

# The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

## 2008 Tom Mahony Pride Prom



Proud Horizons, Parents Families and Friends of Lesbians and Gays (PFLAG Omaha), Gay Lesbian Straight Education Network (GLSEN Omaha) and the metropolitan Omaha Gay

Straight Alliances will hold the fourth annual Tom Mahony Pride Prom for lesbian, gay, bisexual and transgender (LGBT) youth and their straight allies ages 13-23. The Pride Prom will be held Saturday, May 17 from 7-11 p.m. in Cary Hall at First United Methodist Church, 7020 Cass Street, Omaha, Nebraska. The dance will have a DJ, photographer, security officers and refreshments. The theme selected for this year's dance is Vampire Gothic. Admission is payable at the door and is \$6.00 per person or \$5.00 per person with a can of food donation. Food donations will go to the Metropolitan Community Church of Omaha's food pantry which provides services to the Nebraska AIDS Project and the community.

Pride Prom planners are expecting over 250 youth this year. To help make the prom a success, the prom committee needs the community's financial support. Please make checks payable to Proud Horizons. Donations may be sent to Proud Horizons, 15409 Shirley St. Omaha, NE 68144.

As part of PFLAG Omaha, Proud Horizons is a 501(c)3 organization and donations to the prom are tax deductible in accordance with applicable IRS regulations.

All groups and individuals will be given recognition at the prom for their donations. If you wish to remain an anonymous donor, please let us know.

Proud Horizons is a youth support group for LGBT youth and their allies and provides a safe space for youth to discuss life's issues with their peers and to create a social network. Proud Horizons is sponsored by PFLAG Omaha. For more information about Proud Horizons visit their Web site: [www.proudhorizons.com](http://www.proudhorizons.com) or e-mail [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

For more information about the Pride Prom, please contact Carrie Spencer at 402-880-8073, e-mail [carrie1224@yahoo.com](mailto:carrie1224@yahoo.com) or [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

## Iris Phoenix Scholarship Applications Now Available

The Iris Phoenix Scholarship Fund was established in 1996 by Empress 16 Phoenix Fallentino to provide scholarships for individuals who self-identify as gay, lesbian, bisexual, transgendered, or as children of gay, lesbian, bisexual, transgendered persons.

Each year the Scholarship Committee awards at least one scholarship in each category in which there are applicants who meet established criteria. The total number and dollar amount of the scholarships will be determined by the committee based on the number of successful applicants and the funds available for distribution.

Full details regarding qualifications and requirements can be found on the applications which have been distributed throughout the community, including local bars, the Rainbow Outreach Resource Center, PFLAG, Proud Horizons and NAP.

Deadline for application is June 25, 2008. For more details and questions, please contact Emperor 26 Andrew Janzen, ICON Secretary at [iconxxvi@yahoo.com](mailto:iconxxvi@yahoo.com) or Emperor 27 Thomas, Scholarship Chair at [Emperor27NE@aol.com](mailto:Emperor27NE@aol.com).



## Popular Christian Show Host Comes Out

Azariah Southworth, Nashville host and producer of popular Christian youth show The Remix, has come out as gay. Out & About newspaper reported Wednesday.

"I know this will end my career in Christian television, but I must now live my life openly and honestly with everyone," Southworth said in the article. On his weekly half-hour show, Southworth is seen spending time with a Christian musician or band to see what they like, where they go, and how they live. For the past year and a half, it has been in syndication and

*(Continued on page 4)*

April 25, 2008 - May 9, 2008

P.O. Box 8583, Omaha, Nebraska 68108 (402) 341-0330  
Web Site: [www.rainbowoutreach.org](http://www.rainbowoutreach.org) email the GAYZETTE: [gayzette@cox.net](mailto:gayzette@cox.net)



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## GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page 7 1/2W X 10H \$100.00

Half Page 7 1/2W X 4 3/4H \$ 50.00

Fourth Page 3 3/4W X 4 3/4H \$ 25.00

Business Card \$ 15.00

All ads should be emailed to Gayzette@cox.net. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads may also be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68108 on or before the deadline or you may pay with credit card on our web site at www.RainbowOutreach.org and email the ad. We reserve the right to refuse any ad which we deem to be inappropriate.

**Ad Deadlines:** Friday, May 2, for Publication May 9th Friday, May 16 for Publication May 23rd



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At 5pm

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5-8**

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**Monday Madness**

*\$1.50*

*Domestic Longnecks*

*Top 40 Hits*

**Topless Tuesday**

*\$3.00*

*Long Island Iced Tea*

**PAPI CHULO**

**WEDNESDAY**

*\$2.50 Corona's*

*\$3.50 Tezon*

*Silver Shots*

*Latest Latin Videos*

**Retro Thursdays**

*\$2.50 Frozen Drinks*

*All Shots \$3.00*

*Flashback To Hits*

*Of 70's & 80's*

**Flavor Fridays**

*\$2.50 Bacardi Flavors*

*Hottest Diva Videos*

**Stoli Saturdays**

*\$3.00 Stoli Flavors*

*Latest Dance Videos*

**ALL - DAY SUNDAY**

**PULL CARD HAPPY HOUR**

*\$1.00 Domestic Draws*

*Try Your Luck On Pull-Tabs*

Open  
Thurs, Fri, Sat  
7pm - 1am



*Flux*  
An Exquisite Bar  
For Women



(Show Host Comes Out, story Continued from page 1)

reaches a total of approximately 200,000 viewers. Southworth has also been featured in various Christian media.

"We all know there are so many other gay people in the Christian industry; they're all just scared," he said. "I was scared, but now I'm no longer afraid." (The Advocate)

## Mardi Gras On Friday May 9th

Nebraska AIDS Project and the Keystone Group will re-create the excitement of the French Quarter and Mardi Gras on Friday evening, May 9 with a first-time event that they envision will become the premier outdoor celebration of its kind in the city—Mardi Gras on the Missouri.

"We plan to bring a bit of New Orleans flair and a whole lot of sizzle to the banks of the Missouri River—with Cajun food, Zydeco and Dixieland bands, beads, costumes, performing artists, a French Market, costume competition and more," said Sharon Renter, Executive Director of Nebraska AIDS Project. The evening begins at 6 p.m. at the River City Yacht Club, home of the River City Star Riverboat, 151 Freedom Park Road in Omaha.

The celebration will raise much-needed funds for the Nebraska

AIDS Project's comprehensive programs and services for men, women and children affected by HIV and AIDS in Nebraska, Southeast Wyoming and Southwest Iowa, as well as support for ongoing education and outreach programs.

"We are thrilled to partner with Nebraska AIDS Project for this event, and the River City Yacht Club offers a perfect venue on the water to create the excitement of the French Quarter," said Larry Richling, President and CEO of the Keystone Group. "After the long winter, this event will bring color, vibrancy, and most importantly, fun to the Omaha community, and kick off the summer season with style."

The evening will be filled with fun, food and entertainment, including:

The presentation of the first King and Queen. A horse-drawn carriage will escort Mardi Gras Queen Malorie Maddox (WOW-TV reporter and anchor), and King Larry Richling (CEO/Owner, The Keystone Group) to the River City Yacht Club. A jazz band will herald them en route from a second carriage.

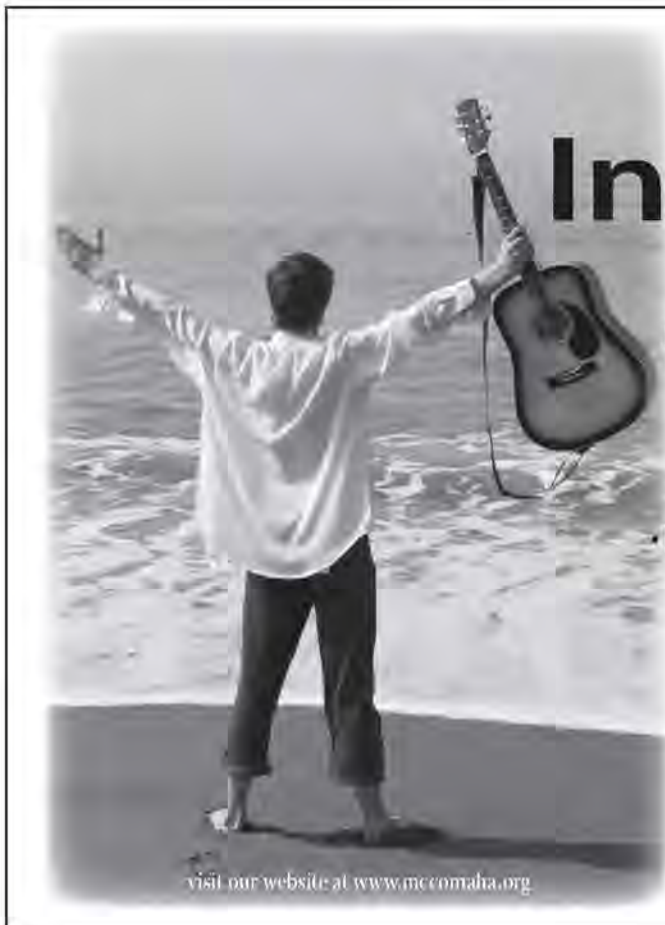
A Mardi Gras procession, complete with "throws"

A silent auction with valuable art and luxury items

A French Market complete with eclectic, unique gifts typically found in the French Quarter of New Orleans

A Cajun buffet from 7 until 9 p.m.

During the VIP dinner aboard the River City Star, New Orleans, Dixieland-style entertainment will be provided by Joey Gulizia and the G-Notes. Live music and dancing to The Prairie Gators will follow from 9 pm until the crowd stops throwing beads at around midnight.



visit our website at [www.mccomaha.org](http://www.mccomaha.org)

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## Metropolitan Community Church of Omaha

MCC Omaha | 819 S. 22nd St.  
| 402/345-2563  
Omaha, Nebraska 68108



There is a Costume competition with awards planned.

Tickets are now available at Hollywood Candy, 501 S 13th St., Omaha (402) 884-7688. Ticket levels include: \$25 in advance at Hollywood Candy. For new graduates who bring their 2008 graduation tassels, \$20 in advance at Hollywood Candy, or \$25 the evening of the event.

Tickets for all VIP Dinner Seating on the River City Star, including admission to the event, are \$50 in advance and the evening of the event, \$30 general admission the evening of the event

Corporate and individual sponsorships for the event are still available. For more information, please contact Public Relations & Development Director Mary Kenny -- (402) 552-9260 ext. 139 --at Nebraska AIDS Project.

(see ad on next page)



### NEBRASKA PRIDE 2008 IS LOOKING FOR VOLUNTEERS

NEBRASKA PRIDE HAS MOVED TO OUR NEW AND LARGER LOCATION WHICH WILL REQUIRE A MUCH LARGER FESTIVAL, PARADE AND EVENT VOLUNTEER STAFF

COME AND BE PART OF PRIDE 2008 "PRIDE KNOWS NO BORDERS" SHOW US YOUR VOLUNTEER SKILLS AND KNOWLEDGE

VOLUNTEERS ARE NEEDED IN THE FOLLOWING AREAS:

Back Stage    Gates    Ticketing    Security    Setup/Tear Down    Merchandise Tent  
Information Table    Grounds    Support Staff    and many other positions

Volunteer Applications are available during our remaining benefit shows from any pride representative, online at <http://www.nebraskapride.com> by clicking Be A Volunteer or online at <http://nebraskaprideevents.com> or you may e-mail [volunteer@rainbowcelebrations.org](mailto:volunteer@rainbowcelebrations.org)

Volunteer Recruitment will also be held on

Saturday May 10<sup>th</sup> from 6:00 p.m. to 8:00 p.m. @ the Rainbow Out Reach Center 1716 Leavenworth Road Omaha, NE  
Saturday May 24<sup>th</sup> from 6:00 p.m. to 8:00 p.m. @ the Rainbow Out Reach Center 1716 Leavenworth Road Omaha, NE  
Saturday May 31<sup>st</sup> from 6:00 p.m. to 8:00 p.m. @ the Rainbow Out Reach Center 1716 Leavenworth Road Omaha, NE

Volunteer Orientation  
Thursday June 19<sup>th</sup> 4:00 p.m. to 8:00 p.m. @ the Lewis & Clark Landing 515 North Riverfront Drive

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
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**Friday, May 9, 2008**

**The River City Yacht Club  
151 Freedom Park Road, Omaha, Nebraska**

Join us as we bring a bit of New Orleans flair and a whole lotta sizzle to the banks of the Missouri River—with Cajun food, Zydeco and Dixieland bands, beads, costumes, performing artists, and a French Market.

- ♪ Stroll the authentic French Market and Silent Auction
- ♪ Magicians, jugglers, tattoo artists, psychics!
- ♪ VIP dinner on the River City Star with Joey Gulizia and the G-Notes
- ♪ Sumptuous Cajun Buffet
- ♪ Dance to the Zydeco sounds of The Prairie Gators!
- ♪ Costume competition with cash awards!

**TICKETS available in advance at Hollywood Candy!**

\$25 in advance at Hollywood Candy, 501 S 13th Street, (402) 884-7688  
\$20 in advance if you are a student with a 2008 graduation tassel  
\$30 at the door  
\$25 at the door if you are a student with a 2008 graduation tassel  
\$50 VIP Dinner on the River City Star in advance or at the door

**A Benefit for  
Nebraska AIDS Project**

*For more information, please call (402) 552-9260 or visit [www.nap.org](http://www.nap.org)*

NEBRASKA AIDS PROJECT



Logo design by Erin Grindstaff, [www.tinyxl.com](http://www.tinyxl.com)



# Reflections With Pastor Tom

## Courage

Courage is the inner power to move forward in spite of. There is so much out there to spite us, or so it would seem. I have found that people can far more readily identify what is keeping them from greatness than what is propelling them into prosperity.



The activity of being courageous is almost always something painful, uncomfortable or uneasy, but when the moment is past, we experience the payoff. We might say: "I can't believe I made it through that." or "Wow, I did it and I learned something," or maybe even, "that wasn't so bad after all." These statements and those like them are symptoms and signs of transformation and growth. Suddenly we are more than we were.

The key is to make courage a lifestyle, a way of being. Here is the test: When you or someone else has an idea, do you imme-

diately identify all the reasons it won't work or do you identify all the reasons it could work? Sometimes, the difference between what we call "optimism" and "pessimism" is, in reality, the difference between courage being applied or not being applied.

A wise person once said that half of life is just showing up. This is totally true. Showing up takes courage. Think about it: we must show up to fix broken relationships, excel at our workplace, grow our friendships and intimate relationships, discover the power of God and community and live a healthy lifestyle. We also must show up by being accountable to our own selves. We all have "issues." The "issue" we are not working on today is tomorrow's disaster.

So, just show up. Its that simple. That's all the courage you need. Courage can be a charge into the battlefield, it can be risking your life to save another, it can be some monumental act, but 99.9% of the time . . . courage is just being present, courage is just showing up and engaging life.

May God Bless & Keep You . . . Pastor Tom  
pastortom@mccomaha.org

Coming In the May 9th Issue: Doubt



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**THIS YEAR YOU ARE SIX TIMES MORE LIKELY TO BECOME DISABLED THAN DIE!** This alarming statistic shouldn't surprise you . . . you see it everyday. Unfortunately, the number of people becoming disabled will double in the next decade. Most estate planning was designed to deal with death not disability, but that can be corrected.

**MOST POWERS OF ATTORNEY ARE OUTDATED WHEN PRESENTED (MANY ARE NOT EVEN AVAILABLE).** Your Power of Attorney is used to allow someone to make financial or health care decisions on your behalf when you are unable to. Unfortunately, these documents keep becoming outdated. Assuming your document is current, will it be available in an emergency? Hospitals report in 3 out of 4 cases the Patient's Health Care Power of Attorney is not available when needed (they will always ask if you have one before you are admitted, regardless of your age). Our new program makes this document accessible 24 hours a day, 7 days a week via the telephone.

**WITHOUT A LIVING WILL YOU MAY BE KEPT ALIVE ON LIFE SUPPORT AGAINST YOUR WISHES IN CERTAIN INSTANCES.** Remember Terri Schiavo? She was only 26 years old when she collapsed in her home due to respiratory and cardiac arrest. She spent the next 15 years of her life in a persistent vegetative state, kept alive on feeding tubes, until she died at age 41. We will never know whether those were her wishes since she did not have a Living Will. Don't let this happen to you. Make sure your wishes are known.

Don't wait until you actually have a problem before you deal with it. By waiting until the problem happens you typically can only minimize the damage, rather than prevent it. Let's prevent it! We have developed a solution for every problem.

Call our office today to schedule your complimentary consultation.

WITHOUT PROPER ESTATE PLANNING YOU ARE LEAVING YOUR FUTURE IN THE HANDS OF THE LEGAL SYSTEM WHICH WILL FOLLOW THE LAWS OF THE STATE YOU LIVE IN. TO MAKE MATTERS EVEN WORSE, THE INTESTACY LAWS OF NEBRASKA HAVE NO DEFAULT PROVISIONS TO ADDRESS SOME OF THE UNIQUE ESTATE PLANNING ISSUES FACING THE GLBT COMMUNITY. THERE IS A SOLUTION BUT YOU MUST HAVE THE PROPER PLANNING IN PLACE BEFORE THE NEED ARISES.



## Applications for ICON Reign 28 Now Available

Applications for Emperor 28 and Empress 28 of the Imperial Court of Nebraska are now available. You can find applications at any of the local GLBT locations including, DC's Saloon, The MAX, Flixx, The Rainbow Outreach Resource Center and NAP. Applications can also be downloaded from the ICON website at [www.imperialcourtofnebraska.org](http://www.imperialcourtofnebraska.org).



All persons interested in aspiring to the throne for Reign 28 must have their application postmarked no later than midnight, Monday, May 5, 2008. Once the application is received, the Board of Governors will hold a candidate approval meeting on Monday, May 12, 2008 at the Rainbow Outreach Resource Center starting at 6:00 PM.

The application booklet includes full details regarding qualifications, requirements, fees and a calendar of mandatory events all candidates must attend. For more information regarding candidacy, please contact Candidate Chair, And More or President of the Board, Lana Caine.

## Nebraska Pride 2008 Grand Marshal Announced

Rainbow Celebrations is proud to present Jan Ritterbush as Nebraska Pride 2008 Grand Marshal. There were three incredible nominees who were recognized for the mark they have made upon our world, not only for the GLBTQQS community, but in the advocacy for youth, education, and those affected by aids. They are examples we can all emulate but more than that, they give us hope for a better tomorrow.

An independent panel made up of teachers, artists, business managers, and students, scored the grand marshal candidates through the use of biographical information submitted and how the candidate best exemplified the nomination criteria of leadership, achievement, contribution for acceptance, equality, visibility, awareness and civil rights for the GLBTQQS community. They must also embody and exemplify Nebraska Pride's mission, vision and values. The scores were tabulated by an independent accountant and sealed until the announcement. 2008 Nebraska Pride Grand Marshal, Jan Ritterbush started her service career as a teenager assisting various organizations. Over the next 25 years she, her husband and their 4 biological children opened their home and hearts to 15 foster children. With a boundless energy, she served her community as a member of the chamber of commerce, the city council, and still had time to teach Sunday School. Finding out she was the mother of a gay son, she expanded her lifelong assistance to children to include all those in need. She began to volunteer at Nebraska Aids project as a receptionist, then answering the aids hotline, and finally assisting in preparing and serving meals for the clients. Involving herself with the Imperial Court of Nebraska, she began donating time and money to food 4 thought and toys 4 totz. In her efforts to serve through her work at Marriott, she received the Spirit to Serve award which is only given to 5 em-

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ployees in the US. She is also a court appointed special advocate in speaking out on behalf of children who have been removed from their family. Jan is a woman of indomitable will, courage, and commitment to making her piece of the world a better place.

Nominee Don Randolph (Flowers) is Regent I, King Father, and one of the founders of the Imperial Court of Nebraska. He fostered the birth and growth of that organization as President for 9 years. Don has been on the board of directors of Human Rights for 6 years and on the board of directors for Nebraska Aids Project for 14 years. He lived through the pain and terror of the initial aids outbreak. This man saw the hatreds and fears of a world that hated Gay people and would kill them given the chance. He fought for our right to live bravely, and set an example of service to this community when others were too afraid. He was a member of the esteemed group of performers, the Omaha Meat Packers, and continues in his dedication to this community and to the Nebraska Aids Project.

Nominee Sally Presby has been involved in the GLBT community for over 20 years. She has supported many causes in this time such as Nebraska Aids Project, the Ribbon Foundation and the Iris Phoenix Scholarship fund. She has been a royal family member of the Imperial Court of Nebraska and an Executive Board Member as well. This lady has received a lifetime title from the Imperial court and numerous other awards from the Imperial Court of Nebraska over the years. Diagnosed with breast cancer in 2006, a number of shows were presented by her and for her. She has assisted in the raising of thousands of dollars for the GLBT community, and is exceedingly generous with her own personal funds always coming to the aid of the community's causes. A woman with a heart of gold, and an example of magnificent support, Sally is someone who personifies the truest sense of the word "friend."

*(Continued on page 17)*

## GAMES DAY AT THE CENTER

Enjoy socializing at Games Day on Sundays 2-4pm at the GLBT Center with hosts James & Jeremy.

It's free and fun with plenty of games to choose from or bring your favorite to share.

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MAY 18TH  
8PM  
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**SASHA NICOLE**  
MISS HEART OF  
AMERICA 2007



**Tumara Mahorning**  
Miss HOA 1993  
Entertainer  
& Co-Emcee



**Kofi**  
Miss HOA 1994



**Rachael Erikks**  
MGA 2004  
Miss HOA 2003  
Entertainer  
& Co-Emcee



**Victoria DePaula**  
Miss HOA 2005

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[MissHeartofAmerica@hotmail.com](mailto:MissHeartofAmerica@hotmail.com)  
[missgayamerica.com](http://missgayamerica.com)  
[myspace.com/MissHeartofAmerica](http://myspace.com/MissHeartofAmerica)





# Miss Gay Heart Of America Revue Show



Tumara Mahorning  
MGHOA 1993



Rachael Erikks  
MGA 2004  
MGHOA 2003



Sasha Nicole  
MGHOA 2007



Kofi  
MGHOA 1994



Victoria DePaula  
MGHOA 2005



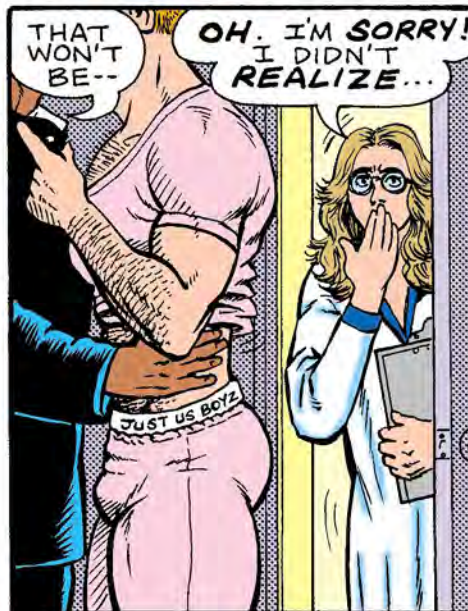
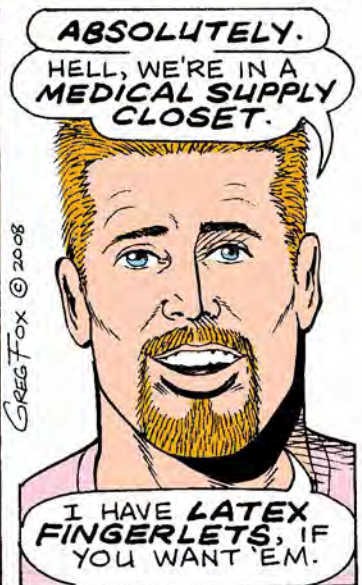
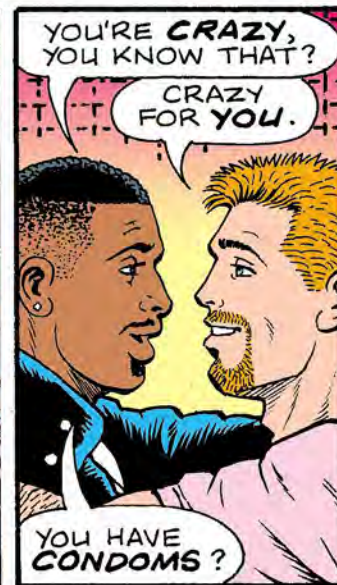
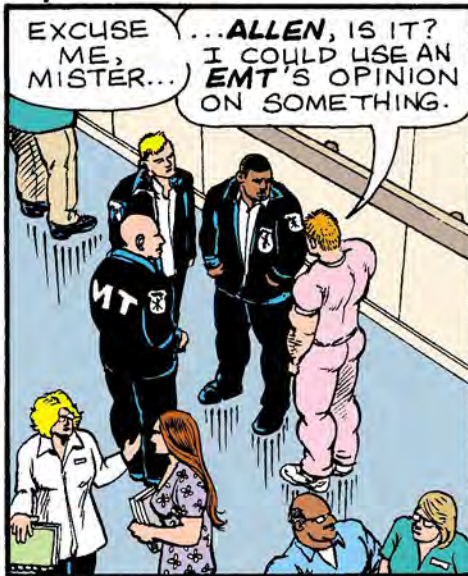
With Special Guest:



Saturday, May 17, 2008, at 'The MAX' in Omaha, NE  
Show time @ 7pm Check our website for more  
information: [www.myspace.com/missheartofamerica](http://www.myspace.com/missheartofamerica)



# Kyle's Bed & Breakfast by Greg Fox





# GAYZETTE COMING EVENTS

**Rainbow Outreach**  
**Metro Omaha GLBT Center**  
**1719 Leavenworth, Omaha**  
 (mail address: PO Box 8583 Omaha NE 68108)

## WALK-IN HOURS

Sundays	2:00PM - 8:00PM
Tuesdays	7:00PM - 9:00PM
Thursdays	7:30PM - 9:00PM
Fridays	6:00PM - 11:00PM

**\*Closed Most Major Holidays**  
**(402) 341-0330**  
**www.rainbowoutreach.org**

**The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.**

**SATURDAY APRIL 26th**  
**HOMICIDE KARAOKE**, with Pride IDOL. 2006 Ryan Klaus. Flixx Lounge at 8pm

**NEBRASKA GLBT SUMMIT**, 4th Annual Nebraska LGBTQ Summit "Sharing Ideas, Building Bridges", April 26, 2008 at Mahoney State Park. For more information check on-line at: [www.cfep-ne.org](http://www.cfep-ne.org) or call Jim Kieffer - 553-1670 in Omaha or Tim Hopkins - 483-6183 in Lincoln

**SUNDAY APRIL 27th**  
**DRAG QUEEN BINGO**, with Wendy Dey, Flixx Lounge 3-5pm, free food and prizes

**ONLY IN MIAMI**, A Benefit Show for the River City Mixed Chorus hosted by Inga AKA Stan Brown. The Max, 9:00pm

**SATURDAY MAY 3RD**  
**PRIDE IDOL PRELIM 8**, P.S. Collective, 6059 Maple, 7pm, see [www.NebraskaPrideIDOL.com](http://www.NebraskaPrideIDOL.com) for more info

**FRIDAY MAY 9TH**  
**30TH BIRTHDAY CELEBRATION**, Dinner and Roast hosted by Pride IDOL Misty Stokes, The Max, 6:30pm, see [www.NebraskaPrideIDOL.com](http://www.NebraskaPrideIDOL.com) for tickets

**FRIDAY MAY 16TH**  
**COOKOUT AND CONCERT CELEBRATION**, Fundraiser for MCC-Omaha and the Imperial Court of Nebraska hosted by Baron27, Stan Brown. MCC, 819 So 22 St, Food \$5.00, 5:30-7:00, and Concert 7:00-9:30.

**SATURDAY MAY 17th**

**MISS GAY HEART OF AMERICA**, Regional Prelim to Miss Gay America, 7-9PM at The Max

**SUNDAY MAY 25th**  
**PRIDE IDOL FINALS**, the Max, 8pm [www.NebraskaPrideIdol.com](http://www.NebraskaPrideIdol.com) for details

**SUNDAY JUNE 8th**  
**GLBT NIGHT OUT PARTY**, South Pacific, Omaha Community Playhouse, 5:30pm, contact Karli Newman for info & tickets at 553-4890 ext. 147

**FRIDAY-SUNDAY JUNE 20th-22nd**  
**NEBRASKA PRIDE 2008 in OMAHA**

**AUGUST 4TH THRU 10TH**  
**CAMP KINDLE**, NE session for kids affected by HIV/AIDS, [www.campkindle.org](http://www.campkindle.org) for info

## WEEKLY EVENTS

**Every Sunday**  
**WORSHIP SERVICES:**  
**AUGUSTANA LUTHERAN CHURCH**, ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, [www.augustanalutheran.com](http://www.augustanalutheran.com)

**CROSSROADS COMMUNITY FELLOWSHIP**, Meeting at the Rainbow Outreach GLBT Community Center, 1719 Leavenworth St., Fellowship starts at 6PM, services begin at 6:30PM, Everyone Welcome!

**DIETZ METHODIST** 1423 S.10, Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

**EPISCOPAL GLBT FELLOWSHIP**, St. Andrews Church, 84th & Pacific, 6-7PM, email: [EpiscopalGLBT@yahoo.com](mailto:EpiscopalGLBT@yahoo.com)

**FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST**, info at: [www.firstcentral.org](http://www.firstcentral.org)

**FIRST UNITED METHODIST** 7020 Cass, 8:30 & 10:45am services

**FIRST UNITARIAN** 3114 Harney, 11am services

**LOWE AVE PRESBYTERIAN**, 1023 N 40 10am service

**METROPOLITAN COMMUNITY CHURCH OF OMAHA** 819 S. 22, 345-2563 Sunday Worship 11am & Wednesday Worship at 7pm

**ONE PROMISE GROUP**, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

**SECOND UNITARIAN**, 10:30am Sunday service, 3012 South 119th St., Omaha NE

**UNITY CHURCH OF OMAHA**, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

**GAMES DAY AT THE GLBT CENTER**, 1719 Leavenworth, 2PM to 4PM

**GAY MEN'S ALCOHOLICS ANONYMOUS** 4pm Lowe Avenue Presbyterian, 1023 N. 40 St Info call Mark 639-3055

**HASTINGS COLLEGE GSA** 8PM FFI: Judy Sandeen (402) 461-7372

**RIVER CITY II MIXED BOWLING**, 3pm, Maplewood Lanes,

**WIMMIN'S SHOW**, KZUM 89.3 12:30pm

**Every Monday**  
**A A RAINBOW RECOVERY**, an AA group meeting at the MCCO Church at 6pm. Call 612-4648 for more info. Starting April 10th 2006

**A A GLBT "RAINBOW GROUP"** Meeting Place, 28 & S, Lincoln, 7:30 pm

**GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN** 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE. contact Nick or Rick at 402-476-3144

**RIVER CITY MIXED CHORUS RE-HEARSALS**, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

**WOMEN'S SUPPORT GROUP** Confidential, meeting at the MCCO Church, 819 S. 22nd St, call 345-2563 for meeting times, all women are welcome

**Every Tuesday**  
**HASTINGS COLLEGE ALLIANCE**, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at [aanderson@hastings.edu](mailto:aanderson@hastings.edu) or Judy Sandeen at [jsandeen@hastings.edu](mailto:jsandeen@hastings.edu) for further information.

**UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP**, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

**Every Wednesday**  
**AA FOURTH DIMENSION**, 7pm, Open to men and women, 219 North 48th Street

**WORSHIP SERVICES**  
**MCC OMAHA**, Bible Study, 7pm

**UNITY CHURCH OF OMAHA**, 7pm

**HIV TESTING**, 1:30pm to 4 pm walk-in NAP, 139 S. 40 St., results in 20 minutes, call 402-552-9260 for info

**HIV TESTING LINCOLN**, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

**FRONTRUNNERS RUN/WALK** 6:30pm, Elmwood Park Parking Lot by softball field, Omaha



**LGBT AA** 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

**KARAOKE W/ STACY** 9:00 pm DC's

**Every Thursday**  
**DANCE LESSONS WITH GORDON**  
7-9pm, DC's Saloon

**GAY & BISEXUAL MEN'S SUPPORT AND DISCUSSION GROUP** 7-8:30pm, Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476-9668, held at the Unitarian Church, 6300 A Street, Lincoln

**HIV TESTING** 7-9pm walk-in, NAP, 139 S. 40<sup>th</sup> Same day results,

**KARAOKE** 9pm, Connections Bar

**FREE CONFIDENTIAL ANONYMOUS HIV TEST**, UNL 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week - will close most of May and reopen May 30th 2008 - call for more info

**Every Friday**  
**AA ALTERNATIVE MEETING**, 7pm, open to men and women, at Lowe Avenue Presbyterian Church in the basement, 1023 North 40th Street

**AA LIVE & LET LIVE**, 8:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

**GLBT CENTER YOUTH NIGHT**, 6PM to 10PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street

**GLBT AA** 7PM to 8PM, Lowe Avenue Presbyterian, Call 556-8364, ask for Sanford

**HIV TESTING** 5-7PM walk-in, NAP, 139 S. 40<sup>th</sup> Same day results

**NAP OUTREACH CENTER HIV TESTING**  
7 TO 10PM, walk-in, **2202 St. Marv's Ave.**, Same day results

**FREE CONFIDENTIAL ANONYMOUS HIV TEST**, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

**RAINBOW BIBLE STUDY**, 6 to 7:30PM, Lowe Ave. Presbyterian, 1023 No. 40th St.

**Every Saturday**  
**AA SATURDAY AFTERNOON**, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

**PROUD HORIZON YOUTH GROUP** 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

## **MONTHLY EVENTS**

**1<sup>st</sup> Tuesday**  
**LINCOLN MIXED CHORUS** 6:30pm, Unitarian Church, 6300 A, Lincoln

**1<sup>st</sup> Thursday**  
**GAY & BISEXUAL MEN'S SUPPORT AND DISCUSSION GROUP** 7 to 8:30pm, Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476 9668 for location and information.

**GLBT PROFESSIONALS**, meeting at 6PM. Email at: omahaglbtprofessionals@cox.net

**1<sup>st</sup> Friday**  
**FIRST FRIDAY COFFEE HOUSE**  
8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

**1<sup>st</sup> Saturday OR Sunday**  
**HEARTLAND GAY RODEO ASSOCIATION**, Meeting days and times may vary, call 402-505-3331 for info or see www.hgra.net for meeting schedules etc.

**1<sup>st</sup> Sunday**  
**GAY GUYS SPAGHETTI NIGHT**, at a Lincoln restaurant, call 402-483-6183 to reserve a seat up until the day before

**TRANSGENDER DROP-IN**, 2 to 4pm at Rainbow Outreach GLBT Center, 1719 Leavenworth St.

**2<sup>nd</sup> Wednesday**  
**ACTS II WORSHIP SERVICE**, 7pm, MCC Omaha, 819 S. 22nd Street

**2<sup>nd</sup> Thursday**  
**PFLAG-OMAHA**, 7pm, First United Methodist Church

**2<sup>nd</sup> Saturday**  
**LEARNING TO EXCHANGE POWER** L2EP@aol.com 2pm; DC's Saloon

**2<sup>nd</sup> Sunday**  
**INTEGRITY** 6-7:30pm, St. Marks, Lincoln NE  
**OUT SECOND SUNDAY SCREENING** (glbt film shown at 7pm followed by discussion) First Unitarian, 3114 Harney

**3<sup>rd</sup> Monday**  
**IMPERIAL COURT OF NE**, Board of Governors meeting, 6pm, meeting at the Rainbow Outreach GLBT Community Center, www.imperialcourtofnebraska.org

**PFLAG SOUTH CENTRAL (HASTINGS, NE)**, Meeting on 3rd Mondays at First Congregational United Church of Christ, 7th and Marian St., 7PM, email to jsandeen@inebraska.com or call 402.462.2961 or 402.460.8696

**3<sup>rd</sup> Tuesday**  
**HIV TESTING AT THE PANIC**, Lincoln NE, 7-10PM walk-in, same day results, 200 South 18th Street

**3<sup>rd</sup> Thursday**  
**GAY & BISEXUAL MEN'S SUPPORT AND DISCUSSION GROUP** 7-8:30pm, Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476 9668 for location and information.

**3<sup>rd</sup> Friday**  
**GAY/BI SUPPORT GRP FOR HIV+ MEN**  
6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

**LINCOLN MIXED CHORUS** 6:30pm, Unitarian Church, 6300 A, Lincoln

**COFFEE HOUSE** Unitarian Church, 6300 A, Lincoln

**3<sup>rd</sup> Saturday**  
**GAY/BI SUPPORT GRP FOR HIV+ MEN**  
6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

**3<sup>rd</sup> Sunday**  
**TRANSGENDER DROP-IN**, 2 to 4pm at Rainbow Outreach GLBT Center, 1719 Leavenworth St.

**4<sup>th</sup> Tuesday**  
**PFLAG-CORNHUSKER** Unitarian Church, 6300 A, Lincoln, 7 p.m.

**YOUTH HIV TEST** Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

**4<sup>th</sup> Friday**  
**LEO LEATHER ENGINEERS—OMAHA**  
Not currently meeting.

**Email Your Event to:**  
**GAYZETTE@COX.NET**



# GLBT RESOURCE LIST

## OMAHA BASED

**BiMenNebraska**, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

**Camp Kindle**, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, [www.CampKindle.org](http://www.CampKindle.org)

**Citizens for Equal Protection** 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 [www.cfep-ne.org](http://www.cfep-ne.org), email to: [Michael@cfep-ne.org](mailto:Michael@cfep-ne.org)

**Diamond Foundation**, making a difference through music and education, call 877-87-DIAMOND or see [www.diamond-foundation.org](http://www.diamond-foundation.org)

**Family Foundations** Therapy for individuals, couples or families, for info call 558-3856

**First Central Congregational Church UCC**, 421 South 36th St., 402-345-1533, [www.firstcentral.org](http://www.firstcentral.org), GLBT-affirming

**First Lutheran Church**, 542 So. 31st St., 402-345-7506, GLBT Friendly [www.firstlutheranomaha.org](http://www.firstlutheranomaha.org)

**First United Methodist Church**, 7020 Cass St., 402-556-6262, [www.fumcomaha.org](http://www.fumcomaha.org), GLBT-affirming

**Flat Water Bears**, (group disbanded)

**Front Runners/Walkers**, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**Alphabet (ABC) Soup at UNO**, [http://groups.yahoo.com/group/uno\\_abcoup](http://groups.yahoo.com/group/uno_abcoup), Phone Student Organizations at 554-2711.

**Gay Lesbian Straight Education Network - Omaha**, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

**GayLibrary.com**, World Wide Resources

**Heartland Gay Rodeo Association**, see [www.hgra.net](http://www.hgra.net) for information

**Ice Bowl Invitational Bowling Tournament (IBIT)** P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

**Imperial Court of Nebraska**, Box 3772, Omaha 68103 556-9907, Board Meets 3<sup>rd</sup> Monday, Rainbow Outreach GLBT Center, [www.icon.impcourt.org](http://www.icon.impcourt.org)

**Learning to Exchange Power**, [L2EP@aol.com](mailto:L2EP@aol.com); Social, educational group novices in Leather, S/M, B/D Lifestyle

**Leather Engineers of Omaha (LEO)** Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting

**LinOma Bares**, for more Info email [linomabares@yahoo.com](mailto:linomabares@yahoo.com) or mail to P.O. Box 24547, Omaha NE 68124

**Low Avenue Presbyterian Church**, 1023 No. 40th St., fully open to GLBT's,

**Mpower Program**, 139 S. 40, Omaha 68131 email: [mpower@nap.org](mailto:mpower@nap.org) website: [www.mpower-nap.org](http://www.mpower-nap.org) phone: 402.552.9260x20, Holistic Gay Men's Health Program

**Metropolitan Community Church of Omaha**, 819 S. 22 St., Omaha 68108 345-2563, [mccomaha@mccomaha.org](mailto:mccomaha@mccomaha.org) Website: [www.mccomaha.org](http://www.mccomaha.org) Sunday Worship 11am, Wed. Worship at 7pm

**NA Rainbow Group**, Narcotics Anonymous, meets every Sunday at 6pm, MCC -Omaha Church, 819 South 22nd St

**Nebraska AIDS Project**, 552-9260 Watanabe Wellness Ctr, 139 S. 40, Omaha 68131, Testing Wed from 1:30-4PM by appointment only, Thurs 7PM-9PM results in a week, Fri 5PM-10PM with 20 minute results Call 402-552-9255 info

**NebraskaEquality.org**, Find out everything about Nebraska and the GLBT Community

**Nebraska GLBT Events**, Community Events Calendar web site, see [www.NebraskaGLBTEvents.com](http://www.NebraskaGLBTEvents.com)

**Nebraska Pride IDOL**, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, [www.NebraskaPrideIDOL.com](http://www.NebraskaPrideIDOL.com)

**Nebraska Zen Center**, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, [www.prairiewindzen.org](http://www.prairiewindzen.org) GLBT inclusive

**The 'Ohana Group**, (GLBT / Non-traditional Family group), email to: [Theohanagroup@msn.com](mailto:Theohanagroup@msn.com)

**Omaha Bi Married Men** Yahoo Group <http://groups.yahoo.com/group/OmahaBiMarriedMen>

**Omaha NE Gay Pride Web Page** <http://ONGP.com>; email to: [omahanegaypride@cox.net](mailto:omahanegaypride@cox.net) or [ongp1@cox.net](mailto:ongp1@cox.net)

**Omaha GLBT Professionals**, Contact [omahaglbtprofessionals@cox.net](mailto:omahaglbtprofessionals@cox.net) for more info.

**Omaha Metro GLBT Sports League**, See [www.omahaglbtsportsleague.org](http://www.omahaglbtsportsleague.org) for more information

**Onyx Images**, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

**Out and About in Nebraska**, website: [www.travel.to/outabout](http://www.travel.to/outabout) Email: [NeOutAboout@yahoo.com](mailto:NeOutAboout@yahoo.com)

**OUUT (Omaha Unitarian Universalists for Tolerance)** First Unitarian Church, 3114 Hamey, 68131, 345-3039, [www.ouut.org](http://www.ouut.org)

**Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter** Box 390064, Omaha, 68139-0064 291-6781 Website: [www.pflag-omaha.org](http://www.pflag-omaha.org), email [info@pflag-omaha.org](mailto:info@pflag-omaha.org) Meet 2<sup>nd</sup> Thurs, 1st United Meth, 7020 Cass

**Proud Horizons Youth Group**, Sat Afternoon, info: (402) 291-6781 or email [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

**Prairie Bares**, nudist group, no further info available

**Rainbow Outreach GLBT Resource Ctr**, 1719 Leavenworth, Omaha, 341-0330

**Rainbow Bible Study**, Fridays, 6-7:30pm, Lowe Ave Presbyterian, 1023 N. 40 St.

**Rainbow Celebrations**, PO Box 8488, Omaha, 68108, 402-212-6302 locally,

866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete information see [www.rainbowcelebrations.org](http://www.rainbowcelebrations.org)

**River City Gender Alliance**, P.O. Box 4083 Omaha, NE 68104, for info call 402.813.1842 or Email: [info@rivercitygenderalliance.org](mailto:info@rivercitygenderalliance.org)

**River City Mixed Bowling II** 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706

**River City Mixed Chorus**, Box 3267, Omaha, NE 68103, 402-341-SING Website: [www.rcmc.org](http://www.rcmc.org)

**SNAP Productions**, Box 8464, Omaha, NE 68108 [www.snapproductions.com](http://www.snapproductions.com)

**Temple Israel Synagogue**, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

**Unity Church of Omaha** 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; [www.unityomaha.org](http://www.unityomaha.org)

**WomenSpace**, no current info is available

## LINCOLN BASED

**LGBTQ and Ally Programs and Services Resource Center**, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652 <http://www.unl.edu/health/sexuality>

**Queer Student Alliance, UNL**, contact [unlqsa@yahoo.com](mailto:unlqsa@yahoo.com) for info

**Gay & Bi Men's Discussion & Support Group**, Tim, P.O. Box 6341, Lincoln 68506-0341, 483-6183

**Lincoln Women's Center**, Lincoln 402/472-2597.

**Nebraska AIDS Project**, Lincoln, 1921 S. 17th St. (402) 476-7000

**GLBT and Allies coffee house**, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

**Omaha Women's Riverboat Cruise**, 4949 N. 73rd, Lincoln, 68507 467-5737

**Parents, Friends of Lesbians & Gays, Cornhusker Chapter**, Box 30128, Lincoln 68508, Meet 4<sup>th</sup> Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, [jbkiber@hotmail.com](mailto:jbkiber@hotmail.com). Website: <http://pflag.ineb.org/>

**Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group**, meet monthly at 10am, for info call Ryan Sallans at 441-3321 or email [sindu.s@gmail.com](mailto:sindu.s@gmail.com)

**SAGE**, Box 22043, Lincoln 68542 Coffee House 2<sup>nd</sup> Sat, 6 - 9pm, Lesbian Videos 7:15pm, 3319 S. 46

**Straight Spouse Support Grp** 402-429-6094

**TriCity GLBT**, serving Central Nebraska, web site at <http://www.tri-city-glbtc.com/>

**UNL Committee on GLBT Concerns**, Contact Pat Tetreault, (402) 472-1752 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu)

**Women In Trades/YWCA**, 1432 N St., Lincoln 68508; 434-3494,

**Youth Support Group**, (402) 434-9880



## Iowa Based

Council Bluffs Pride, [www.councilbluffspride.org](http://www.councilbluffspride.org)  
Iowa Equality, GLBT—allied against change to the state and federal  
Constitutions, <http://www.IowaEquality.org>  
Sioux City, Iowa Resource Web Site: [www.siouxlandpride.net](http://www.siouxlandpride.net)

## Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and  
Questioning Youth 1-800-850-8078 or see web site at  
<http://www.thetrevorproject.org/helpline.html>

### Community Announcements

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*If you have a life event, birth, death, adoption, anniversary, wedding, graduation, memorial or other special announcement that you would like to see in the Gayzette, send it to [Gayzette@cox.net](mailto:Gayzette@cox.net) and we'll be happy to publish it here for free.*



## What Kind Of Tree Is It?

Two tall trees, a birch and a beech, are growing in the woods. A small tree begins to grow between them, and the beech says to the birch, "Is that a son of a beech or a son of a birch?" The birch says he cannot tell. Just then a woodpecker lands on the sapling. The birch says, "Woodpecker, you are a tree expert. Can you tell if that is a son of a beech or a son of a birch?" The woodpecker takes a taste of the small tree. He replies, "It is neither a son of a beech nor a son of a birch. It is, however, the best piece of ash I have ever put my pecker in."

## Want to surprise yourself this spring?

### Discover that Presbyterians can be fun.

### Low Avenue Presbyterian Church – 1023 N. 40th, Omaha

### Sunday services 10 a.m. Special Bell Choir Easter Sunday

Rainbow Bible Study 6:30 p.m. Fridays.

### (Now reading Jesus, the Bible & Homosexuality by Jack Rogers.)

### Call the church at 551-5207 or Cleve Evans at 733-1360 or 557- 7524 for more information.

### Did you know that you can see the entire **GAYZETTE** on our web site?

Go to:

[www.rainbowoutreach.org](http://www.rainbowoutreach.org)

And click on the **Publications** link.  
George W. Bush reads the Gayzette.  
(Ok, he just looks at the pictures.)



## OMAHA PFLAG

Monthly Meetings: Second Thursday 7:00 P.M.  
Location: First United Methodist Church  
7020 Cass, Omaha, Nebraska  
Web Site: [www.pflag-omaha.org](http://www.pflag-omaha.org)

P.O. Box 390064  
Omaha, NE 68139-0064

HELPLINE  
(402) 291-67681



*(Grand Marshall Announced story, Continued from page 9)*

You can see, that these three human beings are not only an example of service to this community, but they are a shining example to the greater community of this world of what it means to give unconditional service, love, and acceptance of diversity. We thank them all for what they have accomplished and for the example of their lives well lived. They share with all their capacity to love and change things for the better. We thank Jan Ritterbush for her light of compassion which shows us all that PRIDE KNOWS NO BORDERS!

## **Masturbation May Prevent Prostate Cancer**

Frequent masturbation may help men cut their risk of contracting prostate cancer, Australian researchers have found. It is believed that carcinogens may build up in the prostate if men do not ejaculate regularly, BBC News reported on Wednesday. The researchers surveyed more than 1,000 men who had developed prostate cancer, and 1,250 men who had not. They found that men who had ejaculated the most between the ages of 20 and 50 were the least likely to get cancer. Men who ejaculated more than five times each week were a third less likely to develop prostate cancer.

Sexual intercourse may not have the same effect because of the higher risk of contracting a sexually transmitted disease, which could in turn raise the risk of cancer. "Had we been able to remove ejaculations associated with sexual intercourse, there should have been an even stronger protective effect of ejaculations," Graham Giles of the Cancer Council Victoria, who led the researchers, said in the article.

The prostate produces a fluid that is incorporated into ejaculation, which activates sperm and prevents them from sticking together. Studies on animals have shown that carcinogens like 3-methylchloranthrene can be harbored in the prostate. Frequent ejaculation encourages the cancer-inducing fluids to "flush out." (The Advocate)

## **Sponsors of California Marriage Amendment Prepare to Submit Signatures**

A coalition of religious groups that hope to add an anti-gay constitutional marriage amendment to California's November ballot say they have collected the requisite number of signatures to qualify the measure, according to the Associated Press.

The coalition, known as Protect Marriage, claims to have gathered more than 1.1 million signatures though it needed only 694,354 signatures in order to meet the threshold.

"We have gone against tremendous odds to do this, and now the voters in California will have the chance to protect marriage," Brian Brown, executive director of the California office of the

National Organization for Marriage, told the AP.

Protect Marriage plans to submit the signatures this week for verification by the California Secretary of State. The deadline is April 28.

Earlier this month, Gov. Arnold Schwarzenegger told a gathering of Log Cabin Republicans that he thought the measure was unnecessary and that he would campaign against it should it make the ballot. The state legislature has twice passed a marriage equality bill and Gov. Schwarzenegger has vetoed it both times.

Though California's same-sex couples cannot legally wed, the state's Supreme Court is currently deliberating over a constitutional challenge to the ban on gay marriage.

New Jersey's National Organization for Marriage, Colorado-based Focus on the Family and the Knights of Columbus all contributed heavily to the Protect Marriage campaign. (The Advocate)

## **Where Can You Find The Gayzette?**

### **Omaha:**

Connections, 1901 Leavenworth	933-3033
DC's Saloon, 610 South 14th Street	344-3103
Dixie Quick's Restaurant, 1915 Leavenworth	346-3549
Flixx, 1015 South 10th Street Omaha	408-1020
Gnome's Bar, 1951 Saint Marys Ave	991-6470
The Max, 1417 Jackson St.	346-4110
Metropolitan Community Church, 819 South 22nd Street	
Omaha Mining Co., 1715 Leavenworth	449-8703
Mystery Bookstore, 1422 South 13th St	342-7343
Nebraska AIDS Project, 139 South 40th St	552-9260
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette)	341-0330

### **Lincoln:**

Panic Bar, 200 South 18th Street (as available)	435-8764
Q Bar, 226 South 9th Street (as available)	475-2269

**Would you like to have the Gayzette at your Place of business? Email your request to: [Gayzette@cox.net](mailto:Gayzette@cox.net)**



## Fitness Corner

By Ron Blake  
Certified Personal Trainer



Who wants to see you achieve health, fitness, and overall well-being? It seems like everyone wants to see you fit into that smaller size of pants or cut back on your smoking. We live in a society where it is horrible to think that people die. You need to take advantage of this munificence of the masses.

Government agencies are always watching out for you. The FDA is monitoring what medications are safe for your consumption. The FAA will not let you fly with Joe Camel smoke swirling aimlessly around the cabin. The CDC monitors the incidences of West Nile virus outbreaks in all the 50 states. Your local agency on aging center will even see to it that you have a fan or air conditioner to place in your window if you can't afford to buy one. Your taxes are working to help you after all.

Restaurants and fast food establishments are even seeking to give you healthier food. Subway leads the pack of retailers by offering you groovy grinders and showcasing the slimmed down Jared as proof of eating right. Numerous restaurants are shrinking their portion sizes and now only offering enough to satisfy one hippopotamus' appetite. Applebee's is one example of this sensible change. They even charge a little less for this good idea. Gosh, even Hamburglar and Grimace are putting apple slices in Happy Meals.

There are not-for-profit agencies out there that are a website away from accessing information for better health. The American Lung Association will tell you where to find smoking cessation classes. The Cancer Society will tell you when you should get a pap smear, colorectal check, skin screening, and breast exam. There are support groups for autism, anger management, gambling addictions, mental illnesses, and many more. If you can Google it, it is out there waiting to be uncovered by you.

Even money-hungry Hollywood types have your best interests in mind. "Supersize Me" was that documentary about McDonalds and the Big Mac that put the fast-food giant into a Dow Jones suicide watch. The behemoth hamburger franchiser changed their menu in response to this fat-laden epiphany. Michael Moore took on the health care industry and all the cigar-chomping politicians inside the Beltway in his documentary "Sicko". He exposed the Swiss cheese health coverage we have for the denizens of this great land. There have even been movies like a "Beautiful Mind" and "Rain Man" that have shown a superb story but have also given us a better understanding of health issues like mental illnesses.

Finally, we even have philanthropists like Bill Gates, Oprah, Bono, and numerous others who are giving money to charities to improve the lives of others. These methods include education and training. Education is one of the greatest factors affecting poor health. More educated individuals are less likely to smoke, drink, or engage in drug activity than those individuals who lack a proper education.

If you want to achieve it, you must seek it. It should not be difficult; there is assistance around every corner. Excuses are around every corner too. Choose your corner carefully. This health and fitness column is brought to you by that guy who has an analog mind in a digital world. That guy is Ron Blake and he can be shaken from his reverie at [www.goblakefitness.com](http://www.goblakefitness.com).

## CNN Reporter Faces Drug Charge

A CNN reporter was arrested Friday in Central Park with a small amount of methamphetamine in his pocket, but he avoided jail time by agreeing to undergo drug counseling and therapy.

Richard Quest, 46, was arrested around 3:40 a.m. on a count of possession of a controlled substance, a misdemeanor that usually refers to a personal use amount of a drug. He was also charged with loitering; the park officially closes at 1 a.m.

When police saw and detained Quest, he told them, "I've got some meth in my pocket," according to the complaint filed in court. The complaint said he had a plastic sandwich bag containing methamphetamine in a jacket pocket.

Quest was also found with a rope around his neck that was tied to his genitals and a sex toy in his boot, according to the New York Post.

Quest, who is British, is a correspondent for CNN International and is known for his reports on business travel. He hosts CNN Business Traveler and Quest.

At his arraignment in Manhattan's Criminal Court, Judge Anthony Ferrara told Quest that if he attends the counseling and therapy designated by prosecutors for the next six months, his case will be dismissed.

The judge allowed Quest to leave court without posting bail. He warned that if Quest failed to comply with the counseling schedule, he could be back in court and on his way to jail.

Quest's lawyer, Alan M. Abramson, said his client "did not realize the park had a curfew. He was returning to his hotel with friends."

CNN had no immediate comment on Quest's arrest. (AP, with additional reporting by The Advocate)



## Band-Aids: A Drunks Friend

Joe staggered home very late after another evening with his drinking buddy, Tim. He took off his shoes to avoid waking his wife, Mary.

He tiptoed as quietly as he could toward the stairs leading to their upstairs bedroom, but misjudged the bottom step. As he caught himself by grabbing the banister, his body swung around and he landed heavily on his rump.

A whiskey bottle in each back pocket broke and made the landing especially painful.

Managing not to yell, Joe sprung up, pulled down his pants, and looked in the hall mirror to see that his butt cheeks were cut and bleeding.

He managed to quietly find a full box of Band-Aids and began putting a Band-Aid as best he could on each place he saw blood.

He then hid the now almost empty Band-Aid box and shuffled and stumbled his way to bed.

In the morning, Joe woke up with searing pain in both his head and butt and Mary staring at him from across the room.

She said, 'You were drunk again last night weren't you?'

Joe said, 'Why would you say such a mean thing?'

'Well,' Mary said, 'it could be the open front door, it could be the broken glass at the bottom of the stairs, it could be the drops of blood trailing through the house, it could be your bloodshot eyes, but mostly.....it's all those Band-Aids stuck on the hallway mirror

## Omaha GLBT Sports

By Chris Orr

Spring is in the air and so is SOFTBALL! This is the third season for softball to be done by the league. It has, like in the past, continued to grow in participation and interest. This year will feature 5 teams with a full roster for each team to come out and have a fun time out of the house and same ole same ole for a while.



Last year's champions Rated, now team color Grey since dropping team color Green, has brought back half of the original team from last year, adding some new faces. The Rejeckz, team color Pink, have also done the same too. Shockers, team color Blue, has come back all in-tact with players from the year prior and also picking up a sponsor, Chixx. The two newest teams are team Red, all new and all signed up as individuals to be pooled to a team, and team Green, who are all new but signed up as a team. Teams still have time to decide their names and that will be revealed next issue.

Opening night will be April 29th @ 7 p.m. @ Churchich Park (50th & "C" St.). There will also be 8:30 p.m. games this season since the expansion of teams and field lights. Games will be every Tuesday and Thursday night. The games are free of charge to spectators.

Game schedule and other league information is available at [www.omahaglbtsportsleague.org](http://www.omahaglbtsportsleague.org). Below is the logo that is a visual reference of the sports league and that they will use from now on.

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