The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

NY Couple Visit Poland After Leader's Anti-Gay Speech

WARSAW, Poland (AP) -- A gay New York couple whose wedding images were used by the Polish president in a national speech warning against homosexual marriage say they have come to Poland hoping to start a dialogue on tolerance.



Brendan Fay and partner Tom Moulton spoke Monday at a

conference in Poland's parliament on gay rights.

A brief video clip of Brendan Fay's wedding with his partner Tom Moulton was woven into President Lech Kaczynski's March 19th televised address.

Moulton says he is visiting Poland with "hopes of opening a dialogue ... and that this dialogue will make Poland an even better place."

The video and a photo of the couple's marriage certificate was shown as the president warned against the dangers of adopting the EU's new treaty and its Charter of Fundamental Rights.

Kaczynski argued the charter could open the door to same-sex marriage in Poland.

LGBTQ Summit on April 26th

The fourth annual Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Summit will take place on April 26th in the Sapp Riverview Lodge at Mahoney State Park. The day will run from 8:30 a.m. to 4:00 p.m. with a Cookout afterwards, for those who wish to attend. The cost for the day including Continental Breakfast, lunch and the cookout is \$15.00 a person. Five dollars for students.

The content of the day will be divided into three sessions. The first session will address the topic of how LGBTQ and LGBTQ

friendly organizations can strategize to reach out to underrepresented LGBTQ groups. The second session will start with a series of presentations from several LGBTQ and friendly organizations in the state of Nebraska. These presentations will inform participants about the mission and goals of these organizations as well as the obstacles to even greater success they currently face. After the presentations and lunch, summit participants will be asked to form small groups that will work on busting the barrier faced by these organizations.

The third presentation will be a panel discussion by several LGBTQ friendly attorneys and financial planners about crucial legal and financial issues faced by LGBTQ singles and couples. Time will be allotted for your legal and financial questions to be asked and answered.

Come help us form an even stronger community! You can log into www.cfep-ne.org to register.

AA Heartland Roundup

The AA Heartland Roundup will be held the weekend of April 18, 19, and 20, at the Regency Lodge Hotel. The Heartland Roundup is sponsored by members of the Omaha Gay and Lesbian AA and Al-Anon community. Any AA and Al-Anon members, as well as any interested parties are welcome to attend. All meetings and workshops are open and are non-smoking.

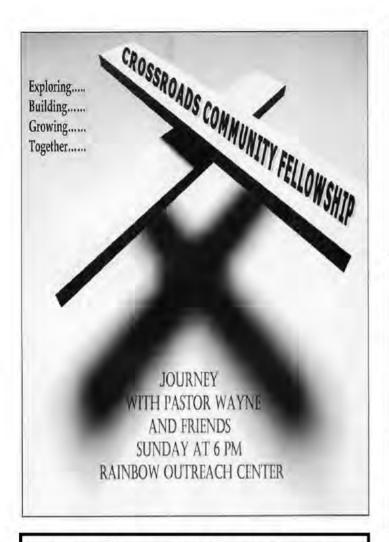
The Heartland Roundup's mission is to provide a forum for alcohol and drug dependent individuals. Events throughout the weekend include speakers, workshops, meetings, social hours a raffle and a silent auction. A banquet, followed by our keynote speaker. Rick W. of New York will take place Saturday evening, as well as entertainment, karaoke, and a Candlelight meeting.

The cost for the Roundup before April 5th is \$20.00 for Registration only, \$45.00 for Registration and Banquet. After April 5th the cost is \$25.00 for Registration only, \$50.00 for Registration and Banquet. Scholarships of limited availability can be obtained in advance.

Registration information may be obtained by visiting our website at (heartlandroundup.org).

(Continued on page 4)

April 11, 2008 - April 25, 2008



Danielle M. Martinec

Licensed Massage Therapist

Specializing in:

Swedish, Deep Tissue, and Myofascial Release

Bella Dea Day Spa 2941 S 108th St

1-Hr Massage Special

only \$40

Appointments Call: (402) 510-5666

Monday & Wednesday

evenings



DROP-IN 6PM-9PM

AT THE RAINBOW OUTREACH GLBT CENTER 1719 LEAVENWORTH, OMAHA

EVERY FRIDAY EXCLUDING MAJOR HOLIDAYS (402) 341-0330 WWW.RAINBOWOUTREACH.ORG

Mention Jim's ad for a 20% family discount !!!



Antiques, Collectibles & More

4679 Leavenworth • Omaha, NE 68106 • 402.660.0778 Tues., Wed., Thurs. - 3-8 pm. Fri. - 2-6 pm. Saturday - 10-6 pm.

FRANK & GRYVA, P.C.

DUI CRIMINAL SOCIAL SECURITY **DISABILITY BENEFITS/SSI** Julie A Frank

Mary C Gryva

1823 Harney St. Suite 201 Omaha Nebraska, 68102

Phone: 402-346-0874



GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page 7 ½W X 10H

\$100.00

Half Page **Business Card**

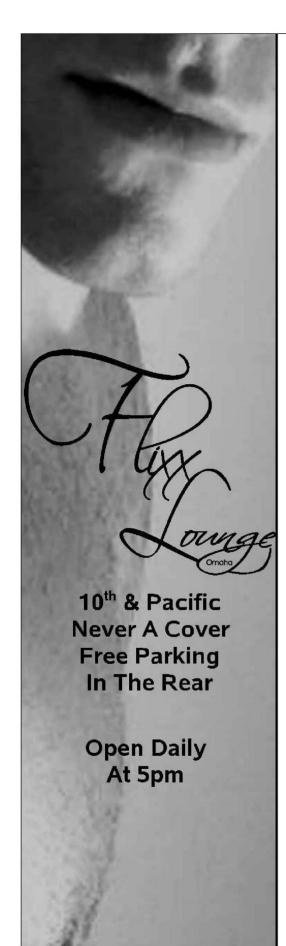
7 ½W X 4 ¾H \$ 50.00

\$ 15.00

Fourth Page 3 34W X 4 34H \$ 25.00 All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads may also be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 on or before the deadline or you may pay with credit card on our web site at www.RainbowOutreach.org and email the ad. We reserve the right to refuse any ad which we deem to be inappropriate.

Ad Deadlines: Friday, Apr 18, for Publication Apr 25th

Friday, May 2 for Publication May 9th



DAILY HAPPY HOUR 5-8

\$1 Off Any Drink

Monday Madness \$1.50 Domestic Longnecks Top 40 Hits

Topless Tuesday

\$3.00 Long Island Iced Tea

> Papi Chulo Wednesday

\$2.50 Corona's \$3.50 Tezon Silver Shots Latest Latin Videos

Retro Thursdays \$2.50 Frozen Drinks All Shots \$3.00 Flashback To Hits Of 70's & 80's

Flavor Fridays

\$2.50 Bacardi Flavors Hottest Diva Videos

Stoli Saturdays
\$3.00 Stoli Flavors
Latest Dance Videos

ALL – DAY SUNDAY
PULL CARD HAPPY HOUR
\$1.00 Domestic Draws
Try Your Luck On Pull-Tabs



COUNCIL BLUFFS UPDATES LOCAL CIVIL RIGHTS ORDINANCES

The Council Bluffs city council updated the municipal civil rights ordinances to match state civil rights laws regarding sexual orientation and gender identity providing protection in public employment, private employment, credit, housing, education, union practices, public accommodations, and retaliation. This empowers the Council Bluffs Civil Rights Commission to handle cases rather than having to pass them along to the statewide commission. The vote was 4 Aye to 1 Nay. Councilmember Matt Schultz was the lone Nay.

IOWA PROVIDES MORE TIME FOR JUSTICE

The Iowa Senate and House passed a bill which extends from 180 to 300 days the time GLBT Iowans and others have to file complaints under Iowa's inclusive civil rights laws which cover sexual orientation and gender identity, matching the 300 days given under federal civil rights laws which do not cover sexual orientation and gender identity. Governor Chet Culver signed this important civil rights legislation into law.

IOWA CIVIL RIGHTS COMMISSION CREATES HELPFUL BROCHURES

The Iowa Civil Rights Commission has produced printable sexual orientation/gender identity brochures to explain Iowa civil rights laws on employment, housing, public accommodations, education and safe schools. They can be found at http:// www.iowa.gov/government/crc

Mother of Exiles

Not like the brazen giant of Greek fame, with conquering limbs astride from land to land; Here at our sea-washed, sunset gates shall stand a mighty woman with a torch whose flame is imprisoned lightning, and her name Mother of Exiles.

From her beacon-hand glows
world-wide welcome;
her mild eyes command the air-bridged harbor
that twin cities frame.
"Keep ancient lands your storied pomp!"
cries she with silent lips.

"Give me your tired, your poor,
Your huddled masses yearning to breathe free,
The wretched refuse of your teeming shore.
Send these, the homeless, tempest-tost to me,
I lift my lamp beside the golden door!"

(Continued on page 8)

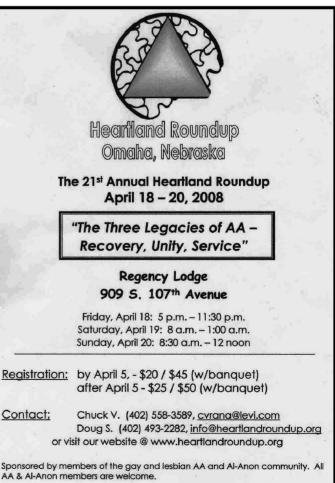


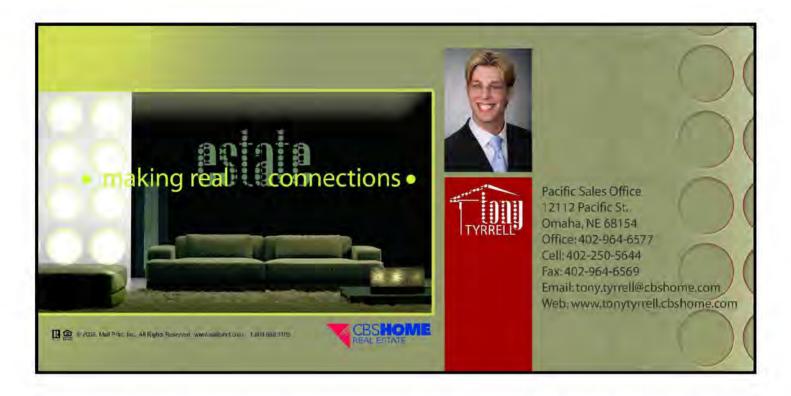


Looking for 21 to 28 year old male for serious relationship with young 57 year old. No fats, fems or drug users. White, Hispanic or Asian a plus. Must have a job. Call Mike: 402-714-6719 any time.

Do YOU Like Movies?

Looking for a weekend movie companion
Willing to pay for tickets
Knowledge about film classics a plus - Not looking for hookups
Call Richard at 301-6307
evenings & weekends





Reflections With Pastor Tom

Gay, Lesbian, Bisexual, and Transgender Youth Summit 2007



By Nicole Higginbotham

According to the 2005 Gay, Lesbian, and Straight Education Network (GLSEN) Survey, "75. 4% of students heard derogatory remarks such as "faggot" or "dyke" frequently or often at school, and nearly nine out of ten (89.2%) reported hearing "that's so gay" or "you're so gay" - meaning stupid or worthless-frequently or often. Also, "over a third (37.8%) of students experienced physical harassment at school on the basis of sexual orientation and more than a quarter (26.1%) on the basis of their gender expression." Gay, lesbian, bisexual, and transgender students that get harassed in high school and college are known to have lower grade point averages, get kicked out of their house more often, and have more frequent thoughts of suicide.

In an effort to stop this harassment, the Rainbow Outreach Youth Board is holding it's semi-annual Gay, Lesbian, Bisexual, and Transgender (GLBT) Youth Summit. This is an event that educates GLBT students, their teachers, and their peers on different aspects of the GLBT life. There will be a representative from the American Civil Liberties Union (ACLU) that will speak on GLBT rights, especially the rights that pertain to the teaching environment. Also, a speaker from GLSEN will talk about safe spaces (places in schools where GLBT students can learn without discrimination from their teachers or peers) and the days of action. Then, a member from Proud Horizons (the Omaha GLBT youth organization), the River City Gender Alliance (RCGA), and Parents and Friends of Lesbians and Gays (PFLAG) will speak on their organizations and how interested GLBT students can get involved.

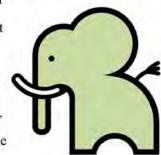
The GLBT Youth Summit is being held on September 29th from 8AM to 4PM at the Rainbow Outreach Center on 17th and Leavenworth. Any high school or college student is welcome to attend, and teachers are encouraged to come as well. Breakfast and lunch will be provided. For more information, contact the Rainbow Outreach Youth Board at (402) 341-0330 or email youthsummit@rainbowoutreach.org.

WHITE ELEPHANT BINGO AT MCC-OMAHA

Clean out the closets! It's time to sort through the "not so special" Christmas gifts and "re-gift" them! It's White Elephant BINGO time at MCC-Omaha. Mark your calendars for Satur-

day, April 26. Doors open at 6 PM for the most fabulous junk food around. BINGO starts promptly at 7 PM. There'll be the most fabulous prizes you have ever seen, after all, you and your friends will be providing them. Cards are only \$3 each, 2 for \$5 or 5 for \$10 and they are good for all evening! Yes, we'll have a raffle or

two.....everyone will go home



with a prize! Guaranteed! MCC-Omaha is located at 819 S. 22nd St. See you there!



Gay, Lesbian, Bisexual, and Transgender Youth Summit 2008

By Nicole Higginbotham

According to the 2005 Gay, Lesbian, and Straight Education Network (GLSEN) Survey, "75. 4% of students heard derogatory remarks such as "faggot" or "dyke" frequently or often at school, and nearly nine out of ten (89.2%) reported hearing "that's so gay" or "you're so gay" - meaning stupid or worthless-frequently or often. Also, "over a third (37.8%) of students experienced physical harassment at school on the basis of sexual orientation and more than a quarter (26.1%) on the basis of their gender expression." Gay, lesbian, bisexual, and

transgender students that get harassed in high school and college are known to have lower grade point averages, get kicked out of their house more often, and have more frequent thoughts of suicide.

In an effort to stop this harassment, the Rainbow Outreach Youth Board is holding it's semi-annual Gay, Lesbian, Bisexual, and Transgender (GLBT) Youth Summit. This is an event that educates GLBT students, their teachers, and their peers on different aspects of the GLBT life. There will be a representative from the American Civil Liberties Union (ACLU) that will speak on GLBT rights, especially the rights that pertain to the teaching environment. Also, a speaker from GLSEN will talk about safe spaces (places in schools where GLBT students can learn without discrimination from their teachers or peers) and the days of action. Then, a member from Proud Horizons (the Omaha GLBT youth organization), the River City Gender Alliance (RCGA), and Parents and Friends of Lesbians and Gays (PFLAG) will speak on their organizations and how interested GLBT students can get involved.

The GLBT Youth Summit is being held on April 19th from 8AM to 4PM at the Rainbow Outreach Center, 1719 Leavenworth Street. Any high school or college student is welcome to attend, and teachers are encouraged to come as well. Breakfast and lunch will be provided. For more information, contact the Rainbow Outreach Youth Board at (402) 341-0330 or email youthsummit@rainbowoutreach.org.



RICHARD M. DWORNIK ATTORNEY AT LAW

Dwornik Law 10 1160

17445 Arbor St., Suite 310 Omaha, NE 68130

578-6480

If you think you are too young to do estate planning or have all of your estate planning done, consider this . . .

THIS YEAR YOU ARE SIX TIMES MORE LIKELY TO BECOME DISABLED THAN DIE! This alarming statistic shouldn't surprise you... you see it everyday. Unfortunately, the number of people becoming disabled will <u>double</u> in the next decade. Most estate planning was designed to deal with <u>death not disability</u>, but that can be corrected.

MOST POWERS OF ATTORNEY ARE OUTDATED WHEN PRESENTED (MANY ARE NOT EVEN AVAILABLE). Your Power of Attorney is used to allow someone to make financial or health care decisions on your behalf when you are unable to. Unfortunately, these documents keep becoming outdated. Assuming your document is current, will it be available in an emergency? Hospitals report in 3 out of 4 cases the Patient's Health Care Power of Attorney is not available when needed (they will always ask if you have one before you are admitted, regardless of your age). Our new program makes this document accessible 24 hours a day, 7 days a week via the telephone.

WITHOUT A LIVING WILL YOU MAY BE KEPT ALIVE ON LIFE SUPPORT AGAINST YOUR WISHES IN CERTAIN INSTANCES. Remember Terri Schiavo? She was only 26 years old when she collapsed in her home due to respiratory and cardiac arrest. She spent the next 15 years of her life in a persistent vegetative state, kept alive on feeding tubes, until she died at age 41. We will never know whether those were her wishes since she did not have a Living Will. Don't let this happen to you. Make sure your wishes are known.

Don't wait until you actually have a problem before you deal with it. By waiting until the problem happens you typically can only minimize the damage, rather than prevent it. Let's prevent it! We have developed a solution for every problem.

Call our office today to schedule your complimentary consultation.

WITHOUT PROPER ESTATE PLANNING YOU ARE LEAVING YOUR FUTURE IN THE HANDS OF THE LEGAL SYSTEM WHICH WILL FOLLOW THE LAWS OF THE STATE YOU LIVE IN. TO MAKE MATTERS EVEN WORSE, THE INTESTACY LAWS OF NEBRASKA HAVE NO DEFAULT PROVISIONS TO ADDRESS SOME OF THE UNIQUE ESTATE PLANNING ISSUES FACING THE GLBT COMMUNITY. THERE IS A SOLUTION BUT YOU MUST HAVE THE PROPER PLANNING IN PLACE BEFORE THE NEED ARISES.

("Mother of Exiles" story, Continued from page 4)

These words from the sonnet, the "New Colossus" by the poet Emma Lazarus, are on a bronze plaque within the base of the Statue of Liberty. That symbol of Democracy, Freedom, and Liberty, stands on an island in New York City's harbor. Sometimes called the "Mother of Exiles", she was a gift from the people of France in 1886. Beloved the world over as a symbol of hope and freedom, she is a symbol of hope for us too as people of the GLBTQQS community.

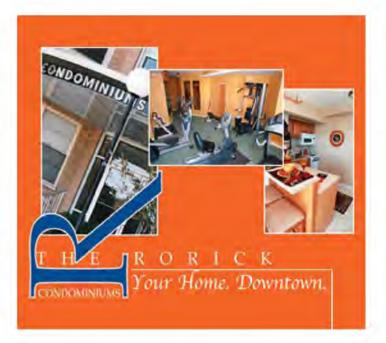
That hope, however, will only happen when we as a group of citizens begin to band together and support one another. Having the courage to stand up for our right to live, our right to love, and our right to equality can only happen when we begin to support each other and accept each other for who we are. We as a GLBTQQS community have to take responsibility for ourselves and our actions and take our rightful place in solving the problems of our community. Before we can expect that respect from the larger straight community, we have to learn to

respect ourselves and each other.

In serving within the charities of the Imperial Court of Nebraska, The Heartland Gay Rodeo Association, and Rainbow Celebrations, I have stumbled upon some distressing information. There is an average of 1.7 million homeless youth within the US. 20 percent of those are LGBTQQS. That is 340,000 homeless youth of OUR community! In a 2004 study, it was found that of 68% of gay male teens suffered alcohol abuse and 44% suffered drug abuse. Of teenage lesbians the numbers were 83% and 56%. A 2003 study on domestic violence found that abuse among gay males was up to 36%- roughly the same as that for straight women!

We have become a part of that sonnet, the "tired, the poor, the huddled masses yearning to breathe free..." The time for change has come! We have to guit allowing ourselves to become victims. We have to start changing our hearts and begin to care about each other. This country is poised to accept us in a way that has never been possible before, but we as responsible GLBTQQS community members have to rise to that occasion. As an oppressed people, we can either roll over and meekly accept the fate that society hands us, or we can band together in acceptance, tolerance, and hope, putting the needs of others within our community before our own wants and desires. Change can and will happen, but only if we are willing to support each other, only if we are willing to change our own hearts. When we as a GLBTQQS community can stand hand in hand and solve our problems together, then and only then will "Pride Know No Borders".....

Dan Knobbe President **Executive Board** Rainbow Celebrations



CONDO LIVING FOR YOUR LIFESTYLE!

- Prices Starting in the \$30's
- Seller To Pay Up to 3% In Closing Cost
- Seller Financing Available*
- · Heat Paid Through Assessments
- On Site Fitness Room
- Controlled Access Entry
- Option Available for Upgrades

*Restrictions Apply

604 So. 22nd Street Call 341-8405 For private tour www.omahacondoconnection.com





Printing Plus Inc

For All of Your Printing Needs

Call 402.333.5935 or email

printingplusinc@aol.com

Serving Our Community for 21 Years

Enjoy socializing at Games Day on Sundays 2-4pm at the GLBT Center with hosts

James & Jeremy.

It's free and fun with plenty of games to choose from or bring your favorite to share.

Drop-in to Games Day!



HGRA Puts on Roller Skates

On Sunday May 18th the Heartland Gay Rodeo Association will host a private party at SkateDaze on 132nd and B in West Omaha. For a mere \$20 per person you can get Unlimited roller skating, Lazer Tag, Playdazium (kids under 13), Bumper Cars, Rock Wall Climbing, Video Games, Roller Coaster. This price also includes Unlimited hot dogs/pizza/soft drinks.

The party will be from 6pm until 9 pm and we invite everyone from babies to baby boomers. Teens can hold their partners hands while skating. Children under 13 can rip and run through the Playdazium. All ages can enjoy the Lazer Tag.

We will also have some contests for the skaters, just to make it more of a "rodeo event". Contestants will skate around the floor and around cones to simulate "barrel racing", in and out of cones for "Pole Bending". We will even try some "calf roping" on skates!

Meet & "Eat" HGRA at the Panic!

Sunday April 20th at 4:00 pm the members of the Heartland Gay Rodeo Association will be hosting a Bar-B-Q at the Panic! It's our way of getting to know Lincoln. The ALL NEW HGRA Board of Directors, Royalty, and general membership will all be on hand.

Ms. HGRA 2008, Tracey, will be grilling up some featherbones and brats to go with her "famous" baked beans. All this for only \$4.50 a plate! We will hang out with Kelly and Kara from 4 till at least 7pm. But you better come early in case the food runs out, believe me; you don't want to miss out.



Tim Reeder 612-3833 www.omahagayrealtor.com

Proudly Serving Omaha's GLBT Community!



"Pump Up" the MCC-O Pantry

Sunday April 27th at DC's, Mr. HGRA will be helping out the MCC Food Bank. You will be entertained by Pete Canfield, Aphelia Butts-Feinstein, Sharon Van Butsel, Miss Trina Tabloid, Ms Aretha Spanklin', Cupid and more starting at 8:00 pm.

Come early at 7:00 pm and enjoy a fantastic dinner prepared by Ms HGRA, Tracey. She will serve up her home cooked Spaghetti & meatballs with hot Garlic Bread, followed by a piece of her Chocolate Torte for dessert. All for the low price of \$4.50 per plate!!

Help us build up the MCC-O Pantry by donating canned or boxed goods anytime during the evening.

ONLY IN MIAMI

Come and enjoy the many vocal and lip synch talents from community titleholders and members of the River City Mixed Chorus on Sunday, April 27, 9:00pm at The Max.

Special guests for this show include: Miss Max, Holly Day; Empress 27, Madeline Fenstien; Duchess 27 and the current Miss DC's, Aphellia Butts, Madame X; Miss Gay Pride, Stella Dallas; Mr Gay Pride, Gary Allinger; HGRA titleholders plus members of the River City Mixed Chorus.

Your host for the benefit show will be Inga AKA Stan Brown. The proceeds from this benefit show will go to the Chorus GA-LA Fund as they travel to Miami this summer to represent Nebraska and the Midwest at the GALA Choruses Festival July 12-19 2008.

The festival is a week long festival where choruses from the US

and around the world get the chance to perform before 5,000+ delegates. RCMC will sing Tuesday night and perform selections from the upcoming concerts, The Gender Blender, on June 21 and 22 at UNO. This will be the Chorus seventh performance at a GALA Festival and is one of the oldest mixed choruses in GALA Choruses.

Besides seeing the show you will have the chance to buy raffle tickets with great prizes including; gift certificates from restaurants and hair salons, theatre tickets, RCMC concert tickets, and many other prizes. Come down to The Max early to get a seat for what is sure to be one of the best shows this Spring and help support the Chorus as they travel to Miami this summer.

Traveler Says She Was Forced to Remove Nipple Ring

LOS ANGELES, California (AP) -- A Texas woman who said she was forced to remove a nipple ring with pliers in order to board an airplane called Thursday for an apology by federal security agents and a civil rights investigation.

picture caption:

Mandi Hamlin, at center with attorney Gloria Allred, demonstrates how she removed her nipple ring.

"I wouldn't wish this experience upon anyone," Mandi Hamlin said at a news conference. "My experience with TSA was a nightmare I had to endure. No one deserves to be treated this way."

Hamlin, 37, said she was trying to board a flight from Lubbock to Dallas on February 24 when she was scanned by a Transportation Security Administration agent after passing through a larger metal detector without problems.

The female TSA agent used a handheld detector that beeped when it passed in front of Hamlin's chest, the Dallas-area resi-

(Continued on page 15)

Please
Support
Our
Gayzette
Advertisers

They
Support
YOU!!



GAYZETTE COMING EVENTS

Rainbow Outreach Metro Omaha GLBT Center 1719 Leavenworth, Omaha (mail address: PO Box 8583 Omaha NE 68108)

WALK-IN HOURS

Sundays 2:00PM - 8:00PM Tuesdays 7:00PM - 9:00PM Thursdays 7:30PM - 9:00PM Fridays 6:00PM - 11:00PM

*Closed Most Major Holidays (402) 341-0330 www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

FRIDAY APRIL 11th PRIDE IDOL PRELIM 6 . at Flixx

Lounge, 8pm, see www.NebraskaPrideIDOL.com

SATURDAY APRIL 12th

DRAG TAG SALE , hosted by Diamond Princess Wendy Dev at Flixx Lounge, 1pm, food and great drag items on sale

SUNDAY APRIL 20th PRIDE IDOL PRELIM 7, at The Q, 9:45pm, see www.NebraskaPrideIDOL.com GLBT NIGHT OUT PARTY, at The Omaha Community Playhouse, 5:30pm, contact Karli Newman at 553-4890 ext 147

MON/TUES APRIL 21ST AND 22ND THE VOICES OF THE RCMC Presents: IV. 7:35 The Max. Tickets \$15.00. A Fundraiser for the RCMC GALA Fund

SATURDAY APRIL 26th HOMICIDE KARAOKE, with Pride IDOL 2006 Ryan Klaus, Flixx Lounge at

NEBRASKA GLBT SUMMIT, 4th Annual Nebraska LGBTQ Summit "Sharing Ideas, Building Bridges", April 26, 2008 at Mahoney State Park. For more information check on-line at: www.cfep-ne.org or call Jim Kieffer - 553-1670 in Omaha or Tim Hopkins - 483-6183 in Lincoln

SUNDAY APRIL 27th DRAG QUEEN BINGO, with Wendy Dev. Flixx Lounge 3-5pm, free food and

ONLY IN MIAMI A Benefit Show for the River City Mixed Chorus hosted by Inga

AKA Stan Brown. The Max, 9:00pm SATURDAY MAY 3RD PRIDE IDOL PRELIM 8 . P.S. Collective. 6059 Maple, 7pm, see

www.NebraskaPrideIDOL.com for more into

FRIDAY MAY 9TH 30TH BIRTHDAY CELEBRATION, Dinner

and Roast hosted by Pride IDOL Misty Stokes. The Max, 6:30pm, see

www.NebraskaPrideIDOL.com for tickets

FRIDAY MAY 16TH

COOKOUT AND CONCERT CELEBRA-TION . Fundraiser for MCC-Omaha and the

Imperial Court of Nebraska hosted by Baron27, Stan Brown. MCC, 819 So 22 St. Food \$5.00,5:30-7:00, and Concert 7:00-9:30.

SATURDAY MAY 17th

MISS GAY HEART OF AMERICA, Regional Prelim to Miss Gay America, 7-9PM at The Max

FRIDAY-SUNDAY JUNE 20th-22nd NEBRASKA PRIDE 2008 in OMAHA

WEEKLY EVENTS

Every Sunday WORSHIP SERVICES: UGUSTANA LUTHERAN CHURCH,

ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

CROSSROADS COMMUNITY FELLOW-

SHIP, Meeting at the Rainbow Outreach GLBT Community Center, 1719 Leavenworth St., Fellowship starts at 6PM, services begin at 6:30PM, Everyone Welcome! Doors open at

DIETZ METHODIST 1423 S.10, Coffeehouse casual downstairs at 9am. Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@vahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST. info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 11am services

LOWE AVE PRESBYTERIAN, 1023 N 40. 10am service

METROPOLITAN COMMUNITY CHURCH OF OMAHA 819 S. 22, 345-2563 Sunday Worship 11am & Wednesday Worship at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B, at 714-

SECOND UNITARIAN, 10:30am Sunday service, 3012 South 119th St., Omaha NE

UNITY CHURCH OF OMAHA

3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

GAMES DAY AT THE GLBT CENTER, 1719 Leavenworth, 2PM to 4PM

GAY MEN'S ALCOHOLICS ANONY-MOUS 4pm Lowe Avenue Presbyterian.

1023 N. 40 St Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

RIVER CITY II MIXED BOWLING. 3pm, Maplewood Lanes,

WIMMIN'S SHOW, KZUM 89,3 12:30pm

Every Monday

A A RAINBOW RECOVERY", an AA group meeting at the MCCO Church at 6pm. Call 612-4648 for more info. Starting April 10th 2006

A A GLBT "RAINBOW GROUP" Meeting Place, 28 & S. Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE. contact Nick or Rick at 402-476-3144

RIVER CITY MIXED CHORUS RE-HEARSALS, 6:45PM-9:15PM, First United Methodist Church, 7020 Cass St.

WOMEN'S SUPPORT GROUP Confidential, meeting at the MCCO Church, 819 S. 22nd St. call 345-2563 for meeting times, all women are welcome

Every Tuesday HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session). Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at isandeen@hastings.edu for further infor-

UNL LESBIAN/BI/QUESTIONING SUP-PORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

WORSHIP SERVICES MCC OMAHA, Bible Study, 7pm

UNITY CHURCH OF OMAHA, 7pm

HIV TESTING, 1:30pm to 4 pm walk-in NAP, 139 S. 40 St., results in 20 minutes, call 402-552-9260 for info

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 2147 South 15th, 402-476-7000

FRONTRUNNERS RUN/WALK

6:30pm, Elmwood Park Parking Lot by softball field. Omaha

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

KARAOKE W/STACY 9:00 pm DC's

Every Thursday
DANCE LESSONS WITH GORDON
7-9pm. DC's Saloon

GAY & BISEXUAL MEN'S SUPPORT AND DISCUSSION GROUP 7– 8:30pm, Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476-9668, held at the Unitarian Church, 6300 A Street, Lincoln

HIV TESTING 7- 9pm walk-in, NAP, 139 S. 40th Same day results,

KARAOKE 9pm, Connections Bar

FREE CONFIDENTIAL ANONYMOUS HIV TEST, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

Every Friday AA ALTERNATIVE MEETING, 7pm, open to men and women, at Lowe Avenue Presbyterian Church in the basement, 1023 North 40th Street

AA LIVE & LET LIVE, 8:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

GLBT CENTER YOUTH NIGHT, 6PM to 10PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street

GLBT AA 7PM to 8PM, Lowe Avenue Presbyterian, Call 556-8364, ask for Sanford

HIV TESTING 5-7PM walk-in, NAP, 139 S. 40th Same day results

NAP OUTREACH CENTER HIV TESTING 7 TO 10PM, walk-in, 2202 St. Marys Ave., Same day results

FREE CONFIDENTIAL ANONYMOUS HIV TEST, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

RAINBOW BIBLE STUDY, 6 to 7:30PM, Lowe Ave. Presbyterian, 1023 No. 40th St.

Every Saturday AA SATURDAY AFTERNOON, 1:30pm,
Open to men and women, 219 North 48th
Street, call 402-558-0733 for more info

OLDER ADULT DROP-IN, 4 TO 6PM, at the GLBT Center, 1719 Leavenworth St., for older adults age 50+, single or partnered, Free

PROUD HORIZON YOUTH GROUP 4-

6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

MONTHLY EVENTS

1st Tuesday LINCOLN MIXED CHORUS 6:30pm, Unitarian Church, 6300 A, Lincoln

1st Thursday GAY & BISEXUAL MEN'S SUPPORT AND DISCUSSION GROUP 7 to 8:30pm, Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476 9668 for location and information.

GLBT PROFESSIONALS, meeting at 6PM. Email at: omahaglbtprofessionals@cox.net

1st Friday FIRST FRIDAY COFFEE HOUSE 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Saturday OR Sunday
HEARTLAND GAY RODEO ASSOCIATION, Meeting days and times may
vary, call 402-505-3331 for info or see
www.hgra.net for meeting schedules etc.

1st Sunday GAY GUYS SPAGHETTI NIGHT, at a Lincoln restaurant, call 402-483-6183 to reserve a seat up until the day before

TRANSGENDER DROP-IN, 2 to 4pm at Rainbow Outreach GLBT Center, 1719 Leavenworth St.

2nd Wednesday ACTS II WORSHIP SERVICE, 7pm, MCC Omaha, 819 S. 22nd Street

2nd Thursday PFLAG- OMAHA, 7pm, First United Methodist Church

2nd Saturday
LEARNING TO EXCHANGE
POWER L2EP@aol.com 2pm; DC's
Saloon
2nd Sunday
INTEGRITY 6-7:30pm, St. Marks,

OUUT SECOND SUNDAY SCREEN-ING (glbt film shown at 7pm followed by discussion) First Unitarian, 3114 Harney

3rd Monday IMPERIAL COURT OF NE, Board of Governors meeting, 6pm, meeting at the Rainbow Outreach GLBT Community Center, www.imperialcourtofnebraska.org

PFLAG SOUTH CENTRAL
(HASTINGS, NE), Meeting on 3rd
Mondays at First Congregational United
Church of Christ, 7th and Marian St.,
7PM, email to
jsandeen@inebraska.com or call

402.462.2961 or 402.460.8696

HIV TESTING AT THE PANIC, Lincoln

NE, 7-10PM walk-in, same day results, 200 South 18th Street

3rd Thursday
GAY & BISEXUAL MEN'S SUPPORT
AND DISCUSSION GROUP 7- 8:30pm,
Meeting in Lincoln first and third Thursdays of
the month. Call 434-9880 / 476 9668 for location and information.

<u>LES/BI/GAY BOOK DISCUSSION</u> <u>GROUP, Village Inn, 78th & Dodge, 7 PM</u>

3rd Friday GAY/BI SUPPORT GRP FOR HIV+ MEN 6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

<u>LINCOLN MIXED CHORUS</u> 6:30pm, Unitarian Church, 6300 A, Lincoln

COFFEE HOUSE Unitarian Church, 6300 A, Lincoln

3rd Saturday GAY/BI SUPPORT GRP FOR HIV+ MEN6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

3rd Sunday TRANSGENDER DROP-IN, 2 to 4pm at
Rainbow Outreach GLBT Center, 1719 Leavenworth St.

4th Tuesday PFLAG-CORNHUSKER Unitarian Church, 6300 A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

4th Friday
LEO LEATHER ENGINEERS—OMAHA
Not currently meeting.

Email Your Event to: GAYZETTE@COX.NET

GLBT RESOURCE LIST

OMAHA BASED

- BiMenNebraska, Social Support for Bi and BiCurious Men http://groups.yahoo.com/ group/BiMenNebraska and http:// groups.yahoo.com/group/Bi-MEN-MIDWEST
- Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org
- Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org
- Diamond Foundation, making a difference through music and education, call 877-87-DIAMOND or see www.diamond-foundation.org
- Family Foundations Therapy for individuals, couples or families, for info call 558-
- First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming
- First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org
- First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming
- Flat Water Bears, (group disbanded)
 Front Runners/Walkers, Wednesdays at
 6:30pm, Elmwood Park Parking Lot by
 softball field, Omaha
- Alphabet (ABC) Soup at UNO,
- http://groups.yahoo.com/group/uno_abcsoup, Phone Student Organizations at 554-2711.
- Gay Lesbian Straight Education Network -Omaha, Box 641676, Omaha 68164, 712-325-0117 http://www.glsenomaha.org
- GayLibrary.com, World Wide Resources Heartland Gay Rodeo Association, see www.hgra.net for information
- Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838,Omaha, 68131 R. Hollendieck (402) 556-5556
- Imperial Court of Nebraska, Box 3772, Omaha 68103 556-9907, Board Meets 3rd Monday, Rainbow Outreach GLBT Center, www.icon.impcourt.org
- Learning to Exchange Power, L2EP@aol.com; Social, educational group novices in Leather, S/M, B/D Lifestyle
- **Leather Engineers of Omaha (LEO)** Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting
- LinOma Bares, for more Info email linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124
- Lowe Avenue Presbyterian Church, 1023 No. 40th St., fully open to GLBT's,
- Mpower Program, 139 S. 40, Omaha 68131 email: mpower@nap.org website: www.mpower-nap.org phone: 402.552.9260x20, Holistic Gay Men's Health Program
- Metropolitan Community Church of Oma-

- ha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 11am, Wed. Worship at 7pm
- NA Rainbow Group, Narcotics Anonymous, meets every Sunday at 6pm, MCC
 -Omaha Church, 819 South 22nd St
- Nebraska AIDS Project, 552-9260 Watanabe Wellness Ctr, 139 S. 40, Omaha 68131, Testing Wed from 1:30-4PM by appointment only, Thurs 7PM-9PM results in a week, Fri 5PM-10PM with 20 minute results Call 402-552-9255 info
- NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community
- Nebraska GLBT Events, Community Events Calendar web site, see www.NebraskaGLBTEvents.com
- Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL,com
- Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive
- The 'Ohana Group, (GLBT / Nontraditional Family group), email to: Theohanagroup@msn.com
- Omaha Bi Married Men Yahoo Group http://groups.yahoo.com/group/ OmahaBiMarriedMen
- Omaha NE Gay Pride Web Page http://ONGP.com; email to: omahanegaypride@cox.net or ongpl@cox.net
- Omaha GLBT Professionals, Contact omahaglbtprofessionals@cox.net for more info.
- Omaha Metro GLBT Sports League, See www.omahaglbtsportsleague.org for more information
- Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over
- Out and About in Nebraska, website: www.travel.to/outabout Email: NeOutAboout@yahoo.com
- OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org
- Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter Box 390064, Omaha, 68139-0064 291-6781 Website:www.pflag-omaha.org, email info@pflag-omaha.org Meet 2nd Thurs, 1st United Meth, 7020 Cass
- Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com
- Prairie Bares, nudist group, no further info available, ask Dino A. or David F.
- Rainbow Outreach GLBT Resource Ctr, 1719 Leavenworth, Omaha, 341-0330
- Rainbow Bible Study, Fridays, 6-7:30pm, Lowe Ave Presbyterian, 1023 N. 40 St.
- Rainbow Celebrations, PO Box 8488, Omaha, 68108, 402-212-6302 locally,

- 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete information see www.rainbowcelebrations.org
- River City Gender Alliance, P.O. Box 4083 Omaha, NE 68104, for info call 402.813.1842 or Email: info@rivercitygenderalliance.org
- River City Mixed Bowling II 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706
- River City Mixed Chorus, Box 3267. Omaha, NE 68103, 402-341-SING Website: www.rcmc.org
- **SNAP Productions,** Box 8464, Omaha, NE 68108 www.snapproductions.com
- Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive
- Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org
- WomenSpace, no current info is available

LINCOLN BASED

- GLBT and Ally Programs and Services at UNL, Pat Tetreault, Ph.D. Sexuality Education Coordinator University Health Center Health ED Dept. 402.472.7447 for info see http://www.unl.edu/health/sexuality
- Gay/Lesbian/Bi/Straight Alliance 2229 J St., Lincoln 68510 (402) 436-1301 ext. 232 Ruth Kupfer
- Gay & Bi Men's Discussion & Support Group, Tim, P.O. Box 6341, Lincoln 68506-0341 483-6183
- Lesbian, Bisexual and QuestioningWomen's Discussion Group, University of Nebraska, Lincoln Women's Center (sponsor), Room 340, Nebraska Union, Lincoln 68588-0446. 402/472-5644.
- Nebraska AIDS Project, 2147 S. 15th St. Lincoln, NE 68502. (402) 476-7000
- Mixed Chorus, Rehearse 1st & 3rd Fridays, Unitarian Church, 6300 A, No auditions, Just a desire to sing, info contact Scott at sdorchid@neb.rr.com
- Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737
- Parents, Friends of Lesbians & Gays, Cornhusker Chapter; Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: http://pflag.ineb.org/
- Plainsmen, Support FtM's (Female to Male) Drag Kings TV Butches, 402-820-1267
- SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 – 9pm, Lesbian Videos 7:15pm, 3319 S. 46
- Straight Spouse Support Grp 402-429-6094
 Trevor-24-hour National Suicide Hotline
 for GLBT and Questioning Youth
 1-800-850-8078 or email: http://
 www.thetrevorproject.org/helpline.html
- TriCity GLBT, serving Central Nebraska, web site at http://www.tri-city-glbt.com/
- UNL Committee on GLBT Concerns, Contact Pat Tetreault, c/o University Health

Center, 15th & U Streets, Rm. 12h Lincoln, NE 68588-0618, (402) 472-7447 or email: ptetreau@unlnotes.unl.edu

Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494, Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Pride, www.councilbluffspride.org
Iowa Equality, GLBT—allied against change to the state and federal
Constitutions, http://www.IowaEquality.org
Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Community Announcements

#######

If you have a life event, birth, death, adoption, anniversary, wedding, graduation, memorial or other special announcement that you would like to see in the Gayzette, send it to Gayzette@cox.net and we'll be happy to publish it here for free.



Want to surprise yourself this spring?

Discover that Presbyterians can be fun.

Lowe Avenue Presbyterian Church – 1023 N. 40th, Omaha

Sunday services 10 a.m. Special Bell Choir Easter Sunday

Rainbow Bible Study 6:30 p.m. Fridays.

(Now reading Jesus, the Bible & Homosexuality by Jack Rogers.)

Call the church at 551-5207 or Cleve Evans at 733-1360 or 557-7524 for more information.

Did you know that you can see the entire GAYZETTE on our web site?
Go to:

www.rainbowoutreach.org
And click on the Publications link.
George W. Bush reads the Gayzette.
(Ok, he just looks at the pictures.)





Monthly Meetings: Second Thursday 7:00 P.M. Location: First United Methodist Church 7020 Cass, Omaha, Nebraska Web Site: www.pflag-omaha.org

P.O. Box 390064 Omaha, NE 68139-0064 HELPLINE (402) 291-67681 (Nipple Ring Removal, story Continued from page 10) dent said.

Hamlin said she told the woman she was wearing nipple piercings. The agent called over her male colleagues, one of whom said she would have to remove the jewelry, Hamlin said.

Hamlin said she could not remove them and asked whether she could instead display her pierced breasts in private to the female agent. But several other male officers told her she could not board her flight until the jewelry was out, she said. Watch the passenger demonstrate removing the jewelry »

She was taken behind a curtain and managed to remove one bar -shaped piercing but had trouble with the second, a ring.

"Still crying, she informed the TSA officer that she could not remove it without the help of pliers, and the officer gave a pair to her," said Hamlin's attorney, Gloria Allred, reading from a letter she sent Thursday to the director of the TSA's Office of Civil Rights and Liberties. Allred is a Los Angeles lawyer who often represents high-profile claims.

Applying pliers to the torso of a mannequin wearing a bra with the rings on it, Hamlin showed reporters how she took off the second ring.

She said she heard male TSA agents snickering as she took out the ring. She was scanned again and was allowed to board even though she still was wearing a belly button ring.

"After nipple rings are inserted, the skin can often heal around the piercing, and the rings can be extremely difficult and painful to remove," Allred said in the letter.

TSA officials said they are investigating whether the agency's policies were followed.

"Our security officers are well-trained to screen individuals with body piercings in sensitive areas with dignity and respect while ensuring a high level of security," the agency said in a statement.

On its Web site, the TSA warns that passengers "may be additionally screened because of hidden items such as body piercings, which alarmed the metal detector."

"If you are selected for additional screening, you may ask to remove your body piercing in private as an alternative to a patdown search," the site says.

Hamlin would have accepted a "pat-down" had it been offered, Allred said.

If an alarm does sound, "until that is resolved, we're not going to let them go through the checkpoint, no matter what they're wearing or where they're wearing it," said TSA spokesman Dwayne Baird in Salt Lake City.

People routinely pass through security wearing wedding rings without problems, and it might take a larger bit of metal to trigger an alarm, Baird said.

Hamlin filed a complaint, but the TSA's customer service manager at the Lubbock airport concluded that the screening was handled properly, Allred said.

Hamlin wants an apology from the TSA and an investigation by the agency's civil rights office.

Allred said she might consider legal action if the TSA does not apologize.

Hamlin was publicly humiliated and has "undergone an enormous amount of physical pain to have the nipple rings reinserted" because of scar tissue, Allred said.

Hamlin said her piercings have never set off an airport metal detector.

"The conduct of TSA was cruel and unnecessary," Allred wrote. "The last time that I checked, a nipple was not a dangerous weapon."

Where Can You Find The Gayzette?

Omaha:

Connections. 1901 Leavenworth 933-3033 DC's Saloon. 610 South 14th Street 344-3103 Dixie Quick's Restaurant, 1915 Leavenworth 346-3549 Flixx, 1015 South 10th Street Omaha 408-1020 Gnome's Bar, 1951 Saint Marys Ave 991-6470 1417 Jackson St. The Max. 346-4110 Metropolitan Community Church, 819 South 22nd Street Omaha Mining Co., 1715 Leavenworth 449-8703 Mystery Bookstore, 1422 South 13th St 342-7343 Nebraska AIDS Project, 139 South 40th St 552-9260 Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette) 341-0330

Lincoln:

Panic Bar, 200 South 18th Street (as available) 435-8764 Q Bar, 226 South 9th Street (as available) 475-2269

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net

Fitness Corner

By Ron Blake Certified Personal Trainer

The latest and greatest of health news shall command your attention in my award winning fitness column. Yes, I am excited to inform you that I was nominated and select-

ed for the Society of Journalists "Ann Landers Award" for my contributions to the great field of health and fitness. I thank you for your support my loyal readers. Now let's get on with the show. The Journal of the American Medical Association has just released its most amazing new health discoveries. I am a member of their society and have a sneak peek for you of all this excitement.

After a twenty year study, it appears the cigarette companies were correct all along. There is such a thing as a healthy cigarette. Researchers have found a cigarette that actually can make you healthier. When inhaled, smoke clings to the alveoli in your lungs and pulls away any impurities that were already present from regular air pollution. The type of smoke is such that it will not adhere to any portion of your lungs, but it will actually act as a cleansing agent while attacking the bad boys. The FDA should be granting approval within five years. My college smoking days will be back!

You will be able to gorge on all the chocolate your little heart desires. A new drug will be required to be taken once per week for your ride on a chocolate high without the worry of weight gain. This little pill will have you dreaming of Willy Wonka's chocolate river and the Oompa Loompas. Bristol Myers Squibb has the early patent rights to this. Imagine M&Ms for breakfast, lunch, and dinner. There is only one major downside. For some, it could cause the toenails and fingernails to turn green. For chocoholics, this can be overcome with clear fingernail polish. Point me in the direction of the nearest Maybelline counter.

What are your feelings towards goat cheese, bananas, and bacon. An eclectic mix for certain, but this trio is capable of halting your aches, pains, and those throbbing headaches. For this to occur, you need to first eat a slice of goat cheese at the outset of the pain. Then you must wait about five minutes before the banana and bacon combination is eaten. Voila! The problems will disappear within ten minutes. The effects are as strong as the prescription Vicodin and have none of the addictive side effects according to all the modern research from the UCLA Medical Center. Kraft Foods, Chiquita, and Oscar-Meyer are dancing in the streets over this discovery.

Finally, there is hope for all you big boys and big girls out there. From the makers of Viagra comes the tablet that will cut that cellulite while you sleep. The medication when taken properly can trick the brain's hippocampus into extended REM, or deep sleep sessions. This is when your brain is causing rapid eye movement and the dreams that lull you into Fantasyland. When these sessions are extended, the body burns significantly more calories and the result is weight loss. Some study subjects lost as much as seven pounds in a week. Of course there's an ugly side. Subjects have woken up with wet bed sheets. Not the wet dreams you funny guys are thinking about. These wet dreams are from excessive sweat from the body's increased

metabolism. Rubber sheets and your own bed should remind you of those incontinent days of watching Sesame Street.

If you believe in all this, I've got proof that George W. can actually spell recession. I am just being a practical joker and only a couple of weeks late. April Fool's my good friends.

This column is brought to you by that guy who wants to have a running with scissors contest sponsored by lawyers. This guy is Ron Blake and he can be reached through semaphore or at www.goblakefitness.com.

Mardi Gras on the Missouri

This message goes out to anyone and everyone who wants to participate in helping with NAP's and Key Stone Group's Mardi Gras on the Missouri decorating committee. We have lots to do. I need creative, artistic people and even those who just want to participate to say "And...I helped!"

The first meeting is planned for this Wednesday April 2nd at 6:00 pm at the Watanabe Wellness Center. Please stop in for complete outline of what all projects we now have basically 4 weeks to complete.

Anyone and everyone is welcome to take part in projects that will be constructed both here at the center and at the River City Star Landing. We are planning on meeting every Monday and Wednesday nights at both locations from 6:00 to 9:00 p.m. Please call if you have any questions. My cell number is 212-7204.



Mardi Gras on the Missouri will take place on Friday night May 9th from 6:00 to midnight at the River City Star Landing and Boat.

Johnnie Richards, (New Miss D.C's Saloon) will be hosting his victory show on Saturday night April 26th at 6:30 pm. He will also be doing community awareness and fundraising for MPower. Let's make sure we show him our support and plan to attend.

Gary Winingham MPower Program Coordinator Nebraska AIDS Project (402) 552-9260 x 122

Rainbow Celebrations, Sponsors of Nebraska Pride Hand Out \$4500

Rainbow Celebrations held its annual charitable giving campaign for 9 local charities. This was also our launch event of Nebraska Pride 2008, where we announced our Logo for Nebraska Pride 2008 and our Parade Grand Marshall.



The following charities

were each given donations of \$500. Nebraska AIDS Project, ACLU Nebraska, Children's Hospital, Citizens For Equal Pro-



tection, Metropolitan Community Church Omaha, Nebraska Human Society, Rainbow Out Reach Center, Omaha Police Department Volunteer Victims Emergency Fund. Also receiving donations but not available to attend is The Susan G. Komen Foundation.

The event was held at Vincenzo's in the Old Market Omaha.

The Rainbow Outreach GLBT Center wishes to thank Rainbow Celebrations for their generous donation and to recognize the

organization for all of the hard work they do to make Nebraska Pride such a huge success.



Woes for Westboro Baptist Church

A federal court has ordered liens against the staunchly fundamentalist Westboro Baptist Church, which recently lost a civil suit, The [Baltimore] Sun reported Monday.

Judge Richard D. Bennett of the U.S. district court of Maryland ordered church founder Fred Phelps and his two daughters to post cash bonds of \$125,000 and \$100,000 within the next 30 days. The judge also placed a lien on an office building owned by the elder Phelps that is worth \$232,900. No money may be borrowed against the equity in the buildings, and no new mortgages can be issued on the property. The church property was appraised recently at \$442,800.

The Topeka, Kansas based Phelps family is currently appealing a \$5 million judgment in a civil case they lost in November, in which a jury found that the group intentionally inflicted emotional distress on a family by picketing the fimeral of their son, who had been killed in Iraq. The church often pickets military funerals, saying the deaths are God's punishment for America's tolerance of homosexuality. (The Advocate)

Mormon Church Agrees to Meet with Gay Mormon Group

Leaders of the gay Mormon support group Affirmation are set for an unprecedented meeting with the Mormon Church's commissioner of family services, Fred M. Riley, The Salt Lake Tribune reported Monday.

In the past the Mormon Church has refused to speak with Affirmation, which consists of about 2,000 LGBT members. The church's only previous response had been a letter declining any sort of meeting. Riley told the Associated Press in an e-mail that the meeting has been confirmed for August.

"We're pleased the church is opening up the possibility for dialogue," Affirmation executive director Dave Melson told The Salt Lake Tribune. During its meeting with the Church of Jesus Christ of Latter-day Saints, Affirmation will aim to address various issues that have been ignored. In the article, Melson suggested issues such as "historical treatment of gays by the church, which include recommendations for aversion therapies to 'cure' homosexuality, recommendations for more effective counseling methods, and ways to avoid family breakups." (The Advocate)

Egyptian Doctors Denounced for Breaching Medical Ethics

A coalition of 117 human rights groups worldwide is denouncing not only Egypt for arresting and detaining HIV-positive men for the "habitual practice of debauchery" but also many of the detainees' doctors, who participated in the illegal crackdown. Five men scheduled to face trial in Cairo on April 9 are part of a group of at least 12 who have been jailed since October 2007 simply because they are living with HIV or AIDS. According to international group Human Rights Watch, the crackdown occurred with the participation of medical personnel. Amnesty International and Human Rights Watch wrote an open letter to Egypt's health ministry and the Egyptian Doctors' Syndicate, reprimanding doctors for their breaches of doctorpatient confidentiality.

"Doctors must put patients first, not join a witch-hunt driven by prejudice," Joe Amon, director of the HIV/AIDS program at Human Rights Watch, said in a statement released Monday. "Now more than 100 human rights groups are reminding Egyptian doctors of the oath they took to respect patients' privacy, autonomy, and consent. This is one of the oldest traditions of medical responsibility, as well as an obligation under human rights law."

Doctors in Egypt take an oath based on the Geneva Declaration of the World Medical Association, which says doctors must not use the medical knowledge of a patient to "violate human rights and civil liberties, even under threat,"

Kyle's Bed & Breakfast by Greg Fox























Website - www.kylecomics.com

E-Mail - KylesBnB@aol.com

The arrests began last year when one man who was stopped on the street by police during an altercation notified them he was HIV-positive. Police arrested him and the man with him, assaulted them, and interrogated them to obtain the names of other HIV-positive men, according to HRW. Each man was charged with the "habitual practice of debauchery," or consensual sex between two men.

Doctors from the health ministry also subjected the detainees to HIV tests without their consent, according to the press release. The prisoners who tested positive for the virus were held in hospitals and chained to their beds, being released from the chains only after publication of their treatment and the resulting public outcry.

A Cairo court convicted four of the 12 men arrested, sentencing them to a year in prison on January 18. On February 2 their sentences were upheld by an appellate court. A month later, Cairo prosecutors indicted five more men, who face trial on Wednesday. The charges against the remaining three men were dropped. (The Advocate)

Clinton Discusses Gay Rights with Ellen

Democratic Sen. Hillary Rodham Clinton told Ellen DeGeneres that she will work to ensure that same-sex couples such as the talk show host and her partner, Portia de Rossi, are treated fairly.

"I'm going to do everything I can to make sure that people like you and Portia and others have a chance to have, you know, rights to be able to go to the hospital, to inherit property, to make sure that you can list somebody as a beneficiary on an insurance policy," Clinton said in an interview to air Monday on The Ellen DeGeneres Show.

"That's all we want is to be fair," DeGeneres responded. "I like it. I like it."

Clinton has said she would defend gay rights as president and eliminate disparities for same-sex couples in federal law, including immigration and tax policy.

When asked how the New York senator deals with criticism and calls for her to stop her presidential campaign, Clinton told DeGeneres it was nothing new. "You know, boys used to say that to me all the time," the former first lady said.

Clinton said she continues because there are still states left to vote and the contest between rival Barack Obama and her is close.

"Why would I quit?" Clinton said. "This country is worth fighting for. I'm having a good time. I'm enjoying going out there and talking to people." (AP)

A large, powerfully-built guy meets a woman at a bar. After a number of drinks, they agree to go back to his place. As they are making out in the bedroom, he stands up and starts to undress. After he takes his shirt off, he flexes his muscular arms and says, "See that, baby? That's 1000 pounds of dynamite!" She begins to drool. The man drops his pants, strikes a body-builder's pose, and says, referring to his bulging thighs, "See those, baby? That's 1000 pounds of dynamite!" She is aching for action at this point. Finally, he drops his underpants, and after a quick glance, she grabs her purse and runs screaming to the front door. He catches her before she is able to leave and asks, "Why are you in such a hurry to go?" She replies, "With 2000 pounds of dynamite and such a short fuse, I was afraid you were about to blow!"

DMV Eye Test

A Polish immigrant went to the DMV to apply for a driver's license. First, of course, he had to take an eye s ight test The optician showed him a card with the letters:

CZWIXNO STACZ

'Can you read this?' the optician asked. 'Read it?' the Polish guy replied, 'I know the guy.'

Do You Still Get Horny?

Two elderly ladies are sitting on the front porch, Doing nothing.

One lady turns and asks, "Do you still get horny?" The other replies, "Oh sure I do."
The first old lady asks, "What do you do about it?" The second old lady replies, "I suck a lifesaver."
After a few moments, the first old lady asks, "Who drives you to the beach?"

Stick of Dynamite

