the

GAYZETTE

News and Events for the GLBTA Communities

Rhode Island Lesbians Wed in Massachusetts

longer than that," Becker said. (Brandie M. Jefferson, AP)

A lesbian couple from Rhode Island who won the right to marry in Massachusetts held their ceremony Sunday in Attleboro. After being denied a marriage license in Massachusetts, Wendy Becker and Mary Norton challenged a 1913 state law that prohibits out-of-state residents from marrying if the union would not be permitted in their home state.

They argued that same-sex marriage was not specifically banned in Rhode Island. Superior Court Judge Thomas Connolly agreed last month, saying he saw no evidence of a "constitutional amendment, statute, or controlling appellate decision" making same-sex marriage illegal in Rhode Island.

Rhode Island Gov. Don Carcieri, a Republican and a same-sex marriage opponent, said through a spokesman that he has no plans to try to revise the state's laws.

Becker and Norton have been together for 18 years and have two children, 3-year-old Mickey and 6-year-old Hannah, Becker works at Rhode Island College; Norton at Brown University's medical school.

Becker and Norton said they started planning their wedding almost as soon as the ruling was issued Sept. 29. About 50 people attended the ceremony.

"People take a year to pull off a wedding, so it's been a busy few days, but we've been emotionally planning since much

YOU'RE INVITED

Something N Salurday AT THE GLBT CENTER

There's something fun to do in Omaha each Saturday afternoon - something relaxing, something social, something for everyone. Every Saturday, excluding major holidays, drop down anytime between 1 pm - 6 pm to the Rainbow Outreach Metro Omaha GLBT Center at 1719 Leavenworth to enjoy Something On Saturday.

Spitzer Says He'll Push for Same Sex Marriage

New York's leading candidate for governor, Atty. Gen. Eliot Spitzer, said he will push to legalize same-sex marriage if he is elected in November.

Spitzer made the remarks Thursday to the Empire State Pride Agenda, the state's leading gay rights group, telling the audience, "We will make it law in New York."

If elected, Spitzer would be the most prominent state official in the nation to call for the legalization of same-sex marriage, though Democratic candidates for governor in California and Massachusetts have also expressed support.

Spitzer's position could be a perilous one for a politician considered presidential material, and he has acknowledged that if elected governor, he would first push other legislative priorities, including cutting property taxes and overhauling Medicaid.

But during Thursday's fund-raising dinner, he said he would not let outside pressures influence his stance on marriage.

"We will not ask whether this proposition of legalizing samesex marriage is popular or unpopular; we will not ask if it's hard or easy; we will simply ask if it's right or wrong," he told a crowd of nearly 1,200 at a hotel ballroom in midtown Manhattan.

"I think we know in this room what the answer to that question is," he said.

Same-sex marriage bills have not advanced beyond committees in the Assembly, where Democrats have an overwhelming majority, and would face a difficult path in the Republican-controlled Senate. Spitzer's Republican opponent, John Faso, does not support marriage equality. (The Advocate)

October 13, 2006 - October 27, 2006

Published every two weeks by the Rainbow Outreach GLBT Resource Center P.O. Box 8583, Omaha, Nebraska 68108 (402) 341-0330 Web Site: www.rainbowoutreach.org email the GAYZETTE: news@rainbowoutreach.org

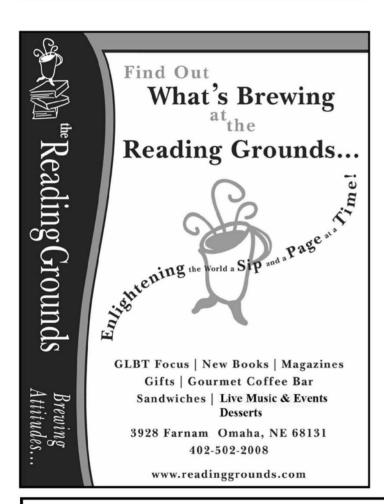
Jeremy & James Will be hosting Game Day at the Center 1719 Leavenworth St

Sundays: 2:00pm - 4:00pm

Come down and check out the games we have available or bring your favorite game and show us how to play.

Ages 5 - 105.

Parents bring the kids down and play or read some of the books in our Library while they play.





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PO Box 8553, Omaha, NE 68108-0553 (402) 933-6819 (402) 884-2160 fax bradley@aequalitaslaw.com

Helping the Center is Easier than Ever!

The Center is now accepting donations of household items that can be sold on eBay to raise money!

A special thanks to Cleve Evans for his donations of videos to the GLBT Center library. Thanks Cleve!!!

We accept donations during regular Center hours or arrange for local pickup. We are currently accepting the following types of items:

Clothing & Accessories
Working Electronic Equipment
Houseware & Giftware
Tools
Jewelry
Books
Music CD's
DVD's & VHS tapes
Video Games
And more....

If you are not sure if we can accept an item, call (402) 341-0330 or email: auctions@rainbowoutreach.org and we will be happy to assist you! Please Remember; All Donations to the Rainbow Outreach GLBT Center are TAX DEDUCTIBLE!!!

GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page 7 ½ X 10 Fourth Page 3 ¾ X 4 ¾

\$100.00 \$ 25.00 Half Page 7 ½ X 4 ¾ Business Card \$ 50.00 \$ 15.00

All ads must be camera ready. Payment _must accompany ad, Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads should be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68102 on or before the deadline or emailed to news@RainbowOutreach.org. Please email or call ahead to reserve space. We reserve the right to refuse any ad which we deem to be inappropriate.

Ad Deadlines: Friday, Oct 20, for Publication Oct 27th Friday, Nov 3 for Publication Nov 10th





SAT 10.14 The KINGSMEN!

> Returning to the stage @ 9pm.

FRI 10.20 **WET BOXER**

CONTEST

\$100 Cash Prize

SAT 10.28 **SPANKCANDY**

Fetish & Fantasy

SUN 10.29 **MASQUERADE**

BRUNCH & BINGO

With SALZA & WENDY DEY

MON 10.30

MONSTER 'BUD' BALI

Cash Prize for **Best Costume!**

WHERE THE BOYS ARE.

AMAZING NIGHTLY **DRINK SPECIALS!**

FLIXX CELEBRATES OKTOBERFEST! 10.1-31

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4679 Leavenworth • Omaha, NE 68106 • 402.660.0778 Tues., Wed., Thurs. - 3-8 pm. Fri. - 2-6 pm. Saturday - 10-6 pm.



Would you like a FREE Copy of the Advocate?

Stop in at the GLBT Community Center at 1719 Leavenworth and pick up a copy. Free while supplies last. Limit one copy per person while 50 copies of each issue lasts.



Senior 50+ Group Meeting

Every Third Saturday except Holidays

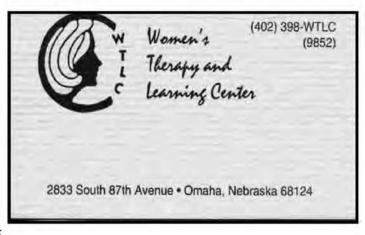
A new group has begun regular social meetings at the Rainbow Outreach Metro Omaha GLBT Center at 1719 Leavenworth Street. The next meeting is on Saturday. October 21st, from 7 until 10PM.

If you're 50 or older, or like to socialize with your older peers. share your experiences and viewpoints, then this group is for you. Not into the bar scene? Then stop in for a visit, enjoy some great conversation, and make some new friends. The event is free

and open to everyone. Don't be an old Scrooge, come on down and have some fun!

> **®**MCC of Omaha Sunday Service: 11:00 AM **Sunday Service** the 819 South 22nd Street (south of Leavenworth St.) Omaha, Nebraska 68108 Phone: 402/345-2563





Prince Royale 25, Thomas' Rocky Horror Theatre Is Back

Prince Royale 25, Thomas, is once again bringing his Rocky Horror Theatre to DC's Saloon, Sunday, October 29th. The evening will begin with a 7:00 PM showing of Stephen King's "Carrie" followed by a 9:00 PM showing of "The Rocky Horror Picture Show". Cover for the shows is \$5.00 and for an additional \$2.00 you can purchase a props bag complete with toast, water gun, rice and cards. Not familiar with the props? Thomas has compiled a program complete with trivia and facts about the movie along with cues for each prop. After the shows, prizes will be given for the "Best Theme Costume". If you haven't enjoyed the "Rocky" experience, Thomas' Rocky Horror Theatre is a Halloween must. All proceeds from the event will benefit Mpower



Did you know that you can see the entire **GAYZETTE** on our web site? Go to:

www.rainbowoutreach.org
And click on the Publications link.
George W. Bush reads the Gayzette.
(Ok, he just looks at the pictures.)

A Night In the Underworld

Mark your calendars October 29th.

The place to be The Max come see Raven Randt in Raven's Midnight Escapades, a Night In the Underworld.

Scheduled to appear: Miss Raven Randt, Miss Max Robbi Jean, Holly Day, The Evil Rodger D and Trina Tabloid. Special guest Iris Aspire Jackson from Des Moines.

A fundraiser for Rainbow celebrations & Nebraska Pride 2007.

ICONS: The Lesbian and Gay History of the World Returns to Omaha

On Sunday, October 22, Jade Esteban Estrada returns to Omaha to present Volume 2 of his ICONS: the lesbian and gay history of the world stage show.

Volume 2 is the 2nd show in the trilogy about some of our most famous, and not so famous ICONS through GLBT history. Written and performed by international performance artist Jade Esteban Estrada, this one man comedy musical offers everyone, gay, lesbian, bisexual, transgendered, intersexed, hetrosexual, queer, questioning - a look at our own history from a different perspective.

The October 22 performance at MCC Omaha (819 S. 22nd Street) will begin at 7 pm with special entertainment from Omaha Recording Artist -Susie Brenner, Columbus Nebraska Recording Artist - AJ Evans, Nebraska Pride IDOL 2004 - Misty Stokes, Nebraska Pride IDOL 2006 - Ryan Klaus, Erinn Mahacek, and Jason Fienhold-Haasis. After a brief intermission with refreshments available, Jade Esteban Estrada will take the stage to present Volume 2 of ICONS featuring Alexander the Great, Queen Christina of Sweden, Women's Right Advocate -Susan B. Anthony, Tennis Legend - Billie Jean King, Gay Politician - Harvey Milk, and 9/11 Hero Mark Bingham.

The Diamond Foundation is proud to have a relationship with Estrada who is co-founder of the Foundation. Proceeds from this October show will help benefit both the MCC Omaha New Sound System Fund as well as the GLBT Scholarship Fund which the Foundation administers. Tickets are \$10. More information about ICONS - the show can be found at www.iconsofhistory.com or www.getjaded.com. Advance tickets can be reserved and purchased by calling 402.312.7980 during regular business hours or by emailing tickets@ICONSinNebraska.com.

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Serving Our Community for 21 Years

Presbyterians do it decently and in order.

However you do it, you're welcome here.

Lowe Avenue Presbyterian Church 1023 N. 40th, Omaha

Sunday services 10 a.m.

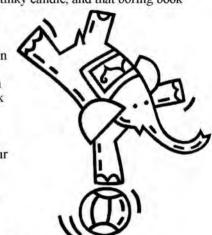
Rainbow Bible Study 6:30 p.m. Saturdays.
(Now reading Proverbs)

Call the church at 551-5207 or Cleve Evans at 733-1360 for more information.

WHITE ELEPHANT CASINO NIGHT

Black Jack, Roulette, and Texas Hold'em----do you love those games! Check out the MCC-O Casino Night on Friday, Oct. 20, in the MCC-Omaha Social Hall, 819 S. 22nd St. You bring the prizes.....clean out those closets and make room for Christmas that is just around the corner. That unwanted game, that horrendous tie, that stinky candle, and that boring book

may just be a valuable treasure to someone else. Turn your "white elephants" into chips and win a prize you really want: the newest board game in town, a tie that will knock the socks off your office crowd, a candle for a romantic moment, and a book that will change your life. Who knows what treasures there will be. Bring in your "white elephants" or you can buy chips at 10 for \$1. Now that's a deal. Doors will



open at 6 PM for food, and the casino games start at 6:30. Maybe you'll be the big winner for the evening. Come and bring a friend! And don't forget to bring the prizes! And bring some cash too! We've got a pie and cake auction set for mid-evening. Yum! Yum! There's sure to be something really delicious that you'll want for a midnight snack!



Tim Reeder 612-3833 www.omahagayrealtor.com Omaha's Leading Gay Realtor



Homeowner Alert!

Former Bank Auditor Says ...

"Credit Card Users Are Paying Too Much..."

—Free Report Shows Omaha Gay and Lesbian Community How To Save Thousands Of Dollars On Unnecessary Interest Payments.

Homeowners with substantial credit card debts are missing important savings opportunities by failing to act immediately. Unknown to most financial planners and CPA's, this free consumer report reveals how to save thousands in unnecessary inter-

est payments and finance charges.
"Unbelievable" said one homeo

"Unbelievable", said one homeowner. "I can't believe how this simple little trick is able to save me thousands of dollars a year." Banks and credit card companies hope you never read this report because they want to keep charging you interest on a balance that will take more than 30 years to pay off. Consumers have been fooled by offers of low teaser rates to induce them to transfer balances, only to see their rate double or triple a few months later. This report explains how to avoid being tricked by the tactics of these large banks and credit card companies and how to turn the table so you get the interest, not them.

NOTE: The revised version of this report was recently released and the response has been overwhelming. A toll-free 24hr/day recorded message hotline has been set up to handle the expected volume, but you are urged to call right away. Quantities are limited. Call 1-800-475-9610...press option 1...ext 8605, leave your name and address, and the report will be mailed to you.

Call 1-800-475-9610 ... option 1 ... ext 8605

Free Report

The preceding is a paid advertisement.

WOMEN ONLY!

Are you in an intimate relationship with another woman for 1 year or longer?

Are you 18 or older?

I am looking for participants for a research study looking at the dynamics of your relationship. If interested please visit the following website: https://www.psychdata.com/s.asp?SID=118487

Or for more information email: pucsurvev@comcast.net

HAVE YOUR VOICES HEARD!



CRUISE A SUCCESS!

The first annual MCC-Omaha Riverboat Cruise held Sunday, September 10, was a huge success! Over 170 community folks came out to cruise the Missouri River on the River City Star. Though the day had been drizzly and cool, that did not dampen the spirits of those joining in the adventure.

MCC-Omaha wishes to thank everyone who participated in the Cruise: those who helped sponsor the cruise, those who attended the cruise, those who supported the cruise with their talents and their services, and those who had bought tickets but who were unable to attend.

Over \$2,700 was raised for the Ark of Accessibility Fund from ticket sales, a raffle—hosted by ICON's Empress Michele and Emperor Andrew, tips from the entertainers who included these: Madeline, Susie Brenner, Jon Holloway, Trina Tabloid, Feleena Katz, Marsha Mellow, Wayne Moore, Sharon Van Butsel, Shausha Lee, and TMIM Andrew and Michele. MCC extends a hearty "Thank You" to Rick for providing appetizers

for all those attending! Thank you one and all. Be watching for details of our 2007 Riverboat Cruise from next year's Cruise Captains, Bob and Jon.



Omaha Performers Invade Billings, Montana

After months of preperation, the Fish-Stix, a collaboration of Omaha female impersonators, took to the road Wednesday, September 27th on a 14 hour road trip to Billings, Montana to be the first stage performance at a new dance club known as The LOFT. Owners of the club, Bill McCarty and Ron Seibel, had seen some of the performers here in Omaha and after some negotiating, booked a date for them to come out and take Billings by storm.

The Fish-Stix is made up of a variety of performers who's style and look cover a wide range. As the leader of the pack, Lana Caine first contacted Faleasha Savage about the possibility of putting together the group. The other members, Madeline Feinstien, Jennifer Jett and Erica Joy, quickly fell into place and rehearsals began. Not long after, Lady D'Vore was brought on board to EmCee the show.

The Omaha community was a great support in helping the Fish-Stix raise money for the trip to and from Billings. Patrons of DC's Saloon bought jell-o shots by the hand full while other members of the community offered support in costume making and choreography.

Upon arriving in Billings early Thursday, the group checked into their hotel and immediately headed to the bar to put the finishing touches on staging their performance. As of their arrival, the bar had already sold over 50 tickets. Friday night, the club opened the dance floor to the girls twice to help promote the Saturday night show and ticket sales increase dramatically.

Doors to the venue opened Saturday night at 8:00 PM for the 9:00 PM show. The crowd steadily took their seats and within 30 minutes, the bar was standing room only. Patrons continued to pack into the bar as the girls took the stage and the curtain raised for their rendition of The Cell Block Tango followed by Lady D'Vore doing a crowd pleasing version of When You're Good To Mamma. From that point, the stage was a non-stop whirlwind of Omaha's top talent.

The Fish-Stix showered the crowd with their takes on favorites such as Faleasha's "Music" and "Dreams", Madeline's "Big Time" and Lana's "My Perogative" and "Ain't No Other Man'. Erica left the room wide eyed as she stripped down to her signature g-string, leaving MANY a man with questions. Jennifer brought the crowd to their feet as she strutted her stuff to "Shout" and Lady D'Vore kept the room pumped with her antics and colorful comments.

While the show was a complete success, it didn't go off without a few glitches. Partway through the first half of the show, the spotlight popped a breaker which caused the emergency lights to turn on. Cody, The LOFT's DJ, jumped on the lighting system and kept the show going as he maneuvered the Techno Beams to keep the performers in the spot light. Managers, Pat and Randy, took immediate action and within minutes had the spot back on and the crowd screaming.

According to the bar staff and many of the bar patrons, the performance by the Fish-Stix has raised the standards for future performances in the Billings area. Plans are already underway for a return trip.

Left to right: Lady D'Vore, Faleasha Savage, Erica Joy, Madeline Feinstien, Jennifer Jett and Lana Caine



RAINBOW CELEBRATIONS TO HOST SOUP/PIE LUNCH

On Sunday, 22 October 2006 at 1pm, everyone is invited to come and enjoy lunch with Rainbow Celebrations and MCC-Omaha.



There will be a variety of soups and pies to select from. Cost for this event will be \$5.00. All proceeds will benefit Nebraska Pride and MCC-Omaha.

This event will take place at MCC-Omaha located at 819 S 22nd Street Omaha Nebraska.

There will also be a silent auction for several items, so come and place a bid.

This event is open to all, so bring the family and have a fun afternoon. All the fun will last until 4pm. There will be a table of Pride merchandise for sale. Hope to see everyone there.

For details or questions, email kevin@rainbowcelebrations.org. If anyone wants to donate a pie or a favorite soup let me know.



GAYZETTE COMING EVENTS

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

SUNDAY NOVEMBER 5TH DIAMOND FOUNDATION, GLBT Scholarship Benefit at The Q, 9:30PM

SATURDAY DECEMBER 9TH LIGHTING THE FIRST GLBT HOLI-DAY TREE, details to be announced

SUNDAY DECEMBER 10TH
GLBT SCHOLARSHIP DINNER, Old
Market Event Center, 6PM

WEEKLY EVENTS

Every Sunday
WORSHIP SERVICES:
AA LAMBDA STAG, 4pm, OPEN TO
MEN ONLY, 1023 North 40th Street in
basement of Lowe Ave. Presbyterian
Church

DIETZ METHODIST 1423 S.10. Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St.
Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com
FIRST CENTRAL CONGREGATIONAL
CHURCH, UNITED CHURCH of
CHRIST. info at: www.firstcentral.org

FIRST UNITED METHODIST 7020 Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 11am services

LOWE AVE PRESBYTERIAN, 1023 N 40 10am service

METROPOLITAN COMMUNITY CHURCH OF OMAHA 819 S. 22. 345-2563 Sunday Worship: 11am

NA-RAINBOW GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Kip K. at 612-4648

SECOND UNITARIAN, 10:30am Sunday service. 3012 South 119th St., Omaha NE

TRANSGENDER DROP-IN, 2PM to 4PM at the GLBT Center, 1719 Leavenworth St.

(excluding major holidays)

UNITY CHURCH OF OMAHA, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

LINCOLN WOMYN'S POTLUCK Cheryl 474-1937 11:30am-4pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

RIVER CITY II MIXED BOWLING, 3pm, Maplewood Lanes,

GAMES DAY AT THE GLBT CENTER, 1719 Leavenworth, 2PM to 4PM

MOUS 4pm Lowe Avenue Presbyterian, 1023 N. 40 St Info call Mark 639-3055

Every Monday

A A RAINBOW RECOVERY", an AA group
meeting at the MCCO Church at 6pm. Call 612

4648 for more info. Starting April 10th 2006

A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP
HIV+ MEN. 7pm every Monday, NAP, 2147 S.
15th St., Lincoln NE, contact Nick or Rick at
402-476-3144

RIVER CITY MIXED CHORUS REHEARS-ALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday
HASTINGS COLLEGE ALLIANCE, meet
Tuesdays at 7PM (when college is in session),
Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at
jsandeen@hastings.edu for further information.

UNL LESBIAN/BI/QUESTIONING SUP-PORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

AA FOURTH DIMENSION, 7pm, Open to men and women, 219 North 48th Street

WORSHIP SERVICES
MCC OMAHA, Bible Study, 7pm

UNITY CHURCH OF OMAHA, 7pm

HIV TESTING, 1:30-4 pm NAP, 139 S. 40 St., results in one week

HIV TESTING LINCOLN, 4-7 pm, using
Orasure, results in one week; results in 20
minutes on the last Wednesday of the month.
2147 South 15th #476-7000

FRONTRUNNERS RUN/WALK 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

LGBT A A 7:30pm, Alcohol Ctr 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

KARAOKE W/ STACY 8:30pm DC's

Every Thursday HIV TESTING 7- 9pm, NAP, 139 S. 40th Results available in one week

KARAOKE 9pm, Connections Bar

FREE CONFIDENTIAL ANONYMOUS HIV TEST, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

Every Friday

AA ALTERNATIVE MEETING, 7pm,
open to men and women, at Lowe Avenue
Presbyterian Church in the basement, 1023
North 40th Street

AA LIVE & LET LIVE, 8:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

GLBT CENTER YOUTH NIGHT, 5PM to 9PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street

GLBT AA 7PM to 8PM, Lowe Avenue Presbyterian, Call 556-8364, ask for Sanford

GLBT SEXUAL COMPULSIVE ANONY-MOUS, (SCA), A program of recovery, 8pm to 9pm, call Tony at 933-1318

HIV TESTING 5-10pm, NAP, 139 S. 40th Results available in 20 minutes

FREE CONFIDENTIAL ANONYMOUS HIV TEST, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

READING GROUNDS GAYME NIGHT, Music, laughter & board games. 23yrs. Old & up, 40th & Farnam St., 502-2008

RAINBOW BIBLE STUDY, 6 to 7:30PM, Lowe Ave. Presbyterian, 1023 No. 40th St.

Every Saturday
SOMETHING ON SATURDAY, 1 to 6PM.
Rainbow Outreach GLBT Community Center, 1719 Leavenworth Street. Something to do on a lazy Saturday afternoon. Come on down and relax, socialize or just read a book.

AA SATURDAY AFTERNOON, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP 4-6pm, 291-6781 proudhorizons@yahoo.com

MONTHLY EVENTS

1st Tuesday

CENTER LIBRARY FAIRIES, 7PM. Bookworms become butterflies. Stretch your wings helping the Center library. No experience necessary to volunteer.

Drop-in to the GLBT Center, 1719 Leavenworth.

VOLUNQUEER DROP-IN, at the GLBT Center. Be a "VolunQueer" and help out. Spend an hour or two volunteering at the Center - 6:30PM No special skills or ongoing commitment required. VolunQueers have fun and make a difference.

1st Friday

LINCOLN MIXED CHORUS 6:30pm, Unitarian Church, 6300 A, Lincoln

FIRST FRIDAY COFFEE HOUSE 8pm,

Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Saturday RIVER CITY GENDER ALLIANCE

No Current RCGA Information Available

1st Sunday

GAY GUYŚ SPAGHETTI NIGHT, at a Lincoln restaurant, call 402-483-6183 to reserve a seat up until the day before

2nd Tuesday CENTER WESTERN IOWA COMMIT-

<u>TEE</u>, 6:30PM at the GLBT Center, 1719 Leavenworth, Omaha. For details, visit RainbowOutreach.org

2nd Thursday

<u>PFLAG- OMAHA</u>, 7pm, First United Methodist Church

2nd Saturday

LEARNING TO EXCHANGE POWER

L2EP@aol.com 2pm; DC's Saloon

2nd Sunday

<u>INTEGRITY</u> 6-7:30pm, St. Marks, Lincoln

OUUT SECOND SUNDAY SCREENING

(glbt film shown at 6:30pm followed by discussion) First Unitarian, 3114 Harney

3rd Monday

IMPERIAL COURT OF NEBR 6:30pm,

Doubletree Hotel Downtown, www.icon.impcourt.org

PFLAG SOUTH CENTRAL, Meeting on 3rd Mondays at First Congregational United Church of Christ, 7th and Marian St., Hastings NE,

7PM, email jsandeen@hastings.edu or pat@datacc.net

3rd Tuesday

VOLUNQUEER DROP-IN, at the GLBT Center. Be a "VolunQueer" and help out. Spend an hour or two volunteering at the Center - 6:30PM or 7:30PM, your choice, whenever it fits your schedule. No special skills or ongoing commitment required. VolunQueers have fun and make a difference.

3rd Thursday LES/BI/GAY BOOK DISCUSSION GROUP, Village Inn, 78th & Dodge, 7

3rd Friday

GAY/BI SUPPORT GRP FOR HIV+

MEN 6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

<u>LINCOLN MIXED CHORUS</u> 6:30pm, Unitarian Church, 6300 A, Lincoln

COFFEE HOUSE Unitarian Church, 6300 A, Lincoln

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church, 6300 A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

4th Friday
LEO LEATHER ENGINEERS—
OMAHA

Not currently meeting.

4th Saturday

FREE MATINEE MOVIE, at the GLBT Center, 1:30PM, Bring a snack to share, everyone is welcome, 2nd and 4th Saturdays every month

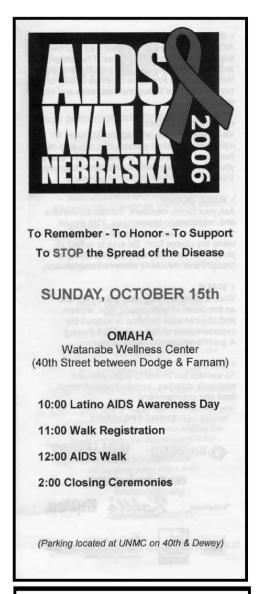
LAST Wednesday of each month READING GROUNDS NAKED WORDS OPEN MIC POETRY

NIGHT, The Reading Grounds, 40th & Farnam St., 7:00 PM

LAST Sunday of each month

REAL FAMILIES Omaha-area families headed by gay/lesbian parents, Margaux at 561-6738 or email MargauxPolo@aol.com

Email Your Event to: news@rainbowoutreach. org



Did you know that you can see the entire **GAYZETTE** on our web site? Go to:

www.rainbowoutreach.org
And click on the Publications link.
George W. Bush reads the Gayzette.
(Ok, he just looks at the pictures.)

GLBT RESOURCE LIST

OMAHA BASED

- BiMenNebraska, Social Support for Bi and BiCurious Men http://groups.yahoo.com/ group/BiMenNebraska and http:// groups.yahoo.com/group/Bi-MEN-MIDWEST
- Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org
- Diamond Foundation, GLBT Scholar ships, Mentoring and Leadership, call 877-87-DIAMOND or see www.diamond-foundation.org
- Family Foundations Therapy for individuals, couples or families, for info call 558-3856
- First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming
- First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org
- First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming
- Flat Water Bears, (group disbanded)
 Front Runners/Walkers, Wednesdays at
 6:30pm, Elmwood Park Parking Lot by
 softball field, Omaha
- GALO (Gay & Lesbian Org at UNO) www.angelfire.com/home/GALO contact: unogalo@hotmail.com or SPO (Student Organizations) at 554-2711.
- Gay Lesbian Straight Education Network Omaha, Box 641676, Omaha 68164, 712-325-0117 http://www.glsenomaha.org
- GayLibrary.com, World Wide Resources Heartland Gay Rodeo Association Box 3354, Omaha 68103
- Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838,Omaha, 68131 R. Hollendieck (402) 556-5556
- Imperial Court of Nebraska, Box 3772, Omaha 68103 556-9907, Board Meets 3rd Monday, Doubletree Hotel Downtown, www.icon.impcourt.org
- Learning to Exchange Power, L2EP@aol.com; Social, educational group novices in Leather, S/M, B/D Lifestyle
- **Leather Engineers of Omaha (LEO)** Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting
- LinOma Bares, Box 24547, Omaha 68124 Nudist/ Naturist Club for gay/bi men Info: Linomabares@yahoo.com or call Eric at (402) 553-5944 or Tim S (712) 527-5887
- Lowe Avenue Presbyterian Church, 1023 No. 40th St., fully open to GLBT's,
- Mpower Program, 139 S. 40, Omaha 68131 email: mpower@nap.org website: www.mpower-nap.org phone: 402.552.9260x20, Holistic Gay Men's Health Program
- Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org
 Website:www.mccomaha.org Sunday
 Worship 11am, Wed Evening Bible Study at 7pm
- NA Rainbow Group, Narcotics Anonymous, meets every Sunday at 6pm, MCC-

- Omaha Church, 819 South 22nd St **Nebraska AIDS Project**, 552-9260 Watanabe Wellness Ctr, 139 S. 40, Omaha 68131, Testing Wed from 1:30-4PM by appointment only, Thurs 7PM-9PM results in a week, Fri 5PM-10PM with 20 minute results Call 402-552-9255 info
- NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community
- Nebraska GLBT Events, Community Events Calendar web site, see www.NebraskaGLBTEvents.com
- Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive
- The 'Ohana Group, (GLBT / Nontraditional Family group), email to: Theohanagroup@msn.com
- Omaha Bi Married Men Yahoo Group http://groups.yahoo.com/group/ OmahaBiMarriedMen
- Omaha Nebr Gay Pride WebPage http://ONGP.com; email to: omahanegaypride@cox.net or ongp@cox.net
- Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over
- Out and About in Nebraska, website: www.travel.to/outabout Email: NeOutAboout@vahoo.com
- OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org
- Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter Box 390064, Omaha, 68139-0064 291-6781 Website:www.pflag-omaha.org, email info@pflag-omaha.org Meet 2nd Thurs, 1st United Meth, 7020 Cass
- Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com
- Rainbow Outreach GLBT Resource Ctr, 1719 Leavenworth, Omaha, 341-0330
- Rainbow Bible Study, Fridays, 6-7:30pm, Lowe Ave Presbyterian, 1023 N. 40 St.
- Rainbow Celebrations, PO Box 8488, Omaha, 68108, 402-212-6302 locally, 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete information see www.rainbowcelebrations.org
- Real Families, Omaha-area families headed by gay/lesbian parents, meet last Sunday of every month. Info: Margaux at 561-6738 or email MargauxPolo@aol.com
- River City Gender Alliance, No Current RCGA Information Available
- River City Mixed Bowling II 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706
- River City Mixed Chorus, Box 3267. Omaha, NE 68103, 402-341-SING Website: www.rcmc.org
- SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com Temple Israel Synagogue, 7023 Cass St.,

- 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive
- Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org
- WomenSpace, no current info is available

LINCOLN BASED

- GLBT and Ally Programs and Services at UNL, D. Moritz, Assistant Director, 402-472-1752 email: dmoritz2@unl.edu Located in Student Involvement Office of the Nebraska Union, Room 200.
- Gay/Lesbian/Bi/Straight Alliance 2229 J St., Lincoln 68510 (402) 436-1301 ext. 232 Ruth Kupfer
- Gay Men's Support Group, UNL Health Center, Counseling & Psychology, Rm. 214, Lincoln 68588-0618 472-7450
- Lesbian, Bisexual and QuestioningWomen's Discussion Group, University of Nebraska, Lincoln Women's Center (sponsor), Room 340, Nebraska Union, Lincoln 68588-0446. 402/472-5644.
- Nebraska AIDS Project, 2147 S. 15th St. Lincoln, NE 68502. (402) 476-7000
- Mixed Chorus, Rehearse 1st & 3rd Fridays, Unitarian Church, 6300 A, No auditions, Just a desire to sing, info contact Scott at sdorchid@neb.rr.com
- Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737
- Parents, Friends of Lesbians & Gays, Cornhusker Chapter, Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: http://pflag.ineb.org/
- Plainsmen, Support FtM's (Female to Male) Drag Kings TV Butches, 402-820-1267
- SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 – 9pm, Lesbian Videos 7:15pm, 3319 S. 46
- Sexuality Education eXchange, University Health Ctr, 15th & U, Rm.12h, 472-7447 or email: ptetreault1@unl.edu Comprehensive, inclusive sexuality/sexual health info, resources/referrals including sexual orientation, ally and diversity training.
- Straight Spouse Support Grp 402-429-6094 Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or email: http:// www.thetrevorproject.org/helpline.html
- TriCity GLBT, serving Central Nebraska, web site at http://www.tri-city-glbt.com/
- UNL Committee on GLBT Concerns, Contact Pat Tetreault, c/o University Health Center, 15th & U Streets, Rm. 12h Lincoln, NE 68588-0618, (402) 472-7447 or email: ptetreault1@unl.edu
- Women În Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,
- Youth Support Group, (402) 434-9880

Iowa Based

- Council Bluffs Equality, www.cbequality.org
- Iowa Equality, GLBT –allied against change to the state and federal Constitutions, http:// www.IowaEquality.org

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Monthly Meetings: Second Thursday 7:00 P.M. Location: First United Methodist Church 7020 Cass, Omaha, Nebraska Web Site: www.pflag-omaha.org

P.O. Box 390064 Omaha, NE 68139-0064

HELPLINE (402) 291-67681

Where Can You Find The Gavzette?

Omaha:

Connections, 1901 Leavenworth 933-3033 The Diamond, 712 South 16th Street 342-9595 DC's Saloon, 610 South 14th Street 344-3103 Dixie Quick's. Restaurant 20th Leavenworth Flixx 1019 South 10th Street Omaha 408-1020 The Max, 1417 Jackson 346-4110 The Reading Grounds, 3928 Farnam Street 502-2008 Metropolitan Community Church, 819 South 22nd Street Omaha Mining Co., 1715 Leavenworth Mystery Bookstore, 1422 South 13th St 449-8703 Nebraska AIDS Project, 139 South 40th St 552-9260 Next Millennium, 2308 North 72nd Street Rainbow Outreach Metro Omaha GLBT Resource Center. 1719 Leavenworth St.

Lincoln:

Panic Bar, 200 South 18th Street (as available) 435-8764 Q Bar, 226 South 9th Street (as available) 475-2269

lowa:

Adult Emporium, 1 blk. So. of 32nd & Broadway, Council Bluffs

Would you like to have the Gayzette at your Place of business? Email your request to: news@rainbowoutreach.org

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The Fitness Corner

I'm going to give you five minutes to come up with all the objections you have for working out. Who am I fooling? You already currently have numerous objections your honor. You

would have just wasted those precious 300 seconds lusting over your new Abercrombie catalog. I have the top four excuses that I hear on a quotidian basis: 1) no money 2) no time 3) not motivated 4) don't like it. I shall explore the skinny on all these fascinating obstacles to your health and fitness. Follow me and watch where you step.

"I just don't have the money to work out." You're right! You needed it for your manicure and martini lunch, the ten weekly Starbucks lattés, the Betty Boop windshield sunshade, the Casino Arizona slot machines, the commemorative Governor Janet Napolitano copper coin, the ABBA Greatest Hits CD, and of course the Fancy Feast for little Purrfect. Even with all these essentials recorded and on the ledger, you can still afford fitness. For less than \$100, you can go to Target and acquire the necessities for your home workout. You can purchase a stability ball, resistance bands, and several pairs of various weighted dumbbells. These items are space-friendly and they provide an equivalent workout to any fitness club.

"I just don't have time to work out." At a minimum, you only need two to three hours per week for your fitness needs. That equates to about one percent of your weekly hours. One idea is to get up with the paperboy and get your workout in before all the day's obligations tsunami upon you. A Buenos Dias workout will also give you more energy for your hectic day. That might mean giving up the 11PM Nick at Nite episode of the Brady Bunch the evening before. It's all about priorities. Here's another free suggestion: keep an exercise ball, resistance bands, and a few sets of dumbbells in your work office. Exercise right after work in your office for 30 minutes. By the time you're done, rush hour should have eased a bit and you'll have saved time and sanity from not being stuck in traffic. Use creativity and brainstorming and I'm willing to bet that you will find some time for a fitness routine.

"I'm just not motivated to workout." Honey, if you were in a burning building, you'd find the motivation to get out. I can hear some of you now. "Yeah, but that's different because a burning building is an emergency and you will do whatever it takes to get out." Oh, really! So you're saying that you'll wait until your health becomes an emergency before taking any reactive measures. Discuss this amongst yourselves before moving on.

Here are some great motivational techniques for your fitness program.

-Find a workout partner. There's nothing like a true buddy carrying you through those doldrums in life. -Listen to your favorite energizing and inspiring CD's before, during, and after your workouts. Do I hear the



Rocky soundtrack building momentum?
-Place motivational sayings or quotations on slips of paper and strategically position these in conspicuous locations at your work, in your car, and in your home.
-Write your goals down on paper and place these too in conspicuous places. The likelihood of achieving your goal increases by 80% when it is written down.

"I just don't like to workout." It's too hard. It's no fun. It hurts. Here are a few more negative, nihilistic, nay-saying nouns for you ne'er-do-wells: dislike, antipathy, disinclination, odium, disapprobation, displeasure, repulsion, repugnance, and hate. Hate!! Now that's a powerful mean word to bandy around. However, most people have these feelings about fitness. Most people also had those feelings about school whilst they were mere moppets. Thank god for recess, "hot for teacher", and Friday night football games. Most people today have those hateful feelings for their job. Thank god for jean days, potlucks, and the hot blond in cubicle 9A. You need to find that silver lining in your fitness cloud. Is your glass half-empty or halffull? The answer lies within you my young Jedi!

Excuses are like _____(fill in your favorite body part). Everybody has one. I hope I've given you some power to move beyond those ubiquitous evildoers. "Christina, bring me the axe!" Now go out and chop away at all your obstacles! Bon chance mon ami!

Ron Blake is a Certified Personal Fitness Trainer and Owner of Blake Fitness, LLC. He can be reached on the web at www.blakefitness.com.

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I'm Coming Out

How Typical

By Michael McManus

In today's society we often hear the phrase "Coming out of the closet," but what does it mean? Who was in the closet, and why were they in there? I can think of a cornucopia of more suitable places to hide, but for some reason people continue to go into this "closet."

OK, so unless you've been living under a rock or perhaps among acres of corn in western Nebraska, I think it's safe to assume the majority of us know what "coming out of the closet" means. Simply put, it's a personal acceptance of one's inner being; in my case, my homosexuality. Once the individual finds acceptance inside, they "come out" to friends and family letting their secret be known to the masses.

However, unless you've actually gone through the coming-out procedure, you most likely know little about it. It's something that shouldn't be taken lightly but often is, due to a lack of understanding.

First of all, there are quite a few stages to the process of coming out. It's not something to be thrown around lightly, so an avid amount of time and thought should be put into the procedure.

A decision to come out of the closet actually starts on the day that person's first same-sex attraction is realized. Those first "Why am I looking at someone of the same sex" questions are ultimately preparing you for the day you decide to take the big step from your "closet." These attractions follow you around everyday while you try and figure out the right way to deal with them. Should I tell someone? Pretend they aren't happening? These questions lead to the first step of coming out, which is coming out to yourself.

Getting the nerves and courage to finally accept your sexuality is one that can take years. What was once thought as a "phase" simply never went away, and has now become a reality. This part of the process is one of the hardest and can be quite emotionally draining. One day you'll be accepting, the next you'll feel guilt, a few hours later you'll be depressed. It really never ends until you make the next step, coming out to someone close to you.

Once the thought of sharing your secret with someone else crosses your mind, a lot must be taken into consideration. Why do I want to come out? Who am I going to tell? How are they going to react? This stage can often lead to more confusion and depression. As humans we naturally fear questions we don't know the answers too.

Why do I want to come out? This is without a doubt the most serious step in the process. What are your reasons behind telling someone your secret? Do you feel like you need to share this information to become fully happy? Or maybe because you want to meet other people much like yourself? If so, those are the right reasons. If your goal is to shock or hurt someone, I would rethink your reasoning.

Who am I going to tell? This is a tough question for me to an-

swer, but it's usually easy for the person coming out to decide. Confide in someone you know is accepting of your lifestyle-you don't want the first person you tell to condemn you straight to hell do you? Try finding someone who has gone through the process already. They can potentially give you the guidance and encouragement to tell the ones you may be fearing.

How are they going to react? This is a pretty easy one to answer. There are really only two reactions to someone who is coming out. It's either OK or it's not. People will either love you for the person you are, or tell you that your homosexuality is wrong.

You can usually tell how people are going to react before the discussion. Maybe discuss something happening in the gay community, and see how they react. I asked my grandma if she liked the Ellen DeGeneres Show, and she said "No, she is a lesbian."

I now know my grandparents will never accept my homosexuality, so I don't plan on ever telling them. In my mind, you pick your own battles. My grandparents are getting old and that's not one I want to fight.

Once you have answered those three questions it's on to the one question that I found to be the most difficult. How do you tell them? My initial way was a failure. I did it over the phone. I told my parents and they both broke down; they cried for the majority of the conversation and did nothing more than condemn my announcement. I regret my decision to call them, and now personally feel the best way to tell someone would be in person or through a letter. The benefit of telling them in person is that you are there to see their reaction, which means you can respond appropriately and show them the emotion that you are feeling. On the other hand, a letter gives the reader some muchneeded time to react and dwell on the issue on their own.

Coming out of the closet is a milestone in many people's lives and one that I will never forget. It's a chance to find acceptance among your friends and family, but most importantly with yourself. I hope this helped you gain a better understanding of this process, because as minuscule as it may seem to the person hearing it, it takes an unprecedented amount of courage and strength from the person saying it.

Send questions and comments to mmcmanus@mail.unomaha.edu

This article was reprinted from The Gateway Site URL: http://www.unogateway.com



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والمحالية المحالية

Empress XXVI Michele & ICON Present... "The Mr & Miss Max Turnabout Show" 9:30pm Benefit for MICHELE'S FUND

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