inclusive Life 402-575-7006 www.inclusivelife.org Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

Learning to Exchange Power, no current info available

Leather Engineers of Omaha (LEO) not currently meeting

LinOma Bares, for more Info email

linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9:30am and 11:15am, Wed. Worship at 7pm

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Sunday service at 9:30am, see www.NorthSideOmaha.org

The 'Ohana Group, (GLBT / Non-traditional Family group), email to: Theohanagroup@msn.com

Omaha NE Gay Pride Web Page <http://ONGP.com>; email to: omahanegaypride@cox.net or ongp1@cox.net

Omaha Metro GLBT Sports League, See www.oglbtsports.com for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout

Email: NeOutAbout@yahoo.com

OUTLinc, a nonprofit organization that engages in and fosters the well-being and advancement of the LGBT community, www.outlinc.org, Lincoln NE

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com

Rainbow Outreach GLBT Resource Ctr, 3620 Leavenworth, Omaha, 341-0330

Rainbow Pride/Rainbow Celebrations PO Box 8273 Omaha, NE 68108, See www.rainbowpride.org for info

River City Gender Alliance, for info see www.rcga.org or call 402-291-6781

River City Mixed Bowling Sundays, Maplewood Lanes Omaha, at 3PM call 402-572-9393 for details

River City Mixed Chorus, Box 3267, Omaha, NE 68103, 402-341-SING Website: www.rcmc.org

Second Unitarian Church, 3012 S 119th St., Omaha, www.2uomaha.org, 402-334-0537, LGBTQ Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652

<http://www.unl.edu/health/sexuality>

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter: Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: <http://pflagcornhusker.org/>

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 - 9pm, Lesbian Videos 7:15pm, 3319 S. 46

Spiritual Friends of Lincoln Offering fellowship and worship for those seeking radical hospitality, openness, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln info@inclusivelife.org and on FaceBook

Straight Spouse Support Grp 402-429-6094

TriCity GLBT, serving Central Nebraska, web site at <http://www.tri-city-glb.com/>

UNL Committee on GLBT Concerns, Con-

tact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu / www.unl.edu/cglbtc

Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,
Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Health Department/Free STD Clinic

209 Pearl Street, Council Bluffs, Iowa 51503, 712-328-4666 – ask for Rachel, Monday – Friday by appointment, call to inquire about extended hours, **FREE testing for HIV, Syphilis, Gonorrhea and Chlamydia**

Council Bluffs Community Alliance

www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

First Congregational Church, United Church of Christ, GLBT friendly, 611 First Avenue, Council Bluffs, IA 51501, 712-322-5324 - <http://www.cbfirstcongregational.org/>

Iowa Equality, GLBT –allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at <http://www.thetrevorproject.org/helpline.html>

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South Africa: Teen Dies After Brutal Treatment, Beatings at 'Camp'

A South African man was on trial last week after at least three young men died at his camp that promises to "make men out of boys."

By Michelle Garcia.

A South African man was on trial last week after at least three young men died at his camp that promises to "make men out of boys."

Alex de Koker and employee Michael Erasmus have both been charged with murder, child abuse, and neglect, and two counts of assault. The pair are currently on trial for the 2011 death of 15-year-old Raymond Buys who died after two months in the camp. They have pleaded not guilty.

Buys's roommate Gerhard Oosthuizen, 19, testified in court that Buys was chained to a bed after trying to escape. He was forbidden to use the restroom and repeatedly had to soil himself, the South African Press Association reports. At one point, when Buys was left alone for an extended period of time, he was forced to eat his own fecal matter. Oosthuizen also described one instance in which Buys had a pillowcase placed over his head while he was repeatedly shocked with a stun gun.

Where Can You Find The Gayzette?

Omaha:

DC's Saloon, 610 South 14th Street	402-344-3103
Dixie Quick's Restaurant, 157 West Broadway	402-346-3549
Flixx, 1015 South 10th Street Omaha	402-408-1020
Lover Luxuries, 6065 Maple St.	402-932-3377
The Max, 1417 Jackson St.	402-346-4110
Metropolitan Community Church, 819 South 22nd Street	
Mystery Bookstore, 1414 South 13th St.	402-342-7343
Nebraska AIDS Project, 250 South 77th St	402-552-9260
Omaha Mining Co., 1715 Leavenworth	402-449-8703
Rainbow Outreach Metro Omaha GLBT Resource Center, 3620 Leavenworth St. (home of The Gayzette)	402-341-0330

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net

Buys had a broken arm, bruises, and cigarette burns all over his body, and was severely emaciated and dehydrated by the time he was admitted to a hospital, The Telegraph reports. This was two months into his tenure at Alex de Koker's Echo Wild Game Rangers camp in South Africa, about an hour south of Johannesburg.

"I sent my son on this course to make him a better man, to give him a better future," his mother, Wilma Buys told The Telegraph. She said she sent her son to the camp to receive training to be a ranger. "I trusted Alex de Koker with his life."

The teen died two weeks after his mother was told his chance of survival was "virtually zero" upon admittance to a hospital. Buys seems to be the third person to have died under de Koker's watch. According to the report, Erich Calitz died from severe brain injuries in 2007, and Nicholas van der Walt died at a similar camp run by the same administrators. Calitz was reportedly beaten when he asked to quit the camp.

"Alex [de Koker] told him that he wasn't gay, and he would make a man out of him," according to Calitz's sister, Mathilda Groenwald.

According to activist and writer Melanie Nathan, the three young men who died due to treatment at the camp were all "perceived as gay and clearly effeminate."

Kyle's Bed & Breakfast by Greg Fox

RUDY... I BAKED YOU SOME OF MY OATMEAL-RAISIN COOKIES THAT YOU LIKE... TO TAKE WITH YOU.

BLESS YOU, KYLE. YOU DIDN'T NEED TO GO TO THE TROUBLE.

IT WAS NO TROUBLE.

NOW THAT YOU'RE ON FACEBOOK, WE'RE GOING TO KEEP IN TOUCH... LIKE IT OR NOT!

I'D LIKE THAT VERY MUCH, RICHARD.

I HAVE TO SAY... I HADN'T EXPECTED TO ENJOY MY STAY HERE SO THOROUGHLY... BUT I HAVE.

I DON'T KNOW HOW TO THANK ALL OF YOU.

GREG FOX © 2013

WE'LL COME VISIT YOU, RUDY.

YOU NEEDN'T BOTHER YOURSELF, KYLE.

WE'D BETTER GET GOING, UNCLE RUDY. THEY'RE EXPECTING US AT THE CRESTWOOD HOME.

SEE YA, RUDY.

TAKE CARE, RUDY!

FAREWELL, EVERYONE.

THIS FEELS WRONG.

IT IS WRONG. BUT WHAT CAN WE DO?

HOLD ON!

EH?

LOOK, MISS MACTAGGERT... I KNOW YOU WANT WHAT'S BEST FOR YOUR UNCLE, BUT...

...RUDY... WHAT DO YOU WANT? THIS IS YOUR LIFE.

AND YOU DON'T HAVE TO GO ANYWHERE YOU DON'T WANT TO!

ESPECIALLY WHEN YOU'VE GOT A HOME RIGHT HERE... WITH US.

SHORTLY...

I DIDN'T EXPECT MY NIECE TO BE SO AGREEABLE ABOUT ME STAYING.

WELL, I THINK SHE HAS A LITTLE CRUSH ON BRAD.

SHE DOES NOT!

SWEETIE, YOU'RE BLUSHING...

Fitness Corner

By Ron Blake



MEDIA IS JUST A WORD THAT HAS COME TO MEAN BAD JOURNALISM.

-Graham Greene

With this being a wellness column, I thought I'd share something that will make me feel a lot better. I think the media could have done a better job of covering the Boston Marathon bombings.

Numerous reporters throughout the country said they didn't want to speculate on who might have masterminded the nefarious acts at the Boston Marathon, but yet they proceeded immediately after the incidents to parade one expert after another to discuss every conspiracy theory since the Kennedy assassination. They also had Captain Renault round up the usual suspects: the Islamic extremists, the homegrown terrorists, and the Branch Davidian devotees.

CNN's Anderson Cooper stated that he doesn't like to show footage of bomb scares after an incident like the Boston bombings, but yet CNN does exactly that while Anderson is on the air. Anderson said it just gives attention to those seeking just that...attention. On one occasion, the Brigham and Women's Hospital in Boston was evacuated because of a possible bomb scare, but yet CNN gave attention to the situation and then gave the coverage back to Mr. Cooper.

Various journalists expressed that Bostonians just want to get back to normal, but yet gumshoe reporters were skulking around Boylston Street looking for residents to accost with their questions they already had answers to. Normal does not involve scores of news vans and Brobdingnagian satellite dishes adorning the streets of the Back Bay neighborhood.

Many members of the media told us all that we should remain vigilant of our surroundings and not to panic, but yet the headlines the day after the bombings were sensationalistic. Some responsible newspapers just gave the facts. The Providence Journal was one example of a simple and informative headline: 3 Dead, 140 Injured.

If the true intent is not to panic people then editors would not choose words such as gruesome, terror, mayhem, horrific, carnage, and massacre for their captions. They would instead choose the Providence Journalistic approach and just give the facts without the Hitchcockian and Wes Cravenesque language meant to frighten residents even more.

Reporters also covered the breaking news of poison letters sent to President Obama and a U.S. Senator in Washington. Some news agents were quick to point out that there was no connection between the poison letter incidents and the Boston bombings. Most good folks were probably not connecting the dots in the first place, but yet passive aggressive journalists had to stoke the fire.

Investigations of crime scenes like the Boston explosions can

be very time intensive and require patience, but yet much media consideration focused on possible suspects in the very early hours subsequent to these felony acts. There was a video shown at one point of a possible suspect in tattered black clothing fleeing from his crime scene, but yet he was quite likely fleeing from the bombing like many others were doing.

Did these media members not get the memo from the aftermath of the Atlanta Olympic bombing in 1996 in which an innocent man was wrongly accused and spent the rest of his life under a cloud of notoriety. Richard Jewell was a hero from that tragic day, but yet he was treated like a Nazi war criminal.

It would seem prudent to let the proper authorities make an arrest and then comment on that arrest, but yet that is not what is taking place seventeen years after that great debacle in Atlanta. It seems that we need a suspect NOW!

The great philosopher Arthur Schopenhauer was quoted as saying, "Exaggeration of every kind is essential to journalism as it is to dramatic art, for the object of journalism is to make events go as far as possible.

I do feel the press could have done a better job on their coverage of the bombings, but yet is it all for naught and is Mr. Schopenhauer correct in his assessment of the fourth estate. I hope he's wrong and that we can simply expect the reporting of news; nothing less and nothing more. Let's keep the silver screen for our entertainment.

This article of well being is brought to you by that guy of constructive criticism. That riveting reviewer of responsibility is Ron Blake and he can be found forming opinions at myblakefitness.com.



250 South 77th Street, Suite A

Omaha, NE 68114

(Located behind McDonald's at 77th & Dodge Street)

www.nap.org

402-552-9260



MAY 13

FRI MAY 3 - 8PM
AMATEUR STRIP NIGHT

SAT MAY 4 - 6PM
"SPIRITS OF THE OPERA"
Presented by Opera Omaha

SUN MAY 5 - 9PM
"MISS MEGA BUS"
Presented by Charity/Case

FRI MAY 10 - 7PM
"QUEEN MOTHER INVESTITURE"
Presented by ICON

SAT MAY 11 - 7PM
"PR BALL"
Presented by ICON

SUN MAY 12 - 9PM
"FRESH FISH"
Presented by Chandler Chubbs

SAT MAY 18 - 7PM
"JESSELEE'S BIRTHDAY SHOW"
Presented by Jesselee Crase

SUN MAY 19 - 9PM
"MR GAY OMAHA"
Presented by Daniel Matthews

THUR MAY 23 - 8PM
BRUCE VILANCH

MON MAY 27 - 6PM
POST PATIO PICNIC PARTY

max