The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

"San Francisco of the Midwest"

By Mike Yowell, President, Council Bluffs Community Alliance

Have you ever wanted to live in San Francisco. but without the high cost of housing or the congestion? Well. you have that opportunity right here in the metro area. Due to marriage equality, due to the protected class status of the GLBT community and due to the progressive adoption laws in Iowa, Council Bluffs is becoming the San Francisco of the Midwest.



GLBT folks from Nebraska are taking advantage of the pro-gay laws in Iowa and are moving to Council Bluffs and the surrounding areas of Pottawattamie County. The result is that as the GLBT numbers grow, so does our political clout. And we are now making an impact on the politics in Council Bluffs.

Over the past three years, the Council Bluffs Community Alliance (CBCA) has met with elected officials from the city, county and state levels. And politicians from both political parties have met with the CBCA. These politicians know that our growing numbers are influencing elections. And as our numbers continue to grow, we will increasingly expand our political sphere of influence.

If you want to be a part of a community that values gays and lesbians and treats GLBT people with respect, then you will want to seriously consider moving to Council Bluffs. Council Bluffs has changed significantly over the past decade. It's a town that embraces its gay community. And isn't that a place we'd all like to live? Stop by the booth for the Council Bluffs Community Alliance at Pride this year and learn more about the "gay promised land" known as Iowa.

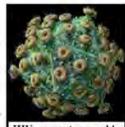
And who knows? Maybe one day San Francisco will be called the Council Bluffs of California.

AIDS in 2010 How We're Living With HIV

by Drs. Francis S. Collins and Anthony S. Fauci

If someone like 23-year-old Erik H. had walked through the doors of the National Institutes of Health (NIH) Clinical Center in the 1980s and asked how long he had to live, the answer would have been grim. We'd have told the recent college graduate that he probably had less than a year.

Today, the future is far brighter for Erik and millions of others infected with the human immunodeficiency virus, or HIV-the retrovirus that causes acquired immunodeficiency syndrome, or AIDS. Because of the development of truly transformative drugs by researchers in government, at universities and hospitals, and in the biotech and pharmaceutical industries, HIV-positive people can now look forward to decades of life. Someone I



HIV, computer graphic

look forward to decades of life. Someone like Erik can expect to survive until age 70 or even beyond.

In 2009, Erik became extremely ill with severe weight loss and chronic diarrhea. After tests revealed that the Maryland resident was HIV-positive, a hospital social worker steered him into NIH's Partnership for Access to Clinical Trials (PACT) program, which brings together community-based health-care providers, patients, and NIH research clinicians.

The Search for an AIDS Vaccine

"If it wasn't for the people at PACT, I'd probably have died," says Erik, who takes a combination of three antiretroviral drugs every morning. He now leads an active, healthy life that includes playing tennis and is planning a future in hotel management.

The United Nations estimates that more than 33 million people globally--including about 2 million children and 15 million women--are currently infected with HIV. If untreated, HIV destroys the immune system, rendering the body vulnerable to life -threatening infections and cancer.

More than two dozen drugs to suppress HIV infection are now available, usually used in combinations known as HAART (Highly Active Antiretroviral Therapy), or more commonly as AIDS "cocktails." Because HIV mutates rapidly and because

(Continued on page 4)

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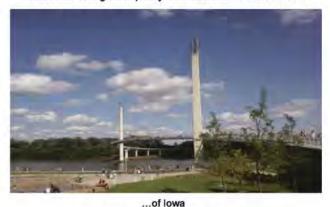




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Ad Deadlines: Friday, June 25th, for Publication July 2nd Friday, July 9th for Publication July



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(AIDS in 2010, Continued from page 1)

some people can't tolerate certain drugs, doctors sometimes need to switch patients to different combinations of drugs over time to keep their infections under control.

NIH supported much of the research to develop these drugs and is helping to determine the best way to use them in different populations. This information will be key in implementing the President's Emergency Plan for AIDS Relief and other programs that provide greater global access to HIV therapies. More than 4 million people in the developing world now get antiretroviral drugs thanks to this outreach.

A Team of Doctors Will See You Now

But much more remains to be done. Each year, about 2 million people worldwide die of AIDS. An additional 2.7 million-56,000 in the U.S.--become newly infected with HIV. Unless we stop these new infections, it will be extremely difficult, perhaps impossible, to provide appropriate therapy for all HIV-positive people.

Prevention is the key to defeating this terrible disease. And that is where medical research's biggest challenges lie as we prepare to enter the fourth decade of the AIDS pandemic.

HIV can be transmitted by sex, sharing needles and syringes, and from mother to child at birth or through breast milk. HIV also can be spread by blood. However, since 1985, all donated blood in the U.S. is tested for HIV, making transmission through transfusion extremely unlikely.

A major obstacle to reducing HIV transmission is that many people--one in five in the U.S. alone--don't know they're infected and may inadvertently be spreading the virus. The U.S. Centers for Disease Control and Prevention recommends that everyone between ages 13 and 64 be tested for HIV. The benefits of more frequent testing, perhaps every year, for high-risk groups such as those who have unprotected sex with multiple partners or use injected drugs, are also being studied. Earlier detection would not only curb HIV transmission but might help those already infected, since there's evidence that patients who get early treatment tend to live longer than those treated later on.

Revealing the Body's Deepest Secrets

Another new preventive approach, pre-exposure prophylaxis, involves encouraging uninfected people who continue high-risk activities to take antiviral drugs in advance. The idea is that the drugs might lower the odds of an HIV infection taking hold if the person were exposed.

No current drug or combination of drugs can currently cure HIV infection--that is, totally eradicate the virus from an HIV-positive person's body. Some researchers are pursuing that goal. Others are aiming for a "functional cure," in which antiretroviral drugs would so lower levels of HIV that the patient's own immune system would keep the virus in check once drugs were discontinued.

Some rare individuals have a genetic variation that almost always protects them from HIV infection, even if they are repeat-

(Continued on page 10)





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WHAT IS SPIRITUALITY?

By Michael Kimmel [beyondtherapy@cox.net]

Have you ever met people who seem to have it all (plenty of money, great jobs, hot partners) who lament (drunkenly, over too many cocktails), "I have it all, why do I feel so empty?"

That old t-shirt from the 80's is wrong: He or She who dies with the most toys does NOT win. It's more likely that he or she gets all the toys and wonders, "Is that all there is?"



For many people, the next step in their life is to explore spirituality. But what is "spirituality" anyway? I looked it up in the dictionary, and found, "related to the spirit or sacred matters" and "deeply religious". So I looked up "spirit" and found: "life-giving force, presence of God, vivacity or enthusiasm". Confusing, isn't it? Some people use the words "religion" and "spirituality" synonymously, yet for many people, religion is not their thing and spirituality is. So, what is a spiritual path and what does it have to offer?

I did some research and here's what I came up with:
According to Christina Feldman (author of "How to Find Inner Peace in a Busy World" and "Spiritual Practice in Everyday Life"): "All spiritual paths start with misery and help us gradually find our way to happiness...ignorance or unwise view is considered an attachment to physical things, people, events, and/or jobs to make us happy...something that is inevitably going to change will not be able to bring us happiness. Spirituality is about wisdom or insight that brings happiness, joy, liberation, a profound harmony with all things. Unskillful speech or action is what brings us suffering, struggle, despair, disharmony and disappointment".

Some people see a spiritual path as a vehicle to move from this unwise way of living (and all the struggle it brings) to wisdom and freedom from suffering. Feldman says "most people live in what is secure and familiar, looking there for lasting happiness and are continually disappointed to find that their heroic efforts to be free from struggle lead too often to disappointment". Perhaps people who "have it all" seek a spiritual path because with all their external trappings of success, they re questioning where they can find a (lasting) peace of heart and mind. This kind of internal questioning may lead to a spiritual path.

Most of my clients on a spiritual path have some sort of

structure that supports their process of questioning and discovery; they may learn to meditate, pray, go on silent retreats, do yoga, chi gong and spend time in nature. For many of these men and women, events in their lives "startled them into wakefulness and shattered their sense of safety, security and predictability" (Feldman again).

Motivations to seek a spiritual path may include: the pain or the death of someone we care for (a pain we cannot fix), the loss of something or someone we have relied on, or hurt received from someone we trusted. The inevitable gains and losses, highs and lows, successes and failures that are part of living are great motivators to look deeper than the world of things and people for our peace of mind.

For many of my clients, the heart of their spiritual investigation is a willingness to ask the question: "Who am I really?" An unwillingness to do this makes any kind of growth - spiritual, psychological or otherwise - almost impossible. We need to release the rigid ideas we have of who we are, what Feldman calls, "the mythology of self".

There is a lot of truth in the statement: "All you need are the right questions and the right answers will come." Without asking the right questions, we may be deluding ourselves into thinking that our happiness lies in external events or people. There is suffering in this "mythology of self" because its maintenance relies upon the world supporting it and never changing. Keeping this mythology going requires that we control events, people and circumstances so that our story, opinions and preferences are not challenged. This is a big problem: we cannot make anything stand still for us. Clearly, we are not in control. Spirituality is more than just the latest trendy thing. If you've ever asked yourself, "What is my purpose in life?" or "Why am I here?" spirituality may be helpful in a way that linear logic is not. Check it out and see if it beckons. You might find some interesting answers to long-puzzling questions. You may discover a new path that takes you in a brand new direction, whether you call it "spirituality", psychology, philosophy or whatever!



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Contact Posha_Towers@yahoo.com or Jodi_p07@yahoo.com edly exposed to the virus. By studying their genetic makeup, researchers hope to design new therapies that confer the same resistance to those who didn't win the genetic lottery. Other individuals have immune systems that control the virus exceptionally well after infection. Studying these "elite controllers" may help create an HIV vaccine.

An effective vaccine remains the ultimate goal in HIV prevention. After more than 20 years of research, there is finally a glimmer of hope. A large study in Thailand recently provided the first signs that a vaccine could actually prevent HIV infection, albeit in a relatively small percentage of those vaccinated. Much more research is needed to understand how this vaccine regimen works and how its efficacy might be increased.

Until an effective vaccine is available, the best defense against HIV is to avoid injection-drug use and needle-sharing and not engage in unprotected sex in a relationship in which there's any doubt about a partner's HIV status.

Erik encourages others, particularly other young people, to take these preventive messages to heart. "You can live a normal life and be happy if you are HIV-positive," he says. "But it's better not to be infected at all."

Dr. Francis S. Collins is director of the National Institutes of Health. Dr. Anthony S. Fauci is director of the National Institute of Allergy and Infectious Diseases.

Correction

In the article announcing the 2010 Nebraska Pride Grand Marshal, it was erroneously stated that Don Randolph was Emperor I of the Imperial Court of Nebraska.

He was in fact Regent I and Emperor 23. Gary West was Emperor I.

I apologize to Don and to Gary for any inconvenience this may have caused.

Dan Knobbe President Executive Board Nebraska Pride

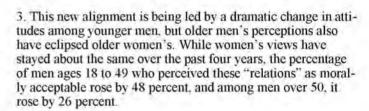
Gay? Whatever, Dude

By CHARLES M. BLOW

Last week, while many of us were distracted by the oil belching forth from the gulf floor and the president's ham-handed attempts to demonstrate that he was sufficiently engaged and enraged, Gallup released a stunning, and little noticed, report on

Americans' evolving views of homosexuality. Allow me to enlighten:

- 1. For the first time, the percentage of Americans who perceive "gay and lesbian relations" as morally acceptable has crossed the 50 percent mark. (You have to love the fact that they still use the word "relations." So quaint.)
- Also for the first time, the percentage of men who hold that view is greater than the percentage of women who do.



I warned you: stunning.

There is no way to know for sure what's driving such a radical change in men's views on this issue because Gallup didn't ask, but that doesn't mean that we can't speculate. To help me do so, I called Dr. Michael Kimmel, a professor of sociology at the State University of New York at Stony Brook and the author or editor of more than 20 books on men and masculinity, and Professor Ritch Savin-Williams, the chairman of human development at Cornell University and the author of seven books, most of which deal with adolescent development and same-sex at-

(Continued on page 12)

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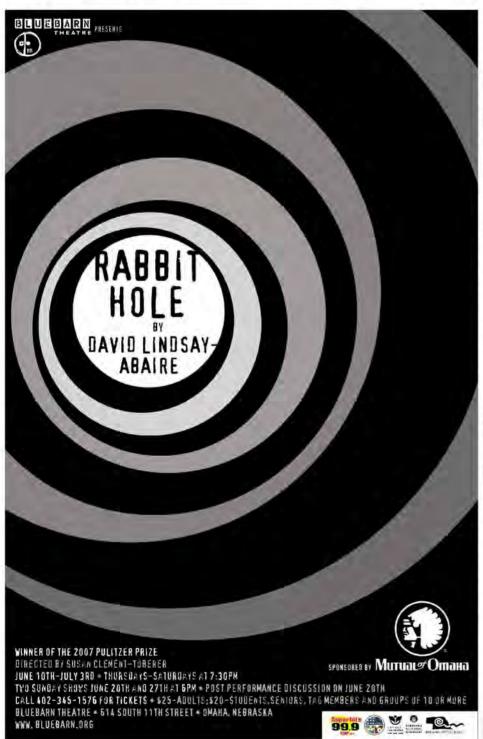
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Rabbit Hole

BLUEBARN Theatre will complete its 21st season with the 2007 Pulitzer Prize-winning drama Rabbit Hole, which opens June 10th and runs through July 3rd. BLUEBARN's Artistic Director, Susan Clement-Toberer directs David Lindsay-Abaire's award-winning script. Rabbit Hole showcases costumes by Jenny Pool, scenic design by Martin Scott Marchitto, lighting design by Carol Wisner, with original music composed by David Murphy. Shows run Thursdays-Saturdays at 7:30 p.m. and Sundays, June 20th and 27th at 6 p.m. There will be a post performance discussion following the show on Sunday June 20th at the KANEKO-UNO Library. Thursday, June 17 will showcase BLUEBARN's Witching Hour in lieu of a Rabbit Hole performance. Ticket prices are \$25 for adults; and \$20 for students, TAG members, seniors 65+, and groups of 10 or more.

About Rabbit Hole

Eight months after the accidental death of their four-year-old son, Becca and Howie are struggling to return to their daily lives. When Becca's younger and perpetually troubled sister Izzy announces that she is pregnant, the couple's differing styles of grieving are



thrown into sharp relief, as Becca's desire to escape the constant reminders of her son clash with Howie's attempts to hang on to details of their little boy's past. Alternately sad and funny, Rabbit Hole is a deeply human look at one family's attempts to come to terms with the impossible and emerge stronger than before. Rabbit Hole was first produced in 2006 in New York with Cynthia Nixon, Tyne Daly, and John Slattery. The show was nominated for a Tony

Award for Best Play, and Cynthia Nixon won a Tony as Best Actress.

About the stars of Rabbit Hole

UNO Theatre Professor Amy Lane and Matthew Pyle make their BLUEBARN debut in the roles of "Becca" and "Howie," MaryBeth Adams (Faith Healer, Brigit Saint Brigit Theatre Co.) and Jordan Rudningen also make their BLUEBARN debut in the roles of "Nat" and "Jason." Erika Zadina (Always Patsy Cline, Omaha Playhouse) rounds out the cast as "Izzy." Erika was last seen on the BLUEBARN stage in Seascape, Five Women Wearing the Same Dress, and A Piece of My Heart.

About BLUEBARN Theatre

The BLUEBARN Theatre was established in the late 1980s with graduates from the Professional Theatre Training Conservatory at the State University of New York at Purchase. Seeking to continue the deeply shared artistic aesthetic and practice that they had developed from their conservatory training, while at the same time creating theatre outside the constraints of New York City's commercial market, founding members joined forces with Bemis Center for Contemporary Arts to produce their first play.

(Gay? Whatever, Dude, Continued from page 10) traction.

Here are three theories:

- 1. The contact hypothesis. As more men openly acknowledge that they are gay, it becomes harder for men who are not gay to discriminate against them. And as that group of openly gay men becomes more varied including athletes, celebrities and soldiers many of the old, derisive stereotypes lose their purchase. To that point, a Gallup poll released last May found that people who said they personally knew someone who was gay or lesbian were more likely to be accepting of gay men and lesbians in general and more supportive of their issues.
- 2. Men may be becoming more egalitarian in general. As Dr. Kimmel put it: "Men have gotten increasingly comfortable with the presence of, and relative equality of, 'the other,' and we're becoming more accustomed to it. And most men are finding that it has not been a disaster." The expanding sense of acceptance likely began with the feminist and civil rights movements and is now being extended to the gay rights movement. Dr. Kimmel continued, "The dire predictions for diversity have not only not come true, but, in fact, they've been proved the other way."
- 3. Virulent homophobes are increasingly being exposed for engaging in homosexuality. Think Ted Haggard, the once fervent antigay preacher and former leader of the National Association of Evangelicals, and his male prostitute. (This week, Haggard announced that he was starting a new "inclusive" church open to "gay, straight, bi, tall, short." but no same-sex marriages. Not "God's ideal." Sorry.) Or George Rekers, the founding

member of the Family Research Council, and his rent boy/
luggage handler. Last week, the council claimed that repealing
"don't ask, don't tell" would lead to an explosion of
"homosexual assaults" in which sleeping soldiers would be the
victims of fondling and fellatio by gay predators. In fact, there
is a growing body of research that supports the notion that homophobia in some men could be a reaction to their own homosexual impulses. Many heterosexual men see this, and they don't
want to be associated with it. It's like being antigay is becoming the old gay. Not cool.

These sound plausible, but why aren't women seeing the same enlightening effects as men? Professor Savin-Williams suggests that there may be a "ceiling effect," that men are simply catching up to women, and there may be a level at which views top out. Interesting.

All of this is great news, but it doesn't mean that all measures relating to acceptance of gay men and lesbians have changed to the same degree. People's comfort with the "gay and lesbian" part of the equation is still greater than their comfort with the "relations" part — the idea versus the act — particularly when it comes to pairings of men.

As Professor Savin-Williams told me, there is still a higher aversive reaction to same-sex sexuality among men than among women.

For instance, in a February New York Times/CBS News poll, half of the respondents were asked if they favored letting "gay men and lesbians" serve in the military (which is still more than 85 percent male), and the other half were asked if they favored letting "homosexuals" serve. Those who got the "homosexual" question favored it at a rate that was 11 percentage points lower



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than those who got the "gay men and lesbians" question.

Part of the difference may be that "homosexual" is a bigger, more clinical word freighted with a lot of historical baggage. But just as likely is that the inclusion of the root word "sex" still raises an aversive response to the idea of, how shall I say, the architectural issues between two men. It is the point at which support for basic human rights cleaves from endorsement of behavior.

As for the aversion among men, it may be softening a bit. Professor Savin-Williams says that his current research reveals that the fastest-growing group along the sexuality continuum are men who self-identify as "mostly straight" as opposed to labels like "straight," "gay" or "bisexual." They acknowledge some level of attraction to other men even as they say that they probably wouldn't act on it, but ... the right guy, the right day, a few beers and who knows. As the professor points out, you would never have heard that in years past.

All together now: stunning,

(I now return you to Day 58 of the oil spill where they finally may be making some progress.)

sentative Ed Schrock, who dropped his reelection bid in 2004 after Rogers posted explicit voice-mail messages from the two-term congressman made to a gay hook-up phone service.

A spokesman for Kirk has not yet responded to requests for comment on Rogers's post.

Kirk, a fifth-term congressman who is running for U.S. Senate, received an 85% rating from the Human Rights Campaign, in part for his support of hate-crimes legislation and the Employment Non-Discrimination Act. Kirk lost the group's endorsement for the race to fill the seat to be vacated by Roland Burris, however, after the DADT vote last week.

Mike Rogers's New Target: Illinois Rep. Mark Kirk

By Advocate.com Editors

Following last week's historic House vote to begin the process of repealing "don't ask, don't tell," gay activist Mike Rogers has a new target on Capitol Hill.

Citing multiple sources in a Tuesday Blog Active post, Rogers, long known for outing closeted politicians with antigay voting records, alleged that Rep. Mark Kirk, an Illinois Republican who voted against DADT repeal, is gay.

Rogers wrote that following the DADT House vote on Thursday, several sources called him regarding Kirk's sexuality — including two unidentified men who claimed to have had sexual relations with Kirk.

Rogers also wrote that Kirk had obliquely disclosed his sexual orientation to him at a 2004 party in Washington, D.C.

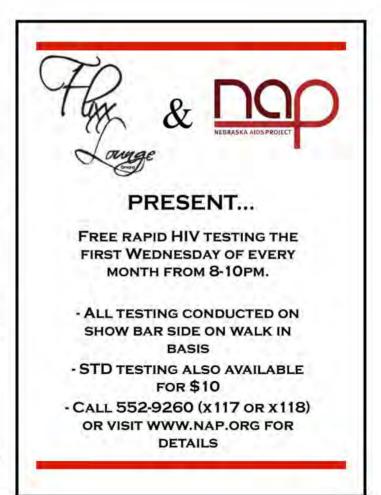
"I was introduced to [Kirk] by the person I came with and at the time did not realize he was a member of the House," Rogers wrote. "As my friend walked away, Kirk asked me if the man

who introduced us was 'single or attached.' When I said that he had a partner Kirk replied disappointingly. 'Oh, well.' At the end of that interaction I walked away and didn't think much of it at the time."

Rogers's previous outings have included Florida representative Mark Foley and Virginia repre-



Rep. Mark Kirk



GAYZETTE EVENTS

Rainbow Outreach
Metro Omaha GLBT Center
1719 Leavenworth, Omaha
(mail address: PO Box 8583 Omaha NE 68108)

NEW WALK-IN HOURS

Saturdays 4:00PM - 11:00PM Sundays call before coming by Thursdays 7:30PM - 9:00PM Fridays 6:00PM - 11:00PM

*Closed Most Major Holidays (402) 341-0330 www.rainbowoutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

WEEKLY EVENTS

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friendly, www.augustanalutheran.com

BEER BUST, FREE POOL 8pm, Connections Bar

DIETZ METHODIST 1423 S.10, Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

EPISCOPAL GLBT FELLOWSHIP, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST, info at: www.firstcentral.org

FIRST UNITED METHODIST 7020

Cass, 8:30 & 10:45am services FIRST UNITARIAN 3114 Harney, 9:30

a.m. "eclectic service" and 11:15 a.m.
"traditional service"

GAY MEN'S ALCOHOLICS ANONY-

MOUS 4pm , Augustana Lutheran Church 3647 Lafayette Ave., Info call Mark 639-3055

HASTINGS COLLEGE GSA 8PM FFI: Judy Sandeen (402) 461-7372

HIV+ SUPPORT GROUP 7-8:30 pm at the

NAP office located at 1921 South 17th Street in Lincoln, NE.

METROPOLITAN COMMUNITY CHURCH
OF OMAHA 819 S. 22nd St., 345-2563 Sunday
Worship 9am and 11am & Wednesday Worship
at 7pm

ONE PROMISE GROUP, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

RIVER CITY II MIXED BOWLING, 3pm, Maplewood Lanes, starting again after Labor Day

SECOND UNITARIAN, 10:30am Sunday service, 3012 South 119th St., Omaha NE

UNITY CHURCH OF OMAHA. 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

WIMMIN'S SHOW, KZUM 89.3 12:30pm

Every Monday A A GLBT "RAINBOW GROUP" Meeting Place, 28 & S, Lincoln, 7:30 pm

GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402 -476-3144

NA RAINBOW GROUP, Narcotics Anonymous, meets Fridays thru Mondays at 10pm, MCC-Omaha Church, 819 South 22nd St

RIVER CITY MIXED CHORUS RE-HEARSALS, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday
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HASTINGS COLLEGE ALLIANCE, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at <u>aanderson@hastings.edu</u> or Judy Sandeen at <u>jsandeen@hastings.edu</u> for further information.

UNL LESBIAN/BI/QUESTIONING SUP-PORT GROUP, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday AA FOURTH DIMENSION. 7pm, Open to men and women, 219 North 48th Street

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COORS LIGHT COLLEGE NIGHT AT
CONNECTIONS 8:00 pm to close, \$2
COORS LIGHTS, \$4 BOMBS with your Student ID. "Fratty Fun till the Evenings Done!"

HIV TESTING LINCOLN, 4-7 pm, results in 20 minutes, 1921 So. 17th St. 402-476-7000

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

LGBT A A 7:30pm, Alcohol Ctrl., 2116 W. Faidley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

NAP HIV TESTING, 250 South 77th St., by appointment only on Wednesdays from 1:30 to 4:00pm, Thursday and Friday Walk-In from 5pm to 9pm, & at the Respect Clinic walk-in from 5:30pm to 7pm

UNITY CHURCH OF OMAHA, 7pm

WORSHIP SERVICES
MCC OMAHA, Bible Study, 7pm

Every Thursday
CONNECTIONS THIRSTY THURSDAYS
KARAOKE & OPEN MIC NIGHT, Alternating Thursdays at 9 pm

<u>DANCE LESSONS WITH GORDON</u> 7pm, free, DC's Saloon, Classes run from Sept 9th thru May 20th annually

KARAOKE W/ STACY 9:00 pm, at DC's Saloon

<u>NAP HIV TESTING</u> 5pm- 9pm walk-in, 250 So. 77th, Same day results

OMAHA GLBT SPORTS LEAGUE, playing Softball every Thursday 6-10pm, at Churchich park (50th and C). Games will be played through August 12th

Every Friday
LIVE & LET LIVE AA Meeting,

8:15pm to 9:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

LIVE & LET LIVE AL-ANON, a group focused on support and recovery for the friends and relatives of alcoholics, 7pm to 8pm at the Underwood Hills Presbyterian Church, 851 North 74th Street

Open to everyone 21 and over, every Friday

6:30pm (time may vary), for more information call 402-384-8014

DJ & LIVE ENTERTAINMENT at Connections Bar, theme nights and shows

GLBT CENTER YOUTH NIGHT, 6PM to 11PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street, snacks, soda's provided

<u>NAP HIV TESTING</u> 5pm- 9pm walk-in, 250 So. 77th, Same day results

Every Saturday AA SATURDAY AFTERNOON, 1:30pm,
Open to men and women, 219 North 48th
Street, call 402-558-0733 for more info **DJ MUSIC AND DANCING** 10PM, Connections Bar

GET YOUR GROOVE ON WITH DJ VON,

9pm, Connections

PROUD HORIZON YOUTH GROUP 4-6pm, First United Methodist Church, 291-6781 proudhorizons@yahoo.com

Every Other Friday CBCA SOCIAL GET-TOGETHER at Broadway Joe's (34th & Broadway in CB) starting at 5:15pm every other Friday

MONTHLY EVENTS

1st Tuesday LINCOLN MIXED CHORUS 6:30pm. Unitarian Church, 6300 A, Lincoln

1st Wednesday
FREE RAPID HIV TESTING, 8pm to 10pm at Flixx Show Bar, STD testing also available for \$10, call 552-9260 ext. 113 or 142 or visit www.nap.org for more info

1st Thursday GLBT PROFESSIONALS, meeting at 5:30pm in various locations. Email at: GOglbt@cfep-ne.org or see www.GOglbt.org for info

1st Friday FIRST FRIDAY COFFEE HOUSE 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

1st Saturday
HEARTLAND GAY RODEO ASSOCIATION, Meeting days and times may vary, call 402-505-3331 for info or see www.hgra.net for meeting schedules etc.

RIVER CITY GENDER LLIANCE, at 7:00 pm . See www.rivercitygenderalliance.org

2nd Thursday
MCCO DISCUSSION GROUP, 7p.m. and shares a light meal. Normally ends at 9p.m. Spirituality, faith, religion, world issues, life issues are just some of our topics. Contact Royal for more information: roy-alb@mccomaha.org or 516-2759

PFLAG-OMAHA, 7pm to 9pm, First United Methodist Church

2nd Saturday LEARNING TO EXCHANGE POWER L2EP@aol.com 2pm; DC's Saloon

TOP TRANSGENDER DROP-IN, 6 to 9pm at Rainbow Outreach GLBT Center, 1719 Leavenworth St.

2nd Sunday <u>INTEGRITY</u> 6-7:30pm, St. Marks, <u>Lincoln NE.</u>

OUUT SECOND SUNDAY SCREENING (glbt film shown at 7pm followed by discussion) First Unitarian, 3114 Harney

3rd Monday
IMPERIAL COURT OF NE, Board of Governors meeting, 6pm, meeting at the Rainbow
Outreach GLBT Community Center,

www.imperialcourtofnebraska.org

PFLAG SOUTH CENTRAL
(HASTINGS, NE), Meeting on 3rd
Mondays at First Congregational United
Church of Christ, 7th and Marian St.,
7PM, email to
jsandeen@inebraska.com or call
402.462.2961 or 402.460.8696

3rd Thursday
COFFEE HOUSE Unitarian Church,
6300 A, Lincoln
LINCOLN MIXED CHORUS 6:30pm,
Unitarian Church, 6300 A, Lincoln

3rd Sunday

CBCA MEETING 5 PM until about 6:30 PM is our monthly meeting with polluck. We meet at St Paul's Episcopal Church in Council Bluffs

4th Tuesday
PFLAG-CORNHUSKER Unitarian
Church, 6300 & A, Lincoln, 7 p.m.
YOUTH HIV TEST Lighthouse, 2530
N, Lincoln, ages 13 to 18, FFI: 475-3220.
3-5:30 pm

4thThursday
MCCO DISCUSSION GROUP, 7p.m. and shares a light meal. Normally ends at 9p.m. Spirituality, faith, religion, world issues, life issues are just some of our topics. Contact Royal for more information: royalb@mccomaha.org or 516-2759

4th Friday
LEO - LEATHER ENGINEERS OF
OMAHA, Not currently meeting.

Email Your Event to: GAYZETTE@COX.NET

her sandwich wasn't a chicken sandwich.

He said, 'Hey, how come you're not eating chicken, don't you like it anymore?'

She said I love it but I have to stop eating it.

'Why?' he asked. She pointed to her lap and said 'Cause I'm starting to grow little feathers down there!'

'Let me see' he said.
'Okay' and she showed him.

He looked and said, 'That's right. You are! Better not eat any more chicken.

He kept eating his chicken sandwiches until one day he brought a peanut butter sandwich.

He said to the little girl, 'I have to stop eating chicken sandwiches, I'm starting to get feathers down there too!'

She asked if she could look, so he showed her!

She said 'Oh, my God, it's too late for you! You've already got the NECK and GIZ-ZARDS!!!

Three Nuns

Three Nuns were attending a Cubs baseball game and three men were sitting directly behind them.

Because their Habits were partially blocking their view, the men decided to badger the Nuns hoping that they would get annoyed enough to move to another area.

In a very loud voice, the first guy said, "I think I am going to move to Utah. There are only 100 Nuns living there."

Then the second guy spoke up and said, "I want to go to Montana. There are only 50 Nuns living there."

The third guy said, "I want to go to Idaho. There are only 25 Nuns living there."

One of the Nuns turned around, looked at the men and in a very sweet and calm voice said, "Why don't you go to Hell..... There aren't any Nuns there!"

No rude guys, Nuns, Hell, little boys, little girls, chicken sandwiches, Utah nor Montana were harmed in any way by these jokes. A chicken may have given up it's life for the sandwiches but hey, it's a chicken! Get over it!

Don't Eat Chicken Sandwiches!

A little boy and a little girl attended the same school and became friends. Every day they would sit together to eat their lunch. They discovered that they both brought chicken sandwiches every day! This went on all through the fourth and fifth grades, until one day he noticed that

GLBT RESOURCE LIST

OMAHA BASED

Alphabet (ABC) Soup at UNO, http://groups.yahoo.com/group/uno_abcsoup, Phone Student Organizations at 554-2711.

BiMenNebraska, Social Support for Bi and BiCurious Men http://groups.yahoo.com/ group/BiMenNebraska and http:// groups.yahoo.com/group/Bi-MEN-MIDWEST

Camp Kindle, Nebraska based summer camp for kids affected by HIV/AIDS, 877.800.CAMP, www.CampKindle.org

Citizens for Equal Protection 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 www.cfep-ne.org, email to: Michael@cfep-ne.org

Diamond Foundation, making a difference through music and education, call 877-87-DIAMOND/www.diamond-foundation.org

Family Foundations Therapy for individuals, couples or families, for info call 558-3856

First Central Congregational Church UCC, 421 South 36th St., 402-345-1533, www.firstcentral.org, GLBT-affirming

First Lutheran Church, 542 So. 31st St., 402-345-7506, GLBT Friendly www.firstlutheranomaha.org

First Unitarian Church, 3114 Harney Street, 402-345-3039, www.firstuuomaha.org, GLBT Welcoming Congregation

First United Methodist Church, 7020 Cass St., 402-556-6262, www.fumcomaha.org, GLBT-affirming

Flat Water Bears, (group disbanded)
Front Runners/Walkers, Wednesdays at
6:30pm, Elmwood Park Parking Lot by
softball field. Omaha

Gay Lesbian Straight Education Network -Omaha, Box 641676, Omaha 68164, 712-325-0117 http://www.glsenomaha.org GayLibrary.com. World Wide Resources

GLBT Professionals, meeting at 5:30PM. Email at: GOglbt@clep-ne.org or see www.GOglbt.org for info

Heartland Gay Rodeo Association, see www.hgra.net for information

Ice Bowl Invitational Bowling Tournament (IBIT) P.O. Box 31838,Omaha, 68131 R. Hollendieck (402) 556-5556

Imperial Court of Nebraska, Box 3772, Omaha 68103 556-9907, Board Meets 3rd Monday, Rainbow Outreach GLBT Center, www.icon.impcourt.org

Inclusive Life Care & Service Group 105 S, 49th Street Omaha 68132 Spiritual-Interfaith-Secular Care & Service for all Individuals, Couples and Families www.inclusivelife.org 402-516-8475

Learning to Exchange Power, L2EP@aol.com; Social, educational group novices in Leather, S/M, B/D Lifestyle

Leather Engineers of Omaha (LEO) Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting LinOma Bares, for more Info email linomabares@yahoo.com or mail to P.O. Box 24547, Omaha NE 68124

Metropolitan Community Church of Omaha, 819 S. 22 St., Omaha 68108 345-2563, mccomaha@mccomaha.org Website: www.mccomaha.org Sunday Worship 9am and 11am, Wed. Worship at 7pm

NA Rainbow Group, Narcotics Anonymous, meets Friday thru Monday at 10pm, MCC-Omaha Church, 819 South 22nd St

Nebraska AIDS Project, 250 So. 77th St., testing Wed from 1:30-4PM by appointment only, Thurs & Fri 5PM-9PM with 20 minute results Call 402-552-9255 for info

NebraskaEquality.org, Find out everything about Nebraska and the GLBT Community

Nebraska GLBT Events, Community Events Calendar web site, see www.NebraskaGLBTEvents.com

Nebraska Pride IDOL, PO Box 241733, Omaha NE 68124, 866-4-NE-IDOL, www.NebraskaPrideIDOL,com

Nebraska Zen Center, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, www.prairiewindzen.org GLBT inclusive

North Side Christian Church 5555 Larimore Ave., Contemporary service Saturday night at 5:30pm

The 'Ohana Group, (GLBT / Nontraditional Family group), email to: Theohanagroup@msn.com

Omaha Bi Married Men Yahoo Group http://groups.yahoo.com/group/ OmahaBiMarriedMen

Omaha NE Gay Pride Web Page http://ONGP.com; email to: omahanegaypride@cox.net or ongp1@cox.net

Omaha GLBT Professionals, Contact omahaglbtprofessionals@cox.net for more info.

Omaha Metro GLBT Sports League, See www.omahaglbtsportsleague.org for more information

Onyx Images, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

Out and About in Nebraska, website; www.travel.to/outabout Email: NeOutAbout@vahoo.com

OUUT (Omaha Unitarian Universalists for Tolerance) First Unitarian Church, 3114 Harney, 68131, 345-3039, www.ouut.org

Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter Box 390064, Omaha, 68139-0064 291-6781 Website:www.pflagomaha.org, email info@pflag-omaha.org, meet at 7pm, 1st United Methodist Church, 7020 Cass

Proud Horizons Youth Group, Sat Afternoon, info: (402) 291-6781 or email proudhorizons@yahoo.com Prairie Bares, male nudist group, no further info available

Rainbow Outreach GLBT Resource Ctr, 1719 Leavenworth, Omaha, 341-0330

Rainbow Celebrations, PO Box 8488, Omaha, 68108, call 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete info see www.rainbowcelebrations.org

River City Gender Alliance, for info see www.rivercitygenderalliance.org

River City Mixed Bowling II 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706

River City Mixed Chorus, Box 3267.
Omaha, NE 68103, 402-341-SING Website: www.rcmc.org

SECOND UNITARIAN CHURCH, 3012 South 119th Street, 402-334-0537, www.secondunitarianomaha.org, GLBT

Welcoming Congregation SNAP Productions, Box 8464, Omaha, NE 68108 www.snapproductions.com

Temple Israel Synagogue, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

TOP, Taking Our Places, meets 2nd Saturdays at 6pm at Rainbow Outreach Center

Unity Church of Omaha 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; www.unityomaha.org

WomenSpace, no current info is available Youth Emergency Services, Inc. (Y.E.S.) Offices: 2679 Farnam Street, Suite. 205 Omaha, NE 68131, 402-345-5187, email to info@yesomaha.org

Y.E.S. Drop-in Center, 2057 Harney Street Omaha, NE 68102, 402-505-6922

LINCOLN BASED

LGBTQ and Ally Programs and Services Resource Center, Pat Tetreault, LGBTQ Resource Center Director, http://involved.unl.edu/lgbtqa - 402.472.1752

or 402-472-1652 http://www.unl.edu/health/sexuality

Queer Student Alliance, UNL, contact unlqsa@yahoo.com for info

GLBT and Allies coffee house, 3rd Fridays, Unitarian Church, 6300 A, 7:30 to 10:30pm Lincoln Women's Center, Lincoln 402/472-2597.

Nebraska AIDS Project, Lincoln, 1921 S. 17th St. (402) 476-7000

Omaha Women's Riverboat Cruise, 4949 N. 73rd, Lincoln, 68507 467-5737

Parents, Friends of Lesbians & Gays, Cornhusker Chapter; Box 30128, Lincoln 68508, Meet 4th Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, jbkiber@hotmail.com. Website: http:// pflag.ineb.org/

Planned Parenthood, F2M and Questioning Support group & Partners of FTM Support Group, meet monthly at 10am Saturday, for info call Ryan Sallans at 441-3321 or email sindu.s@gmail.com SAGE, Box 22043, Lincoln 68542 Coffee House 2nd Sat, 6 – 9pm, Lesbian Videos 7:15pm, 3319 S. 46

Straight Spouse Support Grp 402-429-6094

TriCity GLBT, serving Central Nebraska, web site at http:// www.tri-city-glbt.com/

UNL Committee on GLBT Concerns, Contact Pat Tetreault, (402) 472-1752 or email: ptetreault1@unl.edu/www.unl.edu/cglbtc Women In Trades/YWCA, 1432 N St., Lincoln 68508; 434-3494,

Youth Support Group, (402) 434-9880

Iowa Based

Council Bluffs Community Alliance www.councilbluffscommunityalliance.org Council Bluffs Pride, www.councilbluffspride.org

Iowa Equality, GLBT –allied against change to the state and federal Constitutions, http://www.IowaEquality.org

Sioux City, Iowa Resource Web Site: www.siouxlandpride.net

Nationally Based

Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth 1-800-850-8078 or see web site at http://www.thetrevorproject.org/helpline.html

Where Can You Find The Gayzette?

Omaha:

Broadway Joe's Bar, 35th & Broadway Council Bluffs IA Connections, 1901 Leavenworth 933-3033 DC's Saloon. 610 South 14th Street 344-3103 Dixie Quick's Restaurant, 1915 Leavenworth 346-3549 Flixx, 1015 South 10th Street Omaha 408-1020 The Max, 1417 Jackson St. 346-4110 Metropolitan Community Church, 819 South 22nd Street Mystery Bookstore, 1414 South 13th St. 342-7343 Nebraska AIDS Project, 250 South 77th St 552-9260 Omaha Mining Co., 1715 Leavenworth 449-8703 Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette) 341-0330

Lincoln:

Panic Bar, 200 South 18th Street (as available) 435-8764 Q Bar, 226 South 9th Street (as available) 475-2269

Would you like to have the Gayzette at your Place of business? Email your request to: news@rainbowoutreach.org

Hundreds Rally for LGBT Homeless Youth

By Michelle Garcia

Hundreds rallied in New York's Union Square Monday to speak out against the city's proposed slashing of its contribution to youth shelters, including the Ali Forney Center, which provides housing for LGBT young people throughout the city. According to WCBS, the city spends approximately \$12 million supporting the shelters but may be forced to halve its contribution because of a lack of funding.

Sandra Bernhard, an honorary member of the Ali Forney Cen-



ter's board of directors, stressed the importance of keeping the shelters funded.

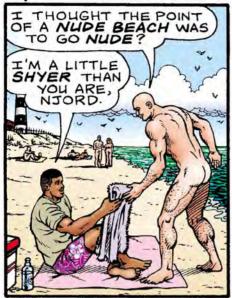
"Everybody needs a little guidance now and then," she told the crowd. "When you're left out in the cold — the way many of these kids have been, rejected by their parents and their communities — it's up to us to take them in and do some damage control because anybody can correct where they've come from in their life."

Lt. Dan Choi, who has become the face of the movement to end "don't ask, don't tell" said he understood the struggles of others who had been kicked out of their homes or rejected from their families because of their sexual orientation.

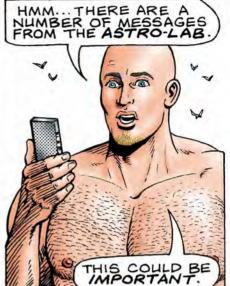
"So many of us have given up so much in our lives," he said.
"So many of us may feel like there's not a lot of hope for every-body, but we stand here and we say loudly and we say proudly for all of those people who think they're alone, you are not alone! You are not alone!"

The rally was cosponsored by dozens of individuals and organizations, including the True Colors Residence and West End Intergenerational Residence, FIERCE, and the Hetrick Martin Institute.

Kyle's Bed & Breakfast by Greg Fox





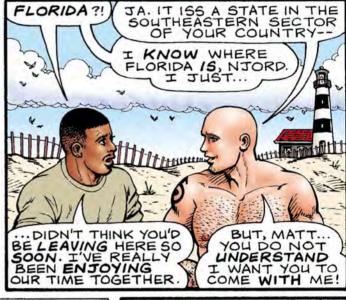


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THAT SOUNDS REALLY NICE, BUT...I HAVE A CAREER HERE, NJORD. I CAN'T JUST DROP EVERYTHING AND LEAVE. I MEAN...

...WE'VE ONLY BEEN DATING



WHAT DOES THE TIME WE HAF BEEN DATING MATTER
...IF WE ARE MEANT
TO BE TOGETHER?



Website - www.kylecomics.com

E-Mail - KylesBnB@aol.com

Fitness Corner

By Ron Blake

I like to exercise frequently and I like to listen to great music from my beloved 1980s when I am in my sweat mode. I also like to cut loose and act a little goofy once in a

while. You will live longer and healthier if you stop being so darn serious and take some self-imposed kooky detours. Have a little fun with me this week as I ride down an alternate path of musical creative chaos.

Here's my tribute to the 1980's songs I listen to in my fitness center. It's just a crazy little story I wrote with 1980's song titles mixed into it. Yeah, I'm gay but I just wrote it like I was straight. I was in the mood to be like the other 90% tonight. There are some fag hags who need hope! See how many awesome songs from the decade of the big hair bands you can find in my yarn. I counted 69 songs but maybe that's just wishful thinking! Lights, camera, action....

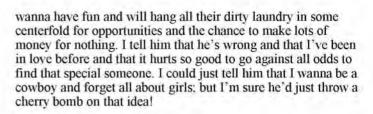
So I'm sitting around with my family and friends and discussing my life in a northern town. I tell them that I still haven't found what I'm looking for. My pals laugh and say how one of those west end girls will take a chance on me and before long I'll be walking down the aisle with Roseanna or Sara in that white wedding dress.

I know this modern love is tough but I want it to show its true colors and be just like heaven. I don't expect any girl to come to me with open arms and passionately sweep me away on one of those endless summer nights. My sister Christian informs me that love is overrated and that it's the end of the world as we know it. Believe it or not she's head over heels for this air force Major Tom; but she's quite the coward of the county to admit it.

Then there's my mother who thinks that some guys have all the luck and no one is to blame for my predicament. She wants for me to take that long overdue vacation to Africa to think things over. She then reminds me of all the fun I had on my favorite trip with my best friend's girl with those mysterious Bette Davis eyes. That one night in Bangkok in that summer of '69 was very memorable! It still cuts like a knife to know that I took her away from my pal Mickey in the heat of the moment. My dear mother beseeches me to listen to my heart and to pray to God to send me an angel.

Then there's my big brother who is convinced I'm a borderline personality after my failed romances with Gloria, Joanna, and Billie Jean during that cruel summer long ago. He's just a gigolo who's usually too busy in his bisexual loveshack with Jack and Diane to take on me and my concerns about this crazy little thing called love. He always asks me, "What's love got to do with it?" He really would be pleased to see me connect with that anonymous private dancer at the Copacabana. He handed me the number 867-5309 that he conveniently copied from the bathroom wall. Thanks, now there's always something there to remind me of his special night on the town.

My dad proved to be no help either. He tells me that girls just



Oh what do they know? I'm just lost in love and if I listen to all their rubbish they'll make me lose control or go insane. I need a fast car to steal away from this ship of fools and cruise down the boulevard with my heartache tonight.

I've purloined my brother's bitchin' camaro in lieu of dad's little red corvette and its onward to the excitement of electric avenue for me. I look out the car window while listening to the old time rock n roll and see that shining star that gives me hope for Xanadu after all. Yes, that eye in the sky smiles down on me and gives me the promise that someday I'll have that special gal next to me all wrapped pretty in pink. Promises, promises!

Ron Blake is a funny little guy who likes to write funny little things. You can send Ron any funny little suggestions or comments to rblake5551@hotmail.com.

2"d Annual GLBT River City Picnic Saturday July 10th 2010 5:00 - 8:00 pm Elmwood Park Pad #2 Potluck Dinner Children and Allies are welcome Ouestions: lynda_myers@cox.net 402-490-3609 University Of Hebreshy of Hebreshy

JUNE @ THE MAX

SATURDAY 19TH - 6pm Door / 7pm Show

"COME OUT, COME OUT....WHEREVER YOU ARE"
Presented by: Linda & Susie (MCC-0 BeneFit)

SUNDAY 20TH - 9pm

Rainbow Pride Pageant

SATURDAY 26TH - 5pm

Benefit BBQ on the Patio Presented by: ICON Candidate Todd Pacas

SUNDAY 27TH - 10pm

Empress Holly Day & Emperor Paco's Step-Down

WEDNESDAY 30TH - 7:30pm

Pride Kick-Off with Alexandra St James, Guy B & Josh Zuckerman

4TH OF JULY EXTENDED WEEKEND

THURSDAY JULY 1ST - 8PM

LOGO Returns with RuPaul's Drag Race Contestants!!!!

FRIDAY JULY 2ND

MEN'S NIGHT

AMATEUR STRIP CONTEST

7PM - \$100 CASH PRIZE

SATURDAY JULY 3RD - 12-8pm

ANNUAL PRIDE PATIO PARTY!!!!

SUNDAY JULY 4TH - 8pm

INDEPENDANCE BOTH Dancefloors open and Patio Party!!!



ALSO ON YOUR MOBILE DEVICE: M.THEMAXOMAHA.COM

Photo: Christopher Tucker Model: Sean F.