

# The GayZette



Published by the Rainbow Outreach Metro Omaha GLBT Community Center

## NAP Outreach Center Grand Opening!



Nebraska AIDS Project will have a Grand Opening of our new Outreach Center on Friday, June 15th from 4:00 – 6:00pm. The center is located at 2202 St. Mary's Avenue. The purpose of the outreach center is to provide another location for HIV testing, list of referrals for other community centers, and a place to hold community meetings. The HIV testing hours will be:

1st Friday of the month: 5:00 – 8:00 pm  
2nd Friday of the month: 5:00 – 8:00pm  
Last Saturday of the month: 11:00 – 2:00pm

Please call Outreach Center at 614-4801 or Vickie at 552-9260 x119 for information/details. Also, you can visit our website at [www.nap.org](http://www.nap.org) for additional information.

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## Nebraska's Newest PFLAG Chapter

Nebraska's newest PFLAG Chapter is "PFLAG South Central (Hastings) Nebraska." The group started when Judy Sandeen started serving as the "contact person" that parents, families and friends of GLBTQ persons, or GLBTQ persons themselves, would call in the area for advice, support and resources. On the history of the group, Judy says that:

*(Continued on page 6)*

## ICON's Annual Memorial Day Picnic

The Imperial Court of Nebraska is finalizing the plans for it's annual Memorial Day Picnic to be held at Vennelyst Park on Monday, May 28th. Picnic Chair, Thomas, says ICON is planning the usual events to include volleyball, horse shoes and music. Your \$10.00 donation gets you in the gate, food, pop & water, and for those possessing a valid ID, a bottomless glass of



beer. Gates for the event open at 1 PM and close at 6 PM. Once again, The MAX will be sponsoring a bus traveling from the bar to the park area. First bus leaves The MAX at 1 PM and the last bus leaves the park at 6 PM.



*Your Editor in a lighter moment.*

## MCC-OMAHA YARD SALE BEING ORGANIZED FOR YOU!

MCC-Omaha, located at 819 South 22<sup>nd</sup> Street, will be holding a LARGE Yard Sale on Saturday, June 2<sup>nd</sup>. The sale will begin at 8:00 a.m. and run until 3:00 p.m. There will be all kinds of things available for sale – large, medium and small items – and will include some furniture, pictures, antique items, classic Hallmark puzzles, holiday decorations, clothing and a great deal more! There will truly be a great many items of all kinds for sale at very reasonable prices – marked to sell! Please mark the date on your calendar and stop by and shop with us on June 2<sup>nd</sup>. We would love to see you. This is a fund-raising project organized by the MCC-Omaha Financial Development Committee. We need shoppers to purchase all these items! Food may be purchased at a very nominal cost as well. Please help support us!



May 25, 2007 - June 8, 2007

P.O. Box 8583, Omaha, Nebraska 68108 (402) 341-0330  
Web Site: [www.rainbowoutreach.org](http://www.rainbowoutreach.org) email the GAYZETTE: [news@rainbowoutreach.org](mailto:news@rainbowoutreach.org)

# HGRA RODEO PLAYDAY

## JUNE 23

### ASHLAND NE



JOIN US FOR A FUN-FILLED DAY AT  
LAKOTA STABLES IN ASHLAND NE

WE HAVE EVENTS PLANNED FOR EVERYONE  
INSTRUCTORS WILL INCLUDE PAST IGRA CHAMPIONS

**STARTING AT NOON**  
**LEARN MORE ABOUT:**

- ROPING AND CAMP EVENTS (WILD DRAG, STEER DECO AND GOAT DRESSING)
- INTRODUCTION TO PAT PARELLI TRAINING - AMBER W.
- HORSEMANSHIP AND SPEED EVENTS
- BECOMING AN OFFICIAL OR VOLUNTEER FOR AN IGRA RODEO

AFTER THE SEMINARS, THE FUN BEGINS AT 3PM -  
COMPETE JUST LIKE A RODEO COWBOY OR COWGIRL IN EVENTS TO WIN MONEY!

STARTING AROUND 7:30 PM WE'LL KICK BACK FOR AN  
EVENING OF DANCING AND  
SITTING ROUND THE CAMPFIRE.



WHETHER YOU ARE A NOVICE OR A PRO,  
WE INVITE YOU TO COME OUT AND MEET OTHERS  
WHO SHARE AN INTEREST IN RODEO AND THE COUNTY LIFESTYLE.

#### **DIRECTIONS TO LAKOTA STABLES (14503 310 ST)**

FROM OMAHA WEST ON I-80 TO EXIT 426. TOP OF EXIT GO LEFT. GO ABOUT  
3 MILES TO 310 ST AND TURN RIGHT. GO 3/4 MILE STABLE ON RIGHT SIDE.  
FROM LINCOLN GO EAST ON I-80 TO EXIT 426. TOP OF EXIT GO RIGHT TO  
310 ST AND TURN RIGHT. GO 3/4 MILE STABLE ON RIGHT SIDE. FOR MORE  
INFORMATION CALL 402-944-2422 OR EMAIL [BG15732@ALLTEL.NET](mailto:BG15732@ALLTEL.NET)

FOOD AND NON-ALCOHOLIC BEVERAGES WILL BE AVAILABLE FOR PURCHASE THROUGHOUT THE DAY.

**NET PROCEEDS WILL BENEFIT MCC AND CAMP KINDLE.**  
(BRING YOUR FAVORITE LAWNCHAIR)

Free  
Pizza  
Fridays  
5pm  
to  
6:30pm

# Come Meet Your Betty

At The Hottest New Bar  
For Women In The Midwest!

10th & Pacific/Omaha  
Free Parking In Back

Pride Saturday  
\$1 UV Flavored Vodka Drinks  
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Fridays 5pm - 1am

Saturdays 8pm - 1am

An Exquisite Bar  
For Women

Open Daily  
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**Fridays**  
**5pm - 6:30pm**

Celebrate Your Colors  
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\$1 UV Flavored Vodka  
Pride Saturday

Happy Hour Daily 5pm - 7pm

10th & Pacific  
Omaha  
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In The Rear

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9pm - 10pm  
Casandra Evans  
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With Bacardi Giveaways

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<http://www.crossroadsomaha.faithweb.com>



# Crossroads

## COMMUNITY FELLOWSHIP

### Ask Your Life Coach

By Annette van de Kamp and Jeremy Wright

Dear Life Coach,

My mother-in-law is, to say the least, a difficult woman. She visits about once a year, and every time it's a disaster. I practically had to double my Zolof prescription last time; she stayed for two weeks and the nagging never stopped. We should get different jobs. We should get an apartment without stairs. We should get rid of the dog because he smells. We eat the wrong food. You name it; she has a (loud) opinion about it. I put up with her visits because they occur once a year, and I want to make my boyfriend happy. Now she has announced she wants to come for 4th of July weekend, stay for an extra week, come back for Thanksgiving, AND for Christmas. Should I check in to a hotel? I don't know how much longer I can keep my mouth shut.

Annette: The strange thing is, you describe that she is difficult and complains constantly, yet her actions show a different side. If she was really that unhappy with your arrangements, would she still come? I think she secretly loves being with the both of you but does not know how to express that. Maybe you can show her how it's done: tell her often how happy you both are to see her, ask her what she would like to eat, pay her a lot of attention. In short, be nice. Stay nice. You obviously care enough about your partner to put forth an effort. Keep it up.

Jeremy: How does your Boyfriend feel about all this? Is he just as annoyed as you are, or does he take it all with a grain of salt? That really is the key question. If he feels the same, maybe you can discuss together what -if anything- should be done. If he doesn't mind the nagging, then smile, nod, and leave things be. Whatever you do, please don't make your boyfriend feel as if he has to choose between his mother and you.

Dear Life coach,

Why do people always change lanes just so they can get to the red light 2 seconds faster? Why does nobody hold doors any-

more? Why do people cut in line at the store all the time? Why do people constantly throw their trash out the car window? Why, why, why? I've had it with people's rude behavior. What can I do to deal with my frustrations? I know I can't change everybody, but I'm annoyed and don't know what to do about it.

Annette: I understand how you feel. Really, I do. Unfortunately, those traffic annoyances can't be helped. The only choice you have is to be rude in return, or do nothing. The best option you have is to set a good example, and hope you motivate others to do the same. Maybe you can start a grassroots movement by getting your friends together for an afternoon of city clean up. Volunteer to make the world a better place. You may not stop people from turning into assholes the minute they start their car, or from taking a shopping cart to your ankles, but at least you'll be doing something positive.

Jeremy: You sound annoyed, and -I'm sorry to say- a little too indignant. Why do you expect the whole world to act according to your personal rules? Nobody is perfect. Get over it. So you got cut off in traffic; join the club. Why don't you find something more positive to do with your time, rather than complaining about things you really can't change?

**Do you have a question? Send an email to [ask@hlcllc.com](mailto:ask@hlcllc.com)  
Or visit [www.heartlandlifecoaching.com](http://www.heartlandlifecoaching.com)**



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Contact Matt or Jeremy at:  
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1.877.582.1212**

**Be a Part of Nebraska PRIDE**



**National Headliner**  
**Kristine W.**  
 Saturday, June 9th

**Recording Artist**  
**Sean Ensign**  
 Friday, June 8th

**NIGHT OF PRIDE**  
**FRIDAY JUNE 8th**

**PRIDE FESTIVAL & PRIDE PARADE**  
**SATURDAY, JUNE 9TH**

**POST PRIDE PARTY**  
**SUNDAY, JUNE 10th**  
 @ Q

2007 NEBRASKA PRIDE \* 15th STREET BETWEEN JACKSON & LEAVENWORTH

**All Applications for**

**Parade, Festival Space, PRIDE PAGEANT Volunteers & more can be found online @ [www.rainbowcelebrations.org](http://www.rainbowcelebrations.org) or by calling 866-NE PRIDE**



**PRIDE ON THE PRAIRIE**  
**June 8th, 9th & 10th**

**22ND ANNUAL NEBRASKA PRIDE CELEBRATION**

**Recording Artist**  
**Sean Ensign**  
 Friday, June 8th  
 Presented by **THE MAX**



**National Headliner**  
**Kristine W.**  
 Saturday, June 9th

**NIGHT OF PRIDE**  
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**SUNDAY, JUNE 10th**  
 @ Q



Rainbow Celebrations 2007 Pride Committee

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**The Official 2007 Pride Pageant**



Sunday June 3rd 2007

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*(Hastings PFLAG, Continued from page 1)*

One year when four different families from the area contacted me within the same time frame, it seemed that was a sufficient number to start an actual group, so I asked all of them for permission to share contact information with each other, which they granted. Then we all came together to decide whether we wanted a group, and everyone did. The group waxed and waned for a couple of years, until we formed a leadership committee of five persons about a year ago to share the leadership role.

Patrick Sullivan, member, adds:

From then on, the group has met consistently, collected contributions from members, put on a potluck complete with Rev. Donald Hanway as our speaker and the Hastings College and High School Alliances as our guests, and setting programming for all meetings well in advance so that each meeting has an educational and support component. We now have liaisons with the college and high school groups, and will continue to offer at least an annual event to which they are invited. We also support their educational efforts, as well. We now have more than 40 persons in the area on our email members list and attendance at meetings range from eight to 14 for a regular meeting, to 25 or more at our potluck.

We just recently successfully incorporated our Chapter as a 501 (c)(3) non-for profit, tax deductible organization so we can receive tax deductible dues and contributions, and Affiliated with National PFLAG on April 27th. We are looking forward to all the benefits that come with Affiliation and membership with the national PFLAG organization, including being able to support our organization's national efforts, having an official presence on its website, free and at cost literature (which we are eager to take advantage of for the benefit our members and to get the word out about the existence of our chapter in the communities we serve), professional training and fundraising packets, as well as many other benefits.

Judy speaks to the necessity of PFLAG in rural communities:

Folks believe they are alone in dealing with GLBTQ issues when they are in an area where the issue is not openly discussed (or if it is, it's in mostly negative terms). Having a PFLAG group reminds the people in the area that GLBTQ people do have families, friends, and allies, and that helps move their thinking away from "weird" to "part of us." Of course, it's also support for members, who otherwise feel isolated and possibly confused. It offers resources for those who are just beginning the journey, as an alternative to the false information that is so prevalent.

The initial officers of the Chapter are Patrick Sullivan, Pres., and Mary Lou Haberman, Sec./Treas., although Fran Gruba has agreed to be Treasurer after we have our first corporate meeting. The Board of Directors consists of Patrick ([pat@dataacc.net](mailto:pat@dataacc.net) and [patrick12758@windstream.net](mailto:patrick12758@windstream.net)), Mary Lou ([marylou2@windstream.net](mailto:marylou2@windstream.net)), Vicki Northrop ([vltn@hotmail.com](mailto:vltn@hotmail.com)) and Judy Sandeen ([jsandeen@incbraska.com](mailto:jsandeen@incbraska.com)).

*(Continued on page 12)*

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## Over the Garden Gate

Annual  
Garden Tour



A benefit for:

### River City Mixed Chorus

Sunday, June 3

rain or shine

10am-3pm

\$8 advance \$10 day of walk

advanced tickets are available from chorus members  
or online at:  
[www.rcmc.org](http://www.rcmc.org)

**Advertise in the Gayzette and  
Please Support Our Advertisers**

## GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page	7 1/2W X 10H	\$100.00	Half Page	7 1/2W X 4 3/4H	\$ 50.00
Fourth Page	3 3/4W X 4 3/4H	\$ 25.00	Business Card		\$ 15.00

All ads should be emailed to [news@rainbowoutreach.org](mailto:news@rainbowoutreach.org). Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads may also be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68102 on or before the deadline or you may pay with credit card on our web site at [www.RainbowOutreach.org](http://www.RainbowOutreach.org) and email the ad. We reserve the right to refuse any ad which we deem to be inappropriate.

**Ad Deadlines:** Friday, June 1, for Publication June 8th      Friday, June 15 for Publication June 22nd



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 **MCC**

Metropolitan Community Church  
of Omaha

Sunday Service: 11:00 AM

Adult Sunday School at 9:30 AM

Children's Sunday School during  
Sunday Service

Wednesday Bible Study at 7:00 PM

819 South 22nd Street  
(south of Leavenworth St.)

Omaha, Nebraska 68108

Phone: 402/345-2563

Website: [www.mccomaha.org](http://www.mccomaha.org)



# GLBT RESOURCE LIST

## OMAHA BASED

**BiMenNebraska**, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>

**Citizens for Equal Protection** 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 [www.cfep-ne.org](http://www.cfep-ne.org), email to: [Michael@cfep-ne.org](mailto:Michael@cfep-ne.org)

**Diamond Foundation**, GLBT Scholarships, Mentoring and Leadership, call 877-87-DIAMOND or see [www.diamond-foundation.org](http://www.diamond-foundation.org)

**Family Foundations** Therapy for individuals, couples or families, for info call 558-3856

**First Central Congregational Church UCC**, 421 South 36th St., 402-345-1533, [www.firstcentral.org](http://www.firstcentral.org), GLBT-affirming

**First Lutheran Church**, 542 So. 31st St., 402-345-7506, GLBT Friendly [www.firstlutheranomaha.org](http://www.firstlutheranomaha.org)

**First United Methodist Church**, 7020 Cass St., 402-556-6262, [www.fumcomaha.org](http://www.fumcomaha.org), GLBT-affirming

**Flat Water Bears**, (group disbanded)

**Front Runners/Walkers**, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**Alphabet (ABC) Soup at UNO**, [www.unomaha.edu/ABCsoup](http://www.unomaha.edu/ABCsoup), Phone Student Organizations at 554-2711.

**Gay Lesbian Straight Education Network - Omaha**, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>

**GayLibrary.com**, World Wide Resources

**Heartland Gay Rodeo Association** Box 3354, Omaha 68103

**Ice Bowl Invitational Bowling Tournament (IBIT)** P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556

**Imperial Court of Nebraska**, Box 3772, Omaha 68103 556-9907, Board Meets 3<sup>rd</sup> Monday, Doubletree Hotel Downtown, [www.icon.impcourt.org](http://www.icon.impcourt.org)

**Learning to Exchange Power**, [L2EP@aol.com](mailto:L2EP@aol.com); Social, educational group novices in Leather, S/M, B/D Lifestyle

**Leather Engineers of Omaha (LEO)** Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting

**LinOma Bares**, Info: [linomabares@yahoo.com](mailto:linomabares@yahoo.com) or call Eric at (712)433-4731 or Dave(712)420-3809

**Lowe Avenue Presbyterian Church**, 1023 No. 40th St., fully open to GLBT's

**Mpower Program**, 139 S. 40, Omaha 68131 email: [mpower@nap.org](mailto:mpower@nap.org) website: [www.mpower-nap.org](http://www.mpower-nap.org) phone: 402.552.9260x20, Holistic Gay Men's Health Program

**Metropolitan Community Church of Omaha**, 819 S. 22 St., Omaha 68108

345-2563, [mccomaha@mccomaha.org](mailto:mccomaha@mccomaha.org)  
Website:[www.mccomaha.org](http://www.mccomaha.org) Sunday Worship 11am, Wed Evening Bible Study at 7pm

**NA Rainbow Group**, Narcotics Anonymous, meets every Sunday at 6pm, MCC-Omaha Church, 819 South 22nd St

**Nebraska AIDS Project**, 552-9260 Watanabe Wellness Ctr, 139 S. 40, Omaha 68131, Testing Wed from 1:30-4PM by appointment only, Thurs 7PM-9PM results in a week, Fri 5PM-10PM with 20 minute results Call 402-552-9255 info

**NebraskaEquality.org**, Find out everything about Nebraska and the GLBT Community

**Nebraska GLBT Events**, Community Events Calendar web site, see [www.NebraskaGLBTEvents.com](http://www.NebraskaGLBTEvents.com)

**Nebraska Zen Center**, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, [www.prairiewindzen.org](http://www.prairiewindzen.org) GLBT inclusive

**The 'Ohana Group**, (GLBT / Non-traditional Family group), email to: [Theohanagroup@msn.com](mailto:Theohanagroup@msn.com)

**Omaha Bi Married Men** Yahoo Group <http://groups.yahoo.com/group/OmahaBiMarriedMen>

**Omaha Nebr Gay Pride WebPage** <http://ONGP.com>; email to: [omahanegaypride@cox.net](mailto:omahanegaypride@cox.net) or [ongp1@cox.net](mailto:ongp1@cox.net)

**Onyx Images**, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over

**Out and About in Nebraska**, website: [www.travel.to/outabout](http://www.travel.to/outabout)  
Email: [NeOutAbout@yahoo.com](mailto:NeOutAbout@yahoo.com)

**OUUT (Omaha Unitarian Universalists for Tolerance)** First Unitarian Church, 3114 Harney, 68131, 345-3039, [www.ouut.org](http://www.ouut.org)

**Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter** Box 390064, Omaha, 68139-0064 291-6781 Website:[www.pflag-omaha.org](http://www.pflag-omaha.org), email [info@pflag-omaha.org](mailto:info@pflag-omaha.org) Meet 2<sup>nd</sup> Thurs, 1st United Meth, 7020 Cass

**Proud Horizons Youth Group**, Sat Afternoon, info: (402) 291-6781 or email [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)

**Rainbow Outreach GLBT Resource Ctr**, 1719 Leavenworth, Omaha, 341-0330

**Rainbow Bible Study**, Fridays, 6-7:30pm, Lowe Ave Presbyterian, 1023 N. 40 St.

**Rainbow Celebrations, PO** Box 8488, Omaha, 68108, 402-212-6302 locally, 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete information see [www.rainbowcelebrations.org](http://www.rainbowcelebrations.org)

**Real Families**, Omaha-area families headed by gay/lesbian parents, meet last Sunday

of every month. Info: Margaux at 561-6738 or email [MargauxPolo@aol.com](mailto:MargauxPolo@aol.com)

**River City Gender Alliance**, for information call Meredith Bacon at 333-0413

**River City Mixed Bowling II** 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706

**River City Mixed Chorus**, Box 3267, Omaha, NE 68103, 402-341-SING Website: [www.rcmc.org](http://www.rcmc.org)

**SNAP Productions**, Box 8464, Omaha, NE 68108 [www.snapproductions.com](http://www.snapproductions.com)

**Temple Israel Synagogue**, 7023 Cass St., 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive

**Unity Church of Omaha** 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; [www.unityomaha.org](http://www.unityomaha.org)

**WomenSpace**, no current info is available

## LINCOLN BASED

**GLBT and Ally Programs and Services at UNL**, Pat Tetreault, Assistant Director, 402-472-1752 email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu) Located in Student Involvement Office of the Nebraska Union, Room 200.

**Gay/Lesbian/Bi/Straight Alliance** 2229 J St., Lincoln 68510 (402) 436-1301 ext. 232 Ruth Kupfer

**Gay & Bi Men's Discussion & Support Group**, Tim, P.O. Box 6341, Lincoln 68506-0341 483-6183

**Lesbian, Bisexual and Questioning-Women's Discussion Group**, University of Nebraska, Lincoln Women's Center (sponsor), Room 340, Nebraska Union, Lincoln 68588-0446. 402/472-5644.

**Nebraska AIDS Project**, 2147 S. 15th St. Lincoln, NE 68502. (402) 476-7000

**Mixed Chorus**, Rehearse 1st & 3rd Fridays, Unitarian Church, 6300 A, No auditions, Just a desire to sing, info contact Scott at [sdorchid@neb.rr.com](mailto:sdorchid@neb.rr.com)

**Omaha Women's Riverboat Cruise**, 4949 N. 73rd, Lincoln. 68507 467-5737

**Parents, Friends of Lesbians & Gays, Cornhusker Chapter**, Box 30128, Lincoln 68508, Meet 4<sup>th</sup> Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, [jbkiber@hotmail.com](mailto:jbkiber@hotmail.com). Website: <http://pflag.ineb.org/>

**Plainsmen**, Support FtM's (Female to Male) Drag Kings TV Butches, 402-820-1267

**SAGE**, Box 22043, Lincoln 68542 Coffee House 2<sup>nd</sup> Sat, 6 - 9pm, Lesbian Videos 7:15pm, 3319 S. 46

**Sexuality Education eXchange**, University Health Ctr, 15th & U, Rm. 12h, 472-7447 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu) Comprehensive, inclusive sexuality/sexual health info, resources/referrals including sexual orientation, ally and diversity training.

**Straight Spouse Support Grp** 402-429-6094



**Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth** 1-800-850-8078 or email: <http://www.thetrevorproject.org/helpline.html>

**TriCity GLBT**, serving Central Nebraska, web site at <http://www.tricity-glb.com/>

**UNL Committee on GLBT Concerns**, Contact Pat Tetreault, c/o University Health Center, 15th & U Streets, Rm. 12h Lin

coln, NE 68588-0618, (402)-472-7447 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu)  
**Women In Trades/YWCA**, 1432 N St., Lincoln 68508; 434-3494,  
**Youth Support Group**, (402) 434-9880

## Iowa Based

**Council Bluffs Equality**, [www.cbequality.org](http://www.cbequality.org)

**Iowa Equality**, GLBT -allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>

**Sioux City, Iowa Resource Web Site**: [www.siouxlandpride.net](http://www.siouxlandpride.net)

## Classified Ads

**Quiet, age 46, HIV negative Italian male, wants to meet other HIV negative, gay or bi guys, for hot action. Give me a try. I won't disappoint you. Call Joe at 619-8384 nights anytime. Give me a chance to please you!**

## What Beer is REALLY For!!!

She told me we couldn't afford beer anymore and I'd have to give it up. Then I caught her spending \$65 on make-up, \$150 for a cut & color, \$30 for a manicure, \$40 for a pedicure, \$50 on vitamins, \$300 on clothes and \$600 for a gym membership. I asked how come I had to give up stuff and not her. She said she needed it to look pretty for me. I told her that was what the beer was for. I don't think she's coming back.



# OMSG

Omaha Men's Support Group

*"Serving gay, bi and questioning men in the Omaha area"*

**Every Tuesday  
7PM MCC Social Hall**

<http://groups.yahoo.com/groups/omahamenssupportgroup>  
[omahamenssupportgroup@yahoo.com](mailto:omahamenssupportgroup@yahoo.com)

## Center Movie Fan Night Tuesday June 5

Fans of GLBT cinema come enjoy a great free movie. Don't sit home. Join us for an evening of entertainment on Tuesday June 5, 2007, at the Rainbow Outreach Metro Omaha GLBT Center, 1719 Leavenworth. The GLBT Center opens at 6:30pm and the movie starts at 7:30pm. Free refreshments are provided. The movie selection is: *Quinceañera* (running time approx. 91 minutes).



A Sundance Film Festival Grand Jury Prize-winner, *Quinceañera* is a small film with a big heart. The plot unfolds at the leisurely pace of life itself, yet there's not a wasted moment in the script. The story follows the travails of young Magdalena (Emily Rios), a teen in the Mexican-American, but gentrifying, Los Angeles neighborhood of Echo Park. As Magdalena's 15th birthday approaches, and the festive coming-of-age quinceañera party that accompanies it, life throws her a curve ball in the form of an unexpected--and possibly miraculous--pregnancy. In disgrace, she turns to her elderly uncle Tomas and sometime gangbanger and not-quite-uncloseted gay cousin Carlos. The interactions of these unlikely family members ring completely true, with stellar performances by Dios as well as Chalo Gonzalez as her warm Tio Tomas and Jesse Garcia as the smoldering Carlos. The portrayal of life in Echo Park is intimate and effortless; crime and gang activities coexist with trendy gay couples and their fashionable remodels. And in the heart of it all, the family ties among the three lead characters prove unconventional--and unbreakable.

We'll see you at the GLBT Center Tuesday, June 5!

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**Serving Our Community for 21 Years**



## Celebrate Unity! 2007 June 2<sup>nd</sup>

Hello! Let me introduce myself. My name is Beth Gillespie. I am the Event Coordinator of Celebrate Unity! 2007. Some of you may have heard, or read in the Lincoln Journal Star, that the Gay, Lesbian, Bisexual and Transgender Pride celebration for 2007 was canceled. Some motivated citizens felt that if Lincoln's community goes without a 'prideful' celebration, it would be detrimental! So, we have organized, are going to celebrate our Unity as a Community!

We would like to extend a special invitation to you, young adults, students and those who foster and support them. Diversity is an asset in every community and is made up not only of different 'groups' and races, but of different ages, as well. All of us, no matter what stage of life we are in, are viable and valuable. Celebrate Unity! 2007 would like to invite and embrace that, and all, aspects of our diverse community. Please join us in any stage of this festival's development, whether you would like to contribute thoughts, time or just attend, we would love to have you be a part of CU!2007.

Celebrate Unity! 2007 will run from noon to 8pm and is scheduled for June 2<sup>nd</sup> the University of Nebraska's Sheldon Memorial Art Museum's sculpture gardens. It is supportive of the other prideful events occurring that day and throughout the summer, but is an independent, alcohol free, celebration. The downtown location is a beautiful setting which will showcase our festival in the creative manner in which it is intended, and is child and pet friendly and handicapped accessible. Thank you for your time and consideration. Any questions may be referred to the address/information listed phone below. Hope to see you at the CU!

Sincerely,  
Beth Gillespie,  
Celebrate Unity! 2007 Event Coordinator  
(402) 610-0439  
5441 West Chancery Road  
Lincoln, NE 68521  
dutchboifingers@yahoo.com

## A Letter to Instinct Magazine

Date: May 22, 2007

To: Instinct Magazine Editors and Staff  
Fax #: 818-286-0077

From: Gary Winingham  
Fax #: 402-552-9251

Dear Editors and all Staff at Instinct Magazine,

I just received my June issue of your magazine. As usual I opened it up to begin browsing through your fabulous publication. I was somewhat shocked when I came across the article on Omaha, Nebraska. Besides the one negative person (Todd) it was a very favorable and outstanding article portraying the gay scene in Omaha. Most of us who comprise the gay population of Omaha take great pride in our city, our bars, and all the organizations that try very hard to make our community the best it can be.

I want to applaud Chris Orr who mentioned several of the gay friendly organizations in Omaha. As the MPower Coordinator with Nebraska AIDS Project, I was pleased to see our names mentioned. MPower is an HIV/STD prevention program. My challenge is encouraging the gay men of Nebraska (and western Iowa) to openly talk about and always put into practice safe sex. See MPower's mission statement that follows my closing salutation.

I wanted to take time to thank you for the write up, and more importantly, for informing your readers across the country about a positive gay scene in Omaha, NE.  
"Thank You!"

Gary Winingham  
Nebraska AIDS Project  
MPower Program Coordinator  
(402) 552-9260 x122  
garyw@nap.com  
www.nap.org

MPower is a program that encourages gay men to work together to build a healthy community in which they can thrive, formulate optimistic social connections and support safer sex; using gay-positive and sex-positive approaches.

**The Door Stopper.....** Two church members were going door to door. They knocked on the door of a woman who clearly was not happy to see them. She told them in no uncertain terms she did not want to hear their message and then slammed the door in their faces. To her surprise, the door did not close. In fact, it bounced back open. Seeing the two church members at the door frustrated her. She stormed back to the door and flung it shut. But the door still didn't close. Furious, she grabbed the door with two hands and shoved it as hard as she could. But again, the door wouldn't shut. Convinced one of these rude church members was sticking a foot in the door, she reared back to give the door a slam that would really teach them a lesson.

Just then, one of the church members said, "Ma'am, before you do that again, you might want to move your cat."

# FRIDAY YOUTH NIGHT

**DROP-IN 6PM-9PM  
AGES 13-23 YOUTH ORGANIZED**

**AT THE RAINBOW OUTREACH GLBT CENTER  
1719 LEAVENWORTH, OMAHA**

**EVERY FRIDAY EXCLUDING MAJOR HOLIDAYS**

**(402) 341-0330 WWW.RAINBOWOUTREACH.ORG**

## GAMES DAY AT THE CENTER

Enjoy socializing at Games Day on Sundays 2-4pm at the GLBT Center with hosts James & Jeremy.

It's free and fun with plenty of games to choose from or bring your favorite to share.



**Sundays 2-4pm  
1719 Leavenworth**

Drop-in to Games Day!



*Sheldon Memorial Art Museum*

*Sculpture Gardens*

12<sup>th</sup> & 'R' Streets, Lincoln, NE; Noon-8pm

*June 2<sup>nd</sup>, 2007*



**AMBER NORGAARD**

Headline Performer, 6p-8p:

**Free to enter!**

Unity/GLBT merchandise, entertainment, family friendly, belly dancers, musicians, slam poets, children's entertainment, informational booths, community representation, good time had by all



Celebrate Unity 2007 is not affiliated with Lincoln Pride Inc. or any other GLBT organization. For more information, please call 402-617-0439



Tim Reeder

612-3833

[www.omahagayrealtor.com](http://www.omahagayrealtor.com)

**Proudly Serving  
Omaha's GLBT  
Community!**



*(Hastings PFLAG, Continued from page 6)*

For all those interested in coming, we meet on the third Monday of the month at 7:00 p.m. at the First Congregational United Church of Christ (7th and Marian Rd.), Hastings. Meetings are usually over by 8:30 p.m. You can expect both a sharing/support portion and an educational portion at the meetings.

Our first official project as a new Chapter is a Membership/Contribution drive that we currently have going, with great success! Randy Kottwitz and Ben Hinds, members, have agreed to match whatever donations are made above paying membership dues to the tune of \$250, so this would be a great time for anyone so inclined to join and contribute.

We are also starting fundraising in order to be a full service chapter. We are so excited to have our first fundraiser be an event at the "Q" in Lincoln (226 S. 9th) Wednesday, July 25th in the evening, with appetizers and mixing, drag queen/k8ing show, D.J. music and dance, with a raffle and silent auctions. We plan to have many great items at the raffle/silent auctions, but chief among them is a hand-made brightly-colored, absolutely beautiful, rainbowy quilt suitable for a crib, couch, or wall hanging made by Patrick's very talented daughter, Katie, out in Maryland. It would make a welcome addition to any couch or wall, especially of a chapter room. With regard to the auction of the quilt, we plan to have a silent or virtual internet auction, followed by a silent auction during the "Q" event on Wednesday, July 25th, and then in the last 10 minutes of the auction during the intermission at 10:30 p.m. of the "Q" event, open the floor for live, last-minute bidding. Look for more details about the event at the "Q" and the auction of the quilt in the next newsletter.

We know you will all want to come out and support this new PFLAG chapter, so mark Wednesday, July 25th on your calendars. A more detailed press release on this fundraiser will be forthcoming. Your attendance at the event would be greatly appreciated!

####

## GINO NO SPEAKAH DE ENGLISH

A bus stops and two men get on. They sit down and engage in an animated conversation.

The lady sitting next to them ignores them at first, but her attention is galvanized when she hears one of them say the following: "Emma come first. Den I come. Den two asses come together. I come once-a-more!

Two asses, they come together again. I come again and pee twice. Then I come one lasta time.

The lady can't take this any more. "You foul-mouthed sex obsessed pig," she retorted indignantly. "In this country, we don't speak aloud in public places about our sex lives.

"Hey, coola down lady," said the man. "Who talkin' abouta sex? I'm a justa tellin' my frienda how to spell Mississippi!"

(I'll bet you're gonna read this again!...Gayzette Editor)



Women's  
Therapy and  
Learning Center

(402) 398-WTLC  
(9852)

2833 South 87th Avenue • Omaha, Nebraska 68124



## Would you like a FREE Copy of the Advocate?

Stop in at the GLBT Community Center at 1719 Leavenworth and pick up a copy. Free while supplies last. Limit one copy per person while 60 copies of each issue lasts.

# GAYZETTE COMING EVENTS

## Rainbow Outreach Metro Omaha GLBT Center

1719 Leavenworth, Omaha  
(mail address PO Box 8583 Omaha NE 68108)

### WALK-IN HOURS

Sundays	2:00PM - 8:00PM
Monday	6:30PM - 9:30PM
Tuesdays	6:30PM - 9:00PM
Thursdays	7:30PM - 9:00PM
Fridays	5:30PM - 10:00PM
Saturdays	4:00PM - 6:00PM

\* Closed Most Major Holidays.

(402) 341-0330 www.RainbowOutreach.org

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

### SATURDAY MAY 26TH

**IDOL RECEPTION**, with food, OPEN bar, American IDOL Finalist Kimberly Caldwell, 6PM, at Flix Video Bar

### SUNDAY MAY 27TH

**NEBRASKA PRIDE IDOL FINALS**, 8PM, The Max, \$5 tickets NOW on sale

### SATURDAY JUNE 2ND

**CELEBRATE UNITY FESTIVAL**, 8PM, at the Sheldon Memorial Art Museum Sculpture Gardens, 12th and R Streets, Lincoln NE, food, entertainment, merchandise, family friendly event

### FRIDAY JUNE 8TH TO 10TH

**NEBRASKA GAY PRIDE**, Omaha NE, at 15th & Jones Street

### WEDNESDAY JULY 25TH

**HASTINGS PFLAG**, benefit at the "Q" in Lincoln, \$5 cover, raffles, PFLAG/Pride Quilt silent auction, start time t.b.a.

## WEEKLY EVENTS

Every Sunday

### WORSHIP SERVICES:

**AUGUSTANA LUTHERAN CHURCH**, ELCA, 3647 LaFayette Ave., Omaha GLBT friendly, www.augustanalutheran.com

### CROSSROADS COMMUNITY FELLOWSHIP

Now meeting at the Rainbow Outreach GLBT Community Center, 1719 Leavenworth St., Fellowship starts at 6PM,

services begin at 6:30PM, Everyone Welcome! Doors open at 6PM.

**DIETZ METHODIST** 1423 S.10, Coffeehouse casual downstairs at 9am, Traditional Worship at 11am

**EPISCOPAL GLBT FELLOWSHIP**, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com

**FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH OF CHRIST**, info at: www.firstcentral.org

**FIRST UNITED METHODIST** 7020 Cass, 8:30 & 10:45am services

**FIRST UNITARIAN** 3114 Harney, 11am services

**LOWE AVE PRESBYTERIAN**, 1023 N 40 10am service

**METROPOLITAN COMMUNITY CHURCH OF OMAHA** 819 S. 22. 345-2563 Sunday Worship: 11am

**ONE PROMISE GROUP**, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Tamara B. at 714-8552

**SECOND UNITARIAN**, 10:30am Sunday service, 3012 South 119th St., Omaha NE

**UNITY CHURCH OF OMAHA**, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

**GAMES DAY AT THE GLBT CENTER**, 1719 Leavenworth, 2PM to 4PM

**GAY MEN'S ALCOHOLICS ANONYMOUS** 4pm Lowe Avenue Presbyterian, 1023 N. 40 St Info call Mark 639-3055

**HASTINGS COLLEGE GSA** 8PM FFI: Judy Sandeen (402) 461-7372

**RIVER CITY II MIXED BOWLING**, 3pm, Maplewood Lanes.

**WIMMIN'S SHOW**, KZUM 89.3 12:30pm

Every Monday

**A A RAINBOW RECOVERY**, an AA group meeting at the MCCO Church at 6pm. Call 612-4648 for more info. Starting April 10th 2006

**A A GLBT "RAINBOW GROUP"** Meeting Place, 28 & S, Lincoln, 7:30 pm

**GAY/BI/STRAIGHT SUPPORT GROUP HIV+ MEN** 7pm every Monday, NAP, 2147 S.

15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

**RIVER CITY MIXED CHORUS REHEARSALS**, 6:45PM-9:15PM, First United Methodist Church, 7020 Cass St.

Every Tuesday

**HASTINGS COLLEGE ALLIANCE**, meet Tuesdays at 7PM (when college is in session), Please contact Dr Antje Anderson at [anderson@hastings.edu](mailto:anderson@hastings.edu) or Judy Sandeen at [jsandeen@hastings.edu](mailto:jsandeen@hastings.edu) for further information.

**OMAHA MEN'S SUPPORT GROUP**

7PM, serving gay, bi and questioning men in the Omaha area, at MCC Omaha, 819 South 22nd St., Omaha

**UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP**, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

Every Wednesday

**AA FOURTH DIMENSION**, 7pm, Open to men and women, 219 North 48th Street

**WORSHIP SERVICES**

**MCC OMAHA**, Bible Study, 7pm

**UNITY CHURCH OF OMAHA**, 7pm

**HIV TESTING**, 1:30-4 pm NAP, 139 S. 40 St., results in one week

**HIV TESTING LINCOLN**, 4-7 pm, using Orasure, results in one week; results in 20 minutes on the last Wednesday of the month, 2147 South 15<sup>th</sup> #476-7000

**FRONTRUNNERS RUN/WALK**

6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**LGBT AA** 7:30pm, Alcohol Ctr 2116 W. Faidley, Grand Island, Peggy (308) 226-8286, Center (308) 398-5427

**KARAOKE W/ STACY** 9:00 pm DC's

Every Thursday  
**DANCE LESSONS WITH GORDON** 7-9pm, DC's Saloon

**GAY & BISEXUAL MEN'S SUPPORT AND DISCUSSION GROUP** 7- 8:30pm,

Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476-9668, held at the Unitarian Church, 6300 A Street, Lincoln

**HIV TESTING** 7- 9pm, NAP, 139 S. 40<sup>th</sup> Results available in one week

**KARAOKE** 9pm, Connections Bar

**FREE CONFIDENTIAL ANONYMOUS**

**HIV TEST**, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

#### **Every Friday**

**AA ALTERNATIVE MEETING**, 7pm, open to men and women, at Lowe Avenue Presbyterian Church in the basement, 1023 North 40th Street

**AA LIVE & LET LIVE**, 8:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

**GLBT CENTER YOUTH NIGHT**, 6PM to 9PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street

**GLBT AA** 7PM to 8PM, Lowe Avenue Presbyterian, Call 556-8364, ask for Sanford

**GLBT SEXUAL COMPULSIVE ANONYMOUS**, (SCA), A program of recovery, 8pm to 9pm, call Kirk at(402) 403-0277

**HIV TESTING** 5-10pm, NAP, 139 S. 40<sup>th</sup> Results available in 20 minutes

**FREE CONFIDENTIAL ANONYMOUS HIV TEST**, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

**READING GROUNDS GAYME NIGHT**, Music, laughter & board games. 23yrs. Old & up, 40th & Farnam St., 502-2008

**RAINBOW BIBLE STUDY**, 6 to 7:30PM, Lowe Ave. Presbyterian, 1023 No. 40th St.

#### **Every Saturday**

**AA SATURDAY AFTERNOON**, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

**OLDER ADULT DROP-IN**, 4 TO 6PM, at the GLBT Center, 1719 Leavenworth St., for older adults age 50+, single or partnered, Free

**PROUD HORIZON YOUTH GROUP** 4-6pm, 291-6781 proudhorizons@yahoo.com

## **MONTHLY EVENTS**

#### **1<sup>st</sup> Tuesday**

**CENTER MOVIE FAN NIGHT** 7:30pm, Free movie at Rainbow Outreach, 1719 Leavenworth St. Popcorn and beverages provided. Everyone is invited.

**LINCOLN MIXED CHORUS** 6:30pm, Unitarian Church, 6300 A, Lincoln

#### **1st Thursday**

**GAY & BISEXUAL MEN'S SUPPORT**

**AND DISCUSSION GROUP** 7 to 8:30pm, Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476 9668 for location and information.

#### **1<sup>st</sup> Friday**

**FIRST FRIDAY COFFEE HOUSE** 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Harney, Omaha

#### **1<sup>st</sup> Saturday**

**RIVER CITY GENDER ALLIANCE**  
No Current RCGA Information Available

#### **1st Sunday**

**GAY GUYS SPAGHETTI NIGHT**, at a Lincoln restaurant, call 402-483-6183 to reserve a seat up until the day before

#### **2nd Tuesday**

**CENTER LIBRARY FAIRIES**, 8PM. Bookworms become butterflies. Stretch your wings helping the Center library. No experience necessary to volunteer. Drop-in to the GLBT Center, 1719 Leavenworth.

**CENTER WESTERN IOWA COMMITTEE**, 7PM at the GLBT Center, 1719 Leavenworth, Omaha. For details, visit RainbowOutreach.org

#### **2<sup>nd</sup> Wednesday**

**ACTS II WORSHIP SERVICE**, 7pm, MCC Omaha, 819 S. 22nd Street

#### **2<sup>nd</sup> Thursday**

**PFLAG- OMAHA**, 7pm, First United Methodist Church

#### **2nd Saturday**

**LEARNING TO EXCHANGE POWER** L2EP@aol.com 2pm, DC's Saloon

#### **2<sup>nd</sup> Sunday**

**INTEGRITY** 6-7:30pm, St. Marks, Lincoln NE

**OUUT SECOND SUNDAY SCREENING** (glbt film shown at 7pm followed by discussion) First Unitarian, 3114 Harney

#### **3<sup>rd</sup> Monday**

**PFLAG SOUTH CENTRAL (HASTINGS, NE)**, Meeting on 3rd Mondays at First Congregational United Church of Christ, 7th and Marian St., 7PM, email jsandeen@inebraska.com or call 402.462.2961 or 402.460.8696

#### **3rd Tuesday**

**CENTER MOVIE FAN NIGHT** 7:30pm, Free movie at Rainbow Outreach, 1719 Leavenworth St. Popcorn and beverages provided. Everyone is invited.

**IMPERIAL COURT OF NE**, Board of Governors meeting, 7:15pm, Doubletree Hotel Downtown, www.imperialcourtofnebraska.org

**VOLUNQUEER DROP-IN**, at the GLBT Center. Be a "VolunQueer" and help out. Spend an hour or two volunteering at the Center - 6:30PM or 7:30PM, your choice, whenever it fits your schedule. No special skills or ongoing commitment required. VolunQueers have fun and make a difference.

#### **3rd Thursday**

**GAY & BISEXUAL MEN'S SUPPORT AND DISCUSSION GROUP** 7- 8:30pm, Meeting in Lincoln first and third Thursdays of the month. Call 434-9880 / 476 9668 for location and information.

**LES/BI/GAY BOOK DISCUSSION GROUP**, Village Inn, 78th & Dodge, 7 PM

#### **3<sup>rd</sup> Friday**

**GAY/BI SUPPORT GRP FOR HIV+ MEN** 6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

**LINCOLN MIXED CHORUS** 6:30pm, Unitarian Church, 6300 A, Lincoln

**COFFEE HOUSE** Unitarian Church, 6300 A, Lincoln

#### **3<sup>rd</sup> Saturday**

**GAY/BI SUPPORT GRP FOR HIV+ MEN** 6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

#### **4<sup>th</sup> Tuesday**

**PFLAG-CORNHUSKER** Unitarian Church, 6300 A, Lincoln, 7 p.m.

**YOUTH HIV TEST** Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

#### **4th Friday**

**LEO LEATHER ENGINEERS—OMAHA** Not currently meeting.

**LAST Wednesday of each month**

**READING GROUNDS NAKED WORDS OPEN MIC POETRY NIGHT**, The Reading Grounds, 40th & Farnam St., 7:00 PM

**LAST Sunday of each month**

**REAL FAMILIES** Omaha-area families headed by gay/lesbian parents, Margaux at 561-6738 or email MargauxPolo@aol.com

**Email Your Event to:**  
**news@rainbowoutreach.org**

## Sen. John McCain: Gay Troops "Intolerable Risk"

Gay troops pose "an intolerable risk" to national security, U.S. senator and Republican presidential hopeful John McCain wrote last month to a gay rights group seeking to move his position on "don't ask, don't tell."

In an April 16 letter to the Servicemembers Legal Defense Network, McCain said, "I believe polarization of personnel and breakdown of unit effectiveness is too high a price to pay for well-intentioned but misguided efforts to elevate the interests of a minority of homosexual service members above those of their units."

"Most importantly, the national security of the United States, not to mention the lives of our men and women in uniform, are put at grave risk by policies detrimental to the good order and discipline which so distinguish America's armed services."

McCain, who voted in favor of "don't ask, don't tell" when it was enacted in 1993, concluded that "I remain opposed to the open expression of homosexuality in the U.S. military."

As the war in Iraq staggers through its fourth year, however, more and more Republicans and U.S. defense experts support repeal of the Pentagon's anti-gay policy.

In a March op-ed in the Washington Post, GOP former Sen. Alan Simpson of Wyoming wrote, "I believe it is critical that we review -- and overturn -- the ban on gay service members in the military. I voted for 'don't ask, don't tell.' But much has changed since 1993 . . . We need every able-bodied, smart patriot to help us win this war."

In the House of Representatives, 123 members from both parties have agreed to co-sponsor a bill to repeal the law, which has led to the departure or discharge of more than 11,000 service members.

"Sen. McCain's comments are out of step with the overwhelming majority of the American people, and out of touch with the best interests of our armed forces," said Sharra Greer, the Servicemembers Legal Defense Network's director of law and policy, in a written statement Thursday.

"Sen. McCain's defense of this counterproductive law is disrespectful to the more than 65,000 lesbian and gay service members on duty today."

The group's disclosure of the letter comes as McCain heads into the 2008 race's first GOP presidential debate, to be held Thursday at the Ronald Reagan presidential library in Simi Valley, Calif.

A complete copy of McCain's letter is available online at [www.sldn.org](http://www.sldn.org). (Barbara Wilcox, The Advocate)

## Homeowner Alert!

*Former Bank Auditor Says...*

### "Credit Card Users Are Paying Too Much..."

—Free Report Shows Omaha Gay and Lesbian Community How To Save Thousands Of Dollars On Unnecessary Interest Payments.

Homeowners with substantial credit card debts are missing important savings opportunities by failing to act immediately. Unknown to most financial planners and CPA's, this free consumer report reveals how to save thousands in unnecessary interest payments and finance charges.

"Unbelievable", said one homeowner. "I can't believe how this simple little trick is able to save me thousands of dollars a year." Banks and credit card companies hope you never read this report because they want to keep charging you interest on a balance that will take more than 30 years to pay off. Consumers have been fooled by offers of low teaser rates to induce them to transfer balances, only to see their rate double or triple a few months later. This report explains how to avoid being tricked by the tactics of these large banks and credit card companies and how to turn the table so you get the interest, not them.

NOTE: The revised version of this report was recently released and the response has been overwhelming. A toll-free 24hr/day recorded message hotline has been set up to handle the expected volume, but you are urged to call right away. Quantities are limited. Call 1-800-475-9610...press option 1...ext 8605, leave your name and address, and the report will be mailed to you.

Call 1-800-475-9610 ...option 1...ext 8605

## Free Report

*The preceding is a paid advertisement.*

# Fitness Corner

By Ron Blake  
Certified Personal Trainer



Secrets are hard to keep. Especially if someone can make money from it. There are the secrets to bettering your life and then there are the secrets about who leaked the David Hasselhoff video. I'm talking about the former. I have information that can help you stay healthy or become healthy. I thought about calling this column "My secrets for looking good and feeling good." I will spare you of this nonsense. There is nothing classified or evenly remotely secret about what I shall soon disclose to you. Furthermore, it would be so pompous of me to think people would ransack the Wal-Mart book aisle to get their paws on my sage advice. This information has aided me in my health quest for years and I think it can do the same for you.

Eat your breakfast cereal. I love to eat and certainly more so after ten hours of not eating. I never miss my 7AM appointment with Kellogg's or General Mills. Cereal has been my mainstay over the years and I don't expect to disappoint the Trix rabbit with any changes to the routine. Almost all cereals have loads of vitamins and they are of the low fat assortment. They have to be. Lots and lots of little people eat this morning energy booster each day before school. Millions of munchkins and me can't possibly be wrong.

Don't sweat the small stuff and remember that it's all small stuff. Those small stuffs can sure take their toll on your waistline. Feel free to say "no cheese" to your Subway sandwich artist. Feel free to use salsa instead of ranch dressing on your salad. Feel free to drink skim milk rather than that girth gaining whole milk variety. Feel free to reminisce about Skinny Elvis and Fat Elvis. Skinny Elvis watched out for the small stuff. Fat Elvis didn't. Choose your Elvis wisely.

Don't feel obligated to eat everything that is placed in front of you. Some of us acquired this glutinous trait after years of visiting grandma's house. I had the Polish grandmother who took extreme delight in seeing my eyes bulge after she insistently encouraged me to scarf down two dozen of her homemade pierogies followed by a heaping serving of Neapolitan ice cream. I'm older and wiser today. My grandmother has passed on now but there is always somebody else's grandmother lurking out there somewhere. It's OK to walk away after the first thousand calories. The pressure to gorge is temporary and all too often the protruding paunch is permanent.

Work on your willpower. The urge to engage in bad behavior or a bad habit usually only persists for five to seven minutes. That can be the most grueling five to seven minute maelstrom if you're trapped inside of it and have an itchy trigger finger. You want one or two or a dozen of those donut holes that some philanthropic colleague brought to work this morning. Sure you had your breakfast already but that was over thirty minutes ago. Get a grip! Focus on something else. Now you crave that cigarette! Zoinks! Just stick a straw in your mouth and find that happy

(Continued on page 17)



Monthly Meetings: Second Thursday 7:00 P.M.  
Location: First United Methodist Church  
7020 Cass, Omaha, Nebraska  
Web Site: [www.pflag-omaha.org](http://www.pflag-omaha.org)

P.O. Box 390064  
Omaha, NE 68139-0064

HELPLINE  
(402) 291-67681

## Where Can You Find The Gayzette?

### Omaha:

Connections, 1901 Leavenworth	933-3033
DC's Saloon, 610 South 14th Street	344-3103
Dixie Quick's Restaurant, 1915 Leavenworth	346-3549
Flixx, 1015 South 10th Street Omaha	408-1020
The Max, 1417 Jackson	346-4110
The Reading Grounds, 3928 Farnam Street	502-2008
Metropolitan Community Church, 819 South 22nd Street	
Omaha Mining Co., 1715 Leavenworth	449-8703
Mystery Bookstore, 1422 South 13th St	342-7343
Nebraska AIDS Project, 139 South 40th St	552-9260
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St. (home of The Gayzette)	341-0330

### Lincoln:

Panic Bar, 200 South 18th Street (as available)	435-8764
Q Bar, 226 South 9th Street (as available)	475-2269

### Iowa:

Adult Emporium, 1 blk. So. of 32nd & Broadway, Council Bluffs

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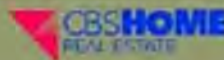


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(Continued from page 16)

thought Peter Pan. The temptations don't end there. It's one hour until lunch and you're a glass pane and 75 cents away from Twinkie the Kid, Chester Cheetah, or Mr. Peanut. You can do it. Take it a challenge at a time.

"And will you succeed?  
Yes! You will indeed!  
98 and  $\frac{3}{4}$  percent guaranteed!"  
"KID YOU'LL MOVE MOUNTAINS!"

So... be that your great health will come from cereal or from will power  
Or the small stuff or from large portions that you don't empower,  
"You're off to great places!  
Today is your day!  
Your mountain is waiting!  
So... get on your way."

This column brought to you by that funny little fitness guy Ron Blake and his buddy Dr Seuss. Ron wants to hear from you at [blake.fitness@yahoo.com](mailto:blake.fitness@yahoo.com) or at 480-241-5651.

####

## California Assembly Passes Rights Protections

The California Assembly on Monday passed the latest chapter in a legislative civil rights overhaul whose author calls it "a four-year project to make California's entire government code match the broadest possible definition of nondiscrimination." AB14, the Civil Rights Act of 2007, by Assemblyman John

Laird, D-Santa Cruz, clarifies 51 provisions in state law that ban bias based on age, ancestry, disability, color, ethnicity, marital status, medical condition, national origin, race, religion, gender and gender identity and sexual orientation.

Co-sponsored by Equality California and the NAACP, it advances to the state Senate on a 42-26 vote.

The bill aims to strengthen protections in a range of areas, including jury service, the issuance of credit cards, voter registration programs, college financial aid, delivery of emergency services, awarding of public contracts, food stamp eligibility and the use of public beaches.

"Many sections don't specify gender or disability or sexual orientation, and while it may technically be covered by a broader definition, I'm making sure every code actually reflects the explicit broad definitions so all Californians get a strong message that there is no room for discrimination," Laird told his district's Gilroy Dispatch newspaper.

Laird's three previous anti-bias bills, dealing mainly with labor practices and fair housing, were all passed and signed into law by Gov. Arnold Schwarzenegger.

In a written statement, Geoff Kors, executive director of Equality California, called Monday's bill "the capstone on a series of actions taken by the California Legislature and Equality California and our coalition partners seeking to end discrimination in the statutes that govern many aspects of the lives of all Californians." (The Advocate)

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# Kyle's Bed & Breakfast by Greg Fox



WHERE DO YOU THINK YOU'RE GOING?  
TO MAKE US SOME BREAKFAST.

NO WAY...



...NOT ON THE RARE OCCASION YOU DO A SLEEP-OVER AT MY PLACE. I'M MAKING YOU BREAKFAST.

OH, REALLY?

UH-HUH. FRENCH TOAST. À LA BREYER.



WHAT CAN I DO TO HELP?

PICK OUT SOME MUSIC TO PUT ON. AND RELAX.



MUSIC. RIGHT.

BEING THAT HE OWNS ALMOST NOTHING BESIDES RUSH... THAT LIMITS MY SELECTION A BIT.



WAIT A MINUTE... WHAT'S THIS? HIDDEN BEHIND HIS RUSH CDS...?

OH MY GOD!



LATER THAT DAY, BACK AT THE B&B...

ARE YOU SERIOUS?

DEAD SERIOUS.

YOU MEAN TO TELL ME... ...BEHIND HIS RUSH CD COLLECTION...



...HE HAD AN ENTIRE HIDDEN COLLECTION OF... ...THE CAPTAIN & TENNILLE.



AND I DON'T JUST MEAN THEIR GREATEST HITS. HE HAD EVERY CAPTAIN & TENNILLE CD THEY COULD POSSIBLY HAVE EVER MADE!

PLUS BOOTLEG LIVE EDITIONS... RARE, UNRELEASED TRACKS HE BOUGHT ON E-BAY. WHAT COULD THIS MEAN?



UM... HE'S INSANE?

WELL, I KNOW THAT ALREADY.

BREYER'S... CRAZINESS IS SOMETHING I LOVE ABOUT HIM. BUT THIS... IT'S WEIRD EVEN FOR BREYER.

DID YOU ASK HIM ABOUT IT?

I COULDN'T. I WAS TOO STUNNED.



YOU DO REALIZE THE GOLDMINE OF POTENTIAL RIDICULE THAT EXISTS HERE?

I AM REALLY TRYING TO HOLD MYSELF BACK.

YOU'RE A STRONGER MAN THAN I AM, KYLE...

Greg Fox © 2007

## “Miss Trina Tabloid’s Movie Reviews”

Hello Everyone! I am getting a lot of feed back about these articles, mostly good and some bad. The most negative I have had is that I only re-view older movies, well this is how it is: I can get newer movies from Netflix, but I use them for the foreign films, hard to find movies and the GLBT films you can find on their site and not at Hollywood.

With the MVP program with Hollywood Video you can not get current releases; you have to wait until the movies “drop” into the MVP program. I spend around \$ 45.00 a month to keep my self occupied with films at work and at home. If you would like to purchase gift cards for Hollywood Video, so I can watch the current releases and review them for you, I would gladly take them! Just email me and let me know where I can pick them up! Again Thank You and Enjoy!



### Sexy Beast – Rated R – 1 Hr. 29 Min. – Employee Pick @ Hollywood Video

When sociopathic gangster Don Logan (Kingsley) tries to recruit an ex partner in crime (Ray Winstone) for a high-stakes heist in London, the retired criminal refuses, favoring the legit life after serving a prison term. But Logan won’t take no for an answer. Tension hits the fever-pitch as this battle of wills plays out in a story that is as funny as it is terrifying!

The opening scene is very homo-erotic! I want a house boy! The Film plays out in typical “English” style, dry and predictable, yet easy to watch. If you like Ben Kingsley you will have to see his performance in this movie.

2 Snaps

### Shadowboxer – Rated R – 1 Hr. 33 Min. Hollywood Video

Shadowboxer is an emotionally-charged, full-throttle thriller, which delves deep into the harsh underworld of organized crime and uncovers the complex lives of trained assassins, Mikey (Cuba Gooding, Jr) and Rose (Helen Mirren). But when a brutal crime Boss wants his wife dead, Rose has a change of heart when they find her pregnant. And so, the three begin a harrowing life on the run. Driven by fierce love, Rose and Mikey protect their adopted family from present danger – looking to redeem their tragic past!

Ok can you say BUTT shots! (Gooding) Yummy! Good premise, independent film. Wonderful actors, well written. I was talking to my then boyfriend about Waist Deep and we noticed that one story/film can be interpreted differently by different people, Duh Huh? I saw this movie as a man (ok an

male assassin) taking care of his adopted family, by keeping a promise and keeping that promise any way he had to. You all may see it as a great action/thriller movie! However you see it just SEE IT!

### North Country – Rated R – 2 Hrs. 6 Min. – Hollywood Video

What Josey Aimes wants is a decent job so she can put food on the table and take care of her kids. What she gets is threatened, insulted, ogled, fondled, belittled, attacked and called filthy names. “Take it like a Man” her callous male boss says. Instead, she takes it like a human being – and fights back!

This is just a newer, better version of Norma Rae, I haven’t seen that movie in years. Great cast, new twist, extraordinary acting. In all a good movie.

3 Snaps

### The Notebook – Rated PG 13 – 2 Hrs. 3 Min. – Hollywood Video

As teenagers, Allie (Rachel McAdams) and Noah (Ryan Gosling) begin a whirlwind courtship that soon blossoms into tender intimacy. The young couple is quickly separated by Allie’s upper-class parents who insist that Noah isn’t right for her. Several years pass, and when they meet again, their passion is rekindled, forcing Allie to choose between her soul mate and class order. This beautiful tale has a particularly special meaning to an older gentleman (James Garner) who regularly reads the timeless love story to his ageing companion (Gena Rowlands)

Based on the best selling novel by Nicholas Sparks, the Notebook is at once heartwarming and heartbreaking and will capture you in its sweeping and emotional force.

Wonderfully moving! Best love story I have seen in a very long time. Ryan Gosling is such a hottie! The Cars and Rachel’s/Gena’s clothes are unbelievable! The back story of Noah and his father was just as moving. If you don’t cry at least once during this film hand in your Gay Card!

4 Snaps in a Z formation!

**Did you know that you can see the entire *GAYZETTE* on our web site?**

**Go to:**

**[www.rainbowoutreach.org](http://www.rainbowoutreach.org)**

**And click on the Publications link.  
George W. Bush reads the Gayzette.  
(Ok, he just looks at the pictures.)**

**SATURDAY MAY 26TH**

**ICON's Reign XXVII  
Candidate Show  
6pm Doors Open  
7pm Show**

**SUNDAY MAY 27TH**

**PRIDE IDOL FINALS  
With Very Special Guest  
American Idol Season 2 Finalist  
Kimberly Caldwell  
7pm**

**FRIDAY JUNE 1ST**

**MEN'S NIGHT  
Amateur Strip Contest 7pm  
Underwear Night 9pm**

**SUNDAY JUNE 3RD**

**Rainbow Celebration's  
Pride Pageant  
9pm**

**PRIDE WEEKEND JUNE 8-9TH**

**FRI 8TH - Drag Queen Jello Wrestling 7pm  
FRI 8TH - Sean Ensign Autograph Signing  
& CD Party (after the concert)  
SAT 9TH - PRIDE PATIO PARTY 12-8PM**

**SUNDAY JUNE 10TH**

**Mr Max 10 Jason's  
"39 ONCE & FOREVER"  
Birthday Show  
9:30pm**

*background:  
Kimberly Caldwell*

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