



Could Rob Portman Make GOP Evolve on Marriage Equality?

By Trudy Ring

While the candidates seeking the Republican presidential nomination are trying to outdo each other on opposition to marriage equality, some party leaders think that



stance is a liability — and they're looking to U.S. Sen. Rob Portman, father of a gay son, to change it, CNN reports.

Social conservatives are vowing to keep a plank opposing same-sex marriage in the party's platform at next year's convention, no matter what the Supreme Court decides on marriage equality this summer, but "a mix of Republican leaders who think it's time to drop that language — they think it hurts the party — they're pushing Sen. Portman to take a lead role in the platform debate," CNN's John King said on Inside Politics Sunday, without naming the leaders.

Portman in 2013 became the first Senate Republican to support marriage equality, having changed his mind on the issue after his son Will came out to him two years earlier. And the 2016 Republican National Convention will be held in Cleveland, in Portman's home state of Ohio. These two factors make Portman well-positioned to spearhead an effort to change the platform, King noted, although the fact that he's up for reelection to the Senate could make him reluctant to do so. The Republican convention is set for July 18-21, 2016.

The Republican platform has contained language opposing marriage equality for several election cycles, and it was strengthened in 2012. That year the Democratic Party became the first major U.S. political party to include a pro-marriage equality plank in its platform.

Half of LGB Americans Identify As Christian

BY ELIEL CRUZMAY

More LGB Americans consider themselves Christian than ever before. In a new Pew Research Center report, 48 percent of LGB Americans identify as Christian, up from 42 percent in 2013. The statistic contrasts the study's finding of overall decline of Christianity, from 78.4 percent of Americans identifying as Christian, down to 70.6 percent.



"Among respondents who identify themselves as gay, lesbian or bisexual, fully 41% are religiously unaffiliated, and fewer than half (48%) describe themselves as Christians," the study finds. "Non-Christian faiths also are represented in the gay community at higher rates than among the general public, with 11% of gay, lesbian and bisexual respondents identifying with faiths other than Christianity."

Jewish, Muslim, Buddhist, and Hindu mostly comprised the 11 percent of non-Christian faith. Under the 41 percent of religiously unaffiliated, 8 percent identify as atheist, 9 percent as agnostic, and the remaining 24 percent don't identify with any particular label.

The findings could represent a culture shift, says Matthew Vines, author of *God and the Gay Christian*.

(Continued on page 2)

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“Many people might find that figure surprising, in large part because the majority of LGBT people represented in the media don't identify as Christians,” Vines told The Advocate.

“The 'Christians vs. LGBT people' narrative that we hear so often is part of the story, but as the Pew poll shows, it's not all of it. In fact, it's the 48 percent of LGBT Americans who are Christians who are best positioned to change both religious attitudes about same-sex marriage and secular attitudes about religion. As LGBT Christians continue to find their voice, they'll be changing both their churches and the LGBT community for the better.”


The survey consisted of 35,071 adults, 1,604 of them identifying as LGB. The survey was conducted by telephone, from June 4 to September 30, 2014.

California Trans Teen's Inspirational Journey from Near Dropout to Prom Queen

By Mitch Kellaway

Just a few years ago, Angie Esteban could never have imagined that one day she would wear Salinas High School's prom queen crown.

The 18-year-old senior, who received the honor last month, shared in a recent interview with The Californian how she overcame bullying and related disengagement with her schoolwork to stand proudly as a young trans woman today.



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"I kind of already knew who I was and who I wanted to be at a young age," Esteban reflected, sharing that she started using her preferred name, "Angie," as a freshman. But despite her initial confidence in who she was, Esteban tells an insightful story about becoming someone else through facing her peers' and family's rejection, and eventually emerging stronger on the other side.



"A lot of people would tease me ... and it made me really mean," she recounts of her middle school years. "I used to fight a lot and get suspended from school. I would get bullied, but I would bully back. If you started with me, I would finish it. I know how to defend myself."

By her junior year, Esteban was placed in an alternative education program at Mount Toro High School because of her behavior, which included not showing up to school and failing to pass in school work. "I was headed toward a bad route," Esteban tells The Californian now, saying she felt "lost" and only lived "in the moment." "When I finally realized it, I knew I had to get on it."

Esteban was among the numerous trans youth who, in response to feeling rejected or misunderstood at school, are two times more likely than cisgender (nontrans) to not complete high school. But ultimately finding support from her first trans friend — another girl she met at Mount Toro — and a loving teacher, Esteban says she overcame the odds.

"I ended up squashing the beefs that I had with people as I started changing my mindset to positive," she reflected. "I didn't like the way they were staring at me at lunchtime so I went up to them and told them, 'I don't have a problem with you.' ... They were relieved I felt that way."

Esteban returned this year to Salinas High determined to graduate on-time, despite being behind in her class credits. "This school year it's been work, work, work," she told The Californian. "But I'm making up my attendance. I stay at school until 5 p.m."

And on April 18, the girl who others once rejected or feared was named "prom queen" by her peers.

Now, though Esteban admits that she still faces occasional taunts from classmates, and that her relationship with her mother and siblings is still evolving, she says she's much closer to becoming the person she wants to be. An aspiring fashion model and businesswoman, she's now on track to stand before her peers next month and be honored one more time: crowned with a mortar board cap and holding a diploma.

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American College Of Physicians Supports LGBT-Inclusive Policies, Gay Marriage

By Andrew M. Seaman

(Reuters Health) - The largest group of internal medicine doctors in the U.S. came out Monday in support of policies it says will improve the health of the country's lesbian, gay, bisexual and transgender (LGBT) people.

Those policies include support for civil marriage rights for same-sex couples, opposition to so-called conversion or reparative therapy and support for health insurance plans that include comprehensive transgender healthcare services.

"The LGBT community deserves the same high quality care that any community in the United States should be getting, but may not be getting," said Dr. Wayne J. Riley, president of the American College of Physicians.

A new policy position paper from the college, published in the *Annals of Internal Medicine*, is the result of more than a year of work, Riley told Reuters Health.

"It's based upon our longstanding policy in regard to eliminating healthcare disparities," said Riley, who is also a clinical professor of medicine at Vanderbilt University School of Medicine in Nashville.

The LGBT community faces similar health concerns as the rest of the population, according to the organization in its paper, but some disparities may be worse among LGBT people.

For example, the Centers for Disease Control and Prevention (CDC) estimates that some 1.1 million people in the U.S. are living with HIV. About one case in six is undiagnosed.

While the CDC says only about 4 percent of U.S. men are gay or bisexual, they represent about two-thirds of the country's new infections.

Also, the American College of Physicians writes that lesbian and bisexual women are less likely to be screened for breast or cervical cancer, compared to heterosexual women.



A separate paper in the same issue of the journal reports that lesbian girls and women are less likely to receive the human papillomavirus vaccine, which helps prevent cervical cancer.

The position paper identifies nine policy positions the organization supports. For example, it says that gender identity, which is different than sexual orientation, be included in non-discrimination and antiharassment policies.

Also, the organization says health insurance plans should include comprehensive transgender healthcare services and provide all services to transgender people as they would to others.

"It focuses in on making sure that transgender individuals can access the appropriate level of healthcare services to provide them with the opportunities that you or I and anybody else has with health and wellness," Riley said.

The paper also comes out against the use of so-called conversion or reparative therapy, which has been banned by an increasing number of U.S. states.

"We agree conversion therapy is not a wise use of healthcare resources," Riley said.

The organization also supports civil marriage rights for same-sex couples. Denying those rights has a negative impact on physical and mental health, and contributes to stigma and discrimination, it says.

The top editors of the *New England Journal of Medicine* also urged the U.S. Supreme Court to require "the full recognition of same-sex marriage," in a recent editorial.

"It's important, because we know from our members that simple things like hospital visitation and participation in the care of LGBT patients has been a huge problem around the country," Riley said.

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The quality of healthcare should be consistently provided for all population groups, he said.

"This speaks to the fact that the nation's largest specialty society comes down on the side of health equity for all," he added.

Is it Cheaper to Let Gay Men Get Anal Cancer Than Give Them a Vaccine?

By Jacob Anderson-Minshall

A new report suggests that gay and bisexual men in England may not initially get the HPV vaccine because it isn't "cost effective" compared to the expense of treating anal cancer. This shocking allegation came after the U.K. Joint Committee on Vaccination and Immunization delayed access for men who have sex with men until 2017 or later.

The United Kingdom's HPV vaccine program was originally designed for girls aged 12 - 13 years; but was then extended to boys of the same age. The Committee was expected to "at least approve giving the life-saving jabs to men who have sex with men," according to Gay Star News

"We are hugely disappointed that a much needed decision to introduce HPV vaccination for gay and bisexual men has once again been pulled further from our grasp," Dr Shaun Griffin told Gay Star News in response to the announced postponement. "Each delay leaves this group unprotected against HPV-related cancers. These inequalities urgently need to be addressed."

The Center for the Biology of Chronic Disease (CBCD), a British non-profit medical research organization, released a statement reiterating the importance of prevention in treating HPV: "There are no drugs approved against the HPV. Current treatments include procedures, such as cryotherapy, conization, and the Loop Electrosurgical Excision Procedure (LEEP). These procedures use liquid nitrogen, a surgical knife (scalpel), a carbon dioxide (CO2) laser, or electrical current to remove the abnormal growths caused by the HPV. These growths include cells that harbor the active virus. The procedures do not target

cells with the latent virus. Since they do not remove the latent virus, these procedures only produce a temporary remission."

CBCD argues that access to the HPV vaccine is particularly important for gay and bisexual men because rates of HPV and the cancers it causes are as high among men who have sex with men as they are in women. According to the organization, each year 47,500 British men get genital warts from the virus and over 2,000 men contract anal, oral, or penile cancers as a result.

Delaying the time when the vaccine becomes available can have long term impacts because the vaccine will not prevent diseases in those who are already infected.

Official records released from the U.K. Committee on Vaccination and Immunization indicate that the government agency considered a number of factors before deciding to postpone access to gay and bisexual men including, "published data on chemotherapy for anal cancer...[which] showed improved survival."

Gay Star News reports that the Committee's position has angered the U.K. gay community, as it suggests the government believes "it might be cheaper to let gay men get anal cancer and then treat it, rather than prevent it."

Op-ed: A Gay Executive Should Not Be Defending Rush Limbaugh

By Paul Goldstein

Dear Darren:

As President of iHeart Media, you're not only a role model, you set the tone for radio content distributed on iHeart's 850+ radio stations and other holdings. In researching an article I'm writing about the future of the radio industry, I read an interview with you, which included your comments about iHeart personality Rush Limbaugh. In light of recent news about the controversial Religious Freedom Restoration Act in Indiana and Mr. Limbaugh's recent comments comparing same-sex marriage to bestiality, I had to write.

While I understand that Limbaugh generates substantial reve-

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nue for iHeart, I was disappointed to read your words that embraced him wholeheartedly. Limbaugh's openly hostile and homophobic comments, coupled with his racist and sexist remarks, have contributed to an environment advertisers increasingly avoid, according to The Wall Street Journal and Time.



Your words of praise for Mr. Limbaugh are troubling: "A huge focus for me is to have Rush be appreciated for what he truly is. He has been unfairly painted negatively as a mean conservative, but the truth is that he's a champion of American business and someone who creates jobs. The big story — and what we have learned — is that virtually all the negativity around him over the last two years has stemmed from very small number of people in social media. We have found that 70 percent of the attacks are coming from just 10 people. ... What's unfair about this is that it's not hurting Rush or Premiere; we're fine. It is hurting small businesses in America, causing small businesses in particular to shy away from advertising on the most effective radio show to grow business. We're really committed to countering the negativity."

Darren, that's tortured logic diverting attention from the truth. Characterizing the public backlash to Limbaugh as "coming from just 10 people" is false. Rush Limbaugh is America's least-trusted news source and for good reason.

Thousands of Americans have signed online petitions, organized through social media, and boycotted Limbaugh's advertisers. Your attempt to dismiss these citizens as "negativity"

from "10 people" is untrue and complicit with Rush Limbaugh's toxic rhetoric.

You are entitled to defend Limbaugh's freedom of speech, but deflecting attention from his intolerance and bigotry by citing free enterprise is unconvincing, deceptive, and disrespectful to citizens defending freedom and equality for all.

Throughout American history, every freedom we've won — from the right of women and African-Americans to vote to the freedom for interracial couples to marry — happened because of the hard work of exceptional Americans willing to stand up for their own constitutional rights and those of their fellow citizens.

As an openly gay media professional just like yourself, I recognize the difficult position you're in trying to preserve revenue generated by Limbaugh, especially given the pressure of iHeart's \$20+ billion debt. But with power comes responsibility.

Martin Luther King said, "The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." Darren, remember, there are still 29 states in which people can be fired simply for being gay. The powerful movement opposing Limbaugh's politics of hate and exclusion is bigger than just Limbaugh, it's a battle to actualize two of America's founding principles: that we are all created equal and that we are safeguarded by the United States Constitution with equal protection under the law.

Moral courage and decades of hard work from patriots who fought for our freedom helped provide the opportunity you now enjoy. You're free to marry the person you love, pursue happiness, and prosper in your role as president at iHeart Media. But by embracing Limbaugh, a man whose homophobic rhetoric endangers for others the same type of opportunities you were given, you're essentially yanking up the ladder that enabled your climb to the top.

PAUL GOLDSTEIN is a media strategist and veteran broadcast radio programmer. His website is TheContentIsKing.com.

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Op-ed: Here's How to Ensure LGBT Organizations Don't Die

By Jason Franklin and Nick Lepetsos

Funding for LGBTQ causes has never been stronger. A recent report from Funders of LGBT Issues revealed that foundations and corporations donated more than \$129 million to LGBTQ causes in 2013, a 250 percent increase in foundation funding over the last decade. Still, the report notes that “despite impressive gains, funding for LGBTQ issues is still a tiny fraction of all foundation funding — approximately 0.24 percent of the \$54.7 billion total that the Foundation Center estimates was awarded by foundations in 2013.” We can do more.



Give OUT Day is a national initiative, now in its third year, that mobilizes thousands of individual donors across the country during a 24-hour period each May (May 21 this year) to give in support of LGBT nonprofits. EqualityCard is a credit card start-up, launched in February of 2014, that allows business and consumer cardholders to make tax-deductible donations equal to 1 percent of their purchases to the lesbian, gay, bisexual, or transgender nonprofit of their choice.

In our own unique ways we're trying to do our part to help make up the funding gaps that remain in the LGBTQ movement. We're passionate about raising money for LGBTQ organ-

izations. That's why we decided to join forces through a unique partnership. EqualityCard is proud to be the Presenting Sponsor of the new Give OUT Day Headstart Campaign. Our joint goal: maximize financial gains for the LGBTQ movement.

The campaign will allow LGBT nonprofits to generate proceeds from events, fundraising drives, and giving platforms like the one EqualityCard offers, throughout the year, enabling non-profits to have donations already committed at the “starting line” on Give OUT Day each year. That “head start” will help LGBT nonprofits increase their overall tally on the Give OUT Day leaderboard that participants have grown so accustomed to over the last two years.

EqualityCard will promote Give OUT Day to its cardholders and encourage them to participate in the day-long crowdfunding event using their EqualityCards. Give OUT Day will in turn ask those who take part in its day of giving to consider applying for an EqualityCard Visa so they can generate donations in the amount of 1 percent of their purchases to distribute through the Give OUT Day platform.

One of the most rewarding aspects of the development of these giving platforms has been hearing all of the stories from our donors about their enthusiasm for supporting the LGBT non-profit organizations that mean the most to them. While everyone within the LGBT and ally communities is driven to support the movement toward equality in all of its forms, it is very energizing to learn about the specific passion that individuals have for organizations that may have positively affected their lives, or perhaps the lives of their friends and loved ones.

We want to play whatever part that we can in the effort to convince LGBT individuals that even small donations can make a big difference in the lives of others. All too often, people think that if they do not have the financial means to make really large donations to their favorite nonprofit organizations each year, somehow any smaller contributions that fit within their budget would not be meaningful or appreciated.

Nothing could be further from the truth. Small donations, like the ones generated through the use of the EqualityCard Visa, or provided through the Give OUT Day initiative each year, are increasingly important to the missions of the dynamic LGBT nonprofits that operate in communities all across the country.

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Last year Give OUT day raised over \$1 million from 12,000 donors and provided donations to 500+ LGBT organizations. Since its launch last year, EqualityCard has added 2,000 new cardholders and more than 80 LGBT nonprofit affiliates, raising nearly \$40,000 for the LGBT movement. We both have goals to greatly increase our impact in 2015.

The momentum in LGBTQ philanthropy is robust and we are honored to do our part in bolstering that giving so that we can help advance equality at the grassroots level and nationally. We look forward to engaging with the community and inspiring more donations in the buildup to this year's Give OUT Day, and throughout the year.

A wiser person than I once said, "If you are not giving to your community, then you are taking from it." Our goal is to convince as many people as possible to experience the great joy of being a contributor to the LGBT movement. There is something about the act of giving that brings out the best in people, and we hope that our initiatives and our partnership can play a small role in helping people experience that.

Carly Fiorina's Tepid Tolerance Sets Her Apart in GOP Field

By Sunnive Brydum

Former Hewlett-Packard CEO and presidential hopeful Carly Fiorina just distinguished herself from her fellow GOP candidates for the White House in 2016 — by indicating she would reluctantly accept a Supreme Court ruling bringing marriage equality to all 50 states.

In a reversal from her previous position, Fiorina told conservative Iowa blog Caffeinated Thoughts Thursday that she no longer supports efforts to amend the U.S. Constitution to ban same-sex marriage.

"I think the Supreme Court ruling will become the law of the land, and however much I may agree or disagree with it, I wouldn't support an amendment to reverse it," Fiorina said on-camera in the video posted Saturday. "I very much hope that we would come to a place now in this nation where we can support their decision and at the same time support people's right to have, to have, to hold religious views and to protect their right to exercise those views."

Back when Fiorina was a candidate for U.S. Senate in California in 2010, she said she supported the idea of an amendment

to the U.S. Constitution to ban same-sex marriage, notes LGBT blog The New Civil Rights Movement. Fiorina was also vocal in her support of California's Proposition 8, which revoked marriage equality in the state until it was ultimately overturned as unconstitutional by federal courts.

But even with this shift toward a more tolerant — if not celebratory — tone on marriage equality, Fiorina stands out as the "most respectful and sympathetic" GOP candidate regarding LGBT rights, Log Cabin Republicans executive director Gregory Angelo told the Washington Blade.

Indeed, among the already-crowded field of candidates vying for the Republican presidential nomination, the vast majority are in favor of amending the U.S. Constitution to ban same-sex marriage outright.

Texas Sen. Ted Cruz, the first candidate to enter the race, has been such a staunch advocate of the approach that he's repeatedly introduced legislation in the Senate that seeks to ban all federal recognition of such marriages. Lest anyone thought the Tea Party favorite would soften his antigay views on the campaign trail, Cruz's first campaign stop in Iowa included a rant about the "radical gay marriage agenda," in addition to reiterating his support for an antigay federal constitutional amendment.

Former Arkansas Gov. Mike Huckabee has not directly discussed Cruz's antigay bill, but he has repeatedly (and mistakenly) asserted that states and lawmakers can simply ignore pro-equality rulings from federal courts. When a federal judge struck down Arkansas's ban on same-sex marriage in January, Huckabee called for the judge to be impeached. When Huckabee announced his campaign last month, his speech included a thinly veiled warning to the Supreme Court, reminding the nine justices that "they cannot overturn the laws of nature or nature's God."

Retired neurosurgeon Ben Carson, who announced his candidacy on the same day as Fiorina earlier this month, also believes that the president is not required to abide by a pro-equality ruling by the U.S. Supreme Court. An outspoken believer in impeaching judges who rule for LGBT equality, Carson Sunday reiterated his incorrect conclusion that the president can pick and choose which Supreme Court rulings he follows.

Kentucky Sen. Rand Paul, often painted as the "libertarian" candidate among the GOP presidential hopefuls, in March said that legal same-sex marriage "offends" him, then later that month proposed that same-sex couples be offered some sort of "contract" to solemnize their relationships. Paul has not commented on Cruz's so-called State Marriage Defense Act but has repeatedly told reporters that he believes determining marriage laws is an issue best left to the states.

Florida Sen. Marco Rubio has adopted the same position as Paul, making his own headlines after he admitted, when pressed, that he would attend the same-sex wedding of a friend, even though he "disagrees" with that person's "decisions." Rubio, who graduated with honors with a law degree from the University of Miami, claimed in January he does not believe courts "have the power" to rule on whether legal marriage should be available to same-sex couples.



Life Beyond Therapy

By Michael Kimmel

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The Best Way To End A Relationship

I am in the process of divorcing my husband of 4 years. I can't believe I was with him that long, he has been abusive for most of that time. He's crazy, literally. I think he's bipolar. He would threaten me one day and then beg me to come back the next day. Thank God we're separated now and don't have kids.



Recently, I saw him at the supermarket and he started yelling at me in front of everyone, making a scene. The problem is that he and I own some properties together and I can't just cut him and his craziness out of my life. I know he wants to punish me for leaving him, how can I handle this divorce without going crazy myself?

Signed,
Dealing with Mr. Crazy

Dear Dealing:

Everyone who breaks up with an ex has to deal with uncomfortable conversations and situations with the former beloved. Even the best breakups have a lot of awkward moments and confusion for both parties. It sounds like your breakup is likely to be nasty and unpredictable. Given this reality, how can you take good care of yourself? How do you maintain a business relationship with someone who makes a scene in a supermarket and may be bipolar (or, at best, is highly unpredictable)?

This is the time to surround yourself with friends, colleagues and family members who love and support you. You may need to lean on them to get through the coming months where you and your ex are forced to communicate to divide up your assets. I assume you have an attorney helping you with this process.

As a psychotherapist, I recommend that clients in situations like yours minimize contact with their ex if he/she exhibits unpredictable or abusive behavior towards you. Some people handle the breakup primarily through their lawyer, letting her/him do most of the unpleasant work. Other people minimize any personal contact with their ex, limiting all contact to telephone calls or to emails. If you want a record of your conversations for court or other purposes, email may be the best mode of contact.

It's unlikely though, that you will be able to handle everything by email. You're probably going to have to talk with him in

person and on the telephone over the coming weeks. Here's some advice for taking care of yourself in these difficult situations:

If you have to talk with him in person, meet in a public place where he is less likely to be out of control. Pick a table in a restaurant close to other people. Although he went off on you at the supermarket, he may not do so when a table of four other people is only 3 feet away. If you are really intimidated by him, consider going to meet him with a friend for moral (and physical) support. This is particularly important if you feel he could lose physical control. You want to minimize potential emotional and physical danger to you any time you meet with him. If he threatens or intimidates you in any way, consider a Temporary Restraining Order (TRO) against him. A lawyer can advise you on that.

I strongly recommend establishing intentions to be "neutral" anytime you need to communicate with your ex. Neutrality is a gentle assertiveness; it's neither passive nor aggressive. For example, if he says something like "You've never really loved me, have you?", you can respond with neutrality: "Let's stay focused on talking about the property, okay?" and move on.

At some future time, I suggest you take a look at why you stayed with this guy for so long. Is this what you felt you deserved? Did the relationship resemble previous relationships, like your parents? Learn from this relationship so that you don't repeat it again. A good therapist or counselor can help you get to the bottom of that stuff. Get some help and break the pattern.



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FIRST UNITED METHODIST 7020
Cass, 8:30 & 10:45am services

FIRST UNITARIAN 3114 Harney, 9:30
a.m. "eclectic service" and 11:15 a.m.
"traditional service"

**GAY MEN'S ALCOHOLICS ANONY-
MOUS** 4pm, Augustana Lutheran
Church 3647 Lafayette Ave., Info call Mark
639-3055 **HASTINGS COLLEGE GSA** 8PM
FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the
NAP office located at 1921 South 17th Street
in Lincoln, NE.

**METROPOLITAN COMMUNITY CHURCH
OF OMAHA** 819 S. 22nd St., 345-2563 Sunday
Worship 9:30am and 11:15am

ONE PROMISE GROUP, Narcotics Anony-
mous, every Sunday at 6PM, MCC-Omaha, 819
South 22nd St., for info contact Tamara B. at 714-
8552

RIVER CITY MIXED BOWLING LEAGUE,
3pm, Maplewood Lanes, at 402-572-9393

SECOND UNITARIAN, Sunday morning
services, 3012 S 119th St., Omaha,
info@2uomaha.org, 402-334-0537

UNITY CHURCH OF OMAHA,
3424 N. 90, Omaha, 10:30am service and
Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday
A A GLBT "RAINBOW GROUP"
Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP
HIV+ MEN 7pm every Monday, NAP, 2147 S.
15th St., Lincoln NE., contact Nick or Rick at 402-
476-3144

NA RAINBOW GROUP, Narcotics Anony-
mous, meets Fridays thru Mondays at 10pm,
MCC-Omaha Church, 819 South 22nd St

**RIVER CITY MIXED CHORUS RE-
HEARSALS,** 6:45PM—9:15PM, First United
Methodist Church, 7020 Cass St.

Every Tuesday
HASTINGS COLLEGE ALLIANCE, meet
Tuesdays at 7PM (when college is in session),
Please contact Dr Antje Anderson at aanderson@hastings.edu or Judy Sandeen at
jsandeen@hastings.edu for further information.

**METROPOLITAN COMMUNITY CHURCH
OF OMAHA** 819 S. 22nd St., 345-2563—
Bible Study at 7pm

**UNL LESBIAN/BI/QUESTIONING SUP-
PORT GROUP,** 7-8:30PM, Women's Center,
Nebraska Union, Lincoln, 472-5644

Every Wednesday
AA FOURTH DIMENSION, 7pm, Open to
men and women, 219 North 48th Street

FRONTRUNNERS RUN/WALK
6:30pm, Elmwood Park Parking Lot by softball
field, Omaha (402-804-8720)

HIV TESTING LINCOLN, 4-7 pm, results in
20 minutes, 1921 So. 17th St. 402-476-7000

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W.
Faidley, Grand Island. Peggy (308) 226-8286,
Center (308) 398-5427

Metro Omaha Prime Timers, 4:30-6:30pm
Coffee with the Boys at Howlin' Hounds Café,

712 South 16th St. Meet up for coffee and
conversation. Many of the guys go out for
dinner afterwards.

NAP HIV TESTING, 250 South 77th St., by
appointment only on Wednesdays from 1:30
to 3:30pm

UNITY CHURCH OF OMAHA, 7pm

Every Thursday
NAP HIV TESTING 250 So. 77th., by
appointment from 1:30pm to 3:30pm and
Walk-In from 5pm to 8pm

Every Friday
LIVE & LET LIVE AA Meeting,
8:15pm to 9:15pm. Open to men and women,
at Underwood Hills Presbyterian Church, 851
North 74th Street

LIVE & LET LIVE AL-ANON, a group
focused on support and recovery for the
friends and relatives of alcoholics, 7pm to
8pm at the Underwood Hills Presbyterian
Church, 851 North 74th Street

OUT & ABOUT SOCIAL CLUB
Open to everyone 21 and over, every Friday
6:30pm (time may vary), for more info email
outandaboutsocialclub@gmail.com

Every Saturday
AA SATURDAY AFTERNOON, 1:30pm,
Open to men and women, 219 North 48th
Street, call 402-558-0733 for more info

PROUD HORIZON YOUTH GROUP
4-6pm, First United Methodist Church,
291-6781 proudhorizons@yahoo.com

MONTHLY EVENTS

1st Monday
FREE RAPID HIV TESTING, 8pm to
10pm at Flixx Show Bar, STD testing also
available for \$10, call 552-9260 ext. 113 or
142 or visit www.nap.org for more info

1st Thursday
GLBT PROFESSIONALS, meeting at
5:30pm in various locations. Email at: GOg-lbt@cfep-ne.org or see www.GOglt.org for
info

1st Friday
FIRST FRIDAY COFFEE HOUSE 8pm,
Musicians, poets, open mic, First Unitarian
Church, 3114 Harney, Omaha

1st Sunday
Soka Gakkai International (SGI-USA),
Lay Buddhist organization based on Nichiren
Buddhism, World Peace Prayer the First Sun
day of each month, 10am-11:30am,
LGBTQIA Friendly, 1021 N 46th Street,
Omaha, NE 68132, call 402-558-6148

SPIRITUAL FRIENDS OF LINCOLN

12-1pm Fellowship and 1p-2p worship
Meets Lincoln at Bennett Martin Library
info@inclusivelife.org and on Facebook

2nd Monday

NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm
—50th & Ames Ave.

2nd Thursday

HEARTLAND PRIDE, Board Meeting- at D
Dale Clark Library, 215 S. 15th St. 6:30pm-
8pm, Email: info@heartlandpride.org, or find
us on Facebook

PFLAG-- OMAHA, 6:30pm to 9pm, Country-
side Community Church, 8787 Pacific Street
Omaha, Nebraska

2nd Sunday

Metro Omaha Prime Timers, Monthly Meet-
ing, Abrahams Library, 5111 North 90th St,
Stop by our monthly get-together to hear about
the great upcoming events, and spend time with
good friends. 3pm to 4:30pm. Snacks and bev-
erages provided.

3rd Monday

FREE RAPID HIV TESTING

8pm to
10pm at Flixx Show Bar, STD testing also
available for \$10, call 552-9260 ext. 113 or
142 or visit www.nap.org for more info

IMPERIAL COURT OF NE. Board of Gov-
ernors meeting, 6:30pm, meeting at the MCC-
Omaha, www.imperialcourtofnebraska.org

3rd Sunday

BCA MEETING 5 PM until about 6:30 PM
is our monthly meeting with potluck. We meet
at St Paul's Episcopal Church in Council Bluffs
— see website for more information at
www.councilbluffscommunityalliance.org

4th Monday

NAP HIV TESTING

Respect Clinic, walk-in from 5:00pm to 7pm—
50th & Ames Ave.

4th Tuesday

PFLAG-CORNHUSKER Unitarian Church,
6300 & A, Lincoln, 7 p.m.

YOUTH HIV TEST Lighthouse, 2530 N, Lin-
coln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

Email Your Event to:
GAYZETTE@COX.NET

The Salesman

A young guy from North Dakota moves to Florida and goes to a big "everything under one roof" department store looking for a job. The Manager says, "Do you have any sales experience?" The kid says "Yeah. I was a vacuum salesman back in North Dakota." Well, the boss was unsure, but he liked the kid and figured he'd give him a shot, so he gave him the job.
"You start tomorrow. I'll come down after we close and see how you did."

His first day on the job was rough, but he got through it. After the store was locked up, the boss came down to the sales floor.

"How many customers bought something from you today?" The kid frowns and looks at the floor and mutters, "One". The boss says "Just one?!?! Our sales people average sales to 20 to 30 customers a day. That will have to change, and soon, if you'd like to continue your employment here. We have very strict standards for our sales force here in Florida. One sale a day might have been acceptable in North Dakota, but you're not on the farm anymore, son."

The kid took his beating, but continued to look at his shoes, so the boss felt kinda bad for chewing him out on his first day. He asked (semi-sarcastically), "So, how much was your one sale for?"

The kid looks up at his boss and says "\$201,237.65".

The boss, astonished, says "\$201,237.65?!? What the heck did you sell?"

The kid says, "Well, first, I sold him some new fish hooks. Then I sold him a new fishing rod to go with his new hooks. Then I asked him where he was going fishing and he said down the coast, so I told him he was going to need a boat, so we went down to the boat department and I sold him a twin engine Chris Craft. Then he said he didn't think his Honda Civic would pull it, so I took him down to the automotive department and sold him that 4x4 Expedition."

The boss said "A guy came in here to buy a fish hook and you sold him a boat and a TRUCK!?"

The kid said "No, the guy came in here to buy tampons for his wife, and I said, 'Dude, your weekend's shot, you should go fishing.....'"

CAR KEYS

Several days ago as I left a meeting at a hotel; I desperately gave myself a personal TSA pat down. I was looking for my keys. They were not in my pockets. A quick search in the meeting room revealed nothing.

Suddenly I realized I must have left them in the car. Frantically, I headed for the parking lot.

My husband has scolded me many times for leaving the keys in the ignition. My theory is the ignition is the best place not to lose them.

His theory is that the car will be stolen. As I burst through the door, I came to a terrifying conclusion. His theory was right. The parking lot was empty.

I immediately called the police. I gave them my location, confessed that I had left my keys in the car, and that it had been stolen.

Then I made the most difficult call of all, "Honey," I stammered; (I always call him "honey" in times like these.)

"I left my keys in the car and it's been stolen." There was a period of silence. I thought the call had been dropped, but then I heard his voice.

"Are you kidding' me", he barked, "I dropped you off"!!!!!!

Now it was my time to be silent. Embarrassed, I said, "Well, come and get me."

He retorted, "I will, as soon as I convince this cop I didn't steal your car."

Yep it's the golden years.....

THE HAIRCUT

One day a florist went to a barber for a haircut. After the cut, he asked about his bill, and the barber replied, 'I cannot accept money from you, I'm doing community service this week.'

The florist was pleased and left the shop. When the barber went to open his shop the next morning, there was a 'thank you' card and a dozen roses waiting for him at his door.

Later, a cop comes in for a haircut, and when he tries to pay his bill, the barber again replied, 'I cannot accept money from you, I'm doing community service this week.' The cop was happy and left the shop.

The next morning when the barber went to open up, there was a 'thank you' card and a dozen donuts waiting for him at his door.

Then a Congressman came in for a haircut, and when he went to pay his bill, the barber again replied, 'I can not accept money from you. I'm doing community service this week.' The Congressman was very happy and left the shop.

The next morning, when the barber went to open up, there were a dozen Congressmen lined up waiting for a free haircut.

And that, my friends, illustrates the fundamental difference between the citizens of our country and the politicians who run it.

As Ronald Reagan said:
**BOTH POLITICIANS AND DIAPERS
NEED TO BE CHANGED OFTEN AND
FOR THE SAME REASON!**

GLBT RESOURCE LIST

OMAHA BASED

BiMenNebraska, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org

Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Family Foundations Therapy for individuals, couples or families, for info call 558-3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firsttuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded)

Front Runners/Walkers, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha (402-804-8720)

Gay Lesbian Straight Education Network - Omaha, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

GayLibrary.com, World Wide Resources

GOglbt Professionals, meeting at 5:30PM. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

Greater Omaha LGBT Democrats <http://omahalgbtDemocrats.wordpress.com> - contact Ken @ 402-686-6389 See also <http://ProgressiveOasis.com>

Heartland Pride www.heartlandpride.org, email: info@heartlandpride.org; meets on the 2nd Thursday of each month from 6:30pm to 8pm. @ D. Dale Clark Library

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103, www.imperialcourtofnebraska.org

Inclusive Life 402-575-7006 www.inclusivelife.org Offering religious and non-religious care and services to all without exception. Weddings, Funerals, Coaching and Pastoral Care.

Learning to Exchange Power, no current info available

Leather Engineers of Omaha (LEO) not currently meeting

Metro Omaha Prime Timers, provides a welcoming and supportive environment to

mature gay and bi men and their fans to encourage participation in fun, cultural, educational or social activities. Email PrimeTimersEvents@gmail.com for more information & schedule. Also on Facebook as Metro Omaha Prime Timers Also see the Events list on page 10

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9:30am and 11:15am

NAMI - Community Mental Health Support for the LGBTIQ community 415 South 25th Ave, Omaha, NE 402-345-8101 or 877-463-6264

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., HIV testing and counseling

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community www.NebraskaPrideIDOL.com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Sunday service at 9:30am, see www.NorthSideOmaha.org

The 'Ohana Group, (GLBT / Non-traditional Family group), email to: Theohanagroup@msn.com

Omaha NE Gay Pride Web Page <http://ONGP.com>; email to: omahanegaypride@cox.net or ongp1@cox.net

Omaha Metro GLBT Sports League, See www.oglbtsports.com for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website: www.travel.to/outabout Email: NeOutAbout@yahoo.com

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

PFLAG Omaha Chapter, For confidential information or support, call: 402-291-6781, meeting at Countryside Community Church, 8787 Pacific Street Omaha, Nebraska

Proud Horizons Youth Group, Sat Afternoon 4pm to 6pm, for info: email proudhorizons@yahoo.com

River City Gender Alliance, PO Box 284, Boys Town, NE 68010, email president@rcga.co or call 402-541-5792, web site www.rcga.co

River City Mixed Bowling Sundays, Maplewood Lanes Omaha, at 3PM call 402-572-9393 for details

River City Mixed Chorus, Box 3267,

Omaha, NE 68103, 402-341-SING Web-site: www.rcmc.org

Second Unitarian Church, 3012 S 119th St., Omaha, www.2uomaha.org, 402-334-0537, LGBTQ Welcoming Congregation

SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director, <http://involved.unl.edu/lgbtqa> - 402.472.1752 or 402-472-1652 <http://www.unl.edu/health/sexuality>

Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, 1120 K Street Suite 100, Lincoln, NE 68508, (402) 476-7000

Nebraska Trans* Community This group is for individuals that identify with a nontraditional masculine or feminine sense of self (MtF, FtM and anywhere in between) and their Partners. Contact info can be found at : NebraskaTransCommunity.com

OUTInc, a nonprofit organization that engages in and fosters the well-being and advancement of the LGBT community, www.outinc.org, Lincoln NE

PFLAG Cornhusker Chapter, Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: <http://pflagcornhusker.org/>

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 - 9pm, Lesbian Videos 7:15pm, 3319 S. 46

Spiritual Friends of Lincoln Offering fellowship and worship for those seeking radical hospitality, openness, and inclusiveness. Meets the 1st and 3rd Sunday in Lincoln info@inclusivelife.org and on FaceBook

Straight Spouse Support Grp 402-429-6094

TriCity GLBT, serving Central Nebraska, web site at <http://www.tri-city-glb.com/>

UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or

email: ptetreault1@unl.edu / www.unl.edu/cglbtc
Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,
Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Health Department/Free STD Clinic
 209 Pearl Street, Council Bluffs, Iowa 51503, 712-328-4666 – ask for Rachel, Monday – Friday by appointment, call to inquire about extended hours, **FREE testing for HIV, Syphilis, Gonorrhea and Chlamydia**

Council Bluffs Community Alliance
www.councilbluffscommunityalliance.org

Council Bluffs Pride, www.councilbluffspride.org

First Congregational Church, United Church of Christ, GLBT friendly, 611 First Avenue, Council Bluffs, IA 51501, 712-322-5324 - <http://www.cbfirstcongregational.org/>

Iowa Equality, GLBT –allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at <http://www.thetrevorproject.org/helpline.html>

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Where Can You Find The Gayzette?

Omaha:

Dixie Quick's Restaurant, 157 West Broadway 712-256-4140
 Flixx , 1015 South 10th Street Omaha 402-408-1020
 Lover Luxuries, 6065 Maple St. 402-932-3377
 The Max, 1417 Jackson St. 402-346-4110
 Metropolitan Community Church, 819 South 22nd Street
 Mystery Bookstore, 1414 South 13th St. 402-342-7343
 Nebraska AIDS Project, 250 South 77th St 402-552-9260
 Omaha Mining Co., 1715 Leavenworth 402-449-8703
 Rodeo Saloon & BBQ 164 W Broadway 712-256-0510

Would you like to have the Gayzette at your Place of business? Email your request to: Gayzette@cox.net

The Hungry Homo

Vodka Steak

Ingredients

1 8-oz. New York Strip (or steak of choice)
 1/2 green pepper, julienned
 1/2 yellow pepper, julienned
 1/2 red pepper, julienned
 1/4 cup onion, chopped
 1/4 cup Merlot wine
 Salt and pepper, to taste
 1-2 slices provolone cheese
 1 serving angel hair pasta

Vodka sauce:

1/2 marinara sauce
 1/2 cup heavy cream
 1/4 cup vodka

Methods/Steps

Steak: Grill steak to temperature of choice. SautÃ© peppers and onion with Merlot. Season with salt and pepper to taste and top the steak with onions and peppers. Finish with provolone cheese; place under broiler until cheese is melted. **Sauce:** Blend marinara sauce with heavy cream. Heat and reduce. Add vodka and reduce again. Incorporate sauce into angel hair pasta. Place steak on angel hair pasta with more sauce.



Butter Cookies

Ingredients

2 1/2 cups all-purpose flour
 1 cup butter
 1/2 cup white sugar
 1 egg
 1/2 tsp. almond extract

Methods/Steps

1. Cream the butter until light. Gradually add the sugar and beat until light and fluffy. Beat in the egg and almond extract.
2. Gradually blend in the flour. Cover and chill dough for at least 1 hour.
3. Preheat oven to 350 degrees.
4. Roll dough out on a lightly floured surface to 1/8 inch thickness. Place cookies on ungreased cookie sheets.

5. Bake at 350 degrees F for 8 to 12 minutes or until golden. Remove to wire racks to cool completely.



Kyle's Bed & Breakfast by Greg Fox



HEY, JAKE.

EDUARDO, HEY... GLAD I CAUGHT YOU.



I GOT TWO TICKETS TO A SAM SPARRO CONCERT ON FRIDAY NIGHT.

I KNOW YOU MENTIONED YOU LIKED HIM. YOU WANNA' GO WITH ME?



WOW, JAKE, THAT'S... REALLY COOL, BUT...I...

...SORTA' HAVE A DATE ALREADY ON FRIDAY NIGHT.

A DATE?! OH...



...OF COURSE. I SHOULD'VE CHECKED WITH YOU FIRST.

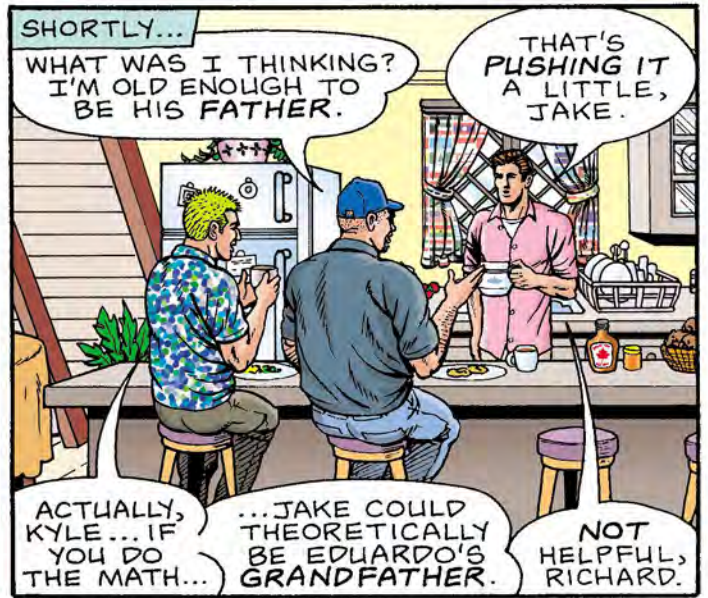
HEY...NO PROBLEM.



JAKE...

IT'S OKAY, EDUARDO. YOU, UH...

HAVE A GOOD TIME. ON YOUR DATE.



SHORTLY...

WHAT WAS I THINKING? I'M OLD ENOUGH TO BE HIS FATHER.

THAT'S PUSHING IT A LITTLE, JAKE.

ACTUALLY, KYLE... IF YOU DO THE MATH...

...JAKE COULD THEORETICALLY BE EDUARDO'S GRANDFATHER.

NOT HELPFUL, RICHARD.



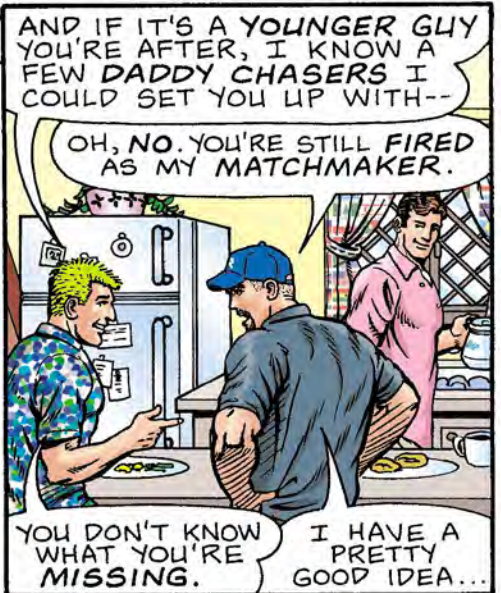
WELL, I'M CERTAINLY OLD ENOUGH TO KNOW BETTER. JUST BECAUSE A CUTE COLLEGE KID MAKES OUT WITH ME AFTER A FEW BEERS...

...I SHOULDN'T GO ASSUMING IT MEANS ANYTHING. HE PROBABLY JUST FELT SORRY FOR ME.



I KNOW EDUARDO, JAKE. HE WOULDN'T "MAKE OUT" WITH SOMEONE OUT OF PITY.

WAKE UP. YOU'RE AN ATTRACTIVE, DESIRABLE MAN. OWN THAT.



AND IF IT'S A YOUNGER GUY YOU'RE AFTER, I KNOW A FEW DADDY CHASERS I COULD SET YOU UP WITH--

OH, NO. YOU'RE STILL FIRED AS MY MATCHMAKER.

YOU DON'T KNOW WHAT YOU'RE MISSING.

I HAVE A PRETTY GOOD IDEA...

Fitness Corner

By Ron Blake



HAPPY HOUR HEALTH

It's 5PM and the tie gets loosened and the ideas start pouring out faster than the bartender's beverage gun. Alcohol certainly acts as catalyst for the brainstorming exercises. The five great things that come from a fantastic happy hour and several half-price drinks will be my gift to you this week.

Everyone is going to run the New York City Marathon this fall. They have all been wanting to do it for years and Oprah showed them that anyone could do it. What fun it will be to finish amid a sea of exhausted but satisfied participants. The sights will include the Empire State Building, Lady Liberty, the Brooklyn Bridge, and the shimmering waterfronts of the Big Apple.

Everyone is going to get that body ready for summer. How thrilling it will be to doff the shirt before entering the class reunion horseshoes competition this year. Just imagine the envy and rubbernecking that your classmates will display as you show that linebacker physique from those gridiron glory days. Further imagine the wolf whistles that will balance out the visual part of your show.

Everyone is going to end their forever and a day smoking habit starting the next morning. The thought of cutting in half each and every remaining cigarette in that carton brings anticipation that is usually reserved for the Super Bowl or the birthday of Jesus. How rewarding will it be to banish those nefarious, noxious, nicotine ne'er-do-wells from your daily routine. Of course everyone gets worked into an excited lather over this idea while each sucking on their respective cigarettes.

Everyone is going to swear off drinking for the next two weeks. They are going to dry out and give their bodies a rest from the ravages of the demon juice. Some go so far as to announce their intentions on becoming Mormon and ending it all. The others declare their intentions to be less noble but still worthy of a certificate of participation. The only one not dancing in the street over this blasphemy is the barkeep.

Everyone is going to go back to school and get that degree. They all know the intertwined importance of a great mind and body and proudly proclaim their estimated date of graduation. Congratulations are in order for this latest edict of encouragement. It is uplifting to hear how those degrees will bring more money, more advancement opportunities, and more fodder to add to the resume.

Everyone is going to stumble away from that happy hour with the lofty aspirations that often accompany three jumbo margaritas. It's great to get that spark of excitement about your health and fitness. Don't let a comfortable pillow, eight hours of siesta, and a sober mind extinguish the smoldering ambitions. Breathe life into your fire and make good on that bar-

room bravado. Behold the power of action!

This wellness is brought to you by that guy who's been solving the world's problems one bar at a time. This itinerant diplomat is Ron Blake. He can be reached between detentes at rblake5551@hotmail.com.

The local news station was interviewing an 80-year-old lady because she had just gotten married for the fourth time. The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation.

"He's a funeral director," she answered.

"Interesting," the newsman thought... He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now – in her 80's – a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

"I married one for the money, two for the show, three to get ready, and four to go."



www.awesomepictures.com THEMETAPICTURE.COM



**250 South 77th Street, Suite A
Omaha, NE 68114**

(Located behind McDonald's at 77th & Dodge Street)

www.nap.org

402-552-9260

Get Smart, Get Tested

Imperial Court of Nebraska

Memorial Day



PICNIC

Monday, May 25

1PM to 6PM

Vennelyst Park • 9100 N 31st St

\$12

DONATION

Jello Shots

**Proper ID
REQUIRED**

No Pets Allowed

www.ImperialCourtOfNebraska.org