



The Rainbow Outreach GLBT Resource Center Presents

the

# GAYZETTE

News and Events for the GLBTA Communities

## Lincoln To Fund Queer Youth Counseling

In Nebraska's capital city of Lincoln, majorities on the city council and Lancaster County board took a much-needed step in funding a program designed to help professionals do a better job of counseling gay and lesbian youths.

The \$1,500 in keno tax revenue will be used to create a Web site, hold four seminars, and gather materials for professionals.

Lincoln-Lancaster County Human Services administrator Kit Boesch said that she expects 200 professionals will use the materials to aid in dealing with "hard-to-work-with" teens, the Lincoln Journal Star reported.

Gay and lesbian youth are at high risk for depression and suicide, experts say. In 2001 the American Psychological Association testified in a Senate hearing that suicide was the leading cause of death among gay teens.

The council and county board majorities tried to alleviate any controversy by awarding the contract to the University of Nebraska-Lincoln Health Center instead of the nonprofit PFLAG advocacy group.

That wasn't enough for such critics as Councilwoman Robin Eschliman and County Commissioner Bob Workman, who said the program would undermine traditional values, the Journal Star reported. (The Advocate)



## Crossroads Community Fellowship

Are you at a Crossroad in your life? Are you searching for something to fill a void? Are you seeking answers to questions in your life? Then join us at Crossroads Community Fellowship As we journey together to find ourselves, our paths and our answers.

Crossroads Community Fellowship will meet on Tuesday evenings at 7:30 at The Reading Grounds, located at 3928 Farnam Street. Rev. Wayne Moore, formerly the interim senior pastor of Metropolitan Community Church of Omaha, is the facilitator.

Although Pastor Wayne is not serving the congregation at MCC Omaha, he still considers them family and supports them whole-heartedly. Pastor Wayne returned to Omaha in August after a short stint in Houston, Texas. He says that he is excited to be "home" with the people who loved and supported him in his short time in Omaha, and was eager to return. Pastor Wayne hopes that through the Fellowship, he will be able to continue sharing the all-inclusive love of God with the people of Omaha.

## Nebraska Pride 2007 Theme Contest

By Nate Tedrow PR Chairman

Rainbow Celebrations announces the Nebraska Pride 2007 theme contest.

*(Continued on Page 7)*

**YOU'RE INVITED**

# Something ON Saturday

AT THE GLBT CENTER

There's something fun to do in Omaha each Saturday afternoon - something relaxing, something social, something for everyone. Every Saturday, excluding major holidays, drop down anytime between 1 pm - 6 pm to the Rainbow Outreach Metro Omaha GLBT Center at 1719 Leavenworth to enjoy Something On Saturday.

October 27 , 2006 - November 10, 2006

Published every two weeks by the Rainbow Outreach GLBT Resource Center  
P.O. Box 8583, Omaha, Nebraska 68108 (402) 341-0330  
Web Site: [www.rainbowoutreach.org](http://www.rainbowoutreach.org) email the GAYZETTE: [news@rainbowoutreach.org](mailto:news@rainbowoutreach.org)

**Jeremy & James**  
 Will be hosting Game Day at the Center  
 1719 Leavenworth St  
 Sundays: 2:00pm – 4:00pm

Come down and check out the games we have available or bring your favorite game and show us how to play.

Ages 5 – 105.

Parents ..... bring the kids down and play or read some of the books in our Library while they play.



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## Helping the Center is Easier than Ever!

**The Center is now accepting donations of household items that can be sold on eBay to raise money!**

A special thanks to Cleve Evans for his donations of videos to the GLBT Center library. Thanks Cleve!!!

We accept donations during regular Center hours or arrange for local pickup. We are currently accepting the following types of items:

- Clothing & Accessories
- Working Electronic Equipment
- Houseware & Giftware
- Tools
- Jewelry
- Books
- Music CD's
- DVD's & VHS tapes
- Video Games
- And more....

**If you are not sure if we can accept an item, call (402) 341-0330 or email:**

**auctions@rainbowoutreach.org**  
**and we will be happy to assist you!**  
**Please Remember; All Donations to the Rainbow Outreach GLBT Center are TAX DEDUCTIBLE!!!**



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## GAYZETTE AD RATES, PRINTED COPY AND ON THE WEB

Whole Page	7 1/2 X 10	\$100.00	Half Page	7 1/2 X 4 3/4	\$ 50.00
Fourth Page	3 3/4 X 4 3/4	\$ 25.00	Business Card		\$ 15.00

All ads must be camera ready. Payment must accompany ad. Checks should be made payable to Rainbow Outreach GLBT Resource Center. 10% Discount for on-going ads of any size. Payment and ads should be delivered to the Rainbow Outreach GLBT Resource Center, P.O. Box 8583, Omaha NE 68102 on or before the deadline or emailed to news@RainbowOutreach.org. Please email or call ahead to reserve space. We reserve the right to refuse any ad which we deem to be inappropriate.

**Ad Deadlines:** Friday, Nov 3, for Publication Nov 10th      Friday, Nov 17 for Publication Nov 24th

# FLIXX VIDEO BAR



SAT 10.28

**SPANKCANDY**

Fetish & Fantasy

SUN 10.29

**MASQUERADE**

**BRUNCH & BINGO**

With SALZA & WENDY DEY

MON 10.30

**MONSTER**

**'BUD' BALL**

Cash Prize for Best Costume!

FRI 11.10

**STARS PARTY**

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# Kyle's Bed & Breakfast by Greg Fox

HOW'D YOU GET THE ICE RINK ALL TO YOURSELF?

MY BOSS IS A FRIEND OF THE OWNER. HE GIVES ME A HALF-HOUR A WEEK TO MYSELF.

WHY ARE YOU HERE, STEELE?

WE NEED TO TALK, WATKINS.

I'M SKATING NOW.

I'LL SKATE WITH YOU, THEN.

IT'S YOUR FUNERAL.

SHORTLY...

SURPRISED THAT I CAN PLAY HOCKEY SO WELL? I PRETTY MUCH MASTER EVERY SPORT I PLAY.

YOU'VE GOT SOME GOOD MOVES, I'LL GIVE YOU THAT...

... BUT YOU'RE NOT THAT GOOD.

UNNF!

NNNFF... I GUESS I DESERVED THAT. FOR BEIN' SUCH A PRICK TO YOU ALL THESE MONTHS.

NO COMMENT.

LOOK, BREYER... I'M SORRY FOR ALL THE CRAP I GAVE YOU. THE TRUTH IS, I WAS MAD AT KYLE... FOR SPENDIN' SO MUCH TIME WITH YOU, AND IGNORING OUR FRIENDSHIP.

BUT KYLE N'I WORKED THAT ALL OUT NOW.

ARE YOU IN LOVE WITH HIM?

I WAS. A LONG TIME AGO. BUT I'M OVER IT.

I'M ALWAYS GONNA CARE ABOUT HIM, THOUGH. HE MAY BE OLDER THAN ME, BUT...

... I KINDA FEEL LIKE HIS BIG BROTHER.

I'M NOT GREAT AT EXPRESSING MY FEELINGS, STEELE. ESPECIALLY TO A LUNK-HEAD LIKE YOU.

BUT I LOVE KYLE WITH ALL MY LIFE. I'D SOONER SLASH MY OWN THROAT THAN DO ANYTHING TO HURT HIM.

I'M... GLAD TO HEAR THAT.

WE'RE NEVER GOING TO BE FRIENDS, ARE WE?

WHO KNOWS? BUT... FOR KYLE'S SAKE... I GUESS WE DON'T GOTTA BE ENEMIES.

OFF THE ICE, ANYWAY.

SPEAKIN' OF THAT, I AIN'T LEAVIN' 'TIL I SCORE AT LEAST ONE GOAL ON YOU.

I SURE HOPE YOU'RE WEARING A CUP, STEELE... OR THIS MIGHT GET UGLY.

OH, IT'S ALREADY UGLY...

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OPRAH AND THE LESBIANS • TROPHY CARS

The **Advocate**

www.theadvocate.com  
NOVEMBER 7, 2005

The national gay & lesbian newsmagazine

## Hiding our love

Why are we still afraid to show affection in public?



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bradley@aequalitaslaw.com

## Senior 50+ Group Meeting

\*\*\*Every Third Saturday except Holidays\*\*\*

A new group has begun regular social meetings at the Rainbow Outreach Metro Omaha GLBT Center at 1719 Leavenworth Street. The next meeting is on Saturday, **November 18th**, from 7 until 10PM.

If you're 50 or older, or like to socialize with your older peers, share your experiences and viewpoints, then this group is for you. Not into the bar scene? Then stop in for a visit, enjoy some great conversation, and make some new friends. The event is free and open to everyone.

**Don't be an old Scrooge, come on down and have some fun!**



## Would you like a FREE Copy of the Advocate?

Stop in at the GLBT Community Center at 1719 Leavenworth and pick up a copy. Free while supplies last. Limit one copy per person while 50 copies of each issue lasts.



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*The Imperial Court of Nebraska*  
*presents*  
*Food 4 Thought*

*Emperor, Andrew the 1st & Empress, Michele*  
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*The Lioness' Share*  
*An Imperial Heartland Feast*

*Sunday, November 12, 2006*

*8:00 PM Cocktails - 9:00 PM Show*  
*The MAX*

*[www.imperialcourtofnebraska.org](http://www.imperialcourtofnebraska.org)*

*Pride Theme Contest Continues from front page.....*

Contest starts Nov. 2nd through Dec 1st. Entries should be Emailed to [johnnie@rainbowcelebrations.org](mailto:johnnie@rainbowcelebrations.org). Subject line should read (theme contest). Contest is open to everyone enter as often as you want. Please remember a logo design will be created around the theme. Contest winner will be notified by Rainbow Celebrations. (the winning theme will become the property of RC for promotional use).

Join Rainbow Celebrations and Nebraska Pride 2007 for a benefit show October 29th at 9:30 at Omaha's MAX. all benefit show proceeds will benefit Nebraska Pride 2007.

Meeting dates for Nebraska pride 2007 will be Tuesday November 7th and 21st at RC offices check our website at [rainbowcelebrations.org](http://rainbowcelebrations.org) for official information at meeting times. For additional information contact [nate@rainbowcelebrations.org](mailto:nate@rainbowcelebrations.org)

## **Toyz for Totz 10th Leather Show and Dungeon**

**Saturday, Dec 9 at DC's**

At 6PM. Saturday, Dec. 9. L2EP will host a streamlined fund-raising event for "Toyz 4 Totz," featuring a show and dungeon party at DC's in Omaha. This event will provide toys and gifts for approximately 125 children served by the Nebraska AIDS Project. There will be a hot leather show, female impersonation, raffles and auctions. If you would like to support this worthwhile cause, but will not be able to attend the event, dona-

tions may be sent to PO Box 11341, Omaha, NE 68111. All funds raised will be presented to ICON Totz 4 Totz show on Dec 10th and combined will give the children with or affected by AIDS a better Christmas.

More information is available at [www.l2ep.com](http://www.l2ep.com).

### **Quote, Unquote.....**

Life in Lubbock, Texas, taught me two things: One is that God loves you and you're going to burn in hell. The other is that sex is the most awful, filthy thing on earth and you should save it for someone you love.

Butch Hancock

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**Attention: Omaha Area GLBT Homeowners in Trouble! There is a Solution!**



**Candice Zoucha - Omaha, NE**

Many Omaha area gay and lesbian homeowners who have had trouble with credit cards and so on have found that there is *one* place in Omaha where they can be treated with respect.

No "better than you" attitude, no "b.s.", no guilt just for being gay or lesbian.

At last, finding financial help doesn't have to be like a "coming out" at Thanksgiving dinner with everyone pointing fingers, and finding fault.

Mindy Hahne, of Service First Solutions in Omaha's Midtown area works at a GLBT friendly outfit that *specializes* in helping Omaha area GLBT homeowners in need.

Hahne says she takes great pride in being gay and lesbian friendly. And treating the folks she helps like family.

"A lot of people in the GLBT community don't realize that even *without* gay marriage, or civil unions, there are already several equal protections in place for gay and lesbians as real property owners! Maybe because *no one else* wants to tell you about them!" Mindy says.

"Being gay or lesbian doesn't have to be a barrier to equal treatment anymore!" Hahne says.

Hahne has helped many gays and lesbians over the years, many personal friends.

"I am the one person in town that *specializes* in helping gay and lesbian folks with debt consolidation, cash out, credit repair and so on!" Hahne says.

"These are good people with damaged credit reports and/or hard to prove income! Not through any fault of their own! I *specialize* in helping the gay and lesbian community get a *fair shake* from the financial industry!" Hahne says.

Hahne says she has a lot of connections to Wall Street money, "I have personal relationships with investors *nationwide*, even *internationally*! Fair-minded people who want to fund loans for people with past credit problems!" she says.

"Many of them have a social conscience! And they take pride in helping gay and lesbians in particular! Just like I do! They use my *proprietary* system as their own little bit of "*social activism*!" Hahne says.

These investors are people who buy "pools" of mortgages of 50 million dollars at a whack! 50 million bucks! It's taken me 5 long years and it's been *really* hard to find these "fat cats!" People who are "like-minded" about what I do for the Omaha gay and lesbian community!" Mindy says.

"Not only is it *illegal* to discriminate against the GLBT community, it's just plain *wrong*!" Hahne says. "The self-limiting perceptions held by some in the community are just as much of a problem as the crooked people who perpetrate the discriminatory practices themselves!" she says.

Hahne says, "It's my *personal mission* to change the mindsets! And to *liberate everyone* from the restraints!"

"I grew up in a house where we didn't have much money! And my parents understood just how money *really* works even less! Nowadays, it's a lot of fun for me to help people get control over their money and their lives!" Mindy says.

**Mindy Hahne can be reached at 934.9248.** "I'm *really busy*, so those who don't get a live answer from me need to leave a detailed message and then give me at least 24 business hours to return the call!" **Or to learn more, you can call 800-223-6724...option 1...then ext 8619.** Just listen in to the free-recorded message. [www.GLBTHomeLoanInsider.com](http://www.GLBTHomeLoanInsider.com)

Service First Solutions is licensed in NE and IA, is an Equal Housing Lender, an "Honor Roll" member of the Better Business Bureau and supporters of the gay and lesbian community, the American Red Cross and Habitat for Humanity.

**The preceding is a paid advertisement.**

**Did you know that you can see the entire *GAYZETTE* on our web site?**

**Go to:**

**[www.rainbowoutreach.org](http://www.rainbowoutreach.org)**

**And click on the Publications link. George W. Bush reads the Gayzette. (Ok, he just looks at the pictures.)**

**A Night In the Underworld**

**Mark your calendars October 29th.**

The place to be The Max come see Raven Randt in Raven's Midnight Escapades, a Night In the Underworld.

Scheduled to appear: Miss Raven Randt, Miss Max Robbi Jean, Holly Day, The Evil Rodger D and Trina Tabloid. Special guest Iris Aspire Jackson from Des Moines.

A fundraiser for Rainbow Celebrations & Nebraska Pride 2007.

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**However you do it, you're welcome here.**

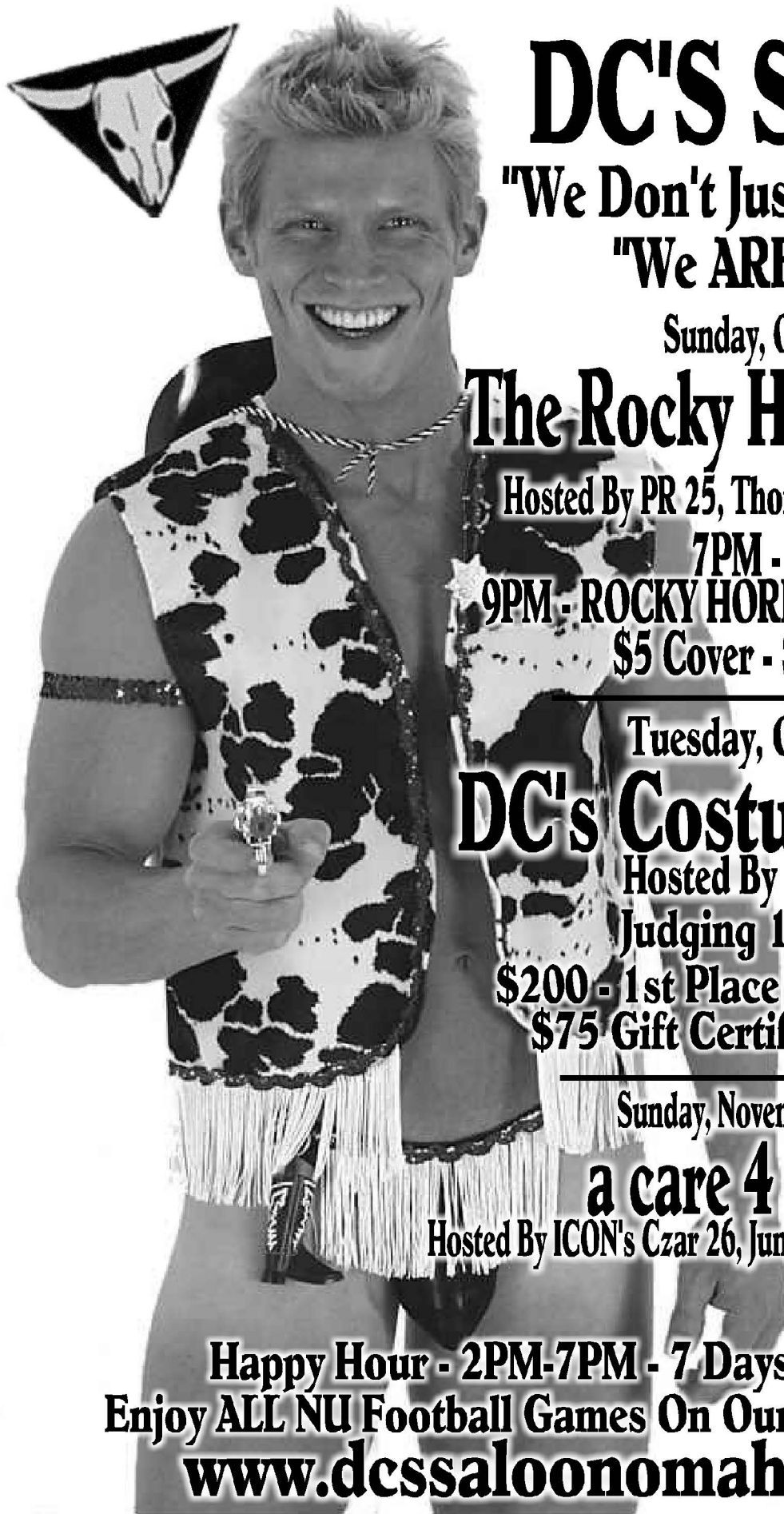
**Low Avenue Presbyterian Church  
1023 N. 40th, Omaha**

**Sunday services 10 a.m.**

**Rainbow Bible Study 6:30 p.m.  
Saturdays.  
(Now reading Proverbs)**

**Call the church at 551-5207 or  
Cleve Evans at 733-1360 for  
more information.**





# DC'S SALOON

"We Don't Just Play Cowboys"  
"We ARE Cowboys"

Sunday, October 29th

## The Rocky Horror Theatre

Hosted By PR 25, Thomas, Benefit For MPower

7PM - CARRIE

9PM - ROCKY HORROR PICTURE SHOW

\$5 Cover - \$2 Prop Bags

Tuesday, October 31st

## DC's Costume Contest

Hosted By Mr. DC's Jon

Judging 12 Midnight

\$200 - 1st Place \$125 - 2nd Place

\$75 Gift Certificate - 3rd Place

Sunday, November 5th, 9PM

## a care 4 the cure

Hosted By ICON's Czar 26, Junior, Benefit For Breast Cancer

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# GAYZETTE COMING EVENTS

The GLBT Center welcomes gay, lesbian, bisexual, transgender, and allied persons; we encourage all to attend GLBT Center events and activities. We celebrate unity and diversity - sexual orientation, gender identity, sex, race, religion, age, ability, ethnic and national origin.

**SUNDAY NOVEMBER 5TH**  
**DIAMOND FOUNDATION**, GLBT Scholarship Benefit at The Q, 9:30PM

**SATURDAY DECEMBER 9TH**  
**LIGHTING THE FIRST GLBT HOLIDAY TREE**, details to be announced

**SUNDAY DECEMBER 10TH**  
**GLBT SCHOLARSHIP DINNER**, Old Market Event Center, 6PM

## WEEKLY EVENTS

**Every Sunday**  
**WORSHIP SERVICES:**  
**DIETZ METHODIST** 1423 S.10, Coffee-house casual downstairs at 9am, Traditional Worship at 11am

**EPISCOPAL GLBT FELLOWSHIP**, St. Andrews Church, 84th & Pacific, 6-7PM, email: EpiscopalGLBT@yahoo.com  
**FIRST CENTRAL CONGREGATIONAL CHURCH, UNITED CHURCH of CHRIST**, info at: www.firstcentral.org

**FIRST UNITED METHODIST** 7020 Cass, 8:30 & 10:45am services

**FIRST UNITARIAN** 3114 Harney, 11am services

**LOWE AVE PRESBYTERIAN**, 1023 N 40 10am service

**METROPOLITAN COMMUNITY CHURCH OF OMAHA** 819 S. 22, 345-2563 Sunday Worship: 11am

**NA-RAINBOW GROUP**, Narcotics Anonymous, every Sunday at 6PM, MCC-Omaha, 819 South 22nd St., for info contact Kip K. at 612-4648

**SECOND UNITARIAN**, 10:30am Sunday service, 3012 South 119th St., Omaha NE

**TRANSGENDER DROP-IN**, 2PM to 4PM at the GLBT Center, 1719 Leavenworth St. (excluding major holidays)

**UNITY CHURCH OF OMAHA**, 3424 N. 90, Omaha, 10:30am service and Wednesday meditation service at 7pm

**HASTINGS COLLEGE GSA** 8PM  
FFI: Judy Sandeen (402) 461-7372

**LINCOLN WOMYN'S POTLUCK** Cheryl  
474-1937 11:30am-4pm

**WIMMIN'S SHOW**, KZUM 89.3 12:30pm

**RIVER CITY II MIXED BOWLING**, 3pm.  
Maplewood Lanes,

**GAMES DAY AT THE GLBT CENTER**, 1719 Leavenworth, 2PM to 4PM

**GAY MEN'S ALCOHOLICS ANONYMOUS** 4pm Lowe Avenue Presbyterian, 1023 N. 40 St Info call Mark 639-3055

**Every Monday**  
**A A RAINBOW RECOVERY**, an AA group meeting at the MCCO Church at 6pm. Call 612-4648 for more info. Starting April 10th 2006

**A A GLBT "RAINBOW GROUP"**  
Meeting Place, 28 & S, Lincoln, 7:30 pm

**GAY/BI/STRAIGHT SUPPORT GROUP**  
**HIV+ MEN**, 7pm every Monday, NAP, 2147 S. 15th St., Lincoln NE, contact Nick or Rick at 402-476-3144

**RIVER CITY MIXED CHORUS REHEARSALS**, 6:45PM—9:15PM, First United Methodist Church, 7020 Cass St.

**Every Tuesday**  
**HASTINGS COLLEGE ALLIANCE**, meet Tuesdays at 7PM (when college is in session). Please contact Dr Antje Anderson at [aander-son@hastings.edu](mailto:aander-son@hastings.edu) or Judy Sandeen at [jsandeen@hastings.edu](mailto:jsandeen@hastings.edu) for further information.

**UNL LESBIAN/BI/QUESTIONING SUPPORT GROUP**, 7-8:30PM, Women's Center, Nebraska Union, Lincoln, 472-5644

**Every Wednesday**  
**AA FOURTH DIMENSION**, 7pm, Open to men and women, 219 North 48th Street

**WORSHIP SERVICES**  
**MCC OMAHA**, Bible Study, 7pm

**UNITY CHURCH OF OMAHA**, 7pm

**HIV TESTING**, 1:30-4 pm NAP, 139 S. 40 St., results in one week

**HIV TESTING LINCOLN**, 4-7 pm, using Orasure, results in one week; results in 20 minutes on the last Wednesday of the month. 2147 South 15th #476-7000

**FRONTRUNNERS RUN/WALK** 6:30pm, Elmwood Park Parking Lot by softball field, Omaha

**LGBT A A** 7:30pm, Alcohol Ctr 2116 W. Faid-

ley, Grand Island. Peggy (308) 226-8286, Center (308) 398-5427

**KARAOKE W/ STACY** 8:30pm DC's

**Every Thursday**  
**HIV TESTING** 7-9pm, NAP, 139 S. 40th Results available in one week

**KARAOKE** 9pm, Connections Bar

**FREE CONFIDENTIAL ANONYMOUS HIV TEST**, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

**Every Friday**  
**AA ALTERNATIVE MEETING**, 7pm, open to men and women, at Lowe Avenue Presbyterian Church in the basement, 1023 North 40th Street

**AA LIVE & LET LIVE**, 8:15pm, Open to men and women, at Underwood Hills Presbyterian Church, 851 North 74th Street

**GLBT CENTER YOUTH NIGHT**, 5PM to 9PM, for ages 13 to 23. Youth sponsored and organized activities, under adult supervision. Every Friday, excluding holidays. 1719 Leavenworth Street

**GLBT AA** 7PM to 8PM, Lowe Avenue Presbyterian, Call 556-8364, ask for Sanford

**GLBT SEXUAL COMPULSIVE ANONYMOUS**, (SCA), A program of recovery, 8pm to 9pm, call Tony at 933-1318

**HIV TESTING** 5-10pm, NAP, 139 S. 40th Results available in 20 minutes

**FREE CONFIDENTIAL ANONYMOUS HIV TEST**, UN-L 472-7447, 2:30 to 4:30pm, University Health Center Room 164 (next to Pharmacy on the first floor), Orasure test, no needles, Lincoln NE, results in one week

**READING GROUNDS GAYME NIGHT**, Music, laughter & board games. 23yrs. Old & up, 40th & Farnam St., 502-2008

**RAINBOW BIBLE STUDY**, 6 to 7:30PM, Lowe Ave. Presbyterian, 1023 No. 40th St.

**Every Saturday**  
**SOMETHING ON SATURDAY**, 1 to 6PM, Rainbow Outreach GLBT Community Center, 1719 Leavenworth Street. Something to do on a lazy Saturday afternoon. Come on down and relax, socialize or just read a book.

**AA SATURDAY AFTERNOON**, 1:30pm, Open to men and women, 219 North 48th Street, call 402-558-0733 for more info

**PROUD HORIZON YOUTH GROUP** 4-

## MONTHLY EVENTS

### 1<sup>st</sup> Tuesday

**CENTER LIBRARY FAIRIES**, 7PM. Bookworms become butterflies. Stretch your wings helping the Center library. No experience necessary to volunteer.

Drop-in to the GLBT Center, 1719 Leavenworth.

**VOLUNQUEER DROP-IN**, at the GLBT Center. Be a "VolunQueer" and help out. Spend an hour or two volunteering at the Center - 6:30PM No special skills or ongoing commitment required. VolunQueers have fun and make a difference.

### 1<sup>st</sup> Friday

**LINCOLN MIXED CHORUS** 6:30pm, Unitarian Church, 6300 A, Lincoln

**FIRST FRIDAY COFFEE HOUSE** 8pm, Musicians, poets, open mic, First Unitarian Church, 3114 Hamey, Omaha

### 1<sup>st</sup> Saturday

**RIVER CITY GENDER ALLIANCE**

No Current RCGA Information Available

### 1<sup>st</sup> Sunday

**GAY GUYS SPAGHETTI NIGHT**, at a Lincoln restaurant, call 402-483-6183 to reserve a seat up until the day before

### 2<sup>nd</sup> Tuesday

**CENTER WESTERN IOWA COMMITTEE**, 6:30PM at the GLBT Center, 1719 Leavenworth, Omaha. For details, visit RainbowOutreach.org

### 2<sup>nd</sup> Thursday

**PFLAG- OMAHA**, 7pm, First United Methodist Church

### 2<sup>nd</sup> Saturday

**LEARNING TO EXCHANGE POWER** L2EP@aol.com 2pm; DC's Saloon

### 2<sup>nd</sup> Sunday

**INTEGRITY** 6-7:30pm, St. Marks, Lincoln

### OUT SECOND SUNDAY SCREENING

(glt film shown at 7:00pm followed by discussion) First Unitarian, 3114 Harney

### 3<sup>rd</sup> Monday

**IMPERIAL COURT OF NEBR** 6:30pm, Doubletree Hotel Downtown, www.icon.impcourt.org

**PFLAG SOUTH CENTRAL**, Meeting on 3rd Mondays at First Congregational United Church of Christ, 7th and Marian St., Hastings NE, 7PM, email jsandeen@hastings.edu or pat@datacc.net

### 3<sup>rd</sup> Tuesday

**VOLUNQUEER DROP-IN**, at the GLBT Center. Be a "VolunQueer" and help out. Spend

an hour or two volunteering at the Center - 6:30PM or 7:30PM, your choice, whenever it fits your schedule. No special skills or ongoing commitment required. VolunQueers have fun and make a difference.

### 3<sup>rd</sup> Thursday

**LES/BI/GAY BOOK DISCUSSION GROUP**, Village Inn, 78th & Dodge, 7 PM

### 3<sup>rd</sup> Friday

**GAY/BI SUPPORT GRP FOR HIV+ MEN** 6-8pm NAP, 220 S. 17, Lincoln, 476-7000.

**LINCOLN MIXED CHORUS** 6:30pm, Unitarian Church, 6300 A, Lincoln

**COFFEE HOUSE** Unitarian Church, 6300 A, Lincoln

### 4<sup>th</sup> Tuesday

**PFLAG-CORNHUSKER** Unitarian Church, 6300 A, Lincoln, 7 p.m.

**YOUTH HIV TEST** Lighthouse, 2530 N, Lincoln, ages 13 to 18, FFI: 475-3220. 3-5:30 pm

### 4<sup>th</sup> Friday

**LEO LEATHER ENGINEERS— OMAHA**  
Not currently meeting.

### 4<sup>th</sup> Saturday

**FREE MATINEE MOVIE**, at the GLBT Center, 1:30PM, Bring a snack to share, everyone is welcome, 2nd and 4th Saturdays every month

### LAST Wednesday of each month

**READING GROUNDS NAKED WORDS OPEN MIC POETRY NIGHT**, The Reading Grounds, 40th & Famam St., 7:00 PM

### LAST Sunday of each month

**REAL FAMILIES** Omaha-area families headed by gay/lesbian parents, Margaux at 561-6738 or email MargauxPolo@aol.com

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OMAHA, NE

Monday

December 4, 2006

7:30 PM

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*And click on the Publications link.  
George W. Bush reads the Gayzette.  
(Ok, he just looks at the pictures.)*

# GLBT RESOURCE LIST

## OMAHA BASED

- BiMenNebraska**, Social Support for Bi and BiCurious Men <http://groups.yahoo.com/group/BiMenNebraska> and <http://groups.yahoo.com/group/Bi-MEN-MIDWEST>
- Citizens for Equal Protection** 1105 Howard St. Suite 2, Omaha NE 68102, 398-3027 [www.cfep-ne.org](http://www.cfep-ne.org), email to: Michael@cfep-ne.org
- Diamond Foundation**, GLBT Scholarships, Mentoring and Leadership, call 877-87-DIAMOND or see [www.diamond-foundation.org](http://www.diamond-foundation.org)
- Family Foundations** Therapy for individuals, couples or families, for info call 558-3856
- First Central Congregational Church UCC**, 421 South 36th St., 402-345-1533, [www.firstcentral.org](http://www.firstcentral.org), GLBT-affirming
- First Lutheran Church**, 542 So. 31st St., 402-345-7506, GLBT Friendly [www.firstlutheranomaha.org](http://www.firstlutheranomaha.org)
- First United Methodist Church**, 7020 Cass St., 402-556-6262, [www.fumcomaha.org](http://www.fumcomaha.org), GLBT-affirming
- Flat Water Bears**, (group disbanded)
- Front Runners/Walkers**, Wednesdays at 6:30pm, Elmwood Park Parking Lot by softball field, Omaha
- GALO (Gay & Lesbian Org at UNO)** [www.angelfire.com/home/GALO](http://www.angelfire.com/home/GALO) contact: unogalo@hotmail.com or SPO (Student Organizations) at 554-2711.
- Gay Lesbian Straight Education Network - Omaha**, Box 641676, Omaha 68164, 712-325-0117 <http://www.glsenomaha.org>
- GayLibrary.com**, World Wide Resources
- Heartland Gay Rodeo Association** Box 3354, Omaha 68103
- Ice Bowl Invitational Bowling Tournament (IBIT)** P.O. Box 31838, Omaha, 68131 R. Hollendieck (402) 556-5556
- Imperial Court of Nebraska**, Box 3772, Omaha 68103 556-9907, Board Meets 3<sup>rd</sup> Monday, Doubletree Hotel Downtown, [www.icon.impcourt.org](http://www.icon.impcourt.org)
- Learning to Exchange Power**, L2EP@aol.com; Social, educational group novices in Leather, S/M, B/D Lifestyle
- Leather Engineers of Omaha (LEO)** Box 8101, Omaha, 68108-8101 Gay men in leather lifestyle, not currently meeting
- LinOma Bares**, Box 24547, Omaha 68124 Nudist/ Naturist Club for gay/bi men Info: Linomabares@yahoo.com or call Eric at (402) 553-5944 or Tim S (712) 527-5887
- Low Avenue Presbyterian Church**, 1023 No. 40th St., fully open to GLBT's,
- Mpower Program**, 139 S. 40, Omaha 68131 email: mpower@nap.org website: [www.mpower-nap.org](http://www.mpower-nap.org) phone: 402.552.9260x20, Holistic Gay Men's Health Program
- Metropolitan Community Church of Omaha**, 819 S. 22 St., Omaha 68108 345-2563, [mccomaha@mccomaha.org](mailto:mccomaha@mccomaha.org) Website:[www.mccomaha.org](http://www.mccomaha.org) Sunday Worship 11am, Wed Evening Bible Study at 7pm
- NA Rainbow Group**, Narcotics Anonymous, meets every Sunday at 6pm, MCC-

- Omaha Church, 819 South 22nd St
- Nebraska AIDS Project**, 552-9260 Watanabe Wellness Ctr, 139 S. 40, Omaha 68131, Testing Wed from 1:30-4PM by appointment only, Thurs 7PM-9PM results in a week, Fri 5PM-10PM with 20 minute results Call 402-552-9255 info
- NebraskaEquality.org**, Find out everything about Nebraska and the GLBT Community
- Nebraska GLBT Events**, Community Events Calendar web site, see [www.NebraskaGLBTEvents.com](http://www.NebraskaGLBTEvents.com)
- Nebraska Zen Center**, Soto Zen Buddhist, 3625 Lafayette Ave., 402-551-9035, [www.prairiewindzen.org](http://www.prairiewindzen.org) GLBT inclusive
- The 'Ohana Group**, (GLBT / Non-traditional Family group), email to: Theohanagroup@msn.com
- Omaha Bi Married Men** Yahoo Group <http://groups.yahoo.com/group/OmahaBiMarriedMen>
- Omaha Nebr Gay Pride WebPage** <http://ONGP.com>; email to: omahanegaypride@cox.net or ongp@cox.net
- Onyx Images**, Box 31026, 68131-0026 Social/Support Organization for African American Males age 21 and over
- Out and About in Nebraska**, website: [www.travel.to/outabout](http://www.travel.to/outabout) Email: NeOutAboout@yahoo.com
- OUUT (Omaha Unitarian Universalists for Tolerance)** First Unitarian Church, 3114 Harney, 68131, 345-3039, [www.ouut.org](http://www.ouut.org)
- Parents and Friends of Lesbians And Gays (PFLAG) Omaha Chapter** Box 390064, Omaha, 68139-0064 291-6781 Website:[www.pflag-omaha.org](http://www.pflag-omaha.org), email [info@pflag-omaha.org](mailto:info@pflag-omaha.org) Meet 2<sup>nd</sup> Thurs, 1st United Meth, 7020 Cass
- Proud Horizons Youth Group**, Sat Afternoon, info: (402) 291-6781 or email [proudhorizons@yahoo.com](mailto:proudhorizons@yahoo.com)
- Rainbow Outreach GLBT Resource Ctr**, 1719 Leavenworth, Omaha, 341-0330
- Rainbow Bible Study**, Fridays, 6-7:30pm, Lowe Ave Presbyterian, 1023 N. 40 St.
- Rainbow Celebrations**, PO Box 8488, Omaha, 68108, 402-212-6302 locally, 866-NE-PRIDE toll free, sponsors of annual Gay Pride & National Coming Out Day, for complete information see [www.rainbowcelebrations.org](http://www.rainbowcelebrations.org)
- Real Families**, Omaha-area families headed by gay/lesbian parents, meet last Sunday of every month. Info: Margaux at 561-6738 or email MargauxPolo@aol.com
- River City Gender Alliance**, No Current RCGA Information Available
- River City Mixed Bowling II** 3pm, Sundays, Maplewood Lanes, Omaha Norma Harrison (402) 731-5706
- River City Mixed Chorus**, Box 3267, Omaha, NE 68103, 402-341-SING Website: [www.rcmc.org](http://www.rcmc.org)
- SNAP Productions**, Box 8464, Omaha, NE 68108 [www.snapproductions.com](http://www.snapproductions.com)
- Temple Israel Synagogue**, 7023 Cass St.,

- 402-556-6536, member of the Union for Reform Judaism, GLBT inclusive
- Unity Church of Omaha** 3424 N. 90, Omaha, Sunday worship: 10:30am Wednesday meditation service 7pm; 571-1344; [www.unityomaha.org](http://www.unityomaha.org)
- WomenSpace**, no current info is available

## LINCOLN BASED

- GLBT and Ally Programs and Services at UNL**, D. Moritz, Assistant Director, 402-472-1752 email: [dmoritz2@unl.edu](mailto:dmoritz2@unl.edu) Located in Student Involvement Office of the Nebraska Union, Room 200.
- Gay/Lesbian/Bi/Straight Alliance** 2229 J St., Lincoln 68510 (402) 436-1301 ext. 232 Ruth Kupfer
- Gay Men's Support Group**, UNL Health Center, Counseling & Psychology, Rm. 214, Lincoln 68588-0618 472-7450
- Lesbian, Bisexual and Questioning Women's Discussion Group**, University of Nebraska, Lincoln Women's Center (sponsor), Room 340, Nebraska Union, Lincoln 68588-0446. 402/472-5644.
- Nebraska AIDS Project**, 2147 S. 15th St. Lincoln, NE 68502. (402) 476-7000
- Mixed Chorus**, Rehearse 1st & 3rd Fridays, Unitarian Church, 6300 A, No auditions, Just a desire to sing, info contact Scott at [sdorchid@neb.rr.com](mailto:sdorchid@neb.rr.com)
- Omaha Women's Riverboat Cruise**, 4949 N. 73rd, Lincoln, 68507 467-5737
- Parents, Friends of Lesbians & Gays, Cornhusker Chapter**: Box 30128, Lincoln 68508, Meet 4<sup>th</sup> Tues, Unitarian Church, 6300 A, email to Barbara Kimberly, [jbkiber@hotmail.com](mailto:jbkiber@hotmail.com). Website: <http://pflag.ineb.org/>
- Plainsmen**, Support FTM's (Female to Male) Drag Kings TV Butches, 402-820-1267
- SAGE**, Box 22043, Lincoln 68542 Coffee House 2<sup>nd</sup> Sat, 6 - 9pm, Lesbian Videos 7:15pm, 3319 S. 46
- Sexuality Education eXchange**, University Health Ctr, 15th & U, Rm.12h, 472-7447 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu) Comprehensive, inclusive sexuality/sexual health info, resources/referrals including sexual orientation, ally and diversity training.
- Straight Spouse Support Grp** 402-429-6094
- Trevor-24-hour National Suicide Hotline for GLBT and Questioning Youth** 1-800-850-8078 or email: <http://www.thetrevorproject.org/helpline.html>
- TriCity GLBT**, serving Central Nebraska, web site at <http://www.tri-city-glb.com/>
- UNL Committee on GLBT Concerns**, Contact Pat Tetreault, c/o University Health Center, 15th & U Streets, Rm. 12h Lincoln, NE 68588-0618, (402) 472-7447 or email: [ptetreault1@unl.edu](mailto:ptetreault1@unl.edu)
- Women In Trades/YWCA**, 1432 N St., Lincoln 68508; 434-3494,
- Youth Support Group**, (402) 434-9880

## Iowa Based

- Council Bluffs Equality**, [www.cbequality.org](http://www.cbequality.org)
- Iowa Equality**, GLBT -allied against change to the state and federal Constitutions, <http://www.IowaEquality.org>

## List Your Organization HERE !!

## GLBT Travel Specialist

Whether you are attending a GLBT event or just want to get away, I can assist in planning a memorable vacation to any destination in the world!



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Location: First United Methodist Church  
7020 Cass, Omaha, Nebraska  
Web Site: [www.pflag-omaha.org](http://www.pflag-omaha.org)

P.O. Box 390064  
Omaha, NE 68139-0064

HELPLINE  
(402) 291-67681

## Where Can You Find The Gayzette?

### Omaha:

Connections, 1901 Leavenworth	933-3033
The Diamond, 712 South 16th Street	342-9595
DC's Saloon, 610 South 14th Street	344-3103
Dixie Quick's, Restaurant 20th Leavenworth	
Flixx 1019 South 10th Street Omaha	408-1020
The Max, 1417 Jackson	346-4110
The Reading Grounds, 3928 Farnam Street	502-2008
Metropolitan Community Church, 819 South 22nd Street	
Omaha Mining Co., 1715 Leavenworth	449-8703
Mystery Bookstore, 1422 South 13th St	
Nebraska AIDS Project, 139 South 40th St	552-9260
Next Millennium, 2308 North 72nd Street	
Rainbow Outreach Metro Omaha GLBT Resource Center, 1719 Leavenworth St.	

### Lincoln:

Panic Bar, 200 South 18th Street (as available)	435-8764
Q Bar, 226 South 9th Street (as available)	475-2269

### Iowa:

Adult Emporium, 1 blk. So. of 32nd & Broadway, Council Bluffs

Would you like to have the Gayzette at your Place of business? Email your request to: [news@rainbowoutreach.org](mailto:news@rainbowoutreach.org)

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# The Fitness Corner



Stress in the morning and stress at night; stress is that thing I just can't fight. Or can you? Happiness is knowing that you can control the impact stress has on your life. This is important since stress has been linked to 70% of all illnesses. In addition, stress is directly related to negative health behaviors such as alcohol and drug abuse, and to psychological problems, such as anxiety and depression. This is no good my friends! Pay close attention and I'll make it all feel better!

Most stress is caused by inadequate time management. What do you want out of life? Write it all down on paper and then go back and prioritize. You can't do it all so you will need to leave some of the items on the editing floor. Make a schedule of what you want to do each day or week and then stick to this schedule like a dutiful liege. Monitor this schedule and make changes accordingly as time marches on. It sounds so doggone simple but most of you don't listen to this sage advice. You watch American Idol when you should be washing the dishes or you gossip ad infinitum with Patty and Selma when you should be giving the dog his much needed bath. Don't waste time on this pettiness unless of course you like this pettiness and it is part of your schedule.

When you don't prioritize and you try to force 36 hours into a 24 hour day, the first item up for sale is sleep. Did you know that lions sleep about 20 hours each day. That's quite fascinating but you will not need exactly that much of the forty winks! The average human adult needs between seven and eight hours of repose per night. You might believe you can maintain much less sleep than that each evening but stress will eventually get the better of you over the years. The Grim Reaper will just bide his time. The following are numerous suggestions for pleasant dreams: 1) Go to bed at the same time each night. 2) Don't exercise right before bedtime. 3) Avoid eating meals shortly before lights out. A light snack is fine. 4) Don't watch TV in the bedroom. 5) Sleep in a cooler than normal room. 6) Avoid excessive alcohol. It causes restless sleep.

All work and no play make Jack a dull boy! You don't exactly want to emulate Jack Torrance at the Overlook Hotel. I could spout off a whole slew of abominable statistics and enlighten you on how much more that people are now working than they were fifty years ago. But I won't. You're certainly keenly aware of this situation. When time's at a premium, the factors most neglected are personal health, relationships with the kiddies, and marriage or romantic time with the significant other. Recreation and leisure should be important components of your daily schedule. Why do you think the Japanese live so long? They work so much less than us Americanos and they love their play time. You can make your millions by the age of 40 but it ain't gonna help ya if the stress sends ya packing early for that plot of land in Boot Hill. Be sure to factor in some moderate sessions of shenanigans along life's yellow brick road!

There are several relaxation techniques that might help you push your stress to the back of the line. The nominees for outstanding relief methods are the quick fix, prayer, and positive thinking. The quick fix means taking a five minute timeout from the rat race. Go to a quiet spot, loosen your clothing, remove your shoes, and shut your eyes. Inhale deeply for about five seconds and then exhale slowly for about ten seconds. Repeat this several times. Now mentally picture something pleasant like a lake, a cloud, or Jamaica. Keep relaxing and breathe deeply. After five minutes, stretch briefly and head back to the real world with renewed vigor.

The next technique is prayer. Studies have indicated that prayer can decrease blood pressure and can be a tremendous source of comfort. Prayer can provide confidence to function more effectively and thus reduce stress from your rigors of life. Catholic, Muslim, Buddhist, Protestant, Wiccan, or Taoist. It makes no difference. Try embracing the power of prayer.

Finally there remains positive thinking. This is simple but not always followed. Do whatever it takes to create a positive mood when you have excessive stress. You do not want to dwell on any negative feelings. Always picture the positive side of life. Those that do this are those who prosper.

Stress can be indeed harmful; stress can be quite a mighty hell; Stress ye now know must be managed for ye to be well!

Ron Blake is a Certified Personal Trainer and Owner of Blake Fitness in Phoenix. He can be reached at 480-241-5651 or on the web at [www.blakefitness.com](http://www.blakefitness.com).

## He Is A She!!

### How Typical

By Michael McManus

It was a typical Friday night. I just cracked open a can of PBR and was lying in my bed trying to get the motivation to get ready to go out.

A friend of mine was visiting town and said he was planning on bringing me to a "show." Of course I agreed-I'm a huge fan of the arts and was excited to see what this "show" was all about. This, however, wasn't your typical theatrical event. This "show" my friend spoke of wasn't a vocal performance, nor was it the reading of dramatic prose.

He mentioned names along the lines of "Dominique Diva Moore," "The Princess" and "Falesha Savage." Very original titles, but definitely ones you don't hear often. I began to realize

what I was about to witness. I was about to experience my first drag show.

Now I'm not going to lie, I've seen drag queens before. I actually took a piss in a neighboring urinal next to one a few months back. I respect them for what they do, but at the same time don't understand their desire or motive to dress up as a woman.

By the time my friend arrived, I was raring to go. We cracked open a box of Franzia wine to calm the nerves and headed out to see what these "ladies of the night" had in store for us.

The show was at a small bar called FLIXX. It's located on 10th and Pacific Street and is literally one of the nicest clubs I've been to. They call it a video bar and they played a lot of mean '80s dance videos. After watching a little "I Wanna Dance With Somebody" by good old Whitney, I headed over to the bar to see the goods.

"One Wild Turkey and diet please." I know, what a lush. I, however, had an excuse because not more than 15 feet before me was the stage, and I had only five minutes to booze it up before the action began.

The audience became quiet, and the MC entered from the back curtains. This wasn't your average man: he wasn't even a man at all. The MC is what they refer to as a "drag king." Say what? I know, I was just as shocked as you. These ladies literally draw on facial hair, tie down their boobs, throw a sock in their pants and play the role of men a lot better than most of the gentlemen in the audience.

The most amazing thing was that she sounded like a man. Without further ado, he introduced the drag queens. At this point I already had two Wild Turkeys down, and I was ready for what these "queens" had in store.

The lights dimmed and the music began; it was a remix of "Everyday" by Kim English, and I was digging the tunes. Then, like a bat out of hell, out she came. Wow! Her name was Ashley Simone, and all I could do was stare. I kind of felt bad for some of the ladies in the audience, because she was definitely putting them all to shame. Ashley was a petite African American diva with a Whitney Houston vibe. Midway through the performance I totally forgot she was a he, and was under the impression that I was watching the one and only Whitney from ten feet away! I was absolutely amazed.

Her performance was over pretty quick and many others followed including more of the drag king. One particular king, I believe he went by the name "Big Papa," sang a mean rendition of Jay-Z's "Big Pimpin." It was tight, and he even came over and did a little personal serenade to yours truly. Oh big papa.

The show lasted about two hours and was well worth the \$5 cover charge. The bartenders were extremely generous and after three Wild Turkeys and four beers I was feeling the love from everyone at FLIXX.

Finally, to make things clear, drag queens are very different from people who live their lives as transgender individuals. According to Brett Avilla, a former drag queen, "Dressing up in drag is something I do for fun, it doesn't mean I want to be a woman, it's just something that makes me and the people watching laugh."

Although I still don't understand why some have the desire to dress in drag, I do realize one thing. It's entertainment. It doesn't matter if you understand it. The performers enjoy dressing up, and hell, I enjoyed watching it.

Send questions and comments to [mmc-manus@mail.unomaha.edu](mailto:mmc-manus@mail.unomaha.edu)

This article was reprinted from The Gateway  
Site URL: <http://www.unogateway.com>

## Quote, Unquote

I was raised Roman Catholic, and according to the Catholic Church it's okay to be homosexual, as long as you don't practice homosexuality. Which is interesting, because I think it's okay to be Catholic, so long as you don't practice Catholicism.

Bob Smith

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*Background Picture:  
Hedda Lettuce*

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